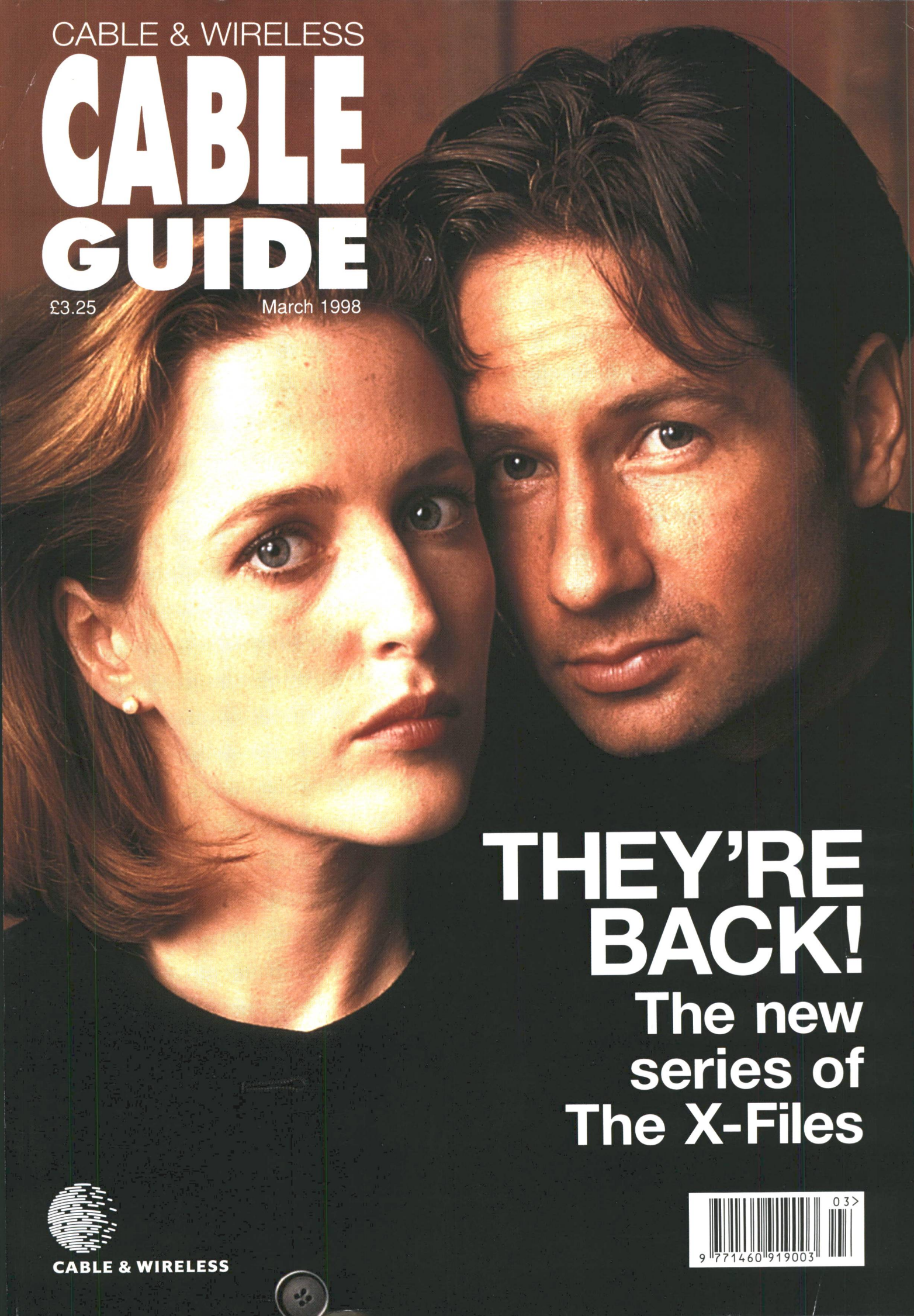


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March 1998



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Hello, Borgs

Setting phasers to stun in
Star Trek: Voyager is new
crew member Seven of
Nine. The character, half
Borg and half human, sports
a figure-hugging catsuit,
earning the thumbs up from
US fans who describe her as
'100 per cent space babe'.

The Borg, robot-like
enemies of the federation,
aren't known for their
charisma, but Seven of
Nine will be exploring her
more 'human' side and
providing the show with a
few close encounters.

Actress Jeri Ryan describes
Seven of Nine as, 'A fun
character to play. I'm drawn
to epic, emotionally intense
stories, and that's why I
love her so much.' Word
from the set suggests Ryan
has fitted in extremely well
with the cast and crew.

Executive producer Rick
Berman says the reaction
to her arrival was
'supportive'. 'Almost
everyone showed up at her
costume fittings.'

'We wanted to shake things
up,' explains co-executive
producer Brannon Braga.

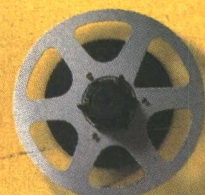
*Sky One, the new series
starts on Monday 30th
at 8.00pm*

Sky Box Office - a movies on-demand service

See details of this
month's exciting
movies in the
enclosed leaflet

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Presenting Sky Box Office -
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March line-up



Interviews: Brian Viner

Springtime with Friends, and the rudest

SARA WEST, a 29-year-old actress-comedienne who's performed at London's Comedy Store, was the lucky woman selected by viewers of Bravo's late-night programme *The Basement* to be the subject of the ultimate fly-on-the-wall series, accessed via the internet. But is 'lucky' the right word? Bravo has installed a camera in Sara's London bedroom and every three minutes a fresh picture – whether she is there or not and more or less whatever she is doing – is broadcast to the world wide web. Sara is aware that she may attract voyeurs. 'But I'm not an exhibitionist,' she says, 'and if I have somebody over, I am allowed to turn the camera to the wall.' By somebody, she means her boyfriend. Girlcam, as Bravo's three-month experiment is called, was inspired by the latest internet craze in America, started by a 21-year-old called Jennifer Ringley. Apparently, Jennicam features occasional nudity. Girlcam is more restrained. 'There might be the odd bit of bare flesh, but it is not meant to be pornographic,' says Sara, who is being paid £50 a week for chatting with viewers via E-mail. Web surfers can go to www.bravo.co.uk to log onto girlcam. Bravo, weekdays, 10.00pm and 1.00am

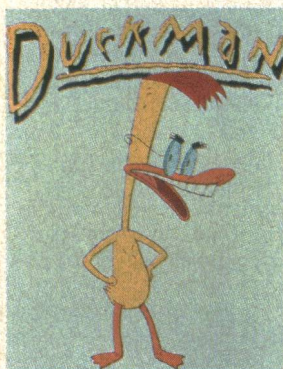


Sax sessions may well be in store for visitors to Sara's bedroom on Bravo's Girlcam web site ...



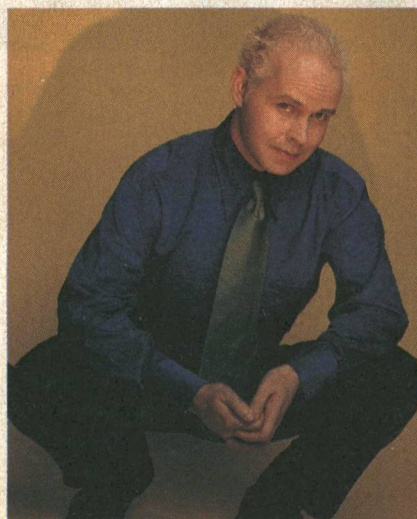
Dream team: the cast of 'Sleepwalkers'

BRUCE GREENWOOD, best known as Dr Griffin in *St Elsewhere*, stars in the 13-part drama *Sleepwalkers* as another doctor, Nathan Bradford, who has created the technology to enter people's dreams. Dr Bradford puts this technology to good rather than evil use, motivated by his quest to penetrate his wife's coma. It is directed by David Nutter, who also directed episodes of *The X-Files* and *Millennium*. Sci-Fi Channel, from Saturday 7th, 9.00pm



'DUCKMAN is *The Simpsons* on too much espresso. It's warped, high energy, and very, very clever.' That was the verdict of one critic on the animated satire, which features the voice of *Seinfeld* star Jason Alexander as the eponymous hero, a private duck detective down on his luck. Duckman, whose catch phrase is 'What the hell you starin' at?', is obliged to live with his shrewish sister-in-law Bernice (Nancy Travis), while trying to bring up dim teenager Ajax (voiced by Dweezil Zappa, son of Frank) and two brainy 10-year-old heads who share the same body. If it sounds bizarre, it is, but it's also very funny and has gone down a storm in America. Paramount Comedy, daily from Monday 2nd, 10.30pm and 3.30am

JAMES MICHAEL TYLER, the actor who plays mine host, Gunther, at the Central Perk coffee bar in *Friends*, is a man who genuinely knows one end of a cafetiere from the other. 'I worked in a coffee shop in Hollywood for seven years before getting the part in *Friends*,' he says. 'It was called Bourgeois Pig, after the owner's ex-boyfriend.' Tyler – who qualified as a geologist before deciding to pursue an acting career – admits that he half-anticipated hate mail when his character inadvertently helped to split up Ross (David Schwimmer) and Rachel (Jennifer Aniston). But Gunther is becoming increasingly popular with the show's viewers and now has a fan club on the internet. Sky One, Thursdays, 9.00pm



ONE OF the two new hosts on *Prize Time*, the live, interactive show which gives viewers the chance to compete for prizes, is versatile 22-year-old Carryl Varley. As dance-music sensation Jinny, Carryl has had two hit singles, *Keep Warm* and *I Wanna Be with You*. She is also a trained dancer, not to mention co-presenter of the children's show, *Massive Challenge*, daily, throughout the evening

THE volatile but brilliant chef Marco Pierre White, of the Oak Room at the Meridien Hotel, is on the shortlist for the Outstanding London Chef Award 1998, to be awarded this month at the Carlton London Restaurant Awards. Three of his four competitors for the prestigious prize are British – the exception being Pierre Koffman of the venerable Chelsea restaurant La Tante Claire – which shows what progress British chefs have made. Indeed, White, who was the youngest chef in the world to be awarded three coveted Michelin stars, believes that he has benefited from being British. 'If you grow up with gastronomy all around you, you grow blasé,' he says. 'Here you still have to seek it.' Carlton Food Network, Friday 20th, 3.30pm

Bruce Oldfield and Claudia Schiffer at last year's awards

Duckman man you've ever met



AN unusual soap opera will be unfolding over the next 12 months, as a dilapidated Victorian house in London is renovated by Discovery Home & Leisure. The renovation will provide a series of regular live continuity links between programmes, hosted by actress Charlotte Avery, who is pictured above with the channel's resident expert 'Bob the Builder', enabling viewers to check on progress. Programming boss Adam Woods says he is undecided about the future of the house. The original intention was to hand it over to a homeless family, but market research has shown that viewers do not necessarily support that idea. Another option, says Woods, is to auction it live on air. Meanwhile, viewers will be encouraged to offer opinions on the renovation.

FAWLTY TOWERS is the greatest sitcom of all time, according to David Renwick, who wrote what some consider to be another contender for the crown, *One Foot in the Grave*. Renwick, a big Monty Python fan, recalls watching the first episode of John Cleese's *Fawlty Towers* with huge anticipation. 'For the first five minutes nothing funny happened, and I thought, What's this all about?' he says. 'But by the end of the show I was mute with laughter. They took the trouble to set up the whole context, and reflected rhythms of life not traditionally adhered to in sitcoms. Ever since, most sitcoms have been derivative of *Fawlty Towers*.' However, Cleese, who wrote *Fawlty Towers* with his then wife Connie Booth, is not as effusive about the show. The last time he watched the 'German' episode, he claimed that there were 'three terrible pieces of slapstick ... like Basil crouching down waiting for the moose's head to fall on him. It was all embarrassingly awful.' *UK Gold, from Saturday 7th, 9.40pm*



THE classic, award-winning Eighties epic *The Jewel in the Crown* is being repeated this month. Granada's acclaimed adaptation of Paul Scott's *The Raj Quartet*, starring Tim Pigott-Smith, Art Malik, Charles Dance (above), and Dame Peggy Ashcroft, was a famously troubled production – blighted by freak weather conditions in India and a TV studio fire in Manchester, not to mention alarming costs – but as it turned out, Granada chairman Sir Denis Forman was right to insist that, whatever the cost, the project should be completed. *Granada Plus, from Saturday 7th 2.00pm and 8.00pm*



NEWSREADER Anna Ford's new role as co-presenter of the arts magazine programme *Artsweek* has encouraged her to recall her own contribution to the arts, notably a singing tour of Northern working men's clubs back in 1965 when she was a student at Manchester University. She was persuaded to take her guitar round the clubs by the president of the students' union, Chris Wright, who obviously knew talent when he heard it, for he is now the head of Chrysalis Records. 'But I cut a rather incongruous figure in the clubs,' Anna recalls. 'I had long dark hair, wore a black dress, and sang typical Sixties protest songs by Dylan and Baez, doing alternate numbers with strippers. I was on the same bill as Gerry and the Pacemakers once, which was very thrilling.' These days, Anna's artistic interests are more highbrow, and she recently completed the Christie's Fine Arts course, studying art and architecture from 1400 to the present day. 'It was a wonderful course, and bliss being a student again,' says Anna. *Performance, Wednesdays 9.00pm and Thursdays 9.30pm*



PHOTOS: PARAMOUNT, SCI-FI, CHALLENGE, CARLTON FOOD, PERFORMANCE, DISCOVERY, UK GOLD, GRANADA PLUS, JOHN DOVE, BSKYB

Dead reckoning

With Mulder dead and Scully suffering from terminal cancer, it looked like curtains for 'The X-Files' at the end of the last series. With a show this weird, anything is possible. Set report: **Patrick Ho**

FOR a show that is almost obsessively paranoid about secrecy, it comes as a surprise to learn that the Vancouver studios where *The X-Files* is filmed are listed in the phone directory. A quick call elicits directions from downtown Vancouver into the woodlands along the edge of the Burrard Inlet, past a massive railroad marshalling yard and up towards the mountains.

Here, just behind a shopping mall with its Starbucks coffee house and Blockbuster Video, lies a world of weirdness, deceit and treachery. *The X-Files*, TV's cult hit of the Nineties, is two-thirds of the way through filming the 20 episodes that make up its fifth season, which will lead into a feature film to be released later this year.

The X-Files has ventured into numerous genres and the fifth year promises more of the same, but with a lot of new twists. What

began as an investigation by two FBI agents into weird and unexplained occurrences has developed into a journey across the conspiracy-theory filled heart of America.

At the end of last season, things could not get much bleaker. Fox Mulder (David Duchovny) had died by his own

hand and Dana Scully (Gillian Anderson) was terminally ill with cancer.

In the coming weeks, both situations are resolved and the agents can once again work as a team in a way that series star Anderson, taking a coffee break from filming, says is 'ingenious'. The agents pick up where they left off, with Mulder still needing to believe in extraterrestrial life in the hope he'll find an answer to his sister's childhood abduction, and Scully as the voice of reason in the face of increasingly bizarre danger.

Anderson has lost none of her enthusiasm for the show. The scripts for the new year are, she says, 'incredibly creative', and she singles out *Post-Modern Prometheus* as one of her favourite episodes. Written and directed by the show's creator, Chris Carter, and filmed in black and white, it's a stylish retelling of the *Frankenstein* story that features a soundtrack by Cher.

Carter has also co-written an episode with horror writer Stephen King, while fans of 'cyberpunk' author William Gibson will be fascinated by *Kill Switch*, in which Mulder enters cyberspace.

While some of the episodes in the new season revisit the 'monster of the week' theme that made *The X-Files* so popular, those who switch on to watch the exploits of the

enigmatic characters, referred to only by names such as Cigarette-Smoking Man and Well-Manicured Man, will not be disappointed. No one is ever safe in this series – members of both Mulder and Scully's families have become victims of Mulder's quest for 'the truth' and the death toll is set to rise.

The season will end on a cliff-hanger that is resolved in the movie, currently known alternatively as *Blackwood* and *Fight the Future*. Everyone on the set is tight-lipped about it, but word is that the film will answer a lot of the questions the series has posed, as well as pointing *The X-Files* in a totally new direction.

It was shot during the break between the fourth and fifth seasons and guest stars Oscar winner Martin Landau as well as many of the series' regular recurring characters. It marked the first time that *The X-Files* was filmed in Los Angeles and rumours persist that the show will relocate there for its sixth and possible seventh years.

This is something that both Duchovny and Anderson have expressed a desire for, but no official decision has yet been made. A move, though, would undoubtedly present new challenges for cast and crew. In the meantime, fans of the show will be kept guessing. The truth may not be out here right now, but it will always be out there.

NEW SERIES

Sky One

The X-Files
Sunday 1st 9.00pm



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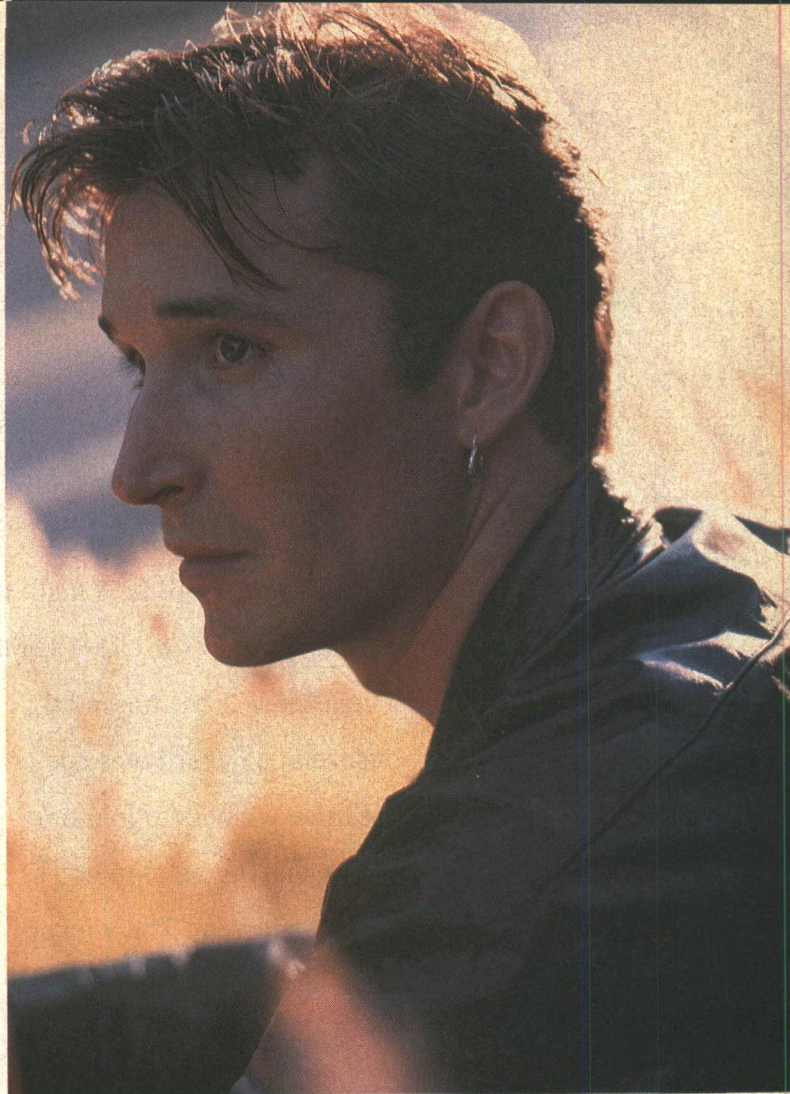


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Noah Wyle – just what the viewers ordered

As caring, sharing John Carter in 'ER', actor Noah Wyle is making pulses race. And, he tells **Daphne Lockyer**, he plans to be around for a very long time ...



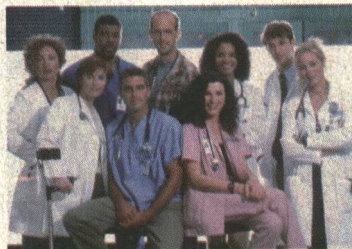
NOAH WYLE is not, perhaps, the most obvious of *ER*'s sex symbols. Less smouldering than George Clooney, less intense than Anthony Edwards, more puppy dog eyes and innocent farm boy sort of charm. Yet don't dismiss him in the heartthrob stakes. The man has a following. 'Well, you know,' he says, 'I do get mail, but it's mostly from 14-year-olds saying, "Dear Noah, I have a picture of you in my locker." I haven't graduated yet to the full-on X-rated kind of stuff that George was always receiving.'

That may change with Clooney's imminent departure from *ER*. Since Wyle first appeared in the premiere episode four years ago, his character has become increasingly vital to the show. With his sincerity, a multi-million-dollar inheritance that means he's doing the job for love, and a bedside manner that would make you weep with gratitude, it seems that he lies at the moral centre of *ER*. Though the departure of Doug Ross from the series is a body blow, John Carter's, you sense, would be fatal.

Wyle himself is intent on developing the character. 'I'm trying to keep Carter on a steadily paced road to maturity while at the same time keeping the essence of the character, the innocence and the naivete. I think that's a great deal of what people respond to.'

Noah can't see a time when Dr Carter may have passed his sell-by date. 'Oh, no. Absolutely not,' he laughs. 'I intend to make John Carter the oldest living intern in America. I'll probably stay on through my seventies, I imagine.'

We'll see. Like all the big players in *ER*, Noah has had his share of movie offers that could, eventually, lure him away for good. 'Yeah,' he says, 'the big movie men have already knocked at my door, but this is a job that I imagine I'll want to do for the rest of my life. I'm very careful about the decisions I make for my career.'



Sky One

ER

Thursdays 10.00pm

So far, he's chosen to do small budget movies that are big on personal creative satisfaction, like last year's *The Myth of Fingerprints*. In it, he played one of four brothers from a screwed-up family who reunite for Thanksgiving. Apart from the dysfunctional bit, it must have seemed to him a bit like old times. 'Well sort of,' he says. 'I am the oldest boy of six kids myself. But it wasn't like *The Waltons*. All the boys didn't have to share the same room or anything like that.'

Wyle remains close to his roots. His mother is a nurse who gives him tips on how to make the medical procedures in *ER* look real, but it was from his stepfather, a restorer of film classics, that he got his love of the business. At 26, he appears

to have enjoyed overnight success, but, he says, 'it probably feels a lot more overnight to you than it does to me.'

Study his CV and you see he has a point. He began his acting career with bit parts in mini-series and films such as *Blind Faith* and *Crooked Hearts*. In lean times he waited on tables in his native Los Angeles and it was not until he got a small role in Rob Reiner's *A Few Good Men* that things started looking up.

Noah's humour bleeds into his conversation as it does into the character he plays – a fact not lost on the makers of *ER*. Often when they want to lighten the mood of death and despair, they use Carter to inject some laughs. 'On one occasion, they even had me give mouth-to-mouth resuscitation to a dog,' he says.

Fortunately, he loves animals, has a whole menagerie of them, indeed, at the Hollywood mansion he recently bought. Though, obviously, he'd rather be in mouth-to-mouth contact with his current girlfriend, make-up artist Tracy Warbin.

'I set eyes on her, said "Wow", and I knew. Three days later I kissed her,' he says. The couple have been together ever since and Noah is devoted. 'I'm nuts about her,' he confides. He's telling the truth, of course. She can trust him. On screen, at least, he's a doctor.

PHOTOS: KATZ BSKYB

THE stars will be out for the 1998 Cable Guide Cable TV Awards in May, and you could be joining them for this spectacular celebration.

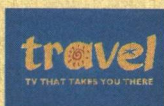
Broadcast on L!ve TV from London's Dorchester Hotel on 13 May, it will be a night to remember as the winners of the first Cable Guide awards are announced. They'll be chosen by you the viewer – just send us your votes and you could be one of three winners to join our fabulous VIP night out, staying at a top hotel and attending the glittering event. The winners and their partners will also be given a fantastic travel prize – a trip to Ibiza, Crete or Amsterdam, courtesy of Travel Channel.

The past year has been a great one for Cable TV and the awards are your opportunity to vote for your favourite presenters and channels. So fill out the voting form opposite and you could be one of the viewers to win an unforgettable

night with the stars!

Viewers who cannot receive L!veTV should be able to see coverage of the Awards on other channels

YOU COULD BE A WINNER!

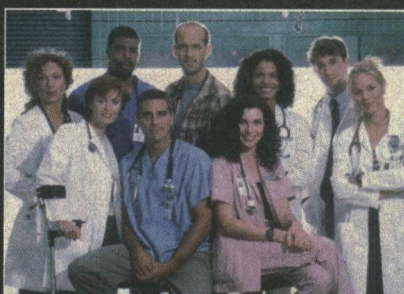


Three couples will win a glamorous VIP night out at the Cable Guide Cable TV Awards and a holiday courtesy of the Travel channel. If you're among the

lucky winners you'll be jetting off on one of these fantastic trips:

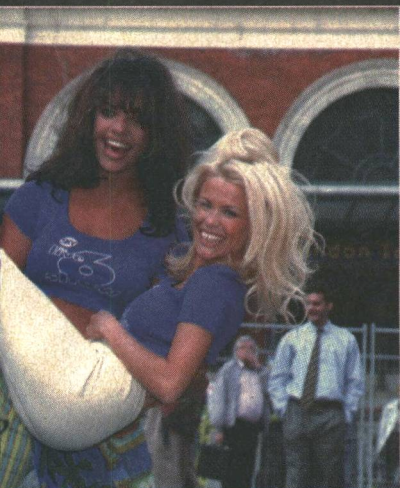
- A romantic three-night stay in beautiful Amsterdam, with bed and breakfast at a three-star hotel.
- An exciting week in sunny Crete, staying at the relaxing resort of Elounda.
- Seven nights in vibrant Ibiza, with bed and breakfast accommodation at one of the island's top resort hotels.

All holidays are for two people and depart from Gatwick, Birmingham or Manchester. Travel insurance is included. Crete holiday is board only. Amsterdam break must be taken before 31 October 1998. Crete holiday must be taken before 28 June 1998. Ibiza holiday must be taken before 12 July 1998. See page 187 for full competition details.

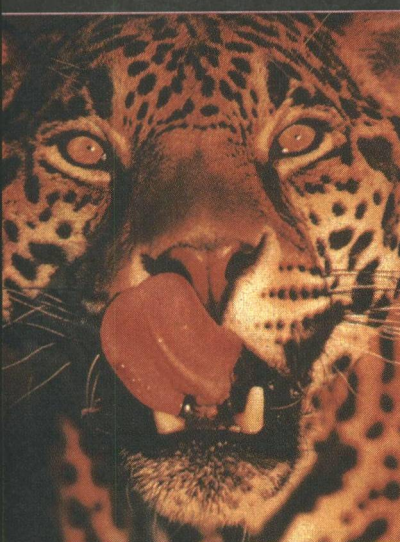


It's been a good year on Cable! Clockwise, from top left: Lesley Ash from Granada's 'Good Housekeeping Show', Sky One's Jenny Powell and Melinda Messenger – will they get your vote as favourite female personality? George Michael and Stevie Wonder at last year's VHI Honours show, part of VHI's line-up that could win votes in the Favourite MusicArts Channel category. Stunning wildlife programmes have made Discovery popular – will it be voted Best Documentary channel? The roving reporters of Channel One help make it London's distinctive news service. Classic movies from TNT, a contender in the best film channel category. A channel with innovations coming out of its ears – L!ve TV. Andy Gray and Richard Keys from Sky Sports. And 'ER' – a Sky One hit that could win votes for the channel

CABLE TV AWARDS!



Jerry Springer on Living and Lesley Waters on Carlton Food Network – two firm favourites with viewers that may win the channels lots of votes in their respective categories



1	Favourite Sports Channel Eurosport Racing Channel Sky Sports 1 Sky Sports 2 Sky Sports 3
2	Favourite Sports Presenter (open vote)
3	Favourite News Channel BBC News 24 Bloomberg Channel One CNBC CNNI Euronews Sky News World Net
4	Favourite Factual / Documentary Channel Christian Channel Discovery History Parliamentary Channel Sky Travel Travel UK Horizons
5	Favourite Lifestyle Channel Discovery Home & Leisure Granada Good Life Men & Motors Living QVC UK Style
6	Favourite Music / Arts Channel The Box Landscape MTV Performance UK Arena VH1
7	Favourite Entertainment Channel Carlton Select Challenge Granada Plus NBC Sky One Sky Soap UK Gold
8	Favourite Multi-Cultural Channel Asianet Deutsche Welle 3Sat TV5 Zee TV
9	Favourite new programme on Cable TV (March 1997-March 1998) open vote
10	Favourite Children's Channel Cartoon Network Disney Nickelodeon TCC Trouble
11	Favourite Cartoon Character (open vote)
12	Favourite Female Personality on Cable TV (open vote)
13	Favourite Male Personality on Cable TV (open vote)
14	Most innovative and exciting channel on Cable TV Bravo Carlton Food Network Live TV Paramount Sci-Fi
15	Favourite Channel for Film Choice HVC Sky Movies Screen Gold Sky Movies Screen 1 Sky Movies Screen 2 TNT
16	Special Award for overall favourite Cable TV Channel

Send your completed form to: Cable Guide Awards, Cable Guide Limited,
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Name.....

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For competition rules, see page 187

Bella Donna

From *Byker Grove* to presenting her own show on MTV, a world tour with her band Crush and a starring role in a new British film, Donna Air is hot property.

Martyn Palmer experiences her teen spirit

WHEN Donna Air looks back on her time as a child actress in *Byker Grove*, she admits that, yes, she was a little bit of a handful.

'I was probably a bit of a pain when I was about 13 or 14,' laughs Donna. 'I think I was a bit cocky.'

Now it has to be said that Donna is only 18 years of age. But, as she rightly points out, she has packed an awful lot into those few teenage years, a period of time that has seen her leave her home town of Newcastle – where *Byker Grove* was filmed – go through a brief flirtation with minor pop stardom, then on to presenting her own MTV show and lining up acting

‘I pretend I’m not, but yeah, I am very ambitious’

roles in a major ITV drama and a British film.

'I know that I'm lucky to have experimented and found what I want to do at such a young age,' she says.

'Sometimes I do feel a lot older than 18. But really, I do like all the things that any other 18-year-old does – I go out and have a few drinks, go to see a band.'

The eldest of three children, Donna was a 'hyper-active kid' who was

always off to dancing and drama classes when, aged ten, she was given work as an extra in *Byker Grove*. A year later, she was offered a job.

'I played Charlie, who was

a bit of a precocious bitch really,' she says. 'But it was great fun to do. And I was so lucky to get that break because it's enabled me to do what I want to do.'

Donna left school at 15, determined that show business would provide her with a full-time career. At first she continued on *Byker Grove* before devoting herself to a pop group called Crush, who enjoyed some success in America and Japan.

After moving to London, Donna lived with her manager and then, just over a year ago, she met and moved in with her boyfriend, a musician she will name only as Rick.

The work is certainly going well. She left Crush last year to concentrate on other projects and was promptly offered her own show on MTV called *Select*, which goes out six nights a week.

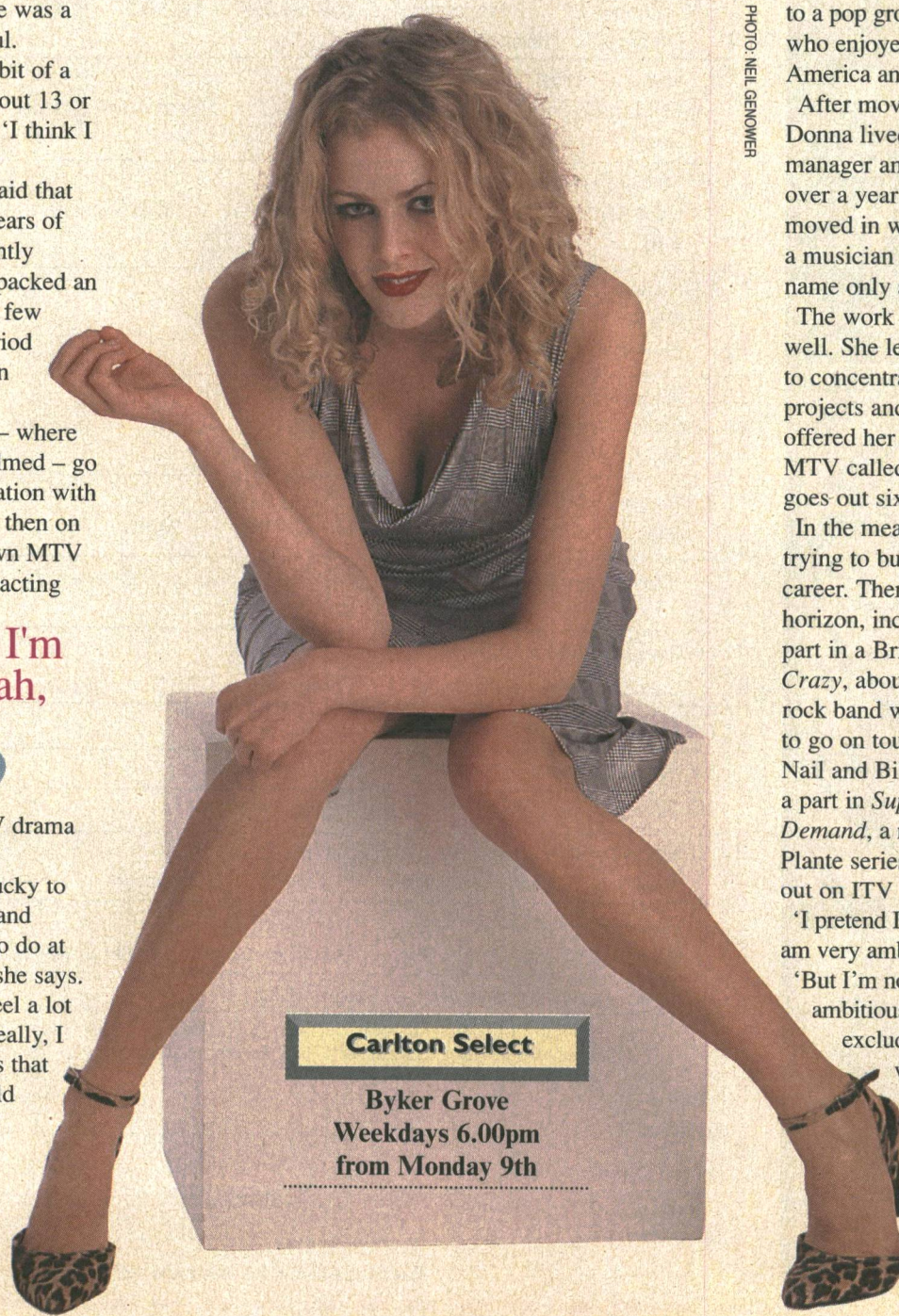
In the meantime, she is also trying to build up her acting career. There is plenty on the horizon, including a small part in a British film, *Still Crazy*, about a Seventies rock band who are reunited to go on tour, starring Jimmy Nail and Billy Connolly, and a part in *Supply and Demand*, a new Lynda La Plante series which will go out on ITV later this year.

'I pretend I'm not, but yeah, I am very ambitious,' she says.

'But I'm not the kind of ambitious person who excludes anyone or

who hurts anyone to get what they want. It's the kind of ambition that gets me out of bed in the mornings and gets me to work on time.'

PHOTO: NEIL GEMOWER



Carlton Select

Byker Grove
Weekdays 6.00pm
from Monday 9th

WHAT'S GOING ON?

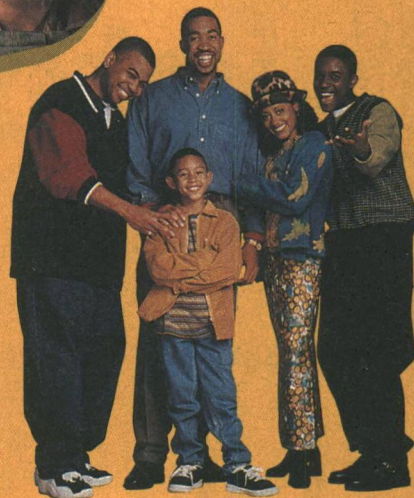
BIG FREE FOR ALL!

6AM TO 10PM ON MARCH 21ST-23RD
A chance for everyone with cable to tune in

Disney's Tom & Huck



The Big Free For All is 3 days of unencrypted viewing! This is a great chance for all Cable & Wireless viewers to take a look at Disney Channel and upgrade in time for all the great programmes this Easter!! To upgrade simply call your local Customer Service number - you'll find the number on the contents page of this Cable Guide. (Disney Channel is available as a Bonus Premium Channel with Sky Movies Screen 1 & Screen 2.)



Smart Guy

TUNE IN AND WIN!

Win a Disney Channel Watch and CD Case

You could be the lucky winner of one of fifty Disney Channel Bubble Watches and CD Cases shown opposite - simply answer the questions detailed below relating to Disney Channel programmes which are showing over the Big Free For All weekend - from the 21st to the 23rd of March.

1.

What character name do Recess and Smart Guy have in common?

A. Simon B. TJ C. Mickey

Recess - Saturday & Sunday at 11.30am, Monday at 4.30pm. Smart Guy - Saturday & Sunday at 9.30am, Monday at 5pm

2.

How many kids does the crazy inventor have in Disney's Honey I Shrunk the Kids the TV Show?

A. 7 B. 1 C. 2

Disney's Honey I Shrunk the Kids - Saturday & Sunday at 8.45am, Saturday at 4.45pm & Sunday at 5pm

3.

What is the name of the big American river in Disney's Tom & Huck?

A. Mississippi B. Thames C. Amazon

Disney's Tom & Huck - Sunday at 6pm

How to Enter: Simply write the correct answers to the questions above and your name and address on a postcard and send it to: Disney Channel/Cable & Wireless Competition, P.O. Box 4, Rugby, Warwickshire CV21 1RU. All entries must be in by Friday 17th April 1998. See Terms and Conditions below*.

EASTER - DISNEY'S MOVIE MADNESS WEEKEND

Saturday 11th and Easter Sunday 12th April

This fantastic weekend is not to be missed! Showing the British Television Premiere of "Disney's Snow White and the Seven Dwarfs". Also showing "Disney's The Love Bug", "Disney's Dumbo" and "Disney's The Lion King".

Disney's
Snow White and the Seven Dwarfs

British Television Premiere on
Easter Sunday 12th April at 6pm



*TERMS AND CONDITIONS: Open to UK, Channel Island and Republic of Ireland residents except employees of Disney Channel and Cable & Wireless Communications or anyone else professionally connected with the promotion. Instructions for participation form part of these rules. The promoter accepts no responsibility for claims lost, delayed or damaged in the post. Proof of posting will not be accepted as proof of delivery. Damaged or defaced entries will be disqualified. No correspondence will be entered into. No purchase necessary. All correct entries will be entered into the draw and the first 50 randomly drawn will each win a Disney Channel Bubble Watch and CD Case. These prizes are not transferable. No cash alternative will be offered. Promotion ends Friday April 17th 1998 and all entries must be received by this date. Winners will receive their prizes within 28 days of the closing date. A list of all winners will be available from the promoters by sending a SAE after Friday 8th May 1998 to Disney BFA (Cable Guide), 8 Wake Green Road, Moseley, Birmingham, B13 9EZ. Promoter: Disney Channel. Registered office: Beaumont House, Kensington Village, Avonmore Road, London W14 8TS. Registered in England.

How Emma turned Gwyneth into a superstar

With a string of films due out, Gwyneth Paltrow is the actress everyone wants. But there was much laughter when she won her first leading role, as the English heroine Emma. Words: **Garth Pearce**

WHEN Gwyneth Paltrow was cast as Emma, there was a mixture of laughter and alarm among the British film crew. The little-known New Yorker was seen as an unlikely choice to play the heroine of Jane Austen's novel, set in prim English society of the early 1800s.

'It's Hollywood casting gone mad,' said one senior crew member, and there were raised eyebrows among the other cast, too, which includes theatre heavyweights such as Jeremy Northam (as Mr Knightly), Juliet Stevenson and *Trainspotting*'s Ewan McGregor.

But Paltrow, now 25, delivered the role as if she was born to it. With her swan neck and blonde hair pinned back, the English accent was as impeccable as the manners. The result was a highly successful adaptation which won critical acclaim.

'I felt I had a lot to prove, both to myself and others,' Gwyneth says. 'It is the first part which could be classed as a lead, filmed in another country and in a different accent. I had to sing, dance, play the piano and learn archery for a whole variety of scenes. I was also in every scene but one, which meant working every single moment.'

The role came nearly two years ago, when the Jane Austen revival was at its height in the wake of the award-

winning film *Sense and Sensibility* and BBC TV's lavish *Pride and Prejudice*. It took Gwyneth from small parts in films such as *Jefferson in Paris*, *Moonlight and Valentino* and *Seven* to her first lead.

Since then, she's been in big demand and 1998 will be her year. It starts with the release of *Great Expectations* in April (she plays Estella), closely followed by *Sliding Doors*, a romantic comedy from Peter Howitt. By then she'll be back in England to start work on *Shakespeare in Love*.

Gwyneth's own love life has also shown a remarkable shift in recent months. A high-profile romance with Brad Pitt ended last summer and she's recently been seen around Hollywood with writer-actor Ben Affleck, who stars in *Good Will Hunting*.

But Gwyneth, daughter of American actress Blythe Danner and TV producer Bruce Paltrow, has a secret love story, every bit as poignant as something

from one of her films. She always carries with her a letter and photograph from a teenage boyfriend who tragically died in a car crash.

The boy, Harrison Kravis, wrote her a letter on her 18th birthday which began 'To my favourite actress', at a point when her confidence desperately needed a boost. 'I kept the letter to remind myself that there was someone out there who thought I could do it,' she says.

'When Harrison was killed, the letter took on even greater importance. He was thoughtful, supportive and a really great guy. His framed photograph sits at home on my dressing table. It is a constant reminder of how life can be very cruel and short.'

Unlike *Emma*, the new adaptation of Charles Dickens' *Great Expectations* veers wildly from the novel. There are naked scenes as Gwyneth's character poses for Pip (re-named Finn in the film and played by Ethan Hawke), who is established as an artist.

'I have turned down a lot of movies which demanded nudity, simply because they were exploitative,' she says. 'But *Great Expectations* is different and the scene is so essential to the relationship that Estella has with her long-time admirer.'

Gwyneth Paltrow has no shortage of admirers, of course. Not only for her incandescent beauty, but also for her amazing talent. This year, she's bound to win even more.



Sky Movies Screen 1

Emma

Friday 20th 9.00pm

PREMIERE



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CABLE & WIRELESS
What can we do for you?

Living

Jimmy's
Monday 2nd, Tuesday 3rd 11.50am

It's five years since Amanda Thompson touched the nation on the documentary series 'Jimmy's'. Now her battle against leukaemia is almost won ...
Words: Jane Oddy

A dream come true

THE heart-warming stories of ordinary people struggling against illness in Britain's biggest general hospital, Jimmy's in Leeds, have touched the hearts of millions. But none more than the incredible courage of young Amanda Thompson from Keighley, West Yorkshire, who had a glittering musical career ahead of her when she was diagnosed with leukaemia. Her amazing fight for survival will be seen again when the series from 1993 is shown on Living this month.

At the worst point of her illness, Amanda was bald from chemotherapy, battling for her life and racked with pain from allergies to different drugs, but she never lost her fighting spirit. Now an attractive teenager with a steady boyfriend, Amanda recalls those days with breathtaking positivity.

'I had a lot of bad reactions to the drugs – one of them sent me red like a lobster! Another sent my eyes to the back of my head. I just made a joke about it,' she shrugs.

'I never wore a wig or a hat during

my treatment. People had to accept me as I was. I was ill and had to come to terms with it.'

A gifted pianist, Amanda had won a scholarship at Manchester's Chetham's School of Music and was a year into her course when she started feeling ill.

Visits to her GP proved inconclusive, so Amanda's mum Sylvia took her to casualty, where a blood test confirmed the worst. Immediately whisked into Jimmy's for treatment, Amanda later realised the seriousness of her illness when she was put in the bone marrow sterilized unit, but she refused to give in.

Her illness brought out a deep streak of determination in her. She brought her piano into the ward to cheer up other patients. She began raising money for charity, and during her 18 months off school, she still kept up her studies with a tutor and took ten GCSEs.

Jimmy's audiences took Amanda to their hearts and she became a national celebrity, receiving cards and donations to her charities.

Her bravery inspired her parents, Sylvia and Bill, to nominate her for an award from Esther Rantzen's *Hearts of*

Gold programme. She made a record with opera singer Lesley Garrett, which raised £170,000. Her efforts drew her to the attention of Princess Diana and she performed at a royal gala concert. The Princess later wrote to Amanda.

'That letter kept me going through some very low times. I was so lucky to have it and even luckier to have met her,' Amanda says.

Sadly, not all the patients in Amanda's ward survived the ravages of the disease and her best friend, Mandy, who is featured in *Jimmy's* with her, later died. But Amanda's story has a happy ending. With her illness now in remission, she is expected to get a clean bill of health in August – a month after her 18th birthday.

Despite the chemotherapy leaving her with a damaged heart, which has to be monitored with regular scans, she says she is unstoppable. She packs more into her life than most girls her age – going to discos with her boyfriend Kurt, taking part in swimming marathons, and giving piano lessons.

Now in her second year of science A-levels, she hopes to work in haematology at Keighley's Airedale Hospital. 'I did work experience there with the same doctor who diagnosed my illness and would like to work as a researcher in the labs,' she says.

Her mum says she and Amanda's dad are incredibly proud of their daughter.

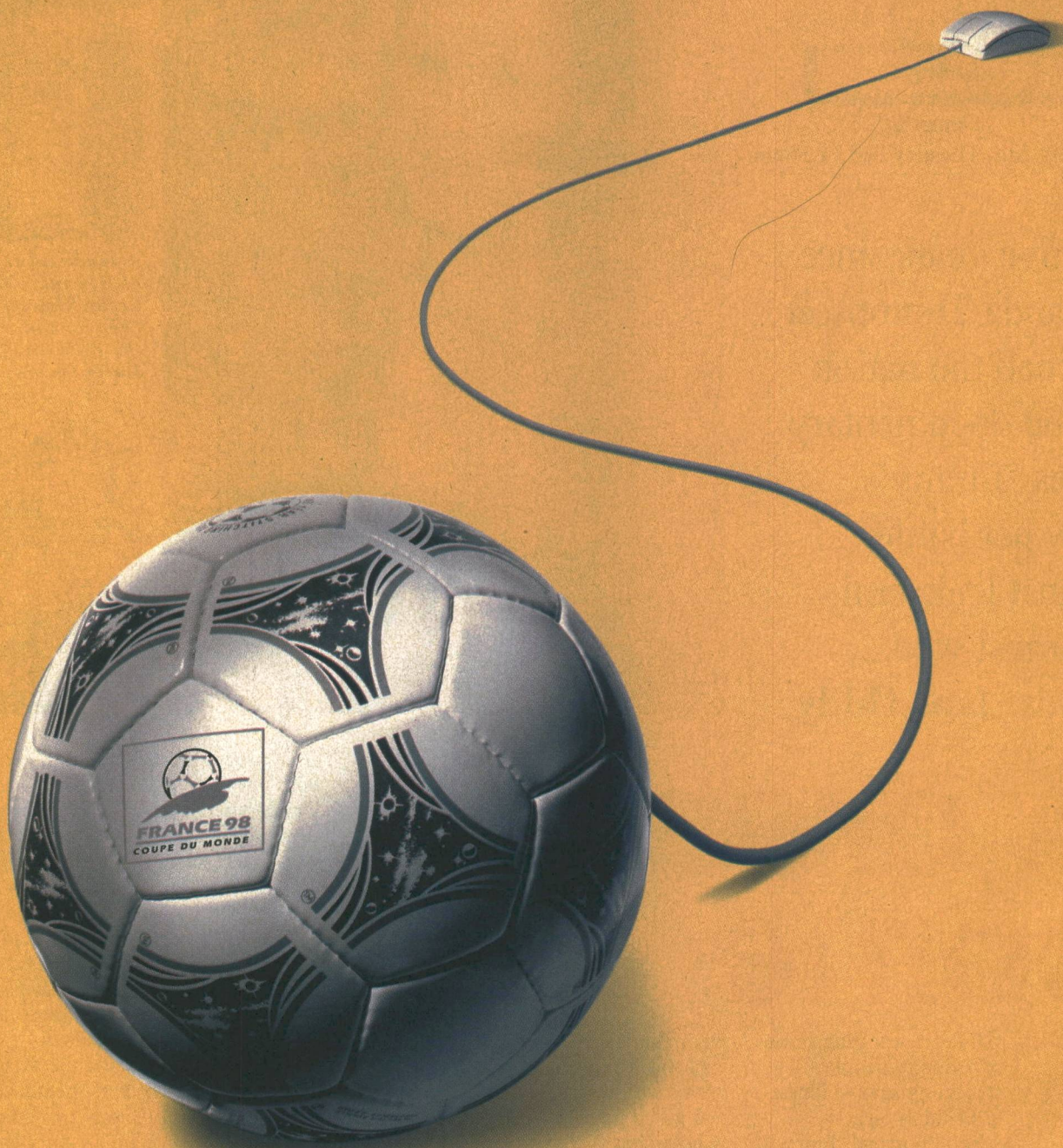
'There were times we thought we had lost her. To see her now is a dream come true – a real inspiration.'



Amanda today (left), and with Lesley Garrett (above) and the Princess of Wales (below)



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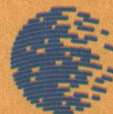
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CABLE & WIRELESS
What can we do for you?

Dickie Davies'
Sporting Heroes
Starts Wednesday 4th
10.30pm

AFTER more than 36 years in TV, sports presenter Dickie Davies has found his dream job – talking one-to-one with his sporting heroes.

The post-match quick sound bite or the non-committal preview chat aren't good enough these days for the man who guided millions through their Saturday afternoon worlds of sport.

No, Dickie is giving British sporting legends, including Henry Cooper, Tony Jacklin, Virginia Wade, Sir Colin Cowdrey and Seb Coe, the time and space to open their hearts.

'We originally planned the shows to last just 30 minutes, but the first few interviews were so interesting that we let them run for a full hour,' says Dickie.

'It's the first time that many of these great athletes have actually sat down for such a length of time in front of a TV camera and talked so openly about themselves, their achievements and the sport they love,' he says.

The gun goes off for the series with the 1980 Olympic 800 metres champion Steve Ovett giving only his second ever in-depth television interview.

'To get Steve to face a TV microphone when he was an international athlete was nearly impossible and he now lives a very quiet life up in Scotland away from all the attention, so I was very flattered when he agreed to talk to me,' says Dickie. In fact, none of the chosen guests refused the dapper Mr Davies.

'Each interview is fascinating in its own way and it's impossible to say which was a favourite because there were so many marvellous anecdotes.'

Welsh rugby great Cliff Morgan tells how he got expenses of just four shillings and eight pence (24p in today's money) for travelling down from the valleys to play for his country.

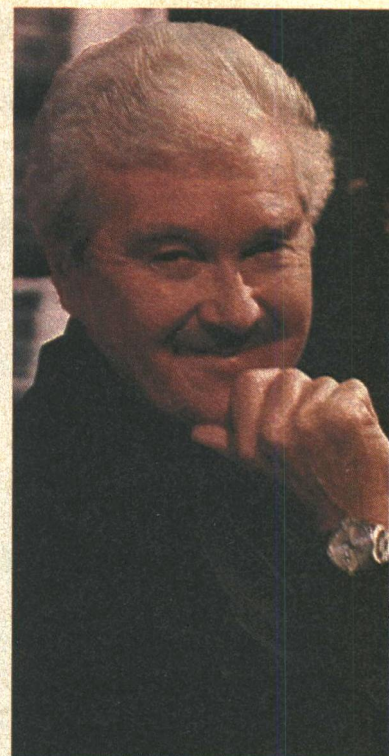
And Olympic long jump gold medallist Lynn Davies reveals which of his rivals made love to a young local woman the night before the Mexico Games because he was too nervous to sleep.

'It was one of the most enjoyable things I've ever done,' says Dickie, 'and I realise how lucky I was to sit and chat with people who I have admired for so long.'

Land of heroes

Some of Britain's biggest sporting legends are about to tell their stories to Dickie Davies in a new series of in-depth interviews.

Words: Ross Biddiscombe



The heroes' own sporting heroes

Sir Roger Bannister

1. Sydney Wooderson
2. Sebastian Coe
3. JPR Williams
4. Jack Lovelock
5. Herb Elliott

Mary Peters

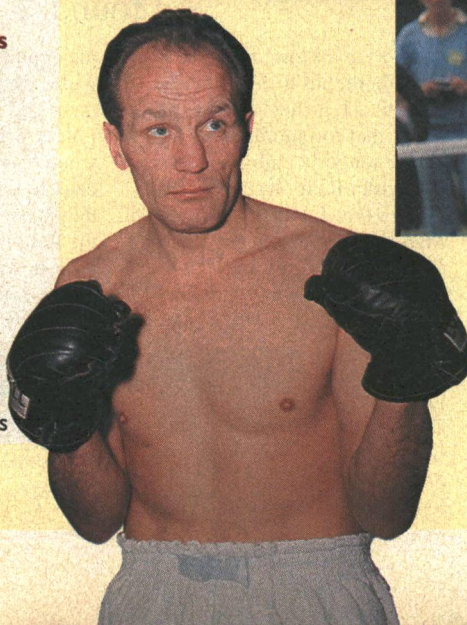
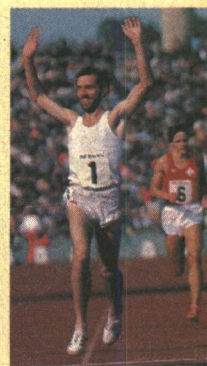
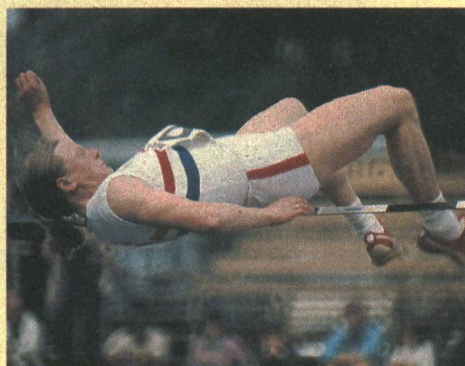
1. Fanny Blankers-Koen
2. Mary Rand
3. Jesse Owens
4. John Walker
5. Denise Lewis

Gareth Edwards

1. Gary Player
2. John Charles
3. Muhammad Ali
4. Cliff Morgan
5. Lynn Davies

Cliff Morgan

1. Jack Kyle
2. Mary Peters
3. Muhammad Ali
4. Tony O'Reilly
5. Gareth Edwards



Some of Britain's magnificent sporting heroes that are interviewed in the show (clockwise, from top left): Mary Peters, Steve Ovett, Virginia Wade, Henry Cooper, John Surtees

PHOTOS: ALLSPORT, BSKVB

Sky Sports I

**Tottenham Hotspur v
Bolton Wanderers
Sunday 1st 3.00pm**

THEY say it's tough at the top, but it ain't nothing compared to life at the bottom when it comes to the

Premiership. There was a time when relegation was little more than a bit of a nuisance to big clubs. With their bumper gates they knew they'd be able to keep their best players and soon bounce back. These days, though, relegation is a catastrophe for any club, which makes the battle at the bottom as exciting, if not more so, than the battle at the top.

Sky Sport's Andy Gray agrees: 'Come the end of the season, I think the action at the bottom of the league is going to be breathtaking,' he told *Cable Guide*. 'I feel that Manchester United will walk it again, which means that all the scrapping, all the blood and thunder action, is going to be found watching teams at the bottom fighting, not just to stay in the Premiership, but for their very survival.'

'It's all about money. The only way a team such as Spurs can pay the wages of players like Klinsmann, Ginola and Ferdinand is by being in the Premiership – that's where the sponsors are, that's where the crowds are and that's where the TV money is. For a club like theirs, to get relegated would spell financial disaster. And if they can't pay their top players' wages, how are they going to get back up? It's not just the straight cash they'd lose out on – now they're a public limited company, relegation could wipe millions off their value in one go.'

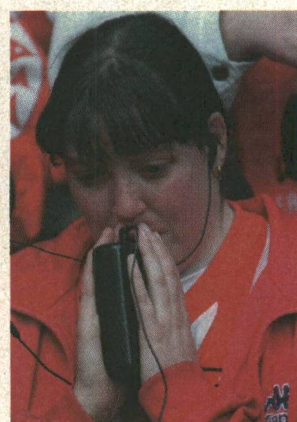
Which is exactly why Spurs' clash against Bolton this month is likely to be just as gripping as any end-of-season, top-of-the-table confrontation.

'Look at Middlesbrough,' says Gray. 'You can see how much returning to the Premiership means to them. They aren't interested in the FA Cup – they fielded half their reserve team in the fourth round against Arsenal this season. Clubs like Boro and Forest have taken a gamble. They've continued to pay Premiership wages for a season



David Ginola shrugs off a challenge – will Spurs shrug off relegation?

‘It’s all about money. The only way a team such as Spurs can pay the wages of players like Klinsmann, Ginola and Ferdinand is by being in the Premiership’
Andy Gray



Tears are shed for Sunderland

That sinking feeling

It's the Premiership or bust for football teams in the Nineties. And that's why Sky's Andy Gray believes bottom-of-the-table clashes are often where the real action – and passion – are to be found. **Eddie Edson reports**

to try to make sure they get back there, but if they fail you have to ask if they could survive doing that for another season.

'The longer a club stays down, the harder their chances of ever getting out. Just look at the two Manchester clubs, United and City. In the Sixties and Seventies they were up there together at the top of the pile.

Then City got relegated just as the Premiership was taking off, and the longer they languish in

the depths of Division One, the wider the gap gets between them and United.'

Gray points out that, even when teams do get promoted back to the Premiership, often they have fallen so far behind the field that they slip straight back down again.

'Jim Smith, the Derby manager, said to me early in the season

that he fancied the three who came up last season – Barnsley, Bolton and Crystal Palace – to go straight back down, and he could well be right. And he fancied the three who went down last season – Middlesbrough, Forest and Sunderland – to come straight back up. If that happened, it would say it all.'

THE GAP		
	PREMIERSHIP CLUB	DIVISION ONE CLUB
Average turnover	£17.3m	£4.3m
Total wages paid	£100m	£46m
Average profit/loss	£2.6m (profit)	£1.2m (loss)



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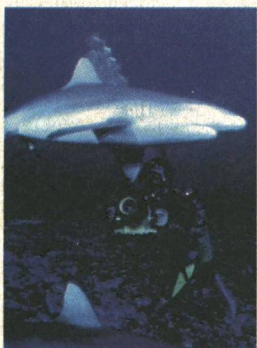
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March Highlights

The Shark Files - Married with Sharks

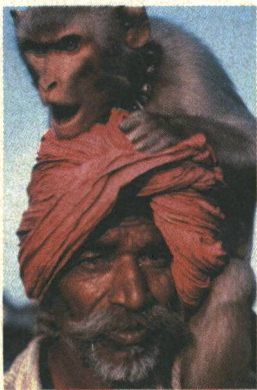
Saturday 7th March at 10.00pm

Husband and wife team, John and Noreen McKenney, seem to live charmed lives. They travel around the world to gorgeous exotic locations, working in the sun and surf, filming the hidden realm under the waves. However, their primary filming targets are the deadly sharks which thrive in the ocean paradise - a constant threat to the filmmakers' safety.

Cyclone! - Extreme Earth Week

Tuesday 10th March at 10.00pm

Heart-pounding footage and gripping personal accounts reveal the horror and magnificence of tornadoes and hurricanes by taking the viewer into the very heart of these devastating weather systems, as seen through the eyes of people who have had first-hand experience of these natural phenomena.



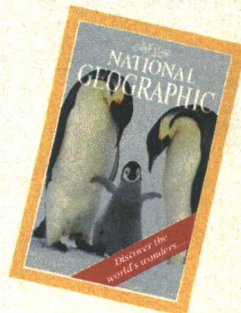
Lord of the Animals - The Monkey Player

Friday 27th March at 11.00pm

The Monkey Player is the fascinating story of the relationship between Deva, a 60 year old Hindu and his three monkeys. We follow them through their spectacular everyday life as they enter the kingdom of monkeys. In this mysterious sanctuary, they come across hundreds of monkeys sharing their territory with a community of holy men devoted to the monkey god.

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FILMP LA

ANIMATION

AAN AMERICAN TAIL 15 SM Screen 2 DS *****
ASTERIX CONQUERS AMERICA 15 SM Screen 1 *****
BBALTO Voice of Kevin Bacon 15 SM Screen 1 SUBTITLED *****
DTHE DRAGON THAT WASN'T (OR WAS HE?) 15 SM Screen 2 *****
JJAMES AND THE GIANT PEACH 15, 23 SM Screen 1 *****
LTHE LAND BEFORE TIME 4: JOURNEY THROUGH THE MISTS 16 SM Screen 1 *****
TTHE LAND BEFORE TIME III: THE TIME OF THE GREAT GIVING 16 SM Screen 1 *****
LLITTLE ORBIT THE ASTRODOG 20 SM Screen 2 *****
MMOONTREK 10, 18 SM Screen 2 *****
OOFF ON A COMET 25 SM Screen 2 *****
PTHE PEBBLE AND THE PENGUIN Voice of Martin Short, Tim Curry 15 SM Screen 2 *****
PPETER-NO-TAIL IN AMERICA 8 SM Screen 2 *****
RRACE FOR YOUR LIFE, CHARLIE BROWN 15 SM Screen 2 *****
TTHE RETURN OF JAFAR 7 Disney SUBTITLED *****
SSHERLOCK HOLMES: A STUDY IN SCARLET Voice of Peter O'Toole 1, 11, 19 SM Screen 2 *****
SSHERLOCK HOLMES: THE VALLEY OF FEAR 3, 12, 21, 30 SM Screen 2 *****
TTHE SWAN PRINCESS Voice of John Cleese 15 SM Screen 2 *****
TTRAVELS OF MARCO POLO 15, 26 SM Screen 2 *****
TA TROLL IN CENTRAL PARK 15 SM Screen 2 *****
WWILLY FOG: JOURNEY TO THE CENTRE OF THE EARTH 14 SM Screen 2 *****

COMEDY

AA-HAUNTING WE WILL GO Stan Laurel, Oliver Hardy 10 SM Screen 2 *****
AABBOTT AND COSTELLO MEET DR JEKYLL AND MR HYDE Boris Karloff 3, 12, 21 SM Screen 2 *****
AABBOTT AND COSTELLO MEET THE INVISIBLE MAN 4, 13, 24 SM Screen 2 *****
AAMANDA AND THE ALIEN Nicole Eggert 2 SM Screen 1 *****
AANGELS IN THE ENDZONE Christopher Lloyd 12, 22 Disney SUBTITLED *****
AANNIE, A ROYAL ADVENTURE! Ashley Johnson, George Hearn 10 SM Screen 1 *****
AASK ANY GIRL Rod Taylor 16 TNT *****
AAVANTI! Jack Lemmon, Juliet Mills, Edward Andrews, Clive Revill 29 SMG *****
BBABE James Cromwell, Magda Szubanski, Voices of Christine Cavanaugh, Miriam Margolyes 1 SM Screen 2 SUBTITLED *****
BBAD BABY Kathleen Turner, James Belushi, Debi Derryberry 1, 9, 21 Disney PREMIERE *****

BBED OF ROSES Christian Slater, Mary Stuart Masterson 5, 20 SM Screen 1 SUBTITLED *****
BBEER Loretta Swit 8, 18 SM Screen 2 *****
BBEST DEFENCE Dudley Moore, Eddie Murphy 15 SMG *****
TTHE BEST HOUSE IN LONDON David Hemmings 31 TNT *****
BBIG Tom Hanks, Elizabeth Perkins 1, 31 SM Screen 1 *****
BBIRD ON A WIRE Mel Gibson, Goldie Hawn 2 SMG *****
TTHE BIRDCAGE Robin Williams, Gene Hackman 3 SM Screen 2 SUBTITLED *****
BBLACK SHEEP Chris Farley, David Spade, Tim Matheson 27 SM Screen 1 PREMIERE *****
BBOTTLE ROCKET Luke Wilson 15 SM Screen 2 *****
BBOYS' NIGHT OUT Kim Novak, James Garner 23 TNT *****
BBRAZIL Jonathan Pryce, Robert De Niro, Ian Holm, Katherine Helmond 31 SMG DS *****
BBRINGING UP BABY Katharine Hepburn, Cary Grant, Barry Fitzgerald 29 SMG *****
TTHE BUDDY SYSTEM Richard Dreyfuss, Susan Sarandon, Nancy Allen 15, 24 SM Screen 1 *****
TTHE 'BURBS Tom Hanks, Bruce Dern 18 SMG *****
BBYE BYE, LOVE Matthew Modine, Randy Quaid 3, 29 SM Screen 2 SUBTITLED LAST PLAY DS *****
CTHE CABLE GUY Jim Carrey, Matthew Broderick, Leslie Mann 1 SM Screen 1 SUBTITLED *****
CCAPTIVA ISLAND Ernest Borgnine, Jesse Zeigler 1, 10, 28 SM Screen 2 LAST PLAY *****
CCELTIC PRIDE Damon Wayans, Daniel Stern 14, 25 SM Screen 1 SUBTITLED *****
CCLUELESS Alicia Silverstone, Stacey Dash 3 SM Screen 1 *****
CCOMPROMISING POSITIONS Susan Sarandon 15 SMG *****
DDANGEROUS CURVES Tate Donovan, Danielle Von Zerneck 2, 10, 19, 29 SM Screen 1 *****
DDEAR BRIGITTE James Stewart, Fabian, Glynis Johns, Billy Mumy 28 SM Screen 1 *****
TTHE DELICATE DELINQUENT Jerry-Lewis, Martha Hyer 11 SMG *****
DDIRTY ROTTEN SCOUNDRELS Steve Martin, Michael Caine, Glenn Headly 14 SMG *****
DDOG'S BEST FRIEND Richard Mulligan, Shirley Jones 5, 15, 31 SM Screen 1 DS *****
DDOG'S BEST FRIEND 5, 15, 31 SM Screen 1 DS *****
DDOWN PERISCOPE Kelsey Grammer, Lauren Holly 25 SM Screen 1 SUBTITLED *****
DDREAM TRAP Kristy Swanson, Sasha Jensen 31 HVC *****
TTHE DUCHESS AND THE DIRTWATER FOX George Segal, Goldie Hawn 30 SMG *****
TTHE DUKES OF HAZZARD REUNION John Schneider, Tom Wopat 8 SM Screen 2 *****
DDUNSTON CHECKS IN Jason Alexander, Faye Dunaway 22 SM Screen 1 SUBTITLED *****
EEARTH GIRLS ARE EASY Geena Davis 4, 18 SMG *****
EED Mutt LeBlanc 14, 23 SM Screen 1 SUBTITLED *****

EEMPIRE RECORDS Liv Tyler, Anthony LaPaglia 7, 30 SM Screen 2 SUBTITLED DS *****
EERNEST GOES TO SCHOOL Jim Varney 30 Disney SUBTITLED *****
EERNEST RIDES AGAIN Jim Varney 31 Disney SUBTITLED *****
TTHE EXPERTS John Travolta, Ayre Gross, Charles Martin Smith 7 SM Screen 2 DS *****
FFATAL BEAUTY Whoopi Goldberg, Sam Elliott 25 SMG *****
FFATHER OF THE BRIDE PART II Steve Martin, Diane Keaton, Martin Short 1 SM Screen 1 SUBTITLED *****
FFINDERS KEEPERS, LOVERS WEEPERS Anne Chapman 17, 25 SMG *****
AA FLEA IN HER EAR Rex Harrison, Rachel Roberts 6 SM Screen 1 *****
FFORGET PARIS Billy Crystal, Debra Winger 5, 14, 30 SM Screen 1 SUBTITLED LAST PLAY *****
FFLIRTING WITH DISASTER Ben Stiller, Patricia Arquette 10 SM Screen 2 PREMIERE *****
FFOUL PLAY Goldie Hawn, Chevy Chase 3 SMG *****
FFRENCH KISS Kevin Kline, Meg Ryan, Timothy Hutton 28 SM Screen 1 SUBTITLED *****
FFUNNY BONES Oliver Platt, Lee Evans, Richard Griffiths 6, 15 SM Screen 1 SUBTITLED *****
GGENTLEMEN PREFER BLONDES Marilyn Monroe, Jane Russell, Charles Coburn 8, 28 SMG *****
GGHOST DAD Bill Cosby, Kimberly Russell 26 SM Screen 2 DS *****
GGHOSTBUSTERS Bill Murray, Dan Aykroyd, Sigourney Weaver 13, 29 SM Screen 1 DS *****
GGHOSTBUSTERS II Bill Murray, Dan Aykroyd, Sigourney Weaver 30 SMG *****
GGO WEST Groucho Marx, Chico Marx, Harpo Marx 8 TNT *****
GGOING UNDER Bill Pullman, Ned Beatty 11 SM Screen 1 *****
GGOOD MORNING... AND GOODBYE Alaina Capri, Pat Wright, Stuart Lancaster 18 SMG *****
GGREAT DAY Eric Portman, Flora Robson, Isabel Jeans, Sheila Sim 10 SM Screen 2 *****
TTHE GREAT LOVER Bob Hope 8, 16, 24 SMG *****
HHAIL THE CONQUERING HERO Eddie Bracken, Ella Raines 8 SM Screen 2 *****
TTHE HEAVENLY KID Lewis Smith, Jason Gedrick 4 SM Screen 1 *****
HHEAVYWEIGHTS Aaron Schwartz, 8, 17, 28 SM Screen 1 *****
HHERBIE RIDES AGAIN Helen Hayes 8 Disney SUBTITLED *****
HHIGHWAYS Patrick Behr, Lisa De Caro 24 HVC *****
HHOME FRONT Lynn Redgrave 7, 29 SM Screen 1 *****
TTHE HONEY POT Rex Harrison 14, 22 SM Screen 1 *****
HHOT MILLIONS Peter Ustinov, Maggie Smith, Karl Malden 29 TNT DS *****
TTHE HOT ROCK Robert Redford, George Segal, Zero Mostel 23 SMG *****
II MARRIED A WITCH Fredric March, Veronica Lake 4, 12, 22, 31 SM Screen 2 *****
IIN THE ARMY NOW Pauly Shore 28 SM Screen 2 SUBTITLED *****

IINVASION QUARTET Bill Travers, Spike Milligan 20 TNT *****
IIRMA LA DOUCE Shirley MacLaine, Jack Lemmon 1 SMG *****
IIT HAD TO BE YOU Joseph Bologna 12 HVC *****
IIT'S ONLY MONEY Jerry Lewis, Zachary Scott 13 SMG *****
JJANE AND THE LOST CITY Sam Jones, Maud Adams 1, 11, 20 SM Screen 1 *****
TTHE JUDGE STEPS OUT Alexander Knox 9, 18, 27 SM Screen 2 *****
JJUST LIKE DAD Ben Diskin 10 Disney SUBTITLED *****
KKALEIDOSCOPE Warren Beatty 28 SM Screen 1 *****
KKAZAAM Shaquille O'Neal, Francis Capra 10, 21 SM Screen 2 *****
KKILL OR CURE Terry-Thomas, Eric Sykes, Dennis Price 28 TNT *****
KKINGPIN Woody Harrelson, Randy Quaid 7, 18 SM Screen 1 *****
KKISS ME GOODBYE Sally Field, Jeff Bridges 4, 13 SM Screen 1 *****
LTHE LAST SUPPER Cameron Diaz, Jonathan Penner 15 SM Screen 2 PREMIERE *****
LLICENSE TO DRIVE Corey Haim, Corey Feldman 8 SM Screen 1 *****
LLIVING IN OBLIVION Steve Buscemi, Dermot Mulroney 22 SM Screen 2 *****
LLOOKING FOR TROUBLE Peter Tors 5, 28 SM Screen 1 *****
LTHE LOVE BUG John Hannah 8 Disney SUBTITLED *****
MMADE IN PARIS Ann-Margret, Louis Jourdan 16 TNT *****
MMAGIC STICKS George Kranz, Kelly Curtis, Chico Hamilton 11, 21, 27 SM Screen 1 *****
MMAJOR LEAGUE Tom Berenger, Charlie Sheen 10 SMG *****
MMANNEQUIN Andrew McCarthy, Kim Cattrall 1 SMG *****
MMARRIED TO THE MOB Michelle Pfeiffer 4 SMG *****
TTHE MATCHMAKER Shirley Booth, Anthony Perkins 14 SMG *****
MMEMORIES OF ME Billy Crystal 6, 25 SM Screen 1 *****
MMIAMI RHAPSODY Sarah Jessica Parker 4, 31 SM Screen 2 SUBTITLED LAST PLAY *****
MMONKEY BUSINESS Cary Grant, Ginger Rogers 28 SMG *****
MMOVING Richard Pryor, Randy Quaid 24 SMG *****
MMYSTERY SCIENCE THEATRE 3000: THE MOVIE Michael J. Nelson 22, 31 SM Screen 2 PREMIERE *****
NNADINE Jeff Bridges, Kim Basinger 3, 14, 20, 29 SM Screen 2 *****
NNINE MONTHS Hugh Grant 8 SM Screen 1 SUBTITLED *****
NNINE TO FIVE Dolly Parton, Jane Fonda 23 SMG *****
OONLY A BUCK Charlie Schmidt 10 HVC *****
PPAPER MOON Ryan O'Neal, Tatum O'Neal 22 SMG *****
PPARENT TRAP - HAWAIIAN HONEYMOON Hayley Mills 14 Disney SUBTITLED *****
PPARENT TRAP II Hayley Mills 14 Disney SUBTITLED *****
PPARENT TRAP III Hayley Mills 14 Disney SUBTITLED *****
PPEE-WEE'S BIG ADVENTURE Paul Reubens 2, 19 SM Screen 1 *****
PPETULIA Julie Christie, George C. Scott 26 SM Screen 1 *****

TTHE PHILADELPHIA STORY Cary Grant, Katharine Hepburn, James Stewart 22 TNT *****
AA PIECE OF THE ACTION Sidney Poitier 6 SM Screen 1 *****
AA PIG'S TALE Jake Beecham 3, 11, 20, 29 SM Screen 2 *****
PPROJECT: ALF Miguel Ferrer 20, 31 SM Screen 2 *****
PPSYCHO'S IN LOVE Carmine Capabianco 4 HVC *****
AA PYROMANIAC'S LOVE STORY William Baldwin, Sadie Frost 3 SM Screen 1 *****
RRETURN OF THE SHAGGY DOG Gary Kroeger 7, 25 Disney SUBTITLED *****
RREVENGE OF THE PINK PANTHER Peter Sellers, Herbert Lom, Dyan Cannon 15 SMG *****
RROBIN AND THE SEVEN HOODS Frank Sinatra, Dean Martin 19 SM Screen 1 *****
RROCK-A-BYE BABY Jerry Lewis, Marilyn Maxwell 12 SMG *****
RROMAN HOLIDAY Audrey Hepburn, Gregory Peck 21 SMG *****
SSABRINA Audrey Hepburn, Humphrey Bogart, William Holden 7 SMG *****
SSAILOR BEWARE! Dean Martin, Jerry Lewis 10 SMG *****
TTHE SECRET OF MY SUCCESS James Booth 19 TNT *****
SSEE NO EVIL, HEAR NO EVIL Richard Pryor, Gene Wilder 19 SMG *****
TTHE SEVEN YEAR ITCH Marilyn Monroe, Tom Ewell 3, 17, 28 SM Screen 1 *****
SSEX AND THE SINGLE GIRL Lauren Bacall, Tony Curtis 19 SMG *****
SSGT. BILKO Steve Martin 19 SM Screen 1 SUBTITLED *****
SSHE'S BACK Carrie Fisher, Robert Joy 29 SM Screen 1 DS *****
SSILVER STREAK Gene Wilder, Richard Pryor 17 SMG *****
SSKIN DEEP John Ritter, Alyson Reed 13, 31 SMG *****
SSNOW WHITE AND THE THREE STOOGES Carol Heiss, Larry Fine 6, 14 SM Screen 2 *****
TTHE SQUEEZE Michael Keaton 13 SM Screen 1 *****
SSTOLEN HEARTS Sandra Bullock 1, 11 SM Screen 1 *****
SSTRIPES Bill Murray, Harold Ramis, Warren Oates 15 SMG *****
SSTUART SAVES HIS FAMILY 3, 23 SM Screen 2 LAST PLAY *****
TTHE STUPIDS Tom Arnold, Jessica Lundy 22, 31 SM Screen 1 PREMIERE *****
SSULLIVAN'S TRAVELS Joel McCrea 8, 19, 27 SM Screen 2 *****
SSUNDAY IN NEW YORK Rod Taylor, Cliff Robertson 30 TNT *****
TT-BONE 'N' WEASEL Gregory Hines 11 TNT *****
TTHE TALK OF THE TOWN Ronald Colman, Cary Grant 2, 11, 20, 31 SM Screen 2 *****
TTHE TAMING OF THE SHREW Elizabeth Taylor, Richard Burton 12, 30 SMG *****
TTEN TALL MEN Burt Lancaster, Gilbert Roland 13, 23 SMG *****
TTHAT'S MY BOY Dean Martin, Jerry Lewis 9 SMG *****
TTHEODORE REX 12, 24 SM Screen 1 SUBTITLED *****
TTHE THIEF WHO CAME TO DINNER Ryan O'Neal 31 SM Screen 1 *****

INNER

Here's our alphabetical at-a-glance planner to March's films on Sky Movies Screen 1, Sky Movies Screen 2, Sky Movies Gold, TNT, Disney and HVC.

For full details and times please refer to the daily listings.

PREMIERE: first showing on British TV.

WIDESCREEN: a film shown in letterbox format.

LAST PLAY: last showing on the channel indicated.

SUBTITLES: a film subtitled on Page 888 of SKYTEXT.

DS: Dolby Surround

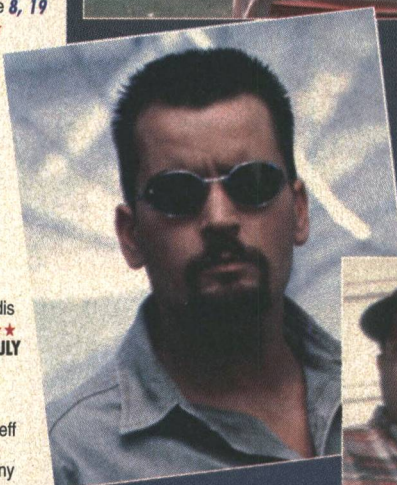
Figures denote date of the month.

★★★★★ Unmissable ★★★★★ Good ★★★★★ Quite good
★★ Average ★ Awful

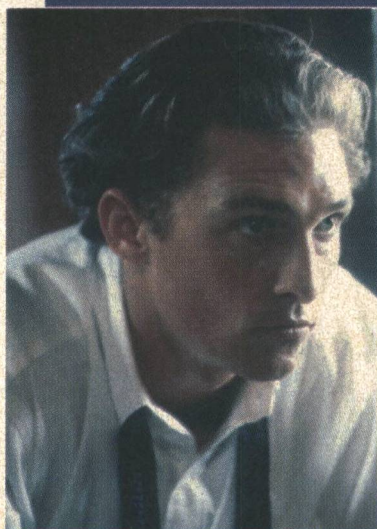
MARCH PREMIERES



Above: In 'Emma', Gwyneth Paltrow stars as Jane Austen's heroine Emma Woodhouse, who adores shooting Cupid's arrow, and Jeremy Northam plays her brother-in-law Mr Knightley: Sky Movies Friday 20th. Left: Charlie Sheen is an astronomer who has detected alien life in 'The Arrival': Sky Movies Screen 2 Saturday 14th



Right: 'Phenomenon' stars Forest Whitaker and John Travolta: Sky Movies Screen 1 Friday 13th. Below: 'A Time to Kill' with Matthew McConaughey: Sky Movies Screen 2 Saturday 28th



Above: An ill wind blows for tornado-chasing Bill Harding (Bill Paxton) and his wife Jo (Helen Hunt) in the disaster movie 'Twister': Sky Movies Screen 2 Saturday 21st

THREE BLIND MICE Loretta Young, David Niven **7 SMG** ★★

TO DIE FOR Nicole Kidman, Matt Dillon **16, 22, 31 SM Screen 1**

SUBTITLED DS ★★★★★

TOM, DICK AND HARRY Ginger Rogers **14 SM Screen 2** ★★★★★

TOMMY BOY Chris Farley, David Spade **12 SM Screen 1** ★★★★★

THE TOY Richard Pryor **1, 9, 18, 27 SM Screen 1** ★★★★★

UNFAITHFULLY YOURS **1, 18, 28 SM Screen 2** ★★★★★

UNSTRUNG HEROES Andie MacDowell, John Turturro **13, 26 SM Screen 1** ★★★★★

VAMPIRE AT MIDNIGHT Jason Williams **13 HVC** ★★

VICE VERSA Judge Reinhold **3, 14, 26 SM Screen 1** ★★★★★

VIVACIOUS LADY Ginger Rogers **12 SMG** ★★★★★

WHERE'S WILLIE? Guy Madison **18 HVC** ★★

WHO'S HARRY CRUMB? John Candy **29 SMG** ★★★★★

WISE GUYS Danny DeVito, Joe Piscopo **26 TNT** ★★★★★

WORKING GIRL Melanie Griffith, Harrison Ford **24 SMG** ★★★★★

THE YOUNG POISONER'S HANDBOOK Hugh O'Connor, Anthony Sher **5, 14 SM Screen 1**

SUBTITLED LAST PLAY DS ★★★★★

DOCUMENTARY

BUGS BUNNY SUPERSTAR Narrated by Orson Welles **15 SM Screen 2** ★★★★★

CITIZEN CAINE Michael Caine **14 SMG** ★★★★★

STRIPPER Janette Boyd, Sara Costa **12 SM Screen 1** ★★★★★

DRAMA

THE ACCUSED Jodie Foster, Kelly McGillis, Bernie Coulson **22 SMG DS** ★★★★★

ACT OF VIOLENCE Robert Ryan, Van Heflin **6 TNT** ★★★★★

THE ADVENTURES OF DON JUAN Errol Flynn **13 TNT** ★★★★★

THE ADVENTURES OF PINOCCHIO **29 SM Screen 1 PREMIERE** ★★★★★

ALICE ADAMS Katharine Hepburn, Fred MacMurray **15 SMG** ★★★★★

ALL MEN ARE MORTAL Stephen Rea **2, 12, 29 SM Screen 1** ★★★★★

ALL THE VERMEERS IN NEW YORK Emmanuelle Chabaut **20 HVC** ★★★★★

ANGEL FACE Robert Mitchum **4, 12, 20, 28 SM Screen 2** ★★★★★

THE ANGEL OF PENNSYLVANIA AVENUE Diana Scarwid, Robert Ulrich **9, 29 SM Screen 2** ★★★★★

ANOTHER WOMAN Gena Rowlands **3 SMG** ★★★★★

ANZIO **31 SMG** ★★★★★

APOLLO 11 **6, 22 SM Screen 2** ★★★★★

SUBTITLED LAST PLAY DS ★★★★★

APOLLO 13 Tom Hanks, Kevin Bacon **9 SM Screen 1** ★★★★★

ARTURO'S ISLAND Reginald Kerner **27 TNT** ★★★★★

THE BACHELOR PARTY Don Murray **1 SMG** ★★★★★

BAD BOYS **9, 18, 26 SM Screen 2** ★★★★★

SUBTITLED LAST PLAY ★★★★★

THE BANDIT OF SHERWOOD FOREST Cornel Wilde **3, 23 SM Screen 2** ★★★★★

BATTLE OF THE BULGE Henry Fonda **20, 29 SMG** ★★★★★

THE BEAT **5, 16 SM Screen 2** ★★★★★

BED OF ROSES **5, 20 SM Screen 1** ★★★★★

SUBTITLED ★★★★★

BEFORE AND AFTER Meryl Streep **16 SM Screen 1** ★★★★★

BEYOND RANGOON Patricia Arquette **27 SM Screen 1** ★★★★★

BEYOND THE CLOUDS Fanny Ardant **7 SMG** ★★★★★

BHOWANI JUNCTION Ava Gardner **30 TNT** ★★★★★

THE BIG GAME Gary Webster, Emma Wray **15, 25 HVC** ★★★★★

BIG JIM MCCLAIN John Wayne **7, 17, 25 SM Screen 2** ★★★★★

BILOXI BLUES Matthew Broderick **15 SMG DS** ★★★★★

BLACK FEATHER Todd Beadle **8, 19 SM Screen 2 LAST PLAY** ★★★★★

BLACK SCORPION: GROUND ZERO **21 SM Screen 2** ★★★★★

BLOOD AND SAND Tyrone Power **21 SM Screen 2** ★★★★★

BLOWING HOT AND COLD Peter Adams **5 HVC** ★★★★★

BLUE CITY Judd Nelson, Ally Sheedy **26 SMG** ★★★★★

BOAT DREAMS **17 HVC** ★★★★★

BODY COUNT **17 HVC** ★★★★★

BORN FREE: A NEW ADVENTURE Jonathan Brandis **9 SM Screen 1** ★★★★★

BORN ON THE FOURTH OF JULY Tom Cruise, Willem Dafoe, Kyra Sedgwick **21 SMG** ★★★★★

BORN TO BE WILD Will Horneff **21 SM Screen 2** ★★★★★

THE BOSTON STRANGLER Tony Curtis **2, 17 SMG** ★★★★★

BOUNTY HUNTER **2002** Vernon Wells, Phil Nordell **6 HVC** ★★★★★

THE BOY ON A DOLPHIN Alan Ladd **26 SMG** ★★★★★

BRAVEHEART Mel Gibson, Sophie Marceau, Patrick McGeehan **16 SM Screen 1** ★★★★★

BREAKING AWAY Dennis Christopher **6 SM Screen 1** ★★★★★

BRIGHTON YOUNG Tyrone Power **4, 20 SM Screen 2** ★★★★★

BROTHERLY LOVE Peter O'Toole, Susannah York **30 TNT** ★★★★★

BUILD MY GALLOWS HIGH Robert Mitchum **1, 29 SMG** ★★★★★

BURNING SECRET David Eberts **22 SM Screen 2** ★★★★★

CAGE Lou Ferrigno, Reb Brown **1 SMG** ★★★★★

CALM AT SUNSET Michael Moriarty **12 SM Screen 2** ★★★★★

CAPONE'S LAST TREASURE Loring Stevenson **2 HVC** ★★★★★

CAPTAIN BLOOD Errol Flynn, Olivia de Havilland **1 TNT** ★★★★★

CAPTAIN HORATIO HORNBLOWER Gregory Peck **14 SMG** ★★★★★

THE CARE AND HANDLING OF ROSES **12 SM Screen 1** ★★★★★

CARRINGTON Emma Thompson **28 SM Screen 1** ★★★★★

FILM PLANNER

THE CHAMP 18 TNT ***
THE CHASE Marlon Brando, Robert Redford 7 SMG ***
CHILDHOOD SWEETHEART 1, 13, 25 SM Screen 2 PREMIERE ***
CHILDREN OF A LESSER GOD William Hurt 21 SMG ***
CHRISTMAS EVERY DAY Bess Armstrong 16 SM Screen 2 **
CITIZEN KANE Orson Welles 31 SM Screen 2 *****
CLARA'S HEART 5 SMG ***
COBB Tommy Lee Jones, Robert Wuhl 2, 11, 17 SM Screen 1 ***
THE COMEDIANS Richard Burton, Elizabeth Taylor 12 TNT ***
COMMANDO 23 SMG DS ***
THE COMPANION 1, 10, 27 SM Screen 2 LAST PLAY ***
CONAN THE BARBARIAN Arnold Schwarzenegger 12 SMG **
CONGO 15 SM Screen 1 LAST PLAY *
CRAZY FROM THE HEART Christine Lahti 22 TNT ***
CRAZY HORSE Michael Greyeyes 4, 10 SM Screen 1 ***
CRITICAL CHOICES Betty Buckley 5 SM Screen 1 PREMIERE ***
CROSSCUT 26 SM Screen 2 ***
THE CRYING CHILD Mariel Hemingway 12 SM Screen 2 PREMIERE ***
CUP FINAL 24 SM Screen 2 ***
DAMN THE DEFIANT! Dirk Bogarde 28 SMG ***
THE DANCE GOES ON Matthew James Almond 19, 30 HVC **
DANGEROUS MINDS 29 SM Screen 1 SUBTITLED ***
DANNY, CHAMPION OF THE WORLD Jeremy Irons 29 Disney ***
DARBY O'GILL AND THE LITTLE PEOPLE Albert Shape, Sean Connery 17 Disney SUBTITLED ***
DAVID COPPERFIELD Robin Phillips 3, 26 SM Screen 1 ***
DAYS OF THUNDER Tom Cruise, Robert Duvall 30 SMG DS ***
DEAD MAN WALKING Susan Sarandon 14 SM Screen 2 SUBTITLED ***
DEADFALL Michael Caine 15, 31 SM Screen 1 ***
DEADLY RIVALS 23 HVC **
DEMETRIUS AND THE GLADIATORS Victor Mature, Susan Hayward, 5, 13, 24 SM Screen 2 ***
DESERT WINDS 3 HVC **
DESPERATE FOR LOVE Christian Slater 26 SM Screen 1 ***
DEUCE COUPE 4 HVC **
THE DEVIL MAKES THREE Gene Kelly, Pier Angeli 10 TNT ***
DINER 12 TNT ***
DIRTY DANCING Patrick Swayze, Jennifer Grey 6 SMG **
DOGFIGHT River Phoenix, Lili Taylor 10, 29 SMG ***
DOWN, OUT & DANGEROUS 31 SM Screen 2 ***
EMMA Gwyneth Paltrow, Jeremy Northam 20, 30 SM Screen 1 SUBTITLED PREMIERE ***
ERASER 2, 5, 8, 11, 17 SM Screen 2 SUBTITLED ***
ERNEST HEMINGWAY'S ADVENTURES OF A YOUNG MAN Richard Beymer, Paul Newman 12 SM Screen 1 ***
EYE FOR AN EYE Sally Field 7, 20, 31 SM Screen 2 PREMIERE ***
THE FACE Yasmine Bleeth 27 SM Screen 2 ***
FALLEN ANGELS 27 HVC ***
A FAREWELL TO ARMS Rock Hudson 15 SMG ***
FAREWELL TO THE KING Nick Nolte, Nigel Havers 5 SMG ***
FARINELLI - IL CASTRATO Stefano Dionisi 7, 18, 30 SM Screen 1 WIDESCREEN ***
FATAL JUDGEMENT 6 HVC **
THE FIREBALL 28 SMG ***
FIRST KNIGHT Sean Connery 7 SM Screen 1 SUBTITLED LAST PLAY ***

FIVE GRAVES TO CAIRO Franchot Tone 9 SM Screen 2 ***
THE FIXER 8 TNT ***
FLESH AND BLOOD Rutger Hauer 9 SMG DS ***
FLIPPER Paul Hogan 3, 14 SM Screen 1 SUBTITLED ***
THE FLOWER OF MY SECRET Marisa Paredes 17 SMG DS ***
FLUKE Matthew Modine 7 SM Screen 2 SUBTITLED ***
FOR WHOM THE BELL TOLLS Gary Cooper 22 SMG ***
FORBIDDEN TERRITORY Aidan Quinn 2, 17 SM Screen 2 PREMIERE ***
FORCE 10 FROM NAVARONE Robert Shaw 6, 18 SMG ***
FORGOTTEN PRISONERS - THE AMNESTY FILES 5 TNT ***
THE FOXES OF HARROW Maureen O'Hara 18 SM Screen 2 ***
FROM THE MIXED UP FILES OF MRS BASIL E. FRANKWEILER Lauren Bacall 24, 30 Disney ***
FUNERAL IN BERLIN Michael Caine, Eva Renzi 14 SMG ***
GARDEN OF EVIL Gary Cooper 16, 31 SM Screen 2 ***
GARDENS OF STONE James Caan 26 SMG DS ***
THE GENTLEMAN BANDIT Ralph Waite 1, 11 HVC **
GOLD DIGGERS: THE SECRET OF BEAR MOUNTAIN Christina Ricci 7, 18 SM Screen 1 ***
THE GOLDEN ARROW 28 TNT **
GOLDOLOCKS AND THE THREE BEARS Hanna Hall, Dwier Brown 14, 20, 26 SM Screen 1 **
THE GOODBYE BIRD 3, 15 Disney SUBTITLED ***
GREAT BALLS OF FIRE! Dennis Quaid 2 SMG ***
THE GREEN HELMET Bill Travers, Ed Begley 25 TNT ***
GUNGA DIN 6, 24 SMG ***
THE GUNS OF NAVARONE Gregory Peck 28 SMG ***
THE GURU Michael York, Utpal Dutt 22, 30 SM Screen 1 ***
THE GYPSY MOTHS Burt Lancaster, Deborah Kerr 15 TNT ***
HARD TIMES Charles Bronson, James Coburn 3 SMG ***
HASTY HEART Gregory Harrison 16, 29 SM Screen 1 ***
HATARI! 26 SMG ***
HEART OF A CHAMPION Robert Blake 5 SM Screen 1 ***
HEART OF DARKNESS Tim Roth, John Malkovich 24 TNT ***
HEART OF FIRE Patrick Duffy, Steve Jacobs 9, 18 SM Screen 2 **
HEIDI (PART ONE) Adam Siesk 28 Disney SUBTITLED ***
HEIDI (PART TWO) 28 Disney SUBTITLED ***
HELL TO ETERNITY Jeffrey Hunter 1, 19, 26 SMG ***
HER DESPERATE CHOICE Faith Ford, Kyle Secor 24 SM Screen 2 ***
HIGH STAKES Cynthia Gibb, Robin Thomas 18, 30 SM Screen 1 ***
A HOLIDAY TO REMEMBER Connie Sellecca 10, 21 SM Screen 1 **
HOMEWARD BOUND II: LOST IN SAN FRANCISCO 22 Disney SUBTITLED ***
THE HORSEMAN ON THE ROOF Olivier Martinez 28 SMG ***
HORSES AND CHAMPIONS Quincy Davis 18, 27 SM Screen 2 ***
THE HOUR OF THIRTEEN Peter Lawford 4 TNT ***
THE HUSTLER Paul Newman, Jackie Gleason 28 SMG ***
I REMEMBER MAMA Irene Dunne 26 SM Screen 2 ***
I WAKE UP SCREAMING 4, 12, 21, 31 SM Screen 2 ***
ICE STATION ZEBRA Rock Hudson, Ernest Borgnine 6 TNT DS ***
IF... 28 SMG ***
IMAGINARY CRIMES 18 SM Screen 1 LAST PLAY DS ***

IN THE LINE OF DUTY: BLAZE OF GLORY 19, 27 SM Screen 2 PREMIERE ***
THE INDIAN IN THE CUPBOARD Hal Scardino 8, 27 SM Screen 1 SUBTITLED ***
IRONCLADS 8 TNT ***
IVANHOE 13, 20 SMG ***
JANE EYRE William Hurt 22 SM Screen 1 PREMIERE ***
JASON'S LYRIC Allen Payne 21 SM Screen 1 ***
JAWS: THE REVENGE Lorraine Gary 13 SMG DS **
JOHNNY MYSTO, BOY WIZARD Toran Caudell 6, 19, 29 Disney SUBTITLED PREMIERE ***
JOLSON SINGS AGAIN 8 SMG ***
THE JOURNEY 26 TNT ***
JUMANJI Robin Williams 6, 29 SM Screen 1 SUBTITLED ***
KANSAS Patricia Wettig, Matt Craven 16 SM Screen 1 ***
THE KARATE KID Ralph Macchio 27 SMG DS ***
THE KARATE KID III Ralph Macchio 25 SM Screen 1 **
KID MIDAS Trevor O'Brien 4, 15 Disney PREMIERE ***
KING SOLOMON'S MINES Deborah Kerr 17 TNT ***
KNIGHTS OF THE ROUND TABLE Robert Taylor 25 TNT DS ***
THE KRAYS 20 SMG DS ***
KUNG FU 4 SMG ***
KUNG FU - THE MOVIE David Carradine 10 SMG ***
LA CEREMONIE Isabelle Huppert, Jacqueline Bisset 8, 16, 25 SM Screen 1 LAST PLAY ***
LADYHAWKE 2 SMG ***
LANCER SPY George Sanders 5, 22 SM Screen 2 ***
LAND AND FREEDOM Ian Hart, Rosana Pastor 2, 10, 20, 29 SM Screen 2 SUBTITLED ***
THE LAST HOME RUN Thomas Guiry 6, 17 SM Screen 1 ***
THE LAW AND JAKE WADE Robert Taylor 3 TNT WIDESCREEN ***
LE CRI DU COEUR Bakary Sangre 11 SMG WIDESCREEN ***
LEGACY OF SIN: THE WILLIAM COIT JR STORY 4, 26 SM Screen 2 LAST PLAY **
LEGEND OF THE LOST TOMB 13, 29 Disney SUBTITLED ***
LETTERS FROM THE EAST 17 SM Screen 1 SUBTITLED LAST PLAY WIDESCREEN DS ***
LIGHT IN THE PIAZZA Yvette Mimieux 22 TNT ***
THE LIGHTHORSEMEN Peter Phelps 10 SMG ***
LILLIAN RUSSELL 17 SMG ***
LITTLE BIGFOOT 2: THE JOURNEY HOME 11, 21 SM Screen 1 **
LITTLE COBRAS: OPERATION DALMATIAN Richard Moll, 7, 16, 24 SM Screen 1 ***
LITTLE NIKITA River Phoenix, Sidney Poitier 4 SMG ***
A LITTLE PRINCESS Eleanor Bron 4, 13 SM Screen 1 ***
THE LITTLE RIDERS 28 Disney SUBTITLED ***
THE LONG SHIPS 9 SMG ***
THE LONG VOYAGE HOME John Wayne, Thomas Mitchell 6, 14, 23 SM Screen 2 ***
LOOK AT ME, AMERICA Erik Estrada 3 HVC **
LOSING ISAIAH Jessica Lange 8, 18 SM Screen 1 ***
LOST TREASURE OF DOS SANTOS 22 SM Screen 1 ***
MAD LOVE Chris O'Donnell 4, 14, 31 SM Screen 1 ***
MAGNIFICENT OBSESSION Irene Dunne 5, 17 SM Screen 2 ***
THE MAJOR AND THE MINOR 8, 23 SM Screen 2 ***
MALAREK 20 HVC **
MAN OF PASSION 16 HVC ***
THE MAN WHO WOULD BE KING Sean Connery 14 SMG ***
MARKED FOR DEATH Steven Seagal 16 SMG ***
MARY REILLY Julia Roberts 1, 17 SM Screen 2 SUBTITLED ***
MEETING VENUS Glenn Close 13 SM Screen 1 ***

MEMPHIS 26 TNT ***
MERRILL'S MARAUDERS Ty Hardin, Jeff Chandler 12 SM Screen 2 **
MINNIE AND MOSKOWITZ Gena Rowlands 29 SM Screen 1 ***
MIRACLE ON 34TH STREET Jane Alexander 16 SM Screen 1 ***
MISSISSIPPI BURNING Gene Hackman 25 SMG ***
MISTER KINGSTREET'S WAR John Saxon 22 HVC ***
MOONLIGHT AND VALENTINO Elizabeth Perkins 6, 26 SM Screen 1 PREMIERE ***
MOONSTRUCK Cher, Nicolas Cage 21 SMG DS ***
MOROCCO Gary Cooper, Marlene Dietrich 27 SMG ***
A MOTHER'S INSTINCT Lindsay Wagner 8 SM Screen 2 **
A MOTHER'S PRAYER Linda Hamilton 29 SM Screen 2 **
THE MOUNTAIN Spencer Tracy 5, 13, 22 SM Screen 2 ***
MR HOLLAND'S OPUS Richard Dreyfuss 2, 11 SM Screen 1 SUBTITLED DS ***
MR MAJESTYK 25 SMG ***
MURDER IN THE FIRST 21 SM Screen 1 SUBTITLED ***
THE MOTHERS 29 HVC ***
MY DATE WITH THE PRESIDENT'S DAUGHTER 15, 26 Disney SUBTITLED ***
MY FAMILY Jimmy Smits, Esai Morales 17 SM Screen 1 PREMIERE ***
NADIA Peter Fonda 31 SM Screen 1 WIDESCREEN PREMIERE ***
NAKED SOULS Brian Krause 5 SM Screen 2 **
NEVER ON TUESDAY Charlie Sheen 25 SM Screen 1 ***
NICK & EDDY (IN TROUBLE) Michael Thomas 27 HVC **
NIGHT SUN 5 SMG ***
NIGHTBREAKER Martin Sheen 22, 30 SM Screen 2 ***
NIGHTMARE ALLEY Tyrone Power 6, 16, 28 SM Screen 2 ***
NINA TAKES A LOVER Laura San Giacomo 25 SM Screen 2 ***
NIXON Anthony Hopkins 24 SM Screen 1 PREMIERE ***
NO MAN OF HER OWN Clark Gable 1 SMG ***
NORWOOD 29 SM Screen 2 ***
NOW AND THEN Demi Moore 4, 12, 21 SM Screen 1 SUBTITLED ***
OBJECTIVE, BURMA! Errol Flynn 3 TNT ***
THE OFFENSE 5 SMG ***
OLD MAN 10, 19 SM Screen 2 **
OPTIONS Matt Salinger, Joanna Pacula 12, 21 SM Screen 1 ***
OUR MOTHER'S HOUSE Dirk Bogarde 5 TNT WIDESCREEN ***
OUT OF DARKNESS 9 HVC **
THE OUTFIT Robert Duvall, Karen Black 13 TNT ***
OUTRAGE! 18 SM Screen 1 ***
THE PAPER BRIGADE 2, 20 Disney SUBTITLED ***
PAROLE VIOLATORS Sean Donahue 25 HVC ***
A PASSAGE TO INDIA Judy Davis, Victor Bannerjee 22 SMG ***
THE PASSION OF DARKLY NOON 29 SM Screen 2 PREMIERE ***
THE PEOPLE NEXT DOOR Nicollette Sheridan 3 SM Screen 1 ***
PHENOMENON John Travolta, Kyra Sedgwick 19, 23, 31 SM Screen 1 SUBTITLED PREMIERE ***
THE PORTRAIT 12 TNT ***
THE POSEIDON ADVENTURE Gene Hackman 16 SMG ***
THE PRIME OF MISS JEAN BRODIE Maggie Smith 6 SMG ***
PRISON OF SECRETS Stephanie Zimbalist 16 SM Screen 2 ***
THE PRIZE 21 TNT ***
THE PROMISE 3 SM Screen 1 LAST PLAY WIDESCREEN ***
A PROMISE TO CAROLYN Swosie Kurtz 20 SM Screen 1 ***
QUO VADIS? Robert Taylor, Deborah Kerr 15 TNT WIDESCREEN ***
THE RAZOR'S EDGE Tyrone Power 10, 30 SMG ***

REBEL ROUSERS 10 HVC **
RED DUST Clark Gable, Jean Harlow 25 TNT ***
RENEGADES 3 SMG ***
RETURN TO BOGGY CREEK Dawn Wells, Dana Plato 7 Disney ***
RICH KIDS Trini Alvarado, Kathryn Walker 9 SMG ***
THE ROAD TO GALVESTON Cicely Tyson 7, 22 SM Screen 1 ***
RONNIE AND JULIE 18 Disney SUBTITLED ***
ROWING WITH THE WIND Hugh Grant 19 SMG **
SAFE PASSAGE Susan Sarandon, Sam Shepard 11 SM Screen 2 SUBTITLED LAST PLAY ***
SALT WATER MOOSE Timothy Dalton 9, 21 SM Screen 2 ***
SAVAGE MESSIAH Scott Antony, Dorothy Tutin 18 TNT ***
THE SCARLET EMPRESS Marlene Dietrich, Louise Dresser 21, 30 SM Screen 2 ***
THE SEA CHASE John Wayne 2, 15, 27 SM Screen 2 ***
THE SEA WOLVES Gregory Peck, Roger Moore 8 SMG ***
SEMI-PRECIOUS Joanna Kerns 2, 17 SM Screen 2 DS LAST PLAY ***
SENSE AND SENSIBILITY Emma Thompson, Alan Rickman 21 SM Screen 1 SUBTITLED ***
SEVEN FACES OF DR. LAO Tony Randall 1 TNT ***
THE SEVENTH VOYAGE OF SINBAD Kerwin Mathews 11 SMG ***
SHADOW DANCER April Brenman 7 SM Screen 2 ***
SHADOW MAKERS Paul Newman 9 SM Screen 1 ***
SHOES OF THE FISHERMAN Anthony Quinn, Oskar Werner 24 TNT WIDESCREEN ***
SHORT CIRCUIT 2 Fisher Stevens, Cynthia Gibb 1 SMG DS ***
SHOWDOWN IN LITTLE TOKYO Dolph Lundgren 24 SMG **
SIROCCO Humphrey Bogart, Marta Toren 7 SMG ***
THE SKATEBOARD KID 2 Dee Wallace Stone 4, 14, 27 SM Screen 2 ***
SKY RIDERS James Coburn 5, 23 SM Screen 1 ***
SLAVES OF NEW YORK Bernadette Peters 2, 25 SM Screen 2 DS ***
SLUTHER James Caan, Peter Boyle, Sally Kellerman 14 TNT ***
SOLDIERS OF INNOCENCE Dennis Christen 23 HVC **
THE SONG OF BERNADETTE Jennifer Jones 7, 17, 29 SM Screen 2 ***
SONS AND LOVERS Trevor Howard 2, 11, 19, 27 SM Screen 2 ***
SOUL OF THE GAME Delroy Lindo 15 SM Screen 1 ***
SPYMAKER: THE SECRET LIFE OF IAN FLEMING Jason Connery, Kristin Scott Thomas 19 TNT ***
ST. LOUIS BLUES Nat 'King' Cole 15 SM Screen 2 ***
THE STALKING MOON Gregory Peck 21, 31 SM Screen 1 ***
STAND-IN Leslie Howard 7, 13 SMG ***
STAR 80 19, 28 SM Screen 1 ***
THE STARS FELL ON HENRIETTA 28 SM Screen 2 ***
STEEL MAGNOLIAS Sally Field, Shirley MacLaine 7 SMG ***
A STREETCAR NAMED DESIRE Jessica Lange, Alec Baldwin, 13, 23 SM Screen 1 ***
SUDDEN DEATH 5 SM Screen 2 SUBTITLED ***
SUPERMAN II Christopher Reeve 11, 30 SM Screen 1 ***
THE SWARM Michael Caine 14 SMG ***
TAP Gregory Hines, Sammy Davis Jr. 16 SMG ***
TEAMSTER Barbara Williams 15, 24 SM Screen 2 ***
TELEFON Charles Bronson, Lee Remick 20 TNT ***
TEQUILA SUNRISE Mel Gibson, Kurt Russell 19 SMG ***
TERMS OF ENDEARMOR Shirley MacLaine 22 SMG ***
THEY KNEW WHAT THEY WANTED 8, 26 SM Screen 2 ***

THE THOMAS CROWN AFFAIR Steve McQueen **6 SMG** ***
TIDAL WAVE, NO ESCAPE Corbin Bernsen **1 Disney** ***
TIGER WARSAW **22 HVC** **
A TIME TO KILL Matthew McConaughey **28 SM Screen 2** ***
SUBTITLED PREMIERE ***
TOM AND HUCK Jonathan Taylor **22, 27 Disney PREMIERE** ***
TOOTHLESS Kirstie Alley **21 Disney** ***
SUBTITLED ***
TOUCH AND GO Michael Keaton **12 SMG** ***
TOWER OF TERROR **5, 23 Disney** ***
SUBTITLED ***
TRADER HORN **11 TNT** ***
THE TRAIL OF THE LONESOME PINE Fred MacMurray **16 SMG** ***
TREASURE ISLAND Charlton Heston **10 TNT** ***
TRUE ROMANCE Christian Slater **19 SMG DS** ***
THE TURN OF THE SCREW Patsy Kensit, **28 SM Screen 2** ***
TWISTER Helen Hunt, Bill Paxton, Cary Elwes **21, 24, 30 SM Screen 2** ***
SUBTITLED PREMIERE DS ***
TWO SMALL VOICES **10, 22 SM Screen 1** ***
UNDER CRYSTAL LAKE Cliff Potts **13 HVC** **
UNDER SIEGE 2: DARK TERRITORY Steven Seagal **12 SM Screen 2** ***
SUBTITLED ***
UP PERISCOPE James Garner **1, 10, 23 SM Screen 2** ***
A VERY PRIVATE AFFAIR Brigitte Bardot **9 TNT** ***
THE VIKING SAGAS Ralf Moeller **19 SM Screen 2 DS** ***
VIRODIA Francisco Rabal, Silvia Pinal **2, 18 SMG WIDESCREEN** ***
VOLCANO: FIRE ON THE MOUNTAIN Dan Cortese **9, 24 SM Screen 1** ***
SUBTITLED ***
THE WALKING STICK David Hemmings **13 TNT** ***
A WALTON'S EASTER Ralph Waite **4, 10, 30 SM Screen 1** **
THE WAR Kevin Costner, Elijah Wood **29 SM Screen 2** **
THE WESTING GAME **1, 16, 31 Disney** ***
SUBTITLED ***
THE WEST SIDE WALTZ Liza Minnelli **5, 30 SM Screen 2** ***
WHAT HAPPENED TO SANTIAGO? Gladys Rodriguez **3 SMG** ***
WHAT LOVE SEES Richard Thomas **16, 25 SM Screen 2 PREMIERE** ***
WHAT THE DEAF MAN HEARD Matthew Modine, Tom Skerritt **23 SM Screen 2 PREMIERE** ***
WHEN FRIENDSHIP KILLS Lynda Carter **8, 23 SM Screen 2** ***
WHEN INNOCENCE IS LOST Keri Russell **15, 24 SM Screen 2** ***
WHERE'S JACK? Tommy Steele **12, 23, 31 SM Screen 2** ***
WHERE'S THE MONEY, NOREEN? **14 SM Screen 2** ***
WHITE NIGHTS Mikhail Baryshnikov **20 SMG DS** ***
WHITE SQUALL Jeff Bridges **7, 17 SM Screen 1** ***
SUBTITLED ***
WHO'S AFRAID OF VIRGINIA WOOLF? Elizabeth Taylor, Richard Burton **22 SMG** ***
WISH UPON A STAR **11 Disney** ***
SUBTITLED ***
A WOMAN SCORNED Andrew Stevens **19 SM Screen 2** ***
WONDERGUY **9 HVC** **
YENTL Barbra Streisand **10, 23 SM Screen 1** ***
YOUNG CASSIDY Rod Taylor, Julie Christie **23 TNT** ***
THE YOUNG LIONS Marlon Brando **16 SMG** ***
ZORBA THE GREEK Anthony Quinn **21 SMG** ***
ZULU Stanley Baker, Jack Hawkins **14 SMG** ***

EROTIC DRAMA

ALIEN ABDUCTION: INTIMATE SECRETS **1 SM Screen 1** ***
ANIMAL INSTINCTS - THE SEDUCTRESS **14 SM Screen 2** ***

B **BIKINI WITNESS** Lisa Comshaw, Tonya Qualls **15 HVC** ***
C **CYBERELLA: FORBIDDEN PASSIONS** Debra Beatty **6, 31 SM Screen 1** ***
D **THE DEVIL'S PET** Jeff Conaway, Julie Strain **18 HVC** ***
DREAM MASTER: THE EROTIC INVADER Cassandra Leigh **13 SM Screen 1** ***
E **EMMANUELLE 5** Monique Gabrielle **12 SM Screen 2** ***
HEAT Heather Hunter **17 HVC** ***
INDECENT BEHAVIOR **4 5 SM Screen 2** **
MARRIED PEOPLE, SINGLE SEX II: FOR BETTER OR WORSE **20 SM Screen 1 PREMIERE** ***
SHOWGIRLS Elizabeth Berkley, Kyle MacLachlan **5, 15, 27 SM Screen 1** ***
SIREN'S KISS Bobby Johnston **21 SM Screen 2** ***
UNDERCOVER Athena Massey **28 SM Screen 2** ***

HORROR

B **THE BIRDS II: LAND'S END** Brad Johnson **4, 14 SM Screen 1** ***
SUBTITLED LAST PLAY ***
BURNT OFFERINGS Oliver Reed, Burgess Meredith **14 SMG** ***
C **CANDYMAN: FAREWELL TO THE FLESH** Tony Todd **1, 13 SM Screen 2** ***
D **DEVIL RIDER** Rick Groat, Deborah Norris **2 HVC** ***
DRACULA HAS RISEN FROM THE GRAVE Christopher Lee, Rupert Davies **12 SMG** ***
E **EYE OF THE DEVIL** Deborah Kerr, Donald Pleasence **29 TNT** ***
F **THE FLY II** Eric Stoltz, Daphne Zuniga **8 SMG** ***
FUNNY MAN Tim James **13 SM Screen 2** ***
H **HALLOWEEN IV: THE RETURN OF MICHAEL MYERS** Donald Pleasence **31 SMG** ***
HUSH, HUSH, SWEET CHARLOTTE Bette Davis **24 SMG** ***
K **KADAICHA** Zoe Carides, Tom Jennings **12 HVC** ***
L **THE LODGER** Merle Oberon, **13, 23 SM Screen 2** ***
M **MYSTIC SEVEN** Liz Rogers **11 HVC** ***
N **NIGHTMARE AT NOON** George Kennedy **1 HVC** ***
NIGHTMARE MAKER Jimmy McNichol **24 HVC** ***
A NIGHTMARE ON ELM STREET Johnny Depp **10 SMG** ***
A NIGHTMARE ON ELM STREET PART 2: FREDDY'S REVENGE Mark Patton **23 SMG** ***
A NIGHTMARE ON ELM STREET PART 3: DREAM WARRIORS Patricia Arquette **31 SMG** ***
O **ONE DARK NIGHT** Meg Tilly, Adam West **30 HVC** ***
P **POLTERGEIST II: THE OTHER SIDE** JoBeth Williams, Craig Nelson **29 SMG** ***
R **RUSH WEEK** Dean Hamilton, Pamela Ludwig **26 HVC** ***
S **SCANNERS II: THE NEW ORDER** David Hewlett **17 SMG** ***
SHAKMA **7 HVC** ***
SNAPSHOT **26 HVC** ***
V **VAMPIRES IN VENICE** Klaus Kinski, Donald Pleasence **21, 30 SM Screen 2** ***
W **WAXWORK** Zach Galligan **1, 17 SM Screen 2 DS** ***

MUSICAL

B **BLUE SKIES** Fred Astaire, Bing Crosby **6 SMG** ***
C **CHITTY CHITTY BANG BANG** **8 Disney** ***
SUBTITLED ***
CRY-BABY Johnny Depp, Amy Locane, Ricki Lake, Traci Lords **26 SMG** ***
D **A DAMSEL IN DISTRESS** Fred Astaire **5 SMG** ***

F **FIDDLER ON THE ROOF** Topol **27 SM Screen 1** ***
FLYING DOWN TO RIO Dolores del Rio **2, 23 SMG** ***
FUNNY GIRL Barbra Streisand, Kay Medford **21 SMG** ***
G **THE GAY DIVORCEE** Fred Astaire **3 SMG** ***
H **HAIL, HAIL, ROCK 'N' ROLL** Chuck Berry, Eric Clapton **28 SM Screen 1 DS** ***
I **I'LL GET BY** June Haver **6, 16, 25 SM Screen 2** ***
IT HAPPENED AT THE WORLD'S FAIR Elvis Presley, Joan O'Brien **14 TNT WIDESCREEN** ***
L **LILL** Leslie Caron, Mel Ferrer **21 TNT** ***
LOVE ME OR LEAVE ME Doris Day, James Cagney **18 TNT** ***
M **MARGIE** Jeanne Crain **18 SM Screen 2** ***
MEET ME IN ST LOUIS Judy Garland **21 TNT** ***
TOM THUMB Peter Sellers, Terry-Thomas **29 TNT** ***
O **ON THE RIVIERA** Danny Kaye, Gene Tierney, Corinne Calvet **3, 11, 20, 29 SM Screen 2** ***
ON THE TOWN Gene Kelly, Frank Sinatra **7 TNT** ***
P **THE PIRATES OF PENZANCE** Kevin Kline **7, 17, 25 SM Screen 1** ***
PUNSTUF Jack Wild, Martha Raye **24 SM Screen 1** ***
R **THE ROCKY HORROR PICTURE SHOW** Tim Curry, Susan Sarandon **6 SMG** *****
S **SHALL WE DANCE?** Fred Astaire, Ginger Rogers **4 SMG** ***
SINGIN' IN THE RAIN Gene Kelly, Debbie Reynolds **28 TNT** ***
ST LOUIS BLUES Nat 'King' Cole, Eartha Kitt **24 SMG** ***
T **THREE SMART GIRLS** Deanna Durbin, Alice Brady **2, 12, 25 SM Screen 2** ***
V **VIVA LAS VEGAS** Elvis Presley **10 TNT WIDESCREEN** ***
W **WEST SIDE STORY** Natalie Wood **22 SMG** ***

MYSTERY/THRILLER

A **THE ABDUCTION** Victoria Principal **26 SM Screen 1** ***
THE ABSOLUTE TRUTH **6 SM Screen 1** ***
AGATHA CHRISTIE'S DEAD MAN'S FOLLY Peter Ustinov **2, 11 SM Screen 1** ***
AGATHA CHRISTIE'S MURDER IN THREE ACTS **5 SM Screen 1** ***
AGATHA CHRISTIE'S MURDER WITH MIRRORS **18 SM Screen 1** ***
AGATHA CHRISTIE'S SPARKLING CYANIDE Anthony Andrews **1, 13 SM Screen 1** ***
AGATHA CHRISTIE'S THE MAN IN THE BROWN SUIT Tony Randall **8, 20, 26 SM Screen 1** ***
AGATHA CHRISTIE'S THIRTEEN AT DINNER Peter Ustinov **14, 30 SM Screen 1** ***
ANOTHER 48 HOURS Nick Nolte, Eddie Murphy **18 SMG DS** ***
ASSASSINS Sylvester Stallone **3, 30 SM Screen 1** ***
B **BADGE OF THE ASSASSIN** Yaphet Kotto **9 SMG** ***
BADLANDS Sissy Spacek, Martin Sheen **16 SMG** *****
THE BLUE IGUANA Dylan McDermott **5, 14, 25 SMG** ***
BORN BAD James Fieba **23 SM Screen 1 PREMIERE** ***
BREAKOUT Charles Bronson, Robert Duval **13 SMG** ***
C **CLEOPATRA JONES** Tamara Dobson **10 SM Screen 1** ***
CLEOPATRA JONES AND THE CASINO OF GOLD Tamara Dobson **12, 22 SM Screen 1** ***
CLOAK & DAGGER Dabney Coleman **22 SM Screen 2 DS** ***
COMA Genevieve Bujold, Michael Douglas **2 TNT WIDESCREEN** *****
COOL BREEZE Thalmus Rasulala, Judy Pace **14 TNT** ***

SCREEN TRENDS

The end of the Cold War was a blow to Hollywood as spies went out of fashion, but some survived. IVAN WATERMAN detects some of the shady characters coming your way in March ...



SPYMAKER: THE SECRET LIFE OF IAN FLEMING

It's ironic that Jason Connery should end up playing the young Ian Fleming, creator of James Bond. But the canny folk who backed this underrated TV movie saw it as a nifty piece of casting. Fleming's own colourful adventures with Naval Intelligence provided much of the raw material for 007 romps. You may well also be stirred by the great support cast which includes Kristin Scott Thomas, Joss Ackland, David Warner and former Bond beauty Fiona Fullerton. **TNT MARCH 19TH**

JANE AND THE LOST CITY

If ever there was a young confused hunk, it has to be Sam Jones. After a spot of bother (namely a BIG thumbs down) riding the space waves as Flash Gordon, he obviously fancied his chances in comic strip adventures and went on to star in this African adventure. So did Jasper Carrott, who turns up here as a buffoon-like Nazi spy. Oh dear. Kirsten Hughes looks good as the heroine and some gags actually work. **SKY MOVIES SCREEN 1 MARCH 1ST, 11TH AND 20TH**

FOREIGN CORRESPONDENT

Here's a classic Alfred Hitchcock tale of espionage and derring-do. An American journalist played by perennial hero Joel McCrea finds himself up to his neck in Nazi spy rings while on assignment in Europe. He's actually supposed to be covering a pacifist conference, when he falls for the daughter (Laraine Day) of the group's founder. No prizes for guessing what his future father-in-law turns out to be. Is there treachery in the air? You bet. **SKY MOVIES SCREEN 2 MARCH 9TH, 18TH AND 30TH**

THE PRIZE

The Cold War was at its height when this Paul Newman film was released in 1963. A mixture of comedy and suspense, Mark Robson's film is set in Stockholm during the week of the Nobel Prize ceremony. Andrew Craig (Newman) is there to receive the award for Literature, but he soon becomes more interested in the bizarre behaviour of another recipient, the German-American scientist Dr Max Stratman (Edward G. Robinson). Elke Sommer brings a welcome touch of glamour to proceedings. **TNT MARCH 21ST**

FUNERAL IN BERLIN

Not many people know this, but Michael Caine was back in Russia only a couple of years ago, wearing his trench coat with pride making TWO updated Harry Palmer adventures. Neither was deemed good enough for cinema release here. However, let's slip back in time to when Twiggy ruled the catwalk and all we needed was love, according to John Lennon. This was the sequel to Len Deighton's *The Ipcress File* and features the superb Caine arranging the defection of a Russian colonel. Guy Hamilton directs with panache. **SKY MOVIES GOLD MARCH 14TH**

FILM PLANNER

COPYCAT Sigourney Weaver 23
SM Screen 2 SUBTITLED ***
CRIMINAL INTENT Greg Evigan 25
SM Screen 2 ***
CRIMINAL PASSION Joanna Cassidy 4, 19 **SM Screen 2** ***
CROSSFIRE Robert Young 2, 14, 30 **SM Screen 2** ***
CRUCIFER OF BLOOD Charlton Heston 17 **TNT** ***
CYCLE 4 **SM Screen 2** ***
DARKMAN III: DIE, DARKMAN, DIE Jeff Fahey, Dorianne Fluegel 6 **SM Screen 2** ***
THE DEAD POOL Clint Eastwood, Liam Neeson 13 **SMG** ***
DEADLY FAMILY SECRETS Loni Anderson 3, 20 **SM Screen 2** ***
SUBTITLED ***
DECONSTRUCTING SARAH Rachel Ticotin 24 **SM Screen 1** ***
DEVIL IN A BLUE DRESS Denzel Washington 20, 31 **SM Screen 2** ***
SUBTITLED ***
DIABOLIQUE Sharon Stone 10 **SM Screen 2** ***
SUBTITLED ***
DIE HARD Bruce Willis, Alan Rickman, Bonnie Bedelia, Alexander Godunov, Reginald VelJohnson 20 **SMG** ***
DIE HARD WITH A VENGEANCE Bruce Willis, Jeremy Irons 25 **SM Screen 1** ***
SUBTITLED ***
DON'T BOTHER TO KNOCK Marilyn Monroe 28 **SMG** ***
ED MCBAIN'S 87TH PRECINCT: CHEATWAVE Dale Midkiff, Erika Eleniak 3, 12 **SM Screen 2** ***
THE ENTITY Barbara Hershey, Ron Silver 29 **SMG** ***
EVERYBODY WINS Nick Nolte 10 **SM Screen 2** ***
EVIL HAS A FACE Sean Young 6 **SM Screen 2** ***
EXCESSIVE FORCE II: FORCE ON FORCE Stacie Randall, John Mese, Dan Gauthier, Jay Patterson 14 **SM Screen 2** ***
EXIT IN RED Mickey Rourke 3, 13 **SM Screen 2** ***
FALL TIME Mickey Rourke 1, 19, 27 **SM Screen 1** ***
FAMILY PLOT Karen Black, William Devane 24 **SM Screen 1** ***
FOREIGN CORRESPONDENT Joel McCrea, Herbert Marshall 9, 18, 30 **SM Screen 2** ***
THE FRENCH CONNECTION Gene Hackman 21, 26 **SMG** ***
THE GIFTED Sam Salkidar, Michelle Levine 31 **HVC** ***
THE GROTESQUE Alan Bates 8, 19 **SM Screen 1** ***
HACKERS Jonny Lee Miller, Angelina Jolie 15 **SM Screen 2** ***
HARPER Paul Newman, 1, 9, 17 **SM Screen 1** ***
HART TO HART: HARTS IN HIGH SEASON 7 **SM Screen 2** ***
HART TO HART: TILL DEATH DO US PART Robert Wagner, Stephanie Powers 8 **SM Screen 2** ***
HOSTAGE FLIGHT Ned Beatty 21 **SM Screen 1** ***
HYSTERIA Robert Webber, Anthony Newlands 1 **TNT** ***
INSTANT JUSTICE Tawny Kitaen, 2 **SMG** ***
INTIMATE OBSESSION Jodie Fisher 26 **SM Screen 2** ***
JACK'S BACK James Spader 15, 24 **SM Screen 1** ***
JADE David Caruso 13, 25 **SM Screen 2** ***
KISS OF DEATH 11, 22 **SM Screen 2** ***
A KISS SO DEADLY Charles Shaughnessy, Dedee Pfeiffer 23 **SM Screen 2** ***
THE LAST RUN George C. Scott, Tony Musante 3 **TNT** ***
LETHAL TENDER Jeff Fahey 26 **SM Screen 1** ***
LETTER TO MY KILLER 23 **SM Screen 1** ***

THE LIQUIDATOR Rod Taylor, Trevor Howard 9 **TNT** ***
MARLOWE James Garner 27 **TNT** ***
MINDFIELD Michael Ironside 11, 22 **SM Screen 2** ***
MONKEY SHINES Jason Beghe, John Pankow 8 **SMG** ***
MOTHER, MAY I SLEEP WITH DANGER Tori Spelling, Ivan Sergei 28 **SM Screen 1** ***
MURDER AT THE GALLOP Margaret Rutherford 16 **TNT** ***
MURDER MOST FOUL Margaret Rutherford 9 **TNT** ***
MURDEROUS INTENT 10, 19, 25 **SM Screen 1** ***
MY COUSIN RACHEL Olivia de Havilland 1, 10 **SM Screen 2** ***
NEW JACK CITY Wesley Snipes, Ice-T 9 **SMG** ***
NICK OF TIME Johnny Depp, Christopher Walken, Marsha Mason 22 **SM Screen 2** ***
NICO: ABOVE THE LAW Steven Seagal 4 **SMG** ***
NIGHT MUST FALL Susan Hampshire 17 **TNT** ***
NO MERCY Richard Gere, Kim Basinger 11 **SMG** ***
PANIC IN THE SKIES! Kate Jackson, Ed Marinaro 9 **SM Screen 1** ***
PAYBACK Edward Asner, Mary Tyler Moore 30 **SM Screen 2** ***
PICNIC AT HANGING ROCK Rachel Roberts 23 **SM Screen 1** ***
PREDATOR 7 **SMG** ***
SMOOTH TALKER 5 **HVC** ***
PRESCRIPTION FOR MURDER Adam Baldwin 20 **SM Screen 2** ***
THE PRESIDIO Sean Connery, Mark Harmon 8 **SMG** ***
PULSE Cliff De Young, Roxanne Hart 8 **SMG** ***
SEEDS OF DOUBT Peter Coyote 29 **SM Screen 1** ***
SERIAL KILLER Kim Delaney 6, 18 **SM Screen 2** ***
THE SHAMROCK CONSPIRACY Edward Woodward, Liz Hurley 22 **SM Screen 1** ***
SHARON'S SECRET Mel Harris, Alex McArthur 17 **SM Screen 2** ***
SIX DAYS, SIX NIGHTS Anne Parillaud 11 **SM Screen 1** ***
SMOOTH TALKER Joe Guzaldo, Burt Ward 16 **HVC** ***
STAGE FRIGHT Marlene Dietrich, 1, 9, 17, 25 **SM Screen 2** ***
SUDDEN IMPACT Clint Eastwood, Sondra Locke 11 **SMG** ***
SUITE 16 Pete Postlethwaite 9, 20 **SM Screen 1** ***
THE TERROR INSIDE Heather Locklear 8 **SM Screen 2** ***
THROUGH DEAD EYES James Doohan 8 **HVC** ***
TOPAZ Frederick Stafford, John Forsythe 19 **SM Screen 1** ***
TRUE BELIEVER James Woods 30 **SMG** ***
UNDER OATH Jack Scalia 6 **SM Screen 2** ***
UNLIKELY SUSPECTS Shanna Reed 9 **SM Screen 1** ***
THE UNTOUCHABLES Robert De Niro 22 **SMG** ***
THE USUAL SUSPECTS Gabriel Byrne, Kevin Spacey 16 **SM Screen 2** ***
THE VELVET TOUCH Rosalind Russell, Claire Trevor 21, 30 **SM Screen 2** ***
WHITE ANGEL Peter Firth 2 **SM Screen 2** ***
WHITE TIGER Gary Daniels 7, 27 **SM Screen 2** ***
SM Screen 2 ***

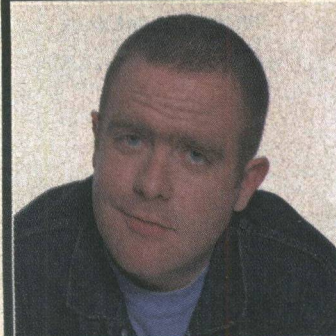
SCIENCE FICTION/FANTASY
ABRAXAS Jim Belushi, Jesse Ventura 21 **HVC** ***

THE ABYSS Ed Harris, Michael Biehn 27 **SMG** ***
THE ADVENTURES OF BARON MUNCHHAUSEN John Neville, Eric Idle, Sarah Polley 4, 19, 29 **SM Screen 1** ***
ALIEN NATION James Caan, Mandy Patinkin 5 **SMG** ***
ALIEN NATION: BODY AND SOUL Gary Graham, Eric Pierpoint 10 **SM Screen 1** ***
ALIEN NATION: MILLENNIUM Gary Graham 18 **SM Screen 1** ***
ALIENS Sigourney Weaver, Carrie Henn 27 **SMG** ***
THE ARRIVAL Charlie Sheen, Ron Silver 14, 26 **SM Screen 2** ***
PREMIERE ***
BRAINSTORM Christopher Walken 19 **TNT** ***
COCOON Steve Guttenberg, Don Ameche 21 **SMG** ***
DEAD WEEKEND Stephen Baldwin 9 **SM Screen 2** ***
ELIMINATORS Andrew Prine, Denise Crosby, Patrick Reynolds 28 **HVC** ***
ET THE EXTRA-TERRESTRIAL Dee Wallace 7 **SMG** ***
EVE OF DESTRUCTION Rene Soutendijk, Gregory Hines 9, 26 **SM Screen 2** ***
EXPLORERS Ethan Hawke, River Phoenix 8 **SMG** ***
GENERATION X Matt Frewer, Finola Hughes, Jeremy Ratchford, Heather McComb, Agustin Rodriguez 6, 16 **SM Screen 2** ***
THE GREEN SLIME Robert Horton, Richard Jaeckel, Luciano Paluzzi, Bud Widom 27 **TNT** ***
INDEPENDENCE DAY Bill Pullman, Jeff Goldblum, Will Smith, Mary McDonnell, Brent Spiner, Harvey Fierstein, Randy Quaid 4 **SM Screen 2** ***
SUBTITLED ***
KING OF THE STREETS 7 **HVC** ***
THE LAWNMOWER MAN 2: BEYOND CYBERSPACE Patrick Bergin, Matt Frewer, Austin O'Brien 12 **SM Screen 1** ***
LETTERS TO THE FUTURE 7 **HVC** ***
LIFE'S GREAT ADVENTURE 28 **HVC** ***
OUT OF TIME Bruce Abbott, Bill Maher, Adam Ant 2, 25 **SM Screen 1** ***
PLANET OF THE APES: BACK TO THE PLANET OF THE APES Roddy McDowall 24 **SMG** ***
PLANET OF THE APES: FAREWELL TO THE PLANET OF THE APES Roddy McDowall, James Naughton 27 **SMG** ***
PLANET OF THE APES: FORGOTTEN CITY OF PLANET OF THE APES Roddy McDowall, James Naughton 25 **SMG** ***
PLANET OF THE APES: LIFE, LIBERTY AND THE PURSUIT OF HAPPINESS ON THE PLANET OF THE APES Roddy McDowall 26 **SMG** ***
ROBOCOP Peter Weller, Nancy Allen, Kurtwood Smith, Ronny Cox 1 **SMG** ***
STAR QUEST Tracy Davis, Hans Bachmann 14 **HVC** ***
SCREAMERS Peter Weller, Roy Dupuis, Jennifer Rubin, Andy Lau 9, 19 **SM Screen 2** ***
SINBAD AND THE EYE OF THE TIGER Patrick Wayne, Jane Seymour, Taryn Power, Margaret Whiting 8, 17 **SM Screen 1** ***
SPECIES Ben Kingsley, Michael Madsen 24 **SM Screen 2** ***
STRANGE DAYS Ralph Fiennes, Angela Bassett, Juliette Lewis 27 **SM Screen 2** ***
THEME! James Whitmore, Edmund Gwenn 16, 27 **SM Screen 2** ***
THE TIME MACHINE Rod Taylor, Alan Young, Yvette Mimieux, Sebastian Cabot 2 **TNT** ***
TRANSFORMATIONS Rex Smith, Lisa Langlois, Patrick MacNee 14 **HVC** ***

THE VISITANTS Marcus Vaughter, Johanna Grika 21 **HVC** ***
WIRED AND RUNNING 14 **HVC** ***
THE TOMORROW MAN Julian Sands, Giancarlo Esposito, Craig Wasson 15 **SM Screen 2** ***
2010 Roy Scheider, John Lithgow, Helen Mirren, Bob Balaban 7 **TNT** ***
WIDESCREEN ***
UFORIA Cindy Williams, Harry Dean Stanton, Fred Ward 15 **SM Screen 1** ***
WESTWORLD Yul Brynner 24 **TNT** ***
ZARDOZ Sean Connery, Charlotte Rampling, John Alderton 4 **SMG** ***

WESTERN

ACROSS THE WIDE MISSOURI Clark Gable 6 **TNT** ***
ANNIE OAKLEY Barbara Stanwyck, Preston Foster 7 **SMG** ***
THE BALLAD OF CABLE HOGUE Jason Robards, David Warner 4, 17 **SM Screen 1** ***
BANDOLERO! Dean Martin, Raquel Welch 16 **SMG** ***
BORDER SHOOTOUT Glenn Ford, Cody Glenn 4 **TNT** ***
BUTCH AND SUNDANCE: THE EARLY DAYS William Katt, Tom Berenger, Jeff Corey 8 **SM Screen 1** ***
CANYON PASSAGE Dana Andrews, Brian Donley, Lloyd Bridges 20 **SM Screen 2** ***
CATLOW Yul Brynner, Richard Crenna 2 **TNT** ***
CIMARRON Glenn Ford, Maria Schell 5 **TNT** ***
DEAD MAN Johnny Depp 7, 23 **SM Screen 1** ***
DRAW! Kirk Douglas, James Coburn 7 **SM Screen 2** ***
FORT APACHE Henry Fonda, John Wayne 5, 18, 30 **SM Screen 2** ***
GORE VIDAL'S BILLY THE KID Val Kilmer, Duncan Regehr, Wilford Brimley 31 **TNT** ***
THE HANGING TREE Gary Cooper, Maria Schell, Karl Malden 3, 11, 30 **SMG** ***
HEAVEN WITH A GUN Glenn Ford, Carolyn Jones 31 **TNT** ***
HOW THE WEST WAS WON Gregory Peck, Henry Fonda, John Wayne 27 **TNT** ***
THE LAST HARD MEN Charlton Heston 20 **SM Screen 1** ***
LAST OF THE DOGMEN Tom Berenger, Barbara Hershey 2, 27 **SM Screen 1** ***
THE LEFT-HANDED GUN Paul Newman, Hurd Hadfield 13, 25 **SM Screen 2** ***
THE QUICK AND THE DEAD Sharon Stone, Gene Hackman, Russell Crowe, Leonardo DiCaprio 24 **SM Screen 1** ***
RACHEL AND THE STRANGER Loretta Young, Robert Mitchum, William Holden 13, 31 **SMG** ***
RIDE THE HIGH COUNTRY Randolph Scott, Joel McCrea, Mariette Hartley 11 **TNT** ***
RINGO AND HIS GOLDEN PISTOL Mark Damon, Valeria Fabrizi, Ettore Manni 7 **TNT** ***
THE SEARCHERS John Wayne, Natalie Wood, Vera Miles 11 **SMG** ***
SHE WORE A YELLOW RIBBON John Wayne 24 **SMG** ***
TENNESSEE'S PARTNER Ronald Reagan, Rhonda Fleming, John Payne 23 **SM Screen 2** ***
TERROR IN A TEXAS TOWN Sterling Hayden 7, 24 **SM Screen 2** ***
THE TRAIN ROBBERS John Wayne, Ben Johnson 27 **SMG** ***
THE VIRGINIAN Gary Cooper, Walter Huston 8 **SMG** ***
WILD ROVERS William Holden, Ryan O'Neal, Karl Malden, Lynn Carlin 23 **TNT** ***
WIDESCREEN ***



IN THE FRAME ED HALL

What is your favourite movie? Impossible to say. *Rear Window*, because it's riveting and also because of Grace Kelly's entrance with the slo-mo effect. *Mister Roberts*, a great tale told well. *Cocktail*, because it's a bloke in film form.

Favourite actress? Bette Davis in *What Ever Happened to Baby Jane?* Also Michelle Pfeiffer and Kathy Burke, because they are not afraid to look bad on screen.

What is your first movie memory? *Duel* by Steven Spielberg. My dad said it was a classic. It's an entertaining film with so few words.

What is the scariest film moment you've seen? In *Sleeping with the Enemy* where Julia Roberts comes back to find the house is tidy.

Your favourite comedy? Loads. *Young Frankenstein*, *The Jerk*, *Sleeper*, *Take the Money and Run*, *Airplane!*, *Blazing Saddles*.

Your favourite weepie? *It's a Wonderful Life*. Also *Frankie and Johnny*, because of the way I was feeling at the time. And *The Addams Family*—such a waste of money!

Your favourite movie quote? 'Life moves pretty fast, and if you don't stop to look around once in a while, you could miss it.' Ferris Bueller (from *Ferris Bueller's Day Off*).

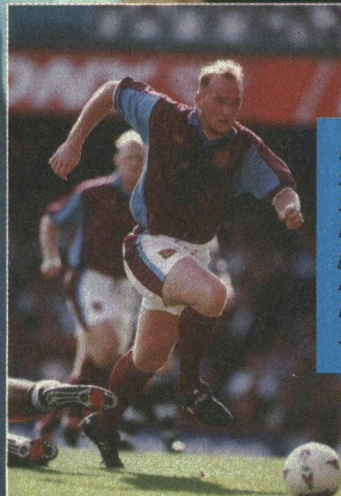
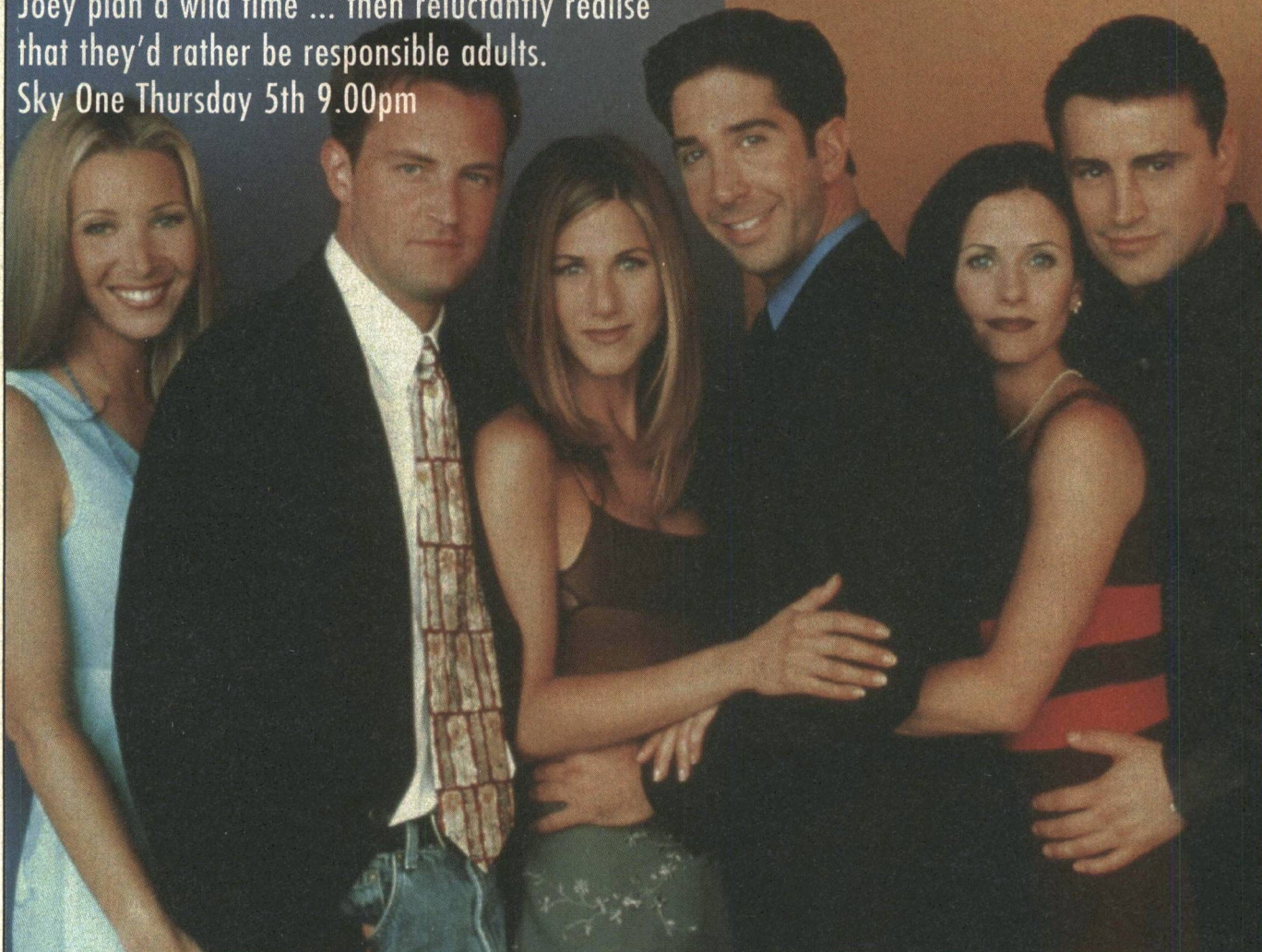
Ed Hall presents *The Basement* on Bravo, Monday to Friday at 10.00pm

Sunday March 1 to Friday March 6

Men not behaving badly

IN a new episode called 'The One Where They're Going to Party', friends Ross, Chandler and Joey plan a wild time ... then reluctantly realise that they'd rather be responsible adults.

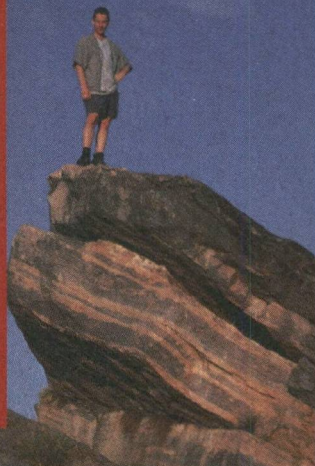
Sky One Thursday 5th 9.00pm



HARTSON FIRE: West Ham's Welsh striker John Hartson will try to aim some of his firepower, which has seen him lead the Premiership's goalscoring charts, at his former club Arsenal when the two teams meet in a live clash from Upton Park.

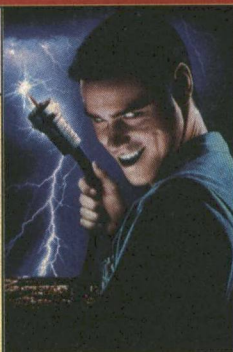
Sky Sports 1 Monday 2nd 7.00pm

THE WRIGHT STUFF: In 'Lonely Planet', the intrepid traveller Ian Wright journeys around the outback of Australia. Covering three-quarters of the continent and with 90 per cent of the land uninhabited, this area is one of the most forbidding on earth. Discovery Monday 2nd 9.00pm



SECTION ONE

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

SKY movies screen 1	SKY movies screen 2	SKY MOVIES GOLD	SKY one	UK GOLD
6.00am Agatha Christie's Sparkling Cyanide 1983, rating Sky PG, 91 mins 8.10 Big Tom Hanks, John Heard 1988, rating Sky PG, 100 mins 10.30 Father of the Bride Part II Steve Martin, Diane Keaton Romantic comedy. Text 1995, rating Sky PG, 101 mins 12.50pm Jane and the Lost City Sam Jones, Maud Adams 1987, rating Sky PG, 88 mins 3.00 The Toy Richard Pryor, Ned Beatty, Jackie Gleason, Scott Schwarz, Teresa Ganzel, Wilfred Hyde-White, Tony King Comedy in which a hapless janitor finds himself employed by a millionaire who wants to give his spoilt son a playmate. Directed by Richard Donner. 1983, rating Sky PG, 98 mins 5.00 Big Tom Hanks, Elizabeth Perkins, John Heard, Jared Rushton, Robert Loggia, David Moscow Good-natured family comedy about a young boy who wishes he was an adult and who is shocked to wake up the following morning as a pre-teen boy in a fully-grown man's body. 1988, rating Sky PG, 100 mins 7.00 Father of the Bride Part II Steve Martin, Diane Keaton, Martin Short, Kimberly Davies, George Newbern, Kieran Culin Romantic comedy which sees the return of George Banks, the happily married man who this time has to deal with two pregnancies in his family. Text 1995, rating Sky PG, 101 mins 9.00 The Cable Guy - Preview A behind-the-scenes look at the making of this blockbuster. 9.05 The Cable Guy Jim Carrey, Matthew Broderick, Leslie Mann Dark comedy about a newly-single young man whose life is invaded by an over-eager cable installer. Text 1996, rating Sky 12, 92 mins 11.00 Stolen Hearts Sandra Bullock, Denis Leary, Yaphet Kotto Romantic comedy about a petty thief who persuades his girlfriend to allow him one last job. 1996, rating Sky 15, 91 mins 12.35am Alien Abduction: Intimate Secrets Darcy DeMoss, Pia Reyes Erotic science fiction film. 1995, rating Sky 18, 87 mins 2.05 Harper 1966, rating Sky 15, 115 mins 4.05-5.45am Fall Time 1995, rating Sky 18, 85 mins	6.00am Unfaithfully Yours Rex Harrison, Linda Darnell 1948, rating Sky PG, 101 mins 8.00 Up Periscope James Garner, Andra Martin 1959, rating Sky PG, 106 mins 10.00 Captiva Island Ernest Borgnine, Amy Bush 1995, rating Sky U, 93 mins 12noon Babe James Cromwell Hit comedy. Text 1995, rating Sky U, 88 mins 2.00pm Stage Fright Marlene Dietrich, Jane Wyman, Richard Todd, Michael Wilding Hitchcock comedy thriller about a drama student attempting to clear the name of a friend who, she suspects, has been framed for murder. 1950, rating Sky PG, 106 mins 4.00 My Cousin Rachel Olivia de Havilland, Richard Burton Murder mystery. A Cornish gentleman dies in Italy after marrying a mysterious woman. When she arrives in England, she encounters his hostile adoptive son, who is intent on uncovering the truth behind his father's sudden death. 1952, rating Sky PG, 95 mins 6.00 Babe James Cromwell, Magda Szubanski, voice of Christine Cavanaugh Hit comedy. A piglet finds himself alone after his mother is taken away from him, but he is rescued from the same fate by farmer Hoggett, who wins the animal at a country fete and takes him home. Text 1995, rating Sky U, 88 mins 8.00 Childhood Sweetheart Melissa Gilbert, Barbara Babcock, Ronny Cox, Leon Ransom PREMIERE Drama about a woman who, having been missing for 17 years, reappears as an adult and claims that she has been held prisoner and abused for almost two decades. 1997, rating Sky 15, 90 mins 10.00 Mary Reilly Julia Roberts, John Malkovich, George Cole, Michael Gambon, Kathy Staff, Glenn Close Atmospheric drama based on the classic tale of Dr Jekyll and Mr Hyde. Text 1996, rating Sky 15, 103 mins 11.50 The Movie Show Movie magazine show presented by Richard Jobson. 12.20am The Companion 1994, rating Sky 15, 89 mins 1.55 Candyman: Farewell to the Flesh 1995, rating Sky 18, 91 mins 3.30 Waxwork 1989, rating Sky 18, 92 mins 5.10-6.00am Sherlock Holmes: A Study in Scarlet	11.00am No Man of Her Own Clark Gable, Carole Lombard, Grant Mitchell, Dorothy Mackall, George Barbier, Elizabeth Patterson Drama in which a straight-laced woman romances a con artist. 1932, 85 mins 1.00pm Hell to Eternity Jeffrey Hunter, Vic Damone, David Janssen, Patricia Owens, Richard Eyer, Sessue Hayakawa Battle-strewn World War II drama in which a marine, who as a boy was brought up in a Japanese foster family, has divided loyalties after Pearl Harbour. 1960, 132 mins 3.30 Irma La Douce Shirley MacLaine, Jack Lemmon, Lou Jacobi, Herschel Bernardi, Joan Shawlee, Bill Bixby, Bruce Yarnell Comedy adaptation of the hit Broadway musical. A Parisian policeman falls in love with a sassy prostitute, only to end up becoming her pimp. André Previn won an Oscar for his score. 1963, rating Sky PG, 137 mins 6.00 Mannequin Andrew McCarthy, Kim Cattrall, GW Bailey Romantic comedy about a window dresser who falls in love with one of his dummies. When she magically comes to life, she tells him that she is an Egyptian princess who has fallen under a wicked spell which transformed her into plastic. 1987, rating Sky PG, 86 mins 8.00 Short Circuit 2 Fisher Stevens, Cynthia Gibb, Michael McKean, Jack Weston, Dee McCafferty, David Hemblen, Tim Blaney Sequel to the popular science fiction adventure about a military robot which accidentally becomes 'humanised' and sets out to explore a whole new world. 1988, rating Sky PG, 105 mins 10.00 RoboCop Peter Weller, Nancy Allen, Kurtwood Smith, Ronny Cox, Daniel O'Herlihy, Miguel Ferrer Blockbusting science fiction thriller about a human police officer who is transformed into a cyborg cop after suffering horrendous injuries. 1987, rating Sky 18, 98 mins 11.50 Cage Lou Ferrigno, Reb Brown Action thriller. 1989, rating Sky 18, 97 mins 1.35am The Bachelor Party Don Murray, Jack Warden Drama. 1957, rating Sky 15, 90 mins 3.10-4.45am Build My Gallows High Robert Mitchum 1947, rating Sky PG, 92 mins	 6.00am Hour of Power 7.00 Double Dragon 7.30 What-a-Mess 8.00 Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Superhuman Samurai Syber-Squad 9.00 Wild West Cowboys of Moo Mesa 9.30 Delfy and His Friends 10.00 Legend of the Hidden City 11.00 Rescue 11.30 Sea Rescue 12noon Dream Team Omnibus 1.00pm WWF - Superstars 2.00 Kung Fu 3.00 Star Trek: Shore Leave Following a long mission, Kirk orders the <i>Enterprise</i> to journey to an Earth-like planet so that his crew can enjoy a rest. 4.00 Star Trek: The Next Generation <i>Sins of the Father</i> A Klingon exchange officer reveals himself as Wolf's brother - and that's not the only bombshell. 5.00 Star Trek: Deep Space Nine <i>Blood Oath</i> Three aged Klingon warriors arrive to fulfil a blood oath they made with Dax decades ago. 6.00 The Simpsons <i>Rosebud</i> Mr Burns loses his teddy bear, Bobo. Text 6.30 The Simpsons <i>Homer Goes to College</i> Cult animation. Text 7.00 King of the Hill <i>Plastic White Female</i> Hank and Peggy discover Bobby using plastic beautician heads. 7.30 3rd Rock from the Sun 8.00 Earth: Final Conflict <i>The Scarecrow Returns</i> Two biologists study an alien probe captured after it wreaked havoc on an Amish community. 9.00 The X Files <i>Redux</i> NEW SERIES Did Mulder really commit suicide, and will Scully find a cure for her cancer? Stars David Duchovny. Text 10.00 Caribbean Uncovered The series catches up on the lives and loves of the residents, holidaymakers and workers of this sun-kissed paradise. 11.00 Forever Knight <i>Hunters</i> When Schanke becomes the target of an avenging assassin, Nick races against the clock to save his partner. 12midnight Jimmy's A woman finds out whether radiotherapy can offer her a cure for her cervical cancer. 12.30am LAPD The hunt for a fugitive uncovers a few surprises. Text 1.00 Manhunter 2.00-6.00am Long Play A VJ-free zone.	7.00am The Pink Panther 7.10 The Onedin Line 8.05 Oh No! It's Selwyn Froggitt 8.30 Room at the Bottom 9.00 That's Showbusiness 9.35 Fairly Secret Army 10.05 Dr Who Omnibus <i>The Awakening</i> 11.10 Dr Who Omnibus <i>Frontios</i> 1.00pm FILM: Carry On up the Khyber Colonial comedy. 1968 2.50 George and Mildred <i>The 26-Year Itch</i> When Mildred wants to be the belle of the ball, George looks to the new barmaid at the Red Lion for some solace. 3.20 The Bill Omnibus More from the police drama series in which the Sun Hill officers continue their struggle to keep the streets free from crime. 5.40 Open All Hours Classic comedy about miserly shopkeeper Arkwright and his downtrodden nephew and assistant Granville. 6.20 The Liver Birds Classic sitcom featuring the antics of Sandra and Carol, two Liverpoolian lasses. Stars Nerys Hughes. 7.00 2point4 Children <i>Greed</i> The Porter household spends an entire evening arguing about how to spend the Lottery jackpot. 7.40 The Detectives <i>Never Without Protection</i> The detectives protect an aristocrat who is at the centre of a media scandal. 8.20 Blackadder Goes Forth <i>Plan A: Captain Cook</i> 9.00 Taggart <i>Death Without Dishonour— Part I</i> Sean O'Donnell is brought to trial for an attempted murder during a Glasgow cab war. 10.05 Taggart <i>Death Without Dishonour— Part II</i> Michelle Duncan is dead, and Mills and Jardine speculate about Sean O'Donnell's involvement. Stars Mark McManus. 11.10 Rising Damp <i>The Permissive Society</i> Classic sitcom with Leonard Rossiter. 11.45 Common as Muck With Edward Woodward. 12.50am Survivors <i>Mad Dog</i> Futuristic drama series. 1.50 The Equalizer <i>Sins of Our Fathers</i> A former secret agent offers his services to people in need. 2.30-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 Your Horizons
9.00 Clive James: Postcard from Los Angeles 10.00 Timezone: LBJ 11.00 Timezone: LBJ 12noon Kickstart: Jeremy Clarkson's Motorworld 12.30pm Kickstart: The Car's the Star 1.00 Kickstart: Secret Memories 2.00 Kickstart: Top Gear GTI

3.00 Clive James: Postcard from Los Angeles

Clive James ventures to the entertainment capital of the world, where he encounters Dudley Moore. **4.00 999**

The skill of a lifeboat crew is tested to the limit when it has to rescue two girls stuck in stormy seas under Brighton pier.

5.00 Animal Hospital

Vet David Grant solves pet problems.

5.30 Vets in Practice

Emma Milne has an emergency situation on her hands.

6.00 Driving School

The Thames Valley Police trainees are nearing the end of their course.

6.30 Airport

It's Christmas chaos for the staff at Heathrow.

7.00 Nightmares of Nature: Alien Empire

Hardware Beetles and butterflies.

7.30 Nightmares of Nature: The Rat Race

With David Attenborough.

8.00 Nightmares of Nature: Arachnophobia - The True Story

A visit to Florida.

8.30 Nightmares of Nature: Alligator Hole

People who were snatched from the jaws of death.

9.00 Nightmares of Nature: Maneaters

People who were snatched from the jaws of death.

9.30 Nightmares of Nature: The Deep

Profile of the piranha.

10.00 Nightmares of Nature: Replicators

Insect reproduction.

10.30 Nightmares of Nature: Deadly Liaisons

Giant black tiger snakes.

11.00 Nightmares of Nature: Goodbye Mrs Ant

A focus on our attitudes towards nature. Should we let scientists be the prime movers of change?

12midnight-1.00am Your Horizons

Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

6.00am Classic Interiors 6.30 The Good Housekeeping Show 7.00 Appointment with the Surgeon 7.30 Your Beautiful Garden 8.00 Wilde About Flowers 8.30 Cook's Garden 9.00 Sally Jessy Raphael 10.00 Craftwork 10.30 Good Life Garden Club 11.00 Homestyle Question Time 12noon Sew Perfect 12.30pm Classic Interiors 1.00 Cook's Garden 1.30 The Beautiful Home Show 2.00 Your Beautiful Garden 2.30 Roddy Llewellyn's Indoor Garden

3.00 Fiona Fullerton's Style Guide

Interior design show.

3.30 Ready to Wear

Presented by Trinny Woodall and Susannah Constantine.

4.00 Sally Jessy Raphael

More lively studio discussion with talk show host Sally Jessy Raphael.

5.00-6.00pm Garden Club Question Time

Jeff Turner gets to grips with gardening dilemmas and offers top tips for horticulture enthusiasts.



Suits you! Get alienated with the animated 'Men in Black': Disney 8.00am

6.00am The Box
7.00 The Army Game
7.30 On the Buses
8.00 Doctor in Charge
8.30 No Honestly
9.00 Blind Date
10.00 E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Fortune Hunter
1.00pm Blind Date
2.00 Jeeves and Wooster
Bertie pretends to be an author.

3.00 Maigret

Maigret on the Defensive
Another case for Georges Simenon's celebrated Gallic sleuth. With Michael Gambon and Geoffrey Hutchings.

4.00 The Professionals

The Ojuka Situation
While protecting an African politician, Bodie and Doyle find out that his enemies have information on his whereabouts.

5.00 Classic Coronation Street - The Omnibus

Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Mike stops the factory girls' trip to France, Hilda gets a fright, and Brian and Gail return from their honeymoon.

7.30 A Fine Romance

Comedy series about a mismatched couple. Laura wants to have a baby, but Mike is against the idea.

8.00 Jeeves and Wooster

In an attempt to win over Bingo's uncle, Bertie unsuccessfully pretends to be the author of several books.

9.00 Clive James Special

The Great American Beauty Pageant
Clive James takes a look at this American institution.

10.00-11.00pm Crime Story

men & motors

11.00pm 2 Wheels Better

Tips on shuttling, hovercrafting and ferrying.

11.30 Pro-Superbike

Action from Europe's top bike circuits.

12midnight Biker's Night Off

Quiz show in which Paul Johnston leads two teams through hilarious games.

12.30am Through the Gears

1.00 E! In Focus
1.30 E! Gossip
2.00-6.00am The Box

6.00am Eyewitness 6.30 Jungle Cubs 7.00 Aladdin 7.30 Tex Avery 8.00 Men in Black 8.30 Nightmare Ned 8.45 Honey, I Shrunk the Kids: The TV Show 9.30 Smart Guy 10.00 Student Bodies 10.30 Teen Angel 11.00 Boy Meets World 11.30 Recess 12noon Brand Spanking New Doug 12.30pm Pepper Ann 1.00 FILM: The Westing Game 1997 2.30 FILM: Tidal Wave, No Escape

Corbin Bernsen, Julianne Phillips, Harve Presnell
A group of scientists investigate the cause of tidal waves. Can they stop future waves wreaking havoc on the West Coast of America? 1997

4.00 Classic Toons

An hour of animated favourites from the Disney archives.

5.00 Honey, I Shrunk the Kids: The TV Show

Comedy series is based on the hit movie about the Szalinski household.

5.45 Classic Toons

6.00 FILM: Bad Baby
Kathleen Turner, James Belushi, Debi Derryberry

PREMIERE Eubie Goode is just two years old, and he's already a superstar in the movies. His long-suffering parents try to cope, while his sister is driven crazy by the hyper-active horror. 1996

7.30 Classic Toons

Cartoon favourites.

8.00 Dr Quinn: Medicine Woman

Dr Quinn, the only female doctor in Colorado Springs, copes with the medical problems of the community.

9.00-10.00pm Touched by an Angel

Monica is a thoroughly modern angel. She inspires people facing adversity to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily
9.30 Food for Thought
10.00 Ideal Home Cooks
10.30 Restaurant Show
11.00 Mridula's Indian Kitchen 11.30 Graham Kerr's Kitchen 12noon Food Network Daily 12.30pm Simply Antony 1.00 Can't Stand the Heat 1.30 Alive and Cooking 2.00 From the Ground Up 2.30 Food Network Daily 3.00 Food for Thought Mexican Hosted by Sarah Greene. **3.30 Ideal Home Cooks** With Nanette Newman. **4.00 Aldo's Italian Job** **4.30-5.00pm The Restaurant Show**



CABLE EXCLUSIVE

5.00pm The Country Diary of an Edwardian Lady
Dramatisation of the Edith Holden book.

5.30 Our House

Presented by Suzi Becker.

6.00 The Irish RM

O Love! O Fire!
Comedy drama series about a disaster-prone British magistrate in 19th-century Ireland. With Peter Bowles.

7.00 The Upper Hand

The Honeymooners
Featuring Kevin Keegan.

7.30 Goodnight Sweetheart

I Get Along Without You Very Well

8.00 The Seekers

The continuing saga of the family of French immigrant Philippe Kent, whose son is now grown up and faces the realities of a young American nation at war. The story opens in 1794 and Abraham Kent experiences his first battle.

10.00 Echoes

Four part drama about the trials and ambitions of the residents of a small Irish village in the Fifties and Sixties. Stars Geraldine James and Robert Hines.

11.00 St Elsewhere
12midnight Intimate Contact
1.00am-2.00am Airline



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

WORDS: Ross Biddiscombe

FILM

The Gentleman Bandit

HVC 8.00pm

Based on a true story, this drama is about a controversial priest who is also a psychologist and was charged by the police with a series of hold-ups in Delaware. Somehow he was mistakenly identified by no less than seven eye witnesses as a criminal and has to explain the discrepancies. Starring Ralph Waite (the father in *The Waltons*), this is a gripping tale of one man's struggle to find the truth.

SPORT

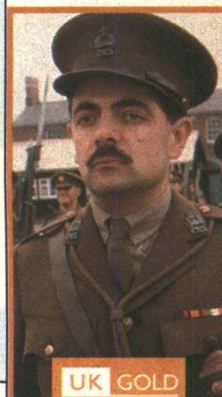
Super Sunday

Football - LIVE
Sky Sports 1 3.00pm

Who would have thought at the start of the season that Tottenham's home game against Bolton would turn out to be a relegation six-pointer, that Jürgen Klinsmann would be lined-up for the White Hart Lane team? Well, it's all true and the Londoners had better look lively if they want to take a much-needed victory from this fixture. Men like Peter Beardsley could be in the Wanderers' team to thwart their ambitions.

Sunday continues overleaf...

ADVERTISEMENT



UK GOLD

BLACKADDER GOES FORTH

8.20PM

Rowan Atkinson stars as Captain Edmund Blackadder, who finds himself in the trenches of the First World War, with Baldrick (Tony Robinson) in charge of the cooking!

SUNDAY MARCH 1

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Equestrianism
Coverage of the Volvo World Cup from Bordeaux, France.

8.30 Athletics
9.30 Athletics - LIVE
The European Indoor Championships in Valencia.

11.00 Ski Jumping
Coverage of the World Cup in Vikersund, Norway.

12.30pm Alpine Skiing
Action from the men's World Cup in Yong Pyong, Korea.

2.00 Tennis - LIVE
Action from the ATP Tournament in London.

3.30 Athletics - LIVE
Coverage of the European Indoor Championships from Valencia, Spain. Today's women's events include the finals for long jump, pole vault, hurdles, 800m and 400m. Among the men's events are the high jump, hurdles, 800m and triple jump finals.

6.45 Alpine Skiing
Coverage of the women's World Cup from Saalbach in Austria. Today is the second and last slalom of the season.

8.00 Alpine Skiing - LIVE
Action from the women's World Cup.
8.45 Nascar - LIVE
Coverage of the Winston Cup Series being held in Las Vegas. Today is the third race of the 1998 Series.

11.30 Sailing
A weekly summing-up of the Whitbread Round the World Race.

12midnight-12.30am
Boxing

6.00am Sports Unlimited
7.00 Gillette World Sport Special
7.30 World of Sailing
8.00 Saturday Fight Night
10.00 Euro Tour Golf: Dubai Desert Classic - LIVE
Ball-by-ball coverage from the Emirates Golf Club.
1.00pm Rugby Union Update: Tetley's Bitter Cup Quarter-Final
2.30 Gillette World Sport Special

3.00 Ford Super Sunday: Tottenham Hotspur v Bolton Wanderers - LIVE
The concept of Tottenham Hotspur being involved in a crucial relegation dogfight would have seemed inconceivable back in August, when the team seemed packed with talent. It just shows that football can be as unpredictable as ever. With Richard Keys and commentary from Martin Tyler and Andy Gray.

6.30 Spanish Football - LIVE
Coverage of one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents competing for the Spanish title.

8.30 Football League Review: Nottingham Forest v Middlesbrough
Another chance to see this top Division One clash at the City Ground.

10.00 Ford Football Special: Tottenham Hotspur v Bolton Wanderers
Tottenham entertain Bolton at White Hart Lane, knowing they cannot afford to lose.
11.30-2.30am Euro Tour Golf: Dubai Desert Classic
The best of the action from the Emirates Golf Club, where Australian Richard Green will be bidding to retain his title.

6.00am Watersports World
7.00 Aerobics Oz Style
7.30 Futbol Mundial
8.00 Soccer Extra
11.00 International Rugby
12noon Gillette World Sport Special
12.30pm International Cricket: South Africa v Pakistan
Day four of the second Test between South Africa and Pakistan.
2.00 International Cricket: West Indies v England - LIVE
Live action from Guyana, where the West Indies entertain England on day three of the third Test.

4.00 International Cricket Update
The latest events on the international scene.
4.30 International Cricket: West Indies v England - LIVE
Continued coverage of the third day of the third Test from Guyana, which sees the West Indies entertain England.

9.00 International Cricket: South Africa v Pakistan
The pick of the fourth day's action from the second Test between South Africa and Pakistan.

12midnight-2.00am Spanish Football
A chance to see one of the matches of the week from the Primera Liga.

11.00am Goals on Sunday
Anna Walker presents all of the goals from Saturday that helped shape the Premiership table.
12noon Football League: Nottingham Forest v Middlesbrough - LIVE
Live action from the City Ground as two of the best sides in Division One meet in a top-of-the-table clash. With Marcus Buckland and commentary from Rob Hawthorne and Alan Brazil.

3.00pm Sports Unlimited
A never-ending supply of sports with a mixture of serious and quirky footage.

4.00 International Rugby: Adelaide
Coverage of the mini-rugby tournament staged in Adelaide.

5.00 World of Sailing
International sailing competition.

5.30 Inside the Senior PGA Tour

6.00 Euro Tour Golf: Dubai Desert Classic
Another chance to see fourth day coverage from the Emirates Golf Club, where Colin Montgomerie, Ian Woosnam, Richard Green and other leading stars on the circuit challenge for the title. Green beat Woosnam and Greg Norman in a play-off to capture the prize last year.

9.00 Ford Golf USA: Nissan Open - LIVE
Ball-by-ball day four coverage of the Nissan Open from the Valencia Country Club. This is the last event of the West Coast Swing, and Nick Faldo defends the title he won last year.

11.00 World of Sailing
International sailing competition.

11.30-12midnight Ski Prime

12noon Teenage Urban Adventurers
Pop Fan

12.15pm Teenage Urban Adventurers
Snowboarder

12.30 Ready or Not
Busy's Curse

1.00 Sweat
1.30 Hollyoaks
Post-GCSE soap.

2.00 Hollyoaks
2.30 Heartbreak High
Hard-hitting drama set at a Sydney inner-city high school.

3.00 Saved by the Bell
The Zack Tapes

3.30 Saved by the Bell
King of the Hill
It's the first day of school.

4.00 Echo Point
Teenage soap.

4.30 Echo Point
Teen drama.

5.00 Ready or Not
The Big Gulp

5.30 Sweat
6.00 It's in the Jeans

6.15 On the Make
6.30 Heartbreak High

7.00 USA High
7.30-8.00pm USA High



8.00pm Monkey
Pearls Before Swine
Cult serial from Japan following the origins of Buddhism.

9.00 Leslie Nielsen's Unbalanced World
Strange stories past and present.

9.30 The Burning Zone
Lethal Injection
The team uncovers a sinister government project.

10.30 Red Shoe Diaries
11.00 FILM: Preppies
Dennis Drake, Peter Brady Reardon

Teen sex comedy about a rich Ivy Leaguer. 1990

12.50am Unbalanced World
1.00 Beverly Hills Bordello

1.30 FILM: Galactic Gigolo 1987

3.20 Unbalanced World
3.30 FILM: Virgin Witch 1970

5.30-6.00am Unbalanced World

7.30am Nightmare
8.00 G-Force
8.30 Robotech
9.00 Bionic Six
9.30 Adventures of the Galaxy Rangers
10.00 SF Scene Presents
10.30 Planet Mirth
11.00 The Twilight Zone
12noon

FILM: Camera - The Guardian of the Universe
Yonemori Yoshinari

Monster mayhem. 1997

2.00pm The Invisible Man

3.00 The Cape
No Fear

A shuttle pilot's reckless behaviour in a simulator causes alarm.

4.00 The Web
Take a trip into cyberspace and explore what's new on the net.

4.55 C/Net Central
Computer magazine.

5.25 The New Edge
A programme that takes a look at the future today.

5.55 Earthscan
6.00 Sightings
Tim White introduces extraordinary real-life stories involving the unexplained.

7.00 Mysteries, Magic and Miracles
In search of baffling stories and events.

7.30 SF Scene
8.00 FILM: The Day the Earth Stood Still
Michael Rennie

Sci-fi classic in which a peaceful alien

accompanied by a huge robot lands his spacecraft in Washington with a message of brotherhood - and a warning. 1951

10.00 The Hunger
But at My Back I Always Hear

10.30 FILM: Conquest of the Planet of the Apes
Roddy McDowall, Don Murray, Natalie Trundy

The apes rebel against their oppressors. 1972

12.10am SF Scene
12.30 The Hunger 1.00 *Hunger* 1.30

Tales of the Unexpected 2.00 *Dark Shadows* 2.30

New Alfred Hitchcock 3.00-4.00am *Kolchak: The Night Stalker*



12midnight The Ten Minute Free View
12.10am ... Back
12.20 Fantasy Night Calls

1.00 The Five Minute Free View
1.05 Fantasy Night Calls continues

1.10 FILM: Dinner Party
Ten guests at a dinner party share their innermost sexual fantasies.

2.40 FILM: Wicked Web
A sexy couple go computer-dating on the internet.

3.55-4.00am What's on Tomorrow

12midnight Free Teaser
12.05am Peep Show
12.15 Sex Guides: Prague
12.50 Naughty Amateur

Home Videos: Couples and Coupling
1.45 FILM: Comeback

An outrageous comedy about an adult film star's return to the business.

3.10-4.00am Sex Under Hot Lights: International Stars - Swedish, French, Italian, English

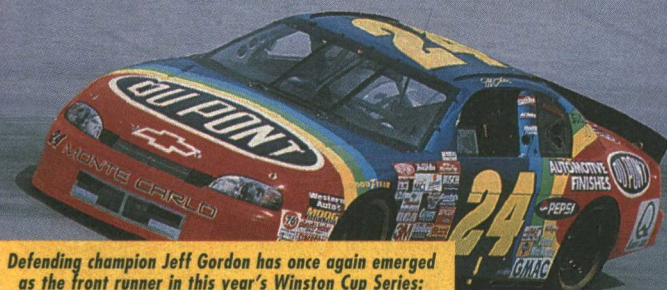
A behind the scenes look into the adult film world.

12midnight Dish of the Day
12.10am Electric Blue Show
12.40 FILM: Juliette's Desires

Juliette Carleton is a high priced call girl who is very much in control and can drive men wild with desire.

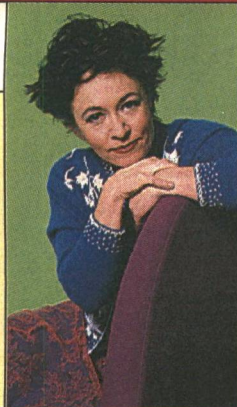
1.45 Housewives Special
2.45-4.00am FILM: Dirty Laundry

A female movie director makes a film about the sexual secrets of two of her closest friends in the business.



Defending champion Jeff Gordon has once again emerged as the front runner in this year's Winston Cup Series: Eurosport 8.45pm - Live

SUNDAY MARCH 1



Pip Dann is just waiting for 'VH-1 Mega Hits Weekend': VH1 throughout the day



5.00pm Fifteen to One
Hosted by William G Stewart.

5.30 Prize Time
With Les Dennis.

5.50 Family Fortunes
With Les Dennis.

6.20 Prize Time
6.30
Sale of the Century
Hosted by Keith Chegwin.

7.00 Prize Time
7.05 Split Second
With Aonghus McAnnally.

7.30 Move On Up
Fast-moving gameshow.

8.00 Treasure Hunt
South Lancashire
Annabel Croft hurries through the countryside in search of clues.

9.00 Prize Time
9.15 3-2-1
Rainbow
Ted Rogers hosts the quiz and entertainment show.

10.15 Endurance UK
Paul Ross puts more madcap contestants through tormenting and tortuous games.

11.00 Sticky Moments on Tour
Julian Clary goes Down Under.

11.45 Prize Time
12midnight Love at First Sight
12.30am Perfect Scoundrels
1.30 Sweet Justice
2.30 Me and the Boys
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop



8.00pm FILM: The Gentleman Bandit
Ralph Waite, Julie Bovasso
Drama based on the true story of a controversial priest psychologist, who was charged with a series of holdups in Delaware after being mistakenly identified.

9.35 Rest Stop
10.05
FILM: Nightmare at Noon
George Kennedy, Bo Hopkins
Horror thriller.

11.45-12midnight Sensuous Scenes of Hollywood

L!VETV

CABLE EXCLUSIVE

6.00am Revelations
6.30 Fate and Fortune
7.00 Dial-a-Doc
7.15 What's in the Box
7.30 Fashion Show
8.00 Agony
8.30 Living Room Legends
9.00 Love Story
9.15 Dial-a-Doc
9.30 Revelations
10.00 Lie Detector
10.30 Bunny Bingo
10.45
What's in the Box
11.00 Judge Judy
11.30 Fate and Fortune
12.00 Why Files
12.30pm Bunny Bingo
12.45 What's in the Box
1.00 Lie Detector
1.30 Agony Omnibus
2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.

3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00
Judge Judy Omnibus

5.00 Agony
More advice for troubled souls.

5.30 Sport LIVE
Sports magazine.

6.00 The Fashion Show
A look at the headlines among the hemlines.

6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier
7.30 Agony
Advice show.

7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking more deceivers.

8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
What's hip to wear and how to wear it.

9.59 Big City Tips
10.00 Topless Darts
More sharp and shapely dart throwing.

10.02 Sport LIVE
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
Late night magazine.

11.30 Exotica Erotica
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 The Sex Show
3.00 Exotica Erotica
4.00 The Fashion Show
4.30 Agony
5.00 Lie Detector
5.30 Dial-a-Doc
5.45-6.00am Nation LIVE

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
9.30 The Album Show
10.30 The Album Show
11.30 The World of Sport
12.30pm US Chart Show
1.30
Cinema Cinema Cinema
2.30 The Album Show
Classic tracks from all your favourite artists – from Bob Dylan to Oasis.

3.30
PDQ – One Stop Shop
Tune in for the chance to purchase great items.

4.30 Cybernet
All the latest news and views from the world of computers, including all that's new on the net.

5.30
PDQ – One Stop Shop
Tune in for the chance to purchase great items delivered straight to your door.

6.30
American Chart Show
Find out how British bands such as The Spice Girls and Oasis are faring Stateside.

7.30 Cybernet
All the latest news and views from the world of computers.

8.30
PDQ – One Stop Shop
Tune in for the chance to purchase great items.

9.30
PDQ – One Stop Shop
Home shopping service which delivers innovative products straight to your door.

10.30 Cinema Cinema Cinema
An in-depth look at all the latest Hollywood news and gossip.

11.30 The Album Show
Classic tracks from your favourite artists.

12midnight-8.00am
Local news on the hour, Album Show at half past every hour

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times
2.30 Dream Ticket
3.00 Holiday in Style
4.00 The Big Trip
5.00 Travel Show Guide
5.30 The Antiques Show
6.00 Radio Times
6.30 Change That
7.00 Really Useful Week
8.00 Holiday in Style
9.00 Style Challenge
9.30 Going for a Song
10.00 Can't Cook, Won't Cook
10.30 Real Rooms
11.00-12midnight Big Trip

NBC

5.00am Travel Xpress
With Tricia Williamson.

5.30 Inspiration
7.00 Hours of Power
8.00 Home & Garden TV
10.00 Super Shop
A chance to do shopping without ever leaving the armchair. Phone, credit card and the TV screen become the viewers' superstore.

11.00 NBC Super Sports
Featuring a Gillette World Cup 98 preview and a look inside the PGA Tour.

3.00pm
Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century.

4.00
The McLaughlin Group
Public affairs programme.

4.30 Meet the Press
Tim Russert hosts the show which features interviews with guests of international importance.

5.30 V.I.P.
Celebrity chat.

6.00 Mr Rhodes
Schoolroom comedy starring Tom Rhodes.

6.30 Union Square
New York sitcom.

7.00 The Ticket NBC
Entertainment guide with Kristiane Backer.

7.30
Five Star Adventure
8.00 NBC Super Sports
Featuring a special Gillette World Cup 98 preview.

9.00 The Best of the Tonight Show with Jay Leno
Highlights of the star interviews.

10.00 Profiler
A stylish suspense thriller exploring the dark side of the human mind.

11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.

11.30 V.I.P.
Celebrity chat.

12midnight The Best of the Tonight Show with Jay Leno
1.00am MTV
2.00 V.I.P.
2.30 Europe à la Carte
3.00 The Ticket NBC
3.30 Travel Xpress
4.00 Five Star Adventure
4.30-5.00am Ticket NBC

UK ARENA

CABLE EXCLUSIVE

6.00pm
The Peter Sellers Story
Southsea to Shepperton
6.55
The Peter Sellers Story
I Am Not a Funny Man
8.00
Later with Jools Holland
Diverse music.

9.00
The Scarlet and the Black
10.30-12midnight
The Scarlet and the Black
Period drama starring Ewan McGregor.

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Snow Safari
Eastern Townships, Quebec
12.30pm Pathfinders
Snake River
1.00 The Great Escape
Jodhpur and the Kumaon Hills
1.30 On Tour
Trinidad and Tobago
2.00 North of Naples, South of Rome
Introduction to Comino Valley
2.30 Floyd on Oz
Queensland

3.00 An Aerial Tour of Britain
Oxford
The aerial tour continues unabated.

4.00 Destinations
Israel
Destinations takes us to Israel – perhaps the world centre for religion.

5.00 Widlake's Way
The Philippines – Pearls of the Pacific
Brian Widlake hosts this new six part travel series.

6.00
A River Somewhere
Howqua River – Australia
6.30 The Great Escape
Jodhpur and Kumaon Hills
7.00
On Top of the World
India
Award-winning series exploring the world.

8.00 Ridge Riders
Across Southern England
8.30
Railway Adventures Across Europe
9.00 Grainger's World
Heroes of the Amazon
Capturing the true essence of the Amazon – with its superb array of wildlife.

10.00 The Flavours of France
10.30 Snow Safari
Eastern Townships, Quebec
11.00
A River Somewhere
Howqua River – Australia
11.30-12midnight
No Truckin' Holiday



7.00am Kickstart
9.00 Top 100 Weekend
10.00 Hitlist UK
12noon MTV News Weekend Edition
12.30pm The Verve – Northern Souls
1.00 Top 100 Weekend
4.00 Selected 5.00 MTV's Euro Top 20
7.00 News Weekend Edition
7.30 The Real World – LA
8.00 MTV Base
9.00 So 90s
10.00 The All-Time Stars of Rap
NEW SERIES
12midnight Amourathon
3.00-6.00am Music Vibes

living

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat Is On
10.20 Rolonda
11.10 Brookside Omnibus
1.10pm Tempestt
2.00 Hearts Afire
Sleepless in a Small Town
Lonnie spies on the club.

2.30 I Dream of Jeannie
Please Don't Feed the Astronauts
Jeannie helps Tony and Roger pass a survival test.

3.00 FILM: Beautiful But Dangerous
Robert Mitchum
Lighthearted story about a wealthy young woman who causes chaos when she returns to her home town and begins distributing money anonymously.

5.05 Hart to Hart
The Raid
Jonathan, Jennifer and Max journey to South America.

6.00 FILM: Oliver Twist
George C Scott, Tim Curry, Michael Hordern
Retelling of Dickens's classic tale about a boy who escapes from the workhouse, only to fall in with a gang of juvenile thieves masterminded by the wily Fagin.

8.00 Animal Rescue
More animals in distress are given a lifeline.

8.30 Rescue 911
Real-life rescues.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.50-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including physical attraction and teenage sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



VH1 Mega Hits Weekend
All the best music from the last four decades and the biggest chart smashes from today. Featuring at 8.00, the latest edition of *Talk Music* – the up-to-the-minute music magazine and live performance show presented by Mark Ellen and Pip Dann.

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

				NEWS AND INTERNATIONAL	
9.00am The History Makers <i>Leonardo Da Vinci</i> 10.00 Charlie West Fishing 10.30 Total Fishing with Matt Hayes 11.00 Gimme Shelter 11.30 Homemaker 12.00 Tool Time 12.30pm Antiques Trail 1.00 A Cook's Journey 1.30 The Furniture Guys <i>Backyard Pond</i> 2.00 Rex Hunt's Fishing Adventures 2.30 Two's Country <i>You've Gotta Dig This</i> 3.00 This Old House with Steve and Norm 3.30-4.00pm This Old House  EXPLORE YOUR WORLD 4.00pm Wings <i>Steel Rain</i> A look at the A10, which is affectionately referred to as the 'warthog' or the 'flying tank'. 5.00 Spy in the Sky A look at how the threat of communism reached fever pitch in the Fifties and led to the design of the U2 spy plane. 6.00 Jurassic <i>Ape Man and Dinosaurs in the Snow</i> Could a find in a South African cave be evidence of the missing link? 7.00 The Quest <i>Big Foot</i> Examining the legend. 7.30 Ghosthunters <i>The Phantom Pilot</i> A look at another sighting. 8.00 Raging Planet: Avalanche Exploring the natural phenomenon of the avalanche and the ways of forecasting a slide. 9.00 Raging Planet: Fire A study of fire in all its forms, from the Australian bush to the forest fires in North America. 10.00 Raging Planet: Blizzard Although associated with purity, snow has made some species extinct and killed thousands. 11.00 Medical Detectives <i>Blood Trail</i> 11.30 Medical Detectives <i>Fatal Fungus</i> 12midnight Lonely Planet <i>Pakistan</i> Neil Gibson visits Multan, home to the mystical side of Islam. 1.00am-2.00am Justice Files <i>Undercover</i> A look at sting operations.  THE HISTORY CHANNEL	5.00am Omer and the Starchild 5.30 The Fruitties 6.00 The Real Story of... 6.30 Thomas the Tank Engine 7.00 Blinky Bill 7.30 Bugs Bunny 7.45 Road Runner 8.00 Scooby-Doo 8.30 Dastardly and Muttley Flying Machines 8.45 Wacky Races 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 The Mask 11.30 Tom and Jerry 12.00 The Flintstones 12.30pm The Bugs and Daffy Show 1.00 Johnny Bravo 1.30 Cow and Chicken 2.00 Batman 2.30 The Jetsons 3.00 The Addams Family More macabre fun. 3.30 The Real Adventures of Jonny Quest 4.00 Batman More dark tales from the heart of Gotham City. 4.30 Dexter's Laboratory Chemical chaos. 5.00 Johnny Bravo Adventures with the ego-tistical hero. 5.30 Cow and Chicken Animated fun. 6.00 Tom and Jerry Madcap comic antics with the cat and mouse. 6.30 The Flintstones Back to Bedrock with Fred and Barney. 7.00 Scooby-Doo The cowardly Great Dane flees more phantoms. 7.30 2 Stupid Dogs Two toon hounds remain baffled by life. 8.00 The Mask More manic antics with the green-faced master of mayhem. 8.30-9.00pm Ivanhoe Chivalrous deeds.	7.00am Tales from the Cryptkeeper 7.30 Kablam! 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Ren and Stimpy 12.00 Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Secret World of Alex Mack 2.00 Kenan and Kel 2.30 Clarissa Explains It All 3.00 The Adventures of Pete and Pete Red-headed brothers in arms do battle. 3.30 Kablam! Fun with Henry and June. 4.00 Hey Arnold! More adventures with the kid with the cool quiff. 4.30 Rugrats Fun with the imaginative, tousle-haired nippers. 5.00 Sussed! 5.30 Sister Sister There's twice the comedy as Tia and Tamera and their respective single parents all try to cohabit. 6.00 Kenan 6.30-7.00pm Are You Afraid  COMEDY CHANNEL 7.00pm Mork and Mindy <i>A Morkville Horror</i> 7.30 Roseanne <i>Secrets</i> Dan confides in his wife. 8.00 The Kenny <i>Everett Show</i> Irreverent sketches. 8.30 Caroline in the City Stars Lea Thompson. 9.00 Cheers <i>Norm's Last Hurrah</i> Norm gets a new job. 9.30 Ellen <i>Lobster Diary</i> With Mary Tyler Moore. 10.00 Frasier <i>Three Days to Condo</i> Stars Kelsey Grammer. 10.30 Bakersfield PD Quirky comedy set in a narrow-minded town. 11.00 Open Mic Awards The 1997 Open Mic Award finals held at the Edinburgh Festival. 11.30 Absolutely 12midnight Sledgehammer 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Open Mic Awards 3.00 Frasier 3.30-4.00am Bakersfield PD	6.00am Spirou 6.30 Iznogoud 7.00 Swamp Thing 7.30 Batman 8.00 Spellbinder 8.30 Dennis the Menace 9.00 Road to Avonlea 10.00 Iznogoud 10.30 The New Adventures of Gigantor 11.00 Spirou 11.30 Flash Gordon 12.00 AJ's Time Travellers 12.30pm Oscar's Orchestra 1.00 Spellbinder 1.30 The New Adventures of Gigantor 2.00 Flash Gordon 2.30 Swamp Thing 3.00 AJ's Time Travellers <i>Dad's Excellent Adventure</i> 3.30 Oscar's Orchestra <i>Star Tours</i> 4.00 Batman <i>The Bird's Last Jest</i> Gotham City action. 4.30-5.00pm Dennis the Menace <i>Gorilla Warfare</i>  PERFORMANCE THE ARTS CHANNEL CABLE EXCLUSIVE 7.00pm Gilbert and Sullivan: Trial by Jury and Cox and Box The very best of British operetta, in a classic series featuring surprising stars. With music by the London Symphony Orchestra. 9.00 American Playhouse: Sensibility and Sense A series of films starring major Hollywood stars in early roles. Tonight's play portrays the reunion of three college friends and their ensuing rivalries after 50 years. Starring Jean Simmons, Lori Singer and Eric Stolz. 11.00 Jazz Extra: Modern Jazz Quartet More smokin' sounds. 12midnight-1.00am Midnight Jazz: Arnett Cobb Arnett Cobb plays many of his most famous pieces.	BBC News 24 6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 10.00 News 10.30 Science 11.00 Dateline 12.00 News 12.30 Newsround 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Book Review 8.00 News 8.30 Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 The Diary 3.00 News 3.15 News 3.30 Face 4.00 News 4.30 Chronicles 5.00 News 5.30-6.00am Book Review CNN INTERNATIONAL News throughout the day, plus: 5.00am News 5.30 Inside Asia 6.30 Business 7.30 Sport 9.30 Art Club 10.30 Sport 11.30 Earth Matters 12.30pm Science 1.30 World Report 4.30 This Week in NBA 5.00 Late Edition 6.30 Health 7.00 Perspectives 8.30 Pinnacle Europe 9.30 World Cup Weekly 10.30 Sport 11.00 World View 11.30 Style 12midnight World Today 12.30am Showbiz 1.15 Asian Edition 1.30 Diplomatic License 4.30-5.00am This Week in NBA SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 7.45 Gardening 9.30 Business Week 10.00 Adam Boulton 11.30 Book Show 12.30pm Media Monthly 1.30 Global Village 2.30 Showbiz 3.30 Target 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuters Report 9.30 Showbiz 10.00 Prime Time 11.30 Week in Review 12.30am CBS Weekend News 1.30 ABC World News Sunday 2.30 Business Week 3.30 Reuters Report 4.30 CBS Weekend News 5.30-6.00am ABC World News INTERNATIONAL 3SAT 5.00am 7 Tage Anders Fernsehen 6.00 Kulturgespräch 6.45 Kunststreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Classic Cuts 8.50 Musik-Triennale Köln 9.59 Knaben 10.35 Unser Jahrhundert 11.25 Wir 11.50 Anfang 12.00pm Zeitung 12.30 Rückblick 12.45 Klingendes Österreich 1.30 Jeder Singt 3.30 Wenn der Vater 3.00 HITEC 3.30 Die Macht der Sinne 4.20 Gewusst Wie 4.30 Teletext 5.00 Tagesschau 5.15 Die Schweiz 6.00 Heute 6.10 Ruge 7.00 Tagesschau 7.15 Arktis 8.00 Schätze 8.15 Roglers Freiheit 9.00 Paul 9.55 Der Staatsanwalt Hat das Wort 11.25-1.00am Spur in den Bergen Deutsche Welle 5.00am Inside Politics 5.30 Video Timeline 5.45 Expo 2000 6.00 Journal 6.30 Plenum 7.00 Journal 7.30 HEAT 8.30 Inside Report 9.00 Journal 9.30 Das Fernsehspiel 11.15 Glaubenssachen 11.45 Schätze der Welt 12.00pm Journal 12.30pm Inside Report 1.00 Video Timeline 1.15 Expo 2000 1.30 BIG 2.00 Journal 2.30 Kein Schöner Land 3.15 Land und Leute 3.30 Presseclub 4.15 Expo 2000 4.30 BIG 5.00 Journal 5.30 Video Timeline 5.45 Church 6.00 HEAT 7.00 Journal 7.30 Presseclub 8.15 Zur Zeit 8.30 Glaubenssachen 9.00 Journal 9.30 Treasures of the World 9.45 Expo 2000 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Wahl Spezial 11.30 Sport Report 11.45-12midnight Kulturgut TV5 5.00am Minutes 5.05 Cap Aventure 5.30 Horizons 6.00 Musique 7.00 Minutes 7.05 Journal de Radio Canada 7.30 Meteo 7.35 Bus et Compagnie 8.30 Jardin 9.00 Minutes 9.05 Jardins 9.30 Correspondances 9.45 Du Poil de la Bête 10.00 Musique Musiques 10.30 Perfecto 11.00 Minutes 11.05 Telecinema 11.33 Televisé France 11.55 Meteo 12.00 Thalassa 1.00 Faut Pas Rever 2.00 Documentaire 3.00	Televisé de la Redaction 3.15 Fiction 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Televisé Belge 7.00 Emission Speciale 8.30 Documentaire 8.55 Meteo 9.00 Televisé France 2 et Meteo 9.35 Documentaire 10.30 Bons Baisers d'Amérique 11.30-12midnight Soir 3 ASIANET CABLE EXCLUSIVE 7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhur Ki Bani 10.30 Islam 11.00 Ashirvaad 11.30 Holy Quran 12.00 Stardust 1.00pm Business 1.30 FILM 4.00 Palitan 4.30 Cine Express 5.00 Chidi Ka Ghulam 5.30 Stardust 6.30 Aur Aap 7.00 Zamana Badal Gaya 7.30 Jung 8.00 Main Anari 8.30 FILM 11.30 News 12midnight Aur Aap 12.30am Jung 1.00 Zamana 1.30 FILM 4.00 Indipop 4.30 Dasht 5.30 Punjabi 6.00 Chidi 6.30 News 6.45 Business 7.00-7.30am First Edition ZEE TV 4.00am HINDI FILM: Do Pal 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 Zee Business News 8.30 India Business Report 9.00 Shri Krishna 10.00 Zee Health Show 10.30 Aashiana 11.00 Jhatpat Khana 11.30 Mrs Madhuri Dikshit 12.00pm HINDI FILM: Kashmir Ki Kali 3.00pm Parivartan 4.00 Zee and U 5.00 Anhonee 6.00 Chashme Badoor Amaanat 7.30 Antakshari 8.00 News 8.30 FILM: Takkar 11.30-12midnight Mano Ya Na Mano RACING CHANNEL The Racing Channel does not transmit on Sundays CMT 6.00am Rebel Country 7.00 Non-Stop Country 2.00pm Top 12 Countdown 3.30 Showcase 4.00 Fresh Cuts 4.30 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Non-Stop Country 8.30 Top 12 10.00 Global View 11.00 Top Billing 12midnight Rebel 1.00am Showcase 1.30 Non- Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought for the Day 4.05 Worship 5.00 Fred Price 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Eddie Long 8.00 Matthew Ashimolowo 9.00 Sunday Night Live 9.30 Highway to Heaven 10.00 Revelation 10.30-11.00am This Is Your Day - Benny Hinn PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am Parliamentary Committees 12.00am America This Week 3.00pm-6.00pm Parliamentary Committees WORLD NET World Net does not transmit at weekends LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
4.00pm History Classics: World War I - Heritage of War Recalling the last dramatic scenes of World War I. 4.30 Victory at Sea: Design for Peace The approach towards final victory. 5.00 The World at War: Remember Counting the lives lost. 6.00-8.00pm History Showcase: Great Escapes of World War II Amazing escape stories unveiled.	11.00am Emmerdale 11.30 Emmerdale 12.00pm Emmerdale 12.30pm Emmerdale 1.00pm Emmerdale It's the day of reckoning at the parish council meeting. 1.30 Families 2.00 Families 2.30 Families 3.00 Families 3.30-4.00pm Families Christian is fed up with being the butt of Anton's black moods.  SKY soap	10.00am Intimate 10.30 Space 11.00 Trainspotters 12.00pm On the Job 12.30pm Exposure Current affairs magazine. 2.30 C.O.D. 3.00 Unsigned Etc 3.30 Baggly Shorts 4.00 Crush 5.00 About Last Night 6.00 TV Stinks 7.00 A Year 7.30-8.00pm Unsigned Etc	News throughout the day, plus: 5.00am Directions 7.00 Wall Street 8.00 Big Game 9.00 Money 10.00 Style Cafe 11.00 Dot.Com 12.00pm Wall Street 1.00pm Money 3.00 Directions 5.00 Story Board 6.00 Big Game 7.00 Media 7.30 Future File 8.00 Your Money 8.30 Directions 9.00 Europe 9.30 Wall Street 10.00 Media 11.00 Money 12midnight Asian Squawk Box 1.00am Trading Day 4.30-5.00am Big Game  CNBC		

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6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

			
6.00am Pee-wee's Big Adventure Paul Reubens 1985, rating Sky PG, 88 mins 8.00 Dangerous Curves Tate Donovan 1987, rating Sky PG, 89 mins 10.00 Out of Time Bruce Abbott, Bill Maher 1988, rating Sky PG, 94 mins 12noon Agatha Christie's Dead Man's Folly Peter Ustinov, Jean Stapleton 1986, rating Sky PG, 89 mins 2.00pm Mr Holland's Opus Richard Dreyfuss, Gleanne Headly, Jay Thomas, Olympia Dukakis, Alicia Witt Sentimental drama about a composer (Dreyfuss) who turns to teaching music in a local school. With problems at home and the traumatic events of the Sixties occurring in the world outside, he struggles to exert a positive influence on his students, but his own family suffers as he throws himself into his work. Text 1995, rating Sky PG, 143 mins 5.00 Pee-wee's Big Adventure Paul Reubens, Elizabeth Daily, Diane Salinger, Mark Holton Madcap comedy about a child-like adult who embarks on a bizarre quest to find his stolen bicycle. 1985, rating Sky PG, 88 mins 6.30 Last of the Dogmen Tom Berenger, Barbara Hershey, Kurtwood Smith Western adventure about a bounty hunter who heads into the wilds of Montana to find three escaped prisoners, but ends up being intrigued by a mystery. 1995, rating Sky PG, 112 mins 8.30 The Movie Show Movie magazine programme, presented by Richard Jobson. 9.00 Mr Holland's Opus Richard Dreyfuss, Gleanne Headly, Jay Thomas, Olympia Dukakis, Alicia Witt Sentimental drama about a composer who turns to teaching music in a local school. With problems at home and the traumatic events of the Sixties occurring in the world outside, he struggles to instil some kind of faith within his students. Text 1995, rating Sky PG, 143 mins 11.30 Amanda and the Alien Nicole Eggert Comic adventure. 1995, rating Sky 15, 90 mins 1.05am All Men Are Mortal Stephen Rea, Irene Jacob 1995, rating Sky 15, 86 mins 2.40-5.30am Cobb Tommy Lee Jones 1994, rating Sky 18, 123 mins	6.00am Three Smart Girls Deanna Durbin, Alice Brady 1936, rating Sky U, 81 mins 8.00 Crossfire Robert Young 1947, rating Sky PG, 83 mins 10.00 Sons and Lovers Trevor Howard 1960, rating Sky PG, 99 mins 12noon Semi-Precious Joanna Kerns Heart-wrenching drama. 1995, rating Sky PG, 89 mins 2.00pm The Talk of the Town Ronald Colman, Cary Grant, Jean Arthur, Edgar Buchanan Comedy drama about a girl who is in love with two men – a suspected murderer and the lawyer who is defending him. 1942, rating Sky U, 112 mins 4.00 The Sea Chase John Wayne, Lana Turner, Tab Hunter World War II action with Wayne as the helmer of a German ship, trying to make it back to the Fatherland from Australia without being destroyed. Lana Turner is his romantic interest. 1955, rating Sky PG, 112 mins 5.55 Semi-Precious Joanna Kerns, Stephanie Zimbalist, Gaby Hoffmann Heart-wrenching emotional drama about a woman who, having abandoned her children ten years earlier, re-appears to reclaim them, with predictably dramatic results. Last Play 1995, rating Sky PG, 89 mins 7.30 Special Feature Hollywood report. 8.00 Forbidden Territory Aidan Quinn, Nigel Hawthorne PREMIERE Drama based on the real-life encounter between Dr Livingstone and the journalist Henry Morton Stanley, when Livingstone, having witnessed the massacre of a village in the African jungle, goes missing. 1997, rating Sky 15, 92 mins 10.00 Eraser – Preview 10.05 Eraser Arnold Schwarzenegger, James Caan, Vanessa Williams, James Coburn Action thriller about a vital government witness who is assigned a protector known as Eraser, having uncovered a scheme to deliver one of the most advanced super-weapons into dangerous hands. Text 1996, 115 mins 12midnight Land and Freedom Ian Hart, Rosana Pastor Spanish Civil War drama. Text 1995, rating Sky 15, 105 mins 1.50am White Angel 1994, rating Sky 18, 95 mins 3.30-6.00am Slaves of New York 1989, rating Sky 15, 119 mins	 Rod Taylor prepares to take a ride in 'The Time Machine' in this adaptation of H G Wells's classic sci-fi novel: TNT 9.00pm  4.00pm Flying Down to Rio Dolores del Rio, Gene Raymond, Raul Roulien, Ginger Rogers, Fred Astaire Classic musical, memorable for the scene of dancing girls cavorting on the wings of planes, and the first screen pairing of Rogers and Astaire doing the 'Carioca'. 1933, rating Sky U, 86 mins 6.00 Ladyhawke Rutger Hauer, Matthew Broderick, Michelle Pfeiffer, John Wood, Leo McKern Medieval fantasy about a knight and his unlikely sidekick, a young thief, who must battle against a powerful spell to rescue a beautiful damsel in distress – the knight's lover. 1985, rating Sky PG, 115 mins 8.00 Great Balls of Fire! Dennis Quaid, Winona Ryder, Trey Wilson, Alec Baldwin Musical biography chronicling the controversial and somewhat turbulent life of rock star Jerry Lee Lewis, whose private life was just as flamboyant as his stage act. 1989, rating Sky 15, 101 mins 10.00 Bird on a Wire Mel Gibson, Goldie Hawn, David Carradine, Bill Duke Quick-witted and fast-paced action comedy about a man who finds his life threatened by a murderous gang of drug dealers, and drags his ex-girlfriend into the deadly milieu. 1990, rating Sky 15, 106 mins 11.50 Instant Justice Michael Paré Action thriller. Text 1987, rating Sky 18, 101 mins 1.30am The Boston Strangler Tony Curtis, Henry Fonda 1968, rating Sky 18, 110 mins 3.25-4.55am Viridiana Drama. Widescreen 1961, rating Sky 15, 86 mins MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format  9.00pm The Time Machine Rod Taylor, Alan Young, Yvette Mimieux Sci-fi adventure about a Victorian scientist who invents a time machine and embarks upon an odyssey, stopping briefly during World Wars II and III, the latter a nuclear apocalypse – before arriving in 802,701AD. 1960, 103 mins 11.00 Coma Genevieve Bujold, Michael Douglas, Richard Widmark, Rip Torn Taut medical thriller about a doctor who uncovers a conspiracy when she investigates unexplained cases of brain damage. Widescreen 1978, 113 mins 1.00am Catlow Yul Brynner, Richard Crenna Fast-moving comedy/Western. 1971, 100 mins 3.00-5.00am The Time Machine Rod Taylor 1960, 103 mins	7.00am Street Sharks 7.30 Bump in the Night 7.45 The Simpsons Featuring David Crosby and George Harrison. Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo 2.00 Sally Jessy Raphael 3.00 Jenny Jones <i>I'm King of the House and She's My Servant</i> Featuring men who believe a woman's job is in the house, serving her husband. 4.00 The Oprah Winfrey Show Oprah Winfrey, the undisputed queen of chat, takes a revealing look at life and relationships, with help from the audience. 5.00 Star Trek: The Next Generation <i>Allegiance</i> Picard is kidnapped from the USS Enterprise and replaced by a duplicate. Stars Patrick Stewart. 6.00 The Live 6 Show With Jenny Powell and Richard Orford. 6.30 Married... With Children <i>Fair Exchange</i> A student arrives. Text 7.00 The Simpsons <i>Last Exit to Springfield</i> Homer becomes head of the union at work. Text 7.30 Real TV Actual video footage of real-life events. 8.00 Star Trek: Deep Space Nine <i>Blaze of Glory</i> Sisko attempts to force his traitorous former crew member to stop a final Maquis attack. 9.00 Sliders <i>Eggheads</i> The Sliders are in a parallel universe where intellectuals are revered above those with physical prowess. 10.00 Brooklyn South <i>McMurder One</i> Patrol Sergeant Donovan suspects foul play when the district attorney's ex-wife is found murdered. 11.00 Star Trek: The Next Generation <i>Allegiance</i> Picard is kidnapped from the USS Enterprise and replaced by a duplicate. Stars Patrick Stewart. 12midnight Late Show with David Letterman America's top chat show. 1.00am In the Heat of the Night <i>Grow Old with Me – Part I</i> Sparta is rocked by the deaths of two innocent young people. 2.00-7.00am Long Play 7.00am Worzel Gummidge Down Under 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Home to Roost 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Sykes 2.05 Open All Hours 2.45 Stay Lucky <i>Gilding the Lily</i> Franklyn's investment into a knitting factory causes some consternation with the locals. 3.45 The Bill <i>Blood Pressure</i> The mother of a Jehovah's Witness refuses to let her son have a blood transfusion. 4.15 Juliet Bravo <i>In a Man's World</i> Kate finds herself the sole female applicant for the post of Chief Inspector of the Juvenile Bureau. 5.20 EastEnders Drama and tension with the denizens of Albert Square, Walford. 5.55 Big Break Jim Davidson hosts the gameshow which features top snooker players. 6.30 The Bill <i>Blood Pressure</i> A mother denies her son a blood transfusion. 7.00 Dad's Army <i>No Spring for Frazer</i> Vintage comedy starring Arthur Lowe, John Le Mesurier, Clive Dunn and John Laurie. 7.40 Canned Carrott Jasper Carrott with more stand-up and sketches. 8.20 The Black Adder <i>Witchsmeller Pursuivant</i> The king is unwell with the Black Death and only one man can help. 9.00 Dangerfield When Johnny Sutherland, an SAS man, is found dead in a shallow grave, Ken is on the hunt for a professional killer, confident that he knows who the man is. 10.05 Taggart <i>Death without Dishonour – Final Part</i> There are three murders to solve, two of them very similar. All clues point to the Grand Ol' Opry. 11.10 The Man from Auntie Comedy and observations from Ben Elton. 11.50 Paul Merton – The Series 12.20am Between the Lines <i>The Great Detective</i> Drama series about an internal investigations unit. 1.15 Spitting Image 1.40 The Equalizer <i>The Visitation</i> 2.25-7.00am Shopping at Night

MOVIE RATINGS
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Top Gear GTI 8.00 **Alien Empire** 8.30 **Wildlife on UK Horizons** 9.00 **Natural Neighbours** 9.30 **Wildlife on UK Horizons** 10.00 **Tomorrow's World Plus** 11.00 **Doctors to Be** 12.00 **Alien Empire** 12.30pm **Wildlife on UK Horizons** 1.00 **Pandora's Box** 2.00 **Animal Hospital** 2.30 **Great Mysteries and Myths**

3.00 Pole to Pole *Shifting Sands* Michael Palin heads for the equator and faces his toughest challenge since he visited the Arctic-the Sudan.

4.00 Your Horizons Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.

5.00 Tomorrow's World Plus Reports covering the future of science and technology. Presented by Peter Snow and Phillippa Forrester.

6.00 Animal Hospital Rolf Harris reports from Harmsworth RSPCA.

6.30 Return of the Blood Suckers How the leech is making a medicinal comeback.

7.00 Nightmares of Nature: The Beetles Report on the many kinds of beetles.

7.30 Nightmares of Nature: The Swarm A look at the jellyfish.

8.00 Crusades *Pilgrims in Arms* Terry Jones explores the history of the Crusades, uncovering a tragicomedy of savagery, greed and ignorance.

9.00 999 The skills of a lifeboat crew are tested to the limit when it has to rescue two girls trapped in stormy seas under Brighton pier.

10.00 Nightmares of Nature: Alien Empire *Battle Zone*

A look at rainforests.

10.30 Nightmares of Nature: In Cold Blood Snakes and killer frogs.

11.00 The Power and the Glory *The Fastest Men on Earth*

A history of motor racing.

11.30 Top Gear GTI The hottest motoring news.

12.30am-1.00am Great Mysteries and Myths *Mysterious Madonnas* Robert Powell sets out to uncover the truth behind another mystery of the 20th Century.

6.00am **Healthbeat** 6.30 **Your Beautiful Garden** 7.00 **David Emanuel Fashion Show** 7.30 **Eat, Drink and Be Healthy** 8.00 **Rosemary Conley's Cookbook** 8.30 **Craftwork** 9.00 **Sally Jessy Raphael** 10.00 **Wild About Flowers** 10.30 **Young Chefs** 11.00 **The Good Housekeeping Show** 11.30 **Roddy Llewellyn's Indoor Garden** 12.00 **Sew Perfect** 12.30pm **Ready to Wear** 1.00 **Bon Appetit** 1.30 **Classic Interiors** 2.00 **Rosemary Conley's Cookbook** 2.30 **Craftwork**

3.00 Wilde About Flowers With Carl Wilde.

3.30 Young Chefs Charlotte Hindle presents the programme that profiles new chefs.

4.00 Sally Jessy Raphael More lively chat in the studio with the queen of talk, Sally Jessy Raphael.

5.00 The Good Housekeeping Show Practical advice presented by Leslie Ash. **5.30-6.00pm Roddy Llewellyn's Indoor Garden**

6.00am The Box 7.00 **E! Entertainment** 7.30 **Classic Coronation Street** 8.00 **Blind Date** 9.00 **Within These Walls** 10.00 **Marlowe** 11.00 **Hawaii Five-O** *The Singapore File* 12.00 **Classic Coronation Street** 12.30pm **Families** 1.00 **Watching** 1.30 **Agony** 2.00 **Poirot**

3.00 London's Burning A night of false alarms and burnt grub leaves the crew discontented. Meanwhile, Kevin meets his Dad when he comes out of prison.

4.00 Hawaii Five-O *The Singapore File* McGarrett is called to Singapore by a terrified girl he is seeking to use as a witness to a local murder.

5.00 Mission: Impossible *The Killer* Jim Phelps is summoned from retirement when a protege of his is killed by an international hitman

6.00 Families Preparations begin for Amanda's wedding.

6.30 Classic Coronation Street Boxing day problems for the Ogdens and Tilsleys.

7.00 Poirot *The Case of the Missing Will* Poirot investigates the death of a misogynist who was murdered after he decided to change his will.

8.00 London's Burning A night of false alarms and burnt grub leaves the crew discontented. Kevin meets his Dad when he comes out of prison. With Rupert Baker.

9.00 Classic Coronation Street It's boxing day, and there are problems for the Ogdens and the Tilsleys.

9.30 Stand Up Alternative comedy. **10.00-11.00pm Mission: Impossible**

men & motors

11.00pm Performance Power Glamour girl Sarah Donohue introduces a selection of action sports from around the globe.

12midnight 2 Wheels Better Weekly bike show presented by Jeff Stone, Paul Johnston and Wayne Kershaw. **12.30am Motor Week** Mike test-drives the new VW Beetle. **1.00-2.00am E! In Focus** **2.00-6.00am The Box**



Lady Henrietta Spencer Churchill shows off some 'Classic Interiors': *Good Life* 1.30pm

6.00am **Under the Umbrella Tree** 6.30 **Jungle Cubs** 7.00 **Recess** 7.30 **Pepper Ann** 8.00 **Brand Spanking New Doug** 8.30 **Timon and Pumbaa** 9.00 **Aladdin** 9.30 **Quack Pack** 10.00 **Amazing Animals** 10.30 **Sesame Street** 11.30 **Winnie the Pooh** 11.45 **Poddington Peas** 11.50 **Alphabet Castle** 12.00 **Little Hippo** 12.15pm **Animal Shelf** 12.30 **Rosie and Jim** 12.45 **Toothbrush Family** 12.50 **Bear in the Big Blue House** 1.15 **Winnie the Pooh** 1.30 **Chip 'n' Dale's Rescue Rangers** 2.00 **Goof Troop** 2.30 **Jungle Cubs**

3.00 Timon and Pumbaa **3.30 Brand Spanking New Doug** Adventures with Doug Funnle, the knobby-kneed day-dreamer.

4.00 Pepper Ann The girl who just wants to be cool.

4.30 Recess From the creators of Rugrats, the adventures of fourth grade life.

5.00 Smart Guy Adventures of a 10-year-old who is too smart for his own good.

5.30 Student Bodies Animation and real-life in an entertaining mix.

6.00 Teen Angel Buzz is a Guardian Angel who has been given his last chance to get into heaven.

6.30 Boy Meets World *Cult Fiction*

7.00 FILM: The Paper Brigade Kyle Howard, Robert Englund

Gunther's world comes to an end after moving to a hick town from the big city. Yet, a pretty girl and his favourite band could save him. 1996

8.30 The Wonder Years Kevin looks back with affection.

9.00-10.00pm Touched by an Angel Monica, the beautiful and wise angel, inspires people facing adversity to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily **9.30 Food for Thought** **10.00 Dilly Dines Out** **10.30 What's Cooking? 11.00 Worrall Thompson Cooks** **11.30 Graham Kerr's Kitchen** **12.00 Food Network Daily** **12.30pm First Taste NEW SERIES** **1.00 Food for Thought** **1.30 For Better, for Worse** **2.00 Tessa Bramley's Seasonal Kitchen** **2.30 Food Network** **3.00 Retrospectives** **3.30 Worrall Thompson Cooks** **4.00 Ross's Foreign Assignment** **4.30-5.00pm Graham Kerr's Kitchen** Healthy, low-fat meals.



CABLE EXCLUSIVE

5.00pm Gridlock Hosted by Simon Biagi.

5.30 Hey Dad II *Surprise!! Surprise!!* Sitcom about a widower attempting to raise three children on his own.

6.00 Blockbusters Hosted by Bob Holness.

6.30 A Country Practice *A Human Reaction - Part II* Australian soap about a medical practice.

7.00 London Bridge Kim comes clean about the photographs.

7.30 Pull the Other One Gameshow hosted by Paul Coia.

8.00 Birds of a Feather *Cheat!*

8.30 Comedy First: Sailortown First in a series of one-off comedies.

9.00 Chancer *Ashes*

Drama series about a wheeler-dealer hoping to hit the big time in the world of fast cars and shady deals.

10.00 Soldier, Soldier *Camouflage*

The Tuckers work out how to make ends meet, but their remedy may not be all it's cracked up to be. **11.00 St Elsewhere** **12midnight Pull the Other One** **12.30am-1.00am Tales of the Unexpected**



QVC The Shopping Channel is at your service **24-hours-a-day** - so watch when you can and tape when you can't. All you need is an item number. Call free on **0800-50-40-30** at any time. Today's highlight is Designer Stitching at 5.00pm

GENERAL

The House

Discovery Home & Leisure 2.30pm

It's time to renovate another dilapidated Victorian house with a team of experts and lots of faith. Bob the builder is our resident in-house expert, while actress Charlotte Avery hosts the progress of this Greenwich project with plenty of DIY tips for us all.

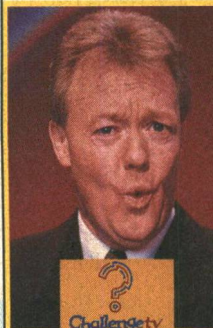
SPORT

Indoor European Athletics Championships *Eurosport* 8.00am

The indoor season might not attract all the big names in athletics, but the competition is fierce and the records seem to fall with great regularity. Britain's best will assemble along with around 500 other track and field hopefuls in Valencia, Spain, for the 13th indoor games, with a real chance of delivering some medals in an ever more competitive sport.

Monday continues overleaf...

ADVERTISEMENT



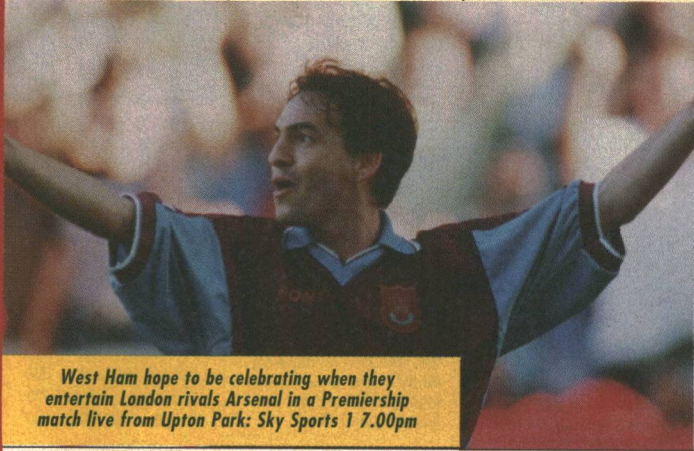
SALE OF THE CENTURY 9.15PM

Keith Chegwin is the man with the biggest prizes and the quirkiest questions on the brand new series of *Sale of the Century*. Will one of tonight's contestants win the car? You'll have to tune in to find out.

MONDAY MARCH 2

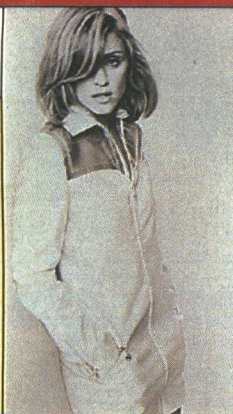
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NIGHT TIME

EUROSPORT	SKY sports 1	SKY sports 2	SKY sports 3	Trouble	SCI FI CHANNEL
7.30am Sailing 8.00 Athletics 9.00 Football African Nations Cup action. 11.00 Ski Jumping World Cup coverage from Vikersund, Norway. 12noon Snowboard Coverage of the ISF World Boarder Cross Tour in Bear Mountain, USA. 12.30pm Football Another chance to see Italy v Slovakia. 2.00 Tennis Coverage of the ATP Tournament from Philadelphia, USA.	7.00am Spanish Football 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football League Review: Nottingham Forest v Middlesbrough 11.30 Rebel TV 12noon Aerobics Oz Style 12.30pm Ford Football Special: Tottenham Hotspur v Bolton Wanderers Commentary from Martin Tyler and Andy Gray. 2.00 Saturday Fight Night Another chance to watch a top bout from the weekend.	7.00am Aerobics Oz Style 7.30 Rebel Sports 8.00 Racing News 8.30 Ford Golf USA: Nissan Open The best of the fourth day's play from the Nissan Open. 10.30 NHL 12.30pm International Cricket: South Africa v Pakistan The best of the action from the fifth and final day of the second Test. 2.00 International Cricket: West Indies v England - LIVE Coverage of day four of the fourth Test between the West Indies and England.	12noon Euro Tour Golf: Dubai Desert Classic Highlights of the fourth day's action from the Emirates Golf Club, where the top European players will be aiming for a share of the prize money. 3.00pm Ford Golf USA: Nissan Open Highlights of the fourth day's action from the Valencia Country Club.	12noon Swan's Crossing Action romance series. 12.30pm Sweat Teen drama series following a group of athletes at an Australian sports academy. 1.00 Echo Point Teen soap. 1.30 Heartbreak High Hard-hitting drama series about a Sydney inner-city high school. 2.00 Saved by the Bell <i>King of the Hill</i> 2.30 Swan's Crossing 3.00 It's in the Jeans <i>Pottery</i> 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama series. 4.00 Hollyoaks 4.30 Saved by the Bell <i>Close Encounters of the Nerd Kind</i> 5.00 USA High <i>All That Lazz</i> 5.30 Sweat Aussie teen athletic drama. 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: The Day the Earth Stood Still <i>Michael Rennie 1951</i> 2.00pm The Outer Limits 3.00 The Bionic Woman <i>In This Corner, Jaime Sommers</i> Jaime is a lady wrestler. 4.00 The Six Million Dollar Man <i>Day of the Robot</i> Superhero Steve Austin faces a killer robot. 5.00 Swamp Thing <i>Falco</i> Falco returns to the swamp. 5.30 Inside Space 6.00 The Web All the latest hot tips, news and cybersoap with the chance to surf with some of the biggest stars. 7.00 Space Precinct <i>Hate Street</i> A racist criminal is on the loose with several people on his trail. 8.00 Quantum Leap The pilot episode of the offbeat American sci-fi series starring Scott Bakula and Dean Cain. When his experiment in time travel backfires, a brilliant scientist finds himself in 1956 in the body of a test pilot. 10.00 FILM: The Philadelphia Experiment <i>Michael Paré, Nancy Allen, Eric Christmas</i> Time-travel adventure about two sailors on a World War II ship who fall through a hole in time 1984 12midnight Quantum Leap 2.00am Friday the 13th <i>Quilt of Hather - Part II</i> 3.00 Tales of the Unexpected <i>Stranger in Town</i> 3.30-4.00am Dark Shadows
4.00 Ski Jumping Another chance to see coverage of the World Cup in Vikersund, Norway. 5.00 Alpine Skiing The best of the action from the Women's World Cup in Saalbach, Austria.	4.00 NHL Another chance to see the pick of the NHL matches this week as two team meet on the ice.	4.00 International Cricket Update The latest events on the international scene. 4.30 International Cricket: West Indies v England - LIVE Continued day four coverage from the fourth Test.	5.00 Ski Prime Top tips from the experts of slalom. 5.30 Football League Review 6.00 Rebel Sports Extreme sporting action. 6.30 V-Max The series that delves into the world of speed. 7.00 Fish TV Another net-full of useful tips and advice from the fisherman's favourite series.	8.00pm The A-Team Showdown! An outfit looking like the A-Team appears at a Wild West show. 9.00 Tour of Duty <i>World in Changes</i> On his last six days before civilian life, Johnson is nervous. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries <i>Midnight Bells</i> 11.00 FILM: Thirst <i>Chantal Contouri</i> Gory horror tale about a vampire sect who breed their victims. 1987 1.00am The Basement Men's magazine programme. 1.30 Tour of Duty 2.30 FILM: Preppies <i>Dennis Drake, Steven Holt</i> Teen sex comedy. 1990 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	8.00 Quantum Leap The pilot episode of the offbeat American sci-fi series starring Scott Bakula and Dean Cain. When his experiment in time travel backfires, a brilliant scientist finds himself in 1956 in the body of a test pilot. 10.00 FILM: The Philadelphia Experiment <i>Michael Paré, Nancy Allen, Eric Christmas</i> Time-travel adventure about two sailors on a World War II ship who fall through a hole in time 1984 12midnight Quantum Leap 2.00am Friday the 13th <i>Quilt of Hather - Part II</i> 3.00 Tales of the Unexpected <i>Stranger in Town</i> 3.30-4.00am Dark Shadows
6.00 Bowling Coverage of the Golden Tour in Frankfurt.	6.00 Sky Sports Centre Sports news and views. 6.30 Football League Review 7.00 Ford Monday Night Football: West Ham United v Arsenal - LIVE Arsenal travel to London rivals West Ham hoping to repeat their Coca-Cola Cup quarter-final success. With Richard Keys and Andy Gray and commentary from Alan Parry and Trevor Francis.	9.00 International Cricket: South Africa v Pakistan A chance to catch up with the final day of the second Test.	10.00-11.30pm Super League Classics: Wigan v Canterbury A match to remember from the 1997 season.	8.00pm The A-Team Showdown! An outfit looking like the A-Team appears at a Wild West show. 9.00 Tour of Duty <i>World in Changes</i> On his last six days before civilian life, Johnson is nervous. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries <i>Midnight Bells</i> 11.00 FILM: Thirst <i>Chantal Contouri</i> Gory horror tale about a vampire sect who breed their victims. 1987 1.00am The Basement Men's magazine programme. 1.30 Tour of Duty 2.30 FILM: Preppies <i>Dennis Drake, Steven Holt</i> Teen sex comedy. 1990 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	8.00 Quantum Leap The pilot episode of the offbeat American sci-fi series starring Scott Bakula and Dean Cain. When his experiment in time travel backfires, a brilliant scientist finds himself in 1956 in the body of a test pilot. 10.00 FILM: The Philadelphia Experiment <i>Michael Paré, Nancy Allen, Eric Christmas</i> Time-travel adventure about two sailors on a World War II ship who fall through a hole in time 1984 12midnight Quantum Leap 2.00am Friday the 13th <i>Quilt of Hather - Part II</i> 3.00 Tales of the Unexpected <i>Stranger in Town</i> 3.30-4.00am Dark Shadows
7.00 Extreme Sports Magazine show featuring coverage of adrenaline sports, from body boarding to skateboarding. 8.00 Sumo Coverage of the first part of the Grand Sumo Tournament from Japan.	10.30 Sky Sports Centre Catch up with the latest sports news. 11.00 World Pool Championship Steve Davis faces Earl 'The Pearl' Strickland at Lakeside, Essex.	11.30 Football League Review Nationwide Division soccer focus. 12midnight V-Max An insight into the world of speed. 12.30am Sky Sports Centre 1.00-3.00am International Bowls: Australia v England	10.00-11.30pm Super League Classics: Wigan v Canterbury A match to remember from the 1997 season.	8.00pm The A-Team Showdown! An outfit looking like the A-Team appears at a Wild West show. 9.00 Tour of Duty <i>World in Changes</i> On his last six days before civilian life, Johnson is nervous. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries <i>Midnight Bells</i> 11.00 FILM: Thirst <i>Chantal Contouri</i> Gory horror tale about a vampire sect who breed their victims. 1987 1.00am The Basement Men's magazine programme. 1.30 Tour of Duty 2.30 FILM: Preppies <i>Dennis Drake, Steven Holt</i> Teen sex comedy. 1990 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	8.00 Quantum Leap The pilot episode of the offbeat American sci-fi series starring Scott Bakula and Dean Cain. When his experiment in time travel backfires, a brilliant scientist finds himself in 1956 in the body of a test pilot. 10.00 FILM: The Philadelphia Experiment <i>Michael Paré, Nancy Allen, Eric Christmas</i> Time-travel adventure about two sailors on a World War II ship who fall through a hole in time 1984 12midnight Quantum Leap 2.00am Friday the 13th <i>Quilt of Hather - Part II</i> 3.00 Tales of the Unexpected <i>Stranger in Town</i> 3.30-4.00am Dark Shadows
9.00 Martial Arts Another chance to see kung fu experts, the Shaolin monks, perform at the London Arena. 10.00 Football Eurogoals	11.30-12.30am Boxing Top fighting action.	11.30 Football League Review Nationwide Division soccer focus. 12midnight V-Max An insight into the world of speed. 12.30am Sky Sports Centre 1.00-3.00am International Bowls: Australia v England	10.00-11.30pm Super League Classics: Wigan v Canterbury A match to remember from the 1997 season.	8.00pm The A-Team Showdown! An outfit looking like the A-Team appears at a Wild West show. 9.00 Tour of Duty <i>World in Changes</i> On his last six days before civilian life, Johnson is nervous. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries <i>Midnight Bells</i> 11.00 FILM: Thirst <i>Chantal Contouri</i> Gory horror tale about a vampire sect who breed their victims. 1987 1.00am The Basement Men's magazine programme. 1.30 Tour of Duty 2.30 FILM: Preppies <i>Dennis Drake, Steven Holt</i> Teen sex comedy. 1990 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	8.00 Quantum Leap The pilot episode of the offbeat American sci-fi series starring Scott Bakula and Dean Cain. When his experiment in time travel backfires, a brilliant scientist finds himself in 1956 in the body of a test pilot. 10.00 FILM: The Philadelphia Experiment <i>Michael Paré, Nancy Allen, Eric Christmas</i> Time-travel adventure about two sailors on a World War II ship who fall through a hole in time 1984 12midnight Quantum Leap 2.00am Friday the 13th <i>Quilt of Hather - Part II</i> 3.00 Tales of the Unexpected <i>Stranger in Town</i> 3.30-4.00am Dark Shadows



West Ham hope to be celebrating when they entertain London rivals Arsenal in a Premiership match live from Upton Park: Sky Sports 1 7.00pm

TELEVISION X	PLAYBOY TV	THE ADULT CHANNEL
12midnight Ten Minute Free View 12.10am Peeping Tom 12.20 Super.... 12.45 FILM:man - House of Games More casting-coach comedy. 1.00 Five Minute Free View 1.05 FILM continues 2.00 Jane's World 2.25 FILM: LA Topless <i>Tara Monroe, Bunny Bleu</i> Erotic tale about a friend who shares a naughty scam. 3.55-4.00am What's on Tomorrow	11.30pm Free Teaser 11.35 Peep Show 11.45 FILM: Hollywood Turnabout <i>Stephanie Swift, Sean Rider</i> When a sexually frustrated writer finds a computer disk, all his fictional characters come to life. 1.05am FILM: Surprise <i>Tina Tyler, Steven St Croix</i> Four couples enjoy cheating. 2.30-4.00am FILM: Ghost Wife <i>Raquel Darrian</i> A girl tries to find a partner for her ex.	12midnight ... of the Day 12.10am Gay Night 12.20 Euroboy 1.35 America's Hunkiest Home Videos An enlightening look into the lives of America's big, butch superhunks. 2.50 Just Boys 3.45-4.00am Male Strippers - Blobbendales Erotic show featuring larger than life male strippers.



It's the material girl.
'Madonna - The Virgin Years':
MTV 3.30pm



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
Win great prizes.
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Roy Castle and Peter Powell.
8.00 All Clued Up
Quiz presented by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Peak District
Annabel Croft is back on the trail for clues in the beautiful Peak District.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop



8.00pm FILM: Capone's Last Treasure
Loring Stevenson
Action adventure about three young boys who are sent out by gangster Al Capone to pick up his smuggled goods.
9.35 The Thrill
Short film about a couple who spend their time dodging oncoming trains.
10.05 FILM: Devil Rider
Rick Groat, Deborah Norris
A pleasure ranch is built on a demon's old hunting ground.
11.30-12midnight LA Women



CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Big City Tips

9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
Discussions from the world of the erotic.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam 12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE



7.00pm Worlds Apart: The Last Emperor's Fish
7.30 Life Boat: By Invitation Only
8.00 Cold Water, Warm Blood
9.00 They Never Set Foot on the Moon
A look at the Russian space programme.
10.00 Chasing the Midnight Sun
11.00 Crater of the Rain God
12midnight-1.00am Treasure Hunt: The Klondike Gold Rush



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30 The Album Show
11.30 The Catwalk Show
12.30pm Cybernet
1.30 Cinema Cinema
An in-depth look at the latest news from Hollywood.
2.30 The Album Show
Classic long-players by much-loved rock bands.

3.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
4.30 Cybernet
The latest news from the fascinating world of computers and the internet.
5.30 PDQ - The One Stop Shop
Shop till you drop from the comfort of your sofa. All you need is here.

6.30 The World of Sport
A look at events from across the whole sporting spectrum.
7.30 Cybernet
The latest news from the fascinating world of computers and the internet.
8.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
Shop till you drop from the comfort of your sofa. All you need is here.

10.30 Cinema Cinema
An in-depth look at the latest news from Hollywood.
11.30 The Album Show
Classic long-players.
12midnight-8.00am local News on the hour, Album Show at half past every hour.



CABLE EXCLUSIVE
2.00pm Radio Times
2.30 Style Challenge
3.00 Can't Cook, Won't Cook
3.30 Change That
4.00 Tracks
4.30 Front Gardens
5.00 How Does Your Garden Grow? 6.00 Radio Times 6.30 Food and Drink 7.00 The Big Trip 8.00 Dream Ticket 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Antiques Roadshow 11.00 Front Gardens 11.30-12midnight Gardening from Scratch



5.00am Europe Today
8.00 European Moneywheel CNBC Europe Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Flavours of Italy
1.30 V.I.P.
2.00 Today
Presented by Bryant Gumbel.

3.00 Home & Garden Television
Gardening by Yard/ Interiors by Design
Magazine programme.
4.00 Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century.

5.00 European Living: Europe à la Carte
A culinary journey.
5.30 V.I.P.
Celebrity chat.
6.00 Europe Tonight Live
6.30 The Ticket NBC Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show featuring analysis and interviews.
8.00 NBC Super Sports
NCAA Basketball action from New Mexico.

9.00 The Best of the Tonight Show with Jay Leno
Highlights of the star interviews and music.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.
11.00 The Ticket NBC Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Best of the Tonight Show with Jay Leno 1.00am MSNBC Internight 2.00 V.I.P. 2.30 Travel Xpress 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News



CABLE EXCLUSIVE
6.00pm Sounds of the Sixties
6.30 The Frame
7.00 Good Music
8.00 When the Boat Comes In
A Land Fit for Heroes and Idiots
9.00 Scarfe on... Art
9.45 The Frame
10.00 FILM: Shadow of a Gunman
Drama. 1995
11.30-12midnight Later on UK Arena



CABLE EXCLUSIVE

12noon On Top of the World
Jet Skiing, Kite Flying and Bouldering
1.30 The Food Lover's Guide to Australia
Luscious Lamb in Sydney
NEW SERIES

2.00 Tread the Med
Marbella
NEW SERIES
2.30 On Tour
Mallorca

3.00 Grainger's World
Along The Andes - Part II
Highlights include the largest walled city in South America.
4.00 Ridge Riders
Across Southern England
4.30 In the Footsteps of Champagne Charlie
England to Mexico
5.00 Wet and Wild
Jet Skiing, Kite Flying and Bouldering
5.30 Ribbons of Steel
Barrens and Bears
6.00 The Food Lover's Guide to Australia
Luscious Lamb in Sydney
6.30 Tread the Med
Marbella

7.00 Travel Live
The latest holiday news and the travel issues that affect you in this live daily holiday magazine.
8.00 On the Horizon
Greece
8.30 The Flavours of France
Vienne - North Isere
9.00 Going Places
New Orleans
Join holidaying Americans as they vacation their way around the world.
10.00 On Tour
Mallorca
10.30 In the Footsteps of Champagne Charlie
11.00-12midnight Destinations
Leeward Islands
Visiting the beautiful Antigua beaches.



6.00am Kickstart
9.00 MTV Mix
12noon Non Stop Hits
2.00pm US Top 20
3.00 Essential Madonna
3.30 Madonna - The Virgin Years
4.00 Select MTV
6.00 Girl Power
6.30 The Real World - LA
7.00 Hitlist UK
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 Superock 1.00am The Big Picture 1.30-6.00am Music Videos



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Rescue 911
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations.
2.20 Living it Up!

3.20 The Jerry Springer Show
American talk show in which Jerry Springer and his guests engage in lively discussion.
4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat Is On
Presented by Keith Chegwin.

5.30 Ready, Steady, Cook
Hosted by Fern Britton.
6.10 Jerry Springer Uncut
Outrageous American talk show.
7.00 Rescue 911
Real-life rescues.
7.30 Mysteries, Magic and Miracles
With Patrick Macnee.
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.
9.00 FILM: In My Daughter's Name
Donna Mills, John Getz, Ari Meyers, John Rubinstein, Lee Grant
When a teenage girl is raped and murdered, her parents begin a long fight to bring the killer to justice. 1992
11.00-12midnight The Spicy Sex Files
Near the Knuckle

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Jon Bon Jovi 1.00pm Jukebox 3.00 Toyah! 5.00 Five@Five 5.30 VH1 to 1: Jon Bon Jovi 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 The VH1 Album Chart 9.00 Talk Music 10.00 The Vintage Hour: The Greatest Hits of... Bon Jovi 11.00 The Nightfly 12midnight Around and Around 1.00am VH1 Late Shift 6.00-7.00am Hit for Six

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00



9.00am The Joy of Painting
9.30 Gardeners' Diary
10.00 The Great Gardening Plot
10.30 Tool Time
11.00 Go Fishing
11.30 Hometown
House with Character
12noon Driving Passions
12.30pm The All New
This Old House **NEW SERIES**
1.00 Yan Can Cook
Home-Grown Asian Flavours
1.30 New Yankee Workshop
Victorian Kitchen Table
2.00 Home Again with Bob Vila
2.30 The House
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's
Fishing Adventures
Rex Hunt presents the
Australian angle on fish.
4.30 **Disaster**
Steel Coffin
5.00 **Wheel Nuts**
Kenny test-drives the bike
which could turn round the
fortune of MuZ.
5.30 **Terra X**
The Mists of Atlantis

6.00 **Deadly Australians**
Forest
6.30 **Deadly Australians**
Coastal and Ocean

7.00 **Beyond 2000**
Featuring a new digital
hearing aid.

7.30 **History's Turning Points: The Marriage of Pocahontas**

8.00 **Time Travellers**
The Struggle for Angkor
8.30 **Wonders of Weather**
Killer Weather

A look at dramatic weather.
9.00 **Lonely Planet**
Outback Australia

Ian Wright journeys
around the outback of
Australia, covering three-
quarters of the continent.

10.00 **Emergency!:**
Golden Hour
Race Against Time

London's emergency
medical services.
11.00 **Firepower 2000**
High-Tech Navy

The latest in naval destroyers.
12midnight
Wings of the Luftwaffe
Sea Wings

1.00am
History's Turning Points:
The Marriage of Pocahontas

1.30-2.00am **Beyond 2000**
Featuring a new digital hearing aid.



4.00pm **Stalin: Revolutionary**
A look at one of the most feared
dictators the world has ever seen.

5.00 **American Revolution:**
Birth of the Republic
The writing of the Constitution.

6.00 **Roman Week: Ancient**
Mysteries - Who Built
the Catacombs?
7.00-8.00pm **Biography:**
Mickey Rooney

Profile of the legendary actor, star
of *National Velvet* and *Boys Town*.



5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 The Fruitflies
6.30 The Real Story 7.00 Bugs
Bunny 7.15 Road Runner
7.30 Tom & Jerry 7.45 Dexter's
Laboratory 8.00 Cow and
Chicken 8.15 2 Stupid Dogs
8.30 Tom and Jerry Kids 9.00
Pup Named Scooby-Doo 9.30
Blinky Bill 10.00 The Fruitflies
10.30 Thomas the Tank Engine
11.00 Wally Gator 11.30 Hong
Kong Phooey 12noon Bugs and
Daffy Show 12.30pm Popeye
1.00 Droopy 1.30 Tom & Jerry
2.00 Yogi Bear 2.30 The Jetsons

3.00 **The Addams Family**
More unhealthy fun with
America's weirdest family.

3.30 **Beetlejuice**
Madcap fun.

4.00 **Scooby-Doo**
The great dane returns.

4.30 **Dexter's Laboratory**
Chemical chaos with the
bedroom professor.

5.00 **Johnny Bravo**
More super ego than
super hero.

5.30 **Cow and Chicken**
Offbeat animation.
6.00 **Tom and Jerry**
6.15 **Road Runner**
6.30 **The Flintstones**

Prehistoric men
behaving badly.

7.00 **Batman**
Caped crusading.
7.30 **The Mask**
More manic antics with
the green-faced master
of mayhem.

8.00 **The Real Adventures**
of Jonny Quest
Explorations with the gang.

8.30-9.00pm **Droopy:**
Master Detective



6.00am Count Duckula 6.30
Ren and Stimpy 7.00 Angry
Beavers/Hey Arnold! 7.30
Rugrats 8.00 Doug 8.30 Arthur
9.00 Children's BBC on
Nickelodeon 10.00 Wimpie's
House 10.30 Babar 11.00 The
Magic School Bus 11.30
Lizzie's Library/The Wombles/
Topsy and Tim/Portland Bill
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks

3.00 **Jumanji**
Cartoon based on the
hit movie.

3.30 **Doug/Angry Beavers**
Animated double bill.

4.00 **Hey Arnold!**
More adventures with the
kid with the coolest quiff
in town.

4.30 **Captain Star**
Superheroics.

5.00 **Rugrats**
Fun with the nippers.

5.30 **Sister Sister**
Tia and Tamera and their
single parents try to
live together.

6.00 **Renford Rejects**
6.30-7.00pm **Kenan**



6.00am The Big Dish
6.30 Oscar's Orchestra
7.00 Spirou
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures
of Gigantor 12noon Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II 1.30 AJ's
Time Travellers 2.00 Iznogoud
2.30 Flash Gordon

3.00 **The New Adventures**
of Gigantor
The Black Hole

3.30 **The Big Dish**
Children's game show

4.00 **Batman**
Hot off the Griddle

4.30-5.00pm
Dennis the Menace
The Secret Diary

Animated *Beano* tales.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00
News 9.00 News 10.00 News
11.00 News 12.00 News 1.00pm
News 2.00 News 3.00 News
4.00 Newsday 5.00 Newsday
6.00 Newsday 7.00 News 7.30
Hard talk 8.00 Europe Direct
9.00 News UK 9.30 Interactive
10.00 News 11.00 News 11.30
USA Direct 12noon News
1.00am News 2.00 News 2.15
World News 2.30 USA Direct
3.00 News 3.15 World News
3.30 Hard talk 4.00 News 4.30
Interactive 5.00 BBC News
5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus:
5.00am This Morning 5.30 Best
of Insight 6.00 This Morning
6.30 Managing 7.00 This
Morning 7.30 Sport 8.30 World
Cup Weekly 9.00 Impact 10.30
Sport 12.30 Pinnacle Europe
1.15 Asian Edition 1.30
Business Asia 3.30 Sport 4.30
The Artclub 5.00 Impact 7.30
World Business Today 8.30
Q & A 9.30 Insight 10.30 Sport
12.30 Moneyline 1.30 Q & A
2.00 Larry King 3.30 Showbiz
4.30-5.00am World Report

SKY NEWS

News on the hour, every hour,
plus: 6.00am Sunrise 11.30 Sky
World News 2.30pm Parliament
Live 3.30 Parliament Live 4.30
Sky World News 5.00 Live at
Five 7.30 Sportsline 8.30 Sky
Business Report 9.30 Sky
World News 10.00 Prime Time
12.30am CBS Evening News
ABC World News Tonight
1.30 ABC World News Tonight
2.30 Sky Business Report
3.30 The Entertainment Show
4.30 CBS Evening News
5.30-6.00am ABC World News

INTERNATIONAL

3SAT 5.50am 7 Tage Anders
Fernsehen 6.00 Alpenpanorama
8.00 Zeit im Bild 8.05 Die
Venediger 8.40 Aktueller Kinotip
8.45 Die Schweiz im Februar
9.30 Ausland 10.00 Streik im
Schloß 11.30pm ARD - Exklusiv
12noon Visite 12.45 Schätze
der Welt - Erbe der Menschheit
2.00 Das Sonntagskonzert 1.45
Basler Fasnacht 1998 3.45
Denkmalschutz - Erforschen
und Erhalten 4.15 ServiceZeit
4.45 Kunst und Krimel 5.15
Bilder aus Österreich 6.00
Heute 6.20 Kulturzeit 7.00
Tagesschau 7.15 Barschel,
Pfeiffer und Engholm 8.00
HITEC - Das Technikmagazin
8.30 NEUES Die ComputerShow
9.00 Zeit im Bild 9.25 Max
Liebermann 10.10 Jeder Muß
Seine Eigene Wahrheit Malen
10.40 Kunst und Kommerz
11.25-12.30am Seitenblicke

Deutsche Welle 5.00am HEAT
6.00 Journal 6.30 Sport 6.45
Schätze der Welt - Erbe der
Menschheit 7.00 Journal 7.30
Treasures of the World 7.45
Curators of Culture 8.00 BIG
8.30 Politics 9.00 Journal 9.30
Sport 9.45 Presseclub 10.30
BIG 11.00 100 Grad 12noon
Journal 12.30pm Politics 1.00
HEAT 2.00 Journal 2.30
Nahaufnahme 3.00 Boulevard
Bio 4.00 Boulevard Deutschland
4.30 Zwei Mutter für Geeta 5.00
Journal 5.30 Boulevard Germany
6.00 Bookmark 6.30 Showpiece
Stripmine Project 7.00 Journal
7.30 Boulevard Bio 8.30 Zwei
Mutter für Geeta 9.00 Journal
9.30 Showpiece Stripmine
Project 10.00 Journal 10.30
Expo 2000 11.00 Journal 11.15
Schätze der Welt - Erbe der
Menschheit 11.30-12midnight
Boulevard Deutschland

TV5 5.00am Minutes 5.05 Fa Si
la Chanter 5.30 Telematin 7.00
Minutes 7.05 Journal 7.30
Meteo 7.35 Questions 8.00
Minutes 8.05 Polemiques 9.00
Minutes 9.05 Reflets 10.00
Minutes 10.05 Societe 10.30
Dictionnaire 11.00 Minutes
11.05 Paris 11.30 Journal 11.55
Meteo 12noon Cinema
2.00 Au-delà des Apparences

3.00 Journal 3.15 Pyramide
3.45 Bus et Compagnie 4.30
Minutes 4.35 Fa Si la Chanter
5.00 Questions 5.30 Journal
6.00 Paris 6.30 Journal 7.00
Envoye 8.55 Meteo 9.00 Journal
9.30 Kiosque 10.15 Mise au
Point 11.45-12.30am Vivre Avec

ASIANET CABLE EXCLUSIVE

7.30am News 8.00 Good
Morning 8.30 Asian AM 9.00
Movie 11.30 News 12noon
Thikikkaat 12.30pm Junoon
1.00pm Swabimaan 1.30 FILM
4.00 Choree Chupke 4.30 Tiger
5.00 Top Tucker 5.30 Nachani
6.00 Karodpate Fokkatal 6.30
Rajni 7.30 Swabimaan 7.30
News 8.00 Shanti 8.30 FILM
11.30 News 12.00 Top Tucker
12.30am Swabimaan 1.00
Shanti 1.30 FILM 4.00 Music
Box 4.30 Kahaniyan 5.30 Bhule
6.30 News 6.45 Business Plus
7.00-7.30am First Edition

ZEE TV

4.00am PUNJABI FILM: Koday
Shah 6.30 Punjabi Folk 7.00
Jaagran 7.30 Ru Ba Ru 8.00 Zee
Business Show 8.30 Aahaa 9.00
HINDI FILM: Sahara 11.30
Daraar 12noon HINDI FILM:
Vaade Iraade 3.00pm Margarita
3.30 Parampara 4.00 Hum
Paanch 4.30 Hey Ha Ho 5.00
Pop Korn 5.30 Dance Mania
6.00 Banegi Apni Baat 143 6.30
Mast Mast Show 7.00 Your
Zindagi 7.30 It's My Choice
8.00 News
9.00-12midnight HINDI FILM:
Return of the Jewel Thief

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Luncheon
2.00-6.00pm Live Racing
From Newcastle and Plumpton.

CMT

6.00 Rebel Country 7.00 CMT
Morning 10.00 Non-Stop
Country 6.00pm Top Billing
7.00 Rebel Country
8.00 Non-Stop Country
11.00 Top Billing
12midnight Rebel Country
1.00am Global View
2.00 Non-Stop Country
5.00-6.00am Top Billing

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days a week

EURONEWS

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plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland
4.30 Money 4.45 Avanzini 5.00
Dougherty 5.30 Van Impe 6.00
Youngren 6.30 Dollar 7.00
Copeland 7.30 Kidz 8.00 Your
Day 8.15 Money Matters 8.30
Ekman 9.00 Toronto 9.30 Price
10.00 Isreal 10.30 Good
Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary
Committees 12.30pm Statement
From the House 1.30 Business
Statement 2.30 The Commons
Live 11.00-12midnight
Questions From the House

WORLD NET

9.00am Newswire Feed 10.00 US
News 11.00 Business News
11.30 Worldnet Dialogues
2.00pm Business News
2.30-3.00pm McLaughlin
One on One

LANDSCAPE

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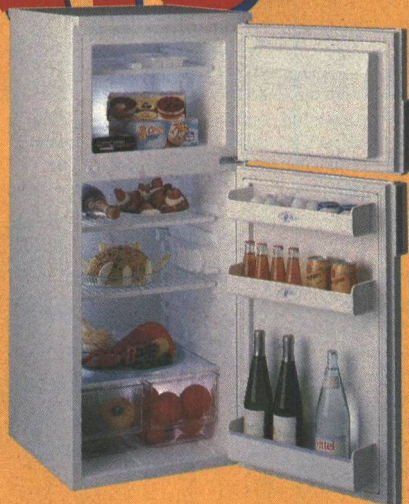
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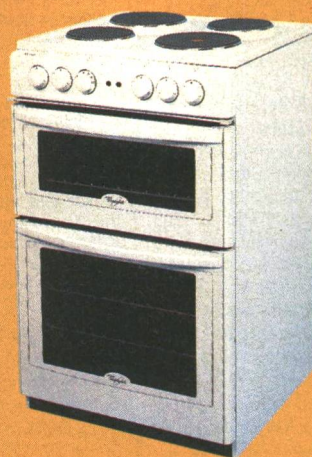
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	SKY MOVIES SCREEN 1	SKY MOVIES SCREEN 2	SKY MOVIES GOLD	SKY one	UK GOLD
6.00 AM	6.00am A Pyromaniac's Love Story William Baldwin, Sadie Frost 1995, rating Sky PG, 91 mins 8.00 The Seven Year Itch Marilyn Monroe, Tom Ewell 1955, rating Sky PG, 100 mins 10.15 Flipper Paul Hogan, Elijah Wood Family adventure. Text 1996, rating Sky PG, 91 mins 12.30pm David Copperfield Robin Phillips, Susan Hampshire, Laurence Olivier 1970, rating Sky U, 114 mins	6.00am The Bandit of Sherwood Forest 1946, rating Sky PG, 82 mins 8.00 A Pig's Tale 1995, rating Sky PG, 90 mins 10.00 Stuart Saves His Family 1995, rating Sky PG, 92 mins 12noon Nadine Jeff Bridges, Kim Basinger 1987, rating Sky PG, 80 mins 1.25pm On the Riviera Danny Kaye, Gene Tierney 1951, rating Sky U, 87 mins 2.55 Abbott and Costello Meet Dr Jekyll and Mr Hyde Bud Abbott, Lou Costello, Boris Karloff, Craig Stevens Comedy in which Abbott and Costello encounter the legendary transforming doctor, played by none other than Boris Karloff and (as Hyde) Eddie Parker. 1953, rating Sky PG, 73 mins 4.15 A Pig's Tale Jake Beecham, Mike Damus, Joe Flaherty Summer camp comedy about six kids who take on the camp's seemingly unbeatable top gang. 1995, rating Sky PG, 90 mins 5.00 Stuart Saves His Family Al Franken, Laura San Giacomo, Vincent D'Onofrio, Shirley Knight Crazy comedy about a wacky TV show host who loses his prime-time slot and then matters go from bad to worse when his favourite aunt dies. 1995, rating Sky PG, 92 mins 7.30 Behind the Scenes The latest movie news from Hollywood. 8.00 The Birdcage Robin Williams, Gene Hackman, Nathan Lane, Dianne Wiest Armand Goldman runs a flamboyant nightclub with his drag queen partner. When Armand's son announces that he is to wed and that his fiancée's parents wish to visit, Armand is plunged into a panic. Text 1996, rating Sky 15, 115 mins 10.00 The Movie Show Weekly movie magazine. 10.30 Exit in Red Mickey Rourke, Annabel Schofield, Anthony Michael Hall, Carre Otis PREMIERE Adult thriller about a psychiatrist who moves to Palm Springs, but events from the past resurface and send things out of control. 1996, rating Sky 18, 97 mins 12.15am Bye Bye, Love 1995, rating Sky 15, 102 mins 2.05 Deadly Family Secrets 1995, rating Sky 15, 90 mins 3.40 Ed McBain's 87th Precinct: Heatwave 1996, rating Sky 15, 86 mins 5.15-6.05am Sherlock Holmes: The Valley of Fear	 Chelsea Field, Paul Hogan and Elijah Wood star in 'Flipper', the dolphin-friendly family adventure: Sky Movies Screen 1 10.15am, 7.00pm	7.00am Street Sharks 7.30 Bump in the Night 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo <i>My Boyfriend Killed My Baby</i> 2.00 Sally Jessy Raphael <i>Prove You're Not Cheating!</i> 3.00 Jenny Jones <i>My Daughter Is out of Control</i> Desperate mothers seek advice from Jenny on how to cope with their troublesome teens. 4.00 The Oprah Winfrey Show Another real-life issue is put under scrutiny by Oprah Winfrey and her guests. 5.00 Star Trek: The Next Generation <i>Captain's Holiday</i> While on holiday, Picard falls for the beautiful Vash and becomes caught up in a mystery. 6.00 Dream Team There is a new arrival at the digs and a new flatmate for Warren. 6.30 Married... With Children <i>976-Shoe</i> Text 7.00 The Simpsons <i>Marge in Chains</i> Marge is arrested for shoplifting from the Kwik-E-Mart. Text 7.30 Real TV Reality series. 8.00 Rescue Paramedics Following paramedics in Fulham and Stockport. 8.30 World's Weirdest TV Hosted by Russ Williams. 9.00 When Stunts Go Bad I Robert Ulrich hosts this show which looks at some of the most dangerous stunts ever attempted – and often failed. 10.00 The Extraordinary Featuring a man who believes famous dead artists help him paint, and a chat with Hollywood star John Forsythe. 11.00 Star Trek: The Next Generation <i>Captain's Holiday</i> While on holiday, Picard falls for the beautiful Vash and becomes caught up in a mystery. 12midnight Late Show with David Letterman Top-rating US chat show. 1.00am In the Heat of the Night <i>Grow Old Along with Me – Part II</i> Gillespie and Forbes continue their investigation. 2.00-6.00am Long Play	7.00am Worzel Gummidge Down Under 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Home to Roost 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Sykes 2.05 2point4 Children 2.45 Stay Lucky <i>Blowing Bubbles</i> Franklyn prepares for his 50th birthday party. 3.45 The Bill <i>Appropriate Adults</i> An undercover operation brings Cato face to face with a big-time pimp. 4.15 Juliet Bravo <i>Reasons for Leaving</i> As the festive season approaches, a spate of Christmas tree thefts hits Hartley. Meanwhile, Kate has more on her mind than celebrations. 5.20 EastEnders More drama with the residents of Albert Square. 5.55 Big Break Jim Davidson hosts the snooker gameshow. 6.30 The Bill <i>Appropriate Adults</i> An undercover operation brings Cato face to face with a big-time pimp. 7.00 Dad's Army <i>Sons of the Sea</i> Captain Mainwaring and his men take to the water when they acquire a platoon boat. 7.40 Canned Carrott Jasper Carrott with more comedy and sketches. 8.20 The Black Adder <i>The Black Seal</i> Edmund goes in search of the seven most evil men in the land. 9.00 Backup <i>Tolerance Zone</i> The officers of Charlie Van have to evict a young mother, and PC Li's ambition causes problems at home. 10.05 Colin's Sandwich <i>Back from Bengal</i> Comedy series about a harassed writer. 10.45 The Chief Drama series about a controversial chief constable who tackles contentious issues in his own way. 11.50 FILM: Ironside – Split Second to Epitaph Feature-length episode in which the wheelchair-bound cop solves another case for the San Francisco police. 1.30am The Equalizer <i>Past Imperfect</i> 2.25-7.00am Shopping at Night
3.00 PM	3.00 A Pyromaniac's Love Story William Baldwin, Sadie Frost, John Leguizamo Romantic comedy about a pastry shop which burns down and the many characters who claim responsibility for it, including the owner of the struggling shop and the pyromaniac son of a millionaire. 1995, rating Sky PG, 91 mins 5.00 Vice Versa Judge Reinhold, Fred Savage, Corinne Bohrer, Swoosie Kurtz Comedy. When a father and his 11-year-old son find themselves under the influence of an ill-gotten magical skull, the two become much closer – mainly due to the fact that their minds have switched bodies. 1988, rating Sky PG, 97 mins 7.00 Flipper Paul Hogan, Elijah Wood, Chelsea Field, Isaac Hayes, Jason Fuchs Family adventure. Sandy, a city boy who is spending the summer with his Uncle Porter on the Florida Keys, befriends a tame dolphin. The pair set out to stop the dumping of toxic chemicals into the sea. Text 1996, rating Sky PG, 91 mins 9.00 Assassins Sylvester Stallone, Antonio Banderas, Julianne Moore Thriller about a hitman who is unable to escape from his own past. Richard Rath is one of the world's best assassins, but now he has made his last kill and he wants a quieter life. However, he is stalked by an up-and-coming killer. 1995, rating Sky 15, 127 mins 11.15 Clueless Alicia Silverstone Comedy set among the wealthy young inhabitants of Beverly Hills. A clever update of Emma. 1995, rating Sky 12, 94 mins 12.55am The People Next Door Nicollette Sheridan 1996, rating Sky 15, 90 mins 2.30 The Promise Widescreen Last Play 1995, rating Sky 15, 110 mins 4.25-6.05am The Seven Year Itch 1955, rating Sky PG, 100 mins	4.00pm The Gay Divorcee Fred Astaire, Ginger Rogers, Alcide Brady Musical about a married woman who arranges to get a divorce by staging an affair with another man. However, she mistakes a suave dancer for the hired stooge, leading to all sorts of complications. 1934, rating Sky U, 101 mins 6.00 Another Woman Gena Rowlands, Gene Hackman, Mia Farrow, Ian Holm, Blythe Danner, Martha Plimpton Adult drama about a woman whose life is shattered when she discovers that her apparently perfect life is in fact nothing but a facade to protect her from her emotions. 1988, rating Sky PG, 77 mins 8.00 Foul Play Goldie Hawn, Chevy Chase, Dudley Moore, Burgess Meredith, Rachel Roberts Comedy about an innocent woman who inadvertently becomes caught up in a web of deception, and whose only hope of evading a murder charge is a bumbling detective. 1978, 116 mins 10.00 Renegades Kiefer Sutherland, Lou Diamond Philips A renegade cop and a native American must put aside their various differences and team up in order to catch a brutal criminal. 1989, rating Sky 18, 101 mins 11.45 Hard Times Charles Bronson 1975, rating Sky 15, 90 mins 1.20am The Hanging Tree Gary Cooper, Maria Schell 1957, rating Sky PG, 102 mins 3.10-4.55am What Happened to Santiago? Tommy Muñiz, Gladys Rodriguez, Johanna Rosaly Romantic drama. 1989, rating Sky PG, 104 mins	MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format		
4.00 PM					
5.00 PM					
6.00 PM					
7.00 PM					
8.00 PM					
9.00 PM					
10.00 PM					
11.00 PM					
12.00					
NIGHT TIME					

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Wildlife on UK Horizons
8.30 Wildlife on UK Horizons
9.00 Crusades
10.00 Top Gear
11.00 Doctors to Be
12.00 Wildlife on UK Horizons
12.30pm Wildlife on UK Horizons
1.00 Crusades
2.00 Animal Hospital
2.30 Return of the Blood Suckers

3.00 Pole to Pole
Evil Shadow
 Things continue to go wrong for our intrepid traveller, who has now spent 108 days on the road.

4.00 999
 More dramatic happenings, featuring an injured soldier who scrambles up a motorway embankment to get help, following a car crash.

5.00 Top Gear GTi
 A specially extended edition of the show offering information, interviews and top tips.

6.00 Animal Hospital
 The staff take care of a tawny owl that collided with a fast moving car.

6.30 QED
Sunshine with Scattered Showers
7.00 Nightmares of Nature: Highly Desirable Residence
 Shows how rotting timbers and peeling walls provide an ideal home for an army of creatures.

8.00 Crusades
Jerusalem

Terry Jones sets out on the 1000-mile walk from the Bosphorus to the Holy City — a journey that took the Crusaders two years.

9.00 Top Gear GTi
 Jeremy Clarkson and the Top Gear team present a specially extended edition of the show, offering information, interviews and top tips.

10.00 Nightmares of Nature: Alien Empire
Voyagers

10.30 Nightmares of Nature: Squirm
 A look at the South American rainforests.

11.00 Out of this World
 Carol Vorderman and Chris Choi explore the paranormal.

11.30 Tomorrow's World Plus

12.30am-1.00am Great Mysteries and Myths
The Odessa Mystery
 A look at whether a secret organisation was established after the end of World War II to protect ex-SS members.

6.00am Healthbeat
6.30 Your Beautiful Garden
7.00 David Emanuel Fashion Show
7.30 Eat, Drink and Be Healthy
8.00 Healthbeat
8.30 Ready to Wear
9.00 Sally Jessy Raphael
10.00 Cook's Garden
10.30 Good Life Garden Club
11.00 Homestyle Question Time
12.00 Sew Perfect
12.30pm Ready to Wear
1.00 Bon Appetit
1.30 Classic Interiors
2.00 Healthbeat
2.30 Ready to Wear

3.00 Cook's Garden
 Charlotte Hindle shows you how to grow your own fruit and vegetables.

3.30 Good Life Garden Club
 Magazine show.

4.00 Sally Jessy Raphael
 More chat from US talk show queen, Sally Jessy Raphael.

5.00-6.00pm Homestyle Question Time
 DIY series presented by Becky Want.



Top gun! Kathryn Leigh Scott and Powers Boothe in 'Marlowe': Granada Plus 10.00am

LOANS LOW RATES

MAKE A FRESH START PAY OFF EXISTING LOANS & CREDIT CARD BALANCES & STILL HAVE CASH TO SPEND

See Sky Text Page 288

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Marlowe
11.00 Hawaii Five-O
All The Kings Horses
12.00 Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Agony
2.00 Poirot

3.00 London's Burning
 Tate reluctantly goes for his medical check-up, Malcolm receives his bravery award, and Kelly invites George back to her flat.

4.00 Hawaii Five-O
All The Kings Horses
 McGarrett is asked to build a case against an ex-racketeer, for the political benefit of a state probe committee.

5.00 Mission: Impossible
The System

The IMF team is called in to ensure the conviction of a mobster. Stars Peter Graves.

6.00 Families
 Amanda's wedding day.

6.30 Classic Coronation Street
 Kens daughter pays him a surprise visit on New Year's Eve.

7.00 Poirot
The Adventure of the Italian Nobleman
 Poirot is drawn into the gangland underworld of London's Little Italy when he investigates a murder.

8.00 London's Burning
 Tate reluctantly goes for his medical check-up, Malcolm receives his bravery award, and Kelly invites George back to her flat.

9.00 Classic Coronation Street
 Kens daughter pays him a surprise visit on New Year's Eve.

9.30 Stand Up
 Alternative comedy.

10.00-11.00pm Mission: Impossible

men & motors

11.00pm Babewatch UK
11.30 Bigger Better Battling Babes
 A clan of foxy fighters battle it out in a wrestling match.

12midnight Performance Power
 Glamour girl Sarah Donohue introduces action sports from around the globe.

1.00am E! Uncut
 A showbiz profile of actor Leonardo DiCaprio.
1.30-2.00 E! Talk Soup
2.00-6.00am The Box

6.00am Under the Umbrella Tree
6.30 Jungle Cubs
7.00 Recess
7.30 Pepper Ann
8.00 Brand Spanking New Doug
8.30 Timon and Pumbaa
9.00 Aladdin
9.30 Quack Pack
10.00 Amazing Animals
10.30 Sesame Street
11.30 Winnie the Pooh
11.45 Poddington Peas
11.50 Alphabet Castle
12.00 Little Hippo
12.15pm Animal Shelf
12.30 Rosie and Jim
12.45 Toothbrush Family
12.50 Bear in the Big Blue House
1.15 Winnie the Pooh
1.30 Rescue Rangers
2.00 Goof Troop
2.30 Jungle Cubs

3.00 Timon and Pumbaa
 The two crazy characters from *The Lion King*.

3.30 Brand Spanking New Doug
 Animated adventures

4.00 Pepper Ann
 Pepper Ann cope with the perils and pitfalls of teenage life.

4.30 Recess
 From the creators of *Rugrats*.

5.00 Smart Guy
 Being a smart guy causes TJ nothing but problems at home and at school.

5.30 Student Bodies
 Animation and real-life in an entertaining mix.

6.00 Teen Angel
 The story of Buzz, a Guardian Angel.

6.30 Boy Meets World
Security Guy
 Eric learns a valuable lesson about life.

7.00 FILM: The Goodbye Bird
Christopher Pettiet, Cindy Pickett

Family comedy in which a bad bird is the unwitting cause of chaos in the life of Francis 'Frank' Phillips, a rebellious 15-year-old boy. 1993

8.30 The Wonder Years
 Kevin looks back with affection to the late sixties

9.00-10.00pm Touched by an Angel
 Monica is a thoroughly modern angel. She's beautiful and wise and inspires people to change their lives.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Chef on a Shoestring
10.30 What's Cooking?
11.00 Worrall Thompson
11.30 Graham Kerr
12.00 Food Network
12.30pm Nancy Lam's Wok Wiz
1.00 Food for Thought
1.30 Taste of the Caribbean
2.00 So You Think You Can't Cook? NEW SERIES
2.30 Food Network
3.00 First Taste
3.30 Worrall Thompson Cooks
 Meals in just 30 minutes.
4.00 For Better, for Worse
4.30-5.00pm Tessa Bramley's Seasonal Kitchen



CARTOON SELECT

CABLE EXCLUSIVE

5.00pm Gridlock
 Hosted by Simon Biagi.
5.30 Hey Dad II
Gnome Alone
 Betty is miserable when she loses her garden gnome Nigel.

6.00 Blockbusters
 With Bob Holness.

6.30 A Country Practice
A Human Reaction
 Australian soap about a medical practice.

7.00 London Bridge
 Allie decides to play matchmaker for herself.

7.30 Our House
 Suzi Becker presents the series about unusual places people call home.

8.00 Desmond's Love Match
 Matthew is in love and wants to marry again.

8.30 Just a Gigolo
 A old flame of Simon's turns up on his doorstep.

9.00 Demob
 Dick and Ian are out of the army, but their struggle has only just begun as they try to make it in the competitive world of comedy.

10.00 The Orchid House
Natalie
 Natalie arrives with practical ideas to save the family from further ruin.

11.00 St Elsewhere
12midnight US and Them
12.30am-1.00am Tales of the Unexpected



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FILM

The Gay Divorcee
Sky Movies Gold 4.00pm

No one can argue that Fred Astaire is not among Hollywood's greatest stars, and this is one of his most sophisticated films. Ginger Rogers plays a married woman who arranges to get a divorce by staging an affair with another man. However, she mistakes Fred for the hired stooge and, of course, falls for him, to cause the ultimate complication. And how they dance 'The Continental' amidst all the Edward Everett Horton-inspired farce! Unmissable.

GENERAL

Quantum Leap
Sci-Fi Channel 8.00pm

Every weekday you can now watch scientist Sam Beckett (played by Scott Bakula) occupy the body of a different person as he bounces through time in search of his own present! Only holographic friend Al (Dean Stockwell) can recognise our hero in each new adventure, which could see Sam inside the body of people as diverse as a test pilot or an opera singer. Tonight he's a college professor pining for none other than Teri (Lois Lane) Hatcher.

Tuesday continues overleaf...

ADVERTISEMENT



IT'S IN THE JEANS
3.00PM

Presented by Ortis and Lucie, *It's in the Jeans* sends boyz and babes on dates ... and tells you everything you need to know about the battle of the sexes. In today's episode, a young couple go bowling in Bournemouth... will they get into a spin?

TUESDAY MARCH 3

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Football
9.00 Biathlon - LIVE
11.00 Alpine Skiing
Men's World Cup in Yong Pyong, Korea
12noon Biathlon - LIVE
World Cup coverage from Pokljuka, Slovenia.
1.45pm Biathlon
Further coverage of the World Cup.
2.00 Tennis - LIVE
Action from the second day of the ATP Tournament in Rotterdam, Netherlands.

4.00 Biathlon
Repeat action from the World Cup in Pokljuka, Slovenia.

5.30 Football
Eurogoals magazine with reports on different features, plus post-match interviews and a roundup of soccer news.

7.00 Bloopers
7.30 Sumo
Another chance to see the second part of the first Grand Sumo Tournament of the year from Japan.
8.30 Boxing
Highlights of another top bout.

9.30 Football
Coverage of the quarter finals of the first leg of the Uefa Cup.

11.30-12.30am Football
World Cup legends. A special focus on the Netherlands, taking a look at their games at the 1974 World Cup.

7.00am Sky Sports Centre
7.30 Football League Review
8.00 V-Max
8.30 Sky Sports Centre
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Spanish Football
12noon Aerobics Oz Style
12.30pm Ford Monday Night Football:
West Ham Utd v Arsenal
Presented by Richard Keys and Andy Gray.
2.30 V-Max

3.00 International Bowls: Australia v England
The best of the bowling action from the second Test match as triples competitors aim to combine accuracy with technique on the green.

5.00 World Wrestling Federation - Live Wire
Todd Pettengill more strong man action.
6.00 Sky Sports Centre
The latest news from the world of sport.
6.30 Tartan Extra
With John Leslie.
7.00 The Footballers' Football Show
Marcus Buckland talks to celebrities from the football world.
8.00 Sports Centre Football Special
Get up-to-date with the news and views in the domestic game, with the emphasis on the Premier, Nationwide and Scottish leagues.

10.00 Sky Sports Centre
Catch up with the latest sports news.
10.30 The Footballers' Football Show
Marcus Buckland talks to football celebrities.
11.30 Tartan Extra
With John Leslie.
12midnight Sky Sports Centre
12.30am LPGA Golf: Australian Masters
2.30 The Footballers' Football Show
3.30-4.00am Sky Sports Centre

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
8.00 Racing News
8.30 Fish TV
9.30 International Bowls: Australia v England
11.30 World Motor Sport
A roundup of the latest developments in the race world, including views from the major players on the circuit.
2.00pm International Cricket: West Indies v England - LIVE
Live action from the final day of the fourth Test between the West Indies and England.

4.00 Second Innings
Essential viewing for cricket fans.
4.30 International Cricket: West Indies v England - LIVE
Continued live coverage of the fifth and final day of the fourth Test between the West Indies and England.

9.00 World Motor Sport
Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit.

11.30 Sports Unlimited

12.30am Sky Sports Centre
1.00 Superbouts: Hagler v Antuofermo
Classic action from the ring.
2.00 Olympic Destinies
2.30-3.30am Sports Unlimited

12noon World Wrestling Federation - Live Wire
With Todd Pettengill.
1.00pm Fish TV
Reel in the very latest top tips from the angling guide.
1.30 Fish TV: Americana Outdoors
Take a hike into the high lakes of the Sierra for the Brook Trout with David West.
2.00 Super League Classics: Wigan v Canterbury
An opportunity to watch a classic encounter from 1997.

3.30 Watersports World
From powerboating and jetskiing to water-skiing and canoeing, a guide to the action on the water.
4.30 Pro Beach Soccer
Soccer on the sand is back with coverage from Montenegro.

5.30 Survival of the Fittest
Athletic events from North Central Idaho.
6.00 Sports Unlimited
A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage.
7.00 Fish TV
Tune in for more useful tips and advice from the fisherman's favourite series.

8.00 LPGA Golf: Australian Masters
Another chance to see coverage from the Royal Pines Resort in Queensland, Australia, as British star Laura Davies, local hero Karrie Webb and Canadian Gail Graham compete.

10.00 Superbouts: Hagler v Antuofermo
Re-live the 1981 meeting between Marvin Hagler and Vito Antuofermo.
11.00-11.30pm Olympic Destinies
Enduring images of the Winter Olympic Games.

12noon Swan's Crossing
12.30pm Sweat
Teenage drama series.
1.00 Echo Point
Teenage soap.
1.30 Heartbreak High
Hard-hitting drama series.
2.00 Saved by the Bell
Close Encounters of the Nerd Kind
The gang needs money to replace the camera they have broken.
2.30 Swan's Crossing
An action romance series.

3.00 It's in the Jeans
Bowling
3.15 On the Make
3.30 Heartbreak High
Hard-hitting drama series.
4.00 Hollyoaks
Post-GCSE soap drama.
4.30 Saved by the Bell
Slater's Friend
US schoolroom sitcom.
5.00 USA High
The Competition
Stars James Madio.
5.30 Sweat
With Martin Henderson.
6.00 Echo Point
6.30 Bangs
6.45 Rush
7.00 USA High 7.30-8.00pm Hollyoaks



8.00pm The A-Team
The Sheriff of Rivertown
The team serves as deputy sheriffs in a South American town.
9.00 Tour of Duty
Green Christmas
The men's preparations for a party at the orphanage are marred.
10.00 The Basement
Magazine programme.
10.30 Red Shoe Diaries
Stories of eroticism.
11.00 FILM: Double Agent 73
Chesty Morgan, Harry Reems, Fran Silvano
Spy spoof. 1975
12.50am Leslie Nielsen's Unbalanced World - Short
1.00 The Basement
1.30 Tour of Duty
2.30 FILM: Thirst 1987
4.20 Unbalanced World
4.30 Red Shoe Diaries
5.00-6.00am The A-Team

7.30am Bloomberg Television 8.00 G-Force
8.30 Adventures of the Galaxy Rangers
9.00 Space Precinct
10.00 Captain Power and the Soldiers of the Future
10.30 Jupiter Moon
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon FILM: Gorgo
Bill Travers 1961
1.30pm Ray Bradbury Theatre
2.00 The Outer Limits

3.00 The Bionic Woman
Assault on the Princess
Jaime investigates a luxurious casino.
4.00 The Six Million Dollar Man
Little Orphan Airplane
Steve uses his strength to repair a damaged aircraft.
5.00 Swamp Thing
The Shipment
Stars Dick Durock.
5.30 Inside Space
Space travel investigated.
6.00 C/Net Central
A computer magazine programme.
6.30 SF Scene
Sci-fi show for fans.
7.00 Space Precinct
The Witness
Sgt Fredo's daughter is having terrifying visions of a serial slasher.

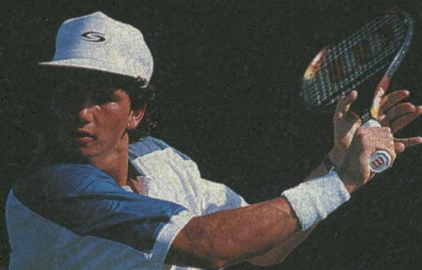
8.00 Quantum Leap
Star-Crossed
Sam assumes the persona of an English professor.
9.00 The Cape
Mir Mir off the Wall
Tamara prepares for her mission aboard Mir.
Stars Tyra Farrell.
10.00 FILM: Invaders from Mars
Karen Black, Hunter Carson, Timothy Bottoms, Louise Fletcher
Remake of the classic Fifties film about a young boy who stumbles across aliens trying to take over the Earth. 1986
12midnight Sightings
1.00am The Tomorrow People
1.30 Flash Gordon - Space Soldiers
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows



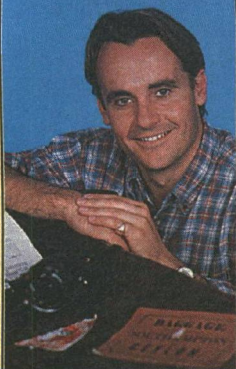
12midnight The Ten Minute Free View
12.10am Ride of Your Life
12.20nasty and Muttley
12.45 FILM: The Creasemaster
A travelling insurance salesman creases the sheets.
1.00 The Five Minute Free View
1.05 FILM continues
2.00 Strap-O-Gram Girls
2.20 FILM: Midnight Woman
3.55-4.00am What's on Tomorrow

11.30pm Free Teaser
11.35 Peep Show
11.45 Naked Confessions: Chrissy Molnar
12.10am FILM: Essentially Juli
Juli Ashton
Adult drama.
1.15 FILM: Damien's Seed
Matthew Sullivan
A private detective infiltrates an erotic Satanic cult.
2.50-4.00am FILM: Erotic Afternoon Delights
Marilyn Starr, Sincie Cox
Girls spend their afternoons watching X-rated films.

12midnight Dish of the Day
12.10am Open Spaces
12.30 Busty Foxes
Erotic feature.
1.00 Electric Blue Show
1.30 FILM: Indecent Influence
Kaitlyn Ashley, Kay London
A young woman in Middle America ends up being an indecent influence.
2.45-4.00am FILM: Body and Soul
Ashlyn Gere, Alex Jordan
A frustrated writer is lured by a ghostly couple...



Dutchman Richard Krajicek defends his ATP Tournament title in Rotterdam, which he won last year by beating Daniel Vacek in straight sets: Eurosport 2.00pm - Live



Bill Dodd is off to Yellowstone on a 'Snow Safari': Travel 4.00pm, 8.00pm



5.00pm Fifteen to One
Presented by William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Presented by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
Bob Holness hosts the general knowledge quiz.
7.30 Give Us a Clue
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
Hosted by Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Speyside
Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
The Spice of Life
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop



8.00pm FILM: Look at Me, America
Erik Estrada, Joon B. Kim
Action tale about an angry man's fight against drugs, society and a gang.
9.30 FILM: Desert Winds
Heather Graham, Michael Nickles, Grace Zabriskie
Drama about a girl and a troubled man in a desert.
11.05 FILM: Down on the Farm
Kelly Marsh
Erotic British short story.
11.50-12midnight Malibu Dreams

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 *Fate and Fortune* 7.00 *Dial-a-Doc* 7.15 *Nation LIVE* 7.30 *Fashion Legends* 9.00 *Love Story* 9.15 *Dial-a-Doc* 9.30 *Revelations* 10.00 *Lie Detector* 10.30 *Bunny Bingo* 10.45 *What's in the Box* 11.00 *Judge Judy* 11.30 *Fate and Fortune* 12noon *The Why Files* 12.30pm *Bunny Bingo* 12.45 *What's in the Box* 1.00 *Lie Detector* 1.30 *Judge Judy* 2.00 *Fashion* 2.30 *Revelations*

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dia-a-Doc
4.00 Living Room Legends
Talent spotting series.
4.30 Judge Judy

5.00 Agony
Guidance for those in pain.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy

8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
A look at the headlines among the hemlines.
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion series.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome 1.00 *Exotica Erotica* 2.00 *Brits on the Piste* 2.30 *Sex Show* 3.00 *Exotica Erotica* 4.00 *Fashion* 4.30 *Agony* 5.00 *Lie Detector* 5.30 *Dial-a-Doc* 5.45-6.00am *Nation LIVE*



7.00pm Lord of the Animals: Legend of the Otterman
7.30 Outerbounds: The Wind Weapon
8.00 Endangered: Wild Med
9.00 Braving Alaska
10.00 Asteroids: Deadly Impact
11.00 Living Sands of Namib
A look at the predators and prey of the Namib Desert.
12midnight-1.00am Treasure Hunt: Splendid Stones



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 The Album Show
11.30 The Catwalk Show
Models strut their stuff.
12.30pm Movies, Games and Videos
1.30 Inside Hollywood
2.30 The Album Show
Classic rock tracks from legendary bands.

3.30 PDQ - The One Stop Shop
Goods delivered directly to your door with no car parking problems.
4.30 Movies, Games and Videos
Comprehensive weekly entertainment review for film fans.

5.30 PDQ - The One Stop Shop
Goods delivered directly to your door with no car parking problems.
6.30 The US Chart Show
All the latest biggest-sellers from across the pond.
7.30 Movies, Games and Videos
Comprehensive weekly entertainment review for film fans.

8.30 PDQ - The One Stop Shop
Goods delivered directly to your door with no car parking problems.
9.30 PDQ - The One Stop Shop
Goods delivered directly to your door with no car parking problems.
10.30 Inside Hollywood
Gossip and behind-the-scenes reports, hot from Tinseltown.
11.30 The Album Show
Classic rock tracks from legendary bands.

12midnight-8.00am Local News on the hour, The Album Show at half past every hour



CABLE EXCLUSIVE

2.00pm Radio Times
2.30 Style 3.00 *Can't Cook, Won't Cook* 3.30 *Change That* 4.00 *Dream Ticket* 4.30 *Gardening from Scratch* 5.00 *Big Trip* 6.00 *Radio Times* 6.30 *Rick Stein's Taste of the Sea* 7.00 *Antiques Roadshow* 8.00 *Travel* 8.30 *Change That* 9.00 *Can't Cook, Won't Cook* 9.30 *Style* 10.00 *Going for a Song* 10.30 *Antiques* 11.00 *Great Garden Game* 11.30-12midnight *Garden Roadshow*



5.00am Europe Today
8.00 European Moneywheel
Live financial news, market updates and breaking business stories from around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Europe à la Carte
1.30 V.I.P.
2.00 Today
News and features with Bryant Gumbel.

3.00 Home & Garden Television
Spencer Christian's Wine Cellar
Grappling with grapes.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century, as covered by NBC news reporters.

5.00 European Living: Flavours of France
Chefs prepare sumptuous French meals.
5.30 V.I.P.

6.00 Europe Tonight Live
6.30 The Ticket NBC
With Kristiane Backer and Jason Roberts.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present another edition of the news magazine show.
8.00 NBC Super Sports
Comprehensive coverage of sporting events.

9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 The Best of Later with Conan O'Brien
The comedy writer hosts his own chat show.
11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno
1.00am *MSNBC Internight* 2.00 *V.I.P.* 2.30 *Hello Austria, Hello Vienna* 3.00 *The Ticket* 3.30 *European Living: Wines of Italy* 4.00-5.00am *MSNBC News*



CABLE EXCLUSIVE

6.00pm Sister Wendy's Story of Painting
Mists of Time
6.30 The Frame
7.00 Later with Jools Holland
8.00 Anna Karenina
9.00 Even Further Abroad
Remember the Future
9.30 Sounds of the Sixties 1964-5: Getting in on the Act
10.00 The Scarlet and the Black
11.30-12midnight *Scarfe on... Art*



CABLE EXCLUSIVE

12noon Travel Live
Presented by Frank Bough.
1.00pm Pathfinders
Snake River
1.30 The Flavours of France
Vienne, North Isere
2.00 Tread the Med
Torremolinos and Malaga
2.30 Tales from the Flying Sofa
Norway, Sweden and Amsterdam

3.00 Railway Adventures Across Europe
Romancing the Steam
3.30 Supercities
4.00 Snow Safari
Yellowstone National Park, Wyoming, USA
4.30 On the Horizon
Vietnam

5.00 Pathfinders
Snake River
Idaho's Snake River.
5.30 On Tour
Mallorca

6.00 The Flavours of France
Vienne, North Isere
6.30 Tread the Med
Torremolinos and Malaga
7.00 Travel Live
Catch up with the latest travel news and issues with Frank Bough and the team.

8.00 Snow Safari
Yellowstone National Park, Wyoming, USA
8.30 Reel World
Peru
9.00 Rolf's Walkabout - 20 Years Down the Track
Darwin to Kakadu
Rolf retraces his steps.
10.00 Tales from the Flying Sofa
Norway, Sweden and Amsterdam
10.30 On the Horizon
11.00 Supercities
Budapest
11.30-12midnight Floyd on Spain
Castille La Mancha, Madrid



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm Hitlist UK
The singles chart.
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Balls
6.30 Collexion
7.00 US Top 20
Stateside hit action.
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 Alternative Nation
1.00-6.00am *Music Videos*



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Rescue 911
Real-life US emergencies.
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward.
2.20 Living it Up!

3.20 The Jerry Springer Show
American talk show discussing relationships.
4.10 Rolonda
I'm Torn Between My Lover and My Child
Audience participation talk show from America.

5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
With Fern Britton.

6.10 Jerry Springer Uncut
Outrageous American talk show.

7.00 Rescue 911
Real-life rescues by US emergency services.
7.30 Mysteries, Magic and Miracles

8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.

9.00 FILM: A Touch of Scandal
Angie Dickinson, Jason Miller, Robert Loggia
Thriller about a politically ambitious public defender who finds her campaign for public office is halted by the untimely murder of her lover. 1984

11.00-12midnight The Spicy Sex Files
On the Rocks

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon
Ten of the Best: John Oates 1.00pm *Jukebox* 3.00 *Toyah!* 5.00 *Five@Five* 5.30 *Pop-Up Video* 6.00 *Hit for Six* 7.00 *Mills 'n' Tunes* 8.00 *VH1 Hits* 10.00 *The Greatest Hits of... The Artist Formerly Known as Prince* 11.00 *The Nightfly* 12midnight *Johnson's Choice* 1.00am *VH1 Late Shift* 6.00-7.00am *Hit for Six*

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

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12.00

NIGHT TIME

6.00 AM
MORNING
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11.00

				NEWS AND INTERNATIONAL	
9.00am The Joy of Painting 9.30 Garden Club 10.00 The Great Gardening Plot 10.30 Tool Time 11.00 Go Fishing <i>Zimbabwe</i> 11.30 Hometown 12noon Driving Passions 12.30pm The All New This Old House 1.00 Yan Can Cook <i>Food Under Wraps</i> 1.30 New Yankee Workshop <i>Tall Plant Stand</i> 2.00 Home Again with Bob Vila 2.30 The House 3.00 Two's Country 3.30-4.00pm This Old House  EXPLORE YOUR WORLD 4.00pm Rex Hunt's Fishing Adventures 4.30 Disaster <i>Lost in Seconds</i> A look at why the <i>Derbyshire</i> sank. 5.00 Wheel Nuts Testing TVRs. 5.30 Terra X <i>The Mists of Atlantis - II</i> Tracking down the legend of the lost continent. 6.00 The Kimberly, Land of the Wandjina Legends claim the Wandjina, or rain spirits, created the rugged grandeur that is Kimberly. 7.00 Beyond 2000 Science magazine. 7.30 History's Turning Points: The Battle for Canada Documentary programme. 8.00 Discover Magazine <i>Origins</i> The origins of execution methods and television technology. 9.00 Extreme Machines <i>Megatrucks</i> From the business of transportation to the thrills and spills of truck racing. 10.00 Emergency!: Golden Hour <i>Emergency Call Out</i> A look at the doctors of London's emergency medical service. 11.00 Strike Command An extraordinary one-day military exercise simulating a rapid response by the RAF to an invasion, fought over the glens and mountains of the highlands. 12midnight The Specialists 1.00am History's Turning Points 1.30-2.00am Beyond 2000  THE HISTORY CHANNEL 4.00pm Airborne: Learning the Hard Way This series explains how the airborne forces were formed and why; who served and what they did. 5.00 The Native Americans: The Plains 6.00 Roman Week: Ancient Mysteries - Private Lives of the Emperors 7.00-8.00pm Biography: Marie Antoinette - the Tragic Queen	5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Quick Draw McGraw 11.30 Banana Splits 12noon The Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons 3.00 The Addams Family More unhealthy fun with America's weirdest family. 3.30 Beetlejuice Supernatural goings-on. 4.00 Scooby-Doo Canine capers. 4.30 Dexter's Laboratory Chemical chaos with the bedroom professor. 5.00 Johnny Bravo Fun with the egotistical superhero. 5.30 Cow and Chicken Oddball antics. 6.00 Tom and Jerry Madcap comic antics with the sparring cat and mouse duo. 6.15 Road Runner 6.30 The Flintstones 7.00 Batman Gothic goings-on in Gotham City. 7.30 The Mask Antics with the green-faced master of mayhem. 8.00 The Real Adventures of Jonny Quest 8.30-9.00pm Droopy: Master Detective  11.00am Take the High Road 11.30 Emmerdale 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale A shotgun is invaluable to a responsible gamekeeper. But just how responsible is Jackie Merrick? 3.30-4.00pm Emmerdale Joe and Richard both have to face the director of N.Y. Estates.	6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Mey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/Wombles /Topsy and Tim /Portland Bill 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks 3.00 Jumanji Cartoon series about a magic board game. 3.30 Doug/Angry Beavers Animated fun. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star Animated superheros. 5.00 Rugrats Fun with the tousle-headed nippers. 5.30 Sister Sister Tia and Tamera and their parents all try to cohabit. 6.00 Renford Rejects 6.30-7.00pm Kenan  7.00pm Grace Under Fire 7.30 Roseanne <i>Aliens</i> Everyone is on edge in the Conner household. 8.00 The Kenny Everett Show Eighties comedy with Ken and co. 8.30 Almost Perfect <i>Suites for the Sweet</i> 9.00 Cheers <i>A House is not a Home</i> Sam and Diane buy their dream house. 9.30 Ellen <i>A Penney Saved</i> 10.00 Frasier <i>To Kill a Talking Bird</i> Niles buys a talking bird. 10.30 Duckman Award-winning, cult adult animation series. 11.00 Comedy Network 11.30 Caroline in the City 12midnight Ellen 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Comedy Network 3.00 Frasier 3.30-4.00am Duckman  11.00am Video Trips 11.30 Globetrotter <i>Amsterdam and Idaho</i> 12noon Way of Life 12.30pm Getaway <i>Queensland, New Zealand</i> 1.00 Great Escapes 1.30 Was It Good for You? <i>Ibiza</i> 2.00 Ben Cropp 3.00 Globetrotter 3.30-4.00pm Around the World <i>Australia and Bruges</i>	6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Sproul 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Giganator 12noon Sproul 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon 3.00 The New Adventures of Giganator <i>The Queen of Time</i> 3.30 The Big Dish Children's gameshow. 4.00 Batman <i>The Cat and the Fiddle</i> Camp capped crusading. 4.30-5.00pm Dennis the Menace <i>Special Agent Dennis</i>  PERFORMANCE THE ARTS CHANNEL 7.00pm Beethoven String Quartets 7.30 Great Arias With Roberto Alagna. 8.00 Boston Pops Orchestra - Bonnie and John Raitt A series of celebrity concerts with the Boston Pops Orchestra. 9.00 Opera: Samson and Delilah Elijah Moshinsky's sensuous production of Saint-Saens' biblical tale with vivid designs by Sir Sidney Nolan. Charismatic tenor Jon Vickers stars as a tortured Samson, while the sultry Shirley Verrett is the object of his passion. Sir Colin Davis conducts at the Royal Opera House, Covent Garden. 12midnight-1.00am Midnight Jazz - Maynard Ferguson Chill out through the midnight hour, with some of the world's coolest jazz sounds.  News throughout the day, plus: 5.00am Europe 8.00 Moneywheel 1.00pm Squawk 3.00 Market Watch 5.00 Power Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future 8.00 Money 8.30 Directions 9.00 US Market Wrap 10.00 Media 10.30 Future 11.00 Your Money 11.30 Directions 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 4.00 Money 4.30-5.00am Directions	BBC NEWS 24 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 World Sport 8.30 Showbiz Today 9.00 Larry King 10.30 World Sport 12noon World News 12.30pm Digital Jam 2.30 Newsroom 3.30 World Sport 4.30 Showbiz Today 5.00 Larry King 7.30 World Business 8.30 Q & A 9.30 Insight 10.30 World Sport 12.30am Moneyline 1.30 Q & A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 11.30 Sky World News 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News ABC World News Tonight 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 The Entertainment Show 4.30 CBS Evening News 5.30-6.00am ABC World News INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Österreich 9.30 Europamagazin 9.55 Talkshow 11.10pm Thema 12noon Servicezeit 12.30 Kunst and Krepel 1.00 Samstagabend in Schönggrund 2.00 Unschuld in Tausend Nöten 3.25 Eisenbahnromantik 3.45 Weltreligionen 4.15 Reiselust 4.45 Genießen auf gut Deutsch 5.15 Bilder aus Deutschland 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Leise Schatten 8.40 Kurzfilm 9.00 Zeit im Bild 9.25-12midnight Tausendschönchen - Kein Märchen Deutsche Welle 5.00am Bookmark 5.30 Showpiece Stripmine Project 6.00 Journal 6.30 Nahaufnahme 7.00 Journal 7.30 Boulevard 8.00 Bookmark 8.30 Showpiece Stripmine Project 9.00 Journal 9.30 Boulevard 10.00 Zwei Mutter für Geeta 10.30 Boulevard Bio 11.30 Nahaufnahme 12noon Journal 12.30pm Bookmark 1.00 Boulevard 1.30 Showpiece Stripmine Project 2.00 Journal 2.30 China im Aufbruch 3.00 Bilder aus der Schweiz 4.00 Boulevard 4.30 Europa Aktuell 5.00 Journal 5.30 Boulevard 6.00 Computer Aided Crime 6.30 Close-Up 7.00 Journal 7.30 Doppelpass 8.30 Europa aktuell 9.00 Journal 9.30 Close-Up 10.00 Journal 10.30 Primer Plano 11.00 Journal 11.15 Zur Zeit 11.30-12midnight Boulevard TV5 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Le Match de la Vie 9.00 Minutes 9.05 Plaisir de Lire 9.30 Habitat Traditionnel 10.00 Minutes 10.05 Jeu de Société 10.30 Le Jeu des Dictionnaire 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal 11.55 Meteo 12noon Fiction 1.30pm Telecinema 2.00 L'Hebdo 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes	4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Temps Present 8.00 Enjeux Le Point 8.55 Meteo 9.00 Journal 9.30 Bouillotte de Culture 10.45 Viva 11.30-12midnight Soir 3 ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Jung 1.00 Mouthful of Sky 1.30 FILM 4.00 Jaldi Jaldi 4.30 Music Challenge 5.00 Dasht 5.30 Music Box 6.30 Turning Point 7.00 Mouthful of Sky 7.30 News 8.00 Katha Sagar 8.30 FILM 11.30 News 12midnight Kabhi Yeh Kabhi Woh 12.30am Mouthful of Sky 1.00 Katha Sagar 1.30 FILM 4.00 Top Ten 5.30 Baaje Payal 6.00 Jaldi Jaldi 6.30 News 6.45 Business Plus 7.00-7.30am First Edition ZEE TV 4.00am FILM: Bharathi Kanana 6.30 Kannam 7.00 Jaagran 7.30 Business 8.00 News 8.30 Aahaa 9.00 Revathi 9.30 Health 10.00 Parivartan 11.00 Shahi Dawat 11.30 Daraar 12noon FILM: Goonj Uthi Shenhai 3.00pm Bat Ben Jaye 3.30 Sallaah 4.00 Hum Kathayen 5.30 Quiz Contest 6.00 Banegi 6.30 Pop Busters 7.00 Aap Ki Farnaisah 7.30 Chalo Cinema 8.00 News 8.30 Darrar 9.00 Hum Aapke Hain 9.30 Ikke Pe Ikke 10.00 Tara 11.00-12midnight Sa Re Ga Ma RACING CHANNEL 11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Catterick and Leicester. CMT 6.00am Rebel Country 7.00 CMT Morning 10.00 Non-Stop Country 2.00pm Global View 3.00 Non-Stop Country 6.00 Top Billing 7.00 Rebel Country 8.00 Global 10.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel Country 1.00am Fresh Cuts 2.00 Non-Stop Country 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Impe 5.30 Spirit 6.00 Liardon 6.30 Dollar 7.00 Copeland 7.30 KIDZ TV 8.00 Day 8.15 Morning 8.30 Dye 9.00 Ekman 9.30 Chronicles 10.00 Frangipane 10.30 Morning 10.45-11.00am CMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am This Week in Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions from the House WORLD NET 9.00am Newfile Feed 10.00 US News 11.00 Business News 11.30 Worldnet Dialogues 2.30pm-3.00pm Science World LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day



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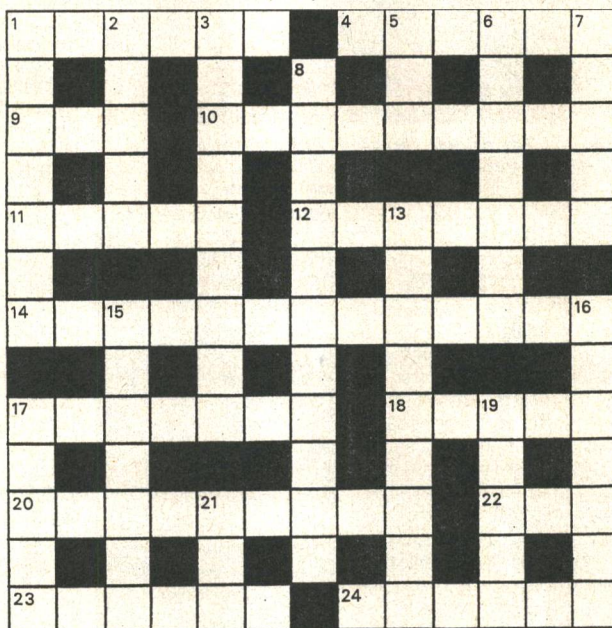
Your crossword know-how could win you a fabulous JVC television! When you've completed the puzzle, send it to us with your name and address by 20 March. The first correct entry drawn wins.

Across

1. Another showing for ET – a prearrangement (6)
4. M Depardieu giving one his version of road rage? (6)
9. TV film in this is recorded and stored (3)
10. As Columbo he might feel part could be taken by king (5, 4)
11. Bob's your man from it (5)
12. Discs may be held by the best athletes (7)
14. Kevin's BBC1 series upsets Mother's banker (3, 7, 3)
17. How to meet Rex in the most out-and-out way (7)
18. Beauty's counterpart Bates could have played (5)
20. Ongoing TV drama – don't say that it won't wash with Verdi fans (4, 5)
22. Fish that's been returned by Christopher (3)
23. Large partner, like the House on the Prairie (6)
24. Academy Awards might be written across (6)

Down

1. Rut Eric got out of in order to enlist new people (7)
2. A great fear of its being filmed on the streets (5)



3. Don't sit under it in song, or it might make Peter pale (5, 4)

5. It listened to Amelia before Hart (3)

6. The Countdown Conundrum gives man a rag to sort out (7)

7. Noblemen of Hazzard, York and Gloucester (5)

8. Like Ike in The Waltons, he has a shop in America (11)

13. It might be Disney's first concern, Teddy and Pooh! (4,5)

15. Text RCA uses to give on a passage from the book (7)

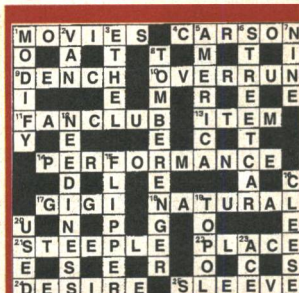
16. John, an actor who could have been in The Sting? (7)

17. Support artist may need as 22 turns (5)

19. Programme series The Gladiators fought in (5)

21. Bird seen in a bowler hat (3)

No 3 by Peter Knight



February's Solution

Send completed crosswords (only one per household) to: Prize Crossword No 3, CABLE GUIDE, 172 Tottenham Court Road, London W1P 0JJ

● Congratulations to January's TV winner, Mrs P Harris of Poole, Dorset.

The first correct entry drawn at random wins. There is no cash alternative to the prize. If the prizewinner cannot take up the prize, Cable Guide reserves the right to award it to a runner-up. The Editor's decision is final. No employees of Cable Guide, Challenge TV or associated companies are eligible to enter.

KING OF THE HEADLINES

CNN's vast international audience – 170 million households in 210 countries and territories around the world – has made Larry King not only one of the world's most recognised faces, but also one of its most influential journalists. He's interviewed just about every world leader from Bill Clinton to Yasser Arafat and Margaret Thatcher. And it's not just the politicians who are keen to sit in the hot seat – Barbra Streisand, Marlon Brando and the Duchess of York have all been on his show. In fact, since he began broadcasting 40 years ago, Larry King has interviewed more than 30,000 people. And CNN say there are plenty more 'spellbinding' interviews to come.

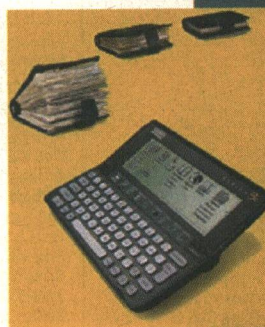
CNN International and Cable Guide have two Psion Series 3c palmtop computers to offer in our Larry King competition, plus three great runners-up prizes of electronic personal organisers.

**TO ENTER,
JUST ANSWER
THIS QUESTION:
ON WHAT DAYS
AND AT WHICH TIMES
DOES CNNI SHOW
LARRY KING'S
PROGRAMME?**

Send your answer on a postcard to: Cable Guide/CNN Competition, 172 Tottenham Court Road, London W1P 0JJ by 31 March. Rules: see p187.



Keep up to date with The Psion Series 3c palmtop computer



PHOTOS: CNN

CNN
Tuesday to Saturday 5.00pm
Tuesday to Friday 9.00am

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME



6.05am Kiss Me Goodbye
Sally Field, Jeff Bridges
1982, rating Sky PG, 94 mins
8.00 The Ballad of Cable Hogue
Jason Robards, David Warner
Western. 1970.
rating Sky PG, 117 mins
10.30 A Little Princess
Eleanor Bron
1995, rating Sky U, 93 mins
12.30pm The Adventures of Baron Munchausen
John Neville, Eric Idle
1989, rating Sky PG, 120 mins

3.00 Kiss Me Goodbye
Sally Field, Jeff Bridges,
James Caan, Paul
Dooley, Claire Trevor,
Mildred Natwick,
William Prince
Romantic comedy. A
widowed wife is on the
verge of re-marrying and
getting her life back on
track, when the ghost of
her late husband appears.
1982, rating Sky PG,
94 mins

5.00 A Little Princess
Eleanor Bron,
Liesel Matthews,
Liam Cunningham,
Rusty Swimmer
Family drama. A young
girl is sent to boarding
school when her soldier
father joins the British in
World War II. There she
finds herself under the
harsh regime of a tough
headmistress. 1995,
rating Sky U, 93 mins

7.00 A Walton's Easter
Richard Thomas, Ralph
Waite, Michael Learned,
Judy Norton, Kami Cotler
Drama which sees the
return of television's
favourite family. It is
Easter 1969, and the
Waltons have been
reunited on Walton's
Mountain for the 40th
wedding anniversary of
John and Olivia. 1996,
rating Sky U, 86 mins

9.00 Now and Then
Demi Moore, Melanie
Griffith, Rosie O'Donnell,
Rita Wilson, Christina
Ricci, Thora Birch,
Gaby Hoffman
Drama about four women
- Chrissy, Roberta, Tina
and Samantha - who
meet up and reminisce
about the days when they
were carefree 12-year-
olds. Text 1996,
rating Sky PG, 96 mins

11.00 Mad Love
Chris O'Donnell,
Drew Barrymore
Romantic road movie
about a pair of teenagers
who run away together.
1995, rating Sky 15,
92 mins

12.40am Crazy Horse
1996, rating Sky 15, 89 mins
2.15 The Birds II: Land's End
1994, rating Sky 15, 83 mins
3.45-5.30am The Heavenly Kid
Lewis Smith, Jason Gedrick
1985, rating Sky 15, 87 mins



6.05am I Married a Witch
1942, rating Sky U, 74 mins
7.30 I Wake Up Screaming
Betty Grable, Carole Landis
1941, rating Sky U, 79 mins
9.00 The Skateboard Kid 2
Dee Wallace Stone
1995, 90 mins
11.00 Brigham Young
Tyrone Power, Linda Darnell
1940, rating Sky PG, 108 mins
1.00pm Legacy of Sin: The William Coit Jr Story
Neil Patrick Harris
1995, rating Sky PG, 86 mins

3.00 Angel Face
Robert Mitchum,
Jean Simmons,
Mona Freeman,
Herbert Marshall
Thriller about a chauffeur
who comes to suspect
that the family's
stepdaughter is a good
deal less angelic than
she appears. 1953,
rating Sky PG, 87 mins
4.35 Abbott and Costello Meet the Invisible Man
Bud Abbott, Lou Costello,
Nancy Guild, Arthur Franz
Comedy in which two
private eyes help out an
invisible man. 1951,
rating Sky U, 78 mins

6.00 Legacy of Sin: The William Coit Jr Story
Neil Patrick Harris,
Bonnie Bedelia, Meredith
Salenger, Jon Pennell
The true story of a young
man who discovers that
his mother murdered his
father 22 years earlier.
1995, rating Sky PG,
86 mins

7.30 E! News Week in Review
8.00 Independence Day - Preview
8.05 Independence Day

Bill Pullman, Jeff
Goldblum, Will Smith,
Mary McDonnell, Brent
Spiner, Harvey Fierstein,
Randy Quaid
Hugely successful, special-effects-laden
science fiction movie in
which aliens invade Earth,
and the beleaguered
humans must fight back
before their planet is
destroyed. Text 1996,
rating Sky 12, 139 mins

10.30 The Last Supper
Cameron Diaz, Jonathan
Penner, Courtney B
Vance, Ron Eldard
PREMIERE Black comedy
about a group of people
who take to murdering
their reactionary dinner
guests. 1996,
rating Sky 15, 88 mins

12.05am Miami Rhapsody
Sarah Jessica Parker
Romantic comedy. Text 1995,
rating Sky 15, 92 mins
1.45 Criminal Passion
Joanna Cassidy, Jere Burns
1995, rating Sky 15, 86 mins
3.20-5.40am Cyclo
Tony Leung Chiu-Wai
1995, rating Sky 18, 124 mins



Gaby Hoffman, Thora Birch, Ashleigh Aston Moore and Christina Ricci star in the drama 'Now and Then': Sky Movies Screen 1 9.00pm



4.00pm Shall We Dance?
Fred Astaire, Ginger
Rogers, Jerome Cowan
Musical in which a ballet
artiste and a diva are
dogged by rumours that
they have married. In an
effort to silence the
wagging tongues, they
decide to get married
secretly - and then stage
a public divorce. 1937,
rating Sky U, 104 mins

6.00 Earth Girls Are Easy
Geena Davis, Jeff
Goldblum, Jim Carrey,
Damon Wayans
Wild and wacky comedy
musical in which a
young woman finds her
life changes beyond her
wildest dreams, when
three brightly-coloured
aliens crash into her
swimming pool. 1989,
rating Sky PG, 95 mins

8.00 Married to the Mob
Michelle Pfeiffer, Dean
Stockwell, Matthew
Modine, Alec Baldwin
Director Jonathan
Demme's bright and
breezy gangster comedy
about mobster's widow
Angela DeMarco, who
discovers that escaping
Mafia life is not as easy
as she hoped. 1989,
rating Sky 15, 100 mins

10.00 Nico: Above the Law
Steven Seagal, Pam
Grier, Sharon Stone
Action thriller in which a
tough Chicago cop is
forced to employ his
combat skills when he
finds himself battling
government corruption
and a drugs ring.
1988, 95 mins

11.40 Kung Fu
David Carradine
Martial arts drama. 1971,
rating Sky 15, 70 mins
12.55am Little Nikita
River Phoenix, Sidney Poitier
1988, rating Sky 15, 93 mins
2.35 Zardoz
Sean Connery, John Alderton
1974, rating Sky 15, 101 mins
4.20-5.45am Kung Fu
1971, rating Sky 15, 70 mins



7.00am Street Sharks
7.30 Bump in the Night
7.45 The Simpsons Text
8.15
The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married...
With Children Text
12.30pm M*A*S*H Text
1.00 Geraldo
Husbands in the Line of Fire
2.00 Sally Jessy Raphael
I'm Your Fantasy Female!
3.00 Jenny Jones
You Stole My Lover
Today's guests are
furious that their lovers
were tempted by another
person.

4.00 The Oprah Winfrey Show
Join Oprah for another
revealing look at life and
relationships.

5.00 Star Trek: The Next Generation
Tin Man
The crew is thrust into an
explosive face-off with the
Romulans over a newly
discovered life-form.

6.00 Dream Team
Conor takes a new job
and finds out more than
he bargained for.

6.30 Married... With Children
Oh, What a Feeling Text

7.00 The Simpsons
Boy-Scoutz 'n' the Hood
Homer and Bart go white-
water rafting. Text

7.30 Real TV
Actual video footage of
real-life events.

8.00 Space Island One
Spring Fever
The lives of seven
remarkable men and
women who inhabit the
self-sustaining permanent
space station Unity.

9.00 The Outer Limits
A Stitch in Time
A time travelling physicist
murders serial killers
before they commit their
first murders, only to find
herself wanted for murder.

10.00 Millennium
Jose Chung's
Doomsday Defense
Novelist Jose Chung
performs some profiling of
his own when a college
don is found murdered.

11.00 Star Trek: The Next Generation
Tin Man
The crew is thrust into an
explosive face-off with the
Romulans over a newly
discovered life-form.

12midnight Late Show with David Letterman
Interviews with the biggest
names in entertainment.

1.00am Raven
Pilot episode of a drama
about a martial arts master
on the run from assassins.
2.30 Murphy Brown
3.00-7.00am Long Play

UK GOLD

7.00am Worzel Gummidge
Down Under 7.35
Neighbours 8.00
Crossroads 8.25
EastEnders 9.00 **The Bill**
9.30 **Howards' Way**
10.00 **Home to Roost**
10.30 **The Sullivans**
11.00 **Casualty**
12noon **Crossroads**
12.25pm **Neighbours**
12.55 **EastEnders**
1.30 **Sykes**
2.05 **Whoops Baghdad**
2.45 **Stay Lucky**

Thomas spends most of his
time following his heart, while
Franklyn unwittingly puts
Lively and Barney into a
potentially explosive situation.

3.45 The Bill
Throw the Key Away
Deakin bends the rules.

4.15 Juliet Bravo
Shotgun
Jean Darblay is faced
with a nightmare situation
when a man abducts his
young daughter from
home at gunpoint.

5.20 EastEnders
Downtrodden drama
with the denizens of the
borough of Walford.

5.55 Big Break
Jim Davidson hosts the
gameshow which features
top snooker players
potting on behalf of
contestants.

6.30 The Bill
Throw the Key Away
Deakin bends the rules.

7.00 Dad's Army
Big Parade
Mainwaring and the ARP
Warden dispute the
matter of precedence.

7.40 Canned Carrott
More stand-up comedy
and sketches with Jasper
Carrott.

8.20 Blackadder II
Bells
Blackadder is struck by
Cupid's arrow when he
takes on a new servant.

9.00 Between the Lines
Jumping the Lights
Connell's professional
and private lives come
into conflict when CIB
investigate a hit and run
incident.

10.05 The Comic Strip Presents...
Five Go Mad in Dorset
Classic lampoon of Enid
Blyton's heroes.

10.45 Live at Jongleurs
Stand-up comedy.

11.15 Naked Video
Fast-moving, irreverent
comedy.

11.50 Spitting Image
Biting satire from the
rubber re-creations.

12.20am The Equalizer
Trial by Ordeal

1.15 The Equalizer
Silent Fury

2.00 The Equalizer
Lullaby of Darkness
2.50-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World Plus
8.00 Highly Desirable Residence
9.00 Crusades
Jihad
10.00 Pandora's Box
11.00 Doctors to Be
12noon Highly Desirable Residence
1.00pm Crusades
2.00 Animal Hospital
2.30 QED

3.00 Around the World in 80 Days
The Challenge
 Michael Palin follows the adventures of Phileas Fogg and sets off to circumnavigate the globe.

4.00 Top Gear GTi
 Jeremy Clarkson and the Top Gear team present a specially extended edition of their show, featuring extra information, interviews and top tips.

5.00 Hot Gadgets
 Paul Daniels shows off his favourite gadgets, and there is a cookie jar with a surprise.

5.30 Pioneers
Battle with the Bugs
6.00 Animal Hospital
 A hungry cat is rescued.

6.30 Talking to Horses
 Monty Roberts breaks in horses by talking to them in their own language.

7.00 Nightmares of Nature: The Little Creatures Who Run the World
 Explores the hidden world of ants, including their tactical warfare.

8.00 Crusades
Jihad
 Terry Jones narrates the story of how the Crusaders lost Jerusalem in 1144 to Zengi, the Arab leader.

9.00 Clive James: Postcard from Los Angeles
 Clive James ventures to the entertainment capital of the world. With Dudley Moore and Kirstie Alley.

10.00 Nightmares of Nature: Alien Empire
Metropolis
 The giant honeybee.

10.30 Nightmares of Nature: Nightmares of Nature
11.00 Disaster
Spiral to Disaster
 The Piper Alpha oil rig disaster of 1988.

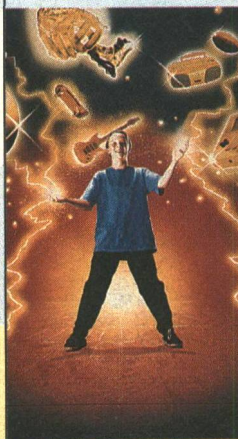
11.30 Traces of Guilt
White Collar, White Coat
 Credit card fraud.

12.30am-1.00am Great Mysteries and Myths
The Secrets of Operation Overlord
 Robert Powell sets out to uncover the truth behind another mystery of the 20th Century.

6.00am Healthbeat 6.30 Your Beautiful Garden 7.00 David Emanuel Fashion Show 7.30 Eat, Drink and Be Healthy 8.00 David Emanuel's Ultimate Makeover Show 9.00 Sally Jessy Raphael 10.30 Classic Interiors 11.00 Bon Appetit 12.00 Garden Club Question Time 12.30pm Ready to Wear 1.00 Bon Appetit 1.30 Classic Interiors 2.00 David Emanuel's Ultimate Makeover Show

3.00 Bon Appetit
 Everything you need to know about French cooking.
3.30 Classic Interiors
 Tips for decorating your home.
4.00 Sally Jessy Raphael
 More studio discussion and emotional confessions with Sally Jessy and her guests.

5.00-6.00pm Garden Club Question Time
 Horticultural advice from the gardening experts.



Trevor O'Brien is good as gold in the premiere of 'Kid Midas': Disney 7.00pm

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Marlowe
11.00 Hawaii Five-O
12noon Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Agony
2.00 Poirot
The Chocolate Box

3.00 London's Burning
 Morale is low after Tate's retirement. Hallam tries for promotion, and Kate receives an unwelcome visitor from her past. Stars Rupert Baker.
4.00 Hawaii Five-O
Leopard on the Rock
 The safety of a hated dictator becomes McGarrett's responsibility when the man becomes the target of a killer.

5.00 Mission: Impossible Holograms
 The special agents are assigned to lure a drug trafficking dictator to his arrest on American soil.

6.00 Families
 There is chaos at Amanda's wedding.
6.30 Classic Coronation Street
 Susan Barlow gets to know Deirdre better.

7.00 Poirot
The Chocolate Box
 Poirot returns to his homeland for the first time since the War to find an old murder case still needs solving.

8.00 London's Burning
 Morale is low after Tate's retirement. Hallam tries to get a promotion, and Kate receives an unwelcome visitor from her past. Stars Rupert Baker.

9.00 Classic Coronation Street
 Susan Barlow gets to know Deirdre better.
9.30 Stand Up
 Alternative stand up comedy show.
10.00-11.00pm Mission: Impossible

men & motors

11.00pm H.O.T.
 Entertainment show with Jenny Powell.

11.50 Lord Lust's Lovelies
 With saucy aristocrat Lord James Hadfield-Hyde

12.10am The Vinnie Jones Show
 Football fanzine show.
1.00 E! Gossip
 The latests insider info from Hollywood.
1.30-2.00am E! Mysteries and Scandals
2.00-6.00am The Box
 Music through the night.

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas 11.50 Alphabet Castle 12noon Little Hippo 12.15pm Animal Shelf 12.30 Rosie and Jim 12.45 Toothbrush Family 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh 1.30 Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
 The crazy characters from *The Lion King*.
3.30 Brand Spanking New Doug
 Adventures with Doug.
4.00 Pepper Ann
 Pepper Ann copes with the perils and pitfalls of teenage life.

4.30 Recess
 From the creators of *Rugrats*.

5.00 Smart Guy
 Being a smart guy causes a lot of problems for 10-year-old TJ.

5.30 Student Bodies
 Animation and real-life in an entertaining mix.

6.00 Teen Angel
6.30 Boy Meets World
Learning to Fly
 Cory is attracted to another girl, and Eric is tempted to settle for a mediocre college.

7.00 FILM: Kid Midas
Trevor O'Brien, Ashley Lyn Cafagna, Joey Simmrin, Danna Hansen
PREMIERE Comedy. When Billy Bright blunders into the haunted house of the mysterious Cat Lady, he is blessed with the Midas touch. But it turns out to be more of a curse than a blessing. 1996

8.30 The Wonder Years
9.00-10.00pm Touched by an Angel
 Monica is a beautiful and wise angel, who inspires people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Feasts of the World
10.30 What's Cooking?
11.00 Worrall Thompson Cooks
11.30 Graham Kerr's Kitchen
12noon Food Network Daily
12.30pm The Restaurant Show
1.00 Food for Thought
1.30 From the Ground Up
2.00 Chez Bruno
2.30 Food Network
3.00 Nancy Lam's Wok Wiz
3.30 Worrall Thompson Cooks
4.00 A Taste of the Caribbean
4.30-5.00pm So You Think You Can't Cook?



CARTOON SELECT

CABLE EXCLUSIVE

5.00pm Gridlock
 Hosted by Simon Biagi.
5.30 Hey Dad II
Weekend Travellers
 Martin is worried about telling Jenny that he is going away with Lyn.
6.00 Blockbusters
 Gameshow hosted by Bob Holness.
6.30 A Country Practice
A Human Reaction - Part IV
7.00 London Bridge
 The temperature in the kitchen rises when Cliff returns to work. Mary confides in Ravi.
7.30 UEFA Championship - Bayern Munich V Borussia Dortmund
 Europe's premier club competition reaches the knock-out stage with an all-German affair.

10.00 Switch On
10.30 Goodnight Sweetheart
In the Mood
 Yvonne delivers an ultimatum to Gary.

11.00 St Elsewhere 12midnight Collins and Maconie's Movie Club 12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am

FILM

The Last Supper
Sky Movies Screen 2
 10.30pm

Premiere of a black comedy starring the gorgeous Cameron Diaz as one of a group of young people who decide to rid the world of nasty extremists and other generally worthless individuals. Bill Paxton is the first victim, after unluckily breaking down in his car near the group's house. When they find out he's a right wing extremist, Bill's days (hours, in fact) are numbered, and the killing goes on from there!

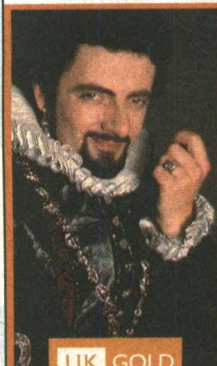
SPORT

Dickie Davies's Sporting Heroes
Sky Sports 3 10.30pm

The start of a new series of in-depth interviews featuring top British sporting stars chatting to legendary TV personality Dickie Davies, who receives some astoundingly frank answers to his many questions. Tonight, Dickie kicks off with athletics star of the Eighties, Steve Ovett, who won many medals and courted great controversy throughout his illustrious career, which included breaking world records and bringing home an Olympic gold medal.

Wednesday continues overleaf...

ADVERTISEMENT

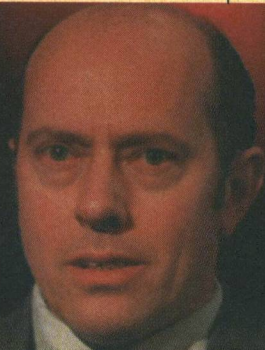


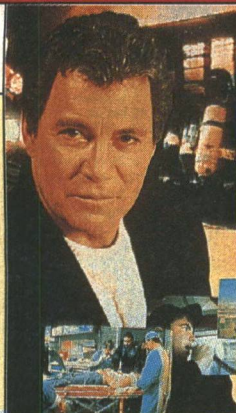
UK GOLD

BLACKADDER II
 8.20PM

Rowan Atkinson stars as Lord Edmund Blackadder, blessed with a big head and a small beard, who tries to win the grace and favour of mad Queen Bess (Miranda Richardson).

WEDNESDAY MARCH 4

							
6.00 AM	7.30am Football Uefa Cup coverage.	7.00am Sky Sports Centre 7.30 World Wrestling Federation – Live Wire 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 The Footballers' Football Show 11.00 Tartan Extra 11.30 V-Max 12.00am Aerobics Oz Style 12.30pm World Motor Sport A roundup of the latest developments in the race world.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV: The Weekend Fisherman 9.00 The Ultimate Fishing Show 9.30 Sports Unlimited 10.30 Pro Beach Soccer 11.30 Survival of the Fittest 12.00 LPGA Golf: Australian Masters 2.00pm Golf Extra A comprehensive roundup of the key developments on the golfing circuit, including features on the major players and the tournaments in which they will compete.	12.00 World Wrestling Federation – Shotgun Challenge A fast-paced programme hosted by Kevin Kelly and James E Cornette. 1.00pm Fish TV Reel in the very latest top tips from the essential angling guide. 2.00 Superbouts: Hagler v Antuoferno Re-live this classic 1981 meeting between Marvin Hagler and Vito Antuoferno.	12.00 Swan's Crossing 12.30pm Sweat The fortunes of a group of talented athletes. 1.00 Echo Point 1.30 Heartbreak High 2.00 Saved by the Bell <i>Slater's Friend</i> Slater's lizard dies while the children are minding it for him. They try to substitute another one, but without much success. 2.30 Swan's Crossing An action romance series.	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 Captain Power and the Soldiers of the Future 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12.00 FILM: Invaders from Mars Karen Black 1986 2.00pm The Outer Limits	
MORNING							
3.00 PM		3.00 Rebel Sports Aspects of sport definitely not for the faint-hearted. 3.30 Tartan Extra Scottish soccer action.		3.00 Olympic Destinies Enduring images of the Winter Olympic Games. 3.30 Sports Unlimited Major and minor sports with a mixture of serious and off-the-wall footage. 4.30 Survival of the Fittest Tough contests.	3.00 Blast The chart show. 3.30 Heartbreak High Drama set at a Sydney inner-city high school. 4.00 Hollyoaks Post-GCSE soap. 4.30 Saved by the Bell <i>Save that Tiger</i> US schoolroom sitcom.	3.00 The Bionic Woman <i>The Road to Nashville</i> Jaime infiltrates the country music scene.	
4.00 PM	4.00 Motorsports <i>Speedworld</i> magazine.	4.00 The Footballers' Football Show Soccer celebrities give their views on the game's talking points.		5.00 V-Max An insight into the world of speed on land, water and in the air. 5.30 Watersports World A guide to the best action on the water. 6.30 European Tour Weekly 7.00 Fish TV More useful tips and advice from the fisherman's favourite series.	5.00 USA High Westpoint 5.30 Sweat The fortunes of a group of talented athletes. 6.00 Echo Point 6.30 Blast 7.00 USA High 7.30-8.00pm Hollyoaks	5.00 Swamp Thing <i>Birthmark</i> 5.30 Inside Space The fact and fantasy of space travel. 6.00 C/Net Central A computer magazine. 6.30 The New Edge A programme that takes a look at the future today.	
5.00 PM	5.00 Football Uefa Cup action.	5.00 World Wrestling Federation – Shotgun Challenge Hosted by Kevin Kelly and James E Cornette. 6.00 Sky Sports Centre The latest sports news. 6.30 Futbol Mundial Football from around the world.	5.00 Snooker: Dr Martens Premier League Action from the Dr Martens Premier Snooker League, staged at the home of Rushden and Diamond's Football Club – in Northamptonshire.				
6.00 PM		7.00 Trans World Sport A roundup of the latest and most outstanding sporting action from across the globe. 8.00 Countdown to the Super League Eddie Hemmings and Mike Stephenson preview the forthcoming Super League season, the third of its kind. This show also look at the best of the action from the Challenge Cup competition.	7.00 Sky Sports Centre News and views from the world of sport. 7.30 Golf Extra A comprehensive roundup of the key developments on the golfing circuit, including features on the major players and the tournaments in which they will compete.				
7.00 PM	7.00 Four Wheels Drive 4X4 off-road action in Iceland. 7.30 Sumo Coverage of the third part of the Grand Sumo Tournament from Japan. 8.30 Darts Another chance to see coverage of the 24th Winmau World Masters Dart Championships of 1997 from London.	10.00 Sky Sports Centre 10.30 Snooker: Dr Martens Premier League Action from the Dr Martens Premier Snooker League, staged at the home of Rushden and Diamond's Football Club – in Northamptonshire. 12.30am Sky Sports Centre 1.00 Countdown to the Super League 3.00-3.30am Sky Sports Centre	10.30 European Tour Weekly Golfing magazine. 11.00 Futbol Mundial Focus on football from around the world. 11.30 Watersports World 12.30am European Tour Weekly 1.00 Sky Sports Centre The premier sports news service. 1.30-2.30am Watersports World				
8.00 PM				8.00 Sport USA All of the latest news, views and developments from the American sports scene.	8.00pm The A-Team <i>The Bells of St Mary's</i> Hannibal's men get caught up with a greedy record company. 9.00 Tour of Duty <i>Odd Man Out</i> Taylor becomes involved with radical black power activists in Saigon. 10.00 The Basement Magazine programme.	8.00 Quantum Leap <i>Right Hand of God</i> Sam leaps into the life of Kid Cody – a talentless boxer in 1974.	
9.00 PM				9.30 Ski Prime Top tips behind life on the pistes. 10.00 Cue Masters: Ebdon v O'Sullivan 10.30-11.30pm Dickie Davies' Sporting Heroes: Steve Ovett NEW SERIES The legendary smoothie Dickie Davies begins a new series of one-to-one conversations. Tonight, Steve Ovett.	10.30 Red Shoe Diaries <i>Jake's Story</i> 11.00 FILM: Evil Dead II Bruce Campbell, Sarah Berry, Dan Hicks Comic horror. 1987 12.50am Unbalanced World 1.00 The Basement 1.30 Tour of Duty 2.30 FILM: Double Agent 73 Saucy spy spoof. 1975 4.20 Unbalanced World 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	9.00 The Cape <i>Mir Mir off the Wall</i> NASA must act quickly when Atlantis is damaged while escaping from Mir. 10.00 FILM: The Wraith Charlie Sheen, Nick Cassavetes, Randy Quaid Supernatural horror about a high-school hero who returns from the dead to take revenge against the psychotic drag racer who killed him. 1986 12midnight Sightings 1.00am Space Angel 1.30 Ray Bradbury Theatre 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
10.00 PM	10.30 Boxing Another top bout.						
11.00 PM							
12.00 NIGHT TIME	11.30-12.30am Motorsports <i>Speedworld</i> magazine.						
							
	Steve Ovett, winner of an 800m gold medal at the 1980 Moscow Olympic Games, is the first of 'Dickie Davies' Sporting Heroes': Sky Sports 3 10.30pm		12midnight The Ten Minute Free View A free taste of what's on offer. 12.10am Fantasy Night Calls 1.00 The Five Minute Free View 1.05 FILM: Baby Doll 1.30 FILM: Immortal Lust A female private eye searches for a magic stone. 3.55-4.00am What's on Tomorrow	11.30pm Free Teaser 11.35 Peep Show 11.45 Sex Guides: Paris An adult-only roam around the red-light district of Paris. 12.15am FILM: Bad Girls: Prisoners of Love The bad girls are back behind bars for the hottest sex yet. 2.30-4.00am FILM: Let's Play Naked Adult feature.	12midnight Dish of the Day 12.10am Electric Blue Erotic magazine programme. 1.10 FILM: Erotic Dreams of Natasha Adult feature. 2.20 FILM: Erotic Princess Adult feature. 3.30-4.00am Bikini Beach Sun, sea, sand and sex abound in this erotic mini series.		



William Shatner hosts 'Rescue 911':
Living
12.20pm, 7.00pm



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
Win great prizes.
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
Hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Jane Asher and Jill Gascoigne.
8.00 All Clued Up
David Hamilton challenges couples.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Isle of Mull
Contestants battle against the clock to guide Anneka Rice around the island.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 *Fate and Fortune* 7.00 *Dial-a-Doc* 7.15 *Nation LIVE* 7.30 *Fashion* 8.00 *Agony* 8.30 *Living Room Legends* 9.00 *Love Story* 9.15 *Dial-a-Doc* 9.30 *Revelations* 10.00 *Lie Detector* 10.30 *Bunny Bingo* 10.45 *What's in the Box* 11.00 *Judge Judy* 11.30 *Fate and Fortune* 12.00 *The Why Files* 12.30pm *Bunny Bingo* 12.45 *What's in the Box* 1.00 *Lie Detector* 1.30 *Judge Judy* 2.00 *Fashion* 2.30 *Revelations*
3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dia-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy
5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffany's Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight *Jennyam*
12.15am *Private Dancer* 12.30 *Pleasure Dome* 1.00 *Exotica Erotica* 2.00 *Brits on the Piste* 2.30 *The Sex Show* 3.00 *Exotica Erotica* 4.00 *The Fashion Show* 4.30 *Agony* 5.00 *Lie Detector* 5.30 *Dial-a-Doc* 5.45-6.00am *Nation LIVE*

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30 The Album Show
11.30 The Catwalk Show
12.30pm Cybernet
1.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
2.30 The Album Show
Classic long-players by much-loved rock bands.
3.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
4.30 Cybernet
The latest news from the fascinating world of computers and the internet.
5.30 PDQ - The One Stop Shop
Shop till you drop from the comfort of your sofa.
6.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
7.30 Cybernet
The latest news from the fascinating world of computers and the internet.
8.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
Shop till you drop from the comfort of your sofa.
10.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
11.30 The Album Show
Classic long-players.
12midnight-8.00am local
News on the hour, Album Show at half past every hour.

NBC

5.00am Europe Today
8.00 European Moneywheel CNBC Europe Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Flavours of France
1.30 V.I.P.
2.00 Today
Current affairs magazine.
3.00 Home & Garden Television
A&P of Gardening/ Awesome Interiors Magazine programme.
4.00 Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century, as covered by NBC.
5.00 European Living: Travel Xpress
A culinary journey.
5.30 V.I.P.
Celebrity chat.
6.00 Europe Tonight Live
6.30 The Ticket NBC Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.
8.00 NBC Super Sports
Action from European PGA Golf with the Dubai Desert Classic.
9.00 The Tonight Show with Jay Leno
Jay Leno presents top celebrities, musical guests and comedians.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.
11.00 The Ticket NBC Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno
1.00am MSNBC Internight
2.00 V.I.P. 2.30 *Europe à la Carte* 3.00 *The Ticket* NBC 3.30 *European Living* 4.00-5.00am *MSNBC's The News*

travel
TV THAT LIVES YOU THERE

CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's live programme with Frank Bough and the team.
1.00pm A Golfer's Travels *South Africa*
1.30 Floyd on Oz *Queensland*
2.00 Tread the Med *Benidorm*
2.30 The Great Escape *Jodhpur and the Kumaon Hills*
3.00 A Fork in the Road *Sicily*
3.30 Worldwide Guide *London*
4.00 Ribbons of Steel *Barrens and Bears*
4.30 The Flavours of France *Vienne - North Isere*
5.00 A Golfer's Travels
5.30 Railway Adventures *Across Europe*
6.00 Floyd on Oz *Queensland*
6.30 Tread the Med *Benidorm*
Holiday magazine.
7.00 Travel Live
The latest holiday news and the travel issues that affect you in this live daily holiday magazine.
8.00 Pathfinders *Snake River*
Running rapids in Idaho.
8.30 On Tour *Mallorca*
9.00 Grainger's World *Along The Andes - Part II*
Highlights include the largest walled city in South America.
10.00 The Great Escape *The Kumaon Hills*
10.30 A Fork in the Road
11.00 Worldwide Guide *London*
11.30-12midnight *Ridge Riders*

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Rescue 911
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations.
2.20 Living it Up!
3.20 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.
4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat Is On
Presented by Keith Chegwin.
5.30 Ready, Steady, Cook
Hosted by Fern Britton.
6.10 Jerry Springer Uncut
Outrageous American talk show.
7.00 Rescue 911
Real-life rescues.
7.30 Mysteries, Magic and Miracles
With Patrick Macnee.
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.
9.00 FILM: Deadly Messages
Kathleen Beller, Michael Brandon, Dennis Franz
A young woman chances upon an antique ouija board in her attic and soon embarks on a deadly voyage of self-discovery. 1985
11.00-12midnight The Spicy Sex Files
Fantasy Fetish

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



NATIONAL GEOGRAPHIC CHANNEL

7.00pm Wild South: Colony Z
A study of the yellow-eyed penguins of New Zealand.
7.30 Fire!
Following smoke jumpers.
8.00 Okavango Magic
9.00 Blues Highway
Discover how the Blues evolved and what it means.
9.30 Tango!
10.00 Across a Fiery Sky
11.00 Mischievous Meerkats
12midnight-1.00am Treasure Hunt:
Treasures from the Past

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times
2.30 Style Challenge
3.00 Can't Cook, Won't Cook
3.30 Change That
4.00 Going for a Song
4.30 Front Gardens
5.00 Antiques Roadshow 6.00 *Radio Times* 6.30 *Antonio Carluccio's Italian Feast* 7.00 *Really Useful Week* 8.00 *Tracks* 8.30 *Change That* 9.00 *Can't Cook, Won't Cook* 9.30 *Style Challenge* 10.00 *Home Front* 10.30 *Real Rooms* 11.00 *Stefan's Garden Roadshow* 11.30-12midnight *More Front Gardens*

UK ARENA

CABLE EXCLUSIVE

6.00pm Sounds of the Sixties
The First Steps
6.30 The Frame
7.00 Good Music
8.00 When the Boat Comes In
Say Hello... Say Tirra
9.00 The Frame
9.30 Even Further Abroad
Remember the Future
10.00 Fortunes of War
11.10 The Frame
11.25-12midnight
Later with Jools Holland



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm Euro Top 20
3.00 Non-Stop Hits
4.00 Select MTV
6.00 MTV Live
6.30 So 90s
7.00 The Lick R&B Chart
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 Yo!
12midnight-6.00am Music Videos
The latest pop videos.



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best:
Genesis 1.00pm Jukebox
3.00 Toyah!
5.00 Five@Five
5.30 Pop-Up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 The Vintage Hour:
VH1 Classic Chart
11.00 The Nightfly
11.30 VH1 to 1: *Genesis*
12midnight VH1 Country
1.00am VH1 Lateshift
6.00-7.00am Hit for Six

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM



9.00am The Joy of Painting
9.30 Garden Club
10.00 The Great Gardening Plot
10.30 Tool Time
11.00 Go Fishing
Small Lake Fishing
11.30 Hometown
House with Character
12noon Driving Passions
12.30pm The All New
This Old House
1.00 Yan Can Cook
The Heat is On
1.30 New Yankee Workshop
Delft Rack
2.00 Home Again with Bob Vila
2.30 These Four Walls
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Angling escapades.
4.30 Disaster
Firetrap
The Apollo One tragedy.
5.00 Wheel Nuts
Kenny ventures into the kit car triangle.
5.30 Terra X:
South Sea Empire
A look at Polynesia.
6.00 Australia Wild
River Red
Australia's most common tree examined.
6.30 Australia Wild
Bird Man of Paradise
7.00 Beyond 2000
Featuring the planes without windows.
7.30 History's Turning Points: Zulus at War
The mighty warriors.
8.00 Ghosthunters
The Haunted Ballroom
Does love for a place or activity lure back spirits?
8.30 The Quest
Surviving in Space
9.00 The Supernatural - Lake Monster
The Unexplained
9.30 The Supernatural - Sea Serpent
The Unexplained
10.00 Emergency!
Golden Hour
Fight for Survival
How a major hospital ensures that every procedure is carried out.
11.00 Best of British
Land Rover
Looking at a British classic - the Land Rover.
12midnight The Specialists
Hitting the Beach
1.00am History's Turning Points: Zulus at War
1.30-2.00am Beyond 2000



5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 Fruitties 6.30 Real Story of... 7.00 Bugs
Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs
8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 The Fruitties
10.30 Thomas the Tank Engine
11.00 Huckleberry Hound 11.30 Perils of Penelope Pitstop
12noon Bugs and Daffy Show
12.30pm Popeye 1.00 Droopy
1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons
3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Madcap fun.
4.00 Scooby-Doo
More detective work from the canine sleuth.
4.30 Dexter's Laboratory
Chemical bedroom chaos.
5.00 Johnny Bravo
Fun with the superhero with the ego problem.
5.30 Cow and Chicken
Animated fun.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.15 Road Runner
6.30 The Flintstones
Prehistoric family fun.
7.00 Batman
The Gotham City pair save the day again.
7.30 The Mask
More manic antics with the master of mayhem.
8.00 The Real Adventures of Jonny Quest
Fun with the Quest gang.
8.30-9.00pm Droopy: Master Detective



7.00pm Grace Under Fire
Sophisticated comedy starring Brett Butler.
7.30 Roseanne
Terms of Estrangement
8.00 The Kenny
Everett Show
Featuring Cupid Stunt and a host of others.
8.30 Caroline in the City
9.00 Cheers
I Do, Adieu
Diane anxiously prepares for her wedding.
9.30 Ellen
Too Hip for the Room
10.00 Frasier
Roz's Krantz and Goldenstein Are Dead
10.30 Duckman
Award-winning, cult adult animation series.
11.00 Armstrong and Miller II
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Armstrong and Miller
3.00 Frasier
3.30-4.00am Duckman



6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur
9.00 Children's BBC
10.00 Wimpie's House
10.30 Babar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks
3.00 Jumanji
Series based on the board-game movie.
3.30 Doug/Angry Beavers
Fury fun in a two-for-one.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Animated action.
5.00 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.30 Sister Sister
Fun with Tia and Tamera.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy starring Brett Butler.
7.30 Roseanne
Terms of Estrangement
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2.30 Armstrong and Miller
3.00 Frasier
3.30-4.00am Duckman



6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou
7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures of Gigantor
12noon Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon
Fangs of Fury
3.00 The New Adventures of Gigantor
The Curse of Dracula
3.30 The Big Dish
Children's gameshow.
4.00 Batman
Shoot a Crooked Arrow
The villainous Archer storms Wayne mansion.
4.30-5.00pm Dennis the Menace



7.00pm Gergiev in Rehearsal
NEW A rare chance to see Valeriy Gergiev in rehearsal for a concert of music by Prokofiev, with contributions from the composer's son, Oleg.
8.30 Theatreland
With Emma Freud.
9.00 Artsweek
Anna Ford and Tim Marlow present the topical weekly magazine show, with the news and reviews on the British arts scene.
10.00 American Playhouse:
A Walk in the Woods
A series of films and plays starring major Hollywood stars in early roles.
Tonight's play stars Sam Waterson as a US diplomat who takes a walk with his Soviet counterpart during arms talks.
12midnight-1.00am Midnight Blues: John Mayall



BBC NEWS 24
6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct



News on the hour, every hour, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz Today 9.00 Larry King 11.30 American Editions 12.30pm Your Health 1.15 Asian Edition 1.30 Business Asia 2.30 Newsroom 4.30 Your Health 5.00 Larry King 6.45 American Editions 7.30 Business 8.30 Q & A 9.30 Insight 12.30am Moneyline 1.15 Asian Edition 2.00 Larry King 3.30 Showbiz 4.15 American 4.30-5.00am World Report



News on the hour, every hour, plus: 6.00am Sunrise 11.30 Sky World News 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News ABC World News Tonight 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 The Entertainment Show 4.30 CBS Evening News 5.30-6.00am ABC World News



3SAT 5.40am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Deutschland 9.30 Nachbarn 10.00 Sternstunde Philosophie 11.00 Tagebuch 11.15 ML Mona Lisa 11.55 Gesundheitstip 12noon Reisezeit 12.30pm Genießen auf Gut Deutsch 1.00 Hitparade 1.45 100 Grad/Orb 2.45 Fur - Tivi mit Durchblick 3.15 Die Reportage 3.45 Vom Sinai zum Sudan 4.15 Service Zeit Reisen 4.45 Häferlgrucker 5.10 Kostbarkeiten 5.15 Bilder aus der Schweiz 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Aufbruch aus der Dunkelheit 8.05 Umwelt 8.50 Notizen aus dem Ausland 9.00 Zeit im Bild 2 9.25 Zum 75. Geburtstag von Milla Dor 11.20 Seitenblicke 11.50-12.30am Kulturzeit

Deutsche Welle 5.00am Computer-Aided Crime 5.30 Close-Up 6.00 Journal 6.30 China 7.00 Journal 7.30 Boulevard 8.00 Computer-Aided Crime 8.30 Close-Up 9.00 Journal 9.30 Boulevard Deutschland 10.00 Europa Aktuell 10.30 Doppelpass 11.30 China im Aufbruch 12noon Journal 12.30pm Computer Aided Crime 1.00 Boulevard 1.30 Close-Up 2.00 Journal 2.30 Hamburg 3.00 Bilder aus Österreich 4.00 Boulevard Deutschland 4.30 Kunst und Co 5.00 Journal 5.30 Boulevard 6.00 European Journal 6.30 Culture on Tour 7.00 Journal 7.30 Bilder aus Österreich 8.30 Kunst und Co 9.00 Journal 9.30 Culture on Tour 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Expo 2000 11.30-12midnight Boulevard Deutschland

TV5 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.05 Journal Canada 7.35 Questions Pour un Champion 8.05 Viva 9.05 Alice 9.30 Obsidienne 10.05 Jeu de Societe 10.30 Dictionnaires 11.05 Paris Lumieres 11.33 Journal France 3 12noon Debat de Societe 2.00 Fiction 3.00 Journal 3.15

Pyramide 3.45 Bus et Compagnie 4.35 Fa Si la Chanter 5.00 Questions Pour un Champion 6.00 Paris Lumieres 6.30 Journal Suisse 7.00 Savoir Plus 8.00 Strip Tease 9.00 Journal France 2 9.30 Theatre 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE
7.30am News 8.00 Good Morning News 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Zamana Badal Gaya 12.30pm Muraan Padugal 1.00 Paltan 1.30 FILM 4.30 Take 2 5.00 Doosra Aasman 6.00 Community Focus 6.30 Aur Ap 7.00 Paltan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Aur Ap 12.30am Paltan 1.00 Shanti 1.30 FILM 4.00 Hello Bombay 4.30 Songs 5.00 Music Challenge 5.30 Star Show 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Samantaraal 6.30 Phire Alam 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 Business /Music 8.30 Aahaa 9.00 Manabi 9.30 Out and About 10.00 Tara 11.00 Low Cal 11.30 Daraar 12.00 FILM: Zindagi Kitni 3.00pm Hum Aske 3.30 Daraar 4.00 Hum Paanch 4.30 Public Demand 5.30 Teen Do Paanch 6.00 Banagi Apni 6.30 All Time Hits 7.00 Liberty 7.30 Baat Ban Jaye 8.00 News 8.30 Dastaan 9.00 Yeh Zindagi 10.00 Filmi Baatein 10.30 Top Ten 11.00 12midnight Purush Kshetra

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Luncetime 2.00-6.00pm Live Racing From Wetherby and Wolverhampton

CMT

6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.30pm Fresh Cuts 3.00 Showcase 3.30 Rebel 6.00 Top Billing 7.00 Rebel 8.00 Non-Stop 8.30 Fresh Cuts 9.00 Showcase 9.30 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Wildhorse 2.00 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland 4.30 Good Morning 4.45 Avanzini 5.00 McCauley 5.30 Leon 6.00 Hill 6.30 Creflo 7.00 Copeland 7.30 Kids 8.00 Your Day 8.15 Good Morning 8.30 Ekman 9.00 Fire 9.30 Beverly 10.00 Tompkins 10.30 Good Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE
5.30 Parliamentary Committees 9.30 The Commons Live 2.00pm Parliamentary Coverage 2.30 The Commons Live 11.00-12midnight Questions from the House

WORLD NET

9.00am Newfile Feed 10.00 US News and World Events 11.00 Business News and Analyses 11.30 Worldnet Dialogues 2.00 Business News 2.30-3.00pm Business File

LANDSCAPE

CABLE EXCLUSIVE
Beautiful films accompanied by music 24 hours a day



4.00pm No Price Too High: Liberation
5.00 Century: Obsession
Tells the story of the 20th-century through a combination of Pathé and BBC archives footage.
6.00 Roman Week: Ancient Mysteries - Ancient Rome and Its Mysterious Cities
Exploring the formidable legacy that the Romans left behind.
7.00-8.00pm Biography
Eleanor Roosevelt
Profile of the First Lady.



11.00am Take the High Road
This is the day of the house-warming at the Taylor's cottage.
11.30 Emmerdale
Joe and Richard have to face the managing director of N.Y. Estates.
12noon Emmerdale
12.30pm As the World Turns
Camille calls Lew's hotel room.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale



11.00am Video Trips
11.30 Globetrotter
12noon Way of Life
12.30pm Getaway
1.00 Great Escapes
1.30 Caribbean Vacation
The Bahamas - An Overview
2.00 Ben Cropp
Sunken Warriors
3.00 Globetrotter
British Virgin Islands, Scotland, Tennessee and California
3.30-4.00pm Holiday Reflections



News throughout the day, plus:
5.00am Europe Today 8.00 Europe Money Wheel 1.00pm Squawk 3.00 US Market 5.00 US Power 6.00 Europe Tonight 7.00 Media Report 7.30 Future 8.00 Money 8.30 Style Cafe 9.00 US Market 10.00 Media 10.30 Future File 11.00 Your Money 11.30 Style Cafe 12midnight Asian Squawk 1.00am Trading Day 3.00 Media Report 3.30 Future 4.00 Your Money 4.30-5.00am Style

A GREAT LAUGH ON A SATURDAY NIGHT. BUT
ONE YOU'LL REMEMBER ON SUNDAY MORNING.

Fawlty Towers, Men Behaving Badly, French and Saunders, The
Young Ones, Jasper Carrott and The Comic Strip Presents...
Unforgettable Saturday night comedy on cable TV. From 8pm.

UK GOLD

UK TV

BETTER PROGRAMMES ALL TOGETHER



BLACKADDER GOES FORTH

Starts Sunday 1st at 8.20pm

ONLY FOOLS AND HORSES

Weekdays at 8.20pm from Monday 16th

BUGS

Thursdays at 9.00pm



REDCAPS

Sundays at 10.00pm

ANIMAL HOSPITAL

Weekdays at 6.00pm

TOP GEAR GTI

Saturdays at 8.00pm



CAN'T COOK, WON'T COOK

Weekdays at 3.00pm and 9.00pm

STYLE CHALLENGE

Weekdays at 2.30pm and 9.30pm

STEFAN'S GARDEN ROADSHOW

Wednesdays at 11.00pm



FORTUNES OF WAR. Starring
Kenneth Branagh Wednesdays at 10pm

EDGE OF DARKNESS. Starring
Joanne Whalley Saturdays at 9.00pm

SCARF ON...UK ARENA. Sex, Class,
Art and Paradise Mondays at 9.00pm



UK GOLD

UK HORIZONS

UK STYLE

UK ARENA



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Agatha Christie's Murder in Three Acts
1986, rating Sky U, 90 mins
8.00 Dog's Best Friend
1997, rating Sky U, 89 mins
10.00 Sky Riders
James Coburn, Robert Culp
1976, rating Sky PG, 86 mins
11.30 Bed of Roses
Christian Slater
Romantic comedy. **Text** 1996, rating Sky PG, 84 mins
1.00pm Agatha Christie's Murder in Three Acts
1986, rating Sky U, 90 mins

3.00 Heart of a Champion
Robert Blake, Doug McKeon, Marielore Costello, Tony Burton, Ray Mancini's father could have won a boxing title, but his career was cut short by World War II. Therefore, his son sets out to win the title that should have belonged to his father. 1985, rating Sky PG, 90 mins

5.00 Dog's Best Friend
Richard Mulligan, Shirley Jones
Family comedy about a young boy who moves to the country with his father and his talented pet dog.

On their new farm, the boy discovers a host of talking animals who help out his father when the farm is faced with repossession. 1997, rating Sky U, 89 mins

7.00 Bed of Roses
Christian Slater, Mary Stuart Masterson
Comical love story about a businesswoman who has never quite overcome a mysterious and tragic childhood. Can she conquer her fear of commitment and allow herself to be led to the man of her dreams? **Text** 1996, rating Sky PG, 84 mins

9.00 Critical Choices
Betty Buckley, Pamela Reed, Diana Scarwid
PREMIERE Drama about the fight for and against abortion in America. Margaret is a pro-choice supporter who has set up her town's only abortion clinic, who finds herself forced to do battle with a right-wing anti-abortion campaigner. 1996, rating Sky 15, 86 mins

11.00 Forget Paris
Billy Crystal, Debra Winger, Joe Mantegna
Romantic comedy. **Text** 1995, rating Sky 12, 98 mins

12.45am The Young Poisoner's Handbook
Comedy drama. **Text** 1995, rating Sky 15, 96 mins
2.25 Showgirls
Outrageous drama. **Text** 1995, rating Sky 18, 126 mins

4.35-6.00am Looking for Trouble
1995, rating Sky U, 78 mins

6.00am Lancer Spy
George Sanders 1937, rating Sky U, 73 mins
7.20 Demetrius and the Gladiators
9.00 The West Side Waltz
Liza Minnelli, Jennifer Grey
1995, rating Sky PG, 90 mins
10.35 Fort Apache
Henry Fonda, John Wayne
1948, rating Sky U, 123 mins
12.45pm Demetrius and the Gladiators
1954, rating Sky PG, 97 mins
2.30 The Mountain
Spencer Tracy, Claire Trevor, William Demarest, EG Marshall
Drama in which two feuding brothers head for the Alps to find the wreckage of a lost aircraft, one to loot it and the other to protect its cargo – and possibly rescue any survivors. 1956, rating Sky PG, 101 mins

4.15 Magnificent Obsession
Irene Dunne, Robert Taylor, Betty Furness, Sara Haden
Drama about a man who turns doctor in order to save the sight of a woman with whom he has fallen in love. 1935, rating Sky U, 97 mins

6.00 The West Side Waltz
Shirley MacLaine, Liza Minnelli, Jennifer Grey, Kathy Bates, Robert Pastorelli
Touching comedy drama about a crotchety widow and her younger neighbour in an elegant New York apartment block. 1995, rating Sky PG, 90 mins

7.40 US Top Ten
8.00 Eraser – Preview
A behind-the-scenes look at the making of this blockbuster.

8.05 Eraser
Arnold Schwarzenegger, James Caan, Vanessa Williams, James Coburn, Robert Pastorelli
Action thriller in which a vital government witness is assigned a protector known as Eraser. **Text** 1996, 115 mins

10.05 Sudden Death
Jean-Claude Van Damme, Powers Boothe, Raymond J Barri, Whittni Wright
Action-packed thriller in which a fire marshal is called in to save the day when terrorists kidnap the Vice President. **Text** 1995, rating Sky 18, 105 mins

11.55 Indecent Behavior 4
Late night erotic drama for adults. 1997, rating Sky 18, 94 mins
1.35am Naked Souls
Brian Krause, Dean Stockwell
1995, rating Sky 18, 86 mins
3.10 The Beat
David Jacobson
1980, rating Sky 18, 97 mins

4.55-6.20am Lancer Spy
1937, rating Sky U, 73 mins



Nomi Malone (Elizabeth Berkley) is one the 'Showgirls' in a Las Vegas strip joint who dreams of becoming a star: Sky Movies Screen 1 2.25am



4.00pm A Damsel in Distress
Fred Astaire, George Burns, Gracie Allen, Reginald Gardiner, Joan Fontaine
Musical with a lively George Gershwin score, in which an American dancer sets out to romance a beautiful woman. 1937, rating Sky U, 97 mins

6.00 Farewell to the King
Nick Nolte, Nigel Havers, Frank McRae, Gerry Lopez, Marilyn Tokuda
War-time adventure in which a British officer finds an ex-US sergeant who has turned his back on the war effort to become king of a tribe of natives in the wilds of Borneo. 1988, rating Sky PG, 113 mins

8.00 Clara's Heart
Whoopi Goldberg, Michael Ontkean
Drama about a young boy's relationship with his new Jamaican nanny. When he needs affection to escape from the harsh realities of his parents' impending divorce, the witty and wise Clara is always at hand. 1988, rating Sky PG, 104 mins

10.00 Alien Nation
James Caan, Mandy Patinkin, Terence Stamp, Kevyn Major Howard, Leslie Bevis, Peter Jason
Science-fiction thriller set in an America where aliens live, not altogether harmoniously, alongside humans. 1988, 94 mins

11.35 The Offence
Sean Connery, Trevor Howard, Vivien Merchant
Sobering drama. 1973, rating Sky 18, 108 mins
1.30am Night Sun
Julian Sands
Evocative drama. 1990, rating Sky 15, 108 mins
3.25-4.55am The Blue Iguana
Dylan McDermott
Spoof thriller. 1988, rating Sky 15, 88 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Forgotten Prisoners – the Amnesty Files
Ron Silver, Hector Elizondo, Roger Daltry
A lecturer becomes a Human Rights investigator. Graphic drama depicting the horrors of life in a Turkish prison and the efforts of Amnesty International to defend the rights of the inmates. 1990, 120 mins

11.00 Cimarron
Glenn Ford, Maria Schell, Anne Baxter, Russ Tamblyn
The saga of a family's trials and tribulations in the Old West over four decades. 1960, 147 mins

1.30am Our Mother's House
Dirk Bogarde, Mark Lester
Intriguing drama. **Widescreen** 1967, 105 mins
3.15-5.00am Forgotten Prisoners – The Amnesty Files
Ron Silver, Hector Elizondo
Graphic drama. 120 mins

7.00am Street Sharks
7.30 Bump in the Night
7.45 The Simpsons **Text** 8.15
The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married...
With Children **Text**
12.30pm M*A*S*H
Text Bombshells
1.00 Geraldo
2.00 Sally Jessy Raphael
You Can Win Big!

3.00 Jenny Jones
My Family Can't Stand My Inter-Racial Lover
On today's show, people who disapprove of their family member's mixed-race relationships.

4.00 The Oprah Winfrey Show
Mr & Mrs Clint Eastwood – Part I
Oprah chats to Clint and his new wife Dina about their life together.

5.00 Star Trek: The Next Generation
Hollow Pursuits
A painfully shy lieutenant's obsession with the Holodeck could endanger the Enterprise.

6.00 The Live 6 Show
Hosted by Jenny Powell, Richard Orford and Melinda Messenger.

6.30 Married... With Children
At the Zoo **Text**
7.00 The Simpsons
Whacking Day **Text**
Lisa is appalled by one of Springfield's traditions. With Barry White.

7.30 Real TV
Amazing video footage.
8.00 Suddenly Susan
Next Stop, Heaven
Susan suffers a loss. **Text**
8.30 Seinfeld
Bizarro Jerry
NEW SERIES Elaine meets three new friends.

9.00 Friends
The One Where They're Going to Party!
The guys try to be spontaneous and wild.

9.30 Veronica's Closet
Veronica's Brotherly Love
10.00 ER
Exodus
British premiere showing of the fourth series of the medical drama. Stars George Clooney and Noah Wyle. **Text**

11.00 Star Trek: The Next Generation
Hollow Pursuits
A painfully shy lieutenant's obsession with the Holodeck could endanger the Enterprise.
12midnight Late Show with David Letterman
Entertaining mix of gossip, interviews and of course, the Late Show Top Ten.
1.00am Raven
The Unseen Enemy
Raven travels to Hawaii hoping for news of his son.
2.00-7.00am Long Play

7.00am Worzel Gummidge
Down Under 7.35
Neighbours 8.00
Crossroads 8.25
EastEnders 9.00 **The Bill** 9.30 **Howards' Way** 10.00
Home to Roost 10.30 **The Sullivans** 11.00 **Casualty** 12noon **Crossroads** 12.25pm **Neighbours** 12.55 **EastEnders** 1.30 **Sykes** 2.05 **Ever Decreasing Circles** 2.45 **Stay Lucky**
One Jump Ahead
Franklyn offers Thomas and Jo what appears to be a dream holiday in Tuscany, but Thomas is told to come prepared for an odd job or two.

3.45 The Bill
An Unconventional Approach
4.15 Juliet Bravo
Fraudulently Uttered
An elderly tea lady working at Hartley police station is accused of stealing money.

5.20 EastEnders
Another edition of the soap chronicling the trials and tribulations of the residents of Albert Square.

5.55 Big Break
Jim Davidson hosts the gameshow which features top snooker players potting for money.

6.30 The Bill
An Unconventional Approach
7.00 FILM: Porridge
Ronnie Barker, Richard Beckinsale, Fulton Mackay, Peter Vaughan
Screen version of the classic television comedy set in a prison. When Fletcher and Godber stumble on an escape plan during a celebrities-against-prisoners football match, they are forced to take part in the audacious flight. 1979

9.00 Bugs
Shotgun Wedding
The Bugs team steps in to protect a beautiful Italian politician whose mission is to rid politics of corruption.

10.05 Blackadder Goes Forth
Plan A: Captain Cook
Blackadder volunteers for the post of Official War Artist.

10.45 Minder
The Desert Song
Terry and Arthur are trying to peddle pickled walnuts when they encounter Charlie, a Greek Cypriot.

11.50 Three of a Kind
Stand-up comedy.
12.30am FILM: Curse of the Crimson Altar
Boris Karloff, Christopher Lee
British horror tale. 1968

2.05 The Equalizer
Zebra
2.50-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 The Little Creatures Who Run the World
9.00 Crusades
10.00
Tomorrow's World Plus
11.00 Doctors to Be
12noon The Little Creatures Who Run the World
1.00pm Crusades
2.00 Animal Hospital
2.30 Talking to Horses

3.00 Around the World in 80 Days
Arabian Frigths
 Disaster strikes when Michael Palin misses his connection at the Saudi port of Jeddah.
4.00 Clive James: Postcard from Los Angeles

Clive James ventures to the entertainment capital of the world. With Dudley Moore and Kirstie Alley.

5.00 Out of This World
5.30 The Contenders
The Human Machine
 Linford Christie reveals the secret that led to his becoming fastest man in the world.

6.00 Animal Hospital
6.30 Hot Gadgets
 Carol Vorderman tests foldaway, motorised scooters, a computerised cookbook, and a satellite navigator.

7.00 Nightmares of Nature: Beetlemania
 A focus on the success story that is the beetle, the creature which makes up a quarter of all animals on Earth.

8.00 Crusades
Destruction
 Terry Jones reports on how Richard the Lionheart set out to do battle with the legendary Saladin.

9.00 Around the World in 80 Days
Dateline to Deadline
 Delays and a suspected bomb conspire to impede Michael Palins' journey around the globe.

10.00 Nightmares of Nature: Alien Empire
War of the Worlds

How insects aid humans.

10.30 Nightmares of Nature: Maneaters
 A look at lucky escapes.

11.00 Great Mysteries and Myths of the Twentieth Century
The Curse of the Mummy's Tomb

11.30 Pioneers
Unlocking the Asylum

12midnight The Limit
The Fastest Ship
 Robbie Coltrane relates tales of bold efforts to exceed the limits.

12.30am-1.00am Great Mysteries and Myths
The Race for the Atomic Bomb

6.00am Healthbeat 6.30 *Your Beautiful Garden* 7.00 *David Emanuel Fashion Show* 7.30 *Eat, Drink and Be Healthy* 8.00 *World on a Plate* 8.30 *Fiona Fullerton's Style Guide* 9.00 *Sally Jessy Raphael* 10.00 *Flavours of the Orient* 10.30 *Great British Food* 11.00 *The Beautiful Home Show* 11.30 *Your Beautiful Garden* 12noon *Sew Perfect* 12.30pm *Ready to Wear* 1.00 *Bon Appetit* 1.30 *Classic Interiors* 2.00 *World on a Plate* 2.30 *Fiona Fullerton's Style Guide*

3.00 Flavours of the Orient
 Susan Brookes samples some great oriental dishes.

3.30 Great British Food
4.00
Sally Jessy Raphael
 Controversial talk in the studio. With Sally Jessy Raphael.

5.00 The Beautiful Home Show
 A fascinating insight into the tricks of the trade.
5.30-6.00pm
Your Beautiful Garden
 Green-fingered advice.

6.00am The Box
7.00 E! Entertainment
7.30
Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Marlowe
11.00 Hawaii Five-O
Devil and Mr Frog
12noon
Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Agony
2.00 Poirot

3.00 London's Burning
 Kelly's pregnancy forces a reluctant George to make some decisions. Meanwhile, Blue Watch is called to a horrific fire in a recording studio.

4.00 Hawaii Five-O
Devil and Mr Frog
 The kidnapped son of a wealthy man escapes, and the father demands that Five-O recover the ransom money he paid.

5.00
Mission: Impossible
The Condemned
 When an IMF alumnus is wrongly imprisoned for murder, Jim Phelps must help him escape.

6.00 Families
 Two couples declare their love for each other.

6.30 Classic Coronation Street
 Mike doesn't want Elsie back at the factory.

7.00 Poirot
The Dead Man's Mirror
 The death of an unpopular art dealer gives Poirot a long list of suspects. Starring David Suchet.

8.00 London's Burning
 Kelly's pregnancy forces a reluctant George to make some decisions. Meanwhile, Blue Watch is called to an horrific fire in a recording studio.

9.00 Classic Coronation Street
 Mike doesn't want Elsie back at the factory.

9.30 Stand Up
 Alternative comedy featuring Steve Coogan.
10.00-11.00pm
Mission: Impossible

men & motors

11.00pm Motor Week
11.30 4 Wheels Good
 Steve Vokins looks at how classic car collectors store their cars — from wax treatments to huge oxygen starved bubbles!

12midnight Rally World
 A round up of the best rallying action.

12.30am
Through the Gears
1.00-2.00am The E! True Hollywood Story
2.00-6.00am The Box
 Music through the night.

6.00am Under the Umbrella Tree 6.30 *Jungle Cubs*
7.00 Recess 7.30 *Pepper Ann*
8.00 Brand Spanking New Doug 8.30 *Timon and Pumbaa*
9.00 Aladdin 9.30 *Quack Pack*
10.00 Amazing Animals 10.30 *Sesame Street* 11.30 *Winnie the Pooh* 11.45 *Poddington Peas* 11.50 *Alphabet Castle* 12noon *Little Hippo* 12.15pm *Animal Shelf* 12.30 *Rosie and Jim* 12.45 *Toothbrush Family* 12.50 *Bear in the Big Blue House* 1.15 *Winnie the Pooh* 1.30 *Rescue Rangers* 2.00 *Goot Troop* 2.30 *Jungle Cubs*

3.00 Timon and Pumbaa
 The crazy characters from *The Lion King*.

3.30 Brand Spanking New Doug
 Animated adventure.

4.00 Pepper Ann
 Pepper Ann cope with the perils and pitfalls of teenage life.

4.30 Recess
 From the creators of *Rugrats*.

5.00 Smart Guy
 Being a ten-year-old smart guy causes nothing but problems for TJ.

5.30 Student Bodies
 Animation and real-life in an entertaining mix.

6.00 Teen Angel
6.30 Boy Meets World
You Can Go Home Again

Shawn, Eric and Allan are anxious about different turning points in their lives.

7.00
FILM: Tower of Terror
Steve Guttenberg, Kirsten Dunst, Nia Peeples

What happened to the five partygoers who entered a Hollywood hotel elevator and were never seen again? The only way to find out is to re-enact the event in the now abandoned hotel. 1997

8.30
The Wonder Years
9.00-10.00pm
Touched by an Angel

Monica, a thoroughly modern angel, inspires people to change their lives before it's too late. With Roma Downey.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes — BOXFresh — newest videos available — BOXTalk — unique interviews with artists/bands — Breakin' Out of the BOX — videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Who's Cooking Dinner? 10.30 *What's Cooking?* 11.00 *Worrall Thompson Cooks* 11.30 *Graham Kerr 12noon Food Network* 12.30pm *Winter Nosh* 1.00 *Food for Thought* 1.30 *Ideal Home Cooks* **NEW SERIES** 2.00 *Top of the Class* **NEW SERIES** 2.30 *Food Network* 3.00 *The Restaurant Show*
 Restaurant review show hosted by Linda Agran.
3.30
Worrall Thompson Cooks
 Quick and easy cooking.
4.00 From the Ground Up
4.30-5.00pm Chez Bruno



CABLE EXCLUSIVE

5.00pm Gridlock
5.30 Hey Dad II
Fright Night II
 Martin is worried that Betty might make him look inadequate on a family fishing trip.

6.00 Blockbusters
 Hosted by Bob Holness.

6.30
A Country Practice
Show Down-Part I

Australian soap about a medical practice.

7.00 London Bridge
 The chance of a day out together reveals Nick and Mary's differing opinions.

7.30 Get Back
You Never Give Me Your Money

8.00 Desmond's
Coughs and Sneezes
 Tony takes control of the shop.

8.30 That's Love
 There's trouble as Patsy crashes the car.

9.00 A Woman's Guide to Adultery
 Drama series about a woman whose strong disapproval of adultery is tested to the limit.

10.00 Auf Wiedersehen, Pet
The Alien

Vintage sitcom. The boys have problems with a troublemaker, and Neville is the one to provide the solution.

11.00 St Elsewhere
12midnight Doctor Down Under
12.30am-1.00am
Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day — so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is in the Salon at 5.00pm.

GENERAL

Ancient Mysteries — Pompeii Buried Alive
The History Channel
6.00pm

The catastrophic story of Pompeii and its burial under the ashes of the erupting volcano Mount Vesuvius is one of increasing fascination to succeeding generations. In 79AD, the town and its inhabitants were buried alive and this programme uncovers some of the mysteries of what happened and how the people of this advanced Roman society lived before the disaster.

SPORT

Euro Tour Golf — LIVE
Sky Sports 1 **10.30am**

It's day one of the latest PGA European Tour event from outside Europe! Yes, we're in the Middle East until Sunday, with live action from the Qatar Masters, where £600,000 worth of prize money is on offer and there's a chance for the Padraig Harringtons of the tour to score some early season wins while the likes of Colin Montgomerie warm up for the majors in America.

Thursdays continues overleaf...

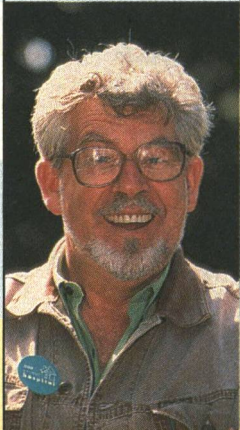
ADVERTISEMENT



UK GOLD

PORRIDGE
7.00PM

Ronnie Barker stars as Fletch, a habitual prison inmate who escapes only to want back in again in this feature length film of the hilarious TV series set in Slade Prison.



Rolf Harris visits the patients in 'Animal Hospital': UK Horizons 2.00pm

THURSDAY MARCH 5

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

											
7.30am Equestrianism 8.30 Biathlon 9.00 Biathlon - LIVE World Cup action from Pokljuka, Slovenia. 11.00 Freestyle Skiing Coverage of the FIS World Cup in Korea. 11.30 Luge 12noon Biathlon - LIVE World Cup coverage from Pokljuka, Slovenia. 2.00pm Tennis - LIVE Fourth day coverage of the ATP Tournament in Rotterdam.		7.00am Sky Sports Centre 7.30 World Wrestling Federation - Shotgun Challenge 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 European Tour Weekly 10.30 Euro Tour Golf: Qatar Masters - LIVE First day coverage from the Doha Golf Club in Qatar. 1.30pm Aerobics Oz Style 2.00 PGA Golf: Australian Masters The best of the action from the Royal Pines Resort in Queensland, Australia.		7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV: Fishing Tales 9.00 Americana Outdoors 9.30 Watersports World 10.30 Countdown to the Super League 12.30pm Snooker: Dr Martens Premier League 2.30 Sports Unlimited A never-ending supply of major and minor sports, with serious and off-the-wall footage. 3.30 Countdown to the Super League Eddie Hemmings and Mike Stephenson preview the forthcoming Super League season, the third of its kind. Sky's Rugby League partnership also look at the best of the action from the Challenge Cup competition. 5.30 Football League Review 6.00 Ski Prime Skiing addicts give tips about life on the slalom. 6.30 Inside the PGA Tour 7.00 Sky Sports Centre The latest news and views from the world of sport. 7.30 The Rugby Club Former England pairing Stuart Barnes and Dewi Morris preview and review the latest action. 9.00 Trans World Sport The programme which looks at the impact of sport all over the world. 10.00 Ford Golf USA: Doral Ryder Open First day coverage of the Doral Ryder Open, the prelude to the Florida Swing. Steve Elkington won the competition last year and will no doubt return to defend his title. 12midnight Tight Lines Bruno Brookes and Keith Arthur attempt to answer more angling queries. 1.00am Sky Sports Centre 1.30 Trans World Sport 2.30-4.00am Ringside Big-hit boxing action.		12noon World Wrestling Federation - Superstars 1.00pm Fish TV Reel in the very latest top tips from the essential angling guide. 2.00 Cue Masters: Ebdon v O'Sullivan Peter Ebdon goes head-to-head with Ronnie O'Sullivan in the 1993 Dubai Classic. 2.30 Dickie Davies' Sporting Heroes: Steve Overt Legendary television sporting smoothie Dickie Davies holds a one-to-one conversation with legendary runner Steve Overt. 3.30 Sport USA All of the latest news, views and developments from the American sports scene. 5.00 World of Sailing International sailing competition. 5.30 Ringside Enjoy comprehensive, punch-by-punch coverage of boxing up and down the country from the best seat in the house. 7.00 Tight Lines Bruno Brookes and Keith Arthur answer some more of your angling queries. 8.00 Spanish Football The pick of the action from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents compete for Real Madrid's Spanish title. 10.00-11.30pm Bobby Charlton's Football Scrapbook Joe Jordan joins Bobby Charlton and Dickie Davies to look back at some of the key matches in his career.		12noon Swan's Crossing 12.30pm Sweat 1.00 Echo Point 1.30 Heartbreak High 2.00 Saved by the Bell <i>Save that Tiger</i> Two school teams play pranks in a homecoming game against the Valley. 2.30 Swan's Crossing An action-romance series following the lives and intrigues of 12 young people in their early teens, in the town of Swan's Crossing. 3.00 It's in the Jeans <i>Marital Arts</i> 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama series. 4.00 Hollyoaks Post-GCSE soap. 4.30 Saved by the Bell <i>Screech's Birthday</i> US schoolroom sitcom. 5.00 USA High <i>The German Girl</i> 5.30 Sweat Teenage drama series. 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks  8.00pm The A-Team <i>Hot Styles</i> The A-Team has to come to the rescue of a model held hostage. 9.00 Tour of Duty <i>And Make Death Proud to Take Us</i> Camp Barnett must head off an anticipated offensive. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries <i>Naked in the Moonlight</i> 11.00 FILM: Henry: Portrait of a Serial Killer <i>Michael Rooker</i> Serial killer thriller. 1986 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: 976-Evil Stephen Geoffreys, Patrick O'Bryan, Sandy Dennis Teen revenge horror. 1988 4.30 Red Shoe Diaries 5.00-6.00am The A-Team		7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 Captain Power and the Soldiers of the Future 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: The Strange Door <i>Charles Laughton 1951</i> 2.00pm The Outer Limits 3.00 The Bionic Woman <i>Kill Oscar</i> Jaime combats robot replicas of OSI secretaries. 4.00 The Six Million Dollar Man <i>Eyewitness to Murder</i> Steve is frustrated by a sniper's alibi. 5.00 Swamp Thing <i>Dark Side of the Mirror</i> 5.30 Inside Space The fact and fantasy of space travel. 6.00 C/Net Central Computer magazine. 6.30 The New Edge A programme that takes a look at the future today. 7.00 Space Precinct <i>Friends</i> Jane is taken hostage when a sting operation involving cops goes awry. 8.00 Quantum Leap <i>How the Tess was Won August 5, 1956</i> Sam lands in the middle of Texas as a vet. 9.00 The Cape An American space mission is launched to capture a runaway Russian nuclear satellite. 10.00 Heavy Metal <i>John Candy, John Vernon, Harold Ramis, Eugene Levy, Joe Flaherty</i> Animated anthology of science fiction stories, based on the French sci-fi comic book of the same name. 1981 12midnight Sightings 1.00am The Bionic Woman <i>Welcome Home, Jaime</i> 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	



Al (Dean Stockwell) accompanies Sam Beckett (Scott Bakula) as he takes a 'Quantum Leap' from one bizarre identity to another: Sci-Fi 8.00pm

					
12midnight The Ten Minute Free View 12.10am Stripper of the Year 12.20 ... Malone 12.45 FILM: The Seduction of Mary A writer awakens sexual desire in a young newlywed. 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Ribald Tales of Canterbury 2.25 FILM: F-Zone 3.55-4.00am What's on Tomorrow		11.30pm Free Teaser 11.35 Peep Show 11.45 The Really Naked Truth: Backseat Girlfriend 12.15am FILM: Hotel Pleasure Customer satisfaction is guaranteed at this four-star sex resort. 1.35am Night Calls US: Life in Las Vegas 3.10-4.00am Stripsearch: Seattle Gorgeous girls perform for you at the hottest after hours club in Seattle.		12midnight Dish of the Day 12.10am FILM: Dukes of Desire A perfume heiress discovers that her new secret formula has been stolen. She calls in a couple of detectives to pick up on the scent of the thieves and return the stolen fragrance. 1.25 Black and Blue 2.15 Legend Erotic drama series. 2.50-4.00am FILM: Natural Born Thrillers Erotic spoof.	



'This is Celine Dion' and it's her birthday today: VH1 10.00pm



5.00pm Fifteen to One
William G Stewart hosts the fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Les Dennis hosts the big money gameshow.
6.20 Prize Time
6.30 Catchphrase
Hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Jane Asher and Jill Gascoigne.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15
Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Edinburgh
Contestants battle against the clock to guide Anneka Rice to the clues.
11.00 Prize Time
11.15 3-2-1
Medicine
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop



8.00pm FILM: Blowing Hot and Cold
Peter Adams, Joe Dolce
Drama. A travelling salesman befriends an Australian who is looking for his daughter.
9.25 A Horse with Stripes
Comedy. In an Australian cul-de-sac, strange goings-on affect the residents.
9.50 Smooth Talker
Joe Guzaldo, Burt Ward
Thriller. A cop finds that a key suspect is prosecuted by his attorney ex-wife.
11.25-12midnight Electric Blue Show

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dia-a-Doc
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine show.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59
Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy

8.59 Big City Tips
9.00 Dog Night LIVE
Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
More late night discussions on erotica.
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
11.30 Exotica Erotica
Late night discussions.
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 Sex Show
3.00 Exotica Erotica
4.00 Fashion
4.30 Agony
5.00 Lie Detector
5.30 Dial-a-Doc
5.45-6.00am Nation LIVE



7.00pm Endangered: Cormorant Accused
7.30 Fire and Thunder
Reports on plans to burn down and help revitalise Oklahoma's tallgrass prairie.
8.00 The Shark Files: Sharks of the Red Triangle
Sharks' victims tell of their new respect for the predator.
9.00 Bali: Masterpiece of the Gods
Discover the culture of Bali.
10.00 The Rhino War
11.00 Jaguar: Year of Cat
12midnight-1.00am Treasure Hunt: Diamonds



CABLE EXCLUSIVE

30 minutes of local news travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 The Album Show
11.30 The Catwalk Show
12.30pm
American Chart Show
1.30 Inside Hollywood
News from Tinseltown.
2.30 The Album Show
Classic long-players of much-loved bands are appraised.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

4.30 Movies, Games and Videos
Comprehensive entertainment review on the big and small screens.
5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30
American Chart Show
Check out the alternative chart across the pond.
7.30 Movies, Games and Videos
Comprehensive entertainment review on the big and small screens.
8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood
The show that shows what really goes on in Tinseltown.
11.30 The Album Show
Classic albums from much-loved pop artists are appraised.
12midnight-8.00am Local News
on the hour, Album show half past every hour



CABLE EXCLUSIVE
2.00pm Radio Times
2.30 Style Challenge
3.00 Can't Cook, Won't Cook
3.30 Change That
4.00 Home Front
4.30 Great Garden Game
5.00 Really Useful Week
6.00 Radio Times
6.30 Food and Drink
7.00 Holiday in Style
8.00 Dream Ticket
8.30 Change That
9.00 Can't Cook, Won't Cook
9.30 Style Challenge
10.00 Real Rooms
10.30 Going for a Song
11.00-12midnight Does Your Garden Grow?



5.00am Europe Today
8.00 European Moneywheel
CNBC Europe Live financial news, market updates and business stories from offices around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Wines of Italy
1.30 V.I.P.
Celebrity interviews.
2.00 Today
News, features, sports and interviews.

3.00 Home & Garden Television
Magazine programme filled with practical advice and information.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century, as covered by NBC news reporters.
5.00 European Living
Europe à la Carte
Culinary journeys.
5.30 V.I.P.
Celebrity interviews.
6.00
Europe Tonight Live
Current affairs.
6.30 The Ticket NBC
Entertainment guide.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show.

8.00 NBC Super Sports
Coverage of the National Hockey League Power Week.

9.00 The Tonight Show with Jay Leno
Jay Leno enjoys the company of top celebrities and musical guests.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.
11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
11.30 NBC Nightly News with Tom Brokaw
12midnight Tonight Show
with Jay Leno 1.00am
Internight 2.00 V.I.P.
2.30 Executive Lifestyles
3.00 The Ticket NBC
3.30 Hello Austria, Hello Vienna
4.00-5.00am MSNBC's The News
with Brian Williams



CABLE EXCLUSIVE
6.00pm Sister Wendy's Story of Painting
Mists of Time
6.30 The Frame
7.00
Later with Jools Holland
8.00 Anna Karenina
Stars Nicola Pagett.
9.00 Abroad in Britain
9.30 Sounds of the Sixties
The First Steps
10.00 Scarfe On ... Art
10.45 The Frame
11.00-12midnight Good Music



CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's programme with Judi Spiers.
1.00pm Sports Safaris
Berchtesgaden, Germany
1.30 Gatherings and Celebrations
A Birthday Party at Walt Disney World
2.00 Tread the Med
Ibiza
2.30 Far Flung Floyd
Vietnam

3.00 Around Britain
Miniature Highlands
3.30 Snow Safari
Yellowstone National Park, Wyoming, USA
4.00 Tales from the Flying Sofa
A visit to Sark.
4.30 On Tour
Mallorca
5.00 Sports Safaris
Berchtesgaden, Germany
Paragliding lessons.
5.30 Aspects of Life
The Great Karoo
6.00 Gatherings and Celebrations
A Birthday Party at Walt Disney World
6.30 Tread the Med
7.00 Travel Live
Gareth Davis brings you the latest news and views that affect you, in today's consumer discussion.
8.00 Travel Trails
Aviemore
8.30
A Fork in the Road
Paris
9.00 Going Places
Sydney
Our holidaymakers sail on the famous Bounty and sample the local cuisine.
10.00 Floyd on Spain
Castille La Mancha/ Madrid
10.30 Around Britain
Miniature Highlands
11.00 Snow Safari
A trip to Wyoming.
11.30-12midnight Tales from the Flying Sofa



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm So 90s
3.00 Non-Stop Hits
4.00 Select MTV
With Donna Air.
6.00 Daria
6.30 The Big Picture
The latest cinema news.
7.00 Euro Top 20
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 The Lick R&B Chart
12midnight-6.00am Music Videos



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
Jonathan Hart Jr
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Rescue 911
With William Shatner.
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama set in Bethlehem West Emergency Ward.
2.20 Living it Up!

3.20 The Jerry Springer Show
Outrageous American talk show with Jerry Springer and guests.
4.10 Rolonda
Sex, Lies and Secrets
Audience participation talk show from America, hosted by Rolonda Watts.
5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30
Ready, Steady, Cook
6.10
Jerry Springer Uncut
Outrageous American talk show with Jerry Springer and guests.
7.00 Rescue 911
William Shatner presents real-life rescues.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Mystery drama about a female homicide detective. Stars Lucy Bell and Gary Day.
9.00 FILM: Dangerous Intentions
Donna Mills, Corbin Bernsen, Allison Hossack, Sheila Larken
Melodrama. A young wife attempts to escape the clutches of her abusive husband, who has escaped from jail. 1994
11.00-12midnight The Spicy Sex Files
Liquid Sex
More saucy late night sex discussions.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Celine Dion
1.00pm Jukebox 3.00
Toyah! 5.00 Five@Five
5.30 VH1 to 1: Celine Dion
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
9.00 Greatest Hits of... Celine Dion
10.00 This is Celine Dion
11.00 The Nightly
12midnight VH1 to 1: Celine Dion
1.00am Celine Dion: D'Eux
6.00-7.00am Hit for Six

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

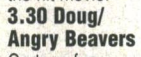
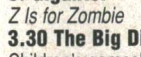
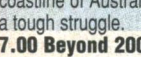
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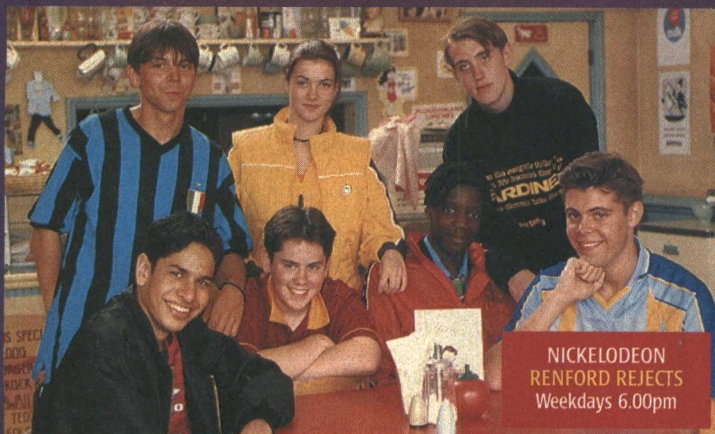
NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

 9.00am The Joy of Painting 9.30 Garden Club 10.00 The Great Gardening Plot 10.30 Tool Time 11.00 Go Fishing Rutland Water 11.30 Hometown House with Character 12noon Driving Passions 12.30pm The All New This Old House 1.00 Yan Can Cook Let's Do Brunch 1.30 New Yankee Workshop English Country Coffee Table 2.00 Home Again with Bob Vila 2.30 These Four Walls 3.00 Two's Country 3.30-4.00pm This Old House	 5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Magilla Gorilla 11.30 Inch High Private Eye 12noon 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons 3.00 The Addams Family Macabre fun with the devilish family. 3.30 Beetlejuice More spooky antics. 4.00 Scooby-Doo The hound earns more Scooby snacks. 4.30 Dexter's Laboratory Chemical chaos. 5.00 Johnny Bravo Fun and adventure with the egotistical superhero. 5.30 Cow and Chicken Animated fun. 6.00 Tom and Jerry Madcap comic antics with the cat and the mouse. 6.15 Road Runner 6.30 The Flintstones Prehistoric fun. 7.00 Batman The Caped Crusader battles malevolent forces. 7.30 The Mask More manic antics with the green-faced fiend. 8.00 The Real Adventures of Jonny Quest 8.30-9.00pm Droopy: Master Detective Lugubrious sleuthing.	 6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpzle's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/ The Wombles/Topsy and Tim/ Portland Bill/Skylark 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks 3.00 Jumanji Animated spin-off from the hit movie. 3.30 Doug/ Angry Beavers Cartoon fun. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star Super heroics. 5.00 Rugrats Fun with the imaginative, tousle-haired nippers. 5.30 Sister Sister Tia, Tamera and their parents all try to cohabit. 6.00 Renford Rejects 6.30-7.00pm Kenan	 6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spilrou 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Izngoud 11.30 The New Adventures of Giganthor 12noon Spilrou 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Izngoud 2.30 Flash Gordon 3.00 The New Adventures of Giganthor Z is for Zombie 3.30 The Big Dish Children's gameshow. 4.00 Batman Walk the Straight and Narrow Batman fights the Archer. 4.30-5.00pm Dennis the Menace	 NEWS AND INTERNATIONAL BBC NEWS 24 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 BBC Newsday 24 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 World Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Editions 12.30pm Science 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel Guide 5.00 Larry King 6.45 American Editions 7.30 World Business 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King 4.30-5.00am World Report SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 11.30 Sky World News 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News ABC World News Tonight 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 The Entertainment Show 4.30 CBS Evening News 5.30-6.00am ABC World News	3.15 Pyramide 3.45 Bus et Compagnie 4.30 TV5 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumieres 6.30 Televisu Suisse 7.00 Grand Ecran 8.55 Meteo 9.00 Televisu de France 9.30 Grand Ecran 11.30-12midnight Sair 3 ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Top Ten 12.30pm Daraar 1.00 Mouthful of Sky 1.30 FILM 4.00 Haake Baake 4.30 Fuldani Forum 5.00 Galatnaama 5.30 Kachwa 6.00 Mumkin 6.30 Dard 7.00 Sky 7.30 News 8.00 Dekh Bhai Dekh 8.30 FILM 11.30 News 12mid- night Daraar 12.30am Dekh Bhai Dekh 1.00 Mouthful of Sky 1.30 FILM 4.00 Show Theme 4.30 Classical Music 5.30 Sunhere Pal 6.00 Hakkha Baake 6.30 News 6.45 Business Plus 7.00-7.30am First Edition ZEE TV 4.00am FILM: Amar Devidas 5.30 Udhayn 7.00 Jaagran 7.30 Business 8.00 Business News 8.30 Aahaa 9.00 Gujarati 9.30 Aap Ki Farmash 10.00 Mohabbat 11.00 Pot Luck 11.30 Daraar 12noon FILM: Sazaa E Kasla Pani 3.00pm Meet Mast 3.30 Dastaan 4.00 Hum Paanch 4.30 Vikram Aur Betaal 5.00 Aur Ek Minute 5.30 Phoolwari 6.00 Banegi Apni Baat 6.30 Hey Ha He 7.00 Vacum 7.30 Cinemagic 8.00 News 8.30 Andaz 9.30 Hasratnala 10.00 Blunt TV 10.30 Anhonee 11.30-12midnight Horror Show RACING CHANNEL 11.00am Racing Review 12.30pm Live at Luncheon 2.00-6.00pm Live Racing From Lingfield, Ludlow and Taunton. CMT 6.00am Rebel Country 7.00 CMT Morning 10.00 Non-Stop 2.00pm Wildhorse Saloon 3.00 Dance Ranch 4.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Wildhorse Saloon 9.00 Dance Ranch 10.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel 1.00am Dance 2.00 Non- Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought for Day 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Osgood 5.30 Webb 6.00 Hallam 6.30 Creflo 7.00 Copeland 7.30 Kidz 8.00 Hinn 8.15 Morning Europe 8.30 Intelligence 9.00 Ekman 9.30 Revel 10.00 Parents 10.30 Morning 10.45-11.00am CMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 6.30am This Week in the Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions from the House WORLD NET 9.00am Newsfile 10.00 US News 11.00 Business News 11.30 Society 12noon Democracy 12.30pm Democracy 1.00 Africa Journal Live 2.00 News 2.30-3.00pm Business History LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
 4.00pm Rex Hunt's Fishing Adventures On Dirk Hartog Island. 4.30 Disaster Holiday Horror A Boeing 737 fire. 5.00 Wheel Nuts Kaye looks at Scotland's classic bicycle design. 5.30 Terra X Survivors of the Desert Studying cave carvings. 6.00 Australian Sea Lion Story The lovable rogues that occupy the southern coastline of Australia face a tough struggle. 7.00 Beyond 2000 Popular science magazine. 7.30 History's Turning Points The Battle of Tsushima 8.00 The Real X-Files Science Frontiers A look at how the US Government joined a paranoid psychic arms race with the USSR. 9.00 Disaster Death on Display An air display crash. 9.30 Medical Detectives Sealed with a Kiss 10.00 Kings of the Rig Outlaws Four long-distance lorry drivers give an insider's guide to life on the road. 11.00 Forensic Detectives Deadly Target An examination of the work of ballistics experts. 12midnight The Specialists Jumping Ahead 1.00am History's Turning Points The Battle of Tsushima The Japanese defeat of the Russian fleet in May 1905. 1.30-2.00am Beyond 2000	6.00 Tom and Jerry Madcap comic antics with the cat and the mouse. 6.15 Road Runner 6.30 The Flintstones Prehistoric fun. 7.00 Batman The Caped Crusader battles malevolent forces. 7.30 The Mask More manic antics with the green-faced fiend. 8.00 The Real Adventures of Jonny Quest 8.30-9.00pm Droopy: Master Detective Lugubrious sleuthing.	 7.00pm Grace Under Fire Starring Brett Butler. 7.30 Roseanne Terms of Estrangement - Part II 8.00 The Kenny Everett Show 8.30 Almost Perfect Being Fired Means Never Having to Say You're Sorry 9.00 Cheers Home Is the Sailor Sam meets Rebecca. 9.30 Ellen Two Mamograms and a Wedding 10.00 Frasier Are You Being Served? Niles faces divorce. 10.30 Duckman Award-winning, cult adult animation series. 11.00 Comedy Network Hosted by Boothby Graffeo. 11.30 Caroline in the City 12midnight Ellen 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Comedy Network 3.00 Frasier 3.30-4.00am Duckman	 CABLE EXCLUSIVE 7.00pm Vienna Symphony Orchestra: England 7.30 Great Arias 8.00 Virtuoso: The Trout Profiles of the greatest musicians of our age, combining documentary with performance. 9.00 Classic Century: Gulf War Footage set to music. 9.30 Artsweek Topical magazine show presented by Anna Ford and Tim Marlow. 10.30 Dance: Les Bacantes A flamenco drama based on the play The Bacchae by Euripides, evoking tragedy with the wail of flamenco song and the clack of the dancer's heels. 12midnight-1.00am Jazz Greats: Chick Corea Chick Corea hosts a guide to the piano greats.	INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder 9.30 Orientierung 10.00 Talk Show 12noon Servicezeit 12.30pm Häferli- gucker Unterwegs 12.55 Kost- barkeiten aus Österreich 1.00 Wenn die Musin Spielt 1.45 Fernsehen aus Zeitgeschichte 3.00 Aus Anderer Sicht 3.30 Dichter des 20. Jahrhunderts 4.15 Offen 4.45 Geldbräse 5.15 Ländermagazin 6.00 heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Anna Magnani 8.45 Kurzfilm 9.00 Zeit im Bild 9.25 Bildertreue 10.25 Sieg über das Schicksal 11.15am Seitenblicke 11.20 Nachrichtenmagazin des Schweizer Fernsehens 11.45-12.25am Kulturzeit Deutsche Welle 5.00am European Journal 5.30 Feature: Culture on Tour 6.00 Journal 6.30 Feature 7.00 Journal 7.30 Boulevard 8.00 European Journal 9.00 Journal 9.30 Boulevard 10.00 Kunst 10.30 Bilder 11.30 Feature 12noon Journal 12.30pm European Journal 1.00 Boulevard 1.30 Feature 2.00 Journal 2.30 Lesezeit 3.00 Leonardo 3.30 Feature 4.00 Boulevard 4.30 Made in Germany 5.00 Journal 5.30 Boulevard 6.00 Arts Unlimited 6.30 Arts and Letters 7.00 Journal 7.30 Leonardo 8.00 Feature: Bilder, die die Welt Bedeuten 8.30 Made in Germany 9.00 Journal 9.30 Arts and Letters 10.00 Journal 10.30 Europa Semanal 11.00 Journal 11.15 Kulturgut 11.30-12midnight Boulevard TV5 5.00am TV5 Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes et Meteo 7.05 Televisu de Radio Canada 7.30 Meteo 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Claire Lamarche 9.00 Minutes 9.05 Reference 9.30 Espace Francophone 10.00 Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Televisu France 11.55 Meteo 12noon Envoye Special 2.00 Savoir Plus 3.00 Journal	6.00am Take the High Road 11.30 Emmerdale 12noon Emmerdale 12.30pm As the World Turns Lily finds Holden and Molly making love in a motel. 1.15 Families 1.45 Guiding Light Springfield prepares for a gala ball. 2.30 Take the High Road Sneddon is reprimanded. 3.00 Emmerdale 3.30-4.00pm Emmerdale The past catches up with Jack.
 4.00pm Occult History of the Third Reich: Heinrich Himmler Strange Nazi beliefs and rituals. 5.00 Weapons at War: Mechanised Machines A look at the developing tactics of the armed forces. 6.00 Ancient Mysteries: Pompeii - Buried Alive A look at the destruction caused by Mount Vesuvius in 79AD. 7.00-8.00pm Biography Michael Caine A profile of the actor.	 11.00am Take the High Road 11.30 Emmerdale 12noon Emmerdale 12.30pm As the World Turns Lily finds Holden and Molly making love in a motel. 1.15 Families 1.45 Guiding Light Springfield prepares for a gala ball. 2.30 Take the High Road Sneddon is reprimanded. 3.00 Emmerdale 3.30-4.00pm Emmerdale The past catches up with Jack.	 11.00am Video Trips 11.30 Globetrotter 12noon Way of Life 12.30pm Getaway South Australia, Hong Kong and London 1.00 Great Escapes 1.30 California Gold 2.00 Ben Cropp 3.00 Globetrotter New York City, Florida, Mexico and California 3.30-4.00pm Great Chefs of Europe	 News throughout the day, plus: 5.00am Europe Today 8.00 European Moneywheel 1.00pm US Squawk Box 3.00 US Market Wrap 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future 8.00 Money 8.30 Directions 9.00 US Market Wrap 10.00 Media 10.30 Future 11.00 Media 11.30 Directions 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 3.30 Future 4.30-5.00am Directions	6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 BBC Newsday 24 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 World Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Editions 12.30pm Science 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel Guide 5.00 Larry King 6.45 American Editions 7.30 World Business 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King 4.30-5.00am World Report SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 11.30 Sky World News 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News ABC World News Tonight 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 The Entertainment Show 4.30 CBS Evening News 5.30-6.00am ABC World News	6.00am Rebel Country 7.00 CMT Morning 10.00 Non-Stop 2.00pm Wildhorse Saloon 3.00 Dance Ranch 4.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Wildhorse Saloon 9.00 Dance Ranch 10.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel 1.00am Dance 2.00 Non- Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought for Day 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Osgood 5.30 Webb 6.00 Hallam 6.30 Creflo 7.00 Copeland 7.30 Kidz 8.00 Hinn 8.15 Morning Europe 8.30 Intelligence 9.00 Ekman 9.30 Revel 10.00 Parents 10.30 Morning 10.45-11.00am CMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 6.30am This Week in the Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions from the House WORLD NET 9.00am Newsfile 10.00 US News 11.00 Business News 11.30 Society 12noon Democracy 12.30pm Democracy 1.00 Africa Journal Live 2.00 News 2.30-3.00pm Business History LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day

POWER CABLE

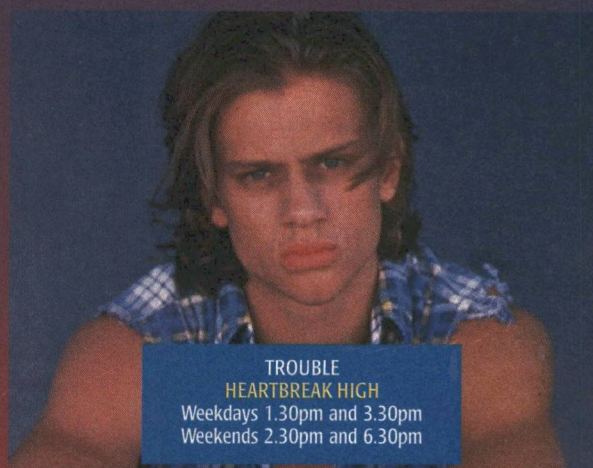
The young person's guide to what's on



Paul Parris (back row, first left) with the 'Renford Rejects' cast

It's a crummy old game

ACTOR Paul Parris reckons he's the best football player on the set of *Renford Rejects*. 'None of us are Gazzas or Shearers,' says the 22-year-old, who plays Zola-wannabe Bruno, 'but I'd have to say I'm the best of a pretty bad bunch.' Paul, a West Ham supporter from Essex, had always wanted to be a footballer as a kid: 'Like most kids, I dreamed of playing for a big team, but the best I managed was my local under-11 side. You could say I'm a professional footballer now, though I'm just paid to play badly!' The series follows the ups and downs of the Renford Rovers five-a-side team – so bad they're nicknamed Renford Rejects. But, despite making the beautiful game ugly, the team get sportsman-like praise from Paul. 'They stay friends, that's the main thing,' he says, 'even though they're all rubbish at football.'



TROUBLE
HEARTBREAK HIGH
Weekdays 1.30pm and 3.30pm
Weekends 2.30pm and 6.30pm

Heartbreaker for hire

FANS of *Heartbreak High*'s Rel Hunt will be thrilled to learn that he is willing to go 'The Full Monty' to work in Britain and would like nothing better than star alongside Robert Carlyle.

Rel, who plays smooth talking, streetwise Ryan Scheppers in the hit Aussie series, says he's a huge fan of the recent crop of successful British movies.

'You guys are just producing so many good films at the moment, I'd love to get involved in that.'

'I loved *Trainspotting* and *The Full Monty* – they're really the sorts of films that go down well in Australia.'

'People like Robert Carlyle and Ewan McGregor are brilliant. It would be great to work with those guys.'

For the moment, though, the 23-year-old actor is concentrating on the job at hand *Down Under* and says *Heartbreak High* viewers can look forward to some interesting developments for Ryan. 'There's a bit of a drugs scenario coming up soon, and there's also a new love interest, so Ryan is kept pretty busy.'

Rel has played the part for the last two years and says he is passionate about his work as an actor, despite the long hours.

'It's hard work and it takes up a lot of your time, so it's difficult to see your friends and it makes it hard to maintain a long-term relationship.'

'But at the same time, it means you learn so much and you can really refine your skills.'

So who does he look to for inspiration? 'I suppose my most favourite actors are Willem Dafoe and Jack Nicholson.'

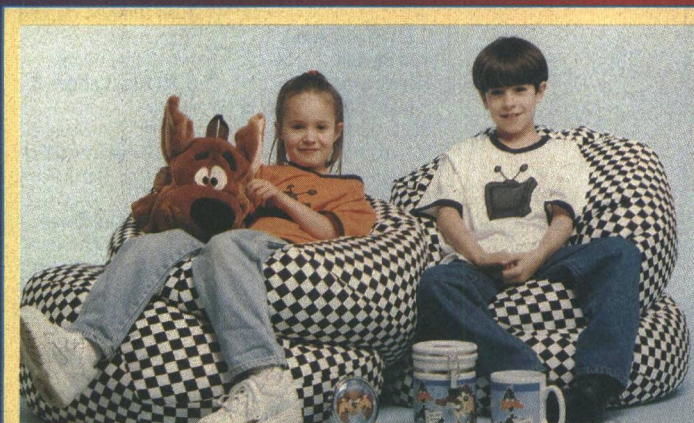
'They just have this ability to make their characters attractive, even when they are playing bad guys,' he says. 'I wouldn't compare myself to them, but I try to do the same thing with Ryan. He's a bit of a bad boy, he's always playing everyone off against each other and he likes to get what he wants.'

'But I still want to make him likeable.'

WE HAVE SIX 'HEARTBREAK HIGH' BOMBER JACKETS TO GIVE AWAY, COURTESY OF TROUBLE. IF YOU'D LIKE TO WIN ONE, JUST ANSWER THE FOLLOWING QUESTION:

WHAT IS THE NAME OF THE SCHOOL IN 'HEARTBREAK HIGH'?

Send your answer on a post with your name, address and age to *Cable Guide/Heartbreak High Competition*, 172 Tottenham Court Road, London W1P 0JJ to reach us by 31 March. Usual rules apply.



Loony Toons

CARTOON Network is going stark raving bonkers with their Mad March Marathon – a six-hour bonanza of their best cartoons, including *Cow & Chicken*, *Johnny Bravo*, *Dexter's Laboratory*, *Scooby Doo*, and *Bugs & Daffy*, every Saturday and Sunday of the month, starting on the 7th. Plus there's weekday fun with new episodes of *Road Runner*, as well as *Droopy Master Detective* and *Beetlejuice*. Join in the fun by entering our competition and you could win one of six crazy cartoon packs, including a Beanbag chair, Scooby Doo plush bag, cookie jar, mug, Taz alarm clock and a Cartoon Network T-shirt.

TO ENTER, JUST TELL US THE NAME OF ONE OF THE SHOWS THAT FEATURE IN THE MAD MARCH MARATHON.

Send your answer on a postcard to *Cable Guide/Mad March Marathon Competition*, 172 Tottenham Court Road, London W1P 0JJ, to reach us by 31 March. Usual rules apply.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

SKY movies screen 1 6.05am The Absolute Truth 1996, rating Sky PG, 88 mins 8.00 Breaking Away 1979, rating Sky PG, 96 mins 10.00 A Flea in Her Ear Rex Harrison 1968, rating Sky PG, 91 mins 11.30 Jumanji Robin Williams Text 1996, rating Sky PG, 100 mins 1.30pm The Absolute Truth Jane Seymour Last Play 1996, rating Sky PG, 88 mins 3.00 Memories of Me Billy Crystal, Alan King, Janet Carroll, JoBeth Williams, David Ackroyd, Phil Fondacaro, Robert Pastorelli Comedy drama. After suffering a heart attack which gives him a sense of his own mortality, a heart surgeon sets out to find his estranged father. 1988, rating Sky PG, 99 mins 5.00 The Last Home Run Thomas Guiry, Seymour Cassel, Gary Carter Drama about a retired doctor who is given the chance through a mystic to relive his youth and become a baseball star for five days. With time running out, he must complete the game of his life. 1996, rating Sky PG, 94 mins 7.00 Jumanji Robin Williams, Kirsten Dunst, David Alan Grier, Bonnie Hunt Action adventure about a mysterious board game uncovered in an attic by a couple of kids which has some surprises, including a man who has been trapped within the game for the last 26 years. Text 1996, rating Sky PG, 100 mins 9.00 Moonlight and Valentino Elizabeth Perkins, Gwyneth Paltrow, Kathleen Turner, Jon Bon Jovi, Whoopi Goldberg PREMIERE Moving drama about a young woman struggling to cope with being widowed. Relief comes in the form of a sexy decorator. 1995, rating Sky 15, 100 mins 10.45 The Movie Show With Richard Jobson. 11.15 Cyberella: Forbidden Passions Debra Beatty, Marshall Hilliard, Rebecca Taylor Adult erotic entertainment about a virtual reality cyber-vixen. 1995, rating Sky 18, 82 mins 12.45am Funny Bones Oliver Platt, Lee Evans Comedy drama. Text 1995, rating Sky 15, 123 mins 2.55-3.30am A Piece of the Action Sidney Poitier, Bill Cosby 1977, rating Sky 15, 128 mins	SKY movies screen 2 6.10am Nightmare Alley Drama. 1947, rating Sky PG, 107 mins 8.00 I'll Get By June Haver, Gloria DeHaven 1950, rating Sky U, 79 mins 10.00 The Long Voyage Home John Wayne 1940, rating Sky PG, 101 mins 12noon Apollo 11 Carmen Argenziano Fact-based drama. Text 1996, rating Sky U, 89 mins 2.00pm Nightmare Alley Tyronne Power, Joan Blondell, Helen Walker, Colleen Gray Drama about an ambitious fairground worker who sets out to learn the secrets – and win the heart – of the resident psychic. 1947, rating Sky PG, 107 mins 4.00 Snow White and the Three Stooges Carol Heiss, Larry Fine, Moe Howard, Edson Stroll, Joe de Rita Comedy starring skater Carol Heiss as Snow White, who encounters all manner of mayhem when the Three Stooges arrive on the scene. 1961, rating Sky U, 104 mins 5.55 Apollo 11 Carmen Argenziano, Tuck Milligan, Dennis Lipscomb, William Mesnik, Matt Frewer An account of the Apollo 11 moon mission. The film follows the men who became the first astronauts to walk on the moon, including Neil Armstrong and Buzz Aldrin. Text 1996, rating Sky U, 89 mins 7.30 UK Top Ten The top films in the UK. 8.00 Evil Has a Face Sean Young, William R Moses, Brighton Hertford, Chelcie Ross Thriller in which a woman is traumatised by childhood memories. A sketch artist working for the police is assigned a child kidnapping case, only to find that she has dark memories of a similar incident. 1996, rating Sky 15, 93 mins 10.00 Darkman II: Die, Darkman, Die Jeff Fahey, Darlance Fleugel, Arnold Vosloo, Roxann Biggs Darkman attempts to stop a crime lord who wants to rob the vigilante of his super powers. 1995, rating Sky 15, 83 mins 11.30 Serial Killer Kim Delaney, Gary Hudson, Tobin Bell Thriller about an FBI woman who is terrorised by a serial killer. 1996, rating Sky 18, 91 mins 1.05am Generation X 1995, rating Sky 15, 87 mins 2.40 Under Oath 1996, rating Sky 15, 88 mins 4.15-6.00am Snow White and the Three Stooges 1961, rating Sky U, 104 mins	 George Kahn and Lee Evans, who plays a wacky slapstick entertainer, in the British comedy 'Funny Bones': Sky Movies Screen 1 12.45am SKY movies screen 3 4.00pm Blue Skies Fred Astaire, Bing Crosby, Joan Caulfield, Olga San Juan, Frank Faylen Musical based around the songs of Irving Berlin, which has Fred Astaire and Bing Crosby crooning their way through some of the songwriter's greatest tunes while romancing their female co-stars. 1946, rating Sky U, 99 mins 6.00 The Thomas Crown Affair Steve McQueen, Jack Weston, Faye Dunaway, Paul Burke, Biff McGuire Action caper about a mischievous millionaire who decides to commit an elaborate bank robbery in broad daylight, and the insurance investigator determined to nab him. 1968, rating Sky PG, 98 mins 8.00 Dirty Dancing Patrick Swayze, Jennifer Grey, Cynthia Rhodes, Jerry Orbach, Jack Weston, Jane Brucker Romantic drama about a naive 17-year-old girl on vacation who becomes infatuated with the dance instructor at her camp. A passionate affair – set to a soundtrack of Sixties classics – ensues. 1987, rating Sky 15, 97 mins 10.00 The Rocky Horror Picture Show Tim Curry, Susan Sarandon, Richard O'Brien, Charles Gray The cult comedy-horror musical about a spooky mansion inhabited by transvestites. 1975, rating Sky 15, 95 mins 11.40 Force 10 from Navarone Robert Shaw, Harrison Ford, Edward Fox World War II action sequel. 1978, rating Sky 15, 121 mins 1.45am The Prime of Miss Jean Brodie Maggie Smith, Robert Stephens, Gordon Jackson 1969, rating Sky 15, 110 mins 3.40-5.35am Gunga Din 1939, rating Sky U, 113 mins	SKY one 7.00am Street Sharks 7.30 Bump in the Night 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo 2.00 Sally Jessy Raphael Please Help Me Talk to the Other Side 3.00 Jenny Jones Amazing Survival Stories On today's show, incredible survival stories of ordinary people caught in some extraordinary circumstances. 4.00 The Oprah Winfrey Show Mr and Mrs Clint Eastwood – Part II Oprah talks to Clint Eastwood about his legendary film career. 5.00 Star Trek: The Next Generation The Most Toys Kivas Fajo determines to add the unique Data to his prized collection of one-of-a-kind artefacts. 6.00 Walker's World Egypt: Across the Sinai Anna follows the Exodus route across the Sinai. 6.30 Married... With Children Who'll Stop the Rain? Text 7.00 The Simpsons Springfield (Or How I Learned to Stop Worrying and Love Legalised Gambling) Text 7.30 Real TV Videos of real-life events. 8.00 Highlander: The Series Deadly Exposure Reagan Cole's holiday in Paris with fellow Immortal MacLeod is not quite what she expects. 9.00 Walker, Texas Ranger Redemption The head of a crime ring hires Alex Cahill's long-estranged alcoholic father, Gordon Cahill. Text 10.00 Poltergeist: The Legacy Lights Out A trunk of antiques brings with it a series of pranks that turn into a life and death struggle. Text 11.00 Star Trek: The Next Generation The Most Toys Kivas Fajo determines to add the unique Data to his prized collection. 12midnight Late Show with David Letterman America's top chat show. 1.00am Raven Reunion Jonathan spots a woman who bears a striking resemblance to his dead girlfriend. 2.00-7.00am Long Play Music through the night.	UK GOLD 7.00am Worzel Gummidge Down Under 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Home to Roost 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Sykes 2.05 Keeping Up Appearances 2.45 Stay Lucky Burning Your Boats Sally finds herself up against commercial and civic corruption. 3.45 The Bill Croft looks on in horror as Skase goes over the top to get a result. Stars Kerry Peers. 4.15 Juliet Bravo The Draughtsman The Metropolitan Flying Squad arrive when the body of a murdered man is found on Jean's patch. 5.20 EastEnders Drama with the residents of Albert Square, Walford. 5.55 Big Break Jim Davidson hosts the gameshow which features top snooker players playing for contestants. 6.30 The Bill Another episode of the police drama series. 7.00 Dad's Army Don't Forget the Diver The ingenuity of Mainwaring's men is put to the test. With Arthur Lowe and Clive Dunn. 7.40 Canned Carrott More comic sketches with Jasper Carrott. 8.20 Blackadder II Head Edmund is in a spot of bother when he cuts off Sir Francis Drake's head. 9.00 Common as Muck The collected works of Shakespeare and a cash bonus under team spirit and drive the Supercrew to the brink of chaos. 10.05 The Comic Strip Presents... Private Enterprise Keith goes to a recording studio and hears a band that will change his life. 10.50 Alas Smith and Jones Comic sketches with Mel Smith and Griff Rhys Jones. 11.30 Colin's Sandwich Back From Bengal 12.05am Chelmsford 123 Comedy series set in Chelmsford in Roman times. 12.35 FILM: The Bedroom Window Steve Guttenberg Tense murder thriller. 1987 2.25-7.00am Shopping at Night	
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UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 Beetlemania
9.00 Crusades
10.00 Pioneers
10.30 The Limit
The Fastest Ship
11.00 Doctors to Be
Flying Doctors
12.00 Beetlemania
1.00pm Crusades
Destruction
2.00 Animal Hospital
2.30 Hot Gadgets

3.00 Around the World in 80 Days
Dateline to Deadline
Delays and misunderstandings impede Michael Palins' journey around the globe.

4.00 Billy Connolly: A Scot in the Arctic
Comedian Billy Connolly ventures from stage to ice armed only with a flimsy tent, a video camera and a BBC film crew.

5.00 Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

6.00 Animal Hospital
Shauna Lowry joins the RSPCA emergency team.

6.30 Hot Gadgets
Guest Linda Lusardi talks about her favourite fitness gadgets.

7.00 Nightmares of Nature: Alien Empire
Replicators

7.30 Nightmares of Nature: Earwig

8.00 Nightmares of Nature: Arachnophobia - The True Story
8.30 999

The race to save a teenager trapped in the sand as the tide is rising, and the search to find a missing lorry driver, in need of help.

9.30 Behind Enemy Lines
A look at the physical and mental challenges faced by Royal Navy high fliers during a two-week survival course, designed to prepare them for every eventuality.

10.30 Top Gear GTi
With Jeremy Clarkson.
11.30 Soho Stories
Intimate documentary following a range of different characters, all of who live in the infamous Soho district of London.

12.10am-1.00am Out of This World
Carol Vorderman and Chris Choi introduce the case of the policeman who receives tip-offs from the spirit world, and the first of a two-part tale about computer messages which seem to come from the past.

6.00am Healthbeat **6.30 Your Beautiful Garden** **7.00 David Emanuel Fashion Show** **7.30 Eat, Drink and Be Healthy** **8.00 The Rosemary Conley Show** **8.30 The Zest Beauty Show** **9.00 Sally Jessy Raphael** **10.00 Young Chefs** **10.30 Rosemary Conley's Cookbook** **11.00 The Good Housekeeping Show** **11.30 Cook's Garden** **12.00 Sew Perfect** **12.30pm Ready to Wear** **1.00 Bon Appetit** **1.30 Classic Interiors** **2.00 The Rosemary Conley Show** **2.30 The Zest Beauty Show**

3.00 Young Chefs
Introducing more of tomorrow's super chefs.

3.30 Rosemary Conley's Cookbook
A guide to healthy eating from the fitness guru.

4.00 Sally Jessy Raphael
More controversial talk topics from the US queen of chat.

5.00 The Good Housekeeping Show
Presented by Leslie Ash.

5.30-6.00pm Cook's Garden
Combined cookery and gardening show.

6.00am The Box **7.00 E! Entertainment** **7.30 Classic Coronation Street** **8.00 Blind Date** **9.00 Within These Walls** **10.00 Marlowe** **11.00 Hawaii Five-O** **12.00 Classic Coronation Street** **12.30pm Families** **1.00 Watching** **1.30 Agony** **2.00 Poirot**
Jewel Robbery at the Grand

3.00 London's Burning
The arrival of a new Station Officer causes upheaval. Blue Watch is called upon to rescue some workers after a sewer explosion.

4.00 Hawaii Five-O
The Jokers Wild
A spoilt heiress pits a beachboy against a playboy in a bizarre card game, but Five-O become the thorn in her plans.

5.00 Mission: Impossible
The Legacy
The IMF team is out to thwart a neo-nazi group and their plans for world domination.

6.00 Families
Sue regrets her amorous night with John.

6.30 Classic Coronation Street
Rita finally decides to leave Len.

7.00 Poirot
Jewel Robbery at the Grand Metropolitan
Detective Poirot's holiday leads to one of the most absorbing cases he has ever faced.

8.00 London's Burning
The arrival of a new Station Officer causes upheaval. Blue Watch is called upon to rescue some workers after a sewer explosion.

9.00 Classic Coronation Street
Rita finally decides to leave Len.

9.30 Stand Up
Featuring Steve Coogan.
10.00-11.00pm Fitz
An American Dream

men & motors

11.00pm H.O.T.
Late night entertainment show presented by Jenny Powell.

11.50 Lord Lusts' Lovelies
Saucy late night show.
12midnight Bigger Better Battling Babes
12.30am Bikini Babes
Bikini contests from hot spots in New York, California and Florida.

1.00-2.00am E! In Focus
Sex in South Beach
With Jon Bon Jovi.
2.00-6.00am The Box

6.00am Under the Umbrella Tree **6.30 Jungle Cubs** **7.00 Recess** **7.30 Pepper Ann** **8.00 Brand Spanking New Doug** **8.30 Timon and Pumbaa** **9.00 Aladdin** **9.30 Quack Pack** **10.00 Amazing Animals** **10.30 Sesame Street** **11.30 Winnie the Pooh** **11.45 Poddington Peas** **11.50 Alphabet Castle** **12.00 Little Hippo** **12.15pm Animal Shelf** **12.30 Rosie and Jim** **12.45 Toothbrush Family** **12.50 Bear in the Big Blue House** **1.15 Winnie the Pooh** **1.30 Rescue Rangers** **2.00 Goof Troop** **2.30 Jungle Cubs**

3.00 Timon and Pumbaa
The crazy characters from *The Lion King*.

3.30 Brand Spanking New Doug
Adventures with Doug.

4.00 Pepper Ann
Pepper Ann copes with the perils and pitfalls of teenage life.

4.30 Recess
From the creators of *Rugrats*.

5.00 Smart Guy
Being a 10-year-old smart guy causes TJ nothing but problems.

5.30 Student Bodies
Animation and real-life in an entertaining mix.

6.00 Teen Angel **6.30 Boy Meets World**
Hair Today, Gone Tomorrow

Cory has a crisis of confidence about the way he looks.

7.00 FILM: Johnny Mysto, Boy Wizard
Torin Caudell, Russ Tamblyn, Patrick Renna
PREMIERE Johnny is a kid who dreams of being a magician. The only problem is that he's not very good at magic - until a magician presents him with Merlin's magical ring. 1996

8.30 The Wonder Years **9.00-10.00pm Touched by an Angel**
Monica is an angel who inspires people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Grape Expectations
10.30 What's Cooking?
11.00 Worrall Thompson Cooks **11.30 Graham Kerr's Kitchen**
12.00 Food Network
12.30pm Eat Your Greens
1.00 Food for Thought
1.30 French Lunch
2.00 Retrospectives
2.30 Food Network
3.00 Winter Nosh **3.30 Worrall Thompson Cooks**
More ideas from the top chef.
4.00 Ideal Home Cooks
With Nanette Newman.
4.30-5.00pm Planet Nosh
Cooking for kids.



CABLE EXCLUSIVE

5.00pm Gridlock **5.30 Hey Dad II**
Star Struck
Sam gets carried away when she and Ben are asked to audition for a television show.

6.00 Blockbusters
With Bob Holness.

6.30 A Country Practice
Show Down—Part II
Australian soap about a medical practice.

7.00 London Bridge
Nick plans to win Mary back.

7.30 Duty Free
Cause Celebre
Sitcom about holidaymakers in Spain

8.00 Blue Heelers
The Collector
A routine robbery investigation is complicated when it is discovered that Aboriginal artefacts are involved.

9.00 Love Hurts
Let's Do It
Business problems at home and abroad push Tessa and Frank's relationship towards crisis point.

10.00 The Good Sex Guide
Saucy late night show with Margi Clarke.
10.30 Collins and Maconie's Movie Club
Offbeat film reviews.
11.00 St Elsewhere **12midnight Fast Forward** **12.30am Tales of the Unexpected** **1.00-2.00am Justice**



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

FILM

Henry V

UK Arena 9.00pm

Who could miss the chance to see Kenneth Branagh's ambitious adaptation of one of William Shakespeare's most famous plays? The cinematic war between the kings of England and France has a pace and panorama unseen on stage, while Branagh gives his all in the title role, well supported by his ex-love Emma Thompson and stalwarts like Derek Jacobi. As always, Ken provides Shakespeare like you've never seen before.

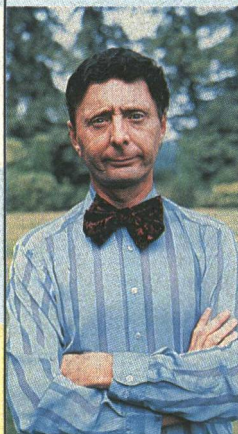
GENERAL

Tour of Duty
Bravo 9.00pm

I'm a big fan of Vietnam War dramas because they often provide some of the most gripping and relevant exposés of the wastefulness of war. This dramatic series looks like all the recent Vietnam films rolled into one and follows a troop of luckless infantrymen during their thankless time fighting the supposed Communist threat in South East Asia. There's plenty of action tonight, with the death of Major Duncan by a sniper and Baby Cakes reported killed in action.

Friday continues
overleaf...

ADVERTISEMENT



Get a generous helping of 'Canned Carrott' with Jasper:
UK Gold 7.40pm



THE BASEMENT
10.30PM

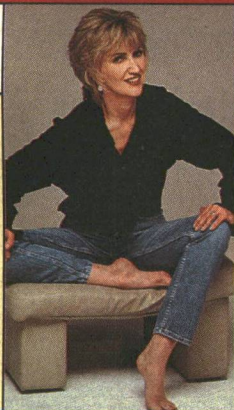
'Something for the weekend, sir?' If yes, then check out Bravo's weekly strand which covers everything from getting a tattoo to hair restoration!
The Basement - the new blokes' mag on telly.

FRIDAY MARCH 6

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

							
6.00 AM	7.30am Football 9.30 Luge 10.00 Biathlon Coverage of the World Cup in Pokljuka, Slovenia. 12noon Motorsports Motor magazine show. 1.00pm Snowboard - LIVE Live action from the Grundig FIS World Cup in Les Gets, France. 2.00 Tennis - LIVE Coverage of the quarter-final round from the ATP Tournament in Rotterdam, Netherlands.	7.00am Sky Sports Centre 7.30 World Wrestling Federation - Superstars 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Futbol Mundial 10.30 Euro Tour Golf: Qatar Masters - LIVE Second day action from the Doha Golf Club in Qatar. 1.30pm Aerobics Oz Style Wake up to the ultimate exercise programme. 2.00 Ringside Enjoy comprehensive, punch-by-punch coverage of boxing up and down the country. 3.30 Trans World Sport A roundup of the latest and most outstanding sporting action. 4.30 The Rugby Club The former England pairing of Stuart Barnes and Dewi Morris preview and review the latest action, plus an interview with a top name. With Mark Durden-Smith. 6.00 Sky Sports Centre Catch up with the latest sports news as it happens.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Tight Lines 9.30 The Rugby Club 11.00 Ringside 12.30pm Ski Prime 1.00 World of Sailing Stage two of the Skandia Life Cowes Week international sailing competition. 1.30 Ford Golf USA: Doral Ryder Open Another chance to see first day coverage of the Doral Ryder Open, the prelude to the Florida Swing. 3.30 Spanish Football A chance to see one of the matches of the week from the Primera Liga, where the teams line up to challenge for the title currently held by Real Madrid. 5.30 Rebel Sports Series about sports that are definitely not for the faint-hearted. 6.00 Gillette World Sport Special 6.30 Inside the Senior PGA Tour Behind the scenes. 7.00 Friday Night Football: Oldham Athletic v Bristol City - LIVE Live action from the Boundary Ground, where Neil Warnock's Oldham entertain high-flying Bristol City. With Marcus Buckland and commentary from Rob Hawthorne and Alan Brazil.	12noon Trans World Sport A roundup of the latest and most outstanding sporting action from across the globe. 1.00pm Tight Lines Bruno Brookes and Keith Arthur answer some more of your angling queries. 2.00 Bobby Charlton's Football Scrapbook Joe Jordan joins Bobby Charlton and Dickie Davies, legends from the world of soccer and broadcasting respectively, to look back at some of the key matches in his career. 3.30 Ski Prime Behind the scenes with skiing addicts. 4.00 NHL Powerweek A preview of the news and views in ice-hockey, plus features on the top players. 5.00 NBA Power, pace and strength combine to make up coverage of one of the week's top basketball clashes. 7.00 International Cricket: South Africa v Pakistan The best of the first day action from the third Test between South Africa and Pakistan. The host's pace duo of Allan Donald and Shaun Pollock come face-to-face with the tourists' equivalents, Waqar Younis and Wasim Akram. Either partnership have the ability to turn the match in their favour. 10.00-12midnight World Wrestling Federation - Raw Vince McMahon, Jim Ross and Jerry Lawler present bouts between the World Wrestling Federation competitors.	12noon Swan's Crossing Action romance series. 12.30pm Sweat Teenage drama series with Martin Henderson. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Hard-hitting drama series. 2.00 Saved by the Bell <i>Screech's Birthday</i> Screech is aggrieved that his birthday is overlooked, and takes it out on the pupils. 2.30 Swan's Crossing 3.00 It's in the Jeans <i>Health Club</i> 3.15 On the Make 3.30 Heartbreak High High school drama. 4.00 Hollyoaks Post-GCSE soap drama. 4.30 Saved by the Bell <i>Blind Date</i> US schoolroom comedy. 5.00 USA High <i>The Odd Couple</i> Jackson and Ashley begin a romance. 5.30 Sweat 6.00 Echo Point 6.30 Blast The chart show. 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Galaxy Rangers 9.00 Space Precinct 10.00 Captain Power and the Soldiers of the Future 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Curucu, Beast of the Amazon <i>John Bromfield 1956</i> 1.30pm Ray Bradbury Theatre 2.00 The Outer Limits 3.00 The Bionic Woman <i>Kill Oscar - Part II</i> Starring Lindsay Wagner and Lee Majors. 4.00 The Six Million Dollar Man <i>Rescue of Athena One</i> More bionic action starring Lee Majors. 5.00 Swamp Thing <i>Silent Screams</i> Starring Dick Durock. 5.30 Inside Space Exploring space travel. 6.00 The Web Journey into cyberspace and explore what's new on the net, including cybersoap instalments. 7.00 Space Precinct <i>Smelter Skelter</i> Lt Brogan and Officer Haldane investigate a series of bank robberies. 8.00 Quantum Leap <i>Double Identity</i> Scientist Sam Beckett materialises as a hitman. Starring Scott Bakula. 9.00 The Cape Final part of the drama series set on a NASA base. With Corbin Bernsen and Tyra Ferrell. 10.00 FILM: Sssssss <i>Strother Martin, Dirk Benedict, Heather Menzies, Richard B Shull</i> Horror. A mad doctor discovers a way of turning a man into a king cobra snake, using his daughter's boyfriend as a guinea-pig. 1973 12midnight Sightings 1.00am The Six Million Dollar Man 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadow	
							
	 Britain's John Whitaker won last year's Volvo World Cup in Paris-Bercy, while his compatriot Geoff Billington came third: Eurosport 9.15pm - Live			12midnight The Ten Minute Free View 12.10am Adult Feature 12.20 Jane's World 12.45 FILM: Babewatch VII 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: Nightclub A gangster and a club owner are at odds. 3.55-4.00am What's on Tomorrow	12midnight Free Teaser 12.05am Peep Show 12.15 Naughty Amateur Home Video: Girl Next Door 1.15 FILM: Steamy Windows <i>Ashlyn Gere, Dyanna Lauren</i> A kinky look at seeing things through windows. 2.35 FILM: Profession: Rules of the Game - The Sex Trade A working girl learns her first lessons in the big city. 3.35-4.00am Late Night II	12midnight Dish of the Day 12.10am Fiesta Photoshoot - Breakfast at Tiffanys 12.25 Bikini Beach Sun, sea and sex feature in this erotic mini series. 12.50 Sex Therapy A bored housewife hires a personal trainer. Starring Racquel Masters. 1.35 FILM: Black Detail <i>Vienna, Chaz Vincent</i> Erotic thriller. 2.55-4.00am Behind the Blackout Erotic comedy.	

FRIDAY MARCH 6



Jayne Irving offers motherly advice in 'Tiny Living': Living 6.00am



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
Win big prizes.
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Cheryl Baker and Ian Ogilvy.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Lake District
Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.

3.30 Love Story

3.45 Dial-a-Doc

4.00 Living Room Legends

Talent spotting.

4.30 Judge Judy

5.00 Agony

Relationship advice for troubled souls.

5.30 Sport LIVE

Magazine programme.

6.00 The Fashion Show

6.30 Bunny Bingo

6.45 What's in the Box

7.00 The Why Files

Psychic investigations.

7.30 Agony

Relationship advice.

7.59 Big City Tips

8.00 Lie Detector

Unmasking deception.

8.30 Judge Judy

8.59 Tiffani's Big City Tips

9.00 Dog Night LIVE

Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.

10.00 Topless Darts

10.02 Sport LIVE

10.30 The Sex Show

More late night erotic discussions.

11.00 Big City Tips

11.01 Topless Darts

Shapely dart throwing.

11.02 Exotica Erotica

11.30 Exotica Erotica

12midnight Jennycam

12.15am Private Dancer

12.30 Pleasure Dome

1.00 Exotica Erotica

2.00 Brits on the Piste

2.30 The Sex Show

3.00 Exotica Erotica

4.00 The Fashion Show

4.30 Agony

5.00 Lie Detector

5.30 Dial-a-Doc

5.45-6.00am Nation LIVE



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:

10.30am The Album Show

11.30 The Catwalk Show

12.30pm Cybernet

1.30 Cinema Cinema Cinema

An in-depth look at the latest news from Hollywood.

2.30 The Album Show

Classic long-players by much-loved rock bands.

3.30 PDQ - The One Stop Shop

Innovative and quirky products delivered straight to your door.

4.30 Cybernet

The latest news from the fascinating world of computers and the internet.

5.30 PDQ - The One Stop Shop

Shop till you drop from the comfort of your sofa.

6.30 Cinema Cinema Cinema

An in-depth look at the latest news from Hollywood.

7.30 Cybernet

The latest news from the fascinating world of computers and the internet.

8.30 PDQ - The One Stop Shop

Shop till you drop from the comfort of your sofa.

9.30 PDQ - The One Stop Shop

Shop till you drop from the comfort of your sofa.

10.30 Cinema Cinema Cinema

An in-depth look at the latest news from Hollywood.

11.30 The Album Show

Classic long-players.

12midnight-8.00am Local News on the hour, Album Show at half past every hour.



5.00am Europe Today
8.00 European Moneywheel CNBC Europe Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Wines of Italy
1.30 V.I.P.
2.00 Today
Current affairs magazine.

3.00 Home & Garden Television

Star Gardens/ The Good Life

Magazine programme.

4.00 Time and Again

Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC.

5.00 European Living

Flavours of Italy

A culinary journey.

5.30 V.I.P.

Celebrity chat.

6.00 Europe Tonight Live

6.30 The Ticket NBC

Entertainment guide with Kristiane Backer.

7.00 Europe à La Carte

European cooking.

7.30 Five Star Adventure

8.00 NBC Super Sports

Action from the US PGA Golf tour, with the Nissan PGA competition.

9.00 The Tonight Show with Jay Leno

Jay Leno presents top celebrities, musical guests and comedians.

10.00 Late Night with Conan O'Brien

Conan O'Brien hosts his own chat show featuring celebrity guests.

11.00 The Ticket NBC

Entertainment guide.

11.30 NBC Nightly News with Tom Brokaw

12midnight The Tonight Show with Jay Leno

1.00am MSNBC Internight

2.00 V.I.P.

2.30 Five Star Adventure

3.00 The Ticket NBC

3.30 European Living: Flavours of Italy

4.00-5.00am MSNBC's The News with Brian Williams



CABLE EXCLUSIVE

12noon Travel Live
1.00pm Snow Safari
Lake Tahoe - Zephyr Cove, Nevada USA
1.30 The Flavours of France
Nievre
2.00 Tread the Med
Mallorca
2.30 Gatherings and Celebrations
A Birthday Party at Walt Disney World

3.00 The Great Escape

3.30 Railway Adventures

4.00 On Tour

Mallorca

4.30 Australian Gourmet Tour

Dining with Wine

5.00 Snow Safari

Lake Tahoe - Zephyr Cove

5.30 Reel World

Australia

6.00 The Flavours of France

Nievre

6.30 Tread the Med

Mallorca

7.00 Travel Live

Everything you ever wanted to know about your favourite celebrities' travels.

8.00 Tales from the Flying Sofa

France

8.30 The Great Escape

9.00 Dominika's Planet

Global Sports

Including shark fishing and gliding in California.

10.00 Gatherings and Celebrations

A Birthday Party at Walt Disney World

10.30 On Tour

11.00-12midnight Travel Live

With Judi Spiers and Gareth Davis.



6.00am Tiny Living 9.00 Ready, Steady, Cook 9.35 Hart to Hart 10.30 The Young and the Restless 11.20 Mysteries, Magic and Miracles 11.50 Jimmy's 12.20pm Rescue 911 12.50 Animal Rescue 1.25 Adrenaline Junkies Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations. **2.20 Living It Up!**

3.20 The Jerry Springer Show

Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.

4.10 Tempestt

Entertaining talk show with Tempestt Bledsoe.

5.00 The Heat Is On

Presented by Keith Chegwin.

5.30 Ready, Steady, Cook

Hosted by Fern Britton.

6.10 Jerry Springer Uncut

Outrageous American talk show.

7.00 Rescue 911

Real-life rescues.

7.30 Mysteries, Magic and Miracles

With Patrick Macnee.

8.00 Murder Call

Drama series about a detective with a curious mind and a knack of solving criminal puzzles.

9.00 FILM: Stranded

Lonnie Chapman, Perry King

Drama about a pair of business arch rivals who find themselves stranded on a deserted South Pacific island and are forced to re-evaluate their relationship. 1986

11.00-12midnight The Spicy Sex Files

Sex Maniacs Ball

11.00-12midnight The Spicy Sex Files

Sex Maniacs Ball

11.00-12midnight The Spicy Sex Files

Sex Maniacs Ball

11.00-12midnight The Spicy Sex Files

Sex Maniacs Ball

11.00-12midnight The Spicy Sex Files

Sex Maniacs Ball

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Sex Maniacs Ball



CABLE EXCLUSIVE

7.00pm Wild Horizons: Elusive Sloth Bear

7.30 Last of the Dancing Bears

8.00 Elephant

9.00 Croc People

10.00 Piranha!

10.30 Endangered - Mzee, the Chimp with a Problem

11.00 Night Wild: Lord of the Animals - the Prince of Slooahis

11.30 Endangered - Lions in Trouble

12midnight-1.00am Realm of the Alligator



CABLE EXCLUSIVE

2.00pm Radio Times

2.30 Style Challenge

3.00 Can't Cook, Won't Cook

3.30 Change That

4.00 Real Rooms

4.30 Stefan's Garden

5.00 Holiday in Style

6.00 Radio Times

6.30 Ken Hom's Hot Wok

7.00 How Does Your Garden Grow?

8.00 Travel Show Guide

8.30 Change That

9.00 Can't Cook, Won't Cook

9.30 Style Challenge

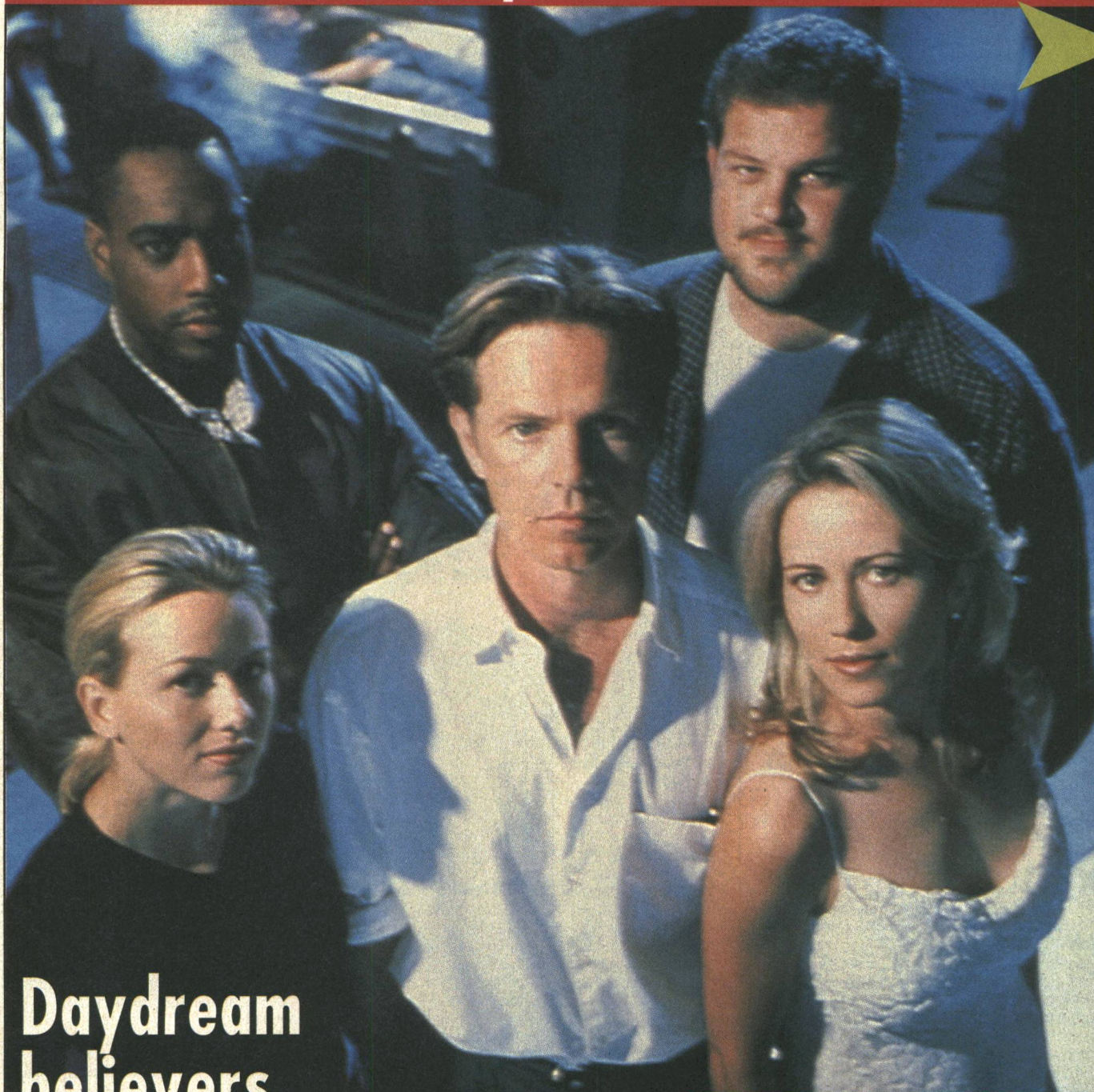
10.00 Holiday in Style

11.00-12midnight Our Man in ...

**Alice 8.30 Betrifft 9.00 Journal
3.30 Regarding 10.00 Journal
10.30 Sobre 11.00 Journal 11.15
Video-Chronik 11.30-12midnight
Boulevard Deutschland**

**Tv5 5.00am Minutes 5.05 Fa Si
la Chanter 5.30 Telematin 7.00
Minutes 7.05 Journal Televisé
de Radio Canada 7.30 Meteo
7.55 Questions 8.00 Minutes
8.05 Enjeu Le Point 9.00
Minutes 9.05 Affaire Culture 9.45
7 Journal Actualité 10.00 Minutes
10.05 Jeune de Sociétés 10.30 Le
Jeu des Dictionnaires 11.00
Minutes 11.05 Paris Lumieres
11.33 Journal 3 11.55 Meteo
12noon Emission Speciale 2.00
Temps Present 3.00 Journal
3.15 Pyramide 4.35 Bus et
Compagnie 4.30 Minutes 4.35**

Saturday March 7
to Friday March 13

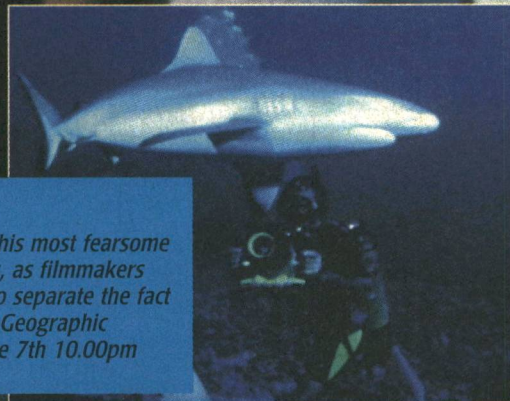


Daydream believers

THE 'Sleepwalkers' are an experimental scientific research team who use high-tech hardware to enter themselves into their subjects' disturbing dreams, which often prove to be a matter of life and death. Sci-Fi Saturdays from the 7th 9.00pm

REALITY BITES

'The Shark Files' features this most fearsome yet fascinating of creatures, as filmmakers and scientists delve deep to separate the fact from the fantasy. National Geographic Channel Saturdays from the 7th 10.00pm



SECTION TWO



6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

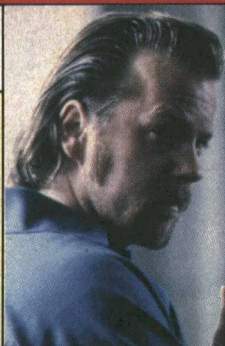
12.00 PM

NIGHT TIME

6.00am
The Road to Galveston
1996, rating Sky PG, 89 mins
7.30
The Pirates of Penzance
1983, rating Sky U, 108 mins
9.30 Home Front
Jon Cryer, Lynn Redgrave
1987, rating Sky PG, 89 mins
11.00 First Knight
Romantic drama. **Text** 1995, rating Sky PG, 129 mins
1.10pm
The Road to Galveston
1996, rating Sky PG, 89 mins
3.00 Little Cobras:
Operation Dalmatian
Richard Moll, Jeffery Wood, Jake Richardson
Children's adventure about four kids who call themselves the 'Little Cobras'. When they discover a plot to kidnap some dalmatians, the children set out to sabotage the kidnappers' plans. 1997, rating Sky PG, 92 mins
5.00 Gold Diggers: The Secret of Bear Mountain
Christina Ricci, Anna Chlumsky, Diana Scarwid, David Keith
Family adventure about two girls who set out to track down some buried treasure in their town. 1995, rating Sky PG, 91 mins
6.45 First Knight
Sean Connery, Richard Gere, Julia Ormond, Ben Cross, Christopher Villiers
Romantic drama set in the Middle Ages. Lady Guinevere marries King Arthur because she knows he can offer her people protection from the evil Malagant. But her loyalties are thrown into confusion when she meets the dashing Lancelot. **Last Play Text** 1995, rating Sky PG, 129 mins
9.00 White Squall
Jeff Bridges, Caroline Goodall, John Savage, Scott Wolf, Jeremy Sisto
Ocean-bound drama about a group of young men whose year at sea ends in tragedy. Thirteen young men are about to spend a year at sea on the brigantine *Albatross*. Near the end of the journey, they encounter a freak weather condition. The results are devastating. **Text** 1996, rating Sky 15, 124 mins
11.10 Kingpin
Woody Harrelson, Randy Quaid, Bill Murray
Comedy about two down-on-their-luck bowlers who aim for the big time. 1996, rating Sky 15, 110 mins
1.05am Dead Man
Drama. **Widescreen** 1995, rating Sky 18, 116 mins
3.10-5.30am
Farinelli - Il Castrato
Biopic. **Widescreen** 1994, rating Sky 15, 106 mins

6.00am
Terror in a Texas Town
1958, rating Sky PG, 78 mins
7.25
The Song of Bernadette
1943, rating Sky U, 150 mins
10.00 Fluke
Matthew Modine
Whimsical animal tale. **Text** 1995, rating Sky PG, 92 mins
12noon Big Jim McLain
John Wayne, Nancy Olson
Espionage thriller. 1952, rating Sky U, 87 mins
2.00pm Draw!
Kirk Douglas, James Coburn, Graham Jarvis, Alexandra Bastedo
Western starring Kirk Douglas as a feisty outlaw nearing retirement, who is pursued by an alcoholic sheriff. 1984, rating Sky PG, 93 mins
4.00 Hart to Hart:
Harts in High Season
Robert Wagner, Stefanie Powers
Adventure in which Jonathan and Jennifer Hart go to Australia. They meet an old friend who runs a game reserve, but all is not what it seems and the Harts are soon investigating another mystery. 1996, rating Sky PG, 92 mins
6.00 Fluke
Matthew Modine
Magical family adventure about a dog who learns that he was a man in a previous life. When Fluke (voiced by Matthew Modine) realises the truth about his past, he sets out to find his way home, to be reunited with what was once his family. **Text** 1995, rating Sky PG, 92 mins
8.00 Empire Records
Liv Tyler, Anthony LaPaglia, Maxwell Caulfield, Rory Cochrane, Robin Tunney
Hip comedy drama about the young staff of a large record store. The laid-back store manager struggles valiantly against his parent company's plans to sell the store to a hated rival. **Text** 1995, rating Sky 12, 86 mins
10.00 Eye for an Eye
Sally Field, Ed Harris, Olivia Burnette, Kiefer Sutherland
PREMIERE Thriller in which a woman whose daughter was murdered takes the law into her own hands, to get even with the killer. 1996, rating Sky 18, 111 mins
11.45 Shadow Dancer
Steamy adult drama about a couple who live close to the edge. 1995, rating Sky 18, 92 mins
1.25am White Tiger
1996, rating Sky 18, 90 mins
3.00 The Experts
John Travolta
1988, rating Sky 15, 90 mins
3.10-5.30am
Terror in a Texas Town
1958, rating Sky PG, 78 mins

11.00am Stand-In
Leslie Howard, Humphrey Bogart, Joan Blondell
Satire about an ailing Hollywood studio which is put to rights. 1937, rating Sky U, 87 mins
12.45pm Sirocco
Humphrey Bogart, Marta Toren, Everett Sloane
Action adventure about a gun runner who falls in love with a French female agent. 1951, rating Sky PG, 94 mins
2.30 Sabrina
Audrey Hepburn, Humphrey Bogart, William Holden, John Williams
Romantic tale about a young woman who falls for a handsome and wealthy man, who to the consternation of his elder brother. 1954, rating Sky PG, 108 mins
4.30 Annie Oakley
Barbara Stanwyck, Preston Foster, Moroni Olsen, Melvyn Douglas, Pert Kelton
Western set in the 19th-century, starring Barbara Stanwyck as the legendary gunslinger Annie Oakley and Moroni Olsen as Buffalo Bill. 1935, rating Sky U, 87 mins
6.00 ET The Extra-Terrestrial
Dee Wallace, Drew Barrymore, Henry Thomas, Peter Coyote
Sci-fi drama about a boy who makes friends with a stranded alien. But there's trouble when the authorities try to capture ET before it can 'phone home', and get its spacecraft to return. 1982, rating Sky PG, 109 mins
8.00 Steel Magnolias
Sally Field, Shirley MacLaine, Julia Roberts, Dolly Parton, Olympia Dukakis, Daryl Hannah
Comedy drama about six women who congregate in their beauty parlour in a small Louisiana town and find that their family loyalties and friendships can help them through the most trying times of their lives. 1989, 113 mins
10.00 Beyond the Clouds
Fanny Ardant, Irene Jacob, Jean Reno, Sophie Marceau, John Malkovich, Peter Weller
A quartet of four short dramas, told in abstract fashion and featuring an all-star cast. Each dream-like episode deals with a young woman's personal voyage through life. 1995, 113 mins
12midnight Predator
Arnold Schwarzenegger
1987, rating Sky 18, 102 mins
1.50am Three Blind Mice
Loretta Young, David Niven
1938, rating Sky U, 73 mins
3.10-5.20am The Chase
Marlon Brando
Drama about a jailbreak. 1966, rating Sky 15, 128 mins



The premiere of the thriller 'Eye for an Eye' stars Kiefer Sutherland: Sky Movies Screen 2 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm On the Town
Gene Kelly, Frank Sinatra, Jules Munshin, Vera-Ellen, Ann Miller, Alice Pearce
Lively story of three sailors on 24-hour shore leave, looking for girls and mixing drama, dance and song on the streets of New York. Numbers include *New York, New York* and *That's All There Is, Folks*. 1949, 98 mins
11.00 2010
Roy Scheider, John Lithgow, Helen Mirren
Sci-fi sequel to Stanley Kubrick's seminal 2001: A Space Odyssey, picking up with the Russian-American venture to Jupiter. **Widescreen** 1984, 114 mins
1.15am Ringo and His Golden Pistol
Mark Damon, Valeria Fabrizi
Spaghetti Western. 1966, 88 mins
3.00-5.00am On the Town
1949, 98 mins

7.00am Double Dragon
7.30 What-a-Mess 8.00
Tattooed Teenage Alien Fighters from Beverly Hills
8.30 Superhuman Samurai Syber-Squad 9.00
Ultraforce 9.30
Delfy and His Friends 10.00
Legend of the Hidden City 11.00
Rescue 11.30
Sea Rescue 12noon
World Wrestling Federation - Live Wire 1.00pm
WWF - Shotgun Challenge 2.00
Kung Fu 3.00
Star Trek: The Squire of Gothos
An unrecorded planet looms in the path of the *Enterprise*. When Kirk orders Sulu to alter course, Sulu disappears.
4.00 Star Trek: The Next Generation
Sarek
The *Enterprise* is plagued by an outbreak of violent mood swings when a Vulcan Ambassador visits.
5.00 Star Trek: Deep Space Nine
Maquis - Part I
A Cardassian freighter is destroyed as it departs DS9, and suspicion falls on Federation colonists.
6.00 Xena: Warrior Princess
Warrior...Princess...Tramp
Xena must foil an attempt to dethrone her friend and lookalike, Princess Diana, by the unscrupulous Meg.
7.00 Hercules: The Legendary Journeys
If I Had a Hammer
Hercules
Atlanta's sculpture of Hercules suddenly comes to life.
8.00 Buffy the Vampire Slayer
Nightmares
Buffy and her friends discover that their worst nightmares have become a reality.
9.00 Cops I
Tampa
Officers pursue an allegedly stolen vehicle in a high-speed chase.
9.30 Cops II
Fort Meyers
10.00 Law and Order
Past Imperfect
When a famous model is killed, her children become prime suspects. Stars Sam Waterston and Jerry Orbach.
11.00 Showbiz Weekly
From London's trendiest hot spot, The Met Bar.
11.30 The Movie Show
Film news hosted by Richard Jobson.
12midnight New York Undercover
The Unthinkable Text
1.00am Dream On
The Undergraduate
1.30 Dream On
Dance Ten, Sex Three
2.00-6.00am Long Play
Music through the night.

7.00am The Sullivans Omnibus
9.05 Big Deal
Innocent, OK?
The bottom has dropped out of Robby Box's world. Has his luck finally run out? Stars Ray Brooks and Sharon Duce.
10.05 Neighbours Omnibus
12.05pm EastEnders Omnibus
2.55 FILM: Doctor at Large
Dirk Bogarde, Muriel Pavlow, James Robertson Justice, Donald Sinden
Popular British series of Fifties medical comedies. Simon Sparrow is now qualified and trying to find a surgeon's post. He ends up taking a circuitous route via the Riviera and comes up against the formidable Sir Lancelot Spratt yet again. 1957
4.50 Bruce Forsyth's Generation Game
Four teams, each pairing a man and a woman who are related to one another, try to emulate experts at particular skills, generating comedy and sometimes chaos along the way.
6.00 Robin's Nest
When Irish Eyes Are Smiling
Vicky and Robin go to stay with Nicholls.
6.30 Keeping Up Appearances
Hyacinth gets passionate about art, and Daddy joins the Foreign Legion.
7.05 The Two Ronnies
Vintage bifoal comedy with Messrs Barker and Corbett.
8.00 Canned Carrott
Jasper Carrott serves up more stand-up comedy and sketches, including the adventures of two bumbling policemen in *The Detectives*.
9.00 French and Saunders
Dawn French and Jennifer Saunders offer sketches and songs.
9.40 Fawcett Towers
A Touch of Class
Basil tries to improve the hotel's clientele.
10.20 Men Behaving Badly
Gary and Tony
Gary needs a flatmate.
10.55 The Young Ones
Demolition
Anarchic comedy with the lunatic exploits of four squalid students.
11.40 The Comic Strip Presents...
Eddie Monsoon - A Life?
12.15am Paul Merton - The Series
Surreal comedy.
12.45 The Old Grey Whistle Test
1.20 FILM: Halloween
Donald Pleasence
Harrowing horror. 1978
2.55-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Tomorrow's World
Plus 9.00 Top Gear GTI
10.00 999 11.00 The Ritz
12.00pm Hot Gadgets
12.30pm Animal Hospital
1.00 The Wild Bunch: Alien Empire
1.30 The Wild Bunch: Earwig
2.00 The Wild Bunch: Highly Desirable Residence

3.00 The Wild Bunch: The Little Creatures Who Run the World
 Edward Wilson reveals the hidden world of ants, creatures known for being hard workers.

4.00 Your Horizons
 Previews and celebrity interviews in the up-to-the-minute guide to the best of the week's programmes on UK Horizons.

5.00 Tomorrow's World Plus
 Science and technology with Peter Snow and Philippa Forrester, plus a dip into the *Tomorrow's World* archive.

6.00 Hannibal and Desert Storm
 Commander General H Norman Schwarzkopf reveals the true debt he owes to the ancient Carthaginian commander.

7.00 Jeremy Clarkson's Motorworld Australia
 Trends from Down Under.

7.30 The Power and the Glory
The Fastest Men on Earth
8.00 Top Gear GTI
 Jeremy Clarkson and the team present a specially extended edition of their show featuring extra information, interviews and consumer tips.

9.00 Saturday Double Bill - Sex, Lies and Videotape: Man Seeks Woman
 Follows three single men in their search for Ms Right.

10.00 Saturday Double Bill - Sex, Lies and Videotape: Shampoo
 Reveals the intimacy of the hairdresser's chair, using secret cameras.

11.00 Clive James - Postcard from Miami
 Clive James sets out to find the truth and meets two of the city's famous residents, Don Johnson and Gloria Estefan.

12midnight-1.00am Soho Stories
 Intimate documentary film following a number of characters from London's Soho over a year of their extraordinary lives.

6.00am Young Chefs 6.30
Good Housekeeping 7.00
Rosemary Conley 7.30 Eat, Drink and Be Healthy 8.00
Cook's Garden 8.30 Flavours of the Orient 9.00 Sally Jessy Raphael 10.00 Young Chefs 10.30 Great British Food 11.00 Rosemary Conley 11.30 World on a Plate 12.00pm Rosemary Conley 12.30pm Eat, Drink and Be Healthy 1.00 Bon Appetit 1.30 Flavours of the Orient 2.00 Young Chefs 2.30 Cook's Garden

3.00 Rosemary Conley's Cookbook
 A guide to healthy eating and low-fat cookery.

3.30 The Zest Beauty Show
 With Julia Carling.

4.00 Sally Jessy Raphael
 Lively studio discussion from America.

5.00 Young Chefs
 Charlotte Hindle meets the next generation of super-chefs.

5.30-6.00pm World on a Plate
 With Loulla Astin.

6.00am The Box 7.00 The Army Game 7.30 On the Buses 8.00 Watching 8.30 The Fenn Street Gang 9.00 Blind Date 10.00 E! Uncut 10.30 E! In Focus 11.00 The E! True Hollywood Story 12.00pm London's Burning 1.00pm Blind Date 2.00 The Jewel in the Crown

3.00 Poirot
Peril at End House
 Poirot and his friend Captain Hastings are holidaying in Cornwall. when they meet the pretty Nick Buckley, who lives in a large Victorian villa nearby. Poirot gets suspicious after he discovers a bullet hole in her hat. Stars David Suchet, Hugh Fraser and Philip Jackson.

5.00 Sam Saturday
 Streetlife drama series with the north London detective. Brutally beaten, a boy lies in a coma as Sam Sterne tracks down the gang responsible.

6.00 The Professionals
The Man Without a Past
 Bodie is suspended from duty and sets out to avenge the restaurant bomb that left his girlfriend critically injured.

7.00 Hawaii Five-O
Which Way Did they Go
 Ossie Connors, an old adversary of McGarrett's manages to accomplish the perfect robbery right under Five-O's nose.

8.00 The Jewel in the Crown
Crossing the River - Part I
 Following British defeats in Malaya and Burma, Ghandi rallies his people against the British.

9.00 Fitz
An American Dream
 Fitz is faced with complex relationships between a father, his porn daughter and her manager. Stars Robert Pastorelli.

10.00 The Comedians 10.30-11.00pm First Exposure

men & motors

11.00pm Snowgirls
 The saucy ski show which looks at life at the risqué resort of St Anton in Austria.

11.30 Babewatch UK
 Top pin-up girls.
12midnight
Lord Lust's Lovelies 12.10am The Vinnie Jones Show
1.00 E! Talk Soup
 A wry look at America's daily talk shows.
1.30 E! Uncut
 A profile of Ethan Hawke.
2.00-6.00am The Box

6.00am Eyewitness 6.30
Jungle Cubs 7.00 Aladdin 7.30 Tex Avery 8.00 Men in Black 8.30 Nightmare Ned 8.45 Honey, I Shrunk the Kids: The TV Show 9.30 Smart Guy 10.00 Student Bodies 10.30 Teen Angel 11.00 Boy Meets World 11.30 Recess 12.00pm Brand Spanking New Doug 12.30pm Pepper Ann 12.55 FILM: Return of the Shaggy Dog 1987

2.15 FILM: The Return of Jafar 1994
3.25 20,000 Leagues Under the Sea
 Modern musical retelling of Jules Verne's classic underwater adventure, featuring young stars in the lead roles.

4.10 Flipper
 Live action marine adventure with TV's most famous dolphin.

4.50 Honey, I Shrunk the Kids: The TV Show
 Comedy series based on the movie.

5.35 Student Bodies
 Animation and real-life in an entertaining mix.

6.00 Teen Angel
 Fun with the Guardian Angel who has one last chance to get to heaven.

6.30 Boy Meets World
A Long Walk to Pittsburgh - Part II

7.00 FILM: Return to Boggy Creek
Dawn Wells, Dana Plato
 Sequel to *The Legend of Boggy Creek*, about sightings of a horrifying swamp monster in an Arkansas community. This time, however, there are two kids involved. 1977

8.30 The Wonder Years
 Kevin Arnold reminisces about his youth.

9.00-10.00pm Bruce Springsteen - Bloodbrothers
 A compelling look at a legendary performer, chronicling his re-union with the E-Street Band.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily
9.30 Food for Thought 10.00
Retrospectives 10.30 Aldo's Italian Job 11.00 Ross's Foreign Assignment 11.30
Graham Kerr's Kitchen 12.00pm Food Network Daily 12.30pm
A Taste of the Caribbean 1.00 The Restaurant Show 1.30 Tessa Bramley's Seasonal Kitchen 2.00 Eat Your Greens 2.30 Food Network Daily 3.00 Food for Thought Food as Medicine With Sarah Greene. 3.30 Ross's Foreign Assignment 4.00 Graham Kerr's Kitchen 4.30-5.00pm Winter Nosh



CABLE EXCLUSIVE

5.00pm Switch On
 Entertainment magazine with Matthew Lorenzo.

5.30 The Master of Ballantrae
 Lavish adaptation of Robert Louis Stevenson's rousing swashbuckler about rival brothers with an all-star cast headed by Richard Thomas.

6.30 Haggard
Haggard at Bay
 18th-century comedy.

7.00 The Upper Hand
Wheels
7.30 Birds of a Feather
Cheat!
 Dorian invites Tracey to a posh do.

8.00 Lovejoy
The Real Thing
 When Lovejoy takes up a job as advisor to an antiques emporium, he gets a little more than he bargained for.

9.00 The Ruth Rendell Mysteries: The Speaker of Mandarin
 Wexford begins to strongly suspect a Chinese connection.

10.00 Night Voices
 11.00 St Elsewhere
 12.00-2.00am FILM:
 The Great Gold Swindle



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Kitchen at 11.00am.

FILM

Eye for an Eye
Sky Movies Screen 2
 10.00pm

Premiere of a thriller in which Sally Field plays Karen McCann, a mother seeking revenge for the death of her daughter after the man on trial for her murder is released on a technicality. After embarking on intense courses in self defence and marksmanship, McCann pursues the man she's convinced is both a killer and likely to strike again. Kiefer Sutherland is Doob, the marked man. Joe Mantegna plays a police officer keeping an eye on the would-be vigilante.

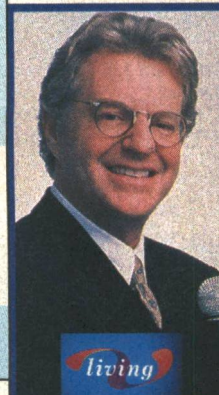
GENERAL

Disaster - Death on Display
Discovery Channel
 8.00pm

The Russian version of our own wonderful Concorde supersonic passenger jet - the TU 144, known affectionately as the Konkordski - plunged to the ground 25 years ago during a public display and killed all on board. This programme looks at the commercial and technical problems which bedevilled the project from its inception.

Saturday continues overleaf ...

ADVERTISEMENT



JERRY SPRINGER WEEKEND 12NOON

Catch the most outrageous talk show on TV, starting today as living celebrates a whole weekend stuffed with shocking surprises and the unbelievable results.



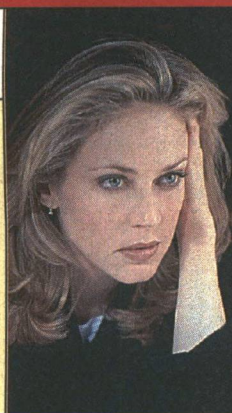
Michael York has a highland fling in 'The Master of Ballantrae': Carlton Select 5.30pm

SATURDAY MARCH 7

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

     						
7.30am Extreme Sports 8.40 Alpine Skiing 9.00 Alpine Skiing – LIVE The women's World Cup, from Morzine, France. 10.15 Alpine Skiing – LIVE The men's World Cup, from Kvitfjell, Norway. 11.30 Biathlon 12.30pm Biathlon – LIVE Action from the World Cup. 1.30 Snowboard – LIVE The Grundig FIS World Cup. 2.00 Tennis – LIVE Coverage of the semi-finals of the ATP Tournament, live from Rotterdam in the Netherlands.	6.00am Hold the Back Page 7.00 Sky Sports Centre The latest sports news. 8.00 Aerobics Oz Style Get in shape the Aussie way. 8.30 Racing News 9.00 NBA 11.00 Hold the Back Page Brian Woolnough is joined by a cross-section of journalists who attempt to explain the headlines. 12noon Gillette Sports Saturday Jeff Stelling hosts the most dynamic sports service around. Previews of the day's football are followed by regular updates and half-time reports before concluding with the fastest results service available.	6.00am NHL Powerweek 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Soccer AM An irresistible mix of football, music and madness. Presented by Tim Lovejoy and Helen Chamberlain. 12noon NHL Powerweek 1.00pm Gillette World Sport Special Presented by David Jensen. 1.30 Ford Golf USA: Doral Ryder Open Another chance to see second day coverage of the Open, which is regarded as a prelude to the Florida Swing. 3.30 Watersports World All the best action on the water. 4.30 NHL Powerweek Tune in for ice hockey news, views and assorted features. 5.30 Ford Cup Special: FA Cup Catch up with the best of the action from the FA Cup 6th round, as two more sides hit the Wembley trail in pursuit of the world's oldest cup competition. 7.00 Euro Tour Golf: Qatar Masters The best of the action from one of the Tour's newest events, staged at the Doha Golf Club in Qatar. 9.00 Ford Golf USA: Doral Ryder Open The pick of the action from day three of the Doral Ryder Open, the prelude to the Florida Swing. Steve Elkington will no doubt return to the Doral Resort in Miami, Florida, to defend his title. 11.00 World Wide Rugby Action from the Rugby Union's Super Tournament. 1.00am Ice Hockey: British Play-Off 3.30-5.30am Ford Golf USA: Doral Ryder Open Day three of the Doral Ryder Open from Florida.	10.30am Euro Tour Golf: Qatar Master – LIVE Third day coverage from the Doha Golf Club in Qatar. This event completes the set of Middle Eastern-based events, including the Dubai Desert Classic earlier this month. With a total prize purse in excess of £600,000, there is no shortage of interest from the top names on the Tour. 1.30pm World Motor Sport Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit. 4.30 World Wide Rugby: Super Tournament Action from the Rugby Union's premier provincial tournament, involving clubs from Australia, South Africa and New Zealand. 6.30 Ice Hockey: British Play-Off – LIVE Coverage from the play-off clash between two sides striving to reach this year's final at the Nynex Arena in Manchester. 9.00 International Cricket: South Africa v Pakistan Second day action from the third Test between South Africa and Pakistan. Pakistan captain and all-rounder Wasim Akram could influence the course of this match if he plays to his full potential. 11.30-12midnight Rebel Sports Wild and mad-cap series.	12noon Teenage Urban Adventurers Footballer 12.15pm Teenage Urban Adventurers Cultural Rebel 12.30 Ready or Not The Big Gulp 1.00 Saved by the Bell Blind Date 1.30 Saved by the Bell Prom 2.00 USA High The Duelling Elliotts 2.30 Heartbreak High 3.00 Sweat Teen drama series about a group of athletes at an Australian academy. 3.30 Hollyoaks 4.00 Hollyoaks Teen soap exploring life after GCSEs. 4.30 Ready or Not Members Only 5.00 Blast The chart show. 5.30 Echo Point Teen soap. 6.00 Echo Point Teen soap. 6.30 Heartbreak High 7.00 Sweat 7.30-8.00pm USA High	7.30am Nightmare 8.00 G-Force 8.30 Robotech 9.00 Bionic Six 9.30 Adventurers of the Galaxy Rangers 10.00 The Web 10.55 C/Net Central 11.25 Inside Space 11.55 Earthscan The latest reports of UFO sightings, out-of-body experiences and alien abductions. 12noon Sightings Tim White introduces back to back episodes of real-life stories involving luck, superstition, UFOs or near-death experiences. 4.00pm Mystery Science Theatre 3000 <i>Revenge of the Creature</i> Intriguing tale starring Michael J Nelson, Mary Jo Pehl, Bill Corbett, Kevin Murphy and Jim Mallon. 6.00 Amazing Stories <i>Hell Toupee</i> A toupee brings trouble. 6.30 Swamp Thing <i>Tremors of the Heart</i> 7.00 The Cape <i>Just a Rumour</i> DB's politician father betrays his fellow astronauts and his son. 8.00 Quantum Leap <i>The Colour of Truth</i> Time-trapped scientist Sam Beckett falls back to the year 1955. 9.00 Sleepwalkers NEW SERIES Haunted by a disturbing dream, Ben Costigan seeks the help of the Morpheus Institute. 10.00 The Hunger <i>But at My Back I Always Hear</i> Student thriller. 10.30 SF Scene 11.00 Mystery Science Theatre 3000 <i>Revenge of the Creature</i> Starring Michael J Nelson, Mary Jo Pehl and Bill Corbett. 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
  						
						
<i>Naomi Watts is Kate, one of the team of visionary scientists who explore people's nightmares in 'Sleepwalkers': Sci-Fi 9.00pm</i>						
12midnight The Ten Minute Free View 12.10am Dirty Talk Two sexy girls are on call with lusty lip action. 12.20 ...-0-Gram Girls 12.45 FILM: Fantasy Inc 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Sex Talk 2.20 FILM: Bat Babe A costumed super-babe tries to save a businessman from the evil clutches of Wiseass. 3.55-4.00am What's on Tomorrow						
12midnight Free Teaser 12.05am Premiere Special: Night Calls Live 1.30 FILM: The Mile High Club Cute stewardesses get in and out of their uniforms. 2.50 Naked Confessions: Dee Ivans The Page 3 bombshell strips and tells all. 3.05-4.00am Women of Colour: Club Secrets Some of the world's sexiest babes flaunt their stuff.						
12midnight Dish of the Day 12.10am FILM: Two Vice Cops Adult feature. 1.20 Electric Blue Erotic magazine programme featuring gorgeous TV star Sammy Jessop. 2.15 FILM: Erotic Artist An artist creates erotic sketches of couples. 3.30-4.00am Love Under Canvas Adult entertainment.						

SATURDAY MARCH 7



Ally Walker plays a gifted forensic psychologist in 'Profiler': NBC 8.00pm



5.00pm Fifteen to One
Fast-moving quiz with William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30
Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.05 Split Second
With Aonghus McAnally.
7.30 Move on Up
With Richard Morton.
8.00 Prize Time
8.15 Jools Holland's Name That Tune
8.45 Prize Time
Competitions.
9.00 3-2-1
Sea Cruise
Ted Rogers hosts the quiz and entertainment show featuring Dusty Bin.
10.00 Prize Time
10.15 Endurance UK
Paul Ross puts more contestants through tortuous games.
11.00 Sticky Moments on Tour
With Julian Clary.
11.45 Prize Time
Competitions.
12midnight Love at First Sight
12.30am C.A.T.S. Eyes
1.30 Sweet Justice
2.30 Bagdad Cafe
3.00
FILM: Tommy Tricker and the Stamp Traveller 1987
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 **Fate and Fortune** 7.00 **Dial-a-Doc** 7.15 **What's in the Box** 7.30 **Fashion Show** 8.00 **Agony** 8.30 **Living Room Legends** 9.00 **Love Story** 9.15 **Dial-a-Doc** 9.30 **Revelations** 10.00 **Lie Detector** 10.30 **Bunny Bingo** 10.45 **What's in the Box** 11.00 **Judge Judy** 11.30 **Fate and Fortune** 12noon **Why Files** 12.30pm **Bunny Bingo** 12.45 **What's in the Box** 1.00 **Lie Detector** 1.30 **Agony Omnibus** 2.30 **Revelations**

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00
Judge Judy Omnibus

5.00 Agony
Advice and comfort is at hand for those in emotional pain.
5.30 Sport LIVE
6.00
The Fashion Show
All the latest styles.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier

7.30 Agony
7.59
Tiffani's Big City Tips
8.00 Lie Detector
Finding the truth by unmasking deception.
8.30 Judge Judy
8.59 Big City Tips
9.00
Brits on the Piste
9.30
The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam
12.15am Private Dancer 12.30 **Pleasure Dome** 1.00 **Exotica Erotica** 2.00 **Brits on the Piste** 2.30 **The Sex Show** 3.00 **Exotica Erotica** 4.00 **The Fashion Show** 4.30 **Agony** 5.00 **Lie Detector** 5.30 **Dial-a-Doc** 5.45-6.00am **Nation LIVE**

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
9.30am The Album Show
10.30 The Album Show
11.30
American Chart Show
12.30pm
Movies Games Videos
1.30 Inside Hollywood
2.30 American Chart Show
Stateside chart action.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.
5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30
The World of Sport
The weekly show covering the whole spectrum of sport.
7.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.
8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30
Inside Hollywood
All the latest gossip from Tinseltown.
11.30 The Album Show
Thirty minutes of classic tracks from legendary artists.
12midnight-8.00am
Local News on the hour, **The Album Show** at half past every hour

12midnight-8.00am
Local News on the hour, **The Album Show** at half past every hour

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 **How Does Your Garden Grow?** 3.30 **Travel Show** 4.00 **Big Trip** 5.00 **Really Useful Week** 6.00 **Radio Times** 6.30 **Change That** 7.00 **Taste of the Sea** 7.30 **Italian Feast** 8.00 **Food and Drink** 8.30 **Ken Hom's Hot Wok** 9.00 **Can't Cook, Won't Cook** 9.30 **Style Challenge** 10.00 **Going for a Song** 10.30 **Real Rooms** 11.00-12midnight **Our Man in ...**

NBC

5.00am Hello Austria, Hello Vienna
5.30 NBC Nightly News with Tom Brokaw
6.00 MSNBC's The News with Brian Williams
7.00
The McLaughlin Group
7.35 Europa School
8.00 Cyberschool
An insight into computing.
10.00 Super Shop
11.00 NBC Super Sports
Coverage of European PGA Golf and NHL Power Week.

3.00pm
Five Star Adventure
3.30
Europe à la Carte
Great chefs of Europe.
4.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
4.30 V.I.P.
Celebrity chat.
5.00 Classic Cousteau
Diving for Roman Plunder
Exploring a site off the Greek island, Antikythera.

6.00 National Geographic Television
Bear Talk/
Peru's Treasure Tombs/
Out of the Stone Age
7.00 Mr Rhodes
The Halloween Show
Comedy series.
7.30 Union Square
New York sitcom.
8.00 Profiler
Suspense thriller exploring the dark side of the human mind. Stars Ally Walker.
9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 Mancuso FBI Weapons Grade
Mancuso is called in to investigate the theft of some plutonium.
11.00 The Ticket NBC
With Kristiane Backer and Jason Roberts.
11.30 V.I.P.
Celebrity chat.
12midnight The Tonight Show with Jay Leno
1.00am MSNBC Internight
2.00 V.I.P. 2.30 **Travel Xpress** 3.00 **The Ticket** 3.30 **European Living** 4.00 **Executive Lifestyles** 4.30-5.00am **The Ticket NBC**

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UK ARENA

CABLE EXCLUSIVE

6.00pm When the Boat Comes in
A Land Fit for Heroes and Idiots
7.00 When the Boat Comes in
Say Hello ... Say Tirra
8.00 The Frame
9.00 Edge of Darkness
Compassionate Leave
10.05 The War Game
Drama documentary describing a nuclear attack
11.00-12.15am
Good Music

travel TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Floyd on Spain
12.30pm Gatherings and Celebrations
1.00 Ridge Riders
1.30 Floyd on Oz
Australia on a Plate
2.00 The Flavours of France
Nievre
2.30 The Food Lover's Guide to Australia
Lamb in Sydney and Mud Crabs in Noosa

3.00 Travel Trails
North Wales
Sarah Cameron visits Portmeirion.
3.30 Guadeloupe
4.00 Railway Adventures Across Europe
Romancing the Steam
4.30 Ribbons of Steel
5.00 Scandinavian Summers
Finland
5.30 Tales from the Flying Sofa
6.00 On Tour
Mallorca
6.30
No Truckin' Holiday
In the Bolivian Jungle
7.00 Travel Live
Info on your favourite celebrities' travels. With Judi Spiers and Gareth Davis.

8.00 Floyd on Oz
Australia on a Plate
With Keith Floyd
8.30 Snow Safari
Lake Tahoe, Nevada
9.00 East Meets West
Hong Kong
Sir Peter Ustinov begins a three-part journey through the Orient.
10.00 On the Horizon
Vietnam
A slice of Vietnamese life.
10.30 Ridge Riders
Across Southern England
11.00-12midnight Going Places
Tuscany

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With Keith Floyd
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Tuscany



CABLE EXCLUSIVE

7.00am Kickstart 8.30 **Big Picture** 9.00 **One Globe**
One Skate 9.30 **Special**
10.00 European Top 20
12noon So 90s 12.30pm **Girl Power** 1.00 **Select MTV** 1.30 **Hitlist UK** 5.00 **MTV News** 5.30 **MTV Live**
6.00 Lick R&B Chart 7.00 **Dancefloor Chart** 8.00 **Dance Anthems** 9.00 **Balls** 9.30 **Collexion** 10.00 **Hot 11.00** **Beavis and Butt-head** 12midnight **Saturday Night Music Mix** 3.00am **Chill-Out Zone** 5.00-7.00am **Videos**

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.40 The Heat Is On
10.10 Animal Rescue
10.40 Rescue 911
Real-life rescues by American emergency services.
11.10 Tempestt
Entertaining talk show.
12noon
Jerry Springer Uncut
12.50pm
Jerry Springer Uncut
1.40 Jerry Springer Uncut
2.30 Jerry Springer Uncut
Outrageous US talk show about relationship issues.

3.20
Jerry Springer Uncut
The former mayor explores more controversial topics.
4.10
Jerry Springer Uncut
Heated discussion.
5.00
Jerry Springer Uncut
Jerry and guests engage in more discussion.
5.50
Jerry Springer Uncut

6.40
Jerry Springer Uncut
Outrageous US talk show about relationship issues.
7.30
Jerry Springer Uncut

8.20
Jerry Springer Uncut
Controversial chat show.

9.10
Jerry Springer Uncut

10.00
Jerry Springer Uncut

10.50-12midnight
Jerry Springer Uncut
Outrageous US talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.

CABLE CHECK

SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SATURDAY MARCH 7

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00



NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct
7.00 News 9.00 News 9.30 UK Direct 10.00 News 10.30 Food 11.00 News 11.30 Simpson's World 12.00 News 12.30pm Science 1.00 News 1.30 Face in Crowd 2.00 Sportsday 6.00 Newsday 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson 9.00 News UK 9.30 Face 10.00 News 10.30 Book 11.00 News 12midnight News 1.00am News 2.00 News 2.30 Simpson 3.30 Science 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Face in Crowd

CNN INTERNATIONAL

News throughout the day, plus:
5.00am World News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 9.00 World Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 World Report 3.30 Sport 4.30 Pro Golf Weekly 5.00 Larry King 6.30 Inside Europe 7.30 Showbiz 8.30 Style 9.30 Art Club 10.30 Sport 11.00 World View 11.30 Global View 12.30am 7 Days 1.00 World Today 1.30 Diplomatic License 4.30-5.00am Evans & Novak

SKY NEWS

News on the hour, every hour, plus:
6.00am Sunrise 6.45 Gardening 8.30 Saturday Sports Action 8.45 Gardening 9.30 The Entertainment Show 10.30 Fashion TV 11.30 Walker's World 12.30pm ABC Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Target 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 The Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline 12.30am Walker's World 1.30 Fashion TV 5.30-6.00am Entertainment Show

INTERNATIONAL

3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Avec Plaisir 6.30 Inside British Isles 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Alpen Donau Adria 9.15 Heimat 9.45 Der Report 10.30 Vor 30 Jahren 11.05 In Concert 11.15 Live aus dem Schlachthof 12.15pm In Concert: Pulp 1.00 Computer Show 1.30 Lebensbaum 2.00 Jahreslauf 2.15 Frau-TV 2.45 Strassenbekanntschaften 3.00 Das Haus Meiner Träume 4.35 Tips und Trends 5.00 Flieger im Visier 5.30 Ausland 6.00 Heute 6.18 Wetter 6.20 Zum 75. Geburtstag von Milo Dor 7.00 Tagesschau 7.15 Samstag 9.20 Bernfeld Revue 10.30 Boulevard Bio 11.30 Seitenblicke 11.55-12.25am Tohuwobu

Deutsche Welle 5.00am Made in Germany 5.30 Regarding 6.00 Journal 6.30 Die Reportage 7.00 Journal 7.30 Boulevard 8.00 Made in Germany 8.30 Regarding 9.00 Journal 9.30 Boulevard 10.00 Betriffs 10.30 Jeder Singt 11.00 Alice 11.30 Die Reportage 12.00 Journal 12.30pm Made in Germany 1.00 Boulevard 1.30 Regarding 2.00 Journal 2.30 Das Fernsehspiel 4.15 Video-Chronik 4.30 Plenum 5.00 Journal 5.30 Inside Report 6.00 Treasures of World 6.15 Curators of Culture 6.30 Politics 7.00 Journal 7.30 100 Grad 8.30 Plenum 9.00 Journal 9.30 Inside Report 10.00 Journal 10.30 Reportage 11.00 Journal 11.15-12midnight Das Fernsehspiel

TV5 5.00am Minutes 5.05 Y'a Pas Match 5.30 Outremers 7.30 Horizon 7.00 Minutes 7.05 Televisé de Radio Canada 7.30 Meteo 7.35 Bus et Compagnie 8.30 Bêtes Pas Bêtes 9.00 Magellan 9.30 Branche 9.55 Minutes 10.00 Decouverte 10.30 Funambule 10.55 Minutes 11.00 L'Enjeu International 11.35 Televisé France 3 11.55 Meteo 12.00 Grands Gourmands 12.30pm Jardins et Loisirs 1.00 Itinéraire Bis 1.20 Saveurs 1.40 A Bon Entendeur 2.10 Autovision 2.40 Cap Aventure 3.00 Televisé de

la Redaction 3.15 Genies en Herbe 3.45 L'Ecole des Fans 4.30 Jardin des Bêtes 5.00 Questions 5.30 Redaction 6.00 Sport Africa 6.30 Televisé Belge 7.00 Thalassa 8.00 Fant Pas Rever 8.55 Meteo 9.00 Televisé France 2 9.30 Docteur Sylvestre 11.00 Perfecto 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 FILM 11.30 News 12.00 Paltan 12.30pm Top Ten 1.00 Rajni 1.30 FILM 4.00 Chand Ghazalien 4.30 Dekh Bhai Dekh 5.00 Music Box 5.30 Community Focus 6.00 Ek Mulaqat 7.00 Court Martial 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 Junoon 1.30 FILM 4.30 Variety Programme 5.30 Khe! Time 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Deewana Muj Ha Sa Nahin 7.30 Jaagran 7.30 Shabads/Holy Quran 8.00 Business News 8.30 Pakistan Business 9.00 Zindagi 9.30 Out and About 10.00 Mast Mast 10.30 Cinemagic 11.00 Khana Khazana 11.30 Chutki Baja Ke 12.00 FILM: Agar Tum Na Hote 3.00pm Video Countdown 4.00 Wagie Ki Duniya 4.30 Dekh Bhai Dekh 5.00 Navras 5.30 Sa Re Ga Ma 6.30 Public Demand 7.30 Hum Paanch 8.00 News 8.30 Margharita 9.00-12midnight FILM: Lahoo Ke Do Rang

RACING CHANNEL

11.00am Review 12.30pm Live at Luncmune 2.00-6.00pm Live Racing From Doncaster, Newbury Huntingdon and Warwick.

CMT

6.00am Rebel 7.00 Non-Stop 11.00 Top 12 12.30pm Global View 1.30 Showcase 2.00 Non-Stop 2.30 Fresh Cuts 3.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Wildhorse 9.00 Dance 10.00 Non-Stop 11.00 Billing 12midnight Rebel 1.00am Top 12 2.30 Showcase 3.00 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for Day 4.05 On for Parents 4.30 Standing on the Rock 5.00 Caldwell 6.00 700 Club 6.30 Terry Jones/Peter Youngren 7.00 Ulf Ekman 7.30 Marily Hickey 8.00 Kidz Special 9.00 Mail Fletcher 9.30 Jesse Duplantis 10.00 Carmen 10.30-11.00am Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 5.00-6.00pm Statement from the House

WORLD NET

World Net does not transmit at weekends

LANDSCAPE

CABLE EXCLUSIVE

Beautiful films accompanied by music 24 hours a day

9.00am The History Makers Alexander the Great
10.00 Rex Hunt's Fishing Adventures
10.30 Hooked On Fishing Deep Sea Fishing
11.00 The Close Guide
11.30 Our House
12.00 Tool Time
12.30pm Wheel Nuts
1.00 Hometime
Installing Wood Floors
1.30 Hometime
Refinishing Wood Floors
2.00 Charlie West Fishing
2.30 Two's Country Spain
3.00 Home Again with Bob Vila
3.30-4.00pm Home Again



4.00pm-8.00pm
Saturday Stack:
On the Road Again
4.00 The Word Is Out
4.30 The Road Less Travelled
5.00 Never What's Expected
Travels through Syria and the Middle East to Jordan.
5.30 Lost in the Desert
Travels to Baghdad.
6.00 Mama Told Me Not to Come
A trip to the Khyber Pass.
6.30 The Bridge to Beyond
Simon Dring visits the Khunjerab Pass.
7.00 Some Kind of Pilgrimage
From the Himalayas and on to Punjab.
7.30 The End of the Road
Approaching Calcutta.
8.00 Disaster
Death on Display
A display air crash.
8.30 Wonders of Weather
Killer Weather
9.00 Extreme Machines
Megatrucks
A look at all the uses of trucks, from transportation to truck racing.
10.00 Weapons of War: Scorched Earth
German Jet Fighters
Hitler's wonder aircraft, the ME262 and ME162, were impaired by errors.
11.00 Battlefield
The Battle of France
Hitler's launch of the war's first large-scale airborne operation.
1.00am The Supernatural - Lake Monster
The Unexplained
The search for a strange creature in Vermont's Lake Champlain.
1.30-2.00am The Supernatural - Sea Serpent

5.00am Omer and the Starchild
5.30 The Fruitties 6.00 The Real Story of... 6.30 Thomas the Tank Engine 7.00 Blinky Bill 7.30 Bugs Bunny 7.45 Road Runner 8.00 Scooby-Doo 8.30 Dastardly and Muttley Flying Machines 8.45 Wacky Races
9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice
11.00 The Mask 11.30 Tom and Jerry 12.00 The Flintstones
12.30pm The Bugs and Daffy Show 1.00 Johnny Bravo 1.30 Cow and Chicken 2.00 Batman 2.30 The Jetsons

3.00-9.00pm
Cow and Chicken
A six-hour feast of offbeat animation. Cow and Chicken follows the antics of a surreal pair of siblings whose relationship is comically underscored by their identities - big brother "Chicken", who is a cranky rooster and little sister "Cow", who is an exuberant bovine. Cow loves her big brother, Chicken, and has a hard time understanding why he tries to avoid her at school. Sure, he cares about his sister, but he needs to look cool in front of the guys - and that's tough when you're being smothered by udders. Chicken's bravado often gets him into trouble, fortunately though, Cow is blessed with a strong-willed alter-ego, in the form of a Spanish-speaking "Supercow" that saves the day in times of despair.



4.00pm Unsolved Mysteries of World War II: The Riddle of Rudolph Hess
4.30 Modern Marvels: Empire State Building
5.30 Edward Windsor Presents... Crown and Country
Edward Windsor travels to Bury St Edmunds to uncover the story of the first patron Saint of England.
6.00 Driving Passion
Early motoring laws are recalled.
7.00-8.00pm Biography
Steve McQueen



11.00am Emmerdale
11.30 Emmerdale
12.00pm Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
It's time for Annie to tell Jack a few home truths.
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm Take the High Road
Morag gives Dougal an answer.



10.00am About Last Night
11.00 TV Stinks
12.00 C.O.D.
12.30pm Crush
1.30 Planet Me
2.00 On the Job
2.30 Unsigned Etc
3.00 Baggy Shorts
3.30 A Year
4.00 Exposure
Live current affairs magazine.
6.00 Intimate
6.30 Trainspotters
7.30-8.00pm Space



News throughout the day, plus:
5.00am Future File 6.00 Wall Street 7.00 Story Board 9.00 Style Cafe 10.00 Your Money
12.00am Far East Review 1.00 Future File 5.00 Wall Street
6.00 Auto Motive 6.30 Big Game 7.00 Directions 7.30 Media 8.00 Future 8.30 Style
9.00 Dot.Com 9.30 Story Board 10.00 Big Game 11.00 Style 12midnight Dot.Com
12.30am Asia This Week
4.30-5.00am Auto Motive



one look and you're hooked

**her husband wears
women's underwear,
her grandmother has a
teenage lover
and her daughter
thinks she's the devil**

**puts the gas bill
into perspective,
doesn't it?**

JERRY
Springer
weekend™

midday to midnight, 7 and 8 march

ME

Common as Muck
The collected works of Shakespeare and a cash bonus undo team spirit.
12.50am Survivors
Bridgehead
Futuristic drama series.
1.50 The Equalizer
Zebra
2.35-7.00am
Shopping at Night

45

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Biathlon
8.30 Ski Jumping
9.30 Alpine Skiing - LIVE
10.30 Alpine Skiing - LIVE
The women's World Cup from Morzine in France.
11.30 Cross-Country Skiing
12noon Biathlon - LIVE
The World Championships from Pokljuka, Slovenia.
1.30pm Tennis - LIVE
Coverage of the final of the ATP Tournament from Rotterdam, Netherlands.

3.00 Biathlon
Coverage of the World Championships from Pokljuka, Slovenia.

4.00 Cross-Country Skiing
Coverage of the World Cup, from Lahti, Finland.

5.00 Ski Jumping
Further action from the World Cup in Lahti, Finland.

6.30 Athletics
Athletics coverage from Sindelfingen in Germany.

7.30 Nascar - LIVE
Action from the 4th round of the Winston Cup Series in Atlanta.

9.30 Cart
A preview of the forthcoming FedEx Championship Series.

10.30 Equestrianism
Coverage of the Volvo World Cup from Paris-Bercy.

11.30 Equestrianism
Continued coverage of the Volvo World Cup at Paris-Bercy.

12midnight-12.30am Sailing
Summary of the weeks events in the Whitbread Round the World Race.

6.00am International Cricket: South Africa v Pakistan
The second day of the third Test.
8.30 Saturday Fight Night
Presented by Paul Dempsey, with analysis from Glenn McCrory and Ian Darke.
10.30 Euro Tour Golf: Qatar Masters - LIVE
Highlights from one of the Tour's newest events, staged at the Doha Golf Club.
1.30pm Ford Golf USA: Doral Ryder Open

3.30 Motor Racing: Race of Champions
Catch up with the front-runners as high-speed race coverage extends to the Race of Champions event.

4.30 Snooker: Dr Marten's Premier League
Action staged at the home of Rushden and Diamond's Football Club - the Diamond Centre - in Northamptonshire.

6.30 Basketball: Uni-Ball Trophy Final - LIVE
Last year the London Towers won their second consecutive title after beating Chester in the final at the Birmingham NEC. They will want to emulate both Kingston and Thames Valley, who have both won three back-to-back titles.

9.00 Spanish Football
Today's Primera Liga action which sees two more sides battle it out for the title currently held by Real Madrid.

11.00 Ford Cup Special: FA Cup 6th Round
Another chance to see the best of the action from the 6th round.
12.30am-3.30am International Cricket: South Africa v Pakistan
Action from the third day of the third Test.

6.00am Ski Prime
6.30 Inside the Senior PGA Tour
7.00 Aerobics Oz Style
7.30 Futbol Mundial
8.00 Soccer Extra
Hosted by Russ Williams and Helen Chamberlain.
11.00 Sports Unlimited
12noon World Wide Rugby
Action from the Rugby Union's Super Tournament.
2.00pm Fight Night
Another chance to watch championship boxing featuring the best of British fighters. Presented by Paul Dempsey, with ringside analysis from Glenn McCrory and Ian Darke.

4.00 Ford Cup Special: FA Cup 6th Round - LIVE
Live coverage of the FA Cup 6th round between two sides determined to reach the final at Wembley. With a place in the European Cup Winner's Cup also at stake, the competition is fierce. The programme includes the FA Cup semi-final draw.

7.00 Euro Tour Golf: Qatar Masters
Highlights of day four of the Qatar masters from Doha Golf Club.

9.00 Ford Golf USA: Doral Ryder Open - LIVE
Live action from the fourth day's play at the Doral Ryder Open, the prelude to the Florida Swing.

11.00 Motor Racing: Race of Champions
Catch up with the front-runners in the Race of Champions event.
12midnight Euro Tour Golf: Qatar Masters
The pick of the fourth day's play from the Qatar Masters.
2.00-3.30am Ford Cup Special: FA Cup 6th Round

12noon Goals on Sunday
Anna Walker presents all of the goals from yesterday that helped shape the Premiership table.
1.30pm Ice Hockey: British Play-Off
Highlights from the play-off clash between two sides striving to reach this year's final at the Nynex Arena in Manchester.

4.00 World of Sailing
Round two of the Skandia Life Cowes Week.
4.30 NHL
Another chance to see the pick of the National Hockey League matches this week as two team meet on the ice.

6.30 Gillette World Sport Special
With David Jensen.
7.00 International Cricket: South Africa v Pakistan
The best of the third day action from the third Test between South Africa and Pakistan.

10.00-12midnight NHL
Another chance to see the pick of the NHL matches this week as two team meet on the ice.

12noon Teenage Urban Adventurers
Circus Performer
12.15pm Teenage Urban Adventurers
Models
12.30 Ready or Not
Members Only
Canadian teen drama.
1.00 Sweat
Stars Martin Henderson.
1.30 Hollyoaks
Post-GCSE soap drama.
2.00 Hollyoaks
2.30 Heartbreak High

3.00 Saved by the Bell
Prom
US schoolroom sitcom.
3.30 Saved by the Bell
From Nurse to Worse
4.00 Echo Point
Teenage soap.
4.30 Echo Point
Teenage soap.

5.00 Ready or Not
Worst Thing that Happened
5.30 Sweat
6.00 It's in the Jeans
6.15 On the Make
6.30 Heartbreak High
High school drama.
7.00 USA High 7.30-8.00pm USA High



8.00pm Monkey
The Catfish Monster
Cult serial from Japan tracing the origins of Buddhism.
9.00 Leslie Nielsen's Unbalanced World
9.30 The Burning Zone
Touch of the Dead
Cassian is infected with a deadly virus. Stars Jeffrey Dean Morgan.

10.30 Red Shoe Diaries
Stories of eroticism.
11.00 FILM: Expose
Udo Kier, Linda Hayden, Fiona Richmond
Soft-porn chiller set at an author's home. 1975
1.00am Beverly Hills Bordello
1.30 FILM: Assault On Precinct 13 1976
3.30 FILM: When the Bough Breaks 1993
5.30-6.00am Unbalanced World

7.30am Nightmare
8.00 G-Force
8.30 Robotech
9.00 Bionic Six
9.30 Adventures of the Galaxy Rangers
10.00 SF Scene
10.30 Planet Mirth
11.00 The Twilight Zone
12noon FILM: The Quatermass Experiment
Brian Donlevy 1955
1.35pm Flash Gordon's Trip to Mars
2.00 The Invisible Man

3.00 The Cape
Just a Rumour
DB's politician father betrays his fellow astronauts and his son.
4.00 The Web
Journey into cyberspace and explore what's new on the net.

4.55 C/Net Central
A computer magazine programme.
5.25 The New Edge
The future examined.
5.55 Earthscan
Tim White introduces real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Mysteries, Magic and Miracles
Patrick Macnee uncovers baffling stories.
7.30 SF Scene

8.00 Quantum Leap
Camikazi Kid
Scientist Sam Beckett becomes an acne-ridden high school student.

9.00 Miracles
Lee Majors presents tales of extra-terrestrial encounters and supernatural experiences.
10.00 The Hunger
Footsteps
With Sofia Shinas.

10.30 FILM: The Wraith
Charlie Sheen
Supernatural horror about a school kid who returns from the dead to terrorise his enemies. 1986
12.30am The Hunger
1.00 The Hunger
1.30 The World of Hammer
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

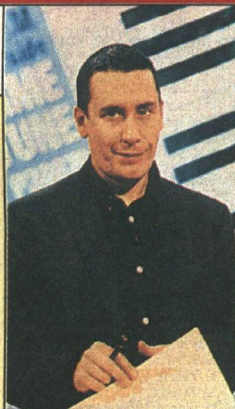


In the supernatural horror 'The Wraith', a high school hero returns from the dead to take revenge on his enemies: Sci-Fi 10.30pm

12midnight The Ten Minute Free View
12.10am Adult Feature
12.20 Fantasy Night Calls
1.00 The Five Minute Free View
1.05 Fantasy Night Calls continues
1.10 FILM: Fantasy Chamber
2.40 FILM: Never Say Never
Adult feature.
3.55-4.00am What's on Tomorrow

12midnight Free Teaser
12.05am Peep Show
12.15 The Sex Guides: Paris
An adult-only roam around the red-light district of Paris.
12.50 Adult Stars Close Up: Insatiable
Top adult stars talk about their most wicked fantasies.
1.45 FILM: Bangkok Nights
3.45-4.00am FILM: Girls of Hawaiian Tropic
Featuring winners of the world's most renowned bikini contest.

12midnight Dish of the Day
12.10am Electric Blue Show
Erotic magazine programme.
12.40 FILM: The Temptation of Eve
Courtroom drama featuring infidelity, blackmail, resentment and revenge.
2.00 Manorhouse Fantasies
Erotic magazine programme.
3.00-4.00am Wicked as She Seems
Adult feature.



Music quiz with
**'Jools Holland's Name
That Tune':**
Challenge 8.15pm



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
Win big prizes.
6.30
Sale of the Century
With Keith Chegwin.
7.00 Prize Time
Win big prizes.
7.05 Split Second
7.30 Move on Up
With Richard Morton.
8.00 Prize Time
**8.15 Jools Holland's
Name That Tune**
8.45 Prize Time
Win big prizes.
9.00 Endurance UK
Tortuous games and
classic clips from the
cult Japanese show.
9.45 Prize Time
10.00 3-2-1
Ted Rogers hosts the quiz
show in which Dusty Bin
must be avoided if the
contestants are to win.
**11.00 Sticky
Moments on Tour**
Julian Clary visits
Newport Pagnell.
11.45 Prize Time
**12midnight Love at First
Sight** 12.30am **Perfect
Scoundrels** 1.30 **Sweet
Justice** 2.30 **Me and the
Boys** 3.00 **Snowy River -
The McGregor Saga** 4.00
Blade Warriors 5.00-6.00am
Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 **Fate and Fortune** 7.00 **Dial-a-Doc** 7.15 **What's in the Box** 7.30 **The Fashion Show** 8.00 **Agony** 8.30 **Living Room Legends** 9.00 **Love Story** 9.15 **Dial-a-Doc** 9.30 **Revelations** 10.00 **Lie Detector** 10.30 **Bunny Bingo** 10.45 **What's in the Box** 11.00 **Judge Judy** 11.30 **Fate and Fortune** 12noon **The Why Files** 12.30pm **Bunny Bingo** 12.45 **What's in the Box** 1.00 **Lie Detector** 1.30 **Agony Omnibus** 2.30 **Revelations** 3.00 **Fate and Fortune**
A look into the mysterious world of tarot reading.
3.30 **Vinyl Frontier**
3.45 **Vinyl Frontier**
4.00 **Judge Judy Omnibus**

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00
The Fashion Show
6.30 Bunny Bingo
6.45
What's in the Box
7.00 Vinyl Frontier
7.30 Agony
Relationship advice for troubled souls.
7.59 Big City Tips
8.00 Lie Detector
Unmasking fibbers.
8.30 Judge Judy
8.59 Tiffani's Big City Tips
9.00
Brits on the Piste
9.30
The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
More late night erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam
12.15am **Private Dancer** 12.30 **Pleasure Dome** 1.00 **Exotica Erotica** 2.00 **Brits on the Piste** 2.30 **The Sex Show** 3.00 **Exotica Erotica** 4.00 **The Fashion Show** 4.30 **Agony** 5.00 **Lie Detector** 5.30 **Dial-a-Doc** 5.45-6.00am **Nation LIVE**

CHANNEL
ONE
TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
9.30am **The Album Show**
10.30 **The Album Show**
11.30 **The World of Sport**
12.30pm **US Chart Show** 1.30
Cinema Cinema Cinema
2.30 **The Album Show**
Classic tracks from all your favourite artists - from Bob Dylan to Oasis.
3.30 **PDQ - The One Stop Shop**
Tune in for the chance to purchase great items.
4.30 **Cybernet**
All the latest news and views from the world of computers, including all that's new on the net.
5.30 **PDQ - The One Stop Shop**
Tune in for the chance to purchase great items delivered straight to your door.
6.30
American Chart Show
Find out how British bands such as The Spice Girls and Oasis are faring stateside.
7.30 **Cybernet**
All the latest news and views from the world of computers.
8.30 **PDQ - The One Stop Shop**
Tune in for the chance to purchase great items.
9.30 **PDQ - The One Stop Shop**
Home shopping service which delivers innovative products straight to your door.
10.30 **Cinema Cinema Cinema**
An in-depth look at all the latest Hollywood news and gossip.
11.30 **The Album Show**
Classic tracks from your favourite artists.
12midnight-8.00am
Local news on the hour, Album Show at half past every hour

NBC

5.00am Travel Xpress
With Tricia Williamson.
5.30 Inspiration
7.00 Hours of Power
8.00 Home & Garden TV
10.00 Super Shop
A chance to do shopping without ever leaving the armchair. Phone, credit card and the TV screen become the viewers' superstore.
11.00 NBC Super Sports
Including a Gillette World Cup '98 preview and a look inside the PGA tour.
3.00pm
Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century.
4.00
The McLaughlin Group
Public affairs programme.
4.30 Meet the Press
Tim Russert hosts the show which features interviews with guests of international importance.
5.30 V.I.P.
Celebrity chat.
6.00 Mr Rhodes
Schoolroom comedy starring Tom Rhodes.
6.30 Union Square
New York sitcom.
7.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.30
Five Star Adventure
8.00 NBC Super Sports
Including a special Gillette World Cup '98 preview.
9.00 The Best of the Tonight Show with Jay Leno
Highlights of the star interviews.
10.00 Profiler
A stylish suspense thriller exploring the dark side of the human mind. Stars Ally Walker.
11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
11.30 V.I.P.
Celebrity chat.
12midnight The Best of the Tonight Show with Jay Leno 1.00am **Internight** 2.00 **V.I.P.** 2.30 **Europe à la Carte** 3.00 **The Ticket NBC** 3.30 **Travel Xpress** 4.00 **Five Star Adventure** 4.30-5.00am **Ticket NBC**

travel
TV AND TRAVEL CHANNEL

CABLE EXCLUSIVE

12noon Snow Safari
Nevada USA
12.30pm Pathfinders
Navajo
1.00 The Great Escape
Corbett Park and Gulgarg
1.30 On Tour
Mallorca
2.00 North of Naples, South of Rome
Paolo's Hometown, Gallinara
2.30 Floyd on Oz
Australia on a Plate
3.00 An Aerial Tour of Britain
Manchester
A unique perspective of this exciting city.
4.00 Destinations
Leeward Islands
Visiting the beautiful tropical landscapes of the Virgin Islands.
5.00 Widlake's Way
Cuba - Island of Dreams
A look at the largest of the Caribbean islands - Cuba.
6.00
A River Somewhere
The d'Urville River
6.30
The Great Escape
7.00
On Top of the World
Kenya Safari
Exploring the East African country.
8.00 Ridge Riders
Across Southern England
8.30
Railway Adventures Across Europe
9.00 Grainger's World
Towards the Golden Triangle
An unforgettable journey through Singapore.
10.00 The Flavours of France
Nievre
10.30 Snow Safari
Lake Tahoe
11.00
A River Somewhere
The d'Urville River
11.30-12midnight
No Truckin' Holiday

living

6.00am Tiny Living
9.00 Living Style
9.10 Rolonda
10.00 Brookside Omnibus
12noon
Jerry Springer Uncut
12.50pm
Jerry Springer Uncut
1.40 Jerry Springer Uncut
2.30 Jerry Springer Uncut
Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussion about relationship issues.
3.20
Jerry Springer Uncut
Outrageous and lively American talk show.
4.10
Jerry Springer Uncut
Outrageous and lively American talk show hosted by Jerry Springer.
5.00
Jerry Springer Uncut
Talk show.
5.50
Jerry Springer Uncut
Outrageous and lively American talk show hosted by Jerry Springer.
6.40
Jerry Springer Uncut
Lively and heated discussion.
7.30
Jerry Springer Uncut
Outrageous and lively American talk show.
8.20
Jerry Springer Uncut
Lively and heated discussion.
9.10
Jerry Springer Uncut
Outrageous and lively American talk show hosted by Jerry Springer.
10.00
Jerry Springer Uncut
Lively and heated discussion.
10.50-12midnight
Jerry Springer Uncut
Outrageous and lively American talk show.

CABLE CHECK

SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



NATIONAL
GEOGRAPHIC
CHANNEL

UK
STYLE

CABLE EXCLUSIVE

7.00pm
Birds of Distinction:
The Rainbow Birds
8.00 Birds of Distinction:
Eagles - Shadows on the Wing
This film celebrates eagles in all their splendour.
9.00 Birds of Distinction:
Water Dancers
9.30 Birds of Distinction:
Pelicans on the Edge
10.00 Serengeti Diary
11.00
Holland Against the Sea
12midnight-1.00am
Voyager: North to the Pole

2.00pm Radio Times 2.30 **Dream Ticket** 3.00 **Travel Show Guide** 3.30 **Holiday in Style** 4.30 **The Big Trip** 5.30 **Tracks** 6.00 **Radio Times** 6.30 **Change That** 7.00 **The Big Trip** 8.00 **Holiday in Style** 9.00 **Style Challenge** 9.30 **Can't Cook, Won't Cook** 10.00 **Food and Drink** 10.30 **Home Front** 11.00-12midnight **Antiques Roadshow**

UK
ARENA

CABLE EXCLUSIVE

6.00pm Anna Karenina
7.00 Anna Karenina 8.00 **Later with Jools Holland** 9.00 **Not Only...But Also...** 9.30 **Even Further Abroad** 10.00
FILM: La Grande Bouffe
Marcello Mastroianni, Ugo Tognazzi, Michel Piccoli
Satirical drama about four men who are bored with life and decide to kill themselves by over-indulging. 1973
12.15am-12.30am
The Frame



7.00am Kickstart 9.00 **The Grind** 10.00 **Hitlist UK**
12noon MTV News
Weekend Edition
12.30pm **Oasis Uncut**
1.00 **Select** 3.00 **Ultimate**
Michael Jackson Top Ten 4.00 **Selected**
5.00 **MTV's Euro Top 20** 7.00
News Weekend Edition
7.30 **The Real World - LA** 8.00 **Up for It** 9.00 **So 90s** 10.00 **The Lick R&B Chart** 11.00 **Amourathon** 2.00am-6.00am
Music Videos



7.00am Breakfast in Bed 10.00 **Sunday Brunch** 12noon **Ten of the Best:**
Simply Red 1.00pm
Greatest Hits of: Kate Bush 2.00 **The Clare Grogan Show** 3.00
Greatest Hits of: The 80s 6.00 **Pop-Up Video** 7.00
American Classic 8.00
Talk Music 9.00 **VH1 Hits** 10.00 **Ten of the Best:**
Simple Minds 11.00 **VH1**
Spice 12midnight **Soul**
Vibration 1.00am
Midnight Special 2.00-7.00am **VH1 Late Shift**

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



9.00am The History Makers
Alexander I
10.00 Charlie West Fishing
10.30 Total Fishing with Matt Hayes
11.30 Gimme Shelter
11.30 Homemaker
12.00 Tool Time
12.30pm Antiques Trail
1.00 A Cook's Journey
1.30 The Furniture Guys
Box Beam Installation
2.00 Rex Hunt's Fishing Adventures
Antipodean angling tales.
2.30 Two's Country
Roamin' All Over
3.00 This Old House
3.30-4.00pm This Old House



4.00pm Strike Command
An extraordinary one-day military exercise fought over the Highland glens of Scotland.
5.00 The Real X-Files
The Remote Viewers
An extraordinary story about one of the most bizarre episodes in US espionage.
6.00 Jurassic
Amber Hunters and Flesh on the Bones
Searching for the golden resin that could harbour dinosaur DNA.
7.00 The Quest
Surviving in Space
7.30 Ghosthunters
The Haunted Ballroom
Can we lure spirits back to this world?
8.00 Super Structures: The Eurotunnel
The triumphant story of the creation of the longest undersea railway tunnel in the world.
9.00 Super Structures: The Sea Wolf
This is the story of the most complex military machine of the 20th-century - the Sea Wolf.
10.00 Super Structures: Skyscraper
Skyscrapers defy gravity. Forged from concrete and steel, they loom over today's urban jungle.
11.00 Medical Detectives
Charred Remains
Investigating the world of the scientific detective, solving real-life tragedies using the latest in DNA technology and crime laboratory techniques.
11.30 Medical Detectives
Something's Fishy
12midnight Lonely Planet
1.00am-2.00am Justice Files



5.00am Omer and the Starchild
5.30 The Fruitties
6.00 Real Story of...
6.30 Thomas the Tank Engine
7.00 Blinky Bill
7.30 Bugs Bunny
7.45 Road Runner
8.00 Scooby-Doo
8.30 Dastardly and Muttley Flying Machines
8.45 Wacky Races
9.00 Dexter's Laboratory
9.30 Johnny Bravo
10.00 Cow and Chicken
10.30 Beetlejuice
11.00 The Mask
11.30 Tom and Jerry
12.00pm Flintstones
12.30pm The Bugs and Daffy Show
1.00 Johnny Bravo
1.30 Cow and Chicken
2.00 Batman
2.30 The Jetsons
3.00-9.00pm Johnny Bravo
Six hours of adventures with the superhero with the enormous ego.



7.00am Tales from the Cryptkeeper
7.30 Kablam!
8.00 Rocky's Modern Life
8.30 Hey Arnold!
9.00 Rugrats
10.00 Angry Beavers
10.30 Doug
11.00 Aaaah!!! Real Monsters
11.30 Ren and Stimpy
12.00 Wishbone
12.30pm Moesha
1.00 Sister Sister
1.30 The Secret World of Alex Mack
2.00 Kenan and Kel
2.30 Clarissa Explains It All
3.00 The Adventures of Pete and Pete
More hilarious antics with the troublesome namesakes.
3.30 Kablam!
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sussed!
5.30 Sister Sister
There's twice the comedy as Tia and Tamera and their respective single parents all try to cohabit.
6.00 Kenan
6.30-7.00pm Are You Afraid



7.00pm Mork and Mindy
The Exidor Affair
7.30 Roseanne
Pretty in Black
Roseanne plans a party.
8.00 The Kenny Everett Show
Entertaining Eighties comedy with Ken and co.
8.30 Caroline in the City
9.00 Cheers
Little Carla, Happy at Last - Part II
Eddie and Carla prepare for the wedding.
9.30 Ellen
10.00 Frasier
Ask Me No Questions
Niles poses an important question to Frasier.
10.30 Duckman
Cult adult animation.
11.00 The Kenny Everett Show
11.30 Absolutely
12midnight Sledgehammer
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 The Kenny Everett Show
3.00 Frasier
3.30-4.00am Duckman



6.00am Spirou
6.30 Iznogoud
7.00 Swamp Thing
7.30 Batman
8.00 Spellbinder II
8.30 Dennis the Menace
9.00 Road to Avonlea
10.00 Iznogoud
10.30 The New Adventures of Giganator
11.00 Spirou
11.30 Flash Gordon
12.00 AJ's Time Travellers
Johann Gutenberg
3.30 Oscar's Orchestra
Viva Espana!
4.00 Batman
The Spell of Tut
Camp caped crusading.
4.30-5.00pm Dennis the Menace
Dennis Ahoy!



CABLE EXCLUSIVE
7.00pm Gilbert and Sullivan: The Yeoman of the Guard
The best of British Operetta in a classic series featuring some surprising stars. With music by the London Symphony Orchestra.
9.00 American Playhouse: A Walk in the Woods
Starring Sam Waterson as an American diplomat, who agrees to take a walk with his Soviet counterpart during crucial arms talks in 1982. A warm, funny stage play that looks at the human side of the Cold War.
11.00 Jazz Extra:
Joshua Redman
12midnight-1.00am Midnight Jazz: McCoy Tuner and Bobby Hutcherson

NEWS AND INTERNATIONAL

BBC NEWS 24
6.00am News 6.30 UK Direct
7.00 News 8.00 News 9.00 News 10.00 News 10.30 Science 11.00 Dateline 12.00 News 4.00pm Newsround 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Review 8.00 News 8.30 Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 Diary 3.00 News 3.15 World News 3.30 Crowd 4.00 News 4.30 Chronicles 5.00 News 5.30-6.00am Review

CNN INTERNATIONAL
News throughout the day, plus:
5.00am World News 5.30 Inside Asia 6.30 Business 7.30 Sport 9.30 Artclub 10.30 Sport 11.30 Earth Matters 12.30pm Science and Technology 1.30 World Report 2.30 Inside Europe 3.30 Sport 4.30 NBA 5.00 Late Edition 6.30 Health 7.00 Impact 8.30 Pinnacle Europe 9.30 World Cup 10.30 World Sport 11.00 World View 11.30 Style 12.30am Showbiz 1.15 Asian Edition 2.00 World Today 3.00 Impact 4.30-5.00am NBA

SKY NEWS
News on the hour, every hour, plus:
6.00am Sunrise 7.45 Gardening 9.30 Business Week 10.00 Sunday 11.30 Book Show 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz Weekly 3.30 Target 4.30 Sunday 5.00 Live at Five 7.30 Sportsline 8.30 Reuters Report 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Week in Review 12.30am CBS Weekend Review 1.30 ABC Weekend News 2.30 Business Week 3.30 Reuters Report 4.30 CBS News 5.30-6.00am ABC World News

INTERNATIONAL
3SAT 5.00am 7 Tage Anders
Fernsehen 6.00 Kulturgespräch 6.45 Kunststreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für alle 8.15 Musik 8.30 Zum 75. Geburtstag von Walter Jens 9.00 Literaturclub 10.15 Alice Guy-Blaché Arte 12.00pm Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Musik für Sie 2.15 Zum 100. Geburtstag 3.00 HITEC-Dokumentation 3.30 Die Macht der Sinne 4.20 Gewußt Wie 4.30 Teletips vom Hausarzt 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Markwort Neunzehnzehn 7.00 Tagesschau 7.15 Deutscher Kleinkunstpreis 8.30 Take off from the Sand 9.30 Weltsbilder und Televisionen 10.30 Der Staatsanwalt Hat das Wort 11.10-1.00am Zum 90. Geburtstag von Anna Magnani
Deutsche Welle 5.00am Inside Politics 5.30 Video Timeline 5.45 Expo 2000 6.00 Journal und Compact 6.30 Plenum 7.00 Journal und Compact 7.30 HEAT 8.30 ZDF 11.00 Journal 11.30 Das Fernsehspiel 11.15 Plenum 11.45 Schätze der Welt 12.00 Journal 12.30pm ZDF 1.00 Video Timeline 1.15 Expo 2000 1.30 BIG 2.00 Journal und Compact 2.30 Jeder Singt auf Seine Weise 3.00 Alice 3.30 Akzente 4.15 Expo 2000 4.30 BIG 5.00 Journal 5.30 Video Timeline 5.45 Church and Society 6.00 HEAT 7.00 Journal und Compact 7.30 Akzente 8.15 Zur Zeit 8.30 BIG 9.00 Journal 9.30 Treasures of the World 9.45 Expo 2000 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Sport Report 11.30-12midnight Plenum

TV5 5.00am Minutes 5.05 Cap Adventure 5.30 Horizons Francophones 6.00 Musique 7.00 Meteo 7.05 Journal 7.30 Meteo 7.35 Bus et Compagnie 8.30 Jardin des Betes 9.00 Minutes 9.05 Jardins et Loisirs 9.30 Correspondances 9.45 Du Poil de la Bête 10.00 Musique 10.30 Perfecto 11.00 Meteo 11.05 Telecinema 11.33 Journal 11.55 Meteo 12.00

Thalassa 1.00 Faut pas Rever 2.00 Documentaire 3.00 Journal 3.15 Theatre 4.50 Mouvements 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Journal 7.00 Soiree Thematique 8.55 Meteo 9.00 Journal 9.35 Le Monde 10.30 Bons Baisers d'Amérique 11.30-12midnight Soir 3

ASIANET
CABLE EXCLUSIVE
7.30am Sant Darshan 8.30 Bhakti 9.30 Mehfil 10.00 Durr Ki Bani 10.30 Focus 11.00 Aashirvaad 11.30 Quran 12.00 Stardust 1.00pm Business 1.30 FILM 4.00 Palfan 4.30 Cine Express 5.00 Chidi Ka 5.30 Countdown 6.30 Aur Aap 7.00 Zamana 7.30 Jung 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Aur Aap 12.30am Jung 1.00 Zamana 1.30 FILM 4.00 Indipop 4.30 Dasht 5.30 Rang Da 6.30 Chidi Ka 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV
4.00am FILM: Hiro Hirai 7.00 Jaagan 7.30 Shabads/Holy Quran 8.00 Business News 8.30 India Business Report 9.00 Shri Krishna 10.00 Health Show 10.30 Aashiana 11.00 Jhapat Khana 11.30 Mrs Madhuri Dikshit 12.00 FILM: Naram Garam 3.00pm Parivartan 97 4.00 Zee & U 5.00 Anhonee 6.00 Chashme Badoor 6.30 Amaanat 7.30 Antakshari 8.00 News 8.30 FILM: Ek Tha Raja 11.30-12midnight Mano Ya Na Mano

RACING CHANNEL
The Racing Channel does not transmit today.

CMT
6.00am Rebel 7.00 Non-Stop 2.00pm Countdown 2.30 Fresh Cuts 3.30 Showcase 4.00 Fresh Cuts 4.30 Non-Stop Country 6.00 Top Billing 7.00 Rebel 8.00 Non-Stop 8.30 Countdown 10.00 Global View 11.00 Top Billing 12midnight Rebel 1.00am Showcase 1.30 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG
Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS
News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL
4.00am Thought for the Day 4.05 Worship 5.00 Fred Price 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Eddie Long 8.00 Matthew Ashimolowo 9.00 Sunday Night Live 9.30 Highway to Heaven 10.00 Revelation 10.30-11.00am This is Your Day with Benny Hinn

PARLIAMENTARY CHANNEL
CABLE EXCLUSIVE
5.30 Parliamentary Committees 12.00am America This Week 5.00pm-6.00pm Parliamentary Committees

WORLD NET
World Net does not transmit at weekends.

LANDSCAPE
CABLE EXCLUSIVE
Beautiful films accompanied by music 24 hours a day



4.00pm History Classics: Vietnam, the Ten Thousand Day War - America in Vietnam
A look at the battle that decided whether Vietnam would be communist or not.
5.00-8.00pm Hitler's War Machine: Weapons at War
5.00 U-Boats
6.00 Panzers
7.00-8.00pm The Luftwaffe



11.00am Emmerdale
11.30 Emmerdale
12.00pm Emmerdale
1.00 Emmerdale
Amos Bready awaits with trepidation the judging of the best-kept cellar competition.
1.30 Families
2.00 Families
2.30 Families
3.00 Families
3.30-4.00pm Families
Nathan crashes his motorbike.



10.00am Crush
11.00 Trainspotters
12.00 The Band Show
A showcase for new young bands.
12.30pm ACNY
Movie and video review show.
1.00pm Space
2.00 Exposure
4.00 Crush
Live current affairs magazine.
5.00 About Last Night
6.00 Space
7.00-8.00pm Trainspotters



News throughout the day, plus:
5.00am Directions 5.30 Story 6.00 East 7.00 Wall 7.30 Auto 8.00 Game 9.00 Money 9.30 Media 10.00 Style 10.30 Future 1.00pm Money 1.30 Style 2.00 Auto 2.30 Game 3.30 Media 4.00 Future 4.30 Dot.Com 6.00 Game 6.30 Auto 7.00 Media 7.30 Future 8.00 Money 8.30 Directions 9.00 Europe 11.00 Money 1.00pm Trading Day 3.00 Media 3.30 Future 4.30-5.00am Big Game

DO THE SALSA!

Spice up your seafood diet with this garlic-and-chilli-marinated prawn dish, served with a tangy tomato and cardamom salsa, from TV chef Antony Worrall Thompson

Marinated Prawns with Tomato and Cardamom Salsa

Marinated Prawns

- 1kg (2lb) unshelled raw green prawns, heads removed
Juice of 1 lemon
Salt and freshly ground black pepper
1 large red chilli, seeded and finely diced
2 cloves garlic, finely diced
150ml (1/4 pint) extra virgin olive oil

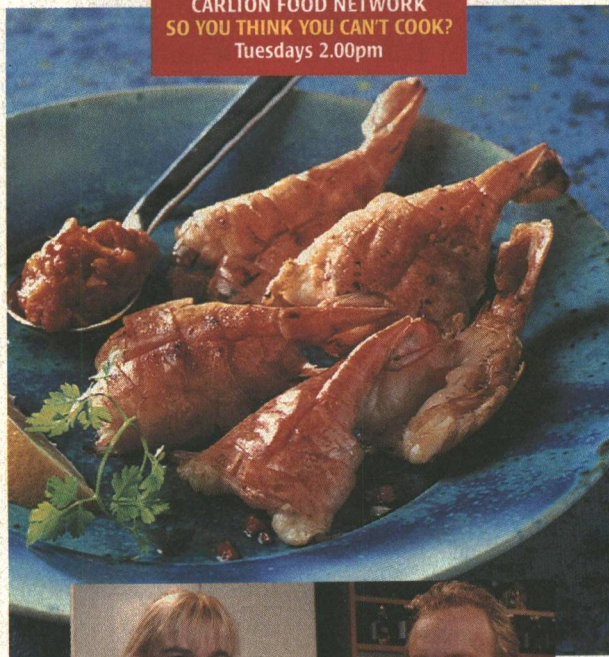
Method:

1. Butterfly the prawns through the back. Turn them over, open out and press flat.
2. Arrange on a tray and sprinkle with lemon juice, chilli, garlic, salt and pepper, and dribble liberally with olive oil. Allow to marinate for 2-3 hours in the fridge.
3. Cook on a charcoal or a griddle pan for 2 minutes, shell-side down. Serve with the salsa.

Tomato and Cardamom Salsa

- 1 large onion, finely diced
2 large pieces of ginger, peeled and finely diced
10 cloves garlic, finely diced
1 tbsp sea salt
1 tbsp ground turmeric
6 cloves, roasted and ground
8 cardamom pods, roasted and ground
10 vine-ripened tomatoes, peeled, seeded and diced

CARLTON FOOD NETWORK
SO YOU THINK YOU CAN'T COOK?
Tuesdays 2.00pm



Stir wars: Jay and Antony Worrall Thompson prepare for culinary battle in 'So You Think You Can't Cook?'

Method:

1. Heat the oil until very hot in a heavy based pot. Add the onion, ginger, garlic and salt. Lower the heat to moderate and cook, stirring constantly to prevent burning. Cook for about 5 minutes.
2. Add the turmeric, cloves and cardamom and cook for a further 5 minutes.
3. Add the tomatoes and cook slowly for 20 minutes until a thickish sauce forms. Set aside and allow to cool.

Beat that

When the heat is on the rice sticks to the pan and every white sauce turns out lumpy. Sound familiar? In a new series on the Carlton Food Network this month, *So You Think You Can't Cook?*, celebrity chef Antony Worrall Thompson and his wife Jay are setting out to prove we can all be gourmet geniuses. In each episode, a member of the audience who can't cook will team up with Jay to try to create the same dish as Antony.

'I think that with a little help everyone can cook, although I'm confident my dishes will come out top,' says Antony.

But, replies Jay: 'He'll have to watch out. We'll stop at nothing to create the winning dish.'

LOVE STARS by Margie Thillart

Sensational ♥♥♥
Stimulating ♥♥
Satisfactory ♥

MARCH BIRTHDAYS

- 10th Sharon Stone ● 14th Michael Caine
● 19th Bruce Willis ● 25th Elton John

Aries♥♥♥

21 March-20 April

YOU MAY feel you have worked tirelessly without reward, and there will be unexpected delays to cope with. Your stars suggest that you are on a learning curve this month, but you can take heart that your efforts will soon pay off.

Taurus♥♥♥

21 April-21 May

SOME OF you are destined to go through a period of personal growth and change, while others will welcome emotional healing. Try to bear in mind that timing is the key to success. And if in doubt, you should let intuition be your guide.

Gemini♥♥♥

22 May-21 June

YOU WILL have incredible staying power physically, but emotionally you may be a little more vulnerable than usual. Remind yourself to sidestep sensitive issues, and allow yourself a small treat or spend money indulging your senses.

Cancer♥♥♥

22 June-23 July

YOU ARE entering a cycle of refreshing change and exciting events. Some of you may be considering a move in the next few weeks, while others will dramatically alter a relationship. You can rely on your close friends to rally round you this month.

Leo♥♥♥

24 July-23 August

SUBTLETY is the key to happy relationships during March. You may have to work harder to understand your loved ones, but if you are prepared to look, listen and learn, you will easily find yourself adapting to the needs of others.

Virgo♥♥♥

24 August-23 September

A RELATIONSHIP that seems to have come full circle will finally bring you a comforting dose of emotional fulfilment. There is a great deal of happy energy in the relationship part of your chart, and all the signs suggest that your love life will blossom.

Libra♥

24 September-23 October

IT IS important to express your feelings, but you must also be mindful of other people in the process. Something you say may be taken completely out of context, and extra tact or diplomacy may be called for in family relationships.

Scorpio♥♥♥

24 October-22 November

YOU NEED to tune into the more sensitive side of your personality if you want to achieve harmony on the home front this month. The attitude of your loved ones is likely to change quite dramatically once you decide to make a compromise.

Sagittarius♥

23 November-22 December

YOUR MOST powerful weapons during March will be courage and conviction. A challenging situation may temporarily throw you off balance, but once you manage to take control, the outcome will be positive. Seek help from an expert.

Capricorn♥♥♥

23 December-20 January

LEAVE BEHIND the daily routine and spend time with amusing, well-informed friends. The planetary trend this month is towards balance and variety in all aspects of your personal life. Relationships will start to flourish in March.

Aquarius♥♥♥

21 January-19 February

THERE MAY be surprising developments on the home front, or unexpected changes in the work place. At times you will feel confused or even out of your depth, but, generally speaking, your strength of character will get you through in the end.

Pisces♥♥♥

20 February-20 March

SOMEONE YOU come across socially will have a major impact on your life. There may be an idea that appeals to you, or a variation in your daily routine to eliminate the boring and predictable. Either way, you will welcome any of these changes or ideas.



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Shadow Makers
Paul Newman
1989, rating Sky PG, 121 mins
8.30 Volcano: Fire on the Mountain
Dan Cortese, Cynthia Gibb
Disaster movie. **Text** 1996, rating Sky PG, 86 mins
10.30 Born Free: A New Adventure
Jonathan Brandis
Family adventure. **Text** 1996, rating Sky U, 92 mins
12.30pm Shadow Makers
1989, rating Sky PG, 121 mins

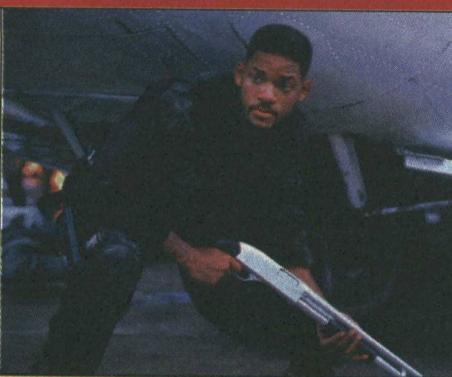
6.20am The Judge Steps Out
1949, rating Sky PG, 88 mins
8.00 Salt Water Moose
Timothy Dalton
1996, rating Sky U, 93 mins
10.00 Foreign Correspondent
Joel McCrea, Laraine Day
1940, rating Sky PG, 116 mins
12noon The Angel of Pennsylvania Avenue
Diana Scarwid, Robert Ulrich
1997, rating Sky U, 88 mins
2.00pm Five Graves to Cairo
Franchot Tone, Anne Baxter
World War II adventure. A hotel in the Sahara is the setting for double-crossing and intrigue when Field Marshal Rommel pays a visit. 1943, rating Sky PG, 92 mins

4.00 Stage Fright
Marlene Dietrich, Jane Wyman, Richard Todd
Hitchock comedy thriller about a drama student attempting to clear the name of a friend who, she suspects, has been framed for murder. 1950, rating Sky PG, 106 mins
5.50 Salt Water Moose
Timothy Dalton, Lolita Davidovich, Johnny Morina, Katharine Isobel
Family drama about a boy's lonely summer in a strange town, which turns into the adventure of a lifetime when he meets a tomboy, Jo, who takes him to a nearby island to rescue a stranded moose. 1996, rating Sky U, 93 mins

7.30 Special Feature
Another in-depth report from Hollywood.
8.00 Heart of Fire
Patrick Duffy, Steve Jacobs, Troy Winbush, Kerry Armstrong
PREMIERE Drama about a courageous firefighter whose personal life is falling apart. Royd blames himself for the suicide of a colleague and, unable to cope with the demands of his wife and children, walks out on them. 1996, rating Sky PG, 96 mins

10.00 Screeners
Peter Weller, Roy Dupuis, Jennifer Rubin
Sci-fi thriller. In the year 2078, the survivors of a war are threatened by robots who look like human beings and are programmed to kill. 1996, rating Sky 18, 104 mins
11.50 Bad Boys
Martin Lawrence, Will Smith, Theresa Randall
Action comedy. **Text** 1995, rating Sky 18, 114 mins
1.50am Dead Weekend
Stephen Baldwin, David Rasche, Alexis Arquette
1995, rating Sky 18, 78 mins

3.15-5.30am Eve of Destruction
Rene Soutendijk
Hi-tech sci-fi thriller. 1990, rating Sky 18, 96 mins



In the action comedy 'Bad Boys', Mike Lowrey (Will Smith) is a detective on the hunt for \$100million-worth of heroin: Sky Movies Screen 2 11.50pm



MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



4.00pm That's My Boy
Dean Martin, Jerry Lewis, Marion Marshall, Eddie Mayehoff, Ruth Hussey
Slapstick comedy. An ex-footballer wants his layabout son to follow in his footsteps and thus hires a trainer to coach him in the sport. Unfortunately, his offspring shows no talent whatsoever. 1951, rating Sky U, 95 mins
6.00 The Long Ships
Richard Widmark, Sidney Poitier, Rosanna Schiaffino, Russ Tamblyn, Oscar Homolka, Colin Blakely
Action-packed Viking adventure about a Scandinavian hero struggling against the evil Moors to gain possession of a prized golden bell. 1964, rating Sky PG, 120 mins

8.00 Rich Kids
Trini Alvarado, Kathryn Walker, Jeremy Levy, John Lithgow
Satirical, often amusing drama about a pair of upper class New York kids who become friends when one of them is trying to come to terms with the fact that her parents' marriage is crumbling. 1979, rating Sky 15, 93 mins
10.00 New Jack City
Wesley Snipes, Ice-T, Judd Nelson, Chris Rock
Urban action drama about Nino, a ruthless druglord who controls the streets of New York, and how no one is able to get close enough to his operation to shut it down. 1991, rating Sky 18, 97 mins
11.40 Flesh and Blood
Rutger Hauer, Jennifer Jason Leigh, Ronald Lacey
Controversial drama set in the Middle Ages. 1985, rating Sky 18, 122 mins
1.45am Badge of the Assassin
Yaphet Kotto, James Woods
1985, rating Sky 15, 90 mins
3.20-5.25am The Long Ships
1964, rating Sky PG, 120 mins

9.00pm The Liquidator
Rod Taylor, Trevor Howard, Jill St John, Wilfrid Hyde-White
A playboy is lured by the prospect of cars, women and a penthouse into carrying out a spying mission. 1966, 104 mins

11.00 Murder Most Foul
Margaret Rutherford, Ron Moody, Charles Tingwell, Miss Marple mystery based on Agatha Christie's Mrs McGinty's Dead. 1964, 91 mins
1.00am A Very Private Affair
Brigitte Bardot, Marcello Mastroianni, Dirk Sanders
Drama about a film star who runs away. 1962, 95 mins
3.00-5.00am The Liquidator
1966, 104 mins

7.00am Street Sharks
7.30 Games World NEW
SERIES Video games challenge series.
7.45 The Simpsons Text
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children Text
12.30pm M*A*S*H Text
1.00 Geraldo
2.00 Sally Jessy Raphael

3.00 Jenny Jones
My Mom Had an Affair with My Man
The guests on today's show are mothers who had affairs with their daughters' mates.
4.00 The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show.

5.00 Star Trek: The Next Generation
Transfigurations
A badly injured humanoid, found in an escape pod, begins to develop strange energy powers.

6.00 The Live 6 Show
Magazine programme hosted by Jenny Powell and Richard Orford.

6.30 Married... With Children
A Taxing Problem **Text**

7.00 The Simpsons
Homer the Vigilante
Homer takes the law into his own hands. **Text**

7.30 Real TV
Actual video footage of real-life events.

8.00 Star Trek: Deep Space Nine
Empok Nor
O'Brien, Garak, Nog and a salvage team are stranded on a supposedly abandoned space station.

9.00 Sliders
The Weaker Sex
The travellers slide to a parallel world where Hillary Clinton is President and men stay at home with the children.

10.00 Brooklyn South
Dublin of Nothin'
Police drama set in New York. The precinct prepares for a deadly showdown with an Irish mob.

11.00 Star Trek: The Next Generation
Transfigurations
A badly injured humanoid, found in an escape pod, begins to develop strange energy powers.

12midnight Late Show with David Letterman
1.00am Raven
Prey
Jonathon arranges to be taken to a deserted island for some peace and quiet - but his stay turns out to be anything but restful.
2.00-7.00am Long Play

7.00am Worzel Gummidge
Down Under 7.35
Neighbours 8.00
Crossroads 8.25
EastEnders 9.00 The Bill
9.30 Howards' Way
10.00 Home to Roost
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Sykes
2.05 Open All Hours
2.45 Stay Lucky
Bring Back My Barny to Me
Harry, Jack and Barny decide to rob a French chateau.

3.45 The Bill
Stuffed
Ackland and Quinnan are led on a wild goose chase by two juveniles.

4.15 Juliet Bravo
Coins
PC Bentley thinks that a woman is involved in a burglary at Major Adam's fall-out shelter - and is almost right.

5.20 EastEnders
More drama with the residents of Albert Square.

5.55 Big Break
Jim Davidson hosts the snooker gameshow with top players.

6.30 The Bill
Stuffed
Ackland and Quinnan are led on a wild goose chase by two juveniles.

7.00 Dad's Army
Boots, Boots, Boots
The men are instructed in the three Fs.

7.40 Canned Carrott
Jasper Carrott presents more stand-up comedy and sketches.

8.20 Blackadder II
Potato
Edmund announces that he will navigate the treacherous waters of the Cape of Good Hope.

9.00 Dangerfield
Patrick Hooper confides to Dangerfield that his girlfriend is receiving threatening letters, which appear to have come from his estranged wife.

10.05 Taggart
The Hitman
Concluding part. Taggart and Jardine are baffled by the contradictions in the case of hotelier Tommy Catto's murder.

11.10 The Man from Auntie
More quickfire comedy and observations on life from Ben Elton.

11.50 Paul Merton - The Series
12.25am Between the Lines
Jumping the Lights
Connell's professional and private lives clash.
1.20 Spitting Image
1.50 The Equalizer
Starfire
2.35-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Top Gear GTI
8.00 Flight of the Condor
9.00 Coco Chanel
10.00
Tomorrow's World Plus
11.00 The Vet
11.30 The Vet
12noon John Wayne: The Unquiet American
1.00pm Coco Chanel
2.00 Animal Hospital
With Rolf Harris.
2.30 Hot Gadgets

3.00 Jeremy Clarkson's Motorworld Japan
Automotive magazine.
3.30 Jeremy Clarkson's Motorworld Monaco

4.00 Your Horizons
Sneak previews and celebrity interviews feature in a guide to the best of the week's programmes on UK Horizons.

5.00 Tomorrow's World Plus
Includes filmed reports about the future of science and technology, plus revealing glimpses into the past.

6.00 Animal Hospital
A look at the work of the Harmsworth hospital.

6.30 Hot Gadgets
Jean-Michel Jarre talks about his favourite gadgets.

7.00 Alien Empire Hardware

A journey to the heart of the insect empire.

7.30 Wildlife on UK Horizons

Night of the Leopard
8.00 Behind the Myth: Muhammad Ali - More Than Just a Boxer?

Ali threw his career away by refusing to fight in Vietnam.

9.00 999
There is a race to save a teenager trapped in the sand as the tide is rising, and painstaking detective work to find a lorry driver in desperate need of help.

10.00 The Power and the Glory

The Road Racers

10.30 Behind the Myth: The True Story of the Elephant Man

The truth behind the story of John Merrick, known as the Elephant Man.

11.30 Great Mysteries and Myths

The Mystery of the Titanic

Robert Powell sets out to uncover the truth behind another mystery of the 20th-century.

12.30am-1.00am Top Gear GTI

Testing the latest models and casting an experienced eye over the hottest motoring news.

6.00am Healthbeat 6.30 Your Beautiful Garden 7.00 David Emanuel Fashion Show 7.30 Eat, Drink and Be Healthy 8.00 Rosemary Conley's Cookbook 8.30 Craftwork 9.00 Sally Jessy Raphael 10.00 Wilde About Flowers 10.30 Young Chefs 11.00 The Good Housekeeping Show 11.30 Roddy Llewellyn's Indoor Garden 12noon Sew Perfect 12.30pm Ready to Wear 1.00 Bon Appetit 1.30 Classic Interiors 2.00 Rosemary Conley's Cookbook 2.30 Craftwork

3.00 Wilde About Flowers
With Carl Wilde.
3.30 Young Chefs
Charlotte Hindle presents the programme that profiles new chefs.

4.00 Sally Jessy Raphael
More lively chat in the studio with the queen of talk, Sally Jessy Raphael.

5.00 The Good Housekeeping Show
Practical advice presented by Leslie Ash.
5.30-6.00pm Roddy Llewellyn's Indoor Garden

6.00am The Box
7.00 E! Entertainment 7.30
Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Hart to Hart
11.00 Hawaii Five-O 12noon
Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah
Birds of a Feather

3.00 London's Burning
Blue Watch is sent to stand by at a country fire station in Kent and tackle a blaze in a barn. George tricks Peter into drinking a potent brew.

4.00 Hawaii Five-O
Blind Tiger
A surprise birthday party for McGarrett ends with an attempt on his life, and the Five-O team springs into action on his behalf.

5.00 Mission: Impossible
The Wall
The IMF is assigned to rescue a diplomat's daughter kidnapped in East Berlin.

6.00 Families
Geoff pleads with Anton to let Barbara back.

6.30 Classic Coronation Street
Rita tries to tell Mavis that she's quit for good.

7.00 Doctor at Large
No Ill Feeling
Michael takes revenge against a local comedian.

7.30 Bootsie and Snudge
Room for Improvement

8.00 London's Burning
Blue Watch is sent to stand by at a country fire station in Kent and tackle a blaze in a barn. George tricks Peter into drinking a potent brew.

9.00 Classic Coronation Street
Rita tries to tell Mavis that she's quit for good.

9.30 Stand Up
Featuring the very best in stand-up comedy.

10.00-11.00pm Mission: Impossible

men & motors

11.00pm Performance Power
Featuring Powerboating, superbiking, aerobatics, drag racing and dirt-track riding. Presented by Sarah Donohue.

12midnight 2 Wheels Better
A look at the latest models on the markets.

12.30am Motor Week
All the week's automotive news with Mike Rutherford.

1.00 E! In Focus
Sex In South Beach
2.00-6.00am The Box

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas 11.50 Alphabet Castle 12noon Little Hippo 12.15pm Animal Shelf 12.30 Rosie and Jim 12.45 The Toothbrush Family 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh 1.30 Rescue Rangers 2.00 Goo! Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
3.30 Brand Spanking New Doug
More adventures of Doug Funnie, the knobby-kneed day-dreamer.

4.00 Pepper Ann
The perils and pitfalls of teenage life.

4.30 Recess
Six friends help each other with the adventures of fourth grade life.

5.00 Smart Guy
Adventures of a 10-year-old who is too smart for his own good.

5.30 Student Bodies
Animation and real-life in an entertaining mix.

6.00 Teen Angel
More angelic action - Fifties style.

6.30 Boy Meets World
I Ain't Gonna Spray Lettuce No More
Alan quits his job.

7.00 FILM: Bad Baby
Kathleen Turner, James Belushi, Debi Derryberry
Eubie is just two years old, and he's already a superstar. He is famous from a long-running comic strip, and he's soon to star in a movie. His long-suffering parents do their best to cope with the terrible tot. 1997

8.30 The Wonder Years
9.00-10.00pm Touched by an Angel
Monica, the beautiful and wise angel, inspires people facing adversity to change their lives before it's too late.

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CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Dilly Dines Out
10.30 What's Cooking?
11.00 Worrall Thompson Cooks 11.30 Graham Kerr's Kitchen 12noon
Food Network 12.30pm
First Taste 1.00 Food for Thought 1.30 For Better, for Worse 2.00 Tessa Bramley's Kitchen
2.30 Food Network
3.00 Retrospectives 3.30
Worrall Thompson Cooks 4.00
Ross's Foreign Assignment 4.30-5.00pm
Graham Kerr's Kitchen
Carrot Cake



CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Hey Dad II
A Family Business
Arthur spends a week in Mr Kelly's office.

6.00 Byker Grove
NEW SERIES New girl Julie arrives in town and finds it difficult to settle in.

6.30 A Country Practice
Show Down

7.00 London Bridge
Nick and Mary are nearly caught out by Isobel.

7.30 Pull the Other One
Gameshow hosted by Paul Coia.

8.00 Birds of a Feather
Substitute
Tracey finds herself attracted to another man.

8.30 Comedy First: Stuck on You
9.00 Chancer
Secrets

Dex has cheated Franklyn's casino out of a fortune and has accepted a job to save Winterleigh from bankruptcy.

10.00 Soldier, Soldier
Staying Together
Bernie Roberts looks to be the guilty party when she is involved in a road accident. Can her husband reveal the truth?

11.00 St Elsewhere
12midnight Pull the Other One 12.30am-1.00am
Tales of the Unexpected

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Tales of the Unexpected

FILM
Thomas and Sarah
Granada Plus 2.00pm

It came from the success of *Upstairs Downstairs* and starred John Alderton, along with his wife Pauline Collins. This series about the devious turn-of-the-century chauffeur and the Cockney parlour maid starts today, and recalls the life of these two lovable rogues who have a love-hate relationship, which makes for very watchable drama.

SPORT
Mercedes Super 9
Tennis - LIVE
Eurosport 6.00pm

The first of the nine events, known as the Super 9s - which sit just below the Grand Slams in importance - starts today in Indian Wells, USA.

World number one Pete Sampras hopes to kick-start his year here while Britain's hopefuls Greg Rusedski and Tim Henman have yet to show any form in one of these events. Maybe now is the time!

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Pauline Collins and John Alderton in the vintage drama *'Thomas and Sarah'*: Granada Plus 2.00pm

Monday continues overleaf...

ADVERTISEMENT

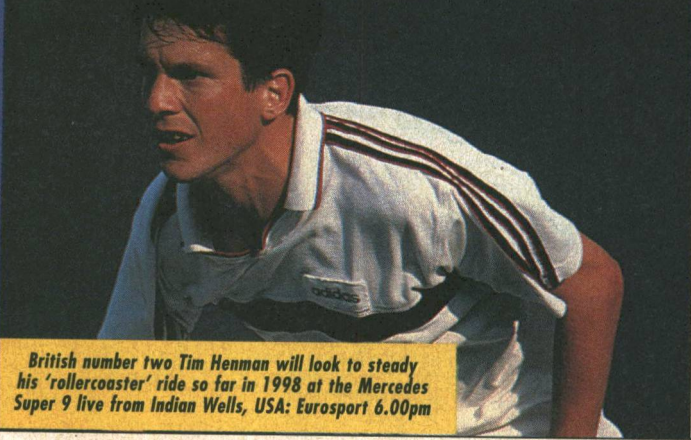


DAD'S ARMY
7.00PM

Tonight's comedy line-up starts with Captain Mainwaring and the troops in *Dad's Army*, followed by *Canned Carrots* and more cunning plans to win the Queen's favour in *Blackadder II*.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT	SKY sports 1	SKY sports 2	SKY sports 3	Trouble	SON
7.30am Sailing 8.00 Alpine Skiing 9.00 Cross-Country Skiing 10.00 Alpine Skiing 11.00 Nordic Combined Skiing 12noon Snowboard 12.30pm Freestyle Skiing Action from the FIS World Cup in Switzerland. 1.00 Freestyle Skiing - LIVE Action from the FIS World Cup in Sweden. 2.00 Tennis Coverage of the final of the ATP Tournament from Scottsdale, USA.	7.00am Spanish Football 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Ford Cup Special: FA Cup 6th Round 11.30 Rebel Sports 12noon Aerobics Oz Style Wake up to the ultimate exercise programme. 12.30pm Futbol Mundial With a focus on international and domestic levels. 1.00 Ford Cup Special: FA Cup 6th Round 2.30 Watersports World A comprehensive guide to the best action on the water. 3.30 Basketball: Uni-Ball Trophy Final Another chance to see coverage of the final. Last year, the London Towers won their second consecutive title after beating Chester in the final at the Birmingham NEC. They will want to emulate Kingston and Thames Valley, who have both won three titles. 6.00 Sky Sports Centre The premier sports news. 6.30 Football League Review Soccer summary. 7.00 Football: Tennent's Scottish Cup - LIVE Coverage of the Tennent's Scottish Cup 5th round where two sides challenge for the title won last year by Kilmarnock, whose victory proved there was more to the domestic game north of the border than the Glasgow rivalry between Rangers and Celtic. 10.30 Sky Sports Centre The very latest news from the world of sport. 11.00 World Pool Championship Action from the Lakeside Shopping Centre featuring Steve Davis. 12midnight Scottish Cup Football 2.00am Sky Sports Centre 2.30 Football League Review 3.00-3.30am Sky Sports Centre Sports news service.	7.00am Aerobics Oz Style 7.30 Rebel Sports 8.00 Racing News 8.30 Ford Golf USA: Doral Ryder Open 10.30 Watersports World 11.30 NHL Another chance to see the pick of the NHL matches this week, as two teams meet on the ice. 1.30pm Fight Night Another chance to watch championship boxing, featuring the best of British fighters. Presented by Paul Dempsey, with ringside analysis from Glenn McCrory and Ian Darke. 3.30 Ford Golf USA: Doral Ryder Open Another chance to see day four coverage from the Doral Resort in Miami, Florida. 5.30 Football League Review Highlights of two weekend matches. 6.00 Rebel Sports 6.30 V-Max An insight into the world of speed on land, water and in the air. 7.00 Sky Sports Centre Sports news service. 7.30 International Cricket: South Africa v Pakistan The best action from the fourth day's play in the third Test between South Africa and Pakistan. As the Test draws to a close, both sides hope their team finish the match strongly and secure a series victory. 10.30 V-Max An insight into the world of speed on land, water and in the air. 11.00 Football League Review 11.30 International Bowls: Australia v England The best of the action from the second Test match. 1.30am Sky Sports Centre 2.00-5.00am International Cricket: South Africa v Pakistan	12noon Euro Tour Golf: Qatar Masters Fourth day highlights from the Doha Golf Club in Qatar. This event completes the set of Middle East-based events following the Dubai Desert Classic earlier this month. 2.00pm World Wide Rugby: Super Tournament Action from the Rugby Union's premier provincial tournament involving clubs from the three principal rugby nations, Australia, South Africa and New Zealand. Last year, Auckland Blues cemented their reputation as the finest Rugby Union side below international level. 4.00 NHL Another chance to see the pick of the NHL matches this week as two team meet on the ice. 6.00 Rugby Union: 1997 Bermuda Classic The best of the action from a competition in its seventh year. 7.00 Fish TV Tune in for more useful tips and advice from the angler's favourite series. 8.00 International Bowls: Australia v England Enjoy highlights of the second Test pairs bowls match as competitors combine accuracy with technique on the green. 10.00-11.30pm Super League Classics: Brisbane v Auckland An opportunity to watch a classic Super League encounter between Brisbane and Auckland from 1997.	12noon Swan's Crossing 12.30pm Sweat Stars Martin Henderson. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High High school soap drama. 2.00 Saved by the Bell From Nurse to Worse Zack wants to go steady with Kelly, but is distracted by the charms of the school nurse who's giving flu shots. 2.30 Swan's Crossing Action romance series. 3.00 It's in the Jeans Basketball 3.15 On the Make 3.30 Heartbreak High Drama series. 4.00 Hollyoaks Post-GCSE soap drama. 4.30 Saved by the Bell Save the Max 5.00 USA High A Date with Dupre Jackson has trouble with his backing singer. 5.30 Sweat 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Curse of the Undead 1959 1.30pm Ray Bradbury Theatre 2.00 The Outer Limits 3.00 The Bionic Woman Kill Oscar The final part of this tale. With Lindsay Wagner. 4.00 The Six Million Dollar Man Dr Wells Is Missing Steve's doctor is kidnapped. 5.00 Swamp Thing Better Angels Stars Dick Durock. 5.30 Inside Space Space travel examined. 6.00 The Web Take a trip into cyberspace and explore what's new on the net, including cybersoap instalments. 7.00 Space Precinct The Fire Within - Part I Officer Haldane goes undercover to expose a sect obsessed with fire. 8.00 Quantum Leap Play it again Seymour Sam leaps into the body of a Fifties private eye. Starring Scott Bakula. 9.00 The Cape No Fear A shuttle pilot's odd behaviour in a simulator causes alarm. 10.00 FILM: Bombshell Henry Thomas, Brion James, Madchen Amick Futuristic adventure in which a bioengineer discovers a fatal flaw with nanotechnology's first cancer-killing drug only two days before its launch. 1996 12midnight Sightings 1.00am The Tomorrow People 1.30 Flash Gordon - Space Soldiers 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows



British number two Tim Henman will look to steady his 'rollercoaster' ride so far in 1998 at the Mercedes Super 9 live from Indian Wells, USA: Eurosport 6.00pm

TELEVISION X	PLAYBOY	Adult CHANNEL
12midnight The Ten Minute Free View 12.10am Peeping Tom 12.20 Eurotapes 12.45 FILM: Little Girl Lost The story of an adult movie star and her tragic downfall. 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Jane's World 2.25 FILM: Edge Monica lives life to the full. 3.55-4.00am What's on Tomorrow	11.30pm Free Teaser 11.35 Peep Show 11.45 FILM: Janine Adult feature. Leslie Glass, Kylie Ireland 12.50am FILM: Club VR Erika Anderson A female detective loses control at a virtual sex club. 2.30-4.00am FILM: Generation Sex III Sid Deuce, Nici Sterling Sid Deuce plays the curator of a very risqué art gallery.	12midnight of the Day 12.10am Gay Night With Tim Milson. 12.20 Gay Night: Home Made Bad Boys Gay erotic programme. 1.30 Gay Night: Jeff Stryker - Just You and Me Gay erotic programme. 2.25 Gay Night: Love Bites Erotic gay comedy romance starring Tom Wagner, Christopher Ladd and Bernard Barnes Jarvis. 3.35-4.00am Gay Night: London Knights Erotic male strippers.



Lionel Blair and Liza Goddard dance cheek to cheek on 'Give Us a Clue': Challenge 7.30pm



5.00pm Fifteen to One
Fast-moving quiz hosted by William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With regulars Lionel Blair and Liza Goddard.
8.00 All Clued Up
Quiz show presented by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Mid Wales
Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshop



8.00pm FILM: Wonderguy
Ann Osmon, Pilar Uribe
Action drama. Adventurous and open to new ideas, a young woman believes trying her hand at witchcraft would be a different and exciting experience.
9.30 Blame It on Burumba
10.00 FILM: Out of Darkness
Malcolm McDowell
Biopic of Albert Schweitzer, doctor, musician and philosopher.
11.35-12midnight LA Women

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 *Fate and Fortune* 7.00 *Dial-a-Doc* 7.15 *Nation LIVE* 7.30 *Fashion Show* 8.00 *Agony* 8.30 *Living Room Legends* 9.00 *Love Story* 9.15 *Dial-a-Doc* 9.30 *Revelations* 10.00 *Lie Detector* 10.30 *Bunny Bingo* 10.45 *What's in the Box* 11.00 *Judge Judy* 11.30 *Fate and Fortune* 12noon *The Why Files* 12.30pm *Bunny Bingo* 12.45 *What's in the Box* 1.00 *Lie Detector* 1.30 *Judge Judy* 2.00 *The Fashion Show* 2.30 *Revelations*

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice.
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffani's Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
Discussions from the world of the erotic.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight *Jennycam*
12.15am *Private Dancer*
12.30 *Pleasure Dome* 1.00 *Exotica Erotica* 2.00 *Brits on the Piste* 2.30 *The Sex Show* 3.00 *Exotica Erotica* 4.00 *The Fashion Show* 4.30 *Agony* 5.00 *Lie Detector* 5.30 *Dial-a-Doc* 5.45-6.00am *Nation LIVE*

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Vietnam's Great Apes
Report on the hunt for evidence of the largest primate that ever lived.
7.30 Lifeboat: Friendly Rivals
8.00 Alyeska: Arctic Wilderness
9.00 Children of the Sun
10.00 Extreme Earth: Ice-Bound - 100 Years of Antarctic Discovery
11.00 Ocean Worlds: The Lonely Doreymen
12midnight-1.00am The Price of Peace

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am The Album Show
11.30 EuroDan
12.30pm Cybernet
1.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
2.30 The Album Show
Classic long-players by much-loved rock bands.

3.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
4.30 Cybernet
The latest news from the fast-changing world of computers and the internet.
5.30 PDQ - The One Stop Shop
Shop till you drop without hassle from the comfort of your sofa.
6.30 The World of Sport
A look at events from across the whole sporting spectrum.
7.30 Cybernet
The latest news from the world of computers and the internet.

8.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door. All you need is a phone and a credit card.
9.30 PDQ - The One Stop Shop
Shop till you drop without hassle from the comfort of your sofa.
10.30 Cinema Cinema Cinema
All the latest news from Hollywood.

11.30 The Album Show
Classic long-players.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 *Style Challenge* 3.00 *Can't Cook, Won't Cook* 3.30 *Change That* 4.00 *Tracks* 4.30 *More Front Gardens* 5.00 *How Does Your Garden Grow?* 6.00 *Radio Times* 6.30 *Food and Drink* 7.00 *The Big Trip* 8.00 *Dream Ticket* 8.30 *Change That* 9.00 *Can't Cook, Won't Cook* 9.30 *Style Challenge* 10.00 *Antiques Roadshow* 11.00 *More Front Gardens* 11.30-12midnight *The Great Garden Game*

NBC

5.00am Europe Today
8.00 European Moneywheel CNBC Europe
Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Intermight
12noon Time and Again
1.00pm European Living
Flavours of Italy
1.30 V.I.P.
2.00 Today
Current affairs magazine.

3.00 Home & Garden Television
Gardening by Yard/ Interiors by Design
Magazine programme.
4.00 Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century, as covered by NBC.

5.00 European Living
Europe à la Carte
A culinary journey.
5.30 V.I.P.
Celebrity chat.
6.00 Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show featuring analysis and interviews.

8.00 NBC Super Sports
NCCA Basketball action from the Big East Conference Championship.
9.00 The Best of the Tonight Show with Jay Leno
Highlights of the star interviews and music.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.
11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight *The Best of the Tonight Show with Jay Leno* 1.00am *MSNBC Intermight* 2.00 *V.I.P.* 2.30 *Travel Xpress* 3.00 *The Ticket NBC* 3.30 *European Living* 4.00-5.00am *MSNBC's The News*

UK ARENA

CABLE EXCLUSIVE

6.00pm Sounds of the Sixties
1964-5: Getting in on the Act
6.30 The Frame
7.00 Good Music
8.00 When the Boat Comes In
Fish in Woolly Jumpers
9.00 Scarfe on ... Class
9.45 The Frame
10.00-12midnight FILM: Exotica
Bruce Greenwood
Drama revolving around a club called the Exotica. 1994

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon On Top of the World
Kenya Safari
1.00pm Wet and Wild
Parascending, Sea-Kayaking, Diving and Surfing
1.30 The Food Lover's Guide to Australia
Chinese in Sydney and Camembert on King Island
2.00 Tread the Med
2.30 On Tour
Dominican Republic

3.00 Destinations
Vanuatu
The archipelago of Vanuatu contains 200 islands in just 500 miles.
4.00 Ridge Riders
Across Southern England
4.30 In the Footsteps of Champagne Charlie
Mexico to Australia

5.00 Wet and Wild
Parascending, Sea-Kayaking, Diving, Surfing
5.30 Ribbons of Steel
Vive la Difference!
6.00 The Food Lover's Guide to Australia
Chinese in Sydney/ Camembert on King Island
6.30 Tread the Med
7.00 Travel Live
Frank Bough and the Travel Live team bring you the latest holiday and travel news.

8.00 Bruce's American Postcards
South Beach - Miami
8.30 The Flavours of France
9.00 Going Places
Biking the Black Hills - South Dakota
One of America's most popular holidays.
10.00 On Tour
10.30 In the Footsteps of Champagne Charlie
Mexico to Australia
11.00-12midnight Destinations
Vanuatu
Exploring the many islands of the archipelago.



6.00am Kickstart
9.00 MTV Mix
12noon Non Stop Hits
2.00pm US Top 20
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Girl Power
6.30 The Real World - LA
7.00 Hitlist UK
8.00 Hot
9.00 Up for It
10.00 Amour
Sexy tunes with Camila.
11.00 Superock
1.00am The Big Picture
1.30-6.00am Music Videos

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
You Made Me Kill You
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series in an emergency ward, where staff tackle medical crises.
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous American talk show featuring heated discussion.
4.10 Tempestt
Entertaining talk show presented by Tempestt Bledsoe.

5.00 The Heat is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
Fern Britton hosts.
6.10 Jerry Springer Uncut
Outrageous American talk show.

7.00 Rescue 911
Real-life rescues.
7.30 Mysteries, Magic and Miracles
With Patrick Macnee.
8.00 Murder Call
Drama series about a detective with a curious mind and a knack of solving crime-related puzzles.

9.00 FILM: Pleasures
Barry Bostwick, Joanna Cassidy, Linda Purl, Tracy Nelson, Rick Moses
Poignant drama. Over the course of a single summer, three women reach significant romantic turning points in their lives. 1986

11.00-12midnight The Sex Files II
The Kebab
Katrina Buchanan hosts a lively talk show.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon *Ten of the Best: Buster Bloodvessel* 1.00pm *Jukebox* 3.00 *Yohai!* 5.00 *Five@five* 5.30 *Pop-Up Video* 6.00 *Hit for Six* 7.00 *Mills 'n' Tunes* 8.00 *The VH1 Album Chart* 9.00 *Talk Music* 10.00 *Greatest Hits of: Rod Stewart* 11.00 *The Nightfly* 12midnight *Around and Around* 1.00am *VH1 Late Shift* 6.00-7.00am *Hit for Six*

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



9.00am The Joy of Painting
9.30 Gardeners' Diary
10.00 The Great Gardening Plot
10.30 Tool Time
11.00 Go Fishing
East Coast Sea Fishing
11.30 Hometime
Gazebo
12noon Driving Passions
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
A Chicken in Every Pot
1.30 New Yankee Workshop
Pantry Table
2.00 Home Again with Bob Vila
2.30 These Four Walls
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Rex heads off to the Northern Territory.
4.30 Disaster
Black Wave
5.00 Wheel Nuts
A look at a big man who has realised his dream of owning the ultimate small car, the Mini Cooper.
5.30 Terra X
6.00 Alaska's Grizzlies
Travelling the vast spaces of Alaska to observe some of the region's brown grizzly bears in their natural habitat.
7.00 Beyond 2000
A propeller plane powered by a rubber band.
7.30 History's Turning Points
The Atomic Bomb
8.00 Time Travellers
Day of the Dead
An unparalleled glimpse of the Moche culture.
8.30 Wonders of Weather
9.00 Lonely Planet
Peru
Join traveller Neil Gibson on his adventures around Peru.

10.00 Super Structures
This Old Pyramid
A look at the difficulties involved in reconstructing a pyramid using solely traditional methods.
11.00 Weapons of War:
Scorched Earth
Luftwaffe - The Hidden Threat
A focus on Lufthansa passenger planes and the training of pilots in specially formed glider clubs.
12midnight The Specialists
Tanks and Tankbusters
1.00am History's Turning Points
The Atomic Bomb
1.30-2.00am Beyond 2000

4.00pm Stalin: Tyrant
Recounting Stalin's reign of power throughout the Thirties.
5.00 American Revolution: Birth of the Republic
This show covers the naval war and the importance of claiming the Hudson.
6.00 Greek Week: Ancient Mysteries - Mystical Monuments of Ancient Greece
7.00-8.00pm Men at War: Biography
General Montgomery



5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 Fruitties
6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner
7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids
9.00 A Pup Named Scooby-Doo
9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Wally Gator
11.30 Hong Kong Phooey
12noon Bugs and Daffy Show
12.30pm Popeye 1.00 Droopy
1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons

3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Supernatural fun.
4.00 Scooby-Doo
Canine capers.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More fun with the superhero with the ego problem.
5.30 Cow and Chicken
Madcap antics.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.15 Road Runner
6.30 The Flintstones
Prehistoric fun.
7.00 Batman
Caped crusading capers.
7.30 The Mask
More manic antics with the green-faced master of mayhem.
8.00 The Real Adventures of Jonny Quest
8.30-9.00pm Droopy: Master Detective
Laconic humour.

7.00pm Grace Under Fire
Sophisticated comedy.
7.30 Roseanne
Looking for Loans in all the Wrong Ways
8.00 The Kenny
Everett Show
Zany comedy with Kenny and his alter-egos.
8.30 Caroline in the City
9.00 Cheers
The Crane Mutiny
The gang tricks Frasier by telling him that Rebecca is in love with him.
9.30 Ellen
10.00 Frasier
Roz's Turn
Roz applies for a radio presenter job.
10.30 Duckman
Cult adult animation.
11.00 Still in Bed with Medinner
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Still in Bed with Medinner 3.00 Frasier
3.30-4.00am Duckman

11.00am Take the High Road
Mrs Mack has a thing or two to say on the subject of Fiona's pregnancy.
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
As they wait for a doctor, John tries to comfort a nervous Barbara.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale



6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur
9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Bahar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks

3.00 Jumanji
Fantasy adventure based on the hit TV series.
3.30 Doug/Angry Beavers
Cartoon capers.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Superheroics.
5.00 Rugrats
Fun with the tousle-headed nippers.
5.30 Sister Sister
Domestic disharmony with Tia, Tamera and co.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy.
7.30 Roseanne
Looking for Loans in all the Wrong Ways
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1.30 Roseanne
2.00 Caroline in the City
2.30 Still in Bed with Medinner 3.00 Frasier
3.30-4.00am Duckman

11.00am Video Trips
11.30 Globetrotter
United States and Israel
12noon Way of Life
12.30pm Getaway
1.00 Great Escapes
Center Parcs, Cannes
1.30 A Practical Guide to Europe
Barcelona
2.00 American Vacation
Bermuda
3.00 Globetrotter
3.30-4.00pm Earth Journeys



6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogood
11.30 The New Adventures of Gigantor
12noon Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogood
2.30 Flash Gordon

3.00 The New Adventures of Gigantor
Gigantor for Sale
3.30 The Big Dish
Children's gameshow.
4.00 Batman
Tut's Case Is Shut
Caped crusading.
4.30-5.00pm Dennis the Menace
Revenge of the Robot



7.00pm European Concert: Chopin
Piano Works
7.30 Inside Hollywood
8.00 American Masters: Waldo Salt
A look at the work of Waldo Salt, with contributions from Dustin Hoffman and Robert Redford.
9.00 Theatreland
Emma Freud presents the news, reviews and star interviews from London's vibrant theatre scene.
9.30 Ballet:
The Golden Age
Shostakovich's catchy music graces this explosive take of a clash between honest fishermen and night-clubbing bourgeoisie in Twenties Russia. Featuring the Bolshoi Ballet and starring Irek Mukhamedov and Natalia Bessmertnova.
12midnight-1.00am Midnight Jazz: Boss Brass
Chill out through the midnight hour, with the world's coolest jazz sounds.

News throughout the day, plus:
5.00am Europe Today 8.00 Money Wheel 1.00pm Squawk Box 3.00 Market Watch 5.00 Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Your Money 8.30 Auto Motive 9.30 US Market Wrap 10.00 Media Report 10.30 Future File 11.00 Your Money 12midnight Asian Squawk Box 1.00am Trading Day Live 3.00 Media Report 4.30-5.00am Auto Motive



NEWS AND INTERNATIONAL

BBC NEWS 24
6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL
News throughout the day, plus:
5.00am This Morning 7.30 Sport 8.30 World Cup Weekly 9.00 Impact 9.30 World Cup 10.30 Sport 11.30 American Edition 12.30pm Pinnacle Europe 1.15 Asian Edition 1.30 Business Asia 3.30 World Sport 4.30 Artclub 5.00 Impact 6.45 American Edition 7.30 Business 8.30 Q & A 9.30 World Cup 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King 3.30 Showbiz 4.15 US Edition 4.30-5.00am World Report

SKY NEWS
News on the hour, every hour, plus:
6.00am Sunrise 11.30 Sky World News 2.30pm Parliament Live 3.00 News on the Hour 3.30 Parliament Live 4.00 News on the Hour 4.30 World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.00 News on the Hour 8.30 Sky Business Report 9.00 News on the Hour 9.30 World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News 2.30 Business Report 3.30 Entertainment Show 4.30 CBS News 5.30-6.00am ABC News

INTERNATIONAL
3SAT 5.50am 7 Tage Anders
Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Mito Dor 8.40 Aktueller Klotip 8.45 Rundschau 9.30 Ausland 10.00 Parlatz 10.45 Auf den Punkt! 11.30 Exclusiv 12noon Bremer Gesundheitswerkstatt 12.45 Schätze der Welt 1.00 Das Sonntagskonzert 1.45 Seniorenclub 2.30 Tips und Trends 2.55 Offen 3.00 Der Geist aus der Wüste 3.45 Denkmalschutz 4.15 ServiceZeit 4.45 Das Entdeckermagazin 5.15 Bilder aus Österreich 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Bomben-Story 8.00 Modern Times 8.30 Neues 9.00 Zeit im Bild 9.25 Denkmal 10.00 Einfach Spitze! arte 11.10 Seitenblicke 11.15 Nachrichtenmagazin 11.40-12.20am Kulturzeit
Deutsche Welle 5.00am HEAT 6.00 Journal 6.30 Sport Report 6.45 Schätze der Welt 7.00 Journal 7.30 Treasures of the World 7.45 Creators of Culture 8.00 BIG 8.30 Inside Politics 9.00 Journal 9.30 Sport Report 9.45 Akzente 10.30 BIG 11.00 100 Grad 12noon Journal 12.30pm Inside Politics 1.00 HEAT 2.00 Journal 2.30 Nahaufrufe 3.00 Boulevard Bio 4.00 Boulevard Deutschland 4.30 D16 5.00 Journal 5.30 Boulevard Germany 6.00 Tomorrow-Today 6.30 Augsburger Puppenkiste 7.00 Journal 7.30 Boulevard Bio 8.30 D16 9.00 Journal 9.30 Augsburger Puppenshows 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Schätze der Welt 11.30-12midnight Boulevard

TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal Telematin de Radio Canada 7.30 Meteo 7.35 Questions 8.00 Minutes 8.05 Polemiques 9.00 Minutes 9.05 Reflets 10.00 TVS Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal Telematin 11.55 Meteo 12noon Cinema 2.00 Au-delà des Apparences 3.00 Journal 3.15 Pyramide 3.45 Bus

et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumieres 6.30 Journal Telematin 7.00 Envoye Special 8.55 Meteo 9.00 Journal Telematin 9.30 Kiosque 10.15 Mise au Point 10.45 Vivre Avec 11.30-12midnight Soir 3

ASIANET CABLE EXCLUSIVE
7.30am News 8.00 Good Morning News 8.30 Asian AM 9.00 FILM 11.30 News 12noon Thikikkaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Choree Chupke 4.30 Tiger 5.00 Top Tucker 5.30 Nachani 6.00 Karodarte Fokattal 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Top Tucker 12.30am Swabimaan 1.00 Shanti 1.30 FILM 4.00 Music Box 4.30 Kahaniyan 5.30 Bhule Bisre Geet 6.00 Choree 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV
4.00am PUNJABI FILM: Bhagat Dhana-Ja 6.30 Punjabi Folk 7.00 Jaagran 7.30 Ru Ba Ru 8.00 Zee Business Show 8.30 Aahaa 9.00 HINDI FILM: Bewafaa 11.30 Daraar 12noon HINDI FILM: Love 3.00pm Margharita 3.30 Parampara 4.00 Hum Paanch 4.30 He Ha Ho 5.00 Pop Korn 5.30 Dance Mania 6.00 Banegi Apni Baat 6.30 Mast Mast Show 7.00 Your Zindagi 7.30 Its My Choice 8.00 News 8.30 Sallaab 9.00-12midnight HINDI FILM: Aap Ke Deewane

RACING CHANNEL
11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing From Newton Abbot and Southwell.

CMT
6.00am Rebel Country 7.00 CMT Morning 10.00 Non-Stop Country 6.00pm Top Billing 7.00 Rebel Country 8.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel Country 1.00am Global View 2.00 Non-Stop Country 5.00-6.00am Top Billing

BLOOMBERG
Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS
News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL
4.00am Thought 4.05 Copeland 4.30 Money 4.45 Avanzini 5.00 Dougherty 5.30 Van Impe 6.00 Youngren 7.00 Club 6.30 Dollar 7.00 Copeland 7.30 Kidz TV 8.00 Hinn 8.15 Money 8.30 Ekman 9.00 Toronto 9.30 Price/Hayford 10.00 Israeli Vision 10.30 Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL
CABLE EXCLUSIVE
6.30am Parliamentary Committees 12.30pm Statement from the House 1.30 Business Statement 2.30 The Commons Live 11.00-12midnight Questions from the House

WORLD NET
9.00am Newsfeed Feed 10.00 US News 11.00 Business News and Analyses 11.30 Worldnet Dialogues 2.00 Business News and Analysis 2.30-3.00pm McLaughlin One on One

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The Reach for the Sky Tankard

NEW AND
EXCLUSIVE FROM
Bradford Editions

'DAWN PATROL'

A superbly crafted porcelain tankard, featuring the award-winning art of Michael Turner, President of the Guild of Aviation Artists

Crowned with a handsome pewter lid, and lavishly banded in 22-carat gold, this unique tribute to the Spitfire was painted by Michael Turner, President of the Guild of Aviation Artists. Mr Turner's art is now to be recreated **for the first time ever** on a superbly crafted porcelain tankard - available **only** from Bradford Editions.

The Reach for the Sky 'Dawn Patrol' tankard takes a full pint of your favourite beer - the perfect way to raise a toast to the Spitfire, and the RAF aircrews whose courage, endurance and sacrifice turned the summer of 1940 into "their finest hour".

"The Spitfire was more than a piece of machinery; it became a symbol of defiance and hope for Britain and of victory in the air during the years of conflict."

Alfred Price, Author

The reverse of the tankard bears this tribute to the Spitfire by author Alfred Price

Approx. height: 8 inches

Bradford Editions 365-day no-quibble guarantee

You can enjoy this superb porcelain tankard in your home **at no risk** for 365 days. If you are not completely happy, simply return it within this time for an unquestioned refund of the full purchase price. This guarantee is in addition to your statutory rights.

You need send **no money** with your order. Simply complete the Priority Reservation Form and post it today.

*Readers of this advertisement are asked to respond within 14 days. Please allow four to six weeks for delivery. Offer applies UK only, and is subject to availability. Bradford Editions, 1 Castle Yard, Richmond, Surrey TW10 6TE. Bradford Editions is part of the Bradford Group of Companies



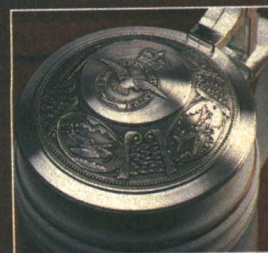
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£39.95

- packing and delivery FREE

SEND NO MONEY NOW

Pewter lid handsomely engraved with the wings of the Royal Air Force.



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'Dawn Patrol'

Please respond within 14 days.*

Bradford Editions, PO Box 653, Stoke-on-Trent ST4 4RT

Yes! Please enter my reservation for the Reach for the Sky 'Dawn Patrol' tankard by Michael Turner GAvA. I understand I need send no money now. I will be billed for just £9.95 when my tankard is ready for despatch. The balance of £30.00 will be payable in two instalments of £15.00 after delivery. For this special introductory offer, packing and delivery (normally £1.95) will be entirely FREE.

Name (Mr/Mrs/Miss/Ms)..... (BLOCK CAPITALS PLEASE)

Address.....

Postcode..... Telephone No:

P93976



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.20am A Holiday to Remember
1995, rating Sky U, 90 mins
8.20 Yentl
Musical drama. 1983, rating Sky PG, 128 mins
11.00 Dangerous Curves
Tate Donovan, Danielle Von Zerneck, Grant Heslov
1987, rating Sky PG, 89 mins
1.00pm A Walton's Easter
Richard Thomas, Ralph Waite, Michael Learned
Family drama. 1996, rating Sky U, 86 mins

3.00 Yentl
Barbra Streisand, Mandy Patinkin, Amy Irving, Nehemiah Persoff
Streisand directs, produces and stars in this tale set among the East European Jewish community. A young woman disguises herself as a man in order to get into a university to which women are denied access. 1983, rating Sky PG, 128 mins
5.15 Annie, a Royal Adventure!
Ashley Johnson, George Hearn, Joan Collins
Drama which sees Annie travel to Britain when 'Daddy' Warbucks is offered a knighthood. She uncovers a plan by the scheming Lady Edwina Hogbottom to steal the Queen's throne. 1995, rating Sky U, 89 mins

7.00 A Walton's Easter
Richard Thomas, Ralph Waite, Michael Learned, Judy Norton, Mary McDonough, Kami Cotler
Drama which sees the return of television's favourite family. The Waltons are reunited for the 40th wedding anniversary of John and Olivia. 1996, rating Sky U, 86 mins

9.00 Two Small Voices
Mary McDonnell, Gail O'Grady, Nicholas Surovy, Leslie Easterbrook, Richard Gilliland
Powerful drama about two brave women who unite to legally challenge a major corporation when their breast implants make them extremely ill. 1997, rating Sky 15, 88 mins

11.00 Alien Nation: Body and Soul
Gary Graham, Eric Pierpoint, Michele Scarabelli
Sci-fi adventure, based on the hit TV series about aliens and humans co-existing on Earth. 1996, rating Sky 12, 86 mins
12.35am Murderous Intent
1995, rating Sky 12, 88 mins
2.10 Cleopatra Jones
1973, rating Sky 15, 84 mins
3.40-5.30am Crazy Horse
1996, rating Sky 15, 89 mins

6.00am My Cousin Rachel
1952, rating Sky PG, 95 mins
7.40 A-Haunting We Will Go
1942, rating Sky U, 64 mins
8.50 Great Day
1946, rating Sky U, 77 mins
10.10 Captiva Island
1995, rating Sky U, 93 mins
12noon Old Man
1997, rating Sky PG, 91 mins
2.00pm Up Periscope
James Garner, Edmond O'Brien, Andra Martin, Alan Hale
James Garner plays a Navy Lieutenant who is reassigned on board a submarine. His mission is a perilous one – he must steal a confidential notebook from under the noses of the Japanese. 1959, rating Sky PG, 106 mins

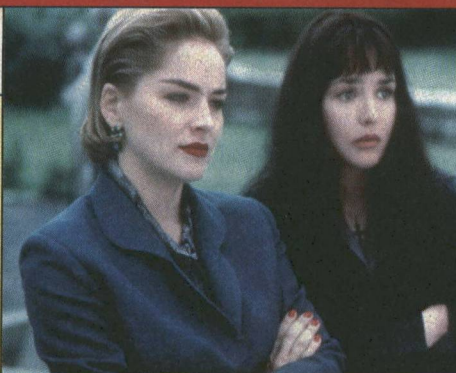
4.00 My Cousin Rachel
Olivia de Havilland, Richard Burton, Audrey Dalton, Ronald Squire
Murder mystery about a man who tries to uncover the facts behind his adoptive father's sudden death. Based on a Daphne du Maurier novel. 1952, rating Sky PG, 95 mins

5.50 Captiva Island
Ernest Borgnine, Jesse Zeigler, Amy Bush, 'Banana' George Blair
Comedy about a teenager who befriends a group of senior citizens while on holiday in Florida. Soon, Jeremy is seeing the world in a new light, with adventure around every corner. 1995, rating Sky U, 93 mins

7.30 Behind the Scenes
8.00 Kazaam
Shaquille O'Neal, Francis Capra, Ally Walker
PREMIERE Family comedy which sees Kazaam, a genie, help a young boy to find his lost father – who turns out to be a crook. 1996, rating Sky PG, 87 mins

9.30 The Movie Show
Sky's weekly movie magazine programme with Richard Jobson.
10.00 Diabolique
Sharon Stone, Isabelle Adjani, Chazz Palminteri
Thriller about two women who decide to murder the man in their lives – with shocking results. Killing him is the easy part – making sure that he is dead proves somewhat more difficult. **Text** 1996, rating Sky 18, 107 mins

11.55 Land and Freedom
Ian Hart, Rosana Pastor
Spanish Civil War drama. **Text** 1995, rating Sky 15, 105 mins
1.45am The Companion
1994, rating Sky 15, 89 mins
3.20 Everybody Wins
1990, rating Sky 15, 93 mins
5.00-6.20am Mootrek
1984, rating Sky U, 79 mins



In the thriller 'Diabolique', Nicole (Sharon Stone) and Mia (Isabelle Adjani) plot to kill the man in their lives: Sky Movies Screen 2 10.00pm



4.00pm Sailor Beware!
Dean Martin, Jerry Lewis, Robert Strauss, Marion Marshall, Corinne Calvet, Betty Hutton
Sea-bound comedy starring Dean Martin and Jerry Lewis as naval types causing havoc – and romancing women – during their first mission. 1952, rating Sky U, 100 mins

6.00 The Lighthorsemen
Peter Phelps, Gary Sweet, John Walton, Tim McKenzie, Jon Blake, Bill Kerr, Sigrid Thornton, Anthony Andrews
A sprawling historical action epic which details a World War I battle in Palestine, involving the Australian Light Horse Brigade. 1988, rating Sky U, 116 mins

8.00 Major League
Tom Berenger, Charlie Sheen, Corbin Bernsen, Margaret Whitton, James Gammon, Rene Russo, Wesley Snipes, Charles Cyphers, Bob Uecker
A rollicking, irreverent baseball comedy that follows the fortunes of a misfit team of bungling amateurs and over-the-hill athletes. 1989, rating Sky PG, 98 mins

10.00 A Nightmare on Elm Street
Heather Langenkamp, Robert Englund
Modern horror about a group of teenagers terrorized in their sleep by Freddy Krueger, a disfigured madman, who was murdered by their parents. 1984, rating Sky 18, 88 mins

11.35 Kung Fu – the Movie
David Carradine
Martial arts drama. 1986, rating Sky 15, 87 mins
1.10am Dogfight
1991, rating Sky 15, 89 mins
2.45-5.05am The Razor's Edge
Tyrone Power
1946, rating Sky PG, 139 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Treasure Island
Charlton Heston, Christian Bale, Christopher Lee, Oliver Reed, Richard Johnson
Remake of Robert Louis Stevenson's classic yarn about young Jim Hawkins and his high-seas adventures as he searches for buried treasure. Very much a family affair, with star Charlton Heston's son Fraser scripting, producing and making his directorial debut. 1990, 126 mins

11.30 Viva Las Vegas
Elvis Presley, Ann-Margret, Cesare Danova
Hip-swivelling fun. **Widescreen** 1964, 85 mins
1.00am The Devil Makes Three
Gene Kelly, Pier Angeli
War drama. 1952, 90 mins
2.40-5.00am Treasure Island
Charlton Heston
Pirate yarn. 1990, 126 mins

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons **Text**
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children **Text**
12.30pm M*A*S*H **Text**
1.00 Geraldo
Hit US talk show.
2.00 Sally Jessy Raphael
Babysitter Nightmares
3.00 Jenny Jones
Surprise! I Want to Marry You
Today's guests surprise their lovers with romantic proposals of marriage.

4.00 The Oprah Winfrey Show
Another real-life issue is put under scrutiny by Oprah Winfrey and her guests.

5.00 Star Trek: The Next Generation
Best of Both Worlds – Part I
The Borgs kidnap Picard and transform him into Locutus, their speaker.

6.00 Dream Team
It's the day of the FA Youth Cup 5th round tie against West Ham.
6.30 Married... With Children
Rock and Roll Girl **Text**
7.00 The Simpsons
Bart Gets Famous
Bart gets a taste of fame on Krusty's show. **Text**
7.30 Real TV
Amazing video footage of actual real-life events.

8.00 Rescue Paramedics
Real-life drama and daring rescues.
8.30 World's Weirdest TV
With Russ Williams.
9.00 Really Caught in the Act 3
NEW Documentary programme featuring real-life footage captured by street cameras.

10.00 The Extraordinary
This week's features include a real-life case of stigmata, and the story of a ghostly girl who haunts actress Susannah York.
11.00 Star Trek: The Next Generation
Best of Both Worlds – Part I
The Borgs kidnap Picard and transform him into Locutus, their speaker.
12midnight Late Show with David Letterman
America's top-rating chat show.
1.00am Raven
The Death of Sheila
Jonathon meets a boy whose mother was murdered.
2.00-7.00am Long Play
VJ-free music zone.

7.00am Worzel Gummidge
Down Under 7.35
Neighbours 8.00
Crossroads 8.25
EastEnders 9.00 **The Bill** 9.30
Howards' Way 10.00
Home to Roost 10.30
The Sullivans 11.00
Casualty 12noon
Crossroads 12.25pm
Neighbours 12.55
EastEnders 1.30
Sykes 2.05
2point4 Children 2.45
Stay Lucky
A Woman's Lot
Light-hearted drama series. Thomas helps a photographer to put together a pin-up calendar. Stars Dennis Waterman.

3.45 The Bill
Police drama serial.
4.15 Juliet Bravo
Trouble at t'Mill
Jean finds herself in the midst of a battle between two men, one who wants to scrap an old steam engine and the other who wants to keep it.

5.20 EastEnders
Another edition of the soap chronicling the lives of the residents of Walford.
5.55 Big Break
Jim Davidson hosts the gameshow which features top snooker players potting on behalf of contestants.

6.30 The Bill
Police drama series.
7.00 Dad's Army
Save My Boy!
Classic sitcom about a Home Guard unit in a seaside town.
7.40 Canned Carrott
More stand-up comedy and sketches with comic Jasper Carrott.

8.20 Blackadder II
Money
Edmund is in trouble when he is visited by a debt-collecting bishop.
9.00 Backup
Badlands
The team visits an estate from hell following an attack on an elderly couple.

10.05 Colin's Sandwich
Night on the Town
Comedy series about a harassed writer.
10.45 The Chief
Drama series about a controversial chief constable.
11.50 FILM: Ironside – Goodbye to Yesterday
Raymond Burr, Vera Miles, Slim Pickens, Philip Carey, Dane Clark
The wheelchair-bound cop becomes emotionally involved in a case.
1.35am The Equalizer
Time Present, Time Past
2.30-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Alien Empire 8.30 Wildlife on UK Horizons
9.00 Muhammad Ali – More Than Just a Boxer?
10.00 Top Gear GTi 11.00 The Vet 11.30 The Vet
12noon Alien Empire
12.30pm Wildlife on UK Horizons 1.00 Muhammad Ali – More Than Just a Boxer?
2.00 Animal Hospital 2.30 Hot Gadgets

3.00 Jeremy Clarkson's Motorworld Iceland
3.30 Jeremy Clarkson's Motorworld Cuba
 Hunting for spare parts.

4.00 999
 There is a race to save a teenager trapped in the sand as the tide is rising, and painstaking detective work to find a lorry driver in desperate need of help.

5.00 Top Gear GTi
 Testing the latest models and casting an eye over the hottest motoring news, the *Top Gear* team presents an extended edition of the show.

6.00 Animal Hospital
 Rolf joins vet Helen Kemp in an operation on her own rabbit.

6.30 Hot Gadgets
 Testing out a new electric toothbrush.

7.00 Alien Empire Battle Zone
 Insect life in Panama and Costa Rica.
7.30 Wildlife on UK Horizons
Rainbow Warriors

8.00 Behind the Myth: Joy Adamson – Born Wild?
 Contrasting the image of a saintly animal lover with that of a tough, ambitious and promiscuous woman.

9.00 Top Gear GTi
 Jeremy Clarkson and the *Top Gear* team present a specially extended edition of their show, featuring extra information and consumer tips.

10.00 Out of this World
 Chris Choi listens to ghostly sounds.

10.30 Behind the Myth: Hillary and Tenzing – Everest and After

Profiling the mountaineers who reached Everest's summit on 29 May 1953.
11.30 Great Mysteries and Myths
What Happened Aboard Apollo 13?

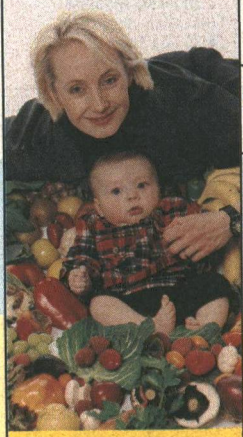
12midnight-1.00am Tomorrow's World Plus
 Peter Snow and Philippa Forrester present filmed reports about the future of science and technology.

6.00am Healthbeat 6.30 Your Beautiful Garden
7.00 David Emanuel 7.30 Eat, Drink and Be Healthy
8.00 Healthbeat 8.30 Ready to Wear 9.00 Sally Jessy Raphael 10.00 Cook's Garden 10.30 Good Life Garden Club 11.00 Homestyle 12noon Sew Perfect 12.30pm Ready to Wear 1.00 Bon Appetit 1.30 Classic Interiors 2.00 Healthbeat 2.30 Ready to Wear

3.00 Cook's Garden
 Gardening tips with Charlotte Hindle.
3.30 Good Life Garden Club
 Down-to-earth tips and features.

4.00 Sally Jessy Raphael
 Lively and animated studio discussion on another topical subject.

5.00-6.00pm Homestyle Question Time
 Practical decorating and design advice.



Chef Lesley Waters is bringing up baby in 'First Taste':
 Carlton Food 3.00pm

6.00am The Box 7.00 E! Entertainment 7.30 Classic Coronation Street
8.00 Blind Date 9.00 Within These Walls 10.00 Hart to Hart 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Families 1.00 Watching 1.30 Me and My Girl 2.00 Thomas and Sarah The Silver Ghost

3.00 London's Burning
 Foreman Stuart MacKenzie, known as Recall because of his photographic memory, joins the Watch. Stars Rupert Baker.

4.00 Hawaii Five-0
Run Johnny Run
 During a pursuit of an AWOL soldier, a fight ensues and one of two shore patrolmen is shot. With Jack Lord.

5.00 Mission: Impossible The Cattle King
 The IMF team is assigned to intercept a Middle East terrorist shipment of Stinger missiles.

6.00 Families
 Mark plans to stop the cars being shipped to Australia.

6.30 Classic Coronation Street
 Rita is looking for a job.

7.00 Doctor at Large
That's Just the Beginning
 Michael is mistaken for a patient. With Barry Evans.

7.30 Bootsie and Snudge
The Trone System

8.00 London's Burning
 Foreman Stuart MacKenzie, known as Recall because of his photographic memory, joins the Watch. Starring Rupert Baker.

9.00 Classic Coronation Street
 Emily walks out of Dawson's.

9.30 Stand Up
 With Rob Newman and Nick Revell.

10.00-11.00pm Mission: Impossible

men & motors

11.00pm Babewatch UK
 A day in the life of Britain's hottest babes.
11.30 Bigger Better Battling Babes
 Female wrestling series.

12midnight Performance Power
 Sarah Donohue presents powerboating, drag racing and dirt-track riding.
1.00am E! Uncut
 A profile of actor Ethan Hawke, star of *Reality Bites*.
1.30 E! Talk Soup 2.00-6.00 The Box

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas 11.50 Alphabet Castle 12noon Little Hippo 12.15pm Animal Shelf 12.30 Rosie and Jim 12.45 Toothbrush Family 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh 1.30 Rescue Rangers 2.00 Goot Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
 Fun with the characters from *The Lion King*.
3.30 Brand Spanking New Doug
Doug's Last Birthday

4.00 Pepper Ann
 Pepper Ann wants to be cool, but her family seems determined to thwart her.
4.30 Recess
 Animated series from the creators of *Rugrats*.

5.00 Smart Guy
 TJ is a ten-year-old smart guy who annoys his older brother in the tenth grade.

5.30 Student Bodies
 High school students create a comic book.

6.00 Teen Angel
 A guardian angel comes back to Earth to look after an old friend.

6.30 Boy Meets World
Fishing for Virna
 A friend of Cory's dies.

7.00 FILM: Just Like Dad
Ben Diskin, Wallace Shawn, Nick Cassavetes
 Comedy drama. A boy adopts a substitute father who is more successful than his real one. But things go awry on Career Night. 1995

8.35 The Wonder Years
 Kevin Arnold looks back to the late Sixties. With Fred Savage.

9.00-10.00pm Touched by an Angel
 Monica is a thoroughly modern angel who relies on her wits. Starring Roma Downey and Della Reese.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes – **BOXFresh** – newest videos available – **BOXTalk** – unique interviews with artists/bands – **Breakin' Out of THE BOX** – videos tipped for the top. Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30 Graham Kerr 12noon Food Network Daily 12.30pm Nancy Lam 1.00 Food for Thought 1.30 A Taste of the Caribbean 2.00 So You Think You Can't Cook 2.30 Food Network Daily
3.00 First Taste
 Using exotic vegetables.
3.30 Worrall Thompson Cooks 4.00 For Better, for Worse 4.30-5.00pm Tessa Bramley's Seasonal Kitchen



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the general knowledge quiz played by students.
5.30 Hey Dad II
Super Scam
 Ben fixes the intercom.
6.00 Byker Grove
 Teenage drama series. A strange parcel arrives for Frazer.

6.30 A Country Practice
Show Down – Part IV

7.00 London Bridge
 Ant returns to the Millhouse to talk things through with Liz.

7.30 Our House
 Featuring the home of comedian Don Maclean.

8.00 Desmond's
Kiss of the Spiderman
 Sean is organising a university dance.

8.30 Real Life Stories
Car Boot Sales
 Documentary.

9.00 Demob
 Deasey and Dobson are bottom of the bill in a Liverpool club. Starring Griff Rhys Jones, Martin Clunes, Samantha Janus and Les Dawson.

10.00 Tales from the Hollywood Hills
 Drama series. A young actress begins an affair with a handsome stranger after a crash. Starring Michelle Pfeiffer.

11.00 St Elsewhere 12midnight US and Them 12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is **Heritage Museum Collection** at 9.00am.

FILM

Rebel Rousers
 HVC 9.15pm

It's a case of spot the young star in this movie about a wild motorcycle gang which invades a town and ravages its inhabitants, until someone starts to fight back. That someone is a local architect, who gets upset when a drag race is held to decide who wins the hand of his pregnant girlfriend. Watch out for Jack Nicholson, Bruce Dern and Harry Dean Stanton among others.

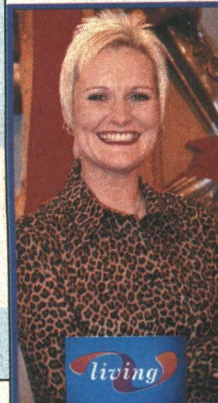
GENERAL

Africa Unbottled
 National Geographic 9.00pm

Hollywood heart-throb Val Kilmer is on location for this programme, which tours Africa. *Africa Unbottled* is a unique blend of meetings and experiences, illustrating the warmth of the continent's cultures, and how tribes, giant beasts and the smallest creatures can live in harmony. Val took on the task after filming *The Ghost and the Darkness* in Africa several years ago, becoming entranced by what he saw.

Tuesday continues overleaf ...

ADVERTISEMENT



LIVING IT UP!
 2.20PM

Katrina Buchanan and Angus Coull present an hour of style hints and tips, putting more members of the public through their paces to see how good their style skills really are.

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Nordic Combined Skiing
9.00 Cart
10.00 Athletics
11.00 Football
Eurogoals magazine.
12.30pm Snowboard
1.00 Freestyle Skiing- LIVE
Coverage of the FIS World Cup in Hundfjället, Sweden.
2.00 Tennis
Action from the second day of the ATP Tour with the Mercedes Super 9 tournament in Indian Wells, USA.

3.30 Sailing
Action from the Whitbread Round the World Race.
4.00 Biathlon
Action from the World Championships Pursuit in Pokljuka, Slovenia.

5.00 Football
Eurogoals.

6.30 Four Wheels Drive
Action from the 4x4 off road race in Iceland.
7.00 Boxing
Action from another top bout.

8.00 Tennis
The ATP Tour with the Mercedes Super 9 tournament in Indian Wells, USA.

11.30-12.30am Football
Classic World Cup action.

7.00am Sky Sports Centre
7.30 Football League Review
8.00 V-Max
8.30 Sky Sports Centre
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Spanish Football
12noon Aerobics Oz Style
12.30pm Football: Tennent's Scottish Cup 5th Round
2.30 Football League Review
All the League goals.

3.00 International Bowls: Australia v England
Bowls coverage as England take on Australia in the third Test. Enjoy highlights of the match as competitors aim to combine accuracy with technique on the green.

5.00 World Wrestling Federation - Live Wire
Todd Pettengill presents exclusive bouts.

6.00 Sky Sports Centre
Sports news service.
6.30 Tartan Extra
With John Leslie.
7.00 Sportraits
Another profile of a top sporting celebrity.
7.30 Ice Hockey - LIVE
Action on the ice from another top match.

10.00 Sky Sports Centre
Sports news and views.
10.30 Footballers' Football Show
A panel give its views on the game's major talking points.
11.30 Tartan Extra
Scottish football action.

12midnight Sky Sports Centre
12.30am Spanish Football
2.30 The Footballers' Football Show
3.30-4.00am Sky Sports Centre

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
8.00 Racing News
8.30 Fish TV
9.30 Football League Review
10.00 International Bowls: Australia v England
The best of the bowling action from the second Test.
12noon World Motor Sport
Get behind the wheel and prepare for a roundup of the latest developments in the race world.

3.00pm Spanish Football
Coverage of one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents in action.

5.00 Pro Beach Soccer
Action from the Balkan State of Montenegro.

6.00 Sports Unlimited
A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage.
7.00 Sky Sports Centre
The premier sports news service.
7.30 International Cricket: South Africa v Pakistan
Highlights from the fifth and final day of the third Test.

10.30 World of Sailing
Magazine programme.
11.00 Ice Hockey
Coverage of a top game.

1.30am Sky Sports Centre
2.00-5.00am International Cricket: South Africa v Pakistan
Highlights from the final day's play of the third Test.

12noon World Wrestling Federation - Live Wire
1.00pm Fish TV
1.30 Fish TV: Americana Outdoors
Try Trophy Bass fishing; take a hike into the high lakes of the Sierra in search for the elusive brook trout; learn the skills of fly and salt water fishing from the professionals; plus find out which equipment to use, what to wear and when and where to go.
2.00 Super League Classics: Brisbane v Auckland
Coverage of last year's clash.

3.30 Rebel Sports
Wild and mad-cap series.
4.00 World Motor Sport
Get behind the wheel and prepare for a roundup of the latest developments.

7.00 Fish TV
More useful tips and advice from the fisherman's favourite series.

8.00 Spanish Football
Coverage from one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents in action.

10.00 Superbouts: Arguello v Mancini
Classic action from the ring featuring the memorable 1981 bout.
11.00-11.30pm Olympic Destinies
Images of the Olympic Winter Games.

12noon Swan's Crossing
Action romance series.
12.30pm Sweat
Teen drama series.
1.00 Echo Point
Teen soap.
1.30 Heartbreak High
Hard-hitting drama series revolving a Sydney high school.
2.00 Saved by the Bell
Save the Max
The kids have a radiothon to raise money to save the Max.
2.30 Swan's Crossing

3.00 It's in the Jeans
Rock Climbing
3.15 On the Make
3.30 Heartbreak High
Hard-hitting drama.
4.00 Hollyoaks
Teen soap exploring life after GCSEs.
4.30 Saved by the Bell
Crushed
5.00 USA High
Beauty and the Biker
Teen sitcom about students in Paris.
5.30 Sweat
6.00 Echo Point
6.30 Bangs
6.45 Rush
7.00 USA High
7.30-8.00pm Hollyoaks



8.00pm The A-Team
The Big Squeeze
The A-Team come to the aid of a restaurant owner and his daughter.
9.00 Tour of Duty
Acceptable Losses
Taylor and Ruiz miss a pick-up and are stranded in enemy territory.

10.00 The Basement
Magazine programme.
10.30 Red Shoe Diaries
Stories of obsession.
11.00 FILM: Maximum Overdrive
Emilio Estevez, Pat Hingle, Laura Harrington
Visceral horror thriller about mechanical devices going haywire. 1986
1.00am The Basement
1.30 Tour of Duty
2.30 FILM: Spookies
Felix Ward 1987
4.30 Red Shoe Diaries
5.00-6.00am The A-Team

7.30am Bloomberg Television
8.00 G-Force
8.30 Adventures of the Galaxy Rangers
9.00 Space Precinct
10.00 Captain Power and the Soldiers of the Future
10.30 Jupiter Moon
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon FILM: Dark Intruder
1965
1.15pm SF Scene Reports
1.30 Ray Bradbury Theatre
2.00 The Outer Limits

3.00 The Bionic Woman
Black Magic
Jaime is assigned to impersonate a niece.
4.00 The Six Million Dollar Man
The Last of the Fourth of July's
Searching for a killer laser.
5.00 Swamp Thing
Children of the Fool
A carnival arrives in town.
5.30 Inside Space
Space travel for all ages.
6.00 C/Net Central
All that's new.
6.30 SF Scene
Sci-fi news, reviews and gossip.
7.00 Space Precinct
The Fire Within
Brogan and Castle think that Officer Haldane may have been brainwashed.

8.00 Quantum Leap
Honeymoon Express
Al must have Sam prove his existence in the past by altering an event.
9.00 The Cape
Just a Rumour - Part I
DB's politician father betrays his fellow astronauts and his son.

10.00 FILM: Close Encounters of the Third Kind
Richard Dreyfuss, Francois Truffaut, Teri Garr, Melinda Dillon
Steven Spielberg's science fiction classic about a UFO landing in Indiana. 1977
1.00am Tomorrow People
1.30 Flash Gordon - Space Soldiers
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows



12midnight The Ten Minute Free View
12.10am Ride of Your Life
12.20nasty and Muttley
12.45 FILM: Pristine
Customers come under the influence of a haunted car lot.
1.00 The Five Minute Free View
1.05 FILM continues
2.00 ... O-Gram Girls
2.20 FILM: Tales from the ...
Adult Halloween tale.
3.55-4.00am What's on Tomorrow



11.30pm Free Teaser
A free taster of the channel and upcoming programmes.
11.35 Peep Show
11.45 Night Calls
Last Saturday's live show.
1.10am FILM: Smoke and Mirrors
Lexi Eriksson, Kia Missy
A sleazy strip joint owner tries to go straight.
2.35 FILM: Sex Under Hot Lights: International Stars
3.35-4.00am The Really Naked Truth: Backseat Girlfriend



12midnight Dish of the Day
12.10am Open Spaces
12.25 ... Foxes
12.55 Electric Blue Show
Compilation of some of the sexiest ladies on TV.
1.30 FILM: Gold Diggers II
Crystal Gold, Daria Ardell
Erotic feature about a woman prepared to do just about anything for material gain.
2.40-4.00am FILM: Oh! Zone
Sunset Thomas, Kirsty Waay
Adult feature film.



Join the recruits of Bravo company on their one-year 'Tour of Duty' in this Vietnam war drama:
Bravo 9.00am, 1.30pm

L!VETV

CHANNEL ONE
TELEVISION

NBC

travel
TV THAT TAKES YOU THERE

living

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends Talent-spotting show.
4.30 Judge Judy

5.00 Agony Advice for the troubled at heart.
5.30 Sport LIVE Magazine show.
6.00 The Fashion Show What's hip and cool.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files Psychic investigations.
7.30 Agony

7.59 Tiffani's Big City Tips
8.00 Lie Detector Unmasking deception to find the truth.
8.30 Judge Judy

8.59 Big City Tips
9.00 Brits on the Piste Adventure on the slopes.
9.30 The Fashion Show What's hip and cool.
9.59 Big City Tips

10.00 Topless Darts More shapely throwing.
10.02 Sport LIVE

10.30 The Sex Show Erotic discussion.
11.00 Big City Tips

11.01 Topless Darts More shapely throwing.
11.02 Exotica Erotica

11.30 Exotica Erotica
12midnight Jennycam

12.15am Private Dancer
12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 The Album Show
11.30 EuroDan
12.30pm Movies, Games and Videos
1.30 Inside Hollywood Gossip from Tinseltown.
2.30 The Album Show Classic tracks from legendary bands.

3.30 PDQ - The One Stop Shop More innovative and quirky products delivered straight to your door.
4.30 Movies, Games and Videos Entertainment magazine featuring all the latest news and views.

5.30 PDQ - The One Stop Shop More innovative and quirky products delivered straight to your door.
6.30 American Chart Show The latest Stateside action from across the pond.

7.30 Movies, Games and Videos Entertainment magazine featuring all the latest news and views.
8.30 PDQ - The One Stop Shop More innovative and quirky products delivered straight to your door.

9.30 PDQ - The One Stop Shop More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood All the latest gossip and news from Tinseltown.

11.30 The Album Show Thirty minutes of classic tracks from legendary bands.
12midnight-8.00am Local News on the hour, The Album Show at half past every hour

9.00 The Best of the Tonight Show with Jay Leno Comedian Jay Leno keeps good company.
10.00 The Best of Later with Conan O'Brien Irreverent humour, music and chat.

11.00 The Ticket NBC
11.30 NBC Nightly News with Tom Brokaw The latest world news.

12midnight Tonight Show with Jay Leno 1.00am MSNBC
12.30 Hello Austria, Hello Vienna 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News

5.00am Europe Today
8.00 European Moneywheel CNBC Europe Financial news, market updates and business stories from around Europe.

11.00 Internight
12.00 Time and Again
1.00pm European Living Flavours of Italy
1.30 V.I.P.
2.00 Today Magazine with news, features, sports and interviews.

3.00 Home & Garden Television Spencer Christian's Wine Cellar Entertaining look at wine.
4.00 Time and Again Jane Pauley looks back over the late 20th-century, as covered by NBC's news reporters.

5.00 European Living Flavours of France Top chefs share their favourite dishes.
5.30 V.I.P.
6.00 Europe Tonight Live
6.30 The Ticket NBC Entertainment guide with Kristiane Backer.

7.00 Dateline NBC Jane Pauley and Stone Phillips present the news magazine show.
8.00 NBC Super Sports Sports action.

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12.30 Hello Austria, Hello Vienna 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News

CABLE EXCLUSIVE

12.00 Travel Live With Frank Bough.
1.00pm Pathfinders Navajo
1.30 The Flavours of France Auxerre
2.00 Tread the Med Barcelona
2.30 Tales from the Flying Sofa Sark, Southern France, Northern France

3.00 Railway Adventures Across Europe
3.30 Supercities Prague
4.00 Snow Safari Whistler, British Columbia
4.30 On the Horizon Australia - Part I

5.00 Pathfinders Navajo With Amy Tan and Isabel Allende.
5.30 On Tour
6.00 The Flavours of France Auxerre
6.30 Tread the Med Barcelona

7.00 Travel Live Frank Bough and the team present the popular holiday show that tells it as it is.
8.00 Snow Safari Whistler, British Columbia With Bill Dod.
8.30 Reel World Bali

9.00 Rolf's Walkabout - 20 Years Down the Track Jabiru Township to the Bamylli Corroboree
10.00 Tales from the Flying Sofa Sark, Southern France, Northern France
10.30 On the Horizon Prague
11.00 Supercities Prague
11.30-12midnight Bruce's American Postcards

12.00am Kickstart
9.00 MTV Mix
12.00 Non-Stop Hits
2.00pm Hitlist UK
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Balls
6.30 Collexion
7.00 US Top 20 Stateside chart action.
8.00 Hot
9.00 Up for it
10.00 Amour With Camila.
11.00 Alternative Nation
1.00am-6.00am Music Videos

6.00am Power Breakfast
9.00 VH1 Upbeat
12.00 Ten of the Best: Simple Minds
1.00pm Jukebox
3.00 Toyah! 5.00 Five@Five 5.30 Pop-up Video 6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 The Greatest Hits of: Janet Jackson
11.00 The Nightfly
12midnight Jobson's Choice
1.00am VH1 Late Shift
6.00-7.00am Hit for Six

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6.00-7.00am Hit for Six

CABLE EXCLUSIVE

6.00am Power Breakfast
9.00 VH1 Upbeat
12.00 Ten of the Best: Simple Minds
1.00pm Jukebox
3.00 Toyah! 5.00 Five@Five 5.30 Pop-up Video 6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 The Greatest Hits of: Janet Jackson
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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

TUESDAY MARCH 10

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM



NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12.00 News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hardtalk 8.00 Europe Direct 9.00 News 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12.00 News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hardtalk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News through the day, plus:
5.00am This Morning 5.30 Insight 6.00 This Morning 6.30 Moneyline 7.00 This Morning 8.30 Showbiz Today 9.00 Larry King 10.30 Sport 11.30 America 12.30pm Digital 1.15 Asia 1.30 Business 3.30 Sport 4.30 Showbiz 5.00 Larry King 6.45 America 7.30 Business 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asia 1.30 Q & A 2.00 Larry King 3.30 Showbiz 4.15 America 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour plus:
6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportline 8.30 Sky Business 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Newsmaker 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

SSAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Österreich 9.30 Europamagazin 9.55 Talkshow 11.10pm Thema 12.00 Servicezeit 12.30 Das Entdeckermagazin 1.00pm Offen 2.00 Waldwinter 3.30 Eisenbahnromantik 3.45 Weltreligionen Christentum/Orthodoxie 4.15 Reisezeit 4.45 Genießen auf gut Deutsch 5.15 Bilder aus Deutschland 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Eine Fast Perfekte Liebe 8.45 Kurzfilm 9.00 Zeit im Bild 2 9.25 Lärm und Wut 11.00 Apropos Film 11.30am Seitenblicke 11.35-12midnight Nachrichtenmagazin des Schweizer Fernsehens

Deutsche Welle 5.00am Tomorrow-Today 5.30 Augsburger Puppenkiste 6.00 Journal 6.30 Naheaufnahme 7.00 Journal 7.30 Boulevard Germany 8.00 Tomorrow-Today 8.30 Augsburger Puppenkiste 9.00 Journal 9.30 Boulevard Deutschland 10.00 D 16 10.30 Boulevard Bio 11.30 Naheaufnahme 12.00 Journal 12.30pm Tomorrow-Today 1.00 Boulevard Germany 1.30 Augsburger Puppenkiste 2.00 Journal 2.30 Musik Horn - Sehen - Erleben 3.00 Bilder aus der Schweiz 4.00 Boulevard Deutschland 4.30 Europa Aktuell 5.00 Journal 5.30 Boulevard Germany 6.00 D 16 6.30 Close-Up 7.00 Journal 7.30 Doppelpass 8.30 Europa Aktuell 9.00 Journal 9.30 Close-up 10.00 Journal 10.30 Primer Plano 11.00 Journal 11.15 Zur Zeit 11.30-12midnight Boulevard Deutschland

TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Questions 8.00 Minutes 8.05 Le Match 9.00 Minutes 9.05 Plaisir de Lire 9.30 Habitat Traditionnel 10.00 Minutes 10.05 Societe 10.30 Dictionnaires 11.00 Minutes 11.05pm Paris 11.33 Journal 11.55 Meteo 12.00 Fiction

1.30 Telecinema 2.00 Strip 3.00 Journal 3.15 Pyramide 3.45 Bus 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris 6.30 Journal 7.00 Temps Present 8.00 Enjeux le Point 8.55 Meteo 9.00 Journal 9.30 Culture 10.45 Viva 11.30-12midnight Soir

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12.00m Kabhi Yeh Kabhi Woh 12.30pm Jung 1.00 Mouthful of Sky 1.30 Movie 4.00 Jaldi Jaldi 4.30 Music Challenge 5.00 Dasht 5.30 Music Box 6.30 Turning Point 7.00 Mouthful of Sky 7.30 News 8.00 Katha Sagar 8.30 FILM 11.30 News 12midnight Kabhi Yeh Kabhi Woh 12.30am Katha Sagar 1.30 FILM 4.00 Top Ten 5.30 Baale Payal 6.00 Jaldi Jaldi 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am TAMIL FILM: Varusham 6.30 Tamil: Kannam Poochi 7.00 Jaagran 7.30 Business 8.30 Aahaa 9.00 Revathi 9.30 Helath 10.00 Parivartan 11.00 Shahi Dawat 11.30 Daraar 12.00m HINDI FILM: Sunehra Sansar 3.00pm Hasretain 3.30 Sallaab 4.00 Hum Paanch 4.30 Jaldi Jaldi 5.00 Amar Kathayen 5.30 Quiz 6.00 Banegi Apni Baat 6.30 Pop Busters 7.00 Asp Ki Farmaish 7.30 Chalo 8.00 News 8.30 Darrar 9.00 Hum Aapke Hain Woh 9.30 Ikke Pe Ikke 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Exeter and Sedgfield.

CMT

6.00am Rebel Country 7.00 CMT 10.00 Non-Stop Country 2.00pm Global View 3.00 Non-Stop Country 6.00 Top Billing 7.00 Rebel Country 8.00 Global View 10.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel Country 1.00am Fresh Cuts 2.00 Non-Stop Country 5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Van Impe 5.30 McQuicken 6.00 Lardon 6.30 Dollar 7.00 Copeland 7.30 Kidz 8.00 Your Day 8.15 Good Morning 8.30 Dye 9.00 Ekman 9.30 Revival 10.00 Frangipane 10.30 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE
5.30am This Week in the Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions from the House

WORLD NET

9.00am Newsfile Feed 10.00 US News and World Events 11.00 Business News 11.30 Worldnet Dialogues 2.00pm Business News 2.30-3.00pm Science World/Sports Machine

LANDSCAPE

CABLE EXCLUSIVE
Beautiful films accompanied by music 24 hours a day



4.00pm Airborne: Destination Berlin
This episode looks at the decision to use airborne forces to lead the invasion of France.
5.00 The Native Americans: The Plains
6.00 Greek Week: Ancient Mysteries - Secrets at Delphi
7.00-8.00pm Men at War: Field Marshall Erwin Rommel
A unique insight into the life of the German commander.

11.00am Take the High Road
11.30 Emmerdale
12.00pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
Jennifer is surprised when her husband turns up in Glendarrach.
3.00 Emmerdale
Jackie Merrick is confused.
3.30-4.00pm Emmerdale
Sandle Merrick tries to put things right with her brother.

11.00am Video Trips
11.30 Globetrotter
12.00pm Way of Life
12.30pm Getaway
1.00 Great Escapes
1.30 Was It Good for You? Tenerife
2.00 American Vacation The Windward Islands
3.00 Globetrotter
Manhattan, Tanzania, London
3.40-4.00pm Around the World
India and St Ives

News throughout the day, plus:
5.00am Europe Today 8.00 Moneywheel 1.00pm Squawk Box 3.00 US Market 5.00 Power Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future 8.00 Money 8.30 Directions 9.00 US Market Wrap 10.00 Media 10.30 Future 11.00 Money 11.30 Directions 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 3.30 Future 4.30-5.30am Directions

LOUD

TURN UP
THE VOLUME
AND TUNE
INTO THE
MONTH'S
BEST MUSIC
ON CABLE

Win a trip to the Big Apple and tickets to the VH1 Honours show



FANCY winging your way to the States in rock god style? Here's your chance with a competition that could see you on the guest list at the exclusive VH1 Honours show in New York on 14 April. If you win, VH1 will fly you, and a friend or partner, to JFK airport and then ferry you off to the luxurious Paramount Hotel, for a three-night stay in the heart of Broadway.

VH1 will keep you pampered before the gig, treating you to all main meals at the hotel and sending you off on a tour of the city. Then, on the night of the Honours, you'll be taken to the venue in true star style – in a chauffeur driven limo. And you'll be given VIP treatment at the show, which will include exclusive live performances by some of the world's biggest artists.

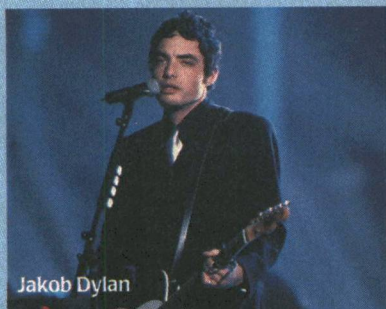
Finally, the day after the show, there'll be time for a some last-minute shopping before being whisked back to JFK for the flight back home.

Last year's VH1 Honours show included some of the biggest names in music – including Stevie Wonder, Prince, Rod Stewart, James Taylor, Celine Dion, Sheryl Crow and Bryan Adams – and this year's event is set to be even more spectacular.

So if you'd like to be part of it, enter our competition by answering this simple question:

Jakob Dylan is the son of which famous rock star?

Answers on a postcard to *Cable Guide/VH1*, 172 Tottenham Court Road, London W1P 0JJ, by 20 March, 1998. For rules, see page 187.



Jakob Dylan

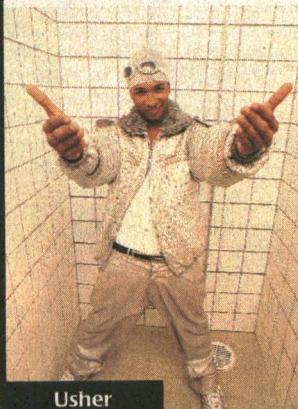


Emmylou Harris and Sheryl Crow

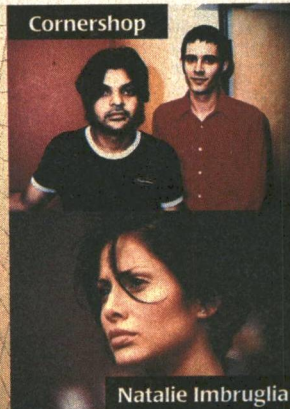
Want to turn on to the hottest pop videos? Then check out The Box, where you can select from a library of up to 500 videos, updated weekly, with details scrolled across the bottom of your screen. Call the number displayed and, using the key pad on your phone, enter the video number for your choice. Here's our pick of 20 of the hottest tracks on The Box – music TV you control

- | | | |
|----|------------------------------|------------------------|
| 1 | The Roof (437) | Mariah Carey |
| 2 | When I Need You (883) | Will Mellor |
| 3 | No, No, No (240) | Destiny's Child |
| 4 | Big Mistake (586) | Natalie Imbruglia |
| 5 | Truly, Madly, Deeply (529) | Savage Garden |
| 6 | Uh La La La (327) | Alexia |
| 7 | Delicious (667) | Deni Hines |
| 8 | Horns of Jericho (191) | DJ Supreme |
| 9 | Rewind (296) | Celetia |
| 10 | L-L-Lies (516) | Diana King |
| 11 | Sky's the Limit (810) | Notorious B.I.G. |
| 12 | It's Raining Men (784) | Martha Wash and RuPaul |
| 13 | Foolish Games (190) | Jewel |
| 14 | Brimful of Asha (262) | Cornershop |
| 15 | Holler (346) | Ginuwine |
| 16 | Beep Me 911 (646) | Missy Elliot |
| 17 | Be Alone No More (332) | Another Level |
| 18 | Nice & Slow (588) | Usher |
| 19 | How Do I Live (461) | Le Ann Rimes |
| 20 | When the Lights Go Out (355) | FIVE |

Some videos listed above may not be available in some areas



Usher



Natalie Imbruglia

Watch out for ... 17 March is St Patrick's Day – celebrate with MTV, which is showing half an hour of videos from U2's *Achtung Baby* at 6.30pm, followed by *An Hour with Boyzone* at 7.00pm. VH1 goes green, too, with Ireland's favourite pop family, The Corrs, choosing their top ten songs at 12.00noon, then presenting two hours of Irish hits at 1.00pm, plus another helping of hits from the emerald isle at 8.00pm.



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

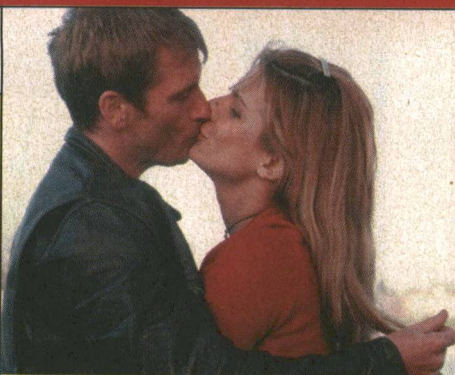
12.00

NIGHT TIME

6.00am Jane and the Lost City
1987, rating Sky PG, 88 mins
8.00 Dead Man's Folly
1986, rating Sky PG, 89 mins
10.00 Magic Sticks
1987, rating Sky PG, 85 mins
11.30 Going Under
Bill Pullman, Ned Beatty
1990, rating Sky PG, 78 mins
1.00pm Little Bigfoot II: The Journey Home
Stephen Furst
1996, rating Sky PG, 89 mins
2.30 Mr Holland's Opus
Richard Dreyfuss, Gleanne Headly, Jay Thomas, Olympia Dukakis, Alicia Witt
Uplifting drama about a composer who turns to teaching music in his local school. Glen Holland is desperate to write his own symphony, but it becomes clear that he will need an income in order to support himself and his wife. The story follows his struggles to exert some positive influence on his students' lives. 1995, rating Sky PG, 143 mins
5.00 Superman II
Christopher Reeve, Margot Kidder, Terence Stamp, Sarah Douglas, Gene Hackman, Ned Beatty, Clifton James
Action-packed sequel in which Superman inadvertently frees three intergalactic criminals, who come to Earth and try to use their powers to take over the planet. 1980, rating Sky PG, 122 mins
7.10 Going Under
Bill Pullman, Ned Beatty, Wendy Schaal, Robert Vaughn, Bud Cort
A Hot Shots-style Navy parody in which an antiquated nuclear submarine is placed in the hands of an inept crew and a bungling captain. 1990, rating Sky PG, 78 mins

9.00 Mr Holland's Opus
Richard Dreyfuss, Gleanne Headly, Jay Thomas, Olympia Dukakis, Alicia Witt
Uplifting drama about a composer who turns to teaching music in his local school. Glen Holland is desperate to write his own symphony, but it soon becomes clear that he will need an income in order to support himself and his wife. **Text** 1995, rating Sky PG, 143 mins
11.30 Stolen Hearts
Sandra Bullock, Denis Leary, Yaphet Kotto
Romantic comedy. 1996, rating Sky 15, 91 mins
1.10am Cobb
Tommy Lee Jones
Biopic of the baseball player. 1994, rating Sky 18, 123 mins
3.20-5.00am Six Days, Six Nights
1994, rating Sky 18, 91 mins

6.20am A Pig's Tale
1995, rating Sky PG, 90 mins
8.00 Sons and Lovers
1960, rating Sky PG, 99 mins
10.00 The Hanging Tree
Gary Cooper, Maria Schell, Karl Malden, Ben Piazza
Western drama. 1957, rating Sky PG, 102 mins
12noon On the Riviera
Danny Kaye, Gene Tierney, Corinne Calvet
Lively musical comedy. 1951, rating Sky U, 87 mins
2.00 The Talk of the Town
Ronald Colman, Cary Grant, Jean Arthur, Edgar Buchanan, Charles Dingle
Comedy drama about a girl who falls in love with both a suspected murderer and the lawyer who defends him. 1942, rating Sky U, 112 mins
4.00 Sons and Lovers
Trevor Howard, Dean Stockwell, Mary Ure, Wendy Hiller
Drama based on a D H Lawrence novel, starring Dean Stockwell as the son of a coal miner who sets out to London to become an artist, after his mother dies. 1960, rating Sky PG, 99 mins
5.55 A Pig's Tale
Jake Beecham, Mike Damus, Joe Flaherty, Lisa Jakub, Andrew Harrison
Leeds Summer camp comedy about a group of young kids who take on the camp's seemingly unbeatable top group. 1995, rating Sky PG, 90 mins
7.30 E! News Week in Review
The latest news and gossip from Hollywood.
8.00 Eraser - Preview
8.05 Eraser
Arnold Schwarzenegger, James Caan, Vanessa Williams, James Coburn, Robert Pastorelli, James Cromwell
Action thriller about a vital government witness who is assigned a protector known as Eraser when he stumbles upon a deadly super-weapon. **Text** 1996, rating Sky 18, 115 mins
10.00 Flirting with Disaster
Ben Stiller, Patricia Arquette, Téa Leoni, Mary Tyler Moore
PREMIERE Comedy about a young man anxious to find his birth parents. 1996, rating Sky PG, 89 mins
11.35 Kiss of Death
David Caruso, Nicolas Cage, Kathryn Erbe
Crime thriller. **Text** 1995, rating Sky 18, 97 mins
1.20am Safe Passage
Moving family drama. **Last Play Text** 1994, rating Sky 15, 94 mins
3.00 Mindfield
1990, rating Sky 15, 86 mins
4.35-5.45am Sherlock Holmes: A Study in Scarlet
1984, rating Sky U, 50 mins



In 'Stolen Hearts', Frank O'Brien (Denis Leary) is a thief who persuades his girlfriend Roz (Sandra Bullock) to let him complete one last job: Sky Movies Screen 1 11.30pm



4.00pm The Delicate Delinquent
Jerry Lewis, Martha Hyer, Robert Ivers, Darren McGavin, Horace McMahon, Milton Frome
Slapstick comedy starring Jerry Lewis as a rebellious hoodlum who decides to join the police force - with predictably chaotic results. 1956, rating Sky PG, 97 mins

6.00 The Seventh Voyage of Sinbad
Kerwin Mathews, Kathryn Grant, Torin Thatcher
Fun-filled fantasy as Sinbad takes to the seas to find a cure for the curse that has shrunk his girlfriend, the Princess. Ray Harryhausen conjures up some more of his magical special effects. 1958, rating Sky PG, 85 mins

8.00 The Searchers
John Wayne, Natalie Wood, Vera Miles, Jeffrey Hunter
Classic Western in which John Wayne plays a former Confederate soldier who sets out on a determined mission to trace his niece, who was kidnapped by Indians several years before. 1956, rating Sky PG, 114 mins

10.00 Sudden Impact
Clint Eastwood, Sondra Locke, Pat Hingle, Bradford Dillman, Paul Drake
The fourth in the Dirty Harry series. While on vacation, Harry Callahan stumbles onto the case of a young woman who is killing the men who brutally raped her and her sister. 1983, rating Sky 18, 113 mins
12midnight No Mercy
Richard Gere, Kim Basinger
1986, rating Sky 18, 104 mins
1.50am Le Cri du Coeur
French drama. **Widescreen** 1994, rating Sky 15, 81 mins
3.15-4.55am The Delicate Delinquent
1956, rating Sky PG, 97 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm T-Bone 'n' Weasel
Gregory Hines, Christopher Lloyd, Ned Beatty, Rip Torn
The comic adventures of a pair of unlikely ex-cons who are aiming for the straight and narrow, with very little success. They steal a car and hit the road, but find themselves caught up in an election campaign. 1992, 90 mins
11.00 Trader Horn
Harry Carey, Edwina Booth, Duncan Renaldo
Adventure yarn about a trader and his partner who go in search of the daughter of a missionary, missing in the African jungle. 1931, 123 mins
1.15am Ride the High Country
Randolph Scott, Joel McCrea
Wild West drama. **Widescreen** 1962, 94 mins
3.00-4.40am T-Bone 'n' Weasel
1992, 90 mins

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons Text
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children Text
12.30pm M*A*S*H Text
1.00 Gerald
2.00 Sally Jessy Raphael
My Teen Is Tearing Apart Our Family
3.00 Jenny Jones
Parents who Disapprove of their Son-In-Law
On today's show, parents show their disapproval of their daughters' husbands.
4.00 The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show with the queen of chat herself and a participating audience.
5.00 Star Trek: The Next Generation
The Best of Both Worlds - Part II
Riker must choose between saving Picard and saving humanity.
6.00 Dream Team
It's the FAP Cup quarter-finals.
6.30 Married... With Children
You Gotta Know When to Hold 'Em - Part I **Text**
7.00 The Simpsons
Homer Loves Flanders
Homer befriends his arch enemy, Ned Flanders. **Text**
7.30 Real TV
Actual video footage of real-life events.
8.00 Space Island One
Edge of the Night
A solar flare results in chaos on board Unity, and Dusan must encounter his fear of space walking.
9.00 The Outer Limits
First Anniversary
A man discovers that his beloved wife is actually an alien. Stars Matt Frewer (Max Headroom and The Stand).
10.00 Millennium
Midnight of the Century
Frank experiences visions from his childhood when Jordan claims to have been visited by the spirit of her dead grandmother.
11.00 Star Trek: The Next Generation
The Best of Both Worlds - Part II
Riker must choose between saving Picard and saving humanity.
12midnight Late Show with David Letterman
Broadcast from the Ed Sullivan Theatre.
1.00am Raven
And Everything Nice...
Jonathon realises that he and Sharon Pryer are being watched by a bold man.
2.00-7.00am Long Play

7.00am Worzel Gummidge
Down Under 7.35
Neighbours 8.00
Crossroads 8.25
EastEnders 9.00 The Bill
9.30 Howards' Way
10.00 Home to Roost
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Sykes
2.05 Whoops Baghdad
2.45 Stay Lucky
Hotrod Horace
Sally's Uncle Horace, a cantankerous Yorkshireman, hates all sorts of people - including Thomas.
3.45 The Bill
Returning the Call
Hollis hasn't got many leads in his search for two men.
4.15 Juliet Bravo
The Runner
Inspector Darblay decides that it is time to deal with a notorious local villain, aged nine.
5.20 EastEnders
Drama of the dour kind with the residents of Albert Square, Walford.
5.55 Big Break
Jim Davidson hosts the gameshow which features top snooker players potting for contestants.
6.30 The Bill
Another episode of the police drama series at Sun Hill.
7.00 Dad's Army
Don't Fence Me In
Mainwaring's men are sent to guard the local PoW camp.
7.40 Canned Carrott
Jasper Carrott serves up more stand-up comedy and sketches.
8.20 Blackadder II
Beer
A turnip, an ostrich feather and a fat aunt are problems for Edmund.
9.00 Fawlty Towers
A Touch of Class
Basil tries to improve the class of the hotel's clientele.
9.40 Blackadder Goes Forth
Corporal Punishment
Comic mayhem in the trenches. With Rowan Atkinson.
10.20 Between the Lines
What's the Strength of This?
Tony Clark's loyalties are stretched to the limit when Harry Naylor is caught moonlighting.
11.25 Naked Video
Fast-moving comedy.
12midnight Spitting Image
Biting rubber comedy.
12.30am The Equalizer
The Capers
1.20 The Equalizer
Heart of Justice
2.05-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 Alien Empire
8.30 Wildlife on UK Horizons
9.00 Joy Adamson - Born Wild?
10.00 Pandora's Box
11.00 The Vet
11.30 Animal Hospital
12.00 Alien Empire
12.30pm Wildlife on UK Horizons
1.00 Joy Adamson - Born Wild?
2.00 Animal Hospital
2.30 Hot Gadgets

3.00 Jeremy Clarkson's Motorworld India

3.30 Jeremy Clarkson's Motorworld
In the Alpine equivalent of Trumpton in Switzerland.

4.00 Top Gear GTi
Jeremy Clarkson and the team present a specially extended edition of their show featuring extra information, interviews and consumer tips.

5.00 Hot Gadgets
Testing interactive television, a relaxation experience, and a solar-powered cooker.

5.30 Pioneers
Unlocking the Asylum

6.00 Animal Hospital
Rolf Harris explores the work of the RSPCA's Harmsworth hospital.

6.30 Hot Gadgets
The team tests a phone with a built-in lie detector.

7.00 Alien Empire
Voyagers
Crickets on a volcano.

7.30 Wildlife on UK Horizons
Orang-Utans... Out on a Limb

8.00 Behind the Myth: The True Story of Pocahontas

A profile of the first American heroine through the memories of her family and descendants.

9.00 Clive James - Postcard from Miami
Clive James sets out to find the truth and meets two of the city's famous residents - Don Johnson and Gloria Estefan.

10.00 Disaster
The Unflyable Plane
Looks at why a DC-10 blew apart at 37,000 feet.

10.30 Behind the Myth: John Wayne - The Unquiet American
A profile of the Hollywood legend whose on-screen bravery and battle with cancer contributed to a heroic public image.

11.30 Great Mysteries and Myths
12midnight-1.00am Traces of Guilt
The Drug Detectives
Looking at the ways drug dealers conceal drugs.

6.00am Healthbeat
6.30 Your Beautiful Garden
7.00 David Emanuel Fashion Show
7.30 Eat, Drink and Be Healthy
8.00 David Emanuel's Ultimate Makeover Show
9.00 Sally Jessy Raphael
10.00 Bon Appetit
10.30 Classic Interiors
11.00 Garden Club
Question Time
12.00 Sew Perfect
12.30pm Ready to Wear
1.00 Bon Appetit
1.30 Classic Interiors
2.00 David Emanuel's Ultimate Makeover Show

3.00 Bon Appetit
Alison Keenan takes a peek at some classically delicious French cooking.

3.30 Classic Interiors
With Lady Henrietta Churchill.

4.00 Sally Jessy Raphael
More lively audience debate and backchat from America on relationship issues.

5.00-6.00pm Garden Club
Question Time
Jeff Turner tackles viewers gardening dilemmas and offers top tips for budding horticulturalists.

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Hart to Hart
11.00 Hawaii Five-0
12.00 Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah
The Bikers Bit

3.00 London's Burning
Drama series set in a London fire station. Marion threatens to take drastic measures when Kevin turns down her attempts at reconciliation.

4.00 Hawaii Five-0
Killer Bee
McGarrett finds more than he could have possibly bargained for when he investigates the case of a Vietnam veteran.

5.00 Mission: Impossible
The Pawn
The team is assigned to smuggle an Eastern bloc nuclear scientist and his daughter to the West.

6.00 Families
Sue receives a distressing letter from Mike.

6.30 Classic Coronation Street
Eddie bribes Stan.

7.00 Doctor at Large
It's All in the Mind
Michael and Paul tackle a local white witch.

7.30 Bootsie and Snudge
Night Cap

8.00 London's Burning
Drama series set in a London fire station. Marion threatens to take drastic measures when Kevin turns down her attempts at reconciliation.

9.00 Classic Coronation Street
Eddie bribes Stan to stay away.

9.30 Stand Up
Alternative stand-up comedy.

10.00-11.00pm Mission: Impossible

men & motors

11.00pm H.O.T.
Late night entertainment show with Jenny Powell.

11.50 Lord Lust's Lovelies
Saucy late night offering, presented by Lord James Hadfield-Hyde.

12.10am The Vinnie Jones Show

1.00 E! Gossip
1.30 E! Mysteries and Scandals
Profiling the popular Twenties silent-screen actor Roscoe 'Fatty' Arbuckle.

2.00-6.00am The Box

6.00am Under the Umbrella Tree
6.30 Jungle Cubs
7.00 Recess
7.30 Pepper Ann
8.00 Brand Spanking New Doug
8.30 Timon and Pumbaa
9.00 Aladdin
9.30 Quack Pack
10.00 Amazing Animals
10.30 Sesame Street
11.30 Winnie the Pooh
11.45 Poddington Peas
11.50 Alphabet Castle
12.00 Little Hippo
12.15pm Animal Shelf
12.30 Rosie and Jim
12.45 Toothbrush Family
12.50 Bear in the Big Blue House
1.15 Winnie the Pooh
1.30 Chip 'n' Dale's 2.00 Goo! Troop
2.30 Jungle Cubs

3.00 Timon and Pumbaa
Fun with the crazy Lion King characters.

3.30 Brand Spanking New Doug
Doug's New School

4.00 Pepper Ann
More from the girl who wants to be cool at all costs.

4.30 Recess
Animated series from the creators of Rugrats.

5.00 Smart Guy
The 10-year-old smart guy doesn't understand teenagers.

5.30 Student Bodies
Animation and real-life in an entertaining mix.

6.00 Teen Angel
The Guardian Angel has one last chance to get into heaven.

6.30 Boy Meets World
Shallow Boy
Eric makes a mistake.

7.00 FILM: Wish Upon a Star
Katherine Heigl, Danielle Harris

Adventure about a girl who is envious of her older sister - but when her wish comes true and they trade places, things start to get really hairy. 1997

8.30 The Wonder Years
Kevin Arnold looks back.

9.00-10.00pm Touched by an Angel
Fun with the thoroughly modern angel. Stars Roma Downey and Della Reese.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for Thought
10.00 Feasts of the World
10.30 What's Cooking?
11.00 Worrall Thompson Cooks
11.30 Graham Kerr
12.00 Food Network
12.30pm A Year at Ballymaloe
NEW SERIES
1.00 Food for Thought
1.30 From the Ground Up
2.00 Chez Bruno
2.30 Food Network

3.00 Nancy Lam's Wok Wiz
3.30 Worrall Thompson Cooks
4.00 A Taste of the Caribbean
4.30-5.00pm So You Think You Can't Cook



CARTEON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Hey Dad II
What Are You Doing Here...Monsieur?
Ben and Sam get jobs.

6.00 Byker Grove
Julie is prevented from seeing the Grove or Gill.

6.30 A Country Practice
Simon worries about a young girl.

7.00 London Bridge
London-based drama serial. Ant is desperate to track down his daughter.

7.30 Switch On
Entertainment magazine with Matthew Lorenzo.

8.00 The 10 Percenters
Sack

8.30 Goodnight Sweetheart
Don't Get Around Much Anymore

Time-travel sitcom. Six months after Gary turned his back on 1940, Ron persuades him to return for the one big deal which will set them up for life. With Nicholas Lyndhurst.

10.00 Snowy Sweetheart
Sweet Oblivion
Epic drama series about the people who worked on the great irrigation scheme begun in South-east Australia in 1949.

11.00 St Elsewhere
12midnight Collins and Maconie's Movie Club
12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

GENERAL

Byker Grove

Carlton Select 6.00pm
This favourite children's series from the BBC starts from the very beginning this month, set in the Byker Grove Youth Centre and featuring the heartbreaks, pains and pleasures of young people growing up. The club is run by benevolent dictator Geoff Keegan, played by Billy Fane. The programme launched the careers of many a teenage star, including Ant McPartlin and Declan Donnelly, now better known as the pop duo Ant and Dec.

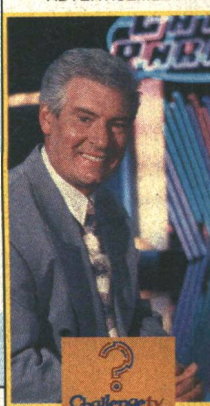
FILM

Superman II
Sky Movies Screen 1
5.00pm

Perhaps the best of the Superman series, with Christopher Reeve feeling ever more confident in the tights and flying position. Here he inadvertently frees three criminals from Krypton, who come to Earth and attempt to use their own super powers to take over the planet. Stars include Margot Kidder again cast as Lois Lane, plus Gene Hackman, Ned Beatty and Terence Stamp as baddies.

Wednesday continues overleaf...

ADVERTISEMENT



CATCHPHRASE
6.30PM

Say what you see with Roy Walker's classic gameshow. Popular since it first began in 1985, Roy has some of the biggest prizes on TV to give away, all for knowing a few well-known sayings.



Take a break with TJ, Gretchen, Gus and co in 'Recess': Disney
7.00am, 4.30pm

WEDNESDAY MARCH 11

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Snowboard
8.00 Alpine Skiing – LIVE
Women's downhill action.
9.30 Biathlon
Coverage of the men's 12.5km race in Slovenia.
10.30 Alpine Skiing – LIVE
Men's downhill from Crans Montana, Switzerland.
12noon Snowboard – LIVE
Giant slalom action from the Grundig FIS World Cup.
1.00pm Equestrianism
Volvo World Cup action.
2.00 Tennis
Coverage of the third day of the ATP/Mercedes Super 9 Tournament from Indian Wells, USA.

3.30 Tennis
4.00 Alpine Skiing
Men's World Cup action from Crans Montana, Switzerland.

5.00 Motorsports
Speedworld magazine featuring motorcycling coverage of the Andros Trophy.
6.00 Superbike
A preview of the forthcoming World Superbike Championship.

7.00 Bowling
Coverage of the first leg, second stage of the women's competition in the Golden Tour.
8.00 Tennis – LIVE
Further coverage of the ATP Tour, Mercedes Super 9 Tournament from Indian Wells, USA.

11.30-12.30am Motorsports
Speedworld magazine.

7.00am Sky Sports Centre
7.30 WWF – Live Wire
8.30 Sky Sports Centre
9.00 Racing News
9.30 Aerobics Oz Style
10.00 The Footballers' Football Show
11.00 Tartan Extra
11.30 V-Max
12noon Aerobics Oz Style
12.30pm Spanish Football
2.30 Rugby Union Update: 1997 Bermuda Classic
2.30 Pro Beach Soccer
Soccer on the sand is back with coverage from the Balkan state of Montenegro.

3.30 Tartan Extra
Soccer action from north of the border.
4.00 The Footballers' Football Show
Football celebrities give their views on the game's major talking points.

5.00 World Wrestling Federation – Shotgun Challenge
Hosted by Kevin Kelly and James E Cornette.
6.00 Sky Sports Centre
The latest sports news.
6.30 Futbol Mundial
Club and international soccer focus.

7.00 Ford Football Special: Wimbledon v Arsenal – LIVE
The Gunners travel south of the river to Selhurst Park for this London derby. Arsène Wenger's men have had a steady, if unspectacular, season so far, although their title challenge went awry during the middle of the season with Ian Wright losing his scoring touch. As for plucky Wimbledon, this could be a chance to pull away from the relegation zone.

10.30 Sky Sports Centre
11.00 Snooker: Dr Martens Premier League
Action from the Diamond Centre in Northamptonshire.
1.00am Sky Sports Centre
1.30-3.30am Ford Football Special: Wimbledon v Arsenal
Another chance to see the earlier match.

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
8.00 Racing News
8.30 Fish TV: The Weekend Fisherman
9.00 Fish TV: The Ultimate Fishing Show
9.30 Rebel Sports
10.00 Motor Racing: Race of Champions
11.00 Ice Hockey
1.30pm Ski Prime
Top tips from the pistes.
2.00 Golf Extra
A comprehensive roundup of the key developments on the golfing circuit, including features on the major players and the tournaments in which they will compete.

5.00 Snooker: Dr Martens Premier League
Action from the Dr Martens Premier Snooker League, staged at the home of Rushden and Diamond's Football Club – the Diamond Centre – in Northamptonshire.

7.00 Sky Sports Centre
The premier sports news service.
7.30 Golf Extra
A comprehensive roundup of the key developments on the golfing circuit, including features on the major players and the tournaments in which they will star.

10.30 European Tour Weekly
What's going on across the European fairways.
11.00 Futbol Mundial
Football from around the world.
11.30 Trans World Sport

12.30am European Tour Weekly
1.00 Sky Sports Centre
1.30-2.30am Watersports World
A comprehensive guide to the best action on the water.

12noon World Wrestling Federation – Shotgun Challenge
A fast-paced programme hosted by Kevin Kelly and James E Cornette.
1.00pm Fish TV
Reel in the very latest top tips from the essential angling guide.
2.00 Superbouts: Arguello v Mancini
Relive the memorable 1981 meeting between Alexis Arguello and Ray Mancini.

3.00 Olympic Destinies
Enduring images of the Olympic Winter Games.
3.30 Motor Racing: Race of Champions
Catch up with the front-runners.
4.30 Rugby Union
Action from the latest top Rugby Union clash.
5.30 Watersports World
From powerboating and jetskiing to water-skiing and canoeing, a guide to the best action on the water.
6.30 European Tour Weekly
7.00 Fish TV
More useful tips and advice from the angler's favourite series.

8.00 Sport USA
All of the latest news, views and developments from the American sports scene.

9.30 Ski Prime
Behind the scenes with skiing addicts.
10.00 Cue Masters: Higgins v Bond
A great encounter from the 1996 British Open.
10.30-11.30pm Dickie Davies' Sporting Heroes: Cliff Morgan
Dickie meets veteran Welsh Rugby Union player Cliff Morgan.

12noon Swan's Crossing
12.30pm Sweat
1.00 Echo Point
1.30 Heartbreak High
Drama about the students and teachers at a Sydney inner-city high school.
2.00 Saved by the Bell Crushed
US schoolroom comedy series focusing on the lives and loves of Zack and his friends.
2.30 Swan's Crossing
An action romance series.

3.00 Blast
The chart show.
3.30 Heartbreak High
Drama set at a Sydney inner-city high school.
4.00 Hollyoaks
Soap exploring the lives of post GCSE teenagers.
4.30 Saved by the Bell Driver's Education
5.00 USA High
Au Revoir, Katherine
Katherine breaks Jackson's heart.
5.30 Sweat
6.00 Echo Point
6.30 Blast
The chart show.
7.00 USA High 7.30-8.00pm Hollyoaks



8.00pm The A-Team Champ
The A-Team members buy into the contract of a champion boxer.
9.00 Tour of Duty
Vietnam Rag
Goldman and Anderson are ordered to take out a platoon of raw recruits.
10.00 The Basement
Magazine programme.
10.30 Red Shoe Diaries
Jake's Story
11.00 FILM: Sci-Fighters
Billy Drag, Roddy Piper, Jayne Heitmeyer
Futuristic thriller. 1996
1.00am The Basement
1.30 Tour of Duty
2.30 FILM: Maximum Overdrive
Emilio Estevez, Pat Hingle
Visceral horror thriller. 1986
4.30 Red Shoe Diaries
5.00-6.00am The A-Team

7.30am Bloomberg Television
8.00 G-Force
8.30 Adventures of the Galaxy Rangers
9.00 Space Precinct
10.00 Captain Power and the Soldiers of the Future
10.30 Jupiter Moon
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon FILM: The Night Has a Thousand Eyes
Edward G Robinson 1948
1.30pm Ray Bradbury Theatre
2.00 Outer Limits

3.00 The Bionic Woman
Sister Jaime
Jaime disguises herself as a nun.
4.00 The Six Million Dollar Man
Burning Bright
Steve investigates a fellow astronaut's behaviour.
5.00 Swamp Thing
A Jury of His Peers
5.30 Inside Space
The fact and fantasy of space travel.
6.00 C/Net Central
Computer magazine.
6.30 The New Edge
A programme that takes a look at the future today.
7.00 Space Precinct
The Forever Beetle
Lt Brogan investigates the theft of a priceless scarab.

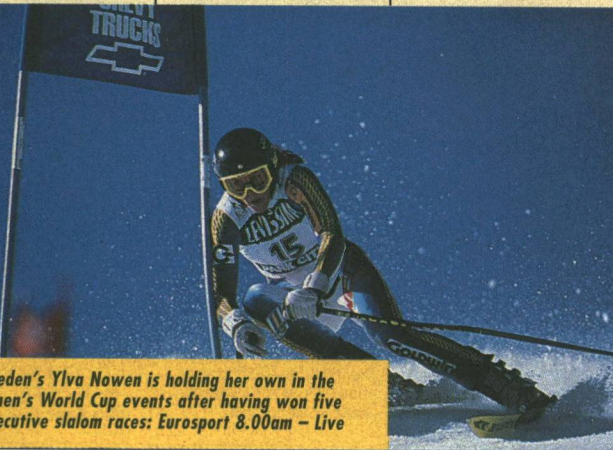
8.00 Quantum Leap
Disco Inferno
Sam becomes a macho stuntman on the set of a low-budget movie.
9.00 The Cape
Play Astronaut for Me
Jack is stalked by an obsessed admirer. Stars Corbin Bernsen.
10.00 FILM: Stephen King's Firestarter
Drew Barrymore, David Keith, George C Scott
Adaptation of a Stephen King novel about a young girl who can set objects on fire at will – triggering a sequence of tragic events. 1984
12.20am Sightings
12.40 Masters of Fantasy
1.00 Space Angel
1.30 Ray Bradbury Theatre
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows



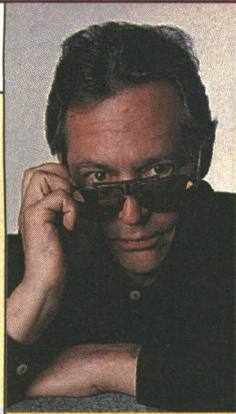
12midnight The Ten Minute Free View
12.10am Fantasy Night Calls
1.00 The Five Minute Free View
1.05 FILM: Centrefold
A frisky photographer breaks in the new glamour girls.
2.30 FILM: Sex Alert
A husband and wife explore the kinky world of exhibitionism.
3.55-4.00am What's on Tomorrow

11.30pm Free Teaser
11.35 Peep Show
11.45 Sex Guides: London
12.20am Stripsearch: Seattle
1.20 FILM: Last Little Whorehouse
Missy, Jacklyn Lic, Randy West
The last little whorehouse is under threat of closure so the sexy babes kidnap the investors and treat them to one meal they'll never forget.
2.50-4.00am Naughty Amateur Home Videos: Girl Next Door

12midnight Dish of the Day
12.10am Nude Wives – Raw Recruits
12.20am Special Programme
1.10 FILM: The Erotic Chateau
Brigitte Bert, Mercedes
Three couples gather in a castle for some new twists on some very traditional pleasures.
2.30 FILM: She's Got Dangerous Eyes
Celeste, Laurie Cameron
3.35-4.00am Bikini Beach
Erotic mini-series.



Sweden's Ylva Nowen is holding her own in the Women's World Cup events after having won five consecutive slalom races: Eurosport 8.00am – Live



Tommy Vance is so cool he wears shades on 'The Nightfly': VH1 11.00pm



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
Win big prizes.
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
Win big prizes.
6.30 Catchphrase
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With Jane Asher and Jill Gascoigne.
8.00 All Clued Up
Quiz show presented by David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
East Anglia
Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 *Fate and Fortune* 7.00 *Dial-a-Doc* 7.15 *Nation LIVE* 7.30 *The Fashion Show* 8.00 *Agony* 8.30 *Living Room Legends* 9.00 *Love Story* 9.15 *Dial-a-Doc* 9.30 *Revelations* 10.00 *Lie Detector* 10.30 *Bunny Bingo* 10.45 *What's in the Box* 11.00 *Judge Judy* 11.30 *Fate and Fortune* 12.00 *The Why Files* 12.30 *pm Bunny Bingo* 12.45 *What's in the Box* 1.00 *Lie Detector* 1.30 *Judge Judy* 2.00 *The Fashion Show* 2.30 *Revelations*
3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice.
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffani's Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight *Jennycam* 12.15am *Private Dancer* 12.30 *Pleasure Dome* 1.00 *Exotica Erotica* 2.00 *Brits on the Piste* 2.30 *The Sex Show* 3.00 *Exotica Erotica* 4.00 *The Fashion Show* 4.30 *Agony* 5.00 *Lie Detector* 5.30 *Dial-a-Doc* 5.45-6.00am *Nation LIVE*

CHANNEL
ONE
TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am The Album Show
11.30 EuroDan
12.30pm Cybernet
1.30 Cinema Cinema Cinema
The latest news from Hollywood.
2.30 The Album Show
Classic long-players by much-loved rock bands.

3.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
4.30 Cybernet
The latest news from the fascinating world of computers and the internet.
5.30 PDQ - The One Stop Shop
Shop till you drop without hassle from the comfort of your sofa.
6.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
7.30 Cybernet
The latest news from the fascinating world of computers and the internet.
8.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
Shop till you drop without hassle, from the comfort of your sofa.
10.30 Cinema Cinema Cinema
An in-depth look at all the latest news from Hollywood.
11.30 The Album Show
Classic long-players.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Europe Today
8.00 European Money Wheel CNBC Europe
Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Interglitch
12noon Time and Again
1.00pm European Living Flavours of Italy
1.30 V.I.P.
2.00 Today
Current affairs magazine.
3.00 Home & Garden Television
A&P of Gardening/ Awesome Interiors Magazine programme.
4.00 Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC.
5.00 European Living Travel Xpress
A culinary journey.
5.30 V.I.P.
Celebrity chat.
6.00 Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.
8.00 NBC Super Sports
Euro PGA Golf action from the Qatar Masters.
9.00 The Best of the Tonight Show with Jay Leno
Jay Leno presents top celebrities.
10.00 Late Night with Conan O'Brien
Chat show featuring top celebrity guests.
11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight-8.00am *The Tonight Show with Jay Leno* 1.00am *MSNBC Interglitch* 2.00 *V.I.P.* 2.30 *Europe à la Carte* 3.00 *The Ticket NBC* 3.30 *European Living* 4.00-5.00am *MSNBC's The News*

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's programme with Frank Bough and the team.
1.00pm A Golfer's Travels Spain
1.30 Floyd on Oz
Australia On a Plate
2.00 Tread the Med
St Tropez
2.30 The Great Escape
Corbett Park and Gulgarg Travel magazine.
3.00 A Fork in the Road
Paris
3.30 Worldwide Guide
Australia
4.00 Ribbons of Steel
Vive la Difference!
4.30 The Flavours of France
Auxerre
5.00 A Golfer's Travels
5.30 Railway Adventures
Across Europe
6.00 Floyd on Oz
Australia on a Plate
6.30 Tread the Med
St Tropez Travel magazine.
7.00 Travel Live
Bringing you all the best in travel advice.
8.00 Pathfinders
Navajo
8.30 On Tour
Dominican Republic Featuring Santo Domingo.
9.00 Grainger's World
Heroes of The Amazon Capturing the essence of the Amazon and its legendary wild jungles.
10.00 The Great Escape
10.30 A Fork in the Road
Paris
11.00 Worldwide Guide
Australia
11.30-12midnight Ridge Riders

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations.
2.20 Living It Up!
3.20 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.
4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat Is On
Presented by Keith Chegwin.
5.30 Ready, Steady, Cook
Hosted by Fern Britton.
6.10 Jerry Springer Uncut
Outrageous and lively American talk show.
7.00 Rescue 911
Real-life rescues.
7.30 Mysteries, Magic and Miracles
With Patrick Macnee.
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.
9.00 FILM: Passions
Drama about a female cop who is raped by a colleague. The code of silence for police officers demands that she not speak out, until she discovers that the same attacker has assaulted a private citizen. 1984
11.00-12midnight The Sex Files II
Girls on Top Presented by Katrina Buchanan.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

NATIONAL
GEOGRAPHIC
CHANNEL

7.00pm Wild South:
As It Was in the Beginning 7.30 *Can't Drown This Town* 8.00 *Reef Fish: Where Have They All Gone?* 9.00 *Bear Attack* 9.30 *Storm Voyage: The Adventure of the Aileach* 10.00 *Extreme Earth: Fire!* 10.30 *Extreme Earth: Fire and Thunder* 11.00 *Ocean Worlds: Great Whales* 12midnight-1.00am *The Black Jerusalem*

UK
STYLE

CABLE EXCLUSIVE

2.00pm *Radio Times* 2.30 *Style Challenge* 3.00 *Can't Cook, Won't Cook* 3.30 *Change That* 4.00 *Going for a Song* 4.30 *More Front Gardens* 5.00 *Antiques Roadshow* 6.00 *Radio Times* 6.30 *Antonio Carluccio's Italian Feast* 7.00 *Really Useful Week* 8.00 *Tracks* 8.30 *Change That* 9.00 *Can't Cook, Won't Cook* 9.30 *Style Challenge* 10.00 *Home Front* 10.30 *Real Rooms* 11.00 *Stefan's Garden Roadshow* 11.30-12midnight *More Front Gardens*

UK
ARENA

CABLE EXCLUSIVE

6.00pm *Sounds of the Sixties* 6.30 *The Frame* Entertainment magazine. 7.00 *Good Music* 8.00 *When the Boat Comes In* *Swords and Pickhandles* 9.00 *The Frame* 9.30 *Hancock* 10.00 *Fortunes of War* January 1940 11.05 *The Frame* 11.20-12.15am *Later on UK Arena*

BRITISH
TV ENTERTAINMENT

6.00am *Kickstart* 9.00 *MTV Mix* 12noon *Non-Stop Hits* A rollercoaster of hits. 2.00pm *Euro Top 20* 3.00 *Non-Stop Hits* 4.00 *Select MTV* 6.00 *MTV Live* 6.30 *So 90s* 7.00 *The Lick R&B Chart* 8.00 *Hot* Happening news and gossip. 9.00 *Up for It* 10.00 *Amour* 11.00 *Yo!* 12midnight-6.00am *Music Videos*

1
HD

7.00am *Power Breakfast* 9.00 *VH1 Upbeat* 12noon *Ten of the Best: Bill Oddie* 1.00pm *Jukebox* 3.00 *Toyah!* 4.30 *VH1 to 1: Sheryl Crow* 5.00 *Five@Five* 5.30 *Pop-Up Video* 6.00 *Hit for Six* 7.00 *Mills 'n' Tunes* 8.00 *VH1 Hits* 10.00 *VH1 Classic Chart* 11.00 *The Nightfly* 12midnight *VH1 Country* 1.00am *Storytellers: Melissa Etheridge* NEW 2.00 *VH1 Late Shift* 6.00-7.00am *Hit for Six*

6.00
AM

MORNING

3.00
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8.00
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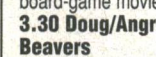
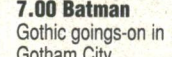
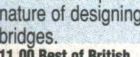
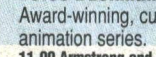
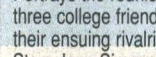
9.00
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12.00
NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

 9.00am The Joy of Painting 9.30 Garden Club 10.00 The Great Gardening Plot 10.30 Tool Time 11.00 Go Fishing Barbel and Carp 11.30 Hometime Gazabo 12noon Driving Passions 12.30pm This Old House with Steve and Norm 1.00 Yan Can Cook Cooking for One 1.30 New Yankee Workshop Small Hanging Cupboard 2.00 Home Again with Bob Vila 2.30 These Four Walls 3.00 Two's Country 3.30-4.00pm This Old House	 5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 Scooby-Doo 9.30 Blinky Bill 10.00 Fruitties 10.30 Thomas the Tank Engine 11.00 Huckleberry Hound 11.30 Penelope Pitstop 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons 3.00 The Addams Family More unhealthy fun with America's weirdest family. 3.30 Beetlejuice Supernatural fun. 4.00 Scooby-Doo More crime solving with the canine sleuth. 4.30 Dexter's Laboratory Chemical bedroom chaos. 5.00 Johnny Bravo More immodest action with the superhero with the superego. 5.30 Cow and Chicken 6.00 Tom and Jerry Madcap antics with the sparring cat and mouse. 6.15 Road Runner 6.30 The Flintstones Prehistoric cartoon fun. 7.00 Batman Gothic goings-on in Gotham City. 7.30 The Mask More fun with the green-faced master of mayhem. 8.00 The Real Adventures of Jonny Quest Fun with the Quest gang. 8.30-9.00pm Droopy: Master Detective	 6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimpie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks 3.00 Jumanji Series based on the board-game movie. 3.30 Doug/Angry Beavers Fury fun in a two-for-one. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star Superheroic fun. 5.00 Rugrats Fun with the tousle-headed nippers with the over-fertile imaginations. 5.30 Sister Sister More sibling rivalry. 6.00 Renford Rejects 6.30-7.00pm Kenan	 6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Gigantor 12noon Spirou 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon 3.00 The New Adventures of Gigantor The Friend Turned Enemy 3.30 The Big Dish Children's game show. 4.00 Batman The King Gets Crowned Batman and Robin battle Clock King. 4.30-5.00pm Dennis the Menace	 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Editions 12.30pm Your Health 1.15 Asian 1.30 Business Asia 2.30 Newsroom 3.30 Sport 4.30 Your Health 5.00 Larry King 6.45 American 7.30 Business 8.30 Q & A 9.30 Insight 10.00 Update 10.30 Sport 12.30am Moneyline 1.15 Asian 1.30 Q & A 2.00 Larry King 4.30-5.00am World Report	Chanter 5.00 Questions Pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal Suisse 7.00 Savoir Plus 8.00 Faits Divers 9.00 Journal de France 2 9.30 Theatre 11.30-12midnight Soir 3 ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Zamana Badal Gaya 12.30pm Muran Padugal 1.00 Paltan 1.30 FILM 4.30 Take 2 5.00 Doosra Aasman 6.00 Community Focus 6.30 Aur Aap 7.00 Paltan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Aur Aap 12.30am Paltan 1.00 Shanti 1.30 FILM 4.00 Hello Bombay 4.30 Songs 5.00 Music Challenge 5.30 Star Show 6.30 News 6.45 Business Plus 7.00-7.30am First Edition ZEE TV 4.00am FILM: Dil Purush 6.30 Phire Alam 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 Business/Music 8.30 Aahaa 9.00 Manabi 9.30 Out and About 10.00 Tara 11.00 Low Cal 11.30 Daraar 12noon FILM: Awhat Nadeem 3.00pm Hum Aapke 3.30 Daraar 4.00 Hum Paanch 4.30 Public Demand 5.30 Teen Do Paanch 6.00 Banegi 6.30 All Time Hits 7.00 Liberty 7.30 Baat Ban Jaye 8.00 News 8.30 Dastaan 9.00 FILM: Yeh Zindagi 10.00 Filmi 10.30 Top Ten 11.00-12midnight Purush RACING CHANNEL 11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Bangor, Catterick and Southwell. CMT 6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.30pm Fresh Cuts 3.00 Showcase 3.30 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Non-Stop 8.30 Fresh Cuts 9.00 Showcase 9.30 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Wildhorse 2.00 Non-Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought 4.05 Copeland 4.30 Good Morning 4.45 Avanzini 5.00 McCauley 5.30 Leon 6.00 Hillsong 6.30 Creflo 7.00 Copeland 7.30 Kidz 8.00 Your Day 8.15 Good Morning 8.30 Ekman 9.00 Fire 9.30 Bevere 10.00 Hickey 10.30 Morning 10.45-11am CMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am Parliamentary Committees 9.30 The Commons Live 2.00pm Parliamentary Coverage 2.30 The Commons Live 11.00-12midnight Questions from the House WORLD NET 9.00am Newsfile Feed 10.00 US News and World Events 11.00 Business News/Analyses 11.30 Worldnet Dialogues 2.00pm Business News 2.30-3.00pm The Business File LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
 4.00pm Rex Hunt's Fishing Adventures Damsel and king fish. 4.30 Disaster In the Path of Doom A plane crash examined. 5.00 Top Marques Jaguar Looks at the history of this great marque. 5.30 Terra X: In the Shadow of the Incas 6.00 Alaska's Arctic Wildlife Looking at the spring awakening of wildlife on Alaska's rugged north-west coast. 7.00 Beyond 2000 Science magazine with the very latest innovations. 7.30 Ancient Warriors Soldiers of Pharaohs 8.00 Ghosthunters Tales from Dartmoor Ghostly goings-on. 8.30 The Quest The Face of Fear Exploring fear. 9.00 Secret of the Templars The Unexplained Explores the activities of the guardians of the Holy Grail. 10.00 Super Structures Engineering Disasters A look at the precarious nature of designing bridges. 11.00 Best of British Bentley Looking at the success of the Bentley, the Rolls Royce with a different badge on the front. 12midnight The Specialists The Heavy Mob 1.00am Ancient Warriors Soldiers of Pharaohs 1.30-2.00am Beyond 2000	 7.00pm Grace Under Fire Starring Brett Butler. 7.30 Roseanne Roseanne starts to feel her age. 8.00 Cybill LA sitcom. 8.30 Caroline in the City 9.00 Cheers The Last Angry Mailman The gang discovers that Rebecca was a party girl. 9.30 Ellen The Refrigerator 10.00 Frasier Three Dates and a Breakup - Part I 10.30 Duckman Award-winning, cult adult animation series. 11.00 Armstrong and Miller II 11.30 Grace Under Fire 12midnight Ellen 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Armstrong and Miller 3.00 Frasier 3.30-4.00am Cybill	 7.00pm Grace Under Fire Starring Brett Butler. 7.30 Roseanne Roseanne starts to feel her age. 8.00 Cybill LA sitcom. 8.30 Caroline in the City 9.00 Cheers The Last Angry Mailman The gang discovers that Rebecca was a party girl. 9.30 Ellen The Refrigerator 10.00 Frasier Three Dates and a Breakup - Part I 10.30 Duckman Award-winning, cult adult animation series. 11.00 Armstrong and Miller II 11.30 Grace Under Fire 12midnight Ellen 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Armstrong and Miller 3.00 Frasier 3.30-4.00am Cybill	 7.00pm Maxim Vengerov Plays Tchaikovsky 7.45 Andre Previn Conducts Dvorak's Symphony No 8 Andre Previn conducts the Berlin Philharmonic. 8.30 Theatreland With Emma Freud. 9.00 Arts Week Anna Ford and Tim Marlow present the weekly topical magazine show, with news and reviews from the British arts scene. 10.00 American Playhouse: Sensibility and Sense Portrays the reunion of three college friends and their ensuing rivalries. Stars Jean Simmons, Lori Singer and Eric Stolz. 12midnight-1.00am Midnight Jazz: Willie Dixon	 News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 2.30pm PMIs 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Reuters Report 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Deutschland 9.30 Offen 10.00 Vis-a-Vis 11.00 Tagebuch 11.15 ML Mona Lisa 11.55 Gesundheitstip 12noon Reiseleust 12.30pm Genießen auf Gut Deutsch 1.00 Disco 1.45 100 Grad 2.45 Pur 3.15 Die Reportage 3.45 Ibiza: Ausverkauf der Natur? 4.15 Auto und Mobiles 4.45 Häfigerlucker Unterwegs 5.10 Kostbarkeiten aus Österreich 5.15 Bilder aus der Schweiz 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Recht Brisant 7.45 Streitfall 8.15 Das Grüne Image 9.00 Zeit im Bild 9.25 Ein Junger Mann aus dem Innviertel 11.10 Seitenblicke 11.15 Nachrichtenmagazin 11.40-12.15am Kulturzeit Deutsche Welle 5.00am D16 5.30 Close-Up 6.00 Journal 6.30 Musik Horen 7.00 Journal 7.30 Boulevard 8.00 D16 8.30 Close-Up 9.00 Journal 9.30 Boulevard Deutschland 10.00 Europa Aktuell 10.30 Doppelpass 11.30 Musik Horen 12noon Journal 12.30pm D16 1.00 Boulevard 1.30 Close-Up 2.00 Journal 2.30 Bewaffneter Raubüberfall mit Geiselnahme 3.00 Bilder aus Österreich 4.00 Boulevard Deutschland 4.30 Kunst und Co 5.00 Journal 5.30 Boulevard 6.00 Journal 6.30 Culture on Tour 7.00 Journal 7.30 Bilder aus Österreich 8.30 Kunst und Co 9.00 Journal 9.30 Culture on Tour 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Expo 2000 11.30-12midnight Boulevard Deutschland TVS 5.00am TV5 Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.05 Journal de Canada 7.35 Questions pour un champion 8.05 Viva 9.05 Courants d'art 9.30 Sindbad 10.05 Jeu des Societe 10.30 Le Jeu des Dictionnaires 11.05 Paris Lumieres 11.30 Journal France 3 12noon Debat de Societe 2.00pm Fiction 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.35 Fa Si la	 4.00pm No Price Too High: Victory 5.00 Century Death and Glory The changing face of warfare, from cavalry to mechanised massacre. 6.00 Greek Week: Ancient Mysteries - The Odyssey of Troy Exploring whether the Trojan War actually ever occurred. 7.00-8.00pm Men at War: Biography Chiang Kai Shek
 11.00am Take the High Road 11.30 Emmerdale Friction is increasing at Emmerdale. 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light 2.30 Take the High Road Sally Shaw has a painful reunion with Jimmy Blair. 3.00 Emmerdale 3.30-4.00pm Emmerdale Joe wants a quiet evening.	 11.00am Video Trips 11.30 Globetrotter 12noon Way of Life 12.30pm Getaway 1.00 Great Escapes Cote d'Azur, Wales 1.30 Caribbean Vacation The Bahamas, Berry Islands 2.00 American Vacation Mexico, Baja and the West Coast 3.00 Globetrotter Malaysia, Australia, Texas, Ixtapa 3.30-4.00pm Holiday Reflections	 11.00am Video Trips 11.30 Globetrotter 12noon Way of Life 12.30pm Getaway 1.00 Great Escapes Cote d'Azur, Wales 1.30 Caribbean Vacation The Bahamas, Berry Islands 2.00 American Vacation Mexico, Baja and the West Coast 3.00 Globetrotter Malaysia, Australia, Texas, Ixtapa 3.30-4.00pm Holiday Reflections	 News throughout the day, plus: 5.00am Europe Today 8.00 Europe Money 1.00pm Squawk 3.00 US Market 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Your Money 8.30 Style Cafe 9.00 US Market 10.00 Media 10.30 Future File 11.00 Your Money 11.30 Style Cafe 12midnight Asian Squawk 1.00 Trading Day 3.00 Media 3.30 Future File 4.00 Money 4.30-5.00am Style Cafe	 11.00am Take the High Road 11.30 Emmerdale Friction is increasing at Emmerdale. 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light 2.30 Take the High Road Sally Shaw has a painful reunion with Jimmy Blair. 3.00 Emmerdale 3.30-4.00pm Emmerdale Joe wants a quiet evening.	 11.00am Take the High Road 11.30 Emmerdale Friction is increasing at Emmerdale. 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light 2.30 Take the High Road Sally Shaw has a painful reunion with Jimmy Blair. 3.00 Emmerdale 3.30-4.00pm Emmerdale Joe wants a quiet evening.
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Shown slightly larger than size of approximately 4" (10.1 cm) in height.



FRENCH
REGENCY EGG

IMPERIAL EGG

EMPRESS
ALEXANDRA EGG

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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Ernest Hemingway's Adventures of a Young Man
1962, rating Sky PG, 139 mins
8.30 Options
1989, rating Sky PG, 88 mins
10.30 Theodore Rex
Comic fantasy. **Text** 1995, rating Sky PG, 88 mins
12.30pm Ernest Hemingway's Adventures of a Young Man
Richard Beymer, Paul Newman
Biographical drama. 1962, rating Sky PG, 139 mins

3.00 The Care and Handling of Roses
Ann Jillian, Lee Horsley, Garrett M Brown, Sheila McCarthy, Harriet Sansom Harris
Romantic drama about two happily married strangers who fall in love. However, they both soon realise that their story can only have an unhappy ending. 1996, rating Sky PG, 87 mins

5.00 Theodore Rex
Whoopi Goldberg, Armin Mueller-Stahl, Richard Roundtree, Juliet Landau, Bud Cort, Jack Riley
Comic fantasy about a cop who must investigate a murder with the help of an unusual new partner - a genetically engineered dinosaur who can talk and who loves cookies. **Text** 1995, rating Sky PG, 88 mins

7.00 Now and Then
Demi Moore, Melanie Griffith, Rosie O'Donnell, Rita Wilson
Drama about four women who meet up and reminisce back to when they were carefree 12-year-olds. Circumstances may have changed, but they soon realise why they are friends for life. **Text** 1996, rating Sky PG, 96 mins

9.00 Tommy Boy
Chris Farley, David Spade, Bo Derek, Rob Lowe, Brian Dennehy
Comedy about a young good-for-nothing boy who, despite his lack of business sense, struggles to save his late father's car parts factory from the clutches of his wicked stepmother. 1995, rating Sky 12, 94 mins

11.00 The Lawnmower Man 2: Beyond Cyberspace
Patrick Bergin, Matt Frewer, Austin O'Brien
Sci-fi thriller. **Text** 1995, rating Sky 12, 88 mins

12.35am All Men Are Mortal
Stephen Rea, Irene Jacob
1995, rating Sky 15, 86 mins
2.05 Cleopatra Jones and the Casino of Gold
Action adventure sequel. 1975, rating Sky 15, 92 mins
3.45-5.30am Stripper
1985, rating Sky 18, 90 mins

6.00am I Wake Up Screaming
1941, rating Sky U, 79 mins
7.25 I Married a Witch
1942, rating Sky U, 74 mins
8.40 Merrill's Marauders
10.20 Angel Face
1953, rating Sky PG, 87 mins
11.55 Calm at Sunset
1997, rating Sky PG, 94 mins
1.35pm Abbott and Costello Meet Dr Jekyll and Mr Hyde
1953, rating Sky PG, 73 mins
2.55 Three Smart Girls
Deanna Durbin, Alice Brady, Binnie Barnes, Ray Milland
Charming comedy musical about a youngster who, with the help of her two sisters, attempts to reunite her estranged parents. 1936, rating Sky U, 81 mins

4.20 Merrill's Marauders
Ty Hardin, Jeff Chandler, Peter Brown, Andrew Duggan, Will Hutchins
World War II drama about a group of American soldiers based in Burma, who find themselves heavily outnumbered by the advancing Japanese troops. 1962, rating Sky PG, 92 mins

6.00 Calm at Sunset
Michael Moriarty, Peter Fancinelli, Kevin Conway, Melvin Van Peebles, Kate Nelligan
Drama about a teenager who wants to follow in his father's wake and become a fisherman. 1997, rating Sky, PG, 94 mins

7.40 US Top Ten
The most popular films on release in America.

8.00 The Crying Child
Mariel Hemingway, Finola Hughes, George Del Hoyo, Kin Shriner
PREMIERE Supernatural drama about a woman who believes she is haunted by the spirit of her dead baby. She hears a baby crying in house and knows she must investigate, for the sake of her own sanity. 1996, rating Sky 12, 93 mins

10.00 Under Siege 2: Dark Territory
Steven Seagal, Eric Bogosian, Katherine Heigl, Brenda Bakke, Morris Chestnut
Action thriller about a chef who gets caught up in the hijacking of a train taken over by a psychopathic criminal. **Text** 1995, rating Sky 18, 94 mins

11.40 Emmanuelle 5
Erotic drama. 1986, rating Sky 18, 77 mins
1.05am Ed McBain's 87th Precinct: Heatwave
Crime drama. 1996, rating Sky 15, 86 mins
2.40 Where's Jack?
1969, rating Sky 12, 114 mins
4.40-6.00am Sherlock Holmes: The Valley of Fear



Tommy Callahan III (Chris Farley) tries to save his late father's car parts business in the comedy 'Tommy Boy': Sky Movies Screen 1 9.00pm



4.00pm Rock-a-Bye Baby
Jerry Lewis, Marilyn Maxwell, Salvatore Baccaloni, Reginald Gardiner
Outrageous Jerry Lewis comedy in which he is asked to look after a film stars' triplets because she wants to keep their birth a secret from the public. 1958, rating Sky U, 100 mins

6.00 The Taming of the Shrew
Elizabeth Taylor, Richard Burton, Michael Hordern, Cyril Cusack, Alan Webb, Victor Spinetti
Franco Zeffirelli's adaptation of Shakespeare's comedy about an impetuous woman who is romanced and subdued by a handsome man. 1967, rating Sky U, 111 mins

8.00 Touch and Go
Michael Keaton, Maria Conchita Alonso, Ajay Naidu, Maria Tucci
An ice hockey star befriends a mother and her juvenile delinquent son after the youngster tries to rob him. Their ensuing companionship changes them all in ways which they would never have thought possible. 1987, 97 mins

10.00 If....
Malcolm McDowell, David Wood, Richard Warwick, Christine Noonan
Controversial British drama about a group of rebellious students at a prestigious boarding school. 1968, rating Sky 15, 107 mins

11.50 Conan the Barbarian
Arnold Schwarzenegger, James Earl Jones
Action yarn. 1982, rating Sky 15, 123 mins
2.00am Dracula Has Risen from the Grave
Christopher Lee
Vampire hokum. 1968, rating Sky 15, 89 mins
3.35-5.05am Vivacious Lady
1938, rating Sky U, 87 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm The Portrait
Gregory Peck, Lauren Bacall, Cecilia Peck, Paul McCrane, Mitchell Laurance, Donna Mitchell
Emotional drama in which an elderly couple's close relationship is disrupted by the arrival of their daughter, a struggling artist, who forces them to re-think their attitude towards her. 1993, 96 mins

11.00 The Comedians
Richard Burton, Elizabeth Taylor, Alec Guinness, Peter Ustinov, Lilian Gish, James Earl Jones
All-star political drama. 1967, 142 mins

1.30am Diner
Steve Guttenberg, Daniel Stern, Mickey Rourke
Acutely observed rites-of-passage movie set in 1959. 1982, 110 mins

3.20-5.00am The Portrait
Gregory Peck, Lauren Bacall
Emotional drama. 1993, 96 mins

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons **Text** 8.15
The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children
The Harder They Fall **Text**
12.30pm M*A*S*H **Text** Say No More
1.00 Gerald
Adoption Nightmares

3.00 Jenny Jones
Look What Your Missing Make-Overs
Guests are given great make-overs and then show their past loves just what they're missing.
4.00 The Oprah Winfrey Show
Oprah Winfrey takes the time to talk to guests about their lives.

5.00 Star Trek: The Next Generation
Family
While the USS Enterprise undergoes repair, many crew members reunite with their families.

6.00 The Live 6 Show
Presented by Jenny Powell and Richard Orford.

6.30 Married... With Children
You Gotta Know When to Hold 'Em - Part II **Text**

7.00 The Simpsons
Bart Gets an Elephant
Bart wins a fully grown elephant in a radio contest.

7.30 Real TV
Amazing video footage of actual real-life events.

8.00 Suddenly Susan
Susan's Minor Complication
Hit US sitcom. **Text**

8.30 Seinfeld
The Little Kicks
With Jerry Seinfeld. **Text**

9.00 Friends
The One with the Girl from Poughkeepsie

9.30 Veronica's Closet
Veronica's Christmas Song
Olive and Ronnie audition for a holiday chorus

10.00 ER
The British premiere showing of the new fourth series of the medical drama. Stars George Clooney and Alex Kingston. **Text**

11.00 Star Trek: The Next Generation
Family
While the USS Enterprise undergoes repair, many crew members reunite with their families.

12midnight Late Show with David Letterman
An entertaining mix of gossip and interviews.

1.00am Raven
Is Someone Crazy Here?
Ski is arrested for ignoring safety violations on his boat.

2.00-7.00am Long Play
Music through the night.

7.00am Never the Twain
7.35 Neighbours 8.00
Crossroads 8.25
EastEnders 9.00 **The Bill**
9.30 Howards' Way
10.00 Shelley
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Sykes
2.05 Ever Decreasing Circles
2.45 Stay Lucky

Trial by Marriage
The perfect marriage is actually nothing of the sort. Starring Dennis Waterman and Jan Francis.

3.45 The Bill
Police drama serial.

4.15 Juliet Bravo
Coming Back
Tom Darby's feelings of apprehension at leaving Jean on her own are nothing compared to Mick Grainger's trepidation at returning to his wife after six years in prison. Stars Stephanie Turner.

5.20 EastEnders
Another edition of the popular London-set soap.

5.55 Big Break
Jim Davidson hosts the gameshow which features top snooker players potting on behalf of contestants.

6.30 The Bill
Police drama series.

7.00 FILM: George and Mildred
Yootha Joyce, Brian Murphy, Stratford Johns
Comedy. Things turn decidedly dangerous for the Ropers when they spend their wedding anniversary at a plush London hotel and George is mistaken for an assassin. 1980

9.00 Bugs
Stealth
The Bugs team is hired to stop two sisters who are out to steal the secrets of some revolutionary motor vehicles.

10.05 Minder
You Gotta Have Friends
Terry finds himself in the cells when he helps a friend of Arthur's who is wanted for attempted murder.

11.10 Live at Jongleurs
The best of stand-up from the famed comedy club.

11.40 Three of a Kind
Stand-up comedy and sketches.

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Alien Empire 8.30
Wildlife on UK Horizons
9.00 The True Story of
Pocahontas 10.00
Tomorrow's World Plus
11.00 The Vet 11.30
Animal Hospital 12noon
Alien Empire 12.30pm
Wildlife on UK Horizons
1.00 The True Story of
Pocahontas 2.00 Animal
Hospital 2.30 Hot Gadgets

3.00 Jeremy Clarkson's Motorworld
Australia
 Visiting the Outback.

3.30 Jeremy Clarkson's Motorworld
Texas

4.00 Clive James - Postcard from Miami
 Clive James discovers the truth about Miami, and meets two famous residents, Don Johnson and Gloria Estefan.

5.00 Out of this World
 Chris Choi listens to ghostly sounds being recorded in a Welsh pub.

5.30 The Contenders
The Future's in the Fridge
 Top celebrity's fave food.

6.00 Animal Hospital
 A newborn Siamese kitten needs some emergency treatment.

6.30 Hot Gadgets
 Testing an in-car satellite navigation system.

7.00 Alien Empire
Metropolis
 A look at the structure of a termite mound.

7.30 Wildlife on UK Horizons
Advance of the Armadillo

8.00 Behind the Myth: Hillary and Tenzing: Everest and After

A profile of the famous mountaineers who reached Everest's summit on 29 May, 1953.

9.00 Children's Hospital - Special Edition

Dramatic medical documentary from the wards of Alder Hey Children's Hospital.

10.00 Great Mysteries and Myths

The Mystery of the Titanic
 With Robert Powell.

10.30 In Search of Cleopatra
 Exploring the myths that surround Cleopatra, the Egyptian queen who ruled 2,000 years ago.

11.30 Great Mysteries and Myths
The Korean Airlines
 007 Mystery

12midnight Pioneers
Saving Babies
 Pediatrician Dr Beryl Corner remembers how she battled to create specialist facilities for premature babies.

12.30am-1.00am The Limit
Trickiest Tunnel
 Hosted by Robbie Coltrane.

6.00am Healthbeat 6.30
Your Beautiful Garden 7.00
 David Emanuel 7.30 Eat, Drink and Be Healthy 8.00
 World on a Plate 8.30 Fiona Fullerton's Style Guide 9.00
 Sally Jessy Raphael 10.00
 Flavours of the Orient 10.30
 Great British Food 11.00
 Beautiful Home Show 11.30
 Garden 12noon
 Sew Perfect 12.30pm Ready to Wear 1.00 Bon Appetit
 1.30 Classic Interiors 2.00
 World on a Plate 2.30 Fiona Fullerton's Style Guide

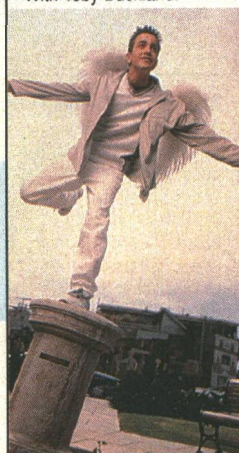
3.00 Flavours of the Orient
 A chance to savour Far Eastern culinary delights.

3.30 Great British Food
 Charles Metcalfe presents a variety of British dishes.

4.00 Sally Jessy Raphael
 Lively studio discussion in which various topical subjects are appraised.

5.00 The Beautiful Home Show
 Alison Keenan offers solutions to DIY snafes.

5.30-6.00pm Your Beautiful Garden
 With Toby Buckland.



Marty (Mike Damus) is heaven-sent in 'Teen Angel': Disney 6.00pm

LOW RATE LOANS

Thinking Of SUMMER Holidays? Sand, Sea & Relaxation!
PAY OFF LOANS & CREDIT CARD BALANCES. REDUCE MONTHLY OUTGOINGS & HAVE CASH TO SPEND

See Sky Text Page 288

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Hart to Hart
11.00 Hawaii Five-O
12noon Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah
The Vanishing Lady

3.00 London's Burning
 Drama series. Blue Watch is called to a hotel fire in which blocked escape routes have trapped the terrified guests. Starring Rupert Baker.

4.00 Hawaii Five-O
The One with the Gun
 A dishonest poker game causes a young honeymooner to lose his life, and McGarrett is called in. With Jack Lord.

5.00 Mission: Impossible
The Haunting
 The team investigates a yachtman's link with the disappearance of a politician's daughter.

6.00 Families
 The atmosphere is getting worse between Geoff and Barbara.

6.30 Classic Coronation Street
 Len assaults Rita.

7.00 Doctor at Large
 Cynthia Darling
 Michael is pestered to treat a young girl.

7.30 Bootsie and Snudge
Goodbye World

8.00 London's Burning
 Drama series. Blue Watch is called to a hotel fire in which blocked escape routes have trapped the terrified guests. Starring Rupert Baker.

9.00 Classic Coronation Street
 Len ends up assaulting Rita when he finds her.

9.30 Stand Up
 With Lee Evans, Dominic Holland and John Hegley.

10.00-11.00pm Mission: Impossible

men & motors

11.00pm Motor Week
 With coverage of the Geneva International Motor Show.

11.30 4 Wheels Good
 Coverage from the Vauxhall Drive Day.

12midnight Rally World
 A roundup of the rallying action with Eric Michell.

12.30am Through the Gears
 With Merrick Beesley.

1.00 The E! True Hollywood Story
2.00-6.00am The Box
 Music programme.

6.00am Under the Umbrella Tree
6.30 Jungle Cubs 7.00
Recess 7.30 Pepper Ann 8.00
Brand New Doug 8.30 Timon
9.00 Aladdin 9.30 Quack Pack
10.00 Amazing Animals 10.30
Sesame Street 11.30 Winnie
the Pooh 11.45 Poddington
Peas 11.50 Alphabet Castle
12noon Little Hippo 12.15pm
Animal Shelf 12.30 Rosie and
Jim 12.45 Toothbrush Family
12.50 Bear in the Big Blue
House 1.15 Winnie the Pooh
1.30 Chip 'n' Dale 2.00 Goof
Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
 Fun with the characters from *The Lion King*.

3.30 Brand Spanking New Doug
Doug Grows Up

4.00 Pepper Ann
 Pepper Ann is thwarted in her efforts to be cool by her family.

4.30 Recess
 Animated series from the creators of *Rugrats*.

5.00 Smart Guy
 TJ is a ten-year-old smart guy who annoys his brother in the tenth grade.

5.30 Student Bodies
 Students create their own comic book.

6.00 Teen Angel
 Marty the guardian angel watches over some old friends.

6.30 Boy Meets World
Janitor Dad
 Chet turns school janitor.

7.00 FILM: Angels in the Endzone
 Christopher Lloyd,
 Matthew Lawrence, David Gallagher, Paul Dooley

Comedy sequel. Al the Angel returns to halt the losing tradition of the high school football team, and change the lives of two young brothers. 1997

8.30 The Wonder Years
 Nostalgic series starring Fred Savage.

9.00-10.00pm Touched by an Angel
 Monica is a thoroughly modern angel, who relies on her wits rather than miracles. Starring Roma Downey.

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CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for
Thought 10.00 Who's
Cooking Dinner? 10.30
What's Cooking? 11.00
Worrall Thompson Cooks
11.30 Graham Kerr's
Kitchen 12noon Food
Network Daily 12.30pm
Winter Nosh 1.00 Food for
Thought 1.30 Ideal Home
Cooks 2.00 Top of the
Class 2.30 Food Network
3.00 A Year at Ballymaloe
 Darina Allen prepares chargrilled steak.
3.30 Worrall Thompson Cooks
4.00 From the Ground Up
Pollarding and Weaving
4.30-5.00pm Chez Bruno



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the general knowledge quiz.

5.30 Hey Dad II
Working for the Man
 Ben makes a very expensive mistake.

6.00 Byker Grove
 Julie tells her parents that she will go to the Grove in defiance of them.

6.30 A Country Practice
 Molly faces a crisis.

7.00 London Bridge
 Drama. It's Valentine's Day at the Millhouse.

7.30 Get Back
She's Leaving Home
 Starring Ray Winstone and Kate Winslet.

8.00 Desmond's
Two Lads and a Lady
 Michael's new girlfriend faces disapproval.

8.30 That's Love
 Babs reveals a secret about Patsy and Donald.

9.00 A Woman's Guide to Adultery
 Can Paul and Rose's love in Paris survive back home? Stars Theresa Russell, Sean Bean and Amanda Donohoe.

10.00 Auf Wiedersehen, Pet
Last Rites
 Oz is involved in some shady dealing. Starring Jimmy Nail, Timothy Spall and Kevin Whately.

11.00 St Elsewhere
12midnight Stuck on You
12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is in the Salon with Alison at 4.00pm.

GENERAL

Endangered: Tuna, Lobster
National Geographic
 7.00pm

A premiere for lovers of creatures from the sea. We spend 30 minutes in the company of two of the most valuable creatures of the ocean - the tuna and lobster. Lobster is served in the best restaurants around the world and we see the extraordinary private lives of these crustaceans and also the bluefin tuna as they are tracked from Florida to Canada and Spain to Italy.

SPORT

International Cricket - LIVE

Sky Sports 2 2.00pm
 Clearly this is a series in which anything can happen. West Indies v England Tests are among the most eagerly anticipated in the cricketing world, so when the first Test was cancelled because of a dodgy pitch, we can only imagine the shenanigans that will be going on between the two sides as the fourth Test starts today (hopefully!) from Barbados.

Thursday continues overleaf...

ADVERTISEMENT



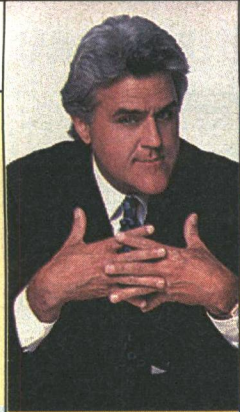
Trouble

HOLLYOAKS 7.30PM

The boys return from their holiday in Ibiza, with more than just suntans. Tony's got a guilty conscience and it's all been caught on film - no wonder Julie is worried about why he's avoiding her. Meanwhile Jude's design for Angela's wedding dress has gone down well.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

					
7.30am Alpine Skiing 8.00 Alpine Skiing - LIVE The Super-G event of the men's World Cup. 9.30 Biathlon - LIVE Coverage of the individual men's 20km event. 11.00 Alpine Skiing - LIVE The Super-G event in the women's World Cup. 12.30pm Biathlon - LIVE A look at the individual women's event in the World Cup in Hochfilzen, Austria. 2.00 Tennis Coverage of the fourth day of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.	7.00am Sky Sports Centre 7.30 World Wrestling Federation - Shotgun Challenge 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Ford Football Special: Wimbledon v Arsenal 12noon Aerobics Oz Style Australian step exercises. 12.30pm European Tour Weekly 1.00 Euro Tour Golf: Moroccan Open - LIVE The Royal d'Agadir Golf Club plays host to a tournament in which Clinton Whitelaw returns to defend his title after recording his first victory on the Tour last year.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV: Fishing Tales With Mike Sakamoto. 9.00 Golf Extra A comprehensive roundup of the key developments on the golfing circuit. 12noon Snooker: Dr Marten's Premier League Action from the Diamond Centre in Northamptonshire. 2.00pm International Cricket: West Indies v England - LIVE Coverage of the fourth Test match of the series from Barbados, where the West Indies plays host England.	12noon World Wrestling Federation - Superstars Hosted by Kevin Kelly and James E Cornette. 1.00pm Fish TV Reel in the very latest top tips from the angling guide. 2.00 Cue Masters: Higgins v Bond John Higgins goes head-to-head with Nigel Bond in the 1996 British Open. 2.30 Dickie Davies' Sporting Heroes: Cliff Morgan Dickie Davies interviews veteran Welsh Rugby Union player and broadcaster Cliff Morgan.	12noon Swan's Crossing 12.30pm Sweat Stars Martin Henderson. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High High school drama series. 2.00 Saved by the Bell <i>Driver's Education</i> The gang gets a lesson in responsible driving. 2.30 Swan's Crossing Action romance series following the lives of young people in their early teens. 3.00 It's in the Jeans <i>Karting</i> 3.15 On the Make 3.30 Heartbreak High High school drama. 4.00 Hollyoaks Post-GCSE soap drama. 4.30 Saved by the Bell <i>Rent-a-Pop</i> US schoolroom sitcom. 5.00 USA High <i>Lazzarini's Sister</i> Stars Josh Holland. 5.30 Sweat With Martin Henderson. 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 Captain Power and the Soldiers of the Future 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Werewolf of London 1935 1.30pm Ray Bradbury Theatre 2.00 The Outer Limits 3.00 The Bionic Woman <i>Vega Influence</i> Jaime is pitted against a meteorite. 4.00 The Six Million Dollar Man <i>The Coward</i> Steve searches for a World War II plane crash. 5.00 Swamp Thing <i>Poisonous</i> Stars Scott Garrison. 5.30 Inside Space Space travel examined. 6.00 C/Net Central A computer magazine programme. 6.30 The New Edge Examining the future. 7.00 Space Precinct <i>Divided We Stand</i> A ruthless politician hatches a scheme to win an important election. 8.00 Quantum Leap <i>The Americanisation of Machiko</i> Sam experiences racism in Fifties America. 9.00 The Cape <i>Lost in Space</i> Peter endangers the life of one of his pupils. Stars Corbin Bernsen. 10.00 FILM: Star Trek: The Motion Picture William Shatner, Leonard Nimoy, DeForest Kelley, Stephen Collins Kirk is called upon to take command of his old ship to intercept a bizarre force which is heading towards Earth. 1979 12.30am Sightings 1.00 The Bionic Woman <i>Welcome Home, Jaime</i> 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows
4.00 Alpine Skiing Coverage of the World Cup in Crans Montana, Switzerland.	5.00pm World Wrestling Federation - Superstars With Kevin Kelly and James E Cornette. 6.00 Sky Sports Centre The very latest sports news and views. 6.30 Football League Review 7.00 Euro Tour Golf: Moroccan Open The best of the action from the Royal d'Agadir Golf Club, which plays host to a tournament where Clinton Whitelaw returns to defend his title after recording his first victory last year.	4.00 Sportraits: B-Koen and Johnson A profile of the track star, and the basketball player. 4.30 International Cricket: West Indies v England - LIVE Continued coverage of the fourth Test match of the series from Barbados, where the West Indies play host to England. Mike Atherton's men will be determined to secure the first tour victory in the Caribbean for 30 years, but West Indian batsman Brian Lara will hope to repeat his best world class form and punish the English bowling attack.	3.30 Sport USA All of the latest news, views and developments from the American sports scene.	5.00 Ski Prime Behind the scenes with skiing addicts. 5.30 Football League Review 6.00 World of Sailing International sailing competition. 6.30 Inside the PGA Tour 7.00 Tight Lines Bruno Brookes and Keith Arthur attempt to answer some more of your angling queries. 8.00 The Rugby Club Stuart Barnes and Dewi Morris preview and review the latest action, and interview a top name. With Mark Durden-Smith. 9.30 Football League Review All the Nationwide League's midweek goals. 10.00-11.30pm Bobby Charlton's Football Scrapbook Don Rogers joins Bobby Charlton and Dickie Davies to look back at key matches in his career.	8.00pm The A-Team <i>Skins</i> The team tracks down a gang of poachers. With George Peppard. 9.00 Tour of Duty <i>War Is a Contact Sport</i> Doc is ostracised when he fails to shoot a Viet Cong soldier. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Stories of eroticism. 11.00 FILM: The Boys Next Door Maxwell Caulfield, Charlie Sheen, Patti D'Arbanville Gritty drama. 1985 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: Sci-Fighters 4.30 Red Shoe Diaries 5.00-6.00am The A-Team
6.00 Ski Jumping Coverage of the K115 event of the World Cup in Falun, Sweden.	10.00 Sky Sports Centre Sports news. 10.30 Ringside Enjoy comprehensive, punch-by-punch coverage of boxing up and down the country. 11.30 Football League Review 12midnight Sky Sports Centre 12.30am The Rugby Club 2.00 Ringside 3.00-3.30am Sky Sports Centre The very latest news and views from the world of sport.	9.00 World of Sailing International sailing competition. 9.30 Rebel Sports Wild and madcap sports. 10.00 Ford Golf USA: Honda Classic Action from the TPC at Huron Bay in Coral Springs, where Stuart Appleby returns to defend the title he won last year.	VOTE FOR YOUR FAVOURITE SPORTS CHANNEL ON PAGE IX AND YOU COULD WIN A HOLIDAY!		
7.00 Athletics Coverage of yesterday's first cross-country indoor from Paris-Bercy, France.		12midnight Tight Lines Angling queries answered. 1.00am Sky Sports Centre 1.30-3.30am Ford Golf USA: Honda Classic Another chance to see coverage from the TPC at Huron Bay in Coral Springs.			
8.00 Tennis - LIVE Coverage of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.					
11.30-12.30am Motorsports Coverage of the French Open Superbike in Le Mans.					
					
German Ricco Gross guns for glory in the biathlon individual event at the World Cup live from Austria: Eurosport 9.30am, 12.30pm			12midnight The Ten Minute Free View 12.10am Stripper of the Year 12.20 ... Malone 12.45 FILM: Satyr A college student is lured into a world of debauchery. 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Erotic Visions 2.25 FILM:man VII - On the Dark Side The fiend makes a film. 3.55-4.00am What's on Tomorrow	11.30pm Free Teaser 11.35 Peep Show 11.45 La Toya's Club Tour: North Carolina Nights La Toya guides you around one of North Carolina's top strip clubs. 12.45am FILM: Crazy <i>Chasey Lain</i> A woman begins an affair with her husband's therapist. 2.00 FILM: Topless Window Washers Two hookers become topless window cleaners. 3.05-4.00am 1996 Playmate Video Calendar	12midnight Dish of the Day 12.10am FILM: Eternal Lust Shayla La Veaux, Missy A seemingly unending sexual paradise carries a forfeit. 1.25 Asian Babes 2.20 Legend Erotic mini-series. The struggling actress tries to convince her father that her first role in an adult movie will be a success. Stars Lauren Hall and Sabrina. 2.50-4.00am Reel Life Erotic drama starring Sarah Jane Hamilton.



He's a laugh - 'The Best of the Tonight Show with Jay Leno' NBC 9.00pm



5.00pm Fifteen to One
William G Stewart hosts the fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Jane Asher and Jill Gascoigne.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Lacock, Wiltshire
Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Victorian Music Hall
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshot

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dia-a-Doc
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine show.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy

8.59 Big City Tips
9.00 Dog Night LIVE
Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
More late night discussions on erotica.
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
11.30 Exotica Erotica
Late night discussions.
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 Sex Show 3.00 Exotica Erotica 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 Album Show
11.30 EuroDan
12.30pm American Chart Show
1.30 Inside Hollywood
2.30 The Album Show
Classic long-players of much-loved bands are appraised and re-evaluated.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies Games Videos
Comprehensive entertainment review on the big and small screens.

5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30 American Chart Show
Check out the alternative chart across the pond.
7.30 Movies Games Videos
Comprehensive entertainment review on the big and small screens.
8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood
The show that shows what really goes on in Tinseltown.
11.30 The Album Show
Classic albums from much-loved pop artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Europe Today
8.00 European Moneywheel CNBC Europe
Live financial news, market updates and business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Wines of Italy
1.30 V.I.P.
2.00 Today
News, features, sports and interviews.

3.00 Home & Garden Television
The Company of Animals/ Dream Builders
Magazine programme.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century, as covered by NBC news reporters.

5.00 European Living Europe à la Carte
Exotic culinary cuisine.
5.30 V.I.P.
Celebrity interviews.
6.00 Europe Tonight Live
Current affairs.
6.30 The Ticket NBC
Entertainment guide.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.
8.00 NBC Super Sports
Coverage of all the action from the National Hockey League Powerweek.

9.00 The Best of the Tonight Show with Jay Leno
Jay Leno enjoys the company of celebrities.
10.00 Late Night with Conan O'Brien
Chat show featuring top celebrity guests.
11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno
1.00am NCAA Basketball: first Round Game - LIVE
3.30 Hello Austria, Hello Vienna
4.00-5.00am The News with Brian Williams

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's show hosted by Judi Spiers.
1.00pm Sports Safaris
Biarritz, France
1.30 Gatherings and Celebrations
A Formal Dinner Party in the Loire Valley
2.00 Tread the Med
Nice
2.30 Far Flung Floyd
Bangkok

3.00 Around Britain
Mid-Wales
More UK travelling.
3.30 Snow Safari
Whistler, British Columbia
4.00 Tales from the Flying Sofa
Florida Keys, Las Vegas and Mexico
4.30 On Tour
5.00 Sports Safaris
Biarritz, France
A visit to Basque country.
5.30 Aspects of Life
Tidal Lands

6.00 Gatherings and Celebrations
A Formal Dinner Party in the Loire Valley
6.30 Tread the Med
7.00 Travel Live
Gareth Davis is in the chair to bring you the latest news and views in this consumer discussion.
8.00 Travel Trails
Bournemouth
8.30 A Fork in the Road
Malta
9.00 Going Places
London
Two well-heeled women and two low-budget teenagers visit the capital.
10.00 Far Flung Floyd
Bangkok
Floyd cooks up a feast.
10.30 Around Britain
Mid-Wales
11.00 Snow Safari
Whistler, British Columbia
11.30-12midnight Tales from the Flying Sofa

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
Slimming tips from Amanda Ursell and Peter Vaughn.
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama set in Bethlehem West Emergency Ward.
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous American talk show with Jerry Springer and guests.
4.10 Rolonda
I Can't Stand Who My Roommate Is
Audience participation talk show from America.
5.00 The Heat Is On
With Keith Chegwin.
5.30 Ready, Steady, Cook
With Fern Britton.

6.10 Jerry Springer Uncut
Outrageous American talk show with Jerry Springer and guests.
7.00 Rescue 911
William Shatner presents emergency rescues.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Mystery drama about a woman homicide detective. Starring Lucy Bell and Gary Day.
9.00 FILM: Touch of Truth
Patty Duke, Melissa Gilbert, Bradley Perce
Drama. An autistic boy learns to communicate through a keyboard. However, the boy's first message turns out to be a cry for help. 1994
11.00-12midnight The Sex Files II
The Starfish
With guest Noah Huntley from *Emmerdale*.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



8.00pm FILM: It Had to Be You
Joseph Bologna, Renee Taylor, Eileen Brennan
Romantic comedy. An actress, well into her forties, and still looking for her big break, falls for a married man she meets at an audition.
9.45 Out
9.55 FILM: Kadaicha
Zoe Carides, Tom Jennings
Horror. Greedy property developers begin to build on a sacred aborigine burial site.
11.25-12midnight Electric Blue

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Endangered: Tuna, Lobster
7.30 Avalanche
8.00 The Shark Files: Married with Sharks
9.00 After the Hurricane
Hurricane Andrew's aftermath.
9.30 Earthquake
10.00 Extreme Earth: Freeze Frame - An Arctic Adventure
10.30 Extreme Earth: Ice Climb
11.00 Ocean Worlds: Dive to the Edge of Creation
12midnight-1.00am To the Magic Mountain

UK STYLE

CABLE EXCLUSIVE
2.00pm Radio Times 2.30 Style 3.00 Can't Cook 3.30 Change That 4.00 Home Front 4.30 Garden Game 5.00 Really Useful Week 6.00 Radio Times 6.30 Food and Drink 7.00 Holiday in Style 8.00 Dream Ticket 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style 10.00 Real Rooms 10.30 Going for a Song 11.00-12midnight How Does Your Garden Grow?

UK ARENA

CABLE EXCLUSIVE
6.00pm Sister Wendy's Story of Painting
A Hero Steps Forth
6.30 The Frame
7.00 Later with Jools Holland
8.00 Anna Karenina
9.00 Abroad in Britain
Right Is Wrong
9.30 Sounds of the Sixties
10.00 Scarfe On...Class
10.45 The Frame
11.00-12midnight Edge of Darkness
Compassionate Leave



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm So 90s
3.00 Non-Stop Hits
4.00 Select MTV
With Donna Air.
6.00 Snowball NEW SERIES
6.30 The Big Picture
7.00 Euro Top 20
8.00 Hot
9.00 Up for It
10.00 Amour
Hosted by Camila.
11.00 The Lick R&B Chart
12midnight-6.00am Music Videos

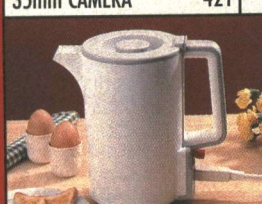


7.00am Power Breakfast
9.00 VH1 Upbeat 12noon Hits of... David Bowie
1.00pm Jukebox 3.00 Toyah! 5.00 Five@Five 5.30 VH1 to 1: David Bowie 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 9.00 Hits of... David Bowie 10.00 VH1 to 1: David Bowie 10.30 Planet Rock Profile 11.00 David Bowie - Live at Beatclub 12midnight **FILM: Ziggy Stardust 1973**
1.00am VH1 Late Shift 6.00-7.00am Hit for Six

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

9.00am The Joy of Painting 9.30 Garden Club 10.00 The Great Gardening Plot 10.30 Tool Time 11.00 Go Fishing Mini-Shark Fishing 11.30 Hometime Prairie Remodel 12noon Driving Passions 12.30pm This Old House with Steve and Norm 1.00 Yan Can Cook Beef It Up 1.30 New Yankee Workshop Pine Cupboard 2.00 Home Again with Bob Vila 2.30 Shows Four Walls 3.00 Two's Country 3.30-4.00pm This Old House 4.00pm Rex Hunt's Fishing Adventures Rex goes fishing at South Australia's reefs. 4.30 Disaster Panic in the Stands 5.00 Top Marques Morgan 5.30 Terra X: Mummies in the Land of Gold Analysis of a mummy. 6.00 Beware... The Ice Bear The life and times of the polar bear are revealed. 6.30 Grizzly Bears An eye-opening insight. 7.00 Beyond 2000 Popular science magazine featuring the very latest innovations. 7.30 Ancient Warriors Knights Templar 8.00 Secret Satellite Science Frontiers The story of how the first spy satellite, the Corona, was put into space despite exploding rockets. 9.00 Disaster Mines: Death in the Dark 9.30 Medical Detectives Postal Mortem Forensic science. 10.00 ER - The Real Drama Outlaws 10.30 Fire! Outlaws Join the men of Squad 5. 11.00 Forensic Detectives Soldier Soldier Forensic experts uncover the stories behind the deaths of the young men who went to war and never came back. 12midnight Top Guns of War 1.00am Ancient Warriors Knights Templar 1.30-2.00am Beyond 2000 Popular science magazine.	5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Lab 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 Fruitties 10.30 Thomas the Tank Engine 11.00 Magilla Gorilla 11.30 Inch High Private Eye 12noon The Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.30 Yogi Bear 2.30 The Jetsons 3.00 The Addams Family More unhealthy fun with America's weirdest family. 3.30 Beetlejuice Supernatural fun. 4.00 Scooby-Doo Canine capers. 4.30 Dexter's Laboratory Chemical chaos with the bedroom professor. 5.00 Johnny Bravo More fun with the superhero with the ego problem. 5.30 Cow and Chicken Madcap antics. 6.00 Tom and Jerry Madcap antics with the sparring cat and mouse. 6.15 Road Runner 6.30 The Flintstones Prehistoric fun. 7.00 Batman Caped crusading capers. 7.30 The Mask More manic antics with the green-faced master of mayhem. 8.00 The Real Adventures of Jonny Quest 8.30-9.00pm Droopy: Master Detective Laconic humour.	6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Winzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/ Skylark 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks 3.00 Jumanji Fantasy adventure based on the hit movie. 3.30 Doug/Angry Beavers Cartoon capers. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star Superheroes. 5.00 Rugrats Fun with the tousle-headed nippers. 5.30 Sister Sister Domestic disharmony with Tia, Tamera and co. 6.00 Renford Rejects 6.30-7.00pm Kenan 7.00pm Grace Under Fire Sophisticated comedy. 7.30 Roseanne Stand on Your Man Arnie returns to Lanford. 8.00 Cybil Comic adventures with Cybill Sheppard. 8.30 Caroline in the City Sitcom about a cartoonist. 9.00 Cheers Bidding on the Boys Fraser tells Lilith he wants them to draw up a pre-nuptial agreement. 9.30 Ellen 10.00 Frasier Three Dates and a Break-Up - Part II Frasier goes on three dates. 10.30 Duckman 11.00 Comedy Network 11.30 Grace Under Fire 12midnight Ellen 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Comedy Network 3.00 Frasier 3.30-4.00am Duckman	6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Giganator 12noon Spirou 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon 3.00 The New Adventures of Giganator Battle to Save the Earth 3.30 The Big Dish Children's gameshow. 4.00 Batman The Minstrel's Shakedown 4.30-5.00pm Dennis the Menace Dennis and the Grown-Ups CABLE EXCLUSIVE 7.00pm Vienna Symphony Orchestra: Austria 7.30 Great Arias 8.00 Virtuoso: Silvie Guillem Profiles of the greatest musicians of our age, combining documentary with performance. 9.00 Classic Century: The Birth of Cinema A uniquely moving portrait of the major events of the 20th-century. 9.30 Artsweek Anna Ford and Tim Marlow present the weekly topical arts magazine show. 10.30 Dance: So Schnell Dominique Bagouet's reminiscences of his childhood, set to Bach's joyful Cantata BWV 26. 12midnight-1.00am Jazz Greats: Branford Marsalis Tonight Branford Marsalis presents a guide to the great soprano saxophonists.	BBC NEWS 24 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 12.30pm Science and Technology 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel Guide 5.00 Larry King 6.45 US Edition 7.30 Business Tonight 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King Live 3.30 Showbiz 4.15 US Edition 4.30-5.00am World Report SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 World News 2.30pm Parliament Live 3.00 News on the Hour 3.30 Parliament Live 4.00 News on the Hour 4.30 World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.00 News on the Hour 9.30 World News 10.00 Prime Time 12.30am CBS News 1.30am ABC News 2.30 Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am ABC World News INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus der Schweiz 9.30 Orientierung 10.00 III Nach Neun 12noon Auto und Mobilität 12.30pm Häufiger Unterwegs 12.50 Offen 1.00 Bi uns to Hus 1.45 Zum 7. Geburtstag 2.40 Teletreff 3.30 Dichter 4.15 Offen 4.45 Goldbörse 5.15 Ländermagazin 6.00 Heute 6.18 Wetter 6.20 Kulturzeit 7.00 Tagesschau 7.15 38 8.45 Kurzfilm 9.00 Zeit im Bild 2 9.25 Berliner 10.00 Die Spur des Vaters 11.15 Seitenblicke 11.20 Nachrichtenmagazin 11.45-12.20am Kulturzeit Deutsche Welle 5.00am European Journal 5.30 Culture on Tour 6.00 Journal 6.30 Bewaffneter 7.00 Journal 7.30 Boulevard Germany 8.00 Journal 8.30 Culture on Tour 9.00 Journal 9.30 Boulevard Deutschland 10.00 Kunst und Co 10.30 Bilder aus Österreich 11.30 Bewaffneter 12noon Journal 1.00 Boulevard 1.30 Culture on Tour 2.00 Journal 2.30 Leszeit 3.00 Akzente 3.45 Schätze der Welt 4.00 Boulevard Deutschland 4.30 Made in Germany 5.00 Journal 5.30 Boulevard Germany 6.00 Arts Unlimited 6.30 Reconstructing the East 7.00 Journal 7.30 Akzente 8.15 Schätze der Welt 8.30 Made in Germany 9.00 Journal 9.30 Reconstructing the East 10.00 Journal 10.30 Europa Semanal 11.00 Journal 11.15 Kulturgut 11.30-12midnight Boulevard TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal Television de Radio Canada 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Claire Lamarch 9.00 Minutes 9.05 Reference 9.30 Espace Francophone 10.00 Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal Television 11.55 Meteo 12noon Envoye Special 2.00pm Savoir Plus 3.00	Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 TV5 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal Television 7.00 Grand Ecran 9.50 Meteo 9.55 Journal Television 10.30-12.10am Grand Ecran ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Top Ten 12.30pm Daraar 1.00 Mouthful of Sky 1.30 FILM 4.00 Haake Baake 4.30 Fuldani Forum 5.00 Galatnaama 5.30 Kachwa Aur Khargosh 6.00 Munkin 6.30 Dard 7.00 Mouthful of Sky 7.30 News 8.00 Dekh Bhai Dekh 8.30 FILM 11.30 News 12midnight Daraar 12.30am Dekh Bhai Dekh 1.00 Mouthful of Sky 1.30 FILM 4.00 Show Theme 4.30 Music 5.30 Sunhere Pal 6.00 Hakke Baake 6.30 News 6.45 Business Plus 7.00-7.30am First Edition ZEE TV 4.00am FILM 6.30 Udhayan 7.00 Jaagran 7.30 Business Update 8.00 Business 8.30 Aahaa 9.00 Shetu 9.30 Massya Di Raat 10.00 Mohabbat Aik Mohabbat 11.00 Pot Luck 11.30 Daraar 12noon FILM 3.00pm Mast Mast Hai Zindagi 3.30 Dastaan 4.00 Hum Paanch 4.30 Vikram Aur Bataal 5.00 Aur Ek Minute 5.30 Antakshari 6.00 Banegi 6.30 Bujho Geet Paheli 7.00 Vacum 7.30 Cinemagic 8.00 News 8.30 Andaz 9.30 Hasratn 10.00 Big Debate 10.30 Chashme Badoor 11.00 Mano Ya Na Mano 11.30-12midnight Horror Show RACING CHANNEL 11.00am Racing Review 12.30pm Live at Luncheon 2.00-6.00pm Live Racing From Carlisle, Towcester and Wincanton. CMT 6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.00pm Wildhorse Saloon 3.00 Dance Ranch 4.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Wildhorse Saloon 9.00 Dance Ranch 10.00 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Dance Ranch 2.00 Non-Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Osgood 5.30 Webb 6.00 Hallam 6.30 Dollar 7.00 Copeland 7.30 Kidz TV 8.00 Hinn 8.15 Morning 8.30 Intelligence 9.00 Ekmann 9.30 Chronicles of Revival 10.00 Just for Parents 10.30 Morning 10.45-11.00am CMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am This Week in The Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions From The House WORLD NET 9.00am Newsfile Feed 10.00 US News 11.00 Business News 11.30 Worldnet Dialogues 1.00pm Africa Journal 2.00 Business News 2.30-3.00pm American Business History LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
4.00pm The Occult History of the Third Reich: Adolf Hitler Adolf Hitler believed at an early age that he had been sent by providence to create the 1000 Year Reich. 5.00 Weapons at War: Combat Medicine 6.00 Greek Week: Ancient Mysteries - Powerful Gods of Mount Olympus 7.00-8.00pm Men at War: Biography Richard the Lionheart	11.00am Take the High Road Sally Shaw has a painful reunion with Jimmy Blair. 11.30 Emmerdale 12noon Emmerdale 12.30pm As the World Turns Emily decides to tell David about her relationship with James, but misinterprets his reaction. 1.15 Families 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale 3.30-4.00pm Emmerdale	11.00am Video Trips 11.30 Globetrotter 12noon Way of Life Eyewitness South Africa 12.30pm Getaway 1.00 Great Escapes 1.30 California Gold 2.00 American Vacation The British Virgin Islands 3.00 Globetrotter San Diego, Los Angeles and Japan 3.30-4.00pm Great Chefs of Europe	News throughout the day, plus: 5.00am Europe Today 8.00 Europe Money Wheel 1.00pm Squawk Box - Live 3.00 US Market Watch 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future 8.00 Your Money 8.30 Directions 9.00 US Market Wrap 10.00 Media 10.30 Future 11.00 Your Money 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 4.30-5.00am Directions		

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6.00 AM	6.00am Meeting Venus 1991, rating Sky PG, 115 mins 8.00 Agatha Christie's Sparkling Cyanide Anthony Andrews 1983, rating Sky PG, 91 mins 9.40 A Little Princess Family drama. Text 1995, rating Sky U, 93 mins 11.20 Ghostbusters Bill Murray, Dan Aykroyd 1984, rating Sky PG, 101 mins 1.20pm Kiss Me Goodbye Sally Field, Jeff Bridges 1982, rating Sky PG, 94 mins	6.00am The Mountain 1956, rating Sky PG, 101 mins 8.00 The Left-Handed Gun Paul Newman, Hurt Hadfield 1958, rating Sky PG, 98 mins 9.45 Abbott and Costello Meet the Invisible Man 1951, rating Sky U, 78 mins 11.15 Demetrius and the Gladiators 1954, 101 mins 12.50pm The Left-Handed Gun 1958, rating Sky PG, 98 mins 2.35 The Lodger Merle Oberon, George Sanders, Laird Cregar Atmospheric thriller about a lodger at a turn-of-the-century London boarding house, who may be none other than the infamous Jack the Ripper. 1944, rating Sky PG, 80 mins 4.00 Stand-In Leslie Howard, Humphrey Bogart, Joan Blondell, Alan Mowbray, Marla Shelton, C Henry Gordon Enjoyable satire of Hollywood, in which a banker is sent to assess the ailing fortunes of a film studio, and along the way becomes involved with a stand-in actress and a producer. 1937, rating Sky U, 87 mins 6.00 Upworld Anthony Michael Hall, Claudia Christian Fantasy thriller in which an undercover cop teams up with a mystical gnome, to retrieve a magical enemy source which has been stolen by a fellow officer. 1990, rating Sky PG, 88 mins 7.30 UK Top Ten Weekly run-down of the biggest films in the UK. 8.00 Childhood Sweetheart Melissa Gilbert, Barbara Babcock, Ronny Cox Drama. A woman who went missing 17 years earlier reappears as an adult and claims she has been held prisoner and abused. Now it rests with her childhood boyfriend to decide whether she is telling the truth. 1997, rating Sky 15, 90 mins 10.00 Exit in Red Mickey Rourke, Annabel Schofield, Carré Otis Adult thriller. A psychiatrist moves to Palm Springs after a wrongful death accusation. However, his new life is soon riddled with deception and murder. 1996, rating Sky 18, 97 mins 11.45 Jade David Caruso Thriller. Text 1995, rating Sky 18, 92 mins 1.25am Candyman: Farewell to the Flesh Tony Todd, Kelly Rowland 1995, rating Sky 18, 91 mins 3.00 Funny Man Tim James, Christopher Lee 1994, rating Sky 18, 89 mins 4.35-6.00am The Lodger 1944, rating Sky PG, 80 mins	 In the premiere of 'Phenomenon', Lance (Kyra Sedgwick) is fascinated by George Malley's (John Travolta) new-found powers: Sky Movies Screen 1 9.05pm	7.00am Street Sharks 7.30 Games World 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo 2.00 Sally Jessy Raphael I'm Pregnant and He Dumped Me! 3.00 Jenny Jones Make My Parent Look Like a Punk! Parents are given a new look when they are made-over to look like their punk children. 4.00 The Oprah Winfrey Show Join the undisputed queen of chat shows for a revealing look at life and relationships. 5.00 Star Trek: The Next Generation Brothers Data's creator summons him home to be fitted with a computer chip that will give him emotions. 6.00 Walker's World Vietnam Anna visits Hanoi. 6.30 Married... With Children What Goes Around Came Around Text 7.00 The Simpsons Burns' Heir Mr Burns chooses Bart to be his heir. Text 7.30 Real TV Actual video footage of real-life events. 8.00 Highlander: The Series Two of Hearts Immortal Katherine takes on a ruthless immortal - but her mortal husband poses problems. 9.00 Walker, Texas Ranger Lucas - Part I Walker becomes the guardian of a seven-year-old boy with Aids. Stars Haley Joel Osment. Text 10.00 Poltergeist: The Legacy Spirit Thief A sorcerer plots to enslave Alex and her sister Tanya to use their psychic powers. Text 11.00 Star Trek: The Next Generation Brothers Data's creator summons him home to be fitted with a computer chip that will give him emotions. 12midnight Late Show with David Letterman 1.00am Raven Playback A police officer on a special assignment agrees to work with Raven after he accurately predicts a killer's next move. 2.00-7.00am Long Play	7.00am Never the Twain 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Shelley 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Sykes 2.05 Keeping Up Appearances 2.45 Stay Lucky The Devil Wept in Leeds Thomas and Sally save Europe's most famous hit man from a watery grave. 3.45 The Bill To Crack a Nut Quinnan goes undercover as a prostitute's punter. 4.15 Juliet Bravo Cages PC Bentley's romantic fervour for a young woman takes a severe knock when he makes a bizarre discovery. 5.20 EastEnders More drama with the residents of Albert Square. 5.55 Big Break Jim Davidson hosts the gameshow in which top snooker players pot on behalf of contestants. 6.30 The Bill To Crack a Nut Quinnan goes undercover as a prostitute's punter. 7.00 Dad's Army Absent Friends The Walmington-on-Sea platoon take advantage of Captain Mainwaring's absence. 7.40 Canned Carrott Jasper Carrott serves up more comedy sketches. 8.20 Blackadder II Chains The evil Prince Ludwig kidnaps Blackadder and Lord Melchett. 9.00 Common as Muck The council doubts Proper UK's commitment to privatisation, while supercrew is still reeling from a personal tragedy. 10.05 The Comic Strip Presents... War Satirical comedy from the Comic Strip team. 10.45 Alas Smith and Jones Sketches with Mel Smith and Griff Rhys Jones. 11.25 Colin's Sandwich Night on the Town Comedy series about a harassed writer. 12midnight Chelmsford 123 Comedy series set in Roman times. 12.35am The Equalizer Race Traitor 1.20 The Equalizer End Game 2.15-7.00am Shopping at Night	
3.00 PM	3.00 Unstrung Heroes Andy MacDowell, John Turturro, Maury Chaykin Gentle comedy about a young boy who is forced to depend on his unemotional father and his two eccentric uncles - one is paranoid, the other an obsessive collector - when his mother is diagnosed as having cancer. 1995, rating Sky PG, 89 mins 5.00 Ghostbusters Bill Murray, Dan Aykroyd, Sigourney Weaver, Harold Ramis, Rick Moranis Comedy. Three parapsychology students decide to set up their own business when they are thrown out of their college course. Soon they are chasing evil spirits around New York. 1984, rating Sky PG, 101 mins	4.00pm It's Only Money Jerry Lewis, Zachary Scott, Jack Weston, Jesse White Comedy about a TV repair man who gets involved with his friend's quest to find a missing heir. 1962, rating Sky U, 81 mins 5.30 Ivanhoe Anthony Andrews, James Mason, Sam Neill British-made, historical adventure about the legendary knight who returns from the Crusades to the news that King Richard the Lionheart has been taken prisoner. Now he must raise the ransom to free his King and battle against those who would wish to see him never return to the throne. 1982, rating Sky PG, 137 mins 8.00 Jaws: The Revenge Lorraine Gary, Lance Guest, Karen Young, Michael Caine, Mario Van Peebles Horror sequel which sees the return of the man-eating shark, which this time pursues a widow around the coastline, terrorizing her family and friends. 1987, rating Sky 15, 88 mins 10.00 Skin Deep John Ritter, Alyson Reed, Vincent Gardenia Comedy about Pulitzer Prize-winning playwright, screenwriter and novelist Zach Hutton, whose life is on the rocks due to his incessant womanising and alcoholic habits. 1988, rating Sky 18, 96 mins 11.40 The Dead Pool Clint Eastwood Cop thriller. 1988, rating Sky 18, 86 mins 1.10am Rachel and the Stranger Loretta Young 1948, rating Sky U, 89 mins 2.45 Breakout Charles Bronson 1975, rating Sky 15, 92 mins 4.20-5.55am Ten Tall Men 1951, rating Sky PG, 93 mins	MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format			
4.00 PM						
5.00 PM						
6.00 PM						
7.00 PM	7.00 A Little Princess Eleanor Bron, Liesel Matthews, Liam Cunningham, Rusty Schwimmer Family drama about a young girl who is sent to boarding school when her soldier father joins the British in World War II. She soon finds herself under the regime of the headmistress. Text 1995, rating Sky U, 93 mins 9.00 Phenomenon - Preview 9.05 Phenomenon John Travolta, Kyra Sedgwick, Forest Whitaker, Robert Duvall PREMIERE Drama about a garage mechanic whose brain capacity suddenly increases markedly after what may have been an encounter with an alien spacecraft. Text 1996, rating Sky PG, 118 mins 11.05 The Movie Show 11.35 Dream Master: The Erotic Invader Cassandra Leigh, Jennifer Barnes, Kristin Knittle Erotic sci-fi drama for adults only. 1995, rating Sky 18, 86 mins 1.05am A Streetcar Named Desire Jessica Lange, Alec Baldwin Drama based on a Tennessee Williams play. 1995, rating Sky 15, 150 mins 3.40-6.00am The Squeeze Michael Keaton 1987, rating Sky 15, 98 mins					
8.00 PM						
9.00 PM						
10.00 PM						
11.00 PM						
12.00 NIGHT TIME						

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 **Alien Empire**
8.30 **Wildlife on UK**
Horizons 9.00 **Hillary and Tenzing** 10.00 **Pioneers**
10.30 **The Limit** 11.00 **The Vet** 11.30 **Animal Hospital**
12.00 **Alien Empire**
12.30pm **Wildlife on UK**
Horizons 1.00 **Hillary and Tenzing: Everest and After**
2.00 **Animal Hospital**
2.30 **Hot Gadgets**

3.00 Jeremy Clarkson's Motorworld
The United Arab Emirates
A look at luxury cars.

3.30 Jeremy Clarkson's Motorworld UK

4.00 Children's Hospital - Special Edition
Real-life medical drama from the wards of Alder Hey Children's Hospital in Liverpool.

5.00 Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.

6.00 Animal Hospital
Rolf Harris visits Hampden Veterinary Hospital in Aylesbury.

6.30 Out of this World
Hosted by Chris Choi and Carol Vorderman.

7.00 Alien Empire
War of the Worlds
How man has been aided and abetted by insects.

7.30 Wildlife on UK Horizons
The Beetles

8.00 QED
Sunshine with Scattered Showers
Predicting weather.

8.30 999
Dramatic reconstructions from the series.

9.30 Redcaps
Shiny Boots, Shiny Mind
A look at the endurance course meted out by the section of the British Army that controls violence, the Royal Military Police.

10.00 Redcaps
Cake Tins for Kohima
A sergeant major faces a court martial.

10.30 Top Gear GTi
Jeremy Clarkson presents more consumer tips.

11.30 Soho Stories
Intimate documentary film following a range of characters from London's Soho over a year of their extraordinary lives.

12.10am-1.00am Out of This World
Carol Vorderman and Chris Choi prepare for the unexpected as they explore the paranormal.

6.00am Healthbeat 6.30 **Your Beautiful Garden** 7.00 **David Emanuel Fashion Show** 7.30 **Eat, Drink and Be Healthy** 8.00 **The Rosemary Conley Show** 8.30 **The Zest Beauty Show** 9.00 **Sally Jessy Raphael** 10.00 **Young Chefs** 10.30 **Rosemary Conley's Cookbook** 11.00 **The Good Housekeeping Show** 11.30 **Cook's Garden** 12.00 **Sew Perfect** 12.30pm **Ready to Wear** 1.00 **Bon Appetit** 1.30 **Classic Interiors** 2.00 **The Rosemary Conley Show** 2.30 **The Zest Beauty Show**

3.00 Young Chefs
Charlotte Hindle meets fledgling cooks.

3.30 Rosemary Conley's Cookbook
A guide to healthy eating and low-fat cookery.

4.00 Sally Jessy Raphael
Lively studio discussion chaired by the queen of talk.

5.00 The Good Housekeeping Show
Leslie Ash looks at food, fashion and beauty.

5.30-6.00pm Cook's Garden
With Charlotte Hindle.

6.00am The Box
7.00 **E! Entertainment** 7.30 **Classic Coronation Street** 8.00 **Blind Date** 9.00 **Within These Walls** 10.00 **Hart to Hart** 11.00 **Hawaii Five-O** 12.00 **Classic Coronation Street** 12.30pm **Families** 1.00 **Watching** 1.30 **Me and My Girl** 2.00 **Thomas and Sarah** *Made in Heaven*

3.00 London's Burning
Drama series. Blue Watch organises a charity pram race to raise money to send Jamie to Disney World. With Rupert Baker and James Hazeldine.

4.00 Hawaii Five-O
Most Likely to Murder
When a policeman's wife is murdered, the officer attempts to take the law into his own hands and execute the killer.

5.00 Mission: Impossible
The Lions
Jim Phelps and his team must prevent the assassination of a young Asian prince.

6.00 Families
Justine moves into the flat, and Dot is worried about George's health.

6.30 Classic Coronation Street
The factory girls return.

7.00 Doctor at Large
Little Help from My Friends
With Barry Evans.

7.30 Bootsie and Snudge
Return to Dingle

8.00 London's Burning
Drama series. Blue Watch organises a charity pram race to raise money to send Jamie to Disney World. With Rupert Baker and Stephen North.

9.00 Classic Coronation Street
The factory girls return from France.

9.30 Stand Up
With Tommy Cockles, Jeff Green and Owen O'Neill.

10.00-11.00pm Fitz
If - Part I

men & motors

11.00pm H.O.T.
Late night entertainment show with quirky guests and live music, hosted by Jenny Powell.

11.50 Lord Lust's Lovelies
12midnight Snowgirls

The saucy ski show which looks at life at the risqué resort of St Anton in Austria.

12.30am Bigger Better
Batting Babes 1.00 **E! In Focus** *Sex in the Orient* 2.00-6.00am **The Box**
Music programme.

6.00am Under the Umbrella Tree 6.30 **Jungle Cubs** 7.00 **Recess** 7.30 **Pepper Ann** 8.00 **Brand Spanking New Doug** 8.30 **Timon and Pumbaa** 9.00 **Aladdin** 9.30 **Quack Pack** 10.00 **Amazing Animals** 10.30 **Sesame Street** 11.30 **Winnie the Pooh** 11.45 **Poddington Peas** 11.50 **Alphabet Castle** 12.00 **Little Hippo** 12.15pm **Animal Shelf** 12.30 **Rosie and Jim** 12.45 **The Toothbrush Family** 12.50 **Bear in the Big Blue House** 1.15 **Winnie the Pooh** 1.30 **Chip 'n' Dale** 2.00 **Goof Troop** 2.30 **Jungle Cubs**

3.00 Timon and Pumbaa
Fun with the crazy guys from *The Lion King*.

3.30 Brand Spanking New Doug
Doug's Hoop Nightmare

4.00 Pepper Ann
Pepper Ann is thwarted in her efforts to be cool by her family.

4.30 Recess
Animated series from the creators of *Rugrats*.

5.00 Smart Guy
TJ is a 10-year-old prodigy who annoys his older brother in class.

5.30 Student Bodies
Students creating a comic book at their school.

6.00 Teen Angel
Buzz the guardian angel watches over teenager and Fifties fan Dennis.

6.30 Boy Meets World
Dangerous Secret
Shawn is being secretive.

7.00 FILM: Legend of the Lost Tomb
Rick Rossovich, Stacy Keach
Two archaeologists, Dr Leonhardt and his rival Dr Bent, fight to be the first to find the treasure of the Egyptian Pharaoh Ramses II. 1996

8.30 The Wonder Years
Kevin Arnold remembers the late Sixties. Stars Fred Savage.

9.00-10.00pm Touched by an Angel
Monica is a thoroughly modern angel, who relies on her wits rather than miracles. Starring Roma Downey.

10.00-10.30pm The Good Sex Guide
Margi Clarke explores the impulses surrounding our sexual relations.

10.30 Collins and Maconie's Movie Club
11.00 **St Elsewhere** 12midnight **Haggard** 12.30am **Tales of the Unexpected** 1.00-2.00am **Justice**

THE BOX
Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

QVC
The Shopping Channel is at your service 24-hours-a-day - so watch us you can and tape us when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Liz Earle at 9.00am.

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 **Food for Thought** 10.00 **Grape Expectations** 10.30 **What's Cooking?** 11.00 **Worrall Thompson Cooks** 11.30 **Graham Kerr's Kitchen** 12.00 **Food Network** 12.30pm **Eat Your Greens** 1.00 **Food for Thought** 1.30 **French Lunch** 2.00 **Retrospectives** 2.30 **Food Network Daily** 3.00 **Winter Nosh**
Classic winter food. 3.30 **Worrall Thompson Cooks**
A guide to preparing meals in just 30 minutes. 4.00 **Ideal Home Cooks** 4.30-5.00pm **Planet Nosh**



CABLE EXCLUSIVE

5.00pm Blockbusters
With Bob Holness. 5.30 **Hey Dad II**
Breaking Up Is Hard to Do

Lyn and Martin decide to avoid each other.

6.00 Byker Grove
The visit to the camp site begins. Everyone seems to pair off except Donna.

6.30 A Country Practice
Simon's uncle turns up.

7.00 London Bridge
Nick confronts Mary over lying about her job. Starring Oliver Haden.

7.30 Duty Free
Party Night
Starring Gwen Taylor.

8.00 Blue Heelers
Homecoming Queen
Could there be a link between a robbery at a concert and the return of Tom's old schoolfriend? Starring John Wood.

9.00 Love Hurts
Strictly Business
First in the second series of the popular drama. Starring Adam Faith, Zoe Wanamaker, Jane Lapotaire and Tony Selby.

10.00 The Good Sex Guide
Margi Clarke explores the impulses surrounding our sexual relations.

10.30 Collins and Maconie's Movie Club
11.00 **St Elsewhere** 12midnight **Haggard** 12.30am **Tales of the Unexpected** 1.00-2.00am **Justice**

FILM

Phenomenon
Sky Movies Screen 1 9.05pm

Premiere of a moving drama from the director of *While You Were Sleeping*. John Travolta stars as George Malley, a garage mechanic who becomes a genius after a mystery encounter with something that may have been an alien spacecraft. Suddenly able to read six books a day and learn a new language in mere minutes, it's not long before he attracts the attention of the FBI. The phenomenal revival of John Travolta's career continues in spectacular fashion here.

GENERAL

Later on ...
Girl Power
UK Arena

7.00pm, 11.00pm
The Spice Girls may have thrust girl power to the fore, but as this programme shows, they definitely didn't invent it. Jools Holland hosts a musical celebration of alternative girl power, with performances ranging from Blondie (fronted by the charismatic Debbie Harry) to Alanis Morissette, who'll be playing from her phenomenally successful album, *Jagged Little Pill*.

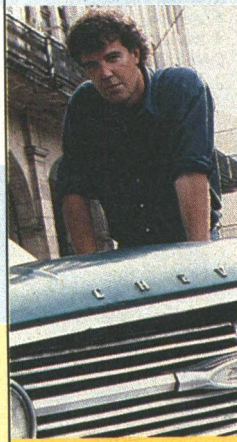
Friday continues overleaf ...

ADVERTISEMENT



THE BASEMENT
10.00PM

The fun and frolics continue on *The Basement* every weeknight. For basemental views on music, sport, motors, booze and everything else that matters, watch Ed Hall and co. It promises to be a quick-witted approach to men's culture.

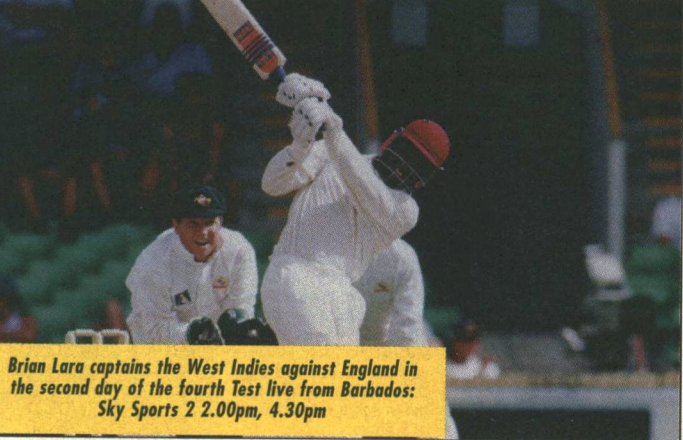


Chevy chase! Hit the road with 'Jeremy Clarkson's Motorworld': UK Horizons 3.00pm

FRIDAY MARCH 13

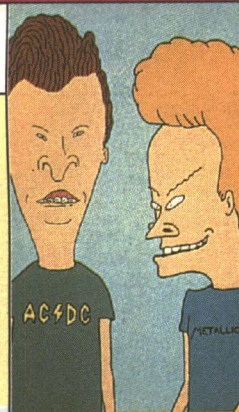
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

EUROSPORT	SKY sports 1	SKY sports 2	SKY sports 3	Trouble	CHI
7.30am Alpine Skiing 8.30 Biathlon 10.00 Motorsports 11.00 Sailing 12noon Luge Natural Track Luge World Cup action from Molten, Italy. 12.30pm Snowboard Grundig FIS World Cup action from Tandanel, Sweden. 1.00 Snowboard - LIVE Parallel slalom action from the Grundig FIS World Cup in Tandanel, Sweden. 2.00 Tennis Coverage of the quarter-finals of the ATP Tour/Mercedes Super 9 Tournament in Indian Wells, USA.	7.00am Sky Sports Centre 7.30 World Wrestling Federation - Superstars 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style Daily workout. 10.00 Ringside 11.00 Watersports World A comprehensive guide to the best action on the water. 12noon Aerobics Oz Style 12.30pm Football League Review 1.00 Euro Tour Golf: Moroccan Open - LIVE The Royal d'Agadir Golf Club plays host to a tournament in which Clinton Whitelaw is defending his title.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Tight Lines 9.30 Ford Golf USA: Honda Classic 11.30 The Rugby Club 1.00pm Ringside 2.00 International Cricket: West Indies v England - Live Second day action from Barbados where the West Indies play host to England in the fourth Test. Veteran England seamer Angus Fraser will be determined to cap his return to the Test arena with a match-winning performance.	12noon Trans World Sport A roundup of the latest and most outstanding sporting action from across the globe. 1.00pm Tight Lines Bruno Brookes and Keith Arthur answer some more of your angling queries. 2.00 Bobby Charlton's Football Scrapbook Don Rogers, Swindon Town's 1969 League Cup hero, joins Bobby Charlton and Dickie Davies to look back at some of the key matches in his career. 3.30 Ski Prime Behind the scenes with skiing addicts. 4.00 NHL Powerweek A review of the news and views in ice hockey together with features on the top players. 5.00 NBA Power, pace and strength combine to make up coverage of one of the week's top basketball clashes. 7.00 Adidas Victory Shield: Wales v Scotland - LIVE Live coverage from the Racecourse Ground in Wrexham as Scotland and Wales' schoolboy sides meet in an Adidas Shield encounter. Will we see the next Ryan Giggs? 9.00 NHL Powerweek A review of the news and views in ice hockey together with features on the top players. 10.00-12midnight World Wrestling Federation - Raw Vince McMahon, Jim Ross and Jerry Lawler with bouts between the prodigiously sized World Wrestling Federation competitors.	12noon Swan's Crossing 12.30pm Sweat 1.00 Echo Point 1.30 Heartbreak High Drama about the students and teachers at a Sydney inner-city high school. 2.00 Saved by the Bell <i>Rent-a-Pop</i> US schoolroom sitcom. Zack hires an actor to play his father for a conference at school. 2.30 Swan's Crossing An action romance series. 3.00 It's in the Jeans <i>Horse Riding</i> 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama series. 4.00 Hollyoaks Soap exploring the lives of post-GCSE teenagers. 4.30 Saved by the Bell <i>Miss Bayside</i> 5.00 USA High <i>Nurse Lauren</i> Lauren decides to cancel her impending holiday. 5.30 Sweat 6.00 Echo Point 6.30 Blast The chart show. 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 SF Scene Presents 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: The UFO Incident <i>James Earl Jones</i> Alien abduction drama. 1975 2.00pm The Outer Limits 3.00 The Bionic Woman <i>Jaime's Shield</i> Jaime enrolls as a police academy cadet. 4.00 The Six Million Dollar Man <i>Run Steve Run</i> The bionic man is to be used as a model. 5.00 Swamp Thing <i>Smoke and Mirrors</i> 5.30 Inside Space The fact and fantasy of space travel. 6.00 The Web Take a trip into cyberspace and explore what's new and upcoming on the net. 7.00 Space Precinct <i>Deathwatch</i> A giant meteor explodes over Altor, scattering its sparks across the planet. 8.00 Quantum Leap <i>What Price Gloria?</i> Sam becomes a secretary who is being subjected to sexual harassment at work. 9.00 The Cape <i>Family Values</i> Riles is shocked to meet the son he never knew he had. 10.00 FILM: Amityville 3 <i>Tony Roberts, Tess Harper, Robert Joy, Candy Clark, John Beal, Leora Dana, John Darkins, Meg Ryan</i> Horror in which a sceptic buys the notorious haunted house. 1983 12midnight Sightings 1.00am The Six Million Dollar Man <i>The Moon and the Desert</i> 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows



Brian Lara captains the West Indies against England in the second day of the fourth Test live from Barbados: Sky Sports 2 2.00pm, 4.30pm

FEEDBACK	PLAYBOY TV	the Adult CHANNEL
12midnight The Ten Minute Free View 12.10am Adult Feature 12.20 Jane's World 12.45 FILM: Babes Illustrated 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: Hot Scalding Tensions reach boiling point when two private dicks find themselves on the trail of a sex-hungry stripper. 3.55-4.00am What's on Tomorrow	12midnight Free Teaser 12.05am Peep Show 12.15 FILM: Creatures of the Night <i>Anna Malle, Colt Steele</i> Under a full moon, strangers become sex crazed creatures of the night. 1.40 Playboy's Most Wanted 2.40-4.00am FILM: Girls of Hawaiian Tropic Hawaiian Tropics super-models are legendary for their golden tans and brilliant bodies.	12midnight Dish of the Day 12.10am Fiesta Photoshoot: ... at My Cabaret 12.20 Bikini Beach Beautiful bronzed bodies in sensuous settings. 12.45 Lay-By Lovers British erotic short. 1.30 FILM: Black Detail <i>Vienna, Sean Michaels</i> A prisoner escapes from jail in a bid to prove that he didn't kill his girlfriend. 2.45-4.00am FILM: Hienies Heroes Adult feature.



Puerile jokes and heavy metal – it's got to be 'Beavis and Butt-head':
MTV 12.30am



5.00pm Fifteen to One
William G Stewart hosts the quiz show.

5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.

6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.

7.00 Prize Time
7.05 Blockbusters
Bob Holness hosts the general knowledge quiz.

7.30 Give Us a Clue
8.00 All Clued Up
Quiz show hosted by David Hamilton.

8.30 Whittle
With Tim Vine.
9.00 Prize Time

9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Singapore

Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Down South

Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc

4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.

5.30 Sport LIVE
Magazine programme.

6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box

7.00 The Why Files
Psychic investigations.

7.30 Agony
Relationship advice.

7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.

8.30 Judge Judy
8.59 Tiffani's Big City Tips

9.00 Brits on the Piste
9.30 The Fashion Show

9.59 Big City Tips
10.00 Topless Darts
10.02 Sport LIVE

10.30 The Sex Show
Discussions from the world of the erotic.

11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.

11.02 Exotica Erotica
11.30 Exotica Erotica

12midnight Jennycam 12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and local features on the hour, every hour, plus the following features:
8.00am Breakfast News
News on the hour every hour.
10.30 The Album Show
11.30 EuroDan
12.30pm Cybernet

1.30 Cinema, Cinema, Cinema
2.30 The Album Show
Classic tracks by legendary artists.

3.30 PDQ – The One Stop Shop
Innovative and unusual gifts delivered straight to your door.

4.30 Cybernet
All the latest computer and internet news.

5.30 PDQ – The One Stop Shop
Innovative and unusual gifts delivered straight to your door.

6.30 Cinema, Cinema, Cinema
An in-depth look at all the latest news from Hollywood.

7.30 Cybernet
All the latest computer and internet news.

8.30 PDQ – The One Stop Shop
Innovative and unusual gifts delivered straight to your door.

9.30 PDQ – The One Stop Shop
Innovative and unusual gifts delivered straight to your door.

10.30 Cinema, Cinema, Cinema
An in-depth look at all the latest news from Hollywood.

11.30 The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Europe Today
8.00 European Moneywheel CNBC Europe
Live financial news, market updates and business stories from around Europe.

11.00 Internight
12noon Time and Again
1.00pm European Living: Wines of Italy
1.30 V.I.P.
2.00 Today
News, features, sports and interviews.

3.00 Home & Garden Television
Star Gardens / The Good Life
With Rob Weller.

4.00 Time and Again
Jane Pauley looks back over the late 20th-century as covered by NBC news reporters.

5.00 European Living: Flavours of Italy
Reviewing recipes and traditions.

5.30 V.I.P.
6.00 Europe Tonight Live
Magazine programme.

6.30 The Ticket NBC
With Kristiane Backer.
7.00 Europe à la Carte
Celebrating the great chefs of Europe.

7.30 Five Star Adventure
8.00 NBC Super Sports
Featuring US PGA Golf with coverage of the Doral Ryder Open.

9.00 The Best of the Tonight Show with Jay Leno
Comedian Jay Leno with top celebrities.

10.00 Late Night with Conan O'Brien
Chat show featuring celebrity guests and musicians.

11.00 The Ticket NBC
With Kristiane Backer.
11.30 NBC Nightly News
with Tom Brokaw

12midnight The Tonight Show with Jay Leno
1.00am NCAA Basketball
– LIVE 3.30 European Living 4.00-5.00am MSNBC's The News with Brian Williams

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Travel Live
With Gareth Davis.
1.00pm Snow Safari
Crowsnest Pass, Alberta
1.30 The Flavours of France
Macon (Saone et Loire)
2.00 Tread the Med
Portofino
2.30 Gatherings and Celebrations
A Formal Dinner Party in the Loire Valley

3.00 The Great Escape
Corbett Park and Gulmarg
3.30 Railway Adventures Across Europe
4.00 On Tour
Chicago
4.30 Australian Gourmet Tour
Dining with Seafood

5.00 Snow Safari
Crowsnest Pass, Alberta
The recreation paradise.

5.30 Reel World
Singapore
6.00 The Flavours of France
Macon (Saone et Loire)
6.30 Tread the Med
Portofino

7.00 Travel Live
Meet the stars and check out the hottest travel writers with Judi Spiers and Gareth Davis.

8.00 Tales from the Flying Sofa
Florida Keys, Las Vegas and Mexico
8.30 The Great Escape
of the World
Splendours of Nature

Presented by Nigel Havers.
10.00 Gatherings and Celebrations
A Formal Dinner Party in the Loire Valley

10.30 On Tour
11.00-12midnight Travel Live
With Judi Spiers and Gareth Davis.

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
A New Kind of High
10.30 The Young and the Restless
11.20 Mysteries, Magic and Miracles
11.50 Jimmy's
12.20pm Diet Show
Henlow Grange Health Farm's 28-day diet.
12.50 Animal Rescue
1.25 Adrenalin Junkies
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous US talk show on relationship issues.
4.10 Tempest
Entertaining talk show with Tempestt Bledsoe.

5.00 The Heat Is On
Keith Chegwin presents the cookery contest.

5.30 Ready, Steady, Cook
Top chefs join host Fern Britton for new recipes.

6.10 Jerry Springer Uncut
Outrageous US talk show.
7.00 Rescue 911
Real-life rescues by US emergency services.

7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.

9.00 FILM: Lightning in a Bottle
Lynda Carter, Dee Wallace Stone
Psychological drama about a young woman whose perfect life is turned upside down by a collision with a drunken driver. 1994

11.00-12midnight The Sex Files II
Split the Whisker
Saucy late night magazine.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



NATIONAL GEOGRAPHIC CHANNEL

7.00pm Wild Horizons: Great Bird, Big Business
7.30 Clan of the Crocodile
8.00 Patagonia

9.00 Yanomami Homecoming
9.30 Mountains of the Maya
10.00 Nuisance Alligators

10.30 The Terminators
11.00 Lord of the Animals – Father of Camels
11.30 Land of the Tiger
12.30am-1.00am Wild South – The Mangroves

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 Style Challenge 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Real Rooms 4.30 Garden Roadshow 5.00 Holiday in Style 6.00 Radio Times 6.30 Hot Wok 7.00 How Does Your Garden Grow? 8.00 Travel Show 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Holiday in Style 11.00-12midnight Our Man in...

UK ARENA

CABLE EXCLUSIVE

6.00pm Good Music
7.00 Later on UK Arena
8.00 The Frame
9.00 FILM: Glengarry Glen Ross
Al Pacino, Jack Lemmon, Alec Baldwin, Ed Harris
Drama about a day in the life of a crew of predatory real-estate salesmen. Based on the David Mamet play. 1992
11.00-12midnight Later on UK Arena



6.00am Kickstart 9.00 MTV Mix 12noon Non-Stop Hits 2.00pm Dancefloor Chart 3.00 Non-Stop Hits 4.00 Select MTV 5.30 MTV News Weekend Edition 6.00 Dancefloor Chart 7.00 Partyzone 9.00 Up for it 10.00 Hot 11.00 Amour 12midnight Singled Out 12.30am Beavis and Butt-head 1.00 Club Mix 3.00 Partyzone 5.00-7.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon Ten of the Best: Tony Hadley 1.00pm Jukebox 3.00 Toyah! 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 Ten of the Best: Ozzy Osbourne 11.00 Around and Around 12midnight The Friday Rock Show 1.00am Gibson Guitar Story 2.00 Fender Guitar Story 3.00 VH1 Late Shift 6.00-7.00am Hit for Six



NEWS AND INTERNATIONAL

6.00 AM
MORNING

9.00am The Joy of Painting
9.30 Gardeners' Diary
10.00 The Great Gardening Plot
10.30 Tool Time
11.00 Go Fishing
Trophy Tench
11.30 Hometime
Prairie Remodel
12noon Driving Passions
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
For Starters
1.30 New Yankee Workshop
Butcher Block
2.00 Home Again with Bob Vila
2.30 These Four Walls
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Rex searches for cockles in the beach shallows.
4.30 Disaster
Not in Our Backyard
5.00 Top Marques
Ford
Enthusiasts drive classic American Fords.
5.30 Terra X: The Queen of Sheba
6.00 Giant Grizzlies of the Kodiak
The great brown bears of Alaska are the most powerful carnivores on Earth.
7.00 Beyond 2000
The team travels the globe to report on the latest breakthroughs in science.
7.30 Ancient Warriors
The Assyrians
8.00 Jurassic
Madagascar and Horned Herds
The Great Red Island of Madagascar has a unique fossil record.
9.00 Car Thieves
Outlaws
How Greater Manchester police are attempting to combat rising numbers of car thefts.
10.00 Justice Files
Adoption
The desire for a child can leave prospective parents vulnerable to baby scams and custody battles.
11.00 Arthur C Clarke's Mysterious Universe
Secrets of the Pyramids
The latest evidence surrounding the mystery of the pyramids.
11.30 Arthur C Clarke's Mysterious Universe
The Burning Question
12midnight Top Dogs
1.00am Ancient Warriors
1.30-2.00am Beyond 2000

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitflies 6.30 The Real Story of... 7.00 Bugs Bunny
7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Lab
8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill
10.00 The Fruitflies 10.30 Thomas the Tank Engine 11.00 Snagglepuss 11.30 Help! It's the Hair Bear Bunch 12noon Bugs and Daffy 12.30pm Popeye
1.00 Droopy 1.30 Tom and Jerry
2.00 Yogi Bear 2.30 Jetsons

3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Supernatural fun.
4.00 Scooby-Doo
Canine capers.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More fun with the superhero with the ego problem.
5.30 Cow and Chicken
Madcap antics.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.15 Road Runner
6.30 The Flintstones
Prehistoric fun.
7.00 Batman
Caped crusading capers.
7.30 The Mask
More manic antics with the green-faced master of mayhem.
8.00 The Real Adventures of Jonny Quest
8.30-9.00pm Droopy: Master Detective
Laconic humour.

6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur
9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks

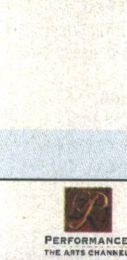
3.00 Jumanji
Fantasy adventure based on the hit movie.
3.30 Doug/Angry Beavers
Cartoon capers.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Superheroics.
5.00 Rugrats
Fun with the tousle-headed nippers.
5.30 Sister Sister
Domestic disharmony with Tia, Tamera and co.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy.
7.30 Roseanne
Good Girls, Bad Girls
Stars Roseanne Barr.
8.00 Cybill
Comedy about a struggling actress.
8.30 Caroline in the City
Caroline and the Ex-Wife
9.00 Cheers
Puddin' Head Boyd
Woody decides to audition for a part in a local play.
9.30 Ellen
The Anchor
10.00 Police Squad
Spoof police series starring Leslie Nielsen.
10.30 Duckman
Award-winning, cult adult animation series.
11.00 Tibs and Fibs
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Tibs and Fibs
3.00 Police Squad
3.30-4.00am Duckman

6.00am The Big Dish
6.30 Oscar's Orchestra
7.00 Spirou
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures of Gigantor
12noon Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon

3.00 The New Adventures of Gigantor
Sun That Never Shines
3.30 The Big Dish
Children's gameshow.
4.00 Batman
Barbecued Batman
4.30-5.00pm Dennis the Menace
Dennis and the Beanstalk
More authority baiting.



CABLE EXCLUSIVE
7.00pm Inside Hollywood
7.30 European Concert:
Chopin Piano Works
8.00 Jazz Greats:
Branford Marsalis
Branford Marsalis presents a guide to the great soprano saxophonists.

9.00 American Masters: Waldo Salt
A look at the work of Waldo Salt, with contributions from Dustin Hoffman and Robert Redford.
10.00 Artsweek
Anna Ford and Tim Marlow present the weekly topical show, with news and reviews of all that's best on the British arts scene.
11.00 Boston Pops Orchestra:
Tyne Daly
A series of celebrity concerts with the internationally acclaimed Boston Pops Orchestra. Tonight's star is Tyne Daly.
12midnight-1.00am Midnight Jazz: Sergio Mendez
Chill out through the midnight hour, with some cool jazz sounds.

BBC NEWS 24
6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL
News throughout the day, plus:
5.00am This Morning 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 12.30pm Earth Matters 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Style 5.00 Larry King Live 6.45 American Edition 7.30 Business Today 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.30 Q & A 2.00 Larry King Replay 3.00 7 Days 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS
News on the hour, every hour, plus:
6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon News on the Hour 2.30pm Parliament 3.00 News on the Hour 4.30 Sky World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportline 8.00 News on the Hour 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC News 2.30 Business Report 3.30 Fashion TV 4.30 CBS News 5.30-6.00am ABC World News

INTERNATIONAL
SSAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Ländersieger 9.30 Der Baumeister vom Überbruch 10.00 Offen 10.15 Berliner Begegnungen 11.00 Nachtstudio 12noon Nachfolger 12.30pm Geldbörse 1.00 Blues Fest Leverkusen 1997 1.45 Sport Unter der Lupe 2.15 Sachsen Machen Dampf 2.45 FILME: Werkschau Felix Karrer 3.45 Design 4.30 Die Sprechstunde 5.15 Reisewege zur Kunst 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Naturzeit 8.00 Mein Prag 8.30 Bföze 9.00 Notizen aus dem Ausland 9.00 Zeit im Bild 2 9.35 Freundschaft 10.20-12.05am Nachname
Deutsche Welle 5.00am Arts Unlimited 5.30 Reconstructing the East 6.00 Journal 6.30 Leszeit 7.00 Journal 7.30 Boulevard 8.00 Arts Unlimited 8.30 Reconstructing the East 9.00 Journal 9.30 Boulevard 10.00 Made in Germany 10.30 Akzent 11.15 Schätze der Welt 11.30 Leszeit 12noon Journal 12.30pm Arts Unlimited 1.00 Boulevard 1.30 Reconstructing the East 2.00 Journal 2.30 Die ZDF Reportage 3.00 Streifzüge durch die Klassik 4.00 Boulevard 4.30 Betrifft 5.00 Journal 5.30 Boulevard 6.00 Made in Germany 6.30 Regarding 7.00 Journal 7.30 Streifzüge 8.30 Betrifft 9.00 Journal 10.30 Sobre 11.00 Journal 11.15 Video-Chronik 11.30-12midnight Boulevard

TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 TVS Minutes 7.05 Journal Televise de Radio Canada 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Enjeux Le Point 9.00 Minutes 9.05 Fax Culture 9.45 7 Jours en Afrique 10.00 Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 TVS Minutes 11.05 Paris Lumieres 11.33 Journal Televise 11.55 Meteo 12noon Le Monde de TVS 2.00pm Temps Present 3.00 Journal 3.15 Pyramide 3.45 Bus

et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal Televise Beige 7.00 Fa Si la Chanter 8.55 Meteo 9.00 Journal 9.30 Bon Weekend 11.00 Star and Co 11.30-12midnight Soir 3

ASIANET
CABLE EXCLUSIVE
7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Chidi Ka Ghulam 12.30pm Babu 1.00 Swabimaan 1.30 FILM 4.00 Akbar Biral 4.30 Music 5.00 Sansar 5.30 Mahanagar 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 Zameen Aasman 9.00 FILM 11.30 News 12midnight Zameen Aasman 12.30am Swabimaan 1.00 Shanti 1.30 FILM 4.00 MSMT 5.00 Music 5.30 Bollywood Show 6.00 Akbar Biral 6.30 News 7.00-7.30am Mehfil

ZEE TV
4.00am URDU FILM: Kaandaan 6.30 Urdu: Tumhare Snarey 7.00 Jaagran 7.30 Aap Ki Adalat 8.00 Zee Business News and Music 8.30 Aahaa 9.00 Urdu Serial: Tanhaiya 10.00 Amanaat 11.00 Zalka Ka Safar 11.30 Daraar 12noon Hindi FILM 3.00pm Andaz 4.00 Hum Paanch 4.30 It My Choice 5.00 Zee Zone 6.00 Banegi Apni Baat 6.30 Lehren 7.00 Mast Mast Hai Zindagi 7.30 Making of ... 8.00 News 8.30 Parampara 9.00-12midnight FILM: Prem Nagar

RACING CHANNEL
11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing From Ayr, Market Rasen and Sandown.

CMT
6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.00pm Top 12 3.30 Showcase 4.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Top 12 Countdown 9.00 Showcase 10.00 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Non-Stop 2.30 Showcase 3.00 Non-Stop Country 5.00-6.00am Top Billing

BLOOMBERG
Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS
News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL
4.00am Thought for the Day 4.05 Matthew Ashimolowo 5.00 Eddie Young 5.30 Rick Renner 6.00 Jerry Saville 6.30 Creflo Dollar 7.00 Copeland 7.30 Kidz TV 8.00 Benny Hinn 8.15 Haggin/Summral 8.45 Pensacola 9.45 Sandfords 10.15 TD Jakes 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL
CABLE EXCLUSIVE
5.30am Parliamentary Committees 9.30 The Commons Live 3.00pm This Week in the Lords 11.00-12midnight Business Statement

WORLD NET
9.00am Newswire Feed 10.00 US News 11.00 Business News 11.30 Washington Call-In 12.30pm Democracy 1.00 Worldnet Dialogues 2.00 Business News 2.30-3.00pm Small Business

LANDSCAPE
CABLE EXCLUSIVE
Beautiful films accompanied by music 24 hours a day



4.00pm Our Century: A New World 1900-1914
This opening programme looks at the birth of the 20th-century full of promise when great upheavals were taking place in all realms of activity and life.
5.00 Mummies: Tales from the Egyptian Crypts
7.00-8.00pm Men at War: Biography
Benito Mussolini
A profile of the notorious Italian dictator.



11.00am Take the High Road
Where detective work is concerned, Mrs Mack is no match for Grace Lachlan.
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
Sam fires Molly, angry that she betrayed Lily.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale



11.00am Video Trips
Grand Canyon National Park
11.30 Globetrotter
12noon Way of Life
12.30pm Getaway
1.00 Great Escapes
Guernsey and the Canary Islands
1.30 Travel Trails
Nottingham
2.00 American Vacation
Antigua and Barbuda
3.00 Globetrotter
3.30-4.00pm Sky Destinations
Kenya Safari



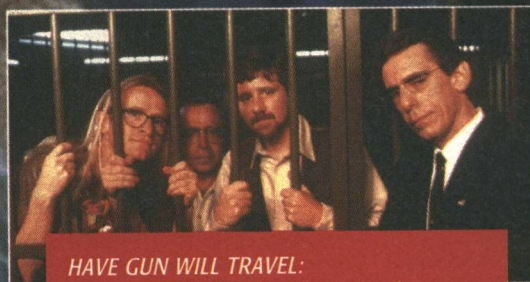
News throughout the day, plus:
5.00am Europe Today 8.00 Money Wheel 1.00pm Squawk Box Live 3.00 US Market Watch 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Your Money 8.30 The Big Game 9.00 US Market Wrap 10.00 Media Report 10.30 Future File 11.00 Your Money 11.30 Big Game 12.30am Market Wrap 3.00 Media Report 4.30-5.00am Big Game

Saturday March 14
to Friday March 20

Paws for thought

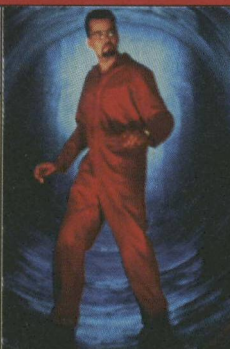
TRAVEL from Alaska's Brooks Range to Wyoming's Yellowstone National Park in the company of 'The Grizzlies', a premiere which shows that these stunning and intelligent creatures must be protected by humans and that their extinction would be a severe loss: National Geographic Channel Sunday 15th 8.00pm

PEACHES AND SCREAM:
The premiere of 'James and the Giant Peach', which is based on the Roald Dahl story, blends live action and stop-motion animation, as an orphan-boy James meets an array of creatures such as Centipede and Grasshopper: Sky Movies Screen 1 7.00pm



HAVE GUN WILL TRAVEL:
A special 1989 flashback episode of 'The X-Files' called 'Unusual Suspects' traces the history of those wacky caravan inhabitants, the Lone Gunmen, who meet for the first time. Sky One Sunday 15th 9.00pm

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

SKY movies screen 1	SKY movies screen 2	SKY MOVIES GOLD	SKY one	UK GOLD	
6.00am The Honey Pot 1967, rating Sky PG, 126 mins 8.15 Ed Sports comedy. Text 1996, rating Sky PG, 90 mins 9.55 Vice Versa 1988, rating Sky PG, 97 mins 11.40 Flipper Paul Hogan, Elijah Wood Family adventure. Text 1996, rating Sky PG, 91 mins 1.20pm Agatha Christie's Thirteen at Dinner Peter Ustinov, David Suchet 1985, rating Sky U, 90 mins 3.00 Goldilocks and the Three Bears Hanna Hall, Dwier Brown Live action version of the classic children's fairytale about a young girl who enters a bears' house. 1995, rating Sky U, 87 mins 5.00 Ed Matt LeBlanc, Jack Warden, Charlie Schlatter Sports comedy in which a baseball pitcher suddenly loses his nerve and becomes unable to play in front of a crowd. Then he finds a new friend in the form of a chimpanzee named Ed, who somehow manages to restore his confidence. Text 1996, rating Sky PG, 90 mins 7.00 Flipper Paul Hogan, Elijah Wood, Chelsea Field, Isaac Hayes, Jason Fuchs Family adventure. A city boy spends the summer with his Uncle Porter on the Florida Keys. His initial unhappiness at his parents' divorce is lessened when he encounters a friendly dolphin. Text 1996, rating Sky PG, 91 mins 9.00 Celtic Pride Damon Wayans, Daniel Stern, Dan Aykroyd, Gail O'Grady, Adam Henderson Sports comedy. A pair of obsessive basketball fans will do anything for their team, the Boston Celtics – even kidnapping a sportsman and holding him hostage until a game is over. Text 1996, rating Sky 12, 88 mins 11.00 Forget Paris Billy Crystal, Debra Winger Romantic comedy about a couple who fall in love in Paris, but soon have doubts. Text 1995, rating Sky 12, 98 mins 12.45am Mad Love 1995, rating Sky 15, 92 mins 2.20 The Young Poisoner's Handbook Last Play Text 1995, rating Sky 15, 96 mins 4.00-5.50am The Birds II: Land's End Horror sequel. Last Play 1994, rating Sky 15, 83 mins	6.00am Tom, Dick and Harry Ginger Rogers, Alan Marshal 1941, rating Sky U, 83 mins 8.00 The Skateboard Kid 2 Dee Wallace Stone 1995, 90 mins 10.00 Crosstire Robert Young, Robert Ryan 1947, rating Sky PG, 83 mins 11.50 The Long Voyage Home John Wayne, Ian Hunter 1940, rating Sky PG, 101 mins 1.35pm Nadine Jeff Bridges, Kim Basinger Deep South comedy. 1987, rating Sky PG, 80 mins 3.10 Tom, Dick and Harry Ginger Rogers, Burgess Meredith, Phil Silvers Comedy about a young telephonist with three potential suitors, none of whom is quite right for her. 1941, rating Sky U, 83 mins 4.40 Snow White and the Three Stooges Carol Heiss, Larry Fine, Moe Howard, Edson Stroll, Joe de Rita Comedy in which Snow White encounters all the obvious mayhem when the Three Stooges arrive on the scene. 1961, rating Sky U, 104 mins 6.30 Nadine Jeff Bridges, Kim Basinger Deep South comedy in which former husband and wife Vernon and Nadine Hightower team up to help solve a murder mystery – and rebuild their shattered love life. 1987, rating Sky PG, 80 mins 8.00 Dead Man Walking Susan Sarandon, Sean Penn, Robert Prosky Fact-based drama about a nun who faces the local community's anger when she sets out to help an angry young man, who is awaiting execution for murders for which he shows no remorse. Text 1995, rating Sky 15, 117 mins 10.00 The Arrival Charlie Sheen, Ron Silver, Lindsay Crouse, Teri Polo PREMIERE Sci-fi thriller in which a radio astronomer believes that he has heard an extra-terrestrial signal, and then has to battle to convince the authorities of an imminent alien attack. 1996, rating Sky 12, 111 mins 12midnight Animal Instincts – the Seductress 1995, rating Sky 18, 90 mins 1.35am Excessive Force II 1995, rating Sky 18, 84 mins 3.05 Where's the Money, Noreen? 1995, rating Sky 12, 88 mins 4.40-6.00am Willy Fog 1995, rating Sky U, 75 mins	11.00am Captain Horatio Hornblower Gregory Peck, Virginia Mayo Action drama about the British sea warrior. 1951, rating Sky PG, 117 mins 1.00pm The Matchmaker Shirley Booth, Anthony Perkins Period comedy drama about a professional matchmaker who tries to team up a lonely widower with his perfect partner, before realising that she is falling for him herself. 1958, rating Sky U, 97 mins 3.00 The Swarm Michael Caine, Katharine Ross, Richard Widmark, Richard Chamberlain Horror movie in which Houston is laid waste by an invading force of Brazilian killer bees. Michael Caine leads a formidable team of scientists, doctors and military against the buzzing menace. 1978, rating Sky PG, 111 mins 5.00 Dirty Rotten Scoundrels Steve Martin, Michael Caine, Glenn Headly, Anton Rogers The hilarious tale of two conmen working the beaches of the French Riviera, who find themselves engaged in a battle of wits to decide who should stay and work the prosperous turf. 1988, rating Sky PG, 106 mins 7.00 Zulu Stanley Baker, Jack Hawkins, Michael Caine, Ulla Jacobsson, Nigel Green, James Booth Historical drama, set during the Boer War, in which an under-manned British outpost in Africa is besieged by fierce Zulu warriors. Narrated by the late Richard Burton. 1963, rating Sky PG, 135 mins 9.20 Senior Citizen Caine A special documentary looking at the life and screen career of Maurice Micklewhite, aka Michael Caine, who is 65 today. 10.00 The Man Who Would Be King Sean Connery, Michael Caine, Christopher Plummer, Saeed Jaffrey Action adventure about a pair of devil-may-care British soldiers who attempt to convince the inhabitants of an isolated country that one of their number is a god. 1976, rating Sky PG, 124 mins 12.10am Funeral in Berlin Michael Caine, Eva Renz 1966, rating Sky PG, 98 mins 1.55 Burnt Offerings Oliver Reed, Burgess Meredith 1976, rating Sky 15, 111 mins 3.50-5.20am The Blue Iguana Dylan McDermott 1988, rating Sky 15, 88 mins	 Charlie Sheen stars in the premiere of the sci-fi thriller 'The Arrival': Sky Movies Screen 2 10.00pm MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format 	7.00am Double Dragon 7.30 My Pet Monster 8.00 Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Superhuman Samurai Syber-Squad 9.00 Ultraforce 9.30 Delfy and His Friends 10.00 Legend of the Hidden City 11.00 Games World Omnibus 11.30 Sea Rescue 12noon World Wrestling Federation – Live Wire 1.00pm WWF – Shotgun Challenge 2.00 Kung Fu 3.00 Star Trek <i>Tomorrow Is Yesterday</i> On a routine mission, the <i>Enterprise</i> encounters an immense gravitational pull which propels the crew back to the Sixties. 4.00 Star Trek: The Next Generation <i>Suddenly Human</i> Picard risks war when he refuses to return a boy to the alien father who may have abused him. 5.00 Star Trek: Deep Space Nine <i>The Wire</i> While having lunch with Bashir, Garak is suddenly overcome by extreme pain. 6.00 Xena: Warrior Princess <i>The Quill Is Mightier</i> Gabrielle gains new respect for the power of the word when Aphrodite casts a spell on her scroll. 7.00 Hercules: The Legendary Journeys <i>Hercules on Trial</i> The muscle-bound hero finds himself in more sword-wielding adventures. 8.00 Buffy the Vampire Slayer <i>Out of Mind, Out of Sight</i> As the May Queen election approaches, an invisible force attacks Cordelia's closest friends. 9.00 Cops I <i>Tampa</i> A man threatens to take his own life after having a row with his spouse. 9.30 Cops II <i>Tampa</i> 10.00 Law and Order <i>Terminal</i> The governor exerts his power to impose the death penalty in the shooting of a man. Roy Thinnies guest stars. 11.00 Showbiz Weekly Showbiz magazine presented by Tania Bryer and reporter Tim Muffett. 11.30 The Movie Show Hosted by the film buff Richard Jobson. 12midnight New York Undercover <i>Vendetta</i> McNamara goes deep undercover. Text 1.00am Dream On <i>Key for Two</i> 1.30 Dream On <i>The French Conception</i> 2.00-6.00am Long Play	7.00am The Sullivans Omnibus 9.05 You're Only Young Twice <i>Stranger in Paradise</i> 9.35 In Loving Memory 10.05 Neighbours Omnibus 12.05pm EastEnders Omnibus 2.55 FILM: Doctor at Sea <i>Dirk Bogarde, Brigitte Bardot, James Robertson</i> Justice British comedy about a youthful doctor who tires of general practice and signs up to be a ship's doctor in an effort to bring some excitement into his life. But the cargo boat he joins is skippered by a formidable mariner captain and, worse still, there are only two women on board. Luckily for the fun-loving medic, one of them, a beautiful French girl, is more than impressed with his bedside manner. 1955 4.50 Bruce Forsyth's Generation Game Four teams, each pairing a man and a woman who are related to one another, try to emulate experts at particular skills, generating comedy and chaos along the way. 6.00 Robin's Nest <i>Anniversary Waltz</i> Vicky and Robin take a night off – after all, what can go wrong? 6.30 Keeping Up Appearances With Patricia Routledge. 7.05 The Two Ronnies Vintage bifocal comedy, featuring hilarious sketches and dry monologues from Messrs Barker and Corbett. 8.00 Canned Carrott More stand-up comedy and sketches with Jasper Carrott, featuring the adventures of two bumbling policemen in <i>The Detectives</i>. 9.00 French and Saunders Dawn French and Jennifer Saunders serve up a mix of humour. 9.40 Fawcitt Towers <i>The Builders</i> Some building work on the hotel proves to be a headache for Basil. 10.20 Men Behaving Badly <i>Rent Boy</i> 10.55 The Young Ones <i>Oil</i> Neil and Viv strike oil in the cellar, bringing them sudden wealth. 11.35 The Comic Strip Presents... Bull***** Hilarious spoof of <i>The Professionals</i>. 12.25am The Old Grey Whistle Test 12.55 FILM: The Fourth Protocol <i>Michael Caine, Pierce Brosnan</i> Spy thriller. 1986 2.50-7.00am Shopping at Night

UK HORIZONS

CABLE EXCLUSIVE

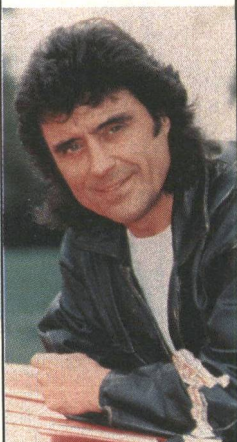
7.00am Your Horizons
8.00 Tomorrow's World Plus
9.00 Top Gear GTI
10.00 999
11.00 Redcaps
11.30 Redcaps
12noon Out of this World
12.30pm Animal Hospital
1.00 The Wild Bunch: Spirit of the Jaguar
2.00 The Wild Bunch: Spirit of the Jaguar
3.00 The Wild Bunch: Spirit of the Jaguar
Hunters of the Caribbean Sea
 An examination of the peaceful Taino people in the Caribbean islands.
4.00 Your Horizons
 Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.
5.00 Tomorrow's World Plus
 Peter Snow and Philippa Forrester look at the future of science and technology, as well as amusing archive footage.
6.00 The Gulf War Invasion - Part I
 Four-part series that uses eyewitness accounts to tell the story of seven months of crisis and conflict in the Gulf War.
7.00 Jeremy Clarkson's Motorworld Texas
 Talking to ZZ Top.
7.30 The Power and the Glory
The Road Racers
8.00 Top Gear GTI
 Jeremy Clarkson presents a specially extended edition of their show featuring extra information, interviews and consumer tips.
9.00 Saturday Double Bill - Time Machine: The Time Lords
 Kip Thorne investigates the likelihood of time travel, parallel universes, and futuristic phenomena.
10.00 Incredible Shrinking Planet
 A tantalising glimpse into the future, including how the transport of the future could include flying cars and even teleportation.
11.00 Mistresses
Men Behaving Badly
 Exploring contemporary British attitudes towards marriage and infidelity, as celebrities discuss the perils of adultery.
12midnight-1.00am Soho Stories
 Intimate documentary film following a characters from London's Soho over a year of their lives.

GOOD Life

6.00am Young Chefs 6.30 *The Good Housekeeping Show* 7.00 *The Rosemary Conley Show* 7.30 *Eat, Drink and Be Healthy* 8.00 *Cook's Garden* 8.30 *Flavours of the Orient* 9.00 *Sally Jessy Raphael* 10.00 *Young Chefs* 10.30 *Great British Food* 11.00 *Rosemary Conley's Cookbook* 11.30 *World on a Plate* 12noon *The Rosemary Conley Show* 12.30pm *Eat, Drink and Be Healthy* 1.00 *Bon Appetit* 1.30 *Flavours of the Orient* 2.00 *Young Chefs* 2.30 *Cook's Garden*

3.00 Rosemary Conley's Cookbook
 A guide to health-eating and low-fat cookery.
3.30 The Zest Beauty Show
 With Julia Carling.
4.00 Sally Jessy Raphael
 Lively studio discussion on another topical subject, hosted by the queen of talk shows.

5.00 Young Chefs
 Charlotte Hindle meets fledgling chefs.
5.30-6.00pm World on a Plate
 Loulla Astin samples exotic cuisine.



Ian McShane is after an unscrupulous dealer in a 'Lovejoy Special': Carlton Select 8.00pm

Personal LOANS LOW RATES

No Time To Lose Pay Off Existing Loans & Credit Card Balances & Still Have CASH TO SPEND

See Sky Text Page 288

plus

6.00am The Box
7.00 The Army Game
7.30 Nearest and Dearest
8.00 Watching
8.30 The Fenn Street Gang
9.00 Blind Date
10.00 E! Uncut
10.30 E! In Focus
11.00 The E! True Hollywood Story
12noon London's Burning
1.00pm Blind Date
2.00 The Jewel in the Crown
Crossing the River - Part II

3.00 Poirot
Mysterious Affair at Styles
 A two-hour adaptation of Agatha Christie's first published novel and her first Poirot story. It is 1917, and Lieutenant Hastings is recovering from his war injuries when he receives an invitation to visit old friends at Styles St Mary. There he meets Poirot, an old acquaintance.

5.00 Sam Saturday
Chocolates Would Be Nicer
 Drama series. Sam investigates the murder of a psychiatrist and the link to a nearby burlary.

6.00 The Professionals
In the Public Interest
 Bodie and Doyle are hunted men after they investigate why a city's crime rate has mysteriously fallen.

7.00 Hawaii Five-O
Cry Lie
 One of McGarrett's trusted investigators is accused of taking a bribe from a narcotics dealer. With Kam Fong.

8.00 The Jewel in the Crown
Crossing the River - Part II
 Merrick is incensed by Hari and Daphne's deepening friendship.

9.00 Fitz
If - Part I
 A sniper picks off victims in killings which appear to be racially motivated. Stars Robert Pastorelli.

10.00 The Comedians
10.30-11.00pm First Exposure

men & motors

11.00pm Snowgirls
 Join *Playboy* girl Emma Harrison at Austria's St Anton ski resort.
11.30 Babewatch UK
 A day in the life of Britain's hottest babes.

12midnight
Lord Lust's Lovelies
12.10am The Vinnie Jone Show
 Football fanzine show.
1.00 E! Talk Soup
 US talk shows highlights.
1.30 E! Uncut
 Minnie Driver
2.00-6.00am The Box



6.00am Eyewitness 6.30 *Jungle Cubs* 7.00 *Aladdin* 7.30 *Tex Avery* 8.00 *Men in Black* 8.30 *Nightmare Ned* 8.45 *Honey, I Shrunk the Kids* 9.30 *Smart Guy* 10.00 *Student Bodies* 10.30 *Teen Angel* 11.00 *Boy Meets World* 11.30 *Recess* 12noon *Brand Spanking New Doug* 12.30pm *Pepper Ann*
1.00 FILM: Parent Trap II
Hayley Mills 1986
2.30 FILM: Parent Trap III
Hayley Mills, Barry Bostwick
 Comedy sequel. It's treble trouble when the Evers twins become involved with the father of triplets. Susan falls for him, but he's already got a fiancée. So she and her sister conspire to trap him. 1989

4.00 Flipper
 Action marine adventure in Florida with TV's most famous dolphin.

4.45 Honey, I Shrunk the Kids: The TV Show
 Comedy series is based on the hit movie about the eccentric inventor.

5.30 Student Bodies
 High-school students creating a comic book at their school.

6.00 Teen Angel
 Buzz the guardian angel watches over teenager and Fifties fan Dennis.

6.30 Boy Meets World
Fishing for Verna
 Cory mourns a friend.

7.00 FILM: Parent Trap - Hawaiian Honeymoon
Hayley Mills, Barry Bostwick
 Fourth in the *Parent Trap* comedy series. When Susan and Jeffrey marry, their honeymoon is upset by Jeffrey's teenage triplets. 1989

8.30 The Wonder Years
 Nostalgic drama starring Kevin Savage.
9.00-10.00pm Jimmy Stewart
 A look at one of the world's best loved actors, with clips from films such as *The Philadelphia Story* and *It's a Wonderful Life*.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - **BOXFresh** - newest videos available - **BOXTalk** - unique interviews with artists/bands - **Breakin' Out of THE BOX** - videos tipped for the top Plus weekly competitions



CABLE EXCLUSIVE

9.00am Food Network 9.30 *Food for Thought* 10.00 *Retrospectives* 10.30 *Aldo's Italian Job* 11.00 *Ross's Foreign Assignment* 11.30 *Graham Kerr's Kitchen* 12noon *Food Network Daily* 12.30pm *A Taste of the Caribbean* 1.00 *Chez Bruno* 1.30 *Tessa Bramley's Seasonal Kitchen* 2.00 *Eat Your Greens* 2.30 *Food Network Daily* 3.00 *Food for Thought* *You Are What You Eat* 3.30 *Ross's Foreign Assignment* 4.00 *A Year at Ballymaloe*
 Darina Allen prepares chargrilled steak.
4.30-5.00pm Winter Nosh



CABLE EXCLUSIVE

5.00pm Switch On
 Matthew Lorenzo presents the entertainment magazine.

5.30 We Are Seven
 Period drama series about a scandalous Welsh family. Starring Helen Roberts, Beth Robert and Terry Dodson.

6.30 Haggard
Eye of Newt
 Historical spoof set in 18th-century England.

7.00 The Upper Hand
Family Ties
 Charlie is suspicious of his father-in-law.

7.30 Birds of a Feather
Substitute
 Tracey goes on a date.

8.00 Lovejoy Special
The Black Virgin
of Vladimir
 Feature-length episode. Lovejoy plans an elaborate sting when he discovers that an American widow and a Japanese businessman have been swindled out of nearly £2million by an unscrupulous antique dealer. Starring Ian McShane.

10.00 Dire Straits - On the Night
 Highlights from the 1992 Dire Straits world tour, with a performance in the ancient Roman Coliseum in Nimes.
12midnight-2.00am FILM: The Disappearance of Azaria Chamberlain



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape us when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is *In the Kitchen with Tefal* at 11.00am.

Cable Choice

FILM

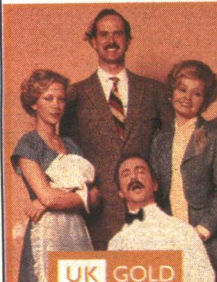
The Arrival
Sky Movies Screen 2 10.00pm
 Premiere of a sci-fi thriller, starring Charlie Sheen as a radio astronomer who believes he has heard an extraterrestrial signal. His supposed discovery is deemed worthless by his boss as the whole research division is closed due to lack of funds. But Charlie isn't going to be put off so easily and sets up a makeshift radio telescope at home with fellow scientist Ilana Green (Lindsay Crouse). They soon discover that the alien lifeforce has definite plans for Earth.

SPORT

Football Special - LIVE
Sky Sports 1 10.30am
 The visit of Arsenal to Manchester United's Old Trafford fortress could well be pivotal to the Premiership race. Not that the Gunners have always been the closest chasers to the defending champions this season, but they can be relied upon to test a United team that hasn't been immune to a few stutters itself. To spice matters up, the two managers, Alex Ferguson and Arsène Wenger seem to enjoy nothing better than a victory over the other.

Saturday continues overleaf...

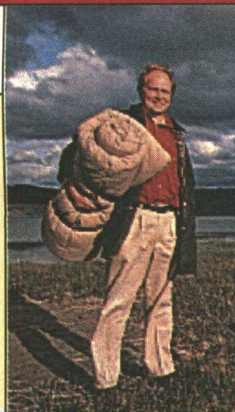
ADVERTISEMENT



FAULTY TOWERS
9.40PM
 John Cleese stars as the immortal Basil Fawlty, proprietor of the most badly run hotel in Torquay. Fawlty is rude, maniacally incompetent, a frightful snob and scared stiff of his wife Sybil (Prunella Scales). Part of tonight's great line-up of comedy from 8.00pm.

SATURDAY MARCH 14

							
6.00 AM	7.30am Luge 8.00 Alpine Skiing – LIVE 9.00 Biathlon – LIVE 10.30 Alpine Skiing – LIVE 11.15 Alpine Skiing 11.30 Alpine Skiing – LIVE 12.15pm Biathlon – LIVE Action from the World Cup in Hochfilzen, Austria. 1.00 Snowboard – LIVE Coverage from the Grundig FIS World Cup in Sweden. 2.00 Superbike	6.00am Hold the Back Page 7.00 Sky Sports Centre 8.00 Aerobics Oz Style 8.30 Racing News 9.00 Hold the Back Page 10.00 Gillette World Sport Special 10.30 Ford Football Special: Manchester United v Arsenal – LIVE Richard Keys presents coverage from Old Trafford. 1.30pm Gillette Sports Saturday Jeff Stelling hosts the most dynamic sports service around. Previews of the day's football fixtures, followed by regular updates and half-time reports, before concluding with the fastest results service available.	6.00am NHL Powerweek 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Soccer AM 10.30 NHL Powerweek 11.30 Ford Golf USA: Honda Classic Action from the TPC at Huron Bay in Coral Springs. 1.30pm Inside the PGA Tour 2.00 International Cricket: West Indies v England – LIVE Coverage of the third day's play of the fourth Test in Barbados.	12noon NBA Power, pace and strength combine to make up coverage of one of the week's top North American basketball clashes. 2.00pm Ford Rugby Union – LIVE Coverage of a clash between two sides battling for Allied Dunbar Premiership points in a division won last year by Wasps.	12noon Teenage Urban Adventurers Earth Warrior 12.15pm Teenage Urban Adventurers Pop God 12.30 Ready or Not Worst Thing That Happened 1.00 Saved by the Bell Miss Bayside 1.30 Saved by the Bell The Zack Wars 2.00 USA High The French Tutor 2.30 Heartbreak High	7.30am Nightmare 8.00 G-Force 8.30 Robotech 9.00 Bionic Six 9.30 Adventures of the Galaxy Rangers 10.00 The Web 10.55 C/Net Central 11.25 Inside Space 11.55 Earthscan 12noon Buck Rogers in the 25th Century 2.00pm Buck Rogers in the 25th Century The Crystals	
3.00 PM	3.00 Speed Skating Action from the World Speed Skating Championships in Heerenveen, Netherlands.				3.00 Sweat Teen Aussie drama series following a group of athletes. 3.30 Hollyoaks 4.00 Hollyoaks Teen soap exploring life after GCSEs. 4.30 Ready or Not Double Talk 5.00 Blast The chart show. 5.30 Echo Point Teen soap. 6.00 Echo Point Teen soap. 6.30 Heartbreak High 7.00 Sweat 7.30-8.00pm USA High	3.00 Buck Rogers in the 25th Century The Hand of the Goral Searcher and its crew have strangely changed. 4.00 Mystery Science Theatre 3000 The Incredibly Strange Creatures Who Stopped Living and Became Mixed Up Zombies Mike, Tom and Crow wince as they endure a cinematic feast of zombies and more. 6.00 Amazing Stories The Doll One man and his doll. 6.30 Swamp Thing The Prometheus Parabola 7.00 The Cape Play Astronaut for Me Drama series set on a NASA base. Jack is stalked by an admirer. 8.00 Quantum Leap Blind Faith Time-trapped scientist Sam Beckett returns to the Sixties. 9.00 Sleepwalkers Counting Sheep A serial killer's life hangs in the balance after being shot by the police. 10.00 The Hunger Footsteps In a small London restaurant, an overweight man finds himself being watched by a beautiful woman. 10.30 SF Scene 11.00 Mystery Science Theatre 3000 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
4.00 PM	4.00 Cross-Country Skiing Concluding the World Cup from Oslo and Holmenkollen in Norway.		4.00 Second Innings Cricket magazine. 4.30 International Cricket: West Indies v England – LIVE Continued coverage of the third day's play in the fourth Test in Barbados.	4.30 World Wide Rugby: Super Tournament Action from Rugby Union's premier provincial tournament, involving clubs from Australia, South Africa and New Zealand.			
5.00 PM	5.30 Ski Jumping Action from the World Cup in Trondheim, Norway.	5.30 Ford Football Special: Manchester United v Arsenal Coverage from Old Trafford, which sees champions Manchester United take on Arsene Wenger's Arsenal. 7.00 Spanish Football – LIVE Coverage of one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents competing for the Spanish title.		6.30 Euro Tour Golf: Moroccan Open Highlights of the third day's play from the Moroccan Open, being hosted by the Royal D'Agadir Golf Club.			
6.00 PM	6.30 Rally FIA World Championship action from Kenya.			8.30 Ford Golf USA: Honda Classic – LIVE Third round coverage of the Honda Classic, which is being played at the TPC Heron Bay in Coral Springs, Florida. Last year Stuart Appleby won the title – the first of his career – and collected \$324,000 in prize money.			
7.00 PM	7.00 Football Coverage of the friendly international between Argentina and Bulgaria in Mar del Plata, Buenos Aires.	9.30 Saturday Fight Night – LIVE Coverage of the latest championship boxing featuring the best of British fighters. Presented by Paul Dempsey, with ringside analysis from Glenn McCrory and Ian Darke. 11.30 Ski Prime Behind the scenes with skiing addicts. 12midnight Ford Cup Special: Manchester United v Arsenal 1.30am Rugby Union Update 3.00 Saturday Fight Night 5.00 Gillette World Sport Special 5.30-6.00am Rebel TV	9.00 Rugby Union Update: Allied Dunbar Premiership The pick of the action from the latest Allied Dunbar Premiership clash. 10.30 V-Max Extreme sports magazine with high-speed activities. 11.00 Euro Tour Golf: Moroccan Open Third day coverage of the Moroccan Open from the Royal D'Agadir Golf Club. 1.00am Gillette World Sport Special 1.30 Spanish Football 3.30 Watersports World 4.30-6.00am Rugby Union Update: Allied Dunbar Premiership				
8.00 PM					8.00pm Monkey Monkey Meets the Demon Digger Cult serial from Japan about Buddhism. 9.00 Monsters Rain Dance 9.30 The Burning Zone Hell of the Serpent Cassian's niece is under the power of a cult leader who claims to be able to cure cancer. 10.30 Red Shoe Diaries 11.00 FILM: Cyborg Cop David Bradley, John Rhys-Davies Action adventure. 1993 1.00am Beverly Hills Bordello 1.30 FILM: Phoenix the Warrior 1988 3.30 FILM: Creepazoids Horror yarn. 1987 5.30-6.00am Monsters Rain Dance		
9.00 PM	9.00 Tennis – LIVE Coverage of the semi-finals of the ATP Tour's Mercedes Super 9 Tournament from Indian Wells, USA.			11.00 World of Sailing International sailing competition. 11.30-12midnight Rebel Sports			
10.00 PM							
11.00 PM							
12.00	12midnight-1.00am Bowling Highlights from the Golden Tour in Frankfurt.						
NIGHT TIME							
							
	Diego Pablo Simeone's Argentinian countrymen entertain Bulgaria at Mar del Plata, Buenos Aires: Eurosport 7.00pm			12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 Northern Exposer 12.45 FILM: Shock Latex II 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Sex Talk 2.20 FILM: Hard Talk Bored office workers spice up their lives by dialling a number that leads to a phone-sex frenzy. 3.55-4.00am What's on Tomorrow	12midnight Free Teaser A free taster of the channel and upcoming programmes. 12.05am Peep Show 12.15 FILM Premiere: Lustful Room Mates Morgan Fairlane, Melissa Hill When two gorgeous girls rent rooms in Chad's house, his life becomes full of surprises. 1.35 Night Calls US: Live in Las Vegas 3.10-4.00am Celebrity Video Centrefold: Jessica Hahn	12midnight Dish of the Day 12.10am FILM: Cat House Dyanna Lauren, Asia Carrera Series of erotic vignettes. 1.20 Electric Blue Erotic magazine programme. 2.20 FILM: Kaitlyn Ashley's Hollywood Sex Tour Kaitlyn Ashley, Christina West The life of adult film star Kaitlyn Ashley. 3.35-4.00am FILM: Teri Diver's Bedtime Tale III	



Can you guess where he is? 'Clive Anderson - Our Man in ...': UK Style 11.00pm



5.00pm Fifteen to One
William G Stewart hosts the fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Les Dennis hosts the big money gameshow.
6.20 Prize Time
6.30
Sale of the Century
7.00 Prize Time
7.05 Split Second
With Aonghus McAnnally.
7.30 Move on Up
With Richard Morton.
8.00 Prize Time
8.15 Jools Holland's Name That Tune
Popular music quiz.
8.45 Prize Time
9.00 3-2-1
It's All Greek to Me
Ted Rogers hosts the quiz and entertainment show, aided by Dusty Bin.
10.00 Prize Time
10.15 Endurance UK
Paul Ross subjects more contestants to a range of tortuous games.
11.00 Sticky Moments on Tour
Julian Clary presents his show in Scotland.
11.45 Prize Time
12midnight
Love at First Sight
12.30am C.A.T.S. Eyes
1.30 Sweet Justice
2.30 Bagdad Cafe
3.00 FILM: Clarence
Robert Carradine 1990
5.00-6.00am Screenshop



8.00pm FILM: Star Quest
Tracy Davis, Hans Bachmann
Sci-fi. A beautiful superbeing is genetically engineered as a corporate assassin and covert agent.
9.35 Wired and Running
Science fiction drama.
9.50 FILM: Transformations
Rex Smith, Lisa Langlois
Sci-fi horror. An interplanetary smuggler discovers a sinister girl hidden on his ship.
11.15
Dream Girls - Natasha
11.30-12midnight Malibu Hardbodies 5 - Work Out

L!VETV

CABLE EXCLUSIVE

6.00am Revelations **6.30 Fate and Fortune** **7.00 Dial-a-Doc** **7.15 What's in the Box** **7.30 Fashion Show** **8.00 Agony** **8.30 Living Room Legends** **9.00 Love Story** **9.15 Dial-a-Doc** **9.30 Revelations** **10.00 Lie Detector** **10.30 Bunny Bingo** **10.45 What's in the Box** **11.00 Judge Judy** **11.30 Fate and Fortune** **12noon Why Files** **12.30pm Bunny Bingo** **12.45 What's in the Box** **1.00 Lie Detector** **1.30 Agony Omnibus** **2.30 Revelations**

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00 Judge Judy Omnibus

5.00 Agony
Advice and comfort is at hand for those in emotional pain.
5.30 Sport LIVE
6.00 The Fashion Show
All the latest styles.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier

7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Finding the truth by unmasking deception.
8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam **12.15am Private Dancer** **12.30 Pleasure Dome** **1.00 Exotica Erotica** **2.00 Brits on the Piste** **2.30 The Sex Show** **3.00 Exotica Erotica** **4.00 The Fashion Show** **4.30 Agony** **5.00 Lie Detector** **5.30 Dial-a-Doc** **5.45-6.00am Nation LIVE**

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Polar Bear Alert
8.00 Bears under Siege
NEW A look at how wardens thwart illegal hunting.
9.00 Elusive Sloth Bear
A look at a rare Asian bear.
9.30 Last of the Dancing Bears
10.00 The Shark Files: Teeth of Death **NEW**
11.00 Outbound: Shark Infested Waters **NEW**
11.30 Visions of the Deep
12midnight-1.00am Gorilla

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
9.30am The Album Show
10.30 The Album Show
11.30 American Chart Show
12.30pm Movies Games Videos
1.30 Inside Hollywood
2.30 American Chart Show

Find out how your favourite British bands are faring across the pond.

3.30 PDQ - The One Stop Shop
More innovative and quirky products.

4.30 Movies Games Videos
Entertainment magazine featuring all the latest news and views.

5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

6.30 The World of Sport
The weekly show covering the whole spectrum of sport.

7.30 Movies Games Videos
Entertainment magazine featuring all the latest news and views.

8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

10.30 Inside Hollywood
All the latest gossip from Tinseltown.

11.30 The Album Show
Thirty minutes of classic tracks from legendary artists.

12midnight-8.00am Local News on the hour, Album Show at half past every hour

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times **2.30 How Does Your Garden Grow?** **3.30 Travel Show**
Guide **4.00 Big Trip** **5.00 Really Useful Week** **6.00 Radio Times** **6.30 Change That** **7.00 Taste of the Sea** **7.30 Italian Feast** **8.00 Food and Drink** **8.30 Ken Hom's Hot Wok** **9.00 Can't Cook, Won't Cook** **9.30 Style Challenge** **10.00 Going for a Song** **10.30 Real Rooms** **11.00-12midnight Our Man in...**

NBC

5.00am Hello Austria, Hello Vienna
5.30 NBC Nightly News with Tom Brokaw
6.00 MSNBC's The News with Brian Williams **7.00 The McLaughlin Group**
7.35 Europa School
8.00 Cyberschool
10.00 Super Shop
11.00 NBC Super Sports
Features the European PGA Golf, National Hockey League and NCAA Basketball.

3.00pm Five Star Adventure **3.30 Europe à la Carte**
A visit to Lucknam Park.
4.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
4.30 V.I.P.
Celebrity chat.

5.00 Classic Cousteau
Calypso's Search for Atlantis - Part I
Investigating the unsolved mystery of the lost city.

6.00 National Geographic Television
Fire and Steel/ Dancing with Stingrays/ Race for the Palo

7.00 Mr Rhodes
Heary's Camera
With Stephen Tobolowsky.

7.30 Union Square
Stars Gabriella Valdez.

8.00 Profiler
Suspense thriller. FBI agent Dr Sam Waters is stalked by a brilliant serial killer. With Ally Walker.

9.00 The Best of the Tonight Show with Jay Leno
Comedian Jay Leno with top celebrities.

10.00 Mancuso FBI Elections
A local political race is upset by a 16-year-old black girl's accusation.

11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.

11.30 V.I.P.
Celebrity interviews.

12midnight The Best of the Tonight Show with Jay Leno **1.00am Internight** **2.00 V.I.P.** **2.30 Travel Xpress** **3.00 Ticket NBC** **3.30 European Living** **4.00 Executive Lifestyles** **4.30-5.00am The Ticket NBC**

UK ARENA

CABLE EXCLUSIVE

6.00pm When the Boat Comes in
Fish in Woolly Jumpers
7.00 When the Boat Comes in
Swords and Pickhandles
8.00 The Frame
9.00 Edge of Darkness
Compassionate Leave
Starring Bob Peck.
10.05 Edge of Darkness
Into the Shadows
11.30-12.15am Even Further Abroad
Full Metal Carapace

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon On the Horizon
12.30pm Gatherings and Celebrations
1.00 Ridge Riders
1.30 Reel World
Singapore
2.00 The Flavours of France
Macon (Saone et Loire)
2.30 The Food Lover's Guide to Australia
Chinese in Sydney and Camembert on King Island

3.00 Great Australian Train Journeys
The Ghan
Includes a visit to Uluru, the largest standing rock.

4.00 Railway Adventures Across Europe
Wild Wild Wales
4.30 Ribbons of Steel

5.00 Scandinavian Summers
Denmark

5.30 Tales from the Flying Sofa
6.00 On Tour
Chicago

6.30 No Truckin' Holiday
A visit to Venezuela.

7.00 Travel Live
Judi Spiers and Gareth Davis cover everything you wanted to know about celebrities' travels.

8.00 The Food Lover's Guide to Australia
Cooking Chinese food.

8.30 Snow Safari
Crowsnest Pass, Alberta

9.00 East Meets West
Thailand

10.00 On the Horizon
Australia - Part I

10.30 Ridge Riders
Chalk Downs of Southern England - Part I

11.00-12midnight Going Places
The Wild West
A look at ranch holidays from Maine to Texas.



7.00am Kickstart **8.30 The Big Picture** **9.00 One Skate** **9.30 Snowball**
10.00 European Top 20
12noon So 90s **12.30pm Girl Power** **1.00 Select**
3.00 Hitlist UK **5.00 News**
5.30 MTV Live **6.00 Lick R&B Chart** **7.00 Dancefloor**
8.00 Dance Anthems **9.00 Balls** **9.30 Collexion** **10.00 Hot 11.00 Beavis and Butt-head** **11.30 Beavis** **12midnight Bryan Adams**
Unplugged **1.00am Music Mix** **3.00 Chill-Out**
5.00-7.00am Music Videos

living

6.00am Tiny Living
9.00 Mega Bites
9.10 Ready, Steady, Cook
9.50 The Heat Is On
10.20 Animal Rescue
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempest
12.40pm Rolonda
I Want to Confront My Racist Friend
1.30 Living It Up!
2.30 I Dream of Jeannie
Battle of Waikiki - Part II
Stars Barbara Eden.

3.00 FILM: Thicker Than Blood
Peter Strauss, Rachel Ticotin, Lynn Whitfield
Tense family drama. A man faces a tough custody battle for his son after his loveless three-year-old relationship comes to an end. 1993

5.05 Hart to Hart
Does She or Doesn't She
The pair investigate another glamorous crime. With Robert Wagner.

6.00 FILM: For the Love of Aaron
Meredith Baxter, Keegan MacIntosh, Joanna Gleason, Nick Mancuso
Moving story. An author who is schizophrenic battles to hold on to her sanity for the sake of her son. 1994

8.00 Animal Rescue
8.30 Rescue 911
William Shatner presents real-life rescues by US emergency services.

9.00 Jerry Springer Double Bill
Outrageous talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussion about relationship issues.

10.50-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Breakfast **10.00 Brunch** **12noon Ten of Best: Yasmine Bleeth**
1.00pm Hits of: Eurythmics
2.00 Clare Grogan **3.00 Classic Chart** **4.00 Simple Minds** **Uncut** **NEW** **5.00 Five@Five** **5.30 Pop-Up Video** **6.00 Album Chart Show** **7.00 American Classic** **8.00 VH1 Hits** **10.00 Mills 'n' Tunes** **11.00 Spice** **12midnight Soul Vibration** **1.00am The Strangers - Live at the Royal Albert Hall** **NEW** **2.00-7.00am Late Shift**

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



NEWS AND INTERNATIONAL

9.00am The History Makers
10.00 Rex Hunt's Fishing Adventures
10.30 Hooked on Fishing
11.00 The Close Guide
11.30 Our House
12.00 Tool Time
12.30pm Wheel Nuts
1.00 Hometime
Basic Tools
1.30 Hometime
Advanced Tools
2.00 Screaming Reels
Nick Fisher visits a man who makes the best pike lures in the country.
2.30 Two's Country
Spain
3.00 Home Again
3.30-4.00pm Home Again



4.00pm Saturday Stack: Flightline
Brendan O'Brien and Celia Kench present three episodes from this topical aviation magazine show.

5.00am Omer and the Starchild
5.30 Fruitties 6.00 The Real Story of... 6.30 Thomas the Tank Engine 7.00 Blinky Bill 7.30 Bugs Bunny 7.45 Road Runner 8.00 Scooby-Doo 8.30 Dastardly and Muttley Flying Machines 8.45 Wacky Races 9.00 Dexter 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 Mask 11.30 Tom and Jerry 12.00 Flintstones 12.30pm Bugs and Daffy 1.00 Johnny Bravo 1.30 Cow and Chicken 2.00 Batman 2.30 The Jetsons

3.00-9.00pm Dexter's Laboratory
A day of chemical chaos with Dexter, the bedroom professor. Young Dexter is not like most other kids - even cartoon ones. Despite being banned from watching late night TV because of his young age, he's a genius who is likes nothing more than to do a quick experiment in his giant laboratory (accessed through his bedroom with the password 'Star Wars'). Strangely, his parents don't even realise the lab exists. Unfortunately, his annoying sister Dee Dee does know about the lab, and seems intent on thwarting Dexter's research. It's not all chemical equations and test tubes, though. Although Dexter is only seven, he has a crush on his babysitter, Lisa. Nominated for Emmy awards in 1995 and 1996, Dexter's Laboratory was Cartoon Network's highest rating programme for 1996.

7.00am Tales from the Cryptkeeper 7.30 Kablam! 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aahh!!! Real Monsters 11.30 Ren and Stimpy 12.00 Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Secret World of Alex Mack 2.00 Kenan and Kel 2.30 Clarissa Explains It All

3.00 The Adventures of Pete and Pete
Red haired brothers in arms.
3.30 Kablam!
Fun with June and Henry.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sussed!
5.30 Sister Sister
Troubles as Tia and Tamara and their single folks try to live together.

6.00 Kenan 6.30-7.00pm Are You Afraid



7.00pm Mork and Mindy
Exidor's Wedding
7.30 Roseanne
Of Ice and Men
Dan takes to the ice.
8.00 The Kenny Everett Show
8.30 Caroline in the City
Caroline and the Movie

9.00 Cheers
A Kiss Is Still a Kiss
9.30 Ellen
The Class Reunion
Ellen goes to her high school reunion.
10.00 Frasier
Daphne hates Sherry
10.30 Duckman
Cult adult animation - starring a tough talking, cowardly, bumbling duck.
11.00 Comedy Store
11.30 Absolutely
12midnight Sledgehammer
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Comedy Store
3.00 Frasier
3.30-4.00am Duckman

6.00am Spirou 6.30 Iznogoud 7.00 Swamp Thing 7.30 Batman 8.00 Spellbinder II 8.30 Dennis the Menace 9.00 Road to Avonlea 10.00 Iznogoud 10.30 The New Adventures of Gigantor 11.00 Spirou 11.30 Flash Gordon 12.00 AJ's Time Travellers 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 The New Adventures of Gigantor 2.00 Flash Gordon 2.30 Swamp Thing

3.00 AJ's Time Travellers
Titanic
3.30 Oscar's Orchestra
Back to Bach
4.00 Batman
The Sandman Cometh
4.30-5.00pm Dennis the Menace
Gorilla Warfare
Animation from Beano.



CABLE EXCLUSIVE
7.00pm The Saturday Ballet: Casse Noisette
Rudolf Nuryev's enchanting reworking of one of the best-loved of all ballets, *The Nutcracker*.
8.45 Opera: Idomeneo
In Minoan Crete after the Trojan War, King Idomeneo must sacrifice his son to Neptune or lose his honour. This Glyndebourne production is co-produced by Trevor Nunn of *Cats* fame.

12midnight-1.00am Midnight Jazz - Ornette Coleman
The great saxophonist in concert at the Montreal Jazz Festival.

BBC NEWS 24
6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 9.30 UK Direct 10.00 News 10.30 Food 11.00 News 11.30 Simpson 12.00 News 12.30pm Science 1.00 News 1.30 Face in the Crowd 2.00 Sportsday 6.00 Newsday 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson 9.00 News 9.30 Face in the Crowd 10.00 News 10.30 Sir Robin Day 11.00 News 12midnight News 2.30 Simpson 3.00 News 3.30 Science 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Face in the Crowd

CNN INTERNATIONAL
News through the day, plus:
5.30 Inside Europe 6.30 Moneyline 7.30 Sport 9.00 Business 9.30 Pinnacle Europe 10.30 Sport 11.30pm 7 Days 12.30 Moneyweek 1.00 Report 3.30 Sport 4.30 Pro Golf Weekly 5.00 Larry King 6.30 Style Europe 7.30 Showbiz 8.30 Style 9.30 Artclub 10.30 Sport 11.00 View 12.30pm 7 Days 1.00 World Today 1.30 Diplomatic License 2.00 Larry King 3.00 World 3.30 Both Sides 4.30-5.00am Evans & Novak

SKY NEWS
News on the hour, every hour, plus:
6.00am Sunrise 9.30 The Entertainment Show 10.30 Fashion 11.30 Walker's World 12.30pm Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Target 4.30 Review 5.00 Live at Five 7.30 Sportsline Extra 8.30 The Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline 12.30am Walker's World 1.30 Fashion 2.30 Century 3.30 Week in Review 4.30 Newsmaker 5.30-6.00am The Entertainment Show

INTERNATIONAL
3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Avec Plaisir 6.30 Inside the British Isles 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Slowenien-Magazin 9.15 Schilling 9.45 Der Report 10.30 Vor 30 Jahren 11.15 Live aus dem Schlachthof 12.15pm Absolut live! 1.00 NEUES...Aus Computerredaktionen 1.30 Das Verschwundene Lächeln 2.15 Frauensache 2.45 Straßenbekanntschaften 3.00 Das Schlitzohr von der Mafia 4.35 Tips und Trends 5.00 Millionen Beschlagnahme 5.30 Ausland 6.00 Heute 6.20 Eintritt Frei 7.00 Tagesschau 7.15 Der Bockerer 10.05 Boulevard Bio 11.05 Seitenblicke - Revue 11.30 Projekt X 11.55-1.15am Das aktuelle Sport-Studio

Deutsche Welle 5.00am Made in Germany 5.30 Regarding 6.00 Journal 6.30 Reportage 7.00 Journal 7.30 Boulevard Germany 8.00 Made in Germany 8.30 Regarding 9.00 Journal 9.30 Boulevard Deutschland 10.00 Betrifft 10.30 Streifzüge durch die Klassik 11.30 Reportage 12.00 Journal 12.30pm Made in Germany 1.00 Boulevard Germany 1.30 Regarding 2.00 Journal 2.30 Das Fernsehspiel 4.15 Video-Chronik 4.30 Plenum 5.00 Journal 5.30 Inside Report 6.00 Treasures of the World 6.15 Curators of Culture 6.30 Politics 7.00 Journal 7.30 100 Grad 8.30 Plenum 9.00 Journal 9.30 Inside Report 10.00 Journal 10.30 Reportage: La Ruta del Hado 11.00 Journal 11.15-12midnight Das Fernsehspiel

TV5 5.00am Minutes 5.05 Y'a Pas Match 5.30 Outremers 6.30 Horizon 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Bus et Compagnie 8.30 Bêtes pas bêtes 8.55 Minutes 9.00 Magellan 9.30 Branche 9.55 Minutes 10.00 Decouverte 10.30 Funambule 10.55 Minutes 11.00 L'Enjeu International 11.30 Journal 11.55 Meteo 12.00 Grands Gourmands 12.30pm Jardins et Loisirs 1.00 Itinéraire

ASIANET
CABLE EXCLUSIVE
7.30am News 8.00 Sant Darshan 9.00 Movie 11.30 News 12.00 Paltan 12.30pm Top Ten 1.00 Rajni 1.30 FILM 4.00 Chand Ghazalien 4.30 Dekh Bhal Dekh 5.00 Music Box 5.30 Community Focus 6.00 Ek Mulaqat 7.00 Court Martial 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 Movie Premiere 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 Junoon 1.30 Movie 4.30 Variety Programme 5.30 Khel Time 6.00 Chand Ghazalien 6.30 News 7.00-7.30pm Mehfil

ZEE TV
4.00am HINDI FILM 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 Business 9.00 The Making of... 9.30 Out and About 10.00 Mast Mast Show 10.30 Cinematic 11.00 Khana Khazana 11.30 Chutki Baja Ke 12.00 HINDI FILM: Agnipath 3.00pm Video Countdown 4.00 The Big Debate 4.30 Dekh Bhal Dekh 5.00 FILM: Baatein 6.30 Sa Re Ga Ma 7.30 Hum Paanch 8.00 News 8.30 Margarita 9.00-12midnight Cine Awards 1998 Live

RACING CHANNEL
11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
Ayr, Shepstone and Wolverhampton.

CMT
6.00am Rebel 7.00 Non-Stop 11.00 Countdown 12.30pm Global 1.30 Showcase 2.00 Non-Stop 2.30 Fresh Cuts 3.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Saloon 9.00 Dance 10.00 Showcase 11.00 Top Billing 12midnight Rebel 1.00am Countdown 2.30 Showcase 3.00 Non-Stop 5.00-6.00am Top Billing

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EURONEWS
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CHRISTIAN CHANNEL
4.00am Thought for the Day 4.05 Just for Parents 4.30 Standing on the Rock 5.00 Caldwell 6.00 700 Club 6.30 Jones 7.00 Ekman 7.30 Hickey 8.00 Kidz 9.00 Fletcher 9.30 Duplantis 10.00 Carmen x 2 10.30-11.00am This is Your Day - Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE
6.30am This Week in the Lords 1.00pm Questions from the House 5.00-6.00pm Statement from the House

WORLD NET
World net does not transmit at weekends.

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4.00pm Unsolved Mysteries of World War II: Kill Hitler
Why did Hitler's generals never succeed in disposing of him?
4.30 Modern Marvels: Gothic Cathedrals
A look at several Gothic cathedrals.
5.30 Crown and Country
Edward Windsor returns to Cambridge.
6.00 Driving Passion
The history of the car in the US.
7.00-8.00pm The Earp Brothers - Lawmen of the West



11.00am Emmerdale
11.30 Emmerdale
12.00noon Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
Jack knows it's only a matter of time before the truth comes out.
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm Take the High Road
Jennifer and her baby get help.



10.00am ACNY
New movie and video reviews.
10.30am The Band Show
11.00 Trainpotters
12.00pm Crush
1.00pm Space
2.00 About Last Night
3.00 Get Real
3.30 The Band Show
A showcase for new young bands.
4.00 Exposure
Live current affairs magazine show.
6.00 Crush
7.00-8.00pm Trainpotters



News throughout the day, plus:
5.00am Future File 6.30 Media Report 7.00 Your Money 7.30 Big Game 8.00 Auto Motive 8.30 Future File 9.00 Style Cafe 9.30 Directions 10.00 Your Money 1.00 Future File 2.30 Auto Motive 4.00 Media Report 7.00 Directions 8.30 Style Cafe 9.30 Money 10.00 Big Game 11.00 Style Cafe 12.30am Money 1.00 Europe 2.00 Media Report 4.00 Style Cafe 4.30-5.00am Auto Motive

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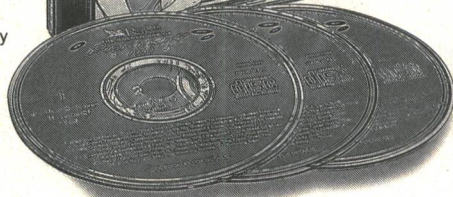
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Hot Hits Of 1960

It's Now Or Never – Elvis Presley • **Only The Lonely** – Roy Orbison • **Three Steps To Heaven** – Eddie Cochran • **Sweet Nothin's** – Brenda Lee • **Way Down Yonder In New Orleans** – Freddy Cannon • **Be My Guest** – Fats Domino • **Apache** – The Shadows • **Shakin' All Over** – Johnny Kidd and the Pirates • **Stuck On You** – Elvis Presley • **Ain't Misbehavin'** – Tommy Bruce and the Bruisers • **MacDonald's Cave** – The Piltown Men • **Stairway To Heaven** – Neil Sedaka • **Itsy Bitsy Teeny Weeny Yellow Polka Dot Bikini** – Bryan Hyland • **Beatnik Fly** – Johnny and the Hurricanes • **Everybody's Somebody's Fool** – Connie Francis • **When Will I Be Loved** – The Everly Brothers • **A Mess Of Blues** – Elvis Presley • **Colette** – Billy Fury • **Handy Man** – Jimmy Jones • **You Talk Too Much** – Jo Jones • **Hit And Miss** – John Barry • **Baby (You've Got What It Takes)** – Dinah Washington and Brook Benton • **Walking The Floor Over You** – Pat Boone • **Bad Boy** – Marty Wilde • **Stay** – Maurice Williams and the Zodiacs • **Rocking Goose** – Johnny and the Hurricanes • **Running Bear** – Johnny Preston

Party Rock 1960

Let's Have A Party – Wanda Jackson • **Cradle Of Love** – Johnny Preston • **Walk Don't Run** – The Ventures • **Let It Rock** – Chuck Berry • **A Rockin' Good Way (To Mess Around And Fall In Love)** – Dinah Washington and Brook Benton • **Let The Little Girl Dance** – Billy Bland • **Lovey Dovey** – Buddy Knox • **Reveille Rock** – Johnny and the Hurricanes • **Finger Poppin' Time** – Hank Ballard • **Good Timin'** – Jimmy Jones • **(Baby) Hully Gully** – The Olympics • **Money (That's What I Want)** – Barrett Strong • **I Gotta Know** – Elvis Presley • **Let's Go, Let's Go, Let's Go** – Hank Ballard • **Shimmy, Shimmy, Ko-Ko-Bop** – Little Anthony and the Imperials • **Madison Time** – Part 1 – The Ray Bryant Trio • **The Twist** – Hank Ballard • **Nine Times Out Of Ten** – Cliff Richard • **Brontosaurus Stomp** – The Piltown Men • **Pistol Packin' Mama** – Gene Vincent • **Alley Oop** – The Hollywood Argyles • **Kiddio** – Brook Benton • **Robot Man** – Connie Francis • **Lady Luck** – Lloyd Price • **Go Jimmy Go** – Jimmy Clanton • **Telephone Baby** – Johnny Otis Show • **Think** – James Brown

Teenage Love 1960

Dreamin' – Johnny Burnette • **Let It Be Me** – The Everly Brothers • **I'm Sorry** – Brenda Lee • **Are You Lonesome Tonight?** – Elvis Presley • **Pretty Blue Eyes** – Craig Douglas • **Why?** – Frankie Avalon • **What Do You Want To Make Those Eyes At Me For?** – Emile Ford and the Checkmates • **Teen Angel** – Mark Dinning • **Tell Laura I Love Her** – Ray Peterson • **Like Strangers** – The Everly Brothers • **True Love Ways** – Buddy Holly • **Last Date** – Floyd Cramer • **Puppy Love** – Paul Anka • **He Will Break Your Heart** – Jerry Butler • **Poor Me** – Adam Faith • **That's All You Gotta Do** – Brenda Lee • **I Love The Way You Love** – Marv Johnson • **Devil Or Angel** – Bobby Vee • **When You Ask About Love** – The Crickets • **Blue Angel** – Roy Orbison • **I Want To Be Wanted** – Brenda Lee • **Where Or When** – Dion • **What In The World's Come Over You** – Jack Scott • **Doggin' Around** – Jackie Wilson • **A Fool In Love** – Ike and Tina Turner

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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Utopia
1980, rating Sky PG, 90 mins
7.30 Dog's Best Friend
1997, rating Sky U, 89 mins
9.10 Deadfall
Michael Caine
1968, rating Sky PG, 115 mins
11.10 Soul of the Game
Delroy Lindo
1996, rating Sky PG, 90 mins
12.50pm
The Buddy System
Richard Dreyfuss
1984, 105 mins
2.40 Dog's Best Friend
Richard Mulligan, Shirley Jones
Family comedy about a young boy who moves to the country with his father and his talented pet dog. On their new farm, a host of talking animals help out his father when the farm is faced with repossession. 1997, rating Sky U, 89 mins
4.20 Asterix Conquers America
Voices of John Rye, Craig Charles, Howard Lew Lewis, Henry McGee
Animated adventure for the courageous little warrior from Gaul. 1994, rating Sky U, 76 mins
5.40 Balto
Voices of Kevin Bacon, Bob Hoskins, Bridget Fonda, Phil Collins
Animated adventure, set in Alaska in 1925, about an outcast half-husky, half-wolf. **Text** 1995, rating Sky U, 74 mins
7.00 James and the Giant Peach
Paul Terry, Joanna Lumley, Miriam Margolyes, Pete Postlethwaite
PREMIERE Family movie, mixing live action with animation, about an orphaned boy who escapes from his two evil aunts and embarks on a magical adventure. 1996, rating Sky U, 78 mins
9.00 Congo
Dylan Walsh, Laura Linney, Ernie Hudson, Tim Curry, Joe Don Baker
Action thriller about an expedition to find some vital missing diamonds. While on their search, the group encounters a lost city in the middle of the jungle, which holds dark and deadly secrets. **Last Play** 1995, rating Sky 15, 104 mins
11.00 Showgirls
Elizabeth Berkley, Kyle MacLachlan, Gina Gershon, Glenn Plummer
Outrageous drama about a woman who hits the Las Vegas strip-joints in the hope of becoming a star. **Text** 1995, rating Sky 18, 126 mins
1.10am Jack's Back
James Spader, Cynthia Gibb
Absorbing thriller. 1988, rating Sky 18, 92 mins
2.50-3.00am Funny Bones
Oliver Platt, Lee Evans **Text** 1995, rating Sky 15, 123 mins

6.00am
Travels of Marco Polo
6.50 The Dragon That Wasn't (or Was He?)
8.15 Race for Your Life, Charlie Brown
9.30 An American Tail
10.50 A Troll in Central Park
1994, rating Sky U, 72 mins
12.10pm The Swan Princess
1994, rating Sky U, 85 mins
1.40 The Pebble and the Penguin
1995, rating Sky U, 70 mins
2.55 Bugs Bunny Superstar
Narrated by Orson Welles
1975, rating Sky U, 87 mins
4.25 St. Louis Blues
Nat King Cole, Eartha Kitt, Ruby Dee, Pearl Bailey, Cab Calloway, Ella Fitzgerald
Biopic of the famous songwriter W C Handy, featuring spectacular musical interludes from the likes of legends such as Nat King Cole and Cab Calloway. 1958, rating Sky U, 90 mins
6.00 When Innocence Is Lost
Keri Russell, Roberta Maxwell, Vincent Corazza, Charlotte Sullivan, Jill Clayburgh
Fact-based drama about a 17-year-old woman who is forced into battling for custody of her child with the father's parents, who claim she is unfit to be a mother. 1997, rating Sky PG, 88 mins
8.00 Hackers
Jonny Lee Miller, Angelina Jolie, Fisher Stevens, Lorraine Bracco
Thriller about a teenager who is renowned among his peers for crashing over 1500 Wall Street computers at the age of 11. Having been banned for seven years, he is now anxious to get back into hacking. **Text** 1995, rating Sky 12, 100 mins
10.00 The Last Supper
Cameron Diaz, Jonathan Penner, Courtney B Vance, Ron Eldard
Black comedy about a group of young people sharing a house, who take to bumping off their immoral dinner guests. 1996, rating Sky 15, 88 mins
11.35 The Movie Show
Presented by Richard Jobson.
12.05am Bottle Rocket
Luke Wilson, Owen C Wilson
1996, rating Sky 15, 88 mins
1.40 The Tomorrow Man
1996, rating Sky 12, 85 mins
3.10 Diana Kilmer: Teamster
1996, rating Sky 15, 88 mins
4.45-6.00am Race for Your Life, Charlie Brown
1977, rating Sky U, 72 mins

11.00am Alice Adams
Katharine Hepburn, Fred MacMurray, Fred Stone
Drama about a would-be socialite struggling to prove herself better than her origins would suggest. 1935, rating Sky U, 96 mins
1.00pm The Sea Chase
John Wayne, Lana Turner, Tab Hunter, David Farrar
World War II action about a German ship trying to make it back to the Fatherland from Australia without being destroyed. 1955, rating Sky PG, 112 mins
3.15 A Farewell to Arms
Rock Hudson, Jennifer Jones, Bittorio De Sica
Remake of the World War I drama about a US Red Cross ambulance driver who falls in love with a nurse during his hospitalisation after an accident. 1957, rating Sky PG, 147 mins
6.00 Revenge of the Pink Panther
Peter Sellers, Herbert Lom, Dyan Cannon, Robert Webber
The fifth episode in the comedy series – and Peter Sellers' final outing as Clouseau – finds the hapless inspector investigating his own failed assassination attempt. 1978, rating Sky PG, 95 mins
8.00 Stripes
Bill Murray, Harold Ramis, Warren Oates, Sean Young, John Candy
Comedy about the hilarious catalogue of exploits of a bunch of young army recruits, led by a wisecracking good-for-nothing who has been tempted by the army's latest advertising campaign. 1981, rating Sky 15, 101 mins
10.00 Biloxi Blues
Matthew Broderick, Christopher Walken
Adaptation of the second part of Neil Simon's theatrical memoirs, telling the story of the young writer heading for the rigours of training at a boot camp. 1988, rating Sky 15, 103 mins
11.50 Best Defence
Dudley Moore, Eddie Murphy
Madcap comedy. 1984, rating Sky 18, 91 mins
1.25am Compromising Positions
1985, rating Sky 15, 94 mins
3.05-5.35am A Farewell to Arms
Rock Hudson
1957, rating Sky PG, 147 mins



Paul Terry stars in the premiere of 'James and the Giant Peach': Sky Movies Screen 1 7.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

VOTE FOR YOUR FAVOURITE CHANNEL FOR FILM CHOICE ON PAGE IX AND YOU COULD WIN A HOLIDAY!



9.00pm Quo Vadis?
Robert Taylor, Deborah Kerr, Leo Genn, Peter Ustinov, Finlay Currie
Lavish epic of power, passion and intrigue set in imperial Rome during the reign of the tyrannical Nero. Marcus Vinicius, commander of the victorious Roman army, betrays his emperor by falling in love with the hostage daughter of a Christian king. In a spectacular scene, Nero sets fire to the city but blames and persecutes Christians for the blaze. **Widescreen** 1951, 115 mins
12midnight The Gypsy Moths
Burt Lancaster, Deborah Kerr, Gene Hackman, Scott Wilson
Action story about three skydivers. 1969, 120 mins
2.00am-5.00am Quo Vadis?
Robert Taylor, Deborah Kerr
Abridged version of the epic. **Widescreen** 1951, 115 mins

6.00am Hour of Power
7.00 Double Dragon 7.30
My Pet Monster 8.00
Tattooed Teenage Alien Fighters from Beverly Hills
8.30 Superhuman Samurai Syber-Squad 9.00
Ultraforce 9.30
Delfy and His Friends 10.00
Legend of the Hidden City 11.00
Rescue 11.30
Sea Rescue 12.00
Dream Team Omnibus 1.00pm
World Wrestling Federation - Superstars 2.00
Kung Fu 3.00
Star Trek: Return of the Archons
Captain Kirk and his crew find an old-style Western town on a mysterious planet whose citizens worship a giant computer.
4.00 Star Trek: The Next Generation
Remember Me
Beverly Crusher accidentally slips through a warp bubble – one of Wesley's experiments.
5.00 Star Trek: Deep Space Nine
Crossover
A mishap in the wormhole sends Kira and Bashir into an alternate universe with enslaved humans.
6.00 The Simpsons
The Boy Who Knew Too Much
Bart must clear Mayor Quimby's nephew. **Text**
6.30 The Simpsons
The Joy of Sect **Text**
7.00 King of the Hill
King of the Ant Hill
Hank's expensive new lawn is overrun by ants.
7.30 3rd Rock from the Sun
Jailhouse Dick 8.00
Earth: Final Conflict
Pandora's Box
Boone is visited by a victim of a failed bio-engineering experiment.
9.00 The X-Files
Unusual Suspects
The Lone Gunmen meet after claims that the government plans to use civilians as guinea pigs. With David Duchovny. **Text**
10.00 Caribbean Uncovered
A real-life documentary series following the varied lives of the inhabitants and holidaymakers in the Caribbean.
11.00 Forever Knight
Dying for Fame
A famous rock star requires police protection after receiving death threats against her.
12midnight Jimmy's
Following their two-year-old son's operation on his cleft lip, Kim and Alan Coates prepare to go through the same with their daughter.
12.30am LAPD
High-speed police action. **Text**
1.00 Manhunter
2.00-7.00am Long Play

7.00am The Pink Panther
7.10 The Onedin Line 8.05
Oh No! It's Selwyn Froggitt
8.30 Room at the Bottom
9.00 That's Showbusiness
9.35 Fairly Secret Army
10.05 Blake's Seven
11.05 Dr Who Omnibus
Planet of Fire
12.50pm FILM:
The Eagle Has Landed
Michael Caine, Donald Sutherland, Jenny Agutter
World War II adventure about a crack troop of Nazis sent to kidnap Churchill. 1976
3.20 The Bill Omnibus
Ackland is led on a wild goose chase by two juveniles, Stamp hopes to pull at the Christmas bash, Greig is up against an unorthodox burglar, Hollis is stuck for leads but then redeems himself, and Quinlan ends up undercover as a prostitute's punter.
5.40 Open All Hours
Classic comedy sitcom starring Ronnie Barker and David Jason.
6.20 A Word with Alf
Ugly Women 6.30
Only When I Laugh
Operation Norman
7.00 2point4 Children
The Deep
Is it safe for Bill and Ben to look after their neighbours' house?
7.40 The Detectives
Sparring Partners
Briggs and Louis are on the trail of a trainer.
8.20 Blackadder Goes Forth
Plan C: Major Star
The October Revolution in Moscow.
9.00 Taggart
Gingerbread
Jim Taggart embarks on another tough investigation in this feature length episode. The murder of his father sets young Simon Barrow on a nightmare journey. He's convinced that his father's death is somehow linked to the Gingerbread cottage in the woods.
11.10 Rising Damp
Body Like Mine
There's a keep-fit craze going on in Rigsby's boarding house.
11.45 Common as Muck
The council doubt Proper UK's commitment to privatisation.
12.50am Survivors
Reunion
1.40 The Equalizer
The pilot episode, starring Edward Woodward.
2.30-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World Plus 8.00 Your Horizons
9.00 Fragments of Eden
10.00 Timezone: Storm from the East 11.00 Timezone: Storm from the East 12noon Kickstart: Jeremy Clarkson's Motorworld 12.30pm Kickstart: The Power and the Glory 1.00 Kickstart: The Gulf War 2.00 Kickstart: Top Gear GTI

3.00 Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.

4.00 999
Highlights of the series, including the rescue of a policeman impaled on railings, and a diver fighting for her life in a decompression chamber.

5.00 Animal Hospital
Rolf Harris helps a lost seabird which has ended up marooned.

5.30 Vets in Practice
Alison Lee operates on an old Siamese cat.

6.00 Hotel
It is Grand National weekend – the busiest three days of the year.

6.30 Airport
A fear of flying course is arranged for ground staff.
7.00 Sunday Feature: We Have Ways of Making You Think
Selling Politics – American Style
A look at the history of the political advert.

8.00 Sunday Feature: Watergate
Break-In
A look at the break-in at the Democrats' headquarters that led to Nixon's downfall.

9.00 Girl Friday
Joanna Lumley spends nine days on the deserted island of Tsarabajina, off Madagascar, with only a basic survival kit and a film crew.

10.00 Redcaps
Blood, Beer and Tears
The Redcaps investigate a brawl at a NAAFI pub.

10.30 Redcaps
One of Our Tables Is Missing

11.00 The Human Animal
Beyond Survival
Desmond Morris explores the inventiveness of humans, which contrasts with other animals.

12midnight-1.00am Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

6.00am Classic Interiors
6.30 Good Housekeeping
7.00 Appointment with the Surgeon
7.30 Your Beautiful Garden
8.00 Wilde About Flowers
8.30 Cook's Garden
9.00 Sally Jessy Raphael
10.00 Craftwork
10.30 Garden Club
11.00 Question Time
12noon Sew Perfect
12.30pm Classic Interiors
1.00 Cook's Garden
1.30 Beautiful Home Show
2.00 Your Beautiful Garden
2.30 Roddy Llewellyn's Indoor Garden

3.00 Fiona Fullerton's Style Guide

A look at the country's most impressive homes.

3.30 Ready to Wear
Assessing the latest fashion trends.

4.00 Sally Jessy Raphael
Lively studio discussion, chaired by the queen of talks shows.

5.00-6.00pm Garden Club Question Time
Jeff Turner tackles gardening dilemmas and offers top tips for horticulturalists.



Carl Fogarty celebrates another victory in '2 Wheels Better': Men & Motors 11.00pm

6.00am The Box
7.00 The Army Game
7.30 Nearest and Dearest
8.00 Doctor in Charge
8.30 No Honestly
9.00 Blind Date
10.00 E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Fortune Hunter
1.00pm Blind Date
2.00 Jeeves and Wooster
Jeeves and Wooster investigate a cursed statue.

3.00 Maigret
Maigret and the Minister
Maigret gets a late night call from the Minister of Public Works about a missing file. Starring Michael Gambon.

4.00 The Professionals
In the Public Interest
Bodie and Doyle become hunted men when they investigate why a city's crime rate has mysteriously fallen.

5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Rita books into a bed and breakfast and tells Mavis that she has quit for good. Emily walks out, horrified at the state of Dawson's café, and Ivy joins the factory girls on their trip to France.

7.30 The Grumbleweeds Radio Show
Light entertainment with guests Susan Maughan and Stan Boardman.

8.00 Jeeves and Wooster
Comedy series. Jeeves and Wooster are invited to Totleigh, where an African statue has cursed a household.

9.00 Clive James Special
Paris Fashion Show
Clive talks to Jerry Hall and Marie Helvin at the Spring Fashion collections in Paris in 1981.

10.00-11.00pm Crime Story

men & motors

11.00pm 2 Wheels Better
Paul Johnston offers a run-down of the latest offerings from Honda.
11.30 Pro-Superbike
Two-wheel spectacular.

12midnight Biker's Night Off
With Paul Johnston.
12.30am Through the Gears
With Merrick Beesley.
1.00 E! In Focus
Celebrity Homes
1.30 E! Gossip
2.00-6.00am The Box

6.00am Eyewitness 6.30 Jungle Cubs 7.00 Aladdin 7.30 Tex Avery 8.00 Men in Black 8.30 Nightmare Ned 8.45 Honey, I Shrunk the Kids 9.30 Smart Guy 10.00 Student Bodies 10.30 Teen Angel 11.00 Boy Meets World 11.30 Recess 12noon Brand Spanking New Doug 12.30pm Pepper Ann
1.00 FILM: The Goodbye Bird
Christopher Pettiet 1993
2.30 FILM: Kid Midas
Trevor O'Brien, Ashley Lyn Calagna, Joey Simmrin
A 12-year-old boy dreams of helping his granny, who suffers from a heart condition. When he blunders into the mysterious Cat Lady's haunted house, he is granted the Midas touch. 1996

4.00 Classic Toons
Tune in for your favourite cartoon characters in a riot of zany mayhem.

5.00 Honey, I Shrunk the Kids: The TV Show
Comedy series in which an inventor's kids are often cut down to size.

5.45 Classic Toons
6.00 FILM: My Date with the President's Daughter
Will Friedle
The US President's 14-year-old daughter finds the White House claustrophobic, so she takes up a boy's offer of a date. 1997

7.30 Classic Toons
Tune in for your favourite cartoon characters in a riot of zany mayhem.
8.00 Dr Quinn: Medicine Woman
Dr Quinn solves the community's daily medical problems and battles the sexism of the time. Stars Jane Seymour.

9.00-10.00pm Touched by an Angel
Monica is a thoroughly modern angel who relies on her wits rather than miracles. Starring Roma Downey.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes – BOXFresh – newest videos available – BOXTalk – unique interviews with artists/bands – Breakin' Out of THE BOX – videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Ideal Home Cooks 10.30 World of Herbs 11.00 Top of the Class 11.30 Graham Kerr's Kitchen 12noon Food Network Daily
12.30pm Simply Antony
1.00 Can't Stand the Heat
1.30 Chef for a Day
2.00 From the Ground Up
2.30 Food Network Daily
3.00 Food for Thought Diet and Skin
3.30 Ideal Home Cooks
4.00 Aldo's Italian Job
Aldo Zilli pays a return visit to an old working place.
4.30-5.00pm So You Think You Can't Cook



CABLE EXCLUSIVE

5.00pm The Country Diary of an Edwardian Lady
December
5.30 Our House
Visiting the home of comedian Don Maclean.
6.00 The Irish RM
The Dispensary Doctor
There is trouble with Lady Knox when Yeates and the new doctor are caught breaking into the butcher's shop.
7.00 The Upper Hand
The Proposal
Starring Joe McGann.
7.30 Goodnight Sweetheart
Don't Get Around Much Anymore
8.00 Some Other Spring
Romantic drama.
An divorcee kidnaps her nine-year-old daughter from her ex-husband and flees to Istanbul, where she plans to meet her lover. When she arrives she finds that he has been called to Paris. Starring Jenny Seagrove, Jean-Claude Dauphin and Dinsdale Landen.
10.00 Tales from the Hollywood Hills
Drama series. A young actress begins an affair with a handsome stranger after a crash. Starring Michelle Pfeiffer.
11.00 St Elsewhere
12midnight Intimate Contact
1.00am-2.00am Airline



QVC The Shopping Channel is at your service 24-hours-a-day – so watch us when you can and tape us when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Diamondique Week Grand Finale at 9.00pm.

FILM

The Big Game
HVC 8.00pm

This British film premiere tells the story of five men from totally different backgrounds who have a common passion for gambling. When an outsider is invited to join the game, he's soon over his head and could be risking more than he bargained for. Plenty of classy home talent on view, including Gary (Minder) Webster and Jean (Bread) Boht.

SPORT

CART – LIVE

Eurosport 6.30pm

Motorsports fans among us must not forget to send our best wishes to Mark Blundell in this year's CART series, as the young Englishman has a realistic chance of victory in 1998 after three convincing race wins last year. Tonight, there's live coverage of the opening round of the championship from Miami, Florida, and men including Michael Andretti and Al Unser Jr will be out to stop the Brit driver.

Sunday continues overleaf ...

ADVERTISEMENT



ENDURANCE UK
9.00PM

How many deep-fried testicles and pigs' brains can you munch from a tube while chickens peck at your strapped body? This is just one of the repulsive challenges that contestants must endure to be the Endurance UK Champion.

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



5.00am Superbike – LIVE
6.00 Cart
7.00 Alpine Skiing
8.00 Alpine Skiing – LIVE
9.00 Biathlon – LIVE
 World Championships Team action from Austria.
10.30 Alpine Skiing – LIVE
 Second leg slalom action.
11.30 Alpine Skiing – LIVE
12.15pm Biathlon – LIVE
1.30 Biathlon
2.00 Superbike
 World Championship action from Sentul, Indonesia.

3.00 Superbike
 World Championship action from Sentul, Indonesia.

4.00 Cross-Country Skiing
 Coverage of the men and women's relay from Oslo/Holmenkollen, Norway.

5.30 Ski Jumping
 World Cup action from Holmenkollen, Norway.

6.30 Cart – LIVE
 Coverage of the FedEx Championship Series in Miami.

8.30 Tennis – LIVE
 Coverage of the final of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

10.30 Speed Skating
 Coverage of the women's 5000m and men's 10,000m events in the World Speed Skating Championships in Heerenveen, Netherlands.

11.30-12.30am Superbike
 Coverage of the World Championship in Sentul, Indonesia.

6.00am Sports Unlimited
7.00 Euro Tour Golf: Moroccan Open
9.00 Saturday Night
11.00 Goals on Sunday
12noon V-Max
12.30pm Superbouts: Curry v Hwang
 Relive the memorable 1983 meeting at welterweight between Don Curry and Jun-Sok Hwang.
1.30 Euro Tour Golf: Moroccan Open – LIVE
 The best of the action from the Moroccan Open. The Royal d'Agadir Golf Club plays host to a tournament in which Clinton Whitelaw returns to defend his title.

4.30 Badminton: All England Championship
 Highlights from the tournament that sees England's finest compete for the title.

6.30 Basketball: London Towers v Greater London Leopards – LIVE
 Coverage from Wembley of the Capital clash between the Budweiser League's two leading lights, the Towers and the Leopards.

8.30 Athletics: National Cross Country Championships
 Keep up with coverage of from Roundhay Park in Leeds.

9.30 Football League Review: Charlton Athletic v Sunderland
 The best of the action from the Valley with commentary from Rob Hawthorne and Alan Brazil.

11.00 Ford Football Special: Derby County v Leeds United
 The best of the action from Pride Park.
12.30am Athletics: National Cross-Country Championships
 The fortunes of competitors from clubs all over the country.
1.30-3.30am Basketball: London Towers v Greater London Leopards

6.00am Ski Prime
6.30 Inside the Senior PGA Tour
7.00 Aerobics Oz Style
7.30 Futbol Mundial
8.00 Soccer Extra
11.00 Squash: Super Series
12noon World Wide Rugby
 Action from Rugby Union's Super Tournament.
2.00pm International Cricket: West Indies v England – LIVE
 Ball-by-ball fourth day coverage of the fourth Test in Barbados as highly rated England batsman Graham Thorpe hopes to cement his reputation as one of the world's finest cricketers.

4.00 Second Innings
 Half an hour of essential viewing for cricket fans.

4.30 International Cricket: West Indies v England – LIVE
 Continued coverage from Barbados where England are continuing their battle for every run and wicket as the fourth Test draws to a close.

9.00 Badminton: All England Championships
 Action from the tournament that sees England's finest compete for the title.

11.00pm Euro Tour Golf: Moroccan Open
 Another chance to see fourth day coverage of the Moroccan Open from the Royal d'Agadir Golf Club, where Clinton Whitelaw is defending his title.
2.00-3.00am Squash: Super Series Final

12noon Football League: Charlton Athletic v Sunderland – LIVE
 Action from The Valley as Alan Curbishley's Charlton take on Peter Reid's Sunderland in a match between two sides with Premiership aspirations. Charlton have proved to be one of the First Division's surprise packages, and continue to upset the odds with their display of attacking football.

3.00pm Ford Super Sunday: Derby County v Leeds United – LIVE
 Leeds United travel to Derby County's new Pride Park stadium to continue the improvement they have shown since George Graham replaced Howard Wilkinson and implemented sweeping changes. They face a County side who have made a great deal of progress themselves. With Richard Keys and commentary from Martin Tyler and Andy Gray.

6.30 Spanish Football – LIVE
 Coverage of one of the matches of the week from the Primera Liga, where some of the world's finest talents are competing for the Spanish title.

8.30 Ford Golf USA: Honda Classic – LIVE
 Fourth day coverage of the Honda Classic which is staged at the TPC Heron Bay in Coral Springs, Florida. Last year, Stuart Appleby won the title – the first of his career – and collected \$324,000 in prize money.

11.00 Gillette World Sport Special
11.30-12midnight V-Max
 The world of speed.

12noon Teenage Urban Adventurers
Cultural Rebel
12.15pm Teenage Urban Adventurers
Urban Activist
12.30 Ready or Not
Double Talk
1.00 Sweet
1.30 Hollyoaks
2.00 Hollyoaks
 Soap exploring the lives of post-GCSE teenagers.
2.30 Heartbreak High
 Hard-hitting drama series.

3.00 Saved by the Bell
The Zack Wars
 US schoolroom comedy.
3.30 Saved by the Bell
Model Students

4.00 Echo Point
 Teenage soap.

4.30 Echo Point
 Teenage soap.

5.00 Ready or Not
Black or White or Maybe Grey

5.30 Sweet
 Teenage drama series.

6.00 It's in the Jeans

6.15 On the Make

6.30 Heartbreak High

7.00 USA High

7.30-8.00pm USA High



8.00pm Monkey
The Most Monstrous Monster
 More monkey magic in the cult Japanese serial.

9.00 Monsters
Cocoon

9.30 The Burning Zone
Hell of the Serpent
 Cassian's niece is under the power of a cult leader.

10.30 Red Shoe Diaries

11.00 FILM: Eskimo Nell
Christopher Timothy, Roy Kinnear, Anna Quayle
 Bawdy comedy. 1974

1.00am Beverly Hills Bordello

1.30 FILM: Cyborg Cop
 Action adventure. 1993

3.30 FILM: Deep Red
 Horror. 1975

5.30-6.00am Monsters

7.30am Nightmare
8.00 G-Force
8.30 Robotech
9.00 Bionic Six
9.30 Adventures of the Galaxy Rangers
10.00 SF Scene
10.30 Planet Mirth
11.00 The Twilight Zone
12noon
FILM: Quatermass II
Brian Donlevy, Bryan Forbes
 Sci-fi thriller. 1957
1.40pm Inside Sightings and Beyond
2.00 The Invisible Man

3.00 The Cape
Play Astronaut for Me
 Jack is stalked by an obsessed admirer. Stars Corbin Bernsen.

4.00 The Web
 Take a trip into cyberspace and explore what's new on the net.

4.55 C/Net Central
 Computer magazine.

5.25 The New Edge
 A programme that takes a look at the future today.

5.55 Earthscan

6.00 Sightings
 Tim White introduces extraordinary real-life stories involving the unexplained.

7.00 Mysteries, Magic and Miracles
 In search of baffling stories and events.

7.30 SF Scene

8.00 Quantum Leap
Good Morning, Peoria
 Sam Beckett comes to the rescue of a Fifties disc jockey.

9.00 Miracles
 Bionic man Lee Majors hosts a series of reports dealing with supernatural experiences.

10.00 The Hunger
Red Light
 Spine-tingling drama series.

10.30 FILM: Zapped!
Scott Baio, Willie Aames
 Sci-fi spoof about a high-school student who acquires telekinetic powers. 1982

12.30am The Hunger
Red Light

1.00 The Hunger

1.30 The World of Hammer

2.00 Friday the 13th

3.00 Tales of the Unexpected

3.30-4.00am Dark Shadows



12midnight The Ten Minute Free View
12.10am ... Back
12.20 Fantasy Night Calls
1.00 The Five Minute Free View
1.05 Fantasy Night Calls Continues
1.10 FILM: Back Hand
2.20 FILM: Queen of Hearts
Britt Morgan, Angela Summers, Madison
 A sexy lawyer will do anything to get her client off the hook.
3.55-4.00am
What's on Tomorrow

12midnight Free Teaser
12.05am Peep Show
12.15
The Sex Guides: London
12.50 FILM: Erotic Afternoon Delights
Marilyn Starr, Ruby
 Girls while away their afternoons watching X-rated films.
2.05 FILM: Surprise
Lene, Asia Carrera
 A peek at four cheating couples.
3.30-4.00am Playboy's Really Naked Truth: Backseat Girlfriend

12midnight Dish of the Day
12.10am
Electric Blue Show
 A compilation of some of the sexiest and sauciest honeys you'll ever see on your television.
12.40
FILM: Dukes of Desire
Julie Rage, Kimberly Cummings, Randi Storm
1.55 Girl Talk
2.45-4.00am
FILM: Going Pro
Leena La Bianca, Dominique
 Erotic drama about an amateur model.



Carl Fogarty faces tough competition at the Superbike World Championships from Sentul, Indonesia: Eurosport 5.00am – LIVE and 2.00pm, 3.00pm and 11.30pm

L!VETV

CHANNEL ONE
TELEVISION

NBC

travel
TV THAT TAKES YOU THERE

living

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 What's in the Box 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Agony Omnibus 2.30 Revelations

3.00 Fate and Fortune
A look into the world of tarot reading.
3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00 Judge Judy Omnibus

5.00 Agony
Advice for the troubled at heart.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier

7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking more deceptions.
8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
A look at the headlines among the hemlines.
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam 12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CABLE EXCLUSIVE

30 minutes of local news, weather, sport and features, on the hour, every hour, plus the following features:
9.30am The Album Show
10.30 The Album Show
11.30 The World of Sport
12.30pm American Chart Show
Classic tracks from legendary bands.
3.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
4.30 Cybernet
All the latest news and games from the world of the internet.
5.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.

6.30 American Chart Show
The latest stateside music action.
7.30 Cybernet
All the latest news and games from the world of the internet.
8.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
9.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
10.30 Cinema Cinema Cinema
A look at the latest news from Hollywood and forthcoming feature films.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

5.00am Travel Xpress
5.30 Inspiration
7.00 Hours of Power
8.00 Home & Garden Television
10.00 Super Shop
Here's your chance to do some shopping without ever leaving the comfort of your armchair.
11.00 NBC Super Sports
Featuring a preview of the Gillette World Cup 98, plus golfing action from the PGA and South African tours.
3.00pm Time and Again
Jane Pauley looks back at the events which shaped the late 20th-century.
4.00 The McLaughlin Group
Public affairs programme with Dr John McLaughlin.
4.30 Meet the Press
Tim Russert interviews guests of national and international importance.
5.30 V.I.P.
Celebrity chat.
6.00 Mr Rhodes
Schoolroom comedy starring Tim Rhodes.
6.30 Union Square
New York sitcom.
7.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.30 Five Star Adventure
8.00 NBC Super Sports
Previewing the Gillette World Cup 98.

9.00 The Best of the Tonight Show with Jay Leno
Highlights from the long-running talk show.
10.00 Profiler
A stylish suspense thriller exploring the dark side of the human mind. Starring Ally Walker.
11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
11.30 V.I.P.
More celebrity chat.
12midnight The Best of the Tonight Show with Jay Leno
1.00am NCAA Basketball
3.30 European Living
4.00 Five Star Adventure
4.30-5.00am The Ticket NBC

CABLE EXCLUSIVE

12noon Snow Safari
12.30pm Pathfinders
San Juans
1.00 The Great Escape
Gwallor and Toy Train Journey
1.30 On Tour
Chicago
2.00 North of Naples, South of Rome
Droughts, Storms and Water Picnics
2.30 Floyd on Oz
Sydney
3.00 An Aerial Tour of Britain
The South West Coast Path
A bird's eye view.
4.00 Destinations
Vanuatu
Exploring Vanuatu, containing more than 200 islands over 500 miles.
5.00 Widlake's Way
Indonesia - The Jewelled Archipelago
Exploring the Far East islands with Brian Widlake.
6.00 A River Somewhere
The Chamberlain River, Kimberley - Australia
6.30 The Great Escape
7.00 On Top of the World
Mexico
Award-winning series exploring world cities.
8.00 Ridge Riders
8.30 Railway Adventures
Across Europe
Wild Wild Wales
9.00 Grainger's World
Along the Andes - Part I
Greg Grainger explores the world's longest mountain range.
10.00 The Flavours of France
Macon (Saone et Loire)
10.30 Snow Safari
Crownsnest Pass, Alberta
11.00 A River Somewhere
The Chamberlain River
11.30-12midnight No Truckin' Holiday

6.00am Tiny Living
9.00 Living Style
9.10 Ready Steady Cook
9.50 The Heat is On
10.20 Rolanda
Women Only Call Me for a Good Time
11.10 Brookside Omnibus
Liverpoolian drama.
1.10pm Tempestt
Entertaining talk show.
2.00 Hearts Afire
It's My Party
2.30 I Dream of Jeannie
Battle of Waikiki - Part II

3.00 FILM: The Reckless Moment
James Mason, Joan Bennett, Geraldine Brooks, Henry O'Neill
Murder mystery focusing on the lengths a mother will go to save her child. Seen as a critique of US morals and class culture. 1949
5.05 Hart to Hart
Does She or Doesn't She? More intrigue with the crime-solving couple.
6.00 FILM: Cagney and Lacey: The Return
Tyne Daly, Sharon Gless, James Naughton
TV's favourite female cops are reunited in this feature-length special about the search for firearms. 1994
8.00 Animal Rescue
More pet saving.
8.30 Rescue 911
Real-life rescues by US emergency services.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussion about relationship issues.
10.50-12midnight Sex Life Down Under
Exploring all the issues relating to sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



Barbara Eden is just magical in 'I Dream of Jeannie': Living 2.30pm



5.00pm Fifteen to One
William G Stewart hosts the fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.05 Split Second
With Aonghus McAnally.
7.30 Move on Up
With Richard Morton.
8.00 Prize Time
8.15 Jools Holland's Name That Tune
8.45 Prize Time
Competitions.
9.00 3-2-1
Dick Whittington
Ted Rogers hosts the quiz and entertainment show featuring Dusty Bin.
10.00 Prize Time
10.15 Endurance UK
Paul Ross puts more contestants through tortuous games.
11.00 Sticky Moments
Camp gameshow hosted by Julian Clary.
11.45 Prize Time
Competitions.
12midnight Love at First Sight
12.30am Perfect Scoundrels
1.30 Sweet Justice
2.30 Me and the Boys
3.00 Snowy River - The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

NATIONAL GEOGRAPHIC CHANNEL

UK STYLE

UK ARENA

UK

1
VH1

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 Dream Ticket
3.00 Travel Show Guide
3.30 Holiday in Style
4.30 The Big Trip
5.30 Tracks
6.00 Radio Times
6.30 Change That
7.00 The Big Trip
8.00 Holiday in Style
9.00 Style Challenge
9.30 Can't Cook, Won't Cook
10.00 Food and Drink
10.30 Home Front
11.00-12midnight Antiques Roadshow

CABLE EXCLUSIVE

6.00pm Anna Karenina
7.00 Anna Karenina
8.00 Later with Jools Holland
9.00 Not Only...But Also...
Pete and Dud create art.
9.30 Even Further Abroad
The Absentee Landlord
10.00 FILM: Caravaggio
Nigel Terry, Sean Bean
Drama about the Italian painter Caravaggio. 1986
11.40-12midnight The Frame

7.00am Kickstart
9.00 The Grind
10.00 Hitlist
UK 12noon MTV News
Weekend Edition
12.30pm Snowball
1.00 Select
3.00 Ultimate Michael Jackson Top Ten
4.00 Selected
5.00 Euro Top 20
7.00 MTV News
Weekend Edition
7.30 The Real World - LA
8.00 Up for it
9.00 So 90s
10.00 The Lick R&B Chart
11.00 Amourathon
2.00am-6.00am Music Videos

7.00am Breakfast in Bed
10.00 Sunday Brunch
12noon Ten of the Best: Texas
1.00pm Greatest Hits of: Simple Minds
2.00 Clare Grogan Show
3.00 VH1 Plus
4.00 Greatest Hits of: Disco
5.00 Five@Five
5.30 Midnight Special
6.00 Pop-Up 7.00 American Classic
8.00 Talk Music
NEW 9.00 Mavericks Uncut
NEW 10.00 Ten of the Best: Huggy Bear
11.00 VH1 Spice
12midnight Soul
1.00-7.00am Late Shift

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

Discovery Home! Leisure	CARTOON NETWORK	NICKELODEON	CG	NEWS AND INTERNATIONAL
9.00am Campaigns in History <i>Agincourt</i> 10.00 Hooked on Fishing <i>Minnows to Monsters</i> 10.30 Total Fishing with Matt Hayes 11.30 Gimme Shelter 12.00 Homemaker 12.30pm Hammer It Home 1.00 A Cook's Journey 1.30 The Furniture Guys <i>Building a Gazebo</i> 2.00 Rex Hunt's Fishing Adventures 2.30 Two's Country <i>His Little Pony</i> 3.00 This Old House 3.30-4.00pm This Old House	5.00am Omer and the Starchild 5.30 The Fruitties 6.00 The Real Story of... 6.30 Thomas the Tank Engine 7.00 Blinky Bill 7.30 Bugs Bunny 7.45 Road Runner 8.00 Scooby-Doo 8.30 Dastardly and Muttley 8.45 Wacky Races 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 The Mask 11.30 Tom and Jerry 12.00pm The Flintstones 12.30pm The Bugs and Daffy Show 1.00 Johnny Bravo 1.30 Cow and Chicken 2.00 Batman 2.30 The Jetsons 3.00-9.00pm Road Runner An animated marathon set in the desert wilds of America, as the luckless coyote dreams up more dastardly plans to snare his hyperactive and ever-elusive prey.	7.00am Tales from the Cryptkeeper 7.30 Kablam! 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Ren and Stimpy 12.00 Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Secret World of Alex Mack 2.00 Kenan and Kel 2.30 Clarissa Explains It All 3.00 The Adventures of Pete and Pete The red-headed brothers in arms do battle. 3.30 Kablam! Fun with Henry and June. 4.00 Hey Arnold! More adventures with the kid with the nifty quiff. 4.30 Rugrats Fun with the imaginative, tousle-haired nippers. 5.00 Sussed! 5.30 Sister Sister There's twice the comedy as Tia and Tamara and their respective single parents all try to cohabit. 6.00 Kenan 6.30-7.00pm Are You Afraid?	6.00am Spirou 6.30 Iznogoud 7.00 Swamp Thing 7.30 Batman 8.00 Spellbinder II 8.30 Dennis the Menace 9.00 Road to Avonlea 10.00 Iznogoud 10.30 The New Adventures of Gigantor 11.00 Spirou 11.30 Flash Gordon 12.00 AJ's Time Travellers 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 The New Adventures of Gigantor 2.00 Flash Gordon 2.30 Swamp Thing 3.00 AJ's Time Travellers <i>The Battle of the Little Bighorn</i> 3.30 Oscar's Orchestra <i>The Carnival of Animals</i> 4.00 Batman <i>The Catwoman Goeth</i> Starring Adam West. 4.30-5.00pm Dennis the Menace <i>The Secret Diary</i>	BBC NEWS 24 6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 10.00 News 10.30 Science 11.00 Dateline 12.00 News 4.00pm Newsround 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Book Review 8.00 News 8.30 Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline 11.00 News 11.30 USA Direct 12.00 News 12.00 News 2.00 News 2.15 World News 2.30 The Diary 3.00 News 3.15 News 3.30 Face 4.00 News 4.30 Chronicles 5.00 News 5.30-6.00am Book Review CNN INTERNATIONAL News throughout the day, plus: 5.00am World News 5.30 Inside Asia 6.30 Business 7.30 Sport 11.30 Earth Matters 12.30pm Science 1.30 World Report 2.30 Inside Europe 3.30 Sport 4.30 This Week in NBA 5.00 Late Edition 6.30 Health 7.00 Impact 8.30 Pinnacle Europe 9.30 World Cup Weekly 11.00 World View 11.30 Style 12.00midnight World Today 12.30am Showbiz 1.15 Asian Edition 1.30 Diplomatic License 4.30-5.00am NBA SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 7.45 Gardening 9.30 Business Week 10.00 Adam Boulton 11.30 Book Show 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz 3.30 Target 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuter's Report 9.30 Showbiz 10.00 Prime Time 11.30 Week in Review 12.30am CBS Weekend News 1.30 ABC World News Sunday 2.30 Business Week 3.30 Reuter's Report 4.30 CBS News 5.30-6.00am ABC World News Sunday INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Kulturgespräch 6.45 Kunststreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Christa Ludwig zum 70. Geburtstag 9.15 Mozart in den Niederlanden 10.00 Kein Schöner Land 11.25 Betrifft 12.00 Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Klingendes Österreich 1.30 Der Frohsinn als Ernstfall 2.00 Regina auf den Stufen 3.00 IHM 98 3.30 Die Macht der Sinne 4.20 Gewusst Wie 4.30 Teletips für Tierfreunde 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Ruge Neunzehnte 7.00 Tagesschau 7.15 Tatsachen und Legenden 8.00 Schätze der Welt - Erbe der Menschheit 8.15 Frau Siebert und Ihre Schüler 10.10 Hans Dieter Grabe im Gespräch 10.30 Der Staatsanwalt 11.35-1.15am Der Kampf auf der Insel Deutsche Welle 5.00am Inside Politics 5.30 Video Timeline 5.45 Expo 2000 6.00 Journal 6.30 Plenum 7.00 Journal 7.30 HEAT 8.30 Inside Report 9.00 Journal 9.30 Das Fernsehspiel 11.15 Plenum 11.45 Schätze der Welt 12.00 Journal 12.30pm Inside Report 1.00 Video Timeline 1.15 Expo 2000 2.00 Journal 2.30 Streifzüge durch die Klassik 3.30 Presseclub 4.15 Expo 2000 4.30 BIG 5.00 Journal 5.30 Video Timeline 5.45 Church 6.00 HEAT 7.00 Journal 7.30 Presseclub 8.15 Politbarometer 8.30 BIG 9.00 Journal 9.30 Treasures of World 9.45 Expo 2000 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Sport 11.30-12.00midnight Plenum TV5 5.00am TV5 Minutes 5.05 Cap Adventure 5.30 Horizons Francophones 6.00 Musique 6.30 Mouvements 7.00 Minutes 7.05 Radio Canada 7.30 Meteo 7.35 Bus 8.30 Jardin 9.00 Minutes 9.05 Jardins 9.30 Correspondances 9.45 Du Poil de la Bête 10.00 Musique Musiques 10.30 Perfecto 11.00 Minutes 11.05 Telecinema 11.33 Televis France 3 11.55
Discovery CHANNEL 4.00pm Wings <i>The Valiant Few</i> Profiling the revolutionary Spitfire, the RAF and the pivotal air battles of World War II. 5.00 Secret Satellite Science Frontiers The story of the first spy satellite, the <i>Corona</i> , which was put into space by a covert team. 6.00 Jurassic <i>Madagascar and Horned Herds</i> A grave in Madagascar reveals the secrets of the horned dinosaurs. 7.00 The Quest <i>The Face of Fear</i> An examination of fear. 7.30 Ghosthunters <i>Tales from Dartmoor</i> Ghostly goings-on. 8.00 Supercreeps: Tarantulas and Their Venomous Relations A look at new spider species which have recently been discovered. 9.00 Supercreeps: The Rat among Us The story of the rat, which arrived in Europe along trade routes from China, carrying deadly plagues. 10.00 Supercreeps: The Housefly Eating and being eaten is the norm for flies, which were the first creatures to co-habit with humans. 11.00 Medical Detectives <i>Sealed with a Kiss</i> Real-life tragedies are solved using the latest in DNA technology. 11.30 Medical Detectives <i>Postal Mortem</i> 12.00midnight Lonely Planet <i>Peru</i> Presented by Neil Gibson. 1.00am-2.00am Justice Files <i>Scammed</i>	COMEDY CHANNEL 7.00pm Mork and Mindy <i>The Mork Syndrome</i> 7.30 Roseanne <i>No Place Like Home for the Holidays</i> 8.00 The Kenny Everett Show Irreverent sketches. 8.30 Caroline in the City <i>Caroline and the Cereal</i> 9.00 Cheers <i>My Fair Clavin</i> Cliff's social life improves. 9.30 Ellen <i>The Tape</i> A sexy video gives grief. 10.00 Frasier <i>Odd Man Out</i> Frasier makes an effort to be spontaneous. 10.30 Duckman Adult animation series. 11.00 The Kenny Everett Show 11.30 Absolutely 12.00midnight Sledgehammer 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 The Kenny Everett Show 3.00 Frasier 3.30-4.00am Duckman	CABLE EXCLUSIVE 7.00pm Gilbert and Sullivan: Ruddigore The best of British operetta in a classic series with music by the London Symphony Orchestra. The opera, also known as <i>The Witches Curse</i> , was first performed in 1887. 9.00 American Playhouse: Sensibility and Sense A series of plays starring major Hollywood stars in early roles. Tonight's play is about the reunion of three college friends and their ensuing rivalries after 50 years. Starring Jean Simmons, Lori Singer and Eric Stolz 11.00 Jazz Extra: Ornette Coleman The great saxophonist in concert at the Montreal Jazz Festival. 12.00midnight-1.00am Midnight Jazz: Ellyn Rucker Chill out through the midnight hour with some of the world's coolest jazz sounds.	PERFORMANCE THE ARTS CHANNEL 7.00pm Gilbert and Sullivan: Ruddigore The best of British operetta in a classic series with music by the London Symphony Orchestra. The opera, also known as <i>The Witches Curse</i> , was first performed in 1887. 9.00 American Playhouse: Sensibility and Sense A series of plays starring major Hollywood stars in early roles. 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Meteo 12.00am Thalassa 1.00pm Fant Pas Rever 2.00 Documentaire 3.00 Redaction 3.15 Theatre 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Televis Belge 7.00 Thematique 8.55 Meteo 9.00 Televis France 2 9.35 Le Monde 10.30 Bons Baisers 11.30-12.00midnight Solr 3 ASIANET CABLE EXCLUSIVE 7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhur Ki Bani 10.30 Islam 11.00 Aashirvaad 11.30 Holy Quran 12.00 Stardust 1.00pm Business 1.30 FILM 4.00 Palitan 4.30 Cine Express 5.00 Chidi Ka 5.30 Stardust 6.30 Aur Aap 7.00 Zamana 7.30 Jung 8.00 Main Anari 8.30 FILM 11.30 News 12.00midnight Aur Aap 12.30am Jung 1.00 Zamana 1.30 FILM 4.00 Indipol 4.30 Dasht 5.30 Rang Punjabi Da 6.00 Chidi Ka 6.30 News 6.45 Business 7.00-7.30am First Edition ZEE TV 4.00am HINDI FILM: Cid 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 Zee Business News 8.30 Aalap 9.00 Shri Khrisna 10.00 Zee Health Show 10.30 Aashiana 11.00 Jhatpat Khana 11.30 Business Report 12.00midnight Aamush 3.00pm Parivartan 4.00 Zee and U 5.00 Karb 6.00 Top Ten 6.30 Amaanat 7.30 Antakshari 8.00 News 8.30 FILM: Najayaz 11.30-12.00midnight Yehi Hai Zindagi RACING CHANNEL The Racing Channel does not transmit on Sundays. CMT 6.00am Rebel Country 7.00 Non-Stop Country 2.00pm Top 12 Countdown 2.30 Fresh Cuts 3.30 Showcase 4.00 Fresh Cuts 4.30 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Non-Stop 8.30 Top 12 10.00 Global View 11.00 Top Billing 12.00midnight Rebel 1.00am Showcase 1.30 Non-Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought for the Day 4.05 Worship 5.00 Fred Price 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Eddie Long 8.00 Matthew Ashimolowo 9.00 Sunday Night Live 10.00 Revelation 10.30-11.00am This is Your Day - Benny Hinn PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am Parliamentary Committees 12.00am America This Week 3.00pm-6.00pm Parliamentary Committees WORLD NET World Net does not transmit at weekends. LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
THE HISTORY CHANNEL 4.00pm History Classics: Vietnam, The Ten Thousand Day War 5.00 Under the Influence: Biography <i>Charles Manson</i> A profile of the notorious killer. 6.00 Under the Influence: Biography <i>Al Capone</i> 7.00-8.00pm Under the Influence: Biography <i>Rasputin - The Mad Monk</i> A profile of the debauched mystic.	SKY soap 11.00am Emmerdale 11.30 Emmerdale 12.00pm Emmerdale 1.00 Emmerdale The events of the past weeks have had an effect on Jack and Pat. 1.30 Families 2.00 Families 2.30 Families 3.00 Families 3.30-4.00pm Families Ruby's hopes are dashed as Tom leaves Sydney.	rapture 10.00am Intimate 10.30 Space 11.00 Trainspotters 12.00pm On the Job 12.30pm Exposure Current affairs magazine. 2.30 C.O.D. 3.00 Unsigned Etc 3.30 Baggy Shorts 4.00 Crush 5.00 About Last Night 6.00 TV Stinks 7.00 A Year 7.30-8.00pm Unsigned Etc	CNBC News throughout the day, plus: 5.00am Directions 7.00 Wall Street Journal 8.00 Big Game 11.00 Dot.Com 12.00 Wall Street 1.00pm Money 2.00 Auto Motive 3.00 Directions 5.00 Story Board 6.00 The Big Game 7.00 Media 7.30 Future File 8.00 Your Money 8.30 Directions 9.00 Europe 9.30 Wall Street 10.00 Asian Money 12.00midnight Asian Squawk Box 1.00am Trading Day 4.30-5.00am Big Game	

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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Hasty Heart
Drama. 1983, rating Sky PG, 147 mins
8.30 Miracle on 34th Street
1973, rating Sky U, 94 mins
10.30 Little Cobras: Operation Dalmatian
Richard Moll, Jeffery Wood, Jake Richardson
1997, rating Sky PG, 92 mins
12.30pm Hasty Heart
Gregory Harrison, Perry King
Drama. 1983, rating Sky PG, 147 mins

3.00 Kansas
Patricia Wettig, Matt Craven, Bethel Leslie, Scott Paulin, Jenny Robertson
Drama about a woman who must contemplate selling the family ranch when her father dies. 1995, rating Sky PG, 90 mins

4.30 The Land Before Time III: The Time of the Great Giving
Animated adventure sequel in which the young dinosaurs are faced with an ecological disaster. 1995, rating Sky U, 67 mins

5.45 The Land Before Time IV: Journey Through the Mists
Animated adventure which sees the return of the baby dinosaurs. 1996, rating Sky U, 71 mins

7.00 Little Cobras: Operation Dalmatian
Richard Moll, Jeffery Wood, Jake Richardson
Children's adventure about four kids who discover a plot to kidnap dalmatians. They set out to sabotage the kidnappers' plans. 1997, rating Sky PG, 92 mins
8.30 The Movie Show
Sky's weekly movie magazine programme.

9.00 Braveheart
Mel Gibson, Sophie Marceau, Patrick McGoohan, Catherine McCormack
Oscar-winning historical drama about legendary 13th-century Scottish hero William Wallace and his stout resistance to the tyrannical reign of King Edward I. Wallace becomes the leader of a ramshackle yet courageous army determined to vanquish the better-equipped English forces and reclaim the Scottish throne. **Text** 1995, rating Sky 15, 171 mins

12midnight Before and After
Meryl Streep, Liam Neeson
1995, rating Sky 12, 103 mins
1.50am To Die For
Black comedy. **Text** 1995, rating Sky 15, 103 mins
3.40-6.00am La Ceremonie
1995, rating Sky 15, 108 mins

6.00am Garden of Evil
1954, rating Sky PG, 90 mins
7.35 The Great Lover
1949, rating Sky U, 77 mins
9.00 I'll Get By
1950, rating Sky U, 79 mins
10.25 Nightmare Alley
Drama. 1947, rating Sky PG, 107 mins
12.25pm Christmas Every Day
Bess Armstrong, Robert Hays, Erik Von Detten
1996, rating Sky PG, 89 mins
2.25 Them!
James Whitmore, Edmund Gwenn, Joan Weldon, Onslow Stevens
Horror about a rural community besieged by a plague of giant ants. 1954, rating Sky PG, 88 mins

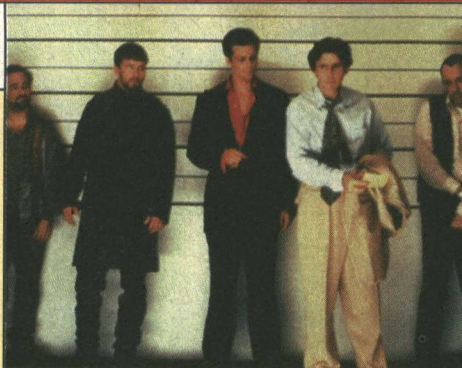
4.00 I'll Get By
June Haver, Gloria DeHaven, William Lundigan, Dennis Day
Musical remake of *Tin Pan Alley*, about a pair of friends and songwriters who are reunited with their girlfriends when they sign up for the armed forces. 1950, rating Sky U, 79 mins

5.55 Christmas Every Day
Bess Armstrong, Robert Hays, Erik Von Detten, Yvonne Zima
Seasonal fantasy about a teenager who gets to live Christmas Day over and over again. 1996, rating Sky PG, 89 mins
7.30 Special Feature
The very latest news from Hollywood, featuring all that's hot and hip in Tinseltown.

8.00 What Love Sees
Richard Thomas, Annabeth Gish, Edward Herrmann, Kathleen Noone, August Schellenberg
PREMIERE Romantic drama about two blind people who find love during World War II. Based on a bestseller, the film is a tale of love and determination. 1996, rating Sky PG, 89 mins

10.00 The Usual Suspects
Gabriel Byrne, Stephen Baldwin, Kevin Spacey, Chazz Palminteri
Thriller about a group of criminals who plot to steal a fortune in cocaine. The plot twists, but nothing is certain until the final, earth-shattering revelation. **Text** 1995, rating Sky 18, 101 mins

11.50 Prison of Secrets
Drama. 1997, rating Sky 18, 88 mins
1.25am Generation X
1995, rating Sky 15, 87 mins
3.00 The Beat
1980, rating Sky 18, 97 mins
4.45-6.00am The Great Lover
1949, rating Sky U, 77 mins



Kevin Pollak, Stephen Baldwin, Benicio Del Toro, Gabriel Byrne and Kevin Spacey line-up for the stylish thriller 'The Usual Suspects': Sky Movies Screen 2 10.00pm



4.00pm The Trail of the Lonesome Pine
Fred MacMurray, Henry Fonda, Sylvia Plath, Fred Stone
Drama set during the early days of the railroad, in which a group of families fight one another tooth-and-nail when a train track threatens to come through the land they own. 1936, rating Sky U, 96 mins

6.00 Tap
Gregory Hines, Sammy Davis Jr, Suzanne Douglas, Savion Glover
Drama in which Gregory Hines plays a tap dancer who has just been released after a spell in jail. He teams up with his old girlfriend and a retired, legendary tap dancer, to fight the lure of crime and develop his art. 1988, rating Sky PG, 101 mins

8.00 The Poseidon Adventure
Gene Hackman, Ernest Borgnine, Stella Stevens, Shelley Winters
A classic disaster movie. The luxury cruiser Poseidon is overturned by a giant tidal wave. All hell breaks loose on board as passengers and crew struggle to escape with their lives. 1972, rating Sky PG, 112 mins

10.00 Marked for Death
Steven Seagal, Basil Wallace, Keith David, Tom Wright, Joanna Pacula, Elizabeth Gracen
Action thriller in which an ex-DEA agent comes out of retirement to take on a gang of drug dealers terrorising Chicago. 1990, 89 mins

11.35 Badlands
Sissy Spacek
Thriller following two young innocents on a murder spree. 1973, rating Sky 18, 90 mins
1.10am Bandolero!
1968, rating Sky 15, 101 mins
2.55-3.35am The Young Lions
Drama. 1958, rating Sky PG, 160 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Ask Any Girl
David Niven, Shirley MacLaine, Gig Young, Rod Taylor, Jim Backus, Elisabeth Fraser
Screwball comedy about a young woman who arrives in New York with the dual intention of finding a job and a husband, and discovers that the former is far easier to capture than the latter. 1959, 98 mins

11.00 Murder at the Gallop
Margaret Rutherford, Robert Morley
Mystery comedy in which Miss Marple's suspicions are aroused when an old man dies suddenly. 1963, 81 mins

12.30am Made in Paris
Ann-Margret, Louis Jourdan
Comedy about a fashion assistant sent to attend the Paris shows. 1966, 99 mins
2.30-4.15am Ask Any Girl
David Niven
Comedy. 1959, 98 mins

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons **Text**
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children **Text**
12.30pm M*A*S*H **Text**
1.00 Geraldo
Real Life Touched by an Angel
2.00 Sally Jessy Raphael
Is Bigger Really Better?

3.00 Jenny Jones
You Cheated But I Still Want You Back
Today's guests are people who want their exes back, even though they were unfaithful.

4.00 The Oprah Winfrey Show
Another real-life issue is put under scrutiny by the queen of chat herself, Oprah Winfrey, and her guests.

5.00 Star Trek: The Next Generation
Legacy
An escape pod from the freighter *Arcos* is forced to land on Turkana IV, birthplace of Tasha Yar.

6.00 The Live 6 Show
With Jenny Powell and Richard Orford.

6.30 Married... With Children
Peggy Turns 300
US sitcom. **Text**

7.00 The Simpsons
Secret of a Successful Marriage
Homer becomes a Night School teacher. **Text**

7.30 Real TV
Real-life footage of events.

8.00 Star Trek: Deep Space Nine
In the Cards
Jake and Nog risk an intergalactic incident in an innocent quest to lift Sisko's spirits.

9.00 Sliders
The King is Back
The sliders travel to a parallel dimension where Rembrandt 'Crying Man' Brown is as huge as Elvis was in our world.

10.00 Brooklyn South
Gay Avee
Hard-hitting series following the personal and professional lives of the tough policeman who patrol the streets.

11.00 Star Trek: The Next Generation
Legacy
An escape pod from the freighter *Arcos* is forced to land on Turkana IV, birthplace of Tasha Yar.

12midnight Late Show with David Letterman
America's top chat show.

1.00am Raven
The Journey
2.00-7.00am Long Play
The very best music to get you through the night.

7.00am Never the Twain
7.35 Neighbours
8.00 Crossroads
8.25 EastEnders
9.00 The Bill
9.30 Howards' Way
10.00 Shelley
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Sykes
2.05 Open All Hours
2.45 Stay Lucky
The Bigamy Blues
Mrs Sally Hardcastle is confused with a woman with the same name, in an international mix-up.

3.45 The Bill
Hot Stuff
Harry Haines returns to help Meadows track down a consignment of heroin.

4.15 Juliet Bravo
Rage
Jean attempts to help a disturbed young mother who is putting her baby's life at risk.

5.20 EastEnders
Everyday drama from the denizens of Albert Square, Walford.

5.55 Big Break
Jim Davidson hosts the gameshow featuring top snooker players.

6.30 The Bill
Hot Stuff
Harry Haines returns to help Meadows.

7.00 Dad's Army
The Two and a Half Feathers
An old comrade-in-arms dredges up the past.

7.40 Rising Damp
The seediest landlord in TV history returns in this pilot show.

8.20 Only Fools and Horses
Big Brother
First ever episode of the classic sitcom.

9.00 Dangerfield
Paul looks forward to a break when the Dangerfield family go on holiday to Norfolk, but he is drawn into a mystery with a suspected suicide.

10.05 Taggart
Gingerbread - Part III
Jenny McCluskey is murdered before she can divulge some crucial information, and a hunt begins for Ginger.

11.10 The Man from Auntie
More quickfire comedy and observations on life from Ben Elton.

11.45 Between the Lines
What's the Strength of This?

12.45am Three of a Kind
1.20 Spitting Image
1.55 The Equalizer
China Rain

2.40-7.00am Shopping at Night
Home-shopping service.

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Top Gear GTi
8.00 Flight of the Condor
9.00 Watergate
10.00
Tomorrow's World Plus
11.00 From A to B - Tales of Modern Motoring
12noon We Have Ways of Making You Think
1.00pm Watergate Break-In
2.00 Animal Hospital
2.30 Out of This World

3.00 Clive James - Postcard from Cairo
 Clive James indulges in camel trading, smoking the local weed, games of street dominoes and male belly-dancing competitions.
4.00 Your Horizons
 Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.
5.00
Tomorrow's World Plus
 Reports about the future of science and technology plus interviews with today's trendsetting scientists.
6.00 Animal Hospital
 Will Louis, the sick stray cat, pull through and get a chance for a happy home?
6.30 Out of this World
 Ghostly sounds in a Welsh pub.
7.00
The Savage Paradise
Wild Dogs - A Tale of Two Sisters
 A season of films from the Serengeti.

8.00 Watergate Cover-Up
 Twenty years after the event, the disgraced president, his aides and the FBI investigators all tell their part in the story.
9.00 999
 The rescue of a policeman impaled on railings, a diver fighting for her life in a decompression chamber, and a paraglider who fell 200 feet down a cliff.
10.00 The Power and the Glory
The Right Stuff
10.30 Clive James - Postcard from New York
 Clive visits the Big Apple, a city which fills him with a mixture of exhilaration and fear.
11.30 Top Gear GTi
 Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am Great Mysteries and Myths
The Chernobyl Mystery
 An examination into the 1986 Chernobyl nuclear power disaster, which investigates how an accident on this scale could have happened.

6.00am Healthbeat 6.30
Beautiful Garden 7.00
David Emanuel 7.30 Eat, Drink and Be Healthy 8.00
Rosemary Conley 8.30
Craftwork 9.00 Sally Jessy Raphael 10.00 Wilde About Flowers 10.30 Young Chefs 11.00 Good Housekeeping 11.30 Llewellyn's Garden 12noon Sew Perfect 12.30pm Ready to Wear 1.00 Bon Appetit 1.30 Interiors 2.00 Rosemary Conley 2.30 Craftwork

3.00 Wilde About Flowers
 The latest floral designs with Carl Wilde.
3.30 Young Chefs
 Charlotte Hindle presents new culinary talent.
4.00
Sally Jessy Raphael
 More controversial studio talk with the queen of American chat, Sally Jessy Raphael.

5.00 The Good Housekeeping Show
 Janet Ellis tests new consumer products.
5.30-6.00pm
Roddy Llewellyn's Indoor Garden

6.00am The Box 7.00 E! Entertainment 7.30
Classic Coronation Street 8.00 Blind Date 9.00 Within These Walls 10.00 Fortune Hunter 11.00 Hawaii Five-0 12noon
Classic Coronation Street 12.30pm Families 1.00 Watching 1.30 Me and My Girl A Clean State 2.00 Thomas and Sarah

3.00 London's Burning
 Blue Watch is called to a major blaze at a factory, where they meet up with Josie, who is now a leading firefighter. Stars Rupert Baker.
4.00 Hawaii Five-0
Mightmare Road
 A famous research scientist, duped into believing he shot a man, disappears from his vital government post.
5.00
Mission: Impossible The Greek
 The team must stop an international drug trafficker who deals in black market medical supplies.
6.00 Families
 Mike and Diana kiss and make up.
6.30 Classic Coronation Street
 Ken proposes to Deirdre, but she stalls.
7.00 Doctor at Large
Devon is Lovely at This Time of the Year
 Medical comedy series.
7.30
Bootsie and Snudge
The Sec's Good Books
8.00 London's Burning
 Blue Watch is called to a major blaze at a factory, where they meet up with Josie, who is now a leading firefighter. Stars Rupert Baker.
9.00 Classic Coronation Street
 Ken proposes to Deirdre, but she stalls.
9.30 Stand Up
 The best in alternative stand-up comedy.
10.00-11.00pm
Mission: Impossible

5.00 Smart Guy
 Ten-year-old TJ copes with the problems being smart brings.
5.30 Student Bodies
 Animation and real-life in an entertaining mix.
6.00 Teen Angel
 Adventures of Marty, the Guardian Angel.
6.30 Boy Meets World
Singled Out
 Eric lies to get on a dating gameshow.
7.00 FILM:
The Westing Game
 Ray Walston, Ashley Peldon, Diane Ladd
 A teenage girl and her wheelchair-bound friend turn into computer sleuths. They try to unravel the puzzle posed in a multi-millionaire's will and help solve their families' problems. 1997
8.30
The Wonder Years
9.00-10.00pm
Touched by an Angel
 Monica is a thoroughly modern angel, who inspires people to change their lives before it's too late.

men & motors

11.00pm
Performance Power
 Sarah Donohue looks at powerboating.

12midnight
2 Wheels Better
 Paul Johnston offers a rundown of the latest offerings from Honda.
12.30am Motor Week
1.00-2.00am E! In Focus
Sex in the Orient
2.00-6.00am The Box
 Non stop music all night.

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas 11.50 Alphabet Castle 12noon Little Hippo 12.15pm Animal Shelf 12.30 Rosie and Jim 12.45 Toothbrush Family 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh 1.30 Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
 The crazy characters from *The Lion King*.
3.30 Brand Spanking New Doug
Doug's Patti Beef
4.00 Pepper Ann
 Pepper Ann copes with the perils and pitfalls of teenage life.
4.30 Recess
 From the creators of *Rugrats*.
5.00 Smart Guy
 Ten-year-old TJ copes with the problems being smart brings.
5.30 Student Bodies
 Animation and real-life in an entertaining mix.
6.00 Teen Angel
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Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXfresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Dilly Dines Out
10.30 What's Cooking?
11.00 Worrall Thompson
11.30 Kerr's Kitchen
12noon Food Network
12.30pm First Taste
1.00 Food for Thought
1.30 For Better, for Worse
2.00 Tessa Bramley's Seasonal Kitchen
2.30 Food Network
3.00 Retrospectives
 Featuring Thane Prince.
3.30
Worrall Thompson Cooks
4.00
Ross's Foreign Assignment
4.30-5.00pm
Graham Kerr's Kitchen



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness presents the quiz for students.
5.30 Hey Dad II
Justice of the Waterbed
 Ben wins a waterbed which springs a leak.
6.00 Byker Grove
 Social services take over Fraser's case.
6.30
A Country Practice
 Simon cannot understand Vicky's behaviour.
7.00 London Bridge
 Ant meets his daughter for the first time.
7.30
Pull the Other One
 Gameshow hosted by Paul Coia.
8.00
Birds of a Feather
Keep Off the Grass
 Tracey and Sharon face a moral dilemma.
8.30 Comedy First: Once in a Lifetime
9.00 Chancer
Remembrance
 Dex and Piers have stolen the membership lists from the casino chain run by Franklyn and Blake.

10.00 Soldier, Soldier
Dutch Courage
 Life offers up something new for Kate Butler - but is it really so different from the old?

11.00 St Elsewhere
12midnight Pull the Other One
12.30am-1.00am
Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30. Today's highlight is Collectable dolls at 6.00pm.

GENERAL

Only Fools and Horses

UK Gold 8.20pm

It's the comedy show that you can't ignore. John Sullivan's characters - Del Boy, Rodney and Grandad - are lovable rogues who live by the catchphrase, 'This time next year, we'll be millionaires.' The Trotter family's home in Nelson Mandela House, downtown Peckham, is the base for many a dodgy deal. The first ever series kicks off this evening and the show can be seen four nights a week - definitely worth staying home for.

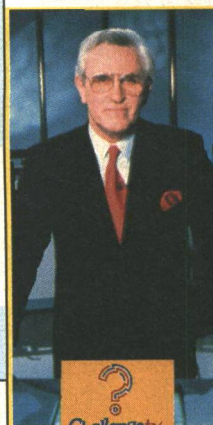
FILM

Before and After
 Sky Movies Screen 1
 12midnight

Here's a Meryl Streep film you might not have seen before. Made in 1995 and co-starring Liam Neeson, it's about a family which falls apart when the son becomes the main suspect of a murder investigation. Edward Furlong is arrested after his girlfriend is found dead in a field and his parents ask themselves, 'Did he really do it?' Family ties are stretched to breaking point as we find out. Meryl is always good value and she won't let you down here.

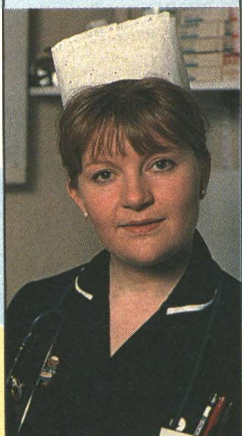
Monday continues overleaf...

ADVERTISEMENT



FIFTEEN TO ONE
 5.00PM

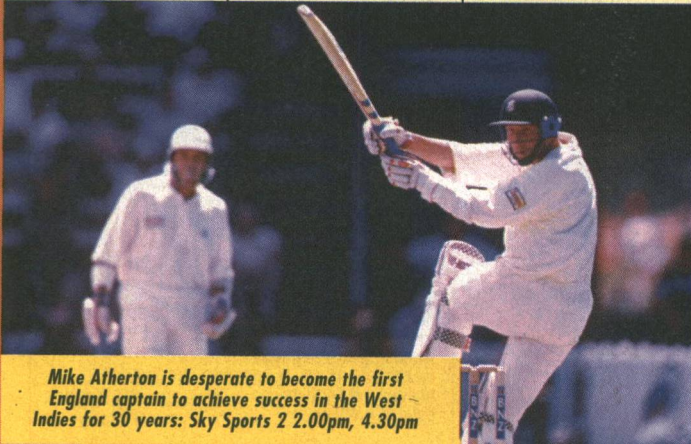
Tea-time trivia and testing questions as William G Stewart hosts the show where 15 contestants are slowly eliminated to find the one, supreme winner.

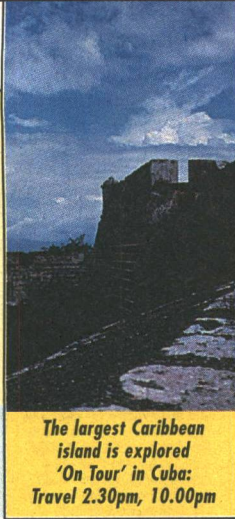
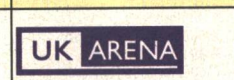


Carry on nurse:
 Catherine Shipton wards off disaster in 'Casualty':
 UK Gold 11.00am

MONDAY MARCH 16

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

EUROSPORT	SKY sports 1	SKY sports 2	SKY sports 3	Trouble	SH
7.30am Rally 8.00 Speed Skating 9.00 Fun Sports 9.30 BMX 10.00 Alpine Skiing 11.30 Nordic Combined Skiing 1.00pm Snowboard Coverage of the ISF World Boarder Cross Tour in Mount Snow, USA. 1.30 Surfing 2.00 Extreme Sports Highlights of the 97 Extreme Games in San Diego. 3.00 Roller Skating Coverage of the ASA World Tour from Los Angeles. 4.00 Tractor Pulling Coverage of the 5th leg of the Eurocup held in Herning, Denmark. 5.00 Biathlon Coverage of the women's sprint stage of the World Championships in Hochfilzen, Austria. 6.00 Ski Jumping Coverage of the World Cup in Holmenkollen, Norway. 7.00 Extreme Sports Highlights of the 1997 Extreme Games from San Diego, USA. 8.00 Fishing Coverage of the 1996 Marlin World Cup in Mauritius. 9.00 Tractor Pulling Coverage of an indoor event held in Zwolle, Netherlands last January. 10.00 Football Eurogoals magazine with reports on different features, post-match interviews and a roundup of the football news. 11.30-12.30am Roller Skating Super Roller In Line action from Paris-Bercy, France.	7.00am Spanish Football 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football League Review: Charlton Athletic v Sunderland 11.30 Rebel TV 12noon Aerobics Oz Style Get into shape and stay that way with a daily dose of Australian exercise. 12.30pm Ford Football Special: Derby County v Leeds United 2.00 Athletics 3.00 World of Sailing International competition. 3.30 Basketball: London Towers v Greater London Leopards Another chance to see action from Wembley where fierce rivals London Towers and Greater London Leopards meet in a capital clash. 5.30 V-Max An insight into the world of speed. 6.00 Sky Sports Centre The latest sports news. 6.30 Football League Review Nationwide League action. 7.00 Athletics 8.00 Superbikes Another chance to see coverage from Sentul in Indonesia as Britain's Carl Fogarty will be casting aside the disappointment of losing to John Kocinski last season in order to regain his world crown. 10.00 Sky Sports Centre 10.30 World Pool Championship Action from the Lakeside Shopping Centre, Thurrock, Essex. 11.30 Sky Sports Centre The latest sports news. 12midnight Superbikes 2.00am Sky Sports Centre 2.30 Football League Review 3.00-3.30am Sky Sports Centre	7.00am Aerobics Oz Style 7.30 Rebel Sports 8.00 Racing News 8.30 Gillette World Sport Special 9.00 Ford Golf USA: Honda Classic 11.30 Futbol Mundial 12noon Saturday Fight Night 2.00pm International Cricket: West Indies v England - LIVE Coverage of the fifth and final day of the fourth Test from Barbados. 4.00 Second Innings Half an hour of essential viewing for cricket fans. 4.30 International Cricket: West Indies v England - LIVE Continued coverage of the final stages of the fourth Test from Barbados, where nothing but victory is acceptable to both teams. 9.00 World Motor Sport A roundup of the latest developments. 9.30 Rebel TV 10.00 World Motor Sport Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit. 1.00am International Bowls: Australia v England 3.00 Football League Review 3.30-4.00am Sky Sports Centre	12noon Euro Tour Golf: Moroccan Open Highlights of the fourth day's play of the Moroccan Open. The Royal d'Agadir Golf Club plays host to a tournament won last year by Clinton Whitelaw. 3.00pm Spanish Football A chance to see action from Spain's Primera Liga where some of the best sides in the world compete for the title currently held by Real Madrid. 5.00 Rebel Sports Wild and madcap series. 5.30 Football League Review Nationwide League focus. 6.00 Squash: Super Series Final Highly rated stars in the game battle it out for the ultimate prize. 7.00 Fish TV More useful tips and advice from the fisherman's favourite series. 8.00 International Bowls: Australia v England Enjoy highlights of the second pairs bowls Test match as competitors combine accuracy with technique on the green. 10.00-11.30pm Super League Classics: New South Wales v Queensland An opportunity to watch a classic Super League encounter between New South Wales and Queensland from the 1997 Tri Series Final.	12noon Swan's Crossing 12.30pm Sweat 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Hard-hitting drama series about the students and teachers at a Sydney inner-city high school. 2.00 Saved by the Bell To make some money, Zack secretly sells calendars featuring pictures of the girls. 2.30 Swan's Crossing Action romance series. 3.00 It's in the Jeans Line Dancing 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama series. 4.00 Hollyoaks Post-GCSE soap. 4.30 Saved by the Bell Running Zack 5.00 USA High Baby Boom Jackson misplaces a baby he is looking after. 5.30 Sweat 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks  8.00pm The A-Team Moving Targets A sheik hires the team to safely deliver his daughter to the prince she is to wed. 9.00 Tour of Duty The Raid The team embarks on a dangerous mission to free captured American flyers. 10.00 The Basement Men's magazine programme with Ed Hall. 10.30 Red Shoe Diaries 11.00 FILM: Xtro II - The Second Encounter <i>Jan-Michael Vincent, Paul Koslo, Tara Buckman</i> Sci-fi thriller. 1991 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: Eskimo Nell Bawdy British comedy. 1974 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Invisible Man's Revenge <i>Jon Hall, Alan Curtis</i> 1944 1.30pm Ray Bradbury Theatre 2.00 The Outer Limits 3.00 The Bionic Woman Jaime's Shield A foreign agent orders Jaime's death. 4.00 The Six Million Dollar Man Nuclear Alert Steve Austin must stop the delivery of a bomb. 5.00 Swamp Thing This Old House of Mayan 5.30 Inside Space The fact and fantasy of space travel. 6.00 The Web Take a trip into cyberspace and explore all that's hip and happening on the net. 7.00 Space Precinct Deathwatch Graffia and Weldon plan to transport a large meteor. 8.00 Quantum Leap Thou Shalt Not Sam becomes embroiled in a struggle to prevent the break-up of a family. 9.00 The Cape Buried in Peace A mission to repair a satellite goes awry. Stars Corbin Bernsen. 10.00 FILM: Xtro II - The Second Encounter <i>Jan-Michael Vincent</i> Sciece fiction thriller in which a secret US defence establishment suffers a major setback when three scientists are transported into a parallel world. 1991 12midnight Sightings 1.00am The Tomorrow People 1.30 Flash Gordon 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows
 <i>Mike Atherton is desperate to become the first England captain to achieve success in the West Indies for 30 years: Sky Sports 2 2.00pm, 4.30pm</i>			 12midnight The Ten Minute Free View 12.10am Peeping Tom 12.20 Eurotapes 12.45 FILM: ... Savannah 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Jane's World 2.25 FILM: Gemini Twin sisters compete with each other to make out with the most men and women. 3.55-4.00am What's on Tomorrow	 11.30pm Free Teaser 11.35 Peep Show 11.45 FILM: Naked Deception <i>Chasey Lain, Jeanna Fine</i> A sexy ghost story with a kinky twist. 1.00am FILM: Smoke and Mirrors <i>Lexi Eriksson</i> A sleazy strip joint owner tries to go straight. 2.25-4.00am FILM: Comeback <i>Christy Canyon</i> Comedy about an adult film star's return to the business.	 12midnight of the Day 12.10am Gay Night 12.20 Gay Night: Hunk Hard Hats Erotic gay programme. 1.35 Gay Night: Kama Sutra of Gay Sex 2.45 Gay Night: My First Time Six gay lads talk explicitly about their early sexual experiences. 3.30-4.00am Gay Night: California's Hunkiest Men

 The largest Caribbean island is explored 'On Tour' in Cuba: Travel 2.30pm, 10.00pm	 CABLE EXCLUSIVE 6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations 3.00 Fate and Fortune A look into the mysterious world of tarot reading. 3.30 Love Story 3.45 Dial-a-Doc 4.00 Living Room Legends Talent-spotting. 4.30 Judge Judy	 CABLE EXCLUSIVE 30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am The Album Show 11.30 EuroDan 12.30pm Cybernet 1.30 Cinema Cinema Cinema An in-depth look at the latest news from Hollywood. 2.30 The Album Show Classic long-players by much-loved rock bands. 3.30 PDQ - The One Stop Shop Innovative and quirky products delivered straight to your door. 4.30 Cybernet The latest news from the fast-changing world of computers and the internet. 5.30 PDQ - The One Stop Shop Shop till you drop without hassle from the comfort of your sofa. 6.30 The World of Sport A look at events from across the whole sporting spectrum. 7.30 Cybernet The latest news from the world of computers and the internet. 8.30 PDQ - The One Stop Shop Innovative and quirky products delivered straight to your door. All you need is a phone and a credit card. 9.30 PDQ - The One Stop Shop Shop till you drop without hassle from the comfort of your sofa. 10.30 Cinema Cinema Cinema All the latest news from Hollywood. 11.30 The Album Show Classic long-players. 12midnight-8.00am Local News on the hour, Album Show at half past every hour.	 5.00am Europe Today 8.00 European Moneywheel CNBC Europe Live financial news, market updates and breaking business stories from offices and households around Europe. 11.00am Internight 12noon Time and Again 1.00pm European Living Flavours of Italy 1.30 V.I.P. 2.00 Today Current affairs magazine. 3.00 Home & Garden Television Gardening by Yard/ Interiors by Design Magazine programme. 4.00 Time and Again Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC. 5.00 European Living Europe à la Carte A culinary journey. 5.30 V.I.P. Celebrity chat. 6.00 Europe Tonight Live 6.30 The Ticket NBC Entertainment guide with Kristiane Backer. 7.00 Dateline NBC Jane Pauley and Stone Phillips present the news magazine show featuring analysis and interviews. 8.00 NBC Super Sports NCCA Basketball action from the Big East Conference Championship. 9.00 The Best of the Tonight Show with Jay Leno Highlights of the star interviews and music. 10.00 Late Night with Conan O'Brien Conan O'Brien hosts his own chat show featuring celebrity guests. 11.00 The Ticket NBC Entertainment guide. 11.30 NBC Nightly News with Tom Brokaw 12midnight The Best of the Tonight Show with Jay Leno 1.00am MSNBC Internight 2.00 V.I.P. 2.30 Travel Xpress 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News	 CABLE EXCLUSIVE 12noon On Top of the World Mexico 1.00pm Wet and Wild Canyoning, Kayak Building and Aquaria 1.30 The Food Lover's Guide to Australia African Food in Adelaide 2.00 Tread the Med Florence 2.30 On Tour Cuba 3.00 Destinations Tahiti Holiday magazine. 4.00 Ridge Riders Chalk Downs of Southern England - Part I 4.30 Bruce's American Postcards 5.00 Wet and Wild Canyoning, Kayak Building and Aquaria 5.30 Ribbons of Steel The Last Stand 6.00 The Food Lover's Guide to Australia African Food in Adelaide 6.30 Tread the Med Florence 7.00 Travel Live Frank Bough and the Travel Live team bring you the latest holiday and travel news. 8.00 Bruce's American Postcards Miami Beach 8.30 The Flavours of France 9.00 Going Places The Caribbean Join Al Roker as he heads for the Caribbean on board a cruise ship. 10.00 On Tour Cuba 10.30 A-Z Med Benidorm Holiday magazine. 11.00-12midnight Destinations Tahiti Holiday magazine.	 6.00am Tiny Living 9.00 Ready, Steady, Cook 9.35 Hart to Hart With This Gun I thee Wed 10.30 The Young and the Restless 11.20 Brookside 11.50 Jimmy's 12.20pm Diet Show 12.50 Animal Rescue 1.25 Adrenalin Junkies Drama series set in Bethlehem West Emergency Ward. 2.20 Living It Up! 3.20 The Jerry Springer Show Outrageous American talk show featuring heated discussion. 4.10 Tempestt Entertaining talk show presented by Tempestt Bledsoe. 5.00 The Heat Is On Keith Chegwin presents the cookery contest. 5.30 Ready, Steady, Cook Fern Britton hosts. 6.10 Jerry Springer Uncut Outrageous American talk show. 7.00 Rescue 911 Real-life rescues. 7.30 Mysteries, Magic and Miracles With Patrick Macnee. 8.00 Murder Call Drama about a detective with a curious mind and a knack of solving crime-related puzzles. 9.00 FILM: The Josephine Baker Story Lynn Whitfield, Ruben Blades, Louis Gossett, Jr. Award-winning musical drama based on the life of the black American entertainer and erotic dancer. 1991 11.30-12midnight More Sex Life Hosted by Jenny Eclair.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
 5.00pm Fifteen to One Fast-moving quiz. 5.30 Prize Time 5.50 Family Fortunes Hosted by Les Dennis. 6.20 Prize Time Win big prizes. 6.30 Catchphrase Hi-tech quiz hosted by Roy Walker. 7.00 Prize Time 7.05 Blockbusters 7.30 Give Us a Clue With Roy Castle and Nicholas Parsons. 8.00 All Clued Up Quiz show presented by David Hamilton. 8.30 Whittle With Tim Vine. 9.00 Prize Time 9.15 Sale of the Century With Keith Chegwin. 9.45 Prize Time 10.00 Treasure Hunt Bali Contestants battle against the clock to guide Anneka Rice to hidden treasure. 11.00 Prize Time 11.15 3-2-1 Ted Rogers hosts the quiz show in which Dusty Bin must be avoided. 12.15am Prize Time 12.30 Moonlighting 1.30 The Fall Guy 2.30 Boogies Diner 3.00 Snowy River - The McGregor Saga 3.50 Jeux Sans Frontieres 5.00-6.00am Screenshop	5.00 Agony Relationship advice for troubled souls. 5.30 Sport LIVE Magazine programme. 6.00 The Fashion Show 6.30 Bunny Bingo 6.45 What's in the Box 7.00 The Why Files Psychic investigations. 7.30 Agony Relationship advice. 7.59 Big City Tips 8.00 Lie Detector Unmasking deception. 8.30 Judge Judy 8.59 Tiffani's Big City Tips 9.00 Brits on the Piste 9.30 The Fashion Show 9.59 Big City Tips 10.00 Topless Darts Shapely dart throwing. 10.02 Sport LIVE 10.30 The Sex Show Erotic discussions. 11.00 Big City Tips 11.01 Topless Darts Shapely dart throwing. 11.02 Exotica Erotica 11.30 Exotica Erotica 12midnight Jennycam 12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE	3.30 PDQ - The One Stop Shop Innovative and quirky products delivered straight to your door. 4.30 Cybernet The latest news from the fast-changing world of computers and the internet. 5.30 PDQ - The One Stop Shop Shop till you drop without hassle from the comfort of your sofa. 6.30 The World of Sport A look at events from across the whole sporting spectrum. 7.30 Cybernet The latest news from the world of computers and the internet. 8.30 PDQ - The One Stop Shop Innovative and quirky products delivered straight to your door. All you need is a phone and a credit card. 9.30 PDQ - The One Stop Shop Shop till you drop without hassle from the comfort of your sofa. 10.30 Cinema Cinema Cinema All the latest news from Hollywood. 11.30 The Album Show Classic long-players. 12midnight-8.00am Local News on the hour, Album Show at half past every hour.	3.00 Home & Garden Television Gardening by Yard/ Interiors by Design Magazine programme. 4.00 Time and Again Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC. 5.00 European Living Europe à la Carte A culinary journey. 5.30 V.I.P. Celebrity chat. 6.00 Europe Tonight Live 6.30 The Ticket NBC Entertainment guide with Kristiane Backer. 7.00 Dateline NBC Jane Pauley and Stone Phillips present the news magazine show featuring analysis and interviews. 8.00 NBC Super Sports NCCA Basketball action from the Big East Conference Championship. 9.00 The Best of the Tonight Show with Jay Leno Highlights of the star interviews and music. 10.00 Late Night with Conan O'Brien Conan O'Brien hosts his own chat show featuring celebrity guests. 11.00 The Ticket NBC Entertainment guide. 11.30 NBC Nightly News with Tom Brokaw 12midnight The Best of the Tonight Show with Jay Leno 1.00am MSNBC Internight 2.00 V.I.P. 2.30 Travel Xpress 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News	3.00 Destinations Tahiti Holiday magazine. 4.00 Ridge Riders Chalk Downs of Southern England - Part I 4.30 Bruce's American Postcards 5.00 Wet and Wild Canyoning, Kayak Building and Aquaria 5.30 Ribbons of Steel The Last Stand 6.00 The Food Lover's Guide to Australia African Food in Adelaide 6.30 Tread the Med Florence 7.00 Travel Live Frank Bough and the Travel Live team bring you the latest holiday and travel news. 8.00 Bruce's American Postcards Miami Beach 8.30 The Flavours of France 9.00 Going Places The Caribbean Join Al Roker as he heads for the Caribbean on board a cruise ship. 10.00 On Tour Cuba 10.30 A-Z Med Benidorm Holiday magazine. 11.00-12midnight Destinations Tahiti Holiday magazine.	CABLE CHECK SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM NIGHT TIME
 8.00pm FILM: Man of Passion Anthony Quinn, Maud Adams A tale of growing up from the view of a grandfather and his grandson. 9.30 Rest Stop Comedy about a stressed-out couple in New York City. 10.00 FILM: Smooth Talker Joe Guzzardo, Burt Ward Thriller about a cop on the edge. 11.35-12midnight LA Women 3 Erotic series.	7.00pm Kookaburras An endearing profile of the Australian Kookaburra. 7.30 Lifeboat: Shaken Not Stirred 8.00 Okavango: Africa's Wild Oasis 9.00 Monkey Business: Monkeys, Apes and Man NEW 10.00 Last Voyage of the Andrea Doria 10.30 Mystery of the Neanderthals 11.00 The Chemistry of War 12midnight-1.00am Tale of the Crayfish	 CABLE EXCLUSIVE 2.00pm Radio Times 2.30 Style Challenge 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Tracks 4.30 More Front Gardens 5.00 How Does Your Garden Grow? 6.00 Radio Times 6.30 Food and Drink 7.00 The Big Trip 8.00 Dream Ticket 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Antiques Roadshow 11.00 More Front Gardens 11.30-12midnight The Great Garden Game	 CABLE EXCLUSIVE 6.00pm Sounds of the Sixties 6.30 The Frame 7.00 Good Music 8.00 When the Boat Comes In Coal Comfort 9.00 Scarfe on Sex 10.00-12midnight FILM: Jubilee Jenny Runacre, Toyah Wilcox, Ian Charleson, Little Nell, Richard O'Brien Controversial portrait of early British punk. 1978	 6.00am Kickstart 9.00 MTV Mix 12noon Non-Stop Hits 2.00pm US Top 20 3.00 Non-Stop Hits 4.00 Select MTV 6.00 Oasis - Mad for It Special feature on the band. 6.30 The Real World - LA 7.00 Hitlist UK 8.00 Hot 9.00 Up for It 10.00 Amour 11.00 Superrock 1.00am The Big Picture 1.30-6.00am Music Videos	 7.00am Power Breakfast 9.00 VH1 Upbeat 12noon Ten of the Best: Don Everly 1.00pm Jukebox 3.00 Toyah! 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 The VH1 Album Chart 9.00 Talk Music 10.00 Greatest Hits of: Depeche Mode 11.00 The Nightfly 12midnight Around and Around 1.00am VH1 Late Shift 6.00-7.00am Hit for Six	12.00 PM NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



9.00am The Joy of Painting
9.30 Gardeners' Diary
10.00 The Great Gardening Plot
10.30 The Furniture Guys
11.00 Go Fishing
Moroccan Mystique
11.30 Hometime
Prairie Remodel
12noon Driving Passions
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
Meals in Minutes
1.30 New Yankee Workshop
Arbor
2.00 Home Again with Bob Vila
2.30 These Four Walls
3.00 Two's Country
3.30 4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Rex catches snapper, cuttlefish and green eel.
4.30 Disaster
Tenerife - Collision
5.00 Top Marques
Saab
The virtues of the world's first production turbo.
5.30 Terra X:
Curse of the Pharaohs
6.00 Orang-Utans - High Society
A look at one of mankind's closest relatives - a ponderous and gentle creature.
7.00 Beyond 2000
The team travels the globe to report on scientific breakthroughs.
7.30 Ancient Warriors
The Legions of Rome
8.00 Time Travellers
Search for the Merrimac
8.30 Wonders of Weather
Polar Weather
The strength of Arctic ice.
9.00 Lonely Planet
Hungary and Romania
Ian Wright adventures around Hungary and Romania, beginning his journey in Budapest.
10.00 Animal Attack!: Bear Attack
How, in the last century, more than 40 North Americans have been killed in bear attacks.
11.00 Weapons of War: Scorched Earth
Submarine Warfare
12midnight Warship
1.00am Ancient Warriors
The Legions of Rome
Rome's incarnation as an empire was conducted with minute attention to detail.
1.30-2.00am Beyond 2000
Science and technology magazine.



4.00pm Stalin: Generalissimo
During the Forties, Stalin wielded total power and established a regime in Eastern Europe which still bears his name.
5.00 The Red Beret: Stories of the British Airborne Forces
6.00 Ancient Mysteries: UFOs - the First Encounters
Why do so many monuments of antiquity seem to point to the stars?
7.00-8.00pm Biography
The Prince of Wales - a Century of Scandal.



5.00am Omer and the Starchild
5.30 Ivanhoe
6.00 The Fruitties
6.30 The Real Story of...
7.00 Bugs Bunny
7.15 Road Runner
7.30 Tom and Jerry
7.45 Dexter's Lab
8.00 Cow and Chicken
8.15 2 Stupid Dogs
8.30 Tom and Jerry Kids
9.00 A Pup Named Scooby-Doo
9.30 Blinky Bill
10.00 Fruitties
10.30 Thomas the Tank Engine
11.00 Wally Gator
11.30 Hong Kong Phooey
12noon The Bugs and Daffy Show
12.30pm Popeye
1.00 Droopy
1.30 Tom and Jerry
2.00 Yogi Bear
2.30 Jetsons

3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Supernatural fun.
4.00 Scooby-Doo
Canine capers.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More fun from the superhero with the ego problem.
5.30 Cow and Chicken
Madcap antics.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.15 Road Runner
6.30 The Flintstones
Prehistoric fun.
7.00 Batman
Caped crusading capers.
7.30 The Mask
More manic antics with the green-faced master of mayhem.
8.00 The Real Adventures of Jonny Quest
8.30-9.00pm Droopy: Master Detective
Laconic humour.



11.00am Take the High Road
Eddie and Sheila Ramsay decide to do more to help Jennifer and the baby.
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
Lily is horrified to find that David Allen is her brother.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale



6.00am Count Duckula
6.30 Ren and Stimpy
7.00 Angry Beavers/Hey Arnold!
7.30 Rugrats
8.00 Doug
8.30 Arthur
9.00 Children's BBC on Nickelodeon
10.00 Wimpie's House
10.30 Bahar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks
3.00 Jumanji
Fantasy adventure based on the hit movie.

3.30 Doug/Angry Beavers
Cartoon capers.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Superheroics.
5.00 Rugrats
Fun with the tousle-headed nippers.
5.30 Sister Sister
Domestic disharmony with Tia, Tamera and co.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy.
7.30 Roseanne
Crime and Punishment - Part I
8.00 The Kenny
Everett Show
Zany sketch show.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cheers
Christmas Cheers
Sam does some Christmas shopping.
9.30 Ellen
The Boyfriend Stealer
10.00 Frasier
The Unkindred Cut of All
A next door neighbour arrives with a boxload of puppies.
10.30 Duckman
11.00 Still in Bed with MeDinner
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Still in Bed with MeDinner
3.00 Frasier
3.30-4.00am Duckman



11.00am Video Trips
Grand Teton National Park
11.30 Globetrotter
12noon Way of Life
Soviet Mind
12.30pm Getaway
1.00 Great Escapes
Sri Lanka
1.30 A Practical Guide to Europe
Madrid
2.00 American Vacation
3.00 Globetrotter
3.30-4.00pm Earth Journeys



6.00am The Big Dish
6.30 Oscar's Orchestra
7.00 Spiro
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures of Gigantor
12noon Spiro
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon
3.00 The New Adventures of Gigantor
Deadly Doctor Doom
3.30 The Big Dish
Children's gameshow.
4.00 Batman
An Egg Grows in Gotham
4.30-5.00pm Dennis the Menace
Special Agent Dennis
More authority baiting.

5.00am This Morning
7.30 Sport
8.30 World Cup Weekly
9.00 Impact
10.30 Sport
11.30 American Edition
12.30pm Pinnacle Europe
1.15 Asian Edition
1.30 Business Asia
3.30 World Sport
4.30 Artclub
5.00 Impact
6.45 American Edition
7.30 Business
8.30 Q & A
9.30 World Cup
10.30 Sport
12.30am Moneyline
1.15 Asian Edition
1.30 Q & A
2.00 Larry King
3.30 Showbiz Today
4.15 US Edition
4.30-5.00am World Report



7.00pm European
Concern: Beethoven's Moonlight Sonata
7.30 Inside Hollywood
8.00 American Masters: Neil Simon
A look at the work of Neil Simon, with contributions from Walter Matthau, Jack Lemmon and Sid Caesar.
9.00 Theatreland
Emma Freud presents news, reviews and star interviews from London's vibrant theatre scene.
9.30 Ballet: Cendrillon
Choreographed and produced by the famous Rudolf Nureyev, Prokofiev's tale of Cinderella comes from the Paris Opera Ballet with Nureyev dancing a cameo role.
12midnight-1.00am Midnight Jazz: Georgie Fame
Chill out to the sounds of the great British keyboard player Georgie Fame, also featuring the versatile American pianist Ben Sidran.



News throughout the day, plus:
5.00am Europe Today
8.00 Money Wheel
1.00pm Squawk Box
3.00 Market Watch
5.00 Power Lunch
6.00 Europe Tonight
7.00 Media Report
7.30 Future File
8.00 Your Money
8.30 Auto Motive
9.00 Europe Late Night
9.30 US Market Wrap
10.00 Media Report
10.30 Future File
11.00 Your Money
1.00am Trading Day Live
3.00 Media Report
4.30-5.00am Auto Motive

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News
7.00 News
8.00 News
9.00 News
10.00 News
11.00 News
12noon News
1.00pm News
2.00 News
3.00 News
4.00 Newsday
5.00 Newsday
6.00 Newsday
7.00 Newsday
7.30 HardTalk
8.00 News Direct
9.00 News UK
9.30 Interactive
10.00 News
11.00 News
11.30 USA Direct
12midnight News
1.00am News
2.00 News
2.15 World News
2.30 USA Direct
3.00 News
3.15 World News
3.30 HardTalk
4.00 News
4.30 Interactive
5.00 News
5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus:
5.00am This Morning
7.30 Sport
8.30 World Cup Weekly
9.00 Impact
10.30 Sport
11.30 American Edition
12.30pm Pinnacle Europe
1.15 Asian Edition
1.30 Business Asia
3.30 World Sport
4.30 Artclub
5.00 Impact
6.45 American Edition
7.30 Business
8.30 Q & A
9.30 World Cup
10.30 Sport
12.30am Moneyline
1.15 Asian Edition
1.30 Q & A
2.00 Larry King
3.30 Showbiz Today
4.15 US Edition
4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus:
6.00am Sunrise
11.30 Sky World News
2.30pm Parliament Live
3.00 News on the Hour
3.30 Parliament Live
4.00 News on the Hour
4.30 World News
5.00 Live at Five
6.00 News on the Hour
7.30 Sportsline
8.00 News on the Hour
8.30 Sky Business Report
9.00 News on the Hour
9.30 World News
10.00 Prime Time
12.30am CBS News
1.30am ABC World News
2.30 Business Report
3.30 The Entertainment Show
4.30 CBS News
5.30-6.00am ABC News

INTERNATIONAL

3SAT 5.50am 7 Tage Anders
Fernsehen 6.00 Alpenpanorama
8.00 Zeit im Bild
8.05 Eintritt
Frei 8.40 Aktueller Kinotip
8.45 Rundschaun
10.30 Ausland
10.00 Nachtcafe
11.30 Exclusiv
12noon Die Sprechstunde
12.45pm Schätze der Welt
1.00 Das Sonntagskonzert
1.45 Seniorenclub
2.30 Tips und Trends
2.55 Offen 3.00
Blickfeld
3.45 Denkmalschutz
4.15 Hobbytheke
4.45 Kunst und Kreppe
5.15 Bilder aus Österreich
6.00 Heute
6.18 Wetter
6.20 Kulturzeit
7.00 Tagesschau
7.15 Die Trottler der Nation
8.00 MTW
8.30 Neues 9.00 Zeit im Bild
9.25 Zeitgenossen:
Esoteriker
9.55 Kräuter und Kräfte
11.30 Nachrichtenmagazin
11.55-12.35am Kulturzeit

Deutsche Welle 5.00am HEAT
6.00 Journal
6.30 Sport Report
6.45 Schätze der Welt
7.00 Journal
7.30 Treasures of the World
7.45 Curators of Culture
8.00 BIG
8.30 Inside Politics
9.00 Journal
9.30 Sport Report
9.45 Presseclub
10.30 BIG
11.00 100 Grad
12noon Journal
12.30pm Inside Politics
1.00 HEAT
2.00 Journal
2.30 Nahaufnahme
3.00 Boulevard
Bio 4.00 Boulevard Deutschland
4.30 Unser Mann in Havanna
5.00 Journal
5.30 Boulevard Germany
6.00 Alice
6.30 The Exclusive Scientists' Club
7.00 Journal
7.30 Boulevard Bio
8.30 Unser Mann in Havanna
9.00 Journal
9.30 The Exclusive Scientists' Club
10.00 Journal
10.30 Hitler à la Basura
11.00 Journal
11.15 Schätze der Welt
11.30-12midnight Boulevard

TV5 5.00am Minutes
5.05 Fa Si la Chanter
5.30 Telematin
7.00 Minutes
7.05 Journal
7.30 Minutes
7.35 Questions pour un Champion
8.00 Minutes
8.05 Polemiques
9.00 TV5 Minutes
9.05 Reflets
10.00 TV5 Minutes
10.05 Jeu de Societe
10.30 Le Jeu des Dictionnaires
11.00 TV5 Minutes
11.05 Paris Lumieres
11.33 Journal
11.55 Meteo
12noon Cinema
3.00pm Journal
3.15 Pyramide
3.45 Bus

et Compagnie 4.30 Minutes
4.35 Fa Si la Chanter
5.00 Questions pour un Champion
5.30 Journal
6.00 Paris Lumieres
6.30 Journal
7.00 Journal
7.30 Journal
8.00 Journal
8.30 Journal
9.00 Journal
9.30 Journal
10.15 Mise au Point
11.45 Vivre Avec
11.30-12midnight Soir 3

ASIANET CABLE EXCLUSIVE

7.30am News
8.00 Good Morning News
8.30 Asian Am
9.00 FILM
11.30 News
12noon Thikikkaat
12.30pm Junoon
1.00 Swabimaan
1.30 FILM
4.00 Choree Chupke
4.30 Tiger
5.00 Top Tucker
5.30 Nachani
6.00 Karodpate
Fokattai
6.30 Rajni
7.00 Swabimaan
7.30 News
8.00 Shanti
8.30 FILM
11.30 News
12midnight Top Tucker
12.30am Swabimaan
1.00 Shanti
1.30 FILM
4.00 Music Box
4.30 Kahanian
5.00 Bhule Bisro Beet
6.00 Choree Chupke
6.30 News
6.45 Business Plus
7.00-7.30am First Edition

ZEE TV

4.00am PUNJABI FILM
6.30 Punjabi Folk
7.00 Jaagran
7.30 Ru Ba Ru
8.00 News
8.30 Aahaa
9.00 HINDI FILM
11.30 Daraar
12noon HINDI FILM: Jhoothi
3.00pm Margharita
3.30 Parampara
4.00 Hum Paanch
4.30 Ikke Pe Ikke
5.00 Pop Korn
5.30 Your Zindagi
6.00 Banegi Apni Baat
6.30 Mast Mast
7.00 Chutki Baja Ke
7.30 It's My Choice
8.00 News
8.30 Sailab
9.00-12midnight HINDI FILM: Chupp

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Luncheon
2.00-6.00pm Live Racing From Plumpton, Stratford and Taunton.

CMT

6.00am Rebel Country
7.00 CMT Morning
10.00 Non-Stop Country
6.00pm Top Billing
7.00 Rebel Country
8.00 Non-Stop Country
11.00 Top Billing
12midnight Rebel Country
1.00am Global View
2.00 Non-Stop Country
5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought
4.05 Copeland
4.30 Money
4.45 Avanzini
5.00 Dougherty
5.30 Van Impe
6.00 Youngren/700 Club
6.30 Dollar
7.00 Copeland
7.30 Kidz
8.00 Hinn
8.15 Tonya
9.30 Price
10.00 Israel Vision
10.30 Morning
10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

6.30am Parliamentary Committees
12.30pm Statement from the House
1.30 Business Statement
2.30 The Commons Live
11.00-12midnight Questions from The House

WORLD NET

9.00am Newswire Feed
10.00 US News and World Events
11.00 Business News and Analyses
11.30 Worldnet Dialogues
2.00-3.00pm Business News and Analyses

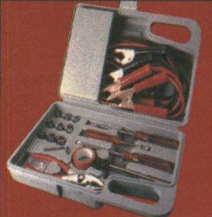
LANDSCAPE

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free

GIFTS



Motorists Tool Set

LJ



Lasagne/Pizza/Garlic Dish

KA



Child's Keyboard

KW

FREE
£15

£15 Voucher

BJ



Travel Hairdryer

LM

JUST



Toaster

AE



2 Piece Telephone

AH



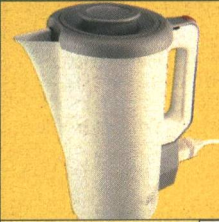
Hitachi Men's Shaver

KK



24 Piece Cutlery Set

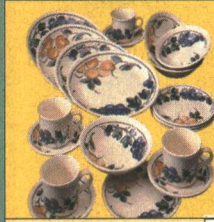
HT



Jug Kettle

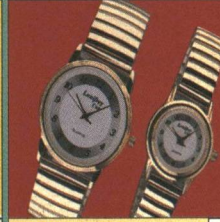
AT

A
BOX



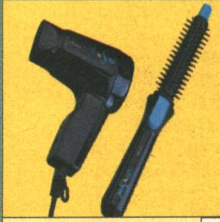
20 Piece Dinner Set

AU



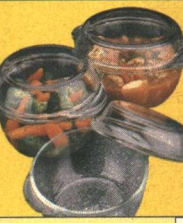
His & Her Watches

DF



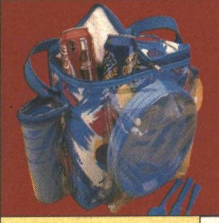
Hairdryer & Hot Brush

HV



3 Pyrex Dishes

AB



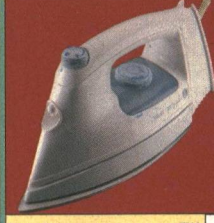
Picnic Set

LB



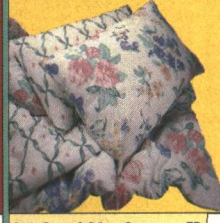
Pine Kitchen Clock

FX



Steam Iron

EW



Quilt Cover & Pillow Cases

EB



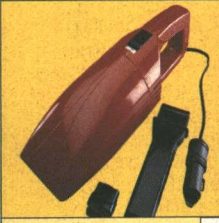
Accommodation for 2*

AP



Trolley Suitcase

LP



Car Vacuum

CM



Universal Remote Control

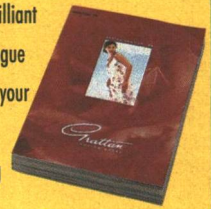
LN



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DP

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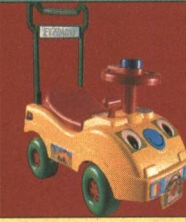
Storage Jars

LT



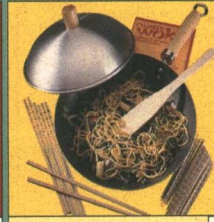
2 Table Lamps

LR



Sit 'N' Ride

KV



8 Piece Wok Set

LG



Digital Diary

LH



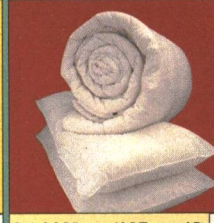
Knife Block

KC



Cool Bag/Seat

LQ



Quilt & 2 Pillows - 10.5 Tog

LD

CUT OUT AND SEND TO FREEPOST: BRADFORD, WEST YORKSHIRE BD99 2FP

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

SKY movies screen 1	SKY movies screen 2	SKY movies screen 3	SKY one	UK GOLD
6.00am Letters from the East Text Widescreen Last Play 1995, rating Sky PG, 103 mins 7.50 The Ballad of Cable Hogue 1970, rating Sky PG, 117 mins 9.50 The Last Home Run 1996, rating Sky PG, 94 mins 11.30 Heavyweights 1994, rating Sky PG, 94 mins 1.10pm The Pirates of Penzance Kevin Kline, Angela Lansbury 1983, rating Sky U, 108 mins 3.00 The Seven Year Itch Marilyn Monroe, Tom Ewell Hit comedy about a blonde bombshell who lives in the same building as a writer, who has been married for seven years. When his wife leaves for a summer holiday, the frustrated man gets an opportunity to make his dreams come true. 1955, rating Sky PG, 100 mins 5.00 The Last Home Run Thomas Guiry, Seymour Cassel, Gary Carter, Dave Winfield Drama about an ageing man who is given the chance to relive his youth and become a star baseball player. With time running out he must try to complete the game of his life. 1996, rating Sky PG, 94 mins 7.00 Heavyweights Aaron Schwartz, Kenan Thompson, Shaun Weiss Family comedy about a group of overweight boys who are sent off to a 'fat camp' at which the boys' parents intend them to shed a few pounds. When they encounter the sadistic new trainer, it look like they might not have a choice. 1994, rating Sky PG, 94 mins 9.00 My Family PREMIERE Jimmy Smits, Esai Morales, Eduardo Lopez Rojas Epic drama about several generations of a Mexican family. Two brothers come from a poor family – when one is tragically killed by the cops, the other becomes bitter and turns to a life of crime, although he eventually finds love in the arms of a woman from El Salvador. 1995, rating Sky 15, 122 mins 11.10 White Squall Jeff Bridges, Caroline Goodall, John Savage Ocean-bound drama. 1996, rating Sky 15, 124 mins 1.50am Harper Paul Newman, Lauren Bacall Mystery thriller. Last Play 1966, rating Sky 15, 115 mins 3.20-6.00am Cobb Tommy Lee Jones Sports biopic. 1994, rating Sky 18, 123 mins	6.00am Magnificent Obsession Irene Dunne, Robert Taylor 1935, rating Sky U, 97 mins 7.50 The Song of Bernadette Jennifer Jones, Vincent Price 1943, rating Sky U, 150 mins 10.25 Big Jim McLain John Wayne, Nancy Olson 1952, rating Sky U, 87 mins 12noon Semi-Precious Joanna Kerns 1995, rating Sky PG, 89 mins 2.00pm Stage Fright Marlene Dietrich, Jane Wyman, Richard Todd Hitchcock comedy thriller about a drama student attempting to clear the name of a friend who, she suspects, has been framed for murder. 1950, rating Sky PG, 106 mins 4.00 Magnificent Obsession Irene Dunne, Robert Taylor, Betty Furness Drama about a man who studies to become a doctor in order to save the sight of a woman with whom he has fallen in love. 1935, rating Sky U, 97 mins 5.55 Semi-Precious Joanna Kerns, Stephanie Zimbalist, Gaby Hoffmann, Michael Shulman Heart-wrenching drama in which a woman who abandoned her children ten years earlier suddenly re-appears to reclaim them. Last Play 1995, rating Sky PG, 89 mins 7.30 Behind the Scenes A special report from the film world. 8.00 Forbidden Territory Aidan Quinn, Nigel Hawthorne Drama based on the real-life encounter between Dr David Livingstone and Henry Morton Stanley. Stanley is captivated by Livingstone's passion for life and for his campaign against the slave trade. 1997, 92 mins 9.40 The Movie Show With Richard Jobson. 10.10 Eraser – Preview 10.15 Eraser Arnold Schwarzenegger, James Caan, Vanessa Williams, James Coburn, Robert Pastorelli, James Cromwell Explosive action thriller in which a vital government witness is assigned a protector known as Eraser. Text 1996, 115 mins 12.10am Mary Reilly Julia Roberts, John Malkovich Period drama. Text 1996, rating Sky 15, 103 mins 2.00 Sharon's Secret Mel Harris, Alex McArthur 1995, rating Sky 15, 86 mins 3.35-5.15am Waxwork Zach Galligan 1989, rating Sky 18, 92 mins	In the ocean-bound drama 'White Squall', Christopher Sheldon (Jeff Bridges) skips a ship which sails into troubled waters: Sky Movies Screen 1 11.10pm SKY movies GOLD 4.00pm Lillian Russell Alice Faye, Don Ameche Biographical drama about the turn-of-the-century's most famous musical star, Lillian Russell, including her discovery in 1880 by bandleader Tony Pastor, her marriage to Edward Solomon and her successes on Broadway and in London's West End. 1940, rating Sky U, 123 mins 6.00 Sinbad and the Eye of the Tiger Patrick Wayne, Jane Seymour, Taryn Power Fantasy in which the sea-going hero attempts to set a prince free from a curse which has turned him into a tiger. Ray Harryhausen's marvellous special effects help the proceedings along as usual. 1977, rating Sky PG, 109 mins 8.00 Silver Streak Gene Wilder, Richard Pryor, Jill Clayburgh, Patrick McGeehan, Ned Beatty, Scatman Crothers, Clifton James, Richard Kiel, Ray Walston Thriller spoof in which a publisher encounters danger, murder and chaos on a train journey from Los Angeles to Chicago. 1976, rating Sky PG, 114 mins 10.00 Scanners II: The New Order David Hewlett, Deborah Raffin, Yvan Ponton Horror sequel in which some powerful psychics spread their telepathic terror across America. 1990, rating Sky 18, 99 mins 11.45 Finders Keepers, Lovers Weepers Anne Chapman Drama. 1967, rating Sky 18, 71 mins 1.00am The Flower of My Secret Marisa Paredes 1995, rating Sky 15, 101 mins 2.45-4.40am The Boston Strangler Tony Curtis, Henry Fonda 1968, rating Sky 18, 110 mins	7.00am Street Sharks 7.30 Games World 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo 2.00 Sally Jessy Raphael <i>I Was Deceived By Someone I Love</i> 3.00 Jenny Jones <i>It Was Brief, But Hot! You Gotta Reunite Me!</i> On today's show, people are reunited with their old flames. 4.00 The Oprah Winfrey Show More from the talk show which enjoys world-wide popularity. 5.00 Star Trek: The Next Generation Reunion The Enterprise and a Klingon ship, under the command of Worf's lover, arrange a rendezvous. 6.00 Dream Team Conor tries the dating game – how will he cope? 6.30 Married... With Children <i>Peggy Made a Little Lamb Text</i> 7.00 The Simpsons <i>Homer Versus the 18th Amendment</i> Prohibition is revived. Text 7.30 Real TV Amazing video footage of actual real-life events. 8.00 Rescue Paramedics Real-life drama with <i>Rescue Paramedics</i>. 8.30 World's Weirdest TV Hosted by Russ Williams. 9.00 World's Scariest Police Stings NEW This documentary features footage of people hiring hitmen to kill their spouses. 10.00 The Extraordinary This week's features include people who worship snakes, and a story about the triumph of the human spirit. 11.00 Star Trek: The Next Generation Reunion The Enterprise and a Klingon ship, under the command of Worf's lover, arrange a rendezvous. 12midnight Late Show with David Letterman America's top-rating chat show. 1.00am Raven <i>Death Games</i> A woman who likes to court danger asks Jonathon for a date. 2.00-7.00am Long Play	7.00am Never the Twain 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Shelley 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours Omnibus 12.55 EastEnders Omnibus 1.30 Sykes 2.05 2point4 Children 2.45 Stay Lucky <i>Poetic Justice</i> Thomas Gynn returns with a move into the greetings entertainment industry. 3.45 The Bill DC Lines investigates when a hospital guard is accused of beating and robbing a youth. 4.15 Juliet Bravo <i>The One Who Got Away</i> An undercover Crime Squad operation against a gang of international counterfeiters flushes out wrong-doers lurking on Jean's patch. 5.20 EastEnders Popular soap. 5.55 Big Break Jim Davidson hosts the gameshow which features top snooker players potting balls on behalf of contestants. 6.30 The Bill Drama with the officers of Sun Hill station. 7.00 Dad's Army <i>The Test</i> The Chief Warden challenges Mainwaring to a game of cricket. 7.40 Rising Damp Rigsby is intrigued by Philip's methods for conjuring up female company. 8.20 Only Fools and Horses <i>Go West Young Man</i> Del and Rodders have a night on the town. 9.00 The Detectives <i>Hostage</i> It's FA Cup final day. 9.40 Backup <i>Happy That Way</i> The team tackles an assignment with a difference, when the unit goes undercover as rent boys, pushers and prostitutes to clean up a park. 10.45 The Chief Drama series about a controversial Chief Constable who tackles contentious issues in his own way. 11.45 FILM: Inside – Buddy, Can You Spare a Life? Raymond Burr The wheelchair-bound cop discovers a conspiracy among the members of a country club set, after reopening a murder case. 1.35am The Equalizer 2.30-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 The Savage Paradise
9.00 Watergate
10.00 Top Gear GTI
 With Jeremy Clarkson.
11.00 From A to B -
Tales of Modern Motoring
 12noon
The Savage Paradise
 Cover-Up
2.00 Animal Hospital
2.30 Out of This World

3.00 Clive James -
Postcard from New York
 Clive James visits the Big Apple, a city which fills him with a mixture of exhilaration and fear.
4.00 999
 The rescue of a policeman impaled on railings, a diver fighting for her life in a decompression chamber, and a paraglider who fell 200 feet down a cliff.
5.00 Top Gear GTI
 Testing the latest models and casting an experienced eye over the hottest motoring news.

6.00 Animal Hospital
 Can a socialisation class improve a growling puppy?
6.30
Out of This World
 A pilot tells of his encounter with an unknown aircraft.

7.00
The Savage Paradise
Cheetahs - Blood Brothers
 A close look at the cheetah, filmed by award-winning cameraman, Hugo Van Lawick.
8.00 Watergate
Scapegoat
 Examining how President Nixon had the Watergate burglars paid to keep silent about their links to the White House.

9.00 Top Gear GTI
 Jeremy Clarkson and the Top Gear team present a specially extended edition of their show featuring extra information, interviews and top tips.

10.00
Out of This World
10.30 Clive James -
Postcard from Miami
 Clive James sets out to discover the truth about Miami and meets two of the city's famous residents, Don Johnson and Gloria Estefan.
11.30 Tomorrow's World Plus
 Reports about the future of science and technology and interviews with trendsetting scientists.
12.30am-1.00am Great Mysteries and Myths
Who Kidnapped Lindbergh's Son?
 An investigation into the truth behind the Lindbergh baby mystery.

6.00am Healthbeat 6.30
Your Beautiful Garden 7.00
David Emanuel Fashion Show 7.30 Eat, Drink and Be Healthy 8.00 Healthbeat
8.30 Ready to Wear 9.00
Sally Jessy Raphael 10.00
Cook's Garden 10.30 Good Life Garden Club 11.00
Homestyle Time 12noon
Sew Perfect 12.30pm
Ready to Wear 1.00 Bon Appetit 1.30 Classic Interiors 2.00 Healthbeat
2.30 Ready to Wear

3.00 Cook's Garden
 Tips on how to grow your own food.
3.30
Good Life Garden Club
 Green-fingered advice from the Garden Club.
4.00
Sally Jessy Raphael
 Controversy and confessions from the talk show host and her studio guests.

5.00-6.00pm
Homestyle
Question Time
 More interior design tips and advice from the experts, to help style and improve your home.

6.00am The Box
7.00 E! Entertainment
7.30
Classic Coronation Street
8.00 Blind Date
9.00 Within These Walls
10.00 Fortune Hunter
11.00 Hawaii Five-0
 12noon
Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah
A Day at the Metropole

3.00 London's Burning
 The massive warehouse fire continues, and the perils of a fire-fighter's job are brought home as Blue Watch tries to save Bayleaf.
4.00 Hawaii Five-0
Three Dead Cows At Makapu - Part 1
 A scientific genius goes missing after discovering a biological mutation.

5.00
Mission: Impossible
The Fortune
 To foil the return to power of a dictator, the IMF team recovers the wealth he stole from his country.

6.00 Families
 Diana wonders if she should go to England.
6.30 Classic Coronation Street
 Ena is forced to move in with Elsie.

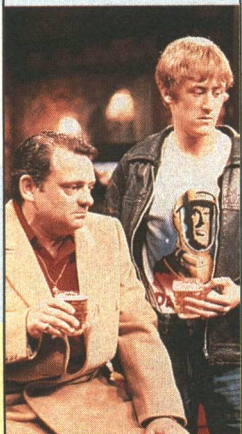
7.00 Doctor at Large
Operation Loftus
7.30
Bootsie and Snudge
Higher Purpose
 Bootsie and Snudge ponder their purpose in life.

8.00 London's Burning
 The massive warehouse fire continues, and the perils of a fire-fighter's job are brought home as Blue Watch tries to save Bayleaf.

9.00 Classic Coronation Street
 Alf continues to play Bet at her own game.
9.30 Stand Up
 The best in alternative stand-up comedy.
10.00-11.00pm
Mission: Impossible

men & motors

11.00pm
Babewatch UK
11.30 Bigger Better Battling Babes
 A clan of beautiful babes grapple with each other in the ring.
12midnight
Performance Power
1.00am E! Uncut
Minnie Driver
 A profile of the critically acclaimed British actress.
1.30 E! Talk Soup
2.00-6.00am The Box
 Non-stop music through the night.



David Jason and Nicholas Lyndhurst in 'Only Fools and Horses': UK Gold 8.20pm

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00
Recess 7.30 Pepper Ann 8.00
Brand Spanking New Doug
 8.30 Timon and Pumbaa
 9.00 Aladdin 9.30 Quack Pack
 10.00 Amazing Animals 10.30
 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas
 12.00 Little Hippo 12.15pm
 Animal Shelf 12.30 Rosie and Jim 12.45 Toothbrush Family
 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh
 1.30 Rescue Rangers 2.00
 Goof Troop 2.30 Jungle Cubs

3.00
Timon and Pumbaa
 The crazy characters from Disney's *The Lion King*.
3.30 Brand Spanking New Doug
A Limited Corporation
4.00 Pepper Ann
 Pepper Ann copes with the perils and pitfalls of teenage life.

4.30 Recess
 From the creators of *Rugrats*.
5.00 Smart Guy
 A 10-year-old smart guy deals with the problems being smart causes him.

5.30 Student Bodies
 Animation and real-life in an entertaining mix.
6.00 Teen Angel
 Adventures of Marty, the guardian angel.

6.30 Boy Meets World
Sixteen Candles and Four-Hundred-Pound Men
 Teen sitcom.

7.00 FILM:
Darby O'Gill and the Little People
Albert Sharpe, Sean Connery, Janet Munro
 Darby O'Gill is a feisty old storyteller, who gets a taste of a leprechaun's sense of humour when he falls down a hole, straight into the little people's kingdom. 1959

8.30
The Wonder Years
9.00-10.00pm
Touched by an Angel
 Monica is a thoroughly modern angel, who inspires people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30
Graham Kerr's Kitchen
12noon Food Network
Daily 12.30pm Nancy Lam
1.00 Food for Thought
1.30 Caribbean 2.00 So You Think You Can't Cook
2.30 Food Network Daily
3.00 First Taste
3.30
Worrall Thompson Cooks
4.00 For Better, for Worse
4.30-5.00pm
Tessa Bramley's Seasonal Kitchen
 Tessa prepares a hearty meal.



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the general knowledge quiz.

5.30 Hey Dad II
Such Sweet Music
 Betty has special tutoring to play the trombone.

6.00 Byker Grove
 Donna's mother arrives in town and intends to stay.

6.30
A Country Practice
Stirring the Possum - Part I
7.00 London Bridge
 Claire decides to leave London and makes it clear that her new life does not involve Ant.

7.30 Our House
 Presented by Suzi Becker.
8.00 Desmond's
Shirley's Sermon
8.30 Real Life Stories
Lonely Hearts Clubland
 Documentary exploring the dating game business.

9.00 Demob
 Janet's new job, working for Dr Pollock, forces Ian into a life of househusbandry which accelerates the break-up of the comedy double-act.
10.00 Tales from the Hollywood Hills
A Table at Ciro's
 A studio head holds a dinner party at the Hollywood Nightclub, where everyone is after a favour.

11.00 St Elsewhere
12midnight Us and Them 12.30-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is in the Salon at 3.00pm.

GENERAL

Collexion

MTV 6.30pm

We're celebrating St Patrick's Day, of course, and if it's Irish rock that you want to help knock back a few more pints of the black gold, then why not try a special on U2's *Achtung Baby* album. There's a full half hour of videos from the Edge, Bono and the boys. Follow that with *An Hour with Boyzone* and Irish eyes will definitely be smiling.

SPORT

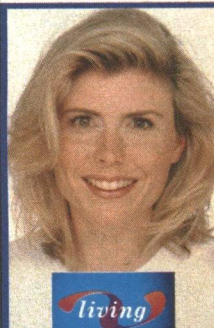
Roller Skating

Eurosport 3.00pm

The Ultimate In-Line Challenge was held in Florida last autumn, and there were aggressive events and races to enjoy in a sport which is highly fashionable among the young. Watch out for the best trick, big air and high jump competitions, while the races include a last man out format as well as a straight sprint. Good fun.

Tuesday continues overleaf...

ADVERTISEMENT



THE DIET SHOW

12.20PM

Brand new to living is the ultimate tip to feeling good and looking great. Amanda Ursell and the team give some cracking tips on how to achieve the best from your diet, from the beautiful setting of Henlow Grange.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME



7.30am Football
Coverage of the friendly match between Argentina and Bulgaria in Buenos Aires.

9.00 Fun Sports
9.30 Surfing
10.00 Cart
11.00 Football
12.30pm Winter Sports
Sports documentary.

1.00 Extreme Sports
2.00 Extreme Sports
Coverage of the Winter X Games in Crested Butte, Colorado, USA.

3.00 Roller Skating
Coverage of the ultimate in-line challenge in Orlando, held in October 1997.

4.00 Tractor Pulling
Coverage of the 6th leg of Eurocup in Waldighofen, France, held on 16th and 17th August.

5.00 Football
Eurogoals magazine.

6.30 Four Wheels Drive
Coverage of the 4x4 off-road in Iceland.

7.00 Mountain Bike
Coverage of the fourth mountain bike Trophy La Poste, held on 14 March from Paris-Bercy. The race features cross-country, downhill, trial and duel slalom.

8.30 Boxing
Another bout from the ring, accompanied by expert analysis.

9.30 Football
Coverage of the 2nd leg of the Uefa Cup. The quarter-final includes Aston Villa, Schalke 04, Inter Milan, Lazio Rome, Atletico Madrid and Spartak Moscow.

11.30 Rally
Coverage of FIA World Rally Championship.

12midnight-12.30am Skysurfing
More action from the Stadio di Cornaredo in Lugano, Switzerland, held between 15th and 17th August 1997.

7.00am Sky Sports Centre
7.30 Football League Review
8.00 V-Max
8.30 Sky Sports Centre
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Spanish Football
Highlights from a recent match in the Primera Liga.

12noon Aerobics Oz Style
Australian step exercises.

12.30 Superbikes
2.30 Ski Prime
Behind the scenes action.

3.00 International Bowls: Australia v England
Bowls coverage as England take on Australia in the third Test. Enjoy highlights of the match as competitors aim to combine accuracy with technique on the green.

5.00 World Wrestling Federation - Live Wire
Todd Pettengill presents more wrestling action.

6.00 Sky Sports Centre
Sports news service.

6.30 Tartan Extra
Scotland's Premier League with John Leslie.

7.00 International Cricket: West Indies v England
Another chance to see fourth Test highlights from Barbados. England captain Mike Atherton will hope that his side can exploit the West Indies recent poor form.

9.00 Table Tennis: Qatar Open
Action from the sport that tests temperament as well as speed and control.

10.00 Sky Sports Centre
The very latest news.

10.30 The Footballers' Football Show
Marcus Buckland talks to soccer celebrities.

11.30 Tartan Extra
John Leslie assesses Scotland's football action.

12midnight Sky Sports Centre
12.30am NHL
2.30 The Footballers' Football Show
With Marcus Buckland.

3.30-4.00am Sky Sports Centre

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
8.00 Racing News
8.30 Fish TV
9.30 Football League Review
Goals scored across the three Nationwide divisions.

10.00 International Bowls: Australia v England
The best of the action from the second Test match.

12noon Badminton: All England Championships
2.00 Squash

3.00pm NHL
Another chance to see the pick of the National Hockey League matches.

5.00 Pro Beach Soccer
Soccer on the sand is back with coverage from Montenegro.

6.00 Sports Unlimited
A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage.

7.00 Sky Sports Centre
The very latest news and views from sporting world.

7.30 Ford Cup Special: FA Cup 6th Round Replay
Action from the FA Cup 6th round replay, where two sides meet again with the aim of making progress in the world's oldest cup competition and reach the Twin Towers of Wembley Stadium.

10.00 Euro Tour Golf: Sahara Cup
Action from the Royal d'Agadir Golf Club in Morocco.

11.00 International Cricket: West Indies v England
Highlights from the fourth Test in Barbados.

1.00am Ford Cup Special
Another chance to see action from the FA Cup 6th round.

3.00-3.30am Sky Sports Centre
The premier sports news service bringing updates from the sporting world.

12noon World Wrestling Federation - Live Wire
With Todd Pettengill.

1.00pm Fish TV
Reel in the very latest top tips from the angling guide.

1.30 Fish TV: Americana Outdoors
Enjoy the excitement of outdoor adventure each week, from Trophy Bass fishing to the skills of fly and salt water fishing.

2.00 Super League Classics: New South Wales v Queensland
A classic encounter from 1997 Tri Series Final.

3.30 V-Max
An insight into speed.

4.00 World Motor Sport
Get behind the wheel for a roundup of the latest developments in the race world, including views from the major players on the circuit.

7.00 Fish TV
More useful tips and advice from the fisherman's favourite series.

8.00 LPGA Golf: Circle K Championship
Another chance to see coverage from the Randolph Park Golf Course in Tucson, Arizona, where some of the top names on the circuit compete in the latest LPGA tournament.

10.00 Superbouts: Pedroza v Laporte
The 1982 meeting between Eusebio Pedroza and Juan Laporte.

11.00-11.30pm Olympic Destinies
Enduring images of the Winter Olympic Games.

12noon Swan's Crossing
12.30pm Sweat
Teenage drama series set at an Australian sports academy. Starring Martin Henderson.

1.00 Echo Point
Teenage soap.

1.30 Heartbreak High
Drama series set at a Sydney high school.

2.00 Saved by the Bell
Running Zack

2.30 Swan's Crossing
Action romance series.

3.00 It's in the Jeans
Snowboarding

3.15 On the Make
3.30 Heartbreak High
High-school drama.

4.00 Hollyoaks
Post-GCSE soap drama.

4.30 Saved by the Bell
House Party
Screch throws a party.

5.00 USA High
Camping with Mr Elliot
Ashley tries to avoid camping with her father.

5.30 Sweat
6.00 Echo Point
6.30 Bangs
6.45 Rush
7.00 USA High
7.30-8.00pm Hollyoaks



8.00pm The A-Team
Knights of the Road
The team helps an harassed garage mechanic.

9.00 Tour of Duty
Payback
Ruiz, Percell, McKay and Griner have to readjust to civilian life.

10.00 The Basement
Magazine programme.

10.30 Red Shoe Diaries
Stories of eroticism.

11.00 FILM: The Gate
Stephen Dorff, Christa Denton, Louis Tripp
Horror. A young boy discovers a gateway to hell, in his garden.

1.00am The Basement
1.30 Tour of Duty
2.30 FILM: Xtro II - The Second Encounter
Jan-Michael Vincent 1991

4.30 Red Shoe Diaries
5.00-6.00am The A-Team

7.30am Bloomberg Television
8.00 G-Force
8.30 Adventures of the Galaxy Rangers
9.00 Space Precinct
10.00 The Tomorrow People
10.30 Jupiter Moon
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon FILM: Moon Zero Two
Catherina von Schell 1969

2.00pm The Outer Limits

3.00 The Bionic Woman
Biofeedback
A cryptographer threatens to defect to the other side.

4.00 The Six Million Dollar Man
The Pioneers
A crash imbues an astronaut with powers.

5.00 Swamp Thing
Sonata
Stars Dick Durock.

5.30 Inside Space
Examining space travel.

6.00 C/Net Central
A computer magazine programme.

6.30 SF Scene
Sci-fi magazine.

7.00 Space Precinct
Protect and Survive
Futuristic police drama set on the planet Altor.

Stars Ted Shackelford.

8.00 Quantum Leap
Jimmy
Sam leaps into the life of a young, mentally handicapped man.

9.00 The Cape
The Need to Know
Tamara is barred from an investigation concerning a satellite. With Tyra Farrell.

10.00 FILM: Sleeping Dogs
C Thomas Howell, Scott McNeill, Heather Hanson, Ciara Hunter
Futuristic action adventure about a cat burglar who tries to pull off his biggest and riskiest scam yet. 1997

12midnight Sightings
1.00am The Tomorrow People
1.30 Flash Gordon - Space Soldiers
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows



12midnight The Ten Minute Free View
12.10am Adult Feature
12.20nasty and Muttley
12.45 FILM: Twisted
A bored secretary daydreams about her co-workers.

1.00 The Five Minute Free View
1.05 FILM continues
2.00 Northern Exposer
2.25 FILM: ...
Raunchy mayhem. A rampant cyborg threatens mankind.

3.55-4.00am What's On Tomorrow



11.30pm Free Teaser
11.35 Peep Show
11.45 FILM: Bad Girls: Prisoners of Love
Kobi Tai, Rebecca Wild
Erotic drama. The Bad Girls are back behind bars.

1.00am FILM: The Profession: Rules of the Game - The Sex Trade
A working girl learns her first lessons in the big city.

2.00 FILM: Hotel Pleasure
Marilyn Martyn, Anna Malle
Erotic action set at a four-star sex resort.

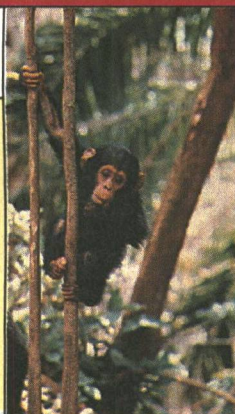
3.20-4.00am Adult Feature



12midnight Dish of the Day
12.10am Public Places
12.25 ...
Blondes in USA
1.00 Electric Blue Show
Another compilation featuring the sexiest women.

1.30 FILM: Priceless
Jenna Jameson, Misty Rain, Holly Body, Roxanne Hall
Erotic thriller. A woman experiences déjà vu when faced with a murder charge.

3.00-5.00am FILM: Alien Sex
Tara Hart, Melissa Monet
Erotic sci-fi spoof.



'Monkey Business: Among the Wild Chimpanzees': National Geographic 9.00pm



5.00pm Fifteen to One
Fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
Win big prizes.
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With Faith Brown and Michael Elphick.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15
Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
London
Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River – the McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshot



8.00pm FILM: Boat Dreams
Jeff Hixon, Tom Marcoux
A Vietnam vet joins forces with a wacky martial arts expert to build himself a home in San Francisco.
9.20 FILM: Body Count
Roger Lee, Michael Christian
Non-stop action in this film about a rookie cop from Thailand, who comes to LA in pursuit of an assassin.
10.35-12midnight FILM: Heat
Heather Hunter, Jill Kelly
Erotic drama.

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent-spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice.
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffani's Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight JennyCam
12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 The Album Show
11.30 Yankee Doodle Dan
12.30pm Movies Games Videos
1.30 Inside Hollywood
Gossip from Tinseltown.
2.30 The Album Show
Classic tracks from legendary bands.

3.30 PDQ – The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.

5.30 PDQ – The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30 American Chart Show
The latest Stateside action from across the pond.

7.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.
8.30 PDQ – The One Stop Shop
More innovative and quirky products delivered straight to your door.

9.30 PDQ – The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood
All the latest gossip and news from Tinseltown.

11.30 The Album Show
Thirty minutes of classic tracks from legendary bands.
12midnight-8.00am Local News on the hour, Album Show at half past every hour



CABLE EXCLUSIVE

2.00pm Radio Times 2.30 Style Challenge 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Dream Ticket 4.30 The Great Garden Game 5.00 The Big Trip 6.00 Radio Times 6.30 Rick Stein's Taste of the Sea 7.00 Antiques Roadshow 8.00 Travel Show Guide 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Going for a Song 10.30 Home Front 11.00 The Great Garden Game 11.30-12midnight Stefan's Garden Roadshow



5.00am Europe Today
8.00 European Money
Wheel CNBC Europe
Financial news, market updates and business stories from around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Europe à la Carte
1.30 V.I.P.
2.00 Today
Magazine with news, features, sports and interviews.

3.00 Home & Garden Television
Spencer Christian's Wine Cellar
Entertaining look at wine.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century, as covered by NBC news reporters.

5.00 European Living Flavours of France
Top chefs share their favourite dishes.
5.30 V.I.P.

6.00 Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.

7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.
8.00 NBC Super Sports
Gillette World Sport Special.

9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 The Best of Later with Conan O'Brien
Irreverent humour, music and chat.
11.00 The Ticket NBC
11.30 NBC Nightly News with Tom Brokaw
The latest world news.

12midnight The Tonight Show with Jay Leno
1.00am MSNBC
Internight 2.00 V.I.P. 2.30 Hello Austria 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News



CABLE EXCLUSIVE

6.00pm Sister Wendy's Story of Painting
6.30 The Frame
7.00 Later with Jools Holland
8.00 Anna Karenina
9.00 Q Milligan
Classic sketches.
9.30 Sounds of the Sixties
1964-6: The Beat Boom
10.00 Fortunes of War
January 1940
11.05-12midnight
Later with Jools Holland



CABLE EXCLUSIVE

12noon Travel Live
With Frank Bough and the team.
1.00pm Pathfinders
San Juans
1.30 The Flavours of France
Rouen (Normandy)
2.00 Tread the Med
Rome
2.30 Tales from the Flying Sofa
Florida Keys and Las Vegas

3.00 Railway Adventures Across Europe
3.30 Supercities
Bern

4.00 Snow Safari
La Tuque, Quebec
4.30 On the Horizon
The South of France
Travel magazine.

5.00 Pathfinders
San Juans
5.30 On Tour
Cuba
Travel magazine.

6.00 The Flavours of France
Rouen (Normandy)
6.30 Tread the Med
Rome

7.00 Travel Live
Catch up with the latest travel news, issues and get the answers to all your holiday queries.

8.00 Snow Safari
La Tuque, Quebec
8.30 Reel World
Trinidad
Holiday magazine.

9.00 Rolf's Walkabout – 20 Years Down the Track
Katherine Gorge to the Hornsby Winery
10.00 Tales from the Flying Sofa
Florida Keys
10.30 On the Horizon
The South of France
11.00 Supercities
Bern
11.30-12midnight Bruce's American Postcards



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm Hitlist UK
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Balls
6.30 Collexion
U2's Achtung Baby.
7.00 An Hour with Boyzone
8.00 Hot
9.00 Up for it
10.00 Amour
11.00 Alternative Nation
1.00am-6.00am Music Videos



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
The Man with Jade Eyes
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West
Emergency Ward.
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous US talk show with lively discussion about relationship issues.
4.10 Rolonda
You Say You're Hot, I Say You're Not
Audience participation talk show from America.

5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
With Fern Britton.

6.10 Jerry Springer Uncut
Outrageous American talk show.

7.00 Rescue 911
Real-life rescues.
7.30 Mysteries, Magic and Miracles
With Patrick Macnee.

8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.

9.00 FILM: Fire Fighter
Nancy McKeon, Vince Irizarry, Barry Corbin
True-life drama telling the story of Cindy Frelich, the woman who made history as the first female fire fighter in Los Angeles County. 1986
11.00-12midnight The Sex Files II
Spoons
Presented by Katrina Buchanan.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon Ten of the Best: The Corrs
NEW 1.00pm An Afternoon of Irish Hits **NEW 5.00 Five@Five** 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Storytellers – Elvis Costello 8.00 An Evening of Irish Hits **NEW 10.00 Chris De Burgh Live in South Africa** **NEW 11.00 The Nightfly** 12midnight Phil Lynott – The Rocker **NEW 1.00am Profile: The Chieftains** 2.00 Late Shift 6.00-7.00am Hit for Six

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



9.00am The Joy of Painting
9.30 Garden Club
10.00 Gardens Without Borders Special
10.30 The Furniture Guys
11.00 Go Fishing
11.30 Hometown
Prairie Remodel
12.00 Driving Passions
12.30pm This Old House
1.00 Yan Can Cook
Secret Ingredients
1.30 Yankee Workshop
2.00 Home Again with Bob Vila
2.30 These Four Walls
With Russell Harris.
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Bait fishing.
4.30 Disaster
Hindenberg -
The Fatal Spark
5.00 Top Marques
Lotus
The story of Lotus, the sports car manufacturers.
5.30 Terra X:
Mountain Demons
6.00 Ultimate Guide
Great Apes:
Wild Discovery
Exploring why the great apes are the nearest relatives to humans.
7.00 Beyond 2000
The latest developments and innovations in the world of technology.
7.30 Ancient Warriors
The Celts
8.00
Discover Magazine
Size and Scale
How size is significant in various aspects of our world.
9.00
Extreme Machines
Carriers
Profiling 4-wheel drive vehicles through a wide variety of terrains.
10.00 Animal Attack!: Jaws in the Med
Ian Ferguson, a 30-year-old researcher, has studied the Mediterranean shark for six years.
11.00 Strike Force: Mig 29
Charting the evolution of arguably the most advanced jet fighter in the world today.
12midnight
Nova: Aircraft Carrier
1.00am Ancient Warriors
The Celts
1.30-2.00am Beyond 2000
Innovations and developments in the world of technology.



5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 Fruitties
6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner
7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 Scooby-Doo 9.30 Blinky Bill 10.00 Fruitties 10.30 Thomas the Tank Engine 11.00 Quick Draw McGraw 11.30 Banana Splits 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons

3.00
The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Madcap fun.
4.00 Scooby-Doo
Canine sleuthing.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More superego than superhero.
5.30
Cow and Chicken
Offbeat animation.
6.00 Tom and Jerry
6.15 Road Runner
6.30 The Flintstones
Prehistoric men behaving badly - but they have big hearts in their loincloths.
7.00 Batman
More caped crusading.
7.30 The Mask
More manic antics with the green-faced master of mayhem.
8.00
The Real Adventures of Jonny Quest
Explorations with the gang.
8.30-9.00pm Droopy:
Master Detective



6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks

3.00 Jumanji
Cartoon based on the hit movie.
3.30
Doug/Angry Beavers
Animated double bill.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Superheroics.
5.00 Rugrats
Fun with the terrible tots.
5.30 Sister Sister
Twice the comedy and four times the fun.

6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm
Grace Under Fire
Sophisticated comedy starring Brett Butler.
7.30 Roseanne
War and Peace
8.00 Cybill
Comedy about a struggling actress.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cheers
Woody for Hire
9.30 Ellen
The Soft Touch
When Ellen buys a car, she suffers a lot of guilt.
10.00 Frasier
Slow Tango in South Seattle
10.30 Duckman
Award-winning, cult adult animation series.
11.00 Comedy Network
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Comedy Network
3.00 Frasier
3.30-4.00am Duckman



6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Gigantor 12noon Spirou 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon

3.00
The New Adventures of Gigantor
Robot Bird Man
3.30 The Big Dish
Children's gameshow.
4.00 Batman
The Yegg Foes In
More caped crusading.
4.30-5.00pm
Dennis the Menace
The Day TV Was Banned



CABLE EXCLUSIVE
7.00pm
Beethoven String Quartets: Opus 132
7.45 Great Arias
8.00
Boston Pops Orchestra:
Tony Bennett
Celebrity concerts with the internationally-acclaimed Boston Pops Orchestra.
9.00 Opera: The Girl of the Golden West
Puccini's great operatic Western stars Placido Domingo and Carol Neblett as the gun totin' lovers in Pierro Faggioni's marvellously realistic production. Recorded at the Royal Opera House.

12midnight-1.00am
Midnight Jazz - Jack Sheldon
Chill out through the midnight hour, with some of the world's coolest jazz sounds.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 News 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hardtalk 8.00 Europe Direct 9.00 News 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 News 2.30 USA Direct 3.00 News 3.15 BBC World News 3.30 Hardtalk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus:
5.00am This Morning 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30pm American Editions 12.30 Digital Jam 1.15 Asian Edition 1.30 Business Asia 3.00 Sport 4.30 Showbiz Today 5.00 Larry King 6.45 American Editions 7.30 World Business Today 8.30 Q & A 9.30 Insight 10.30 Sport 11.30 Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 2.30pm Parliament Live 3.30 Parliament Live 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC News Tonight 2.30 Sky Business Report 3.30 Newsmaker 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

3SAT 5.50am 7 Tage Anders
Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Österreich 9.30 Europamagazin 9.55 Talkshow 11.10 Thema 12noon Hobbythek 12.30pm Kunst und Krempel 1.00 Herzlichst Hansi Hinterseer 1.45 G'sungen und G'spielt 2.00 0 Sole Mio 3.30 Eisenbahnromantik 3.45 Weltreligionen 4.15 Reiselust 4.45 Genießen auf gut Deutsch 5.15 Bilder aus Deutschland 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Vor Lauter Feigheit Gibt es Kein Erbarmen 9.00 Zeit im Bild 2 9.25 Weiße Hochzeit 10.55 Hollywood 11.25 Seitenblicke 11.30 Nachrichtenmagazin des Schweizer Fernsehens 11.55-12.35am Kulturzeit

Deutsche Welle 5.00am Alice 5.30 The Exclusive Scientists' Club 6.00 Journal 6.30 Nahaufnahme 7.00 Journal 7.30 Boulevard Germany 8.00 Alice 8.30 The Exclusive Scientists' Club 9.00 Journal 9.30 Boulevard Deutschland 10.00 Unser Mann in Havanna 10.30 Boulevard Bio 11.30 Nahaufnahme 12noon Journal 12.30pm Alice 1.00 Boulevard Germany 1.30 The Exclusive Scientists' Club 2.00 Journal 2.30 Ratio, Raum und Raster 3.00 Bilder aus der Schweiz 4.00 Boulevard Deutschland 4.30 Europa Aktuell 5.00 Journal 5.30 Boulevard Germany 6.00 We Bring You Joy 6.30 Close-Up 7.00 Journal 7.30 Doppelpass 8.30 Europa Aktuell 9.00 Journal 9.30 Close-Up 10.00 Journal 10.30 Primer Piano 11.00 Journal 11.15 Politbarometer 11.30-12midnight Boulevard Deutschland

TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telenatin 7.00 Minutes 7.05 Journal 7.35 Questions 8.00 Minutes 8.05 Le Match 9.00 Minutes 9.05 Plaisir de Lire 9.30 Habitat 10.00 Minutes 10.05 Societe 10.30 Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal 12noon Fiction

1.30pm Telecinema 2.00 Faits Divers 3.00 Journal 3.15 Pyramide 3.45 Bus 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris 6.30 Journal 7.00 Temps 8.00 Enjeux le Point 9.00 Journal 9.30 Bouillon de Culture 10.45 Viva 11.30-12.15am Soir

ASIANET CABLE EXCLUSIVE

7.30am News 8.00 Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12.00 Kabhi Yeh Kabhi Woh 12.30pm Jung 1.00 Mouthful of Sky 1.30 FILM 4.00 Jaldi Jaldi 4.30 Music Challenge 5.00 Dasht 5.30 Music Box 6.30 Turning Point 7.00 Mouthful of Sky 7.30 News 8.00 Katha Sagar 8.30 FILM 11.30 News 12midnight Kabhi Yeh Kabhi Woh 12.30am Mouthful of Sky 1.00 Katha Sagar 1.30 FILM 4.00 Top Ten 5.30 Baajee Payal 6.00 Jaldi Jaldi 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am TAMIL FILM: Manamakala Uaa 6.30 Tamil: Kannam Poochi 7.00 Jaagran 7.30 Business 8.30 Aahaa 9.00 Endrum Cinema 9.30 Health Show 10.00 Parvatan 11.00 Shahi Dawat 11.30 Daraar 42 12noon HINDI FILM: Prem Shakti 3.00pm Hasretain 3.30 Sallaah 4.00 Hum Paanch 4.30 Jaldi 5.00 Amar Kathayen 5.30 Quiz 6.00 Banagi Apni Baat X 6.30 Pop 7.00 Hum Aagke Hain Woh 7.30 Chalo 8.00 News 8.30 Daraar 9.00 Ikke Pe Ikke 9.30 Ghoonta Aaina 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Luncheon
2.00-6.00pm Live Racing
From Sedgely and Southwell.

CMT

6.00am Rebel Country 7.00 CMT Morning 10.00 Non-Stop Country 2.00pm Global View 3.00 Non-Stop Country 6.00 Top Billing 7.00 Rebel Country 8.00 Global View 10.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel Country 1.00am Fresh Cuts 2.00am Non-Stop 5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland 4.30 Good Morning 4.45 Avanzini 5.00 Van Impe 5.30 McGuicken 6.00 Liarion 6.30 Creflo 7.00 Copeland 7.30 Kidz 8.00 Hinn 8.15 Good Morning 8.30 Dye 9.00 Ekman 9.30 Chronicles 10.00 Frangipane 10.30 Good Morning 10.45 CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE
5.30am This Week in the Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions From the House

WORLD NET

9.00am Newsfile Feed 10.00 US News and World Events 11.00 Business News 11.30 Worldnet Dialogue 2.30-3.00pm Science World/Sports Machine

LANDSCAPE CABLE EXCLUSIVE

Beautiful films accompanied by music 24 hours a day



4.00pm Airborne: Under Eastern Skies
5.00 The Moguls: In the Gardens of Delight
This first programme includes the story of Emperor Akbar, a great Mogul, who built the magnificent city of Fatepur-Sikri.
6.00 Ancient Mysteries: Hidden Cities of the Etruscans
7.00-8.00pm
Biography: Gloria Swanson
Biography of the Sunset Boulevard star.



11.00am Take the High Road
11.30 Emmerdale
12.00 Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
Fiona tells Elizabeth about her plans for Archie.
2.30 Take the High Road
3.00 Emmerdale
Amos Brearly gets a nasty shock from a visiting journalist.
3.30-4.00pm Emmerdale
Rural Yorkshire soap.



11.00am Video Trips
11.30 Globetrotter
12.00 Way of Life
12.30pm Getaway
1.00 Great Escape
1.30 Was It Good for You? Jamaica
2.00 American Vacation Central Mexico
3.00 Globetrotter Texas, Egypt and Alaska
3.30-4.00pm
Around the World Iceland and Capri



News throughout the day, plus:
5.00am Europe Today 6.00 European Moneywheel 1.00pm US Squawk Box 3.00 US Market Wrap 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Money 8.30 Directions 9.00 US Market Wrap 10.00 Media 10.30 Future 11.00 Money 11.30 Directions 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 3.30 Future File 4.00 Money 4.30-5.00am Directions

Up to £1,000 at your disposal

With Direct Cash, you will have a permanent, personal 'cash reserve' to use whenever you need a little extra money. It's entirely up to you how you spend it and there are flexible repayment terms to suit your pocket.



At last! A reassuring way of coping with unexpected expenses

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It can happen any time – unexpected expenses for which you need extra cash – those difficult moments in life for which you can't plan. That is why there is nothing more useful than a special cash reserve to draw upon at such times. With Direct Cash, you can spend up to £1,000, whenever you want for whatever you need!

Cash to spend on whatever you want

The £1,000 is entirely yours to spend on whatever you want. You don't have to tell us you want it to

buy a computer, go on holidays or finance a wedding reception – we don't need to know. Once your application form has been approved, just call us and we'll transfer the money directly to your bank account.

Repayment to suit your pocket

Monthly Repayments are made over any period you choose. We only ask that you pay a minimum of £50 each month, but you can make quick extra repayments at any time. The choice is always yours. What's more, as you repay us your cash reserve builds back up to re-use again!

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To receive full information, with no obligation whatsoever, simply contact us today on Freephone 0800 038 0123 or return the coupon below.

- Once your Direct Cash reserve has been accepted, one simple telephone call and Cofidis will transfer up to £1,000 to your bank account.
- Fast, simple and discreet service
- Repayments over a period that suits you (£50 minimum monthly payment)
- Use the cash for whatever you please
- No unnecessary correspondence or confusing paperwork.
- Direct Cash service has enjoyed more than 15 years of satisfied customers in Europe
- Free offer, with no obligation

Direct Cash made simple (APR 19.5%)

Amount used	Nothing	£200	£400	£600	£800	£1,000
Cash reserve still available	£1,000	£800	£600	£400	£200	£0
Min. Monthly repayment	Nothing	£50	£50	£50	£50	£50
Total repayment	Nothing	£208	£429	£667	£922	£1,198

Why use Direct Cash?

Even wealthy people need a cash reserve at their disposal. A bill arriving at a bad time – that happens to everybody.

With Direct Cash, you can buy that wardrobe even when this month is not really the best time. You can buy that computer even when the car needs to go to the garage – with Direct Cash you can relax and do both. In short, we can help you to do immediately what you might have had to put off till later. And we do it all without any fuss!



Your Guarantee

5 Reasons why Cofidis has more than 4 million customers.

Jennifer Connors, Customer Services Manager

1. RELIABLE

Cofidis has been offering credit reserves throughout Europe since 1982, and more than 4,000,000 people have already taken advantage of this simple solution.

2. SIMPLE

If, for whatever reason, you require a specific amount of money at your disposal, you only need to call our freephone number to receive – £200, £500, £1,000 in one or several transfers. The amount you request is immediately transferred to your bank account for you to use freely.

3. QUICK

As soon as you call us, you can be sure that the amount requested will be transferred within 48 hours. A fast service to remedy your urgent needs.

4. CHEAP

With Direct Cash, you only pay interest on the amount you have actually used. There

are never any administration charges or fees to open the reserve. If you draw nothing, you will not pay anything, along with the reassurance of having £1,000 at your disposal at any time.

5. FLEXIBLE

You can use your cash reserve for as long as you want and as often as you want. Even if you haven't fully paid back the amount borrowed, you can still use Direct Cash for the available amount. Direct Cash is a very flexible and very simple credit formula.

I hope to be able to count you very soon as one of our many satisfied customers.

✓ Connors

Jennifer Connors

APR 19.5% since March 1997. Cofidis reserves the right to refuse any application for Direct Cash. Before granting credit, we may search the files of one or more credit reference agencies which keep a record of that search. We may also disclose details about your conduct of the account to that credit reference agency (or agency). Information thus held is used only to help make credit decisions affecting you or members of your household, or occasionally for fraud prevention or tracing debtors.

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quote reference 02CG1

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☐ Yes, I would like to receive full details of Direct Cash

Mr ☐ Mrs ☐ Ms ☐ Miss ☐ Dr ☐

First Name(s) _____

Surname _____

Address _____

Postcode _____

Tel No. (inc STD code) _____



98 02CG1

A written quotation is available on request

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



6.00am Agatha Christie's Murder with Mirrors
1985, rating Sky PG, 89 mins

7.30 Outrage!
Legal drama. 1986, rating Sky PG, 94 mins

9.30 Gold Diggers: The Secret of Bear Mountain
1995, rating Sky PG, 91 mins

11.00 High Stakes
Gambling drama. 1997, rating Sky PG, 90 mins

1.00pm The Toy
Richard Pryor, Ned Beatty 1983, rating Sky PG, 98 mins

3.00 Imaginary Crimes
Harvey Keitel, Fairuza Balk, Elizabeth Moss Drama. A widowed man, who is also a petty criminal, attempts to raise his two daughters. While he is up to his neck in trouble with a thug-like investor, one daughter is developing an attraction for her new English teacher. **Last Play** 1994, rating Sky PG, 101 mins

5.00 Gold Diggers: The Secret of Bear Mountain
Christina Ricci, Anna Chlumsky, Diana Scarwid, David Keith

Family adventure. Two girls attempt to find buried treasure, said to be located in nearby Bear Mountain. However, a family associate seeks the gold for himself. 1995, rating Sky PG, 91 mins

7.00 High Stakes
Cynthia Gibb, Robin Thomas, Howard Hesseman

Fact-based drama. A woman radio reporter with a compulsive personality becomes addicted to gambling after leaving her big city newsroom and moving to a small town with her husband. 1997, rating Sky PG, 90 mins

9.00 Kingpin
Woody Harrelson, Randy Quaid, Vanessa Angel, Bill Murray

Comedy. A bowling supplies salesman, who was once a professional bowler, meets an Amish man who is a promising talent. He attempts to win him over and lead him to the national glory that always eluded him. 1996, 110 mins

11.00 Alien Nation: Millennium
Gary Graham, Terri Treas

Sci-fi adventure. An ancient relic spells disaster. 1996, rating Sky 12, 87 mins

12.35am Losing Isaiah
Jessica Lange, Halle Berry

Racial custody drama. 1995, rating Sky 15, 102 mins

2.25 Farinelli - Il Castrato
Biopic. **Widescreen** 1994, rating Sky 15, 106 mins

4.15-6.00am Outrage!
Robert Preston, Beau Bridges

1986, rating Sky PG, 94 mins



6.00am Margie
Romantic musical. 1946, rating Sky U, 90 mins

8.00 The Foxes of Harrow
Period drama. 1947, rating Sky PG, 114 mins

10.00 The Judge Steps Out
Comedy. 1949, rating Sky PG, 88 mins

12noon Unfaithfully Yours
Rex Harrison, Linda Darnell

Screwball comedy. 1948, rating Sky PG, 101 mins

2.00pm Foreign Correspondent
Joel McCrea, Laraine Day

Alfred Hitchcock thriller. An American journalist becomes caught up in Nazi spy rings while in Europe during World War II. 1940, rating Sky PG, 116 mins

4.00 The Foxes of Harrow
Maureen O'Hara, Rex Harrison, Richard Haydn, Victor McLaglen

Period drama. A man deserts his wife to go in search of a more prosperous life in 1820s New Orleans. 1947, rating Sky PG, 114 mins

5.55 Horses and Champions
Quincy Davis, Christopher Pettiet, Wendy Rhoads, Timothy Bottoms

Equine drama. A stable girl from a poor family harbours a dream of becoming a horse-riding champion. When the current champion is forced to withdraw, she is given her chance. 1994, rating Sky U, 91 mins

7.30 E! News
Week in Review

Hollywood reports.

8.00 Heart of Fire
Patrick Duffy, Steve Jacobs, Troy Winbush, Kerry Armstrong

Drama. A courageous firefighter blames himself for the suicide of a partner and, unable to cope with the demands of his family, deserts them. However, when a young girl is caught in a colossal fire, his life changes. 1996, 96 mins

10.00 The Crossing Guard
Jack Nicholson, Anjelica Huston, Robin Wright, David Morse

PREMIERE Drama. A father plans to avenge his daughter's death when the drunken driver who killed her in an accident six years previously is released from prison. However, his plans leave his ex-wife cold. 1995, rating Sky 15, 115 mins

12midnight Bad Boys
Action comedy. **Text** 1995, rating Sky 18, 114 mins

2.00am Serial Killer
Serial killer thriller. 1996, rating Sky 18, 91 mins

3.35 Beer
1985, rating Sky 15, 79 mins

5.00-6.30am Mootrek
1984, rating Sky U, 79 mins



'Farinelli - Il Castrato' is based on the life of Farinelli (Stefano Dionisi), who achieved fame as a castrato opera singer in the 18th century: Sky Movies Screen 1 2.25am



4.00pm Fort Apache
Henry Fonda, John Wayne, Shirley Temple, Ward Bond, Victor McLaglen

John Ford's acclaimed Western. A level-headed deputy watches while a gung-ho cavalry commander's troops are badly defeated in a bloody battle with the local Indians. 1948, rating Sky U, 123 mins

6.00 Earth Girls Are Easy
Geena Davis, Jeff Goldblum, Jim Carrey, Damon Wayans

Julian Temple's wild and wacky comedy musical. When three furry aliens crash into a young Californian woman's swimming pool, she takes them under her wing. 1989, rating Sky PG, 95 mins

8.00 The 'Burbus
Tom Hanks, Bruce Dern, Carrie Fisher, Corey Feldman

Comedy satire on the American way of life and attitudes. A typical suburban husband becomes obsessed with finding out the secret of his mysterious new neighbours during his week off work. 1989, rating Sky PG, 97 mins

10.00 Another 48 Hours
Nick Nolte, Eddie Murphy

Thriller sequel. After a detective is suspended from duty, he realises he must team up with his abrasive former partner. 1990, rating Sky 18, 91 mins

11.40 Force 10 from Navarone
Harrison Ford, Robert Shaw, Edward Fox

War drama sequel. 1978, rating Sky 15, 121 mins

1.45am Good Morning... And Goodbye
Russ Meyer comedy. 1967, rating Sky 18, 79 mins

3.10-4.40am Viridiana
Francisco Rabal, Silvia Pinal

Satirical drama. **Widescreen** 1961, rating Sky 15, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all

Sky PG: Parental Guidance suggested

Sky 12: Suitable for viewers aged 12 years and over

Sky 15: Suitable for viewing by people of 15 years or over

Sky 18: Suitable for viewing by adults only

Text: film is subtitled on page 888 of Fastext

Widescreen: shown in cinema (letterbox) format



9.00pm Love Me or Leave Me
Doris Day, James Cagney, Cameron Mitchell, Robert Keith

Musical biopic of Ruth Etting. A gangster takes an interest in a dance-hall singer and secures her a job in a chorus line. Her increasingly successful career is soured by his obsessive, unrequited love. 1955, 122 mins

11.15 The Champ
Wallace Beery, Jackie Cooper, Irene Rich

A former boxing champion finds his relationship with his son is threatened by his ex-wife. 1931, 85 mins

12.45am Savage Messiah
Scott Antony, Dorothy Tutin, Helen Mirren, Peter Vaughn

Poignant emotional period drama. 1972, 100 mins

2.30-4.45am Love Me or Leave Me
Doris Day, James Cagney

Musical. 1955, 122 mins



7.00am Street Sharks
7.30 Games World

7.45 The Simpsons **Text**

8.15 The Oprah Winfrey Show
9.00 Hotel

10.00 Another World
11.00 Days of Our Lives

12noon Married... With Children **Text**

12.30pm M*A*S*H **Text**

1.00 Geraldo
Secrets of The Titanic

2.00 Sally Jessy Raphael
I Survived in Spite of It All!

3.00 Jenny Jones
My Daughter Is Being Harassed at School

Talking to teens who are being harassed by their schoolmates because of their looks.

4.00 The Oprah Winfrey Show
Oprah Winfrey, the undisputed Queen of chat, takes a revealing look at life and relationships.

5.00 Star Trek: The Next Generation
Future Imperfect

Riker's team is overcome by methane gas when they investigate signals from a lifeless planet.

6.00 Dream Team
It is the day of the big match for Harchester, but will they avoid relegation?

6.30 Married... With Children
Raising Girl **Text**

7.00 The Simpsons
Lisa's Sax

Lisa becomes the owner of a saxophone. **Text**

7.30 Real TV
Actual video footage of real-life events.

8.00 Space Island One
The Third Man

Sci-fi drama. Desperate circumstances on board a stricken mining vessel result in cannibalism.

9.00 The Outer Limits
Resurrection

Two androids may have found the ability to clone humans from a single human hair. Stars Dana Ashbrook.

10.00 Millennium
Goodbye Charlie

A former doctor assists the terminally ill by helping them commit suicide - but is this mercy or murder?

11.00 Star Trek: The Next Generation
Future Imperfect

Riker's team is overcome by methane gas when they investigate signals from a lifeless planet.

12midnight Late Show with David Letterman
1.00am Raven

Heat

On a remote island road, Jonathon meets a mysterious woman who warns him that a charitable hospital clinic is a front for sinister activities.

2.00-6.00am Long Play



7.00am Never the Twain
7.35 Neighbours

8.00 Crossroads
8.25 EastEnders

9.00 The Bill
9.30 Howards' Way

10.00 Shelley
10.30 The Sullivans

11.00 Casualty
12noon Crossroads

12.25pm Neighbours
12.55 EastEnders

1.30 Sykes
2.05 Whoops Baghdad

2.45 Stay Lucky
The Food of Love

Drama series with Dennis Waterman, Jan Francis and Amanda Burton

3.45 The Bill
Hard Cases

Stars Simon Rouse.

4.15 Juliet Bravo
Expectations

Jean helps an inexperienced young woman police constable who finds herself in a difficult situation.

5.20 EastEnders
Another vintage episode from Albert Square.

Stars Susan Tully and Leslie Grantham.

5.55 Big Break
Jim Davidson hosts the gameshow which features top snooker players potting on behalf of contestants.

6.30 The Bill
Hard Cases

Stars Simon Rouse.

7.00 Dad's Army
A Wilson (Manager)?

Sgt Wilson appears to be in line for promotion.

7.40 Rising Damp
Charisma

Rigsby is given tablets to calm his nerves. Stars Leonard Rossiter and Frances De La Tour.

8.20 Only Fools and Horses
Cash and Curry

Stars David Jason.

9.00 Fawlty Towers
The Builders

Basil decides to have structural alterations made to the hotel.

9.40 Blackadder Goes Forth
Plan C: Major Star

Comedy starring Rowan Atkinson.

10.20 Between the Lines
Big Boy's Rules - Part I

Tony Clark's investigation leads him to his former boss. Stars Neil Pearson, Tom Georgeson and Francesca Annis.

11.25 Naked Video
Fast-moving, irreverent comedy.

12midnight Spitting Image
12.30am The Equalizer

The Lock Box

With guest Adam Ant.

1.15 The Equalizer
Lady Cop

With guest Karen Young.

2.05-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am
Tomorrow's World Plus
8.00 The Savage Paradise
9.00 Watergate
10.00 Pandora's Box
11.00 From A to B - Tales of Modern Motoring
12noon
The Savage Paradise
1.00pm Watergate
Scapegoat
2.00 Animal Hospital
2.30 Out of This World

3.00 Clive James - Postcard from Miami
Clive James sets out to discover Miami and meets two of the city's famous residents, Don Johnson and Gloria Estefan.

4.00 Top Gear GTi
Jeremy Clarkson and the team present a specially extended edition of their show, featuring extra information, interviews and consumer tips.

5.00 Hot Gadgets
Jean-Michel Jarre talks about his top gadgets.

5.30 Pioneers
Saving Babies
A former pediatrician looks back at her career.

6.00 Animal Hospital
With Rolf Harris.

6.30
Out of This World
Featuring a psychic who offers medical diagnoses without seeing the patient.

7.00
The Savage Paradise
Year of the Jackal
Focus on a pair of golden jackals in the Serengeti, as they struggle to bring up their pups.

8.00 Watergate
Massacre
The story of the Saturday Night Massacre, when President Nixon staged a dramatic confrontation with the forces of justice.

9.00 Hotel
Behind the scenes at the Adelphi Hotel in Liverpool.

9.30 Airport
A fear-of-flying course is arranged for staff who are scared of flying.

10.00 Disaster
The little-known Goiania incident became the worst radiation contamination event since Chernobyl.

10.30 Clive James - Postcard from Chicago
Clive takes a look at the USA's best-kept secret, Chicago, and discovers there is more to it than memories of Al Capone.

11.30 Traces of Guilt
The Verdict
A series focusing on how forensic science is both used and misused in the fight against crime.

12.30am-1.00am Great Mysteries and Myths
The Hindenburg Mystery

6.00am Healthbeat **6.30**
Your Beautiful Garden
7.00 David Emanuel
Fashion **7.30** Eat, Drink and Be Healthy **8.00** David Emanuel's Makeover **9.00**
Sally Jessy Raphael **10.00**
Bon Appetit **10.30** Classic Interiors **11.00** Garden Question Time **12noon**
Sew Perfect **12.30pm**
Ready to Wear **1.00** Bon Appetit **1.30** Classic Interiors **2.00** David Emanuel's Makeover

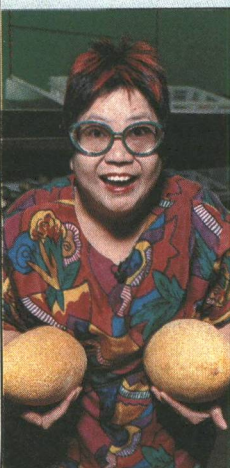
3.00 Bon Appetit
Advice on the best and easiest French dishes to impress dinner guests.

3.30 Classic Interiors
Timeless tips for decorating the home.

4.00

Sally Jessy Raphael
More controversial topics and emotional discussions with Sally Jessy and her audience.

5.00-6.00pm Garden Club Question Time
Gardening advice from the green-fingered experts.



There's Eastern promise in 'Nancy Lam's Wok Wiz':
Cartoon Food Network
3.00pm

SEE SKYTEXT
PAGE 288
TO PAY OFF LOANS
& CREDIT CARDS

9.9% APR VARIABLE
LOANS OF £20,000 & OVER
11.4% APR VARIABLE
LOANS OF £10,000 & OVER
12.4% APR VARIABLE
LOANS UNDER £10,000
Typical example: if you borrow £5,000 at 12.4% APR secured on your home over 10 years, you will make 120 payments of £71.22 per month, giving a total repayment of £8,546.40, reduced on early settlement.
Your home is at risk if you do not keep up repayments on a mortgage of other loans secured on it, all loans subject to status.

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6.00am The Box
7.00 E! Entertainment
7.30
Classic Coronation Street
8.00 Blind Date
9.00 First Among Equals
10.00 Fortune Hunter
11.00 Hawaii Five-0
Three Dead Cows at Makapu
12noon
Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah

3.00 London's Burning
The Blackwall station seems in danger of closure when the crew hears a rumour that the Brigade is planning to build a new station.

4.00 Hawaii Five-0
Three Dead Cows at Makapu
Five-0 has 12 hours to find a test tube filled with the deadly Q Strain.

5.00
Mission: Impossible
The Fixer
The team must stop a blackmailer who has caused the deaths of many government officials.

6.00 Families
John tries to have a quiet chat with Sue.

6.30 Classic Coronation Street
Bet points the finger at Ivy about the pictures.

7.00
Wheeltappers and Shunters Social Club
Featuring performances from Bernard Manning and Frank Carson.

7.30 Uefa Champions League
This month, top teams from each European country meet to do battle, as the European Cup reaches the quarter-finals stage. Granada Plus will be showing a selected match from the second leg.

10.00-11.00pm
Mission: Impossible

men & motors

11.00pm H.O.T.
Late night entertainment show featuring quirky guests, live music, comedy and chat.

11.50
Lord Lust's Lovelies

12.10am
The Vinnie Jones Show
Football fanzine show.

1.00 E! Gossip
1.30 E! Mysteries and Scandals
Thelma Todd
2.00-6.00am The Box
Non-stop music all night.

6.00am Under the Umbrella Tree **6.30** Jungle Cubs **7.00**
Recess **7.30** Pepper Ann **8.00**
Brand Spanking New Doug
8.30 Timon and Pumbaa **9.00**
Aladdin **9.30** Quack Pack
10.00 Amazing Animals **10.30**
Sesame Street **11.30** Winnie the Pooh **11.45** Poddington Peas **11.50** Alphabet Castle
12noon Little Hippo **12.15pm**
Animal Shelf **12.30** Rosie and Jim **12.45** Toothbrush Family
12.50 Bear in the Big Blue House **1.15** Winnie the Pooh
1.30 Rescue Rangers **2.00**
Goof Troop **2.30** Jungle Cubs

3.00
Timon and Pumbaa
The crazy characters from *The Lion King*.

3.30 Brand Spanking New Doug
Doug's in Debt

4.00 Pepper Ann
Pepper Ann copes with the perils and pitfalls of teenage life.

4.30 Recess
From the creators of *Rugrats*.

5.00 Smart Guy
Being a smart guy causes problems for 10-year-old TJ.

5.30 Student Bodies
Animation and real-life in an entertaining mix.

6.00 Teen Angel
Adventures of Marty, the guardian angel.

6.30 Boy Meets World
Turkey Day
Cory and Shawn organise Thanksgiving.

7.00 FILM:
Ronnie and Julie
Teri Garr, Joshua Jackson, Margot Finley
A latter-day version of Shakespeare's famous love story, *Romeo and Juliet*, brought up to date with the young lovers as high school students. 1996

8.35
The Wonder Years
Kevin looks back to his Sixties suburban youth.

9.00-10.00pm
Touched by an Angel
Monica is a thoroughly modern angel, who inspires people to change their lives before it's too late.

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CABLE EXCLUSIVE

9.00am Food Network
Daily **9.30** Food for Thought **10.00** Feasts of the World **10.30** What's Cooking? **11.00** Worrall Thompson Cooks **11.30**
Graham Kerr's Kitchen
12noon Food Network
Daily **12.30pm** A Year at Ballymaloe **1.00** Food for Thought **1.30** From the Ground Up **2.00** Chez Bruno **2.30** Food Network

3.00
Nancy Lam's Wok Wiz
Chinese, Thai and Malay food.

3.30
Worrall Thompson Cooks
4.00
A Taste of the Caribbean
4.30-5.00pm So You Think You Can't Cook

4.30-5.00pm So You Think You Can't Cook

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FILM

The Crossing Guard
Sky Movies Screen 2
10.00pm

Jack Nicholson and Anjelica Huston star in a thriller about a father who plans to avenge his daughter's death at the hands of a drunken driver. Freddy Gale (Nicholson) has become an alcoholic obsessed with the loss of his daughter, while ex-wife Mary (Huston) fears the worst when the killer is released from jail. Directed by Sean Penn, Jack puts in a powerful performance as he finds he has more in common with the killer than he bargained for.

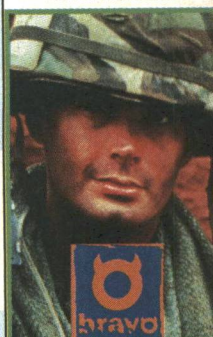
SPORT

European Cup Football - LIVE
Granada Plus 7.30pm

It's time for the second leg of the quarter-finals in the most prestigious of the three European tournaments. Manchester United represent England and tonight we're guaranteed to see a battle royal from one of the four games, which also feature reigning champions Borussia Dortmund and Italian giants Juventus.

Wednesday continues overleaf...

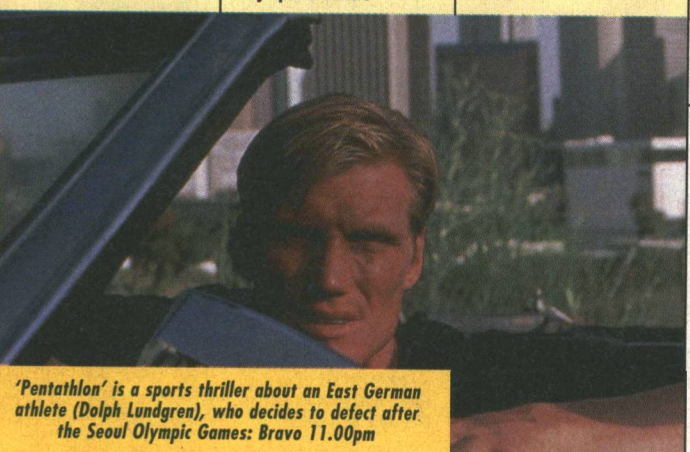
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TOUR OF DUTY
9.00PM

Vietnam, 1967: This pilot episode sees Sgt Anderson (Terence Knox) meet the platoon's new leader Lt Goldman (Stephen Caffrey). After initial differences, the two depend on each other for their very survival when their camp comes under attack.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

					
7.30am Nordic Combined Skiing 9.00 Fun Sports 9.30 Sandboarding 10.00 Football 11.30 Tennis 12noon Equestrianism 1.00pm Triathlon The race includes a 2.4 mile swim, a 112 mile bike race and a 26.2 mile run. The competitors have 17 hours to finish the race. 2.30 Skysurfing From Lugano, Switzerland. 3.00 Roller Skating Action from the second stage of the ultimate In-Line Challenge in Orlando, USA. 4.00 Motorsports Coverage of Nascar, Dragsters, Indy Light, and Indoor Trial World Cup from Vienna and Madrid. 5.00 Football Highlights from the quarter-final stage of the Uefa Cup.	7.00am Sky Sports Centre 7.30 World Wrestling Federation – Live Wire 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 The Footballers' Football Show 11.00 Euro Tour Golf: Sahara Cup 12noon Aerobics Oz Style 12.30pm Ford Cup Special: FA Cup 6th Round Replay 2.30 Pro Beach Soccer Coverage from Montenegro. 3.30 Tartan Extra John Leslie presents the action from Scotland's Premier League. 4.00 The Footballers' Football Show Football discussions hosted by Marcus Buckland. 5.00 World Wrestling Federation – Shotgun Challenge Hosted by Kevin Kelly and James E Cornette. 6.00 Sky Sports Centre Sports news service. 6.30 Futbol Mundial Global football. 7.00 Trans World Sport Global sports magazine.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV 9.30 Squash: Super Series 10.30 Table Tennis: Qatar Open 11.30 Rebel Sports 12noon LGPA Golf: Circle K Championship Coverage from the Randolph Park Golf Course in Tucson, Arizona. 2.00pm Golf Extra A comprehensive roundup of the key developments on the golfing circuit, including features on the major players and the tournaments in which they will star. 5.00 Snooker: Dr Martens Premier League Pot by pot coverage of the latest snooker action.	12noon World Wrestling Federation – Shotgun Challenge Catch up on the previous week's action and find out what to expect in the days ahead. 1.00pm Fish TV The very latest top tips from the essential angling guide. 2.00 Superbouts: Pedroza v Laporte The memorable 1982 meeting between Eusebio Pedroza and Juan Laporte. 3.00 Olympic Destinies Highlights of the Olympic Winter Games. 3.30 Sports Unlimited A mixture of serious and off-the-wall footage. 4.30 Watersports World A comprehensive guide to the best water action. 5.30 Euro Tour Golf: Sahara Cup Action from the Sahara Cup staged at the Royal D'Agadir Golf Club in Morocco. 6.30 European Tour Weekly Golf profiles and features. 7.00 Fish TV More useful tips and advice from the angler's favourite series.	12noon Swan's Crossing 12.30pm Sweat 1.00 Echo Point 1.30 Heartbreak High Hard-hitting drama series about life at a Sydney inner-city high school. 2.00 Saved by the Bell House Party US schoolroom sitcom. Screech's parents go out of town leaving the house free. 2.30 Swan's Crossing Following the lives and intrigues of teenagers. 3.00 Blast The chart show. 3.30 Heartbreak High Drama about life at a Sydney high school. 4.00 Hollyoaks Post-GCSE drama. 4.30 Saved by the Bell Jessie's Song 5.00 USA High Once upon a Headmaster 5.30 Sweat Teenage drama following of a group of athletes. 6.00 Echo Point 6.30 Blast Chart show. 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Mysterious Two 1987 2.00pm The Outer Limits 3.00 The Bionic Woman Doomsday Is Tomorrow Jaime is pitted against a sophisticated computer. 4.00 The Six Million Dollar Man Pilot Error A temporarily blind Steve must land a small plane. 5.00 Swamp Thing Dead and Married A married couple are in limbo about their life. 5.30 Inside Space 6.00 C/Net Central Computer magazine programme. 6.30 The New Edge Science magazine. 7.00 Space Precinct The Snake Brogan and Haldane end up on a space tanker with four hidden bombs. 8.00 Quantum Leap So Help Me God Sam returns to 1957 Louisiana and enters the body of a lawyer. 9.00 The Cape The Accusation Reggie's chances of going into space are threatened. 10.00 FILM: Downdraft Vincent Spano, Kate Vernon, Paul Koslo Set in the near future, a mad doctor plans to use a super computer to start a third world war. Can the team sent to foil his plan save the world? 1996 12midnight Sightings 1.00am Space Angel 1.30 Ray Bradbury Theatre 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows
7.00 Extreme Sports Bike, blade and board action from the USA, featuring bicycle stunts, and skateboarding. 8.00 Darts American darts action from the 5th leg of the European Grand Prix in Gelsenkirchen, Germany. 9.00 Trickshot Coverage of the opening stages of the World Championship in Antwerp, Belgium.	8.00 Countdown to the Super League Eddie Hemmings and Mike Stephenson preview the forthcoming Super League season, the third of its kind. Plus the best of the action from the Challenge Cup competition. 10.00 Sky Sports Centre Sports news service. 10.30 Snooker: Dr Martens Premier League Action from the Dr Martens Premier Snooker League, being staged at the home of Rushden at the Diamond Centre in Northamptonshire. 12.30am Sky Sports Centre 1.00 Countdown to the Super League 3.00-3.30am Sky Sports Centre	10.30 European Tour Weekly A comprehensive golfing review and a look ahead. 11.00 Futbol Mundial Football from around the world. 11.30 Trans World Sport 12.30am European Tour Weekly 1.00 Sky Sports Centre 1.30-2.30am Watersports World A comprehensive guide to the best action on the water.	8.00 Sport USA All of the latest news, views and developments from the American sports scene. 9.30 Ski Prime Slalom advice. 10.00 Cue Masters: Hendry v Henry The 1995 British Open. 10.30-11.30pm Dickie Davies' Sporting Heroes: Virginia Wade An in-depth one-to-one interview with veteran tennis star Virginia Wade, who won the ladies' singles title at Wimbledon in 1977.	8.00pm The A-Team Waste 'Em The gang move in against a chemical company that is dumping toxic waste. 9.00 Tour of Duty Zeke arrives back at camp with a bunch of raw recruits and a new leader, Lt Goldman. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Jake's Story 11.00 FILM: Pentathlon Dolph Lundgren Sports thriller about an athlete who decides to defect. 1993 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: The Gate Stephen Dorff Teenage tale of terror. 1987 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	
12midnight-12.30am Diving Action from the 1997 Red Bull Cliff Diving World Championships in Brontallo, Switzerland.					
					
'Pentathlon' is a sports thriller about an East German athlete (Dolph Lundgren), who decides to defect after the Seoul Olympic Games: Bravo 11.00pm			12midnight Free View 12.10am Bedtime Stories 12.20 FILM: The Kiss Jenna is determined to get what she wants. 1.00 Free View 1.05 FILM continues 1.30 FILM: Angel Baby Christian Angel Angel gets her break in the entertainment industry. 2.40 FILM: Portrait of Dorie Gray An evil portrait watches the sexual excesses of its master. 3.55-4.00am What's on Tomorrow	11.30pm Free Teaser 11.35 Peep Show 11.45 Sex Guides: Hamburg and Dusseldorf 12.20am FILM: Hollywood Turnabout Channone, Stephanie Swift A sexually frustrated writer finds an unusual computer disk. 1.35 FILM: Damien's Seed Matthew Sullivan A private detective infiltrates a Satanic cult. 3.10-4.00am Women of Colour: Club Secrets	12midnight Dish of the Day 12.10am Electric Blue Erotic magazine. 1.10 FILM: Lust Audition Claudine Ferrara Film producers audition girls for their next feature. 2.20 FILM: Rebel Cheerleaders JR Carrington, Dallas D'Amour Three cheerleaders take on the cheerleaders from an opposing team. 3.30-4.00am Bikini Beach Erotic mini series.

L!VETV

CHANNEL ONE
TELEVISION

NBC

travel
TV THAT TAKES YOU THERE

living

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.

3.30 Love Story

3.45 Dial-a-Doc

4.00

Living Room Legends

Talent-spotting.

4.30 Judge Judy

5.00 Agony

Relationship advice for troubled souls.

5.30 Sport LIVE

Magazine programme.

6.00

The Fashion Show

6.30 Bunny Bingo

6.45

What's in the Box

Psychic investigations.

7.30 Agony

Relationship advice.

7.59 Big City Tips

8.00 Lie Detector

Unmasking deception.

8.30 Judge Judy

8.59 Tiffani's Big City Tips

9.00

Brits on the Piste

9.30

The Fashion Show

9.59 Big City Tips

10.00 Topless Darts

Shapely dart throwing.

10.02 Sport LIVE

10.30 The Sex Show

Erotic discussions.

11.00 Big City Tips

11.01 Topless Darts

Shapely dart throwing.

11.02 Exotica Erotica

11.30 Exotica Erotica

12midnight Jennycam

12.15am Private Dancer 12.30

Pleasure Dome 1.00 Exotica

Exotica 2.00 Brits on the Piste

2.30 The Sex Show 3.00

Exotica Erotica 4.00 The

Fashion Show 4.30 Agony

5.00 Lie Detector

5.30 Dial-a-Doc

5.45-6.00am Nation LIVE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:

10.30am The Album Show
11.30 Yankee Doodle Dan
12.30pm Cybernet

1.30

Cinema Cinema Cinema

An in-depth look at the latest news from Hollywood.

2.30 The Album Show

Classic long-players by much-loved rock bands.

3.30 PDQ - The

One Stop Shop

Innovative and quirky products delivered straight to your door.

4.30 Cybernet

The latest news from the fascinating world of computers and the internet.

5.30 PDQ - The

One Stop Shop

Shop till you drop without hassle from the comfort of your sofa.

6.30 Cinema

Cinema Cinema

An in-depth look at the latest news from Hollywood.

7.30 Cybernet

The latest news from the fascinating world of computers and the internet.

8.30 PDQ - The

One Stop Shop

Shop till you drop without hassle from the comfort of your sofa.

9.30 PDQ - The

One Stop Shop

Shop till you drop without hassle from the comfort of your sofa.

10.30 Cinema

Cinema Cinema

An in-depth look at the latest news from Hollywood.

11.30

The Album Show

Classic long-players from legendary bands.

12midnight-8.00am

Local News on the hour, Album Show at half past every hour

5.00am Europe Today

8.00 European Money

Wheel CNBC Europe

Live financial news, market updates and breaking business stories from offices and households around Europe.

11.00 Internight

12noon Time and Again

1.00pm European Living

Flavours of France

1.30 V.I.P.

2.00 Today

Current affairs magazine.

3.00 Home &

Garden Television

The Art and Practice of Gardening/

Awesome Interiors

4.00 Time and Again

Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC.

5.00 European Living

Travel Xpress

A culinary journey.

5.30 V.I.P.

Celebrity chat.

6.00

Europe Tonight Live

6.30 The Ticket NBC

Entertainment guide with Kristiane Backer.

7.00 Dateline NBC

Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.

8.00 NBC Super Sports

European PGA Golf action from the Moroccan Open.

9.00 The Tonight

Show with Jay Leno

Jay Leno presents top celebrities, musical guests and comedians.

10.00 Late Night

with Conan O'Brien

Conan O'Brien hosts his own chat show featuring celebrity guests.

11.00 The Ticket NBC

Entertainment guide.

11.30

NBC Nightly News

with Tom Brokaw

12midnight The Tonight

Show with Jay Leno

1.00am Internight 2.00

V.I.P. 2.30 Europe à la

Carte 3.00 The Ticket NBC

3.30 European Living

4.00-5.00am The News

with Brian Williams

CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's programme with Frank Bough and the team.

1.00pm A Golfer's Travels

Thailand

1.30 Floyd on Oz

Sydney

2.00 Tread the Med

The Highlights

2.30 The Great Escape

Gwallior and Toy Train Journey

3.00

A Fork in the Road

Malta

3.30 Worldwide Guide

Egypt

4.00 Ribbons of Steel

The Last Stand

4.30

The Flavours of France

Rouen (Normandy)

5.00 A Golfer's Travels

Thailand

5.30

Railway Adventures

Across Europe

6.00 Floyd on Oz

Sydney

6.30 Tread the Med

The Highlights

7.00 Travel Live

Judi Spiers fields your questions and challenges the experts with all your holiday problems.

8.00 Pathfinders

San Juans

8.30 On Tour

Cuba

Check out the hot spots.

9.00 Grainger's World

Towards the Golden Triangle

Greg takes us on a journey through South East Asia.

10.00

The Great Escape

10.30

A Fork in the Road

Malta

11.00

Worldwide Guide

Egypt

11.30-12midnight

Ridge Riders

6.00am Tiny Living

9.00 Ready, Steady, Cook

9.35 Hart to Hart

10.30 The Young

and the Restless

11.20 Brookside

11.50 Jimmy's

12.20pm Diet Show

12.50 Animal Rescue

1.25 Adrenalin Junkies

Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations.

2.20 Living it Up!

3.20 The Jerry

Springer Show

Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.

4.10 Tempestt

Entertaining talk show with Tempestt Bledsoe.

5.00 The Heat Is On

Presented by Keith Chegwin.

5.30

Ready, Steady, Cook

Hosted by Fern Britton.

6.10

Jerry Springer Uncut

Outrageous and lively American talk show.

7.00 Rescue 911

Real-life rescues.

7.30 Mysteries,

Magic and Miracles

With Patrick Macnee.

8.00 Murder Call

Drama about a detective with a curious mind and knack of solving crime-related puzzles.

9.00 FILM:

Evidence of Love

Barbara Hershey, Brian Dennehy, John Terry

Melodrama about a tragedy which befalls a Texas community when the local Bible school teacher begins an affair with a married man. 1990

11.00-12midnight

The Sex Files II

Yawning

The interesting and imaginative side of sex.

CABLE CHECK

SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

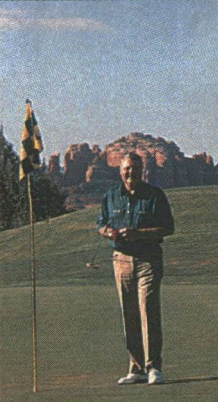
9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



Peter Alliss in Thailand for 'A Golfer's Travels': Travel 1.00pm, 5.00pm



5.00pm Fifteen to One
Hosted by William G Stewart.

5.30 Prize Time
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.

6.20 Prize Time
Win big prizes.

6.30 Catchphrase
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
Charades game with Michael Parkinson.

8.00 All Clued Up
Quiz show presented by David Hamilton.

8.30 Whittle
Hosted by Tim Vine.

9.00 Prize Time
9.15
Sale of the Century
With Keith Chegwin.

9.45 Prize Time
10.00 Treasure Hunt
Guernsey
Contestants battle against the clock to guide Anneka Rice to hidden treasure.

11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided.

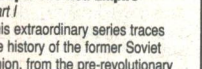
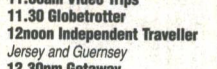
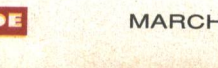
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshop



NATIONAL GEOGRAPHIC CHANNEL

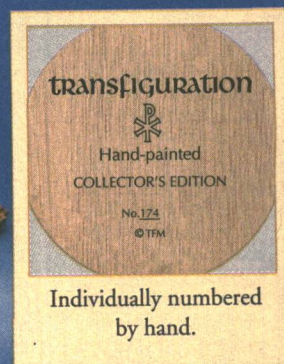
8.00pm
FILM: Where's Willie?
Guy Madison, Henry Darrow, Kate Woodville, Marc Gilpin
Comedy. When a bright boy reveals his latest invention to the folks in his small town

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

 9.00am The Joy of Painting 9.30 Garden Club 10.00 Gardens Without Borders Special 10.30 The Furniture Guys 11.00 Go Fishing 11.30 Hometime <i>Prairie Remodel</i> 12.00pm Wheel Nuts 12.30pm This Old House with Steve and Norm 1.00 Yan Can Cook <i>Saucy Creations</i> 1.30 New Yankee Workshop <i>Tail Pine Clock</i> 2.00 Home Again with Bob Vila 2.30 These Four Walls 3.00 Two's Country 3.30-4.00pm This Old House	 5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Lab 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Huckleberry Hound 11.30 Perils of Penelope Pitstop 12.00 Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons	 6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark 12.00pm Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks	 6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Gigantor 12.00pm Spirou 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon	BBC NEWS 24 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12.00 News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12.00 News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct	3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Changer 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Pulsations 8.00 Au Nom de la Loi 8.55 Meteo 9.00 Journal 9.30 Cinema 11.30-12.00am Soir 3 et Meteo
 4.00pm Rex Hunt's Fishing Adventures Rex catches threadfin, salmon and barramundi. 4.30 Disaster <i>Death Sentence</i> 5.00 Top Marques <i>Mercedes Benz</i> A look at the oldest motoring marque. 5.30 Terra X: <i>Before Columbus</i> 6.00 The Harem of an Ethiopian Baboon The lives and loves of the Gelada baboons, perched on the cliffs of southern Ethiopia. 7.00 Beyond 2000 New developments in the world of science and technology are profiled. 7.30 Ancient Warriors <i>The Aztecs</i> 8.00 Ghosthunters <i>Possession</i> Can voodoo possession really be substantiated? 8.30 The Quest <i>Flight 427's Fatal Flaw</i> 9.00 <i>Visitors from Space</i> The Unexplained People 'abducted' by UFOs describe their traumatic experiences. 10.00 Animal Attack!: Crocodile Hunters Crocodile hunter Steve Irwin traps and relocates rogue crocs using only his bare hands. 11.00 Best of British MG A profile of this great British marque. 12.00am Victor - Last of the 'V' Force <i>The Aztecs</i> 1.30-2.00am Beyond 2000 A look at a telephone with a built-in lie detector.	3.00 The Addams Family More unhealthy fun with America's weirdest family. 3.30 Beetlejuice Supernatural fun. 4.00 Scooby-Doo Canine capers. 4.30 Dexter's Laboratory Chemical chaos with the bedroom professor. 5.00 Johnny Bravo More fun with the superhero with the ego problem. 5.30 Cow and Chicken Madcap antics. 6.00 Tom and Jerry Madcap antics with the sparring cat and mouse. 6.15 Road Runner 6.30 The Flintstones Prehistoric fun. 7.00 Batman Caped crusading capers. 7.30 The Mask More manic antics with the green-faced master of mayhem. 8.00 The Real Adventures of Jonny Quest 8.30-9.00pm Droopy: Master Detective Lacronic humour.	3.00 Jumanji Series based on the board-game movie. 3.30 Doug/Angry Beavers Furry fun in a two-for-one. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star Superheroic fun. 5.00 Rugrats Fun with the tousle-headed nippers with the over-fertile imaginations. 5.30 Sister Sister More sibling rivalry. 6.00 Renford Rejects 6.30-7.00pm Kenan	3.00 The New Adventures of Gigantor <i>Phantom Robot</i> 3.30 The Big Dish Children's gameshow. 4.00 Batman <i>Hizzonner the Penguin</i> 4.30-5.00pm Dennis the Menace <i>Hair Today, Gone Tomorrow</i>	CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 12.30pm Your Health 1.15 Asian 1.30 Business Asia 2.30 Newsroom 3.30 Sport 4.30 Your Health 5.00 Larry King 6.45 American 7.30 Business 8.30 Q & A 9.30 Insight 10.00 Update 10.30 Sport 12.30am Moneyline 1.15 Asian 1.30 Q & A 2.00 Larry King 4.30-5.00am World Report	ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Good Morning News 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12.00am Zamana Badal Gaya Paltan 1.30 FILM 4.30 Take 2 5.00 Doosra Aasman 6.00 Community Focus 6.30 Asianet Aur Aap 7.00 Paltan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12.00am Asianet Aur Aap 12.30am Paltan 1.00 Shanti 1.30 FILM 4.00 Hello Bombay 4.30 Songs 5.00 Music Challenge 5.30 Star Show 6.30 News 6.45 Business Plus 7.00-7.30am First Edition
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 4.00pm The Red Empire Part I This extraordinary series traces the history of the former Soviet Union, from the pre-revolutionary days of the Tsar to the rise of Mikhail Gorbachev. 5.00 Century: Metropolis 6.00 Ancient Mysteries: Miraculous Canals of Venice 7.00-8.00pm Biography <i>Gerontimo - The Last Renegade</i> A profile of the leader of the Chiricahua Apache Indians.	 11.00am Take the High Road Fiona tells Elizabeth about her plans for Archie. 11.30 Emmerdale Jack Sugden and Matt Skilbeck deliver the piano to the Woolpack. 12.00 Emmerdale 12.30pm As the World Turns 1.15 Families Jackie meets Neil for the first time. 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale 3.30-4.00pm Emmerdale	 11.00am Video Trips 11.30 Globetrotter Jersey and Guernsey 12.30pm Getaway 1.00 Great Escapes Italy and Lake District 1.30 Caribbean Vacation The Bahamas and Abacos 2.00 American Vacation The US Virgin Islands 3.00 Globetrotter 3.30-4.00pm Holiday Reflections	 News throughout the day, plus: 5.00am Europe Today 8.00 Europe Money 1.00pm Squawk 3.00 US Market 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Your Money 8.30 Style Cafe 9.00 US Market 10.00 Media 10.30 Future File 11.00 Your Money 11.30 Style 12.00am Asian Squawk 1.00am Trading Day 3.00 Media 3.30 Future File 4.00 Money 4.30-5.00am Style Cafe	INTERNATIONAL 3SAT 5.00am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Deutschland 10.30 Nachbarn 10.00 Sternstunde Philosophie 11.00 Tagebuch 12.15pm ML Mona Lisa 11.55am Gesundheitstip 12.00am Reiseleut 9.15 Genießen auf Gut Deutsch 1.00pm Haste Töne 1.45 100 Grad 2.45 Pur 3.00 Die Reportage 3.45 Der Luchs 4.15 Unterwegs 4.45 Aufgebahrt in Österreich 5.10 Kostbarkeiten 5.15 Bilder aus der Schweiz 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Drei Länder 8.30 Fremde Kinder 9.00 Zeit im Bild 9.25 Offen 11.05 Seitenblicke 11.10 Nachrichtenmagazin 11.40-1.00am Kulturzeit Deutsche Welle 5.00am We Bring You Joy 5.30 Close-Up 6.00 Journal 6.30 Ratio, Raum und Raster 7.00 Journal 7.30 Boulevard Germany 8.00 We Bring You Joy 8.30 Close-Up 9.00 Journal 9.30 Boulevard Deutschland 10.00 Europa Aktuell 10.30 Doppelpass 11.30 Ratio, Raum und Raster 12.00 Journal 12.30pm We Bring You Joy 1.00 Boulevard Germany 1.30 Close-Up 2.00 Journal 2.30 Hans Kollhoff 3.00 Bilder aus Österreich 4.00 Boulevard Deutschland 4.30 Kunst und Co 5.00 Journal 5.30 Boulevard Germany 6.00 European Journal 6.30 Culture on Tour 7.00 Journal 7.30 Bilder 8.30 Kunst und Co 9.00 Journal 9.30 Culture on Tour 10.00 Journal 10.30 El ZDF Reportage 11.00 Journal 11.15 Expo 2000 11.30-12.00am Boulevard	CMT 6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.30pm Fresh Cuts 3.00 Showcase 3.30 Non-Stop 6.00 Top Billing 7.00 Rebel Country 8.00 Non-Stop 8.30 Fresh Cuts 9.00 Showcase 9.30 Non-Stop 11.00 Top Billing 12.00am Rebel 1.00am Wildhorse 2.00 Non-Stop 5.00-6.00am Top Billing
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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Dangerous Curves
Tate Donovan, Grant Heslov
1987, rating Sky PG, 89 mins
8.00

Pee-wee's Big Adventure
Paul Reubens, Mark Holton
1985, rating Sky PG, 88 mins
10.00

Phenomenon
John Travolta
Touching drama. **Text** 1996,
rating Sky PG, 118 mins

12.30pm Robin and the Seven Hoods
Frank Sinatra, Dean Martin
1964, rating Sky U, 117 mins

3.00 Topaz
Frederick Stafford, John Forsythe, John Vernon, Dany Robbin, Karin Dor, Michel Piccoli, Philippe Noiret, Claude Jade

Hitchcock thriller in which a French intelligence agent joins forces with CIA officials to get his hands on information about Russian involvement in Cuban politics. 1969, rating Sky PG, 120 mins

5.00 Pee-wee's Big Adventure
Paul Reubens, Elizabeth Daily, Diane Salinger, Mark Holton

Madcap comedy which resembles a live action cartoon. The story focuses on Pee-wee Herman, a child-like adult who embarks on a bizarre quest to find his stolen bicycle. 1985, rating Sky PG, 88 mins

7.00 Sgt. Bilko
Steve Martin, Dan Aykroyd, Phil Headly, Glenne Hartman, Comedy, based on the popular TV series, about a sergeant in the US army who somehow manages to cheat the system and still be a great leader, even though he spends much of his time gambling. **Text** 1996, rating Sky PG, 91 mins

9.00 Phenomenon - Preview
9.05 Phenomenon

John Travolta, Kyra Sedgwick, Forest Whitaker, Robert Duvall

Touching drama about a garage mechanic whose brain capacity suddenly increases markedly after what may have been an encounter with an alien spacecraft. **Text** 1996, rating Sky PG, 118 mins

11.05 The Grotesque
Alan Bates, Theresa Russell, Lena Headey

Mystery thriller. A butler and his wife bring sinister changes into the household of an eccentric aristocrat. 1995, rating Sky 18, 94 mins

12.45am Murderous Intent
Lesley Ann Warren

1995, rating Sky 12, 88 mins

2.15 Star 80
Mariel Hemingway

Biopic. 1983, 104 mins

4.05-5.45am Fall Time
1995, rating Sky 18, 85 mins

6.20am Sons and Lovers
1960, rating Sky PG, 99 mins
8.00

Black Feather
Todd Beadle, Amy Wiegart
1995, rating Sky U, 90 mins

10.00 Sullivan's Travels
Joel McCrea, Veronica Lake
1941, rating Sky PG, 87 mins

12noon Old Man
Jeanne Tripplehorn

Period drama in which a group of prisoners are asked to help battle a savage flood. 1997, rating Sky PG, 91 mins

1.45pm Hell to Eternity
Jeffrey Hunter, Vic Damone, David Janssen, Patricia Owens

World War II drama about a boy who was brought up in a Japanese foster family. 1960, 132 mins

4.00 Black Feather
Todd Beadle, Amy Wiegart, Roxanne Hegemann, Laura Tyson

Children's adventure about a girl's relationship with a young raven. The two become the best of friends, but Melissa's father is determined that the bird is a pest which must be destroyed. **Last Play** 1995, rating Sky U, 90 mins

6.00 Old Man
Jeanne Tripplehorn, Arliss Howard, Jerry Leggio, Leo Burmester

Period drama in which a group of prisoners are asked to help battle a flood along the banks of the Mississippi River in 1927. Based on the story by William Faulkner. 1997, rating Sky PG, 91 mins

7.40 US Top Ten
The most popular films.

8.00 In the Line of Duty: Blaze of Glory
Lori Loughlin, Bruce Campbell, Brad Whitford

PREMIERE Action drama. Jeff and Jill Erickson are two of the FBI's most wanted criminals. They carry out daring bank raids and yet seem like innocent characters. Jill is a university student while Jeff, an ex-cop, runs a book shop. 1996, 94 mins

10.00 Screemers
Peter Weller, Roy Dupois, Jennifer Rubin

Sci-fi horror. A colonel, setting out in search of peace on a distant planet, has to cross a wasteland where the deadliest threat comes from a remarkable weapon which he helped to create. 1996, rating Sky 18, 104 mins

11.50 A Woman Scorned
Andrew Stevens

Erotic thriller. 1993, rating Sky 18, 103 mins

1.40am Criminal Passion
1995, rating Sky 15, 86 mins

3.15 The Viking Sagas
1995, rating Sky 15, 79 mins

4.40-5.50am Sherlock Holmes: A Study in Scarlet
1984, rating Sky U, 50 mins



The scheming 'Sgt. Bilko' (Steve Martin) and his fellow soldiers receive a dressing down from Colonel Hall (Dan Aykroyd): Sky Movies Screen 1 7.00pm



4.00pm Sex and the Single Girl
Lauren Bacall, Tony Curtis, Henry Fonda, Natalie Wood

Comedy. A magazine editor romantically pursues a psychologist. The snag is that he works for an 'adult' magazine, and she proves less than responsive to his advances... 1964, rating Sky PG, 109 mins

6.00 The Adventures of Baron Munchausen
John Neville, Eric Idle, Sarah Polley, Uma Thurman, Oliver Reed

Terry Gilliam's epic fantasy about the unbelievable adventures of the ageing Baron Munchausen. With the aid of his friends, he travels to the moon and to the centre of the Earth 1989, rating Sky PG, 120 mins

8.00 Ferris Bueller's Day Off
Matthew Broderick, Mia Sara, Jennifer Grey, Jeffrey Jones, Cindy Pickett

Crazy comedy about a teen who decides to play truant from school and embarks on a series of madcap adventures. Directed by John Hughes. The film inspired a TV series. 1989, 102 mins

10.00 True Romance
Christian Slater, Patricia Arquette, Dennis Hopper, Val Kilmer, Gary Oldman

Thriller about a shop assistant who is plunged into an exciting and dangerous world after an encounter with a beautiful hooker named Alabama, who comes into possession of \$5 million of cocaine. 1993, rating Sky 18, 113 mins

12midnight Tequila Sunrise
1988, rating Sky 15, 111 mins

1.55am Rowing with the Wind
1987, rating Sky 15, 90 mins

3.30-5.30am The Adventures of Baron Munchausen
1989, rating Sky PG, 120 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested

Sky 12: Suitable for viewers aged 12 years and over

Sky 15: Suitable for viewing by people of 15 years or over

Sky 18: Suitable for viewing by adults only

Text: film is subtitled on page 888 of Fastext

Widescreen: shown in cinema (letterbox) format



9.00pm Spymaker: The Secret Life of Ian Fleming
Jason Connery, Kristin Scott Thomas, Joss Ackland, Patricia Hodge

Entertaining dramatisation of exploits from the early years of the author of the James Bond novels, whose colourful adventures provided much of the raw material for his books. 1991, 100 mins

11.00 Brainstorm
Christopher Walken

Sci-fi thriller about research scientists who achieve a breakthrough in their experiments with a device that can interface with the human brain. 1983, 106 mins

1.00am The Secret of My Success
James Booth, Shirley Jones

Comedy. 1965, 112 mins

3.00-5.00am Spymaker: The Secret Life of Ian Fleming
Biopic. 1991, 100 mins

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons **Text**

8.15 The Oprah Winfrey Show
9.00 Hotel

10.00 Another World
11.00 Days of Our Lives

12noon Married... With Children **Text**
12.30pm M*A*S*H **Text**

1.00 Geraldo
Pregnant Junkies

2.00 Sally Jessy Raphael
I Want to Find My Family

3.00 Jenny Jones
Too Young to Die: Women with Eating Disorders - Part I

Jenny talks to women who suffer from eating disorders.

4.00 The Oprah Winfrey Show
Another real-life issue is put under scrutiny by Oprah Winfrey and her guests.

5.00 Star Trek: The Next Generation
Final Mission

Picard informs Wesley that a position has become available for him at Starfleet Academy.

6.00 The Live 6 Show
Presented by Jenny Powell and Richard Orford.

6.30 Married... With Children
The Agony of De Feet **Text**

7.00 The Simpsons
Bart Star

Homer becomes coach of the Springfield Pee Wee Football team. **Text**

7.30 Real TV
Reality series.

8.00 Suddenly Susan
It's A Mad, Mad, Mad, Maddy World **Text**

8.30 Seinfeld
The Package

Jerry's stereo is broken and Kramer offers to help.

9.00 Friends
The One with Phoebe's Uterus

9.30 Mad About You
Money Changes Everything

Ira's ex-wife returns. **Text**

10.00 ER
Top-rating medical drama starring George Clooney, Anthony Edwards and Noah Wyle.

11.00 Star Trek: The Next Generation
Final Mission

Picard informs Wesley that a position has become available for him at Starfleet Academy.

7.00am Never the Twain
7.35 Neighbours 8.00

Crossroads 8.25
EastEnders 9.00 The Bill

9.30 Howards' Way

10.00 Shelley

10.30 The Sullivans

11.00 Casualty

12noon Crossroads

12.25pm Neighbours

12.55 EastEnders

1.30 Sykes

2.05

Ever Decreasing Circles
2.45 Stay Lucky

Hard Times, Hard Men

Thomas pits his instinct against Sally's intellect.

3.45 The Bill
The Protection Racket

Conway orders the release of a prisoner, who is then beaten up.

4.15 Juliet Bravo
Homegrown or Imported

Violence erupts when an outsider decides to open a country club in Hartley, and Sergeant Beck takes sides with Jean against two visiting detectives.

5.20 EastEnders
More drama with the folk of Albert Square.

5.55 Big Break
Jim Davidson hosts the gameshow which features top snooker players.

6.30 The Bill
The Protection Racket

Conway orders the release of a prisoner, who is then beaten up.

7.00 FILM: Bless This House
Sidney James, Diana Coupland, Terry Scott, June Whitfield, Peter Butterworth

Spin-off from the popular comedy series. The Abbot family gets off to a bad start with their new next-door neighbours when they fall foul of the pompous husband and wife. 1972

9.00 Bugs
Manna From Heaven

A new wonder food, cheap to produce and nutritious, is set to take the world by storm - but a rival firm wants to stop its launch.

10.05 Minder
National Pelmet

Arthur tries to offload some pottery figures on an antiques dealer with a passion for racing.

11.10 Live at Jongleurs
Stand-up comedy from the London venue.

11.40 Three of a Kind
Eighties comedy with Lenny Henry.

12.15am FILM: Deathline
Donald Pleasence, Norman Rossington, Christopher Lee

Horror in which passengers on the London Underground are cannibalised. 1973

1.45 The Equalizer
The Confirmation Day

2.35-7.00am

Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 The Savage Paradise
9.00 Watergate
10.00
Tomorrow's World Plus
11.00 From A to B -
Tales of Modern Motoring
12noon
The Savage Paradise
1.00pm Watergate
Scapegoat
2.00 Animal Hospital
2.30 Out of This World
3.00 Clive James -
Postcard from Chicago
 Clive discovers that there is more to America's best-kept secret, Chicago, than memories of gangster Al Capone.
4.00 Doctors to Be
Trial by Interview
 Examining what leads people to aim for careers in medicine, focusing on the tension of the selection process.
5.00
Out of This World
 A pilot talks about his encounter with an unknown aircraft.
5.30 The Contenders
Tools of the Trade
6.00 Animal Hospital
 Colin Price meets a cat called Fluff with dandruff.
6.30
Out of This World
 Evidence to reveal if premonitions come true.
7.00
Spirit of the Jaguar
The Fifth World of the Aztec
 A profile of the legendary Aztec people of ancient Mexico.
8.00 Watergate
Impeachment
 Nixon fought to the last. It was only when the White House voted to impeach him that Nixon finally agreed to go.
9.00
Children's Hospital -
Special Edition
 Featuring some of the most moving and funny real-life drama from Alder Hey Children's Hospital.
10.00 Great Mysteries and Myths
What Happened Aboard Apollo 13?
10.30
Clive James: Postcard from Los Angeles
 Clive James ventures to the entertainment capital, where he meets Dudley Moore and Kirstie Alley.
11.30 Pioneers
An Affair of the Heart
 The cardiac revolution.
12midnight The Limit
Largest Plane
 Robbie Coltrane tells how construction boundaries have been pushed to new limits.
12.30am-1.00am Great Mysteries and Myths
Who Was Anastasia?

6.00am Healthbeat 6.30
Beautiful Garden 7.00
David Emanuel 7.30 *Eat, Drink and Be Healthy* 8.00
World on a Plate 8.30
Fiona Fullerton 9.00 **Sally Jessy Raphael** 10.00
The Orient 10.30 **British Food** 11.00
Beautiful Home 11.30
Beautiful Garden 12noon
Sew Perfect 12.30pm
Ready to Wear 1.00
Bon Appetit 1.30
Interiors 2.00
World on a Plate 2.30
Fiona Fullerton

3.00
Flavours of the Orient
 Asian cooking with Rani King and Chandra Khan.
3.30
Great British Food
 With Charles Metcalfe.
4.00
Sally Jessy Raphael
 Another controversial debate in the studio with Sally Jessy Raphael.

5.00 The Beautiful Home Show
 Tips for interior design.
5.30-6.00pm
Your Beautiful Garden
 Green fingered advice from the experts.



A fine romance: Diana Hardcastle and Jimmy Mulville in 'That's Love':
 Carlton Select 8.30pm

6.00am The Box
7.00 E! Entertainment
7.30
Classic Coronation Street
8.00 Blind Date
9.00 First Among Equals
10.00 Fortune Hunter
11.00 Hawaii Five-O
Kiss the Queen Goodbye
12noon
Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah

3.00 London's Burning
 Colin is about to discover whether he will keep his job. Bayleaf is worried about the letter he's received from Karen's solicitor.
4.00 Hawaii Five-O
Kiss the Queen Goodbye
 A high-voltage jewel thief in the guise of a socialite sets out to steal a treasured gem belonging to Hawaiian royalty.

5.00
Mission: Impossible
 The IMF team must stop an ex-spy who is about to manufacture chemical weapons for sale to terrorist organisations.

6.00 Families
 There is trouble between Corrie and Justine.
6.30 Classic Coronation Street
 Mavis tells the police about her mystery phone calls.

7.00 Doctor at Large
Mother and Father Doing Well
 Medical comedy.

7.30
Bootsie and Snudge
The Second World War

8.00 London's Burning
 Colin is about to discover whether he will keep his job. Bayleaf is worried about the letter he's received from Karen's solicitor.

9.00 Classic Coronation Street
 Mavis tells the police about her mystery phone calls.

9.30 Stand Up
 Alternative comedy with Steve Coogan.

10.00-11.00pm
Mission: Impossible

men & motors

11.00pm
Motor Week

A report from the Geneva International Motor Show.
11.30 4 Wheels Good
 Richard Warren reviews the Jaguar Marquee.

12midnight Rally World
 A round-up of the best rallying action from locations around the globe.

12.30am
Through the Gears
1.00 The E! True Hollywood Story
Marvin Gaye
2.00-6.00am The Box

6.00am Under the Umbrella Tree 6.30
Jungle Cubs 7.00
Recess 7.30
Pepper Ann 8.00
Brand Spanking New Doug 8.30
Timon and Pumbaa 9.00
Aladdin 9.30
Quack Pack 10.00
Amazing Animals 10.30
Sesame Street 11.30
Winnie the Pooh 11.45
Puddington 12noon
Little Hippo 12.15pm
Animal Shelf 12.30
Rosie and Jim 12.45
Toothbrush Family 12.50
Bear in the Big Blue House 1.15
Winnie the Pooh 1.30
Rescue Rangers 2.00
Goof Troop 2.30
Jungle Cubs

3.00
Timon and Pumbaa
 Those crazy characters from *The Lion King*.
3.30 Brand Spanking New Doug
Doug's Bloody Buddy
4.00 Pepper Ann
 Pepper Ann copes with the perils and pitfalls of teenage life.
4.30 Recess
 From the creators of *Rugrats*.

5.00 Smart Guy
 T.J. deals with the problems being a 10-year-old smart guy causes him.

5.30 Student Bodies
 Animation and real-life in an entertaining mix.

6.00 Teen Angel
 The adventures of Buzz, the Guardian Angel.

6.30 Boy Meets World
An Affair To Forget
 Shawn's girlfriend doesn't want him to see Cory.

7.00 FILM: Johnny Mysto, Boy Wizard
Toran Caudell, Russ Tamblyn, Patrick Renna
 Family fantasy in which Johnny Mysto dreams of being a great magician.

The only problem is that he isn't very good at magic. That is, until a magician gives him Merlin's magical ring. 1996
8.30
The Wonder Years
9.00-10.00pm
Touched by an Angel
 Monica is a thoroughly modern angel, who inspires people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top 130 weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 **Food for Thought** 10.00 **Who's Cooking Dinner?** 10.30
What's Cooking? 11.00
Worrall Thompson Cooks 11.30
Graham Kerr's Kitchen 12noon
Food Network Daily 12.30pm
Winter Nosh 1.00
Food for Thought 1.30
Ideal Home Cooks 2.00
Perfect Pasta 2.30
Food Network Daily 3.00
A Year at Ballymaloe 3.30
Worrall Thompson Cooks 4.00
From the Ground Up 4.30-5.00pm
Chez Bruno
 A gastronomic tour through France with leading chef Bruno Loubet.



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the general knowledge quiz.
5.30 Hey Dad II
Just Call Me Akela!
 Ben offers to help at one of Arthur's scout events.
6.00 Byker Grove
 A Roman coin and a piece of pottery are found, causing great excitement.

6.30
A Country Practice
Stirring the Possum
7.00 London Bridge
 Diane catches the girl gang outside the shop and calls the police.
7.30 Get Back
Can't Buy Me Love
 Comedy series.

8.00 Desmond's
A Matter of Life and Death
 Barbershop comedy.

8.30 That's Love
 Patsy throws a dinner party to meet Donald's girlfriend.

9.00 A Woman's Guide to Adultery
 Jo's past threatens to catch up with her as she runs for Parliament, while Paul has some surprising news for Rose.

10.00 Auf Wiedersehen, Pet
The Lovers
 Oz falls in love with a German girl, but their romance is fraught with danger.

11.00 St Elsewhere
12midnight Once in a Lifetime
12.30am-1.00am
Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Kirks Folly fashion jewellery at 9.00am

FILM

The Dance Goes On
 HVC 8.00pm

The value of land to a family's history and tradition is explored in this premiere. A young heir apparent inherits a plot from his uncle and has a simple plan to sell it for lots of profit. But when he visits the land with his father, he comes to appreciate his family and what the seemingly innocuous patch of ground means to them.

GENERAL

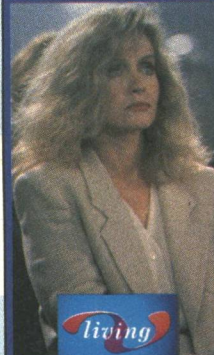
Style Challenge
 UK Style

2.30pm, 9.30pm

This is a fascinating programme for me - take a man or woman straight off the street, or even a celebrity, and give them a complete fashion and make-up makeover. The results are often either hilarious or eye-bogglingly radical. It makes me want to throw out my wardrobe and employ a personal make-up artist before I ever leave the house again!

Thursday continues overleaf...

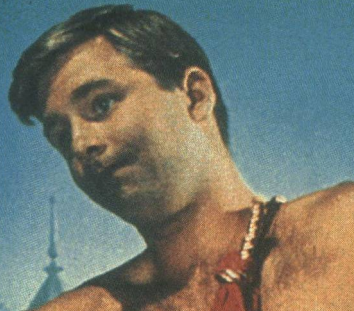
ADVERTISEMENT

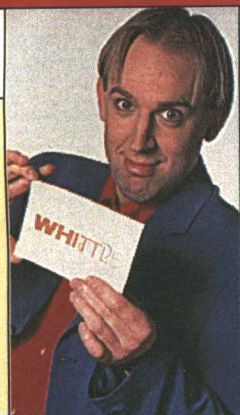


MY NAME IS KATE
 9.00PM

Starring Donna Mills and Daniel J Travanti, this film follows the story of a successful career woman and her battle against the alcoholism that threatens to ruin her life.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

						
7.30am Extreme Sports 8.30 Windsurfing 9.00 Fun Sports 9.30 Snowboard 10.00 Skate Boarding Coverage of the Skateboarding World Cup held at Wembley. 10.30 Tractor Pulling 11.30 Motorsports 1.00pm Snowboard 1.30 Freestyle Skiing A season review of the FIS World Cup. 2.00 Mountain Bike Coverage of the Mountain Bike Trophy in Paris-Bercy. 3.30 All Sports Coverage of Snocross World Series event. 4.00 Tractor Pulling Coverage of the European Championships in Erkelenz-Holzweiler, Germany. 5.00 Truck Racing A review of the 1997 season. 6.00 Motorcycling Offroad magazine. 7.00 Trial Coverage of the 9th Trial Masters held in Paris-Bercy. Last year the winner was Britain's Doug Lampkin ahead of Spain's Marc Colomer. 8.30 Boxing A chance to see a recent top bout. 9.30 Football Coverage of the second leg of the quarter-finals of the European Cup Winners' Cup. The teams left are Chelsea, Vicence, Roda JC Kerkrade, VfB Stuttgart, Slavia Prague, Lokomotiv Moscow, AEK Athens and Real Betis. 11.30-12.30am Motorsports Motors magazine.	7.00am Sky Sports Centre 7.30 World Wrestling Federation – Shotgun Challenge 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Countdown to the Super League A look at the best of the action from the Challenge Cup quarter-finals. 12noon Aerobics Oz Style 12.30pm Euro Tour Weekly 1.00 Euro Tour Golf: Portuguese Open – LIVE Action from the Portuguese Open at Aroeira, Lisbon, where the Swede Michael Tonzon will be defending his title. 5.00pm World Wrestling Federation – Superstars With Kevin Kelly and James E Cornette. 6.00 Sky Sports Centre The premier sports news service. 6.30 Football League Review 7.00 Euro Tour Golf: Portuguese Open Another chance to see coverage of the Portuguese Open from Aroeira, Lisbon, where the Swede Michael Tonzon will be defending his title. 10.00 Sky Sports Centre The very latest news from the world of sport. 10.30 Ringside Enjoy comprehensive, punch-by-punch coverage. 11.30 Formula Three Fast-track coverage. 12midnight Sky Sports Centre 12.30am Football League Review 1.00 Spanish Football 3.00 Ringside 4.00-4.30am Sky Sports Centre	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV: Fishing Tales 9.00 Golf Extra A comprehensive roundup of the key developments on the golfing circuit. 12noon Snooker: Dr Martens Premier League Action from the Diamond Centre in Northamptonshire. 2.00pm Countdown to the Super League Eddie Hemmings and Mike Stephenson preview the forthcoming Super League season, the third of its kind. Also featuring some of the best action from the Challenge Cup competition. 4.00 Trans World Sport 5.00 Inside the PGA Tour 5.30 Football League Review Nationwide League focus. 6.00 Ski Prime Behind the scenes with skiing addicts. 6.30 Inside the PGA Tour 7.00 Sky Sports Centre The very latest news and views from the world of sport. 7.30 International Cricket: South Africa v Sri Lanka Opening day highlights of the first Test between South Africa and Sri Lanka, as the tourists attempt to prove that they are not simply a limited overs side, but a force in the Test arena too. 10.00 Ford Golf USA: Bay Hill Invitational Coverage from the Bay Hill Club in Orlando, Florida. The venue is owned by golfing legend Arnold Palmer who hosts the event which was won last year by Phil Mickelson. 12midnight The Rugby Club 1.00am World of Sailing 1.30 Sky Sports Centre 2.00-4.30am International Cricket: South Africa v Sri Lanka	12noon World Wrestling Federation – Superstars Featuring matches recorded live from arenas throughout North America. 1.00pm Fish TV Reel in the very latest top angling tips. 2.00 Cue Masters: Hendry v Henry Stephen Hendry goes head-to-head with Drew Henry in the 1995 British Open. 2.30 Dickie Davies' Sporting Heroes: Virginia Wade An in-depth one-to-one interview with former tennis star Virginia Wade. 3.30 Ski Prime 4.00 Sport USA All of the latest news, views and developments from the American sports scene. 5.30 Futbol Mundial Football from around the world. 6.00 World of Sailing International sailing competition. 6.30 Formula Three Fast-track coverage. 7.00 The Rugby Club Stuart Barnes and Dewi Morris preview and review the latest action. With Mark Durden-Smith. 8.00 Spanish Football The pick of the action from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents compete for the Spanish title. 10.00-11.30pm Bobby Charlton's Football Scrapbook Former WBA star Tony Brown joins Bobby Charlton and Dickie Davies to look back at some of the key matches in his career.	12noon Swan's Crossing 12.30pm Sweat 1.00 Echo Point Hard-hitting drama series about the students and teachers at a Sydney inner-city high school. 2.00 Saved by the Bell <i>Jessie's Song</i> Jessie becomes hooked on caffeine pills to keep up with all of her activities. 2.30 Swan's Crossing Action romance series. 3.00 It's in the Jeans <i>Pottery</i> 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama series. 4.00 Hollyoaks Post-GCSE drama. 4.30 Saved by the Bell <i>Mystery Weekend</i> 5.00 USA High <i>Headmaster Winnie</i> 5.30 Sweat The fortunes of a group of talented athletes. 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks  8.00pm The A-Team <i>Bounty</i> Mad Murdock is kidnapped by a band of cut-throat bounty hunters. 9.00 Tour of Duty <i>Notes from the Underground</i> Taylor is captured by the North Vietnamese army. 10.00 The Basement Men's magazine programme with Ed Hall. 10.30 Red Shoe Diaries 11.00 FILM: Fear No Evil <i>Stefan Arngren, Elizabeth Hoffman, Frank Birney</i> Fantasy horror. 1981 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: Pentathlon Sports thriller. 1993 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Village of the Giants <i>Tommy Kirk 1965</i> 1.30pm Ray Bradbury Theatre 2.00 The Outer Limits 3.00 The Bionic Woman <i>Doomsday Is Tomorrow</i> Jaime's bionic limb is damaged. 4.00 The Six Million Dollar Man <i>The Pal-Mir Escort</i> Steve escorts a dying prime minister to hospital. 5.00 Swamp Thing <i>Special Request</i> 5.30 Inside Space The fact and fantasy of space travel. 6.00 C/Net Central All that's new in the world of computers. 6.30 The New Edge A look at the future today. 7.00 Space Precinct <i>Time to Kill</i> Officers Brogan, Haldane, Castle and Took raid a counterfeiting ring. 8.00 Quantum Leap <i>Catch a Falling Star</i> Sam becomes an understudy to the role of Don Quixote. 9.00 The Cape <i>Reggie's Wild Ride</i> After eight years of training, Reggie Warren's dream finally comes true. 10.00 FILM: Falling Fire <i>Michael Paré</i> In the year 2051, a spaceship diverts an ore-rich asteroid into an orbit around the Earth to boost the world's economy. But a pseudo-religious cult has other priorities. 12midnight Sightings 1.00am The Bionic Woman <i>Angel of Mercy</i> 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
 Beau Bridges stars as one of the massively proportioned misfits who terrorise a small town in the teenage musical fantasy 'Village of the Giants': Sci-Fi 12noon				 12midnight The Ten Minute Free View 12.10am Stripper of the Year 12.20 Malone 12.45 FILM: The Hustlers Pool table antics. 1.00 The Five Minute Free View 1.05 FILM continues 2.00 ... of Your Life 2.25 FILM: Style 2 <i>Lexus</i> Supermodel Lexus turns the fashion industry on its head. 3.55-4.00am What's on Tomorrow	 11.30pm Free Teaser 11.35 Peep Show 11.45 Adult Stars Close-Up: Confidential 12.40am Naughty Amateur Home Videos: Girl Next Door 1.35 Stripsearch: Los Angeles 2.25-4.00am FILM: Thin Ice <i>Jill Kelly, Mark Davis, Nici Sterling, Ed Ryder</i> The ghosts that inhabit a building are shocked by what goes on in the Nineties.	 12midnight Dish of the Day 12.10am First Time Ever: The New Harvest 1.10 Girls in Uniform Erotic special programme. 2.10 Legend Erotic mini-series starring Lauren Hall. 2.45-4.00am FILM: The End Erotic <i>Heather Hunter, Monique DelMoan, Stephanie Swift</i> Four dead people pass the time while awaiting their journey into the hereafter by relating their sexual histories to one another.



Tim Vine spells it out in the audience participation quiz show 'Whittle': Challenge 8.30pm



5.00pm Fifteen to One
William G Stewart hosts the fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Jane Asher and Jill Gascoigne.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Birmingham
Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Roaring Twenties
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine show.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Big City Tips
9.00 Dog Night LIVE
Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
More late night discussions on erotica.
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
11.30 Exotica Erotica
Late night discussions.
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 Sex Show
3.00 Exotica Erotica 4.00
Fashion Show 4.30 Agony 5.00
Lie Detector 5.30 Dial-a-Doc
5.45-6.00am Nation LIVE



CABLE EXCLUSIVE

30 minutes of local news travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 Album Show
11.30 Yankee Doodle Dan
12.30pm American Chart Show
1.30 Inside Hollywood
2.30 The Album Show
Classic long-players of much-loved bands are appraised and re-evaluated.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies Games Videos
Comprehensive entertainment review on the big and small screens.
5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30 American Chart Show
Check out the chart from across the pond.
7.30 Movies Games Videos
Comprehensive entertainment review on the big and small screens.
8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood
The show that shows what really goes on in Tinseltown.
11.30 The Album Show
Classic albums from much-loved pop artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour



5.00am Europe Today
8.00 European Money Wheel CNBC Europe
Live financial news, market updates and business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living Travel Xpress
1.30 V.I.P.
2.00 Today
News, features, sports and interviews.
3.00 Home & Garden Television
The Company of Animals/ Dream Builders Magazine programme.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century, as covered by NBC news reporters.
5.00 European Living Wines of Italy
Culinary delights.
5.30 V.I.P.
Celebrity interviews.
6.00 Europe Tonight Live
Current affairs.
6.30 The Ticket NBC
Entertainment guide.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.
8.00 NBC Super Sports
Coverage of all the action from the National Hockey League Powerweek.
9.00 The Tonight Show with Jay Leno
Jay Leno enjoys the company of celebrities and musical guests.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.
11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno
1.00am NCAA Basketball: Semi-Final Game - LIVE
3.30 Hello Austria, Hello Vienna
4.00-5.00am The News with Brian Williams



CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's programme with Judi Spiers, dealing with all your holiday queries.
1.00pm Sports Safaris
Lake Garda, Italy
1.30 Gatherings and Celebrations
2.00 Tread the Med
Marbella
2.30 Far Flung Floyd
North Thailand
3.00 Around Britain
Halifax
Travelling the UK.
3.30 Snow Safari
La Tuque, Quebec
4.00 Tales from the Flying Sofa
Seville, Italy and Portugal
4.30 On Tour
Seychelles
5.00 Sports Safaris
Lake Garda, Italy
Adventure holidays.
5.30 Aspects of Life
Life in the Thirstland
6.00 Gatherings and Celebrations
In Friuli and Italy
6.30 Tread the Med
Marbella
7.00 Travel Live
Gareth Davis brings you the latest news and views that affect you in one hour of consumer discussion.
8.00 Travel Trails
Bradford
8.30 A Fork in the Road
Kerala (India)
9.00 Going Places
Las Vegas
Visit the glitz of the Nevada city that's a haven for gamblers.
10.00 Far Flung Floyd
North Thailand
Culinary travels.
10.30 Around Britain
Halifax
11.00 Snow Safari
La Tuque, Quebec
11.30-12midnight Tales from the Flying Sofa



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
Slimming tips from Amanda Ursell and Peter Vaughn.
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama set in Bethlehem West Emergency Ward.
2.20 Living It Up!
3.20 The Jerry Springer Show
Outrageous American talk show with Jerry Springer and guests.
4.10 Rolonda
I'll Kill Myself If I Can't Have You!
Audience participation talk show from America.
5.00 The Heat Is On
With Keith Chegwin.
5.30 Ready, Steady, Cook
With Fern Britton.
6.10 Jerry Springer Uncut
Outrageous American talk show with Jerry Springer and guests.
7.00 Rescue 911
William Shatner presents emergency rescues.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Mystery drama about a woman homicide detective. Starring Lucy Bell and Gary Day.
9.00 FILM: My Name Is Kate
Donna Mills, Daniel J Travanti, Nia Peeples, Eileen Brennan
The story of a successful career woman and her battle against the alcoholism that threatens to ruin her life. 1993
11.00-12midnight The Sex Files II
Rock and Roll
The interesting and imaginative side of sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME



NATIONAL GEOGRAPHIC CHANNEL

8.00pm FILM: The Dance Goes On
Matthew James Almond, James Keach, Bryan Hennessy
Drama in which a man comes to appreciate both his family and what the land means.
9.45 Cat's Cradle
Short drama.
10.00 FILM: Heart Strings
Romance about a big game animal trainer who puts his career before his lover, who turns to his partner to satisfy her desire.
11.30-12midnight Electric Blue Show

7.00pm Endangered: Wolverines and Oil
7.30 Give Sharks a Chance
8.00 The Shark Files: Teeth of Death
9.00 Monkey Business: The New Chimpanzees
10.00 Silence of the Sea Lions
10.30 Out of the Stone Age
11.00 World of Clones
12midnight-1.00am Inside NFL Films: The Idol Makers



CABLE EXCLUSIVE

2.00pm Radio Times 2.30 Style Challenge 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Home Front 4.30 Great Garden Game 5.00 Really Useful Week 6.00 Radio Times 6.30 Food and Drink 7.00 Holiday in Style 8.00 Dream Ticket 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Real Rooms 10.30 Going for a Song 11.00-12midnight How Does Your Garden Grow?



CABLE EXCLUSIVE

6.00pm Sister Wendy's Story of Painting
6.30 The Frame
7.00 Later with Jools Holland
8.00 Anna Karenina
9.00 Abroad in Britain
House Ahoy
9.30 Sounds of the Sixties 1964-6: The Beat Boom
10.00 Scarfe on Sex
10.45 The Frame
11.00-12midnight Edge of Darkness



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm So 90s
3.00 Non-Stop Hits
4.00 Select MTV
With Donna Air.
6.00 Snowball
6.30 The Big Picture
7.00 Euro Top 20
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 The Lick R&B Chart
12midnight-6.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Freddie Starr
1.00pm Jukebox
3.00 Toyah!
5.00 Five@Five
5.30 Pop-Up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 American Classic
11.00 The Nightfly
12midnight Storytellers: The Bee Gees
1.00am VH1 Late Shift
6.00-7.00am Hit for Six

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



NEWS AND INTERNATIONAL

9.00am The Joy of Painting
9.30 Garden Club
10.00 Gardens Without Borders
11.00 The Furniture Guys
11.30 Go Fishing
Danish Interlude
11.30 Hometown
Prairie Remodel
12noon Wheel Nuts
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
Sweet Conclusions
1.30 New Yankee Workshop
2.00 Homemaker
2.30 These Four Walls
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Rex fishes for redfin in Lake Toledo.
4.30 Disaster
Steel Coffin
5.00 Top Marques
Vauxhall
The story of Vauxhall, the motoring marque.
5.30 Terra X: Blood of the Aztecs
6.00 Profiles of Nature
The Last Jungles in Africa
Conservationist Bristol Foster visits the remaining unspoilt jungles of Africa.
7.00 Beyond 2000
The technology that is allowing an almost blind poet to surf the internet.
7.30 Ancient Warriors
The Spartans
8.00 The Real Bionic Man
Science Frontiers
Could progress made by bioengineers turn the idea of a bionic man into reality?
9.00 Disaster
Indonesia: Every Breath They Took
9.30 Medical Detectives
Forensic science.
10.00 Car Thieves
Outlaws
How the Greater Manchester Police are attempting to stay one step ahead of car thieves.
11.00 Forensic Detectives
Deadly Chemistry
Forensic experts reveal how they can solve mysterious deaths by detecting poisons.
12midnight Submarine
1.00am Ancient Warriors
The Spartans
1.30-2.00am Beyond 2000
A company that hopes to be the first to offer a virtual holiday.

5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 Fruitties
6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner
7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids
9.00 A Pup Named Scooby-Doo
9.30 Blinky Bill 10.00 Fruitties
10.30 Thomas the Tank Engine
11.00 Magilla Gorilla 11.30 Inch High Private Eye 12noon Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear
2.30 The Jetsons

3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Supernatural fun.
4.00 Scooby-Doo
Canine capers.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More fun with the superhero with the ego problem.
5.30 Cow and Chicken
Madcap antics.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.15 Road Runner
6.30 The Flintstones
Prehistoric fun.
7.00 Batman
Caped crusading capers.
7.30 The Mask
More manic antics with the green-faced master of mayhem.
8.00 The Real Adventures of Jonny Quest
8.30-9.00pm Droopy: Master Detective
Laconic humour.

6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur
9.00 Children's BBC on Nickelodeon 10.00 Wimpie's House 10.30 Bahar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/ Skylark
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks
3.00 Jumanji
Fantasy adventure based on the hit movie.
3.30 Doug/Angry Beavers
Cartoon capers.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Superheroics.
5.00 Rugrats
Fun with the tousle-headed nippers.
5.30 Sister Sister
Domestic disharmony with Tia, Tamera and co.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy.
7.30 Roseanne
Wait Till Your Father Gets Home
8.00 Cybill
Comedy about a struggling actress.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cheers
Tale of Two Cuties
Rebecca is convinced Drake is having an affair.
9.30 Ellen
The Go-Between
10.00 Frasier
The Matchmaker
Daphne confides in Frasier that she is in a dating slump.
10.30 Duckman
11.00 Comedy Network
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Comedy Network
3.00 Frasier
3.30-4.00am Duckman

6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Izogoud
11.30 The New Adventures of Gigantor
12noon Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Izogoud
2.30 Flash Gordon

3.00 The New Adventures of Gigantor
3.30 The Big Dish
Children's gameshow with John Eccleston.
4.00 Batman
Dizzoner the Penguin
4.30-5.00pm Dennis the Menace
The Day They Took Gnasher Away



CABLE EXCLUSIVE
7.00pm Vienna Philharmonic Orchestra
7.45 Great Arias
8.00 The Making of 'Elisir d'Amore'
A backstage view of the hectic world of opera - as a team stages Donizetti's romantic comedy.
9.00 Classic Century: The Birth of Aviation
9.30 Artsweek
Anna Ford and Tim Barlow present the topical weekly magazine show, with news and reviews of all that's best on the British arts scene.
10.30 Dance: Baryshnikov Dances Balanchine
Two dances, Apollo and Who Cares?, are performed by one of the world's most charismatic performers - Mikhail Baryshnikov, with the American Ballet Theatre.
12midnight-1.00am Jazz Greats: Count Basie

BBC NEWS 24
6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL
News throughout the day, plus:
5.00am This Morning 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 12.30pm Science and Technology 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel Guide 5.00 Larry King 6.45 US Edition 7.30 Business Today 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King Live 3.30 Showbiz 4.15 US Edition 4.30-5.00am World Report

SKY NEWS
News on the hour, every hour, plus:
6.00am Sunrise 10.30 ABC Nightline 11.30 World News 2.30pm Parliament Live 3.00 News on the Hour 3.30 Parliament Live 4.00 News on the Hour 4.30 World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.00 News on the Hour 9.30 World News 10.00 Prime Time 12.30am CBS News 1.30 ABC World News 2.30 Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am ABC World News

INTERNATIONAL
3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus der Schweiz 9.30 Orientierung 10.00 Münchner Runde 11.00 Alex 12noon Unterwegs 12.30pm Aufgeklärt in Österreich 12.55 Kostbarkeiten 1.00 Muih! 1.45 Fernsehen als Zeitgeschichte 2.30 Frauen Heute 3.30 Dichter 4.15 Offen 4.45 Geldbörse 5.15 Ländermagazin 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Liebe, Betrug und Andere Leidenschaften 8.40 Kurzfilm 9.00 Zeit im Bild 9.25 Offen 10.25 Aktion 11.30 Seitenblicke 11.35-12midnight Nachrichtenmagazin
Deutsche Welle 5.00am European Journal 5.30 Culture on Tour 6.00 Journal 6.30 Feature: Hans Krollhoff 7.00 Journal 7.30 Boulevard Germany 8.00 European Journal 8.30 Culture on Tour 9.00 Journal 9.30 Boulevard Deutschland 10.00 Kunst und Co 10.30 Bilder aus Österreich 11.30 Hans Krollhoff 12noon Journal 12.30pm European Journal 1.00 Boulevard Germany 1.30 Culture on Tour 2.00 Journal 2.30 Leszeit 3.00 Forscher 3.45 Schätze der Welt 4.00 Boulevard Deutschland 4.30 Made in Germany 5.00 Journal 5.30 Boulevard Germany 6.00 Arts Unlimited 6.30 Reconstructing the East 7.00 Journal 7.30 Forscher 8.15 Schätze der Welt 8.30 Made in Germany 9.00 Journal 9.30 Reconstructing the East 10.00 Journal 10.30 Europa Semanal 11.00 Journal 11.15 Kulturgut 11.30-12midnight Boulevard

TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal Telematin 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Claire Lamarche 9.00 Minutes 9.05 Reference 9.30 Espace Francophone 10.00 Minutes 10.05 Jeu de Société 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal Telematin 11.55 Meteo 12noon Envoyé Spécial

2.00pm Pulsations 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Grand Ecran 8.55 Meteo 9.00 Journal 9.30 Grand Ecran 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE
7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Top Ten 12.30pm Daraar 1.00 Mouthful of Sky 1.30 FILM 4.00 Haake Baake 4.30 Fuldani Forum 5.00 Galatnaama 5.30 Kachwa 6.00 Mumkin 6.30 Dard 7.00 Mouthful of Sky 7.30 News 8.00 Dekh Bhai Dekh 8.30 FILM 11.30 News 12midnight Daraar 12.30am Dekh Bhai Dekh 1.00 Mouthful of Sky 1.30 FILM 4.00 Show Theme 4.30 Classical Music 5.30 Sunhere 6.00 Hakke Baake 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Julian Moorli 6.30 Narsaiyo 7.00 Jaagan 7.30 Business Update 8.00 Business 8.30 Aahaa 9.00 Gujarati 9.30 Massya Di Raat 10.00 Mohabbat 11.00 Pot Luck 11.30 Daraar 12noon FILM: Char Diwari 3.00pm Mast Mast 3.30 Dastaan 4.00 Hum Paanch 4.30 Vikram 5.00 Aur Ek Minute 5.30 Antakshari 6.00 Banegi 6.30 Buiho Geet Paheli 7.00 Dam Dama Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.30 Hasretain 10.00 The Big Debate 10.30 Chashme Badoor 11.30-12midnight Horror Show

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
From Hexham and Lingfield.

CMT

6.00 Rebel Country 7.00 Morning 10.00 Non-Stop 2.00pm Wildhorse Saloon 3.00 Dance Ranch 4.00 Non-Stop 5.00 Top Billing 7.00 Rebel 8.00 Wildhorse Saloon 9.00 Dance Ranch 10.00 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Dance Ranch 2.00 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Ospeod 5.30 Scott Webb 6.00 Hallam 6.30 Dollar 7.00 Copeland 7.30 Kidz 8.00 Hinn 8.15 Morning 8.30 Intelligence 9.00 Ekman 9.30 Chronicles of Revival 10.00 For Parents 10.30 Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE
5.30am This Week in the Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions from the House

WORLD NET

9.00am Newswire Feed 10.00 US News 11.00 Business News 11.30 Wordnet Dialogues 1.00pm Africa Journal Live 2.00 Business News 2.30-3.00pm American Business History

LANDSCAPE

CABLE EXCLUSIVE
Beautiful films accompanied by music 24 hours a day



4.00pm Churchill's Few
This moving documentary commemorates the 56th anniversary of the Battle of Britain.
5.00 Weapons at War: Tank Busters
A look at the main battle tanks of the early 20th-century.
6.00 Ancient Mysteries: Ancient Altered States
7.00-8.00pm Biography
Lucrezia Borgia
A profile of this illegitimate daughter of a pope.



11.00am Take the High Road
11.30 Emmerdale
Dolly Skilbeck has agreed to see a specialist before she and Matt start a family.
12noon Emmerdale
12.30pm As the World Turns
Bob witnesses an exchange between Camille and Lew.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

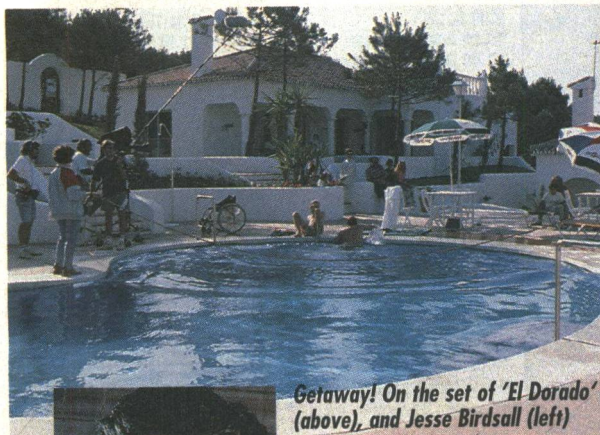


11.00am Video Trips
Greece
11.30 Globetrotter
Scotland, Alaska and Portugal
12noon Independent Traveller
Majorca
12.30pm Getaway
1.00 Great Escapes
Benidorm and Corsica
1.30 California Gold
2.00 American Vacation
3.00 Globetrotter
3.30-4.00pm Great Chefs of Europe

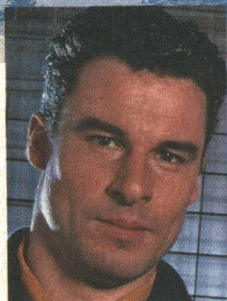


News throughout the day, plus:
5.00am Europe Today 8.00 Europe Money Wheel 1.00pm Squawk Box Live 3.00 US Market Watch 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future 8.00 Your Money 8.30 Directions 9.00 Asian Market Wrap 10.00 Media Report 10.30 Future File 11.00 Your Money 12midnight Squawk Box 1.00am Trading Day 3.00 Media 4.30-5.00am Directions

Cable Soapland



Getaway! On the set of 'El Dorado' (above), and Jesse Birdsall (left)



Pot of gold

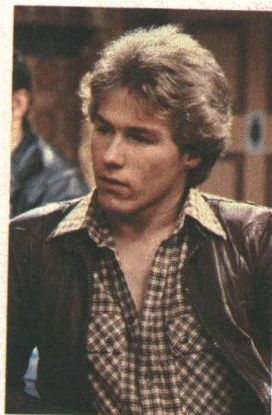
IF you're on holiday in Spain and your apartment feels like the set of a bad soap opera, then you're probably staying at El Pueblo Nuevo near Malaga. The holiday complex

is better known to dedicated soap fans as Los Barcos, the setting for the disastrous *El Dorado*. The BBC spent £2million constructing the fictitious village on 25 acres, only to sell it for a token £2000 when the soap folded in 1993. It lay abandoned for four years until a developer bought the site last year and turned it into holiday apartments. As for the cast of *El Dorado*, Jesse Birdsall, who played the show's requisite villain Marcus Tandy, is working on a new series of *Bugs*. You can see him on UK Gold in the first series on Thursdays at 9.00pm.

The story so far ...

Chris Quinten

REMEMBER Brian Tilsley, the white-socked lad-about-Weatherfield from *Coronation Street*? For 11 years, Chris Quinten played the heartthrob with the Ian Botham haircut, romancing Gayle on-screen, and a string of page-three-type beauties off-screen. Chris left 'The Street' after being written out in 1989, when Brian was stabbed outside a nightclub, leaving Gayle widowed and thousands of Corrie fans heartbroken. He headed for the glitter of Los Angeles to pursue a career in film and embraced Tinseltown culture with a showbiz marriage to talk-show host Leeza Gibbons. Sadly, though, neither Chris's career or marriage took off as he'd hoped. The marriage ended in divorce and his film career has been less than glittering – the last celluloid sighting we could find of Chris, who's now 40, was in a less-than-meaty role as 'Reporter No. 2' in *Robocop II* way back in 1990.



- ◆ **ANOTHER WORLD** Sky One, Weekdays 10.00am
- ◆ **AS THE WORLD TURNS** Sky Soap, Weekdays 12.30pm
- ◆ **BROOKSIDE** Living, Mondays, Tuesdays, Wednesdays, Thursdays 11.55am. Omnibus Sundays 10.50am
- ◆ **CORONATION STREET** Granada Plus, Classic episodes, Weekdays 7.30am, 12noon, 6.30pm, 9.00pm. Omnibus Sundays 5.00pm
- ◆ **CROSSROADS** UK Gold, Weekdays 8.00am and 12.00noon
- ◆ **DAYS OF OUR LIVES** Sky One, Weekdays 11.00am
- ◆ **DREAM TEAM** Sky One, Tuesdays and Wednesdays 6.00pm
- ◆ **EASTENDERS** UK Gold, Weekdays 8.25am, 12.55pm and 6.05pm, Omnibus Saturdays, 12.05pm
- ◆ **ECHO POINT** Trouble, Weekdays 1.30pm and 6.00pm
- ◆ **EMMERDALE** Sky Soap, Weekdays 11.30am and 3.00pm, Saturdays and Sundays 11.00am
- ◆ **FAMILIES** Sky Soap, Weekdays 1.15pm, Sundays 1.30pm
- ◆ **GUIDING LIGHT** Sky Soap, Weekdays 1.45pm
- ◆ **HEARTBREAK HIGH** Trouble, Weekdays 1.30pm and 3.30pm. Weekends 2.30pm and 6.30pm
- ◆ **HOLLYOAKES** Trouble, Weekdays 4.00pm and 7.30pm. Weekends 2.30pm and 6.30pm
- ◆ **HOWARD'S WAY** UK Gold, Weekdays 9.30am
- ◆ **LONDON BRIDGE** Carlton Select, times vary, see listings pages for details
- ◆ **NEIGHBOURS** UK Gold, Weekdays 7.35am, 12.25pm, Omnibus Saturdays 10.05am
- ◆ **TAKE THE HIGH ROAD** Sky Soap, Weekdays 2.30pm Saturdays 1.30pm
- ◆ **THE SULLIVANS** UK Gold, Weekdays 10.30am, Omnibus Saturdays 7.00am
- ◆ **THE YOUNG AND THE RESTLESS** Living, Weekdays 11.00am

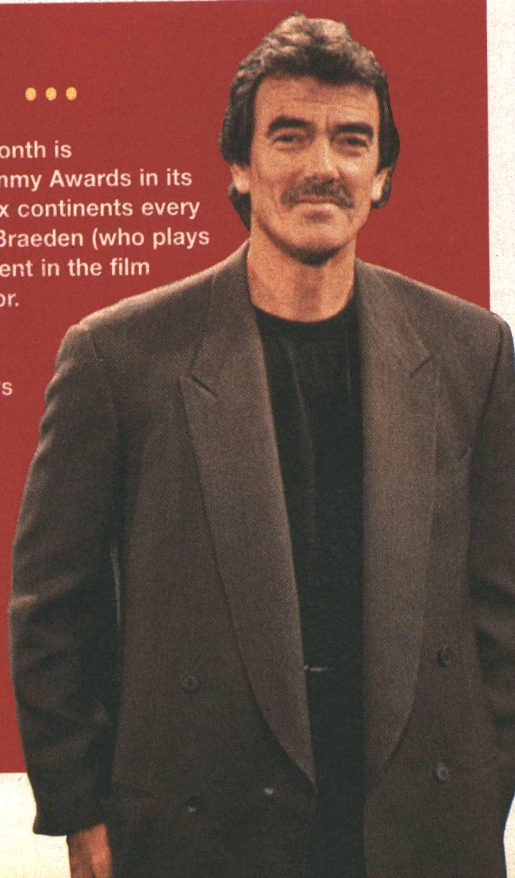
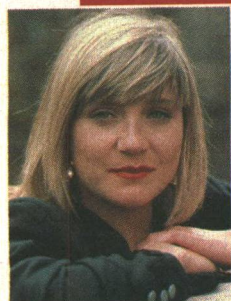
Soap bubbles ...

CELEBRATING its 25th anniversary this month is *The Young and the Restless* – winner of 61 Emmy Awards in its time and watched by 100 million viewers on six continents every day. Even more are watching the show's Eric Braeden (who plays Victor Newman) on the big screen at the moment in the film *Titanic* playing the millionaire John Jacob Astor.

CLAWS were out in a recent internet poll to find the biggest bitch in UK soaps. Web surfers were asked to choose between *EastEnder's* Cindy Beale, *Coronation Street's* Natalie

Horrocks and *Emmerdale's* Kim Tate as the woman we most love to hate. It was a Walford walkover – Cindy scored an incredible 86 per cent of the votes, while Kim got a paltry nine per cent and Natalie could only manage five per cent.

Superbitch Cindy, played by Michelle Collins (left) and Eric Braeden (right)





6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am A Promise to Carolyn
1996, rating Sky PG, 88 mins

7.40 Jane and the Lost City
1987, rating Sky PG, 88 mins

9.20 Agatha Christie's The Man in the Brown Suit
1989, rating Sky PG, 91 mins

11.00 Bed of Roses
Drama. Text 1996, rating Sky PG, 84 mins

1.00pm Jane and the Lost City
1987, rating Sky PG, 88 mins

3.00 Agatha Christie's The Man in the Brown Suit
Rue McClanahan, Tony Randall, Edward Woodward

Thriller about a woman on her way through the Middle East, who finds herself embroiled in an elaborate plot involving murder and deception. 1989, rating Sky PG, 91 mins

5.00 Goldilocks and the Three Bears
Hanna Hall, Dwier Brown

Live action version of the classic children's fairy-tale about a young girl who enters a bears' house. 1995, rating Sky U, 87 mins

7.00 Bed of Roses
Christian Slater, Mary Stuart Masterson, Josh Brolin, Pamela Segall

Comical love story about a businesswoman with a tragic past who is wooed by the perfect man. She strives to overcome her fear of commitment and allow herself to be led to the man of her dreams. Text 1996, rating Sky PG, 84 mins

9.00 Emma
Gwyneth Paltrow, Jeremy Northam, Toni Collette, Greta Scacchi, Polly Walker, Juliet Stevenson

PREMIERE Hit adaptation of the classic Jane Austen novel about a privileged young woman, pretty and clever but naive about affairs of the heart, and her attempts at match-making. Text 1996, rating Sky PG, 116 mins

11.00 The Movie Show
Weekly magazine with Richard Jobson.

11.30 Married People, Single Sex II: For Better or Worse
Kathy Shower

PREMIERE Erotic adult drama. 1995, rating Sky 18, 115mins

1.15am Suite 16
Pete Postlethwaite

Thriller. 1995, rating Sky 18, 106 mins

3.10-5.00am The Last Hard Men
Western. 1976, 103 mins

6.00am Brigham Young
1940, rating Sky PG, 108 mins

8.00 A Pig's Tale
Jake Beecham, Mike Damus

1995, rating Sky PG, 90 mins

10.00 On the Riviera
Danny Kaye, Gene Tierney

Musical comedy. 1951, rating Sky U, 87 mins

12noon Angel Face
Robert Mitchum

Classic thriller. 1953, rating Sky PG, 87 mins

2.00pm Canyon Passage
Dana Andrews, Brian Donlevy, Lloyd Bridges, Susan Hayward, Andy Devine

Entertaining Western about a cowboy caught in a love triangle. 1946, rating Sky PG, 89 mins

4.00 A Pig's Tale
Jake Beecham, Mike Damus, Joe Flaherty, Lisa Jakub, Andrew Harrison

Leeds Summer camp comedy about six kids who call themselves the Pigs, and who take on the camp's seemingly unbeatable top group, known as the Wolves. 1995, rating Sky PG, 90 mins

5.55 Project: Alf
Miguel Ferrer, William O'Leary, Jensen Daggett, Ed Begley Jr

Comedy which sees the return of the loveable alien Alf. He has been captured by the military and is under analysis at a top secret base, but help is at hand with some new-found allies. 1996, rating Sky PG, 87 mins

7.30 UK Top Ten
The UK's biggest films.

8.00 Devil in a Blue Dress
Denzel Washington, Tom Sizemore, Jennifer Beals, Don Cheadle, Maury Chaykin,

Mystery drama about an LA detective who sets out to track down a missing woman, and soon finds himself plunged into a web of murder, blackmail and corruption. Text 1995, rating Sky 15, 97 mins

10.00 Eye for an Eye
Sally Field, Ed Harris, Olivia Burnette, Kiefer Sutherland

Thriller about a woman who takes the law into her own hands. 1996, rating Sky 18, 111 mins

11.45 Land and Freedom
Ian Hart, Rosana Pastor

Drama. Text 1995, rating Sky 15, 105 mins

1.35am Deadly Family Secrets
Mystery thriller. Text 1995, rating Sky 15, 90 mins

3.10 Prescription for Murder
1995, rating Sky 18, 89 mins

4.45-6.00am Little Orbit the Astrodog
1974, rating Sky U, 71 mins



In the premiere of 'Emma', an adaptation of Jane Austen's novel, Gwyneth Paltrow stars as the free-spirited heroine Emma Woodhouse: Sky Movies Screen 1 9.00pm



MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested

Sky 12: Suitable for viewers aged 12 years and over

Sky 15: Suitable for viewing by people of 15 years or over

Sky 18: Suitable for viewing by adults only

Text: film is subtitled on page 888 of Fastext

Widescreen: shown in cinema (letterbox) format



4.00pm Battle of the Bulge
Henry Fonda, Robert Ryan, Pier Angeli, Robert Shaw, Telly Savalas, Dana Andrews

Sterling historical retelling of the 1944 battle in the Ardennes, which was to become one of the most dramatic events of World War II. 1965, rating Sky PG, 142 mins

6.30 Nadine
Jeff Bridges, Kim Basinger, Rip Torn, Gwen Verdon

Deep South comedy about a pair of divorcees who team up to help solve a murder mystery – and to rebuild their shattered love life. 1987, rating Sky PG, 80 mins

8.00 White Nights
Mikhail Baryshnikov, Gregory Hines, Helen Mirren

Adventure about a Soviet ballet star who finds himself back in the USSR after a defection attempt goes wrong. In desperation, he teams up with an expatriate American tap dancer and together they plot their bid to return to freedom. 1985, rating Sky 15, 130 mins

10.15 Die Hard
Bruce Willis, Alan Rickman, Bonnie Bedelia, Alexander Godunov

Explosive action thriller about a New York cop who finds himself stuck in a hi-tech office block with a gang of international crooks. Now he must eliminate them one by one. 1987, rating Sky 18, 87 mins

12.30am The Krays
1989, rating Sky 18, 115 mins

2.30 The Talk of the Town
1942, rating Sky U, 112 mins

4.30-5.50am Nadine
1987, rating Sky PG, 80 mins

9.00pm Ivanhoe
Robert Taylor, Elizabeth Taylor, Joan Fontaine

Swashbuckling spectacular historical epic based on the novel by Sir Walter Scott about the brave knight Sir Wilfred of Ivanhoe. Having returned from the Crusades, he fights for the honour of King Richard who is being held ransom in Austria. 1952, 106 mins

11.00 Telefon
Charles Bronson, Lee Remick, Donald Pleasence

Spy thriller about an old-style Stalinist KGB agent who begins to reactivate brainwashed Americans, by telephone. 1977, 103 mins

1.00am Invasion Quartet
Bill Travers, Spike Milligan

War-time comedy. 1961, 87 mins

3.00-5.00am Ivanhoe
Robert Taylor, Elizabeth Taylor

1952, 106 mins

7.00am Street Sharks
7.30 Games World

7.45 The Simpsons Text
8.15

The Oprah Winfrey Show
9.00 Hotel

10.00 Another World
11.00 Days of Our Lives

12noon Married... With Children Text
12.30pm M*A*S*H Text

1.00 Geraldo
2.00 Sally Jessy Raphael

Stop Teasing Me...You're Ruining My Life

3.00 Jenny Jones
Too Young to Die: Women With Eating Disorders – Part II

Jenny continues her discussion with suffering women.

4.00 The Oprah Winfrey Show
More from the talk show which enjoys worldwide popularity with the queen of chat herself, Oprah Winfrey.

5.00 Star Trek: The Next Generation
The Loss

Two dimensional beings snag the Enterprise, pulling it towards a cosmic string fragment.

6.00 Walker's World
Peru: The Inca Trail

The best known hike in South America.

6.30 Married... With Children
Yard Sale Text

7.00 The Simpsons
The Two Mrs Nahasapeemepetitions

Apu tells his mother he is married to Marge. Text

7.30 Real TV
Video footage of events.

8.00 Highlander: The Series
Indiscretions

Methos and Joe Dawson are thrown together when past indiscretions threaten the present.

9.00 Walker, Texas Ranger
Lucas – Part II

Walker must find the courage to tell seven-year-old Lucas that he has Aids. Text

10.00 Poltergeist: The Legacy
The Gift

Kat's disappearance under mysterious circumstances is the start of an agonising nightmare. Text

11.00 Star Trek: The Next Generation
The Loss

Two dimensional beings snag the Enterprise, pulling it towards a cosmic string fragment.

12midnight Late Show with David Letterman
1.00am Raven

Poisoned Harvest

Jonathan and Ski observe an ancient island tribe.

2.00-7.00am Long Play
VJ-free music zone.

7.00am Never the Twain
7.35 Neighbours

8.00 Crossroads 8.25 EastEnders 9.00 The Bill

9.30 Howards' Way 10.00 Shelley 10.30 The Sullivans

11.00 Casualty 12noon Crossroads

12.25pm Neighbours 12.55 EastEnders

1.30 Rosie 2.05 Keeping Up Appearances

2.45 Stay Lucky An Unsavoury Business

Thomas and Sally attend a large charity benefit, but the organisers are not all that they seem.

3.45 The Bill
Crossfire

Woods sympathises with a young woman who has been attacked.

4.15 Juliet Bravo
Family Unit

A father's weakness for drink causes a private rift and a public confrontation between Jean and Tom Darblay.

5.20 EastEnders
Everyday drama with the folk in Albert Square, Walford.

5.55 Big Break
Jim Davidson hosts the gameshow featuring top snooker players.

6.30 The Bill
Police drama series with the staff at Sun Hill station.

7.00 Dad's Army
Uninvited Guests

More classic comedy with the Walmington-on-Sea Home Guard.

7.40 Rising Damp
A Night Out

Rigsby takes Miss Jones out to dinner.

8.20 Only Fools and Horses
The Second Time Around

Love enters Del's life as an old flame returns.

9.00 Spender
Iced

The death of a young student puts Spender on the trail of a new designer drug and the people who make it. Stars Jimmy Nail.

10.05 The Comic Strip Presents...
Didn't You Kill My Brother?

Gangland criminal Carl Moss is released from prison with over 200 university degrees.

11.10 The Jack Dee Show
A subtle blend of comedy and music.

11.45 Alas Smith and Jones
Comic sketches.

12.20am Chelmsford 123
12.50 The Equalizer

The Children's Song

1.45 The Equalizer
The Distant Fire

2.15-7.00am Shopping at Night
Home shopping feature.

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am
Tomorrow's World Plus
8.00 Spirit of the Jaguar
9.00 Watergate
10.00 Pioneers
10.30 The Limit
11.00 From A to B -
Tales of Modern Motoring
12.00 Spirit of the Jaguar
1.00pm Watergate
Impeachment
2.00 Animal Hospital
2.30 Out of This World

3.00 Clive James: Postcard from Los Angeles

Clive James ventures to the entertainment capital of the world to impart with more droll witticisms.

4.00 Children's Hospital - Special Edition

Moving real-life medical drama from the wards of Alder Hey Children's Hospital.

5.00 Your Horizons

Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.

6.00 Animal Hospital

Trainee nurse Sam Gill explains why she chose veterinary work.

6.30 Out of This World

With Carol Vorderman and Chris Choi.

7.00 Kali the Lion

John and Simon King's remarkable study of a female lion struggling to fight for the life of her family in Kenya's Masai Mara.

8.00 QED

Baby in the Frame
Six-month-old William Knight has an operation to correct a club foot.

8.30 999

Rescues including a desperate struggle to free two men trapped in a sinking powerboat.

9.30 Redcaps

Blood, Beer and Tears
The Redcaps investigate a brawl at a NAAFI pub.

10.00 Redcaps

One of Our Tables Is Missing

10.30 Top Gear GTi

Jeremy Clarkson and the team present a specially extended edition of their show, featuring extra information, interviews and consumer tips.

6.00am Healthbeat **6.30**
Your Beautiful Garden **7.00**
David Emanuel **7.30** Eat,
Drink and Be Healthy **8.00**
Rosemary Conley **8.30**
Zest Beauty **9.00** Sally
Jessy **10.00** Young Chefs
10.30 Conley's Cookbook
11.00 Good Housekeeping
11.30 Cook's Garden **12.00**
Sew Perfect **12.30pm**
Ready to Wear **1.00** Bon
Appetit **1.30** Classic
Interiors **2.00** Rosemary
Conley **2.30** Zest Beauty

3.00 Young Chefs

Charlotte Hindle meets fledgling cooks.

3.30 Rosemary Conley's Cookbook

A guide to healthy eating and low-fat cookery.

4.00 Sally Jessy Raphael

Lively studio discussion chaired by the queen of talk.

5.00 The Good Housekeeping Show

Leslie Ash looks at food, fashion and beauty.

5.30-6.00pm Cook's Garden

With Charlotte Hindle.



Robert Pastorelli stars in 'Fitz', the American version of 'Cracker': Granada Plus 10.00pm

PERSONAL LOANS

WOULD YOU LIKE EXTRA CASH FOR HOLIDAYS, A CAR, SCHOOL FEES OR JUST TO PAY OFF EXISTING LOANS? Low Rates Fast Decision

See Sky Text NOW
Page 288

6.00am The Box
7.00 E! Entertainment
7.30
Classic Coronation Street
8.00 Blind Date
9.00 First Among Equals
10.00 Fortune Hunter
11.00 Hawaii Five-O
12.00
Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah
Return to the Gethyn

3.00 London's Burning

Blue Watch races against time to rescue a young girl trapped in a silo. It also has to cope with a schizophrenic who has climbed up a giant crane.

4.00 Hawaii Five-O

And Time to Die
The team is confronted with the problem of corralling foreign agents responsible for critically wounding a US agent.

5.00 Mission: Impossible

Command Performance
The team has only three days to expose the activities of the ruthless minister of a Baltic state.

6.00 Families

John and Mark clash over the running of the business.

6.30 Classic Coronation Street

Another vintage episode.

7.00 Doctor at Large

Joke's a Joke
Stuart teams up with Bingham to take revenge on Paul and Michael.

7.30 Bootsie and Snudge

8.00 London's Burning
Blue Watch races against time to rescue a young girl trapped in a silo. It also has to cope with a schizophrenic who has climbed up a giant crane.

9.00 Classic Coronation Street

9.30
Wheeltappers and Shunters Social Club
With resident compere Bernard Manning.

10.00-11.00pm Fitz

If - Part II

men & motors

11.00pm H.O.T.

Late night entertainment with Jenny Powell.

11.50 Lord Lust's Lovelies

With Lord James Hadfield-Hyde.

6.00am Under the Umbrella
Tree **6.30** Jungle Cubs **7.00**
Recess **7.30** Pepper Ann **8.00**
Doug **8.30** Timon and Pumbaa
9.00 Aladdin **9.30** Quack Pack
10.00 Amazing Animals **10.30**
Sesame Street **11.30** Winnie
the Pooh **11.45** Poddington
Peas **11.50** Alphabet Castle
12.00 Little Hippo **12.15pm**
Animal Shelf **12.30** Rosie and
Jim **12.45** Toothbrush Family
12.50 Bear in the Big Blue
House **1.15** Winnie the Pooh
1.30 Chip 'n' Dale's Rescue
Rangers **2.00** Goof Troop
2.30 Jungle Cubs

3.00 Timon and Pumbaa

Crazy fun with the *Lion King* characters.

3.30 Brand Spanking New Doug

Doug's Big Comeback

4.00 Pepper Ann

Pepper Ann wants to be cool at all costs - but her family seems determined to thwart her.

4.30 Recess

Animated fun.

5.00 Smart Guy

TJ is a 10-year-old prodigy who annoys his older brother in class.

5.30 Student Bodies

Animation and real-life in an entertaining mix.

6.00 Teen Angel

More fun with the guardian angel.

6.30 Boy Meets World

Chick Like Me
Cory and Shawn dress up as women.

7.00 FILM: The Paper Brigade

Kyle Howard, Robert Englund
Gunther's world has come to an end. After all, what could be worse than having to move to a hick town from the big city? The only good things are a pretty girl and the fact that one of his favourite bands is coming to town. 1996

8.30 The Wonder Years

9.00-10.00pm
Touched by an Angel
Monica is a thoroughly modern angel, who relies on her wits rather than miracles. Starring Roma Downey.

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

QVC

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Silver Day all day.

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for Thought **10.00** Grape Expectations **10.30**
What's Cooking? **11.00**
Worrall Thompson Cooks
11.30 Graham Kerr's Kitchen **12.00** Food Network Daily **12.30pm**
Eat Your Greens **1.00** Food for Thought **1.30** French Lunch **2.00** Retrospectives **2.30** Food Network Daily **3.00** Winter Nosh
Classic winter food.
3.30 London Restaurant Awards 1998
Prestigious cookery awards.
4.00 Ideal Home Cooks
With Nanette Newman.
4.30-5.00pm Planet Nosh



CARTOON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters

Bob Holness hosts the general knowledge quiz played by students.

5.30 Hey Dad II

A Fight for Women's Rights.

6.00 Byker Grove

Julie's new image shocks Gill and her dad, but Donna just laughs.

6.30 A Country Practice

Stirring the Possum

7.00 London Bridge

Mary is devastated that her affair with Nick is over.

7.30 The Bounder

He's Not Heavy, He's My Brother-in-Law

8.00 Blue Heelers

Secrets
Pro-active policing is required when a local schoolgirl becomes the victim of harassment by her classmates.

9.00 Love Hurts

Cold Comfort
Although Tessa says she no longer feels for Frank, she feels compelled to check out his progress with the lovely Marisha.

10.00 The Good Sex Guide

Margi Clarke turns her attentions to adultery.

10.30 Collins and Maconie's Movie Club

Alternative review show.
11.00 St Elsewhere
12.00 Haggard **12.30am**
Tales of the Unexpected
1.00-2.00am Justice

FILM

Emma

Sky Movies Screen 1 9.00pm
Bouquets all round for this adaptation of the Jane Austen classic about a privileged young woman's attempts at matchmaking, starring Gwyneth Paltrow in the title role. The costumes, scenery and performances make for a first class film, which provides messages for modern living despite its Victorian setting. Our Emma tries to fix it for plain-looking Harriet (Toni Collette), but her meddlings initially cause more problems than they solve. But don't worry, there's a happy ending for all in this premiere!

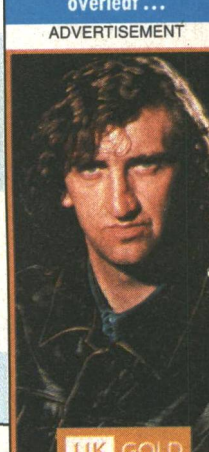
GENERAL

Gatherings and Celebrations

Travel 2.30pm, 10.00pm
We go to the north-eastern corner of Italy, to Friuli, for Sunday lunch with a traditional extended family, where we learn exactly what it means to have a day of rest. We follow the importance of place settings and what food can be served on such occasions. This intriguing documentary draws parallels with family meals in every society.

Friday continues overleaf...

ADVERTISEMENT



UK GOLD

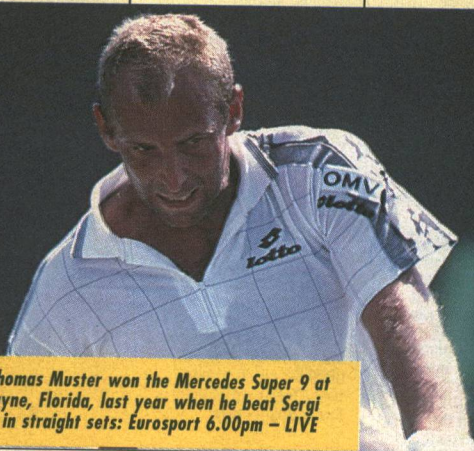
SPENDER

9.00PM
Villains of Newcastle beware! Spender (Jimmy Nail) is on the loose, following the most dodgy criminals the North-East has to offer. Every Friday at 9.00pm.

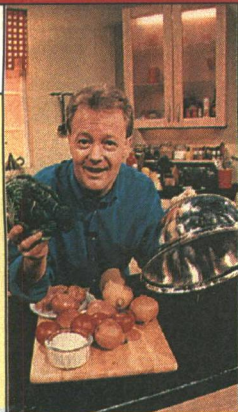
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT	SKY sports 1	SKY sports 2	SKY sports 3	Trouble	CH
7.30am Trial 9.00 Fun Sports A season review of the FIS World Cup. 10.00 Superbike Coverage of the World Championship in Sentul, Indonesia. 11.00 Football Coverage of the European Cup Winners' Cup. 1.00pm Short Track Speed Skating - LIVE Action from the World Short Track Speed Skating Championships in Vienna. 3.15 Fun Sports Sports magazine.	7.00am Sky Sports Centre 7.30 World Wrestling Federation - Superstars 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style Australian exercise. 10.00 Spanish Football Action from the Primera Liga. 12noon Aerobics Oz Style 12.30am Football League Review 1.00 Euro Tour Golf: Portuguese Open - LIVE Ball-by-ball coverage of day two of the Portuguese Open in Aroeira, Lisbon, in which the Swede Michael Tonzon is defending his title. Last year Tonzon collected a prize of £58,000 and is eager to succeed this time round in the first European Tour event of the season to be held on mainland Europe.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 The Rugby Club 9.30 Ford Golf USA: Bay Hill Invitational 11.30 Ringside 12.30pm International Cricket: South Africa v Sri Lanka Day two highlights of the first Test between South Africa and Sri Lanka. 2.00 International Cricket: West Indies v England - LIVE Ball-by-ball action from Antigua where England face the West Indies in the fifth and final Test match of the Tour. 4.00 International Cricket Update 4.30 International Cricket: West Indies v England - LIVE Continued coverage from Antigua of the start of the fifth and final Test between the West Indies and England.	12noon Trans World Sport Sporting action from across the globe. 1.00pm Formula Three 1.30 World of Sailing International sailing competition which brings together highly-rated competitors to take part in a variety of courses along the British Coast. 2.00 Bobby Charlton's Football Scrapbook Tony Brown looks back at some of the key matches in his career. 3.30 NHL Powerweek A preview of the news and views in ice-hockey together with features on the players who hit the headlines. 4.30 Gillette World Sport Special With David Jensen. 5.00 NBA Power, pace and strength combine to make up coverage of one of the week's top basketball clashes.	12noon Swan's Crossing 12.30pm Sweat 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Hard-hitting drama series about life at a Sydney inner-city high school. 2.00 Saved by the Bell Mystery Weekend US schoolroom comedy. 2.30 Swan's Crossing An action-romance series following the lives and intrigues of teenagers. 3.00 It's in the Jeans Bowling 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama. 4.00 Hollyoaks Post-GCSE drama. 4.30 Saved by the Bell Rockumentary 5.00 USA High Gotta Dance 5.30 Sweat Teenage drama about a group of athletes. 6.00 Echo Point Teenage soap. 6.30 Blast 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Man Beast - Myth or Mystery 1978 2.00pm The Outer Limits
6.00 Tennis - LIVE Action from the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, USA. This hard court tournament is the second and the largest of the prestigious Mercedes Super 9 events. With its two-week format, 96-man draw and \$2.7million in prize money, it is hardly surprising that this tournament is often referred to as the fifth Grand Slam of the year. 9.30 Bowling Coverage of the Second leg, first part, of the men's competition on the Golden Tour from Ludwigshafen, near Mannheim, Germany. 10.30 Extreme Sports Featuring multi-sport events, bicycle stunts, and skateboarding. 11.30-12.30am Fun Sports Sports magazine.	5.00pm The Rugby Club Previewing and reviewing the latest action, plus interviews and features. 6.00 Sky Sports Centre Sports news service bringing a direct update from the sporting world. 7.00 Euro Tour Golf: Portuguese Open The best of the action from the Portuguese Open being played at Aroeira, Lisbon, where the Swede Michael Tonzon is defending the title he won last year.	9.00 International Cricket: South Africa v Sri Lanka Another chance to see action from day two of the first Test between South Africa and Sri Lanka.	7.00 Adidas Victory Shield: Northern Ireland v Scotland - LIVE Action from Linfield as Northern Ireland and Scotland's schoolboy sides meet in an Adidas Shield encounter.	8.00pm The A-Team Beverly Hills Assault Hannibal and the gang don disguises to smash a lucrative art theft scam. 9.00 Tour of Duty Dislocations Bravo company escorts a group of villagers to a new location. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Eroticism stories. 11.00 FILM: The Raffle Mark Hamill Comedy in which two friends organise an international raffle. 1994 1.00am Beverly Hills Bordello 1.30 FILM: Dreams Come True 1984 3.30 The Basemen 4.00 Beverly Hills Bordello 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	8.00 Quantum Leap A Portrait for Troian Sam must protect a woman from the spirit of her deceased husband. 9.00 The Cape Burning Fuse Bull races against time to save Atlantis and NASA from a real bomb threat. 10.00 FILM: Amityville II - The Possession Burt Young, Rutanya Alda, James Olson, Jack Magner, Diane Franklin An unsuspecting family move into a house occupied by forces of the devil. 1982 12midnight Sightings 1.00am The Six Million Dollar Man 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows
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VOTE FOR YOUR FAVOURITE SPORTS CHANNEL ON PAGE IX AND YOU COULD WIN A HOLIDAY!



Austrian Thomas Muster won the Mercedes Super 9 at Key Biscayne, Florida, last year when he beat Sergi Bruguera in straight sets: Eurosport 6.00pm - LIVE



'The Heat Is On'
for Keith Chegwin
and his guests:
Living 5.00pm



5.00pm Fifteen to One
William G Stewart hosts the quiz show.
5.30 Prize Time
Hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
Bob Holness hosts the general knowledge quiz.
7.30 Give Us a Clue
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15
Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Rochester, Kent
Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Drake's Progress
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop



8.00pm FILM: All the Vermeers in New York
Emmanuelle Chaleet, Stephen Lack, Grace Phillips
Drama about a broker with a stressful life who meets a mysterious and alluring girl in a museum.
9.25 FILM: Malarek
Elias Koteas, Kerrie Keane
Drama in which a tough journalist begins a crusade to expose abuse in the city's teen detention centre.
11.05-12midnight Working Girls

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 12.00 Fate and Fortune 12.00 Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion Show 2.30 Revelations
3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine show.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Big City Tips
9.00 Dog Night LIVE
Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.
10.00 Topless Darts
10.02 Sports LIVE
10.30 The Sex Show
More late night discussions on erotica.
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
11.30 Exotica Erotica
Late night discussions.
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 Sex Show
3.00 Exotica Erotica
4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE



7.00pm Wild Horizons: The Last Resort **NEW** 7.30 Mir 18: Destination Space 8.00 Giants of Ningaloo 9.00 Monkey Business: Search for the Great Apes 10.00 Snake Invasion 10.30 Black Widow 11.00 Lord of the Animals - Lord of the Eagles 11.30 African Wildlife 12.30am-1.00am Marine Mammals: The Sea Elephants' Beach



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and local features on the hour, every hour, plus the following features:
10.30am The Album Show
11.30 Yankee Doodle Dan
12.30pm Cybernet
1.30
Cinema, Cinema, Cinema
In-depth look at the latest Hollywood news.
2.30 The Album Show
Classic tracks by legendary artists.
3.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
4.30 Cybernet
All the latest computer and internet news.
5.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
6.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
7.30 Cybernet
All the latest computer and internet news.
8.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
9.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
10.30 Cinema, Cinema, Cinema
An in-depth look at all the latest news from Hollywood.
11.30 The Album Show
Classic tracks.
12midnight-8.00am
Local News on the hour, Album Show at half past every hour



CABLE EXCLUSIVE
2.00pm Radio Times 2.30
Style Challenge 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Real Rooms 4.30 Garden Roadshow 5.00 Holiday in Style 6.00 Radio Times 6.30 Hot Wok 7.00 How Does Your Garden Grow? 8.00 Travel Show 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Holiday in Style 11.00-12midnight Our Man In...



5.00am Europe Today
8.00 European Money Wheel CNBC Europe
Live financial news, market updates and business stories from around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living
Wines of Italy
1.30 V.I.P.
2.00 Today
Magazine programme with news, features, sports and interviews.
3.00 Home & Garden Television
Star Gardens/The Good Life
Magazine programme.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century as covered by NBC news reporters.
5.00 European Living
Flavours of Italy
Reviewing recipes and traditions.
5.30 V.I.P.
6.00
Europe Tonight Live
Magazine programme.
6.30 The Ticket NBC
With Kristiane Backer.
7.00 Europe à la Carte
Celebrating the great chefs of Europe.
7.30
Five Star Adventure
8.00 NBC Super Sports
Featuring US PGA Golf with coverage of the Honda Classic.
9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 Late Night with Conan O'Brien
Chat show featuring celebrity guests and musicians.
11.00 The Ticket NBC
With Kristiane Backer.
11.30
NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno
1.00am NCAA Basketball: Semi-Final Game - LIVE
3.30 European Living
4.00-5.00am
MSNBC's The News



CABLE EXCLUSIVE
6.00pm Good Music
7.00 Later on UK Arena
8.00 The Frame
9.00 FILM: Priest
Linus Roache, Tom Wilkinson, Robert Carlyle, Cathy Tyson, James Ellis
Jimmy McGovern's uncompromising drama about a tortured Catholic priest who struggles to come to terms with his sexuality.
11.00-12midnight
Later on UK Arena



CABLE EXCLUSIVE

12noon Travel Live
Repeat of last night's programme hosted by Gareth Davis.
1.00pm Snow Safari
North Bay, Ontario
1.30
The Flavours of France
Dieppe
2.00 Tread the Med
Torremolinos and Malaga
2.30 Gatherings and Celebrations
3.00
The Great Escape
3.30
Railway Adventures Across Europe
4.00 On Tour
Seychelles
4.30 Australian Gourmet Tour
Dining Informally
5.00 Snow Safari
North Bay, Ontario
5.30 Reel World
Mexico
With Janne Forssell.
6.00
The Flavours of France
Dieppe
6.30 Tread the Med
Torremolinos and Malaga
7.00 Travel Live
Judi Spiers and Gareth Davis cover everything you ever wanted to know about travel.
8.00 Tales from the Flying Sofa
Seville, Italy and Portugal
8.30
The Great Escape
9.00 Great Splendours of the World
Ancient Splendours
Nigel Havers continues his tour.
10.00 Gatherings and Celebrations
A Family's Dinner in Friuli, Italy
10.30 On Tour
11.00-12midnight Travel Live
Repeat of tonight's show with Judi Spiers and Gareth Davis.



6.00am Kickstart 9.00 MTV Mix 12noon Non-Stop Hits 2.00pm Dancefloor Chart 3.00 Non-Stop Hits 4.00 Select MTV 5.30 MTV News Weekend Edition 6.00 Dancefloor Chart 7.00 Partyzone 9.00 Up for It 10.00 Hot 11.00 Amour 12midnight Singled Out 12.30am Beavis and Butt-head 1.00 Club Mix 3.00 Partyzone 5.00-7.00am Music Videos



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Mysteries, Magic and Miracles
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward.
2.20 Living It Up!
Style show.
3.20 The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests engage in heated discussion.
4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30
Ready, Steady, Cook
Top chefs join host Fern Britton for new recipes.
6.10
Jerry Springer Uncut
Outrageous US talk show.
7.00 Rescue 911
Real-life rescues by US emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.
9.00 FILM: No One Could Protect Her
Joanna Kerns, Anthony John Denison, Peter MacNeill, Lori Hallier
Nightmarish suspense tale, based on an actual case, about a stalker who will not give up his prey. 1995
11.00-12midnight The Sex Files II
Have a Seat
The interesting and imaginative side of sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Pepsi and Shirlee
1.00pm Jukebox
3.00 Toyah!
5.00 Five@Five
5.30 Pop-Up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 Ten of the Best: Lighthouse Family 11.00 Around and Around 12midnight Friday Rock Show 2.00am Rock for Kampuchea 3.00 Late Shift 6.00-7.00am Hit for Six

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



9.00am The Joy of Painting
9.30 Gardeners' Diary
10.00 Gardens Without Borders
10.30 The Furniture Guys
Deck Repair
11.00 Total Fishing with Matt Hayes
11.30 Hometime
12.00 Wheel Nuts
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
Gifts from the Sea
1.30 Antiques Trail
2.00 Homemaker
2.30 These Four Walls
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt's Fishing Adventures
Marvel at the creatures that Australian waters hold.
4.30 Disaster
Lost in Seconds
5.00 Top Marques
Alfa Romeo
A look at the rise of the Alfa Romeo.
5.30 Treasure Hunters
Mussolini's Gold
6.00 Mountain Gorillas
A fascinating insight into these magnificent creatures.
6.30 Howler
Monkeys, Bear Cubs
7.00 Beyond 2000
A look at the latest innovations in science and technology.
7.30 Ancient Warriors
The Macedonians
8.00 Jurassic
Dino Diets and Dwarves
What did prehistoric creatures eat and how exactly did they obtain their food?
9.00 Violent Minds
Outlaws
A look at criminals and at brain abnormalities that may have contributed to them committing crime.
10.00 Justice Files
Have Faith
A look at the darker side of organised religion.
11.00 Arthur C Clarke's Mysterious Universe
A Crop of Circles
What are crop circles?
11.30 Arthur C Clarke's Mysterious Universe
Keys to the Past
12midnight Cinderellas
1.00am Ancient Warriors
The Macedonians
1.30-2.00am Beyond 2000



5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 Fruitties
6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner
7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids
9.00 A Pup Named Scooby-Doo
9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Snagglepuss
11.30 Help! It's the Hair Bear Bunch 12.00 Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry
2.00 Yogi Bear 2.30 Jetsons
3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
Supernatural fun.
4.00 Scooby-Doo
Canine capers.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More fun with the superhero with the ego problem.
5.30 Cow and Chicken
Madcap antics.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.15 Road Runner
6.30 The Flintstones
Prehistoric fun.
7.00 Batman
Caped crusading capers.
7.30 The Mask
More manic antics with the green-faced master of mayhem.
8.00 The Real Adventures of Jonny Quest
8.30-9.00pm Droopy: Master Detective
Laconic humour.



6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur
9.00 Children's BBC on Nickelodeon 10.00 Winzie's House 10.30 Babar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark
12.00 Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks
3.00 Jumanji
Fantasy adventure based on the hit movie.
3.30 Doug/Angry Beavers
Cartoon capers.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Superheroes.
5.00 Rugrats
Fun with the tousle-headed nippers.
5.30 Sister Sister
Domestic disharmony with Tia, Tamara and co.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy.
7.30 Roseanne
First Cousin, Twice Removed
8.00 Cybill
Struggling actress sitcom
8.30 Caroline in the City
Caroline and the Young Man
9.00 Cheers
Yacht of Fools
9.30 Ellen
The Hand That Robs the Cradle
Ellen dates a young man.
10.00 Police Squad
Spoof police series starring Leslie Nielsen.
10.30 Duckman
Award-winning, cult adult animation series.
11.00 Tils and Fibs
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Tils and Fibs
3.00 Police Squad
3.30-4.00am Duckman



6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures of Gigantor
12.00 Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon
3.00 The New Adventures of Gigantor
Children's gameshow, with John Eccleston.
4.00 Batman
The Devil's Fingers
4.30-5.00pm Dennis the Menace
Bathnight Club
More authority-baiting.



CABLE EXCLUSIVE
7.00pm Inside Hollywood
7.30 European Concerts: Moonlight Sonata
8.00 Jazz Greats: Count Basie
Profiles of seminal figures in jazz. Tonight, the most famous bandleader of them all, Count Basie.
9.00 American Masters: Neil Simon
A look at the work of Neil Simon, with contributions from Walter Matthau, Jack Lemmon and Sid Caesar.
10.00 Artsweek
Anna Ford and Tim Marlow present the topical weekly show, with news and reviews of all that's best on the British arts scene.
11.00 Boston Pops Orchestra: Tony Bennett
A series of celebrity concerts with the internationally acclaimed Boston Pops Orchestra, tonight featuring legendary crooner, Tony Bennett.
12midnight 1.00am Midnight Jazz: Tribute to Woody Herman
Chill out through the midnight hour.

NEWS AND INTERNATIONAL

BBC NEWS 24
6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12.00 News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL
News throughout the day, plus:
5.00am This Morning 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 12.30pm Earth Matters 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Style 5.00 Larry King Live 6.45 American Edition 7.30 Business Today 8.30 Q & A 9.30 Insight 10.30 Sport 12.30pm Moneyline 1.30 Q & A 2.00 Larry King Replay 3.00 Days 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS
News on the hour, every hour, plus:
6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12.00 News on the Hour 2.30pm Parliament 3.00 News on the Hour 4.30 Sky World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.00 News on the Hour 8.30 Sky Business Report 9.00 News on the Hour 9.30 Sky World News 10.00 Prime Time 12.30am CBS News 1.30am ABC News 2.30 Business Report 3.30 Fashion TV 4.30 CBS News 5.30-6.00am ABC World News

INTERNATIONAL
3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Ländermagazin 9.30 Unterwegs in Sachsen 10.00 Offen 10.15 Kennzeichen D 11.00 Nachtstudio 12.00pm Offen 12.30pm Goldbörse 1.00 Münchener Klaviersommer 1997 1.45 Sport unter der Lupe 2.15 Eisenbahnromantik 2.45 FILM: Werkchau Felix Karrer 3.45 Design 4.30 Gesundheitsmagazin Praxis 5.15 Reisewege zur Kunst 6.00 Heute 6.18 Wetter 6.20 Kulturzeit 7.00 Tagesschau 8.00 Mein Prag 8.30 Borse 9.00 Notizen aus dem Ausland 9.35 Vietnam 10.35-12.40am Adolf - Grimme - Preis
Deutsche Welle 5.00am Arts Unlimited 5.30 Reconstructing the East 6.00 Journal 6.30 Lesezeit 7.00 Journal 7.30 Boulevard 8.00 Arts Unlimited 8.30 Reconstructing the East 9.00 Journal 9.30 Boulevard 10.00 Made in Germany 10.30 Forscher 11.15 Schätze der Welt 11.30 Lesezeit 12.00 Journal 12.30pm Arts Unlimited 1.00 Boulevard 1.30 Reconstructing the East 2.00 Journal 2.30 Die ZDF Reportage 3.00 Lustige Musikanten 4.00 Boulevard 4.30 Betrifft 5.00 Journal 5.30 Boulevard 6.00 Made in Germany 6.30 Regarding 7.00 Journal 7.30 Lustige Musikanten 8.30 Betrifft 9.00 Journal 9.30 Regarding 10.00 Journal 11.15 Video-Chronik 11.30-12midnight Boulevard

TV5 5.00am TV5 Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 TV5 Minutes 7.05 Journal Televise de Radio Canada 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Les Mots Dits 9.00 Minutes 9.05 Abraham et les Petits Metiers 9.30 Correspondances 9.45 7 Jours en Afrique 10.00 Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.35 Journal 3 11.55 Meteo 12.00 Le Monde de TV5 2.00pm Temps Present 3.00 Journal 3.15 Pyramide 3.45 Bus

et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Faites la Fete 8.55 Meteo 9.00 Journal 9.30 Bon Weekend 10.30 Drucker and Co 11.00 Star and Co 11.30-12midnight Soir 3 et Meteo

ASIANET

CABLE EXCLUSIVE
7.30am News 8.00 Morning Today 8.30 Bhakti Sagar 9.00 FILM 12.30 News 12.00 Chidi Ka Ghulam 12.30pm Babu 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Music Challenge 5.00 Sansar 5.30 Mahanagar 6.00 Tiger 6.30 Aur Aap 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 Zameen Aasman 9.00 FILM 11.30 News 12midnight Zameen Aasman 12.30am Swabimaan 1.00 Shanti 1.30 Movie 4.00 MSMT 5.00 Music 5.30 Bollywood Show 6.00 Akbar Birbal 6.30 News 7.00-7.30am Mehfil

ZEE TV
4.00am URDU FILM: Khudah Gawah 6.30 Musfatain 7.00 Jaagan 7.30 Aap Ki Adalat 8.00 Business News 8.30 Aahaa 9.00 Tanhaiya 10.00 Amanat 11.00 Zeila Ka Safar 11.30 Daraz 12.00 HINDI FILM: Aashri Dao 3.00pm Andaz 4.00 Hum Paanch 4.30 It My Choice 5.00 Zee Zone 6.00 Banegi Apni Boat 6.30 Lehren 7.00 Mast Mast Hai Zindagi 7.30 New Vacuum 8.00 News 8.30 Parampara 9.00-12midnight FILM: Bengal Queens

RACING CHANNEL
11.00am Racing Review 12.30pm Live at Luncmeth 2.00-6.00pm Live Racing From Fakenham, Folkestone and Southwell.

CMT
6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.00pm Top 12 3.30 Showcase 4.00 Non-Stop 6.00 Top Billing 7.00 Rebel Country 8.00 Top 12 9.00 Showcase 10.00 Non-Stop 11.00 Top Billing 12midnight Rebel Country 1.00am Top 12 2.30 Showcase 3.00 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG
Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS
News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL
4.00am Thought for the Day 4.05 Matthew Ashimolowo 5.00 Eddie Young 5.30 Rick Renner 6.00 Jerry Saville 6.30 Creflo Dollar 7.00 Copeland 7.30 Kidz TV 8.00 Benny Hinn 8.15 Haggin/Summral 8.45 Pensacola 9.45 Sandfords 10.15 TD Jakes 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE
5.30am Parliamentary Committees 9.30 The Commons Live 3.00pm This Week in the Lords 11.00-12midnight Business Statement

WORLD NET
9.00am Newfile Feed 10.00 US News 11.00 Business News 11.30 Call-In Program 12.30pm Democracy 1.00 Worldnet Dialogues 2.00 Business News 2.30-3.00pm Small Business

LANDSCAPE
Beautiful films accompanied by music 24 hours a day



4.00pm Our Century: Beyond the Front: 1914-1918
This programme focuses on one of the most terrible wars of the century - World War I.
5.00 Mummies: Tales from the Egyptian Crypts
Part II
A look at the national symbol for both ancient and modern Egypt - the Sphinx.
7.00-8.00pm Biography
Sigmund Freud
A profile of the first psycho-analyst.



11.00am Take the High Road
11.30 Emmerdale
Jackie Merrick has opted to live apart from his mother.
12.00pm Emmerdale
12.30pm As the World Turns
David overhears Lily's plan to investigate him.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Rural soap.



11.00am Video Trips
Hamptons
11.30 Globetrotter
London, Florida and Tahiti
12.00 Independent Traveller
Malta
12.30pm Getaway
Hawaii, Victoria and Ningaloo Reef
1.00 Great Escapes
York and Jordan
1.30 Golf in Paradise
2.00 American Vacation
3.00 Globetrotter
3.30-4.00pm Sky Destinations

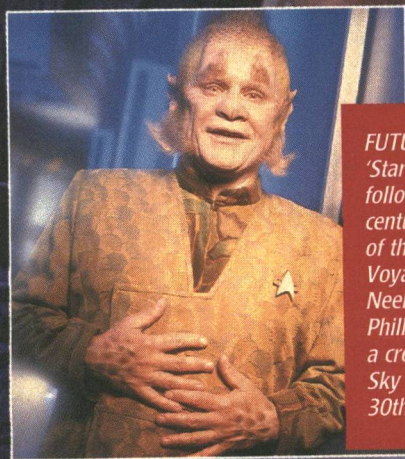


News throughout the day, plus:
5.00am Europe Today 8.00 Money Wheel 1.00pm Squawk Box Live 3.00 US Market Watch 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Your Money 8.30 The Big Game 9.00 US Market Wrap 10.00 Media Report 10.30 Future File 11.00 Your Money 11.30 Big Game 12.30am Market Wrap 3.00 Media Report 4.30-5.00am Big Game

Saturday March 21 to Tuesday March 31

Let's twist again

WHEN a series of destructive tornadoes hit Oklahoma, weatherman Bill Harding (Bill Paxton) and his scientist wife Jo (Helen Hunt) — who are experiencing a stormy marriage — have to work together in the premiere of 'Twister'. Sky Movies Screen 2 Saturday 21st 10.05pm



FUTURE THRILLS
'Star Trek: Voyager' follows the 24th-century adventures of the Starship 'USS Voyager', on which Neelix (Ethan Phillips) serves as a crew member. Sky One Monday 30th 8.00pm

STARRY NIGHT:
'Extreme Machines: Supersight' looks at the stars with the Hubble space telescope as it reveals far away galaxies previously hidden from man. Discovery Tuesday 31st 9.00pm



SECTION FOUR

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



6.00am
A Holiday to Remember
1995, rating Sky U, 90 mins
8.00 Little Bigfoot 2: The Journey Home
1996, rating Sky PG, 89 mins
9.45 Options
1989, rating Sky PG, 88 mins
11.15 Sense and Sensibility
Period drama. **Text** 1995, rating Sky U, 131 mins
1.30pm Magic Sticks
George Kranz, Kelly Curtis
1987, rating Sky PG, 85 mins

3.00 The Stalking Moon
Gregory Peck, Eva Marie Saint, Robert Forster, Noland Clay, Russell Thorson, Frank Silvera
Western, in which a

woman who has befriended the local Apaches, is helped by a soldier to escape from her ex-husband, who wants his son back. 1969, rating Sky PG, 104 mins
5.00 Little Bigfoot 2: The Journey Home
Stephen Furst, Taran Noah Smith, Michael Fishman, Tom Bosley
Family adventure in which a group of children befriend a creature named Little Bigfoot, which is being hunted by a circus owner to become his star attraction. 1996, rating Sky PG, 89 mins

7.00 Now and Then
Demi Moore, Melanie Griffith, Rosie O'Donnell, Rita Wilson, Christina Ricci, Thora Birch, Gaby Hoffman
Drama about four women – Chrissy, Roberta, Tina and Samantha – who meet up and reminisce back to the days when they were carefree 12-year-olds. **Text** 1996, rating Sky PG, 96 mins
9.00 Sense and Sensibility
Emma Thompson, Alan Rickman, Kate Winslet, Hugh Grant, Greg Wise, Imogen Stubbs
Lavish adaptation of the Jane Austen novel about two sisters – one is pragmatic and ironic, while younger Marianne is more passionate and wilful – and their quest to find themselves well-off husbands. **Text** 1995, rating Sky U, 131 mins

11.15 Murder in the First
Christian Slater, Kevin Bacon, Gary Oldman
Fact-based prison drama. **Text** 1995, rating Sky 15, 117 mins
1.20am Jason's Lyric
Allen Payne, Jada Pinkett
1993, rating Sky 18, 116 mins
3.20-5.05am Hostage Flight
Ned Beatty, Barbara Bosson,
Thriller. 1985, rating Sky 15, 91 mins



6.00am The Scarlet Empress
Historical drama. 1934, rating Sky PG, 101 mins
8.00 The Velvet Touch
1948, rating Sky PG, 93 mins
9.40 I Wake Up Screaming
1941, rating Sky U, 79 mins
11.05 Abbott and Costello Meet Dr Jekyll and Mr Hyde
1953, rating Sky PG, 73 mins
12.25pm Blood and Sand
Tyrone Power, Rita Hayworth
1941, rating Sky PG, 119 mins
2.25 The Scarlet Empress
Marlene Dietrich, Louise Dresser, John Lodge, Sam Jaffe
Drama about Catherine the Great and her rise to power as the 18th-century Empress of Russia. 1934, rating Sky PG, 101 mins

4.20 Salt Water Moose
Timothy Dalton, Lolita Davidovich, Johnny Morina, Katharine Isobel
Family drama about a boy's lonely summer which turns into the adventure of a lifetime when he meets a local tomboy. Together, they travel to a nearby island and come to the aid of a stranded moose. 1996, rating Sky U, 93 mins
6.00 Born to Be Wild
Will Horneff, Helen Shaver, Peter Boyle, Jean Marie Barnwell, John C McGinley
Family adventure about a young Seattle boy who befriends a lost gorilla and attempts to secure her freedom, while guarding her from those who want to put her back into captivity. 1995, rating Sky U, 94 mins

8.00 Kazaam
Shaquille O'Neal, Francis Capra, Ally Walker
Family comedy about a genie who is inadvertently released when a building is knocked down, and then promptly meets a young boy named Max. Although the pair do not immediately get along, Kazaam helps Max to find his lost father. 1996, rating Sky 12, 87 mins
10.00 Twister – Preview
10.05 Twister
Helen Hunt, Bill Paxton, Cary Elwes, Jami Gertz, Lois Smith
PREMIERE Special effects-filled action movie about two rival teams of scientists who compete to investigate a series of destructive tornadoes. **Text** 1996, rating Sky PG, 109 mins

12midnight Siren's Kiss
1995, rating Sky 18, 99 mins
1.35am Black Scorpion: Ground Zero
1996, rating Sky 15, 89 mins
3.10 Vampires in Venice
1988, rating Sky 18, 90 mins
4.45-6.00am Sherlock Holmes: Valley of Fear
1983, rating Sky U, 50 mins



11.00am Funny Girl
Barbra Streisand, Kay Medford, Omar Sharif
Musical starring an Oscar-winning Streisand as Fanny Brice, the popular comedienne who found her on-stage success overshadowed by a troubled personal life. 1968, rating Sky U, 142 mins
1.45pm Zorba the Greek
Anthony Quinn, Alan Bates, Lila Kedrova, Irene Papas
A lovely, life-affirming Oscar-winning tale of a young British writer who, while struggling with writer's block on a small Greek island, comes to befriend the friendly, ageing peasant Zorba. Their adventures together introduce the visitor to a whole new way of life. 1964, rating Sky PG, 135 mins

4.15 Moonstruck
Cher, Nicolas Cage, Olympia Dukakis, Danny Aiello, Vincent Gardenia, John Mahoney
Bittersweet love story depicting the ups and downs of a close Italian-American family in New York. 1987, rating Sky PG, 98 mins
6.00 Roman Holiday
Audrey Hepburn, Gregory Peck, Eddie Albert, Tulio Carminati
Romantic drama in which an Italian princess flees her palace and meets a dashing American reporter. The pair quickly fall in love, and she realizes that there is more to life than her regal existence. 1953, rating Sky U, 114 mins

8.00 Cocoon
Steve Guttenberg, Don Ameche, Brian Dennehy
Enchanting fantasy in which a group of gentle aliens – disguised as humans – come to Earth to rescue alien cocoons from under the sea. A group of local pensioners unwittingly benefit from their operation, becoming rejuvenated. 1985, 117 mins
10.00 The French Connection
Gene Hackman, Fernando Rey
Acclaimed thriller about a New York detective who investigates an illicit drugs operation. 1971, rating Sky 18, 100 mins

11.45 Born on the Fourth of July
Tom Cruise, Willem Dafoe, Kyra Sedgwick
Harrowing Vietnam War drama about a crusading paraplegic veteran. 1989, rating Sky 18, 137 mins
2.10am-4.10am Children of a Lesser God
William Hurt, Marlee Matlin
Drama in which a teacher at a school for the deaf falls for a former student. 1986, rating Sky 15, 115 mins



Jami Gertz stars in the premiere of 'Twister': Sky Movies Screen 2 10.05pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Meet Me in St Louis
Judy Garland, Margaret O'Brien, Lucille Bremer, Tom Drake, Mary Astor, Leon Ames
Classic musical following the experiences of an all-American family during the year of the St Louis World Trade Fair, 1904. It features a host of unforgettable tunes. 1944, 113 mins
11.00 Lili
Leslie Caron, Mel Ferrer, Jean-Pierre Aumont, Zsa Zsa Gabor, Kurt Kasznar, Amanda Blake
The tuneful tale of a girl's search for happiness. 1953, 81 mins
12.30am The Prize
Paul Newman, Edward G Robinson, Elke Sommer
Cold War suspense thriller. 1963, 136 mins
3.00-5.00am Meet Me in St Louis
Judy Garland, Lucille Bremer
Musical. 1944, 113 mins



7.00am Double Dragon
7.30 My Pet Monster
8.00 Tattooed Teenage Alien Fighters from Beverly Hills
8.30 Superhuman Samurai Syber-Squad
9.00 Ultraforce
9.30 Delfy and His Friends
10.00 Legend of the Hidden City
11.00 Games World Omnibus
11.30 Sea Rescue
12noon World Wrestling Federation – Live Wire
1.00pm WWF – Shotgun Challenge
2.00 Kung Fu

3.00 Star Trek
A Taste of Armageddon
When Kirk attempts to establish diplomatic relations with Eminiar 7, he discovers that the planet is already in a state of war.

4.00 Star Trek: The Next Generation
Data's Day
Data records the wedding plans of Miles O'Brien and his fiancée, for whom he is to be best man.

5.00 Star Trek: Deep Space Nine
The Collaborator
Vedek Bareil and Wynn resume their political struggle as the election of the Kai draws near.

6.00 Xena: Warrior Princess
Maternal Instincts
High-kicking action with the leather-girdled heroine who enjoys wielding a sword or two.

7.00 Hercules: The Legendary Journeys
Medea Culpa
A fishing trip prompts memories of an early adventure for Hercules, Iolaus and Jason.

8.00 Buffy the Vampire Slayer
Prophecy Girl
Giles discovers an ancient book foretelling Buffy's death at the hands of The Master.

9.00 Cops I
Dallas
Officers respond to a domestic dispute call.
9.30 Cops II
Fort Meyers
A new episode.

10.00 Law and Order
ID
When a young woman is murdered, her sister becomes the prime suspect.

11.00 Showbiz Weekly
Presented by Tania Bryer and reporter Tim Muffett.
11.30 The Movie Show
The weekly chance for film buffs to catch up on all the latest cinema news.
12midnight New York Undercover
Is it a Crime?
A young girl is killed by a malfunctioning elevator in her apartment building. **Text**

1.00am Dream On
Oral Sex, Lies and Video Tape
2.00-7.00am Long Play
A VJ-free music zone.



7.00am The Sullivans Omnibus
9.05 You're Only Young Twice
Raising the Roof
9.35 In Loving Memory
Legacy
10.05 Neighbours Omnibus
12.05pm EastEnders Omnibus
2.55 FILM: Doctor in the House
Dirk Bogarde, Kenneth More, James Robertson Justice, Kay Kendall, Muriel Pavlow, Donald Sinden
British medical comedy about a group of irrepressible medical students who have unconventional notions about studying anatomy. The first in a series of *Doctor* films which also spawned a television series. 1954

4.50 Bruce Forsyth's Generation Game
Four teams, each pairing a man and a woman who are related to one another, try to emulate experts at particular skills, generating comedy and sometimes chaos along the way. The best duo win through to a finale played against the clock.

6.00 Robin's Nest
Wish You Weren't Here
Nicholls decides his daughter needs a break.
6.30 Keeping Up Appearances
Popular comedy with Patricia Routledge.

7.10 The Two Ronnies
Vintage bifocal comedy sketches, songs and monologues with Messrs Barker and Corbett.

8.00 Canned Carrott
More stand-up comedy and sketches with Brummie funnyman Jasper Carrott.

8.50 French and Saunders
A mix of sketches, songs and movie magic.
9.30 Fawlty Towers
The Wedding Party
The hotel is expecting some wedding guests, and Basil gets a bee in his bonnet about morality.

10.15 Men Behaving Badly
How to Dump Your Girlfriend
10.45 The Young Ones
Boring
More anarchic comedy, with special guests Madness.

11.30 The Comic Strip Presents...
Fun-Seekers
Satirical comedy from the Comic Strip team.

12.25am The Old Grey Whistle Test
The classic rock series.

1.00 FILM: In the Line of Duty: The FBI Murders
David Soul, Michael Gross
Crime drama. 1988

2.35-7.00am Shopping at Night

UK HORIZONS

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Tomorrow's World Plus
9.00 Top Gear GTi
10.00 999
11.00 Redcaps
11.30 Redcaps
12noon Out of This World
12.30pm Animal Hospital
1.00 The Wild Bunch: The Savage Paradise
2.00 The Wild Bunch: The Savage Paradise

3.00 The Wild Bunch: The Savage Paradise
Year of the Jackal
 The last of Hugo van Lawick's Serengeti films focuses on a pair of golden jackals.

4.00 Your Horizons
 Sneak previews and celebrity interviews in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

5.00 Tomorrow's World Plus
 The very latest from the world of science and technology, with hosts Peter Snow and Philippa Forrester.

6.00 The Gulf War
Thunder and Lightning
 Telling the dramatic story of seven months of crisis and conflict in the Gulf War, with compelling eye witness accounts.

7.00 Jeremy Clarkson's Motorworld
The United Arab Emirates
7.30 The Power and the Glory
The Right Stuff

8.00 Top Gear GTi
 Jeremy and the team present an extended edition featuring even more information, interviews and consumer tips.

9.00 Saturday Double Bill - Beauty and the Beast: The Body Shop
 Explores the reasons behind people's decisions to have cosmetic surgery on their body.

10.00 Saturday Double Bill - Beauty and the Beast: Painted Babies

A look at the bizarre world of children's beauty contests in America.
11.00 Mistresses
The Other Woman
 Bienvenida Sokolow and Antonia de Sancha join social commentators, agony aunts and other mistresses in discussion.

12midnight-1.00am Soho Stories
 Intimate documentary series following a range of characters from London's Soho.

GOOD Life

6.00am Young Chefs 6.30 The Good Housekeeping Show 7.00 The Rosemary Conley Show 7.30 Eat, Drink and Be Healthy 8.00 Cook's Garden 8.30 Flavours of the Orient 9.00 Sally Jessy Raphael 10.00 Young Chefs 10.30 Great British Food 11.00 Rosemary Conley's Cookbook 11.30 World on a Plate 12noon The Rosemary Conley Show 12.30pm Eat, Drink and Be Healthy 1.00 Bon Appetit 1.30 Flavours of the Orient 2.00 Young Chefs 2.30 Cook's Garden

3.00 Rosemary Conley's Cookbook
 A guide to healthy eating and low-fat cookery tips.

3.30 The Zest Beauty Show
 With Guiseppe Louso.

4.00 Sally Jessy Raphael
 More lively studio discussion about a wide range of controversial topics affecting the audience's lives.

5.00 Young Chefs
 Top cookery talent. Hosted by Charlotte Hindle.

5.30-6.00pm World on a Plate
 With Loulla Astin.

plus

6.00am The Box 7.00 The Army Game 7.30 Nearest and Dearest 8.00 Watching 8.30 The Fenn Street Gang 9.00 Blind Date 10.00 E! Uncut 10.30 E! In Focus 11.00 The E! True Hollywood Story 12noon Hart to Hart 1.00pm Blind Date 2.00 The Jewel in the Crown

3.00 Poirot
The ABC Murders
 Poirot investigates a series of grisly murders, supposedly committed by a madman who is motivated, apparently, by an absolute hatred of Poirot himself. Or is there a much more mundane motive and an altogether more calculating culprit? David Suchet stars as the infamous Belgian sleuth.

5.00 Sam Saturday
 Drama series about a detective. Sam's instincts are tested when he strikes a bargain with a tough criminal and investigates a cot death.

6.00 The Professionals
Rogue
 Bodie and Doyle find the dead bodies of two key witnesses in the trial of a long-suspected drug smuggler.

7.00 Hawaii Five-0
Trouble in Mind
 Contaminated heroin shatters a failing singer's desperate attempt at a comeback. Starring Jack Lord.

8.00 The Jewel in the Crown
The Bibighar Gardens
 On her way home, Daphne finds Kumar in the Bibighar Gardens, where they make love.

9.00 Fitz
If - Part II
 Fitz has tied the murders to the LA riots, but Watlington's ex-wife Tisha is next on the killer's list. Stars Robert Pastorelli.
10.00 The Comedians 10.30-11.00pm First Exposure

men & motors

11.00pm Snowgirls
 Presented by Playboy beauty Emma Harrison.
11.30 Babewatch UK
 Presented by the nation's top glamour girls.

12midnight Lord Lust's Lovelies
 Saucy late night offering.
12.10am The Vinnie Jones Show 1.00 E! Talk Soup 1.30 E! Uncut
 Profiling heart-throb actor Kiefer Sutherland.
2.00-6.00am The Box



CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Retrospectives 10.30 Perfect Pasta with Aldo Zilli 11.00 Ross's Foreign Assignment 11.30 Graham Kerr's Kitchen 12noon Food Network Daily 12.30pm A Taste of the Caribbean 1.00 Chez Bruno 1.30 Tessa Bramley's Seasonal Kitchen 2.00 Eat Your Greens 2.30 Food Network Daily 3.00 Food for Thought Jewish and Kosher With Sarah Greene. 3.30 Ross's Foreign Assignment 4.00 A Year at Ballymaloe 4.30-5.00pm Winter Nosh



CABLE EXCLUSIVE

5.00pm Switch On
 Entertainment magazine with Matthew Lorenzo.
5.30 We Are Seven
 Period drama series about the scandalous Morgan family. Paul and Mary are now married, and Pansy's father returns from London with a wife.

6.30 Haggard
Daring Deeds
 Roderick is up to his eyes and ears in debt.

7.00 The Upper Hand
Business and Pleasure
 Charlie takes advantage of his new golf partner.

7.30 Birds of a Feather
Keep Off the Grass

8.00 The Ruth Rendell Mystery Movie: Talking to Strange Men

A jilted husband stumbles across a dead letter drop. He does not know the significance of his discovery, but recognises a means of getting back at his wife, and perhaps harming the man who has stolen her. Stars John Duttine and Mel Martin.
10.00 The Guilty
 Brilliant lawyer Steven Vey's life is irrevocably changed because of a secretary at his chambers and a son he has never seen.

12midnight-2.00am FILM: Falsely Accused
 Lisa Hartman Black 1993



THE BOX
 MUSIC TELEVISION
 YOU CONTROL
 Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Kitchen at 11.00am.

Cable Choice

FILM

Twister

Sky Movies Screen 2 10.05pm

Stunning special effects are the star in the premiere of this windy action movie about two teams of scientists competing to find out the cause of a series of destructive tornadoes. Jo (Helen 'Mad About You' Hunt) leads one gang with her soon to be ex-husband Bill Harding (Bill Paxton), but the sexual chemistry re-emerges among the devastation of middle America as the wicked weather works across country. A little corny as a love story, but not to be missed for the tornado scenes.

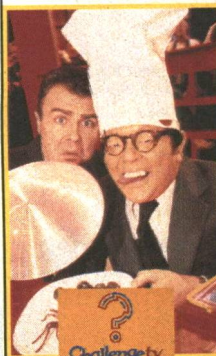
GENERAL

L'Elisir d'Amore Performance 9.00pm

Opera's golden couple Roberto Alagna and Angela Gheorgiu star as the lovable peasant Nemorino and the girl whose heart he cannot win. Until, that is, he discovers a magic love potion. Donizetti's popular and tuneful comic opera is conducted by Evelino Pido from the Lyon Opera.

Saturday continues overleaf...

ADVERTISEMENT



ENDURANCE UK 10.15PM

Forty minutes of the most compulsive and repulsive entertainment, as Paul Ross and samurai sidekicks Okie and Cokie, preside over another round of Challenge TV's newest show, Endurance UK.

SATURDAY MARCH 21

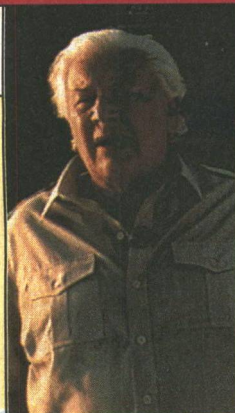
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

EURO SPORT		SKY sports ①		SKY sports ②		SKY sports ③		Trouble		SCH	
7.30am Extreme Sports 9.10 Snowboard Action from the Grundig FIS World Cup in Sweden. 9.40 Mountain Bike 11.10 Sailing Action from the Whitbread Round the World Race. 12.10pm Athletics - LIVE 12.40 Superbike 2.00 Cycling - LIVE Coverage of the World Cup from to Milan.		6.00am Hold the Back Page 7.00 Sky Sports Centre 8.00 Aerobics Oz Style 8.30 Racing News 9.00 NBA 11.00 Hold the Back Page Brian Woolnough is joined by a cross-section of journalists who attempt to explain the headlines which dominate the day's newspapers. 12noon Gillette Sports Saturday Jeff Stelling hosts the most dynamic sports service around. Previews of the day's football are followed by regular updates and half-time reports before concluding with all the latest results.		6.00am NHL Powerweek 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Soccer AM Presented by Tim Lovejoy and Helen Chamberlain. 12noon Samsung Esprit 12.30pm International Cricket: South Africa v Sri Lanka Day three highlights from the first Test. 2.00 International Cricket: West Indies v England - LIVE Second day coverage of the sixth and final Test from Antigua.		12noon Table Tennis: Qatar Open International action from Qatar. 1.00pm NHL Powerweek A preview of the news and views in ice hockey together with features on the players who hit the headlines. 2.00 Euro Tour Golf: Portuguese Open - LIVE The best of the action from Aroeira, Lisbon, where Sweden's Michael Tonzon defends his 1997 title.		12noon Teenage Urban Adventurers Teenage Mum 12.15pm Teenage Urban Adventurers Jungle DJ's 12.30 Ready or Not <i>Black or White or Maybe Grey</i> 1.00 Saved by the Bell <i>Rockumentary</i> 1.30 Saved by the Bell <i>All in the Mail</i> 2.00 USA High <i>The Competition</i> 2.30 Heartbreak High 3.00 Sweat Aussie teen drama series. 3.30 Hollyoaks Teen soap. 4.00 Hollyoaks Teen soap. 4.30 Ready or Not <i>Wild Life</i> 5.00 Blast The chart show. 5.30 Echo Point Teenage soap. 6.00 Echo Point Teenage soap. 6.30 Heartbreak High 7.00 Sweat 7.30-8.00pm USA High		7.30am Nightmare 8.00 G-Force 8.30 Robotech 9.00 Bionic Six 9.30 Adventures of the Galaxy Rangers 10.00 The Web 10.55 C/Net Central 11.25 Inside Space 11.55 Earthscan 12noon The Outer Limits <i>Cold Hands, Warm Heart</i> 2.00 The Outer Limits <i>Behold, Eck!</i> 3.00 The Outer Limits <i>Expanding Human Heart</i> A professor experiments with a drug that expands human consciousness. 4.00 Mystery Science Theatre 3000 <i>Jack Frost</i> The crew of the <i>Satellite of Love</i> bravely attempt to make sense of the incomprehensible film <i>Jack Frost</i> , featuring dwarfs, evil step-mothers, and dancing houses. 6.00 Amazing Stories <i>One for the Books</i> A janitor speaks French. 6.30 Swamp Thing <i>Night of the Dying</i> 7.00 The Cape <i>Lost in Space</i> Peter endangers the life of one of his pupils and halts the launch of Columbia. 8.00 Quantum Leap <i>Animal Frat</i> Sam surfaces in 1967 as crazy campus brother Knut 'Wild Thing' Wileton. 9.00 Sleepwalkers <i>Night Terrors</i> Nathan finds a tormentor from his own nightmares troubling a young boy. 10.00 The Hunger <i>Red Light</i> More dark tales. 10.30 The Making of Sphere 11.00 Mystery Science Theatre 3000 <i>Jack Frost</i> The crew get confused by the fantasy film <i>Jack Frost</i> . 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
6.00 Tennis - LIVE Coverage of the sixth day of the ATP Tour's Mercedes Super 9 Tournament from Key Biscayne.		5.30pm Bobby Charlton's Football Scrapbook World Cup winning midfielder Alan Ball joins Bobby Charlton and Dickie Davies.		4.00 International Cricket Update 4.30 International Cricket: West Indies v England - LIVE Ball-by-ball, second day coverage of the sixth and final Test from Antigua.		5.00 World Wide Rugby: Super Tournament Action from the Rugby Union's premier provincial tournament. 6.30 Ice Hockey: British Semi-Final - LIVE Two sides meet on the ice with a place in the final at Manchester's Nynex Arena at stake.		8.00pm Monkey <i>Truth and the Grey Glove Devil</i> Cult serial from Japan following Buddhism. 9.00 Monsters <i>Satan in the Suburbs</i> 9.30 The Burning Zone <i>Blood Covenant</i> A former government scientist threatens to infect a city with malaria. 10.30 Red Shoe Diaries 11.00 FILM: Red Scorpion II Action drama. 1994		8.00 Quantum Leap <i>Animal Frat</i> Sam surfaces in 1967 as crazy campus brother Knut 'Wild Thing' Wileton. 9.00 Sleepwalkers <i>Night Terrors</i> Nathan finds a tormentor from his own nightmares troubling a young boy. 10.00 The Hunger <i>Red Light</i> More dark tales. 10.30 The Making of Sphere 11.00 Mystery Science Theatre 3000 <i>Jack Frost</i> The crew get confused by the fantasy film <i>Jack Frost</i> . 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
9.30 Boxing Coverage of another top bout.		7.00 Spanish Football - LIVE Coverage of one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents competing for the title, currently held by Real Madrid.		9.00 International Cricket: South Africa v Sri Lanka Another chance to see action from day three of the first Test between South Africa and Sri Lanka.		9.00 Ford Golf USA: Bay Hill Invitational Highlights from the Bay Hill Club in Orlando, Florida, where Arnold Palmer hosts a tournament at the venue he owns.		8.00pm Monkey <i>Truth and the Grey Glove Devil</i> Cult serial from Japan following Buddhism. 9.00 Monsters <i>Satan in the Suburbs</i> 9.30 The Burning Zone <i>Blood Covenant</i> A former government scientist threatens to infect a city with malaria. 10.30 Red Shoe Diaries 11.00 FILM: Red Scorpion II Action drama. 1994		8.00 Quantum Leap <i>Animal Frat</i> Sam surfaces in 1967 as crazy campus brother Knut 'Wild Thing' Wileton. 9.00 Sleepwalkers <i>Night Terrors</i> Nathan finds a tormentor from his own nightmares troubling a young boy. 10.00 The Hunger <i>Red Light</i> More dark tales. 10.30 The Making of Sphere 11.00 Mystery Science Theatre 3000 <i>Jack Frost</i> The crew get confused by the fantasy film <i>Jack Frost</i> . 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
10.30 Trial Action from the 9th Trial Masters in Paris-Bercy, France.		9.30 Saturday Fight Night - LIVE Coverage of the latest championship boxing featuring the best British fighters. Presented by Paul Dempsey, with ringside analysis from Glenn McCrory and Ian Darke. 11.30 Formula Three Fast-track coverage of the championship.		11.00 Samsung Esprit 11.30 Euro Tour Golf: Portuguese Open Coverage from Aroeira, Lisbon. 2.30am Ice Hockey: British Semi-Final 5.00 Gillette World Sport Special 5.30-6.00am World of Sailing		11.30-12midnight Rebel Sports Wild and mad-cap series.		8.00pm Monkey <i>Truth and the Grey Glove Devil</i> Cult serial from Japan following Buddhism. 9.00 Monsters <i>Satan in the Suburbs</i> 9.30 The Burning Zone <i>Blood Covenant</i> A former government scientist threatens to infect a city with malaria. 10.30 Red Shoe Diaries 11.00 FILM: Red Scorpion II Action drama. 1994		8.00 Quantum Leap <i>Animal Frat</i> Sam surfaces in 1967 as crazy campus brother Knut 'Wild Thing' Wileton. 9.00 Sleepwalkers <i>Night Terrors</i> Nathan finds a tormentor from his own nightmares troubling a young boy. 10.00 The Hunger <i>Red Light</i> More dark tales. 10.30 The Making of Sphere 11.00 Mystery Science Theatre 3000 <i>Jack Frost</i> The crew get confused by the fantasy film <i>Jack Frost</i> . 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
12midnight Superbike 1.00am-2.00am Superbike - LIVE Coverage of the World Championships from Phillip Island, Australia.		12midnight Superbikes: Australia Race One - LIVE Coverage from Down Under. 2.00am World Wide Rugby 3.30 Superbikes: Australia Race Two - LIVE 5.30-6.00am Futbol Mundial		11.00 Samsung Esprit 11.30 Euro Tour Golf: Portuguese Open Coverage from Aroeira, Lisbon. 2.30am Ice Hockey: British Semi-Final 5.00 Gillette World Sport Special 5.30-6.00am World of Sailing		11.30-12midnight Rebel Sports Wild and mad-cap series.		8.00pm Monkey <i>Truth and the Grey Glove Devil</i> Cult serial from Japan following Buddhism. 9.00 Monsters <i>Satan in the Suburbs</i> 9.30 The Burning Zone <i>Blood Covenant</i> A former government scientist threatens to infect a city with malaria. 10.30 Red Shoe Diaries 11.00 FILM: Red Scorpion II Action drama. 1994		8.00 Quantum Leap <i>Animal Frat</i> Sam surfaces in 1967 as crazy campus brother Knut 'Wild Thing' Wileton. 9.00 Sleepwalkers <i>Night Terrors</i> Nathan finds a tormentor from his own nightmares troubling a young boy. 10.00 The Hunger <i>Red Light</i> More dark tales. 10.30 The Making of Sphere 11.00 Mystery Science Theatre 3000 <i>Jack Frost</i> The crew get confused by the fantasy film <i>Jack Frost</i> . 1.00am Buck Rogers in the 25th Century 2.00 Planet Mirth 2.30 The Secrets of Isis 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	



'The Making of Sphere' goes behind the scenes of the science fiction blockbuster which stars Dustin Hoffman and Sharon Stone: Sci-Fi 10.30pm

X		PLAYBOY		Adult CHANNEL	
12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 Northern Exposer 12.45 FILM: Babe Watch Sweaty beach action in which the lifeguards discard their bathing suits. 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Sex Talk 2.25 FILM: Wicked Waxes Worxxxs Adult erotic feature. 3.55-4.00am What's on Tomorrow		12midnight Free Teaser Introduced by <i>Night Calls</i> hostesses Emma and Chrissy. 12.05am Night Calls Live Sex chat with Emma, Chrissy and their monthly fax girl. 1.30 FILM: Generation Sex III <i>Nici Sterling, Dawn Devin</i> Adult erotic feature. 2.30 Essentially Juli Adult movie star Juli Ashton struts her stuff. 3.30-4.00am Late Night II		12midnight Dish of the Day 12.10am FILM: Dreams <i>Jeanna Fine, Kaitlyn Ashley, Melissa Hill, Jordan Lee</i> Erotic tale about a scientist who invents a revolutionary device that can record a person's dreams. 1.20 Nude Wives Prepare yourself for some very naughty housewives. 2.20 Spicier Side of Melissa Hill Melissa Hill shares her hottest moments. 3.40-4.00am English Rose	



Sir Peter Ustinov follows the road to Mandalay, Burma, in 'East Meets West': Travel 9.00pm



5.00pm Fifteen to One
Fast-moving quiz with William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.05 Split Second
With Aonghus McAnnally.
7.30 Move on Up
With Richard Morton.
8.00 Prize Time
8.15 Jools Holland's Name That Tune
8.45 Prize Time
Competitions.
9.00 3-2-1 Raffles
Ted Rogers hosts the quiz and entertainment show with Dusty Bin.
10.00 Prize Time
10.15 Endurance UK
Paul Ross puts more contestants through tortuous games.
11.00 Sticky Moments on Tour
With Julian Clary.
11.45 Prize Time
Competitions.
12midnight Love at First Sight
12.30am C.A.T.S. Eyes
1.30 Sweet Justice
2.30 Bagdad Cafe
3.00 FILM: Vincent and Me
Nina Petronzio 1990
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 What's in the Box 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Agony Omnibus 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00 Judge Judy Omnibus

5.00 Agony
Advice and comfort is at hand for those in emotional pain.
5.30 Sport LIVE
6.00 The Fashion Show
All the latest styles.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier

7.30 Agony
Advice show.
7.59 Big City Tips
8.00 Lie Detector
Finding the truth by unmasking deception.
8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Discussion of the erotic.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennyam 12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
9.30am The Album Show
10.30 The Album Show
11.30 American Chart Show
12.30pm Movies Games Videos
1.30 Inside Hollywood
2.30 The Album Show
Top long-players reviewed

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.

5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

6.30 The World of Sport
The weekly show covering the whole spectrum of sport.
7.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.

8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
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10.30 Inside Hollywood
All the latest gossip from Tinseltown.
11.30 The Album Show
Thirty minutes of classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Hello Austria, Hello Vienna
5.30 NBC Nightly News with Tom Brokaw
6.00 MSNBC's The News with Brian Williams
7.00 The McLaughlin Group
7.35 Europa School
8.00 Cyberschool
10.00 Super Shop
11.00 NBC Super Sports
Coverage of European PGA Golf, NHL Powerweek and NCAA basketball.

3.00pm Five Star Adventure
3.30 Europe à la Carte
Great chefs of Europe.
4.00 The Ticket NBC
Entertainment guide with Kristiane Backer.

4.30 V.I.P.
Celebrity chat.
5.00 Classic Cousteau
Calypso's Search for Atlantis - Part II
Underwater explorations.

6.00 National Geographic Television
Warship Kronan/ Dolphin Talk/ Renaissance Restoration

7.00 Mr Rhodes
Schoolroom comedy starring Tom Rhodes.
7.30 Union Square
New York sitcom.

8.00 Profiler
A stylish suspense thriller exploring the dark side of the human mind. Stars Ally Walker.

9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of more top celebrities.

10.00 Mancuso FBI
Little Saigon
Mancuso aids an Asian drug lord in a bid to clear a colleague's name.

11.00 NCAA Basketball: Regional Finals One and Two
America's top amateur basketball tournament, popularly known as March Madness.
4.30-5.00am The Ticket NBC
Entertainment guide.

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon On the Horizon
12.30pm Gatherings and Celebrations
1.00 Ridge Riders
Chalk Downs of Southern England - Part II
1.30 Reel World
2.00 The Flavours of France
Dieppe
2.30 The Food Lover's Guide to Australia
African Food in Adelaide

3.00 Great Australian Train Journeys
XPT Sydney - Brisbane
A trip on Australia's fastest train.

4.00 Railway Adventures Across Europe
Land of Alpine Adventure
4.30 Ribbons of Steel
5.00 Scandinavian Summers
Norway

5.30 Tales from the Flying Sofa
6.00 On Tour
6.30 No Truckin' Holiday
Colombia, Panama, Nicaragua and Mexico

7.00 Travel Live
All you ever wanted to know about celebrities' travels. With Judi Spiers and Gareth Davis.

8.00 The Food Lover's Guide to Australia
African Food in Adelaide
8.30 Snow Safari
North Bay, Ontario

9.00 East Meets West
Burma
Sir Peter Ustinov retraces Kipling's legendary Road to Mandalay.

10.00 On the Horizon
The South of France
10.30 Ridge Riders
Chalk Downs of Southern England - Part II

11.00-12midnight Going Places
The Caribbean
The Bahamas, Jamaica and the Cayman Islands.

living

6.00am Tiny Living
9.00 Mega Bites
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Animal Rescue
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempest
12.40pm Rolonda
I'm in Love with a Beauty Queen, But She's a He
1.30 Living It Up!
2.30 I Dream of Jeannie
Genie, Genie, Who's Got the Genie? - Part III

3.00 FILM: Picking up the Pieces
Margot Kidder, David Ackroyd, James Farentino
A woman struggles for self-esteem after her wish for a simple divorce goes wrong when her vindictive husband closes the bank account and strips the house of furniture. 1985
5.05 Hart to Hart
Cruise at Your Own Risk
More amateur sleuthing with the glamorous couple.

6.00 FILM: Conspiracy of Love
Robert Young, Drew Barrymore, Elizabeth Wilson, Mitchell Laurance
The moving story of a grandfather's fight to keep his granddaughter after a court battle threatens to tear them apart. 1987
8.00 Animal Rescue
8.30 Rescue 911
Real-life rescues by US emergency services, hosted by William Shatner.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussion about relationship issues.
10.50-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including contraception, teen sex and physical attraction.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME



NATIONAL GEOGRAPHIC CHANNEL

UK STYLE

UK ARENA



8.00pm FILM: Abraxas
Jim Belushi, Jesse Ventura, Marjorie Bransfield
Sci-fi adventure about an intergalactic cop whose prime directive is to monitor the planets of two galaxies.
9.30 Wild Planet
Film.
10.00 FILM: The Visitants
Marcus Vaughter
Sci-fi horror in which a student discovers that his neighbours are aliens.
11.30-12midnight Beverly Hills Workout

7.00pm Journey to the Bottom of the World
8.00 Wild: The Wild Boars NEW
9.00 Wild: Living Sands of Namib
10.00 The Shark Files: The Sharks
11.00 Outerbounds: Conquering the Virgin Rapids
11.30 Fire!
12midnight-1.00am Abyssinian She-Wolf
The Bale Plateau in Ethiopia is home to some extremely rare animals.

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 How Does Your Garden Grow? 3.30 Travel Show Guide 4.00 Big Trip 5.00 Really Useful Week 6.00 Radio Times 6.30 Change That 7.00 Taste of the Sea 7.30 Italian Feast 8.00 Food and Drink 8.30 Ken Hom's Hot Wok 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Going for a Song 10.30 Real Rooms 11.00-12midnight Our Man in...

CABLE EXCLUSIVE

6.00pm When the Boat Comes In
Coal Comfort
Period drama.
7.00 When the Boat Comes In
Empire Day on the Slag Heap
8.00 The Frame
9.00 Edge of Darkness
Into the Shadows
10.15 Edge of Darkness
Burden of Proof
11.30-12.15am Even Further Abroad
Nag, Nag, Nag

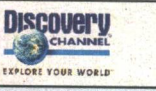
7.00am Kickstart 8.30 Big Picture 9.00 So 90s 9.30 Snowball 10.00 European Top 20 12noon Up for It 1.00pm Select MTV 3.00 Hittiist UK 5.00 MTV News 5.30 MTV Live 6.00 The Lick R&B Chart 7.00 Dancefloor Chart 8.00 Dance Anthems 9.00 Balls 9.30 Collexion 10.00 Hot 11.00 Beavis and Butt-head 11.30 Beavis and Butt-head 12midnight Music Mix 3.00am Chill-Out Zone 5.00-7.00am Music Videos

7.00am Breakfast in Bed
10.00 Saturday Brunch
12noon All-Woman Marathon NEW
Eleven hours of the biggest hits from the shining female stars of the pop world. If they're female and they've been in the charts, they're in here somewhere. And no men allowed.
11.00pm VH1 Spice
12midnight Soul Vibration - Ladies of Soul
Special NEW
1.00am Sade Live NEW
2.00-7.00am Late Shift

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM



9.00am The History Makers
Rameses the Great
10.00 Rex Hunt's Fishing Adventures
10.30 Hooked on Fishing
Coarse Fishing
11.00 The Close Guide
11.30 Our House
12.00n Tooltime
12.30pm Wheel Nuts
1.00 Hometime
Three-Season Porch - Part I
1.30 Hometime
Three-Season Porch - Part II
2.00 Screaming Reels
2.30 Two's Country
Spain
3.00 Home Again with Bob Vila
3.30-4.00pm Home Again



4.00pm Saturday Stack: Lotus Elise: Project M1:11
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Indonesia: Every Breath They Took
8.30 Wonders of Weather
Polar Weather
9.00 Extreme Machines
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Profiling 4-wheel drive vehicles through a wide variety of terrains.
10.00 Weapons of War: Scorched Earth
Doodle Bug, the V1 and V2 Flying Bombs
A look at the Nazis' V1 and V2 bombs.
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The Battle of Midway
Portrayal of the most decisive naval battle of World War II, fought between US and Japanese fleets, and which reversed the fortunes of the Pacific War.
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There's twice the comedy as Tia, Tamera and their respective single parents all try to live together.
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7.00pm Mork and Mindy
The Night They Raided Mind-Ski's
7.30 Roseanne
Lose a Job, Winnegago
8.00 The Kenny Everett Show
Irreverent sketches.
8.30 Caroline in the City
Caroline and the Letter
9.00 Cheers
To All the Girls I've Loved Before
9.30 Ellen
The House Guest
Ellen's cousin visits.
10.00 Frasier
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Frasier helps Niles consider having a child.
10.30 Duckman
Adult animation series.
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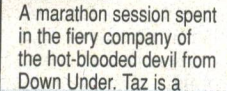
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11.00 Trainspotters
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1.00pm Space
2.00 About Last Night
3.00 Get Real
3.30 The Band Show
4.00pm Exposure
The day of the big race arrives.
6.00 Crush
7.00-8.00 Trainspotters



4.00pm Unsolved Mysteries of World War II: The Secret War
4.30 Modern Marvels: The Eiffel Tower
5.30 Edward Windsor Presents... Crown and Country
6.00 The Imperial War Museum Presents: Voices from the Western Front
Survivors of trench warfare relate the horrors of World War I.
7.00-8.00pm Biography
David and Goliath
A profile of the biblical characters.



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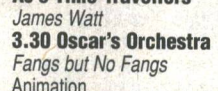
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5.00am Omer and the Starchild
5.30 The Fruities 6.00 The Real Story of... 6.30 Thomas the Tank Engine 7.00 Blinky Bill 7.30 Bugs Bunny 7.45 Road Runner 8.00 Scooby-Doo 8.30 Dastardly and Muttley 8.45 Wacky Races 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 The Mask 11.30 Tom and Jerry 12.00n The Flintstones 12.30pm The Bugs and Daffy Show 1.00 Johnny Bravo 1.30 Cow and Chicken 2.00 Batman 2.30 The Jetsons

3.00-9.00pm Taz-Mania
A marathon session spent in the fiery company of the hot-blooded devil from Down Under. Taz is a sort of James Dean with fangs, the wildest teenager south of the equator. His entire reason for living is to party - with his jaws of steel and his insatiable appetite, he tends to eat everything in sight. But his heart is in the right place and all he really wants to do is help others. Of course, Taz gets it all from his dad Hugh, who was just like Taz in his youth, but now leads a Bing Crosby kind of life. Still, keeping Taz company are his sister Molly, who thinks he's a bit of a pain, and his three-year-old brother Jake, who Taz intends to mould in his own image. With his best friend Buddy Boar, and arch enemy Bull Gator, there's no shortage of wild and wacky action.

7.00am Tales from the Cryptkeeper
7.30 Kablam!
8.00 Rocko's Modern Life
8.30 Hey Arnold!
9.00 Rugrats
10.00 Angry Beavers
10.30 Doug
11.00 Aaahh!!! Real Monsters
11.30 Ren and Stimpy
12.00n Wishbone
12.30pm Moesha
1.00 Sister Sister
1.30 The Secret World of Alex Mack
2.00 Kenan and Kel
2.30 Clarissa Explains It All

3.00 The Adventures of Pete and Pete
The red-haired brothers in arms engage in battle.
3.30 Kablam!
Fun with Henry and June.
4.00 Hey Arnold!
More adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the imaginative, tousle-haired nippers.
5.00 Sussed!
5.30 Sister Sister
There's twice the comedy as Tia, Tamera and their respective single parents all try to live together.
6.00 Kenan 6.30-7.00pm Are You Afraid

7.00pm Mork and Mindy
The Night They Raided Mind-Ski's
7.30 Roseanne
Lose a Job, Winnegago
8.00 The Kenny Everett Show
Irreverent sketches.
8.30 Caroline in the City
Caroline and the Letter
9.00 Cheers
To All the Girls I've Loved Before
9.30 Ellen
The House Guest
Ellen's cousin visits.
10.00 Frasier
Flour Child
Frasier helps Niles consider having a child.
10.30 Duckman
Adult animation series.
11.00 Comedy Store
Stand-up comedy and interviews.
11.30 Absolutely
12.00n Sledgehammer
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Comedy Store
3.00 Frasier
3.30-4.00am Duckman

10.00am ACNY
New movie and video releases.
10.30am The Band Show
Hot new indie bands.
11.00 Trainspotters
12.00n Crush
1.00pm Space
2.00 About Last Night
3.00 Get Real
3.30 The Band Show
4.00pm Exposure
The day of the big race arrives.
6.00 Crush
7.00-8.00 Trainspotters



11.00am Emmerdale
11.30 Emmerdale
12.00n Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
The Woolpack regulars await Seth's piano-playing skills.
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm Take the High Road
The day of the big race arrives.

NEWS AND INTERNATIONAL

BBC NEWS 24
6.00am News 6.30 UK Direct
7.00 News 8.00 News 9.00 News
9.30 UK Direct 10.00 News
10.30 Food 11.00 News 11.30n
Simpson 12.00n News 12.30pm
Science 1.00 News 1.30 Face
2.00 Sportsday 6.00 Newsday
6.30 Scoreline 7.00 News 7.30
Scoreline 8.00 News 8.30
Simpson 9.00 News 9.30 Face
10.00 News 10.30 Book 11.00
News 12.00n News 1.00am
News 2.00 News 2.30 Simpson
3.00 News 3.30 Science 4.00
News 4.30 Reporters 5.00 News
5.30-6.00am Face in Crowd

CNN INTERNATIONAL
News throughout the day, plus:
5.00am World News 5.30 Inside
Europe 6.30 Moneyline 7.30
Sport 9.00 World Business 9.30
Pinnacle Europe 10.30 Sport
11.30 7 Days 12.30pm
Moneyweek 1.00 World Report
3.30 Sport 4.30 Pro Golf 5.00
Larry King 6.30 Inside Europe
7.30 Showbiz 8.30 Style 9.30
Art Club 10.30 Sport 11.00
World View 11.30 Global View
12.30am 7 Days 1.00 World
Today 1.30 Diplomatic License
4.30-5.00am Evans & Novak

SKY NEWS
News on the hour, every hour,
plus:
6.00am Sunrise 6.45
Gardening 8.45 Gardening 9.30
The Entertainment Show 10.30
Fashion TV 11.30 Walker's
World 12.30pm ABC Nightline
1.30 Westminster Week 2.30
Newsmaker 3.30 Target 4.30
Week in Review 5.00 Live at
Five 7.30 Sportsline 8.30 The
Entertainment Show 9.30 Global
Village 10.00 Prime Time 11.30
Sportsline 12.30am Walker's
World 1.30 Fashion TV 2.30
Century 3.30 Week in Review
5.30-6.00am Entertainment

INTERNATIONAL
3SAT 5.00am 7 Tage Anders
Fernsehen 6.00 Avec Plaisir
6.30 Inside the British Isles
6.00 Alpenpanorama 8.00 Zeit
im Bild 8.05 Kulturzeit 8.45
Alpen Donau Adria 9.15 Heimat
Fremde Heimat 9.45 Stadt
10.30 Vor 30 Jahren 11.15 Live
aus dem Schachthof 12.15pm
In Concert 1.00 Neues 1.30 Der
Fensterblicker 2.15 Frau-TV
2.45 Die Frau Seines Herzens
4.35 Tips und Trends 5.00 Adel
Verpflichtet 5.30 Ausland 6.00
Heute 6.18 Wetter 6.20 Foyer
7.00 Tagesschau 7.15 Frühlings
Erwachen 9.40 Das Hirn Frisst
Staub 10.25 Boulevard Bio
11.25 Seitenblicke 11.50-
12.15am On the Soap

Deutsche Welle 5.00am Made
in Germany 5.30 Regarding 6.00
Journal 6.30 Die Reportage
7.00 Journal 7.30 Boulevard
8.00 Made in Germany 8.30
Regarding 9.00 Journal 9.30
Boulevard 10.00 Betrifft 10.30
Lustige Musikanten 11.30 Die
Reportage 12.00n Journal
12.30pm Made in Germany 1.00
Boulevard 1.30 Regarding 2.00
Journal 2.30 Das Fernsehspiel
4.15 Video-Chronik 4.30
Plenum 5.00 Journal 5.30
Inside Report 6.00 Treasures of
the World 6.15 Curators of
Culture 6.30 Inside Politics
7.00 Journal 7.30 100 Grad 8.30
Plenum 9.00 Journal 9.30
Inside Teport 10.00 Journal
10.30 Reportage 11.00 Journal
11.15-12.00am Das Fernsehspiel

TV5 5.00am TV5 Minutes 5.05
Y'a Pas Match 5.30 Outremers
6.30 Horizon 7.00 Minutes et
Meteo 7.05 Televisé de Radio
Canada 7.30 Meteo 7.35 Bus et
Compagnie 8.30 Betes 8.55
Minutes 9.00 Magellan 9.30
Branche 9.55 Minutes 10.00
Cote Science 10.30 Funambule
10.55 TV5 Minutes 11.00
L'Enjeu International 11.33
Televisé France 3 11.55 Meteo
12.00n Grands Gourmands
12.30pm Jardins et Loisirs 1.00
Itinéraire Bis 1.20 Savoirs 1.40
A Bon Entendeur 2.10
Autovision 2.40 Cap Aventure
3.00 Televisé de la Redaction

3.15 Genies on Herbe 3.45
L'Encolee des Fans 4.30 Jardin
des Betes 5.00 Questions 5.30
Televisé de la Redaction 6.00
Sport Africa 6.30 Televisé Belge
7.00 Thalassa 8.00 Faut Pas
Rever 8.55 Meteo 9.00 Televisé
France 2 9.30 Docteur Sylvestre
11.00 Perfecto
11.30-12.00am Soir 3

ASIANET
CABLE EXCLUSIVE
7.30am News 8.00 Sant Darshan
9.00 FILM 11.30 News 12.00n
Paltan 12.30pm Top Ten 1.00
Rajni 1.30 FILM; Kalpana 4.00
Community Focus 4.30 Dekh
Bhai Dekh 5.00 Edit 5.30
Paranda 6.30 Thekkikat 7.00 Ek
Mulaqat 7.30 Sansar 8.00
Junoon 8.30 9.00 FILM
11.30 News 12.00n 1.00 FILM:
Teri Kasam 4.30 Junoon
5.00 Variety Programme
6.00 Chand Ghazien
6.30 News
7.00-7.30am Mehfil

ZEE TV
4.00am HINDI FILM: Diya Aur
Toofan 7.00 Jaagran 7.30
Shabads/Holy Quran 8.00 NEWS
8.30 Fat or Fit 9.00 Vacuum 9.30
Out and About 10.00 Mast Must
Show 11.00 Khana Khazana
11.30 Pakistan Business
12.00n HINDI FILM: Gaddar
3.00pm Video Countdown 4.00
The Big Debate 4.30 Dekh Bhai
Dekh 5.00 Navras 5.30 Film:
Baatein 6.30 Sa Re Ga Ma 7.30
Hum Paanch 8.00 News 8.30
Margarita 9.00-12.00am
FILM: Aftalon

RACING CHANNEL
11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing From
Hereford, Newcastle and Uttroter.

CMT
6.00am Rebel 7.00 Non-Stop
11.00 Top 12 12.30pm Global
View 1.30 Showcase 2.00 Non-
Stop 2.30 Fresh Cuts 3.00 Non-
Stop 6.00 Top Billing 7.00 Rebel
8.00 Wildhorse 9.00 Dance
10.00 Non-Stop 11.00 Billing
12.00n Rebel 1.00am Top
12 2.30 Showcase 3.00-5.00am
Non-Stop 5.00-6.00am Billing

BLOOMBERG
Information service offering
news, sport, market updates and
weather, 24 hours a day, seven
days a week

WHAT'S GOING ON?



Disney's
RECESS

Weekdays at 7.00am and 4.30pm

Sample Disney Channel Free*!

*Cable subscribers who don't subscribe to Disney Channel can watch for free from 21-23 March. Disney Channel is normally available as part of Sky's Dual Movie package. Phone your local cable operator for details

* in participating cable operators

Disney Channel

<http://www.disneychannel.co.uk>



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am The Road to Galveston 1996, rating Sky PG, 89 mins
7.45 The Guru 1969, rating Sky U, 107 mins
9.45 Dunston Checks In Family comedy. **Text** 1995, rating Sky PG, 84 mins
11.15 The Honey Pot Comedy thriller. 1967, rating Sky PG, 126 mins
1.30pm The Road to Galveston Fact-based drama. 1996, rating Sky PG, 89 mins
3.00 Lost Treasure of Dos Santos David Carradine, Lee Majors, Michele Greene Action adventure. An explorer is ecstatic when he discovers the journal of legendary adventurer Don Mendoza, which might point the way to a cache of gold. However, his arch-rival is right behind him. 1996, rating Sky PG, 88 mins
5.00 Dunston Checks In Jason Alexander, Faye Dunaway, Rupert Everett Family comedy. The manager of a luxurious marble and mahogany hotel must contend with an ape which has escaped from his master, slippery jewel thief Lord Rutledge, who is a guest at the hotel. **Text** 1995, rating Sky PG, 84 mins
7.00 The Stupids Tom Arnold, Jessica Lundy, Bug Hall, Christopher Lee **PREMIERE** Wacky comedy. A brainless and ignorant family become convinced that a sinister Mr Sender is responsible for stealing the nation's mail, when their letters arrive at their address marked Return to Sender. 1996, rating Sky PG, 90 mins
9.00 Jane Eyre William Hurt, Charlotte Gainsbourg, Joan Plowright, Anna Paquin, Geraldine Chaplin, Elle Macpherson **PREMIERE** Star-studded drama based on a Charlotte Bronte novel. An orphan who works in a sombre mansion owned by a formidable man, unlocks its secrets. 1996, rating Sky PG, 109 mins
11.00 Two Small Voices Mary McDonnell Drama. Two women go to court over their faulty breast implants. 1997, rating Sky 15, 88 mins
12.35am To Die For Black comedy. **Text** 1995, rating Sky 15, 103 mins
2.20 Cleopatra Jones and the Casino of Gold 1975, rating Sky 15, 92 mins
3.55-5.45am The Shamrock Conspiracy Edward Woodward 1995, rating Sky 15, 89 mins

6.00am Lancer Spy World War I drama. 1937, rating Sky U, 73 mins
7.25 I Married a Witch Fredric March, Veronica Lake 1942, rating Sky U, 74 mins
8.50 Cloak and Dagger 1984, rating Sky PG, 97 mins
10.40 Apollo 11 Astronaut drama. **Text** 1996, rating Sky U, 89 mins
12.40pm Burning Secret Moral period drama. 1988, rating Sky PG, 101 mins
2.40 The Mountain Spencer Tracy, Claire Trevor, Robert Wagner, William Demarest, EG Marshall Drama. Feuding brothers head for the Alps to find the wreckage of a lost aircraft. One is determined to loot it, while the other is keen to protect its cargo and rescue any possible survivors. 1956, rating Sky PG, 101 mins
4.40 Mystery Science Theatre 3000: The Movie Michael J Nelson, Trace Beaulieu, Kevin Murphy **PREMIERE** Sci-fi comedy. A trio of robots and an astronaut watch the classic Fifties film *This Island Earth*. 1996, rating Sky PG, 71 mins
6.00 Apollo 11 Carmen Argenziano, Tuck Milligan, Dennis Lipscomb, William Mesnik Fact-based account of the Apollo 11 moon mission. The film follows the men who will become the first astronauts to walk on the moon's surface, during the six-month planning stage prior to the mission itself. **Text Last Play** 1996, rating Sky U, 89 mins
8.00 Nick of Time Johnny Depp, Christopher Walken, Marsha Mason, Charles S Dutton Thriller. A widowed businessman is plunged into a race against the clock when his daughter is kidnapped by a deadly terrorist, who demands that he assassinate a public figure later that day, or she will die. 1995, rating Sky 15, 87 mins
10.00 Kiss of Death David Caruso, Nicolas Cage, Kathryn Erbe, Samuel L Jackson Thriller about a man who finds himself caught between the law and the mob, when he plans revenge on his betrayers. **Text Last Play** 1995, rating Sky 18, 97 mins
11.45 The Movie Show Presented by Richard Jobson.
12.15am Living in Oblivion Steve Buscemi Satirical comedy. 1995, rating Sky 15, 87 mins
1.50 Nightbreaker Martin Sheen, Emilio Estevez 1989, rating Sky 15, 95 mins
3.30-5.00am Mindfield Conspiracy thriller. 1990, rating Sky 15, 86 mins

11.00am For Whom the Bell Tolls Gary Cooper, Ingrid Bergman, Katina Paxinou Action drama. An American soldier fighting in the Spanish Civil War befriends a Spanish peasant woman. 1943, rating Sky PG, 149 mins
1.35pm Paper Moon Ryan O'Neal, Tatum O'Neal, Madeline Kahn, Randy Quaid Comedy drama. A con man in Depression-era America teams up with a nine-year-old orphan, who turns out to be a more experienced grifter than he is. 1973, rating Sky PG, 102 mins
3.30 A Passage to India Judy Davis, Victor Bannerjee, Peggy Ashcroft, James Fox David Lean's epic drama adapted from the classic novel by EM Forster. Set in the Twenties, the film details a clash of cultures which leads to a dramatic court case and a major international scandal when a British woman accuses an Indian male associate of rape. 1984, rating Sky PG, 156 mins
6.00 West Side Story Natalie Wood, Richard Beymer, Rita Moreno, Russ Tamblyn, George Chakiris Classic Leonard Bernstein and Stephen Sondheim musical telling the story of the gang war between the Jets and Sharks in New York, and the romance which develops between two young members of the opposing gangs. 1961, rating Sky PG, 146 mins
8.30 Terms of Endearment Shirley MacLaine, Jack Nicholson, Debra Winger, Danny DeVito Moving, Oscar-winning drama about the troubled relationship between a an eccentric widow and her grown-up daughter, which comes to a head when the daughter gets cancer. 1983, rating Sky 15, 126 mins
10.45 The Untouchables Kevin Costner, Sean Connery, Robert De Niro, Andy Garcia Thriller. Federal agent Eliot Ness recruits an unconventional team to take on gangster Al Capone in Prohibition-era Chicago. 1987, rating Sky 15, 115 mins
12.45am The Accused Jodie Foster, Kelly McGillis Courtroom drama. 1988, rating Sky 18, 106 mins
2.35-4.40am Who's Afraid of Virginia Woolf? Elizabeth Taylor, Richard Burton, George Segal Harrowing drama. 1966, rating Sky 15, 123 mins



Meet Stanley (Tom Arnold), one of the 'The Stupids', in this comedy premiere: Sky Movies Screen 1 7.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
 Sky PG: Parental Guidance suggested
 Sky 12: Suitable for viewers aged 12 years and over
 Sky 15: Suitable for viewing by people of 15 years or over
 Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Crazy from the Heart Christine Lahti, Ruben Blades, William Russ Comedy drama. A Texan high-school principal lets her heart rule her head when she embarks on an affair with the Mexican-American caretaker, after becoming bored with her relationship with the school sports coach. 1991, 90 mins
11.00 The Philadelphia Story Cary Grant, Katharine Hepburn, James Stewart Classic comedy about a high society wedding. 1940, 112 mins
1.00am Light in the Piazza Yvette Mimieux, Olivia de Havilland, George Hamilton Classic melodrama. 1962, 102 mins
3.00-4.45am Crazy from the Heart Christine Lahti, Ruben Comedy about a mixed-race affair. 1991, 90 mins

6.00am Hour of Power 7.00 Double Dragon 7.30 My Pet Monster 8.00 Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Superhuman Samurai Syber-Squad 9.00 Ultraforce 9.30 Delfy and His Friends 10.00 Legend of the Hidden City 11.00 Rescue 11.30 Sea Rescue 12noon Dream Team Omnibus
1.00pm World Wrestling Federation - Superstars
2.00 Kung Fu
3.00 Star Trek: Space Speed The crew encounters the derelict ship SS Botany Bay, adrift in space and containing 72 bodies in suspended animation.
4.00 Star Trek: The Next Generation: The Wounded The Enterprise is fired on by a Cardassian ship shortly after the signing of a peace treaty.
5.00 Star Trek: Deep Space Nine: Tribunal O'Brien is arrested by the Cardassian Gul Evek, and stands trial for a crime he has not committed.
6.00 The Simpsons: Bart's Inner Child Featuring the voice of James Brown. **Text**
6.30 The Simpsons More animation from Springfield. **Text**
7.00 3rd Rock from the Sun: Brains and Eggs Pilot episode.
7.30 3rd Rock from the Sun: Dick on a Roll
8.00 Earth: Final Conflict: If You Could Read My Mind Sci-fi drama series starring Kevin Kilner and Lisa Howard.
9.00 The X-Files: Detour A disturbing episode, in which the agents investigate when people disappear in a remote region of Florida. **Text**
10.00 Caribbean Uncovered A real-life documentary series following the varied lives of the inhabitants and holidaymakers in the Caribbean.
11.00 Forever Knight: Spin Doctor After freelance reporter Gilbert Reeves is found electrocuted in his hotel bathtub, Nick stumbles across his research.
12midnight Jimmy's Two weeks after surgery on his curved spine, a young boy prepares to go home.
12.30am LAPD Shots are fired in a dispute involving officers. **Text**
1.00 Manhunter With John Walsh.
2.00-7.00am Long Play

7.00am The Pink Panther
7.10 The Onedin Line
8.05 Oh No! It's Selwyn Froggitt
8.30 Room at the Bottom
9.00 That's Showbusiness
9.35 Fairly Secret Army
10.10 Blake's Seven
11.10 Dr Who Omnibus: The Caves of Androzani
1.00pm FILM: That Riviera Touch Eric Morecambe, Ernie Wise Feature-length comedy. 1966
2.50 Sports Anorak of the Year The chosen subjects include Tottenham Hotspur post-1970 and middleweight boxing between 1940 and 1979.
3.20 The Bill Omnibus Catch up with the week's events at Sun Hill police station. A hospital guard is accused of beating a youth, a man is found dead after the theft of his car, Conray is suspected of arranging for a released prisoner to be beaten up, and Woods hopes to win the trust of a woman who has been attacked.
5.40 Open All Hours Classic comedy about a shopkeeper. Stars Ronnie Barker and David Jason.
6.20 A Word with Alf: Toilet Flood
6.30 Only When I Laugh: The Rumour Stars James Bolam.
7.00 2point4 Children: Mayday Clive's German grandmother comes to tea. Stars Gary Olsen.
7.40 The Detectives: Rear Window Stars Jasper Carrott and Robert Powell.
8.20 Blackadder Goes Forth: Plan D: Private Plane Edmund and George join the flying squad.
9.00 Taggart: Instrument of Justice A supergrass is due to give evidence against one of Glasgow's most powerful gang leaders. But the case takes a dramatic and deadly turn when the prosecutor is found murdered. Is the gang responsible? Stars Mark McManus.
11.10 The New Statesman: Happiness is a Warm Gun Stars Rik Mayall.
11.45 Spitting Image Biting satire from the rubber puppets.
12.20am Survivors: Peacemaker Futuristic drama series.
1.10 The Equalizer: Mama's Boy A mother discovers that her son is a drugs dealer.
2.30-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 Your Horizons
9.00 Hawaii: Beyond the Feathered Gods 10.00
Timezone: Storm from the East 11.00 Timezone: Storm from the East
12noon Kickstart: Jeremy Clarkson's Motorworld
12.30pm Kickstart: The Power and the Glory 1.00
Kickstart: Gulf War 2.00
Kickstart: Top Gear GTI

3.00 Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

4.00 999
A desperate struggle to free two men trapped in a sinking powerboat. An unusual agricultural accident that left a man fighting for his life.

5.00 Animal Hospital
A squirrel suffering from vertigo becomes stranded up a church spire.

5.30 Vets in Practice
Mike Sandiford gets his dream job in Botswana.

6.00 Hotel
The International Rubber Studies Conference descends on the Adelphi, just as staff are facing a potato crisis.

6.30 Airport
7.00 Sunday Feature - Blockbusters: The Mystery of the Titanic
7.30 Sunday Feature - Blockbusters: Close Encounters

An examination into claims that almost four million Americans have been abducted by aliens.

8.30 Sunday Feature - Blockbusters: What Happened Aboard Apollo 13?

9.00 Billy Connolly: A Scot in the Arctic
Comedian Billy Connolly ventures from stage to ice armed only with a flimsy tent, a video camera and a BBC film crew.

10.00 Redcaps
Indecent Assault Case study.

10.30 Redcaps
A Lost Innocence
A report on the drugs problem in the army.

11.00 Man Seeks Woman
This programme follows three single men in their search for Miss Right through small ads and dating agencies.

12midnight-1.00am Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

6.00am Classic Interiors
6.30 Good Housekeeping
7.00 The Surgeon 7.30
Beautiful Garden 8.00
Wilde About Flowers 8.30
Cook's Garden 9.00 Sally
Jessy Raphael 10.00
Craftwork 10.30 Garden
Club 11.00 Question Time
12noon Sew Perfect
12.30pm Classic Interiors
1.00 Cook's Garden 1.30
Beautiful Home 2.00 Your
Beautiful Garden
2.30 Roddy Llewellyn

3.00 Fiona Fullerton's Style Guide
Interior design advice for a stylish home.
3.30 Ready to Wear
Fashion series.

4.00 Sally Jessy Raphael
More controversial discussion with Sally Jessy and her studio audience.

5.00-6.00pm Garden Club Question Time
More gardening problems solved by the experts.



Doug Funnie enjoys the park life in 'Brand Spanking New Doug': Disney 12noon

6.00am The Box
7.00 The Army Game
7.30 Nearest and Dearest
8.00 Doctor in Charge
8.30 No Honestly
9.00 Blind Date
10.00
E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Fortune Hunter
1.00pm Blind Date
2.00 Jeeves and Wooster

3.00 Maigret
Maigret and the Maid
Maigret investigates the murder of Jules Lapie. He tries to enlist the help of his maid, but finds her reluctant to co-operate.
4.00 The Professionals
Bodie and Doyle find the dead bodies of two key witnesses in the trial of a drug smuggler. Stars Lewis Collins and Martin Shaw.

5.00 Classic Coronation Street - The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Ena is left with no choice but to move in with Elsie, Len attempts to get Rita back and Alf brings back a scandal from the town hall. The police set up Mavis in a stakeout and arrest Eddie.

7.30 The Grumbleweeds Radio Show
Zany radio favourites star in this series of light entertainment shows.

8.00 Jeeves and Wooster
Madeline refuses to marry Lord Sidcup after he renounces his title. Starring Hugh Laurie and Stephen Fry.

9.00 Clive James Special
Roman Polanski talks about his childhood, his struggle to become a film director and the murder of his wife, Sharon Tate.

10.00-11.00pm Crime Story

men & motors

11.00pm 2 Wheels Better
11.30 Pro-Superbike
All-action spectacular featuring Europe's top superbike riders.
12midnight Biker's Night Off
The game show for bikers.
12.30am Through the Gears
1.00 E! In Focus
Celebrity Cooking
1.30 E! Gossip
2.00-6.00am The Box
Non-stop music all night.

6.00am Eyewitness 6.30
Jungle Cubs 7.00 Aladdin
7.30 Tex Avery 8.00 Men in Black 8.30 Nightmare
Ned 8.45 Honey, I Shrunk the Kids 9.30 Smart Guy
10.00 Student Bodies
10.30 Teen Angel 11.00
Boy Meets World 11.30
Recess 12noon Brand
Spanking New Doug
12.30pm Pepper Ann
1.00 FILM: Angels in the Endzone 1997

2.30 FILM: Homeward Bound II: Lost in San Francisco
Family adventure. The canine chums and their feline friend are lost in the big city and must find their way back to the suburbs and the family they love. 1996

4.00 Classic Toons
Animated antics and memorable moments from the Disney archives.

5.00 Honey, I Shrunk the Kids: The TV Show
Based on the hit movie, where kids often find themselves shrinking.

5.45 Classic Toons
6.00 FILM: Tom and Huck
Jonathan Taylor Thomas, Brad Renfro

PREMIERE Tom and Huck are always looking for adventure. When they team up to steal a pirate's treasure map in order to save an innocent man from being convicted of a crime, there's bound to be trouble ahead. 1996
7.30 Classic Toons
8.00 Dr Quinn: Medicine Woman
Dr Quinn copes with the medical problems of the community and being a woman in a male job.

9.00-10.00pm Touched by an Angel
Monica is a thoroughly modern angel, who inspires people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for Thought 10.00 Ideal Home Cooks 10.30 World of Herbs 11.00 Nancy Lam's Wok Wiz 11.30 London Restaurant Awards 1998
12noon Food Network Daily 12.30pm Simply Antony 1.00 Can't Stand the Heat 1.30 Chef for a Day 2.00 From the Ground Up 2.30 Food Network
3.00 Food for Thought 3.30 Ideal Home Cooks
4.00 Perfect Pasta with Aldo Zilli
4.30-5.00pm So You Think You Can't Cook
Show for people lacking culinary confidence.



CARLON SELECT

CABLE EXCLUSIVE

5.00pm The Upper Hand
Pillow Talk
Caroline finally reveals her true feelings for Charlie in her sleep.

5.30 Our House
6.00 The Irish RM
Holy Island

Comedy drama series about a British magistrate in 19th-century Ireland. Stars Peter Bowles and Bryan Murray.

7.00 Goodnight Sweetheart
I Got It Bad and That Ain't Good

7.30 First Sign of Madness
A woman lives in fear.

8.00 A Statement of Affairs
Psychological thriller in which the lives of a close-knit group of friends are thrown into dangerous confusion. A tragic accident brings hidden jealousies and sexual passion to the surface. Stars Adrian Dunbar, David Threlfall and Frances Barber.

10.00 The Guilty
Nicky has bravely retaliated against Vey, but she underestimates his capacity to fight dirty. Meanwhile, Eddy underestimates Leo's desperation for money.
12midnight Intimate Contact
1.00am-2.00am Airline



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Comic Collectables at 11.00pm

FILM

The Stupids
Sky Movies Screen 1
7.00pm

Premiere of a film made to showcase the talents of Tom Arnold (aka Roseanne's ex). He plays Stanley Stupid, father of the most ignorant and brainless family on the planet, who believe the evil Mr Sender (as in Return to Sender) has been stealing the nation's mail and could be starting to take away people's valuable rubbish.

Stanley and family actually uncover an even more evil conspiracy as they chase after Mr Sender amid many farcical misunderstandings and much slapstick fun.

GENERAL

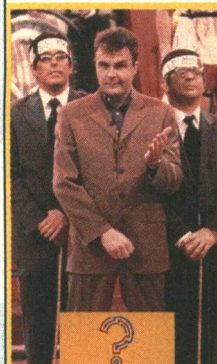
What Happened Aboard Apollo 13?
UK Horizons 8.30pm

It's one of the greatest rescue stories of all time, but what went on inside the Apollo 13 capsule as the world held its breath in that gripping moment of space flight history in 1970?

Robert Powell tells the story of the American space mission which was saved from disaster by a mixture of extraordinary courage and unbelievable luck.

Sunday continues overleaf...

ADVERTISEMENT



Challenge TV

ENDURANCE UK
9.00PM

Gasp as contestants are drenched in pig's urine. Be shocked as they chomp on 100-year-old eggs and braised rats. Laugh at the living hell they have to endure in *Endurance UK*, only on Challenge TV.

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Fun Sports
8.30 Superbike
 Action from Phillip Island.
9.30 Superbike
10.30 Ski Jumping
 Coverage from Slovenia.
12noon Athletics - LIVE
 Action from the IAAF World Championships in Morocco.
12.40pm Athletics
 More from the IAAF World Championships in Morocco.
1.00 Superbike
 Action from Phillip Island.
2.00 Short Track
Speed Skating - LIVE
 Action from the World Short Track Speed Skating Championships in Vienna.

4.15 Ski Jumping
 Skiing action from the World Cup in Planica, Slovenia.

6.00 Tennis - LIVE
 Coverage of the seventh day of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.

8.00 Sumo
 Coverage of the fifth part of the first Grand Sumo Tournament of the year in Japan.
9.00 Boxing
 Punch by punch coverage of another titanic clash.

10.00 Superbike
 Action from the World Championship in Phillip Island, Australia.

11.00 Sailing
 Highlights of the week from the Whitbread Round the World Race.
11.30-12.30am Equestrianism
 Action from the Volvo World Cup in Dortmund.

6.00am Sports Unlimited
 A never-ending supply of major and minor sports.
7.00 Superbikes:
Australia Race Two
 Action from from Phillip Island off Melbourne.
9.00 Saturday Fight Night
 Presented by Paul Dempsey.
11.00 Superbikes:
Australia Race Two
 Action from from Phillip Island off Melbourne.
1.00pm Euro Tour Golf: Portuguese Open - LIVE
 Ball-by-ball coverage of day four of the Portuguese Open from Aroeira, Lisbon, where Sweden's Michael Tonzon defends his 1997 title.

4.00 Basketball: Sheffield Sharks v Birmingham Bullets and The All-Star Game - LIVE
 A double bill of live action from the court as the Sheffield Sharks play host to the Birmingham Bullets in the Sheffield Arena, followed by a North v South All-Star clash where the pick of talent from the northern clubs takes on the cream of the crop from the south.

8.30 Samsung Esprit
 Including a look at American mountain biker Leigh Donovan.
9.00 Motor Racing: Indy Phoenix 200 - LIVE
 Coverage of this frantic high-speed action event from the circuit where ex-Formula One star Eddie Cheever, who won last year, joins rising stars competing for the title.
11.00 Football League Review: Middlesbrough v Norwich
 Action from the Cellnet Riverside Stadium.
12.30am-5.00am Basketball: Sheffield Sharks v Birmingham Bullets and The All-Star Game
 A double bill of action from the Sheffield Arena.

6.00am Ski Prime
6.30 Inside the Senior PGA Tour
7.00 Aerobics Oz Style
7.30 Futbol Mundial
8.00 Soccer Extra
11.00 World Wide Rugby
 Action from the Rugby Union's Super Tournament.
12.30pm International Cricket: South Africa v Sri Lanka
 Action from day four of the first Test.
2.00 International Cricket: West Indies v England - LIVE
 Ball-by-ball coverage of the third day of the sixth and final Test from Antigua.

4.00 International Cricket Update
 The latest cricket news.
4.30 International Cricket: West Indies v England - LIVE
 Continued ball-by-ball coverage of the third day of the sixth and final Test from Antigua.

9.00 International Cricket: South Africa v Sri Lanka
 The pick of the action from day four of the first Test between South Africa and Sri Lanka.

11.00-2.00am Euro Tour Golf: Portuguese Open
 Coverage of the Portuguese Open from Aroeira, Lisbon, where Sweden's Michael Tonzon defends his 1997 title.

12noon Football League: Middlesbrough v Norwich - LIVE
 Coverage from the Cellnet Riverside as Bryan Robson's ever-improving Middlesbrough entertain Mike Walker's Norwich. Walker is in his second spell at Carrow Road, having led the Canaries into Europe in the early Nineties before leaving to manage Everton. With commentary from Rob Hawthorne and Alan Brazil.
3.00pm Squash: Super Series Final
 Action from the final of the Super Series.

4.00 Superbikes: Australia Race Two
 The best of the action from Phillip Island off Melbourne as Britain's Carl Fogarty casts aside the disappointment of losing to America's John Kocinski in last season's hard fought battle.

6.00 Inside the Senior PGA Tour
6.30 Spanish Football - LIVE
 Coverage of one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents compete for the title.
8.30 Ford Golf USA: Bay Hill Invitational - LIVE
 Coverage of the Bay Hill Invitational from the Bay Hill Club in Orlando, Florida. The venue is owned by golfing legend Arnold Palmer, who hosts the event which was won by Phil Mickelson last year.

11.00 World of Sailing
11.30-12midnight Ski Prime
 Skiing magazine.

12noon Teenage Urban Adventurers
Pop Fan
12.15 Teenage Urban Adventurers
Snowboarder
12.30 Ready or Not
Wild Life
1.00 Sweat
 Teenage drama.
1.30 Hollyoaks
 Post-GCSE drama.
2.00 Hollyoaks
2.30 Heartbreak High
 Hard-hitting drama.

3.00 Saved by the Bell
All in the Mall
3.30 Saved by the Bell
4.00 Echo Point
 Teenage soap.
4.30 Echo Point
 Teenage soap.

5.00 Ready or Not
Tricky Kisses
5.30 Sweat
 Teenage drama following a group of athletes.
6.00 It's in the Jeans
6.15 On the Make
6.30 Heartbreak High
7.00 USA High 7.30-8.00pm USA High



8.00pm Monkey
Land for the Locusts
 Cult serial from Japan following the origins of Buddhism.
9.00 Monsters
Portrait of the Artist
9.30 The Burning Zone
Blood Covenant
 A scientist threatens to infect a city with deadly malaria.
10.30 Red Shoe Diaries
11.00 FILM: Night Fire
 Shannon Tweed, John Laughlin, Martin Hewitt
 Erotic thriller. 1991
1.00am Beverly Hills Bordello
1.30 FILM: Red Scorpion II
 Action adventure. 1994
3.30 FILM: Hell up In Harlem 1973
5.30-6.00am Monsters

7.30am Nightmare
8.00 G-Force
8.30 Robotech
9.00 Bionic Six
9.30 Adventures of the Galaxy Rangers
10.00 The Making of Sphere
10.30 Planet Mirth
11.00 The Twilight Zone
12noon FILM: This Island Earth 1955
1.40pm Masters of Fantasy
2.00 Misfits of Science

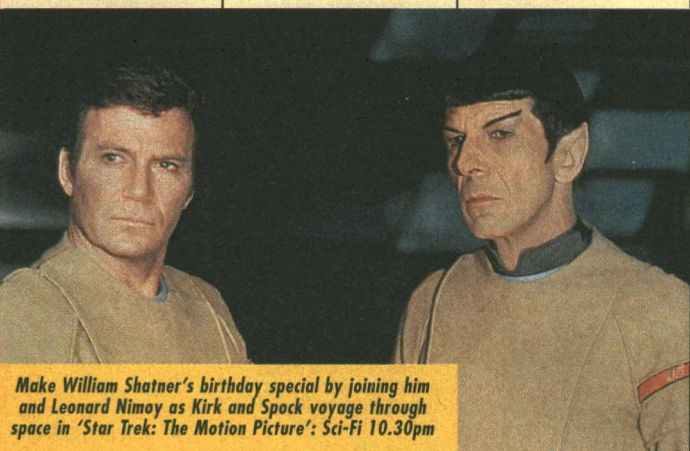
3.00 The Cape
Lost in Space
 Peter endangers the life of one of his pupils and halts the launch of *Columbia*.
4.00 The Web
 Take a trip into cyberspace and explore what's new on the net.
4.55 C/Net Central
 All that's new in the world of computers.
5.25 The New Edge
 Science magazine.
5.55 Earthscan
6.00 Sightings
 Tim White introduces extraordinary real-life stories involving the paranormal.
7.00 Mysteries, Magic and Miracles
 With Patrick Macnee.
7.30 The Making of Sphere
8.00 Quantum Leap
Another Mother
 Sam discovers the difficulties involved with motherhood.
9.00 Miracles
 Bionic man Lee Majors hosts a series of reports dealing with paranormal experiences.
10.00 The Hunger
Room 17
10.30 FILM: Star Trek: The Motion Picture
 William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan
 The Enterprise must intercept a bizarre and deadly force heading towards Earth. 1979
1.00am The Hunger
1.30 The Hunger
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows



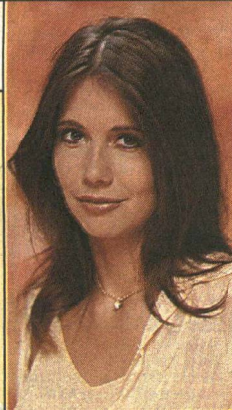
12midnight Free View
12.10am Adult Feature
12.20 FILM: Motors
1.00 Free View
1.05 FILM continues
1.30 FILM:man V
 Adult comedy.
2.40 FILM:Bar II
 Adult movie set in a sleazy strip joint.
3.55-4.00am What's on Tomorrow

12midnight Free Teaser
12.05am Peep Show
12.15 The Sex Guides: Dusseldorf
12.50 The Really Naked Truth: Highest Bidder
1.25 FILM: Lustful Roommates
 Morgan Fairlane, Melissa Hill
 Chad's life suddenly becomes more interesting.
2.55-4.00am La Toya's Club Tour: North Carolina Nights
 La Toya guides you round one of North Carolina's top strip clubs.

12midnight Dish of the Day
12.10am Electric Blue Show
 Erotic magazine
12.40 FILM: Blaze
 Melissa Hill, Tony Tedesch
 Two thugs are assigned to keep an eye on their boss's girlfriend.
1.55 The Love Potion
 Erotic feature.
2.35-4.00am FILM: ... as a Board
 Melissa Hill, Harley, Lovette
 A bachelor party goes wrong when the groom dies.



Make William Shatner's birthday special by joining him and Leonard Nimoy as Kirk and Spock voyage through space in 'Star Trek: The Motion Picture': Sci-Fi 10.30pm



Kristiane Backer has got just 'The Ticket' for a night out: NBC 7.00pm, 11.00pm, 3.00am



5.00pm Fifteen to One
Fast-moving quiz with William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30
Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.05 Split Second
With Aonghus McAnally.
7.30 Move on Up
With Richard Morton.
8.00 Prize Time
8.15 Jools Holland's Name That Tune
Music quiz.
8.45 Prize Time
9.00 Endurance UK
Paul Ross puts more contestants through tortuous games.
9.45 Prize Time
10.00 3-2-1
Night Club
Ted Rogers hosts the quiz and entertainment show featuring Dusty Bin.
11.00 Sticky Moments
Julian Clary hosts the gameshow combining pranks and innuendo.
11.45 Prize Time
12midnight Love at First Sight
12.30am Perfect Scoundrels
1.30 Sweet Justice
2.30 Me and the Boys
3.00 Snowy River - The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop



8.00pm FILM: Mister Kingstreet's War
John Saxon, Tippi Hedron, Rosanno Brazzi
Drama set in the run-up to World War II. A man attempts to hold off British and Italian colonial armies from his game preserve in Central Africa.
9.30 FILM: Tiger Warsaw
Patrick Swayze, Piper Laurie
Drama. A man returns to his home town after 15 years.
11.05 Dreams of Stacy
Erotic feature.
11.50-12midnight Malibu Dreams



CABLE EXCLUSIVE

6.00am Revelations **6.30 Fate and Fortune** **7.00 Dial-a-Doc** **7.15 What's in the Box** **7.30 The Fashion Show** **8.00 Agony** **8.30 Living Room Legends** **9.00 Love Story** **9.15 Dial-a-Doc** **9.30 Revelations** **10.00 Lie Detector** **10.30 Bunny Bingo** **10.45 What's in the Box** **11.00 Judge Judy** **11.30 Fate and Fortune** **12noon The Why Files** **12.30pm Bunny Bingo** **12.45 What's in the Box** **1.00 Lie Detector** **1.30 Agony Omnibus** **2.30 Revelations**
3.00 Fate and Fortune
A look into the world of tarot reading.
3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00 Judge Judy Omnibus
5.00 Agony
Advice for the troubled at heart.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking more deceptions.
8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
A look at the headlines among the hemlines.
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 The Sex Show
3.00 Exotica Erotica
4.00 Fashion **4.30 Agony**
5.00 Lie Detector **5.30 Dial-a-Doc** **5.45-6.00am Nation**



7.00pm Grandma
A look at a 60-year-old Northern Albatross.
8.00 Arribada
A visit to one of the beaches where Ridley Turtles nest.
8.30 The Firstborn
Following the first three months of a seal pup's life.
9.00 Bringing Up Baby
10.00 Africa Unbottled
11.00 Endangered: Tuna, Lobster
11.30 Wild South: Colony Z
12midnight-1.00am Voyager: Nature's Databank **NEW**



CABLE EXCLUSIVE

30 minutes of local news, weather, sport and features, on the hour, every hour, plus the following features:
9.30am The Album Show
10.30 The Album Show
11.30 The World of Sport
12.30pm American Chart Show
1.30 Cinema Cinema Cinema
2.30 The Album Show
Classic tracks from legendary bands.
3.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
4.30 Cybernet
All the latest news and games from the world of the internet.
5.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
6.30 American Chart Show
Find out where your favourite British bands are placed in the latest Stateside music chart.
7.30 Cybernet
All the latest news and games from the world of the internet.
8.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
9.30 PDQ - The One Stop Shop
Innovative goods delivered straight to your door.
10.30 Cinema Cinema Cinema
A look at the latest news from Hollywood and forthcoming feature films.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour



CABLE EXCLUSIVE

2.00pm Radio Times **2.30 Dream Ticket** **3.00 Travel Show Guide** **3.30 Holiday in Style** **4.30 The Big Trip** **5.30 Tracks** **6.00 Radio Times** **6.30 Change That** **7.00 The Big Trip** **8.00 Holiday in Style** **9.00 Style Challenge** **9.30 Can't Cook, Won't Cook** **10.00 Food and Drink** **10.30 Home Front** **11.00-12midnight Antiques Roadshow**



5.00am Travel Xpress
With Tricia Williamson.
5.30 Inspiration
7.00 Hour of Power
8.00 Home & Garden Television
Chris Casson Madden explains key design concepts, and Marcia Ladendorff looks at people's relationships with their pets.
10.00 Super Shop
A chance to go shopping without leaving your armchair.
11.00 NBC Super Sports
Coverage of the NCAA Basketball Regional Finals, America's top amateur tournament, which features 64 teams and ends in the showpiece Final Four event.
4.00pm The McLaughlin Group
Public affairs programme.
4.30 Meet the Press
Tim Russert hosts the round-the-table discussion.
5.30 V.I.P.
Celebrity interviews with Catrina Skepper.
6.00 Mr Rhodes
Nikki's Quit Therapy
Nikki is attracted to Tom.
6.30 Union Square
New York comedy.
7.00 The Ticket NBC
Entertainment guide with Kristiane Backer
7.30 Five Star Adventure
8.00 NBC Super Sports
Coverage of the Gillette World Cup 98, and behind-the-scenes footage of the PGA Tour.
9.00 The Best of the Tonight Show with Jay Leno
Highlights of star interviews and music.
10.00 Profiler
FBI agent Dr Sam Waters continues her battle of wits with the serial killer.
Stars Ally Walker.
11.00 The Ticket NBC
Hosted by Jason Roberts and Kristiane Backer.
11.30 V.I.P.
Celebrity interviews.
12midnight The Best of the Tonight Show **1.00am Internight** **2.00 V.I.P.** **2.30 Europe à la Carte** **3.00 The Ticket** **3.30 European Living** **4.00 Five Star Adventure** **4.30-5.00am The Ticket NBC**



CABLE EXCLUSIVE

6.00pm Anna Karenina
7.00 Anna Karenina
Starring Nicola Paggett.
8.00 Later with Jools Holland
8.45 The Frame
9.00 Not Only... But Also...
9.30 Even Further Abroad
Nag, Nag, Nag
10.00 FILM: Notebooks on Cities and Clothes
Fashion documentary. 1990
11.30-12.15am
Reputations
Chanel - a Private Life



CABLE EXCLUSIVE

12noon Snow Safari
12.30pm Pathfinders
Sea of Cortez
1.00 The Great Escape
Srinagar in Winter, Khajuraho and Orcha
1.30 On Tour
Seychelles
2.00 North of Naples, South of Rome
Naples
2.30 Floyd on Oz
Tasmania
3.00 An Aerial Tour of Britain
The West Highland Way
A bird's eye view of Glen Coe and Ben Nevis.
4.00 Destinations
Tahiti
A look at the 130 islands in the south-eastern part of the Pacific Ocean.
5.00 Widlake's Way
New England - America's Living Heritage
Notorious tales from Salem's Witch Museum.
6.00 A River Somewhere
Los Roques - Venezuela
6.30 The Great Escape
With Aamir Bashir.
7.00 On Top of the World
Paris
Exploring the world's most celebrated cities.
8.00 Ridge Riders
With Nick Knowles.
8.30 Railway Adventures Across Europe
9.00 Grainger's World
Along the Andes - Part II
Greg Grainger treks to Macchu Pichu and visits a walled city.
10.00 The Flavours of France
Dieppe
10.30 Snow Safari
North Bay, Ontario
11.00 A River Somewhere
Los Roques - Venezuela
11.30-12midnight No Truckin' Holiday



7.00am Kickstart **9.00 The Grind** **10.00 Hitlist UK**
12noon MTV News Weekend Edition
12.30pm Snowball **1.00 Select - Mothers' Day**
Request Special **3.00 Ultimate Oasis Top Ten**
4.00 Selected **5.00 MTV's Euro Top 20** **7.00 News Weekend Edition** **7.30 The Real World LA** **8.00 Up for it** **9.00 So 90s**
10.00 The Lick R&B Chart
11.00 Amourathon
2.00am-6.00am Music Videos



6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat Is On
10.20 Rolonda
Controversial Guest Update
11.10 Brookside Omnibus
1.10pm Tempest
Entertaining talk show.
2.00 Hearts Afire
Don't Say Nothing About My Baby
2.30 I Dream of Jeannie
Genie, Genie, Who's Got the Genie? Part IV
3.00 FILM: The Other Love
Barbara Stanwyck, David Niven, Maria Palmer
A pianist, who is struck down with tuberculosis, attends a sanatorium in the Swiss Alps, where she recklessly endangers her health. 1947
5.05 Hart to Hart
Murder, Murder on the Wall
A bride is left to face a pair of brutal thugs.
6.00 FILM: Rugged Gold
Jill Eikenberry, Art Hindle, Ari Magder, Graham Greene
Contemporary frontier tale, based on a true story, about a strong-willed woman in Alaska in 1954. 1993
8.00 Animal Rescue
8.30 Rescue 911
William Shatner presents more real-life rescues by US emergency services.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussions about relationship issues.
10.50-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, teen sex and contraception.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



7.00am Breakfast **10.00 Brunch** **12noon All-Woman Marathon II** **7.00pm This is Celine Dion** **8.00 Talk Music** **9.00 Rock of the North - Lisa Stansfield** **NEW** **10.00 Greatest Hits of ... Madonna** **11.00 Blondie Beatclub** **NEW** **12midnight Soul Vibration**
- *Ladies of Soul II* **1.00am Diana Ross** - *Lady Sings the Blues* **NEW** **2.00 The Making of Tina Turner** **NEW** **2.30 Tina Turner** - *Live in Amsterdam* **NEW** **4.00-7.00am Late Shift**

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00 AM
MORNING
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11.00

				NEWS AND INTERNATIONAL	
9.00am Campaigns in History <i>Balaclava</i> 10.00 Hooked on Fishing <i>The Final Frontier</i> 10.30 Total Fishing with Matt Hayes 11.00 Gimme Shelter 11.30 Homemaker 12noon Tool Time 12.30pm Hammer It Home 1.00 A Cook's Journey 1.30 The Furniture Guys <i>Gas Fireplace Installation</i> 2.00 Rex Hunt's Fishing Adventures 2.30 Two's Country <i>Have a Nice Stay</i> 3.00 This Old House 3.30-4.00pm This Old House	5.00am Omer and the Starchild 5.30 <i>The Fruitties</i> 6.00 The Real Story of... 6.30 <i>Thomas the Tank Engine</i> 7.00 <i>Blinky Bill</i> 7.30 <i>Bugs Bunny</i> 7.45 <i>Road Runner</i> 8.00 <i>Scooby-Doo</i> 8.30 <i>Dastardly and Muttley</i> 8.45 <i>Wacky Races</i> 9.00 <i>Dexter's Lab</i> 9.30 <i>Johnny Bravo</i> 10.00 <i>Cow and Chicken</i> 10.30 <i>Beetlejuice</i> 11.00 <i>The Mask</i> 11.30 <i>Tom and Jerry</i> 12noon <i>The Flintstones</i> 12.30pm <i>The Bugs and Daffy Show</i> 1.00 <i>Johnny Bravo</i> 1.30 <i>Cow and Chicken</i> 2.00 <i>Batman</i> 2.30 <i>The Jetsons</i> 3.00-9.00pm The Bugs and Daffy Show It's a six-hour marathon of mayhem as the rascally rabbit and deranged duck engage in hilarious cartoon capers. Bugs 'Er, What's up doc? Bunny is 60 this year, but there's still only one grey hare. Daffy 'Dethpicable!' Duck, meanwhile, is even older, having made his screen debut in 1937. The terrible twosome have tormented the likes of Elmer Fudd and Porky Pig over the years, and as the popularity of last year's <i>Space Jam</i> film proves, they're set to carry on teasing into the next millennium.	7.00am <i>Tales from the Cryptkeeper</i> 7.30 <i>Kablam!</i> 8.00 <i>Rocko's Modern Life</i> 8.30 <i>Hey Arnold!</i> 9.00 <i>Rugrats</i> 10.00 <i>Angry Beavers</i> 10.30 <i>Doug</i> 11.00 <i>Aaahh!!! Real Monsters</i> 11.30 <i>Ren and Stimpy</i> 12noon <i>Wishbone</i> 12.30pm <i>Moesha</i> 1.00 <i>Sister Sister</i> 1.30 <i>The Secret World of Alex Mack</i> 2.00 <i>Kenan and Kel</i> 2.30 <i>Clarissa Explains It All</i> 3.00 The Adventures of Pete & Pete Red-haired brothers in arms. 3.30 Kablam! Fun with June and Henry. 4.00 Hey Arnold! More adventures with the kid sporting the cool quiff. 4.30 Rugrats Fun with the tousle-headed nippers. 5.00 Sussed! 5.30 Sister Sister Domestic disharmony as Tia, Tamera and their respective single parents all try to live together. 6.00 <i>Kenan and Kel</i> 6.30-7.00pm <i>Are You Afraid of the Dark?</i>	6.00am <i>Spiro</i> 6.30 <i>Iznogoud</i> 7.00 <i>Swamp Thing</i> 7.30 <i>Batman</i> 8.00 <i>Spellbinder II</i> 8.30 <i>Dennis the Menace</i> 9.00 <i>Road to Avonlea</i> 10.00 <i>Iznogoud</i> 10.30 <i>The New Adventures of Giganter</i> 11.00 <i>Spiro</i> 11.30 <i>Flash Gordon</i> 12noon <i>AJ's Time Travellers</i> 12.30pm <i>Oscar's Orchestra</i> 1.00 <i>Spellbinder II</i> 1.30 <i>The New Adventures of Giganter</i> 2.00 <i>Flash Gordon</i> 2.30 <i>Swamp Thing</i> 3.00 AJ's Time Travellers <i>Henry Ford</i> 3.30 Oscar's Orchestra <i>World Tour</i> Grand piano adventures. 4.00 Batman <i>The Impractical Joker</i> 4.30-5.00pm Dennis the Menace <i>Revenge of the Robot</i> More authority baiting.	BBC NEWS 24 6.00am News 6.30 UK Direct 7.00 News 8.00 News 10.30 Science Review 11.00 Dateline London 12noon News with Peter Allen 4.00pm Newsround 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Sir Robin Day's Book Review 8.00 News 8.30 The Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA Direct 1.00am News 2.30 The Diary 3.00 News 3.30 Face in the Crowd 4.30 Chronicles 5.30-6.00am Sir Robin Day's Book Review CNN INTERNATIONAL News throughout the day, plus: 5.00am World News 5.30 Inside Asia 6.30 Business 7.30 Sport 11.30 Earth Matters 12.30pm Science 1.30 World Report 2.30 Inside Europe 3.30 Sport 4.30 This Week in NBA 5.00 Late Edition 6.30 Health 7.00 Impact 8.30 Pinnacle Europe 9.30 Insight 10.30 World Cup Weekly 11.00 World View 11.30 Style 12midnight World Today 12.30am Showbiz 1.15 Asian Edition 1.30 Diplomatic License 4.30-5.00am NBA SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 7.45 Gardening 9.30 Business Week 10.00 Adam Boulton 11.30 Book Show 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz 3.30 Target 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuter's Report 9.30 Showbiz 10.00 Prime Time 11.30 Week in Review 12.30am CBS Weekend News 1.30 ABC World News Sunday 2.30 Business Week 3.30 Reuter's Report 4.30 CBS News 5.30-6.00am ABC World News Sunday INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Kulturgespräch 6.45 Kunststreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Der Unanständige Mozart 9.15 Dichterclub 10.15 Arnold Boecklin 11.50 Offen 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Marbella 1.30 Anneliese Rothenberger 2.00 Regina auf den Stufen 3.00 Hitc 3.30 Die Macht der Sinne 4.20 Gewusst Wie 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Markwort NeunzehnZehn 7.00 Tagesschau 7.15 Tatsachen 8.00 Schätze der Welt 8.15 Liebe in Hollywood 9.40 Frauen in Hollywood 10.25 Der Staatsanwalt Hat das Wort 11.35-1.00am Double Cross Deutsche Welle 5.00am Inside Politics 5.30 Video Timeline 5.45 Expo 2000 6.00 Journal and Compact 6.30 Plenum 7.00 Journal and Compact 7.30 HEAT 8.30 ZDF Inside Report 9.00 Journal and Compact 9.30 Das Fernsehspiel 11.15 Plenum 11.45 Schätze der Welt 12noon Journal and Compact 12.30pm ZDF Inside Report 1.00 Video Timeline 1.15 Expo 2000 1.30 BIG 2.00 Journal and Compact 2.30 Lustige Musikanten 3.30 Akzente 4.15 Expo 2000 4.30 BIG 5.00 Journal and Compact 5.30 Video Timeline 5.45 Church and Society 6.00 HEAT 7.00 Journal 7.30 Akzente 8.15 Zur Zeit 8.30 BIG 9.00 Journal and Compact 9.30 Treasures of the World 9.45 Expo 2000 10.00 Journal y Compact 10.30 Si Tan Solo me Dejaran Actuar 11.00 Journal 11.15 Sport Report 11.30-12midnight Plenum TV5 5.00am Minutes 5.05 Cap Adventure 5.30 Horizons Francophones 6.00 Musique 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Bus et Compagnies 8.30 Jardin des Bêtes 9.00 Minutes 9.05 Jardins et Loisirs 9.30 Correspondances 9.45 Du Poil de la Bête 10.00 Musique Musiques 10.30 Perfecto 11.00 Minutes 11.05 Telecinema 11.33 Journal 11.55 Meteo	12noon Thalassa 1.00pm Fant pas Rever 2.00 Documentaire 3.00 Journal 3.15 Theatre 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Journal 7.00 Soiree Thematique 8.55 Meteo 9.00 Journal 9.35 Le Monde 10.30 Bons Baisers d'Amerique 11.30-12midnight Soir 8 et Meteo ASIANET CABLE EXCLUSIVE 7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhuur Ki Bani 10.30 Islam in Focus 11.00 Ashirvaad 11.30 Holy Quran 12noon Naya Andaz 1.00pm Business 1.30 FILM Dil Ek Mandir 4.00 Cine Express 4.30 Juke Box 5.00 Top Ten 5.30 Majdhaar 6.30 Aur Aap 7.00 Zamana 7.30 Bolmaal 8.00 Main Anari 6.30 FILM Thanedar 11.30 News 12midnight Aur Aap 12.30am Bolmaal 1.00 FILM Mir India 4.00 Indipop 4.30 Dasht 6.00 Mere Saat Chaal 6.30 News 6.45 Business 7.00-7.30am Edition ZEE TV 4.00am HINDI FILM: Yamacha 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 News 8.30 Aalap 9.00 Shri Krishna 10.00 Zee Health Show 10.30 Aashiana 11.00 Jhatpat Khana 11.30 India Business Report 12noon HINDI FILM: Jheel Ke Us Paar 3.00pm Parivatan 4.00 Zee and U 5.00 Karo 6.00 Top Ten 6.30 Amaanat 7.30 Antakshari 8.00 News 8.30 FILM: Fareb, Suman Ranganathan 11.30-12midnight Yehi Hai Zindagi RACING CHANNEL Racing Channel does not transmit on Sundays CMT 6.00am Rebel Country 7.00 Non-Stop 2.00pm Top 12 Countdown 2.30 Fresh Cuts 3.30 Showcase 4.00 Fresh Cuts 4.30 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Non-Stop 8.30 Top Billing 12midnight Rebel 1.00am Showcase 1.30 Non-Stop 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought for the Day 4.05 Worship 5.00 Fred Price 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Eddie Long 8.00 Matthew Ashimolowo 9.00 Sunday Night Live 9.30 Highway to Heaven 10.00 Revelation 10.30-11.00am This Is Your Day - Benny Hinn PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am Parliamentary Committees 12noon America This Week 3.00-4.00pm Parliamentary Committees WORLD NET World Net does not transmit at weekends LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
					
4.00pm History Classics: Vietnam, The Ten Thousand Day War: Days of Decision The attempt to ensure liberty in South Vietnam leads to War. 5.00-8.00pm Legends of the Isle 5.00 <i>The Loch Ness Monster</i> 5.30 <i>King Arthur</i> 6.00 <i>Stonehenge</i> 6.30 <i>Robin Hood</i> 7.00 <i>Bonnie Prince Charlie</i> 7.30-8.00pm <i>The Holy Grail</i>	11.00am Emmerdale 11.30 Emmerdale A new arrival in Beckindale impresses Amos Brearly, but disappoints Joe Sugden. 12noon Emmerdale 12.30pm Emmerdale 1.00 Emmerdale 1.30 Families Chelsea confides in Jane. 2.00 Families 2.30 Families 3.00 Families 3.30-4.00pm Families	10.00am Crush 11.00 Trainspotters 12noon The Band Show 12.30pm Acny 1.00 Space 2.00 Exposure 4.00 Crush 5.00 About Last Night 6.00 Space 7.00-8.00pm Trainspotters	News throughout the day, plus: 5.00am Directions 7.00 Wall Street Journal 8.00 Big Game 11.00 Dot.Com 12noon Wall Street 1.00pm Money 2.00 Auto Motive 3.00 Directions 5.00 Story Board 6.00 The Big Game 7.00 Media 7.30 Future File 8.00 Your Money 8.30 Directions 9.00 Europe 9.30 Wall Street 10.00 Money 11.00 Money 12midnight Asian Squawk Box 1.00am Trading Day 4.30-5.00am Big Game		

If you're planning on going away for two weeks, put these three weeks in your diary.

SOUTH
ATLANTIC
OCEAN

PACIFIC
OCEAN



If you haven't booked your Summer holiday yet, don't panic. Our Spring season of travel programmes and our new show, *Holiday Maker*, will tell you all you need to know about making your summer holiday the best ever. Catch Summer Holiday Fever every night from 7pm.

travel
TV THAT TAKES YOU THERE



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Picnic at Hanging Rock
1975, rating Sky PG, 110 mins
8.00 Ed
Matt LeBlanc, Jack Warden
Sports comedy. **Text** 1996, rating Sky PG, 90 mins
10.00 Sky Riders
1976, rating Sky PG, 86 mins
11.30 James and the Giant Peach
1996, rating Sky U, 78 mins
1.00pm Letter to My Killer
Mare Winningham, Rip Torn
1995, rating Sky PG, 88 mins

3.00 Yentl
Barbra Streisand, Mandy Patinkin, Amy Irving, Nehemiah Persoff
Drama in which a young woman disguises herself as a boy in order to get an education in a closed man's world. Streisand directs, produces and stars in this tale set among the East European Jewish community. 1983, rating Sky PG, 128 mins

5.15 Ed
Matt LeBlanc, Jack Warden
Sports comedy about a baseball pitcher who suddenly becomes unable to play in front of a crowd. Then he finds a new friend in the form of a chimpanzee named Ed, who somehow manages to restore his confidence. **Text** 1996, rating Sky PG, 90 mins

7.00 James and the Giant Peach
Paul Terry, Joanna Lumley, Miriam Margolyes
Magical family movie mixing live action with stop-motion animation. Orphaned James is forced to live with his two evil aunts until he grows a giant peach and embarks on an adventure. 1996, rating Sky U, 78 mins

8.30 The Movie Show
9.00 Phenomenon - Preview
9.05 Phenomenon
John Travolta, Kyra Sedgwick, Forest Whitaker, Robert Duvall
Touching drama about a garage mechanic whose brain capacity suddenly increases markedly after what may have been an encounter with an alien spacecraft. **Text** 1996, rating Sky PG, 118 mins

11.05 Born Bad
James Remar, Justin Walker, Corey Feldman
PREMIERE Action thriller. A group of teenagers plan to rob a bank, but the scheme backfires. 1997, rating Sky 18, 89 mins
12.40am A Streetcar Named Desire
Jessica Lange, Alec Baldwin
1995, rating Sky 15, 150 mins
3.15-5.30am Dead Man
Johnny Depp, Gary Farmer
Western adventure. **Widescreen Last Play** 1995, rating Sky 18, 116 mins

6.00am The Major and the Minor
1942, rating Sky U, 96 mins
8.00 The Lodger
Merle Oberon, George Sanders
1944, rating Sky PG, 80 mins
10.00 The Bandit of Sherwood Forest
Cornel Wilde, Anita Louise
1946, rating Sky PG, 82 mins
12noon Stuart Saves His Family
Al Franken
1995, rating Sky PG, 92 mins
2.00pm

The Major and the Minor
Ginger Rogers, Ray Milland
A New York career woman attempts to pose as a young girl so that she can afford the half-price train fare back to her home in Iowa. 1942, rating Sky U, 96 mins

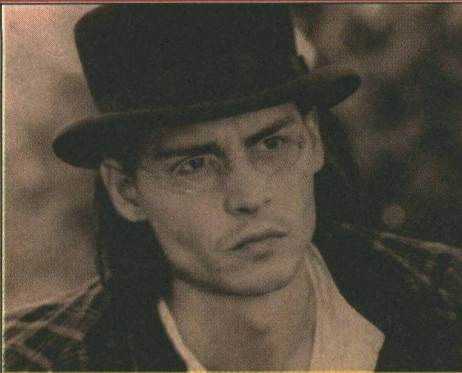
4.00 Tennessee's Partner
Ronald Reagan, Rhonda Fleming, John Payne
Quirky little Western about a gambler and a crook who become unlikely buddies when one saves the other's life. 1955, rating Sky PG, 83 mins

5.50 Stuart Saves His Family
Al Franken, Laura San Giacomo
Crazy comedy about a wacky TV show host. Stuart Smalley is America's favourite New Age oddball, who presents his own public access programme, until a fight with his station manager costs him his show. **Last Play** 1995, rating Sky PG, 92 mins
7.30 Special Feature
Hollywood report.

8.00 What the Deaf Man Heard
Matthew Modine, Tom Skerritt, Judith Ivey
PREMIERE Drama about a man who grows up an apparent deaf-mute after losing his mother when he was ten-years-old. As a grown man, he befriends waste collector Archibald and starts to come out of his shell. 1997, rating Sky PG, 99 mins

10.00 Copycat
Sigourney Weaver, Holly Hunter, Dermot Mulroney
Thriller about a serial killer on the loose in San Francisco. The police need the help of criminal psychologist Helen Hudson to solve a spate of killings in the area, but she has become a recluse after nearly being killed herself. **Text** 1995, rating Sky 18, 117 mins
12.05am A Kiss So Deadly
Charles Shaughnessy
1996, rating Sky 15, 88 mins

1.40 When Friendship Kills
Lynda Carter, Marley Shelton
1995, rating Sky 15, 87 mins
3.15-5.30am Where's Jack?
1969, rating Sky 12, 114 mins



In 'Dead Man', a 19th-century Western adventure, William Blake (Johnny Depp) is believed to be the dead poet whose name he shares: Sky Movies Screen 1 3.15am



4.00pm The Long Voyage Home
John Wayne, Thomas Mitchell, Ian Hunter, Barry Fitzgerald, Wilfrid Lawson, Mildred Natwick, John Qualen, Arthur Shields, Joe Sawyer, J Warren Kerrigan
Classic drama about life in the navy, based on four short plays by Eugene O'Neill. 1940, rating Sky PG, 101 mins

6.00 The Hot Rock
Robert Redford, George Segal, Zero Mostel, Paul Sand, Ron Leibman
Crime caper comedy in which four thieves decide to steal a precious gem from the Brooklyn Museum. Unfortunately, everything goes wrong and the plan gradually crumbles thanks to the team's ineptness. 1972, rating Sky PG, 97 mins

8.00 Nine to Five
Dolly Parton, Jane Fonda, Lily Tomlin, Dabney Coleman, Sterling Hayden, Elizabeth Wilson, Henry Jones, Lawrence Pressman
Revenge comedy about three put-upon secretaries who decide to get even with their slave-driving boss when an opportunity presents itself. 1980, rating Sky 15, 102 mins

10.00 A Nightmare on Elm Street Part 2: Freddy's Revenge
Mark Patton, Kim Myers, Robert Englund
Horror sequel. Freddy Krueger tries to take over the body and mind of a teenager with the intention of slaughtering the boy's friends. 1985, rating Sky 18, 82 mins
11.25 Commando
Arnold Schwarzenegger
Action-adventure. 1985, rating Sky 18, 86 mins
12.55am Ten Tall Men
1951, rating Sky PG, 93 mins

2.35 Up Periscope
James Garner, Andrea Martin
1959, rating Sky PG, 106 mins
4.25-5.55am Flying Down to Rio
1933, rating Sky U, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Young Cassidy
Rod Taylor, Julie Christie, Maggie Smith, Flora Robson, Michael Redgrave, Edith Evans
Biopic of Irish playwright Sean O'Casey. Set in Dublin in 1910, the film charts the story of the rebel who started out producing anti-British propaganda and rose to literary greatness. 1965, 108 mins

11.00 Wild Rovers
William Holden, Ryan O'Neal, Karl Malden
Western. An ageing cowhand and his young sidekick, fed up with life on the ranch, decide to rob a bank. **Widescreen** 1971, 125 mins
1.15am Boys' Night Out
Kim Novak, James Garner
Tale of a student poses as a prostitute. 1962, 113 mins
3.10-5.00am Young Cassidy
Rod Taylor, Julie Christie
Biopic. 1965, 108 mins

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons **Text**
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children **Text**
12.30pm M*A*S*H **Text**
1.00 Geraldo
Kid Pageant Expose
2.00 Sally Jessy Raphael
My Invention Made Me Rich
3.00 Jenny Jones
I Escaped from My Attacker

On today's show, guests explain how they were able to escape from life-threatening situations.
4.00 The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show.

5.00 Star Trek: The Next Generation
Devil's Due
Picard arrives at a science station whose inhabitants are anticipating the return of Ardra, their devil.

6.00 The Live 6 Show
Magazine show presented by Jenny Powell and Richard Orford.

6.30 Married... with Children
We'll Follow the Sun **Text**

7.00 The Simpsons
The Homer They Fall
Homer becomes a professional boxer. **Text**
7.30 Real TV
Actual video footage of real-life events.

8.00 Star Trek: Deep Space Nine
A Call to Arms
Sci-fi drama. *Deep Space Nine* prepares to face a joint Dominion and Cardassian attack.

9.00 Sliders
Luck of the Draw
The Sliders land in a world that seems like paradise, until Wade wins the lottery and things take a nasty turn.

10.00 Brooklyn South
Exposing Johnson
Hard-hitting cop drama following the lives of the tough, uniformed police officers who patrol the streets of New York.

11.00 Star Trek: The Next Generation
Devil's Due
Picard arrives at a science station whose inhabitants are anticipating the return of Ardra, their devil.

12midnight Late Show with David Letterman
Top-rating US chat show.
1.00am Raven
Rip Off
A stolen statue leads Raven to the Amir, who has plans of his own for the priceless object.
2.00-7.00am Long Play

7.00am Never the Twain
7.35 Neighbours
8.00 Crossroads
8.25 EastEnders
9.00 The Bill
9.30 Howards' Way
10.00 Shelley
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Rosie
2.05 Open All Hours
2.45 Stay Lucky
Sisters of Achill
Lively disappears during a visit to his birthplace on Ireland's West Coast.

3.45 The Bill
Little Boy Lost
Greig investigates a child abduction with a tragic ending.

4.15 Juliet Bravo
Oscar
A girl caught stealing washing from a Laundrette blames an imaginary friend.

5.20 EastEnders
More drama with the Albert Square folk.

5.55 Big Break
Jim Davidson hosts the gameshow in which top snooker players pot on behalf of contestants.

6.30 The Bill
Little Boy Lost
Greig investigates a child abduction with a tragic ending.

7.00 Dad's Army
Sleep in the Deep
The pumping station, with Godfrey and Walker inside, is hit during an air raid.

7.40 Rising Damp
All Our Yesterdays
A new, granite-muscled tenant plays his music too loud.

8.20 Only Fools and Horses
Slow Bus to Chingford

9.00 Dangerfield
As Paul finds out more about the suspicious death of Susan Wood, he discovers that his knowledge puts his own life in danger.

10.05 Taggart
Instrument of Justice
Concluding part. The Procurator Fiscal and his assistant are both dead, but without the chief witness the prosecution seems doomed to fail.

11.10 The Man from Auntie
More quickfire comedy.

11.45 Between the Lines
Big Boy's Rules - Part 1
Tony Clark's investigation into the murder of a police informer leads him to his former boss.

12.45am Three of a Kind
1.20 Spitting Image
1.50 The Equalizer
Bump and Run
2.40-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Top Gear GTI 8.00
Flight of the Condor 9.00
Great Mysteries and Myths 9.30 Great
Mysteries and Myths
10.00 Tomorrow's World
Plus 11.00 999 12noon
Great Mysteries and
Myths 12.30pm Great
Mysteries and Myths
1.00 Close Encounters
2.00 Animal Hospital
2.30 Out of This World

3.00 Clive James -
Postcard from London
Thirty years after arriving in the swinging London of 1961 with his cardboard suitcase, Clive James reappraises the city.
4.00 Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.

5.00 Tomorrow's World Plus
Includes filmed reports about the future of science and technology and revealing glimpses into the past.

6.00 Animal Hospital
Rolf Harris visits Hampden Hospital.

6.30 Great Mysteries and Myths
The Rudolph Hess Mystery

7.00 Natural Neighbours
Pigs Might Fly

7.30 Wildlife on UK Horizons
King of Kingfishers
With David Attenborough.

8.00 The Look
Yves Saint Laurent
A look at the work of Yves Saint Laurent, regarded by many as the greatest designer of the 20th-century.

9.00 999
Dramatic reconstructions, including a desperate struggle to free two men trapped in a sinking powerboat.

10.00 The Power and the Glory
The Pioneers
10.30 The Persuaders
The Cult

An investigation into the suicide of 39 members of the Heaven's Gate cult.
11.30 Top Gear GTI
Testing the latest models and casting an experienced eye over the hottest motoring news.

12.30am-1.00am Great Mysteries and Myths
The Death of the Red Baron
Uncovering who actually killed the legendary German fighter pilot Manfred von Richtofen, shot down over British lines in April 1918. Narrated by Robert Powell.

6.00am Healthbeat 6.30 Your
Beautiful Garden 7.00 David
Emanuel Fashion Show 7.30
Eat, Drink and Be Healthy 8.00
Rosemary Conley's Cookbook
8.30 Craftwork 9.00 Sally
Jessy Raphael 10.00 Wilde
About Flowers 10.30 Young
Chefs 11.00 The Good
Housekeeping Show 11.30
Roddy Llewellyn's Indoor
Garden 12noon Sew Perfect
12.30pm Ready to Wear
1.00 Bon Appetit
1.30 Classic Interiors
2.00 Rosemary Conley's
Cookbook
2.30 Craftwork

3.00 Wilde About Flowers
With Carl Wilde.
3.30 Young Chefs
Charlotte Hindle presents the programme that profiles new chefs.
4.00 Sally Jessy Raphael
More lively studio discussion, chaired by the queen of talk, Sally Jessy Raphael.

5.00 The Good Housekeeping Show
Presented by Leslie Ash.
5.30-6.00pm Roddy Llewellyn's
Indoor Garden



It's a dog's life for Nigel Le Vaillant in 'Dangerfield': UK Gold 9.00pm

See Sky Text Page 288

FOR A PROSPEROUS 1998

CONSOLIDATE YOUR LOANS & CREDIT CARD BALANCES

& HAVE CASH TO SPEND

LOANS LOW RATES

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 First Among Equals
10.00 Fortune Hunter
11.00 Hawaii Five-O
12noon Classic
Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah
Putting on the Ritz

3.00 London's Burning
Blue Watch is called to an horrific motorway pile-up, and Bayleaf has a showdown with Karen. Stars Rupert Baker and James Hazeldine.
4.00 Hawaii Five-O
The Second Shot
McGarrett must thwart an elaborate assassination attempt on the life of a self-exiled Greek doctor. Stars Jack Lord.

5.00 Mission: Impossible
Eighties' adaptation of the TV classic. Under the guidance of Jim Phelps, the IMF team must recover a deadly bacteria.

6.00 Families
George comes round.

6.30 Classic Coronation Street
Ivy discovers that Brian has spent the night on the sofa.

7.00 Doctor at Large
Pull the Other One
Michael and Dick clash over their attitudes to women.

7.30 Bootsie and Snudge
8.00 London's Burning
Blue Watch is called to an horrific motorway pile-up, and Bayleaf has a showdown with Karen. Stars Rupert Baker and James Hazeldine.

9.00 Classic Coronation Street
Brian sleeps on the sofa.
9.30 Wheeltappers and Shunters
Social Club
Light entertainment.
10.00-11.00pm
Mission: Impossible

men & motors

11.00pm Performance Power
Sarah Donohue takes a look at all things fast and dangerous in this series about leisure and sporting activities.

12midnight 2 Wheels Better
Weekly biking magazine.
12.30am Motor Week
Motoring magazine programme.
1.00 E! In Focus
With Eleanor Mondale.
2.00-6.00am The Box

6.00am Under the Umbrella
Tree 6.30 Jungle Cubs 7.00
Recess 7.30 Pepper Ann 8.00
Brand Spanking New Doug
8.30 Timon and Pumbaa 9.00
Aladdin 9.30 Quack Pack
10.00 Amazing Animals 10.30
Sesame Street 11.30 Winnie
the Pooh 11.45 Paddington
Peas 11.50 Alphabet Castle
12noon Little Hippo 12.15pm
Animal Shelf 12.30 Rosie and
Jim 12.45 The Toothbrush
Family 12.50 Bear in the Big
Blue House 1.15 Winnie the
Pooh 1.30 Chip 'n' Dale's
Rescue Rangers 2.00 Goof
Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
3.30 Brand Spanking New Doug
Doug Directs
A sudden blizzard means the cast are snowbound.

4.00 Pepper Ann
Perils and pitfalls of teenage life.

4.30 Recess
The adventures and misadventures of fourth grade life.

5.00 Smart Guy
Being a smart guy causes TJ problems at home and at school.

5.30 Student Bodies
Animation and real-life in an entertaining mix.

6.00 Teen Angel
Fifties guardian angel action.

6.30 Boy Meets World
Easy Street
Cory and Shawn try to earn some extra cash.

7.00 FILM: Tower of Terror
Steve Guttenberg, Kirsten Dunst, Nia Peeples
High-rise horror and nervous laughter abound as a reporter and his niece try to solve a mystery that's over 50 years old. 1997

8.30 The Wonder Years
Sixties nostalgia with Kevin Arnold.

9.00-10.00pm Touched by an Angel
Earthbound, angelic antics.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXfresh - newest videos available - BOXtalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Dilly Dines Out
10.30 What's Cooking?
11.00 Worrall Thompson
Cooks 11.30 Graham
Kerr's Kitchen 12noon
Food Network 12.30pm
First Taste 1.00 Food for
Thought 1.30 For Better,
for Worse 2.00 Tessa
Bramley's Kitchen
2.30 Food Network
3.00 Retrospectives
Cookery magazine.
3.30 Worrall Thompson Cooks
4.00 Ross's
Foreign Assignment
4.30-5.00pm
Graham Kerr's Kitchen



CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Hey Dad II
Bop 'till You Drop
Arthur and Jenny play a trick on Martin.

6.00 Byker Grove
Speedy and some of the lads go to a community radio station to record a jingle for the jumble sale.

6.30 A Country Practice
7.00 London Bridge
The bailiffs tear apart Sid's gym.

7.30 Pull the Other One
Gameshow hosted by Paul Coia.

8.00 Birds of a Feather
Getting a Grip
The central heating breaks down.

8.30 Comedy First: Cut and Run
9.00 Chancer

Blood
Franklyn's net is closing round Anna, and Dex has raised enough money to complete the club and refurbish Winterleigh.
10.00 Soldier, Soldier
Stand by Me
Major Radley gives Paddy Garvey a chance to shine on an exercise, but begins to smart when he appears to have been let down.
11.00 St Elsewhere
12midnight Pull the Other One
12.30am-1.00am
Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

GENERAL

Scarfe on Paradise
UK Arena 9.00pm
The latest in the series of life according to cartoonist Gerald Scarfe. Tonight he mixes fantasy and reality on a not entirely serious journey in search of secrets of death and the afterlife. He meets a woman who claims to have encountered death but survived, plus a police surgeon who discusses rigor mortis. Later on, Scarfe considers his own mortality in Highgate Cemetery.

SPORT

Basketball - LIVE
Sky Sports 1 2.00pm
A double bill of top British basketball action from Sheffield. Firstly, the local Sharks take on the Birmingham Bullets and this is followed by a North v South All Star clash when the pick of the talent from around the league does battle.

Monday continues overleaf...

ADVERTISEMENT

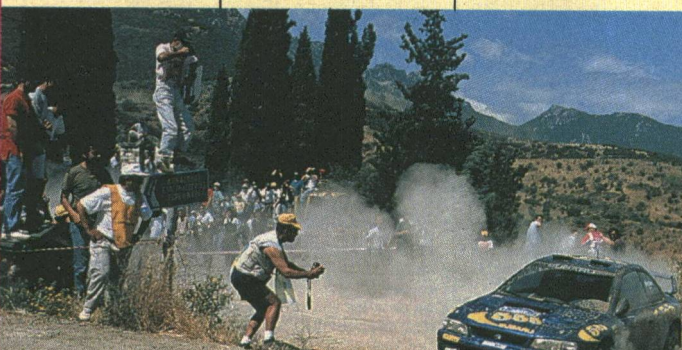


UK GOLD

ONLY FOOLS AND HORSES

8.20PM
Lovely jubbly! Get your Pina Coladas at the ready as Del Boy and Rodney return to UK Gold tonight as part of UK Gold's weekday evening comedy strip.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

						
7.30am Sailing 8.00 Athletics 9.00 Motorcycling 10.30 Short Track Speed Skating 11.30 Ski Jumping World Cup in Planica, Slovenia. 1.00pm Triathlon Highlights of the ETU Winter European Cup. 2.00 Tennis Coverage of the ATP Tour/ Mercedes Super 9 Tournament from Key Biscayne in the USA.	7.00am Spanish Football 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Motor Racing: Indy Phoenix 200 12noon Aerobics Oz Style 12.30pm Football League Review A chance to see every goal scored across the three Nationwide League divisions, together with highlights of the two live weekend matches. 2.00 Basketball: Sheffield Sharks v Birmingham Bullets - LIVE Double bill of live action as the Sheffield Sharks play host to the Birmingham Bullets at the Sheffield Arena, followed by a North v South All-Star clash, in which the pick of talent from the northern clubs take on the cream of the crop from the south.	7.00am Aerobics Oz Style 7.30 Gillette World Sport Special 8.00 Racing News 8.30 Ford Golf USA: Bay Hill Invitational 10.30 Fight Night Presented by Paul Dempsey. 12.30pm International Cricket: South Africa v Sri Lanka Highlights of the final day's play in the first Test between South Africa and Sri Lanka. 2.00 International Cricket: West Indies v England - LIVE Live ball by ball, fourth day coverage of the sixth and final Test from Antigua.	12noon Euro Tour Golf: Portuguese Open Another chance to see highlights of the Portuguese Open from Aroeira, Lisbon, where Swede Michael Tonzon defends his 1997 title.	12noon Swan's Crossing Action-romance series. 12.30pm Sweat Teen drama series. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Hard-hitting drama series. 2.00 Saved by the Bell Zack's Birthday Party 2.30 Swan's Crossing Action-romance series following the lives and preoccupations of 12 young people in their early teens.	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Making of Sphere 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: The Climax 1.40pm SF Scene Reports 2.00 The Outer Limits	
4.00 Football <i>World Cup Legends</i>		4.00 International Cricket Update 4.30 International Cricket: West Indies v England - LIVE Continued live ball-by-ball, fourth day coverage of the sixth and final Test from Antigua.	3.00 Superbikes: Australia Race Two Another chance to see coverage of Britain's Carl Fogarty attempting to cast aside the disappointment of losing to John Kocinski in last season's hard fought battle and regain his world crown. 5.00 V-Max Magazine taking a look at high-speed activities from inside the cockpit. 5.30 Samsung Esprit 6.00 Squash: Super Series Final The best of the highlights from the Super Series final. 7.00 World Motor Sport Get behind the wheel and prepare for a round-up of the latest developments in the race world, including views from the major players on the circuit.	3.00 It's in the Jeans <i>Health Club</i> 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama series. 4.00 Hollyoaks Soap following the lives of a group of teenagers. 4.30 Saved by the Bell 5.00 USA High <i>Winnie Show</i> Teenage sitcom. 5.30 Sweat Teenage drama series. 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks	3.00 The Bionic Woman <i>Deadly Ringer</i> Science fiction drama starring Lindsay Wagner. 4.00 The Six Million Dollar Man <i>Straight on till Morning</i> Steve Austin befriends an extraterrestrial. 5.00 Swamp Thing <i>Lesser of Two Evils</i> Carla Jeffries returns to defeat Arcane. 5.30 Inside Space 6.00 The Web Take a trip into cyberspace and explore what's new and upcoming on the net. 7.00 Space Precinct <i>Body and Soul</i> Lieutenant Patrick Brogan heads for a close-up view of a distant comet. 8.00 Quantum Leap <i>All-Americans</i> Time-travelling scientist Sam Beckett zaps back to 1962. 9.00 The Cape <i>Judgement Call</i> Tragedy hits an astronaut's family and Bull must decide how much to reveal. 10.00 FILM: The Wraith Charlie Sheen, Nick Cassavetes Supernatural horror about a high-school hero who returns from the dead to take revenge against the psychotic drag racer who killed him. 1986 12midnight Sightings 1.00am The Tomorrow People 1.30 Flash Gordon 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
5.00 Ski Jumping Highlights from the World Cup in Planica, Slovenia.						
6.00 Tennis - LIVE Live action from the eighth day of the ATP Tour, Mercedes Super 9 Tournament being held in Key Biscayne in the USA.	6.00 Sky Sports Centre The latest sports news. 6.30 World Wide Rugby Recent rugby action from around the globe.			8.00pm The A-Team <i>Incident at Crystal Lake</i> Colonel Decker is getting too close, so the team hide at Crystal Lake. 9.00 Tour of Duty <i>War Lover</i> The team go on a special mission with combat veteran Earl Ray Michaels. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Stories of obsession. 11.00 FILM: Creepshow 2 A further trio of tales from Stephen King's horror locker. 1987 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: Night Fire 4.30 Red Shoe Diaries 5.00-6.00am The A-Team		
9.30 Rally Coverage of the fourth round of the FIA World Rally Championship.	8.00 Ford Monday Night Football Special: The Season So Far A review of the season so far, with just eight weeks to go until the FA Cup final.	9.00 International Cricket: South Africa v Sri Lanka Another chance to see action from the final day's play in the first Test between South Africa and Sri Lanka.	10.00-11.30pm Super League Classics: London v Canberra Another chance to see last year's classic Super League encounter between London and Canberra.			
10.00 Football The best action and goals from recent matches in Europe.	10.00 Sky Sports Centre 10.30 World Pool Championship Steve Davis leads the British challenge against an overseas side headed by Earl Strickland. 11.30 Football League Review 12midnight Sky Sports Centre 12.30am Ford Monday Night Football Special: The Season So Far 2.30-3.00am Sky Sports Centre News from the sports world.	11.30 V-Max An insight into the world of speed on land, water and in the air. 12midnight Sky Sports Centre 12.30am Motor Racing 2.30 Football League Review 3.00 V-Max 3.30-4.00am Sky Sports Centre				
11.30 Boxing Another bout of explosive punch-by-punch action.						
12midnight-12.30am Rally Highlights from the FIA World Rally Championship in Portugal.						
						
Scotland's Colin McCrae will be going for top spot at the FIA World Rally Championships in Portugal: Eurosport 9.30pm, 12midnight						
						
		12midnight Free View 12.10am Peeping Tom 12.20 Eurotapes 12.45 FILM: Adult Feature A private eye is hired to track down some special women to settle a bet. 1.00 Free View 1.05 FILM continues 2.00 Jane's World 2.25 FILM: Black Flava A white journalist gets a job by pretending to be black. 3.55-4.00am What's on Tomorrow		11.30pm Free Teaser 11.35 Peep Show 11.45 FILM: Steamy Windows A kinky look at seeing things through windows. 1.05am FILM: Creatures of the Night Under a full moon, strangers become sex crazed creatures of the night. 2.30-4.00am FILM: Close to the Edge A businessman finds a novel way to stave off depression.	12midnight ... of the Day 12.10am Gay Night What's hip, hot and happening on the gay scene, with Tim Milson. 12.20 Gay Night - FILM: Adult Feature Kevin's having raunchy nightmares, ones that really turn him on. 1.25 Gay Night - Vulcan Gay erotic programme. 2.35 Gay Night - Screen Test Gay erotic programme. 3.25-4.00am Gay Night - Jeff Stryker	



Scotland's Colin McCrae will be going for top spot at the FIA World Rally Championships in Portugal: Eurosport 9.30pm, 12midnight

L!VETV

CHANNEL ONE
TELEVISION

NBC

travel
TV THAT TAKES YOU THERE

living

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 The Why Files 12.30p Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.

6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.

7.30 Agony
Relationship advice.
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffany's Big City Tips

9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips

10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica

12midnight Jennycam
12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am The Album Show
11.30 Yankee Doodle Dan
12.30pm Cybernet
1.30 Cinema Cinema Cinema

An in-depth look at the latest news from Hollywood.
2.30 The Album Show
Classic long-players by much-loved rock bands.

3.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.

4.30 Cybernet
The latest news from the fast-changing world of computers and the internet.

5.30 PDQ - The One Stop Shop
Shop till you drop without the hassle from the comfort of your sofa.

6.30 The World of Sport
A look at events from across the whole sporting spectrum.

7.30 Cybernet
The latest news from the world of computers and the internet.

8.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door. All you need is a phone and a credit card.

9.30 PDQ - The One Stop Shop
Shop till you drop without hassle from the comfort of your sofa.

10.30 Cinema Cinema Cinema
All the latest news from Hollywood.

11.30 The Album Show
Classic long-players.

12midnight-8.00am Local News on the hour, Album Show at half past every hour

5.00am Europe Today
8.00 European Moneywheel CNBC Europe
Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Internight
12.00pm Time and Again
1.00pm European Living: Flavours of Italy
1.30 V.I.P.
2.00 Today
Current affairs magazine.

3.00 Home & Garden Television
Gardening by Yard/ Interiors by Design Magazine programme.

4.00 Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC.

5.00 European Living: Europe à la Carte
A culinary journey.
5.30 V.I.P.
Celebrity chat.

6.00 Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.

7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show featuring analysis and interviews.

8.00 NBC Super Sports
Basketball highlights of the regional final of the Big East Conference Championship.

9.00 The Best of the Tonight Show with Jay Leno
Highlights of star interviews and music.

10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.

11.00 The Ticket NBC
Entertainment guide.

11.30 NBC Nightly News with Tom Brokaw
12midnight The Best of the Tonight Show with Jay Leno

1.00am MSNBC Internight 2.00 V.I.P. 2.30 Travel Xpress 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News

CABLE EXCLUSIVE

12noon On Top of the World Paris
1.00pm Wet and Wild Diving, Sand Sculpture and Jet Ski Stunts
1.30 The Food Lover's Guide to Australia
Noosa Hot and Spicy Festival
2.00 Tread the Med Benidorm
2.30 On Tour Southern California

3.00 Destinations Senegal
Senegal has long been a meeting point of African and European civilisations.

4.00 Ridge Riders Chalk Downs of Southern England - Part II

4.30 Bruce's American Postcards
5.00 Wet and Wild Diving, Sand Sculpture and Jet Ski Stunts

5.30 Ribbons of Steel Rails to Riches

6.00 The Food Lover's Guide to Australia
Noosa Hot and Spicy Festival

6.30 Tread the Med The Caribbean

7.00 Holiday Maker NEW SERIES Tune in for honest help in planning your Caribbean holiday.

8.00 Stepping the World California

8.30 The Flavours of France
9.00 Going Places Tuscany

Follow an American family as they rent a villa in Tuscany.

10.00 On Tour Southern California

10.30 A-Z Med Gibraltar
With Phil Bouchard.

11.00-12midnight Destinations Senegal
Featuring a journey along the Diouloulou river.

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart Which Way Freeway
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward.
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat Is On
Keith Chegwin presents the cookery contest.

5.30 Ready, Steady, Cook
Hosted by Fern Britton.

6.10 Jerry Springer Uncut
Outrageous American talk show.

7.00 Rescue 911
Real-life rescues by US emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.

9.00 FILM: All Lies End in Murder
Kim Delaney

Thriller about the wife of a successful policeman who begins to suspect that her husband may be involved in corruption and even murder. 1997

11.00-12midnight The Sex Files II
Missionary

The interesting and imaginative side of sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

The boys make noise - 'Metallica Live and Direct from Hamburg': MTV 10.00pm



5.00pm Fifteen to One
Fast-moving quiz hosted by William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
Win big prizes.
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
Charades games.
8.00 All Clued Up
Quiz show presented by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Gwynedd, North Wales Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
My Word Is My Bond
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux sans Frontières
5.00-6.00am Screenshop



8.00pm FILM: Soldiers of Innocence
Dennis Christen, Sun Kyong Soe, Yong Nam Ann, Greta Blackburn, Hyokee Moon
Drama in which a veteran of the Korean War returns to Korea and remembers his experiences there.
9.45 FILM: Deadly Rivals
Robert Klein, Joan Hackett
Drama in which a young boy is torn by his mother's love for her boyfriend, and tries to tear them apart at any cost.
11.30-12midnight Malibu Hardbodies



7.00pm World's Apart: Bali - Island of Artists
7.30 Lifeboat: Let Not the Deep Swallow Me Up
8.00 Lifestyles of the Wet and Muddy
9.00 Neon Lights
9.30 City of Darkness
10.00 Titanic
11.00 Mojave Adventures
12midnight-1.00am Above New Zealand
Learn about the history of New Zealand, how its people came to be there, and how the country is still largely unspoiled due to its small population.



CABLE EXCLUSIVE
2.00pm Radio Times
2.30 Style
3.00 Can't Cook, Won't Cook
3.30 Change That
4.00 Tracks
4.30 More Front Gardens
5.00 How Does Your Garden Grow?
6.00 Radio Times
6.30 Food and Drink
7.00 Big Trip
8.00 Dream Ticket
8.30 Change That
9.00 Can't Cook, Won't Cook
9.30 Style
10.00 Antiques Roadshow
11.00 Front Gardens
11.30-12midnight The Great Garden Game



CABLE EXCLUSIVE
6.00pm Sounds of the Sixties
The Folk Revival
6.30 The Frame
7.00 Good Music
8.00 When the Boat Comes In
A First Time for Everything
9.00 Scarfe on Paradise
10.00-12midnight FILM: Hannah and Her Sisters
Mia Farrow, Michael Caine, Woody Allen, Dianne Wiest
Woody Allen's Academy Award-winning tale. 1986



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm US Top 20
3.00 Non-Stop Hits
4.00 Select MTV
5.00 Oasis - Mad for It
6.30 The Real World - LA
7.00 Hitlist UK
8.00 Hot
9.00 Up for It
10.00 Metallica Live and Direct from Hamburg
10.30 Metallica Rockumentary
11.00 Superock
1.00am The Big Picture
1.30-6.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Eternal
1.00pm Jukebox
3.00 Toyah! 5.00 Five@Five
5.30 Pop-up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 The VH1 Album Chart Show
9.00 Talk Music
10.00 The Greatest Hits of: Phil Collins
11.00 The Nightfly
12midnight Around and Around
1.00am VH1 Late Shift
6.00-7.00am Hit for Six

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00



NEWS AND INTERNATIONAL

9.00am The Joy of Painting
9.30 Gardeners' Diary
10.00 Gardens Without Borders
10.30 The Furniture Guys
11.00 Total Fishing with Matt Hayes
11.30 Hometime
Prairie Remodel
12.00 Wheel Nuts
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
Dinner under the Stars
1.30 Antiques Trail
2.00 Homemaker
2.30 These Four Walls
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Rex Hunt Specials
Out of Africa - Part I
Hunting African tiger fish.
4.30 Disaster
Firetrap

5.00 Top Marques
Citroen
A look at the classic French Citroen cars.
5.30 Treasure Hunters
The Golden Hell

6.00 Tooth and Claw
Majestic and magnificent, the great cats of Africa are at the pinnacle of the food chains to which they belong.

7.00 Beyond 2000
Popular science show. Will dolphins one day be surfing the net?
7.30 Ancient Warriors
The Janissaries

8.00 Time Travellers
Death at Pompeii
8.30 Wonders of Weather
Beating the Elements
Extreme weather.

9.00 Lonely Planet
Northern Spain
Shilpa Mehta journeys through the North of Spain, starting in Barcelona.

10.00 Killer Virus: Enemies Within
NEW SERIES How bacteria are fighting back and defeating drugs all around the world.

11.00 Weapons of War: Scorched Earth
German Jet Fighters
Toward the end of the war, Hitler pinned all his hopes on the ME262 and ME162 aircraft.
12midnight SAS Australia: Battle for the Golden Road
The Janissaries
1.00am Ancient Warriors
The Janissaries
1.30-2.00am Beyond 2000

5.00am Omer and the Starchild
5.30 Ivanhoe
6.00 The Fruitties
6.30 The Real Story of...
7.00 Bugs Bunny
7.15 Road Runner
7.30 Tom and Jerry
7.45 Dexter's Lab
8.00 Cow and Chicken
8.15 2 Stupid Dogs
8.30 Tom and Jerry Kids
9.00 A Pup Named Scooby-Doo
9.30 Blinky Bill
10.00 Fruitties
10.30 Thomas the Tank Engine
11.00 Wally Gator
11.30 Hong Kong Phooey
12.00 The Bugs and Daffy Show
12.30pm Popeye
1.00 Droopy
1.30 Tom and Jerry
2.00 Yogi Bear
2.30 Jetsons

3.00 The Addams Family
More unhealthy fun with America's weirdest family.

3.30 Beetlejuice
Supernatural fun.

4.00 Scooby-Doo
Canine capers.

4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

5.00 Johnny Bravo
More fun with the superhero with the ego problem.

5.30 Cow and Chicken
Madcap antics.

6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.

6.15 Road Runner
6.30 The Flintstones
Prehistoric fun.

7.00 Batman
Caped crusading capers.

7.30 The Mask
More manic antics with the green-faced master of mayhem.

8.00 The Real Adventures of Jonny Quest
8.30-9.00pm Droopy: Master Detective
Laconic humour.

6.00am Count Duckula
6.30 Ren and Stimpy
7.00 Angry Beavers/Mey Arnold!
7.30 Rugrats
8.00 Doug
8.30 Arthur
9.00 Children's BBC on Nickelodeon
10.00 Winzie's House
10.30 Babar
11.00 The Magic School Bus
11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark
12.00 Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks

3.00 Jumanji
Fantasy adventure based on the hit movie.

3.30 Doug/Angry Beavers
Cartoon capers.

4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.

4.30 Captain Star
Superheroics.

5.00 Rugrats
Fun with the tousle-headed nippers.

5.30 Sister Sister
Domestic disharmony with Tia, Tamera and co.

6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Sophisticated comedy.

7.30 Roseanne
It Was 20 Years Ago Today

8.00 Cybill
Stars Cybill Shepherd.

8.30 Caroline in the City
Caroline and the Guy Who Gets There Too Soon.

9.00 Cheers
Airport V
Carla attends Frasier's Fear of Flying workshop.

9.30 Ellen
Saint Ellen

10.00 Frasier
The Botched Language of Cranes

10.30 Duckman
Award-winning, cult adult animation series.

11.00 Still in Bed with MeDinner
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Still in Bed with MeDinner
3.00 Frasier
3.30-4.00am Duckman

4.00 The Big Dish
Oscar's Orchestra
7.00 Spirou
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures of Giganator
12.00 Spirou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon

3.00 The New Adventures of Giganator
Bitter Revenge

3.30 The Big Dish
Children's gameshow.

4.00 Batman
The Joker's Provokers
Caped crusading.

4.30-5.00pm Dennis the Menace
Wanted!

5.00 The New Adventures of Giganator
Bitter Revenge

5.30 The Big Dish
Children's gameshow.

6.00 Batman
The Joker's Provokers
Caped crusading.

6.30-7.00pm Dennis the Menace
Wanted!

7.00pm European Concern: Mozart's Clarinet Quintet
7.30 Inside Hollywood
8.00 Ballet: Casse Noisette
Rudolf Nuryev's enchanting reworking of one of the best-loved of all ballets, *The Nutcracker*, in a beguiling staging from the Paris Opera Ballet.

10.00 Theatreland
Emma Freud presents news from London's vibrant theatre scene.

10.30 American Masters: Martin Scorsese
A look at the work of Martin Scorsese, with contributions from Steven Spielberg and George Lucas.
12midnight-1.00am Midnight Jazz: Charlie Byrd
Chill out through the midnight hour.



CABLE EXCLUSIVE

7.00pm European Concern: Mozart's Clarinet Quintet
7.30 Inside Hollywood
8.00 Ballet: Casse Noisette
Rudolf Nuryev's enchanting reworking of one of the best-loved of all ballets, *The Nutcracker*, in a beguiling staging from the Paris Opera Ballet.

10.00 Theatreland
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1.00 The Big Dish
Children's gameshow.

1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon

3.00 The New Adventures of Giganator
Bitter Revenge

3.30 The Big Dish
Children's gameshow.

4.00 Batman
The Joker's Provokers
Caped crusading.

4.30-5.00pm Dennis the Menace
Wanted!

5.00 The New Adventures of Giganator
Bitter Revenge

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BBC NEWS 24

6.00am News
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6.00 AM

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NIGHT TIME

6.00am Pufnstuf
1970, rating Sky U, 90 mins
8.00 Volcano:
Fire on the Mountain
Disaster movie. **Text** 1996, rating Sky PG, 86 mins
9.30 Family Plot
Thriller. 1976, rating Sky PG, 115 mins
11.30 Theodore Rex
Comic fantasy. **Text** 1995, rating Sky PG, 88 mins
1.00pm The Buddy System
Richard Dreyfuss 1984, rating Sky PG, 105 mins

3.00 Volcano:
Fire On the Mountain
Dan Cortese, Cynthia Gibb, Brian Kerwin, Don Davis
Disaster movie about a supposedly inactive volcano which erupts. A ski resort is perched atop the volcano, but no one believes the geologist who claims that it is about to erupt. **Text** 1996, rating Sky PG, 86 mins

5.00 Little Cobras: Operation Dalmatian
Richard Moll, Jeffery Wood, Jake Richardson
Children's adventure about four young kids who call themselves the Little Cobras. When they discover a dastardly plot to kidnap dalmatians, the children set out to sabotage the kidnappers' plans. 1997, rating Sky PG, 92 mins

7.00 Theodore Rex
Whoopi Goldberg, Armin Mueller-Stahl, Richard Roundtree, Juliet Landau, Jack Riley
Comic fantasy adventure about a female detective who is partnered with a genetically-engineered dinosaur in order to investigate the murder of a prehistoric creature. **Text** 1995, rating Sky PG, 88 mins

9.00 Nixon
Anthony Hopkins, Joan Allen, James Woods, Paul Sorvino, Bob Hoskins, Powers Boothe, Ed Harris
The epic tale of the life of President Richard Nixon. The film follows Nixon from his traumatic early life in California through to his ascent up the political ladder, and from Congressman to President of the United States of America in 1969. But the Watergate scandal of 1972 lead to his eventual ruin and resignation in 1974. 1995, rating Sky 15, 190 mins

10.00 The Movie Show
Presented by Richard Jobson.

10.30 Species
Ben Kingsley, Michael Madsen, Alfred Molina, Natasha Henstridge
Sci-fi thriller about a young woman, half-human, half-alien, who goes on the rampage after escaping. 1995, rating Sky 18, 111 mins

12.00am
The Quick and the Dead
Sharon Stone, Russell Crowe 1995, rating Sky 15, 104 mins
2.00 Jack's Back
James Spader, Cynthia Gibb 1988, rating Sky 18, 92 mins
3.40-5.30am
Deconstructing Sarah
1994, rating Sky 15, 88 mins

6.00am The Great Lover
1949, rating Sky U, 77 mins
7.25 Abbott and Costello Meet the Invisible Man
1951, rating Sky U, 78 mins
8.50 Demetrius and the Gladiators
1954, rating Sky PG, 97 mins
10.30
Terror in a Texas Town
1958, rating Sky PG, 78 mins
12noon
When Innocence Is Lost
1997, rating Sky PG, 88 mins
2.00pm Demetrius and the Gladiators
Victor Mature, Susan Hayward, Michael Rennie
Drama set in Ancient Rome about a heroic Greek slave who risks his life to save Christians from Caligula. 1954, rating Sky PG, 97 mins

4.00 Gunga Din
Cary Grant, Victor McLaglen, Douglas Fairbanks Jr
Breathtaking adventure, based on the poem by Rudyard Kipling, focusing on the exploits of three British soldiers in India and a humble Indian who yearns to become a fighter. 1939, rating Sky U, 113 mins
5.55 When Innocence Is Lost
Keri Russell, Roberta Maxwell, Vincent Corazza, Charlotte Sullivan, Jill Clayburgh
Fact-based drama about a young woman who is forced into battle for custody of her child with the father's parents. 1997, rating Sky PG, 88 mins

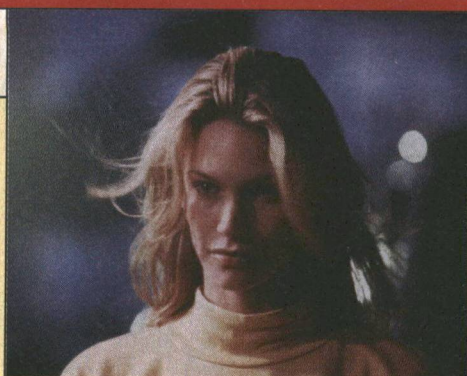
7.30 Behind the Scenes
Special film report.
8.00 Twister - Preview
8.05 Twister
Helen Hunt, Bill Paxton, Cary Elwes, Jami Gertz
Special effects-filled action movie about two rival teams of scientists who compete to investigate a series of destructive tornadoes which are assaulting a wide area of America. **Text** 1996, rating Sky PG, 109 mins

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Sci-fi thriller about a young woman, half-human, half-alien, who goes on the rampage after escaping. 1995, rating Sky 18, 111 mins

12.00am
Her Desperate Choice
1995, rating Sky 12, 89 mins
1.55 Diane Kilnary: Teamster
1996, rating Sky 15, 88 mins
3.30 Cup Final
1991, rating Sky 15, 106 mins
5.20-6.40am
Abbott and Costello Meet the Invisible Man
1951, rating Sky U, 78 mins

8.00 Working Girl
Melanie Griffith, Harrison Ford, Sigourney Weaver, Joan Cusack, Alec Baldwin, Philip Bosco
Corporate comedy about a naive but ambitious secretary who poses as a high-flying executive when her boss is taken ill. She soon implements some of her own business plans by closing a major deal. 1988, 109 mins
10.00 Showdown in Little Tokyo
Dolph Lundgren, Brandon Lee
Action-packed adventure about a pair of Californian cops who take on LA gangs. 1991, rating Sky 18, 76 mins
11.20 Moving
Richard Pryor, Randy Quaid, Beverly Todd
Comedy about an engineer who has to relocate to Idaho. 1988, rating Sky 15, 85 mins
12.50am Hush, Hush, Sweet Charlotte
Bette Davis, Joseph Cotton 1965, rating Sky 18, 128 mins
3.05-4.40am
St. Louis Blues
Nat King Cole, Eartha Kitt 1958, rating Sky U, 90 mins



In the sci-fi thriller 'Species', Sil (Natasha Henstridge) is a half-human, half-alien who goes on the rampage: Sky Movies Screen 2 10.30pm



4.00pm She Wore a Yellow Ribbon
John Wayne, Joanne Dru, Ben Johnson, Victor McLaglen
Western from the great director John Ford, in which John Wayne plays an officer on the brink of retirement. He refuses to give up even in the face of an imminent Indian attack 1949, rating Sky U, 99 mins

6.00 Back to the Planet of the Apes
Roddy McDowall, Ron Harper
Sci-fi adventure about a trio of astronauts from the 20th-century who crash-land on Earth in 3085AD. They discover that the planet is ruled by apes - and they aren't welcome. 1974, rating Sky PG, 92 mins

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St. Louis Blues
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5.00pm Westworld
Yul Brynner, Richard Benjamin, James Brolin, Norman Bartold
Sci-fi fantasy tale about two straight-laced businessmen who go to a theme park in which robots help them live out the adventures of their dreams. But one of the robots starts to malfunction. **Widescreen** 1973, 91 mins

11.00 Heart of Darkness
Tim Roth, John Malkovich, James Fox
Made-for-TV adaptation of Joseph Conrad's classic novella about the brutish side of human nature. 1994, 101 mins
1.00am
Shoes of the Fisherman
Anthony Quinn, Oskar Werner, Laurence Olivier
Catholic drama. **Widescreen** 1968, 156 mins
3.30-5.00am Westworld
Widescreen 1973, 91 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



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7.00am Street Sharks
7.30 Games World
7.45 The Simpsons Text
8.15
The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children Text
12.30pm M*A*S*H Text
1.00 Geraldo
2.00 Sally Jessy Raphael
My Girlfriend Is Beating Me!
Hidden domestic violence.

3.00 Jenny Jones
Your Mate's No Good For You
Concerned friends and families explain to a loved one why they think their lover is no good for them.
4.00 The Oprah Winfrey Show
Another real-life issue is put under scrutiny by the queen of talk herself, Oprah Winfrey, and her guests.
5.00 Star Trek: The Next Generation
Clues
The ship passes through an unstable wormhole and the crew is rendered unconscious.

6.00 Dream Team
Des receives unwelcome news about the club as Sean and Warren return.
6.30 Married... With Children
Al... With Kelly Text
7.00 The Simpsons
The Canine Mutiny
Bart gives Santa's Little Helper away. **Text**
7.30 Real TV
Actual video footage of real-life events.

8.00
Rescue Paramedics
Real-life drama with Rescue Paramedics.
8.30
World's Weirdest TV
Hosted by Russ Williams.
9.00 Riots: Mobs Out of Control
NEW Documentary featuring riots from across the globe, as mob mentality takes hold of ordinary citizens.

10.00
The Extraordinary
Featuring the plane without a pilot and Audrey and Judy Landers who believe a psychic link saved their lives.
11.00 Star Trek: The Next Generation
Clues
The ship passes through an unstable wormhole and the crew is rendered unconscious.

12midnight Late Show with David Letterman
1.00am
Raven
Wipe Out
Raven and Ski find the son of a navy commander who has gone AWOL.
2.00-7.00am Long Play
VJ-free music zone.

7.00am Never the Twain
7.35 Neighbours
8.00 Crossroads
8.25 EastEnders
9.00 The Bill
9.30 Howards' Way
10.00 Shelley
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Rosie
2.05 2point4 Children
2.45 Stay Lucky
A Roman Empire
The door to a career in show business management swings open for Thomas.

3.45 The Bill
Hard Knocks
DI Sally Johnson has a lot to answer for when Cathy Marshall is assaulted.
4.15 Juliet Bravo
The Anastasia Syndrome
Jean has to investigate a possible threat to a Royal visitor to Hartley. Stars Stephanie Turner.
5.20 EastEnders
Everyday drama with the cockney folk of Albert Square, Walford.
5.55 Big Break
Jim Davidson hosts the gameshow featuring top snooker players.
6.30 The Bill
Police drama series following the daily goings-on with the staff of Sun Hill station.

7.00 Dad's Army
Keep Young and Beautiful
Captain Mainwaring's platoon want to look as young as possible.
7.40 Rising Damp
The Prowler
Rigsby rushes to protect Ruth after she sees a prowler in her room.

8.20
Only Fools and Horses
The Russians are Coming
Starring David Jason.
9.00 The Detectives
Teed Off
Louis and Briggs follow suspected arms dealer Johnny McKenna.
9.40 Backup
Clubbing
The team's relationship with the drugs squad becomes more tense when a raid on a club has an unexpected outcome.

10.45 The Chief
Drama series about a controversial chief constable who tackles contentious issues in his own way.
11.50
FILM: Ironside - Downhill All the Way
Raymond Burr
The wheelchair-bound cop poses as a wino to catch a killer.

1.25am The Equalizer
Bump and Run
2.15 100 Years of Horror: Boris Karloff
2.45-7.00am
Shopping at Night

UK HORIZONS

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Natural Neighbours
8.30 Wildlife on UK Horizons 9.00 The Look
10.00 Top Gear GTI 11.00 999
12noon Natural Neighbours
12.30pm Wildlife on UK Horizons
1.00 The Look
2.00 Animal Hospital
2.30 Great Mysteries and Myths

3.00 Clive James - Postcard From Rio
 The roaming Aussie reports from Rio de Janeiro, where the poor live by their wits alone in vast shanty towns.

4.00 999

A desperate struggle to free two men trapped in a sinking powerboat, and a first-aider risking his life to help a colleague buried in a hopper of acidic dust.

5.00 Top Gear GTI
 Testing the latest models and casting an experienced eye over the hottest motoring news. Plus interviews and consumer tips.

6.00 Animal Hospital
 How pets beat stress.
6.30 Great Mysteries and Myths

The Mata Hari Mystery
 Was Mata Hari the spy who never was?

7.00 Natural Neighbours
Invasion of the Tree Smashers

7.30 Wildlife on UK Horizons
Nature's Neon

8.00 The Look

Runway
 Who sits in the runway area at major fashion shows? The seating plan is a map of the industry - and a PR nightmare.

9.00 Top Gear GTI
 Jeremy Clarkson and the Top Gear team present a specially extended edition of their show, including interviews, features and top tips.

10.00 Out of This World
 A psychic who offers diagnoses without seeing the patient is tested.

10.30 The Persuaders: Honey Trap

A revealing report on the KGB's use of Russian women and sex to gather information and recruit double agents.

11.30 Tomorrow's World Plus

12.30am-1.00am Great Mysteries and Myths of the Twentieth Century
The Curse of the Mummy's Tomb

Did the pharaoh's tomb hide a dark secret that was to claim the lives of 21 victims?

GOOD Life

6.00am Healthbeat 6.30 Beautiful Garden 7.00 David Emanuel 7.30 Eat, Drink and Be Healthy 8.00 Healthbeat 8.30 Ready to Wear 9.00 Sally Jessy Raphael 10.00 Cook's Garden 10.30 Garden Club 11.00 Homestyle Question Time 12noon Sew Perfect 12.30pm Ready to Wear 1.00 Bon Appetit 1.30 Classic Interiors 2.00 Healthbeat 2.30 Ready to Wear

3.00 Cook's Garden
 Tips on how to grow your own food.

3.30 Good Life Garden Club
 Green-fingered advice.

4.00

Sally Jessy Raphael
 More controversy and confessions with Sally Jessy and her studio guests.

5.00-6.00pm Homestyle Question Time

Interior design tips from the experts to help improve your home.



Becky Want puts your house in order in 'Homestyle Question Time': Good Life 11.00am, 5.00pm

plus

6.00am The Box
7.00 E! Entertainment 7.30 Classic Coronation Street 8.00 Blind Date 9.00 First Among Equals 10.00 Fortune Hunter 11.00 Hawaii Five-0
Time and Memories
12noon Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 Thomas and Sarah

3.00 London's Burning
 Recall and Laura are told that only a heart and lung transplant can save Jamie's life. Helen begs Malcolm to live with her in Brussels.

4.00 Hawaii Five-0
Time and Memories

A memory in McGarrett's past is suddenly shaken when his former fiancée, Cathy Wallis, finds her husband slain.

5.00 Mission: Impossible Reprisal
 The team must find a killer who has framed leader Jim Phelps for the murder of an ex-IMF member.

6.00 Families
 Lisa gets a pay rise.

6.30 Classic Coronation Street
 Bert discovers that the trouble between Brian and Gail is financial.

7.00 Doctor at Large
It's the Rich Wat Gets the Pleasure
 Medical comedy series.

7.30 Bootsie and Snudge
A Seat in the Stalls

8.00 London's Burning
 Recall and Laura are told that only a heart and lung transplant can save Jamie's life. Helen begs Malcolm to live with her in Brussels.

9.00 Classic Coronation Street
 Bert finds the cause of Brian and Gail's troubles.

9.30 Wheeltappers and Shunters Social Club
10.00-11.00pm Mission: Impossible

men & motors

11.00pm Babewatch UK
 Britain's hottest babes.
11.30 Bigger Better Battling Babes
 Foxy fighters claw their way to the world title.

12midnight Performance Power
 With Sarah Donohue.

1.00am E! Uncut
Kiefer Sutherland

1.30 E! Talk Soup

The best and worst moments from America's talk shows.
2.00-6.00am The Box
 Non-stop music.



6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas 11.50 Alphabet Castle 12noon Little Hippo 12.15pm Animal Shelf 12.30 Rosie and Jim 12.45 Toothbrush Family 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh 1.30 Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00

Timon and Pumbaa
 The crazy characters from *The Lion King*.

3.30 Brand Spanking New Doug
Doug's Brain Drain

4.00 Pepper Ann
 Pepper Ann copes with the perils and pitfalls of teenage life.

4.30 Recess

From the creators of *Rugrats*.

5.00 Smart Guy
 TJ copes with the problems of being a 10-year-old smart guy.

5.30 Student Bodies
 Animation and real-life in an entertaining mix.

6.00 Teen Angel

The adventures of Buzz, the Guardian Angel.

6.30 Boy Meets World
B & B's B'n'B
 Shawn devises a scheme to make money.

7.00 FILM: From the Mixed Up Files of Mrs Basil E Frankweiler
Lauren Bacall

When Claudia runs away, she moves into the Metropolitan Museum and becomes obsessed with a statue. She won't leave until she finds out who made it... and that's when the fun begins. 1996

8.30

The Wonder Years

9.00-10.00pm Touched by an Angel
 Monica is a thoroughly modern angel who inspires people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXfresh - newest videos available - BOXtalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions



CABLE EXCLUSIVE

9.00am Food Network
9.30 Food for Thought
10.00 Chef on a Shoestring 10.30 What's Cooking? 11.00 Worrall Thompson 11.30 Graham Kerr's 12noon Food Network 12.30pm Nancy Lam's Wok Wiz 1.00 Food for Thought 1.30 A Taste of the Caribbean 2.00 So You Think You Can't Cook 2.30 Food Network Daily 3.00 First Taste 3.30 Worrall Thompson Cooks Quick and easy cooking. 4.00 For Better, for Worse 4.30-5.00pm Tessa Bramley's Seasonal Kitchen



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the general knowledge quiz.

5.30 Hey Dad II
Housesitter

Lyn looks after the house while Martin is away.

6.00 Byker Grove
 Geoff sets a trap for the thief at the Grove.

6.30 A Country Practice
Cup Fever

Australian country soap.
7.00 London Bridge
 Mary decides to stand up to Nick and has dinner with Ravi.

7.30 Our House
 Lifestyle series about unusual homes.

8.00 Desmond's
The Patter of Little Feet
 Desmond's daughter is growing up too fast.

8.30 Real Life Stories
Bailiffs

The story of bailiffs.

9.00 Demob

Deasey and Dobson are down in the dumps. Janet has had enough of being married to Ian, and Ian has had enough of having Dick as a partner.

10.00 Tales from the Hollywood Hills
The Pat Hobby Stories

A middle-aged, washed-up writer tries to make a comeback in the movie business.

11.00 St Elsewhere
12midnight Us and Them
12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon at 4.00pm

Cable Choice

FILM

Ironside - Downhill All the Way
UK Gold 11.50pm

Raymond Burr stars in a feature-length episode of the popular TV series about a wheelchair-bound cop. The murder of a politician's campaign manager appears to involve the police department at a very high level and Chief Ironside decides to go it alone in his search for the criminal. He turns in his badge and poses as an unshaven down-and-out to catch the killer.

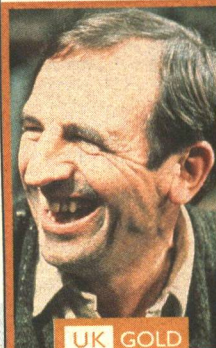
GENERAL

And the Winner Is ...
The History Channel 7.00pm

Sidney Poitier has a style and grace like no other actor in Hollywood's history. In this series which studies great actors, we examine Sidney's career and exceptional talent. The only black lead to ever win the Best Actor Oscar, Poitier is deserving of such attention after such ground-breaking films as *In the Heat of the Night* and *Guess Who's Coming to Dinner*.

Tuesday continues overleaf ...

ADVERTISEMENT



UK GOLD

RISEING DAMP
7.40PM

Hilarious comedy with Leonard Rossiter as Rigsby, the self-styled aristocrat of bed-sit land who has a particular soft spot for Ruth, one of his lodgers. Tonight's episode has Rigsby rushing to protect Ruth after she sees a prowler in her room.

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME



7.30am Cycling
8.30 Luge
9.00 Motorcycling
Coverage of the Dutch Grand Prix in Assen.
10.30 Rally
Action from the FIA World Rally in Portugal.
11.00 Football
12.30pm Winter Sports
1.00 Marathon
Coverage of the International Half Marathon in Lisbon, Portugal.
2.00 Tennis
Action from the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, USA.

4.00 Sailing
Highlights of the week from the Whitbread Round the World Race.
4.30 Football
Eurogoals magazine.

6.00 Tennis - LIVE
More action from the ninth day of the ATP Tour's Mercedes Super 9 Tournament being held in in Key Biscayne, USA.

8.00 Boxing - LIVE
Punch by punch coverage of another hard-hitting contest.

9.30 Rally
Action from the second stage of the FIA World Rally in Portugal.
10.00 Football
A look at World Cup legends.

11.00 Superbike
Coverage of the World Championship from Phillip Island, Australia.

12midnight-12.30am Rally
Coverage of the FIA World Rally Championship from Portugal.

7.00am Sky Sports Centre
7.30 Rebel Sports
8.00 V-Max
8.30 Sky Sports Centre Sports News.
9.00 Racing News
9.30 Aerobics Oz Style Australian exercise.
10.00 Spanish Football
12noon Aerobics Oz Style Australian exercise.
12.30pm Ford Monday Night Football Special: The Season So Far
2.30 Rebel TV

3.00 International Bowls: Australia v England
Bowls coverage as England take on Australia in the third Test. Enjoy highlights of the match as competitors aim to combine accuracy with technique on the green.
5.00 World Wrestling Federation - Live Wire
Todd Pettengill presents exclusive bouts between the WWF competitors.

6.00 Sky Sports Centre
Sports news.
6.30 Tartan Extra
Scottish football.

7.00 LPGA Golf: Standard Register Ping
British star Laura Davis aims to collect a fifth consecutive title when she competes in the Standard Register Ping in the Moon Valley Country Club in Phoenix, Arizona.
9.00 The Footballers' Football Show
Celebrities from the football world give their views on the game.

10.00 Sky Sports Centre
Sports news service.
10.30 Tartan Extra
Scottish football.
11.00 Football League Review
Views and discussion on the world of football.

12midnight Sky Sports Centre
12.30am International Bowls: Australia v England
2.30 The Footballers' Football Show
3.30-4.00am Sky Sports Centre

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
8.00 Racing News
8.30 Fish TV
9.30 Ski Prime
10.00 International Bowls: Australia v England
12noon Samsung Esprit
12.30pm Squash: Super Series Final
1.30 V-Max
An insight into the world of speed from inside the cockpit.
2.00 International Cricket: West Indies v England - LIVE
Coverage of the final day of the sixth and final Test in the series. Can Mike Atherton lead his side to a memorable victory?
4.00 Second Innings
Essential viewing for cricket fans.
4.30 International Cricket: West Indies v England - LIVE
Continued ball-by-ball coverage of the final session of the sixth and final Test match between England and the West Indies.

9.00 NHL
Highlights from the pick of the NHL matches this week as two teams meet on the ice.

11.00 Sports Unlimited
A never-ending supply of major and minor sports.

12midnight LPGA Golf: Standard Register Ping
2.00am Sky Sports Centre
The very latest news and views from the world of sport.
2.30-4.30am NHL
The pick of this week's NHL matches.

12noon World Wrestling Federation - Live Wire
1.00pm Fish TV
Useful tips and advice from the angler's favourite series.
1.30 Fish TV
More useful tips and advice from the angler's favourite series.
2.00 Super League Classics: London v Canberra
An opportunity to watch last year's classic Super League encounter.

3.30 World Wide Rugby
More hard-hitting action from the world of rugby.

5.00 Pro Beach Soccer
Soccer on the sand is back with exciting coverage from Alicante.
6.00 Sports Unlimited
A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage.
7.00 Fish TV
More useful tips and advice from the fisherman's favourite series.

8.00 International Bowls: Australia v England
Enjoy highlights of the second Test pairs match as competitors combine accuracy with technique on the bowling green.

10.00 Superbouts: Hill v Ernebe
The memorable 1981 meeting between Hill and Ernebe.
11.00-11.30pm Rugby Union Classics
NEW SERIES

VOTE FOR YOUR FAVOURITE SPORTS PRESENTER ON PAGE IX AND YOU COULD WIN A HOLIDAY!

12noon Swan's Crossing
An action-romance series following the lives and intrigues of 12 teenagers.
12.30pm Sweat
Teenage drama series.
1.00 Echo Point
Teenage soap.
1.30 Heartbreak High
Hard-hitting drama series.
2.00 Saved by the Bell
The Game
US schoolroom comedy.
2.30 Swan's Crossing
An action-romance series.

3.00 It's in the Jeans
Wildlife Park
3.15 On the Make
3.30 Heartbreak High
Hard-hitting drama.
4.00 Hollyoaks
Post-GCSE drama.
4.30 Saved by the Bell
Fourth of July
5.00 USA High
Goodbye, Mr Phipps
Teenage sitcom.
5.30 Sweat
Teen athletic drama.
6.00 Echo Point
6.30 Bangs
6.45 Rush
7.00 USA High
7.30-8.00pm Hollyoaks

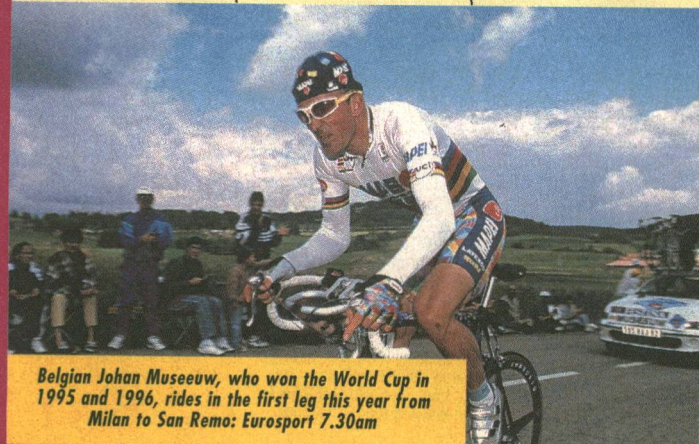


8.00pm The A-Team
Trouble Brewing
The team helps two sisters whose lemonade factory is threatened by a rival.
9.00 Tour of Duty
Sitting Ducks
Bravo company is sent to relieve another group guarding a small village.
10.00 The Basement
Magazine programme.
10.30 Red Shoe Diaries
Erotic stories.
11.00 FILM: Dreamboat
Robert Seals
Sex comedy about a love triangle that develops on a fishing boat. 1997
1.00am The Basement
1.30 Tour of Duty
2.30 FILM: Creepshow II
Luis Chiles, George Kennedy
A trio of horror tales. 1987
4.30 Red Shoe Diaries
5.00-6.00am The A-Team

7.30am Bloomberg Television 8.00 G-Force
8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: The Murders in the Rue Morgue 1932 1.15pm SF Scene Reports 1.30 Ray Bradbury Theatre 2.00 The Outer Limits

3.00 The Bionic Woman
Jaime and the King
Jaime is assigned to work undercover as a tutor.
4.00 The Six Million Dollar Man
Midas Touch
Steve is imprisoned while trying to help his boss.
5.00 Swamp Thing
Future Tense
An environmental activist abducts a congressman.
5.30 Inside Space
6.00 C/Net Central
All that's new in the world of computers - from hardware to software.
6.30 SF Scene
7.00 Space Precinct
Deadline
Someone is brutally murdering the citizens of Demeter City.

8.00 Quantum Leap
Her Charm
Sam is an FBI agent trying to protect a young woman from the mob.
9.00 The Cape
Interpretations
A strange occurrence in space causes wonder as to what force intervened.
10.00 FILM: Falling Fire
Michael Paré, Heidi von Pallese, Mackenzie Gray
A gigantic ore-rich asteroid is placed into orbit around the Earth to boost the world's economy. But a pseudo-religious cult has other priorities. 1997
12midnight Sightings
1.00am The Tomorrow People 1.30 Flash Gordon - Space Soldiers
2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows



Belgian Johan Museeuw, who won the World Cup in 1995 and 1996, rides in the first leg this year from Milan to San Remo: Eurosport 7.30am



12midnight Free View
12.10am New Series
12.20 Adult Feature
12.45 FILM: The Creasmaster's Wife
1.00 Free View
1.05 FILM continues
2.00 Northern Exposer
2.25 FILM: Wild and Wicked
A series of sexy scenarios lead a nubile young woman through a maze of lust.
3.55-4.00am
What's on Tomorrow



11.30pm Free Teaser
A free taster of the channel and upcoming programmes.
11.35 Peep Show
11.45 Night Calls
1.10am Naughty Amateur Home Videos
A host of new, saucy home-made videos.
2.05 FILM: Janine
Janine, Leslie Glass
Erotic movie about a nightclub dancer.
3.10-4.00am Women of Colour: Club Secrets
Some of the world's sexiest babes flaunt their stuff.



12midnight Dish of the Day
12.10am Public Places
Erotic programme.
12.30 Blondes in USA
Adult feature.
1.00 Electric Blue Show
Erotic magazine programme.
1.30 FILM: House of the Rising Sun
Isis Nile, Kitty Young
Adult thriller.
2.50-4.00am FILM: Frontin' Da Booty
Jordan McKnight, Anna Malle
Erotic feature.

L!VETV

CHANNEL ONE
TELEVISION

NBC

travel
TV THAT TAKES YOU THERE

living

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice.
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffany's Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam
12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour; plus the following features:
8.00am Breakfast News
10.30 The Album Show
11.30 Yankee Doodle Dan
12.30pm Movies, Games and Videos
1.30 Inside Hollywood
Gossip from Tinseltown.
2.30 The Album Show
Classic tracks from legendary bands.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.
5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30 American Chart Show
The latest Stateside action from across the pond.
7.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.
8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood
All the latest gossip and news from Tinseltown.
11.30 The Album Show
Thirty minutes of classic tracks from legendary bands.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

5.00am Europe Today
8.00 European Moneywheel CNBC Europe
Coverage of live financial news, market updates and business stories.
11.00 Internight
12noon Time and Again
1.00pm European Living: Flavours of Italy
1.30 V.I.P.
2.00 Today
Magazine with news, features, sports and interviews.

3.00 Home & Garden Television
Spencer Christian's Wine Cellar/Dream House Magazine programme.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century as covered by NBC news reporters.
5.00 European Living: Flavours of France
Top chefs share their favourite dishes.
5.30 V.I.P.
6.00 Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.
8.00 NBC Super Sports
Featuring the Gillette World Sport Special.

9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 The Best of Later with Conan O'Brien
Irreverent humour, music and chat.
11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show 1.00am Internight 2.00 V.I.P. 2.30 Hello Austria, Hello Vienna 3.00 The Ticket NBC 3.30 European Living Wines of Italy 4.00-5.00am News with Brian Williams

CABLE EXCLUSIVE

12noon Rolf's Walkabout - 20 Years Down the Track
Alice Springs to Ayer's Rock, and Home
1.00pm Pathfinders
1.30 The Flavours of France
Lozere - Haue Pyrenees
2.00 Tread the Med
Ibiza
2.30 Tales from the Flying Sofa
Seville, Italy and Portugal

3.00 Railway Adventures Across Europe
3.30 Supercities
Mexico City
4.00 Holiday Maker
The Caribbean
Ideas and tips for planning the perfect Caribbean holiday.
5.00 Pathfinders
Sea of Cortez
A visit to Espiritu Santo.
5.30 On Tour
Southern California
6.00 The Flavours of France
Lozere - Haue Pyrenees
6.30 Tread the Med
Ibiza
7.00 Travel Live
Frank Bough brings you the latest holiday news and fields your questions in the magazine show.
8.00 Stepping the World
Mexico
8.30 Reel World
Vanuatu
9.00 Rolf's Walkabout - 20 Years Down the Track
Alice Springs to Ayer's Rock, and Home.
10.00 Tales from the Flying Sofa
Seville, Italy and Portugal
10.30 On the Horizon
Malaysia
11.00 Supercities
Mexico City
11.30-12midnight Bruce's American Postcards

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
Downhill to Death
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
Slimming tips.
12.50 Animal Rescue
Drama set in Bethlehem West Emergency Ward.
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous American talk show with Jerry Springer and his guests.
4.10 Rolonda
It's Your Fault Our Family's in a Mess
Audience participation talk show from America.
5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
6.10 Jerry Springer Uncut
Outrageous American talk show with Jerry Springer and his guests.
7.00 Rescue 911
William Shatner presents US emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.
9.00 FILM: Search for Sarah
Patty Duke, Richard Crenna, Missy Crider, Liza Snyder, Katy Boyer
Fact-based drama. When a girl fails to return home one evening, her parents begin a tireless search for her. 1995
11.00-12midnight The Sex Files II
Lotus
The interesting and imaginative side of sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

Suffering from the blues? 'Travel Live' can offer a cure: Travel 7.00pm



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
With Bob Holness.
7.30 Give Us a Clue
With Michael Parkinson.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
York
Contestants guide Anneka Rice around a course in York.
11.00 Prize Time
11.15 3-2-1
Country Style
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux sans Frontieres
5.00-6.00am Screenshop



8.00pm FILM: Highways
Patrick Behr, Lisa De Caro,
Comedy. Five college students undertake a 2000 mile drive home together at the end of the school year.
9.35 FILM: Nightmare Maker
Jimmy McNichol, Susan Tyrrel
Horror. A disturbed woman will stop at nothing to keep the only man in her life, her nephew, alongside her.
11.10-12midnight FILM: Chance Meeting
Melissa James, Evette Coles
Erotic British film.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Lord of the Animals: Lord of the Eagles
7.30 Outerbounds: Conquering the Virgin Rapids
8.00 Wildlife Warriors: Bears Under Siege
9.00 Living with Leopards
10.00 Panama: Paradise Found?
11.00 A Rocky Mountain Beaver Pond
11.30 Wild South: As it Was in the Beginning
12midnight-1.00am Selva Verde

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times
2.30 Style
3.00 Can't Cook
3.30 Change That
4.00 Dream Ticket
4.30 Great Garden Game
5.00 The Big Trip
6.00 Radio Times
6.30 Taste of the Sea
7.00 Antiques Roadshow
8.00 Travel
8.30 Change That
9.00 Can't Cook
9.30 Style
10.00 Going for a Song
10.30 Home Front
11.00 Great Garden Game
11.30-12midnight Garden Roadshow

UK ARENA

CABLE EXCLUSIVE

6.00pm Sister Wendy's Story of Painting
Two Sides of the Alps
6.30 The Frame
7.00 Later with Jools Holland
8.00 Anna Karenina
Starring Nicola Pagett.
9.00 Q Milligan
9.30 Sounds of the Sixties
The Folk Revival
10.00 Fortunes of War
Starring Kenneth Branagh.
11.15-12midnight Later with Jools Holland



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm Hitlist UK
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Balls
6.30 Collexion
7.00 US Top 20
8.00 Hot
9.00 Up for It
With Eddy Temple-Morris.
10.00 Amour
Hosted by Camila.
11.00 Alternative Nation
1.00am-6.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Gary Numan
1.00pm Jukebox
3.00 Toyah!
5.00 Five@Five
5.30 Pop-Up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 Greatest Hits of: The Human League
11.00 The Nightfly
12midnight Jobson's Choice
1.00am Late Shift
6.00-7.00am Hit for Six

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00



NEWS AND INTERNATIONAL

9.00am The Joy of Painting
9.30 Garden Club
10.00 Gardens without Borders
10.30 The Furniture Guys
11.00 Total Fishing with Matt Hayes
11.30 Hometime
12.00 Wheel Nuts
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
A Wok on the Light Side
1.30 Antiques Trail
2.00 Homemaker
2.30 These Four Walls
Tony's house is finally complete.
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm Hunt Rex Hunt Specials
Out of Africa II
4.30 Disaster
Holiday Horror
The Boeing 737 fire.
5.00 Top Marques
Ferrari
5.30 Treasure Hunters
Diamonds of the Orange River
Documentary.
6.00 Calls of the Wild
From whale song to the percussive warning of a rattlesnake tail, communication is essential to survival.
7.00 Beyond 2000
Wild honeybees in the USA have been wiped out by two bloodsucking mites.
7.30 Ancient Warriors
The Huns
8.00 Discover Magazine
Immortality
A look at the quest to extend the lifespan of humans beings.
9.00 Extreme Machines
Cars
Cars thrill and generate loyalty and passion like no other machine.
10.00 Killer Virus: Micro Invaders
A look into the microscopic theatre of war where viruses clash with human cells.
11.00
Strike Force: Sukhoi
The Sukhoi fighter jets were the most feared of all the Soviet war planes.
12midnight Navy Seals: Warriors of the Night
1.00am Ancient Warriors
The Huns
1.30-2.00am Beyond 2000
Science magazine.

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Quick Draw McGraw 11.30 Banana Splits 12.00 The Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons

3.00 The Addams Family
More unhealthy fun with America's weirdest family.
3.30 Beetlejuice
More cartoon weirdness.
4.00 Scooby-Doo
Canine crimefighting.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
The egotistical superhero strikes again.
5.30 Cow and Chicken
Animal antics.
6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
6.15 Road Runner
6.30 The Flintstones
7.00 Batman
Gothic goings on in Gotham City.
7.30 The Mask
Antics with the green-faced master of mayhem.
8.00 The Real Adventures of Jonny Quest
More derring-do.
8.30-9.00pm Droopy: Master Detective

6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers then Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpz's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/Wombles/Topsy & Tim/Portland Bill/Skylark 12.00 Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Iznoog 2.30 Alvin and the Chipmunks
3.00 Jumanji
Cartoon series about a magic board game.
3.30 Doug/Angry Beavers
Animated fun.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Captain Star
Animated superheroics.
5.00 Rugrats
Fun with the imaginative, tousle-headed nippers.
5.30 Sister Sister
Tia and Tamera and their parents all try to cohabit.
6.00 Renford Rejects
6.30-7.00pm Kenan



7.00pm Grace Under Fire
Starring Brett Butler.
7.30 Roseanne
Playing with Matches
Roseanne is fuming.
8.00 Cybill
Sitcom about a struggling actress and mother.
8.30 Caroline in the City
Starring Lea Thompson.
9.00 Cheers
The Sam in the Gray Flannel Suit
9.30 Ellen
Ellen gets jealous when Adam's friend stays.
10.00 Frasier
Adventures in Paradise
Frasier sees a picture of the girl of his dreams.
10.30 Duckman
Cult adult animation.
11.00 Comedy Network
11.30 Grace Under Fire
12midnight Ellen
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 Comedy Network
3.00 Frasier
3.30-4.00am Duckman



CABLE EXCLUSIVE
7.00pm The Making of Paul McCartney's Standing Stone
Documentary.
8.00 Boston Pops Orchestra: Sarah Vaughan and Wynton Marsalis
A series of celebrity concerts.
9.00 Opera: La Bohème
One of the most popular of all operas, Puccini's famous love story is set in the Latin Quarter of Paris. It contrasts lively humour with bitter tragedy, all propelled by those glorious tunes. The Royal Opera fields a great cast, including American tenor Neil Shicoff and Ileana Cotrubas as a truly touching Mimi.
12midnight-1.00am
Midnight Jazz - Les McCann and the Magic Band

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus:
5.00am This Morning 5.30 Insight 6.30 Moneyline 8.30 Showbiz 9.00 Larry King 11.30 American Editions 12.30pm Digital Jam 1.15 Asian Edition 1.30 Business 2.00 Newsroom 4.30 Showbiz 5.00 Larry King 6.45 American Editions 7.30 Business 8.30 Q & A 9.30 Insight 10.00 Update 12.30am Moneyline 1.15 Asia 1.30 Q & A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 ABC Nightline 11.30 World News 2.30pm Parliament 3.30 Parliament Live 4.30 World News 5.00 Live at Five 7.30 Sportsline 8.30 Business Report 9.30 World News 10.00 Prime Time 12.30am CBS Evening News Tonight
1.30 ABC World News
2.30 Business Report
3.30 Showbiz
4.30 CBS Evening News
5.30-6.00am
ABC World News Tonight

INTERNATIONAL

3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus Österreich 9.30 Europamagazin 9.55 Talkshow 11.10 Thema 12noon Unkraut 12.30pm Das Entdeckermagazin 1.00 Wenn die Musik Spielt 1.45 Jahreslauf 2.00 Große Starparade 3.30 Eisenbahnromantik 3.45 Weltreligionen 4.15 Reisezeit 4.45 Genießen auf Gut Deutsch 5.15 Bilder aus Deutschland 6.00 Heute 6.18 Wetter 6.20 Kulturzeit 7.00 Tagesschau 7.15 Crazy Moon 8.45 Kurzfilm 9.00 Zeit im Bild 9.25 FILM: Time of the Gypsies 11.40 Seitenblicke 11.50-12midnight Nachrichtenmagazin des Schweizer Fernsehens

Deutsche Welle 5.00am Feature: The Young and the Future 5.30 Masterpiece 6.00 Journal 6.30 Nahaufnahme 7.00 Journal 7.30 Boulevard Germany 8.00 The Young and the Future 8.30 Masterpiece 9.00 Journal 9.30 Boulevard Deutschland 10.00 D16 10.30 Bio 11.30 Nahaufnahme 12noon Journal 12.30pm Feature 1.00 Boulevard 1.30 Masterpiece 2.00 Journal 2.30 Standbein Stuntman 3.00 Bilder aus der Schweiz 4.00 Boulevard Deutschland 4.30 Europa Aktuell 5.00 Journal 5.30 Boulevard Germany 6.00 D16 6.30 Close-Up 7.00 Journal 7.30 Doppelpass 8.30 Europa Aktuell 9.00 Journal 9.30 Close-Up 10.00 Journal 10.30 Primer Plano 11.00 Journal 11.15 Zur Zeit 11.30-12midnight Boulevard

TV5 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Le Match de la Vie 9.00 Minutes 9.05 Plaisir de Lire 9.30 Habitat Traditionnel 10.00 Minutes 10.05 Jeu de Société 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal 11.55 Meteo 12noon Fiction 1.30pm Telecinema 2.00 Au Nom de la Loi 3.00 Journal 3.15 Pyramide

3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Temps Present 8.00 Enjeux le Point 8.55 Meteo 9.00 Journal 9.30 Bouillon de Culture 10.45 Viva 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Morning 8.30 Bhakti 9.00 FILM: Mohabat 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Badalte Rishite 1.30 FILM: Pyar Deewana Hota Hai 4.00 Jaldi Jaldi 4.30 Music 5.00 Dasht 5.30 Geet Baney 6.30 Music Box 7.00 Badalte Rishite 7.30 News 8.00 Khlada 8.30 FILM: Mahaanta 11.30 News 12midnight Badalte 12.30am Khlada 1.30 FILM: Mugadgar 4.00 Top Ten 4.30 Kabhi Yeh Kabhi Woh 5.00 Griff 6.00 Baaje Payal 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Poorvaran 6.30 Kannam Poochi 7.00 Jaagran 7.30 Zee World 8.00 News 8.30 Aahaa 9.00 Endrum Cinema 9.30 Health Show 10.00 Parivartan 11.00 Shahi Dawat 11.30 Daraar 12noon FILM: Sangram 3.00pm Hasretain 3.30 Sallaab 4.00 Hum Paanch 4.30 Jaldi Jaldi 5.00 Amar Kathayen 5.30 Quiz Contest 6.00 Banegi Apni Baat 6.30 Pop Busters 7.00 Hum Apke Hain Woh 7.30 Chalo Cinema 8.00 News 8.30 Barrar 154 9.00 Ikke Pe Ikke 9.30 Ghoomta Aaina 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing From
Chepstow, Fontwell and Uttoxeter.

CMT

6.00am Rebel Country 7.00 Morning 10.00 Non-Stop Country 2.00pm Global View 3.00 Non-Stop Country 6.00 Top Billing 7.00 Rebel Country 8.00 Global View 10.00 Country 11.00 Top Billing 12midnight Rebel Country 1.00am Fresh Cuts 2.00 Non-Stop Country 5.00-6.00am Top Billing

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EURONEWS

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CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 Van Impe 5.30 McGucklen 6.00 Liarion 6.30 Dollar 7.00 Copeland 7.30 Kidz TV 8.00 Your Day 8.15 Morning 8.30 Standing 8.00 Ekman 9.30 Revival 10.00 Frangipane 10.30 Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30 This Week in the Lords
1.00pm Parliamentary Committees
2.30 The Commons Live
11.00-12midnight
Questions From the House

WORLD NET

9.00am Newswire Feed
10.00 News and World Events
11.00 Business News
11.30 Worldnet Dialogues
2.30pm-3.00pm Science
World/Sports Machine

LANDSCAPE

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Beautiful films accompanied by music 24 hours a day



4.00pm Airborne: Airborne All the Way
A look at the future of airborne troops. Do they have a place in this age of technological warfare?
5.00 The Moguls: The Taj Mahal - A Love Story
6.00 Ancient Mysteries: Ancient Prophecy
Looking at people's apparent ability to gaze into the future.
7.00-8.00pm Biography
Sidney Poitier - The Defiant One



11.00am Take the High Road
11.30 Emmerdale
12.30pm As the World Turns
Sam convinces Lily to go shopping.
1.15 Families
Amanda is worried about Neil.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
Dolly Skilbeck has some exciting news for the family.
3.30-4.00pm Emmerdale



11.00am Video Trips
11.30 Globetrotter
12noon Independent Travellers Guide
12.30pm Getaway
1.00 Great Escapes
1.30 Was It Good for You?
2.00 American Vacation
Mexico - Yucatan
3.00 Globetrotter
Vietnam and Russia
3.30-4.00pm
Around the World
Bahamas and Perthshire



News throughout the day, plus
5.00am Europe Today 8.00 Money Wheel 1.00pm Squawk Box 3.00 Market 5.00 Power Lunch 6.00 Europe Tonight 7.00 Media Report 7.30 Future File 8.00 Your Money 8.30 Showbiz Today 9.00 Market 10.00 Media 10.30 Future 11.00 Money 11.30 Auto Motive 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 3.30 Future 4.00 Money 4.30-5.00am Directions

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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



6.00am Out of Time
1988, rating Sky PG, 94 mins
7.40 The Karate Kid III
1989, rating Sky PG, 112 mins
9.40 The Pirates of Penzance
Kevin Kline, Angela Lansbury
1983, rating Sky U, 108 mins
11.40 Down Periscope
Kelsey Grammer, Rip Torn
Submarine comedy. **Text**
1995, rating Sky PG, 89 mins

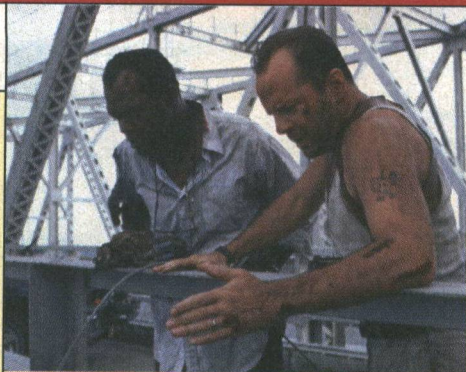
1.20pm Out of Time
Bruce Abbott, Adam Ant
1988, rating Sky PG, 94 mins
3.00 Memories of Me
Billy Crystal, Alan King,
Janet Carroll, JoBeth
Williams, Janet Carroll,
David Ackroyd,
Phil Fondacaro
Comedy drama. A heart
surgeon sets out to find
his estranged father after
a heart attack gives him a
sense of his own
mortality and the desire to
put his life in order. 1988,
rating Sky PG, 99 mins
5.00 The Karate Kid III
Ralph Macchio, Pat
Morita, Robyn Lively
Another adventure for the
teenage martial arts
expert. Daniel is
abandoned by his friend
and mentor Miyagi to face
a vicious enemy on his
own. Once again, the
impetuous youngster
learns important lessons
about life. 1989,
rating Sky PG, 112 mins
7.00 Down Periscope
Kelsey Grammer, Lauren
Holly, Harry Dean
Stanton, Rip Torn
Comedy. After almost
causing a collision with a
Soviet vessel, a naval
officer is put in charge of
a 1958 diesel-powered
submarine which he and
his oddball crew are
required to test. **Text**
1995, rating Sky PG,
89 mins

9.00 Die Hard
with a Vengeance
Bruce Willis, Jeremy
Irons, Graham Greene,
Colleen Camp
Action thriller which sees
the return of cop John
McClane, this time
accompanied by an
unwilling black partner
from Harlem in an attempt
to thwart a teutonic
terrorist. **Text** 1995,
rating Sky 15, 123 mins
11.10 Celtic Pride
Damon Wayans, Daniel
Stern, Dan Aykroyd
Sports comedy. Two
basketball fans kidnap a
star player. **Text** 1996,
rating Sky 12, 88 mins
12.40am Murderous Intent
Fact-based thriller. 1995,
rating Sky 12, 88 mins
2.15 La Ceremonie
French drama. **Last Play** 1995,
rating Sky 15, 108 mins
4.05-5.45am
Never on Tuesday
Charlie Sheen, Judd Nelson
1988, rating Sky 15, 87 mins



6.40am I'll Get By
June Haver, Gloria DeHaven
1950, rating Sky U, 79 mins
8.00 Stage Fright
Jane Wyman, Richard Todd
Hitchcock thriller. 1950,
rating Sky PG, 106 mins
10.00 Three Smart Girls
Deanna Durbin, Ray Milland
Comedy musical. 1936,
rating Sky U, 81 mins
12noon What Love Sees
Romantic drama. 1996,
rating Sky PG, 89 mins
2.00pm
The Left-Handed Gun
Paul Newman, Hurt Hadfield,
John Dehner
Western biopic of Billy the
Kid, the criminal whose
downfall began when
he believed his own hype. 1958,
rating Sky PG, 98 mins
4.00 Stage Fright
Marlene Dietrich, Jane
Wyman, Richard Todd,
Michael Wilding
Alfred Hitchcock comedy
thriller. A drama student
attempts to clear the
name of a friend who, she
suspects, has been
framed for murder. 1950,
rating Sky PG, 106 mins
5.55 What Love Sees
Richard Thomas,
Annabeth Gish,
Edward Herrmann
Romantic drama set
during World War II. Two
blind people fall in love
and plan a future together
by building their own
ranch and raising a family.
1996, rating Sky PG,
89 mins
7.30 E! News
Week in Review
Magazine show featuring
all the latest news from
Hollywood.
8.00 Criminal Intent
Greg Evigan, Brenda
Bakke, Alexandra
Powers, Kevin Dobson
Thriller. A police officer's
relationship with his
female partner is affected
when it is suggested that
she may be a drug dealer,
and she becomes jealous
of his relationship with
another woman with a
shady past. 1996,
rating Sky PG, 89 mins
10.00
Nina Takes a Lover
Laura San Giacomo, Paul
Rhyss, Fisher Stevens
Premiere Erotic drama.
A woman embarks on an
affair while her husband
is away. 1994,
rating Sky 18, 94 mins
11.40 Jade
David Caruso, Linda
Fiorentino, Michael Biehn
Erotic thriller. **Text** 1995,
rating Sky 18, 92 mins
1.20am
Childhood Sweetheart
Melissa Gilbert
1997, rating Sky 15, 90 mins
3.00 Slaves of New York
Bernadette Peters
1989, rating Sky 15, 119 mins
5.05-6.00am
Off on a Comet
1979, rating Sky U, 47 mins

4.00pm
Big Jim McLain
John Wayne, Nancy
Olson, James Arness
Spy drama set in the
McCarthy era. A Hawaii-
based agent sets out in
pursuit of a ruthless band
of international terrorists.
1952, rating Sky U,
87 mins
6.00 Forgotten City of
Planet of the Apes
Roddy McDowall, James
Naughton, Ron Harper
Futuristic adventure about
a world where ape-like
creatures rule the planet.
1974, rating Sky PG,
90 mins
8.00 Mr Majestyk
Charles Bronson, Linda
Cristal, Al Lettieri, Lee
Purcell, Paul Koslo,
Alejandro Rey
Thriller. A good-natured
water melon farmer
realises that he has
become the target of a
cold-blooded hitman.
1974, rating Sky 15,
98 mins
10.00 Fatal Beauty
Whoopi Goldberg, Sam
Elliott, Ruben Blades
Action comedy. An
undercover cop sets out
to foil the cocaine dealers
on the streets of LA,
using a variety of clever
disguises. 1987,
rating Sky 18, 98 mins
11.45
Mississippi Burning
Gene Hackman, Willem
Dafoe, Brad Dourif
Civil Rights drama. 1988,
rating Sky 18, 122 mins
1.50am The Blue Iguana
Dylan McDermott
Spoof thriller. 1988,
rating Sky 15, 88 mins
3.20-4.35am Finders
Keepers, Lovers Weepers
Russ Meyer's sex comedy.
1967, rating Sky 18, 71 mins



'Die Hard with a Vengeance' teams up Zeus Carver (Samuel L Jackson) with John McClane (Bruce Willis), who fight crime in the Big Apple: Sky Movies Screen 1 9.00pm



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MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



9.00pm Knights of the Round Table
Robert Taylor, Ava Gardner, Mel Ferrer, Stanley Baker
Medieval tales of love and war, as the gallant Sir Lancelot rides into battle beside King Arthur, while harbouring a secret love for Arthur's queen.
Widescreen 1953, 110 mins
11.00 Red Dust
Clark Gable, Jean Harlow, Mary Astor, Donald Crisp
Classic romantic melodrama about the love life of a rubber plantation owner in Indonesia.
1932, 83 mins
12.30am The Green Helmet
Bill Travers, Ed Begley, Sidney James, Nancy Walters
A racing driver tries to regain his nerve. 1961, 89 mins
2.30-4.30am
Knights of the Round Table
Robert Taylor, Ava Gardner
Widescreen 1953, 110 mins

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Widescreen 1953, 110 mins



UK GOLD

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children
12.30pm M*A*S*H
1.00 Geraldo
2.00 Sally Jessy Raphael
I Was on Death Row, But I Didn't Do It
3.00 Jenny Jones
My Daughter's Developed Too Fast
Guests express their concern over the speed of their daughters' development.
4.00 The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show, hosted by the chat show queen rarely out of the headlines.
5.00 Star Trek: The Next Generation
First Contact
The Malcorians are on the verge of developing a space warp drive, and joining the Federation.
6.00 Dream Team
Sean resolves to tell Zoe his feelings, but is distracted by a stranger.
6.30 Married... With Children
Sue Casa, His Casa
7.00 The Simpsons
Lisa's Date with Destiny
Lisa develops a crush on bully Nelson Muntz.
7.30 Real TV
Featuring actual video footage of real-life events.
8.00 Space Island One
Star Wars
Abandoned stealth armoury is reactivated and identifies Unity as a hostile entity, leading to difficult situation.
9.00 The Outer Limits
Mind Over Matter
Dr Sam Stein discovers that the complexities of the human heart are not easily translated into a computer system.
10.00 Millennium
Luminary
Controversial drama series from the creator of *The X-Files*. Starring Lance Henriksen and Megan Gallagher.
11.00 Star Trek: The Next Generation
First Contact
The Malcorians are on the verge of developing a space warp drive, and joining the Federation.
12midnight Late Show with David Letterman
1.00am Raven
Flori and Dori
Jonathon and Ski help a mother and daughter escape a trio of mysterious assailants.
2.00-7.00am Long Play
Music videos.

7.00am Never the Twain
7.35 Neighbours
8.00 Crossroads
8.25 EastEnders
9.00 The Bill
9.30 Howards' Way
10.00 Shelley
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Rosie
2.05 Whoops Baghdad
2.45 Stay Lucky
Shingle Beach
Drama series starring Dennis Waterman and Jan Francis.
3.45 The Bill
New Management
Starring Philip Whitchurch and Peter Ellis.
4.15 Juliet Bravo
Relief
Jean takes a week's leave in the mistaken belief that she will be able to get on with some home decorating and that Hartley police station will run smoothly in her absence.
5.20 EastEnders
Stars Susan Tully.
5.55 Big Break
Jim Davidson hosts the snooker gameshow.
6.30 The Bill
New Management
Cato's abrasive style leads to a confrontation with Brownlow. Stars Philip Whitchurch.
7.00 Dad's Army
A Soldier's Farewell
Captain Mainwaring dreams that he is Napoleon.
7.40 Rising Damp
Stand Up and Be Counted
Stars Leonard Rossiter, Richard Beckinsale and Frances De La Tour.
8.20
Only Fools and Horses
The Long Legs of the Law
Rodney feels romantic.
9.00 Fawcett Towers
The Wedding Party
The hotel expects wedding guests. Stars John Cleese.
9.45
Blackadder Goes Forth
Plan D: Private Plane
Stars Rowan Atkinson.
10.25
Between the Lines
Big Boy's Rules - Part II
In his obsession to nail his ex-boss Deakin, Tony Clark has to defy CIB. Stars Neil Pearson, Tom Georgeson and Siobhan Redmond.
11.30 Naked Video
Fast-moving, irreverent comedy.
12.05am Spitting Image
12.40 The Equalizer
Reign of Terror
A young doctor asks for help.
1.30 The Equalizer
Back Home
2.20 100 Years of Horror: Ghosts
2.50-7.00am
Shopping at Night

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UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 Natural Neighbours 8.30 **Wildlife on UK Horizons** 9.00 **The Look** 10.00 **Pandora's Box** 11.00 999
12noon Natural Neighbours 12.30pm
Wildlife on UK Horizons 1.00 **The Look** 2.00 **Animal Hospital** 2.30 **Great Mysteries and Myths**

3.00 Clive James - Postcard from Paris
Clive James revisits his spiritual home, Paris, and reflects upon his time as a young impoverished writer with big dreams.

4.00 Top Gear GTi
Jeremy Clarkson and the team present a specially extended edition of their show featuring extra information, interviews and consumer tips.

5.00 Hot Gadgets
A look at the gadgets created by prolific inventor Sir Clive Sinclair.

5.30 Pioneers
An Affair of the Heart
The cardiac revolution.

6.00 Animal Hospital
A special filmed report on how pets beat stress. With Rof Harris

6.30 Great Mysteries and Myths
The Loch Ness Mystery

7.00

Natural Neighbours

Addicted to Swans

7.30 Wildlife on UK Horizons

Pygmy Chimpanzee - The Last Great Ape

8.00 The Look

Scenting Money

An examination of how designers can expand into business using sophisticated marketing techniques.

9.00 Hotel

The 101st International Rubber Studies Conference descends on the Adelphi.

9.30 Airport

Heathrow goings-on.

10.00 Disaster

The Chemical Scythe

The effects of sheep dip on the health of some 50,000 farmers.

10.30

The Persuaders: CIA

Hidden Persuaders

An examination of the CIA's efforts to influence internal politics in Italy and Indonesia.

11.30 Traces of Guilt

A Stranger Murder

In 1991, Austrian police turned to the FBI for help over a series of bizarre stranglings. A worldwide manhunt followed.

12.30am-1.00am Great Mysteries and Myths

Mysterious Crashes of the Comet

6.00am Healthbeat 6.30 **Your Beautiful Garden** 7.00 **David Emanuel** Fashion 7.30 **Eat, Drink and Be Healthy** 8.00 **David Emanuel's Makeover** 9.00 **Sally Jessy Raphael** 10.00 **Bon Appetit** 10.30 **Classic Interiors** 11.00 **Garden Question Time** 12noon **Sew Perfect** 12.30pm **Ready to Wear** 1.00 **Bon Appetit** 1.30 **Classic Interiors** 2.00 **David Emanuel's Makeover**

3.00 Bon Appetit
Advice on the best and easiest French dishes to impress dinner guests.

3.30 Classic Interiors
Timeless tips for decorating the home.

4.00

Sally Jessy Raphael

More controversial topics and emotional discussions with Sally Jessy and her audience.

5.00-6.00pm Garden Club Question Time

Gardening advice from the green-fingered experts.

6.00am The Box 7.00 **E! Entertainment** 7.30
Classic Coronation Street 8.00 **Blind Date** 9.00 **First Among Equals** 10.00 **Fortune Hunter** 11.00 **Hawaii Five-0** 12noon **Classic Coronation Street** 12.30pm **Families** 1.00 **Watching** 1.30 **Me and My Girl** 2.00 **Thomas and Sarah** *Love Into Three Won't Go*

3.00 London's Burning
Blue Watch is called to a suspected rubbish fire in an underground car park, with tragic consequences. With Rupert Baker and James Hazeldine.

4.00 Hawaii Five-0
The Guarnerius Caper
The theft of a violin belonging to a Russian musician threatens to explode into an international incident.

5.00
Mission: Impossible
Submarine
The team must stop the developers of a computer virus, designed to sabotage on-board naval computers.

6.00 Families
Mark and Andrew interrupt Sue and Diana at the hospital.

6.30 Classic Coronation Street
Another vintage episode.

7.00 Doctor at Large
Things That Go Mump in the Night
Michael has the mumps.

7.30
Bootsie and Snudge
British Railways Regrets

8.00 London's Burning
Blue Watch is called to a suspected rubbish fire in an underground car park, with tragic consequences. With Rupert Baker and James Hazeldine.

9.00 Classic Coronation Street 9.30 **Wheeltappers and Shunters Social Club**
Light entertainment from the North of England.

10.00-11.00pm
Mission: Impossible

men & motors

11.00pm H.O.T.
Features quirky guests, live music, comedy and chat. Presented by Jenny Powell.

11.50

Lord Lust's Lovelies

12.10am The Winnie Jones Show

1.00 E! Gossip

The low-down on all the latest Hollywood showbiz gossip.

1.30 E! Mysteries and Scandals

The Black Dahlia

2.00-6.00pm The Box

6.00am Under the Umbrella Tree 6.30 **Jungle Cubs** 7.00 **Recess** 7.30 **Pepper Ann** 8.00 **Doug** 8.30 **Timon and Pumbaa** 9.00 **Aladdin** 9.30 **Quack Pack** 10.00 **Amazing Animals** 10.30 **Sesame Street** 11.30 **Winnie the Pooh** 11.45 **Poddington Peas** 12.00 **Alphabet Castle** 12noon **Little Hippo** 12.15pm **Animal Shelf** 12.30 **Rosie and Jim** 12.45 **The Toothbrush Family** 12.50 **Bear in the Big Blue House** 1.15 **Winnie the Pooh** 1.30 **Chip 'n' Dale's Rescue Rangers** 2.00 **Goof Troop** 2.30 **Jungle Cubs**

3.00
Timon and Pumbaa
Jungle fun with the crazy *Lion King* characters.

3.30 Brand Spanking New Doug
Doug's Movie Madness

4.00 Pepper Ann
Pepper Ann wants to be cool at all costs - but her family seems determined to thwart her.

4.30 Recess
Animated series.

5.00 Smart Guy
Comedy with the 10-year-old boffin who can't understand teenagers.

5.30 Student Bodies
Animation and real-life in an entertaining mix.

6.00 Teen Angel
More fun with the guardian angel.

6.30 Boy Meets World
Wheels
Cory finally gets his driving licence.

7.00 FILM: Return of the Shaggy Dog
Gary Kroeger, Todd Waring

A cavalcade of canine capers is unleashed when Professor Plumkutt dies and the ring he used to turn Wilby into a shaggy dog passes into the hands of his unscrupulous servants. 1987

8.30 The Wonder Years
Sixties nostalgia.

9.00-10.00pm
Touched by an Angel
More charming tales with the thoroughly modern angel. Starring Roma Downey and Della Reese.

THE BOX
MUSIC TELEVISION YOU CONTROL

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

QVC

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is *Cross Stitching* at 9.00am and 5.00pm.

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for Thought 10.00 **Feasts of the World** 10.30 **What's Cooking?** 11.00 **Worrall Thompson Cooks** 11.30 **Graham Kerr's Kitchen** 12noon **Food Network** **Daily 12.30pm A Year at Ballymaloe** 1.00 **Food for Thought** 1.30 **From the Ground Up** 2.00 **Chez Bruno** 2.30 **Food Network** 3.00 **Nancy Lam's Wok Wiz** 3.30
Worrall Thompson Cooks 4.00 **A Taste of the Caribbean** *Jamaica* 4.30-5.00pm **So You Think You Can't Cook**



CARION SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz played by students.

5.30 Hey Dad II
Whale Song Betty
Domestic comedy.

6.00 Byker Grove
Gwen has been sent away on a course about human relationships.

6.30
A Country Practice
Cup Fever - Part III

7.00 London Bridge
Jarvis knocks down a tramp and finds himself in a web of blackmail.

7.30 Switch On
Entertainment magazine with Matthew Lorenzo.

8.00
The 10 Percenters
A Small Package
Office comedy series.

8.30
Goodnight Sweetheart
Just One More Chance

9.00 Gone to Seed
The triplets have been evicted and Wesley Willis now owns the garden centre. Matters go awry when it is revealed that Wesley is a father.

10.00 Snowy
Codes of Conduct
Epic drama series about the people who worked on the great hydroelectric and irrigation scheme in Australia in 1949.

11.00 St Elsewhere
12midnight **Movie Club** 12.30am-1.00am **Tales of the Unexpected**

GENERAL
C/Net Central
Sci-Fi Channel 6.00pm
If you're not on the web or linked up with e-mail these days, then you're living in the Dark Ages, according to those living life in the information superhighway. This computer magazine programme provides up-to-the-minute details about hardware, software, digital news and the worldwide web.

SPORT
International Football
Eurosport 9.30pm
Any soccer match between Germany and Brazil takes on even greater significance in a World Cup year and this friendly match played in Stuttgart might give a few pointers to the form of two favourites for France '98 in June. Possible rivalries to look out for include Klinsmann v Ronaldo and Sammer v Roberto Carlos - there will be more than enough talking points, whoever wins this warm-up encounter.

Wednesday continues overleaf...

ADVERTISEMENT

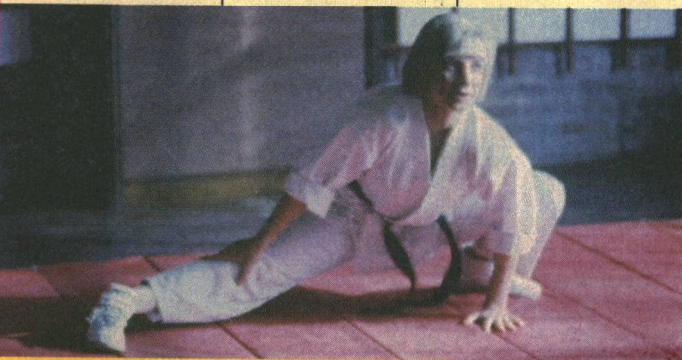


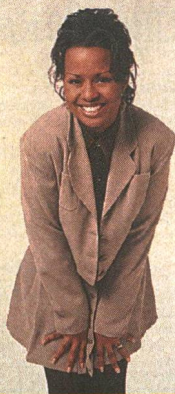
LIVING IT UP!
2.20PM

How good are you at creating a stylish home? Can you revive a drab wardrobe into a sparkling new piece of furniture. If you need help with this and more, tune into *Living It Up!* with Katrina Buchanan and Angus Coull.



Fur goodness sake!
Canine capers in 'The Return of the Shaggy Dog': Disney 7.00pm

							
6.00 AM	7.30am Football 9.00 Motorcycling 10.30 Football 11.30 Rally 12.00 Motocross World Championship preview. 12.30pm Equestrianism Coverage of the Volvo World Cup from the Netherlands. 1.30 Tennis A look at the ATP Tour. 2.00 Tennis Coverage of the ATP Tour's Mercedes Super 9 Tournament from Key Biscayne in the USA.	7.00am Sky Sports Centre 7.30 World Wrestling Federation - LIVE 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 The Footballers' Football Show 11.00 Tartan Extra 11.30 V-Max 12.00 Aerobics Oz Style 12.30pm Watersports World 1.30 Motor Racing: Nascar - Diamond Plywood High-speed coverage from the latest Nascar event. 3.30 Tartan Extra Scottish Premier League. 4.00 The Footballers' Football Show Celebrities from the football world give their views on the game. 5.00 World Wrestling Federation - Shotgun Challenge Catch up on last week's action. 6.00 Sky Sports Centre 6.30 Futbol Mundial Football from around the world. 7.00 Trans World Sport Global sporting action.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV 9.00 Fish TV The ultimate fishing show. 9.30 Motor Racing: Nascar Diamond Plywood High speed coverage from the latest Nascar event. 11.30 Golf Extra A round up of developments on the golfing circuit. 2.30pm LPGA Golf: Standard Register Ping British star Laura Davies aims for a fifth consecutive title in the Standard Register Ping from the Moon Valley Country Club in Phoenix, Arizona. 4.30 Snooker: Dr Martens Premier League Action from the Dr Martens Premier Snooker League staged at the home of Rushden and Diamond's Football Club in Northamptonshire. 6.30 Football - LIVE Live coverage of the latest football clash between two sides hoping to impress.	12.00 World Wrestling Federation - Shotgun Challenge Catch up on the previous week's action and find out what to expect in the days ahead. 1.00pm Fish TV More useful tips and advice from the top fishermen. 2.00 Superbouts: Hill v Ernebe Another chance to watch classic action from a legendary match in the ring. 3.00 Rugby Union Classics Another memorable Rugby Union clash. 3.30 NHL Another chance to see the pick of the NHL matches this week as two team meet on the ice. 5.30 Watersports World From powerboating and jetskiing to water-skiing and canoeing, a comprehensive guide to action on the water. 6.30 European Tour Weekly 7.00 Fish TV Reel in the very latest top tips from the essential angling guide.	12.00 Swan's Crossing 12.30 Sweat Teenage drama series. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Hard-hitting drama series. 2.00 Saved by the Bell Fourth of July US schoolroom comedy. 2.30 Swan's Crossing An action-romance series following the lives and intrigues of 12 young people in their early teens. 3.00 Blast The chart show. 3.30 Heartbreak High Hard-hitting high-school drama series. 4.00 Hollyoaks Soap about teenagers thrust into the real world. 4.30 Saved by the Bell 5.00 USA High Giuseppe Returns 5.30 Sweat Teenage drama series about young athletes. 6.00 Echo Point Teenage soap. 6.30 Blast 7.00 USA High 7.30-8.00pm Hollyoaks	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12.00 FILM: House of Fear 1939 1.15pm SF Scene Reports 1.30 Ray Bradbury Theatre 2.00 The Outer Limits 3.00 The Bionic Woman Beyond the Call Jaime seeks to befriend a Vietnamese girl. 4.00 The Six Million Dollar Man Deadly Replay Steve is determined to be the test pilot once more. 5.00 Swamp Thing A Most Bitter Pill 5.30 Inside Space The fact and fantasy of space travel. 6.00 C/Net Central Computer magazine programme looking at new developments. 6.30 The New Edge 7.00 Space Precinct Enforcer An alien promises to end violence on the streets of Demeter City. 8.00 Quantum Leap Freedom Sam Beckett leaps back to 1970 into the body of a native American. 9.00 The Cape Hurricane NASA braces itself against the threat of a ferocious hurricane. 10.00 20,000 Leagues Under the Sea A scientist goes in search of a monster that is terrorising the high seas. Instead he finds a submarine called the Nautilus and a brilliant and enigmatic man called Captain Nemo. 12.00am Sightings 1.00am Space Angel 1.30 Ray Bradbury Theatre 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
3.00 PM	4.00 Motorsports Speedworld magazine.						
4.00 PM							
5.00 PM	5.00 Motorcycling A preview of the World Championship, which starts tomorrow with the Malaysian Grand Prix. 6.00 Tennis - LIVE The tenth day of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, USA.						
6.00 PM							
7.00 PM							
8.00 PM	8.00 Bowling Coverage of the Golden Tour from Ludwigshafen in Germany.	8.00 Motor Racing: Nascar - Diamond Plywood High-speed coverage from the latest Nascar event with the Diamond Plywood race.		8.00 Sport USA All of the latest news, views and developments from the American sports scene.	8.00pm The A-Team Where is the Monster When You Need Him Most? Action adventure. 9.00 Tour of Duty Burn, Baby, Burn Racial tension erupts when a member of the KKK is found murdered. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Jake's Story 11.00 FILM: Rage and Honor A teacher uses her martial arts skills to protect her charges from the lure of gangs. 1992 12.50am Unbalanced World 1.00 The Basement 1.30 Tour of Duty 2.30 FILM: Dreamboat 4.30 Red Shoe Diaries 5.00-6.00am The A-Team		
9.00 PM	9.00 Rally The last stage of the FIA World Rally Championship from Portugal. 9.30 Football Coverage of the friendly match between Germany and Brazil in Stuttgart. In preparation for the World Cup, this is the most prestigious friendly match of the period running up to the tournament. 11.30 Motorsports Speedworld magazine. 12.00am-12.30am Rally Coverage of the FIA World Rally Championship from Portugal.	10.00 Sky Sports Centre The premier sports news service. 10.30 Snooker: Dr Martens Premier League Action from Rushden and Diamond's Football Club in Northamptonshire. 12.30am Sky Sports Centre 1.00 Futbol Mundial Focus on club and international soccer. 1.30 Trans World Sport 2.30-3.00am Sky Sports Centre	10.00 European Tour Weekly A round up of the week's action on tour. 10.30 Golf Extra A comprehensive round up of the key developments on the golfing circuit. 1.30am Sky Sports Centre Catch up with the latest sports news as it happens. 2.00-4.30am Football Another chance to see the pick of the action from tonight's football clash.	9.30 Ski Prime Top tips behind life on the slalom. 10.00 Cue Masters: Wattana v White The 1994 Asian Open. 10.30-11.30pm Dickie Davies' Sporting Heroes: Henry Cooper Dickie Davies conducts an in-depth interview with veteran boxing star Henry Cooper, who took part in numerous memorable bouts, including the famous 1963 encounter with the then Cassius Clay.			
10.00 PM							
11.00 PM							
12.00 NIGHT TIME							
	 In 'Rage and Honour', Cynthia Rothrock stars as a schoolteacher who uses her martial arts expertise to protect her vulnerable young charges: Bravo 11.00pm		 12.00am The Ten Minute Free View 12.10am Bedtime Stories 12.20am FILM: Whispered Lies 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Satisfaction Jackson 2.40 FILM: Arizona Gold The sheriff is too busy having fun in the saddle with local ranchers' daughters to chase any outlaws. 3.55-4.00am What's on Tomorrow	 11.30pm Free Teaser 11.35 Peep Show 11.45 The Sex Guides: Amsterdam An adult-only roam around the red-light district of Amsterdam. 12.20am FILM: Smoke and Mirrors A sleazy joint owner tries to go straight. 1.45 Adult Stars Close-Up: Confidential Dreams, fantasies and sexual recollections of adult stars. 2.45-4.00am FILM: Bangkok Nights - Asia	 12.00am Dish of the Day 12.10am Best of Big ... Special 1.05 FILM: Light My Fire Adult comedy about a cigarette lighter that creates sexual arousal every time someone lights up. You may never want to sit in the non-smoking section again. 2.20 FILM: X Tales 3.35-4.00am Bikini Beach Erotic mini series. Sun, sea, sand and raunch all at their very best.		



Tempestt Bledsoe
fronts an entertaining
talk show:
Living 4.10pm



5.00pm Fifteen to One
Presented by William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
Bob Holness hosts the general knowledge quiz.
7.30 Give Us a Clue
8.00 All Clued Up
Presented by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Liverpool
Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Newcomers
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux sans Frontieres
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 *Fate and Fortune* 7.00 *Dial-a-Doc* 7.15 *Nation LIVE* 7.30 *The Fashion Show* 8.00 *Agony* 8.30 *Living Room Legends* 9.00 *Love Story* 9.15 *Dial-a-Doc* 9.30 *Revelations* 10.00 *Lie Detector* 10.30 *Bunny Bingo* 10.45 *What's in the Box* 11.00 *Judge Judy* 11.30 *Fate and Fortune* 12.00 *The Why Files* 12.30 *Bunny Bingo* 12.45 *What's in the Box* 1.00 *Lie Detector* 1.30 *Judge Judy* 2.00 *The Fashion Show* 2.30 *Revelations*
3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy
5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
Relationship advice.
7.59 Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Tiffany's Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight *Jennycam* 12.15am *Private Dancer* 12.30 *Pleasure Dome* 1.00 *Exotica Erotica* 2.00 *Brits on the Piste* 2.30 *The Sex Show* 3.00 *Exotica Erotica* 4.00 *The Fashion Show* 4.30 *Agony* 5.00 *Lie Detector* 5.30 *Dial-a-Doc* 5.45-6.00am *Nation LIVE*

CHANNEL
ONE
TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and local features on the hour every hour, plus the following features:
10.30 The Album Show
11.30 Yankee Doodle Dan
12.30pm Cybernet
1.30
Cinema Cinema Cinema
In-depth news from Hollywood.
2.30 The Album Show
Classic tracks from legendary bands.
3.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
4.30 Cybernet
All the latest computer and internet entertainment news.
5.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
6.30 Cinema Cinema Cinema
In-depth news from Hollywood.
7.30 Cybernet
All the latest computer and internet entertainment news.
8.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
9.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
10.30 Cinema Cinema Cinema
In-depth news from Hollywood.
11.30 The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Europe Today
8.00 European Moneywheel CNBC Europe
On-site financial news, market updates and breaking business stories.
11.00 Internight
12.00 Time and Again
1.00pm European Living: Flavours of France
1.30 *V.I.P.*
2.00 *Today*
Magazine programme with news, features, sports and interviews.
3.00 Home & Garden Television
The Art and Practice of Gardening/ Awesome Interiors
4.00 Time and Again
Jane Pauley looks over the late 20th-century as covered by NBC news reporters.
5.00 European Living: Travel Xpress
Presented by Tricia Williamson.
5.30 V.I.P.
6.00
Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with in-depth interviews.
8.00 NBC Super Sports
Coverage of the European PGA Golf Portuguese Open.
9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring guests and musicians.
11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
11.30 NBC Nightly News with Tom Brokaw
12midnight *The Tonight Show* with Jay Leno
1.00am *MSNBC Internight*
2.00 *V.I.P.* 2.30 *Europe à La Carte* 3.00 *The Ticket* NBC 3.30 *European Living Flavours of* 4.00-5.00am *MSNBC's The News*

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12.00 Travel Live
With Frank Bough and the team.
1.00pm A Golfer's Travels
Hawaii
1.30 Floyd on Oz
Tasmania
With Keith Floyd.
2.00 Tread the Med
Mallorca
2.30 The Great Escape
Srinagar in Winter, Khajuraho and Orcha
3.00 A Fork in the Road
Kerala, India
3.30 Worldwide Guide
Paris Old and New
4.00 Ribbons of Steel
Rails to Riches
4.30 The Flavours of France
Lozere, Haue Pyrenees
5.00 A Golfer's Travels
Hawaii
5.30 Railway Adventures
Across Europe
6.00 Floyd on Oz
Tasmania
With Keith Floyd.
6.30 Tread the Med
Mallorca
7.00 Holiday Maker
Greece and Turkey
Honest, down-to-earth answers and advice from travel experts.
8.00 Stepping the World
Tenerife, Canary Islands
8.30 On Tour
Southern California
9.00 Grainger's World
Arctic Wonderland
Greg Grainger takes us on the ultimate adventure to the frozen North.
10.00 The Great Escape
Srinagar in Winter
10.30 A Fork in the Road
Paris Old and New
11.30-12midnight Ridge Riders

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
The Raid
Jonathan, Jennifer and Max journey to South America to rescue two scientist friends.
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
2.20 Living It Up!
3.20 The Jerry Springer Show
Outrageous US talk show with lively and often heated discussion about relationship issues.
4.10 Tempestt
Entertaining talk show presented by Tempestt Bledsoe.
5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
Hosted by Fern Britton.
6.10 Jerry Springer Uncut
Outrageous American talk show.
7.00 Rescue 911
Real-life rescues by US emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Drama about a detective with a knack for solving crime-related puzzles.
Stars Gary Day.
9.00 FILM: Woman Scorned
Andrew Stevens, Shannon Tweed, Stephen Young
Erotic thriller about a woman who seeks revenge on her husband's family after blaming them for his suicide. 1993
11.00-12midnight The Sex Files II
Doggy Fashion
Talk show.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



NATIONAL
GEOGRAPHIC
CHANNEL

8.00pm FILM: The Big Game
Gary Webster, Emma Wray
British drama about five men who all enjoy gambling.
9.40 Deadlock
Kerry Fox, Raj Sidhu
Short film about a violent, jilted boyfriend.
10.00 FILM: Parole Violators
Sean Donahue
Action feature about a modern-day avenger who targets ex-cons.
11.40-12midnight Letters to the Future

7.00pm Wild South: Seven Black Robins **NEW**
7.30 When the Earth Quakes **NEW**
8.00 Costa Rica: A Bridge Between Continents
Explore the unique nature of the land bridge.
9.00 Wild Horizons: The Last Resort
9.30 Sumo: Dance of the Gargantuans
10.00 The Power of Water
11.00 Islands of the Iguana
12midnight-1.00am The Soul of Spain

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 *Style* 3.00 *Can't Cook* 3.30 *Change That* 4.00 *Going for a Song* 4.30 *More Front Gardens* 5.00 *Antiques* 6.00 *Radio Times* 6.30 *Italian Feast* 7.00 *Really Useful Week* 8.00 *Tracks* 8.30 *Change That* 9.00 *Can't Cook* 9.30 *Style Challenge* 10.00 *Home Front* 10.30 *Real Rooms* 11.00 *Garden Roadshow* 11.30-12midnight *The Terrace*

UK ARENA

CABLE EXCLUSIVE

6.00pm Sounds of the Sixties
The Folk Revival
American protest singers.
6.30 The Frame
7.00 Good Music
8.00 When the Boat Comes In
Paddy Boyle's Discharge
9.00 The Frame
9.30 Even Further Abroad
Nag, Nag, Nag
10.00 Fortunes of War
11.10-12midnight Later on UK Arena



6.00am Kickstart
9.00 MTV Mix
12.00pm Non-Stop Hits
2.00pm Euro Top 20
3.00 Non-Stop
4.00 Select MTV
6.00 MTV Live
6.30 So 90s
7.00 The Lick R&B Chart
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 Yo!
The latest rap and hip hop videos.
12midnight-7.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon *Ten of the Best: Yasmine Bleeth* 1.00pm *Jukebox* 3.00 *Toyah!* 5.00 *Five@Five* 5.30 *Pop-Up Video* 6.00 *Hit for Six* 7.00 *Mills 'n' Tunes* 8.00 *VH1 Hits* 10.00 *VH1 Classic Chart* 11.00 *The Nightfly* 12midnight *VH1 Country* 1.00am *The Mavericks Uncut* 6.00-7.00am *Hit for Six*

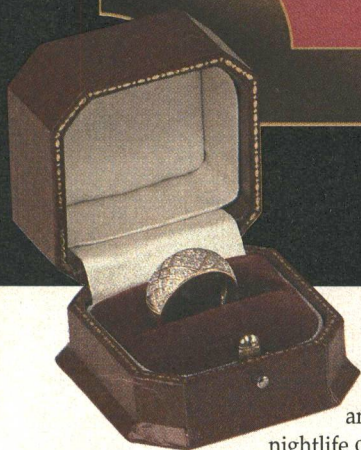
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

 9.00am The Joy of Painting 9.30 Garden Club 10.00 Gardens without Borders 10.30 The Furniture Guys 11.00 Total Fishing with Matt Hayes 11.30 Hometime Retaining Walls 12.00 Wheel Nuts 12.30pm This Old House with Steve and Norm 1.00 Yan Can Cook Dim Sum Delights 1.30 Antiques Trail 2.00 Homemaker 2.30 The Log Cabin Log Assembly 3.00 Two's Country 3.30-4.00pm This Old House	 5.00am Omer and Starchild 5.30 Ivanhoe 6.00 Frutties 6.30 The Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 Frutties 10.30 Thomas the Tank Engine 11.00 Huckleberry Hound 11.30 Penelope Pitstop 12.00 Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons 3.00 The Addams Family Macabre fun with America's weirdest family. 3.30 Beetlejuice More dark humour. 4.00 Scooby-Doo The cowardly Great Dane flees more phantoms. 4.30 Dexter's Laboratory Chemical chaos. 5.00 Johnny Bravo More adventures with the egotistical hero. 5.30 Cow and Chicken Animation. 6.00 Tom and Jerry Madcap comic antics with the cat and the mouse. 6.15 Road Runner 6.30 The Flintstones Prehistoric comedy. 7.00 Batman More dark tales from the heart of Gotham City. 7.30 The Mask More manic antics with the green-faced fiend. 8.00 The Real Adventures of Jonny Quest 8.30-9.00pm Droopy: Master Detective Lugubrious sleuthing.	 6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Mey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpz's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark 12.00 Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks 3.00 Jumanji Unleashing more animals from the magical game. 3.30 Doug/ Angry Beavers Animation. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star More heroic action. 5.00 Rugrats Fun with the imaginative, tousle-haired nippers. 5.30 Sister Sister Domestic disharmony with Tia and Tamera. 6.00 Renford Rejects 6.30-7.00pm Kenan	 6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spiro 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogud 11.30 The New Adventures of Gigantor 12.00 Spiro 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogud 2.30 Flash Gordon 3.00 The New Adventures of Gigantor Robot Runners 3.30 The Big Dish Children's gameshow. 4.00 Batman Deep Freeze Stars Adam West. 4.30-5.00pm Dennis the Menace Dennis and the Grown-Ups	 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12.00 News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 BBC Newsday 6.00 Newsday 7.40 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 World Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Editions 12.30pm Health 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Health 5.00 Larry King 6.45 American Editions 7.30 World Business Today 8.30 Q & A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King 4.30-5.00am World Report SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 10.00 10.30 ABC Nightline 11.30 Sky World News 2.30pm PMQ's 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News 2.30 Business Report 3.30 Reuters Reports 4.30 CBS News 5.30-6.00am ABC World News INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 9.45 Bilder aus Deutschland 10.30 Offen 10.00 Sternstunde Philosophie 11.00 Tagebuch 12.15pm Mona Lisa 11.55am Gesundheitstip 12noon ReiseLust 9.15 Geniessen auf Gut Deutsch 1.00pm Disco 1.45 100 Grad 2.45 Pur 3.00 Die Reportage 3.45 Die Sprache der Wildtiere 4.15 Auto und Mobiles 4.45 Häferrglucker Unterwegs 5.10 Kostbarkeiten aus Österreich 5.15 Bilder aus der Schweiz 6.00 Heute 6.18 Wetter 6.20 Kulturzeit 7.00 Tagesschau 7.15 Süchtig 8.00 Wildtiere und Wir 9.00 Zeit im Bild 9.25 Kalte Nächte 10.50 Liebe, Leid und Lügen 11.20 Seitenblicke 11.30-12midnight Nachrichtenmagazin des Schweizer Fernsehens Deutsche Welle 5.00am D16 5.30 Close-up 6.00 Journal 6.30 Feature 7.00 Journal 7.30 Boulevard 8.00 D16 8.30 Close-up 9.00 Journal 9.30 Boulevard 10.00 Europa Aktuell 10.30 Doppelpass 11.30 Feature 12noon Journal 12.30pm D16 1.00 Boulevard 1.30 Close-up 2.00 Journal 2.30 Feature: Der Fall Walter Linse 3.00 Bilder aus Österreich 4.00 Boulevard 4.30 Kunst und Co 5.00 Journal 5.30 Boulevard 6.00 European Journal 7.00 Journal 7.30 Bilder aus Österreich 8.30 Kunst 9.00 Journal 9.30 Feature: Culture on Tour 10.00 Journal 10.30 El Reportaje 11.00 Journal 11.15 Expo 2000 Hannover 11.30-12midnight Boulevard TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin et Meteo 7.00 Minutes et Meteo 7.05 Journal 7.30 Meteo 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Viva 9.00 Minutes 9.05 Courants d'Art 9.30 Obsidienne 10.00 Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal 3 11.55 Meteo 12noon Debat de societe 2.00pm Fiction 3.00 Journal 3.15 Pyramide 3.45 Bus et	Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Comment Ca Va? 8.00 L'Hebdo 8.55 Meteo 9.00 Journal 2 9.30 Theatre 11.30-12midnight Soir 3 ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Morning 8.30 Bhakti Sagar 9.00 FILM: Aaj Ka Daur 11.30 News 12noon Zamana Badal Gaya 12.30pm Swar Bhushwani 1.00 Paltan 1.30 FILM: Balhero Babi 4.00 Yeh Filmi Duniya 4.30 Take 2 5.00 Doodra Aasman 6.00 Community 6.30 Aur Aap 7.00 Paltan 7.30 News 8.00 Shanti 8.30 FILM: Aaina 11.30 News 12midnight Aur Aap 12.30am Shanti 1.00 FILM: Aaja Sanam 4.00 Bombay 4.30 Paltan 5.00 Music 5.30 Star 6.00 Yeh Filmi Duniya 6.30 News 6.45 Business 7.00-7.30am First Edition ZEE TV 4.00am FILM: Andho Bichar 6.30 Kajager Bao 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 Business News 8.30 Aahaa 9.00 Manabi 9.30 Out and About 10.00 Tara 11.00 Low Cal 11.30 Daraar 12noon FILM: Sarak 3.00pm Hum Aske Hain Woh 3.30 Daraar 4.00 Hum Paanch 4.30 Liberty 5.00 Filmi Baatein 5.30 Teen Do Paanch 6.00 Banegi Apni Baat 6.30 All Time Hits 7.00 Yeh Hai Zindagi 7.30 Basat Ban Jaye 8.00 News 8.30 Dastaan 9.00 Yeh Zindagi 10.00 Business 10.30 Ten Ten 11.00-12midnight Purush Kshetra RACING CHANNEL 11.00am Racing Review 12.30pm Live at Luncume 2.00-6.00pm Live Racing From Exeter, Ludlow and Towcester. CMT 5.00am Top Billing 6.00 Rebel Country 7.00 CMT Morning 10.00 Non-Stop 2.30pm Fresh Cuts 3.00 Showcase 3.30 Non-Stop 6.00 Top Billing 7.00 Rebel Country 8.00 Non-Stop 8.30 Fresh Cuts 9.00 Showcase 9.30 Non-Stop 11.00 Billing 12midnight Rebel 1.00am Wildhorse 2.00-5.00am Non-Stop Country BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought for Day 4.05 Copeland 4.30 Morning 4.45 Avanzini 5.00 McCawley 5.30 Leon 6.00 Hillsong 6.30 Creflo 7.00 Copeland 7.30 Kidz 8.00 Hinn 8.15 Morning 8.30 Ekman 9.00 Fire Power 9.30 Beverly 10.00 Marilyn Hickey 10.30 Morning 10.45-11.00am GMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 5.30am Parliamentary Committees 9.30 The Commons Live 2.00 Parliamentary Coverage 2.30 The Commons Live 11.00-12midnight Questions WORLD NET 9.00am Newfile 10.00 US News 11.00 Business News 11.30 Society 12noon Democracy 12.30pm Democracy 1.00 Science 1.30 Virginia 2.00 News 2.30-3.00pm Business File LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
 4.00pm The Red Empire: Winners and Losers From the October Revolution of 1917 to the death of Lenin in 1924. 5.00 Century: Fame Exploring the concept of 20th-century fame and infamy. 6.00 Ancient Mysteries: Blood and Honour at the First Olympics A look at the ferocious competition of the ancient Olympics. 7.00-8.00pm Biography Charlton Heston	 11.00am Take the High Road 11.30 Emmerdale 12.00 Emmerdale 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light Hart realises how upset Dinah really is over Jean Luc's departure. 2.30 Take the High Road Oggie Wilson is proving trickier than Douglas thought possible. 3.00 Emmerdale Will Sam survive his operation? 3.30-4.00pm Emmerdale	 11.00am Video Trips 11.30 Globetrotter 12.00 Independent Travellers Guide 12.30pm Getaway 1.00 Great Escapes 1.30 Caribbean Vacation 2.00 American Vacation Las Vegas 3.00 Globetrotter United States and Galapagos 3.30-4.00pm Holiday Reflections Bulgaria	 News throughout the day, plus: 5.00am Europe Today 8.00 Europe Moneywheel 1.00pm US Squawk Box 3.00 US Market 5.00 US Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future File 8.00 Money 8.30 Style 9.00 US Market 10.00 Media 10.30 Future File 11.00 Money 11.30 Style Cafe 12midnight Asian Squawk Box 1.00 Trading Day 3.00 Media Report 3.30 Future File Inside India 4.30-5.00am Style Cafe	TVS 5.00am Minutes 5.05 Fa Si la Chanter 5.30 Telematin et Meteo 7.00 Minutes et Meteo 7.05 Journal 7.30 Meteo 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Viva 9.00 Minutes 9.05 Courants d'Art 9.30 Obsidienne 10.00 Minutes 10.05 Jeu de Societe 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal 3 11.55 Meteo 12noon Debat de societe 2.00pm Fiction 3.00 Journal 3.15 Pyramide 3.45 Bus et	

Diamond Dreams



The splendour of 18 carat gold, the timeless appeal of diamonds



A breathtaking ring to treasure for always

Announcing *Diamond Dreams*, a spectacular creation from the master goldsmiths of Brooks & Bentley inspired by the magic and romance of the French Riviera. The casinos of Monte Carlo, the nightlife of St Tropez. The glitter and sheer spectacle of Cannes. All captured in a magnificent design hand-crafted in luxurious 18 carat gold.

Elegance and originality - hallmarks of Brooks & Bentley

The elegantly sweeping fingerband is hand set with one full quarter carat of diamonds, pavé set to create a magnificent display that recalls the sparkle of the Côte d'Azur night sky. Hand-crafted with grace and elegance, *Diamond Dreams* is perfect for any occasion, but especially for those very special evenings out on the town. Then the magic of this spectacular design comes to life.

Diamond Dreams is now available from Brooks & Bentley at the issue price of just £395.00 per ring. And as befits such an important issue, each ring comes complete with a luxury presentation case and a Certificate of Authenticity, attesting to its valued status as a Brooks & Bentley original.

To acquire *Diamond Dreams*, please post the Commission Authorisation Form by 31st March, 1998 or telephone 01732 361122 today to secure your order. Please send no money now.

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Brooks & Bentley takes pride in offering works of uncompromisingly high standards of quality, created with care and dedication by skilled craftsmen. If you are not satisfied with your purchase for any reason, simply return it within one year for a replacement or full refund. This pledge is in addition to your statutory rights.



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Please enter my commission for *Diamond Dreams*, to be hand-crafted for me in 18 carat gold and set with a full quarter carat of diamonds at the issue price of £395.00 per ring.

I need send no money now. I understand I will be billed in ten convenient interest free instalments of £39.50 beginning when my ring is ready for despatch. I will be given the opportunity to pay by cheque, postal order or credit card. To ensure a perfect fit, a ring sizer will be sent to me with my first invoice.

Mr/Mrs/Miss _____ PLEASE PRINT CLEARLY

Address _____

Postcode _____ Telephone No. _____

Ref: 1041839

Signature _____

Please allow 28 days for delivery. All orders are subject to acceptance and availability.

We may allow reputable companies to write to you with offers which may be of interest. If you would prefer not to hear from them, please tick this box ☐

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6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

SKY movies screen 1	SKY movies screen 2	SKY one	UK GOLD
6.00am Goldilocks and the Three Bears 1995, rating Sky U, 87 mins 7.30 Agatha Christie's The Man in the Brown Suit 1989, rating Sky PG, 91 mins 9.30 David Copperfield Robin Phillips 1970, rating Sky U, 114 mins 11.30 Unstrung Heroes Andie MacDowell 1995, rating Sky PG, 89 mins 1.30pm Goldilocks and the Three Bears 1995, rating Sky U, 87 mins 3.00 Agatha Christie's The Man in the Brown Suit Rue McClanahan, Tony Randall, Edward Woodward, Nickolas Grace Thriller about a woman on her way through the Middle East who becomes embroiled in an elaborate plot involving murder and deception. 1989, rating Sky PG, 91 mins 5.00 Vice Versa Judge Reinhold, Fred Savage, Corinne Bohrer, Swoosie Kurtz, David Proval, William Prince When a father and son find themselves under the influence of an ill-gotten magical skull, the two become much closer, mostly due to the fact that their minds have switched bodies. 1988, rating Sky PG, 97 mins 7.00 Unstrung Heroes Andie MacDowell, John Turturro, Michael Richards, Maury Chaykin, Nathan Watt Gentle and touching comedy about a young boy who is forced to depend on his unemotional father and his two eccentric uncles when his mother is diagnosed as having cancer. 1995, rating Sky PG, 89 mins 9.00 Lethal Tender PREMIERE Jeff Fahey, Kim Coates, Carrie Anne-Moss, Gary Busey Action thriller. When a team of terrorists seizes control of a water purification plant, a cop and a female plant worker find themselves caught up in a struggle to save the hostages' lives and foil the criminals. 1996, rating Sky 15, 90 mins 11.00 Moonlight and Valentino Elizabeth Perkins Drama about a young woman who struggles to cope with the reality of being widowed. 1995, rating Sky 15, 100 mins 12.45am Desperate for Love Christian Slater, Brian Bloom 1989, rating Sky 15, 90 mins 2.20 Petulia Julie Christie, George C Scott 1968, rating Sky 15, 101 mins 4.05-5.45am The Abduction 1996, rating Sky 15, 84 mins	6.00am They Knew What They Wanted Carole Lombard, Harry Carey 1940, rating Sky PG, 84 mins 8.00 Ghost Dad Bill Cosby, Kimberly Russell 1990, rating Sky PG, 79 mins 9.40 Hell to Eternity Jeffrey Hunter, Vic Damone War drama. 1960, 132 mins 12noon Legacy of Sin: The William Coit Jr Story Neil Patrick Harris 1995, rating Sky PG, 86 mins 2.00pm I Remember Mama Irene Dunne, Barbara Bel Geddes, Oscar Homolka, Philip Dorn Poignant, Oscar-nominated drama about a Norwegian-born woman and her American family's life and times in San Francisco. 1948, rating Sky U, 129 mins 4.15 Ghost Dad Bill Cosby, Kimberly Russell, Denise Nicholas, Ian Bannen, Christine Ebersole, Barry Corbin Comedy about a workaholic single father who, after a fatal accident, returns from the dead to make sure his children are well provided for in the future. 1990, rating Sky PG, 79 mins 6.00 Legacy of Sin: The William Coit Jr Story Neil Patrick Harris, Bonnie Bedelia, Meredith Salenger, Jon Pennell The true story of a young man who discovers that his mother murdered his father 22 years earlier. Last Play 1995, rating Sky PG, 86 mins 7.40 US Top Ten America's top movies. 8.00 The Arrival Charlie Sheen, Ron Silver Sci-fi thriller in which a radio astronomer believes that he has heard an alien signa. But the discovery is deemed worthless by his boss when his research division is closed down due to government cutbacks and he is given the sack. 1996, rating Sky 12, 120 mins 10.00 Bad Boys Martin Lawrence, Will Smith, Téa Leoni, Tcheky Karyo, Theresa Randle, Marg Helgenberger Action comedy about a pair of wise-cracking detectives on the hunt for \$100-million worth of stolen heroin. However they are forced to switch identities, leading to hilarious results. Text Last Play 1995, rating Sky 18, 114 mins 12midnight Intimate Obsession Adult thriller. 1992, 90 mins 1.35am Crosscut 1996, rating Sky 18, 95 mins 3.15 Eve of Destruction 1990, rating Sky 18, 96 mins 4.55-6.00am Travels of Marco Polo 1993, rating Sky U, 48 mins	7.00am Street Sharks 7.30 Games World 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children <i>Buck Saves the Day Text</i> 12.30pm M*A*S*H <i>To Market, to Market Text</i> 1.00 Geraldo 2.00 Sally Jessy Raphael 3.00 Jenny Jones <i>You Had Our Baby, Now Lose the Weight</i> Today's guests tell their wives to lose the weight they gained from their pregnancy, or lose them. 4.00 The Oprah Winfrey Show Oprah Winfrey takes the time to talk to guests about their lives. 5.00 Star Trek: The Next Generation <i>Galaxy's Child</i> The Enterprise becomes surrogate mother to an alien after Picard is forced to destroy its real mother. 6.00 The Live 6 Show Presented by Jenny Powell and Richard Orford. 6.30 Married... With Children <i>The Unnatural Text</i> 7.00 The Simpsons <i>Lisa the Sceptic</i> Has Lisa unearthed the fossilised remains of an angel? Text 7.30 Real TV Amazing video footage. 8.00 Suddenly Susan <i>It's My Nana and I'll Cry if I Want To</i> Susan is jealous of Vicki's friendship with Nana. Text 8.30 Seinfeld <i>Fatigue</i> 9.00 Friends <i>The One with the Embryos</i> Phoebe finds out whether she is pregnant or not. 9.30 Veronica's Closet <i>Veronica's Fun and Pirates Are Crazy Text</i> 10.00 ER The British premiere showing of the new fourth series of the medical drama. Starring George Clooney, Alex Kingston and Noah Wyle. Text 11.00 Star Trek: The Next Generation <i>Galaxy's Child</i> The Enterprise becomes surrogate mother to an alien after Picard is forced to destroy its real mother. 12midnight Late Show with David Letterman An entertaining mix of gossip and interviews. 1.00am Raven <i>Disciples of Dawn</i> Jonathon helps rescue a man who has fallen prey to a dangerous religious cult. 2.00-7.00am Long Play	7.00am Never the Twain 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Shelley 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Rosie 2.05 Ever Decreasing Circles 2.45 Stay Lucky <i>Flameproof and Free</i> Thomas is adjusting to life on his own. 3.45 The Bill <i>Powerless</i> Jarvis and Marshall catch a thief red-handed. 4.15 Juliet Bravo <i>New Arrivals</i> Jean Darblay's future at Hartley is put in jeopardy when she clashes with her new boss, Superintendent Hallam. Stars Stephanie Turner and James Grout. 5.20 EastEnders Drama with the downtrodden denizens of Albert Square. 5.55 Big Break Jim Davidson hosts the gameshow which features top snooker players potting balls on behalf of contestants. 6.30 The Bill Police drama series. 7.00 FILM: The Magnificent Two Eric Morecambe, Ernie Wise, Margit Saad, Cecil Parker, Michael Godfrey British comedy in which Morecambe and Wise play two hapless salesmen on business in South America who get caught up in a revolution. To save their necks, Eric poses as the son of a dead revolutionary. 1967 9.00 Bugs <i>Hot Metal</i> The Bugs team investigates a revolutionary new metal which explodes if a certain frequency of sound is directed at it. 10.05 Minder <i>Whose Wife Is it Anyway?</i> Terry turns his hand to selling antiques when Arthur's friend Alex is hospitalised. 11.10 Live at Jongleurs Stand-up comedy. 11.40 Three of a Kind Classic comedy with Lenny Henry, Tracey Ullman and David Copperfield. 12.15am FILM: The Creeping Flesh Christopher Lee A synthesis of sci-fi and gothic horror. 1973 1.55 The Equalizer <i>Out of the Past</i> 2.40-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Natural Neighbours
8.30 Wildlife on UK Horizons 9.00 The Look
10.00 Tomorrow's World
Plus 11.00 999 12noon
Natural Neighbours
12.30pm
Wildlife on UK Horizons
1.00 The Look
2.00 Animal Hospital
2.30 Great Mysteries and Myths

3.00 Clive James - Postcard from Bombay
 Clive visits the bustling city of Bombay. Pursued by beggars, he makes an escape to Bollywood.
4.00 Doctors to Be
The Knowledge
 Before new medical students are allowed onto the hospital wards at St Mary's, they have to acquire 'the Knowledge'.
5.00 Out of This World
 A psychic who offers diagnoses without seeing the patient is tested.
5.30 The Contenders
Mind Games

6.00 Animal Hospital
 Blossom completes her training as a hearing dog.
6.30 Great Mysteries and Myths
Who Kidnapped Lindbergh's Son?

7.00 Natural Neighbours
Trusting Bears
7.30 Wildlife on UK Horizons
Stoats in the Priory
 With David Attenborough.

8.00 The Look
Power of the Press
 The interests of fashion industry workers, who share the goal of continuing turnover in a \$1.3 trillion industry.

9.00 Children's Hospital - Special Edition
 Featuring moving and funny real-life medical drama from Alder Hey Children's Hospital.

10.00 Great Mysteries and Myths
Have Aliens Ever Landed on Earth?

10.30 The Persuaders: We Have Ways of Making You Think
The Power of Soap
 In developing countries, some gameshow hosts have entered politics.

11.30 Pioneers
My Special Children
12midnight The Limit
The Longest Bridge
 A look at the difficulties of building a bridge to span the length of the Baltic Sea.

12.30am-1.00am Great Mysteries and Myths
The Disastrous Campaign of the Dardanelles

6.00am Healthbeat 6.30
Beautiful Garden 7.00
 David Emanuel 7.30 Eat,
 Drink and Be Healthy 8.00
World on a Plate 8.30
 Fiona Fullerton 9.00 Sally
 Jessy Raphael 10.00 The
 Orient 10.30 British Food
 11.00 Beautiful Home
 11.30 Beautiful Garden
 12noon Sew Perfect
 12.30pm Ready to Wear
 1.00 Bon Appetit 1.30
 Interiors 2.00 World on a
 Plate 2.30 Fiona Fullerton

3.00 Flavours of the Orient
 Exotic delights.
3.30 Great British Food
 Celebrating the delights of
 British cooking.
4.00 Sally Jessy Raphael
 More controversy and
 lively studio debate
 with Sally Jessy and
 her guests.

5.00 The Beautiful Home Show
 Interior design advice
 from the style gurus.
5.30-6.00pm Your Beautiful Garden
 Green-fingered advice.

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 First Among Equals
10.00 Fortune Hunter
11.00 Hawaii Five-O
The Ransom
12noon Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 All for Love

3.00 London's Burning
 When a maintenance
 worker collapses in a
 tunnel deep under the
 Thames Barrier, Blue
 Watch must try to
 rescue him.
4.00 Hawaii Five-O
The Ransom
 The efforts of McGarrett
 to rescue a kidnapped
 boy backfires when one of
 his own men becomes a
 prisoner of the thugs.

5.00 Mission: Impossible
Bayou
 Jim Phelps and his IMF
 team are asked to break
 up an international white
 slavery ring.

6.00 Families
 Sue tells John about her
 confrontation with Diana.
6.30 Classic Coronation Street
 Stan finds out he is a
 beneficiary in a will.

7.00 Doctor at Large
Mr Moon
 Medical comedy series.
7.30 Bootsie and Snudge
A Nice Quiet
Saturday Afternoon

8.00 London's Burning
 When a maintenance
 worker collapses in a
 tunnel deep under the
 Thames Barrier, Blue
 Watch must try to
 rescue him.

9.00 Classic Coronation Street
 Stan finds out he is a
 beneficiary in a will.
9.30 Wheeltappers and Shunters Social Club
10.00-11.00pm Mission: Impossible

men & motors

11.00pm Motor Week
 Mike Rutherford, Ginny
 Buckley and Ian Royle
 report on the latest
 motoring technology.
11.30 4 Wheels Good
12midnight Rally World
 Presented by Eric Michell.

12.30am Through the Gears
1.00-2.00am The E! True Hollywood Story
Bettie Page
2.00-6.00am The Box
 Non-stop music.



Ginny Buckley steers you through the latest news in 'Motor Week': Men & Motors 11.00pm

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00
 Recess 7.30 Pepper Ann 8.00
 Brand Spanking New Doug
 8.30 Timon and Pumbaa
 9.00 Aladdin 9.30 Quack Pack
 10.00 Amazing Animals 10.30
 Sesame Street 11.30 Winnie
 the Pooh 11.45 Poddington
 Peas 11.50 Alphabet Castle
 12noon Little Hippo 12.15pm
 Animal Shelf 12.30 Rosie and
 Jim 12.45 Toothbrush Family
 12.50 Bear in the Big Blue
 House 1.15 Winnie the Pooh
 1.30 Rescue Rangers 2.00
 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
 The crazy characters from
The Lion King.
3.30 Brand Spanking New Doug
The Big Switch
4.00 Pepper Ann
 Pepper Ann copes with
 the perils and pitfalls of
 teenage life.

4.30 Recess
 From the creators
 of *Rugrats*.
5.00 Smart Guy
 TJ copes with the
 problems of being a
 10-year-old smart guy.

5.30 Student Bodies
 Animation and real-life in
 an entertaining mix.
6.00 Teen Angel
 Adventures with Buzz.

6.30 Boy Meets World Quiz Show
 Cory, Shawn and Topanga
 become celebrities after a
 school quiz show.

7.00 FILM: My Date With the President's Daughter
Will Friedle
 The President's daughter
 finds the White House
 claustrophobic - she
 wants to be a normal
 teenager. So when a boy
 asks her out, she decides
 to escape. 1997

8.30 The Wonder Years
 Kevin looks back in time.
9.00-10.00pm Touched by an Angel
 Monica is a thoroughly
 modern angel, who
 inspires people to change
 their lives before it's
 too late.

9.00-10.00pm Touched by an Angel
 Monica is a thoroughly
 modern angel, who
 inspires people to change
 their lives before it's
 too late.

THE BOX
 MUSIC TELEVISION
 YOUR CHOICE

Interactive music channel
 which allows the viewer to
 select videos of their
 choice 24 hours a day,
 seven days a week. Also
 includes - BOXFresh -
 newest videos available -
 BOXTalk - unique inter-
 views with artists/bands -
 Breakin' Out of THE BOX -
 videos tipped for the top
 Plus weekly competitions

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 24-hours-a-day - so watch
 when you can and tape
 when you can't. All you
 need is an item
 number. Call free phone
 on 0800-50-40-30 at any
 time. Today's highlight is
 In the Salon at 4.00pm

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for
 Thought 10.00 Who's
 Cooking Dinner? 10.30
 What's Cooking? 11.00
 Worrall Thompson 11.30
 Graham Kerr's Kitchen
12noon Food Network
Daily 12.30pm Winter
 Nosh 1.00 Food for
 Thought 1.30 Ideal Home
 Cooks 2.00 Perfect Pasta
 2.30 Food Network Daily
 3.00 A Year at Ballymaloe
 3.30 Worrall Thompson Cooks
4.00 From the Ground Up
4.30-5.00pm Chez Bruno
 A gastronomic tour through
 France with leading chef
 Bruno Loubet.



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the
 general knowledge quiz.
5.30 Hey Dad II
Ben's Lucky Fishing Hat
 Jenny is caught
 shoplifting.

6.00 Byker Grove
 Charley has to sneak out
 of the house to further her
 musical ambitions.
6.30 A Country Practice
Cup Fever

7.00 London Bridge
 Diane is excited about
 Liz's plans.
7.30 Get Back
Drive My Car
 Loretta has got an
 admirer on her hands.

8.00 Desmond's
Do Me a Favour
 Desmond hires a new
 assistant called Ricky, but
 no one knows why.
8.30 That's Love
 Thirtysomething sitcom.

9.00 The Kennedys
The Nine Hostages of Fortune
 How Joseph Kennedy
 accumulated the wealth to
 launch his children on the
 road to the presidency.

10.00 Auf Wiedersehen, Pet
Love and Other Four-Letter Words
 Dennis's wife announces
 that she is coming over
 to Germany.

11.00 St Elsewhere
12midnight Cut and Run
12.30am-1.00am Tales of the Unexpected

QVC

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 is at your service
 24-hours-a-day - so watch
 when you can and tape
 when you can't. All you
 need is an item
 number. Call free phone
 on 0800-50-40-30 at any
 time. Today's highlight is
 In the Salon at 4.00pm

FILM

The Magnificent Two
UK Gold 7.00pm

If you're a Morecambe and Wise fan, then this is the film for you. Eric and Ernie play two incompetent travelling salesmen who end up in a Latin American banana republic and the tall one with the glasses is persuaded to pose as a dead rebel leader. All the usual M&W jokes, plus a few beautiful soldier girls thrown in to keep the action moving. A British comedy classic.

SPORT

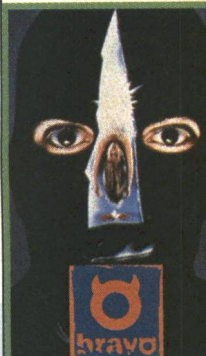
Golf USA - LIVE
Sky Sports 2

3.00pm, 7.30pm
 The Players

Championship is often known as the fifth major and Steve Elkington took the title last year. From the Ponte Vedra TPC at Sawgrass, the European contingent will be strong as they test themselves in time for the Masters next month. A good showing this week will build confidence for Augusta.

Thursday continues overleaf...

ADVERTISEMENT

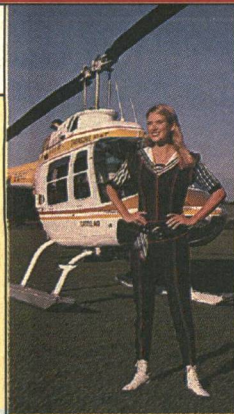


FILM: PROM NIGHT
11.00PM

Jamie Lee Curtis and Leslie Nielsen star in this psychological thriller that takes six teenagers from a shocking childhood secret to a night of maniacal terror on the day of the Senior Prom.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

7.30am Equestrianism 8.30 Motorcycling 9.30 Football Coverage of the friendly match between Germany and Brazil from Stuttgart. 11.30 Rally Features the FIA World Rally Championship in Portugal. 12noon Motorcycling A preview of the World Championship. 1.00pm Motorsports Motors magazine. 2.00 Tennis Coverage of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.	7.00am Sky Sports Centre 7.30 World Wrestling Federation - Shotgun Challenge 8.30 Sky Sports Centre 9.00 Racing News The racing day gets under starter's orders. 9.30 Aerobics Oz Style 10.00 Football 12noon Aerobics Oz Style Australian step exercises. 12.30pm Big Fight Countdown 1.00 Football	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV: Fishing Tales 9.00 Fish TV: Americana Outdoors With David West. 9.30 Golf Extra 12.30pm Snooker: Dr Marten's Premier League Coverage from the Diamond Centre in Northamptonshire. 2.30 European Tour Weekly Comprehensive roundup.	12noon World Wrestling Federation - Superstars Presented by Kevin Kelly and James E Cornette. 1.00pm Fish TV More useful tips and advice from the fisherman's favourite series. 2.00 Cue Masters: Wattana v White James Wattana went head-to-head with Jimmy White in the 1994 Asian Open. 2.30 Dickie Davies' Sporting Heroes: Henry Cooper Dickie Davies interviews British veteran boxing star Henry Cooper.	12noon Swan's Crossing 12.30pm Sweat Stars Martin Henderson. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Classroom drama. 2.00 Saved by the Bell Boss Lady Carosi leaves Stacy in charge of the club, but has mistakenly booked two parties for the same night. 2.30 Swan's Crossing Action romance series.	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon 20,000 Leagues Under the Sea 2.00pm The Outer Limits <i>The Mutant</i>
4.00 Olympic Games Behind-the-scenes footage of the games. 4.30 Football Coverage of the friendly match between Germany and Brazil from Stuttgart.	3.30 Futbol Mundial Football from around the world with international and domestic matches. 4.00 Sports Unlimited A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage. 5.00 World Wrestling Federation - Superstars Hosted by Kevin Kelly and James E Cornette. 6.00 Sky Sports Centre Catch up with the latest sports news. 6.30 Football League Review 7.00 Ringside The very best awesome action from boxing rings up and down the country from a ringside seat. 8.00 Spanish Football Another chance to see Primera Liga action as two more sides battle it out for the title currently held by Real Madrid.	3.00 Ford Golf USA: Players Championship - LIVE Ball-by-ball coverage from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his 1997 title in the tournament which effectively kicks off the US Tour. In an event which many see as an unofficial major, the prize for the winner tops \$720,000. 6.00 Rebel Sports Wild and madcap series about dangerous sports. 6.30 Ski Prime Tips from the slalom. 7.00 Sky Sports Centre The premier sports news service. 7.30 Ford Golf USA: Players Championship - LIVE Continued coverage from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his 1997 title in the tournament which effectively kicks off the US Tour.	3.30 Sport USA All of the latest news, views and developments from the American sports scene. 5.00 Ski Prime Behind the scenes with skiing addicts. 5.30 Football League Review 6.00 World of Sailing International sailing competition. 6.30 Formula Three Fast-track coverage. 7.00 Fish TV Reel in the very latest top tips from the essential angling guide.	3.00 It's in the Jeans <i>Basketball</i> 3.15 On the Make 3.30 Heartbreak High Drama series. 4.00 Hollyoaks Post-GCSE soap opera starring Jeremy Edwards. 4.30 Saved by the Bell <i>My Boyfriend's Back</i> 5.00 USA High Teenage sitcom about the students of an American school in Paris. 5.30 Sweat 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks	3.00 The Bionic Woman <i>The Dijon Caper</i> Jaime tries to recover stolen paintings in Paris. 4.00 The Six Million Dollar Man <i>Act of Piracy</i> Steve is left to die in a diving bell. 5.00 Swamp Thing <i>Fear Itself</i> Stars Scott Garrison. 5.30 Inside Space Space travel examined. 6.00 C/Net Central A computer magazine programme. 6.30 The New Edge Exploring the future. 7.00 Space Precinct <i>Two Against the Rock</i> Jane and Jack escort a prisoner to a place which is beset by gangsters. 8.00 Quantum Leap <i>Goodnight, Dear Heart</i> Sam leaps into the body of an undertaker who is investigating a death. 9.00 The Cape <i>Just Like Old Times</i> Bull and Andrea's budding relationship is upset by her ex-husband's arrival. 10.00 20,000 Leagues Under the Sea The final part of the new adaptation of Jules Verne's classic science fiction novel. Starring Michael Caine, Patrick Dempsey, Mia Sara, Bryan Brown and John Bach. 12midnight Sightings 1.00am The Bionic Woman 2.00 Friday the 13th 3.00 Tales of the Unexpected <i>A Sad Loss</i> 3.30-4.00am Dark Shadows
6.30 Football Coverage of a friendly match played yesterday as the World Cup draws ever closer. 7.30 Tennis - LIVE Coverage of the eleventh day of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida	6.30 Football League Review 7.00 Ringside The very best awesome action from boxing rings up and down the country from a ringside seat. 8.00 Spanish Football Another chance to see Primera Liga action as two more sides battle it out for the title currently held by Real Madrid.	10.00 Sky Sports Centre Sports news. 10.30 Ringside Enjoy comprehensive coverage of boxing up and down the country. 11.30 Formula Three Coverage of the Formula Three championship. 12midnight Sky Sports Centre 12.30am Spanish Football 2.30 The Rugby Club With Mark Durden-Smith. 4.00 Ringside 5.00-5.30am Sky Sports Centre	8.00 The Rugby Club The Rugby Club includes the former England pairing of Stuart Barnes and Dewi Morris reviewing the action. With Mark Durden-Smith. 9.30 Formula Three The latest stage of the championship. 10.00-11.30pm Bobby Charlton's Football Scrapbook Alan Ball joins Bobby Charlton and Dickie Davies to look back at some of the key matches in his career.	8.00pm The A-Team <i>Blood, Sweat and Cheers</i> The team helps a racing driver who has been threatened by the Mafia. 9.00 Tour of Duty <i>Brothers, Fathers and Sons</i> Three soldiers are stranded far from camp. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Erotic tales. 11.00 FILM: Prom Night <i>Jamie Lee Curtis, Leslie Nielsen, Casey Stevens</i> Horror. 1980 1.00am The Basement 1.30 Tour of Duty 2.30 FILM: Rage and Honor II - Hostile Takeover <i>Cynthia Rothrock</i> Spy adventure. 1992 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	12midnight Dish of the Day 12.10am FILM: ... Seven <i>Juli Ashton, Kim Kitaine, Missy, Annabell Dayne</i> Erotic feature film. 1.25 Asian Babes Special More erotic action from those Eastern beauties. 2.20 Legend Concluding part of the erotic mini-series. Lauren wonders whether stardom is all its cracked up to be. Stars Lauren Hall and Peter North. 3.00-4.00am FILM: Rosie Sahara, Mauvais, Tajja Rae Erotic feature film.
12midnight The Ten Minute Free View 12.10am Stripper of the Year 12.20 Malone Fun with the all-guns-blazing, good-time girl. 12.45 FILM: Heart Beat 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Ride of Your Life 2.25 FILM: Erotic Feature More raucous action. 3.55-4.00am What's on Tomorrow				11.30pm Free Teaser 11.35 Peep Show 11.45 Centrefold Playmate: Anna Marie Goodard 12.40am Stripsearch: Seattle Starring Kylie Ireland. 1.40 FILM: Club VR <i>Kate Rodger, Erika Anderson</i> A female detective loses control at a virtual sex club. 3.20-4.00am The Really Naked Truth: Highest Bidder Unsuspecting people are caught out on camera.	



Anneka 'Chopper' Rice is ready for a Cornish 'Treasure Hunt': Challenge 10.00pm



5.00pm Fifteen to One
William G Stewart hosts the fast-moving quiz.
5.30 Prize Time
5.50 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Jane Asher and Jill Gascoigne.
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Cornwall
Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
Aesop's Fables
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux sans Frontières
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine show.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy

8.59 Big City Tips
9.00 Dog Night LIVE
Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
More late night discussions on erotica.
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
11.30 Exotica Erotica
Late-night discussions.
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 Sex Show
3.00 Exotica Erotica 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news travel, weather, sport and features on the hour, every hour; plus the following features:
8.00am Breakfast News
10.30 Album Show
11.30 Yankee Doodle Dan
12.30pm American Chart Show
1.30 Inside Hollywood
2.30 The Album Show
Classic long-players of much-loved bands are appraised and re-evaluated.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
4.30 Movies Games Videos
Comprehensive entertainment review on the big and small screens.

5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
6.30 American Chart Show
Check out the alternative chart across the pond.
7.30 Movies Games Videos
Comprehensive entertainment review on the big and small screens.

8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.
10.30 Inside Hollywood
The show that reveals what's really going on in Tinseltown.

11.30 The Album Show
Classic albums from much-loved pop artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Europe Today
8.00 European Money
Wheel CNBC Europe
Live financial news, market updates and business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living: Travel Xpress
1.30 V.I.P.
2.00 Today
News, features, sports and interviews.

3.00 Home & Garden Television
The Company of Animals/ Dream Builders
Magazine programme.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century, as covered by NBC news reporters.

5.00 European Living: Wines of Italy
Best off the Italian vine.
5.30 V.I.P.
Celebrity interviews.

6.00 Europe Tonight Live
Current affairs.

6.30 The Ticket NBC
Entertainment guide.

7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.

8.00 NBC Super Sports
Coverage of all the action from the National Hockey League Powerweek.

9.00 The Tonight Show with Jay Leno
Jay Leno enjoys the company of celebrities and musical guests.

10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.

11.00 The Ticket NBC
Entertainment guide.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno

1.00am Internight 2.00 V.I.P. 2.30 Executive Lifestyles 3.00 The Ticket NBC 3.30 Hello Austria, Hello Vienna 4.00-5.00am News with Brian Williams

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Widlake's Way
Israel - A Land for Everyone
1.00pm Sports Safaris
Lake Tahoe, California
1.30 Gatherings and Celebrations
Three Glorious Days in Beaune, France
2.00 Tread the Med
Tarragona
2.30 Far Flung Floyd
Koh Samui, Thailand
A culinary odyssey.

3.00 Around Britain Gloucester
3.30 Snow Safari
Saint Agathe (Laurentians), Quebec
4.00 Holiday Maker
Greece and Turkey
A look at which of these countries offers the best value for money?

5.00 Sports Safaris
Lake Tahoe, California
5.30 Aspects of Life
Life in the Land of the Ancestors

6.00 Gatherings and Celebrations
Three Glorious Days in Beaune, France
6.30 Tread the Med
7.00 Travel Live
Gareth Davis brings you the latest news and views that affect you in one hour of consumer discussion.

8.00 Stepping the World
Tokyo
8.30 A Fork in the Road
9.00 Going Places
The Wild West
A look at ranch holidays - a fashion started by Theodore Roosevelt.

10.00 Far Flung Floyd
Koh Samui, Thailand
10.30 Around Britain Gloucester
A visit to Gloucester.

11.00 Snow Safari
Saint Agathe, Quebec
11.30-12midnight Tales from the Flying Sofa

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
Slimming tips from Amanda Ursell and Peter Vaughn.
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama set in Bethlehem West Emergency Ward.
2.20 Living It Up!

3.20 The Jerry Springer Show
Outrageous American talk show with Jerry Springer and guests.

4.10 Rolonda
I Want to Have His Baby Because He Looks So Good
US talk show.

5.00 The Heat Is On
With Keith Chegwin.
5.30 Ready, Steady, Cook
With Fern Britton.

6.10 Jerry Springer Uncut
Outrageous American talk show with Jerry Springer and guests.

7.00 Rescue 911
William Shatner presents emergency rescues.

7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Mystery drama about a woman homicide detective. Starring Lucy Bell and Gary Day.

9.00 FILM: One of Her Own
Lori Loughlin, Greg Evigan, Martin Sheen
Fact-based story of a policewoman who encounters closed ranks when she accuses one of her fellow officers of raping her. 1994

11.00-12midnight The Sex Files II
Rock 'n' Roll
The interesting and imaginative side of sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



NATIONAL GEOGRAPHIC CHANNEL

8.00pm FILM: Snapshot
Chantal Contouri, Robert Bruning, Sigrid Thornton
Horror in which a hairdresser is lured into the glamorous world of modelling by one of her clients, but soon discovers sinister implications.
9.40 FILM: Rush Week
Dean Hamilton, Pamela Ludwig, Courtney Gebhart
Horror thriller in which a college freshers' week turns into a bloodbath.
11.15 Hang Up
11.25-12midnight Electric Blue Show

7.00pm Endangered: Mzee - The Chimp with a Problem
7.30 Honey Hunters
8.00 The Shark Files: The Sharks
9.00 The Amazon Warrior
NEW Profile of a Kayapo warrior living in the Amazon.
10.00 The Survival Game
11.00 Siarau - The Tidal Forest
12midnight-1.00am Crown of the Continent
Over 60 species of mammals live in the Waterton-Glacier International Peace Park.

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times 2.30 Style 3.00 Can't Cook 3.30 Change That 4.00 Home Front 4.30 Great Garden Game 5.00 Really Useful Week 6.00 Radio Times 6.30 Food and Drink 7.00 Antiques Roadshow 8.00 Dream Ticket 8.30 Change That 9.00 Can't Cook 9.30 Style 10.00 Real Rooms 10.30 Going for a Song 11.00-12midnight How Does Your Garden Grow?

UK ARENA

CABLE EXCLUSIVE

6.00pm Sister Wendy's Story of Painting
Two Sides of the Alps
6.30 The Frame
7.00 Later with Jools Holland
8.00 Anna Karenina
9.00 Abroad in Britain
Brick and Mortars
9.30 Sounds of the Sixties
The Folk Revival
10.00 Scarfe on Paradise
10.45 The Frame
11.00-12midnight Edge of Darkness



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm So 90s
3.00 Non-Stop Hits
4.00 Select MTV
With Donna Air.
6.00 Snowball
6.30 The Big Picture
7.00 Euro Top 20
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 The Lick R&B Chart
12midnight-6.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon Ten of the Best: Katrina and the Waves 1.00pm Jukebox 3.00 Toyah! 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 The Vintage Hour: American Classic 11.00 The Nightfly 12midnight Simple Minds Uncut 1.00am VH1 Late Shift 6.00-7.00pm Hit for Six

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



NEWS AND INTERNATIONAL

9.00am The Joy of Painting
9.30 Garden Club
10.00 Gardens without Borders
10.30 The Furniture Guys
11.00 Total Fishing with Matt Hayes
11.30 Hometown
12.00 Top Marques
12.30pm This Old House with Steve and Norm
1.00 Yan Can Cook
The Pleasures of Pork
1.30 Antiques Trail
2.00 Homemaker
2.30 The Log Cabin
Finishing Exterior
3.00 Two's Country
3.30-4.00pm This Old House



4.00pm **Rex Hunt Specials**
The Kimberley
Reeling in exotic fish.
4.30 **Disaster**
Black Wave
5.00 **Top Marques**
Rolls Royce
From the early Silver Ghost to the latest Silver Spirit.
5.30 **Treasure Hunters**
Fire in the Stone
6.00 **Cover Story**
The science behind the living, breathing reality of the animal kingdom - how animals make noise, how they move, how they eat.
7.00 **Beyond 2000**
Including police in Finland who are borrowing ideas from Spiderman.
7.30 **Ancient Warriors**
The Shaolin
8.00 **Killer Gas**
of Lake Nyos
Science Frontiers
Investigates the pocket of gas which killed 1,800 people in Cameroon.
9.00 **Disaster**
Lost Innocents
The efforts to evacuate orphans from Vietnam.
9.30 **Medical Detectives**
10.00 **Violent Minds**
Outlaws
A look at examples of different types of criminal and their particular sort of brain abnormalities.
11.00 **Forensic Detectives**
Dead Men Do Talk
Profiling the work of forensic experts.
12midnight Force 21
1.00am Ancient Warriors
The Shaolin
1.30-2.00am Beyond 2000

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 Fruitties 10.30 Thomas the Tank Engine 11.00 Magilla Gorilla 11.30 Inch High Private Eye 12.00 Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetson

3.00 **The Addams Family**
More unhealthy fun with America's weirdest family.
3.30 **Beetlejuice**
Supernatural fun.
4.00 **Scooby-Doo**
More adventures with the unlikely sleuth.
4.30 **Dexter's Laboratory**
Chemical bedroom chaos.
5.00 **Johnny Bravo**
The superhero with the superego fights again.
5.30 **Cow and Chicken**
More fun with the unlikely duo.
6.00 **Tom and Jerry**
Madcap antics with the sparring cat and mouse.
6.15 **Road Runner**
6.30 **The Flintstones**
Prehistoric family fun.
7.00 **Batman**
Caped crusading.
7.30 **The Mask**
More manic antics with the green-faced master of mayhem.
8.00 **The Real Adventures of Jonny Quest**
More fun with the gang.
8.30-9.00pm **Droopy: Master Detective**

12midnight Force 21
1.00am Ancient Warriors
The Shaolin
1.30-2.00am Beyond 2000

6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Mey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/The Wombles/Topsy and Tim/Portland Bill/Skylark 12.00 Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks 3.00 **Jumanji**
Cartoon series about a magic board game.
3.30 **Doug/Angry Beavers**
Double dose of animation.
4.00 **Hey Arnold!**
More adventures with the kid with the coolest quiff in town.
4.30 **Captain Star**
Animated superheroics.
5.00 **Rugrats**
Fun with the imaginative tousle-headed nippers.
5.30 **Sister Sister**
Tia, Tamera and their parents all try to cohabit.
6.00 **Renford Rejects**
6.30-7.00pm **Kenan**

7.00pm **Grace Under Fire**
Starring Brett Butler.
7.30 **Roseanne**
Roseanne and Dan fear they may be bankrupted.
8.00 **Cybill**
Sitcom starring Cybill Shepherd.
8.30 **Caroline in the City**
New York sitcom.
9.00 **Cheers**
Slumber Party
Massacred
Carla is a grandmother.
9.30 **Ellen**
The Note
10.00 **Frasier**
Burying a Grudge
Frasier visits Maris in hospital.
10.30 **Duckman**
Cult adult animation.
11.00 **Comedy Network**
Perrier Award Nominee Boothby Grafoe hosts the stand-up show.
11.30 **Grace Under Fire**
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12midnight Ellen 12.30am Nurses 1.00 Cheers 1.30 Roseanne 2.00 Caroline in the City 2.30 Comedy Network 3.00 Frasier 3.30-4.00am Duckman



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6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spiro 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Gigantor 12.00 Spiro 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon 3.00 **The New Adventures of Gigantor**
Real Gigantor Stand Up
3.30 **The Big Dish**
Children's gameshow.
4.00 **Batman**
Marsha, Queen of Diamonds
4.30-5.00pm **Dennis the Menace**
Dennis and the Beanstalk

7.00pm **Vienna Philharmonic: Schubert's Symphony No. 8**
7.30 **Great Arias**
8.00 **Virtuoso: Maria Callas**
The life and art of the famous soprano, from the first rush of success to her untimely death in 1977.
9.00 **Classic Century: Russian Revolution**
Featuring an extraordinary musical archive from the Soviet Union.
9.30 **Artsweek**
Topical weekly magazine show with Anna Ford and Tim Marlow.
10.30 **Dance: Rambert Dance Company**
Featuring two stunning performances by the Rambert Dance Company, *Intimate Pages* and *Lonely Tow, Lonely Street*.
12midnight-1.00am Jazz Greats: Duke Ellington

11.00am Video Trips
11.30 Globetrotter
12.00 Independent Travellers Guide
12.30pm Getaway
1.00 Great Escapes
1.30 California Gold
2.00 America's Great Outdoors
Utah
3.00 Globetrotter
West Indies, Gstaad and Canada
3.30-4.00pm Great Chefs of Europe

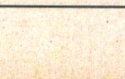


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News throughout the day, plus:
5.00am Europe Today 8.00 Europe Money 1.00pm US Squawk 3.00 US Market 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future File 8.00 Money 8.30 Directions 9.00 US Market 10.00 Media 10.30 Future File 11.00 Your Money 11.30 Directions 12midnight Asian Squawk 1.00am Trading Day 3.00 Media 3.30 Future 4.00 Money 4.30-5.00am Directions



BBC NEWS 24
6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12.00 News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30 USA Direct

CNN INTERNATIONAL
News throughout the day, plus:
5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30pm American Editions 12.30 Science 1.15 Asian Edition 1.30 Business Asia 2.30 Newsroom 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q & A 9.30 Insight 10.00 Update 12.30 Moneyline 1.15 Asian 2.00 Larry King 4.15 American Edition 4.30-5.00am World Report

SKY NEWS
News on the hour, every hour, plus:
6.00am Sky News Sunrise 10.30 ABC Nightline 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Global Village 4.00 Sky News on the Hour 4.30 CBS Evening News 5.00 Sky News on the Hour 5.30-6.00am ABC World News Tonight

INTERNATIONAL
3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Bilder aus der Schweiz 9.30 Orientierung 10.00 Herman und Tietjen 12.00 Auto und Mobiles 12.30pm Häfelergucker Unterwegs 12.55 Kostbarkeiten aus Österreich 1.00 Freut euch des Nordens 1.45 Fernsehen als Zeitgeschichte 2.15 Erinnern Sie Sich 3.30 Dichter Jahrsenderts 4.15 Offen 4.45 Goldbörse 5.15 Ländermagazin 6.00 Heute 6.20 Kulturzeit 7.00 Tagesschau 7.15 Mein Liebhäber 8.50 Aktueller Kintop 9.00 Zeit im Bild 9.25 Berliner Begegnungen 10.00 Golf und Golf 10.50 Wie Haben Sie's denn Gern? 11.35 Seitenblicke 11.45-12midnight Nachrichtenmagazin
Deutsche Welle 5.00am European Journal 5.30 Culture on Tour 6.00 Journal 6.30 Der Fall Walter Linse 7.00 Journal 7.30 Boulevard 8.00 Euro Journal 8.30 Culture on Tour 9.30 Boulevard Deutschland 10.00 Kunst und Co 10.30 Bilder aus Österreich 11.30 Der Fall Walter Linse 12.00 Journal 12.30pm Euro Journal 1.00 Boulevard 1.30 Culture on Tour 2.00 Journal 2.30 Leszeit 3.00 Schauplatz Deutschland 4.00 Boulevard Deutschland 4.30 Made in Germany 5.00 Journal 5.30 Boulevard 6.00 Arts Unlimited 6.30 Similia Similibus 7.00 Journal 7.30 Schauplatz Deutschland 8.30 Made in Germany 9.00 Journal 9.30 Similia Similibus 10.00 Journal 10.30 Europa Semanal 11.00 Journal 11.15 Kulturgut 11.30-12midnight Boulevard Deutschland
TV5 5.00am TV5 Minutes 5.05 Fa Si la Chanter 5.30 Telematin 7.00 Minutes 7.05 Journal de Canada 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Claire Lamarche 9.00 Minutes 9.05 Reference 9.30 Espace Francophone 10.00 Minutes 10.05 Jeu de Societe 10.30 Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal France 3

12noon Envoye 2.00pm Sciences 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions Pour un Champion 6.00 Paris Lumieres 6.30 Journal Suisse 7.00 Grand Ecran 9.00 Journal de France 2 9.30 Grand Ecran 11.45-12midnight Soir 3

ASIANET
CABLE EXCLUSIVE
7.30am News 8.00 Good Morning 8.30 Bhakti 9.00 FILM: Aarzoo 11.30 News 12.00 Top Ten 12.30pm Khiladi 1.00 Badalte 1.30 FILM: Duet 4.00 Haake 4.30 Girja Shanker 5.00 Galatnaama 5.30 Gehra 6.00 Mumkin 6.30 Dard 7.00 Badalte 7.30 News 8.00 Dekh 8.30 FILM: Agnee Prem 11.30 News 12midnight Badalte 12.30am Dekh 1.00 FILM: Ajooba 4.00 Show 4.30 Top Ten 5.00 Classical Music 6.00 Sunhere Pal 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV
4.00am FILM: Goral Gorasani 6.30 Narsaiyo 7.00 Jaagran 7.30 Pakistan Business 8.00 News 8.30 Aahaa 9.00 Gujarati Serial 9.30 Massaya Di Raat 10.00 Karb 11.00 Pot Luck 11.30 Daraar 12.00 FILM: Dastoor 3.00pm Mast Mast 3.30 Dastan 4.00 Hum Paanch 4.30 Vikram Aur 5.00 Aur Ek Minute 5.30 Antakshari 6.00 Banegi 6.30 Bujho 7.00 Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.30 Hasratein 10.00 Debate 10.30 Chashme 11.00 Mono 11.30-12midnight Horror

RACING CHANNEL
11.00am Review 12.30pm Live at Luncheon 2.00-6.00pm Live Racing From Doncaster, Plumpton and Wincanton.

CMT
6.00am Rebel Country 7.00 Morning 10.00 Non-Stop 2.00pm Wildhorse Saloon 3.00 Dance Ranch 4.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Wildhorse Saloon 9.00 Dance Ranch 10.00 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Dance Ranch 2.00 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG
Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS
News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL
4.00am Thought 4.05 Copeland 4.30 Good Morning 4.45 Avanzini 5.00 Osgood 5.30 Webb 6.00 Hallam 6.30 Dollar 7.00 Copeland 7.30 Kidz 8.00 Your Day 8.15 Morning 8.30 Intelligence 9.00 Ekman 9.30 Chronicles 10.00 Parents 10.30 Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL
CABLE EXCLUSIVE
5.30am This Week in the Lords 1.00pm Parliamentary Committees 2.30 The Commons Live 11.00-12midnight Questions from the House

WORLD NET
9.00am Newsfile Feed 10.00 US News 11.00 Business News 11.30 Worldnet Dialogues 1.00 Africa Journal 2.00 Business News 2.30-3.00am American Business History

LANDSCAPE
CABLE EXCLUSIVE
Beautiful films accompanied by music 24 hours a day



4.00pm **Heroes**
Celebrates the daring and valiant exploits of the British heroes during World War II.
5.00 **Weapons at War: Airships**
Looking at what was once the most dominant threat to the sky.
6.00 **Ancient Mysteries: Guardians of the Ages - The Great Sphinx**
Visit one of ancient Egypt's most enduring legacies.
7.00-8.00pm **Biography**
Audrey Hepburn



11.00am **Take the High Road**
Why has Jennifer's body not been recovered from the Loch?
11.30 **Emmerdale**
Joe Sugden goes crop-spraying.
12.00 **Emmerdale**
Seth Armstrong has taught Jackie Merrick the tricks of the trade.
12.30pm **As the World Turns**
1.15 Families
1.45 Guiding Light
2.30 **Take the High Road**
3.00 **Emmerdale**
3.30-4.00pm **Emmerdale**



11.00am Video Trips
11.30 Globetrotter
12.00 Independent Travellers Guide
12.30pm Getaway
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5.00am Europe Today 8.00 Europe Money 1.00pm US Squawk 3.00 US Market 5.00 US Power Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future File 8.00 Money 8.30 Directions 9.00 US Market 10.00 Media 10.30 Future File 11.00 Your Money 11.30 Directions 12midnight Asian Squawk 1.00am Trading Day 3.00 Media 3.30 Future 4.00 Money 4.30-5.00am Directions

CLEAR ALL YOUR EXISTING CREDIT NOW!!

PAY OFF ALL YOUR EXISTING
CREDIT CARDS, OVERDRAFTS &
UNSECURED LOANS AND
REPLACE THEM WITH
JUST ONE CONVENIENT
MONTHLY PAYMENT

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**FIXED RATES FOR
UP TO 5 YEARS AVAILABLE -
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DON'T ACCEPT
ANY OTHER FINANCE
OFFER WITHOUT
SPEAKING TO
US FIRST!

**MANY OTHER LOAN AMOUNTS AND REPAYMENT
PERIODS ARE ALSO AVAILABLE**

APR	BORROW	36 MTHS	60 MTHS	90 MTHS	120 MTHS	180 MTHS	240 MTHS
11.9% VARIABLE OR FIXED FOR UP TO 5 YEARS NO FEES	£30,000	987.00	657.37	496.42	419.04	347.41	316.63
	£27,500	904.75	602.59	455.05	384.12	318.46	290.24
	£25,000	822.50	547.81	413.68	349.20	289.51	263.86
	£22,500	740.25	493.03	372.31	314.28	260.56	237.47
	£20,000	658.00	438.25	330.95	279.36	231.61	211.09
12.9% VARIABLE OR FIXED FOR UP TO 5 YEARS NO FEES	£17,500	583.26	391.40	298.09	253.51	212.74	195.63
	£15,000	499.94	335.49	255.50	217.29	182.35	167.68
	£12,500	416.61	279.57	212.92	181.08	151.96	139.73
	£11,000	366.62	246.03	187.37	159.35	133.72	122.97
	£10,000	333.29	223.66	170.33	144.86	121.57	111.79
13.9% VARIABLE OR FIXED FOR UP TO 5 YEARS NO FEES	£ 9,000	303.85	205.42	157.74	135.12	114.70	106.34
	£ 8,000	270.09	182.60	140.22	120.11	101.96	94.53
	£ 7,500	253.21	171.19	131.45	112.60	95.59	88.62
	£ 6,000	202.57	136.95	105.16	90.08	76.47	70.89
	£ 5,000	168.81	114.12	87.64	75.07	63.72	59.08

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YOUR HOME IS AT RISK IF YOU DO NOT KEEP UP REPAYMENTS ON A MORTGAGE OR OTHER LOAN SECURED ON IT

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

SKY MOVIES SCREEN 1	SKY MOVIES SCREEN 2	SKY one	UK GOLD
6.00am The Toy Richard Pryor, Ned Beatty 1983, rating Sky PG, 98 mins 8.00 Magic Sticks George Kranz, Kelly Curtis 1987, rating Sky PG, 85 mins 10.00 The Indian in the Cupboard Fantasy story. Text 1995, rating Sky PG, 92 mins 12noon Last of the Dogmen Tom Berenger 1995, rating Sky PG, 112 mins 2.10pm Fiddler on the Roof Topol, Norma Crane, Molly Picon, Candice Bonstein, Leonard Frey, Paul Mann, Rosalind Harris, Michele Marsh, Neva Small Enormously popular, Academy Award-winning screen adaptation of the Broadway musical about pre-Revolution life among the Jewish community in the tiny Russian village of Pale. 1971, rating Sky U, 172 mins 5.00 The Indian in the Cupboard Hal Scardino, Litefoot, Lindsay Crouse Fantasy story. Omri receives two very special birthday gifts – an old cupboard and a plastic Indian. He puts the Indian in the cupboard and discovers the next morning that the toy has actually come to life. Text 1995, rating Sky PG, 92 mins 7.00 Last of the Dogmen Tom Berenger, Barbara Hershey, Kurtwood Smith, Steve Reeves, Andrew Miller Western adventure about a bounty hunter who heads into the wilds of Montana to find three escaped prisoners, but ends up being intrigued by a mystery. 1995, rating Sky PG, 112 mins 9.00 Black Sheep Chris Farley, David Spade, Tim Matheson PREMIERE Comedy. A prospective State Governor places his mischievous brother in the care of one of his aides to ensure that he will not become a liability for his campaign. 1996, rating Sky 12, 83 mins 10.30 The Movie Show 11.00 Showgirls Elizabeth Berkley Outrageous drama about a woman who hits the Las Vegas strip joints in the hope of becoming a star. Text 1995, rating Sky 18, 126 mins 1.10am Beyond Rangoon Patricia Arquette 1995, rating Sky 15, 96 mins 2.50 Fall Time Mickey Rourke Thriller. Last Play 1995, rating Sky 18, 85 mins 4.20-6.00am Magic Sticks 1987, rating Sky PG, 85 mins	6.00am Sullivan's Travels Joel McCrea, Veronica Lake 1941, rating Sky PG, 87 mins 8.00 The Judge Steps Out Alexander Knox 1949, rating Sky PG, 88 mins 10.00 Them! James Whitmore 1954, rating Sky PG, 88 mins 12noon Sons and Lovers Trevor Howard, Mary Ure Drama based on the D H Lawrence novel. 1960, rating Sky PG, 99 mins 2.00pm The Sea Chase John Wayne, Lana Turner, Tab Hunter, David Farrar World War II drama about the helmer of a German ship trying to make it back to the Fatherland from Australia. 1955, rating Sky PG, 112 mins 4.00 The Skateboard Kid 2 Dee Wallace Stone, Bruce Davison, Andrew Stevens, Trenton Knight, Brooke Stanley Children's adventure about a 12-year-old whose dreams of taking to the skies are answered by a magic skateboard. 1995, 90 mins 5.55 Horses and Champions Quincy Davis, Christopher Pettiet, Wendy Rhoads, Timothy Bottoms Equine drama about a stable girl who harbours a dream of becoming a horse-riding champion. When the current top rider backs out of the next horse show, she gets her chance for glory. 1994, rating Sky U, 91 mins 7.30 UK Top Ten 8.00 In the Line of Duty: Blaze of Glory Lori Loughlin, Bruce Campbell, Brad Whitford Action drama. Jeff and Jill Erickson are two of the FBI's most wanted criminals. They carry out daring bank raids, yet they seem like innocent characters: Jill is a university student while Jeff runs a small book shop. 1996, 94 mins 10.00 Strange Days Ralph Fiennes, Angela Bassett, Juliette Lewis, Tom Sizemore Futuristic thriller about Lenny, a black market trader who deals in stolen dreams. When one of the hookers Lenny uses for his experiments is killed, he is plunged into a maze of paranoia and deception. Text 1996, rating Sky 18, 139 mins 12.25am White Tiger Gary Daniels, Matt Craven Action thriller. Last Play 1996, rating Sky 18, 90 mins 2.00 The Face 1996, rating Sky 15, 90 mins 3.35-5.30am The Companion Sci-fi thriller. Last Play 1994, rating Sky 15, 89 mins	7.00am Street Sharks 7.30 Games World 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo <i>An Eye for an Eye</i> 2.00 Sally Jessy Raphael <i>He Took My Baby</i> 3.00 Jenny Jones <i>I Was Tortured by My Lover and Escaped</i> Victims of physical and mental abuse share their stories in the hope of helping others. 4.00 The Oprah Winfrey Show Join Oprah for a revealing look at life and relationships. 5.00 Star Trek: The Next Generation <i>Night Terrors</i> Trapped in a rift in space, the crew of the <i>Enterprise</i> are plagued by some bizarre hallucinations. 6.00 Walker's World <i>Australia</i> Anna visits a million acre cattle ranch in El Questro. 6.30 Married... With Children <i>Dance Show</i> Text 7.00 The Simpsons <i>The Old Man and the Lisa</i> Mr Burns loses his fortune and his house. Text 7.30 Real TV Actual video footage of real-life events. 8.00 Highlander: The Series <i>To Be</i> Immortal Liam O'Rourke is determined to settle a 50-year-old score against MacLeod. 9.00 Walker, Texas Ranger <i>Codename Dragonfly</i> Walker has a chance to help clean the streets of drugs and also settle a score from the past. Text 10.00 Poltergeist: The Legacy <i>Dark Angel</i> A young woman accused of her sister's murder finds herself strongly attracted to Nick. Text 11.00 Star Trek: The Next Generation <i>Night Terrors</i> Trapped in a rift in space, the crew of the <i>Enterprise</i> are plagued by some bizarre hallucinations. 12midnight Late Show with David Letterman America's top-rating chat show. 1.00am Raven <i>Something in the Closet</i> PA ex-con stalks Jonathon's new girlfriend. 2.00-6.00am Long Play Music through the night.	7.00am Never the Twain 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Shelley 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Rosie 2.05 Keeping Up Appearances 2.45 Stay Lucky <i>The Driving Instructor</i> Thomas suspects double dealing when he's put in charge of a group of young offenders. 3.45 The Bill <i>Done Is Done</i> DI Johnson runs out of friends at Sun Hill. 4.15 Juliet Bravo <i>Arlene</i> Jean wants to help a young, vulnerable girl, but her efforts have an unpredictable result. 5.20 EastEnders More drama with the Albert Square folk. 5.55 Big Break Jim Davidson hosts the gameshow with top snooker players potting on behalf of contestants. 6.30 The Bill <i>Done Is Done</i> DI Johnson runs out of friends at Sun Hill. Stars Jaye Griffiths. 7.00 Dad's Army <i>Getting the Bird</i> Walker arranges for Jones to get some off-ration pigeons, but did they come from Trafalgar Square? 7.40 Rising Damp <i>The Permissive Society</i> Rigsby discovers that a bird in the hand can be far worse than two in the bush. 8.20 Only Fools and Horses <i>Ashes to Ashes</i> 9.00 Spender <i>Dance, Girl, Dance</i> Spender tries to trap the sleazy but influential nightclub owner Palmer, whom he suspects is exploiting under-age girls. 10.05 The Comic Strip Presents... <i>Beat Generation</i> In 1960, a weekend hippie wants to join the underground scene. 10.45 The Jack Dee Show A subtle blend of comedy and music. 11.20 Alas Smith and Jones Sketches with Mel Smith and Griff Rhys Jones. 12midnight Chelmsford 123 12.30am FILM: The Sicilian Tough-edged historical romance. 1987 2.20 100 Years of Horror: Phantoms 2.50-7.00am Shopping at Night
			
4.00pm The Train Robbers John Wayne, Ben Johnson, Rod Taylor, Ann-Margret, Christopher George Western about an outlaw who is hired by a widow, who wants to clear her family's name, to find a missing locomotive that is rumoured to have a hoard of gold on board. 1973, rating Sky PG, 87 mins 6.00 Farewell to the Planet of the Apes Roddy McDowall, James Naughton, Ron Harper Futuristic adventure which continues the saga of the ape-like creatures who rule the planet. 1974, rating Sky PG, 90 mins 8.00 The Karate Kid Ralph Macchio, Pat Morita, Elisabeth Shue Teen martial arts adventure in which a young newcomer to California becomes the target of vicious attacks. But things change when he meets a Japanese karate master and becomes an expert in self-defence. 1984, rating Sky PG, 120 mins 10.00 The Abyss Ed Harris, Mary Elizabeth Mastrantonio, Michael Biehn, Leo Burmester, Todd Graff Spectacular sci-fi adventure about a deep-sea mission which sets out to rescue a nuclear submarine, but encounters something far more surprising in the depths of the ocean. 1989, 133 mins 12.25am Aliens Sigourney Weaver Sci-fi sequel in which Ripley wakes up after 57 years in suspended animation. 1986, rating Sky 18, 132 mins 2.55 The Train Robbers 1973, rating Sky PG, 87 mins 4.25-5.55am Morocco 1930, rating Sky U, 88 mins		5.00pm How the West Was Won Gregory Peck, Henry Fonda, John Wayne, James Stewart An epic Western about three generations of a pioneer family, showing how its fortunes fluctuated during the momentous events of 19th-century America. Three top directors tackle different episodes of the epic story. Widescreen 1962, 155 mins 11.40 Marlowe James Garner, Gayle Hunnicutt, Rita Moreno Mystery. A missing-person investigation puts private eye Philip Marlowe on the trail of murder and blackmail. 1969, 95 mins 1.30am The Green Slime Robert Horton, Bud Widom Sci-fi drama. 1969, 99 mins 3.15-5.00am Arturo's Island Reginald Kerner Melodrama. 1963, 93 mins	

'Strange Days' for Mace (Angela Bassett) and Lenny (Ralph Fiennes), an ex-cop who is now a black market trader, in this thriller: Sky Movies Screen 2 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World Plus 8.00 Natural Neighbours 8.30 Wildlife on UK Horizons 9.00 The Look 10.00 Pioneers 10.30 The Limit 11.00 999 12noon Natural Neighbours 12.30pm Wildlife on UK Horizons 1.00 The Look 2.00 Animal Hospital 2.30 Great Mysteries and Myths

3.00 Clive James - Postcard from Berlin With only a faulty Trabant for company, Clive visits Berlin and comes face to face with the horrific past and the hopeful future.

4.00 Children's Hospital - Special Edition Moving and funny real-life medical drama from the wards of Alder Hey Children's Hospital.

5.00 Your Horizons Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes on UK Horizons.

6.00 Animal Hospital Will Holly the puppy be awarded her certificate for good behaviour?

6.30 Great Mysteries and Myths The Hindenburg Mystery

7.00 Natural Neighbours Dolphin Dreaming

7.30 Wildlife on UK Horizons Baywatch - A Dolphin's View

8.00 I'm Not Stupid Focusing on the effects of the condition, Asperger's Syndrome.

8.30 999 A family from Leicester suffer a holiday nightmare, as their canal boat goes up in smoke.

9.30 Redcaps Indecent Assault A corporal stands to lose his stripes, his money and his freedom.

10.00 Redcaps A Lost Innocence A report on the drugs problem within the army.

10.30 Top Gear GTI Jeremy Clarkson and the Top Gear team present a specially extended edition of the show featuring information, interviews and consumer tips.

11.30 Soho Stories Documentary following a range of characters from London's Soho over a year of their lives.

12.10am-1.00am Hot Gadgets The testers try out interactive television, a relaxation experience, and a Californian solar-powered cooker.

6.00am Healthbeat 6.30 Your Beautiful Garden 7.00 Emanuel 7.30 Eat, Drink 8.00 Rosemary Conley 8.30 Zest Beauty 9.00 Sally Jessy Raphael 10.00 Young Chefs 10.30 Rosemary Conley 11.00 Good Housekeeping 11.30 Cook's Garden 12noon Sew Perfect 12.30pm Ready to Wear 1.00 Bon Appetit 1.30 Interiors 2.00 Rosemary Conley 2.30 Zest Beauty Show

3.00 Young Chefs Forum for recipes from up-and-coming chefs.

3.30 Rosemary Conley's Cookbook Food tips from the fitness guru.

4.00 Sally Jessy Raphael More controversial studio discussion from Sally Jessy and her guests.

5.00 The Good Housekeeping Show Domestic survival guide for busy lifestyles.

5.30-6.00pm Cook's Garden Culinary self sufficiency.

6.00am The Box 7.00 E! Entertainment 7.30 Classic Coronation Street 8.00 Blind Date 9.00 First Among Equals 10.00 Fortune Hunter 11.00 Hawaii Five-O Beautiful Screamer 12noon Classic Coronation Street 12.30pm Families 1.00 Watching 1.30 Me and My Girl 2.00 All for Love

3.00 London's Burning The acclaimed LWT drama series set in a London fire station. With Rupert Baker, James Hazeldine and Stephen North.

4.00 Hawaii Five-O Beautiful Screamer A strangler who wrote poetry in lipstick on the legs of two victims must be stopped. Starring Jack Lord.

5.00 Mission: Impossible The Princess The IMF team assists with the protection of a prince and princess under threat from an assassin.

6.00 Families Justine interviews Barbara for her radio project.

6.30 Classic Coronation Street Stan inherits £100 and a dog.

7.00 Doctor at Large The Viva Medical comedy series.

7.30 Bootsie and Snudge The Gorilla Comedy show.

8.00 London's Burning The acclaimed LWT drama series set in a London fire station. With Rupert Baker, James Hazeldine and Stephen North.

9.00 Classic Coronation Street Stan inherits £100 and a dog.

9.30 Wheeltappers and Shunters Social Club 10.00-11.00pm Fitz The Club

men & motors

11.00pm H.O.T. Presented by Jenny Powell.

11.50 Lord Lust's Lovelies Presented by Lord James Hadfield-Hyde.

12midnight Snowgirls A look at St Anton in Austria, presented by playboy beauty Emma Harrison.

12.30am Bigger Better Battling Babes 1.00-2.00am E! In Focus Sex On The Champs Elysees 2.00-6.00am The Box

6.00am Under the Umbrella Tree 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Poddington Peas 11.50 Alphabet Castle 12noon Little Hippo 12.15pm Animal Shelf 12.30 Rosie and Jim 12.45 Toothbrush Family 12.50 Bear in the Big Blue House 1.15 Winnie the Pooh 1.30 Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa The crazy characters from The Lion King.

3.30 Brand Spanking New Doug Doug Gets His Wish

4.00 Pepper Ann Pepper Ann copes with the perils and pitfalls of teenage life.

4.30 Recess From the creators of Rugrats.

5.00 Smart Guy TJ deals with the problems of being a 10-year-old smart guy.

5.30 Student Bodies Animation and real-life in an entertaining mix.

6.00 Teen Angel Adventures of Buzz, a Guardian Angel.

6.30 Boy Meets World A Long Walk to Pittsburgh Cory reaches a turning point in his life.

7.00 FILM: Tom and Huck Jonathan Taylor Thomas, Brad Renfro

Tom and Huck are always looking for adventure. They team up to steal a pirate's treasure map to save an innocent man from being convicted of a crime. 1996

8.30 The Wonder Years Kevin looks to the past.

9.00-10.00pm Touched by an Angel Monica is a thoroughly modern angel, inspiring people to change their lives before it's too late.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Grape Expectations 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30 Graham Kerr's Kitchen 12noon Food Network Daily 12.30pm Eat Your Greens 1.00 Food for Thought 1.30 French Lunch 2.00 Surprise Chefs 2.30 Food Network Daily 3.00 Winter Nosh 3.30 Worrall Thompson Cooks 4.00 Ideal Home Cooks 4.30-5.00pm Planet Nosh The imaginative cookery show for kids that proves cooking can be fun.



CABLE EXCLUSIVE

5.00pm Blockbusters With Bob Holness.

5.30 Hey Dad II Jenny the Journalist Jenny writes a gossip column for the school newspaper.

6.00 Byker Grove Betty, Spuggie and Fraser's mother is very ill.

6.30 A Country Practice Little Voices Australian country soap.

7.00 London Bridge Liz is nervous about her visit to a dating agency.

7.30 The Bouncer Howard at the Majestic Sitcom starring Peter Bowles.

8.00 Blue Heelers The Last Straw Drama in which the Australian police tackle a dispute in which a farmer's prize bull has been shot.

9.00 Love Hurts The Max Factor Tessa decides it's time that she and Frank sat down and talked. But Frank has other things on his mind.

10.00 The Good Sex Guide With Margi Clarke.

10.30 Collins and Maconie's Movie Club With Andrew Collins and Stuart Maconie.

11.00 St Elsewhere 12midnight Haggard 12.30am Tales of the Unexpected 1.00-2.00am Justice



QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm

GENERAL

The Good Sex Guide Carlton Select 10.00pm

Margi (Letter to Brezhnev) Clarke has made a reputation out of talking about sex without embarrassment, and each guide is both fun and educational in its own way. Tonight she discovers ways in which couples in long-term relationships can keep their sex lives full of spice.

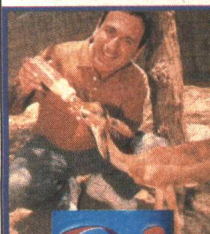
SPORT

Motorcycling - LIVE Eurosport 7.00am

The Malaysian Grand Prix is this weekend and we can enjoy the qualifying practice sessions today in both the 500cc and 250cc classes. Michael Doohan achieved his fourth successive 500cc championship last year and the first of 1998's 15 rounds is here in Shah Alam. Max Biaggi is the 250cc defending champ while you can also marvel at the teenage talents of 125cc wunderkind Valentino Rossi.

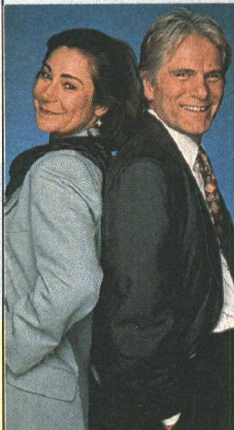
Friday continues overleaf...

ADVERTISEMENT

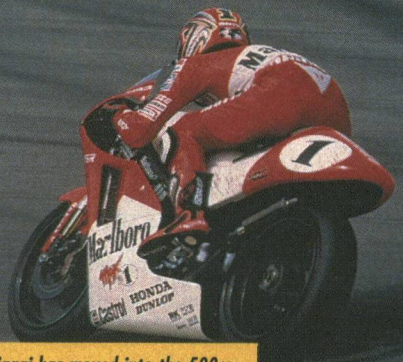


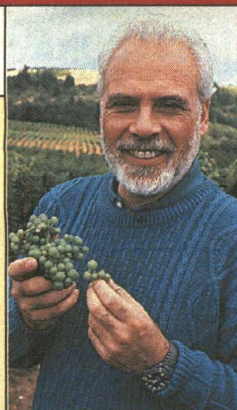
ANIMAL RESCUE 12.50PM

Join Alex Caen as he takes a look at the work of teams of vets from around the world as they treat all creatures great and small in the kingdom of animals. Animal Rescue also goes inside Veterinary Emergency Rooms to demonstrate the difficult day-to-day work of saving animals' lives.



Find out why 'Love Hurts' for Zoë Wanamaker and Adam Faith: Carlton Select 9.00pm

							
6.00 AM	7.00am Motorcycling – LIVE Coverage from the Malaysian Grand Prix in Shah Alam.	7.00am Sky Sports Centre 7.30 World Wrestling Federation – Superstars 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Spanish Football Action from the Primera Liga 12noon Aerobics Oz Style Australian exercise. 12.30pm Ringside Comprehensive, punch-by-punch coverage. 1.30 The Rugby Club The latest rugby action.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV 9.30 The Rugby Club 11.00 Ford Golf USA: Players Championship Coverage from Ponte Vedra TPC at Sawgrass. 2.00pm Gillette World Sport Special Sports of all shapes and sizes with David Jensen. 2.30 Inside the Senior PGA Tour	12noon Trans World Sport Sporting action from across the globe. 1.00pm Formula Three Fast-track coverage of the very latest stage of the Formula Three championship. 1.30 World of Sailing Coverage of international sailing competitions. 2.00 Bobby Charlton's Football Scrapbook A look back at some of the key matches in Alan Ball's career.	12noon Swan's Crossing Action romance series. 12.30pm Sweat Teenage athletic drama. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High Hard-hitting drama series about life at a Sydney high school. 2.00 Saved by the Bell <i>My Boyfriend's Back</i> US schoolroom comedy. 2.30 Swan's Crossing Action romance series.	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon 20,000 Leagues Under the Sea 2.00pm The Outer Limits	
3.00 PM	2.00pm Tennis More action from the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, USA.	3.00 Watersports World A comprehensive guide to the best action on the water. 4.00 Football League Review Goal action. 4.30 The Rugby Club Previews and reviews of the latest action, plus an interview with one of the biggest names in the game. With Mark Durden-Smith.	3.00 Ford Golf USA: Players Championship – LIVE Ball-by-ball, second day coverage from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his 1997 title in the tournament which effectively kicks-off the US Tour. In an event which many see as an unofficial major, the prize for the winner tops \$720,000. 6.00 International Cricket: South Africa v Sri Lanka Highlights from day one of the second Test between South Africa and Sri Lanka. The tourists will hope that star batsman Aravinda de Silva will continue his form.	3.30 Formula Three Action from the Formula Three championship.	3.00 It's in the Jeans <i>Rock Climbing</i> 3.15 On the Make 3.30 Heartbreak High Hard-hitting drama. 4.00 Hollyoaks Post-GCSE drama. 4.30 Saved by the Bell <i>The Lost Weekend</i> 5.00 USA High Teenage sitcom. 5.30 Sweat Teen athletic drama. 6.00 Echo Point Teenage soap. 6.30 Blast The chart show. 7.00 USA High 7.30-8.00pm Hollyoaks	3.00 The Bionic Woman <i>The Night Demon</i> Jaime is frightened by an Indian burial demon. 4.00 The Six Million Dollar Man <i>Stranger in Broken Fork</i> Steve finds himself suffering from amnesia. 5.00 Swamp Thing <i>Changes</i> 5.30 Inside Space Space travel for viewers of all ages. 6.00 The Web Take a trip into cyberspace and explore what's new and upcoming on the net. 7.00 Space Precinct <i>Seek and Destroy</i> Officers Borgan, Haldane and Castle desperately try to stop an invasion. 8.00 Quantum Leap <i>Pool Hall Blues</i> Sam leaps into the body of a legendary Chicago pool player. 9.00 The Cape <i>Enemy Within</i> Top secret information has been leaked into the private sector. 10.00 FILM: Bad Dreams <i>Jennifer Rubin</i> An ex-member of a hippie sect wakes from a 20-year coma. 1988 11.40 The Making of Sphere Michael Crichton's latest blockbuster. 12midnight Sightings 1.00am The Six Million Dollar Man 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows	
4.00 PM	4.00 Athletics – LIVE Action from the second IAAF Grand Prix Meeting in Johannesburg.	6.00 Sky Sports Centre Catch up with the latest sports news as it happens. 7.00 Trans World Sport A round up of the latest and most outstanding global sporting action. 8.00 NBA Power, pace and strength combine to make up coverage of one of the week's top NBA clashes.	8.00 Ford Golf USA: Players Championship – LIVE Continued ball-by-ball coverage from Ponte Vedra TPC at Sawgrass.	4.00 Trans World Sport Sporting action from across the globe.			
5.00 PM				5.00 NHL Powerweek A preview of the news and views in ice-hockey together with features on the players. 6.00 Cycling: Tour of Malaysia Action from the Tour of Langkawi in Malaysia.			
6.00 PM	6.00 Tennis – LIVE Coverage of the first semi-final of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.			7.00 Adidas Victory Shield: Scotland v England – LIVE Live action from Raith in as Scotland and England's schoolboy sides meet in an Adidas Shield encounter.			
7.00 PM				9.00 NHL Powerweek A preview of the news and views in ice-hockey together with features on the players. 10.00-12midnight World Wrestling Federation – Raw Vince McMahon, Jim Ross and Jerry Lawler with bouts between the World Wrestling Federation competitors.	8.00pm The A-Team <i>Lease with an Option to Die</i> The A-Team returns to BA's hometown. 9.00 Tour of Duty <i>The Good, the Bad and the Dead</i> Anderson rescues his former commander. 10.00 The Basement Magazine programme. 10.30 Red Shoe Diaries Erotic stories. 11.00 FILM: Vice Squad <i>Season Hubley, Wings Hauser, Gary Swanson</i> Crime thriller. 1982 1.00am Beverly Hills Bordello 1.30 FILM: Killer Babe for the CIA 1995 3.30 The Basement 4.00 Beverly Hills Bordello 4.30 Red Shoe Diaries 5.00-6.00am The A-Team		
8.00 PM	8.00 Tractor Pulling Action from the classic indoor event from the Ahoy in Rotterdam.	10.00 Sky Sports Centre The premier news service bringing an update from the sporting world. 11.00 Hold the Back Page A look at the sports headlines which dominate the day's newspapers. 12midnight Sky Sports Centre 1.00am World Wrestling Federation – Raw 3.00 Hold the Back Page 4.00 Trans World Sport 5.00-6.00am Sky Sports Centre	11.00 International Cricket: South Africa v Sri Lanka Action from day one of the second Test. 1.00am Gillette World Sport Special 1.30 World of Sailing 2.00 Sky Sports Centre 3.00 Sports Unlimited 4.00-6.00am Adidas Victory Shield: Scotland v England				
9.00 PM	9.00 Motorcycling A summary of today's action in the qualifying practice from the Malaysian Grand Prix.						
10.00 PM	10.00-1.00am Speed Skating – LIVE Action from the World Single Distance Championships in Calgary, Canada.						
11.00 PM							
12.00 NIGHT TIME							
	 Italian superstar Max Biaggi has moved into the 500cc category for the Grand Prix World Championships, live from Shah Alam, Malaysia: Eurosport 7.00am			 12midnight Free View 12.10am Adult Feature Refreshing the parts other stories cannot reach. 12.20 Jane's World 12.45 FILM Premiere 1.00 Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: Grudge Day A randy robot has to stop the Penetrator from destroying the future. 3.55-4.00am What's on Tomorrow	 12midnight Free Teaser A free teaser of the channel and upcoming programmes. 12.05am Peep Show Erotic entertainment. 12.15 Adult Feature Erotic entertainment. 1.20 FILM: Last Little Whorehouse Adult feature film. <i>Misty, Jacklyn Lick</i> 2.50-4.00am FILM: Crazy Chassey Lain When a woman enters an affair with her husband's therapist, a triangle of torrid love ensues.	 12midnight Dish of the Day 12.10am Adult Feature Erotic entertainment. 12.20 Trick Tracy Erotic comedy mini series. 12.50 Housewives Special Erotic magazine programme. 1.50 FILM: Sleepwalker <i>Lauren Brice, Alke Springs</i> A man becomes consumed by the urge to see the girl of his dreams. 3.05-4.00am Maid of Desire Erotic programme.	



Burt Wolf is in Beaune, France, for 'Gatherings and Celebrations': Travel 10.00pm



5.00pm Fifteen to One
William G Stewart hosts the quiz show.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
Bob Holness hosts the general knowledge quiz.
7.30 Give Us a Clue
8.00 All Clued Up
Quiz show hosted by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Malta
Contestants battle against the clock to guide Anneka Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Venice
Ted Rogers hosts the quiz and entertainment show.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogie's Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux sans Frontieres
5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 Fashion Show 2.30 Revelations
3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dia-a-Doc
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine show.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking deception.
8.30 Judge Judy
8.59 Big City Tips
9.00 Dog Night LIVE
Featuring seven races from Walthamstow in London and Monmore Green in Wolverhampton.
10.00 Topless Darts
10.02 Sport LIVE
10.30 The Sex Show
More late-night discussions on erotica.
11.00 Big City Tips
11.01 Topless Darts
11.02 Exotica Erotica
11.30 Exotica Erotica
Late-night discussions.
12midnight Jennycam
12.15am Private Dancer
12.30 Pleasure Dome
1.00 Exotica Erotica
2.00 Brits on the Piste
2.30 Sex Show
3.00 Exotica Erotica 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CHANNEL ONE TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and local features on the hour, every hour, plus the following features:
10.30 The Album Show
11.30 Yankee Doodle Dan
12.30pm Cybernet 1.30
Cinema Cinema Cinema
The latest Hollywood news.
2.30 The Album Show
Classic tracks by legendary artists.
3.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
4.30 Cybernet
All the latest computer and internet news.
5.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
6.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
7.30 Cybernet
All the latest computer and internet news.
8.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
9.30 PDQ - The One Stop Shop
Innovative and unusual gifts delivered straight to your door.
10.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
11.30 The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

NBC

5.00am Europe Today
8.00 European Money Wheel CNBC Europe
Live financial news, market updates and business stories from around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living: Wines of Italy 1.30 V.I.P.
2.00 Today
Magazine programme with present news, features, sports and interviews.
3.00 Home & Garden Television Star Gardens/ The Good Life
Magazine programme.
4.00 Time and Again
Jane Pauley looks back over the late 20th-century as covered by NBC news reporters.
5.00 European Living: Flavours of Italy
Reviewing recipes and traditions.
5.30 V.I.P.
6.00 Europe Tonight Live
Magazine programme.
6.30 The Ticket NBC
With Kristiane Backer.
7.00 Europe à la Carte: European Living
Great chefs of Europe.
7.30 Five Star Adventure
Featuring US PGA Golf with coverage of the Bay Hill Invitational.
9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.
10.00 Late Night with Conan O'Brien
Chat show featuring celebrity guests and musicians.
11.00 The Ticket NBC
With Kristiane Backer.
11.30 NBC Nightly News with Tom Brokaw
12midnight The Tonight Show with Jay Leno
1.00am Internight 2.00 V.I.P. 3.00 The Ticket NBC 3.30 European Living Flavours of Italy 4.00-5.00am MSNBC's The News with Brian Williams

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon Travel Live
With Gareth Davis.
1.00pm Snow Safari
Targhee National Forest, Idaho
1.30 The Flavours of France
Lozere, Haue Pyrenees
2.00 Tread the Med
Barcelona
2.30 Gatherings and Celebrations
Three Glorious Days in Beaune, France
3.00 The Great Escape 3.30
Railway Adventures Across Europe
Another train odyssey.
4.00 On Tour
Maldives
4.30 Australian Gourmet Tour
Dining with Style
5.00 Snow Safari
Targhee National Forest, Idaho
5.30 Reel World
Papua New Guinea
6.00 The Flavours of France
Calvados
6.30 Tread the Med
Barcelona
7.00 Holiday Maker
USA
Inspirational ideas and advice to help you find the best American holiday.
8.00 Stepping the World
8.30 The Great Escape
Srinagar in Winter, Khajuraho and Orcha
9.00 Great Splendours of the World
Imperial Splendours
More wonderful travels with Nigel Havers.
10.00 Gatherings and Celebrations
Three Glorious Days in Beaune, France
10.30 On Tour
11.00 Travel Live
Guadeloupe
11.30-12midnight Amazing Races
Solar Man

living

6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Mysteries, Magic and Miracles
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West
Emergency Ward.
2.20 Living It Up!
Magazine show.
3.20 The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests engage in heated discussion.
4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat Is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
Top chefs join host Fern Britton for new recipes.
6.10 Jerry Springer Uncut
Outrageous US talk show.
7.00 Rescue 911
Real-life rescues by US emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Murder Call
Drama about a detective with a curious mind and a knack of solving crime-related puzzles.
9.00 FILM: There Are No Children Here
Oprah Winfrey, Mark Lane, Norman Golden II
Drama about a proud single mother who is determined that her two sons will not be affected by the crime surrounding their home. 1993
11.00-12midnight The Sex Files II
Twist
The interesting and imaginative side of sex.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



NATIONAL GEOGRAPHIC CHANNEL

8.00pm FILM: Nick and Eddy (In Trouble)
Michael Thomas, Robert Allen Gray
Action thriller.
9.30 FILM: Fallen Angels
James Remar, Michael Wright, Emily Longstreth
Action thriller in which three desperate strangers' lives are held together by one common thread - they have all committed murder and are stuck together in a limo headed for Vegas.
11.05-12midnight Boobmania

7.00pm Wild Horizons: Giants of the Bushveld
7.30 Call of the Coyote
8.00 The Wild Boar
9.00 Diving with the Great Whales
10.00 Friday Night Wild: Strange Creatures of the Night NEW
11.00 Friday Night Wild: Lord of the Animals - The Monkey Player NEW
11.30 Friday Night Wild: The Grizzlies 12.30
1.00am Friday Night Wild: Worlds Apart: Nepal - Life Among the Tigers

UK STYLE

2.00pm Radio Times 2.30
Style 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Real Rooms 4.30 Garden Roadshow 5.00 Holiday in Style 6.00 Radio Times 6.30 Far Eastern Cookery 7.00 How Does Your Garden Grow? 8.00 Travel Show Guide 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style 10.00 Holiday in Style 11.00-12midnight Our Man in...

UK ARENA

6.00pm Good Music
7.00 Later on UK Arena 8.00 The Frame
9.00 FILM: La Ceremonie
Isabelle Huppert, Sandrine Bonnaire, Jacqueline Bisset
French drama in which two very different women form a surprising bond. 1995
11.05-12midnight Later on UK Arena
Jools Holland presents his unique selection of music in his own inimitable style.



6.00am Kickstart 9.00
MTV Mix 12noon Non-Stop Hits 2.00pm
Dancefloor Chart 3.00
Non-Stop Hits 4.00 Select
MTV 5.30 MTV News
Weekend Edition 6.00
Dancefloor Chart 7.00
Partyzone 9.00 Up for It
10.00 Hot 11.00 Amour
12midnight Singled Out 12.30am
Beavis and Butt-head 1.00 Club Mix
3.00 Partyzone
5.00-6.00am Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat 12noon
Ten of the Best: Sting
1.00pm Jukebox 3.00
Toyah 5.00 Five@Five
5.30 Pop-Up Video 6.00
Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits
10.00 Ten of the Best: Sharleen Spiteri
11.00 Around and Around 11.30
Pet Sounds: The Beach Boys
12midnight The Friday Rock Show
1.00am VH1 Late Shift
6.00-7.00am Hit for Six

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME



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News throughout the day, plus:
 6.00am Europe Today 8.00
 European Moneywheel 1.00pm
 US Squawk Box 3.00 US
 Market 5.00 US Power Lunch
 6.00 Europe 7.00 Media 7.30
 Future File 8.00 Money 8.30
 Big Game 9.00 US Market
 10.00 Media 10.30 Future File
 11.00 Money 11.30 Big Game
 12midnight Europe 12.30am
 US Market 1.30 Directions
 2.00 Style 2.30 Auto Motive
 3.00-5.00am The Big Game

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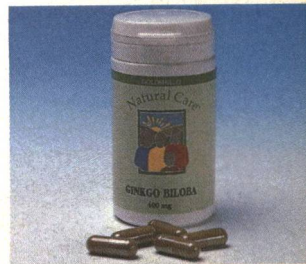
Discover one of nature's best kept secrets, which has been valued for over 5000 years by virtually every culture for its amazing properties. Rich in vitamins, amino acids and essential elements, Aloe Vera is a remarkable substance that also contains natural agents. There's never been a better time to try it for yourself. Purchase it now at this unbeatable price. 600mg.

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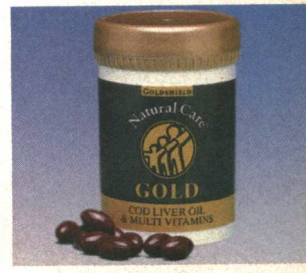
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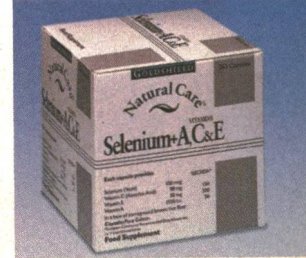
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SS326	Royal Jelly	-	365	£14.95			

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6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



6.00am Kaleidoscope
1966, rating Sky PG, 99 mins
7.45 Dear Brigitte
James Stewart
1965, rating Sky U, 95 mins
9.30

Hail, Hail, Rock 'n' Roll
Chuck Berry, Eric Clapton
1987, rating Sky U, 116 mins
11.30 Heavyweights
Aaron Schwartz
1994, rating Sky PG, 94 mins
1.15pm Kaleidoscope
Warren Beatty
1966, rating Sky PG, 99 mins

3.00 Dear Brigitte
James Stewart, Fabian, Glynis Johns, Billy Mumy, John Williams, Jack Kruschen, Alice Pearce
Farical comedy about a college professor who discovers that his eight-year-old son is a mathematical wizard who can also predict winners at the race track.
1965, rating Sky U, 95 mins

5.00 Looking for Trouble
Peter Tors, Susan Gallagher, Holly Butler
Comical adventure about a girl who befriends a stray elephant after believing that her remarried mother no longer loves her. However, her adventures have only just begun.
1995, rating Sky U, 78 mins

7.00 Heavyweights
Aaron Schwartz, Kenan Thompson, Shaun Weiss, Tom McGowan, Tom Hodges, Ben Stiller
Family comedy about a group of overweight boys who are sent off to summer camp, where their parents hope they will shed a few pounds under their new sadistic trainer. 1994, rating Sky PG, 94 mins

9.00 French Kiss
Kevin Kline, Meg Ryan, Timothy Hutton, Susan Anbeh, Jean Reno
Romantic comedy about a woman who goes to France, to win back her fiancé, but ends up falling in love with an obnoxious French jewel thief who has planted a diamond bracelet in her luggage.
Text 1995, rating Sky 15, 107 mins

11.00 Mother, May I Sleep with Danger
Tori Spelling, Ivan Sergei, Todd Caldecott, Gabrielle Miller, Lisa Banes
Thriller about an innocent college student who falls for a psychopath. 1996, rating Sky 15, 87 mins
12.35am (GMT) Carrington
Jonathan Pryce
Fact-based drama. 1995, rating Sky 18, 117 mins
3.40-5.30am (BST) Star 80
Mariel Hemingway
Biopic about a centrefold. 1983, 104 mins



6.00am Nightmare Alley
Tyrone Power, Joan Blondell
1947, rating Sky PG, 107 mins

8.00 The Stars Fell on Henrietta
Robert Duvall, Aidan Quinn
1995, rating Sky PG, 105 mins
10.00 Unfaithfully Yours
Rex Harrison, Linda Darnell
1948, rating Sky PG, 101 mins
12noon In the Army Now
Pauly Shore, Lori Petty
Comedy. Text 1994, rating Sky PG, 88 mins
2.00pm Angel Face
Robert Mitchum, Jean Simmons, Mona Freeman
Thriller about a chauffeur who comes to suspect that the family's step-daughter is a good deal less angelic than she appears. 1953, rating Sky PG, 87 mins

4.00 Captiva Island
Ernest Borgnine, Jesse Zeigler, Amy Bush, 'Banana' George Blair, Arte Johnson
Comedy about a teenager who befriends a group of fun-loving senior citizens while on holiday in Florida after being taken in by the group's leader. Last Play 1995, rating Sky U, 93 mins

6.00 The Stars Fell on Henrietta
Robert Duvall, Aidan Quinn, Brian Dennehy, Frances Fisher
Drama about the conflicts which arise when a prospector discovers oil during the Depression, but can only finance an exploratory drill if \$5000 is invested in the project. 1995, rating Sky PG, 105 mins

8.00 In the Army Now
Pauly Shore, Lori Petty, Andy Dick, David Alan Grier, Esai Morales
Comedy about a pacifist who signs up for the forces in an effort to raise some much-needed cash. The hapless recruit then finds himself unexpectedly called up to serve in a Middle Eastern conflict. Text 1994, rating Sky PG, 88 mins

10.00 A Time to Kill - Preview
10.05 A Time to Kill
Matthew McConaughey, Sandra Bullock, Samuel L Jackson, Donald Sutherland
PREMIERE Explosive thriller about a young lawyer who is hired to defend a middle-aged man accused of murder. Text 1996, rating Sky 15, 143 mins

12.35am (GMT) Undercover
Athena Massey, Tom Tayback, McG Foster
Erotic drama. 1995, rating Sky 18, 95 mins
3.15-5.00am (BST) The Turn of the Screw
Patsy Kensit, Julian Sands
1992, rating Sky 18, 92 mins



11.00am The Fireball
Mickey Rooney, Marilyn Monroe
Drama. 1950, 81 mins
12.30pm Monkey Business
Cary Grant, Ginger Rogers, Marilyn Monroe
Comedy about a laboratory monkey who dumps an elixir-of-youth potion into the water supply. 1952, rating Sky U, 97 mins

2.15 Don't Bother to Knock
Marilyn Monroe, Anne Bancroft, Richard Widmark
Drama about a mentally unbalanced young woman who is taken on as a hotel babysitter. 1952, rating Sky PG, 73 mins
3.45 Gentlemen Prefer Blondes
Marilyn Monroe, Jane Russell, Charles Coburn, Elliott Reid
Classic comedy about two girls who cruise to Paris in search of love, laughter, men and money. 1953, rating Sky U, 87 mins

5.30 The Seven Year Itch
Marilyn Monroe, Tom Ewell, Robert Strauss, Evelyn Keyes
Hit comedy about a blonde bombshell who lives in the same building as a writer, who has been married for seven years and is now having doubts. 1955, rating Sky PG, 100 mins

7.15 The Guns of Navarone
Gregory Peck, David Niven, Anthony Quinn, Stanley Baker, Anthony Quayle, James Darren, Irene Papas
Action classic, based on a novel by Alistair MacLean and set during World War II, following a group of Allied soldiers as they attempt to neutralise some strategic German weaponry. The winner of an Oscar for Best Special Effects, as well as a nomination for Best Film. 1961, 145 mins

10.00 The Horseman on the Roof
Olivier Martinez, Juliette Binoche, Laura Marioni, Paul Chevillard, Gerard Depardieu
French romance set in 1830s Provence about a former Italian Hussar turned revolutionary, on the run from Austrian assassins, who falls in love with a noblewoman. 1995, rating Sky 15, 113 mins

12midnight (GMT) The Hustler
Paul Newman, Jackie Gleason, Piper Laurie
Drama about a pool hustler. 1961, rating Sky 15, 128 mins
3.15-4.55am (BST) Damn the Defiant!
1961, rating Sky 15, 96 mins



The premiere 'A Time to Kill' stars Sandra Bullock and Matthew McConaughey: Sky Movies Screen 2 10.05pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

VOTE FOR YOUR FAVOURITE CHANNEL FOR FILM CHOICE ON PAGE IX AND YOU COULD WIN A HOLIDAY!



9.00pm Singin' in the Rain
Gene Kelly, Debbie Reynolds, Donald O'Connor, Jean Hagen
Classic Hollywood musical charting the transition from silent movies to talkies. Star duo Lina Lamont and Don Lockwood have problems when Lina's voice is revealed to be a screech. 1952, 100 mins

11.00 Kill or Cure
Terry-Thomas, Eric Sykes, Dennis Price, Lionel Jeffries
British comedy about a bungling detective who is called out to an exclusive health club by an upset woman. 1962, 88 mins
12.40am (GMT) The Golden Arrow
Tab Hunter, Rossana Podesta
Lively fantasy adventure. 1964, 91 mins
3.15-5.00am (BST) Singin' in the Rain
Gene Kelly 1952, 100 mins



7.00am Double Dragon
7.30 My Pet Monster
8.00 Tattooed Teenage Alien Fighters from Beverly Hills
8.30 Superhuman Samurai Syber-Squad
9.00 Ultraforce
9.30 Delfy and His Friends
10.00 Legend of the Hidden City
11.00 Games World Omnibus
11.30 Sea Rescue
12noon World Wrestling Federation - Live Wire
1.00pm WWF - Shotgun Challenge
2.00 Kung Fu
3.00 Star Trek

This Side of Paradise
The crew of the Enterprise beams down to the planet Omicron III, only to find people divorced from reality.
4.00 Star Trek: The Next Generation Identity Crisis
Dr Crusher races to fight a parasite that threatens to transform Geordi into an alien creature.
5.00 Star Trek: Deep Space Nine Dominion
On a trip to the Gamma Quadrant, Sisko, Jake, Quark and Nog encounter a terrified alien woman.
6.00 Xena: Warrior Princess
The super-strong lady helps people to free themselves from tyranny and injustice. Starring Lucy Lawless
7.00 Hercules: The Legendary Journeys
More high action humour with the hero battling flashy gods and mythical beasts. Starring Kevin Sorbo.
8.00 Buffy the Vampire Slayer
When She Was Bad
Buffy returns from her summer vacation with an attitude problem and has recurring nightmares.

9.00 Cops I
Dallas
Officers bust a driver who has a large bag of marijuana in the car.
9.30 Cops II
Dallas
10.00 South Park
Cartman Gets An Anal Probe
NEW SERIES Adult comedy.
10.30 Married... With Children
Bud Hits The Books
11.00 Showbiz Weekly
Glitzy gossip from London's trendiest hot spot, The Met Bar.
11.30 The Movie Show
News and views from Richard Jobson.
12midnight (GMT) New York Undercover
Text No Place Like Hell
2.00am (BST) Dream On
Depth Be Not Proud
2.30 Dream On
Pop Secret
3.00-6.00am Long Play
VJ-free music zone to keep you going through the night.



7.00am The Sullivans Omnibus
9.05 You're Only Young Twice
One of Life's Winners
9.35 In Loving Memory
Gone Dancing
10.05 Neighbours Omnibus
12.05pm EastEnders Omnibus
2.55 FILM: Doctor in Clover
Leslie Phillips, James Robertson Justice, Shirley Ann Field, John Fraser, Joan Sims
Lighthearted comedy about a medical officer who loses his job at a women's prison and enrolls in a refresher course with his old tutor, causing considerable havoc with the nurses along the way. Entry number six in the Doctor in the House series. 1965

4.50 Bruce Forsyth's Generation Game
Four teams, each pairing a man and a woman who are related to one another, try to emulate experts at particular skills, generating comedy and sometimes chaos along the way.

6.00 Robin's Nest
The Headhunters of SW6
Robin is offered a lucrative new job.
6.30 Keeping Up Appearances
Sitcom about the upwardly mobile Hyacinth Bucket.
7.05 The Two Ronnies
Vintage bifocal comedy featuring music and sketches with messrs Barker and Corbett.

8.00 One Jasper Carrott
Birmingham's funniest sit-down comedian returns to the stool, recorded live at the Theatre Royal in London's Drury Lane.

9.05 French and Saunders
Sketches, songs and movie magic.
9.40 Fawlty Towers
Hotel Inspectors
Basil is terrified when he hears that some hotel inspectors are in town.

10.25 Men Behaving Badly
Troublesome 12-Inch
10.55 The Young Ones
Bomb
Not much going on at breakfast time, save the atomic bomb left in the kitchen.

11.40 The Comic Strip Presents... Strike!
Award-winning comedy.
12.45am (GMT) The Old Grey Whistle Test
2.20 (BST) FILM: The Fog
Adrienne Barbeau, Jamie Lee Curtis, Hal Holbrook
Classic chiller. 1980
4.10-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Tomorrow's World
Plus 9.00 Top Gear GTI
10.00 999 11.00 Redcaps
11.30 Redcaps 12noon
Great Mysteries and
Myths 12.30pm Animal
Hospital 1.00 The Wild
Bunch: Sea Trek 1.30 The
Wild Bunch: Sea Trek 2.00
The Wild Bunch: Sea Trek
2.30 The Wild Bunch:
Sea Trek

3.00 The Wild Bunch:
Sea Trek

The Hawaiian Islands
3.30 The Secret Life
of Seahorses

Narrated by
 David Attenborough.
4.00 Your Horizons
 Sneak previews and
 celebrity interviews
 feature in an up-to-the-
 minute guide to the best
 of the week's programmes
 on UK Horizons.

5.00 Tomorrow's
World Plus

Reports about the future
 of science and
 technology, plus
 interviews with today's
 trendsetting scientists.

6.00 The Gulf War
Desert Storm

The third part of the
 series telling the dramatic
 story of seven months of
 crisis and conflict in the
 Gulf War.

7.00 Motorworld UK

Why do the British
 dominate motorsports?
 With Jeremy Clarkson.

7.30 The Power and
the Glory

The Pioneers

8.00 Top Gear GTI

Jeremy Clarkson and the
 Top Gear team present a
 specially extended edition
 of the show featuring
 information, interviews
 and consumer tips.

9.00 Saturday Double
Bill - In Search
of Cleopatra

Exploring the myths that
 surround Cleopatra, the
 Egyptian queen who ruled
 two thousand years ago.

10.00 Saturday
Double Bill - Karnak:
A Hidden History

Revealing the history of the
 great temple of Karnak, the
 largest religious shrine of
 the ancient world.

11.00 Mistresses

The Woman Scorned

The role of the wife in a
 poignant analysis of the
 cost of infidelity. Wives'
 talk about revelations of
 betrayal and its aftermath.

12midnight-1.00am
Soho Stories

Intimate documentary film
 following a range of
 characters from London's
 Soho over a year of their
 extraordinary lives.

6.00am Young Chefs 6.30
Good Housekeeping 7.00
Rosemary Conley 7.30
Eat, Drink 8.00 Cook's
Garden 8.30 The Orient
9.00 Sally Jessy Raphael
10.00 Young Chefs 10.30
British Food 11.00
Rosemary Conley 11.30
World on a Plate 12noon
Rosemary Conley 12.30pm
Eat, Drink 1.00 Bon
Appetit 1.30 The Orient
2.00 Young Chefs
2.30 Cook's Garden

3.00 Rosemary
Conley's Cookbook
 The fitness guru presents
 a guide to healthy eating.

3.30
The Zest Beauty Show
 With Julia Carling.

4.00
Sally Jessy Raphael

More lively, topical
 discussion from the
 studio audience.

5.00 Young Chefs

A celebration of
 traditional cuisine.

5.30-6.00pm
World on a Plate

With Loulla Astin.

REMEMBER
CLOCKS
GO FORWARD
ONE HOUR
FOR BRITISH
SUMMER TIME
AT 1.00AM

SEE SKYTEXT
PAGE 288
TO PAY OFF LOANS
& CREDIT CARDS

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LOANS OF £10,000 & OVER

12.4% APR VARIABLE
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6.00am The Box
7.00 The Army Game
7.30 Nearest and Dearest
8.00 Watching
8.30
The Fenn Street Gang
9.00 Blind Date
10.00 E! Uncut
10.30 E! In Focus
11.00 The E! True
Hollywood Story
12noon Hart to Hart
1.00pm Blind Date
2.00 The Jewel
in the Crown

3.00 Poirot
Death in the Clouds
 A woman is murdered by
 a poison dart on Poirot's
 flight back from Paris.

Poirot is stuck for clues
 until the woman's
 illegitimate daughter
 comes forward to claim
 her inheritance and Poirot
 finds an empty matchbox,
 the perfect hiding place
 for a wasp. Starring
 David Suchet.

5.00 Sam Saturday

Chemical Reaction
 Sam investigates a spate
 of arson attacks. They
 look like insurance jobs
 until a morbid discovery
 is made.

6.00 The Professionals

Not a Very Civil Servant
 When whole estates of
 new homes begin to
 crumble, C15 uncovers a
 tale of corruption
 and murder.

7.00 Hawaii Five-0

Over Fifty Steal
 A burglar who reports his
 thefts as a publicity stunt,
 defies McGarrett to
 produce enough evidence
 against him.

8.00 The Jewel in
the Crown

Questions Of Loyalty
 Daphne dies in child birth.
 Her aunt raises the mixed
 race child, uncaring about
 the hostility this provokes.

9.00 Fitz

The Club
 A girl is found strangled to
 death, with an 'A' carved
 on her back. She has been
 seen with a strange man,
 who becomes a suspect.

10.00 The Comedians

10.30-11.00pm
First Exposure

men & motors

11.00pm Snowgirls

Emma Harrison reports
 from the St Anton ski
 resort in Austria.

11.30
Babewatch U.K.

Britain's hottest babes.

12midnight

Lord Lust's Lovelies
 A bevy of stunning beauties.

12.10am (GMT)

The Vinnie Jones Show
 Football fanzine show

2.00 (BST) E! Talk Soup
2.30am E! Uncut
Quentin Tarantino

3.00-6.00am The Box

6.00am Eyewitness 6.30
Jungle Cubs 7.00 Aladdin
7.30 Tex Avery 8.00 Men
in Black 8.30 Nightmare
Ned 8.45 Honey, I Shrunk
the Kids 9.30 Smart Guy
10.00 Student Bodies
10.30 Teen Angel 11.00
Boy Meets World 11.30
Recess 12noon Brand
Spanking New Doug
12.30pm Pepper Ann
12.55 FILM: Heidi - Part
One 1994 2.35 FILM:
Heidi - Part Two
 Concluding part of this
 adaptation of the story by
 Johanna Spyri. Filmed
 in the Austrian Alps, it follows
 the heart-warming story of a
 young orphan girl whose
 presence transforms the lives
 of all those around her. 1994

4.05 Flipper
 Marine adventure with
 TV's most famous dolphin.

4.45
Honey, I Shrunk the
Kids: The TV Show

Based on the hit movie
 where an eccentric
 inventor keeps shrinking
 his kids.

5.30 Student Bodies
 Animation and real-life in
 an entertaining mix.

6.00 Teen Angel

Adventures of Buzz, the
 guardian angel.

6.30 Boy Meets World
B & B's B'n'B

Shawn devises a plan to
 make money.

7.00 FILM:

The Little Riders
 In a small Dutch village
 during World War II, an
 evil German officer tries
 to assert his authority
 through punishments and
 torture. One family,
 however, refuse to be
 intimidated and strives to
 save their lives. 1995

8.30

The Wonder Years

Kevin looks to the past.

9.00-10.00pm
Rock Hudson - Tall
Dark and Handsome

Celebrating the public life
 of the star and examining
 the complexities of
 his private life.

THE BOX
 MUSIC TELEVISION
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Interactive music channel
 which allows the viewer to
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 seven days a week. Also
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 BOXTalk - unique inter-
 views with artists/bands -
 Breakin' Out of THE BOX -
 videos tipped for the top
 Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for
Thought 10.00 Surprise
Chefs 10.30 Perfect Pasta
11.00 Ross's Foreign
Assignment 11.30 Graham
Kerr's Kitchen 12noon
Food Network Daily
12.30pm A Taste of the
Caribbean 1.00 Chez
Bruno 1.30 Tessa Bramley
2.00 Eat Your Greens
2.30 Food Network Daily
3.00 Food for Thought
Food and Beauty
3.30 Ross's Foreign
Assignment
4.00 A Year at Ballymaloe
4.30-5.00pm Winter Nosh
 Mick and Nick Nosh celebrate
 classic winter food.



CABLE EXCLUSIVE

5.00pm Switch On
 Entertainment magazine
 show presented by
 Mathew Lorenzo.

5.30 We Are Seven

The Morgans have
 finally departed but Mrs
 Price's relief may be short
 lived. Mrs Price has a
 plan for the harvest festival.

6.30 Haggard

The Bellman

Comedy spoof set in
 18th-century England.

7.00 The Upper Hand

Come Dancing

Friends can become a
 little too friendly.

7.30
Birds of a Feather

Getting a Grip

8.00 Lovejoy

March of Time
 Drama with Ian McShane,
 Phylliss Logan, Chris Jury
 and Dudley Sutton.

9.00 The Ruth Rendell
Mysteries: An
Unwanted Woman

Wexford finds there may
 be a murderer among the
 senior citizens of
 Kingsmarkham.

10.00 The Price

Drama serial in which the
 young wife and daughter
 of a computer millionaire
 are kidnapped by a
 terrorist organisation
 in Ireland.

11.00 St Elsewhere
12midnight-2.00am The Curse
of King Tutankhamen's Tomb



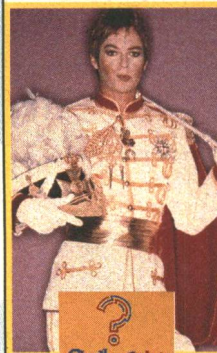
QVC The Shopping
Channel is at your service
24-hours-a-day - so watch
when you can and tape
when you can't. All you
need is an item
number. Call free phone
on 0800-50-40-30 at any
time. Today's highlight is
Sterling Silver Jewellery
at 4.00pm

FILM
A Time to Kill
Sky Movies Screen 2
10.05pm
 Perhaps John Grisham's
 best thriller, this film
 version rocketed
 Matthew McConaughey
 to stardom as the
 embattled lawyer who
 defends a black man
 who has shot two racist
 thugs after his ten-year-old
 daughter was brutally
 assaulted. With Donald
 Sutherland, Samuel L.
 Jackson, Sandra Bullock
 and Kevin Spacey in
 support, Matthew stands
 tall in this premiere as
 the courtroom drama
 unwinds amid a battle
 between civil rights
 campaigners and Ku
 Klux Klansmen.

GENERAL
Men Behaving Badly
UK Gold 10.25pm
 More embarrassingly
 immature fun from Martin
 Clunes and Neil Morrissey
 as they struggle with
 their relationships and
 how to win the hearts
 of Caroline Quentin
 and Leslie Ash.
 Tonight's episode has
 Leslie agreeing to stay
 the night with Neil in
 what can only be a
 recipe for trouble.
 Plenty of the usual
 boyish whimsy from
 the two supermen
 for unsuitability.

Saturday continues
 overleaf...

ADVERTISEMENT



STICKY MOMENTS
11.00PM

Innuendo, dodgy
 quips, bizarre rounds -
 they're all part of the
 comedy game show
Sticky Moments on
 Challenge TV.
 Julian Clary is your
 suggestive host,
 putting the contestants
 through the wackiest
 challenges.

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME



6.00am Motorcycling – LIVE
7.00 Motorcycling – LIVE
8.15 Motorcycling – LIVE
9.30 Motocross
 World championship preview.
10.00 Speed Skating
 World Single Distance Championships from Calgary in Canada.
12.00pm Motorcycling
 World Championship coverage from the Malaysian Grand Prix in Shah Alam.
2.00pm Tennis
 Action from the second semi-finals of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida, USA.

4.00 Swimming – LIVE
 Live action from the ninth and final leg of the World Cup in Paris.

5.00 Fishing
 Another chance to see the 1996 Marlin World Cup from Mauritius.

6.00 Rally
 Highlights of the FIA World Rally Championship.
6.30 Strongest Man
 The World's Strongest Woman contest from Copenhagen.
7.30 Stock Car
 Highlights of today's qualifying practice in the struggle for pole position in Sunday's Super Indoor Stock-Car in Paris-Bercy.

10.00 Speed Skating – LIVE
 Live coverage of the World Single Distance Championships in speed skating from Calgary in Canada. Today's events include the women's 1000m and 5000m and men's 500m and 1500m.
12midnight-1.00am Darts
 Coverage of the European Grand Prix from Gelsenkirchen in Germany.

6.00am Hold the Back Page
7.00 Sky Sports Centre
8.00 Aerobics Oz Style
9.30 Racing News
9.00 NBA
11.00 Hold the Back Page
 Brian Woolnough is joined by journalists who attempt to explain the headlines of the day's newspapers.
12.00pm
Gillette Sports Saturday
 Jeff Stelling hosts the most dynamic sports service around. Previews of the day's football are followed by regular updates and half-time reports plus all the latest results.

5.30pm Bobby Charlton's Football Scrapbook
 John Richards joins Bobby Charlton and Dickie Davies to look back at some of the key matches of his long career.

7.00 Spanish Football – LIVE
 Live coverage of one of the matches of the week from the Primera Liga, where packed stadiums witness some of the world's finest talent competing for the title.

9.30 Rugby Union Update
 Another chance to see action from the rugby union world.

11.30 Gillette World Sport Special
 The latest news on sport with David Jensen.
12midnight (GMT) Spanish Football
 A chance to see a match from the Primera Liga.
3.00am (BST) Rugby Union Update
5.00-6.00am Watersports World

6.00am NHL Powerweek
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12.00pm NHL Powerweek
 News and views on ice hockey plus features on players who hit the headlines.
1.00pm Ford Rugby Union: Tetley's Bitter Cup Semi-Final – LIVE
 Live coverage of the semi-final between two sides determined to reach the final at Twickenham and emulate Leicester, who lifted the trophy last season.

5.00 World Wide Rugby
 Action from the Rugby Union's Super Tournament involving clubs from Australia, South Africa and New Zealand.

7.00 Ford Golf USA: Players Championship – LIVE
 Continued live ball-by-ball coverage from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his 1997 title.

11.00 World of Sailing
11.30 (GMT) World Wide Rugby
 Rugby union action.

2.30am (BST) International Cricket: South Africa v Sri Lanka
 Action from the second Test.
5.30-6.00am Gillette World Sports Special

12.00pm World Motor Sport
 Get behind the wheel and prepare for a round up of the latest developments in the racing world, including views from the major players on the circuit.

4.00 International Cricket: South Africa v Sri Lanka
 The best of the action from day two of the second Test between South Africa and Sri Lanka. Sri Lanka proved that they are one of the finest one-day sides in the world, when they recorded an impressive tournament victory during the 1996 World Cup.

7.00 Ice Hockey: British Final – LIVE
 Live action from the Nynex Arena in Manchester as two sides meet in the rink to do battle.

10.00 Rebel Sports
 Wild and mad-cap series about adrenalin sports.
10.30 V-Max
 The world of speed.
11.00-12midnight Sports Unlimited

REMEMBER CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 1.00AM

12.00pm Teenage Urban Adventurers
12.15pm Teenage Urban Adventurers
12.30 Ready or Not
1.00 Saved by the Bell
The Last Weekend
1.30 Saved by the Bell
Palm Springs Weekend
2.00 USA High
 Teenage sitcom.
2.30 Heartbreak High
 Hard-hitting drama series about the students and teachers at a Sydney school.

3.00 Sweat
 Teenage drama series.
3.30 Hollyoaks
 Soap about the lives of a group of teenagers.
4.00 Hollyoaks
4.30 Ready or Not
First Date
 Drama about the fears and fun of growing up.
5.00 Blast
 The chart show.
5.30 Echo Point
 Teenage soap opera.

6.00 Echo Point
6.30 Heartbreak High
7.00 Sweat
7.30-8.00pm USA High



8.00pm Monkey
Vampire Monster
 Cult serial from Japan following the origins of Buddhism.
9.00 Monsters
The Demons
9.30 The Burning Zone
Faces in the Night
 Drama in which a team of bio-crisis specialists battle modern-day plagues.
10.30 Red Shoe Diaries
11.00 (GMT) FILM: Fist of the North Star
 Action fantasy where civilisation is destroyed by nuclear war. 1995
2.00am (BST) Beverly Hills Bordello
2.30 FILM: Vice Squad
Season Hubley
 Fast-paced thriller. 1982
4.30 The Burning Zone
5.30-6.00am Monsters
The Demons

7.30am Nightmare 8.00
G-Force 8.30
Robotech 9.00
Bionic Six 9.30
Galaxy Rangers 10.00
Web 10.55
C/Net Central 11.25
Inside Space 11.55
Earthscan
12.00-4pm
Tales of the Unexpected
 12.00pm *Galloping Foxley*
 12.30pm *The Umbrella Man*
 1.00 Neck 1.30 *Georgy Porgy*
 2.00 *A Girl Can't*
Always Have Everything
 2.30 *Completely Foolproof*

3.00 The Last Bottle in the World
 Another strange story.
3.30 Blue Marigold
 With Toyah Willcox.
4.00 Mystery Science Theatre 3000
The Leech Woman
 Puzzling drama starring Michael J Nelson, Mary Jo Pehl, Bill Corbett, Kevin Murphy and Jim Mallon.

6.00 Amazing Stories
Grandpa's Ghost
6.30 Swamp Thing
Love Lost
 Stars Mark Lindsay.
7.00 The Cape
Family Values
 Zeke must fight to resolve an intense conflict with his brother.

8.00 Quantum Leap
Leaping in without a Net
 Sam becomes a trapeze artist who must stop his sister suffering a fatal fall.
9.00 Sleepwalkers
Forlorn
 A lonely waitress gets revenge on men by infiltrating their dreams.

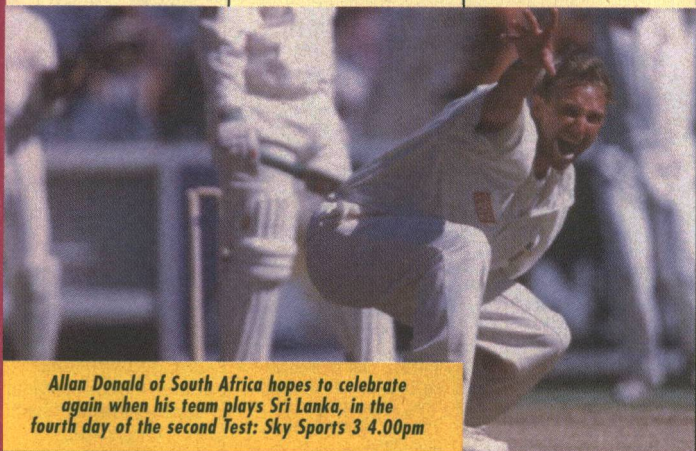
10.00 The Hunger
Room 17
10.30 Archangel
Thunderbird
 Live action and animation.
11.00 (GMT) Heavy Metal
 Animated anthology of sci-fi stories, based on the French comic book.
2.00am (BST) Buck Rogers in the 25th Century
Planet of the Slave Girls
3.00 Planet Mirth
3.30-4.00am Dark Shadows



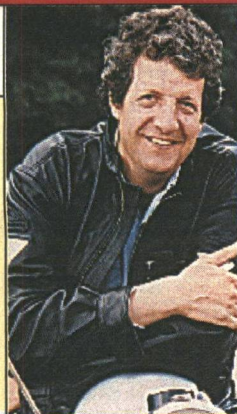
12midnight Free View
12.10am Dirty Talk
 Two sexy girls are on call with lusty lip action.
12.20 Northern Exposer
12.45 FILM: Extasy
1.00 Free View
1.05 FILM continues
2.00 Sex Talk
 The programme for all sexually adventurous adults.
2.20 FILM: Lolita
 When a pervy professor fancies his undergraduates, the police are called in.
3.55-4.00am
 What's on Tomorrow

12midnight Free Teaser
12.05am Peep Show.
12.15 FILM: Opposites Attract
 A rendezvous among old college friends evokes shared secrets from the past.
1.55
Playboy's Most Wanted
2.50-4.00am
The Profession: Rules of the Game – the Sex Trade
 A working girl learns her first lessons in the big city.

12midnight Dish of the Day
12.10am
FILM: Night Nurses
 Blackmail and extortion feature in this drama about an unscrupulous hospital administrator who wants to cut funding for a student nurse programme and wreck the career of the director.
1.20 Electric Blue
 Erotic magazine programme.
2.20 FILM: Adult Feature
3.35-4.00am English Rose



Allan Donald of South Africa hopes to celebrate again when his team plays Sri Lanka, in the fourth day of the second Test: Sky Sports 3 4.00pm



Chris Searle tries his hand at being one of the 'Ridge Riders': Travel 10.30pm



5.00pm Fifteen to One
Fast-moving quiz with William G Stewart.

5.30 Prize Time

5.50 Family Fortunes

Hosted by Les Dennis.

6.20 Prize Time

6.30

Sale of the Century

With Keith Chegwin.

7.00 Prize Time

7.05 Split Second

With Aonghus McAnally.

7.30 Move on Up

With Richard Morton.

8.00 Prize Time

8.15 Jools Holland's Name that Tune

8.45 Prize Time

Competitions.

9.00 Prize Time

9.15 3-2-1

Victorian Music Hall

Ted Rogers hosts the quiz and entertainment show.

10.15 Prize Time

10.00 Endurance UK

Paul Ross puts more madcap contestants through tortuous games.

11.00 Sticky Moments

Julian Clary hosts the gameshow combining comedy and innuendo.

11.45 Prize Time

12midnight

Love at First Sight

12.30am

(GMT) C.A.T.S. Eyes

2.30 Sweet Justice 3.30

Bagdad Cafe 4.00 Very

Famous Paul Ross Show

5.00-6.00am Screenshop

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 What's in the Box 7.30 Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Agony Omnibus 2.30 Revelations

3.00 Fate and Fortune

A look into the mysterious world of tarot reading.

3.30 Vinyl Frontier

3.45 Vinyl Frontier

4.00

Judge Judy Omnibus

5.00 Agony

Advice and comfort is at hand for those in emotional pain.

5.30 Sport LIVE

6.00

The Fashion Show

All the latest styles.

6.30 Bunny Bingo

6.45 What's in the Box

7.00 Vinyl Frontier

7.30 Agony

Advice show.

7.59 Big City Tips

8.00 Lie Detector

Finding the truth by unmasking deception.

8.30 Judge Judy

8.59 Big City Tips

9.00

Brits on the Piste

9.30

The Fashion Show

9.59 Big City Tips

10.00 Topless Darts

More shapely throwing.

10.02 Sport LIVE

10.30 The Sex Show

Discussion of the erotic.

11.00 Big City Tips

11.01 Topless Darts

More shapely throwing.

11.02 Exotica Erotica

11.30 Exotica Erotica

12midnight Jennycam

12.15am Private Dancer

12.30 (GMT) Pleasure Dome

1.00 Exotica Erotica

2.00 Brits on the Piste

2.30 The Sex Show

3.00 Exotica Erotica 4.00 The

Fashion Show 4.30 Agony 5.00

Lie Detector 5.30 Dial-a-Doc

5.45-6.00am Nation LIVE

CHANNEL ONE
TELEVISION

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour; plus the following features:

9.30 The Album Show

10.30 The Album Show

11.30

American Chart Show

12.30pm Movies, Games and Videos

1.30 Inside Hollywood

2.30 American Chart Show

Stateside chart action.

3.30 PDQ -

The One Stop Shop

More innovative and quirky products delivered straight to your door.

4.30 Movies, Games and Videos

Entertainment magazine featuring all the latest news and views.

5.30 PDQ -

The One Stop Shop

More innovative and quirky products delivered straight to your door.

6.30

The World of Sport

The weekly show covering the whole spectrum of sport.

7.30 Movies, Games and Videos

Entertainment magazine featuring all the latest news and views.

8.30 PDQ -

The One Stop Shop

More innovative and quirky products delivered straight to your door.

9.30 PDQ -

The One Stop Shop

More innovative and quirky products delivered straight to your door.

10.30

Inside Hollywood

All the latest gossip from Tinseltown.

11.30 The Album Show

Thirty minutes of classic tracks from legendary artists.

12midnight-8.00am

Local News on the hour,

Album Show at half past

every hour

NBC

5.00am Hello Austria, Hello Vienna
5.30 NBC Nightly News with Tom Brokaw
6.00 MSNBC's The News with Brian Williams
7.00
The McLaughlin Group
7.35 Europa Journal
8.00 Cyberschool
10.00 Super Shop
11.00 NBC Super Sports Coverage of European PGA Golf, NHL Powerweek and international gymnastics.

3.00pm

Five Star Adventure

3.30 European Living: Europe à la Carte

Great chefs of Europe.

4.00 The Ticket NBC

Entertainment guide with Kristiane Backer.

4.30 V.I.P.

Celebrity chat.

5.00 Classic Cousteau

Blind Prophets of Easter Island

The true story behind Easter Island.

6.00 National Geographic Television

Canyons of the Deep/ Kamikaze/Mystery of the Maya

7.00 Mr Rhodes

Schoolroom comedy starring Tom Rhodes.

7.30 Union Square

New York sitcom.

8.00 Profiler

A stylish suspense thriller exploring the dark side of the human mind. Stars Ally Walker.

9.00 The Tonight Show with Jay Leno

Comedian Jay Leno enjoys the company of more top celebrities.

10.00 The Ticket NBC

Entertainment magazine.

10.30-5.00am

NCAA Basketball: Final Four - LIVE

Coverage of America's top amateur basketball tournament popularly known as March Madness.

travel
TV THAT TAKES YOU THERE

CABLE EXCLUSIVE

12noon On the Horizon
12.30pm Gatherings and Celebrations
1.00 Ridge Riders
Chalk Downs of Southern England - Part III
1.30 Reel World
2.00
The Flavours of France
Calvados
2.30 **The Food Lover's Guide to Australia**
Noosa Hot and Spicy Festival

3.00 Great Australian Train Journeys

Three Trains North/ Spirit of the Outback

Travels Down Under.

4.00 Holiday Maker

USA

Inspirational ideas to help you enjoy the best American holiday ever.

5.00 Scandinavian Summers

Iceland

5.30 Tales from the Flying Sofa

6.00 On Tour

Maldives

6.30 Pathfinders

Sea of Cortez

An island off California.

7.00 Holiday Maker

The Caribbean

All the unbiased advice you need to plan the best Caribbean holiday ever.

8.00 Travel Live

Guadeloupe

With Judi Spiers and Gareth Davis.

8.30 Snow Safari

9.00 Ustinov on the Orient Express

Sir Peter Ustinov takes a journey on the world's most famous train.

10.00 On the Horizon

Malaysia

10.30 Ridge Riders

Chalk Downs of Southern England - Part III

11.00-12midnight

Going Places

Tuscany

An American family rent a villa in Tuscany.

living

6.00am Tiny Living
9.00 Mega Bites
9.10 Ready, Steady, Cook
9.50 The Heat Is On
10.20 Animal Rescue
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempest
12.40pm Rolonda
I Want to Have His Baby Because He Looks So Good
1.30 Living It Up!
2.30 I Dream of Jeannie
Genie, Genie, Who's Got the Genie - Part III

3.00 FILM: Single Women, Married Men

Michele Lee, Lee Horsley, Mary Frann, Carrie Hamilton, Julie Harris

Drama in which a female counsellor decides to set up a therapy group for women involved with married men. 1989

5.05 Hart to Hart

Death Set

Temporary amnesia places Jonathan in jeopardy.

6.00 FILM: Shattered Family

Emotional drama. 1993

8.00 Animal Rescue

More animals in distress are saved.

8.30 Rescue 911

Real-life US rescues.

9.00 Jerry Springer Double Bill

Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussion about relationship issues.

10.50-12midnight Sex Life Down Under

Exploring all the issues relating to sex, including contraception, teen sex and physical attraction.

CABLE CHECK

SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



NATIONAL GEOGRAPHIC CHANNEL

UK STYLE

UK ARENA



8.00pm FILM: Eliminators
Science fiction thriller in which a mandroid - part man and part machine - seeks revenge on the evil scientist who created him.

9.35 Life's Great Adventure

A man falls foul of an old arcade game.

10.05 FILM: Darkside of the Moon

A mission to the moon encounters a horrifying force.

11.35-12midnight

Hollywood Models

Erotic strip series.

7.00pm Neon Lights

7.30 City of Darkness

8.00 Passionate People: David and Liz Parer: Wolves of the Sea

9.00 A Natural Passion

10.00 The Shark Files: The Sharks

11.00 Outbursts: Extreme Climbing NEW

11.30 John Harrison: Explorer

12midnight-2.00am

High Trails to Istanbul

Writer Nicholas Crane sets off from Spain to walk through Europe to Istanbul.

CABLE EXCLUSIVE

2.00pm Radio Times 2.30

How Does Your Garden Grow? 3.30 Travel Show

Guide 4.00 The Big Trip

5.00 Really Useful Week

6.00 Radio Times 6.30

Change That 7.00 Taste of the Sea 7.30 Italian Feast

8.00 Food and Drink 8.30

Far Eastern Cookery 9.00

Can't Cook, Won't Cook

9.30 Style Challenge

10.00 Going for a Song

10.30 Real Rooms 11.00-12midnight Our Man in...

CABLE EXCLUSIVE

6.00pm When the Boat Comes In

A First Time for Everything

7.00 When the Boat Comes In

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

Discovery Home! Leisure

9.00am The History Makers
Joan of Arc
10.30am Rex Hunt's Fishing Adventures
10.30am Hooked on Fishing
Shore Fishing
11.00 The Close Guide
11.30 Our House
12noon Tool Time
12.30pm Wheel Nuts
1.00 Hometime
Three-Season Patch
1.30 Hometime
Common Home Repairs
2.00 Screaming Reels
2.30 Two's Country
Spain
3.00 Home Again with Bob Vila
3.30-4.00pm Home Again

Discovery CHANNEL
EXPLORE YOUR WORLD

4.00pm Saturday Stack: Supertrains!
Exploring how the world's newest, fastest and most fascinating trains are designed and operated.
5.00 Runaway Trains
An express ride through some of the worst train accidents in history, from London in 1952 to Los Angeles in 1996.
6.00 Extreme Machines
Wheels of Steel
Trains have come a long way since the first steam engine was put to work.
7.00 Super Structures
The Eurotunnel
How the limits of technology were pushed to build the longest undersea railway tunnel.
8.00 Disaster
Lost Innocents
A look at a disastrous Vietnam War airlift.
8.30 Wonders of Weather
9.00 Extreme Machines
Cars
Cars thrill, excite, and generate a passion like no other machine.
10.00 Weapons of War: Scorched Earth
German Tank Tactics
A look at the production of the formidable Tiger Tank E.
11.00 (GMT) Battleship
A history of the world's greatest battleships - following their evolution as symbols of absolute power.
2.00am-3.00am (BST) *Charlots of the Gods - the Mysteries Continue*
The Unexplained
Could aliens have visited Earth and helped to shape civilisation.

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THE HISTORY CHANNEL

4.00pm Unsolved Mysteries of World War II:
Stalin's Secret Armies
In November 1943, Stalin unleashed a million men to encircle the German Army. No one even knew of their existence.
4.30 Modern Marvels:
The Golden Gate Bridge
5.30 Edward Windsor Presents
... Crown and Country
6.00 The Spirit of England
7.00-8.00pm Biography
Gregory Peck

CARTOON NETWORK

5.00am Omer and the Starchild
5.30 The Fruitties 6.00 The Real Story of...
6.30 Thomas the Tank Engine 7.00 Blinky Bill 7.30 Bugs Bunny 7.45 Road Runner 8.00 Scooby-Doo
8.30 Dastardly and Muttley 8.45 Wacky Races 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 The Mask 11.30 Tom and Jerry 12noon The Flintstones 12.30pm The Bugs and Daffy Show 1.00 Johnny Bravo 1.30 Cow and Chicken 2.00 Batman 2.30 The Jetsons

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SKY soap

11.00am Emmerdale
11.30 Emmerdale
A truce between Joe and Jack Sugden finally arrives.
12noon Emmerdale
Dolly has some exciting news.
12.30pm Emmerdale
1.00 Emmerdale
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm
Take the High Road

NICKELODEON

7.00am Tales from the Cryptkeeper
7.30 Kablam!
8.00 Rocko's Modern Life
8.30 Hey Arnold!
9.00 Rugrats
9.00 Angry Beavers
10.30 Doug
11.00 Aaahh!!! Real Monsters
11.30 Ren & Stimpy
12noon Wishbone
12.30pm Moesha
1.00 Sister Sister
1.30 The Secret World of Alex Mack
2.00 Kenan and Kel
2.30 Clarissa Explains It All

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COMEDY CHANNEL

7.00pm Mork and Mindy
Mork v the Necrotrons
7.30 Roseanne
Daughters and Other Strangers
8.00 The Kenny
Everett Show
8.30 Caroline in the City
Caroline and the Therapist
9.00 Cheers
The Big Kiss Off
Woody and Sam compete to see who can kiss Rebecca first.
9.30 Ellen
10.00 Frasier
Seat of Power
Frasier and Niles attempt to fix the toilet, but it starts to overflow.
10.30 Duckman
11.00 Comedy Store
11.30 Absolutely
12midnight Sledgehammer
12.30am (GMT) Nurses
2.00 (BST) Cheers
2.30 Roseanne
3.00 Caroline in the City
3.30 Comedy Store
4.00 Frasier
4.30-5.00am Duckman

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4.30-5.00am Duckman

rapture

10.00am Acny
10.30 The Band Show
11.00 Trainspotters
12noon Crush
1.00pm Space
2.00 About Last Night
3.00 Get Real
3.30 The Band Show
4.00 Exposure
6.00 Crush
7.00-8.00pm Trainspotters

PERFORMANCE THE ARTS CHANNEL

6.00am Spirou 6.30 Iznogoud
7.00 Swamp Thing 7.30 Batman
8.00 Spellbinder II
8.30 Dennis the Menace
9.00 Road to Avonlea
10.00 Iznogoud
10.30 The New Adventures of Gigantor
11.00 Spirou
11.30 Flash Gordon
12noon AJ's Time Travellers
12.30pm Oscar's Orchestra
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1.30 The New Adventures of Gigantor
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2.30 Swamp Thing

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CNBC

News throughout the day, plus:
5.00am Future File 6.00 Wall Street 7.00 Story Board 10.00 Money 11.00 Europe 12noon Far East 1.00pm Future 2.00 Big Game 5.00 Wall Street 6.00 Auto Motive 7.00 Directions 8.00 Future File 8.30 Style 9.00 Dot.Com 9.30 Story Board 10.00 Big Game 10.30 Auto Motive 11.00 Style 12midnight Dot.Com 12.30am Asia This Week 1.00 Europe 4.30-5.00am Auto Motive

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct
7.00 News 7.30 UK Direct 10.00 News 10.30 Food Watch 11.00 News 11.30 Simpson's World
12noon News 12.30pm Science Review 1.00 News 1.30 Face in the Crowd 2.00 Sportsday 6.00 Newsday 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson's World 9.00 News 9.30 Face in the Crowd 10.30 Sir Robin Day's Book Review 12midnight News 2.30am Simpson's World 3.30 Science Review 4.30 Reporters 5.30-6.00am Face in the Crowd

CNN INTERNATIONAL

News throughout the day, plus:
5.00am World News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 9.00 World Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 World Report 3.30 Sport 4.30 Pro Golf 5.30 Larry King 6.30 Inside Europe 7.30 Showbiz 8.30 Style 9.30 Art Club 10.30 Sport 11.00 World View 11.30 Global View 12.30am 7 Days 1.00 World Today 1.30 Diplomatic License 4.30-5.00am Evans & Novak

SKY NEWS

News on the hour, every hour, plus:
6.00am Sunrise 6.45 Gardening 8.45 Gardening 9.30 The Entertainment Show 10.30 Fashion TV 11.30 Walker's World 12.30pm ABC Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Target 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 The Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline 12.30am Walker's World 1.30 Fashion TV 2.30 Century 3.30 Week in Review 5.30-6.00am Entertainment

INTERNATIONAL

3SAT 5.00am 7 Tage Anders
Fernsehen 6.00 Ave Plaisir
6.30 Inside the British Isles 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 9.45 Slowenien Magazin 9.15 Euro-City 9.45 Der Report 10.30 Vor 30 Jahren 11.15 Live aus dem Schlachthof 12.15pm Das Deutsche Schlagermagazin 1.00 Neues 1.30 Der Fenstergucker 2.15 Ungeschminkt 2.45 Offen 2.45 FILM: Ich War eine Männliche Kriegerbraut 4.35 Tips und Trends 5.00 Kleine Freiheit 5.30 Ausland 6.00 Heute 6.18 Wetter 6.20 Aus dem Leben eines Jüdischen Ghettojüngers 7.00 Tagesschau 7.15 L'Incoronazione di Poppea 9.45 Classic Clips 10.20 Boulevard Bio 11.20 Seitenblicke 11.45-12midnight Suite 16

Deutsche Welle 5.00am Made in Germany 5.30 Regarding 6.00 Journal 6.30 Die ZDF Reportage 7.00 Journal 7.30 Boulevard Germany 8.00 Made in Germany 8.30 Regarding 9.00 Journal 9.30 Boulevard Deutschland 10.00 Betrifft 10.30 Kein Schoner Land 11.15 Land und Leute 11.30 Die ZDF Reportage 12noon Journal 12.30pm Made in Germany 1.00 Boulevard 1.30 Regarding 2.00 Journal 2.30 Das Fernsehspiel 4.15 Video-Chronik 4.30 Plenum 5.00 Journal 5.30 ZDF Inside Report 6.00 Treasures of the World 6.15 Curators of Culture 6.30 Inside Politics 7.00 Journal 7.30 100 Grad 8.30 Plenum 9.00 Journal 9.30 ZDF Inside Report 10.00 Journal 10.30 Reportage 11.00 Journal 11.15-12midnight Das Fernsehspiel

TV5 5.00am Minutes 5.05 Y'a Pas Match 5.30 Outremers 6.30 Horizon 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Bus et Compagnie 8.30 Betes Pas Betes 8.55 Minutes 9.00 Magellan 9.30 Branche 9.55 Minutes 10.00 Decouverte 10.30 Funambule 10.55 Minutes 11.00 L'Enjeu International 11.30 Journal Televis France 3 11.55 Meteo 12noon Grands Gourmands 12.30pm Jardins et Loisirs 1.00 Itineraire Bis 1.20 Saveurs 1.40 Autant Savoir 2.10

Autovision 2.40 Cap Adventure
3.00 Journal 3.15 Genies en Herbe 3.45 L'Ecole des Fans 4.30 Jardin des Betes 5.00 Questions 5.30 Journal 6.00 Sport 6.30 Journal 7.00 Thalassa 8.00 Faut Pas Rever 8.55 Meteo 9.00 Journal 9.30 Dr Sylvestre 11.00 Perfecto 11.30-12midnight Soir 3

ASIANET CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 FILM: Badla 11.30 News 12noon Paltan 12.30pm Top Ten 1.00 Rajni 1.30 FILM: Saraswati Chandra 4.00 Community Focus 4.30 Dekh Bhal Dekh 5.00 Edit 5.30 Parada 6.30 Thekkikaat 7.00 Ek Mulaqat 7.30 Sansar 8.00 Joonam 8.30 Dard 9.00 FILM Premiere 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 Joonam 1.30 FILM: Dadagiri 4.30 Joonam 5.00 Variety Programme 5.30 Chand Ghazien 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am HINDI FILM: Spot Boy 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 News 8.30 Fat or Fit 9.00 Vacum 9.30 Out and About 10.00 Mast Must Show 10.30 Cinemagic 11.00 Khana Khazana 11.30 Pakistan Business 12noon HINDI FILM: Saugand 3.00pm Video Countdown 4.00 The Big Debate 4.30 Dekh Bhal Dekh 5.00 Navras 5.30 Filmi Baatein 6.00 Your Zindagi 6.30 Sa Re Ga Ma 7.30 Hum Paanch 8.00 News 8.30 Margharita 9.00-12midnight FILM: Judwaa

RACING CHANNEL

11.00am Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Bangor-on-Dee, Doncaster, Newbury and Warwick.

CMT

6.00am Rebel 7.00 Non-Stop 11.00 Top 12 12.30pm Global View 1.30 Showcase 2.00 Non-Stop 2.30 Fresh Cuts 3.00 Non-Stop 6.00 Top Billing 7.00 Rebel 8.00 Wildhorse 9.00 Dance 10.00 Non-Stop 11.00 Top Billing 12midnight Rebel 1.00am Top 12 2.30 Showcase 3.00 Non-Stop 5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Just for Parents 4.30 Standing on the Rock 5.00 Happy Caldwell 6.00 700 Club 6.30 Jones/Youngren 7.00 UH Ekman 7.30 Hickey 8.00 Kidz TV 9.00 Mal Fletcher 9.30 Jesse Duplantix 10.00 Carmen 10.30-11.00am Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 5.00-6.00pm Statement from the House

WORLD NET

World Net does not transmit at weekends

LANDSCAPE CABLE EXCLUSIVE

Beautiful films accompanied by music 24 hours a day

Look what the Stork is carrying just for you...

SEND NO
MONEY NOW!

It's a 'Special Delivery'

With a gentle flap of his wings, the Stork carefully prepares to make a delicate landing. He's carrying a delivery which is going to prove extra special... it's a blonde haired baby girl whose eyes are filled with love as she looks out to her new home.

A PORTRAIT OF INNOCENCE

'Special Delivery' has been skilfully crafted for Ashton-Drake in fine bisque porcelain. You'll marvel at the craftsman's delicate modelling, because this bundle of delight has features so lifelike you'll wonder if she's actually going to reach out and touch you. What's more, 'Special Delivery' is dressed in gorgeous pastel-pink pantslets and has a matching ribbon in her hair.

RETURN YOUR ORDER FORM TODAY!

You can receive this stork's little treasure for only £49.96 (+p&p). But hurry... 'Special Delivery' is issued in an edition exclusive to The Ashton-Drake Galleries Ltd. To find out "Where do babies come from," simply complete and return the special Order Form below.



All porcelain
and only
£49.96



- ◆ Crafted entirely of fine bisque porcelain
- ◆ Measures approx 9 1/2 inches long
- ◆ Complete with stork appliqué, quilted pastel blanket, matching ribbons, baby rattle and doll stand

EXCLUSIVE EDITION • EASY PAYMENTS • ONE-YEAR, RISK-FREE GUARANTEE

365-DAY GUARANTEE!

You may without hesitation and for any reason return your doll under the UNIQUE Ashton-Drake 365-Day Guarantee. Simply return your doll to us (in good condition and with the accompanying documents) at any time within one full year after you receive her. We will refund the full

issue price, with no questions asked.

This is in addition to your statutory rights.


THE ASHTON-DRAKE GALLERIES
Bringing You Dolls of Irresistible Value

The Ashton-Drake Galleries Ltd, 1 Castle Yard, Richmond, Surrey TW10 6TF. Reg. No. FC 15268.
Offer available UK only. All orders are subject to acceptance and our standard terms of business.

Your 'Special Delivery' Order Form

Please respond within 14 days

RETURN TO: THE ASHTON-DRAKE GALLERIES, LTD, PO BOX 268, STOKE-ON-TRENT, ST4 4SB

Yes, I wish to reserve 'Special Delivery'. I understand that I need SEND NO MONEY NOW. Please bill me for my Reservation Fee of £9.96 when she is ready for despatch. After delivery, I will pay for her balance in two convenient, monthly instalments of only £20.00 each, plus £2.50 p&p payable on my first instalment.

Name (Mr/Mrs/Miss/Ms) _____ (BLOCK CAPITALS PLEASE)

Address _____

Postcode _____

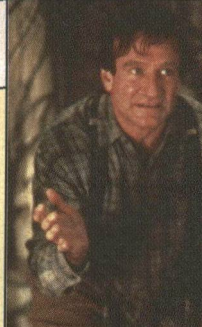
Telephone _____ Signature _____

Please tick box if you are ordering this doll as a gift ☐

From time to time The Ashton-Drake Galleries may allow carefully screened companies to contact you. If you do not want to receive such offers, please notify us in writing.

P94099

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

					
6.00am Dangerous Curves Tate Donovan, Grant Heslov 1987, rating Sky PG, 89 mins 7.35 Hasty Heart Gregory Harrison, Perry King 1983, rating Sky PG, 147 mins 10.05 Home Front Jon Cryer, Lynn Redgrave 1987, rating Sky PG, 89 mins 11.40 Jumanji Robin Williams, Kirsten Dunst Action adventure. Text 1996, rating Sky PG, 100 mins 1.30pm Dangerous Curves 1987, rating Sky PG, 89 mins 3.00 The Adventures of Baron Munchausen John Neville, Eric Idle Terry Gilliam's epic fantasy. With the aid of his trusty band of friends, the ageing Baron travels to the moon, descends to the bowels of the Earth, escapes from the belly of a whale and rescues an 18th-century European city from the Turks. 1989, rating Sky PG, 120 mins 5.00 Jumanji Robin Williams, Kirsten Dunst, David Alan Grier, Bonnie Hunt Action adventure in which a couple of kids discover an old board game in their attic. As they roll the dice, they free a man who has been trapped within the mystical game as well as a host of crazed jungle animals. Text 1996, rating Sky PG, 100 mins 7.00 The Adventures of Pinocchio Martin Landau, Jonathan Taylor Thomas, and the voices of Genevieve Bujold, Udo Kier, Bebe Neuwirth PREMIERE Family adventure which retells the story of the puppet that comes to life with some dazzling computer-generated effects. 1995, rating Sky U, 90 mins 9.00 Dangerous Minds Michelle Pfeiffer, George Dzundza, Courtney B Vance, Robin Bartlett Gritty drama. An ex-Marine has just turned her back on ten years in the service in order to become a teacher. However, her new students are not quite what she expects – a jaded group of no-hopers. Text 1995, rating Sky 15, 95 mins 11.00 Seeds of Doubt PREMIERE Peter Coyote, Alberta Watson, Joe Lando A female journalist finds herself becoming a killer's next target. 1996, 90 mins 12.35am All Men Are Mortal Stephen Rea, Irene Jacob 1995, rating Sky 15, 86 mins 2.05 She's Back Carrie Fisher, Robert Joy 1988, rating Sky 18, 86 mins 3.35-5.40am Minnie and Moskowitz 1971, rating Sky 15, 111 mins	6.00am On the Riviera Danny Kaye, Gene Tierney 1951, rating Sky U, 87 mins 8.00 Norwood Glen Campbell, Joe Namath 1970, rating Sky PG, 91 mins 10.00 A Pig's Tale Jake Beecham, Mike Damus 1995, rating Sky PG, 90 mins 12noon The Angel of Pennsylvania Avenue Diana Scarwid, Robert Ulrich Seasonal drama. 1997, rating Sky U, 88 mins 2.00pm The Song of Bernadette Jennifer Jones, Vincent Price, Charles Bickford, William Eythe Drama set in the 19th-century about a young French woman who runs into trouble when she claims to have had a vision of the Virgin Mary. Based on a true story. 1943, rating Sky U, 150 mins 4.35 Nadine Jeff Bridges, Kim Basinger Deep South comedy in which former husband and wife Vernon and Nadine Hightower team up to help solve a murder mystery – and to rebuild their jaded love life. 1987, rating Sky PG, 80 mins 6.00 A Mother's Prayer Linda Hamilton, Noah Fleiss, Bruce Dern Moving drama about a single mother who discovers that she has Aids. Bravely, she puts her young son's future first and embarks on an emotional quest to find someone who will care for him once she has passed away. 1995, rating Sky PG, 90 mins 8.00 The War Kevin Costner, Elijah Wood, Mare Winningham Emotional drama about a Vietnam vet trying to get his domestic life back on track when he returns home a scarred man, both physically and mentally. Both his wife and son must face up to the changes in his personality. 1994, rating Sky PG, 119 mins 10.00 The Passion of Darkly Noon PREMIERE Brendan Fraser, Ashley Judd, Viggo Mortensen, Loren Dean, Grace Zabriskie Tense thriller in which the arrival of a stranger in a remote house spells trouble for the couple who live there. 1995, rating Sky 18, 97 mins 11.50 The Movie Show With Richard Jobson. 12.20am Bye Bye, Love Matthew Modine, Randy Quaid Comedy. Text Last Play 1995, rating Sky 15, 102 mins 2.10 Land and Freedom Ian Hart, Rosana Pastor British drama. Text 1995, rating Sky 15, 105 mins 4.00-5.45am Dogfight 1991, rating Sky 15, 89 mins	11.00am Bringing Up Baby Katharine Hepburn, Cary Grant, Barry Fitzgerald Classic screwball comedy about a palaeontologist who starts to receive the attentions of a wealthy heiress and her pet leopard. 1938, rating Sky U, 98 mins 1.00pm Battle of the Bulge Henry Fonda, Robert Ryan, Pier Angeli, Robert Shaw Sterling historical re-telling of the 1944 battle in the Ardennes, which was to become one of the most dramatic events in World War II. 1965, rating Sky PG, 142 mins 3.30 Avanti! Jack Lemmon, Juliet Mills, Edward Andrews, Clive Revill, Gianfranco Barra, Franco Angrisano Billy Wilder's under-rated dark comedy about a stuffy American millionaire who heads for Italy to collect the body of his late father, and then ends up falling in love with the daughter of the dead man's mistress. 1972, rating Sky PG, 138 mins 6.00 Who's Harry Crumb? John Candy, Jeffery Jones, Annie Potts, Tim Thomerson, Barry Corbin, Joe Flaherty, Lyle Alzado Comedy about a pompous, accident-prone private detective, who tries to solve a kidnapping case in the face of opposition from his boss. 1989, rating Sky PG, 86 mins 8.00 Ghostbusters Bill Murray, Dan Aykroyd, Sigourney Weaver, Harold Ramis, Rick Moranis Three parapsychology students decide to set up their own business when they are thrown off their college course. To even their own disbelief, they're soon well on their way to becoming cult heroes. 1984, rating Sky PG, 101 mins 10.00 Poltergeist II: The Other Side JoBeth Williams, Craig Nelson, Heather O'Rourke Spooky tale in which scary forces from beyond the grave return to terrorise an all-American family. Text 1986, rating Sky 15, 88 mins 11.35 The Entity Barbara Hershey Horror about a woman who becomes the victim of a demon. 1983, rating Sky 18, 119 mins 1.40am Build My Gallows High Robert Mitchum, Kirk Douglas Moody melodrama. 1947, rating Sky PG, 92 mins 3.20-5.45am Battle of the Bulge 1965, rating Sky PG, 142 mins	Robin Williams stars in the action adventure 'Jumanji': Sky Movies Screen 1 11.40am, 5.00pm MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format  9.00pm Tom Thumb Bernard Miles, Jessie Matthews, Peter Sellers, Terry-Thomas Lively musical adaptation of the Brothers Grimm fairytale about a pint-sized boy who is taken from a woodcutter's cottage by crooks who plan to use his small stature for their unscrupulous schemes. 1958, 92 mins 11.00 Hot Millions Peter Ustinov, Maggie Smith, Karl Malden, Bob Newhart, Robert Morley, Cesar Romero A riotous crime caper about an embezzlement scam. 1968, 106 mins 1.00am Eye of the Devil Deborah Kerr, Donald Pleasence, David Niven Bizarre occult thriller. 1967, 89 mins 3.00-5.00am Tom Thumb Bernard Miles, Jessie Matthews, Peter Sellers. Lively musical. 1958, 92 mins	6.00am Hour of Power 7.00 Double Dragon 7.30 My Pet Monster 8.00 Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Superhuman Samurai Syber-Squad 9.00 Ultraforce 9.30 Delfy and His Friends 10.00 Legend of the Hidden City 11.00 Rescue 11.30 Sea Rescue 12noon Dream Team Omnibus 1.00pm World Wrestling Federation – Superstars 2.00 Kung Fu 3.00 Star Trek The Devil in the Dark Kirk and Spock beam down to a planet to investigate a distress call saying that a deadly monster is on the loose 4.00 Star Trek: The Next Generation <i>The Nth Degree</i> A crew member is endowed with super human intelligence by an alien probe. 5.00 Star Trek: Deep Space Nine <i>The Search – Part I</i> Hoping to avert an invasion, Sisko takes his officers into the Gamma Quadrant on a mission. 6.00 The Simpsons <i>Burns, Baby Burns</i> Mr Burns's long-lost son stages his own kidnapping. Text 6.30 The Simpsons <i>Das Bus</i> Text NEW 7.00 3rd Rock from the Sun <i>Truth or Dick</i> Dick learns a lesson. 7.30 3rd Rock from the Sun <i>The Great Dickdater</i> 8.00 Earth: Final Conflict <i>Wrath of Achilles</i> Boone argues with Doors about a new resistance offensive. 9.00 The X-Files <i>Post Modern Prometheus</i> A humorous episode, filmed in black and white, loosely based on the story of <i>Frankenstein</i>. Stars David Duchovny. Text 10.00 Hot Summer Down Under NEW SERIES Real-life documentary series focusing on the antics of the residents, visitors and workers of Australia. 11.00 South Park <i>Cartman Gets an Anal Probe</i> Aliens land and kidnap Kyle's little brother. 11.30 Forever Knight <i>Only the Lonely</i> 12.30am Jimmy's A woman finds out whether the ovarian cyst removed during the birth of her baby son was cancerous. 1.00 Manhunter John reflects upon the arrest of much sought-after criminals. 2.00-7.00am Long Play It's a VJ-free music zone.	7.00am The Pink Panther 7.10 The Onedin Line 8.05 Oh No! It's Selwyn Froggitt 8.30 Room at the Bottom 9.00 That's Showbusiness 9.35 Fairly Secret Army 10.10 Blake's Seven Stardrive 11.10 Dr Who Omnibus The Twin Dilemma 1.00pm FILM: That's Carry On Compilation of clips. 1978 2.50 Sports Anorak of the Year Rory McGrath hosts the sports quiz in which three sports fans answer questions on their specialist subjects. 3.20 The Bill Omnibus More from the police drama series in which the Sun Hill officers continue their struggle to keep the streets free from crime. Greig investigates a child abduction with a tragic ending, Jarvis and Marshall catch a thief red-handed, and DI Sally Johnson has a lot to answer for when Cathy Marshall is assaulted. 5.40 Open All Hours Classic comedy about a miserly shopkeeper. 6.20 A Word with Alf Libraries A tirade on libraries. 6.30 Only When I Laugh <i>The Man with the Face</i> 7.00 2point4 Children <i>Seven Dials</i> What could possibly stop Bill and Ben being on time for David's acting competition? 7.40 The Detectives Series following the adventures of two incompetent policemen. 8.20 Blackadder Goes Forth <i>Plan E: General Hospital</i> Stars Rowan Atkinson. 9.00 Taggart <i>Flesh and Blood</i> Feature-length episode. Jim Taggart investigates when an unexpected cache of explosives sparks off an apparently unconnected series of killings. Is there an Irish connection, or is just one individual responsible? Stars Mark McManus and James Macpherson. 11.10 The New Statesman <i>Passport to Freedom</i> A stolen night of passion causes panic for Alan. 11.45 Spitting Image 12.20am Survivors Sparks 1.10 The Equalizer <i>Dead Drop</i> A man's involvement in an illegal information drop puts his name on a hit list. 2.00 FILM: Dawn Rider 3.00-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Tomorrow's World
Plus 8.00 Your Horizons
9.00 Sperm Whales -
Back from the Abyss
10.00 Timezone:
Secrets of Lost Empires
11.00 Timezone:
Secrets of Lost Empires
12noon Kickstart: Jeremy
Clarkson's Motorworld UK
12.30pm Kickstart:
The Power and the Glory
1.00 Kickstart: The Gulf War
2.00 Kickstart: Top Gear GTI

3.00 Your Horizons
Sneak previews, celebrity interviews and more in the up-to-the-minute viewers' guide to the best of the week's programmes.

4.00 999
Dramatic reconstructions from the series, including a bizarre flying accident which left each of two brothers convinced that the other was dead.

5.00 Animal Hospital
A German shepherd dog ends up in the hospital after playing with a cat.
5.30 Vets in Practice
Hannah deals with a giant wolfhound.

6.00 Hotel
It all goes wrong for the front-of-house manager at the Adelphi.

6.30 Airport
It's Christmas at Heathrow.

7.00 Sunday Feature: Secret Memories
Six stories of bravery from World War II, including Rose, a wireless operator, who survived capture and torture by the Gestapo.

8.00
Sunday Feature: CIA
Berlin Cowboys

A revealing insight into one of the world's most powerful and mysterious organisations, the CIA.
9.00 Lenny's Big Amazon Adventure
Lenny Henry's video diary from the South American rainforest, accompanied by SAS survival expert Lofly Wiseman.

10.00
Behind Enemy Lines
A look at the physical and mental challenges faced by Royal Navy high fliers during a two-week survival course.

11.00 Years Apart
Following three couples who defy social convention by choosing to be together despite an age gap of more than 25 years.

12midnight-1.00am
Your Horizons
Sneak previews and celebrity interviews.

6.00am Livetime 8.00
Gabrielle 9.00 Ready to
Wear 9.30 The Good
Housekeeping Show
10.00
Your Beautiful Garden
10.30
Good Life Garden Club
11.00 Sally Jessy Raphael
12noon Gabrielle
1.00pm Roddy Llewellyn's
Indoor Garden
1.30 Classic Interiors
2.00 Great British Food
2.30 Cook's Garden

3.00 Livetime
Magazine programme featuring all aspects of health, beauty, fashion, food and the home. With Trinny Woodall and Susannah Constantine.

4.00
Sally Jessy Raphael
More lively studio discussion from America dealing with a range of topical issues, chaired by the queen of chat.

5.00-6.00pm Livetime
Magazine programme featuring all aspects of health, beauty, fashion, food and the home. With Trinny Woodall and Susannah Constantine.

6.00am The Box
7.00 The Army Game
7.30 Nearest and Dearest
8.00 Doctor in Charge
8.30 No Honestly
9.00 Blind Date
10.00 E! Mysteries
and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Fortune Hunter
1.00pm Blind Date
2.00 Jeeves and Wooster
Classic comedy starring Hugh Laurie and Stephen Fry.

3.00 Poirot
The Dead Man's Mirror
The death of an unpopular art dealer gives Poirot a long list of suspects. Stars David Suchet and Hugh Fraser.
4.00 The Professionals
Not a Very Civil Servant
When whole estates of new homes begin to crumble, C15 unearths corruption and murder at the highest level.

5.00 Classic
Coronation Street -
The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Ivy discovers that Brian has spent the night on the sofa and Len decides to take advantage of his new found freedom. Bert realises that the trouble between Brian and Gail stems from financial matters, and Len goes to Blackpool.

7.30
The Grumbleweeds
Radio Show

8.00
Jeeves and Wooster
Classic comedy with Hugh Laurie and Stephen Fry. Aunt Dahlia wants Anatole to return to Brinkley Court.

9.00
Clive James Special
Media man Clive learns how to drive a race car and then competes in the celebrity Australian Grand Prix.

10.00-11.00pm Poirot
The Dead Man's Mirror

men & motors

11.00pm
2 Wheels Better
Weekly biking magazine programme presented by Jeff Stone.
11.30 Pro-Super Bike
More thrills and spills.

12midnight
Biker's Night Off
Zany quiz show with Paul Johnston.
12.30am
Through the Gears
Motoring magazine show.
1.00 E! In Focus
1.30 E! Gossip
2.00-6.00am The Box

6.00am Eyewitness 6.30
Jungle Cubs 7.00 Aladdin
7.30 Tex Avery 8.00 Men
in Black 8.30 Nightmare
Ned 8.45 Honey, I Shrunk
the Kids: The TV Show
9.30 Smart Guy 10.00
Student Bodies 10.30
Teen Angel 11.00 Boy
Meets World 11.30 Recess
12noon Brand Spanking
New Doug 12.30pm Pepper
Ann 1.00 FILM: Johnny
Mysto, Boy Wizard 1996
2.30 FILM: Legend
of the Lost Tomb
Rick Rossovich, Stacy Keach
Ancient history turns into a modern mystery when archaeologists Dr Leonhardt and his evil rival Dr Bent fight to be the first to find the lost treasure of a Pharaoh. 1996

4.00 Classic Toons
Animated antics with your favourite cartoon characters.

5.00
Honey, I Shrunk the
Kids: The TV Show
Comedy series based on the hit movie about the Szalinski household.
5.45 Classic Toons
6.00 FILM: Danny,
Champion of
the World

Jeremy Irons, Samuel Irons, Robbie Coltrane, Jimmy Nail, Cyril Cusack
Adaptation of the classic Roald Dahl story about a boy and his father who foil the plans of the evil master of the local manor.

7.30 Classic Toons
Animated antics with your favourite characters.

8.00 Dr Quinn:
Medicine Woman
Adventure with the only female doctor in Colorado Springs, coping with the daily medical problems of her community.

9.00-10.00pm
Touched by an Angel
Fun with the thoroughly modern angel.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network
Daily 9.30 Food for
Thought 10.00 Ideal Home
Cooks 10.30 World of
Herbs 11.00 Nancy Lam's
Wok Wiz 11.30 Graham
Kerr's Kitchen 12noon
Food Network Daily
12.30pm Simply Antony
1.00 Can't Stand the Heat
1.30 Chef for a Day
2.00 From the Ground Up
2.30 Food Network Daily
3.00 Food for Thought
3.30 Ideal Home Cooks
Presented by Nanette Newman.

4.00 Perfect Pasta
with Aldo Zilli
4.30-5.00pm So You Think
You Can't Cook



CARTOON SELECT

CABLE EXCLUSIVE

5.00pm The Bounder
Howard at the Majestic
Trevor and Mary celebrate their 15th wedding anniversary.

5.30 Our House
With Suzi Becker.

6.00 The Irish RM
Oweneen the Sprat
Comedy drama series about a British magistrate in 19th-century Ireland. Stars Peter Bowles and Bryan Murray.

7.00 The Upper Hand
Blind Date
Caroline and Laura go for the same man.

7.30 Goodnight
Sweetheart
Just One More Chance

8.00 FILM: The
Jazz Detective
Daniel Webb, Marella Oppenheim, George Dowler, David Howey
A Jazz musician finds himself as the prime suspect when a singer disappears from her home shortly after he had visited her. Unfortunately, he can't remember anything from the last few days.. 1991

10.00 Charlie
Thriller. A private detective discovers a dying man whose address book contains the detective's name and number.
11.00 St Elsewhere
12midnight
Tales of Sherwood Forest
1.00am-2.00am Airline



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Channel is at your service
24-hours-a-day - so
watch when you can and
tape when you can't. All
you need is an item number.
Call free phone on
0800-50-40-30 at any
time. Today's highlight is
DIY at 11.00am.

GENERAL

Super Twins
Discovery 8.00pm

Two programmes back-to-back about the unique life of twins, starting with a documentary on Siamese twins and how - or even if - they can be separated. The second programme examines the rise in multiple birth pregnancies and hears from parents about how life has changed for them.

SPORT

Coca-Cola Cup Final
Sky Sports 2 2.00pm

Now that there's a guaranteed place in Europe for the winner, this contest has increased significance. Last year, Leicester won after a replay against Middlesbrough and the north-easterners were hoping to return for another chance this season. At the time of going to press, Liverpool, Chelsea and Arsenal were the other semi-finalists, so an attractive Wembley final is assured.

Sunday continues overleaf...

ADVERTISEMENT



THE BURNING
ZONE
9.30PM

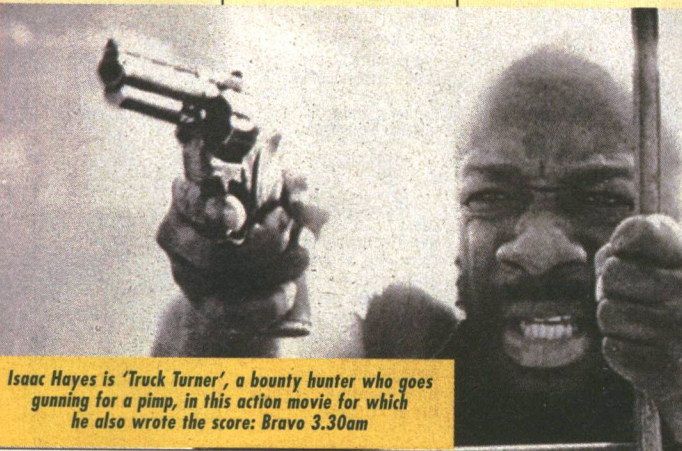
Check out the hottest new sci-fi series from the States. In this episode, Dr Shiroma (Tamlyn Tomita) is kidnapped by a serial murderer. The team must uncover the killer's identity before she becomes his next victim.



Sarah Greene gives students some 'Food for Thought': Carlton Food Network 3.00pm

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

EUROSPORT	SKY sports 1	SKY sports 2	SKY sports 3	Trouble	SCI FI
4.00am Motorcycling - LIVE Coverage of the 125cc, 250cc and 500cc events in the Malaysian Grand Prix. 8.00 Motorcycling 9.00 Cart 11.00 Motorcycling 12.30pm Motocross - LIVE 2.00 Motocross - LIVE Coverage of the 250cc event in the World Championship in Talavera, Spain. 3.00 Short Track Speed Skating - LIVE Including coverage of the 500m, 1000m and 3000m events from Borneo, Italy. 4.00 Swimming - LIVE Coverage of the World Cup in Paris. 5.00 Dancing Coverage of the 1997 European Dance Sport Championship, held on 25th October. 7.00 Nascar - LIVE Coverage of the sixth race of the Winston Cup Series in Bristol, USA. 8.00 Cart Action from the Fed Ex Championship series from Motegi, Japan. 9.00 Nascar - LIVE Coverage of the Winston Cup Series from Bristol, USA. 10.15 Sailing Coverage of the Whitbread Round the World Race. 10.45-1.00am Tennis Action from the final of the ATP's Mercedes Super 9 Tournament from Key Biscayne, Florida.	6.00am Sports Unlimited 7.00 Gillette World Sport Special 7.30 V-Max 8.00 Aerobics Oz Style 8.30 World of Sailing 9.00 Rugby Union Update: Tetley's Bitter Cup 11.00 Goals on Sunday Anna Walker looks at the goals of the week. 12noon World Wide Rugby: Super 12S 2.00pm Ford Golf USA: Players Championship Coverage from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his 1997 title in the tournament which effectively kicks-off the US Tour. In an event which many see as an unofficial major, the prize for the winner tops \$720,000. 4.30 NHL Another chance to see the pick of this weeks National Hockey League matches. 6.30 Basketball - LIVE Coverage of another Budweiser League encounter. 8.30 Spanish Football Another chance to see Primera Liga action as two more sides battle it out for the title currently held by Real Madrid. 10.30 Football: Coca-Cola Cup Final The best of the action from Wembley Stadium, where two sides battle for the trophy which was won last year by Leicester City. 12.30am Rebel TV 1.00-4.00am World Wrestling Federation - Wrestlemania XIV - LIVE Coverage of America's punishing sport.	6.00am Ski Prime 6.30 Inside the PGA Tour 7.00 Aerobics Oz Style Wake up to Australian step exercises. 7.30 Futbol Mundial Domestic and international soccer coverage. 8.00 Soccer Extra 11.00 Sports Unlimited Serious and off-the-wall footage combined. 12noon Football League - LIVE 2.00pm Football: Coca Cola Cup Final - LIVE Coverage of the final from Wembley, where two sides meet to battle it out for the trophy which was won by Leicester City last year. 5.30 Futbol Mundial International and domestic soccer. 6.00 Gillette World Sport Special With David Jensen. 6.30 Football League Review Update on the latest results. 8.00pm Ford Golf USA: Players Championship - LIVE Continued ball-by-ball coverage of day four from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his title in the tournament that effectively kicks off the US Tour. In the event which many see as an unofficial major, the prize money for the winner tops \$720,000. 12.30am Football League Review 2.00-4.00am Basketball	12noon Watersports World Comprehensive guide to the best action on the water. 1.00pm International Cricket: South Africa v Sri Lanka The best of the action from day three of the second Test. Sri Lanka proved in the 1996 World Cup that they are the finest one-day side in the world. They must now carry that form into the Test arena against the South Africans. 2.30 International Cricket: West Indies v England - LIVE Coverage of the first one-day international from Barbados. After beating the Australians 3-0 in the limited overs series that proceeded the Ashes, as well as lifting the trophy in December's Sharjah tournament, England have a rapidly emerging successful one-day side. Players such as Adam and Ben Holloake, all-rounder Matthew Fleming and Ali Brown are talents to watch out for. 6.00 International Cricket Update News from the stumps. 6.30 International Cricket: West Indies v England - LIVE Continued coverage of the limited overs clash from Barbados. After competing in a long Test match series, Mike Atherton's men will be determined to finish the tour in style, and provide further evidence that England are a growing force in the one-day game. 10.30 International Cricket: South Africa v Sri Lanka Extended highlights from day three of the second Test. 11.30-12midnight Ski Prime Behind the scenes with skiing addicts.	12noon Teenage Urban Adventurers Circus Performer 12.15pm Teenage Urban Adventurers Models 12.30 Ready or Not First Date 1.00 Sweat Stars Martin Henderson. 1.30 Hollyoaks Post-GCSE soap starring Jeremy Edwards. 2.00 Hollyoaks 2.30 Heartbreak High 3.00 Saved by the Bell Springs Weekend - Part 1 3.30 Saved by the Bell 4.00 Echo Point Teenage soap. 4.30 Echo Point Teenage soap. 5.00 Ready or Not Family Therapy Canadian teen drama. 5.30 Sweat Stars Martin Henderson. 6.00 It's in the Jeans 6.15 On the Make 6.30 Heartbreak High 7.00 USA High 7.30-8.00pm USA High  8.00pm Monkey Outrageous Coincidences Monkey finds his wishing staff after a blizzard in the Himalayas. 9.00 Monsters Outpost Gruesome tales. 9.30 The Burning Zone Faces in the Night Dr Shiroma is kidnapped by a serial killer who is affected by the full moon. 10.30 Red Shoe Diaries 11.00 FILM: King Frat Ray Mann Outrageous American campus comedy set in Florida. 1979 1.00am Beverly Hills Bordello 1.30 FILM: Fist of the North Star 1995 3.30 FILM: Truck Turner Isaac Hayes 1974 5.30-6.00am Monsters	7.30am Knightmare 8.00 G-Force 8.30 Robotech 9.00 Bionic Six 9.30 Adventures of the Galaxy Rangers 10.00 Archangel Thunderbird 10.30 Planet Mirth 11.00 The Twilight Zone 12noon FILM: Mystery on Monster Island Terence Stamp Horror yarn. 1981 2.00pm Misfits of Science 3.00 The Cape Family Values Drama series. Riles is shocked to meet the son he never knew he had. 4.00 The Web Explore what's new and upcoming on the net. 4.55 C/Net Central A computer magazine with the new innovations. 5.25 The New Edge A programme that takes a look at the future today. 5.55 Earthscan 6.00 Sightings Tim White introduces real-life stories involving luck, superstition, UFOs or near-death experiences. 7.00 Mysteries, Magic and Miracles With Patrick Macnee. 7.30 Archangel Thunderbird 8.00 Quantum Leap Maybe Baby Sam Beckett is transported back to 1963 as a nightclub bouncer. 9.00 Alien Autopsy: Fact or Fiction? Featuring footage from the supposed autopsy of the Roswell incident. 10.00 The Hunger The Secret Shih Tan Stars Jason Scott Lee. 10.30 FILM: Psychomania George Sanders, Beryl Reid, Nicky Henson Bizarre British horror about a biker in a pact with the devil. 1971 12.30am The Hunger 1.00 The Hunger 1.30 The World of Hammer 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows



Isaac Hayes is 'Truck Turner', a bounty hunter who goes gunning for a pimp, in this action movie for which he also wrote the score: Bravo 3.30am

TEEN	PLAYBOY	Adult CHANNEL
12midnight The Ten Minute Free View 12.10am Adult Feature 12.20 FILM: Adult Feature 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Silver Screen Confidential Well-endowed girls and hunky guys get down to action. 2.40 FILM: Club DV8 II The club in which anything can happen. 3.55-4.00am What's on Tomorrow	12midnight Free Teaser 12.05am Peep Show. 12.15 The Sex Guides: Amsterdam A roam around the red light district of Amsterdam. 12.50 FILM: Hollywood Turnabout Stephanie Swift, Sean Rider When a sexually frustrated writer finds a computer disk, all his fictional characters come to life. 2.10 FILM: Generation Sex Sid Deuce, Nici Sterling Erotic action in an art gallery. 3.55-4.00am Late Night II	12midnight Dish of the Day 12.10am Electric Blue Erotic compilation. 12.40 FILM: First Time Ever: The New Harvest Misty Rain, Kylie Ireland, Felecia, Tiffany Mynn More outrageous escapades on the magic carpet. 1.45 Camcorder Capers Erotic programme with Tina Harper and Carmen Jones. 2.40-4.00am FILM: Butterfly Laurie Cameron, Isis Nile Adult feature about a kid who is obsessed with butterflies.

L!VETV

CHANNEL ONE
TELEVISION

NBC

travel
TV THAT TAKES YOU THERE

living

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 What's in the Box 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Agony Omnibus 2.30 Revelations

3.00 Fate and Fortune
A look into the world of tarot reading.
3.30 Vinyl Frontier
3.45 Vinyl Frontier
4.00 Judge Judy Omnibus

5.00 Agony
Advice for the troubled at heart.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Bunny Bingo
6.45 What's in the Box
7.00 Vinyl Frontier

7.30 Agony
7.59 Tiffani's Big City Tips
8.00 Lie Detector
Unmasking more deceptions.
8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
A look at the headlines among the hemlines.
9.59 Big City Tips
10.00 Topless Darts
More shapely throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam 12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and local features on the hour, every hour, plus the following features:
9.30 The Album Show
10.30 The Album Show
11.30 The World of Sport
12.30pm American Chart Show
1.30 Cinema Cinema Cinema
2.30 The Album Show
Classic tracks from legendary bands.

3.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
4.30 Cybernet
All the latest computer entertainment news.
5.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
6.30 American Chart Show
Stateside chart action from across the pond.

7.30 Cybernet
All the latest computer entertainment news.
8.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts delivered straight to your door.
9.30 PDQ - The One Stop Shop
Tune in for the chance to have innovative and unusual gifts.
10.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood and forthcoming films.
11.30 The Album Show
12midnight-8.00am Local News on the hour, Album Show at half past every hour

5.00am Travel Xpress

Presented by Tricia Williamson.
5.30 Inspiration
7.00 Hour of Power
8.00 Home & Garden Television
10.00 Super Shop
A chance to do some shopping without ever leaving the armchair.
11.00 NBC Super Sports
Basketball Final. This championship is America's top amateur basketball tournament. Past championships have produced NBA stars Earvin 'Magic' Johnson, Michael Jordan and Larry Bird.
4.00pm The McLaughlin Group
Hosted by Dr John McLaughlin.
4.30 Meet the Press
Topical interviews and discussion with Tim Russert.
5.30 V.I.P.
In-depth celebrity chat.
6.00 Mr Rhodes
Death, Lice and Videotape
6.30 Union Square
New York sitcom.
7.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.30 Five Star Adventure
8.00 NBC Super Sports
Coverage of the Gillette World Cup 98.

9.00 The Best of the Tonight Show with Jay Leno
Highlights from the long-running talk show.
10.00 Profiler
Stylish suspense thriller exploring the dark side of the human mind starring Ally Walker.
11.00 The Ticket NBC
Entertainment guide with Kristiane Backer.
11.30 V.I.P.
In-depth celebrity chat.
12midnight The Best of the Tonight Show 1.00am MSNBC Internight 2.00 V.I.P. 2.30 Europe à la Carte 3.00 The Ticket 3.30 European Living 4.00 Five Star Adventure 4.30-5.00am The Ticket

CABLE EXCLUSIVE

12noon Snow Safari
12.30pm Pathfinders
1.00 The Great Escape
Dharamshala and River Rafting at Rishikesh
1.30 On Tour
Maldives
2.00 North of Naples, South of Rome
Church, Art and Homemade Pasta
2.30 Floyd on Oz
Victoria
3.00 An Aerial Tour of Britain
The Coast to Coast Walk
More stunning views of Britain.
4.00 Holiday Maker
Greece and Turkey
Honest, down-to-earth answers and advice from unbiased travel experts.
5.00 Widlake's Way
Israel - A Land for Everyone
A country where old and new exist side by side.
6.00 A River Somewhere
6.30 The Great Escape
Dharamshala and River Rafting at Rishikesh
7.00 Holiday Maker
USA
Inspirational ideas to help you choose the best American holiday ever.
8.00 Ridge Riders
8.30 Railway Adventures Across Europe
A train odyssey.
9.00 Grainger's World
Arctic Wonderland
Greg Grainger takes us on the ultimate adventure to the frozen North.
10.00 The Flavours of France
Calvados
10.30 Snow Safari
Best of Snow Safari
11.00 A River Somewhere
11.30-12midnight Travel Live
Guadeloupe

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat Is On
10.20 Rolonda
11.10 Brookside Omnibus
1.10pm Tempest
2.00 Hearts Afire: The Virgin Lonnie
2.30 I Dream of Jeannie
Genie, Genie, Who's Got the Genie - Part IV
Classic Sixties sitcom about an American astronaut who acquires his very own genie.

3.00 FILM: Bundle of Joy
Debbie Reynolds
A department store salesgirl finds a baby outside an orphanage. When she tries to take the child inside, the staff refuse to believe that she is not the mother. 1956
5.05 Hart to Hart
Murder Murder on the Wall
More amateur sleuthing.
6.00 Smash Up: The Story of a Woman
Susan Hayward, Lee Bowman, Marsha Hunt
Drama in which a nightclub singer gives up her career to get married and soon finds herself in alcoholic despair. 1947
8.00 Animal Rescue
More animals in distress are saved.
8.30 Rescue 911
With William Shatner.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussion about relationship issues.
10.50-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including contraception, teen sex and physical attraction.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

The finished article.
'Home & Garden Television':
NBC 8.00am



5.00pm Fifteen to One
Presented by William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.05 Split Second
7.30 Move On Up
Fast-moving gameshow with Richard Morton.
8.00 Prize Time
8.15 Jools Holland's Name that Tune
8.45 Prize Time
Competitions.
9.00 Endurance UK
Paul Ross puts more contestants through tortuous games.
9.45 Prize Time
10.00 3-2-1
Mayhem at the Manor
Ted Rogers hosts the quiz and entertainment show along with Dusty Bin.
11.00 Sticky Moments
Camp gameshow with Julian Clary.
11.45 Prize Time
Win great prizes.
12midnight Love at First Sight
12.30am The Mixer
1.30 Sweet Justice
2.30 Me and the Boys
3.00 Snowy River - The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop



NATIONAL GEOGRAPHIC CHANNEL

7.00pm Ice Worlds: Icebird
8.00 Ice Worlds: South Georgia - Legacy of Lust
Exploring the beautiful island in the great southern ocean.
9.00 Ice Worlds: Ozone - Cancer of the Sky
10.00 Vietnam's Great Apes
10.30 Endangered: Wolverines and Oil
11.00 Monkeys, Apes and Man
12midnight-1.00am Voyager: Cresta Run
NEW Documentary.

UK STYLE

CABLE EXCLUSIVE

2.00pm Radio Times
2.30 Dream Ticket
3.00 Travel Show Guide
3.30 Holiday in Style
4.30 The Big Trip
5.30 Tracks
6.00 Radio Times
6.30 Change That
7.00 The Big Trip
8.00 Holiday in Style
9.00 Style Challenge
9.30 Can't Cook, Won't Cook
10.00 Food and Drink
10.30 Home Front
11.00-12midnight Antiques Roadshow

UK ARENA

CABLE EXCLUSIVE

6.00pm Anna Karenina
7.00 Anna Karenina
8.10 Later with Jools Holland
9.00 Not Only...But Also...
Groundbreaking Sixties comedy starring Peter Cook and Dudley Moore.
9.30 Q Milligan
10.00 Scarfe on...Sex
The cartoonist on lust.
10.50 Scarfe on...Class
11.35-12.05am The Frame



7.00am Kickstart
9.00 The Grind
10.00 Hitlist UK
12noon MTV News
Weekend Edition
12.30pm Snowball
1.00 Select
3.00 Ultimate Oasis Top Ten
4.00 Selected
5.00 MTV's Euro Top 20
7.00 News Weekend Edition
7.30 The Real World - LA
8.00 Up for It
9.00 So 90s
10.00 The Lick R&B Chart
11.00 Amourathon
2.00-7.00am Music Videos



7.00am Non-Stop Hits from the Sixties II
8.00pm Talk Music
9.00 Beat Beat Beat Marathon
9.00 Beat Beat Beat
9.30 Beat Beat Beat 2
10.00 Beat Beat Beat 3
10.30 Beat Beat Beat 4
11.00 Straight Shooter - The Mamas and the Papas
12midnight Beat Beat Beat 5
12.30am Beat Beat Beat 6
1.00 Beat Beat Beat 7
1.30 Beat Beat Beat 8
2.00-7.00am Late Shift

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00



NEWS AND INTERNATIONAL

9.00am Campaigns in History
Bannockburn
10.00 Hooked on Fishing
Scottish Enterprise
10.30 Total Fishing
with Matt Hayes
11.00 Gimme Shelter
11.30 Homemaker
12.00 Tool Time
12.30pm Hammer It Home
1.00 A Cook's Journey
1.30 The Furniture Guys
Hot Tub Construction
2.00 Rex Hunt's Fishing Adventures
2.30 Two's Country
Get Down Shop
3.00 This Old House
3.30-4.00pm This Old House



4.00pm Strike Force: Sukhoi
A look at why the Sukhoi Jet Fighters were the most feared of Soviet war planes.
5.00 Engineering Disasters
Science Frontiers
How each new bridge or skyscraper is a life-sized experiment.
6.00 Jurassic Prehistoric Sharks
There are those who believe that a sea monster has survived in a rather well-known Scottish loch.
7.00 The Quest
An Upright Man
What caused man to walk upright?
7.30 Ghosthunters
Ghosthunters at Work
8.00 Super Twins: Joined at Birth
NEW A team of surgeons examine a pair of Siamese twins to ascertain whether a separation is possible.
9.00 Super Twins: Super Twins
Explore the great strides modern medicine has made in the war against infertility, along with the host of bizarre and sometimes tragic side effects.

11.00 Medical Detectives
Investigating the world of the scientific detective.
11.30 Medical Detectives
The House that Roared
How forensic science can solve crimes even after valuable evidence has disappeared.
12midnight Lonely Planet
Northern Spain
1.00-2.00am Justice Files

5.00am Omer and the Starchild
5.30 The Fruitties
6.00 The Real Story of...
6.30 Thomas the Tank Engine
7.00 Blinky Bill
7.30 Bugs Bunny
7.45 Road Runner
8.00 Scooby-Doo
8.30 Dastardly and Muttley
8.45 Wacky Races
9.00 Dexter's Lab
9.30 Johnny Bravo
10.00 Cow and Chicken
10.30 Beetlejuice
11.00 The Mask
11.30 Tom and Jerry
12.00 Flintstones
12.30pm The Bugs and Daffy Show
1.00 Johnny Bravo
1.30 Cow and Chicken
2.00 Batman
2.30 The Jetsons

3.00-9.00pm The Mask
The manic animated antics of Stanley Ipkiss, a meek bank employee who turns into a green-faced master of mayhem whenever he dons his magic mask. Based on the smash hit movie starring Jim Carrey and Cameron Diaz.



Vote green with Stanley Ipkiss in an all day special for 'The Mask':
Cartoon Network 3.00pm

7.00am Tales from the Cryptkeeper
7.30 Kablam!
8.00 Rocko's Modern Life
8.30 Hey Arnold!
9.00 Rugrats
10.00 Angry Beavers
10.30 Doug
11.00 Aaahh!!! Real Monsters
11.30 Ren & Stimpy
12.00 Wishbone
12.30pm Moesha
1.00 Sister Sister
1.30 The Secret World of Alex Mack
2.00 Kenan and Kel
2.30 Clarissa Explains It All

3.00 The Adventures of Pete and Pete
Fun with the red-haired brothers in arms.
3.30 Kablam!
Fun with June and Henry.
4.00 Hey Arnold!
More adventures with the kid sporting the cool quiff.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sussed!
5.30 Sister Sister
Domestic disharmony as Tia, Tamara and their respective single parents all try to live together.
6.00 Kenan & Kel
6.30-7.00pm Are You Afraid of the Dark?



7.00pm Mork and Mindy
Mork v the Necrotrons
Alien-on-earth sitcom.
7.30 Roseanne
Two Down, One to Go
8.00 The Kenny Everett Show
8.30 Caroline in the City
Caroline and the Red Sauce
9.00 Cheers
Backseat Becky, Upfront
Rebecca attempts to tell Evan Drake how she feels about him.
9.30 Ellen
10.00 Frasier
Roz in the Doghouse
Roz tells Frasier that Bulldog wants her to produce his show.
10.30 Duckman
11.00 The Kenny Everett Show
11.30 Absolutely
12midnight Sledgehammer
12.30am Nurses
1.00 Cheers
1.30 Roseanne
2.00 Caroline in the City
2.30 The Kenny Everett Show
3.00 Frasier
3.30-4.00am Duckman

6.00am Spirou
6.30 Iznogoud
7.00 Swamp Thing
7.30 Batman
8.00 Spellbinder II
8.30 Dennis the Menace
9.00 Road to Avonlea
10.00 Iznogoud
10.30 The New Adventures of Gargantor
11.00 Spirou
11.30 Flash Gordon
12.00 AJ's Time Travellers
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 The New Adventures of Gargantor
2.00 Flash Gordon
2.30 Swamp Thing

3.00 AJ's Time Travellers
Charles Darwin
3.30 Oscar's Orchestra
My Kingdom for a Tank
4.00 Batman
It's the Way You Play the Game
4.30-5.00pm Dennis the Menace
Special Agent Dennis



CABLE EXCLUSIVE
7.00pm Gilbert and Sullivan: The Mikado
The best of British operetta in a classic series featuring some surprising stars. With music by the London Symphony Orchestra.
9.00 American Playhouse: Life under Water
Tonight's play stars Keanu Reeves and Sarah Jessica Parker and tells the story of a frustrated boy who runs away from his mother, only to encounter different problems in female form.
11.00 Jazz Extra: Cleo Laine
The great singer in concert at the Montreal Jazz Festival.
12midnight-1.00am Midnight Jazz: Chick Corea
Chill out through the midnight hour, with some of the world's coolest jazz sounds.



News throughout the day, plus:
5.00am Directions
7.00 Wall Street Journal
8.00 Big Game
11.00 Dot.Com
12.00 Wall Street
1.00pm Money
2.00 Auto Motive
3.00 Directions
5.00 Story Board
6.00 The Big Game
7.00 Media
7.30 Future File
8.00 Your Money
8.30 Directions
9.00 Europe
9.30 Wall Street
10.00 Media
11.00 Squawk Box
1.00am Trading Day
4.30-5.00am Big Game

BBC NEWS 24

6.00am News
6.30 UK Direct
7.00 News
10.30 Science Review
11.00 Dateline London
12.00 News with Peter Allen
4.00pm Newsround
5.00 Newsday
7.30 Sir Robin Day's Book Review
8.00 News
8.30 The Diary
9.00 News UK
9.30 Reporters
10.00 News
10.10 Dateline London
11.00 News
11.30 USA Direct
12midnight News
2.30am The Diary
3.00 News
3.30 Face in the Crowd
4.00 News
4.30 Chronicles
5.00 News
5.30-6.00am Sir Robin Day's Book Review

CNN INTERNATIONAL

News throughout the day, plus:
5.00am World News
5.30 Inside Asia
6.30 Business
7.30 Sport
11.30 Earth Matters
12.30pm Science
1.30 World Report
2.30 Inside Europe
3.30 Sport
4.30 This Week in NBA
5.00 Late Edition
6.30 Health
7.00 Impact
8.30 Pinnacle Europe
9.30 World Cup Weekly
10.30 World Sport
11.00 World View
11.30 Style
12midnight World Today
12.30am Showbiz
1.15 Asian Edition
1.30 Diplomatic License
4.30-5.00am The Week in NBA

SKY NEWS

News on the hour, every hour, plus:
6.00am Sunrise
7.45 Gardening
9.30 Business Week
10.00 Adam Boulton
11.30 Book Show
12.30pm Week in Review
1.30 Global Village
2.30 Showbiz
3.30 Target
4.30 Adam Boulton
5.00 Live at Five
7.30 Sportsline
8.30 Reuter's Report
9.30 Showbiz
10.00 Prime Time
11.30 Week in Review
12.30am CBS Weekend News
1.30 ABC World News Sunday
2.30 Business Week
3.30 Reuter's Report
4.30 CBS News
5.30-6.00am ABC World News Sunday

INTERNATIONAL

3SAT
5.50am 7 Tage Anders
6.00 Kunststreifzüge
7.00 Alpenpanorama
8.00 Zeit im Bild
8.05 Lyrik für Alle
8.14 Classic Cuts
8.50 Zum 80
9.15 SchriftTypen
10.00 Offen 12
10.00 Zeit im Bild
12.05pm Wochenschau
12.30 Rückblende
12.45 Klingendes Österreich
1.30 Donnerwetter!
2.00 Regina auf den Stufen
2.50 Offen 3.00
Hitte Dokumentation
3.30 Geschichten
4.15 Offen 4.30
Teletipps für Tierfreunde
5.00 Tagebuch
5.15 Die Schweiz im März
6.00 Heute
6.08 Wetter
6.10 Ruge NeunzehnZehn
7.00 Tagesschau
7.15 Tatsachen und Legenden
8.00 Schätze der Welt
8.15 Die Klienten
8.45 Telefonitis
10.15 Der Staatsanwalt
11.25-1.00am Die Giftspritze

Deutsche Welle
5.00am Inside Politics
5.30 Video Timeline
5.45 Expo 2000
6.00 Journal und Compact
6.30 Plenum
7.00 Journal und Compact
7.30 HEAT
8.30 Inside Report
9.00 Journal
9.30 Das Fernsehspiel
11.15 Plenum
11.45 Schätze der Welt
12.00 Journal und Compact
12.30pm Inside Report
1.00 Video Timeline
1.15 Expo 2000
1.30 BIG
2.00 Journal
2.30 Kein Schöner Land
3.15 Land und Leute
3.30 Presseclub
4.15 Expo 2000
4.30 BIG
5.00 Journal und Compact
5.30 Video Timeline
5.45 Church and Society
6.00 HEAT
7.00 Journal und Compact
7.30 Presseclub
8.15 Zur Zeit
8.30 BIG
9.00 Journal und Compact
9.30 Treasures of the World
9.45 Expo 2000
10.00 Journal und Compact
10.30 Alemania in Vivo
11.00 Journal
11.15 Sport Report
11.30-12midnight Plenum

TVS
5.00am Minutes
5.05 Cap Adventure
5.30 Horizons
6.00 Francophonies
6.00 Musique
7.00 Minutes
7.05 Journal de Radio Canada
7.30 Meteo
7.35 Bus et Compagnie
8.30 Jardin des Bêtes
9.00 TV5 Minutes
9.05 Jardins et Loisirs
9.30 Correspondances
9.45 Du Poil de la Bête
10.00 Musique
10.30 Perfecto
11.00 Minutes
11.05 Telecinema

11.33 Journal
11.55 Meteo
12.00 Thalassa
1.00pm Faut Pas Rever
2.00 Documentaire
3.00 Journal
3.15 Theatre
5.30 Journal
6.00 Ya Pa Match
6.30 Journal
7.00 Soiree Thematique
8.55 Meteo
9.00 Journal
9.35 Le Monde
10.30 Bons Baisers d'Amérique
11.30-12midnight Soir 3 et Meteo

ASIANET

CABLE EXCLUSIVE

7.30am Sant Darshan
8.30 Bhakti Sagar
9.30 Mehfil
10.00 Dhur Ki Bani
10.30 Islam
11.00 Aashirvaad
11.30 Quran
12.00 News
1.30 FILM: Geet Gaya Pathar Ne
4.00 Cine Express
4.30 Jukebox
5.00 Top Ten
5.30 Majdhaar
6.30 Aur Aap
7.00 Zamana
7.30 Goimaal
8.00 Main Anari
8.30 FILM: Chahaat
11.30 News
12midnight Aur Aap
12.30 News
Goimaal
1.00 FILM: Aashiqui
4.00 Indipop
4.30 Zamana
6.00 Mere Saat
6.30 News
6.45 Business
7.00-7.30am Edition

ZEE TV

4.00am HINDI FILM: Jaanam
7.00 Jaagran
7.30 Shabads/Holy Quran
8.00 News
8.30 Alaap
9.00 Shri Krishna
10.00 Zee Health Show
10.30 Aashiana
11.00 Jhatpat Khana
11.30 India Business Report
12.00 HINDI FILM: Raj Kumar
3.00pm Parivartan
4.00 Zee and U
5.00 Karb
6.00 Zee Top Ten
6.30 Amaanat
7.30 Antakshari
8.00 News
8.30 FILM: Guddu
11.30-12midnight Yehi Hai Zindagi

RACING CHANNEL

Racing Channel does not transmit on Sundays

CMT

6.00am Rebel Country
7.00 Non-Stop
2.00pm Top 12
2.30 Fresh Cuts
3.30 Showcase
4.00 Fresh Cuts
4.30 Non-Stop
6.00 Top Billing
7.00 Rebel
8.00 Non-Stop
8.30 Top 12
10.00 Global View
11.00 Top Billing
12midnight Rebel
1.00am Showcase
1.30 Non-Stop
Country
5.00-6.00am Top Billing

BLOOMBERG

Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day
4.05 Worship
5.00 Free Price
6.00 Praise the Lord
7.00 Ray McCauley
7.30 Eddie Long
8.00 Matthew Ashimolowo
9.00 Sunday Night Live
9.30 Highway to Heaven
10.00 Revelation
10.30-11.00am This Is Your Day - Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees
12.00 America This Week
3.00-4.00pm Parliamentary Committees

WORLD NET

World Net does not transmit at weekends

LANDSCAPE

CABLE EXCLUSIVE

Beautiful films accompanied by music 24 hours a day

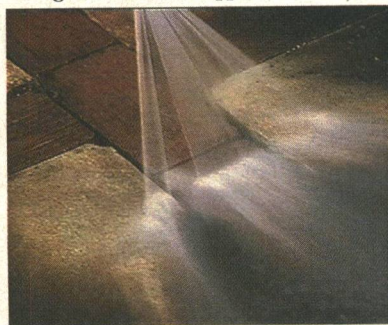
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AWAY
YOUR OLD
BROOM!**



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Patios, walls pavements, pools, steps, stairways, roofs, garden ornaments and any other outdoor area.

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6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

				
6.00am A Walton's Easter 1996, rating Sky U, 86 mins 7.40 The Guru 1969, rating Sky U, 107 mins 9.40 Agatha Christie's Thirteen at Dinner Mystery thriller. 1985, rating Sky U, 90 mins 11.20 Emma Period drama. 1996, rating Sky PG, 116 mins 1.20pm High Stakes Cynthia Gibb, Robin Thomas Drama. 1997, rating Sky PG, 90 mins 3.00 A Walton's Easter Richard Thomas, Ralph Waite, Michael Learned, Judy Norton, Mary McDonough, Kami Cotler, Kate McNeil Drama which sees the return of television's favourite family. 1996, rating Sky U, 86 mins 4.50 Superman II Christopher Reeve, Margot Kidder, Terence Stamp, Sarah Douglas, Gene Hackman, Ned Beatty Action-packed sequel in which the son of Jor-El inadvertently frees three intergalactic criminals imprisoned on Krypton before its destruction, who come to Earth and attempt to use their super powers to take over the planet. 1980, rating Sky PG, 122 mins 7.00 High Stakes Cynthia Gibb, Robin Thomas, Howard Hesseman Drama based upon a true story about a radio reporter who becomes addicted to gambling. 1997, rating Sky PG, 90 mins 8.30 The Movie Show Movie magazine programme, presented by Richard Jobson. 9.00 Emma Gwyneth Paltrow, Jeremy Northam, Toni Collette, Greta Scacchi, Polly Walker, Juliet Stevenson, Alan Cumming Hit adaptation of the classic Jane Austen novel about a privileged woman's attempts at match-making for a young girl she has taken under her wing. 1996, rating Sky PG, 116 mins 11.05 Assassins Sylvester Stallone, Antonio Banderas Thriller about a hitman who cannot escape from his own past. Text 1995, rating Sky 15, 127 mins 1.20am Forget Paris Billy Crystal, Debra Winger Romantic comedy. Text 1995, rating Sky 12, 98 mins 3.05-5.15am Farinelli - Il Castrato Award-winning drama. Widescreen 1994, rating Sky 15, 106 mins	6.00am Foreign Correspondent 1940, rating Sky PG, 116 mins 8.00 The Scarlet Empress 1934, rating Sky PG, 101 mins 9.50 Fort Apache Henry Fonda, John Wayne Acclaimed Western. 1948, rating Sky U, 123 mins 12noon The West Side Waltz Comedy drama. 1995, rating Sky PG, 90 mins 2.00pm The Hanging Tree Gary Cooper, Maria Schell, Karl Malden, Ben Piazza Western about a doctor in a gold-mining camp, who is treating a blind girl. Unfortunately, the doctor has a sinister past which may endanger his patient. 1957, rating Sky PG, 102 mins 4.00 The Velvet Touch Rosalind Russell, Claire Trevor, Leo Genn, Leon Ames Mystery drama about an actress who is driven to commit a murder. 1948, rating Sky PG, 93 mins 5.55 The West Side Waltz Liza Minnelli, Jennifer Grey, Kathy Bates, Robert Pastorelli Touching comedy-drama about a crotchety widow and her younger neighbour living in an elegant New York apartment block. Both women, who are on the look out for romance, find that their lives change in unexpected ways after they meet Mr Goo, a bizarre homeless woman. 1995, rating Sky PG, 90 mins 7.30 Special Feature 8.00 Payback Edward Asner, Mary Tyler Moore PREMIERE Thriller about a brave woman who testifies against a crooked cop. Kathryn Stillman reluctantly agrees to see Brian Kaleen brought to justice when the FBI explains that she is the only hope of securing his conviction. 1997, rating Sky 15, 83 mins 10.00 Twister - Preview 10.05 Twister Helen Hunt, Bill Paxton, Cary Elwes, Jami Gertz, Lois Smith Special effects-filled action movie about two rival teams of scientists who compete to investigate a series of destructive tornadoes. Text 1996, rating Sky PG, 109 mins 12midnight Empire Records Comedy drama. Text 1995, rating Sky 12, 86 mins 1.35am Nightbreaker 1989, rating Sky 15, 95 mins 3.15 Vampires in Venice 1988, rating Sky 18, 90 mins 4.50-6.00am Sherlock Holmes: The Valley of Fear 1983, rating Sky U, 50 mins	 French without tears for Ellen Andrews (Debra Winger) and Mickey Gordon (Billy Crystal) in the romantic comedy 'Forget Paris': Sky Movies Screen 1 1.20am  4.00pm Crossfire Robert Young, Robert Mitchum, Robert Ryan, Gloria Grahame, Paul Kelly, Richard Benedict, Sam Levene Action thriller in which a former military man goes berserk and leaves a blood-stained trail for the police to follow. Based on Richard Brooks's novel <i>The Brick Foxhole</i>. 1947, rating Sky PG, 83 mins 6.00 The Duchess and the Dirtwater Fox George Segal, Goldie Hawn, Conrad Janis, Thayer David, Roy Jenson Western comedy about a seasoned gambler and a dancehall girl teaming up for a series of rollicking, riotous adventures in the Old West. 1976, rating Sky PG, 100 mins 8.00 Ghostbusters II Bill Murray, Dan Aykroyd, Sigourney Weaver, Harold Ramis, Rick Moranis In an extravagant sequel, this time the team's supernatural foe is an ancient evil warrior who, caught in the framed constraints of an old oil painting, is attempting to re-enter the world of the living. 1989, rating Sky PG, 104 mins 10.00 Days of Thunder Tom Cruise, Robert Duvall, Randy Quaid, Nicole Kidman High-powered action-drama set against the competitive backdrop of the American NASCAR racing circuit. 1990, 102 mins 11.50 True Believer James Woods Thriller about an ex-radical who investigates a gang-killing case. 1989, rating Sky 15, 103 mins 1.40am The Taming of the Shrew Shakespeare comedy. 1967, rating Sky U, 111 mins 3.35-5.55am The Razor's Edge 1946, rating Sky PG, 139 mins  9.00pm Sunday in New York Cliff Robertson, Jane Fonda, Rod Taylor Frivolous sex comedy in which a morally upright young woman has to decide whether to sleep with her fiancé or hold out until her wedding day. Her attitude changes during a visit to her worldly-wise, airline pilot brother in New York. 1963, 105 mins 11.00 Bhowani Junction Ava Gardner, Stewart Granger, Bill Travers Adaptation of John Masters's novel, set in post-World War II India. 1956, 110 mins 1.00am Brotherly Love Susannah York A woman returns to her family's rundown estate after an argument with her husband. 1969, 112 mins 3.00-5.00am Sunday in New York Comedy. 1963, 105 mins	7.00am Street Sharks 7.30 Games World 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo British celebrity news. 2.00 Sally Jessy Raphael American talk show. 3.00 Jenny Jones <i>Big Babies</i> On today's show, a nutritionist counsels parents of overweight toddlers on weight loss and health issues. 4.00 The Oprah Winfrey Show Another real-life issue is put under scrutiny by Oprah Winfrey and her guests. 5.00 Star Trek: The Next Generation <i>The Drumhead</i> A retired Starfleet Admiral begins a witch hunt for a traitor on board the <i>Enterprise</i>. 6.00 The Live 6 Show Magazine show presented by Jenny Powell and Richard Orford. 6.30 Married... With Children <i>Kelly Bounces Back Text</i> 7.00 The Simpsons <i>Homer's Barbershop Quartet</i> Homer tells the story of when he was a singer. Text 7.30 Real TV Reality series. 8.00 Star Trek: Voyager NEW SERIES This fourth series sees the arrival of a beautiful Borg as a member of the crew, played by Jeri Ryan. 9.00 Sliders <i>Into the Mystic</i> The Sliders land in a dimension where interaction with the paranormal is very normal. 10.00 Brooklyn South <i>Tears on My Willow</i> Gritty New York cop drama series. 11.00 Star Trek: The Next Generation <i>The Drumhead</i> A retired Starfleet Admiral begins a witch hunt for a traitor on board the <i>Enterprise</i>. 12midnight Late Show with David Letterman Top-rating US chat show. 1.00am Raven <i>Checkmate</i> Jonathan's past catches up with him when he's asked to join an assassination team. 2.00-7.00am Long Play	7.00am Never the Twain 7.35 Neighbours 8.00 Crossroads 8.25 EastEnders 9.00 The Bill 9.30 Howards' Way 10.00 Shelley 10.30 The Sullivans 11.00 Casualty 12noon Crossroads 12.25pm Neighbours 12.55 EastEnders 1.30 Rosie 2.05 Open All Hours 2.45 Stay Lucky <i>A Quick Killing</i> Thomas has a cash crisis. 3.45 The Bill <i>Getting Even</i> Chris Deakin's role as acting DI brings him into conflict with Monroe and the CID. 4.15 Juliet Bravo <i>Party Fun</i> Eddie Miller's release from Parkhurst may cause Jack Willis to lose his bottle, but why does he leave Jean holding the baby? 5.20 EastEnders More drama with the Albert Square folk. 5.55 Big Break Jim Davidson hosts the snooker gameshow. 6.30 The Bill <i>Getting Even</i> Chris Deakin's role as acting DI brings him into conflict with Monroe and the CID. 7.00 Dad's Army <i>The Desperate Drive of Corporal Jones</i> Mainwaring's platoon is sitting in a barn which is a target for bombardment. 7.40 Rising Damp <i>Food Glorious Food</i> Rigsby has trouble getting to grips with fasting. 8.20 Only Fools and Horses <i>A Losing Streak</i> Classic sitcom. 9.00 Dangerfield Joanna finds out that Paul has a secret love - will this be the end of their relationship, or will the crisis actually lead to a commitment? 10.05 Taggart <i>Flesh and Blood - Part III</i> Jim Taggart investigates when an unexpected cache of explosives sparks off an apparently unconnected series of killings. 11.10 Canned Carrott Jasper Carrott with more stand-up comedy. 11.45 Between the Lines <i>Big Boy's Rules</i> Tony Clark defies CIB. 12.45am Three of a Kind 1.15 Spitting Image 1.45 The Equalizer <i>Wash-up</i> Window cleaners trying to unionise their outfit become the target of assassins. 2.10-7.00am Shopping at Night

UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Top Gear GTI
8.00 For Queen and Colony
9.00 CIA
10.00

Tomorrow's World Plus
11.00 Children's Hospital
— Special Edition
12.00 Secret Memories
1.00pm CIA
2.00 Animal Hospital
2.30 Great Mysteries and Myths

The Crash of the Hindenburg

3.00 The True Story of the Elephant Man
Tracing the story of John Merrick, known as the Elephant Man, and diagnosing the cause of his terrible deformities.

4.00 Your Horizons
Sneak previews and celebrity interviews feature in an up-to-the-minute guide to the best of the week's programmes.

5.00 Tomorrow's World Plus
Peter Snow and Philippa Forrester present reports about the future of science and technology, plus archive reports.

6.00 Animal Hospital
A visit to the Mayhew Animal Clinic, which is overrun with stray cats.

6.30 Great Mysteries and Myths
Who Was Anastasia?

7.00 Ice Fox
Bob Peck narrates this story about two Arctic fox families which take on a merciless Northern winter and live on the very edge of existence.

8.00 CIA
Hidden Persuaders
An examination of the CIA's efforts to influence internal politics in Italy and Indonesia after the end of World War II.

9.00 999
Highlights of the series' reconstructions, including a bizarre flying accident which left each of two brothers convinced that the other was dead.

10.00 The Power and the Glory
The Aristocrats

10.30 Medical Miracles: The Body Shop
A look at the reasons why people are turning increasingly to cosmetic surgery.

11.30 Top Gear GTI
Testing the latest models and casting an experienced eye over the hottest motoring news.

12.30am-1.00am Great Mysteries and Myths
The Disappearance of Amelia Earhart

An investigation into the mysterious disappearance of the all-American heroine of the Thirties.

6.00am Livetime 8.00
Gabrielle 9.00 Cook's Garden
9.30 The Good Housekeeping Show
10.00 Rosemary Conley's Cookbook
10.30 The Zest Beauty Show
11.00 Sally Jessy Gabrielle
1.00pm Cook's Garden
1.30 The Good Housekeeping Show
2.00 Rosemary Conley's Cookbook
2.30 The Zest Beauty Show

3.00 Livetime
Magazine programme featuring all aspects of health, beauty, fashion, food and the home. With Trinny Woodall and Susannah Constantine.
4.00 Sally Jessy Raphael
More lively studio discussion, chaired by the queen of talk, Sally Jessy Raphael.

5.00-6.00pm Livetime
Magazine programme featuring all aspects of health, beauty, fashion, food and the home. With Trinny Woodall and Susannah Constantine.

6.00am The Box
7.00 E! Entertainment
7.30 Classic Coronation Street
8.00 Blind Date
9.00 First Among Equals
10.00 Fortune Hunter
11.00 Hawaii Five-O
12noon Classic Coronation Street
12.30pm Families
1.00 Watching
1.30 Me and My Girl
2.00 All for Love
A Dedicated Man

3.00 London's Burning
Drama series. Bayleaf and Clare use the last of their savings to hire a private investigator to find the missing Melanie. Starring Rupert Baker.
4.00 Hawaii Five-O
The Last Eden
McGarrett's team searches for the conspirators who framed a nightclub star with active ecological ideals.

5.00 Mission: Impossible
The Golden Serpent - Part I
The team must bring to justice the leader of an international drug cartel.

6.00 Families
Drama series. Anton threatens to tell Barbara where Corinne is staying.
6.30 Classic Coronation Street
Rita is back at home.

7.00 Doctor at Large
Bewigged, Bothered and Bewildered
Medical comedy series.

7.30 Bootsie and Snudge
Call for Claud Snudge
8.00 London's Burning
Drama series. Bayleaf and Clare use the last of their savings to hire a private investigator to find the missing Melanie. Starring Rupert Baker.

9.00 Classic Coronation Street
Rita is adjusting to being back at home.
9.30 Wheelappers and Shunters Social Club
10.00-11.00pm Mission: Impossible

men & motors

11.00pm Performance Power
Sarah Donohue looks at sporting and leisure activities, from powerboating to superbiking.

12midnight 2 Wheels Better
Featuring bike tests, product reviews and show reports.
12.30am Motor Week
A review of the new Nissan Patrol.

1.00 E! Celebrity Profile
Jim Carrey
2.00-6.00am The Box

6.00am Bear in the Big Blue House
6.30 Jungle Cubs
7.00 Mighty Ducks
7.30 Nightmare Ned
7.45 Ned's Newt
NEW SERIES
8.00 Recess
8.30 Pepper Ann
9.00 Brand Spanking New Doug
9.30 Smart Guy
10.00 Student Bodies
10.30 Teen Angel
11.00 Boy Meets World
11.30 Brotherly Love
12noon Honey, I Shrank the Kids
12.45pm FILM: From the Mixed Up Files of Mrs Basil E Frankweiler
Lauren Bacall 1996
2.15 Ned's Newt
2.30 Aladdin

3.00 Timon and Pumbaa
More fun with the pair from *The Lion King*.

3.30 Brand Spanking New Doug
Doug's Secret Christmas
4.00 Pepper Ann

Pepper Ann is thwarted in her efforts to be cool by her family and friends.

4.30 Recess
Animated series from the creators of *Rugrats*.

5.00 Smart Guy
The 10-year-old prodigy winds his brother up in the classroom.

5.30 Student Bodies
High-school students devise a comic book.

6.00 Teen Angel
Buzz the guardian angel watches over Fifites fan Dennis. With Adam Siesk.

6.30 Boy Meets World
A Long Walk to Pittsburgh - Part II

7.00 FILM: Ernest Goes to School
Jim Varney, Linda Kash
Children's comedy. When the school board finds out that their bus driver makes their most stupid pupil seem as bright as Einstein, they send him back to school. 1994

8.30 The Wonder Years
Kevin Arnold looks back to the halcyon days of the late Sixties.

9.00-10.00pm Touched by an Angel
Monica is a thoroughly modern angel who relies on her wits rather than miracles to inspire people. Starring Roma Downey.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of THE BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily
9.30 Food for Thought
10.00 Dilly Dines Out
10.30 What's Cooking?
11.00 Worrall Thompson Cooks
11.30 Graham Kerr's Kitchen
12noon Food Network Daily
12.30pm First Taste
1.00 Food for Thought
1.30 For Better, For Worse
2.00 Tessa Bramley's Seasonal Kitchen
2.30 Food Network Daily
3.00 Surprise Chefs
3.30 Worrall Thompson Cooks
4.00 Ross's Foreign Assignment
With guest Norman Rees.
4.30-5.00pm Graham Kerr's Kitchen



CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Hey Dad II
Betty's Cryptic Crossword
Betty decides to design a crossword puzzle.

6.00 Byker Grove
Julie gets her own way, and Dexter is blamed for leading Charley astray.

6.30 A Country Practice
Little Voices - Part II

7.00 London Bridge
Jarvis takes drastic action to help Charlie, but Lucy remains nervous.

7.30 Pull the Other One
Hosted by Paul Coia.

8.00 Birds of a Feather
Sweet Smell of Success
Sharon sells perfume.

8.30 Life after Birth
The Butterfly Effect
NEW SERIES Single mother sitcom.

9.00 Chancer
Fall
Dex knows that he is Joseph's father, and Franklyn promises him access to the baby if he takes a job with him.

10.00 Soldier, Soldier Leaving
As the regiment prepares to depart for Bosnia, the agony of separation is aggravated by the sense of danger.

11.00 St Elsewhere
12midnight Pull the Other One
12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch us when you can and tape us when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Collectable Dolls at 6.00pm.

FILM

One Dark Night
HVC 10.00pm

Meg Tilly plays a high school girl who is determined to shed her goody-goody image. So, at the suggestion of three classmates, she decides to spend the night in a mausoleum. This is one very long dark night as ghosts, murdered psychics and all manner of ghouls come to haunt her. Watch out for Adam (Batman) West too!

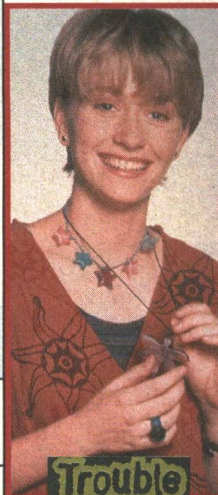
SPORT

Monday Night Football - LIVE
Sky Sports 1 7.00pm

West Ham have been high on unbeatable at home this season, with John Hartson scoring a hatful of goals, and they recently strengthened their squad by signing the talented Trevor Sinclair from QPR. Tonight they face a Leeds United side who, under boss George Graham, have a habit of clean sheets in defence and some spectacular goals from the likes of Rod Wallace and Jimmy Floyd Hasselbaink. Should be a tense and interesting contest.

Monday continues overleaf...

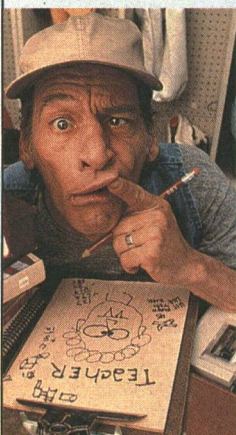
ADVERTISEMENT



Trouble

ECHO POINT
6.00PM

In the Australian soap, Frannie admits she was wrong and decides to go back to school.



Jim Varney learns his lesson in 'Ernest Goes to School':
Disney 7.00pm

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME



7.30am Sailing
8.00 Short Track Speed Skating
9.00 Motorcycling
11.00 Football
Action from a friendly match in preparation for the World Cup.
1.00pm Motocross
Action from the World Championship in Spain.
1.30 Rally
Coverage of the FIA World Rally in Portugal.
2.00 Figure Skating
Winter Olympic action from the White Ring in Nagano City, Japan.

4.00 Speed Skating
Coverage of the men's 1000m and 10,000m and women's 1500m events in the World Single Distance Championships in Calgary, Canada.

6.00 Bowling
Coverage of the Golden Tour in Ludwigshafen, Germany.

7.00 Extreme Sports
Sports magazine.

8.00 Trial
Coverage of the Indoor Tour in Montpellier, France.

9.00 Tractor Pulling
Action from the Indoor event at the Ahoy in Rotterdam.

10.00 Football
Eurogoals magazine.

11.30-12.30am Boxing
Punch-by-punch coverage of another top bout.

7.00am Futbol Mundial
7.30 Cycling: Tour of Malaysia
8.30 Gillette World Sport Special
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Rebel TV
10.30 Football League Review
12noon Aerobics Oz Style
Australian exercise.
12.30pm Football: Coca-Cola Cup Final
2.30 Rebel TV

3.00 Basketball
Another chance to see action from the court as two more sides meet in the Budweiser League match of the week.

5.00 Cycling: Tour of Malaysia
Action from Tour of Langkawi in Malaysia.

6.00 Sky Sports Centre
Sports news.
6.30 Football League Review
7.00 Ford Monday Night Football: West Ham United v Leeds United
Action from Upton Park where West Ham entertain Leeds in a Premiership clash. Both sides have enjoyed successful seasons, and managers Harry Redknapp and George Graham will wish to steer their clubs into the top six in order to qualify for next year's Uefa Cup.
10.30 Sky Sports Centre
The latest sports news.

11.00 World Pool Championship
Steve Davis leads the challenge from the Lakeside Centre.
12midnight Ford Monday Night Football
Action from the Premiership.
2.00am Sky Sports Centre
2.30 Football League Review
3.00-3.30am Sky Sports Centre

7.00am Aerobics Oz Style
7.30 Rebel Sports
8.00 Racing News
8.30 Spanish Football
10.30 Watersports World
A comprehensive guide to the best action on the water.
11.30 V-Max
An insight into the world of speed from inside the cockpit.
12noon World Wide Rugby: Super 12s
2.00pm Ford Golf USA: Players Championship
Another chance to see coverage from Ponte Vedra TPC at Sawgrass, where Steve Elkington defends his 1997 title in the tournament which effectively kicks-off the US Tour.

5.30 Football League Review
A look back at every goal scored.
6.00 Rebel Sports
Wild and mad-cap sports.
6.30 V-Max
An insight into the world of speed.
7.00 Sky Sports Centre
Sports news service.
7.30 International Cricket: South Africa v Sri Lanka
Another chance to see day four highlights from the second Test between South Africa and Sri Lanka.

11.00 Football League Review
11.30 V-Max
The world of speed from inside the cockpit.
12midnight Sky Sports Centre
Premier sports news service.
12.30am-2.30am International Bowls: Australia v England
The best of the action from the third Test.

12noon Cycling: Tour of Malaysia
Action from the Tour of Langkawi, the official professional tour of Malaysia, which takes place over 12 days across the beautiful Malaysian countryside.
1.00pm Ice Hockey: British Final
The best of the action from the final as two sides meet on the rink to do battle at the Manchester Nynex Arena.

3.00 World Motor Sport
Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit.

7.00 Fish TV
More useful tips and advice from the fisherman's favourite series.
8.00 International Bowls: Australia v England
Enjoy highlights of the second Test pairs match as competitors combine accuracy with technique on the bowling green.

10.00 Olympic Series: Reflections of Winter
Catch up with the best moments from Winter Olympic history.
11.00-11.30pm Wrestling
A compilation of classic action from the ring.

12midnight Free View
12.10am Peeping Tom
Cute girls caught unawares in candid moments.
12.20 Eurotapes
12.45 FILM: No Motive
Buck Adams, Rebecca Wild, Alexis DeVall
A psychotic killer escapes from prison and indulges in a wild sex spree.
1.00 Free View
1.05 FILM continues
2.00 Jane's World
2.25 FILM: Naked Fugitive
3.55-4.00am What's on Tomorrow

12noon Swan's Crossing
Action romance series.
12.30pm Sweat
Teenage athletic drama.
1.00 Echo Point
Teenage soap.
1.30 Heartbreak High
Hard-hitting drama series about life at a Sydney high school.
2.00 Saved by the Bell
Palm Springs Weekend
US schoolroom comedy.
2.30 Swan's Crossing
Action romance series.

3.00 It's in the Jeans
Horse Riding
3.15 On the Make
3.30 Heartbreak High
Hard-hitting drama.
4.00 Hollyoaks
Post-GCSE drama.
4.30 Saved by the Bell
Home for Christmas
5.00 USA High
Teenage sitcom.
5.30 Sweat
Teenage drama following a group of athletes.
6.00 Echo Point
6.30 Bangs
6.45 Rush
7.00 USA High 7.30-8.00pm Hollyoaks

8.00pm The A-Team
The Road to Hope
Murdock assumes the personality of a bible-thumping evangelist.
9.00 Tour of Duty
Battling Baker Brothers
Baker's brother comes to visit and sleeps with Baker's new-found love.
10.00 The Basement
Magazine programme.
10.30 Red Shoe Diaries
Erotic stories.
11.00 FILM: Parasite
Robert Gaudini, Demi Moore, Luca Bercovici, James Davidson
Gruesome horror. 1982
1.00am The Basement
1.30 Tour of Duty
2.30 FILM: King Frat
Ray Mann
Outrageous American campus comedy set in Florida. 1979
4.30 Red Shoe Diaries
5.00-6.00am The A-Team

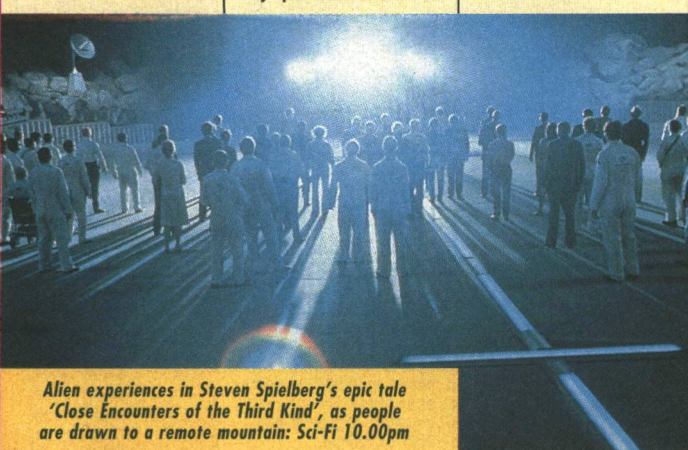
11.30pm Free Teaser
A free taster of the channel.
11.35 Peep Show
Adult feature.
11.45 FILM: Call Me
Erotic movie.
1.05am FILM: The Scope
Sindee Coxx
Adult movie about voyeurism.
2.20 Essentially Juli
Adult feature. It's business as usual for mega adult movie star Juli Ashton.
3.30-4.00am Adult Feature

7.30am Bloomberg Television
8.00 G-Force
8.30 Adventures of the Galaxy Rangers
9.00 Space Precinct
10.00 Archangel Thunderbird
10.30 Jupiter Moon
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon FILM: Starlost I
Alien Oro 1982
2.00pm The Outer Limits

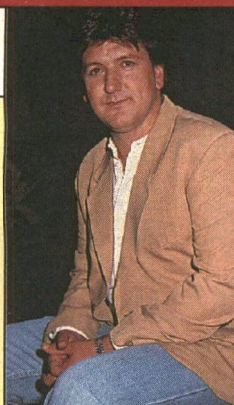
3.00 The Bionic Woman
Iron Ships and Dead Men
Jaime investigates the discovery of a skeleton.
4.00 The Six Million Dollar Man
The Peeping Blond
Kidnappers plan to send Steve to a foreign power.
5.00 Swamp Thing
Destiny
5.30 Inside Space
Space travel for viewers of all ages.
6.00 The Web
Take a trip into cyberspace and explore what's new and upcoming on the net.
7.00 Space Precinct
Illegal
Brogan goes after a drug dealing, crooked fight promoter.

8.00 Quantum Leap
Sea Bride
Sam finds himself in the body of a debonair adventurer.
9.00 The Cape
The Last to Know
Budget cuts mean that one of the Ascans will not be allowed to graduate.
10.00 FILM: Close Encounters of the Third Kind
Richard Dreyfuss, Francois Truffaut, Teri Garr, Melinda Dillon, Cary Guffey, Bob Balaban
Steven Spielberg's epic sci-fi tale about first contact with aliens. 1977
1.00am The Tomorrow People
1.30 Flash Gordon - Space Soldiers
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

12midnight Dish of the Day
12.10am Gay Night
What's hip, hot and happening on the gay scene.
12.20 Gay Night: Overload Live
Erotic gay series.
1.30 Gay Night: Better Gay Sex
Gay educational programme.
2.45 Gay Night: Pleasure Zone
Erotic gay programme.
3.40-4.00am Gay Night: British Men
Erotic special programme.



Alien experiences in Steven Spielberg's epic tale 'Close Encounters of the Third Kind', as people are drawn to a remote mountain: Sci-Fi 10.00pm



Bob Mills spins the discs and talks the talk in 'Mills 'n' Tunes': VH1 7.00pm



5.00pm Fifteen to One
Fast-moving quiz hosted by William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.05 Blockbusters
7.30 Give Us a Clue
With guests Roy Castle and Nicholas Parsons.
8.00 All Clued Up
Quiz show presented by David Hamilton.
8.30 Whittle
With Tim Vine.
9.00 Prize Time
9.15 Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Beaune, France
Contestants battle against the clock to guide Anneka Rice to hidden treasure.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River - The McGregor Saga
3.50 Jeux sans Frontières
5.00-6.00am Screenshot



CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12noon The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.
3.30 Love Story
3.45 Dial-a-Doc
4.00 Living Room Legends
Talent spotting.
4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.
5.30 Sport LIVE
Magazine programme.
6.00 The Fashion Show
6.30 Bunny Bingo
6.45 What's in the Box
7.00 The Why Files
Psychic investigations.
7.30 Agony
7.59 Tiffany's Big City Tips
8.00 Lie Detector
Unmasking more deceivers.
8.30 Judge Judy
8.59 Big City Tips
9.00 Brits on the Piste
9.30 The Fashion Show
9.59 Big City Tips
10.00 Topless Darts
Shapely dart throwing.
10.02 Sport LIVE
10.30 The Sex Show
Erotic discussions.
11.00 Big City Tips
11.01 Topless Darts
Shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Jennycam
12.15am Private Dancer 12.30 Pleasure Dome 1.00 Exotica Erotica 2.00 Brits on the Piste 2.30 The Sex Show 3.00 Exotica Erotica 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Dial-a-Doc 5.45-6.00am Nation LIVE



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am The Album Show
11.30 Yankee Doodle Dan
12.30pm Cybernet
1.30 Cinema Cinema Cinema
An in-depth look at the latest news from Hollywood.
2.30 The Album Show
Classic long-players by much-loved rock bands.

3.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door.
4.30 Cybernet
The latest news from the fast-changing world of computers and the internet.
5.30 PDQ - The One Stop Shop
Shop till you drop without the hassle, from the comfort of your sofa.
6.30 The World of Sport
A look at events from across the whole sporting spectrum.
7.30 Cybernet
The latest news from the world of computers and the internet.
8.30 PDQ - The One Stop Shop
Innovative and quirky products delivered straight to your door. All you need is a phone and a credit card.
9.30 PDQ - The One Stop Shop
Shop till you drop without hassle, from the comfort of your sofa.
10.30 Cinema Cinema Cinema
All the latest news from Hollywood.
11.30 The Album Show
Classic long-players.
12midnight-8.00am Local News on the hour, Album Show at half past every hour



5.00am Europe Today
8.00 European Money Wheel CNBC Europe
Live financial news, market updates and breaking business stories from offices and households around Europe.
11.00 Internight
12noon Time and Again
1.00pm European Living: Flavours of Italy
1.30 V.I.P.
2.00 Today
Current affairs magazine.
3.00 Home & Garden Television
Gardening by Yard/ Interiors by Design Magazine programme.
4.00 Time and Again
Jane Pauley looks back on the news that shaped the late 20th-century as covered by NBC.
5.00 European Living: Europe à la Carte
A culinary journey.
5.30 V.I.P.
Celebrity chat.
6.00 Europe Tonight Live
6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.
7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show featuring analysis and interviews.
8.00 NBC Super Sports
Basketball highlights of the regional final of the Big East Conference Championship.
9.00 The Best of the Tonight Show with Jay Leno
Highlights of star interviews and music.
10.00 Late Night with Conan O'Brien
Conan O'Brien hosts his own chat show featuring celebrity guests.
11.00 The Ticket NBC
Entertainment guide.
11.30 The Best of the Tonight Show with Jay Leno
12.30am NBC Nightly News with Tom Brokaw
1.00 MSNBC Internight
2.00 V.I.P. 2.30 Travel Xpress 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am MSNBC's The News



CABLE EXCLUSIVE

12noon On Top of the World
Poland
1.00pm Wet and Wild
Body Boarding and Water Painting
1.30 The Food Lover's Guide to Australia
Cheese-Making in Perth
2.00 Tread the Med
St Tropez
2.30 On Tour
Maldives
3.00 Destinations
Indonesia
Holiday magazine.
4.00 Ridge Riders
Chalk Downs of Southern England
4.30 Bruce's American Postcards
5.00 Wet and Wild
Body Boarding and Water Painting
5.30 Ribbons of Steel
The Golden Triangle
6.00 The Food Lover's Guide to Australia
Cheese-Making in Perth
6.30 Tread the Med
St Tropez
7.00 Holiday Maker
Spain
Inspirational ideas and unbiased advice to help you plan the best holiday.
8.00 Stepping the World
Canary Islands
8.30 The Flavours of France
9.00 Going Places
The Wild West
A look at how ranch holidays are becoming increasingly popular.
10.00 On Tour
Maldives
10.30 A-Z Med
Andalucia
Holiday magazine.
11.00-12midnight Destinations
Indonesia



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
Cruise at Your Own Risk
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series set in Bethlehem West
Emergency Ward.
2.20 Living It Up!
3.20 The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.
4.10 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.00 The Heat is On
Keith Chegwin presents the cookery contest.
5.30 Ready, Steady, Cook
Hosted by Fern Britton.
6.10 Jerry Springer Uncut
Outrageous American talk show.
7.00 Rescue 911
Real-life rescues by US emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Jerry Springer Uncut
Outrageous American talk show with lively and heated discussions.
9.00 FILM: Out of Darkness
Diana Ross, Ann Weldon, Rhonda Stubbins White, Carl Lumbly
Psychological melodrama about a mental patient's struggle to come to terms with the past and with her schizophrenia. 1994
11.00-12midnight The Sex Zone
Erotic Edibles
Hosted by Katrina Buchanan.

CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



8.00pm FILM: The Dance Goes On
Matthew James Almond, James Keach
Family drama.
9.45 Cat's Cradle
Bizzare drama about a family disposing of a corpse.
10.00 FILM: One Dark Night
Meg Tilly, Adam West
Horror about a school girl trying to change her image.
11.25-12midnight The Thrill
Short film about dodging oncoming trains.

7.00pm Numbats
A look at the striped numbat in the south west of Australia.
7.30 Lifeboat: Not a Cross Word Spoken
8.00 Black Stilt
A look at the wading bird, now holding its own in a harsh environment.
9.00 Living Sands of Namib
10.00 Azalai: Caravan of the White Gold
11.00 Jerusalem: Within These Walls
12midnight-1.00am The Rainbow Birds

CABLE EXCLUSIVE
2.00pm Radio Times 2.30 Style Challenge 3.00 Can't Cook, Won't Cook 3.30 Change That 4.00 Tracks 4.30 The Terrace 5.00 How Does Your Garden Grow? 6.00 Radio Times 6.30 Food and Drink 7.00 The Big Trip 8.00 Dream Ticket 8.30 Change That 9.00 Can't Cook, Won't Cook 9.30 Style Challenge 10.00 Antiques Roadshow 11.00 The Terrace 11.30-12midnight The Great Garden Game

CABLE EXCLUSIVE
6.00pm Sounds of the Sixties
1967-68 - The Pop Boom
6.30 The Frame
7.00 Good Music
8.00 When the Boat Comes In
Angel on Horseback
9.00 Guernica - The Long Exile
10.00 Scarle on ... Art
10.50 Scarle on ... Paradise
11.25-12midnight The Frame
Entertainment guide.

6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm US Top 20
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Oasis - Mad for It
Oasis special.
6.30 The Real World - LA
7.00 Hitlist UK
8.00 Hot
9.00 Up for It
10.00 Amour
11.00 Superock
1.00am The Big Picture
1.30-6.00am Music Videos

7.00am Power Breakfast
9.00 VH1 Upbeat 12noon
Ten of the Best: Alexander O'Neal 1.00pm Jukebox 3.00 Toyah! 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Album Chart Show 9.00 Talk Music 10.00 Greatest Hits of... Take That 11.00 The Nightfly 12midnight Simple Minds - Live in Paris 1.00am VH1 Late Shift 6.00-7.00am Hit for Six

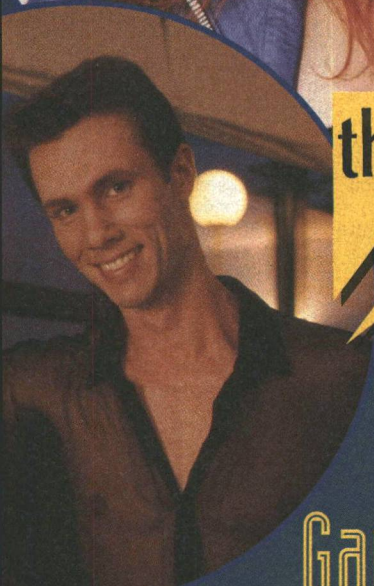
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00

				NEWS AND INTERNATIONAL
9.00am The Joy of Painting 9.30 Gardeners' Diary 10.00 Gardens without Borders 10.30 The Furniture Guys 11.00 Total Fishing with Matt Hayes 11.30 Hometime Cabinets and Counters 12noon Top Marques 12.30pm This Old House with Steve and Norm 1.00 Yan Can Cook Noodles, Pasta and More Fun 1.30 Antiques Trail 2.00 Homemaker 2.30 The Log Cabin Interior Finishing 3.00 Two's Country 3.30-4.00pm Home Again	5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 Real Story of... 7.00 Bugs Bunny 7.15 Road Runner 7.30 Tom and Jerry 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 2 Stupid Dogs 8.30 Tom and Jerry Kids 9.00 A Pup Named Scooby-Doo 9.30 Blinky Bill 10.00 The Fruitties 10.30 Thomas the Tank Engine 11.00 Wally Gator 11.30 Hong Kong Phooey 12noon Bugs and Daffy Show 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons	6.00am Count Duckula 6.30 Ren and Stimpy 7.00 Angry Beavers/Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Arthur 9.00 Children's BBC 10.00 Wimpie's House 10.30 Babar 11.00 The Magic School Bus 11.30 Lizzie's Library/Wombles/ Topsy and Tim/Portland Bill/Skylark 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Muppet Babies 2.00 Fraggle Rock 2.30 Alvin and the Chipmunks	6.00am The Big Dish 6.30 Oscar's Orchestra 7.00 Spirou 7.30 Dennis the Menace 8.00 Batman 8.30 Spellbinder II 9.00 Road to Avonlea 10.00 AJ's Time Travellers 10.30 Flash Gordon 11.00 Iznogoud 11.30 The New Adventures of Gigantor 12noon Spirou 12.30pm Oscar's Orchestra 1.00 Spellbinder II 1.30 AJ's Time Travellers 2.00 Iznogoud 2.30 Flash Gordon	BBC NEWS 24 6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct CNN INTERNATIONAL News throughout the day, plus: 5.00am This Morning 5.30 Best of Insight 6.30 Managing 8.30 World Cup Weekly 9.00 Impact 11.30 American Editions 12.30pm Pinnacle Europe 1.15 Asian Edition 1.30 Business 2.30 Newsroom 4.30 Artclub 5.00 Impact 6.45 American Editions 7.30 Business 8.30 Q & A 9.30 Insight 12.30am Moneyline 1.15 Asian Edition 1.30 Q & A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report SKY NEWS News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 World News 2.30pm Parliament Live 3.00 News on the Hour 3.30 Parliament Live 4.30 World News 5.00 Live at Five 6.00 7.30 Sportsline 8.00 News on the Hour 8.30 Business Report 9.30 World News 10.00 Prime Time 12.30am CBS World News Tonight 1.30 ABC World News 2.30 Business Report 3.30 The Entertainment Show 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight INTERNATIONAL 3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Aus dem Leben eines Jüdischen Ghettojüngstzisten 8.40 Aktueller KinoTip 8.45 Die Schweiz im März 10.30 Ausland 10.00 Orb- Talk 11.30 Exclusiv 12noon Visite 12.45pm Schätze der Welt 1.00 Das Sonntagskonzert 1.45 Seniorencub 2.30 Tips und Trends 2.55 Offen 3.00 Sehnsucht nach Unsterblichkeit 3.45 Denkmalschutz 4.15 Servicezeit 4.45 Kunst und Krempel 5.15 Bilder aus Österreich 6.00 Heute 6.18 Wetter 6.20 Kulturzeit 7.00 Tagesschau 7.15 Stalin 8.00 Dokumentation 8.30 Neues 9.00 Zeit im Bild 9.25 Bilder Jenseits 9.55 Francesco Borromini 10.50 Hans Josephsohn 11.35 Seitenblicke 11.30- 12midnight Nachrichtenmagazin des Schweizer Fernsehens Deutsche Welle 5.00am HEAT 6.00 Journal 6.30 Sport Report 6.45 Schätze der Welt 7.00 Journal 7.30 Treasures of the World 7.45 Curators of Culture 8.00 BIG 8.30 Inside Politics 9.00 Journal 9.30 Sport Report 9.45 Presseclub 10.30 BIG 11.00 100 Grad 12noon Journal 12.30pm Inside Politics 1.00 HEAT 2.00 Journal 2.30 Nahaufnahme 3.00 Boulevard 4.00 Boulevard 4.30 Feature: Cello on the Rocks 5.00 Journal 5.30 Boulevard 6.00 Paderborn 6.30 Antarctica 7.00 Journal 7.30 Boulevard 8.30 Cello on the Rocks 9.00 Journal 9.30 Antarctica 10.00 Journal 10.30 Reportage 11.00 Journal 11.15 Schätze der Welt 11.30- 12midnight Boulevard TV5 5.00am Minutes 5.05 Fa Si la Chantier 5.30 Telematin 7.00 Minutes 7.05 Journal 7.30 Meteo 7.35 Questions pour un Champion 8.00 Minutes 8.05 Polemiques 9.00 Minutes 9.05 Reflets 10.00 Minutes 10.05 Jeu de Société 10.30 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumieres 11.33 Journal 11.55 Meteo 12noon Cinema 2.00pm Au-Dela des Apparences 3.00 Journal 3.15
Discovery Channel EXPLORE YOUR WORLD 4.00pm Rex Hunt Specials Tasmania 4.30 Disaster In the Path of Doom 1992's Amsterdam air crash. 5.00 Top Marques Aston Martin 5.30 Treasure Hunters The Mystery of the Old Slumach A look at treasure hunting. 6.00 Untamed Amazonia Tears of the Moon A focus on the extraordinary wildlife of the Amazon. 7.00 Beyond 2000 Science magazine. 7.30 Ancient Warriors The Highlanders The story of the Battle of Bannockburn. 8.00 Time Travellers Riddle of Roanoke 8.30 Wonders of Weather Fear of Flying How weather affects planes. 9.00 Lonely Planet South West USA A journey through Gallup on the New Mexico border, followed by a spectacular train journey. 10.00 Nightfighters The Hunters A detailed look at the night-time air battles over Europe during World War II. 11.00 Weapons of War: Scorched Earth The Desert Fox 12midnight Adventures of the Quest Silent Warriors 1.00am Ancient Warriors The Highlanders 1.30-2.00am Beyond 2000 Science magazine.	The Addams Family More unhealthy fun with America's weirdest family. 3.30 Beetlejuice Supernatural fun. 4.00 Scooby-Doo Canine crimefighting. 4.30 Dexter's Laboratory Chemical chaos with the bedroom professor. 5.00 Johnny Bravo The egotistical superhero strikes again. 5.30 Cow and Chicken Oddball animal antics. 6.00 Tom and Jerry Madcap comic antics with the cat and mouse. 6.15 Road Runner 6.30 The Flintstones Back to Bedrock. 7.00 Batman Gothic goings on in Gotham City. 7.30 The Mask Manic antics with the green-faced fiend. 8.00 The Real Adventures of Jonny Quest More derring-do. 8.30-9.00pm Droopy: Master Detective	3.00 Jumanji Cartoon series about a magic board game. 3.30 Doug/Angry Beavers Animated fun. 4.00 Hey Arnold! More adventures with the kid with the coolest quiff in town. 4.30 Captain Star Animated superheroics. 5.00 Rugrats Fun with the imaginative tousle-headed nippers. 5.30 Sister Sister Tia and Tamera and their parents all try to cohabit. 6.00 Renford Rejects 6.30-7.00pm Kenan	The New Adventures of Gigantor The Manta Marauders 3.30 The Big Dish Children's gameshow. 4.00 Batman The Puzzles Are Coming Camp cappel crusading. 4.30-5.00pm Dennis the Menace The Day TV Was Banned	Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chantier 5.00 Questions 5.30 Journal 6.00 Paris Lumieres 6.30 Journal 7.00 Envoye Special 8.55 Meteo 9.00 Journal Television 9.30 Kiosque 10.15 Mise au Point 10.45 Vivre avec 11.30-12midnight Soir 3 ASIANET CABLE EXCLUSIVE 7.30am News 8.00 Today 8.30 Asian AM 9.00 FILM: Shaheed 11.30 News 12noon Thikikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM: Prem Qaidi 4.00 Tucker 4.30 Naya Andaz 5.00 Nachani 5.30 Tiger 6.00 Jhankar 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 FILM: Qurbani 11.30 News 12midnight Swabimaan 1.00 Shanti 1.00 Shanti FILM: Himmat 4.00 Music 4.30 Tucker 5.00 Kahaniyan 6.00 Bhule Bisre Geet 6.30 News 6.45 Business 7.00-7.30am First Edition ZEE TV 4.00am FILM: Chann Pardesi 6.30 Punjabi Folk 7.00 Jaagran 7.30 Ru Ba Ru 8.00 News 8.30 Aahaa 9.00 FILM: Phir Subaha Hogi 11.30 Daraar 12noon FILM: Loafer 3.00pm Margarita 3.30 Parampara 4.00 Hum Paanch 4.30 Ikke Pe Ikka 5.00 Pop Korn 5.30 Your Zindagi 6.00 Banegi Apni Baat 6.30 Mast Must Show 7.00 Chutki Bajake 7.30 It's My Choice 8.00 News 8.30 Sallaab 9.00-12midnight FILM: Prithvi RACING CHANNEL 11.00am Racing Review 12.30pm Live at Luncheon 2.00-6.00pm Live Racing From Hamilton, Hexham and Lingfield. CMT 6.00am Rebel Country 7.00 CMT Morning 10.00 Non-Stop Country 6.00pm Top Billing 7.00 Rebel Country 8.00 Non-Stop Country 11.00 Top Billing 12midnight Rebel Country 1.00am Global View 2.00 Non-Stop Country 5.00-6.00am Top Billing BLOOMBERG Information service offering news, sport, market updates and weather, 24 hours a day, seven days a week EURONEWS News on the hour and half-hour, plus sport and financial news CHRISTIAN CHANNEL 4.00am Thought 4.05 Copeland 4.30 Money 4.45 Avanzini 5.00 Dougherty 5.30 Van Impe 6.00 Youngren 6.30 Dollar 7.00 Copeland 7.30 Kidz TV 8.00 Hinn 8.15 Money Matters 8.30 Ekman 9.00 Toronto 9.30 Hayford 10.00 Vision 10.30 Europe 10.45-11.00am CMTV PARLIAMENTARY CHANNEL CABLE EXCLUSIVE 6.30am Parliamentary Committees 12.30pm Statement From the House 1.30 Business Statement 2.30 The Commons Live 11.00-12midnight Questions From the House WORLD NET 9.00am Newswire-Feed 10.00 News and World Events 11.00 Business News 11.30 Worldnet Dialogues 2.00pm Business News 2.30-3.00pm McLaughlin One on One LANDSCAPE CABLE EXCLUSIVE Beautiful films accompanied by music 24 hours a day
THE HISTORY CHANNEL 4.00pm Swastika Over British Soil The story of the German occupation of the Channel Islands. 5.00 The Fight for the River A look at the battle for the Isonzo River in May 1915. 6.00 Ancient Mysteries: Witches 7.00-8.00pm History of the RAF Special: Eagles of the Crown Baptism of Fire The 80th Anniversary of the RAF.	SKY soap 11.00am Take the High Road 11.30 Emmerdale 12noon Emmerdale 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light Buzz puts everything on the line to get Jenna out of jail. 2.30 Take the High Road Doug finds a stranger lying on the moor. 3.00 Emmerdale 3.30-4.00pm Emmerdale Rural soap.	SKY travel 11.00am Video Trips 11.30 Globetrotter 12noon Independent Traveller 12.30pm Getaway 1.00 Great Escapes Jamaica and New Zealand 1.30 Ticket to Paradise Rio, Amsterdam and Malaysia 2.00 America's Great Outdoors Montana 3.00 Globetrotter Alaska, Bali, Baja and Israel 3.30-4.00pm Earth Journeys	CNBC News throughout the day, plus: 5.00am Europe Today 8.00 Money Wheel 1.00pm Squawk Box 3.00 Market 5.00 Power Lunch 6.00 Europe Tonight 7.00 Media 7.30 Future 8.00 Money 8.30 Auto Motive 9.00 US Market Wrap 10.00 Media Report 10.30 Future File 11.00 Money 11.30 Auto Motive 12midnight Asian Squawk Box 1.00am Trading Day 3.00 Media 3.30 Future 4.00 Money 4.30-5.00am Auto Motive	PERFORMANCE THE ARTS CHANNEL CABLE EXCLUSIVE 7.00pm European Concert: Romantic Miniatures 7.30 Inside Hollywood 8.00 Previn on Mozart André Previn traces the main events in Mozart's life. Including performances from some of the world's most famous musicians. 9.00 Theatreland Emma Freud presents news, reviews and star interviews. 9.30 Fonteyn and Nuryev No partnership in dance has ever attracted such adulation as that of Dame Margot Fonteyn and Rudolf Nuryev, as her experience and grace perfectly offset his explosive energy. This programme charts the birth and course of a legendary relationship. 12midnight-1.00am Midnight Jazz: Tower of Power A feast of funk from these brass- based R&B exponents.
THE HISTORY CHANNEL	SKY soap	SKY travel	CNBC	PERFORMANCE THE ARTS CHANNEL



The Melissa Hill Weekend

The gorgeous Melissa stars in her own weekend full of her raunchiest films, including:
The Girl With The Heart Shaped Tattoo,
The Spicier Side Of Melissa Hill
and *Blaze*. **March 20th—22nd**



the

Adult
CHANNEL



European Film Night

Get into the community spirit! European eroticism explodes onto your screens this month—don't miss *The Erotic Chateau*, full of heavenly Hungarians.

Gay Night

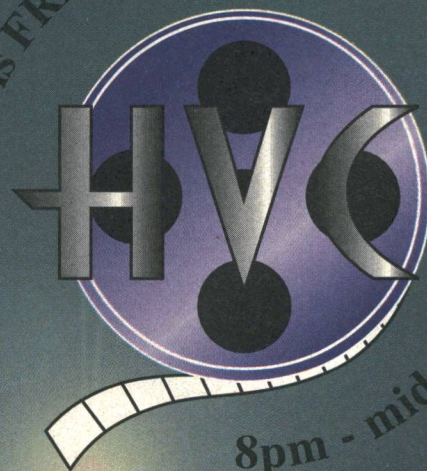
A complete evening's programmes including 3 films;
Tim Milsom lets you know what's hot and happening. **Mondays**



Photoshoots

Back by popular demand, we take a look behind the scenes where the elite in adult entertainment are steaming up some lenses.
Don't miss *Breakfast at Tiffany's* on the 6th.
Fridays

HVC is FREE with The Adult Channel



8pm - midnight

HOT ACTION BEFORE MIDNIGHT

Call your cable operator now and get turned on



6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am The Stalking Moon
Gregory Peck
1969, rating Sky PG, 104 mins
8.00 Dog's Best Friend
Richard Mulligan
Family comedy. 1997, rating Sky U, 89 mins
10.00 Phenomenon
John Travolta, Robert Duvall
Touching drama. **Text** 1996, rating Sky PG, 118 mins
12.30pm Deadfall
Michael Caine, David Buck
Psychological crime drama. 1968, rating Sky PG, 115 mins

3.00 The Thief Who Came to Dinner
Ryan O'Neal, Jacqueline Bisset, Warren Oates, Jill Clayburgh
Comedy thriller. A computer expert turns jewel thief and becomes known as the chess burglar due to his habit of leaving a chess piece and a chess move at the scene of the crime. 1973, rating Sky PG, 100 mins
5.00 Dog's Best Friend
Richard Mulligan, Shirley Jones
Family comedy. A young boy moves to the country with his father and talented pet dog. On their new farm, the boy discovers a host of talking animals, who help out his father when the farm is faced with repossession. 1997, rating Sky U, 89 mins

7.00 The Stupids
Tom Arnold, Jessica Lundy, Bug Hall, Christopher Lee
Wacky comedy about the most ignorant family on the planet. Stanley Stupid and his family are convinced that an evil Mr Sender has been stealing the nation's mail, as it comes back marked Return to Sender. 1996, rating Sky PG, 90 mins
9.00 Phenomenon - Preview
9.05 Phenomenon
John Travolta, Kyra Sedgwick, Forest Whitaker, Robert Duvall
Touching drama about a garage mechanic whose brain capacity suddenly increases markedly after what may have been an encounter with an alien spacecraft. **Text** 1996, 118 mins

11.05 Nadja
Peter Fonda, Martin Donovan, Suzy Amis
PREMIERE Offbeat drama about a female vampire. **Widescreen** 1995, rating Sky 15, 89 mins
12.40am Cyberella: Forbidden Passions
1995, rating Sky 18, 82 mins
2.10 Mad Love
Romantic road movie. 1995, rating Sky 15, 92 mins
3.50-5.45am To Die For
Nicole Kidman, Matt Dillon
Black comedy. **Text** 1995, rating Sky 15, 103 mins

10.00 Eye for an Eye
Sally Field, Ed Harris, Olivia Burnette, Kiefer Sutherland, Beverly D'Angelo, Joe Mantegna
Thriller. A woman whose daughter was murdered takes the law into her own hands. 1996, rating Sky 18, 111 mins
11.55 Down, Out and Dangerous
Richard Thomas
Suspense drama. 1995, rating Sky 15, 88 mins
1.30am Devil in a Blue Dress
Denzel Washington
Mystery drama. **Text** 1995, rating Sky 15, 97 mins
3.15-5.20am Where's Jack?
Tommy Steele, Stanley Baker
1969, rating Sky 12, 114 mins

6.00am I Wake Up Screaming
1941, rating Sky U, 79 mins
7.30 I Married a Witch
Fredric March, Veronica Lake
1942, rating Sky U, 74 mins
8.50 Citizen Kane
1941, rating Sky U, 115 mins
10.50 The Talk of the Town
Ronald Colman, Cary Grant
1942, rating Sky U, 112 mins
12.50pm Garden of Evil
Gary Cooper, Susan Hayward
1954, rating Sky PG, 90 mins
2.45 Citizen Kane
Orson Welles, Joseph Cotten, Dorothy Comingore, Everett Sloane, Agnes Moorehead
Orson Welles's classic directorial debut chronicles the fictional life of Charles Foster Kane, a timid young boy who worked his way up through the ranks to become a media baron, only to discover that life at the top is isolating and lonely. 1941, rating Sky U, 115 mins

4.45 Mystery Science Theatre 3000: The Movie
Michael J Nelson, Trace Beaulieu, Kevin Murphy
Sci-fi comedy featuring a trio of robots and an astronaut. 1996, rating Sky PG, 71 mins
6.00 Project: Alf
Miguel Ferrer, William O'Leary, Jensen Daggett, Ed Begley Jr, Martin Sheen
Comedy which sees the return of the loveable alien. Alf is captured by the military and is under analysis at a top secret base. 1996, rating Sky PG, 87 mins
7.30 Behind the Scenes
8.00 Miami Rhapsody
Sarah Jessica Parker, Gil Bellows, Antonio Banderas, Mia Farrow
Romantic comedy about a young woman who gets engaged and embarks on a nightmare discovery about relationships. **Text** **Last Play** 1995, rating Sky 15, 92 mins
9.30 The Movie Show
Presented by Richard Jobson.



Things are not what they seem in 'To Die For', as Suzanne Stone (Nicole Kidman) plans to get rid of her husband Larry (Matt Dillon): Sky Movies Screen 1 3.50am



4.00pm Rachel and the Stranger
Loretta Young, Robert Mitchum, William Holden, Tom Tully, Sara Haden
Pleasant drama telling the story of a pioneer who buys a bride to be his servant. Then, a friend of the groom arrives on the scene and makes a play for her, arousing the husband's jealousy. 1948, rating Sky U, 89 mins
6.00 Big
Tom Hanks, Elizabeth Perkins, John Heard, Jared Rushton
Good-natured family comedy. A young boy wishes he was big at a wish-fulfilling fairground arcade and is shocked to wake up the following morning as a pre-teen boy in a fully-grown man's body. 1988, rating Sky PG, 100 mins
8.00 Anzio
Robert Mitchum, Peter Falk, Arthur Kennedy, Robert Ryan, Earl Holliman, Mark Damon, Patrick Magee
World War II drama about an American reporter who witnesses the Allied invasion of Italy in 1944. Also known as *The Battle for Anzio*. 1968, rating Sky PG, 113 mins

10.00 A Nightmare on Elm Street Part 3: Dream Warriors
Heather Langenkamp, Patricia Arquette, Larry Fishburne
Horror in which menacing undead killer Freddy Krueger is resurrected. 1987, 93 mins
11.40 Skin Deep
John Ritter, Alyson Reed
Comedy. 1988, rating Sky 18, 96 mins
1.20am Brazil
Jonathan Pryce, Robert De Niro, Ian Holm, Bob Hoskins
Dazzling futuristic fantasy. 1984, rating Sky 15, 135 mins
3.40-5.05am Halloween IV: The Return of Michael Myers
Donald Pleasence
1988, rating Sky 18, 84 mins

9.00pm Gore Vidal's Billy the Kid
Val Kilmer, Duncan Regehr, Wilford Brimley, Julie Carmen, Michael Parks, Rene Auberjonois
The story of the legendary gunslinger William Bonney, who, after becoming involved in a violent ranch war, embarks on a trail of murder across the Old West. 1989, 94 mins
11.00 Heaven with a Gun
Glenn Ford, Carolyn Jones, Barbara Hershey
Western. A preacher comes between cattlemen and sheep herders. 1969, 101 mins
1.00am The Best House in London
David Hemmings
Frivolous period yarn set in a bordello. 1969, 97 mins
3.00-4.45am Gore Vidal's Billy the Kid
Val Kilmer, Duncan Regehr
1989, 94 mins

5.00pm The Next Generation
Half a Life
Sci-fi series. Troi's mother fights to stop her love from participating in a ritual suicide.
12midnight Late Show with David Letterman
1.00am Raven
Guardians of the Night
Jonathon suspects foul play when a boy he teaches in an orphanage class mysteriously disappears.
2.00-7.00am Long Play
Music through the night.

7.00am Street Sharks
7.30 Games World
7.45 The Simpsons **Text**
8.15 The Oprah Winfrey Show
9.00 Hotel
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children
Fair Exchange **Text**
12.30pm M*A*S*H
I Hate a Mystery **Text**
1.00 Geraldo
2.00 Sally Jessy Raphael
3.00 Jenny Jones
I Know Someone Hunky Enough to Be a Model
Today's guests believe that their friends are handsome enough to pass for models.
4.00 The Oprah Winfrey Show
More from the talk show which enjoys worldwide popularity, hosted by the queen of chat rarely out of the headlines.
5.00 Star Trek: The Next Generation
Half a Life
Sci-fi series. Troi's mother fights to stop her love from participating in a ritual suicide.
6.00 Dream Team
The club's new players inspire Coates with hope for the future.
6.30 Married... With Children
Married... With Aliens **Text**
7.00 The Simpsons
You Only Move Twice
The Simpsons relocate to another community. **Text**
7.30 Real TV
Featuring actual video footage of real-life events.
8.00 Rescue Paramedics
EP 23
Real-life drama.
8.30 World's Weirdest TV
Hosted by Russ Williams.
9.00 Close Calls: Cheating Death
This special documentary features amazing stories of people who survived near-death situations.

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



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10.00 The Extraordinary
Including the story of a woman who gave birth to her own grandchild and a haunting story from Catherine Oxenberg.
11.00 Star Trek: The Next Generation
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7.00am Never the Twain
7.35 Neighbours
8.00 Crossroads
8.25 EastEnders
9.00 The Bill
9.30 Howards' Way
10.00 Shelley
10.30 The Sullivans
11.00 Casualty
12noon Crossroads
12.25pm Neighbours
12.55 EastEnders
1.30 Rosie
2.05 2point4 Children
2.45 Stay Lucky
Down to Earth
Drama with Dennis Waterman and Susan George.

3.45 The Bill
Taking the Blame
Stars Stephen Beckett and Luke Pursey.
4.15 Juliet Bravo
Lies and Liars
Pet shop owner Steve gets on well with children, but a mother's accusation leads to a police investigation. Stars Stephanie Turner and David Ellison.
5.20 EastEnders
Vintage drama from Albert Square.
5.55 Big Break
Jim Davidson hosts the snooker gameshow.
6.30 The Bill
Taking the Blame
Jarvis blames himself when a teenager is killed in a car crash. But was it really his fault?
7.00 Dad's Army
If the Cap Fits
Mainwaring lets Frazer take over in a bid to end his grumbling.
7.40 Rising Damp
Body Like Mine
There's a keep-fit craze going on in Rigsby's boarding house.
8.20 Only Fools and Horses
No Greater Love
Rodney falls in love.
9.00 The Detectives
Acting Constables
Stars Jasper Carrott and Robert Powell.
9.40 Backup
Gritty drama series about a police operational support unit. Starring Martin Troakes, Christopher John Hall and Nick Miles.
10.45 The Chief
Drama series about a controversial chief constable who tackles contentious issues in his own way. Starring Martin Shaw.
11.50 FILM: Ironside - Amy Prentiss
Raymond Burr, Jessica Walter, William Shatner
The rape of a police-woman causes upheaval within the department.
1.30am The Equalizer
Tom
2.20 100 Years of Horror: Witches
2.50-7.00am Shopping at Night

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UK HORIZONS

GOOD Life

plus



Cable Choice

CABLE EXCLUSIVE

7.00am Your Horizons
8.00 Ice Fox
9.00 CIA
10.00 Top Gear GTI
11.00 Children's Hospital
 - Special Edition
12noon Ice Fox
1.00pm CIA
Hidden Persuaders
2.00 Animal Hospital
2.30 Great Mysteries and Myths
Who Was Anastasia?

3.00 Hillary and Tenzing: Everest and After
 A profile of the famous mountaineers who reached Everest's summit on 29 May 1953.

4.00 999
 Dramatic reconstructions from the series, including the bizarre flying accident which left two brothers each convinced that the other was dead.

5.00 Top Gear GTI
 The team tests the latest models and casts an experienced eye over the hottest motoring news in this specially extended edition.

6.00 Animal Hospital
 Shauna Lowry meets the new veterinary nurse.

6.30 Great Mysteries and Myths
The Death of the Red Baron

7.00 Winter Days
 Examines what winter is all about - a season of death and decay, or months of magic? How does Britain's wildlife cope with the cold?

8.00 CIA
Hi-Tech Low Cunning
 A look at the hi-tech gadgetry, including spy planes, bugging devices and satellites, which put the CIA ahead of its rivals.

9.00 Top Gear GTI
 Jeremy Clarkson and the team present a specially extended edition of the show, featuring extra information, interviews and consumer tips.

10.00 Out of This World
 Chris Choi investigates the ghostly photograph of a girl in a blazing building.

10.30 999 Special: Operation Coathanger
 Includes a reconstruction of a life-saving operation performed on a woman during a flight from Hong Kong to London.

11.30 Tomorrow's World Plus
12.30am-1.00am Great Mysteries and Myths
The Mysterious Death of General George Patton
 Robert Powell tells the story of the mysterious death of the controversial American general in 1945.

6.00am Livetime 8.00 Gabrielle 9.00 Garden Club 9.30 The Good Housekeeping Show
10.00 Rosemary Conley's Cookbook
10.30 Ready to Wear
11.00 Sally Jessy Raphael
12noon Gabrielle
1.00pm Garden Club
1.30 The Good Housekeeping Show
2.00 Rosemary Conley's Cookbook
2.30 Ready to Wear

3.00 Livetime
 Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home. Hosted by Julia Carling.

4.00 Sally Jessy Raphael
 More lively studio discussion from America, chaired by the queen of chat herself, Sally Jessy Raphael.

5.00-6.00pm Livetime
 Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home. Hosted by Julia Carling.

6.00am The Box 7.00 E! Entertainment 7.30 Classic Coronation Street 8.00 Blind Date 9.00 First Among Equals 10.00 Fortune Hunter 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Families 1.00 Watching 1.30 Me and My Girl 2.00 All for Love I, Elegance

3.00 London's Burning
 Drama series set in a London fire station. Terrorists cause an explosion at a hotel, and the big day arrives for Colin and Zoe.

4.00 Hawaii Five-0
Force of Waves
 The investigation of a boat explosion which killed a wealthy businessman leaves McGarrett seriously injured.

5.00 Mission: Impossible The Golden Serpent - Part II
 Max comes face to face with death on top of the Sydney Harbour Bridge.

6.00 Families
 Lisa tries to persuade Andrew to join the party for a night out.

6.30 Classic Coronation Street
 Brian becomes jealous.

7.00 Doctor at Large
Situation Full of Promise
 Dick applies for the post of Chief House Surgeon.

7.30 Bootsie and Snudge
A Day by the Sea
8.00 London's Burning
 Terrorists cause an explosion at a hotel, and the big day arrives for Colin and Zoe. Stars Rupert Baker and James Hazeldine.

9.00 Classic Coronation Street
 Annie begins a food service at the Rovers.
9.30 Wheeltappers and Shunters Social Club
10.00-11.00pm Mission: Impossible

men & motors

11.00pm Babewatch UK
 Join the nation's top pin-up girls for a night of fun on the town.

11.30 Bigger Better Battling Babes
12midnight Performance Power
 With Sarah Donohue.
1.00am E! Uncut
 Profiling cult director Quentin Tarantino.
1.30 E! Talk Soup
2.00-6.00am The Box
 Music through the night.

6.00am Big Blue House 6.30 Jungle Cubs 7.00 Mighty Ducks 7.30 Nightmare Ned 7.45 Ned's Newt 8.00 Recess 8.30 Pepper Ann 9.00 Brand New Doug 9.30 Smart Guy 10.00 Student Bodies 10.30 Teen Angel 11.00 Boy Meets World 11.30 Brotherly Love 12noon I Shrunk the Kids 12.45pm FILM: The Westing Game
Ray Walston, Diane Ladd
 Children's mystery. 1997
2.15 Ned's Newt
2.30 Aladdin - The Series

3.00 Timon and Pumbaa
 Fun with the pair from *The Lion King*.

3.30 Brand Spanking New Doug
Doug's Hot Dog
4.00 Pepper Ann
 Pepper Ann is thwarted in her efforts to be cool by her friends and family.

4.30 Recess
 Animated series from the creators of *Rugrats*.
5.00 Smart Guy
 The 10-year-old prodigy annoys his older brother in the 10th grade.

5.30 Student Bodies
 High-school students devise a comic book.

6.00 Teen Angel
 Buzz the guardian angel watches over the teenage Fifties fan.

6.30 Boy Meets World
Uncle Daddy
 Eric learns about life.

7.00 FILM: Ernest Rides Again
Jim Varney, Ron K James
 Comedy. Pea-brained Ernest and his nerd friend Abner stumble on a cannon harking back to the English revolution which is buried under a building site. 1994

8.30 The Wonder Years
 Kevin Arnold looks back to the halcyon days of the late Sixties.

9.00-10.00pm Touched by an Angel
 Monica is a thoroughly modern angel who relies on her wits rather than miracles to inspire people. Starring Roma Downey.



Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes - BOXFresh - newest videos available - BOXTalk - unique interviews with artists/bands - Breakin' Out of The BOX - videos tipped for the top Plus weekly competitions

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30 Graham Kerr's Kitchen 12noon Food Network Daily 12.30pm Nancy Lam's Wok Wiz 1.00 Food for Thought 1.30 Anton Mosimann 2.00 So You Think You Can't Cook 2.30 Food Network Daily 3.00 First Taste
 Easy recipes using pasta.
3.30 Worrall Thompson Cooks
4.00 For Better, for Worse
4.30-5.00pm Tessa Bramley's Seasonal Kitchen



CABLE EXCLUSIVE

5.00pm Blockbusters
 Bob Holness hosts the quiz show for students.

5.30 Hey Dad II
Arthur the Good
 Arthur's scout leader wants more good deeds.

6.00 Byker Grove
 Beckett is handcuffed by a police officer who is investigating the video.

6.30 A Country Practice
Little Voices - Part III
7.00 London Bridge
 Ant returns and is determined to fight for access to his daughter.

7.30 Our House
 Includes a revamp of a child's bedroom.

8.00 Desmond's Hatchet Job
 Porkpie's diary contains a surprise for Desmond.

8.30 Real Life Stories
Past Lives
 Documentary series.

9.00 Demob
 Comedy drama. Blacklisted by the BBC, the boys are forced to go their own ways. Starring Griff Rhys Jones and Martin Clunes.

10.00 Tales from the Hollywood Hills
The Old Reliable
 Two sisters battle over kiss-and-tell memoirs. Stars Lynn Redgrave and Rosemary Harris.
11.00 St Elsewhere
12midnight US and Them
12.30am-1.00am Tales of the Unexpected



QVC The Shopping Channel is at your service 24-hours-a-day - so watch us when you can and tape us when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

FILM

Wanted: Dead or Alive
Bravo 11.00pm

A violent action thriller about a former CIA agent-turned-mercenary who is recalled to the service to combat an international terrorist. The ex-agent gets personal when the terrorist kills his best friend. Rutger Hauer (best known for appearing in the Guinness adverts) stars alongside ex-Kiss lead singer Gene Simmons, of all people.

SPORT

Paralympics
Eurosport 1.00pm

The recent Winter Olympics in Nagano, Japan, featured special paralympic competitions where world class skills were on show in 34 events in five sports. More than 1000 athletes from all over the world gathered over ten days to contest the medals and this programme offers highlights of the top action.

Tuesday continues overleaf...

ADVERTISEMENT



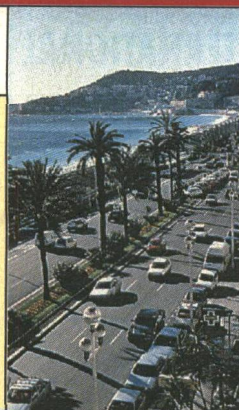
living

THE DIET SHOW
12.20PM

Henlow Grange provides the setting for living's guide to the best diet for you. Amanda Ursell and the team give helpful advice and tips on what to eat, and when, in a brand new series.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

					
7.30am Olympic Games 8.00 NASCAR Coverage of the Winston Cup Series in Bristol, USA. 9.00 Cart Coverage of the FedEx Championship Series. 11.00 Football <i>Eurogoals</i> magazine. 12.30pm Winter Sports 1.00 Paralympics Action from the Paralympic Games held in Nagano, Japan. 2.30 Sailing Weekly summary. 3.00 Tennis Highlights from the Nelson Mandela Tennis Tribute from Cape Town, South Africa. 4.00 Figure Skating - LIVE Coverage of the opening ceremony of the World Championships, held between 29th March and 5th April in Minneapolis. The Championships have been held every year since 1896, except during both World Wars and in 1961, when they were cancelled due to the entire United States team of skaters, officials, leaders and chaperones being killed in a plane crash in Europe. The World Championship in Minneapolis is the last major event of the season after the European Championships in January and the Olympic Games in February. It is the last opportunity for some champions to possibly take their revenge after Nagano's disappointments or, otherwise, to confirm their supremacy. 10.30 Football Coverage of first leg of the Uefa Cup semi-finals. 12midnight-12.30am Rally Coverage of the FIA World Rally Championship from Portugal.	7.00am Sky Sports Centre 7.30 Cycling: Tour of Malaysia 8.30 Sky Sports Centre 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Spanish Football A chance to see one of the matches of the week from the Primera Liga. 12noon Aerobics Oz Style 12.30pm Ford Monday Night Football 2.30 V-Max An insight into speed. 3.00 International Bowls: Australia v England Highlights of a bowls meeting on the green which sees England take on Australia in the third Test in a sport which combines technique and concentration. 5.00 Cycling: Tour of Malaysia Another chance to see the Tour of Langkawi, the official tour of Malaysia. 6.00 Sky Sports Centre 6.30 Tartan Extra John Leslie assesses the action from Scotland's Premier League. 7.00 The Footballers' Football Show Marcus Buckland allows soccer celebrities to air their opinions. 8.00 World Wrestling Federation - Wrestlemania A marathon session of frantic and chaotic action from the ring. 11.15 Sky Sports Centre 11.45 Tartan Extra A look at Scotland's Premier League. 12.15am The Footballers' Football Show 1.15 Baseball Preview 2.15 Sky Sports Centre 2.45 The Footballers' Football Show 3.45-4.15am Sky Sports Centre	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 8.00 Racing News 8.30 Fish TV 9.30 Football League Review 10.00 International Bowls: Australia v England The best of the action from the third Test match. 12noon NHL 2.00pm Rebel Sports 2.30 Football League Review Soccer summary. 3.00 Spanish Football Coverage of one of the matches of the week from the Primera Liga, where stadiums packed with fanatical fans witness some of the world's finest talents compete for the title. 5.00 Pro Beach Soccer Soccer on the sand is back with coverage from Alicante of some of the biggest names. 6.00 Sports Unlimited A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage. 7.00 Sky Sports Centre Catch up with the latest sports news. 7.30 International Cricket: South Africa v Sri Lanka Another chance to see day five highlights from the second Test. 10.30 Baseball Coverage of more baseball action from the pitch. 11.30 NHL: Colorado v New Jersey Coverage of the National Hockey League. 1.30am Sky Sports Centre 2.00-4.00am LPGA Golf: Nabisco Dinah Shore Action from the Mission Hills Country Club from Rancho Mirage, California.	12noon Cycling: Tour of Malaysia Catch up with the Tour of Langkawi, which is the official professional tour of Malaysia. 1.00pm Fish TV Reel in the very latest top tips from the angling guide. 1.30 Fish TV: Outdoors Hosted by David West. 2.00 Olympic Series: Reflections of Winter A collection to the best moments from Winter Olympic history. 3.00 Wrestling A collection of classic action from the ring. 3.30 Ski Prime Tips from the slalom. 4.00 NHL Another chance to see the pick of the National Hockey League matches this week as two team meet on the ice. 6.00 Baseball Catch up with the recent action from the pitch. 7.00 Fish TV More useful tips and advice from the fisherman's favourite series. 8.00 LPGA Golf: Nabisco Dinah Shore Another chance to see coverage from the Mission Hills Country Club in Rancho Mirage, California, where some of the top names on the circuit compete in the latest LPGA tournament. 10.00 Superbouts: Curry v Hwang Relive the 1983 meeting between Don Curry and Jun-Sok Hwang. 11.00-11.30pm Rugby Union Classics Another classic Rugby Union clash is recalled with Stuart Barnes.	12noon Swan's Crossing 12.30pm Sweat Starring Martin Henderson and Inge Hornstra. 1.00 Echo Point Teenage soap. 1.30 Heartbreak High High-school drama. 2.00 Saved by the Bell <i>Home for Christmas - Part I</i> Kelly quits a job in the mall, and Zack takes a liking to one of his co-workers. 2.30 Swan's Crossing Action romance series. 3.00 It's in the Jeans <i>Ice Hockey</i> 3.15 On the Make 3.30 Heartbreak High Drama series. 4.00 Hollyoaks Post-GCSE soap drama starring Jeremy Edwards. 4.30 Saved by the Bell <i>Home for Christmas II</i> 5.00 USA High Teenage sitcom starring Kristen Miller. 5.30 Sweat With Martin Henderson. 6.00 Echo Point 6.30 Bangs 6.45 Rush 7.00 USA High 7.30-8.00pm Hollyoaks  8.00pm The A-Team <i>The Heart of Rock 'n' Roll</i> Stars George Peppard and Dirk Benedict. 9.00 Tour of Duty <i>Nowhere to Run</i> Bravo company must secure a bridge following an ambush. 10.00 The Basement Men's magazine. 10.30 Red Shoe Diaries Steamy tales. 11.00 FILM: Wanted: Dead or Alive <i>Rutger Hauer, Gene Simmons, Mel Harris</i> Violent thriller. 1987 1.00am The Basement 1.30 Tour of Duty <i>Nowhere to Run</i> 2.30 FILM: Parasite <i>Robert Glaudini, Demi Moore</i> Gruesome tale. 1982 4.30 Red Shoe Diaries 5.00-6.00am The A-Team	7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Space Precinct 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon FILM: Starlost 2 - The Beginning 1982 2.00pm The Outer Limits 3.00 The Bionic Woman <i>Once a Thief</i> Jaime masquerades as a bank robber. 4.00 The Six Million Dollar Man <i>Cross Country Kidnap</i> Steve has to protect a computer expert. 5.00 Swamp Thing <i>Tatania</i> Stars Dick Durock. 5.30 Inside Space Space travel examined. 6.00 C/Net Central A computer magazine programme. 6.30 Archangel Thunderbird 7.00 Space Precinct <i>Double Duty</i> A criminal is murdered by a scaly monster. Stars Ted Shackelford. 8.00 Quantum Leap <i>M.I.A.</i> Sam must prevent a young woman from falling for another man. 9.00 The Cape <i>The Astronaut Prince</i> Drama series. An Arab prince and a teacher make their mark in space. 10.00 FILM: Star Trek: The Motion Picture <i>William Shatner, Leonard Nimoy, DeForest Kelley</i> Kirk is called upon to take command of his old ship one last time in order to intercept a bizarre and deadly force heading towards Earth. 1979 12.30am Sightings 1.00 The Tomorrow People 1.30 Flash Gordon - Space Soldiers 2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows
 Rutger Hauer is an ex-CIA operative turned mercenary who is recalled to service in the action thriller 'Wanted: Dead or Alive': Bravo 11.00pm			 12midnight The Ten Minute Free View 12.10am New Series 12.20nasty and Muttley 12.45 FILM: Lip Service A phone-sex girl can't get enough love action as she has no hang-ups. 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Northern Exposer 2.25-4.00am FILM: Adult Feature	 11.30pm Free Teaser 11.35 Peep Show 11.45 FILM: Pulp Friction <i>Tina Tyler, Crystal Wilder</i> 1.05am The Really Naked Truth - Highest Bidder Watch as unsuspecting people get caught on camera. 1.35 FILM: Creatures of the Night <i>Anna Malle, Colt Steele</i> Erotic drama. Strangers are affected by a full moon. 3.00-4.00am La Toya's Club Tour: North Carolina Nights A guide to another strip club.	 12midnight Dish of the Day 12.10am Public Places The best in adult sexual entertainment. 12.25 Get You ... Erotic aqua frolics. 1.00 Electric Blue Erotic magazine programme. 1.30-4.00am FILM: One of Our ... Stars is Missing <i>Kelly O'Dell, Crystal Wilder, Nicole London, Tina Tyler</i> Saucy comedy. A man resorts to kidnapping an actress to attain his dream of himself becoming a successful x-rated film star.



How nice is Nice?
'Tread the Med'
gives it straight:
Travel 2.00pm, 6.30pm



5.00pm Fifteen to One
With William G Stewart.
5.30 Prize Time
5.50 Family Fortunes
Big money gameshow
hosted by Les Dennis.
6.20 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by
Roy Walker.
7.00 Prize Time
7.05 Blockbusters
With Bob Holness.
7.30 Give Us a Clue
With Michael Parkinson.
8.00 All Clued Up
Quiz show hosted by
David Hamilton.
8.30 Whittle
Hosted by Tim Vine.
9.00 Prize Time
9.15
Sale of the Century
With Keith Chegwin.
9.45 Prize Time
10.00 Treasure Hunt
Majorca
Contestants battle against
the clock to guide Anneka
Rice to the treasure.
11.00 Prize Time
11.15 3-2-1
Ted Rogers hosts the quiz
and entertainment show
along with Dusty Bin.
12.15am Prize Time
12.30 Moonlighting
1.30 The Fall Guy
2.30 Boogies Diner
3.00 Snowy River -
The McGregor Saga
3.50 Jeux sans Frontieres
5.00-6.00am Screenshot

L!VETV

CABLE EXCLUSIVE

6.00am Revelations 6.30 Fate and Fortune 7.00 Dial-a-Doc 7.15 Nation LIVE 7.30 The Fashion Show 8.00 Agony 8.30 Living Room Legends 9.00 Love Story 9.15 Dial-a-Doc 9.30 Revelations 10.00 Lie Detector 10.30 Bunny Bingo 10.45 What's in the Box 11.00 Judge Judy 11.30 Fate and Fortune 12.00 The Why Files 12.30pm Bunny Bingo 12.45 What's in the Box 1.00 Lie Detector 1.30 Judge Judy 2.00 The Fashion Show 2.30 Revelations

3.00 Fate and Fortune
A look into the mysterious world of tarot reading.

3.30 Love Story

3.45 Dial-a-Doc

4.00

Living Room Legends

Talent-spotting.

4.30 Judge Judy

5.00 Agony
Relationship advice for troubled souls.

5.30 Sport LIVE

Magazine programme.

6.00

The Fashion Show

6.30 Bunny Bingo

6.45

What's in the Box

7.00 The Why Files

Psychic investigations.

7.30 Agony

7.59

Tiffany's Big City Tips

8.00 Lie Detector

Unmasking more deceivers.

8.30 Judge Judy

8.59 Big City Tips

9.00

Brits on the Piste

9.30

The Fashion Show

9.59 Big City Tips

10.00 Topless Darts

Shapely dart throwing.

10.02 Sport LIVE

10.30 The Sex Show

Erotic discussions.

11.00 Big City Tips

11.01 Topless Darts

Shapely dart throwing.

11.02 Exotica Erotica

11.30 Exotica Erotica

12midnight Jennycam

12.15am Private Dancer 12.30

Pleasure Dome 1.00 Exotica

Exotica 2.00 Brits on the Piste

2.30 The Sex Show 3.00

Exotica Erotica 4.00 The

Fashion Show 4.30 Agony

5.00 Lie Detector

5.30 Dial-a-Doc

5.45-6.00am Nation LIVE



CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
8.00am Breakfast News
10.30 The Album Show
11.30 Yankee Doodle Dan
12.30pm Movies, Games and Videos
1.30 Inside Hollywood
Gossip from Tinseltown.
2.30 The Album Show
Classic tracks from legendary bands.

3.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

4.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.

5.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

6.30
American Chart Show
The latest stateside musical action from across the pond.

7.30 Movies, Games and Videos
Entertainment magazine featuring all the latest news and views.

8.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

9.30 PDQ - The One Stop Shop
More innovative and quirky products delivered straight to your door.

10.30
Inside Hollywood
All the latest gossip and news from Tinseltown.

11.30 The Album Show
Thirty minutes of classic tracks from legendary bands.

12midnight-8.00am
Local News on the hour, Album Show at half past every hour



5.00am Europe Today
8.00 European Money
Wheel CNBC Europe
Coverage of live financial news, market updates and business stories.
11.00 Internight
12noon Time and Again
1.00pm European Living: Europe à la Carte
1.30 V.I.P.
2.00 Today
Magazine with news, features, sports and interviews.

3.00 Home & Garden Television
Spencer Christian's Wine Cellar/Dream House
Magazine programme.

4.00 Time and Again
Jane Pauley looks back over the late 20th-century as covered by NBC news reporters.

5.00 European Living: Flavours of France
Top chefs share their favourite dishes.

5.30 V.I.P.

6.00 Europe

Tonight Live

6.30 The Ticket NBC
Entertainment guide with Kristiane Backer.

7.00 Dateline NBC
Jane Pauley and Stone Phillips present the news magazine show with analysis and interviews.

8.00 NBC Super Sports
Coverage of sports from around the world from PGA golf to American football and basketball.

9.00 The Tonight Show with Jay Leno
Comedian Jay Leno enjoys the company of top celebrities.

10.00
The Best of Later with Conan O'Brien
Irreverent humour, music and chat.

11.00 The Ticket NBC
Entertainment guide.

11.30 The Tonight Show with Jay Leno
Jay enjoys the company of more top celebrities.

12.30am NBC Nightly News 1.00 Internight 2.00 V.I.P. 2.30 Hello Austria, Hello Vienna 3.00 The Ticket NBC 3.30 European Living 4.00-5.00am The News with Brian Williams



CABLE EXCLUSIVE

12noon Rolf Goes Walkabout
O Canada! - Part I
1.00pm Pathfinders
Mount Orizaba
1.30
The Flavours of France
Gard
2.00 Tread the Med
Nice
2.30
Tales from the Flying Sofa
China, Japan and Hong Kong

3.00
Railway Adventures Across Europe
Heart of Freedom
3.30 Supercities
4.00 Holiday Maker
Spain

Inspirational ideas and unbiased advice to help you plan the best Spanish holiday ever.

5.30 On Tour

Maldives

A visit to these picturesque islands.

6.00

The Flavours of France

Gard

6.30 Tread the Med

Nice

7.00 Travel Live

Frank Bough and the Travel Live team bring you the latest holiday news and offer advice.

8.00

Stepping the World

Chiang Mai

8.30 Reel World

Vietnam

9.00

Rolf Goes Walkabout

O Canada! - Part I

Rolf Harris goes walkabout in Canada.

10.00 Tales from the Flying Sofa

China, Japan and Hong Kong

10.30 On the Horizon

11.00 Supercities

11.30-12midnight

Bruce's American Postcards

Miami City



6.00am Tiny Living
9.00 Ready, Steady, Cook
9.35 Hart to Hart
10.30 The Young and the Restless
11.20 Brookside
11.50 Jimmy's
12.20pm Diet Show
Featuring advice on low-fat cooking, activities, beauty and how to cheat at slimming.
12.50 Animal Rescue
1.25 Adrenalin Junkies
Drama series.
2.20 Living It Up!
Magazine show.

3.20 The Jerry Springer Show
Outrageous American talk show with ex-mayor Jerry Springer.

4.10 Rolonda
He's Our Man Now, So Get Out of Our Lives
Talk show from America.

5.00 The Heat Is On
Keith Chegwin presents the cookery contest.

5.30

Ready, Steady, Cook

Hosted by Fern Britton.

6.10

Jerry Springer Uncut

Outrageous American talk show with the ex-mayor.

7.00 Rescue 911

Real-life rescues.

7.30 Mysteries, Magic and Miracles

With Patrick Macnee.

8.00

Jerry Springer Uncut

Outrageous American talk show with Jerry Springer and his guests.

9.00

FILM: Runaway Father

Donna Mills, Jack Scalia, Chris Mulkey

Compelling drama in which a mother discovers that her husband has faked his death in order to commit bigamy. 1991

11.00 The Sex Zone

Sugar and Spice

Examining the sexual attitudes and practices of the British public.

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CABLE CHECK
SOME OF THE CHANNELS LISTED MAY NOT BE AVAILABLE IN YOUR AREA



NATIONAL GEOGRAPHIC CHANNEL

8.00pm FILM: Dream Trap
Kristy Swanson, Sasha Jensen, Jeanie Moore.
Fantasy and comedy run wild when daydreams become the key to scholastic and sexual success at Hart University.
9.35 FILM: The Gifted
Sam Sallivar, Michelle Levine, Vincent Angel
Thriller. When a group of gifted students go on a trip into the forest, a break that starts off as fun soon turns into a nightmare.
11.05-12midnight
The Door

7.00pm
Lord of the Animals: The Monkey Player
7.30 Outerbounds: Extreme Climbing
8.00 Panama Wild
9.00 Lost Kingdoms of the Maya
10.00 Tides of War
11.00 The Amazon Warrior
Sculptor Felipe Lettersten travels into the Amazon.
12midnight-1.00am
The Art of the Warrior
Discover the Chinese martial arts as practised in Taiwan.



CABLE EXCLUSIVE

2.00pm Radio Times 2.30 Style 3.00 Can't Cook 3.30 Change That 4.00 Dream Ticket 4.30 Great Garden Game 5.00 Big Trip 6.00 Radio Times 6.30 Taste of the Sea 7.00 Antiques Roadshow 8.00 Travel Show Guide 8.30 Change That 9.00 Can't Cook 9.30 Style 10.00 Going for a Song 10.30 Home Front 11.00 Great Garden Game 11.30-12midnight Garden Roadshow



CABLE EXCLUSIVE

6.00pm Sister Wendy's Story of Painting
Passion and Ecstasy
6.30 The Frame
7.00
Later with Jools Holland
8.00 Anna Karenina
9.00 Q Milligan
9.30 Sounds of the Sixties
1967-68 - The Pop Boom
10.00 Fortunes of War
11.25-12.10am
Later with Jools Holland
Jools Holland introduces another diverse mix of music.



6.00am Kickstart
9.00 MTV Mix
12noon Non-Stop Hits
2.00pm Hitlist UK
3.00 Non-Stop Hits
4.00 Select MTV
6.00 Balls
6.30 Collexion
7.00 US Top 20
8.00 Hot
9.00 Up for It
With Eddy Temple-Morris.
10.00 Amour
Hosted by Camila.
11.00 Alternative Nation
1.00am-6.00am
Music Videos



7.00am Power Breakfast
9.00 VH1 Upbeat
12noon Ten of the Best: Sharleen Spiteri
1.00pm Jukebox
3.00 Toyah!
5.00 Five@Five
5.30 Pop-Up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 Greatest Hits of: Duran Duran
11.00 The Nightfly
12midnight Jobson's Choice 1.00am Late Shift 6.00-7.00am Hit for Six

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM



NEWS AND INTERNATIONAL

9.00am The Joy of Painting
10.00 Gardens Without Borders
10.30 The Furniture Guys
Doggie Door and Fence
11.00 Total Fishing
with Matt Hayes
11.30 Hometime
12noon Top Marques
Saab
12.30pm This Old House
with Steve and Norm
1.00 Yan Can Cook
Homecoming
1.30 Antiques Trail
2.00 Homemaker
2.30 The Log Cabin
Furniture
3.00 Two's Country
3.30-4.00pm Home Again



4.00pm Rex Hunt Specials
The Top End
Top fishing tips.
4.30 Disaster
Panic in the Stands
5.00 Top Marques
BMW
Tracing the history of
the German company.
5.30 Treasure Hunters
Colonel Fawcett's Dream
6.00 Untamed Amazonia
Birth of Xada
A focus on the
extraordinary wildlife
of the Amazon.
7.00 Beyond 2000
A look at a new
computerised fingerprint
detection system.
7.30 Ancient Warriors
The Zulus
8.00 Discover
Magazine: Domsday
NEW Documentary
exploring various
scenarios for the
end of the world.
9.00 Extreme Machines
Supersight
How new machines are
opening up a whole new
world to our eyes.
10.00 Nightfighters
The Defenders
The main aim of the
nightfighters was to stop
enemy bombers.

11.00 Strike Force: Wellington
NEW How the RAF responded to
Churchill's warning that a new
airforce must be built by evolving
the Vickers Wellington Bomber.
12midnight Top Guns
The world's top fighter and bomber
pilots compete in aerial war games.
1.00am Ancient Warriors
The Zulus
1.30-2.00am Beyond 2000

5.00am Omer and the Starchild
5.30 Ivanhoe 6.00 The Fruities
6.30 The Real Story of... 7.00
Bugs Bunny 7.15 Road Runner
7.30 Tom and Jerry 7.45
Dexter's Lab 8.00 Cow and
Chicken 8.15 2 Stupid Dogs
8.30 Tom and Jerry Kids 9.00 A
Pup Named Scooby-Doo 9.30
Blinky Bill 10.00 The Fruities
10.30 Thomas the Tank Engine
11.00 Quick Draw McGraw
11.30 Banana Splits 12noon
The Bugs and Daffy Show
12.30pm Popeye 1.00 Droopy
1.30 Tom and Jerry 2.00 Yogi
Bear 2.30 The Jetsons

3.00 The Addams Family
More unhealthy fun with
America's weirdest family.
3.30 Beetlejuice
More cartoon weirdness.
4.00 Scooby-Doo
Canine crimefighting.
4.30 Dexter's Laboratory
Chemical chaos with the
bedroom professor.
5.00 Johnny Bravo
The egotistical superhero
strikes again.
5.30 Cow and Chicken
Animal antics.
6.00 Tom and Jerry
Madcap comic antics with
the sparring cat and
mouse duo.
6.15 Road Runner
6.30 The Flintstones
7.00 Batman
Gothic goings-on in
Gotham City.
7.30 The Mask
Antics with the green-
faced master of mayhem.
8.00 The Real
Adventures of
Jonny Quest
More derring-do.
8.30-9.00pm Droopy:
Master Detective

5.00am Count Duckula 6.30
Ren and Stimpy 7.00 Angry
Beavers/Hey Arnold! 7.30
Rugrats 8.00 Doug
8.30 Arthur
9.00 Children's BBC
10.00 Wimpie's House
10.30 Babar
11.00 The Magic School Bus
11.30 Lizzie's Library/Wombles/
Topsy and Tim/Portland
Bill/Skylark 12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Muppet Babies
2.00 Fraggle Rock
2.30 Alvin and the Chipmunks
3.00 Jumanji
Cartoon series about a
magic board game.
3.30 Doug/Angry Beavers
Animated fun.
4.00 Hey Arnold!
More adventures with
the kid with the coolest
quiff in town.
4.30 Captain Star
Animated superheros.
5.00 Rugrats
Fun with the imaginative,
tousle-headed nippers.
5.30 Sister Sister
Tia and Tamera and their
parents all try to cohabit.
6.00 Renford Rejects
6.30-7.00pm Kenan



11.00am Take the High Road
Dougal Lachlan finds a stranger
lying on the moor.
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
Sam tries to stop Lily from backing
out of her date with Peter.
1.15 Families
Jane has an accident.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale



11.00am Video Trips
Vienna
11.30 Globetrotter
12noon Independent Traveller
Edinburgh - Part II
12.30pm Getaway
New South Wales and Thailand
1.00 Great Escapes
South Africa and New Zealand
1.30 Was it Good for You?
Crete
2.00 America's Great Outdoors
3.00 Globetrotter
3.30-4.00pm Around the World

6.00am The Big Dish 6.30
Oscar's Orchestra 7.00 Sprou
7.30 Dennis the Menace
8.00 Batman
8.30 Spellbinder II
9.00 Road to Avonlea
10.00 AJ's Time Travellers
10.30 Flash Gordon
11.00 Iznogoud
11.30 The New Adventures
of Gigantor
12noon Sprou
12.30pm Oscar's Orchestra
1.00 Spellbinder II
1.30 AJ's Time Travellers
2.00 Iznogoud
2.30 Flash Gordon

3.00 The New Adventures
of Gigantor
The Pirate Submarine
3.30 The Big Dish
Children's gameshow.
4.00 Batman
The Duo Is Slumming
4.30-5.00pm
Dennis the Menace
Hair Today,
Gone Tomorrow



CABLE EXCLUSIVE

7.00pm Beethoven
String Quartets
7.30 Great Arias:
Dame Kiri Te Kanawa
8.00 Boston
Pops Orchestra:
John Denver
A series of celebrity
concerts. Tonight's star is
the late John Denver.
9.00 Opera:
Madame Butterfly
The most famous
tearjerker of them all.
Raina Kabaivanska
sings Puccini's Japanese
heroine, who is abandoned
by her American husband,
naval officer Pinkerton.
The atmospheric staging
is from the Verona Area,
and is conducted by
Maurizio Arena.
12midnight-1.00am Midnight
Jazz: GRP All Stars
Featuring Diane Schuur on vocals,
together with the enduring
partnership of Dave Grusin on
keyboards and Lee Retinue on
guitar.



News throughout the day, plus
5.00am Europe 8.00 Money
Wheel 1.00pm Squawk Box
3.00 Market 5.00 Power Lunch
6.00 Europe Tonight 7.00 Media
Report 7.30 Future File 8.00
Your Money 8.30 Directions
9.00 US Market 10.00 Media
10.30 Future 11.00 Money
11.30 Auto Motive 12midnight
Asian Squawk Box 1.00am
Trading Day 3.00 Media Report
3.30 Future File 4.00 Money
4.30-5.00am Directions

BBC NEWS 24

6.00am News 7.00 News 8.00
News 9.00 News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News 3.00
News 4.00 Newsday 5.00
Newsday 6.00 Newsday 7.00
News 7.30 Hard Talk 8.00
Europe Direct 9.00 News UK
9.30 Interactive 10.00 News
11.00 News 11.30 USA Direct
12midnight News 1.00am News
2.00 News 2.15 World News
2.30 USA Direct 3.00 News 3.15
World News 3.30 Hard Talk 4.00
News 4.30 Interactive 5.00
News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus:
5.00am This Morning 5.30
Insight 6.30 Moneyline 8.30
Showbiz 9.00 Larry King 11.30
American Editions 12.30pm
Digital Jam 1.15 Asian Edition
1.30 Business 2.30 Newsroom
4.30 Showbiz 5.00 Larry King
6.45 American Editions 7.30
Business 8.30 Q & A 9.30
Insight 10.00 Update 12.30am
Moneyline 1.15 Asia 1.30 Q & A
2.00 Larry King 3.30 Showbiz
4.15 American Edition
4.30-5.00am World Report

SKY NEWS

News on the hour, every hour,
plus: 6.00am Sunrise 10.30 ABC
Nightline 11.30 World News
2.30pm Parliament 3.30
Parliament Live 4.30 World
News 5.00 Live at Five 7.30
Sportsline 8.30 Business Report
9.30 World News 10.00 Prime
Time 12.30am CBS Evening
News Tonight
1.30 ABC World News
2.30 Business Report
3.30 Newsmaker
4.30 CBS Evening News
5.30-6.00am
ABC World News Tonight

INTERNATIONAL

3SAT 5.50am 7 Tage Anders
Fernsehen 6.00 Alpenpanorama
8.00 Zeit im Bild 8.05 Kulturzeit
8.45 Bilder aus Österreich 9.30
Europamagazin 9.55 Talk Show
11.10 Thema 12noon
ServiceZeit 12.30pm Kunst und
Krempel 1.00 Offen 2.00 Eine
Nervensäge Gegen Alle 3.30
Eisenbahnromantik 3.45
Weltreligionen 4.15 ReiseLust
4.45 Genossen auf Gut Deutsch
5.15 Bilder aus Deutschland mit
NewsQuiz im März 1998 6.00
Heute 6.18 Wetter 6.20
Kulturzeit 7.00 Tagesschau 7.15
Schmutzige Wahrheit 8.40
Kurzfilm 9.00 Zeit im Bild 2
9.25 Erinnerst Du Dich an Dolly
Bell? 11.10 Seitenblicke 11.15-
12midnight Nachrichtenmagazin

Deutsche Welle 5.00am
Paderborn 5.30 Feature:
Antarctica 6.00 Journal 6.30
Nahaufnahme 7.00 Journal 7.30
Boulevard Germany 8.00
Paderborn 8.30 Antarctica 9.00
Journal 9.30 Boulevard
Deutschland 10.00 Cello on the
Rocks 10.30 Boulevard Bio
11.30 Nahaufnahme 12noon
Journal 12.30pm Paderborn
1.00 Boulevard Germany 1.30
Antarctica 2.00 Journal 2.30
Das Tor zur Welt 3.00 Bilder aus
der Schweiz 4.00 Boulevard
Deutschland 4.30 Europa
Aktuell 5.00 Journal 5.30
Boulevard Germany 6.00 Studio
Hamburg 6.30 Close-Up 7.00
Journal 7.30 Doppelpass 8.30
Europa Aktuell 9.00 Journal
9.30 Close-Up 10.00 Journal
10.30 Primer Plano 11.00
Journal 11.15 Zur Zeit
11.30-12midnight Boulevard

TVS 5.00am Minutes 5.05 Fa Si
la Chanter 5.30 Telematin 7.00
Minutes 7.05 Journal 7.30
Meteo 7.35 Questions pour un
Champion 8.00 Minutes 8.05 Le
Match de la Vie 9.00 Minutes
9.05 Plaisir de Lire 9.30 Habitat
Traditionnel 10.00 Minutes
10.05 Jeu de Societe 10.30 Le
Jeu des Dictionnaires 11.00
Minutes 11.05 Paris Lumieres
11.33 Journal 11.55 Meteo
12noon Fiction 1.30pm
Telecinema 2.00 L'Hebdo 3.00
Journal 3.15 Pyramide 3.45 Bus

et Compagnie 4.30 Minutes
4.35 Fa Si la Chanter 5.00
Questions pour un Champion
5.30 Journal 6.00 Paris
Lumieres 6.30 Journal 7.00
Temps Present 8.00 Enjeux Le
Point 8.55 Meteo 9.00 Journal
9.30 Bouillon de Culture 10.45
Viva 11.30-12midnight Soir 3

ASIANET CABLE EXCLUSIVE

7.30am News 8.00 Good
Morning 8.30 Bhakti Sagar 9.00
FILM: Disha 11.30 News 12noon
Khabri Yeh Khabri Woh 12.30pm
Golmaal 1.00 Badalte Rishte
1.30 FILM: Laila Majnu 4.00
Jaldi 4.30 Music Challenge
5.00 Aag 6.00 Geet Baney
Sangeet 6.30 Music Box 7.00
Badahte 7.30 News 8.00 Khiladi
8.30 FILM: Hissab Khon Ka
11.30 News 12midnight Badahte
12.30am Khiladi 1.00 FILM:
Daulet Ki Jung 4.00 Top Ten 4.30
Khabri 5.00 Grift 6.00 Baale
Payal 6.30 News 6.45 Business
7.00-7.30am First Edition

ZEE TV

4.00am FILM: Vishwanathan
Velai Venum 6.30 Kannam
Poochi 7.00 Jaagran 7.30 Zee
World 8.00 News 8.30 Aahaa
9.00 Endrum Cinema 9.30 Zee
Health Show 10.00 Parivartan
11.00 Shahi Dawat 11.30 Daraar
12noon FILM: Tum Mere Ho
3.00pm Hasretain 3.30 Sailaab
4.00 Hum Paanch 4.30 Jaldi
Jaldi 5.00 Amar Kathayen 5.30
Quiz Contest 6.00 Banegi 6.30
Pop Busters 7.00 Hum Aapke
7.30 Chalo Cinema 8.00 News
8.30 Daraar 9.00 Ikke 10.00 Tara
11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Review 12.30pm Live
at Lunchtime 2.00-6.00pm Live
Racing From Newcastle,
Nottingham and Sandown.

CMT

6.00am Rebel Country 7.00
Morning 10.00 Non-Stop
Country 2.00pm Global View
3.00 Non-Stop Country 6.00 Top
Billing 7.00 Rebel Country 8.00
Global View 10.00 Non-Stop
Country 11.00 Top Billing
12midnight Rebel Country
1.00am Fresh Cuts 2.00 Non-
Stop 5.00-6.00am Top Billing

BLOOMBERG

Information service offering
news, sport, market updates and
weather, 24 hours a day, seven
days a week

EURONEWS

News on the hour and half-hour,
plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought 4.05 Copeland
4.30 Morning 4.45 Avanzini
5.00 Van Impe 5.30 McGuicken/
Euro Spirit 6.00 Liarion 6.30
Dollar 7.00 Copeland 7.30 Kidz
8.00 Hinn 8.15 Morning 8.30
Dye 9.00 Ekman 9.30 Chronicles
10.00 Frances Frangipane 10.30
Morning 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords
1.00pm Parliamentary
Committees
2.30 The Commons Live
11.00-12midnight
Questions From the House

WORLD NET

9.00am Newfile Feed 10.00 US
News and World Events 11.00
Business News and Analyses
11.30 Worldnet Dialogues
2.30pm-3.00pm Science
World/Sports Machine

LANDSCAPE

CABLE EXCLUSIVE

Beautiful films accompanied
by music 24 hours a day

CABLE CHANNEL CONTACTS

Don't be shy! Write to your favourite Cable channel

THE ADULT CHANNEL
PO Box 308,
Hayes, Middlesex
UB3 4XB

ASIANET LTD
PO Box 291,
Unit 1 Endsleigh
Industrial Estate,
Endsleigh Road
Southall, Middlesex
UB2 5QR

**BLOOMBERG
INFORMATION
TELEVISION**
Citygate House,
39-45 Finsbury
Square, London
EC2A 1PQ

THE BOX
Imperial House,
11-13 Young Street,
London W8 5EH

BRAVO
160 Great Portland
Street, London
W1N 5TB

**CARTOON
NETWORK**
18 Soho Square,
London W1V 5FD

CHALLENGE TV
160 Great Portland
Street, London
W1N 5TB

CHANNEL ONE
60 Charlotte Street,
London W1P 2AX

**THE CHRISTIAN
CHANNEL EUROPE**
Television Centre,
PO BOX 232,
Sunderland,
Tyne & Wear
SR1 1YJ

CMT EUROPE
25 James Street,
London W1M 6AA

CNN INTERNATIONAL
CNN House, 19-22
Rathbone Place,
London W1P 1DF

**CARLTON SELECT,
CARLTON FOOD
NETWORK**
45 Foubert Place,
London, W1V 2DN

**THE DISCOVERY
CHANNEL, DISCOVERY
HOME & LEISURE**
160 Great Portland
Street, London
W1N 5TB

THE DISNEY CHANNEL
Beaumont House,
Kensington Village,
Avonmore Road,
London W14 8TS

CNBC
4th Floor,
3 Shortlands,
London W6 8BX

EURONEWS
60 Chemin des
Mouilles, 69130
Ecully, France

EUROSPORT UK
55 Drury Lane,
London WC2B 5SQ

**GSKYB - GRANADA
PLUS, GRANADA
GOOD LIFE, GRANADA
MEN & MOTORS**
Franciscan Court,
16 Hatfields,
London SE1 8DJ

THE HISTORY CHANNEL
6 Centaurs Business
Park, Grant Way,
Isleworth Middlesex
TW7 5QD

**HOME VIDEO
CHANNEL (HVC)**
PO Box 308, Hayes,
Middlesex UB3 4XB

**THE LANDSCAPE
CHANNEL LTD**
Landscape Studios,
Hye House,
Crowhurst, East
Sussex TN33 9BX

LIVE TV
24th Floor, One
Canada Square,
Canary Wharf,
London E14 5AP

LIVING
160 Great Portland
Street, London
W1N 5TB

MTV EUROPE
17-29 Hawley
Crescent,
London NW1 8TT

**NATIONAL GEOGRAPHIC
CHANNEL**
6 Centaurs Business
Park, Grant Way,
Isleworth Middlesex
TW7 5QD

NBC SUPER CHANNEL
4th Floor,
3 Shortlands,
London W6 8BX

NICKELODEON
15-18 Rathbone
Place, London
W1P 1DF

**PARAMOUNT
TELEVISION**
15-18 Rathbone
Place, London
W1P 1DF

**THE PARLIAMENTARY
CHANNEL**
160 Great Portland
Street, London
W1N 5TB

**PERFORMANCE -
THE ARTS CHANNEL**
60 Charlotte Street,
London
W1P 1LS

PLAYBOY TV
160 Great Portland
Street, London
W1N 5TB
**QVC - THE SHOPPING
CHANNEL**
Marcopolo House,
Chelsea Bridge,
Queenstown Road,
London SW8 4NQ

THE RACING CHANNEL
Satellite House,
17 Corsham Street,
London N1 6DR

RAPTURE
Hardwick House,
Norwich NR1 3LW

THE SCI-FI CHANNEL
77 Charlotte Street,
London W1P 2DD

**SKY MOVIES,
SKY MOVIES GOLD,
SKY ONE, SKY NEWS,
SKY SOAP,
SKY SPORTS 1,
SKY SPORTS 2,
SKY SPORTS 3,
SKY TRAVEL**
6 Centaurs Business
Park, Grant Way,
Isleworth Middlesex
TW7 5QD

TCC
160 Great Portland
Street,
London W1N 5TB

**TELEVISION X: THE
FANTASY CHANNEL**
PO BOX 7302,
London E14 9EH

TNT
18 Soho Square,
London W1V 5FD

TRAVEL
66 Newman Street,
London W1P 3LA

TROUBLE
160 Great Portland
Street, London
W1N 5TB

TV5 EUROPE
15 Rue Cognacq-
Jay, 75007 Paris,
France

**UK GOLD,
UK ARENA,
UK STYLE,
UK HORIZONS**
160 Great Portland
Street, London
W1N 5TB

VH-1
17-29 Hawley
Crescent,
London NW1 7EP

ZEE TV EUROPE
Unit 7, Belvue
Business Centre,
Belvue Road,
Northolt,
Middlesex
UB5 5QQ

COMPETITIONS

CATCH OF THE DAY

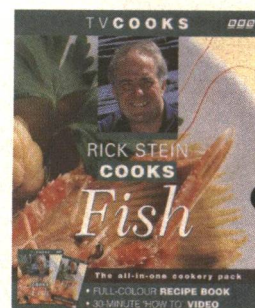
UK STYLE MAKING mouths water on UK Style this month is *Rick Stein's Taste of the Sea*, with Britain's foremost seafood chef creating dishes to die for and sharing some of his culinary secrets.

From bass to brill and cod to crayfish, the show provides practical advice on how to identify different fish and what to look for when you're out shopping, as well as offering some delectable recipe ideas. You can catch *Rick Stein's Taste of the Sea* on UK Style on Tuesdays at 6.30pm and Saturdays at 7.00pm.

And if you're a seafood lover, you could win one of 30 packs containing the *Rick Stein Cooks Fish* book and a 'how to' video with essential tips and tricks for creating fabulous seafood dishes.

**FOR A CHANCE TO WIN ONE OF THE PACKS, ANSWER THIS QUESTION:
Q. NAME ONE OF THE TYPES OF FISH THAT FEATURES IN THE SERIES.**

Send your answer on a postcard to: *Cable Guide/Rick Stein*, 172 Tottenham Court Road, London W1P 0JJ, by 31 March. Usual rules apply.



FUNNY BUSINESS

The Paramount Comedy Channel, is home to some of the best sitcoms ever - *Frasier*, *Roseanne*, *Cheers* - the latest British comedians Armstrong and Miller, Matt Lucas, Bob Mills and, of course, unmissable comedy classics including *Monty Python*, *Kenny Everett* and *Alexei Sayle*. Now the channel is giving you the chance to get your hands on a stash of sought after goodies. We have 15 packs containing this Paramount record bag, baseball cap, T-shirt, plus a pen to give away.

IF YOU'D LIKE TO ENTER, JUST ANSWER THIS QUESTION

**Q. WHICH OF THE FOLLOWING SHOWS MAKES ITS DEBUT ON THE
PARAMOUNT COMEDY CHANNEL IN
MARCH - SUPERMAN, DUCKMAN
OR BANANAMAN?**

Send your answer on a postcard to: *Cable Guide/Paramount Competition*, 172 Tottenham Court Road, London W1P 0JJ, by 31 March. Usual rules apply.



COMPETITION RULES

FOR ALL COMPETITIONS IN CABLE GUIDE

1. Competitions open to all UK residents, unless otherwise stated.
2. There are no cash alternatives to prizes.
3. Unless otherwise stated, a competition will be won by an eligible person who has submitted a correct entry on or before the closing date. The winning entries will be drawn at random by the judges. The judges' decision is final in all matters relating to *Cable Guide* competitions.
4. No employee of *Cable Guide*, the competition sponsor or related companies and their families shall be eligible to enter.
5. *Cable Guide* accepts no responsibility for lost, damaged or unidentified entries. Proof of postage is not proof of delivery. Entries become the property of *Cable Guide* and are not returnable.
6. Winners may be asked to be involved in publicity.

TRAVEL CHANNEL COMPETITION (page VIII)
Competition open to UK residents aged 18 years or over. Holiday/travel prizes must be taken between dates specified by Travel Channel. No cash alternative. Holiday is non-transferable.

Judges decision is final. For a copy of the full rules, send a SAE to: Landmark/Travel Channel, Competition Rules (Holiday Destination), PO Box 2451, London W1A 2UL.

VH1 HONOURS COMPETITION (Page 61)

1. Prize includes: return flights from Britain to New York; three nights' hotel accommodation; main meals; guided tour; limousine and tickets to the VH1 show; airport tax and transport to and from the airport. Winners fly to New York on Saturday 11 April and return on Tuesday 15 April. Prize does not include spending money or insurance.
2. Competition open to all UK residents aged 18 years or over. Entrants must hold any travel documents or visas required and are responsible for the acquisition of any documents required.
3. All travel is carried out at the individual's own risk. VH1 accepts no liability for circumstances beyond its control.
5. In the event that a prizewinner, for whatever reason, is unable to take up the prize, *Cable Guide/VH1* reserves the right to award the prize to a runner-up. *Cable Guide/VH1* accepts no responsibility to provide the original prizewinner with any form of replacement.

SPORTS

ATHLETICS

EUROPEAN INDOOR CHAMPIONSHIP

From Valencia, Spain.

1 8.30am ESP

EUROPEAN INDOOR CHAMPIONSHIP - LIVE

1 9.30am ESP

EUROPEAN INDOOR CHAMPIONSHIP - LIVE

1 3.30pm ESP

EUROPEAN INDOOR CHAMPIONSHIP

2 8.00am ESP

IAAF INDOOR PERMIT MEETING

From Germany.

8 6.30pm ESP

IAAF INDOOR PERMIT MEETING

10 10.00am ESP

CROSS-COUNTRY INDOOR

12 7.00pm ESP

NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

15 8.30pm SK1

CROSS-COUNTRY CHAMPIONSHIPS

15 12.30am SK1

ATHLETICS

16 2.00pm SK1

ATHLETICS

16 7.00pm SK1

TRIATHLON

18 1.00pm ESP

IAAF WORLD CROSS-COUNTRY CHAMPIONSHIPS - LIVE

21 12.10pm ESP

IAAF CROSS-COUNTRY CHAMPIONSHIPS

21 12.40pm ESP

IAAF CROSS-COUNTRY CHAMPIONSHIPS - LIVE

22 12noon ESP

IAAF CROSS-COUNTRY CHAMPIONSHIPS

22 12.40pm ESP

IAAF CROSS-COUNTRY CHAMPIONSHIPS

23 8.00am ESP

MARATHON

24 1.00pm ESP

IAAF GRAND PRIX MEETING - LIVE

27 4.00pm ESP

BASKETBALL

NCAA

Notre Dame v Providence.

1 1.00pm NBC

NCAA

New Mexico v Utah.

2 8.00pm NBC

NBA

6 5.00pm SK3

NBA

7 9.00am SK1

NCAA

New Mexico v Utah.

8 2.00pm NBC

UNI-BALL TROPHY FINAL - LIVE

8 6.30pm SK1

UNI-BALL TROPHY FINAL

9 3.30pm SK1

NCAA

9 8.00pm NBC

NCAA - LIVE

12 1.00am NBC

NBA

13 5.00pm SK3

NCAA - LIVE

13 1.00am NBC

NBA

14 12noon SK3

NCAA

14 1.00pm NBC

LONDON TOWERS V GREATER LONDON LEOPARDS - LIVE

15 6.30pm SK1

NCAA

15 1.00am NBC

BASKETBALL

15 1.30am SK1

BASKETBALL

16 3.30pm SK1

NCAA

16 8.00pm NBC

NCAA

19 2.00am NBC

NCAA

20 1.00am NBC

NBA

20 5.00pm SK3

NBA

21 9.00am SK1

NCAA

21 1.00pm NBC

NCAA

21 11.00pm NBC

NCAA

22 11.00am NBC

SHEFFIELD SHARKS V BIRMINGHAM BULLETS/ ALL-STAR GAME - LIVE

22 4.00pm SK1

BASKETBALL

22 12.30am SK1

BASKETBALL

23 2.00pm SK1

NCAA

23 8.00pm NBC

NBA

27 8.00pm SK1

28 9.00am SK1

NCAA: FINAL FOUR - LIVE

28 11.30pm NBC

NCAA

29 11am NBC

BUDWEISER LEAGUE - LIVE

29 6.30pm SK1

BASKETBALL

29 2.00am SK2

BUDWEISER LEAGUE

30 3.00pm SK1

NCAA

30 8.00pm NBC

BOXING

SATURDAY FIGHT NIGHT

1 8.00am SK1

SATURDAY FIGHT NIGHT

2 2.00pm SK1

RINGSIDE

5 5.30pm SK3

RINGSIDE

5 10.30pm SK1

RINGSIDE

5 2.30am SK2

RINGSIDE

6 11.00am SK2

RINGSIDE

6 2.00pm SK1

FIGHT NIGHT

7 2.00pm SK2

SATURDAY FIGHT NIGHT - LIVE

With Paul Dempsey.

SATURDAY FIGHT NIGHT

7 9.30pm SK1

SATURDAY FIGHT NIGHT

7 1.30am SK1

SATURDAY FIGHT NIGHT

8 8.30am SK1

FIGHT NIGHT

9 1.30pm SK2

RINGSIDE

12 10.30pm SK1

RINGSIDE

12 2.00am SK1

RINGSIDE

13 10.00am SK1

RINGSIDE

13 1.00pm SK2

SATURDAY FIGHT NIGHT - LIVE

14 9.30pm SK1

SATURDAY FIGHT NIGHT

14 3.00am SK1

SATURDAY FIGHT NIGHT

15 9.00am SK1

FIGHT NIGHT

16 12noon SK2

RINGSIDE

19 10.30pm SK1

RINGSIDE

19 3.00am SK1

RINGSIDE

20 11.30am SK2

SATURDAY FIGHT NIGHT - LIVE

With Paul Dempsey.

SATURDAY FIGHT NIGHT

21 9.30pm SK1

SATURDAY FIGHT NIGHT

22 9.00am SK1

FIGHT NIGHT

23 10.30am SK2

BOXING - LIVE

24 8.00pm ESP

SUPERBOUTS:

HILL V ERNEBE

24 10.00pm SK3

SUPERBOUTS:

HILL V ERNEBE

25 2.00pm SK3

RINGSIDE

26 7.00pm SK1

RINGSIDE

26 10.30pm SK1

RINGSIDE

26 1.30am SK2

RINGSIDE

26 4.00am SK1

RINGSIDE

27 12.30pm SK1

CRICKET

INTERNATIONAL CRICKET: SOUTH AFRICA V PAKISTAN

1 12.30pm SK2

INTERNATIONAL CRICKET: WEST INDIES V ENGLAND - LIVE

Fourth Test action from Guyana.

INTERNATIONAL CRICKET UPDATE

1 2.00pm SK2

INTERNATIONAL CRICKET UPDATE

1 4.00pm SK2

WEST INDIES V ENGLAND - LIVE

1 4.30pm SK2

SOUTH AFRICA V PAKISTAN

Fourth day's action from the second Test.

SOUTH AFRICA V PAKISTAN

1 9.00pm SK2

SOUTH AFRICA V PAKISTAN

2 12.30pm SK2

WEST INDIES V ENGLAND - LIVE

2 2.00pm SK2

INTERNATIONAL CRICKET UPDATE

2 4.00pm SK2

WEST INDIES V ENGLAND - LIVE

2 4.30pm SK2

SOUTH AFRICA V PAKISTAN

2 9.00pm SK2

WEST INDIES V ENGLAND - LIVE

3 2.00pm SK2

WEST INDIES V ENGLAND - LIVE

3 4.30pm SK2

SOUTH AFRICA V PAKISTAN

6 7.00pm SK3

SOUTH AFRICA V PAKISTAN

6 3.00am SK2

SOUTH AFRICA V PAKISTAN

7 9.00pm SK3

SOUTH AFRICA V PAKISTAN

8 6.00am SK1

SOUTH AFRICA V PAKISTAN

8 7.00pm SK3

SOUTH AFRICA V PAKISTAN

8 12.30am SK1

SOUTH AFRICA V PAKISTAN

9 2.00am SK2

SOUTH AFRICA V PAKISTAN

10 7.30pm SK2

SOUTH AFRICA V PAKISTAN

10 2.00am SK2

WEST INDIES V ENGLAND - LIVE

12 2.00pm SK2

WEST INDIES V ENGLAND - LIVE

12 4.30pm SK2

WEST INDIES V ENGLAND - LIVE

13 2.00pm SK2

WEST INDIES V ENGLAND - LIVE

13 4.30pm SK2

WEST INDIES V ENGLAND - LIVE

14 2.00pm SK2

WEST INDIES V ENGLAND - LIVE

14 4.30pm SK2

WEST INDIES V ENGLAND - LIVE

16 2.00pm SK2

WEST INDIES V ENGLAND - LIVE

16 4.30pm SK2

WEST INDIES V ENGLAND - LIVE

17 7.00pm SK1

WEST INDIES V ENGLAND - LIVE

22 2.00pm SK2

INTERNATIONAL CRICKET UPDATE

22 4.00pm SK2

WEST INDIES V ENGLAND - LIVE

22 4.30pm SK2

SOUTH AFRICA V SRI LANKA

22 9.00pm SK2

SOUTH AFRICA V SRI LANKA

DIARY

**KEY TO
CHANNEL CODES**
ESP: Eurosport
SK1: Sky Sports 1
SK2: Sky Sports 2
SK3: Sky Sports 3
NBC: NBC

**WEST INDIES V
ENGLAND – LIVE**
One-day international.
29 2.30pm SK3
**INTERNATIONAL CRICKET
UPDATE**
29 6.00pm SK3
**WEST INDIES V
ENGLAND – LIVE**
29 6.30pm SK3
**SOUTH AFRICA V
SRI LANKA**
29 10.30pm SK3
**SOUTH AFRICA V
SRI LANKA**
30 7.30pm SK2
**INTERNATIONAL CRICKET:
SOUTH AFRICA V SRI
LANKA**
31 7.30pm SK2

CYCLING

BMX
World Championships action
from the Netherlands.
16 9.30am ESP
MOUNTAIN BIKE
17 7.00pm ESP
MOUNTAIN BIKE
19 2.00pm ESP
MOUNTAIN BIKE
21 9.40am ESP
WORLD CUP – LIVE
Milan to San Remo leg.
21 2.00pm ESP
WORLD CUP
24 7.30am ESP
TOUR OF MALAYSIA
27 6.00pm SK3
TOUR OF MALAYSIA
30 7.30am SK1
TOUR OF MALAYSIA
30 12noon SK3
TOUR OF MALAYSIA
30 5.00pm SK1
TOUR OF MALAYSIA
31 7.30am SK1
TOUR OF MALAYSIA
31 12noon SK3
TOUR OF MALAYSIA
31 5.00pm SK1

EQUESTRIAN

VOLVO WORLD CUP
From Bordeaux, France.
1 7.30am ESP
VOLVO WORLD CUP
5 7.30am ESP
VOLVO WORLD CUP – LIVE
From Paris-Bercy, France.
6 9.15pm ESP
VOLVO WORLD CUP
8 10.30pm ESP
VOLVO WORLD CUP
8 11.30pm ESP
VOLVO WORLD CUP
11 1.00pm ESP
VOLVO WORLD CUP
From Dortmund, Germany.
18 12noon ESP
VOLVO WORLD CUP
22 11.30pm ESP

VOLVO WORLD CUP
25 12.30pm ESP
VOLVO WORLD CUP
26 7.30am ESP

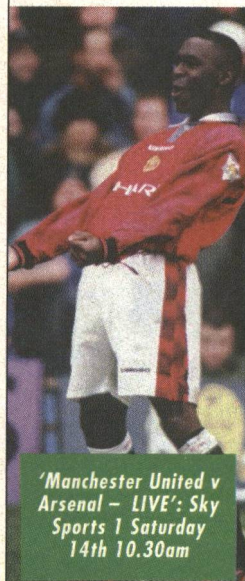
FOOTBALL

**FOOTBALL LEAGUE:
NOTTINGHAM FOREST V
MIDDLESBROUGH – LIVE**
1 12noon SK3
**FORD FOOTBALL SPECIAL:
TOTTENHAM HOTSPUR V
BOLTON WANDERERS –
LIVE**
1 3.00pm SK1
SPANISH FOOTBALL – LIVE
1 6.30pm SK1
**FOOTBALL LEAGUE
REVIEW: NOTTINGHAM
FOREST V MIDDLESBROUGH**
1 8.30pm SK1
FORD FOOTBALL SPECIAL
1 10.00pm SK1
SPANISH FOOTBALL
1 12midn't SK2
SPANISH FOOTBALL
2 7.00am SK1
AFRICAN NATIONS CUP
2 9.00am ESP
FOOTBALL LEAGUE REVIEW
2 10.00am SK1
FORD FOOTBALL SPECIAL
2 12.30pm SK1
FRIENDLY MATCH
Italy v Slovakia.
2 12.30pm ESP
FORD FOOTBALL SPECIAL
2 2.30pm SK1
FOOTBALL LEAGUE REVIEW
2 5.30pm SK3
FOOTBALL LEAGUE REVIEW
2 6.30pm SK1
**FORD FOOTBALL SPECIAL:
WEST HAM UNITED V
ARSENAL – LIVE**
2 7.00pm SK1
FOOTBALL LEAGUE REVIEW
2 11.30pm SK2
**FORD MONDAY NIGHT
FOOTBALL**
2 12midn't SK1
FOOTBALL LEAGUE REVIEW
2 2.30am SK1
FOOTBALL LEAGUE REVIEW
3 7.30am SK1
SPANISH FOOTBALL
3 10.00am SK1
**FORD MONDAY NIGHT
FOOTBALL**
3 12.30pm SK1
**SPORTS CENTRE
FOOTBALL SPECIAL**
3 8.00pm SK1
UEFA CUP
3 9.30pm ESP
UEFA CUP
4 7.30am ESP
UEFA CUP
4 5.00pm ESP
FOOTBALL LEAGUE REVIEW
5 6.30pm SK1
SPANISH FOOTBALL
5 8.00pm SK3

**EUROPEAN CUP
WINNERS' CUP**
Quarter-final action.
5 9.30pm ESP
SPANISH FOOTBALL
5 2.00am SK1
**EUROPEAN CUP
WINNERS' CUP**
6 7.30am ESP
SPANISH FOOTBALL
6 3.30pm SK2
**EUROPEAN CUP
WINNERS' CUP**
6 5.30pm ESP
**FRIDAY NIGHT FOOTBALL:
OLDHAM ATHLETIC V
BRISTOL CITY – LIVE**
6 7.00pm SK2
FA CUP 6TH ROUND
7 5.30pm SK2
SPANISH FOOTBALL – LIVE
7 7.00pm SK1
FA CUP 6TH ROUND
7 12midn't SK1
SPANISH FOOTBALL
7 3.30am SK1
SPANISH FOOTBALL
8 9.00pm SK1
FA CUP 6TH ROUND
8 11.00pm SK1
FA CUP 6TH ROUND
8 2.00am SK2
SPANISH FOOTBALL
9 7.00am SK1
FA CUP 6TH ROUND
9 10.00am SK1
FOOTBALL LEAGUE REVIEW
9 5.30pm SK2
FOOTBALL LEAGUE REVIEW
9 6.30pm SK1
**TENNENT'S SCOTTISH
CUP – LIVE**
Fifth round action.
9 7.00pm SK1
FOOTBALL LEAGUE REVIEW
9 11.00pm SK2
TENNENT'S SCOTTISH CUP
9 12midn't SK1
FOOTBALL LEAGUE REVIEW
9 2.30am SK1
FOOTBALL LEAGUE REVIEW
10 7.30am SK1
FOOTBALL LEAGUE REVIEW
10 9.30am SK2
SPANISH FOOTBALL
10 10.00am SK1
TENNENT'S SCOTTISH CUP
10 12.30pm SK1
FOOTBALL LEAGUE REVIEW
10 2.30pm SK1
SPANISH FOOTBALL
10 3.00pm SK2
SPANISH FOOTBALL
10 12.30am SK1
SPANISH FOOTBALL
10 12.30pm SK1
SPANISH FOOTBALL
10 8.00pm SK3
SPANISH FOOTBALL
11 12.30pm SK1
**FORD FOOTBALL SPECIAL:
WIMBLEDON V
ARSENAL – LIVE**
11 7.00pm SK1

FORD FOOTBALL SPECIAL
11 1.30am SK1
FORD FOOTBALL SPECIAL
12 10.00am SK1
FOOTBALL LEAGUE REVIEW
12 5.30pm SK3
FOOTBALL LEAGUE REVIEW
12 6.30pm SK1
FOOTBALL LEAGUE REVIEW
12 9.30pm SK3
FOOTBALL LEAGUE REVIEW
12 11.30pm SK1
FOOTBALL LEAGUE REVIEW
13 12.30pm SK1
**ADIDAS VICTORY SHIELD:
WALES V SCOTLAND – LIVE**
13 7.00pm SK3
**FORD FOOTBALL SPECIAL:
MANCHESTER UNITED V
ARSENAL – LIVE**
14 10.30am SK1
FORD FOOTBALL SPECIAL
14 5.30pm SK1
FRIENDLY MATCH
Argentina v Bulgaria
from Buenos Aires.
14 7.00pm ESP
SPANISH FOOTBALL – LIVE
14 7.00pm SK1
FORD FOOTBALL SPECIAL
14 12midn't SK1
SPANISH FOOTBALL
14 1.30am SK2
**FOOTBALL LEAGUE:
CHARLTON ATHLETIC V
SUNDERLAND – LIVE**
15 12noon SK3
**FORD SUPER SUNDAY:
DERBY COUNTY V
LEEDS UNITED – LIVE**
15 3.00pm SK3
SPANISH FOOTBALL – LIVE
15 6.30pm SK3
FOOTBALL LEAGUE REVIEW
15 9.30pm SK1
FORD FOOTBALL SPECIAL
15 11.00pm SK1
SPANISH FOOTBALL
16 7.00am SK1
FOOTBALL LEAGUE REVIEW
16 10.00am SK1
FORD FOOTBALL SPECIAL
16 12.30pm SK1
FORD FOOTBALL SPECIAL
16 2.00pm SK1
SPANISH FOOTBALL
16 3.00pm SK3
FOOTBALL LEAGUE REVIEW
16 5.30pm SK3
FOOTBALL LEAGUE REVIEW
16 6.30pm SK1
FOOTBALL LEAGUE REVIEW
16 3.00am SK2
FOOTBALL LEAGUE REVIEW
16 2.30am SK1
FRIENDLY MATCH
Argentina v Bulgaria.
17 7.30am ESP
FOOTBALL LEAGUE REVIEW
17 7.30am SK1
FOOTBALL LEAGUE REVIEW
17 9.30am SK2
SPANISH FOOTBALL
17 10.00am SK1

UEFA CUP
Second leg quarter-finals.
17 9.30pm ESP
FORD CUP SPECIAL
17 1.00am SK2
UEFA CUP
18 10.00am ESP
**FORD CUP SPECIAL: FA
CUP 6TH ROUND REPLAY**
18 12.30pm SK1
UEFA CUP
18 5.00pm ESP
FOOTBALL LEAGUE REVIEW
19 5.30pm SK2
FOOTBALL LEAGUE REVIEW
19 6.30pm SK1
SPANISH FOOTBALL
19 8.00pm SK3
**EUROPEAN CUP
WINNERS' CUP**
Quarter-final action.
19 9.30pm ESP
FOOTBALL LEAGUE REVIEW
19 12.30am SK1



SPANISH FOOTBALL
19 1.00am SK1
SPANISH FOOTBALL
20 10.00am SK1
**EUROPEAN CUP
WINNERS' CUP**
20 11.00am ESP
FOOTBALL LEAGUE REVIEW
20 12.30pm SK1
**EUROPEAN CUP
WINNERS' CUP**
20 5.15pm ESP
**ADIDAS VICTORY
SHIELD NORTHERN
IRELAND V SCOTLAND –
LIVE**
20 7.00pm SK3
ADIDAS VICTORY SHIELD
20 4.00am SK2
SPANISH FOOTBALL – LIVE
21 7.00pm SK1
**FOOTBALL LEAGUE:
MIDDLESBROUGH V
NORWICH – LIVE**
22 12noon SK3

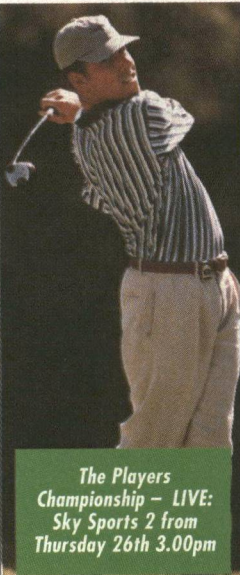
SPANISH FOOTBALL – LIVE
22 6.30pm SK3
FOOTBALL LEAGUE REVIEW
22 11.00pm SK1
SPANISH FOOTBALL
23 7.00am SK1
FOOTBALL LEAGUE REVIEW
23 12.30pm SK1
FORD FOOTBALL SPECIAL
23 8.00pm SK1
FOOTBALL LEAGUE REVIEW
23 11.30pm SK1
FOOTBALL LEAGUE
23 2.30am SK2
FORD FOOTBALL SPECIAL
23 12.30am SK1
SPANISH FOOTBALL
24 10.00am SK1
FORD FOOTBALL SPECIAL
24 12.30pm SK1
FOOTBALL – LIVE
25 6.30pm SK2
FRIENDLY MATCH
Germany v Brazil.
25 9.30pm ESP
FRIENDLY MATCH
26 6.30pm ESP
FOOTBALL
25 2.00am SK2
FRIENDLY MATCH
26 9.30am ESP
FRIENDLY MATCH
26 4.30pm ESP
FOOTBALL LEAGUE REVIEW
26 5.30pm SK3
FOOTBALL LEAGUE REVIEW
26 6.30pm SK1
SPANISH FOOTBALL
26 8.00pm SK1
FRIENDLY MATCH
26 9.30pm ESP
FOOTBALL LEAGUE REVIEW
26 12.30am SK2
SPANISH FOOTBALL
26 12.30am SK1
FRIENDLY MATCH
27 9.30am ESP
SPANISH FOOTBALL
27 10.00am SK1
FOOTBALL LEAGUE REVIEW
27 4.00pm SK1
**ADIDAS VICTORY SHIELD:
SCOTLAND V
ENGLAND – LIVE**
27 7.00pm SK3
ADIDAS VICTORY SHIELD
27 4.00am SK2
SPANISH FOOTBALL – LIVE
28 7.00pm SK1
SPANISH FOOTBALL
28 12midn't SK1
FOOTBALL LEAGUE – LIVE
29 12noon SK2
**COCA-COLA CUP
FINAL – LIVE**
29 2.00pm SK2
SPANISH FOOTBALL
29 8.30pm SK1
COCA-COLA CUP FINAL
29 10.30pm SK1
FOOTBALL LEAGUE
29 12.30am SK2
SPANISH FOOTBALL
30 8.30am SK2

FOOTBALL LEAGUE REVIEW
30 10.30am SK1
FRIENDLY MATCH
30 11.00am ESP
COCA-COLA CUP FINAL
30 12.30pm SK1
FOOTBALL LEAGUE REVIEW
30 5.30pm SK2
FOOTBALL LEAGUE REVIEW
30 6.30pm SK1
FORD FOOTBALL SPECIAL
30 7.00pm SK1
FOOTBALL LEAGUE REVIEW
30 11.00pm SK2
FORD MONDAY NIGHT FOOTBALL
30 12midn't SK1
FOOTBALL LEAGUE REVIEW
30 2.30am SK1
FOOTBALL LEAGUE REVIEW
31 9.30am SK2
SPANISH FOOTBALL
31 10.00am SK1
FOOTBALL LEAGUE REVIEW
31 2.30pm SK2
SPANISH FOOTBALL
31 3.00pm SK2
UEFA CUP
Semi-final action.
31 10.30pm ESP

GOLF

EURO TOUR GOLF: DUBAI DESERT CLASSIC - LIVE
1 10.00am SK1
DUBAI DESERT CLASSIC
1 6.00pm SK3
FORD GOLF USA: NISSAN OPEN - LIVE
1 9.00pm SK3
DUBAI DESERT CLASSIC
1 11.30pm SK1
FORD GOLF USA: NISSAN OPEN
2 8.30am SK2
DUBAI DESERT CLASSIC
2 12noon SK3
NISSAN OPEN
2 3.00pm SK3
LPGA GOLF: AUSTRALIAN MASTERS
3 8.00pm SK3
LPGA GOLF: AUSTRALIAN MASTERS
3 12.30am SK1
LPGA GOLF: AUSTRALIAN MASTERS
4 12noon SK2
GOLF EXTRA
4 2.00pm SK2
GOLF EXTRA
4 7.30pm SK2
EURO TOUR GOLF: QATAR MASTERS - LIVE
5 10.30am SK1
LPGA GOLF: AUSTRALIAN MASTERS
5 2.00pm SK1
QATAR MASTERS
5 7.00pm SK1
FORD GOLF USA: DORAL RYDER OPEN
5 10.00pm SK2
QATAR MASTERS - LIVE
6 10.30am SK1
DORAL RYDER OPEN
6 1.30pm SK2
QATAR MASTERS
6 7.00pm SK1
DORAL RYDER OPEN
6 10.00pm SK2
QATAR MASTER - LIVE
7 10.30am SK3
DORAL RYDER OPEN
7 1.30pm SK2

QATAR MASTERS
7 7.00pm SK2
DORAL RYDER OPEN
7 9.00pm SK2
DORAL RYDER OPEN
7 3.30am SK2
QATAR MASTERS - LIVE
8 10.30am SK1
QATAR MASTERS
8 7.00pm SK2
FORD GOLF USA: DORAL RYDER OPEN - LIVE
8 9.00pm SK2
QATAR MASTERS
8 12midn't SK2
DORAL RYDER OPEN
9 8.30am SK2
QATAR MASTERS
9 12noon SK3
DORAL RYDER OPEN
9 3.30pm SK2
GOLF EXTRA
11 2.00pm SK2
GOLF EXTRA
11 7.30pm SK2
GOLF EXTRA
12 9.00am SK2
EURO TOUR GOLF: MOROCCAN OPEN - LIVE
12 1.00pm SK1
MOROCCAN OPEN
12 7.00pm SK1
FORD GOLF USA: HONDA CLASSIC
Action from Coral Springs.



The Players Championship - LIVE: Sky Sports 2 from Thursday 26th 3.00pm

12 10.00pm SK2
HONDA CLASSIC
12 1.30am SK2
HONDA CLASSIC
13 9.30am SK2
MOROCCAN OPEN - LIVE
13 1.00pm SK1
MOROCCAN OPEN
13 7.00pm SK1
HONDA CLASSIC
13 10.00pm SK2
HONDA CLASSIC
14 11.30am SK2
MOROCCAN OPEN
14 6.30pm SK3
HONDA CLASSIC - LIVE
14 8.30pm SK3
MOROCCAN OPEN
14 11.00pm SK2
MOROCCAN OPEN
15 7.00am SK1
MOROCCAN OPEN - LIVE
15 1.30pm SK1
HONDA CLASSIC - LIVE
15 8.30pm SK3

MOROCCAN OPEN
15 11.00pm SK2
HONDA CLASSIC
16 9.00am SK2
MOROCCAN OPEN
16 12noon SK3
LPGA GOLF: CIRCLE K CHAMPIONSHIP
17 8.00pm SK3
EURO TOUR GOLF: SAHARA CUP
17 10.00pm SK2
SAHARA CUP
18 11.00am SK1
LPGA GOLF: CIRCLE K CHAMPIONSHIP
From Tucson, Arizona.
18 12noon SK2
GOLF EXTRA
18 2.00pm SK2
SAHARA CUP
18 5.30pm SK3
GOLF EXTRA
18 7.30pm SK2
GOLF EXTRA
19 9.00am SK2
EURO TOUR GOLF: PORTUGUESE OPEN - LIVE
19 1.00pm SK1
PORTUGUESE OPEN
19 7.00pm SK1
FORD GOLF USA: BAY HILL INVITATIONAL
From Orlando, Florida.
19 10.00pm SK2
BAY HILL INVITATIONAL
20 9.30am SK2
PORTUGUESE OPEN - LIVE
20 1.00pm SK1
PORTUGUESE OPEN
20 7.00pm SK1
BAY HILL INVITATIONAL
20 11.00pm SK2
PORTUGUESE OPEN - LIVE
21 2.00pm SK3
BAY HILL INVITATIONAL
21 9.00pm SK3
PORTUGUESE OPEN
21 11.30pm SK2
PORTUGUESE OPEN - LIVE
22 1.00pm SK1
FORD GOLF USA: BAY HILL INVITATIONAL - LIVE
22 8.30pm SK3
PORTUGUESE OPEN
22 11.00pm SK2
BAY HILL INVITATIONAL
23 8.30am SK2
PORTUGUESE OPEN
23 12noon SK3
LPGA GOLF: STANDARD REGISTER PING
24 7.00pm SK1
STANDARD REGISTER PING
24 12midn't SK2
GOLF EXTRA
25 11.30am SK2
LPGA GOLF
25 2.30pm SK2
GOLF EXTRA
25 10.30pm SK2
GOLF EXTRA
26 9.30am SK2
FORD GOLF USA: PLAYERS CHAMPIONSHIP - LIVE
Coverage from Ponte Vedra TPC at Sawgrass.
26 3.00pm SK2
FORD GOLF USA: PLAYERS CHAMPIONSHIP - LIVE
26 7.30pm SK2
PLAYERS CHAMPIONSHIP
27 11.00am SK2
FORD GOLF USA: PLAYERS CHAMPIONSHIP - LIVE
27 3.00pm SK2

FORD GOLF USA: PLAYERS CHAMPIONSHIP - LIVE
27 8.00pm SK2
FORD GOLF USA: PLAYERS CHAMPIONSHIP - LIVE
28 7.00pm SK2
PLAYERS CHAMPIONSHIP
29 2.00pm SK1
FORD GOLF USA: PLAYERS CHAMPIONSHIP - LIVE
29 8.00pm SK2
PLAYERS CHAMPIONSHIP
30 2.00pm SK2
LPGA GOLF: NABISCO DINAH SHORE
31 8.00pm SK3
NABISCO DINAH SHORE
31 2.00am SK2

ICE HOCKEY

NHL
2 10.30am SK2
NHL
2 4.00pm SK1
NHL POWERWEEK
6 4.00pm SK3
NHL POWERWEEK
6 1.00am SK2
NHL POWERWEEK
7 6.00am SK2
NHL POWERWEEK
7 12noon SK2
NHL POWERWEEK
7 4.30pm SK2
BRITISH PLAY-OFF - LIVE
From Manchester.
7 6.30pm SK3
BRITISH PLAY-OFF
7 1.00am SK2
BRITISH PLAY-OFF
8 1.30pm SK3
NHL
8 4.30pm SK3
NHL
8 10.00pm SK3
ICE HOCKEY
10 7.30pm SK1
NHL
9 11.30am SK2
NHL
9 4.00pm SK3
NHL POWERWEEK
13 4.00pm SK3
NHL POWERWEEK
13 9.00pm SK3
NHL POWERWEEK
14 6.00am SK2
NHL POWERWEEK
14 10.30am SK2
NHL
17 3.00pm SK2
NHL POWERWEEK
20 3.30pm SK3
NHL POWERWEEK
20 9.00pm SK3
NHL POWERWEEK
21 6.00am SK2
NHL POWERWEEK
21 1.00pm SK3
BRITISH SEMI-FINAL - LIVE
21 6.30pm SK3
BRITISH SEMI-FINAL
21 2.30am SK2
NHL
24 9.00pm SK2
NHL
24 2.30am SK2
NHL
25 3.30pm SK3
NHL POWERWEEK
27 5.00pm SK3
NHL POWERWEEK
27 9.00pm SK3
NHL POWERWEEK
28 6.00am SK2

NHL POWERWEEK
28 12noon SK2
BRITISH FINAL - LIVE
28 7.00pm SK3
NHL
29 4.30pm SK1
NHL
29 2.00am SK2
BRITISH FINAL
30 1.00pm SK3
NHL
31 12noon SK2
NHL
31 4.00pm SK3
NHL
31 11.30pm SK2

ICE SKATING

SPEED SKATING
14 3.00pm ESP
SPEED SKATING
15 10.30pm ESP
SPEED SKATING
16 8.00am ESP
SHORT TRACK SPEED SKATING - LIVE
20 1.00pm ESP
SHORT TRACK SPEED SKATING
21 3.30pm ESP
SHORT TRACK SPEED SKATING - LIVE
22 2.00pm ESP
SHORT TRACK SPEED SKATING
23 10.30am ESP
SPEED SKATING
World Single Distance Championships in Canada.
28 10.00am ESP
SPEED SKATING - LIVE
28 10.00pm ESP
SHORT TRACK SPEED SKATING - LIVE
29 3.00pm ESP
SHORT TRACK SPEED SKATING
30 8.00am ESP
FIGURE SKATING
30 2.00pm ESP
SPEED SKATING
30 4.00pm ESP
FIGURE SKATING - LIVE
World Championships.
31 4.00pm ESP

MOTOR CYCLING

NASCAR - LIVE
Winston Cup Series in Atlanta.
8 7.30pm ESP
SUPERBIKE
11 6.00pm ESP
SUPERBIKE
13 10.00pm ESP
SUPERBIKE
14 2.00pm ESP
SUPERBIKES: INDONESIA RACE TWO
14 9.00pm SK2
SUPERBIKE
15 2.00pm ESP
SUPERBIKE
15 3.00pm ESP
SUPERBIKE
15 11.30pm ESP
SUPERBIKES
16 8.00pm SK1
SUPERBIKES
16 12midn't SK1
SUPERBIKES
17 12.30pm SK1

SUPERBIKE
20 10.00am ESP
SUPERBIKE
Phillip Island, Australia.
21 1.00pm ESP
SUPERBIKE
21 12midn't ESP
SUPERBIKES: AUSTRALIA RACE ONE - LIVE
21 12midn't SK1
SUPERBIKE - LIVE
21 1.00am ESP
SUPERBIKES: AUSTRALIA RACE TWO - LIVE
21 3.30am SK1
SUPERBIKES
22 7.00am SK1
SUPERBIKE
22 8.30am ESP
SUPERBIKE
22 9.30am ESP
SUPERBIKES
22 11.00am SK1
SUPERBIKE
22 1.00pm ESP
SUPERBIKES: AUSTRALIA RACE TWO
22 4.00pm SK3
SUPERBIKE
22 10.00pm ESP
GERMAN GRAND PRIX
23 9.00am ESP
SUPERBIKES: AUSTRALIA RACE TWO
23 3.00pm SK3
DUTCH GRAND PRIX
24 9.00am ESP
SUPERBIKE
24 11.00pm ESP
BRITISH GRAND PRIX
25 9.00am ESP
WORLD CHAMPIONSHIPS PREVIEW
25 5.00pm ESP
AUSTRALIAN GRAND PRIX
26 8.30am ESP
WORLD CHAMPIONSHIPS PREVIEW
26 12noon ESP
MALAYSIAN GRAND PRIX - LIVE
27 7.00am ESP
MALAYSIAN GRAND PRIX - LIVE
27 8.15am ESP
MALAYSIAN GRAND PRIX
27 12noon ESP
MALAYSIAN GRAND PRIX - LIVE
28 6.00am ESP
MALAYSIAN GRAND PRIX - LIVE
28 7.00am ESP
MALAYSIAN GRAND PRIX - LIVE
28 8.15am ESP
MALAYSIAN GRAND PRIX
28 12noon ESP
MALAYSIAN GRAND PRIX
28 4.00am ESP
MALAYSIAN GRAND PRIX
29 8.00am ESP
MALAYSIAN GRAND PRIX
29 11.00am ESP
MOTOCROSS - LIVE
World Championship in Talavera, Spain.
29 12.30pm ESP
MALAYSIAN GRAND PRIX
29 1.30pm ESP
MOTOCROSS - LIVE
29 2.00pm ESP
MOTORCYCLING - LIVE
29 4.00am ESP
MALAYSIAN GRAND PRIX
30 9.00am ESP

MOTOR RACING

NASCAR – LIVE
 1 8.45pm ESP
RACE OF CHAMPIONS
 8 3.30pm SK1
RACE OF CHAMPIONS
 11 10.00am SK2
RACE OF CHAMPIONS
 11 3.30pm SK3
RALLY
 16 7.30am ESP
RALLY
 17 11.30pm ESP
TRUCK RACING
 19 5.00pm ESP
FORMULA THREE
 19 6.30pm SK3
TRIAL
 19 7.00pm ESP
FORMULA THREE
 19 11.30pm SK1
TRIAL
 20 7.30am ESP
TRIAL
 21 10.30pm ESP
FORMULA THREE
 21 11.30pm SK1
INDY PHOENIX 200 – LIVE
 22 9.00pm SK1
RALLY
 23 9.30pm ESP
RALLY
 23 12midn't ESP
MOTOR RACING
 23 12.30am SK2
RALLY
 24 10.30am ESP
RALLY
 24 9.30pm ESP
RALLY
 24 12midn't ESP
NASCAR – DIAMOND PLYWOOD
 25 9.30am SK2
RALLY
 25 11.30am ESP
NASCAR – DIAMOND PLYWOOD
 25 1.30pm SK1
NASCAR – DIAMOND PLYWOOD
 25 8.00pm SK1
RALLY
 25 9.00pm ESP
RALLY
 25 12midn't ESP
RALLY
 26 11.30am ESP
FORMULA THREE
 26 6.30pm SK3
FORMULA THREE
 26 9.30pm SK3
FORMULA THREE
 26 11.30pm SK1
FORMULA THREE
 26 2.30am SK2
FORMULA THREE
 27 1.00pm SK3
FORMULA THREE
 27 3.30pm SK3
RALLY
 28 6.00pm ESP
STOCK CAR
 28 7.30pm ESP
NASCAR – LIVE
 29 7.00pm ESP
NASCAR – LIVE
 29 9.00pm ESP
RALLY
 30 1.30pm ESP
TRIAL
 Indoor tour in Montpellier.
 30 8.00pm ESP

NASCAR
 31 8.00am ESP
RALLY
 31 12midn't ESP

PARALYMPICS

PARALYMPIC GAMES
 Highlights from
 Nagano, Japan.
 31 1.00pm ESP

RUGBY LEAGUE

SUPER LEAGUE CLASSICS:
WIGAN V CANTERBURY
 2 10.00pm SK3
SUPER LEAGUE CLASSICS:
WIGAN V CANTERBURY
 3 2.00pm SK3
COUNTDOWN TO THE SUPER LEAGUE
 With Eddie Hemmings.
 4 8.00pm SK1
COUNTDOWN TO THE SUPER LEAGUE
 4 1.00am SK1
COUNTDOWN TO THE SUPER LEAGUE
 5 10.30am SK2
COUNTDOWN TO THE SUPER LEAGUE
 5 3.30pm SK2
SUPER LEAGUE CLASSICS:
BRISBANE V AUCKLAND
 9 10.00pm SK3
SUPER LEAGUE CLASSICS:
BRISBANE V AUCKLAND
 10 2.00pm SK3
SUPER LEAGUE CLASSICS:
NEW SOUTH WALES V QUEENSLAND
 16 10.00pm SK3
SUPER LEAGUE CLASSICS:
NEW SOUTH WALES V QUEENSLAND
 17 2.00pm SK3
COUNTDOWN TO THE SUPER LEAGUE
 18 8.00pm SK1
COUNTDOWN TO THE SUPER LEAGUE
 18 1.00am SK1
COUNTDOWN TO THE SUPER LEAGUE
 19 10.00am SK1
COUNTDOWN TO THE SUPER LEAGUE
 19 2.00pm SK2
SUPER LEAGUE CLASSICS:
LONDON V CANBERRA
 A classic 1997 encounter.
 23 10.00pm SK3
SUPER LEAGUE CLASSICS:
LONDON V CANBERRA
 24 2.00pm SK3

RUGBY UNION

INTERNATIONAL RUGBY
 1 11.00am SK2
TETLEY'S BITTER CUP
QUARTER-FINAL
 1 1.00pm SK1
INTERNATIONAL RUGBY
 1 4.00pm SK3
WORLD WIDE RUGBY
 7 4.30pm SK3
WORLD WIDE RUGBY
 7 11.00pm SK2
WORLD WIDE RUGBY
 8 12noon SK2
WORLD WIDE RUGBY
 9 2.00pm SK3

1997 BERMUDA CLASSIC
 9 6.00pm SK3
1997 BERMUDA CLASSIC
 11 2.30pm SK1
RUGBY UNION
 11 4.30pm SK3
FORD RUGBY
UNION – LIVE
 14 2.00pm SK3
WORLD WIDE RUGBY
 14 4.30pm SK3
ALLIED DUNBAR PREMIERSHIP
 14 9.00pm SK2
ALLIED DUNBAR PREMIERSHIP
 14 1.30am SK1
ALLIED DUNBAR PREMIERSHIP
 14 4.30am SK2
WORLD WIDE RUGBY
 15 12noon SK2
WORLD WIDE RUGBY
 21 5.00pm SK3
WORLD WIDE RUGBY
 21 2.00am SK1
WORLD WIDE RUGBY
 22 11.00am SK2
WORLD WIDE RUGBY
 23 6.30pm SK1
WORLD WIDE RUGBY
 24 3.30pm SK3
WORLD WIDE RUGBY
 28 5.00pm SK2
WORLD WIDE RUGBY
 28 11.30pm SK2
RUGBY UNION UPDATE
 28 9.30pm SK1
RUGBY UNION UPDATE
 28 3.00am SK1
TETLEY'S BITTER CUP
 29 9.00am SK1
SUPER 12S
 29 12noon SK1
SUPER 12S
 30 12noon SK2

SKIING

SKI JUMPING
 1 11.00am ESP
ALPINE SKIING
 1 12.30pm ESP
ALPINE SKIING
 1 6.45pm ESP
ALPINE SKIING – LIVE
 1 8.00pm ESP
SKI JUMPING
 2 11.00am ESP
SKI JUMPING
 2 4.00pm ESP
ALPINE SKIING
 2 5.00pm ESP
BIATHLON – LIVE
 World Cup in Slovenia.
 3 9.00am ESP
ALPINE SKIING
 3 11.00am ESP
BIATHLON – LIVE
 3 12noon ESP
BIATHLON
 3 1.45pm ESP
BIATHLON
 3 4.00pm ESP
BIATHLON
 4 9.30am ESP
BIATHLON
 5 8.30am ESP
BIATHLON – LIVE
 5 9.00am ESP
FREESTYLE SKIING
 5 11.00am ESP
BIATHLON – LIVE
 5 12noon ESP
BIATHLON
 5 4.00pm ESP

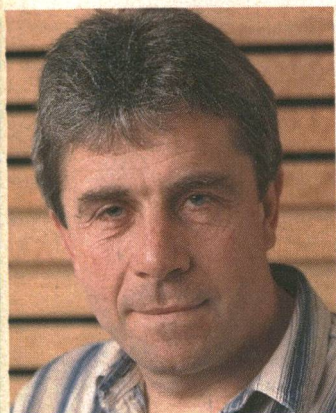
SKI JUMPING
 5 5.30pm ESP
BIATHLON
 6 10.00am ESP
ALPINE SKIING
 7 8.40am ESP
ALPINE SKIING – LIVE
 7 9.00am ESP
ALPINE SKIING – LIVE
 7 10.15am ESP
BIATHLON
 7 11.30am ESP
BIATHLON – LIVE
 7 12.30pm ESP
ALPINE SKIING
 7 4.00pm ESP
CROSS-COUNTRY SKIING
 World Cup in Lahti, Finland.
 7 5.00pm ESP
CROSS-COUNTRY SKIING
 7 5.30pm ESP
BIATHLON
 7 6.00pm ESP
BIATHLON
 8 7.30am ESP
SKI JUMPING
 World Cup in Lahti, Finland.
 8 8.30am ESP
ALPINE SKIING – LIVE
 8 9.30am ESP
ALPINE SKIING – LIVE
 8 10.30am ESP
CROSS-COUNTRY SKIING
 8 11.30am ESP
BIATHLON – LIVE
 8 12noon ESP
BIATHLON
 8 3.00pm ESP
CROSS-COUNTRY SKIING
 8 4.00pm ESP
SKI JUMPING
 8 5.00pm ESP
ALPINE SKIING
 9 8.00am ESP
CROSS-COUNTRY SKIING
 9 9.00am ESP
ALPINE SKIING
 9 10.00am ESP
NORDIC COMBINED SKIING
 9 11.00am ESP
FREESTYLE SKIING
 9 12.30pm ESP
FREESTYLE SKIING – LIVE
 9 1.00pm ESP
BIATHLON
 9 4.00pm ESP
SKI JUMPING
 9 5.00pm ESP
NORDIC COMBINED SKIING
 10 7.30am ESP
FREESTYLE SKIING – LIVE
 10 1.00pm ESP
BIATHLON
 10 4.00pm ESP
ALPINE SKIING – LIVE
 11 8.00am ESP
BIATHLON
 11 9.30am ESP
ALPINE SKIING – LIVE
 11 10.30am ESP
ALPINE SKIING
 11 4.00pm ESP
ALPINE SKIING
 12 7.30am ESP
ALPINE SKIING – LIVE
 12 8.00am ESP
BIATHLON – LIVE
 12 9.30am ESP
ALPINE SKIING – LIVE
 12 11.00am ESP
BIATHLON – LIVE
 12 12.30pm ESP
ALPINE SKIING
 12 4.00pm ESP
BIATHLON
 12 5.00pm ESP

SKI JUMPING
 World Cup in Falun, Sweden.
 12 6.00pm ESP
ALPINE SKIING
 13 7.30am ESP
BIATHLON
 13 8.30am ESP
CROSS-COUNTRY SKIING
 13 4.00pm ESP
FREESTYLE SKIING – LIVE
 FIS World Cup action.
 13 5.00pm ESP
ALPINE SKIING – LIVE
 14 8.00am ESP
BIATHLON – LIVE
 14 9.00am ESP
ALPINE SKIING – LIVE
 14 10.30am ESP
ALPINE SKIING
 14 11.15am ESP
ALPINE SKIING – LIVE
 14 11.30am ESP
BIATHLON – LIVE
 14 12.15pm ESP
CROSS-COUNTRY SKIING
 14 4.00pm ESP
SKI JUMPING
 14 5.30pm ESP
ALPINE SKIING
 15 7.00am ESP
ALPINE SKIING – LIVE
 15 8.00am ESP
BIATHLON – LIVE
 15 9.00am ESP
ALPINE SKIING – LIVE
 15 10.30am ESP
ALPINE SKIING – LIVE
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BIATHLON – LIVE
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 15 4.00pm ESP
SKI JUMPING
 15 5.30pm ESP
ALPINE SKIING
 16 10.00am ESP
NORDIC COMBINED SKIING
 16 11.30am ESP
BIATHLON
 16 5.00pm ESP
SKI JUMPING
 16 6.00pm ESP
NORDIC COMBINED SKIING
 18 7.30am ESP
FREESTYLE SKIING
 19 1.30pm ESP
FREESTYLE SKIING
 20 9.30am ESP
SKI JUMPING
 21 4.30pm ESP
SKI JUMPING
 22 10.30am ESP
SKI JUMPING
 22 4.15pm ESP
SKI JUMPING
 23 11.30am ESP
SKI JUMPING
 23 5.00pm ESP
SPEED SKATING – LIVE
 World Single Distance
 Championships in Canada.
 27 10.00pm ESP

TENNIS

ATP TOURNAMENT – LIVE
 Final from London.
 1 2.00pm ESP
ATP TOURNAMENT
 2 2.00pm ESP
ATP TOURNAMENT – LIVE
 3 2.00pm ESP
ATP TOURNAMENT – LIVE
 4 2.00pm ESP

ATP TOURNAMENT – LIVE
 From Rotterdam.
 5 2.00pm ESP
ATP TOURNAMENT – LIVE
 Quarter-final action.
 6 2.00pm ESP
TENNIS – LIVE
 7 2.00pm ESP
ATP TOURNAMENT – LIVE
 7 7.00pm ESP
ATP TOURNAMENT – LIVE
 8 1.30pm ESP
ATP TOURNAMENT
 From Scottsdale.
 9 2.00pm ESP
ATP TOUR: MERCEDES SUPER 9 TOURNAMENT – LIVE
 From Indian Wells.
 9 6.00pm ESP
ATP TOUR: MERCEDES SUPER 9 TOURNAMENT
 10 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 10 8.00pm ESP
MERCEDES SUPER 9
 11 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 11 8.00pm ESP
MERCEDES SUPER 9
 12 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 12 8.00pm ESP
MERCEDES SUPER 9
 13 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 13 6.00pm ESP
MERCEDES SUPER 9 – LIVE
 14 9.00pm ESP
MERCEDES SUPER 9 – LIVE
 The final from Indian Wells.
 15 8.30pm ESP
MERCEDES SUPER 9 – LIVE
 From Key Biscayne.
 20 6.00pm ESP
MERCEDES SUPER 9 – LIVE
 21 6.00pm ESP
MERCEDES SUPER 9 – LIVE
 22 6.00pm ESP
MERCEDES SUPER 9
 23 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 23 6.00pm ESP
MERCEDES SUPER 9
 24 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 24 6.00pm ESP
MERCEDES SUPER 9
 25 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 25 6.00pm ESP
MERCEDES SUPER 9
 26 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 26 7.30pm ESP
MERCEDES SUPER 9
 27 2.00pm ESP
MERCEDES SUPER 9 – LIVE
 27 6.00pm ESP
MERCEDES SUPER 9
 28 2.00pm ESP
MERCEDES SUPER 9
 29 10.45pm ESP
THE NELSON MANDELA TENNIS TRIBUTE
 Children's charity event
 from Cape Town.
 31 3.00pm ESP



Tennis star: 'excellent' commentary from Simon Reed

Game, set and match

I AM a devoted fan of Eurosport tennis and would like to say how much I enjoy the banter that goes on between the four commentators: Simon Reed, David Mercer, Frew McMillan and Bob Hewitt. Their commentary is excellent and they keep me in fits of laughter. Please could you send me, if possible, photos of each of them. Also, I would like to write to them, but I can't find an address for any of them or a fan club. Can you help?

Barbara Brown,
South Yorkshire

● Just for you Barbara, here's a picture of Simon Reed. You can write to him and the other commentators at Eurosport UK, 55 Drury Lane, London WC2B 5SQ.

Book 'em

I AGREE with Sameem Bhugalo's letter in January's *Cable Guide* – *Hawaii Five-O* is a real classic of a series. Unlike *Dempsey* and *Makepeace* or *The Professionals*, it's not explosive in action, but the stories are cleverly written, topical for the Seventies and there is beautiful scenery and a magnificent cast. It's my daily fix!

Dandi Hawkins,
Cheltenham

Bleeping hell

I AM a big fan of the excellent *Jerry Springer Show* on Living – for entertainment value, it's the best show on cable – but why do they say that they are broadcasting *The Jerry Springer Show* uncut when

Viewers' Views

Drop us a line! Write to:

The Editor, Cable Guide,

172 Tottenham Court Road, London W1P 0JJ.

E mail: viewers@cableguide.demon.co.uk

There's a £5 prize for the best letter!

Inquiries about your Cable TV service should be directed to your local Cable TV company, while queries concerning future programmes should be sent to the relevant channel. Letters appearing in 'Viewers' Views' may be edited for length.

all we get is 'bleep, bleep' all the way through? Can't they just give a warning at the start to say what the show contains?

Darren Ennis,
Liverpool

I WAS watching Jerry Springer [on Living] and was very disappointed when they kept bleeping out the swearing, which made it hard to keep track of what was going on. I don't see the point of this as it is after the watershed, so why do they do it?

K Henshaw,
Livingston, Scotland

● A spokesman for Living replies: 'The bleeping on the "uncut" editions of The Jerry Springer Show (broadcast mornings and at the weekend) is already on the tapes when we receive them from the producers in the US, therefore we can't do anything about it.'

First-class travel

I WOULD like to tell you how much I enjoy watching the Travel channel. I find it both entertaining and educational. It's wonderful to be able to roam through all five continents from the comfort of one's own living room. And it was particularly nice to visit the warmer climates of Australia and Argentina recently – while outside we were in the middle of a cold snap.

Mark Jones,
Bristol

Raise a glass

AS A senior citizen and dedicated cable viewer I'd like to congratulate you on the *Last of the Summer*

Wine series. As a yearly visitor to Holmfirth, it was nice to view the crazy gang in action. Will any more episodes be shown? If so, how about *First of the Summer Wine*? We have seen Blamire and Foggy, and just need Seymour, the late Michael Aldridge, to complete the trio. Keep up the good work – your trips down memory lane make UK Gold pure vintage viewing.

RP Cuthbert,
Romford, Essex

● Congratulations! You win this month's £5 prize. UK Gold tell us that they have no immediate plans to show *First of the Summer Wine*, though they will consider your request.

Nicky slated

BEING a great fan of figure skating, Sarah Brightman and Switzerland, I settled down to enjoy *Art on Ice* from Zurich (Eurosport, 6 February). In the event, however, I spent the next two hours praying that the commentator, Nicky Slater, would shut up! When I am being entertained I do not need to be told ad nauseum how wonderful everything is or be regaled with anecdotes. Also, I'd have liked to have been able to hear the music.

Ronald Mallabar,
Gateshead

No sexism please ...

LORNA Irvine's complaint about sexism [January] and David Bennington's retort [February] are two sides of the same coin. Most of the programmes 'aimed at women' that he refers to are so-called lifestyle programmes

for the housewife. They show the viewer how to cook, dress, and behave in a way that will please her husband, boyfriend, or the man she wants to attract. So both of these types of programme are as sexist as each other. Let's be grateful for the success of programmes such as *Friends* with its equal number of male and female co-stars, and *Xena*, which (whatever you think of it) does at least have a strong female central character.

Bethany Lowe,
Southampton

I TOTALLY agree with Lorna Irvine's letter [January issue] concerning Live TV's *The Sex Show*. Why should men be able to see women stripping off every night? Why isn't there anything like this for women? We want our own show – we wouldn't mind seeing men stripping for a change!

P Barlow,
Stoke-On-Trent

Shoe business

REGARDING I Fisher's letter [February] about the music in Bravo's *Red Shoe Diaries*. As a fellow fan I can tell you that two CDs of the music used in the series are available. These are *The Music of Red Shoes*, by George S Clinton, Wienerworld Records, catalogue no WNRCD6001 and *Music from Zalman Kings's Red Shoe Diaries* (a combination of songs and Clinton's score), from Mercury Records, which may only be available from the US on import.

Sam Thomas,
Croydon



Dream Team: does Sky have to give away the plot?

A bit previous?

WHAT is Sky playing at? I can just about accept that they overwhelm us with the same adverts for their programmes, that they talk over the end credits of films and that Sky One now has that annoying lady trying to be funny in between evening programmes. But giving away how a programme will turn out is unacceptable. I am talking about *Dream Team*. Recently, the episode ended with the chairman of the club collapsing on the field with a suspected heart attack. As soon as the credits were over, Sky showed us what would happen in the next episode and revealed that he died. What is the point of following a very good programme when they tell us what is going to happen next. Sky, please cut it out.

Mark Swait,
by e-mail

Uh-oh, La Bomba

IN the feature on the Winter Olympics [February], there are two outstanding action shots of Jean-Luc Alphond (France). It's a pity that the story and the titles proclaim La Bomba from Italy. Somebody must be for the slalom.

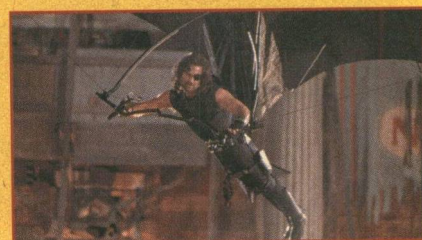
Gil Hall,
by fax

● Well spotted, Gil. Apologies to both our readers and Alberto Tomba. We won't go into the technical reasons for the error, but suffice it to say the person responsible is now enjoying a break on a mountain somewhere east of the Urals.

NEXT MONTH IN CABLE GUIDE!



The classic *Snow White and the Seven Dwarfs* screens at Easter and we visit the Disney animation studios, plus there's explosive action with Kurt Russell in the premiere of *Escape from L.A.*



LA NOUVELLE GRILLE DE TV5 EUROPE

Mars 1998

U.K. Time	SAMEDI	DIMANCHE	LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	U.K. Time				
5H00	TV5 minutes							5H00				
5H30	Y'a pas match R	Cap aventure R	Fa si la chanter					5H30				
6H00	Outremers	Horizons francophones	Télématin					6H00				
6H30	Horizon	Musique						6H30				
7H00	TV5 minutes + Météo							7H00				
7H30	Journal télévisé canadien							7H30				
8H00	Bus et compagnie		Questions pour un champion R					8H00				
TV5 minutes					8H00							
8H30	Bêtes pas bêtes	Jardin des bêtes R	Polémiques	Le match de la vie	Viva R	Claire Lamarche	Enjeux / Le Point R	8H30				
9H00	TV5 minutes							9H00				
9H30	Magellan	Jardins et loisirs	Reflets	Plaisirs de lire	Alice Courants d'art	Référence	Fax culture	9H30				
10H00	Branché	Correspondances Du poil de la bête		Habitat traditionnel	Obsidienne / Rêves en Afrique Regards africains / Sinbad	Espace francophone	7 jours en Afrique	10H00				
10H30	Découverte Côté science	Musique musiques	Téléroman					10H30				
11H00	Funambule	Perfecto R	Le jeu des dictionnaires					11H00				
11H30	L'enjeu international	Télécinéma	TV5 minutes					11H30				
12H00	Paris lumières RR							12H00				
12H30	Journal télévisé France 3							12H30				
13H00	Météo des Cinq Continents							13H00				
13H30	PLAISIR DE VIVRE Grands gourmands Jardins et loisirs Itinéraire bis Saveurs Autant Savoir A bon entendre Télétourisme Cap aventure	EVASION R Thalassa Faut pas rêver Documentaire Montagne Evasion Instruments de musique traditionnelle	Grand Ecran R	Fiction RR	DEBATS DE SOCIETE R D'un monde à l'autre France Europe Express	Envoyé spécial R	Le monde de TV5 R	13H30				
14H00			Au delà des apparences	Magazine R	Fiction	Magazine médical R	Temps présent R	14H00				
14H30								14H30				
15H00	Journal TV5							15H00				
15H30	Génies en herbe	Théâtre R	Pyramide					15H30				
16H00	L'école des fans		Bus et compagnie					16H00				
16H30	Jardin des bêtes		TV5 minutes					16H30				
17H00	Questions pour un champion		Fa si la chanter					17H00				
17H30		Correspondances R	Questions pour un champion					17H30				
18H00	Journal TV5							18H00				
18H30	Sport africa	Y'a pas match	Météo					18H30				
19H00	Journal télévisé belge		Journal télévisé suisse				Journal télévisé belge	19H00				
19H30	Thalassa	Le monde de TV5	Envoyé spécial	Temps présent	Magazine médical	Grand écran	DIVERTISSEMENT Faites la fête Fiesta Surprise party Fa si la chanter Question pour un champion	19H30				
20H00	Faut pas rêver			Enjeux / Le point	Magazine			20H00				
20H30								20H30				
21H00	Météo des Cinq Continents							21H00				
21H30	Journal télévisé France 2							21H30				
22H00	Météo							22H00				
22H30	Fiction	Le monde de TV5 (suite)	Kiosque	Bouillon de culture	Théâtre	Grand écran (2eme partie)	Bon week end	22H30				
23H00	Perfecto	Bons baisers d'Amérique	Mise au point	Viva			Drucker & co	23H00				
23H30			Vivre avec	Mouvements	Stars & co		23H30					
24H00	Soir 3							24H00				
24H30	Journal télévisé suisse		Journal télévisé belge				Journal télévisé suisse	24H30				
1H00	Bouillon de culture R	DEBATS DE SOCIETE D'un monde à l'autre France Europe Express	Le cercle	Du fer dans les épinards	Université de nuit	Le cercle		1H00				
1H30	Viva RR		Fax culture R		Branché R	Télécinéma R	Plaisir de lire R	1H30				
2H00	Reflets R	Horizon R	Musique musique R	Habitat traditionnel R	Funambule R	Alice Courants d'art R	Magellan R	2H00				
2H30		Fiction R	TV5 minutes					2H30				
3H00	Itinéraire bis R		Téléroman R					3H00				
3H30	Grands gourmands R		Pyramide R					3H30				
4H00	Jardin des bêtes R	Du poil de la bête R	TV5 minutes					4H00				
4H30			Paris lumières R					4H30				
5H00			Le jeu des dictionnaires R					5H00				

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- For loans of £8,000 and over, the rate we offer more people than any other (our typical rate) is **11.9% APR**
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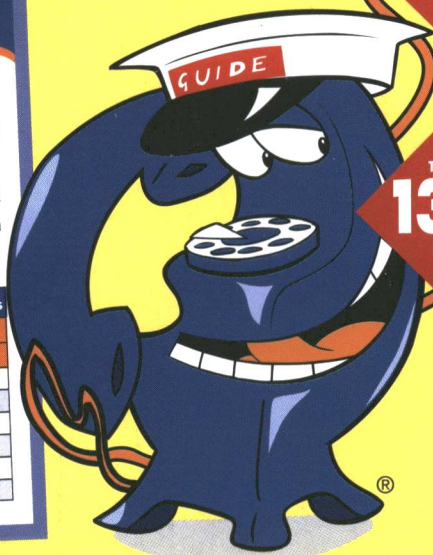
WHAT'S A TYPICAL EXAMPLE?

For a loan of £4,000 repayable over 36 months, each monthly repayment would be £134.94. The total amount payable would be £4,857.84. **APR 13.9%.**

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	AMOUNT	£2000	£5000	£8000
	TYPICAL APR	13.9%	12.9%	11.9%
24 Months	With RPP**	£108.45	£268.42	£425.14
	Without RPP**	£95.16	£235.82	£373.96
36 Months	With RPP**	£80.01	£197.03	£310.47
	Without RPP**	£67.47	£166.53	£263.03
60 Months	With RPP**	£58.15	£141.71	£220.94
	Without RPP**	£45.59	£111.71	£175.12



TYPICAL
DISCOUNTED APR
12.9%
FOR LOANS
BETWEEN £5,000
AND £7,999

TYPICAL
DISCOUNTED APR
11.9%
FOR LOANS OF
£8,000
AND OVER

TYPICAL APR
13.9%
FOR LOANS
UNDER
£5,000

WHAT DO I DO NEXT?

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